



A department of **MPS**

**Milwaukee Recreation**  
YOUTH SPORTS  
5225 W. Vliet St. Rm. 163  
Milwaukee, WI 53208  
P: 414.475.8410  
**mkerec.net**

## **ELEMENTARY COED VOLLEYBALL RULES**

MPS Recreation reserves the right to change rules at any time.  
Rules are adapted from the NFHS Volleyball 2019-2020 Rule Book.  
Last Updated: October 21, 2021

### **SECTION 1 - GENERAL LEAGUE RULES**

**SPORTSMANSHIP** – Unsportsmanlike conduct may result in ejection from the contest. Officials, coaches, parents, players, and fans should always display leadership and sportsmanship qualities. Any players or coaches ejected from the game by officials/staff for unsportsmanlike conduct will be suspended until their case is reviewed by Milwaukee Recreation. The final disposition of the case will then be made. Sports Coordinators are required to check with the Youth Sports Office before allowing the player or coach in question to continue participation in Youth Sports Activities.

**SPECTATORS** – Spectators are to be seated opposite the player’s bench. All spectators are asked to show good sportsmanship and character and offer only positive reinforcement.

**COACHES** – Only coaches and players listed on the TEAM ROSTER FORM are allowed in the team bench area. A maximum of three (3) coaches are allowed on the team bench. A coach must be present before a game may start.

**FACILITY REMINDERS** – Dogs, alcohol, smoking (including E-cigarettes), weapons, and grilling are prohibited during Milwaukee Recreation Youth Sports activities.

**JEWELRY** – Head decorations, headwear, and jewelry cannot be worn during competitions. This means that rings, wristwatches, hair curlers, combs, beads, earrings, or barrettes cannot be worn while participating in Youth Sports Leagues.

**GAME RE-SCHEDULING/CANCELLATIONS** – All school sport coordinator, coaches, or applicable staff will be notified of any reschedule games or game cancellations via email. Revised schedules will be posted on the Milwaukee Recreation Website: [www.mkerec.net/YouthSports](http://www.mkerec.net/YouthSports).

**WEATHER HOTLINE** – For inclement weather updates, contact the Weather Hotline at 414-475-8068. The hotline is updated on league play days by 8:00 AM on Saturdays and 1:00 PM on weekdays when inclement weather is expected. The hotline is available in English and Spanish. Coaches are responsible for informing players and their families of the weather hotline number.

**ROSTERS** – A copy of the team’s roster must be submitted to the Youth Sports Office one (1) week prior to the team’s first scheduled game. Roster additions are not allowed after a team’s 2<sup>ND</sup> scheduled game. All rosters **MUST BE TYPED**. There is no roster limit.



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**ONE TEAM, PER SPORT, PER SEASON** – Athletes are permitted to play multiple sports per season but cannot play on more than one team in the same sport during the same season.

**Exception:** Athletes are only permitted to play on one (1) basketball team per academic year.

**COED LEAGUE RULES** – The term “COED” refers to the fact that both boys and girls are eligible to play on the same team. It is possible that teams will have varying numbers of boys or girls, but no special “coed rules” will apply. Teams made of one gender are allowed in the COED league.

**FORFEITS** – The Youth Sports Office must be notified in advance of all forfeit contests. Notification must be delivered to [youthsports@mkerec.net](mailto:youthsports@mkerec.net) at least 36-hours prior to scheduled game start time. Teams that forfeit will be charged a \$25.00 fee per occurrence. See the Youth Sports Opportunity Handbook for a list of forfeit situations.

**PROTEST** – Judgement calls made by the game officials are not eligible for protest and/or appeal. Protest on rule enforcement must be filed in writing with the Youth Sports Office with 48-hours following the incident. Protest on athlete eligibility may be filed any time during the regular season. Submit rule enforcement and athlete eligibility protest via email to [youthsports@mkerec.net](mailto:youthsports@mkerec.net).

**TIE-BREAKER PROCEDURES (TROPHY SPORTS ONLY)** – The Youth Sports Office will have full discretion determining the position and placement of all teams. Tie-break procedures are available online at [www.mkerec.net/YouthSports](http://www.mkerec.net/YouthSports).

