Activities for the entire community
YOUTH | TEENS | ADULTS | SENIORS
mkerec.net
Get ready for fall fun with Milwaukee Recreation!

As we conclude another summer season and transition to fall, Milwaukee Recreation is proud to present an exciting slate of activities to the community. The team has been working hard to put together enriching programs that can be delivered in the safest way possible. Commitment to the safety and well-being of our staff and participants remains our highest priority.

Milwaukee Recreation has something for everyone this season. From yoga to tennis, art classes to nature hikes, Tae Kwon Do and harmonica lessons, there is never a shortage of interesting and unique programs. Whether you are looking to learn a skill or interact with others, you will certainly be able to find what you’re looking for in this recreation guide.

I also invite you to join us for the 13th Annual Run Back to School: Virtual Challenge. This exciting new event will culminate with a drive-through celebration on August 27 at Wick Playfield, where participants will receive their commemorative t-shirts and congratulatory cheers from district staff.

Additionally, don’t forget to sign up for the 27th annual Halloween Glen which will take place on October 9 and 10, and includes a fun and interactive hike through Hawthorn Glen. Learn more about both events at mkerec.net.

We look forward to seeing you this fall!

Dr. Keith P. Posley
Superintendent of Schools

MPS Ready! Enroll today.

Online @ mpsmke.com
Call (414) 267-5100
Curbside August 3–4
MPS Central Services, 5225 W. Vliet St.
Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
Ways to Register

Priority registration is given to city of Milwaukee residents beginning August 25, 2020 at 10 AM. Non-city of Milwaukee residents may register beginning September 1, 2020 at 10 AM through the dates listed below.

A NOTE REGARDING FALL 2020 REGISTRATION:
Milwaukee Recreation will only be accepting Fall 2020 course registrations online, over the phone, by mail, or fax. No in-person registrations will be accepted at this time. Please visit our website for any updates to our registration options, or call 414-475-8811 for more information.

1. ONLINE REGISTRATION
Deadline: one week before your class begins.
Visit www.mkrec.net for the easiest way to sign up. If you’re having trouble logging into your account, please do not create a new account. Instead, please call 414.475.8180 for assistance.

SAVE YOUR USERNAME AND PASSWORD HERE:

2. OVER-THE-PHONE REGISTRATION
Deadline: one week before your class begins.
1. Please call 414-475-8811 to inquire about registering for a class over the phone. Please have credit card information ready at the time of your call.

3. FAX-IN REGISTRATION
Through Friday, September 18 at 4:00 PM
1. Fax completed form to: Milwaukee Recreation. (414) 475-8183. Please include a return FAX number.
2. A credit card number (MasterCard or Visa only), expiration date, and signature are required on all forms.

4. MAIL-IN REGISTRATION
Registration must be received by Friday, September 18
1. Make check payable to Milwaukee Recreation. CHECKS ONLY will be accepted for mail-in registrations. Please DO NOT send cash via mail.
2. Mail to: Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181.
3. Active Older Adults: Mail to 2414 W. Mitchell St., 53204

Nondiscrimination Notice: It is the policy of the Milwaukee Public Schools, as required by section 118.13, Wisconsin Statutes, that no person will be denied admission to any public school or be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other program or activity because of the person’s sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability. This policy also prohibits discrimination under related federal statutes, including Title VI of the Civil Rights Act of 1964 (race, color, and national origin), Title IX of the Education Amendments of 1972 (sex), and Section 504 of the Rehabilitation Act of 1973 (disability), and the Americans with Disabilities Act of 1990 (disability). The following individuals have been designated to handle inquiries regarding the non-discrimination policies: For section 118.13, Wisconsin Statutes, federal Title IX: Matthew Boswell, Director, Department of Student Services, Room 133, Milwaukee Public Schools, 5225 W. Vliet St., P.O. Box 2181, Milwaukee, Wisconsin, 53201-2181 (414) 475-8027. For section 504 of the Rehabilitation Act of 1973 (Section 504), federal Title II: J. Andy Woyte, Interim Section 504/ADA Coordinator, Department of Specialized Services, 6620 W. Capitol Dr., Milwaukee, WI, 53216, (414) 438-3677. ASL: (414) 438-3458

Important Registration Information

ENROLLMENT. Registrations will be processed in the order in which they are received. Enrollment is not guaranteed. We reserve the right to cancel classes because of low enrollment after a class has started and to close further enrollment when a class is filled. All participants must register and pay for classes prior to attending the first session.

DEADLINES. Registrations must be received before registration deadlines. No exceptions. The Recreation Department is not responsible for delayed mail delivery, or unreadable or improperly transmitted faxes. No telephone registrations accepted.

CONFIRMATION. Activity confirmations will be mailed to the address listed on the registration form. If you register online, your confirmation will not be mailed; instead, you will be able to print your confirmation immediately.

REFUND POLICY. Information regarding our refund policy can be found online at www.mkrec.net/refund. Or, contact us at 414.475.8180 to receive a copy by mail.

INSURANCE. The Recreation Department does not provide accident or hospital insurance for class participants. Participants should review their insurance policies for coverage.

FEES. Resident and non-resident fees are as listed under course offerings. Registration forms without the proper fee will be returned.

REDUCED ACTIVITY FEE (17 YEARS & UNDER). City of Milwaukee youth whose family is enrolled in FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and/or Foster Care may be eligible for reduced fees. Children’s classes over $10 are eligible for a $5 discount. Children’s classes $30 and over are eligible for a $10 discount. **Classes, field trips, special events, and admission fees that are not eligible for reduced fees are noted in the class description. MPS Students: The MPS student database is used to verify eligibility. Registrant must provide documentation with registration if eligibility cannot be confirmed. Non-MPS Students: Must provide eligibility documentation with registration. Our full policy including acceptable documentation can be found online at www.mkrec.net/reduced.

PAYMENT METHODS. Check, money order, credit/debit card (VISA/MasterCard only), and cash (in-person registration only). Denied Credit/Debit Cards: Individuals whose credit/debit card has been denied will not be registered until an alternate form of payment is received. Returned Checks: Individuals whose checks are returned will no longer be registered for that class. Individuals must register again by paying with cash or money order and will be included in the class if space is still available. A $20 returned check charge will be added to your class fees. Out-of-state checks will not be accepted.

