## Team Milwaukee Special Olympics

Team Milwaukee offers both adults and youth with intellectual disabilities the opportunity to learn, train, and compete in various sports. These programs will encourage participants to become more physically fit, socialize with others, and increase self-confidence! In order to participate in Area/State Special Olympics competitions, individuals must be 8 years or older and must complete the required Special Olympics Medical and Release forms.

Looking for athletes and coaches for all seasons!

Soccer Track & Field Bocce
Tee Ball
Softball

Bowling Volleyball Flag Football Swimming
Basketball
Gymnastics
Cheerleading

## Stay Active. Get Involved.

If you or someone you know would be interested in coaching, volunteering, or participating in Team Milwaukee Special Olympics, please call Christine Cowan at (414) 647-6041.