**LEAGUE CHAMPIONS (TROPHY SPORTS ONLY)** – League Champions can be determined one of three ways.

- A. **Tournament** - A season ending tournament in which a championship game is played. The winner of the tournament will receive the league trophies regardless of their regular season record.
- B. **Position Day** - the number 1 and number 2 teams in the league standings will compete in a single game at the end of the season to determine the league champion. League record will not prevail as the determining factor, the single match up will.
- C. **Season Record** - Best overall season record in league play will determine the league champion.

**YOUTH SPORTS OPPORTUNITY HANDBOOK** – The current version of the Youth Sports Opportunity Handbook is available at [www.mkerec.net/YouthSports](http://www.mkerec.net/YouthSports). All sports coaches and sports coordinators are responsible for familiarizing yourself with the rules, regulations, procedures, and policies governing the Milwaukee Recreation Youth Sports Programs.



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## **SECTION 2 – BEFORE THE GAME**

### **ARTICLE 1 – RULES:**

All WIAA and National Federation Volleyball Rules will apply to all leagues except where noted.

### **ARTICLE 2 – ELIGIBILITY:**

- Age & Grade Limits –  
Students may not exceed the age/grade limits as listed below. Age is determined as of September 1<sup>st</sup> of the current school year:
  - 10 years old and under / 4<sup>th</sup> grade maximum (*Born September 1, 2011*)
  - 11 years old and under / 5<sup>th</sup> grade maximum (*Born September 1, 2010*)
- School Suspensions –  
Any student suspended from school must be reinstated prior to the close of school on the Friday before their next scheduled game to be eligible.

### **ARTICLE 3 - PLAYERS:**

A regulation team shall consist of **6 (six) players**. To avoid a forfeit, a team may start with **four (4) players**. A late arriving player may sign in during a stoppage of play such as a time out or between sets. They may then begin playing at the coach's discretion.

- Playing Time – It is mandatory that all players who suit up for the game to play the equivalent of one (1) full game. Failure to have each player play the minimum will result in the forfeiture of game.
- Substitutions – A player must first report to the scorekeeper and then to the referee. Each team is permitted multiple requests during the same dead ball. A re-entering player must assume their original position in the serving order.
- Libero – The Libero will not be used.
- Uniforms – Teams are required to wear matching jerseys or t-shirts with numbers, gym shorts or sweatpants, and gym shoes. Shorts do not need to match jerseys.
  - **Exceptions:** Medic – Alert medallions may be taped securely to the body only.
- Post-Game – Opposing coaches and players can bump elbows or wave to each other after each match to show good sportsmanship but should **NOT** shake hands after each match.



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### **Section 3 - THE GAME**

#### **ARTICLE 1 – EQUIPMENT:**

- Game Ball - Tachikara Volley Lite
- The net height is **seven (7) feet, four (4) inches** (*measured at the center of the net*).

#### **ARTICLE 2 – COURT SIZE:**

- The court shall be **sixty (60) feet** long and **thirty (30) feet** wide, measured to the outer edges of the boundary lines.
- It is recommended that an area above the court shall be clear of any obstruction and at least **thirty (30) feet** high.

#### **ARTICLE 3 – START OF GAME/MATCH:**

- A match is defined as **three (3) played games**.
- The start of a game is done by a **coin toss**, between the captains of both teams. The designated visiting team captain shall call the toss as either “Heads” or “Tails”.
  - The **winner** shall elect either to serve, receive, or select their team’s playing area.
  - The **loser** of the toss shall be given the remaining choice. Service side and bench will alternate for subsequent sets.

#### **ARTICLE 4 – TIMING:**

- Teams must be ready to play within **five (5) minutes** after scheduled time for the first game. If a team is not ready to play within this time limit, a **forfeit** will be declared for the first game.
- Once the first game has been declared a forfeit, an additional **ten (10) minutes** will be given. If a team is still not ready to play following the additional time, a **forfeit** will be declared for the **second and third game**.
- Teams may play a simulated match (with officials) after a forfeit has been declared for all three games, but the results will not count towards league standings.
- The clock will run continuously except for time-outs and substitution.
- Each team will be given **two (2) time-outs** per game. Request for additional time-outs shall be penalized. Time-outs may be taken consecutively without play between them.



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**ARTICLE 5 – SCORING:**

- Each game will be fifteen (15) minutes in length or 15 points, whichever comes first.
- There must be a two (2) point difference to win a game.
- In case of a tie, a game will continue until there is a two (2) point difference.
- A match will consist of three (3) played games and all three games count towards the final standings.
- **RALLY SCORING WILL NOT BE USED!** (*Modifications may occur*)