PROGRAM ACCESSIBILITY: Reasonable accommodations are made for individuals to participate in Milwaukee Recreation programs. For more information on requesting a reasonable accommodation, please visit the Inclusion Services Policy on page 4 or call 414.475-8182

AMERICANS WITH DISABILITIES ACT: Milwaukee Recreation is committed in both policy and practice to enforce and implement all required provisions of the Americans with Disabilities Act. If you or your child need a reasonable accommodation to participate in a recreation program, your request may be made to any Milwaukee Recreation staff person. Upon reasonable notice, efforts will be made to accommodate your request.

Official Notice to Inform All MPS Parents and Employees about Asbestos Containing Materials: Under the帶著面罩。
Please sign this form at left, enclose total payment, and mail to Milwaukee Recreation PO Box 2181 Milwaukee, WI, 53201 or fax to 414.475.8183 before the advertised registration deadlines.

Please check this box if you wish to donate $1 to the Youth Program Fund.

**TOTAL FEES**

**$**

**REDUCED ACTIVITY FEE**

$**

**SCHOOL NAME:**

Please check this box if you are requesting the reduced activity fee for your child.

**REDUCED ACTIVITY FEE (17 YEARS & UNDER)**

Families meeting financial guidelines may qualify for an activity discount. Children’s classes over $10 are eligible for a $5 discount. Children’s classes $30 and over are eligible for a $10 discount. Most field trips, special events, and admission fees are not eligible and are so noted in the class description. School-age youth whose family qualifies for one or more of the following program subsidies are eligible for the youth discount (where applicable): FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and Foster Care. The MPS student database will be used to verify participant eligibility. Non-MPS students must provide eligibility documentation with registration. Our full policy can be found online at www.mkerec.net/reduced.
MILWAUKEE RECREATION
INCLUSION SERVICES POLICY

Milwaukee Recreation is committed to creating and promoting inclusion within all facilities and programs. Through the Inclusion Services Policy and supporting practices, we aim to ensure that everyone has access to the benefits of quality parks and recreation.

Milwaukee Recreation defines inclusion as the process of including all persons, regardless of their socioeconomic level, abilities, language, ethnic origin, sexual orientation or gender identification.

POLICY GOALS: The Inclusion Services Policy outlines Milwaukee Recreation’s approach to ensuring inclusive environments and equitable opportunities for all community members in local parks and recreation.

THIS POLICY ENSURES THAT:

- Community members utilizing our facilities, programs and services have equitable and ability-appropriate access to programs and services regardless of ability, race, age, language, religion, country of origin, sexual orientation, or gender identity.

- Site staff, community partners and stakeholders engage in the support of all community members and promote inclusive behaviors both in park and recreation facilities and throughout the community in public spaces.

- Milwaukee Recreation establishes and maintains an organizational infrastructure for the management of the policy and its established goals and objectives.

- Milwaukee Recreation will continuously measure and improve inclusive practices.

We invite you to visit mkerec.net/inclusion to learn more about Milwaukee Recreation’s efforts to support inclusive practices across all program areas including the Equity Based Prioritization Model for playfield improvements, professional development opportunities for staff, Everyone Plays! Scholarship Program, and the new process for requesting accommodations for Recreation classes.

Need accommodations? Register for course code ACCOM-01 in addition to your recreation class and a member of the Recreation team will contact you for further details.
Please use the phone numbers listed only during recreation program hours at that location.

Andrew S. Douglas Middle School
3620 N 18th St, 256-8200

Bay View High School
2751 S. Lenox St, 294-2517
Enter door #4 off Montana St.

Brinton Community Center
2555 S. Bay St., 481-2494

Cooper School
5143 S. 21st Street, 550-5154

Gaenslen School
1250 E. Burleigh St., 267-5734
Enter north door, #4

Enderis Fieldhouse
2938 N. 72nd St., 453-6026

Hawthorn Glen
1130 N. 60th St., 416-0512

Hamilton High School
6215 W. Warrimont Ave., 327-9402
Enter door #5 off south parking lot

Lapham Peak
W329 N846 County Road C
Delafeld, WI 53018

MacDowell Montessori
6415 W. Mt. Vernon Ave., 935-1387
Enter door #7

Madison High School
8135 W. Florist Ave., 393-6307
Enter door #7 off south parking lot

Milwaukee Marshall
4141 N. 64th St., 393-2391 or 393-2388
Enter door #10 – N. 64th St. & W. Hope Ave.

Milw. HS of the Arts
2300 W. Highland Blvd., 934-7000

Milw. School of Lang.
8400 W. Burleigh St., 393-5739
Enter main or parking lot door

MPS Central Services
5225 W. Vliet St., 475-8180
Enter southwest door off rear parking lot

North Division High School
1011 W. Center St., 267-5077
Enter west side of building near tennis courts

OASIS
2414 W. Mitchell St., 647-6041

Obama High School
5075 N. Sherman Blvd.
Enter door #5

Parkside School
2969 S Howell Ave., 294-1600

Pulaski High School
2500 W. Oklahoma Ave.

Reagan High School
4965 S. 20th St., 550-5154
Enter main entrance

Riverside High School
1615 E. Locust St., 906-4959
Enter door #5 on Locust St.

South Division High School
1515 W. Lapham Blvd., 902-8377
Enter east door off faculty parking lot on 13th St.

Vincent High School
7501 N. Granville Rd., 262-236-1270
Enter north east door #4 near fieldhouse
JJ Watt Foundation Donates to Milwaukee Recreation Youth Sports Teams

The Justin J. Watt Foundation donated new uniforms and equipment to 35 Milwaukee Recreation middle school sports teams during the 2019-20 school year. The uniforms and equipment totaled $85,120.60 and will serve student-athletes in Milwaukee Recreation’s basketball, cheer, soccer, softball, track and field, and volleyball leagues.

The donations were received and distributed to the teams prior to the COVID-19 school closures. Milwaukee Recreation, a department of Milwaukee Public Schools, provides youth sports opportunities to thousands of middle and elementary school student-athletes across dozens of leagues each year.

“The JJ Watt Foundation has been an incredible supporter of youth sports,” Milwaukee Recreation senior director Lynn Greb said. “This donation is a wonderful boost for our student-athletes and will further our mission to promote healthy lifestyles, personal development, and fun through sports and recreation.”

The JJ Watt Foundation has donated uniforms and equipment worth nearly $6 million to hundreds of schools around the nation since 2011.

“The new uniforms and equipment are a big step up from some of our previous sets,” Milwaukee Recreation youth sports manager Melissa Moutry said. “The student-athletes clearly enjoy the new gear, which will allow them to build a stronger connection to their sport going forward.”

Watt, a five-time All-Pro defensive end for the Houston Texans, is a native of Pewaukee, Wis. The three-time NFL Defensive Player of the Year also played 26 games at the University of Wisconsin over two seasons.

Scan the QR code to watch our video and learn more about the JJ Watt Foundation uniforms donated to Milwaukee Recreation Youth Sports Teams.
ARTS & CRAFTS

Survival Sewing for Youth
This hands on only sewing class is an essential life skill that your child will use for a lifetime. This creative class will emphasize how to repair almost anything and create hand sewn crafts and garments. Skills taught include: learning about the different types of fabric, how to sew on a button, repair a small tear, and patch jeans. Final products will include: a pencil case, wallet or a stitched hat. Class fee includes supply costs, is non-refundable and not eligible for reduced fees. Summer class at Vincent is cancelled. Class is being offered at Marshall.

*These baton classes are specifically for students at Parkside School for the Arts.* Twirl your way to fun while you learn basic skills such as figure 8s, flat spins, pinwheels and tosses. Coordinate your twirling with marching jumps, leaps and dance steps. Enjoy the opportunity to perform. A baton is required. If you don’t have a baton you can purchase one from the instructor for $24 (cash only).

**Activity Code: 2RCE938**

(Milwaukee Marshall (Ages 7-15)... MR01
 Sat, Sep 26-Nov 14, 12:15PM-1:15PM
 $26 Residents/$39 Non-Residents

Fashion Sewing for Youth
Introduce your child to being a fashion designer thru the life skill of hands-on only sewing. Skills taught include sewing safety, pattern making, measuring and identify simple sewing equipment. Children will be given the choice of completing a final product of a doll shirt, pant or a pillow. Class fee includes supply cost, is non-refundable and not eligible for reduced fees. Summer class at Vincent is cancelled. Class is being offered at Marshall.

**Activity Code: 2RCE939**

(Milwaukee Marshall (Ages 7-15)... MR01
 Sat, Sep 26-Nov 14, 1:30PM-2:30PM
 $26 Residents/$39 Non-Residents

Baton
Twirl your way to fun while you learn basic skills such as figure 8s, flat spins, pinwheels and tosses. Coordinate your twirling with marching jumps, leaps and dance steps. Enjoy the opportunity to perform. A baton is required. Class taught by Mary Blaufuss!

**Activity Code: 2RCE7901**

(Beuah Brinton (Ages 5-17).... BN01
 Sat, Sep 26-Nov 14, 10:30AM-11:30AM
 $18 Residents/$27 Non-Residents

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net

CYCLING AND BIKE MAINTENANCE

Mountain Biking 201
Mountain Biking 201 will be a continuous progression from Mountain Biking 101, covering more advanced skills for navigating courses and trails as well as some basic bicycle maintenance. This course is designed for those interested in riding and racing in the Wisconsin High School Cycling League, part of the National Interscholastic Cycling Association (NICA). Participation in Mountain Biking 101 is recommended as a prerequisite. Participants are encouraged to bring their own bikes; however, bikes are available upon request in a limited capacity. Class fee is non-refundable.

**Activity Code: 2RCE2804**

(MacDowell (Ages 12-18)......... JU01
 Tue/Thu, Aug 11-Oct 22, 3:30PM-6:00PM
 $25 Residents/$25 Non-Residents

**Activity Code: 2RCE9201**

(Riverside (Ages 12-18)......... RS01
 Tue/Thu, Aug 11-Oct 22, 3:30PM-6:00PM
 $25 Residents/$25 Non-Residents

DANCE

African Dance
Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome.

**Activity Code: 2RCE2901**

(Riverside (Ages 6-17)......... RS01
 Sat, Sep 12-Oct 31, 1:00PM-2:00PM
 $20 Residents/$30 Non-Residents

Bike Maintenance with Billie
This class will teach you the skills needed to keep and maintain your bike in fine working order. These skills will save you time, money and make your rides easier and safer. With a few tools, you can make your bike rideable. This class is for beginners. In this class you will cover the following: changing a flat tire, fixing a slipped chain, completing a minor brake repair and seasonal cleaning. Class taught by Billie Myhra. Please bring your bike to class. Youth and adult classes are combined. Class fee is non-refundable. Supplies and tools provided by coastinnbikes.com.

**Activity Code: 2RCE2807**

(MacDowell (Ages 11-17)......... JU01
 Sat, Sep 26, 12:00PM-1:30PM
 $5 Residents/$8 Non-Residents

Riverside (Ages 11-17)......... RS01
 Sat, Sep 19, 12:00PM-1:30PM
 $5 Residents/$8 Non-Residents

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
Ballet
Ballet is a fine art discipline which strives to improve coordination, posture and muscular development. Learn basic ballet positions, steps and floor combinations. Ballet shoes and leotards are recommended. Unless otherwise noted, all classes are beginner level.

Activity Code: 2RCE2902
(Activity codes listed below)

81st Street (Ages 7-14).................. 8102
Tue, Sep 29-Nov 17, 7:00PM-8:00PM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 7-14)...MR01
Sat, Oct 10-Dec 5, 12:00PM-1:00PM
$18 Residents/$27 Non-Residents

Riverside (Ages 5-6)..................... RS02
Sat, Sep 14-Nov 2, 11:00AM-1:00PM
$16 Residents/$32 Non-Residents

Riverside (Ages 7-10).................. RS01
Sat, Sep 12-Oct 31, 12:00PM-1:00PM
$18 Residents/$36 Non-Residents

Riverside (Ages 5-8)..................... RS03
(Less 2)
Sat, Sep 12-Oct 31, 12:00PM-12:50PM
$18 Residents/$36 Non-Residents

Riverside (Ages 7-10).................. RS04
Sat, Dec 5-Jan 9, 12:05PM-1:00PM
$12 Residents/$24 Non-Residents

Disney® Dance
Dance to the songs and music of classic Disney® stories and films. Each class will start with the reading of a Disney® story followed by learning dances to music associated with that story. Join us in bringing the music to life!

Activity Code: 2RCE2906
(Activity codes listed below)

Riverside (Ages 3-5)..................... RS02
Sat, Dec 5-Jan 9, 9:35AM-10:20AM
$16 Residents/$16 Non-Residents

Giggle, Wiggle, Shake!
This class will teach your child the beginning steps of dance, while having fun learning with other children their age. (no special shoe requirement)
Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE2917
(Activity codes listed below)

Riverside (Ages 2-3)..................... RS01
Sat, Sep 12-Oct 31, 9:00AM-9:50AM
$11 Residents/$44 Non-Residents

Riverside (Ages 2-3)..................... RS02
Sat, Dec 5-Jan 9, 9:00AM-9:30AM
$10 Residents/$20 Non-Residents

Budding Ballerinas Camp
Ballet is a fine art discipline aimed at improving coordination, posture and balance. During this four day camp, students will learn the basics ballet positions, steps, and combinations. Ballet slippers and leotards are recommended.

Activity Code: 2RCE2935
(Activity codes listed below)

Milwaukee Marshall (Ages 7-15)...MR01
Sat, Sep 19-Oct 3, 12:00PM-2:00PM
$14 Residents/$21 Non-Residents

Move and Groove Camp
Move and Groove Camp - Break away from the mold during this 3 week camp of jazz and hip hop. Students will enjoy learning the basic jazz and hip hop steps and combinations while improving their rhythm, coordination, and stamina. Please wear comfortable clothing.

Activity Code: 2RCE2936
(Activity codes listed below)

Milwaukee Marshall (Ages 7-15)...MR01
Sat, Sep 19-Oct 3, 9:30AM-11:30AM
$14 Residents/$21 Non-Residents

Jazz
Let your child's style and originality shine through during fun and energetic jazz class. Students will learn basic jazz dance steps and combinations while improving flexibility, coordination, and rhythm. Please wear comfortable clothing.

Activity Code: 2RCE2939
(Activity codes listed below)

81st Street (Ages 7-15).................. 8103
Thu, Oct 1-Nov 19, 7:15PM-8:15PM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 7-15)...MR01
Sat, Oct 10-Dec 5, 1:15PM-2:15PM
$18 Residents/$27 Non-Residents

- DID YOU KNOW -
Better self-esteem often results from consistent recreation, primarily due to a decrease in stress and to the overall feeling of well-being that occurs from regular aerobic exercise.
**LANGUAGE SKILLS**

French

Bonjour! This class offers an introduction to conversational French for students with prior or no prior French language knowledge. Students will learn language skills in a cultural context covering topics such as clothing, food, music, art, pastime activities, and more. Hope to see you there.

*Activity Code: 2RCE4401 (Section codes listed below)*

Beulah Brinton (Ages 6-12)............ BN01
Fri, Sep 25-Nov 13, 4:30PM-5:30PM
$18 Residents/$27 Non-Residents

Beulah Brinton (Ages 6-12)............ BN02
Fri, Dec 4-Jan 15, 4:30PM-5:30PM
$12 Residents/$18 Non-Residents

**MAD SCIENCE**

Mad Science Digging for Dinosaurs

Dinosaurs Examine real fossil casts, and explore the differences in the teeth of herbivorous and carnivorous dinosaurs. Students will participate in a mini dinosaur excavation and make a dinosaur tooth to take home. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2RCE7604 (Section codes listed below)*

Riverside (Ages 5-12)..................... RS02
Sat, Sep 26, 10:00AM-11:00AM
$18 Residents/$27 Non-Residents

Mad Science Electricity Workshop

This workshop introduces students to the fundamental concepts of electricity: circuits, conductors, insulators, and how electricity is converted for everyday uses. Students get to create different circuits, interact with plasma balls, discover "sticky" static electricity and make their own static energy chambers to take home. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2RCE7605 (Section codes listed below)*

Hamilton (Ages 5-12)..................... HA02
Sat, Oct 24, 10:00AM-11:00AM
$14 Residents/$28 Non-Residents

Mad Science Slime Time

Ooze into a gooey hour of sliming around! Create slime using the Mad Science recipe and then enter your creation in the Slime Olympics. Take home your own concoction of Mad Science Slime. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2RCE7615 (Section codes listed below)*

Hamilton (Ages 5-12)..................... HA03
Sat, Oct 31, 10:00AM-11:00AM
$18 Residents/$27 Non-Residents

Riverside (Ages 5-12)..................... RS02
Sat, Oct 3, 10:00AM-11:00AM
$18 Residents/$27 Non-Residents

Mad Science Radical Robots

What are automatons? How do robotic systems work? Learn all about robot-building in this exciting Mad Science lab! Students will tinker with their very own robots as they learn the basic engineering skills involved in building these machines. Experiment with robots that can do some extraordinary tasks, infrared robots, robotic arms, and even robots that like to play. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2RCE7622 (Section codes listed below)*

Hamilton (Ages 5-12)..................... HA01
Sat, Oct 17, 10:00AM-11:00AM
$18 Residents/$27 Non-Residents

**MUSIC**

Songwriting 101

No matter what age, aspiring to be a great musician (or even good one) goes beyond merely practicing. Taught by Dennis Dykstra, learn the basics of music theory including ear training and songwriting. Let us help you become a better performer and increase your options as a musician. Don’t bring an instrument to the first class. Class is combined with adult class.

*Activity Code: 2RCE4601 (Section codes listed below)*

Hamilton (Ages 12-17)..................... HA01
Wed, Sep 23-Nov 11, 7:45PM-8:45PM
$18 Residents/$27 Non-Residents

**Please note:**

In order to ensure the safety of our customers and staff, we have reduced all class sizes. If class maximum sizes are reached, parents will not be able to directly observe the class. Waiting areas will be available close by.

**Bass Guitar**

Learn the basics, theory, riffs and chord progressions. Bring your own bass guitar. Class is combined with adult class.

*Activity Code: 2RCE4602 (Section codes listed below)*

Beulah Brinton (Ages 12-17)............ BN01
Fri, Sep 25-Nov 13, 7:15PM-8:15PM
$18 Residents/$27 Non-Residents

Beulah Brinton (Ages 12-17)............ BN02
Fri, Dec 4-Jan 15, 7:15PM-8:15PM
$12 Residents/$18 Non-Residents

**Drums**

Aspiring drummers will learn rhythm, accents, drum rolls and style. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with adult class.

*Activity Code: 2RCE4603 (Section codes listed below)*

Beulah Brinton (Ages 12-17)............ BN01
Fri, Sep 25-Nov 13, 6:00PM-7:00PM
$18 Residents/$27 Non-Residents

Beulah Brinton (Ages 12-17)............ BN02
Fri, Dec 4-Jan 15, 6:00PM-7:00PM
$12 Residents/$18 Non-Residents

**Guitar**

Learn basic chords, notes, and different strumming techniques. Strum your way to fun. Bring your own guitar. Class is combined with adult class.

*Activity Code: 2RCE4604 (Section codes listed below)*

Beulah Brinton (Ages 12-17)............ BN01
Sat, Sep 26-Nov 14, 2:00PM-3:30PM
$26 Residents/$39 Non-Residents

Beulah Brinton (Ages 12-17)............ BN02
Sat, Dec 6-Jan 16, 2:00PM-3:30PM
$17 Residents/$26 Non-Residents

Hamilton (Ages 12-17)..................... HA01
Thu, Sep 24-Nov 12, 6:00PM-7:30PM
$26 Residents/$39 Non-Residents

Riverside (Ages 12-17)..................... RS01
(Beg.-Semi-Private)
Mon, Sep 14-Nov 2, 6:30PM-8:00PM
$51 Residents/$77 Non-Residents

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
Piano
No matter what you do in life, it’s always important to start with the basics. This class will give beginning piano enthusiasts an introduction to the keyboard, keys, scales, chords, melodies, and note reading. Classes are combined with adult classes. Keyboards are provided for all classes.
Activity Code: 2RCE4606 (Section codes listed below)

Beulah Brinton (Ages 12-17)......... BN01
(Beg.)
Sat, Sep 26-Nov 14, 10:30AM-12:00PM
$26 Residents/$39 Non-Residents

Beulah Brinton (Ages 12-17)......... BN02
(Int.)
Sat, Dec 5-Jan 16, 12:15PM- 1:45PM
$17 Residents/$26 Non-Residents

Beulah Brinton (Ages 12-17)......... BN03
(Beg.)
Sat, Dec 5-Jan 16, 10:30AM-12:00PM
$17 Residents/$26 Non-Residents

Beulah Brinton (Ages 12-17)......... BN04
(Int.)
Sat, Dec 5-Jan 16, 12:15PM- 1:45PM
$17 Residents/$26 Non-Residents

Hamilton (Ages 12-17)............... HA01
Wed, Sep 23-Nov 11, 6:00PM- 7:30PM
$26 Residents/$39 Non-Residents

Introduction to Harmonica
Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a ‘Key of C’ harmonica. Class is combined with adult class.
Activity Code: 2RCE4611 (Section codes listed below)

Hamilton (Ages 12-17)............... HA01
Tue, Sep 22-Nov 10, 6:00PM- 7:00PM
$18 Residents/$27 Non-Residents

MUSIC IN MPS

Acoustic Guitar
This course provides students the opportunity to learn and develop their skills on guitar in a small group setting. Emphasis will be basic note reading and chord playing skills. A 1/2 or 3/4 sized nylon-stringed acoustic guitar is required. Students must bring their own instrument to class. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate - 1-2 years of experience on instrument; Advanced - 3+ years of experience on instrument.
Activity Code: 2RCE3201 (Section codes listed below)

Hamilton (Ages 7-17)............... HA01
(Beg.)
Sat, Sep 19-Dec 12, 9:00AM- 9:30AM
$24 Residents/$36 Non-Residents

Rock Band
Join the band, learn some advanced songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience required. Class is combined with adult class.
Activity Code: 2RCE4607 (Section codes listed below)

Beulah Brinton (Ages 12-17)......... BN01
Sat, Sep 26-Nov 14, 4:00PM- 6:00PM
$35 Residents/$53 Non-Residents

Beulah Brinton (Ages 12-17)......... BN02
Sat, Dec 5-Jan 16, 4:00PM- 6:00PM
$22 Residents/$33 Non-Residents

Sing Out!
Do you want to learn to sing or sing with more confidence and control? Work on basic vocal techniques. Learn proper breathing, voice inflection, range and ear training. Class is combined with adult class.
Activity Code: 2RCE4609 (Section codes listed below)

Hamilton (Ages 12-17)............... HA01
Thru, Sep 24-Nov 12, 7:45PM- 8:45PM
$18 Residents/$27 Non-Residents

Brass
This course provides students the opportunity to learn and develop their skills on a brass instrument, including trumpet, French horn, trombone, baritone, euphonium, and tuba in a small group setting. Students must bring their own instrument to class. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate - 1-2 years of experience on instrument; Advanced - 3+ years of experience on instrument
Activity Code: 2RCE3203 (Section codes listed below)

Hamilton (Ages 10-17)............... HA01
(Beg.)
Sat, Sep 19-Dec 12, 9:00AM- 9:30AM
$24 Residents/$36 Non-Residents

Weather Policy & Program Cancellations:
School Day Cancellations: If weather conditions cause Milwaukee Public Schools to close or dismiss early, Milwaukee Recreation programs will be canceled. Weekend weather cancellations for Milwaukee Recreation activities and interscholastic athletics/academics will be announced via the Milwaukee Recreation website (mkerec.net), social media, and local media.

To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
Piano/Keyboard

This course provides students the opportunity to learn and develop their skills on a piano in a small group setting. Students will work on melodies in right and left hands, independence, scales, basic chords and arpeggios. Focus on manual dexterity; rhythmic expression and correct hand positions will assist students in their daily practice. A piano or electronic keyboard at home is recommended. Please register for the Piano/Keyboard classes using the following guidelines: Beginner 1 - No experience Ages 7 - 9; Beginner 1 - No experience Ages 10 - 17; Beginner 2 - Ability to play up to page 26 in Alfred’s Basic Level 1A or Completed Beginner 1 Ages 7 - 9; Beginner 2 - Ability to play up to page 26 in Alfred’s Basic Level 1A or Completed Beginner 1 Ages 10 - 17; Intermediate 1 - Completed Beginner 1 Ages 10 - 17; Intermediate 2 - Completed Beginner 1 and 2 and Intermediate 1; Advanced - Completed Beginner 1 and 2 and Intermediate 1 and 2.

Activity Code: 2RCE3207

(Section codes listed below)

Hamilton (Ages 7-17)...................... HA01
(Beg. - 1)
Sat, Sep 19-Dec 12, 8:30AM- 9:00AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)...................... HA02
(Beg. - 12)
Sat, Sep 19-Dec 12, 9:15AM- 9:45AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)...................... HA03
(Beg. - 2)
Sat, Sep 19-Dec 12, 10:00AM-10:30AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)...................... HA04
(Beg. - 2)
Sat, Sep 19-Dec 12, 10:45AM-11:15AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)...................... HA05
(Int. - 1)
Sat, Sep 19-Dec 12, 11:30AM-12:15PM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)...................... HA06
(Int. 2)
Sat, Sep 19-Dec 12, 12:30PM- 1:15PM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)...................... HA08
(Adv.)
Sat, Sep 19-Dec 12, 1:30PM- 2:15PM
$24 Residents/$36 Non-Residents

Milwaukee Marshall (Ages 7-17)... MR01
(Beg. - 1)
Sat, Sep 19-Dec 12, 9:00AM-9:30AM
$24 Residents/$36 Non-Residents

Milwaukee Marshall (Ages 7-17)... MR02
(Beg. - 1)
Sat, Sep 19-Dec 12, 9:45AM-10:15AM
$24 Residents/$36 Non-Residents

Milwaukee Marshall (Ages 7-17)... MR03
(Beg. - 2)
Sat, Sep 19-Dec 12, 10:30AM-11:00AM
$24 Residents/$36 Non-Residents

Milwaukee Marshall (Ages 7-17)... MR04
(Beg. 2)
Sat, Sep 19-Dec 12, 11:15AM-11:45AM
$24 Residents/$36 Non-Residents

Milwaukee Marshall (Ages 7-17)... MR05
(Int.-1)
Sat, Sep 19-Dec 12, 12:00PM-12:45PM
$24 Residents/$36 Non-Residents

Milwaukee Marshall (Ages 7-17)... MR06
(Int. 2)
Sat, Sep 19-Dec 12, 1:00PM- 1:45PM
$24 Residents/$36 Non-Residents

Milwaukee Marshall (Ages 7-17)... MR08
(Adv.)
Sat, Sep 19-Dec 12, 2:00PM- 2:45PM
$24 Residents/$36 Non-Residents

Woodwinds

This course provides students the opportunity to learn and develop their skills on a woodwind instrument including flute, oboe, clarinet, bass clarinet, bassoon, and saxophone in a small group setting. Students must bring their own instrument to class. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate - 1-2 years of experience on instrument; Advanced - 3+ years of experience on instrument.

Activity Code: 2RCE3212
(Section codes listed below)

Hamilton (Ages 10-17)................. HA01
(Beg.)
Sat, Sep 19-Dec 12, 9:20AM- 9:50AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 10-17)................. HA02
(Int.)
Sat, Sep 19-Dec 12, 10:05AM-10:35AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 10-17)................. HA03
(Adv.)
Sat, Sep 19-Dec 12, 10:50AM-11:25AM
$24 Residents/$36 Non-Residents

Percussion

This course provides students the opportunity to learn and develop their skills in percussion in a small group setting. Students must bring their own percussion kit to class. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate - 1-2 years of experience on instrument; Advanced - 3+ years of experience on instrument.

Activity Code: 2RCE3210
(Section codes listed below)

Hamilton (Ages 10-17)................. HA01
(Beg.)
Sat, Sep 19-Dec 12, 9:10AM- 9:40AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 10-17)................. HA02
(Int.)
Sat, Sep 19-Dec 12, 9:55AM-10:25AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 10-17)................. HA03
(Adv.)
Sat, Sep 19-Dec 12, 10:50AM-11:25AM
$24 Residents/$36 Non-Residents

- DID YOU KNOW -
Youth living in neighborhoods with multiple recreation and park facilities are more likely to be active five times a week, compared to young people who don’t have access to any.

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
String Lessons
This course provides students the opportunity to learn and develop their skills on stringed instruments violin, viola, cello and bass in a small group setting. Students must come to class with their own instruments. Please register for the string classes using the following guidelines: Beginner 1 - No experience Ages 7 - 9; Beginner 1 - No experience Ages 10 - 17; Beginner 2 - Ability to play No. 1 - 36 in Essential Elements Ages 7 - 9; Beginning 2 - Ability to play No. 1 - 36 in Essential Elements Ages 10 - 17; Intermediate 1 - Completed Beginning 1 and 2; Advanced - Completed Beginning 1 and 2 and Intermediate 1.
Activity Code: 2RCE3218
(Section codes listed below)

Hamilton (Ages 7-17)................. HA01
(Beg. -1)
Sat, Sep 19-Dec 12, 9:35AM-10:05AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)................. HA02
(Beg. -1)
Sat, Sep 19-Dec 12, 10:20AM-10:50AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)................. HA03
(Beg. -2)
Sat, Sep 19-Dec 12, 11:05AM-11:35AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)................. HA04
(Beg. -2)
Sat, Sep 19-Dec 12, 11:50AM-12:35PM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)................. HA05
(Int.)
Sat, Sep 19-Dec 12, 12:00PM-1:35PM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)................. HA06
(Adv.)
Sat, Sep 19-Dec 12, 1:10PM-2:35PM
$24 Residents/$36 Non-Residents

Milwaukee Marshall (Ages 7-17).... MR05
(Int.)
Sat, Sep 19-Dec 12, 12:10PM-12:55PM
$24 Residents/$36 Non-Residents

Milwaukee Marshall (Ages 7-17).... MR06
(Adv.)
Sat, Sep 19-Dec 12, 1:10PM-1:55PM
$24 Residents/$36 Non-Residents

Beginning Ukulele
Are you a fan of Vance Joy or Twenty-One Pilots? Now is your chance to learn their main instrument: the ukulele. Students in this class will learn chords, melody, note reading and strumming patterns. This class will give you the skills needed to give you the basics of the ukulele including how to read chord charts and help you hit the ground running with your favorite songs. Ideal for future guitar players! No experience necessary. Students should bring their own ukuleles and books will be provided at the first session
Activity Code: 2RCE3220
(Section codes listed below)

Hamilton (Ages 10-18)................. HA01
Sat, Sep 19-Dec 12, 9:00AM-9:30AM
$24 Residents/$36 Non-Residents

OUTDOOR SKILLS

Introduction to Fishing
This workshop is geared towards teaching individuals the basics of fishing. Participants will learn how to bait, hook, different casting techniques, knot tying and fish identification. The instructor will even share some of his fishing hot spots. Please don’t tell anyone! Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE2919
(Section codes listed below)

Milwaukee Marshall (Ages 6-17)... MR01
Thu, Sep 24, 5:30PM-8:30PM
$8 Residents/$12 Non-Residents

NATURE IN YOUR NEIGHBORHOOD

Ornaments
We will use objects found in nature to create seasonal and festive ornaments. These hand-made ornaments are perfect for decorating your house or giving as gifts! Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2P124711
(Section codes listed below)

Hamilton (Ages 5 & up).................. HA02
Thu, Dec 3, 6:00PM-7:15PM
$5 Residents/$7.50 Non-Residents

Exploring Hibernation
Shhhh... Don’t wake them up! Have you ever wondered why some animals sleep through the winter? Which animals hibernate and how do they prepare for the winter? Come with us to explore hibernation through games, stories, activities and crafts. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2P124722
(Section codes listed below)

Riverside (Ages 3 & up)................. RS01
Wed, Nov 4, 6:00PM-7:00PM
$4 Residents/$6 Non-Residents

Spectacular Spiders
It has been a love/hate relationship. From horror movies to Halloween, they’ve gotten a bad reputation. Large and small, jump or crawl, they have it all. You’ll see why they’re so spectacular. Fee is per person. Parent/guardian must register, pay, and attend with child. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2P124723
(Section codes listed below)

Riverside (Ages 3 & up)................. RS01
Thu, Oct 22, 6:00PM-7:00PM
$4 Residents/$6 Non-Residents

To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
Performing Arts

Children’s Playhouse
Children will begin developing basic acting skills and learn about theatre through fun and interesting games. Participants will also explore the musical and physical elements of performing. The program will culminate with a variety show presentation for parents and friends.
Activity Code: 2RCE5301
(Section codes listed below)

Riverside (Ages 8-14) ...................... RS01
Mon, Sep 28-Nov 16, 6:00PM-7:00PM
$14 Residents/$28 Non-Residents

Musical Theater
In this class students sing, dance, act, and create their own musical presentation which they will share with family and friends at the end of the week. A creative and positive learning environment is provided, so all students can grow if they are first timers or have been in dozens of shows!
Activity Code: 2RCE5305
(Section codes listed below)

Riverside (Ages 6-14) ...................... RS01
Mon, Sep 28-Nov 16, 7:15PM-8:15PM
$18 Residents/$36 Non-Residents

Red Cross

Babysitting Workshop
Ages 11 & up. Receive American Red Cross certification for babysitting. Learn basic First Aid, reacting to stressful situations, creative play techniques, proper nutrition and more. Sign up early as classes fill quickly. Not eligible for reduced fees. Refund request must be received one week prior to the start of class.
Activity Code: 2RCE5601
(Section codes listed below)

Hamilton (Ages 11-17) ..................... HA02
Sat, Nov 7, 8:30AM-4:00PM
$100 Residents/$150 Non-Residents

MacDowell (Ages 11-17) ................... JU01
Sat, Nov 21, 8:30AM-4:00PM
$100 Residents/$150 Non-Residents

Milwaukee Marshall (Ages 11-17). MR01
Sat, Oct 3, 8:30AM-4:00PM
$100 Residents/$150 Non-Residents

Riverside (Ages 11-17) ..................... RS01
Sat, Oct 17, 8:30AM-4:00PM
$100 Residents/$150 Non-Residents

Science Quest

Get to Know Your Guts Eyes and Brains
Dissect a real cow’s eye to learn about this amazing structure. How do our eyes collect light information about color, brightness, and patterns? Where in the brain is it processed to form into the image of what we are seeing? Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 2RCE7821
(Section codes listed below)

Hamilton (Ages 6-12) ..................... HA01
Sat, Nov 14, 10:30AM-12:00PM
$12 Residents/$18 Non-Residents

Riverside (Ages 6-14) ..................... RS01
Sat, Nov 14, 8:30AM-10:00AM
$12 Residents/$18 Non-Residents

Sports and Recreation

Cricket Coaching
Learn cricket with hands on skills and real game experience! Cricket adjusts to all ages and skill levels. It is a fun sport with batting, bowling and fielding. Great to build team spirit and learn sportsmanship. Sessions will have a mix of physical fitness, skills development and learning the game. We will enjoy skirmish games and special short activities to keep all participants engaged. All skill levels are welcome. All equipment is provided. Class fee is non-refundable and not eligible for reduced fees. Class taught by Kashyap Malkan.
Activity Code: 2RCE5101
(Section codes listed below)

MacDowell (Ages 7 & up) ................. JU01
Sat, Nov 14-Dec 12, 1:00PM-3:00PM
$50 Residents/$75 Non-Residents

MacDowell (Ages 7 & up) ................. JU02
Sat, Nov 14-Dec 12, 3:00PM-4:00PM
$20 Residents/$30 Non-Residents

MacDowell (Ages 7 & up) ................. JU03
Sat, Nov 14-Dec 12, 4:00PM-5:00PM
$20 Residents/$30 Non-Residents

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
**SPORTS AND RECREATION (CONT.)**

**Trick Shot Contest**
Tuesday, December 1st is World Trick Shot Day! Come to Brinton where your best trick shot will be recorded. You will get 30 minutes to perform your trick shot which can include any sport or combination of sports. Then, on December 1st, all trick shots will be posted and voted on to determine best trick shot. This is a free program but you must register.

*Activity Code: 2RCE6203*

**Beulah Brinton (Ages 10-17)……. BN01**
Sat, Sep 26, 11:30AM-12:00PM
FREE

**Beulah Brinton (Ages 10-17)……. BN02**
Sat, Sep 26, 12:00PM-12:30PM
FREE

**Beulah Brinton (Ages 10-17)……. BN03**
Sat, Oct 3, 11:30AM-12:00PM
FREE

**Beulah Brinton (Ages 10-17)……. BN04**
Sat, Oct 3, 12:00PM-12:30PM
FREE

**Beulah Brinton (Ages 10-17)……. BN05**
Sat, Oct 10, 11:30AM-12:00PM
FREE

**Beulah Brinton (Ages 10-17)……. BN06**
Sat, Oct 10, 12:00PM-12:30PM
FREE

**Beulah Brinton (Ages 10-17)……. BN07**
Sat, Oct 17, 11:30AM-12:00PM
FREE

**Beulah Brinton (Ages 10-17)……. BN08**
Sat, Oct 17, 12:00PM-12:30PM
FREE

**Beulah Brinton (Ages 10-17)……. BN09**
Sat, Oct 24, 11:30AM-12:00PM
FREE

**Beulah Brinton (Ages 10-17)……. BN10**
Sat, Oct 24, 12:00PM-12:30PM
FREE

**Beulah Brinton (Ages 10-17)……. BN11**
Sat, Oct 31, 11:30AM-12:00PM
FREE

**Beulah Brinton (Ages 10-17)……. BN12**
Sat, Oct 31, 12:00PM-12:30PM
FREE

**Beulah Brinton (Ages 10-17)……. BN13**
Sat, Nov 7, 11:30AM-12:00PM
FREE

**Beulah Brinton (Ages 10-17)……. BN14**
Sat, Nov 7, 12:00PM-12:30PM
FREE

**Beulah Brinton (Ages 10-17)……. BN15**
Sat, Nov 14, 11:30AM-12:00PM
FREE

**Beulah Brinton (Ages 10-17)……. BN16**
Sat, Nov 14, 12:00PM-12:30PM
FREE

**Beulah Brinton (Ages 10-17)……. BN17**
Sat, Nov 21, 11:30AM-12:00PM
FREE

**Beulah Brinton (Ages 10-17)……. BN18**
Sat, Nov 21, 12:00PM-12:30PM
FREE

**Jump Rope with Tiffany**
Have you jumped rope at home for fun? Burn calories in this individual jump roping class. Students need to bring their own jump rope and let the FUN begin!

*Activity Code: 2RCE6210*

**Milwaukee Marshall (Ages 7-15)…MR01**
Sat, Sep 26-Nov 14, 10:30AM-11:30AM
$18 Residents/$27 Non-Residents

**Volleyball**

**Volleyball Development Camp**
In this camp, kids will learn the fundamentals necessary to play more than ‘boom ball.’ This includes passing, serving, individual defense, setting and hitting approaches. Develop correct footwork, body positioning, timing, ball tracking and coordinated teamwork. Basic strategy and rules of the sport will be taught. Camp is taught by Kellisha Harley, who has experience playing the sport collegiately and internationally.

*Activity Code: 2RCE6803*

**MacDowell (Ages 11-14)…….. JU01**
Sat, Nov 14, 8:30AM-11:30AM
$8 Residents/$12 Non-Residents

**LACROSSE**

**Intro to Girls Lacrosse**
Lacrosse is the fastest growing sport in the country, and also America’s oldest sport! This instructional clinic offers drills/skills and fundamentals for beginners to intermediate players. This is a great opportunity for boys to learn to play the fun sport of lacrosse, coached by experienced and enthusiastic instructors. Beginners will learn the basic skills of boys lacrosse, while intermediate players will refine their stick skills and work on advanced skills. Lacrosse stick, goggles and mouth guard are required equipment for boys lacrosse. Lacrosse sticks and goggles will be available to borrow, but each participant will need to bring their own mouth guard. No previous experience necessary!

*Activity Code: 2RCE9702*

**Merrill Playfield (Ages 6-12)……. M101**
Mon, Oct 5-Nov 9, 6:00PM-7:00PM
$18 Residents/$27 Non-Residents

**Riverside (Ages 6-12)…….. RS01**
Tue, Sep 15-Nov 3, 6:00PM-7:00PM
$18 Residents/$27 Non-Residents

**MARTIAL ARTS**

**Karate**
Self-confidence, self-defense, fitness, and fun, all in one! Work on kicking, punching, combinations, blocking, self-defense techniques, and more. Through practice in performing these skills, participants will learn how to coordinate their movement while strengthening and stretching their minds.

*Activity Code: 2RCE4504*

**North Division (Ages 6-17)……. ND01**
Sat, Sep 26-Oct 31, 10:00AM-11:00AM
$14 Residents/$21 Non-Residents

**Tae Kwon Do**
Tae Kwon Do is a Korean art of hand and foot fighting. Learn self-discipline, kicking and punching techniques, correct body positioning, and self-defense.

*Activity Code: 2RCE4506*

**Beulah Brinton (Ages 3-5)…….. BN01**
Sat, Sep 12-Nov 4, 8:30AM-9:30AM
$12 Residents/$18 Non-Residents

**Beulah Brinton (Ages 6-14)…….. BN02**
Sat, Sep 12-Nov 4, 8:30AM-9:30AM
$22 Residents/$33 Non-Residents

**Beulah Brinton (Ages 6-17)…….. BN03**
(Beg. - White - Yellow Belts)
Mon/Wed/Fri, Sep 14-Nov 13, 4:00PM-4:45PM
$44 Residents/$66 Non-Residents

**Beulah Brinton (Ages 10-17)…….. BN16**
Sat, Nov 14, 12:00PM-12:30PM
FREE

**Beulah Brinton (Ages 10-17)…….. BN17**
Sat, Nov 21, 11:30AM-12:00PM
FREE

**Beulah Brinton (Ages 10-17)…….. BN18**
Sat, Nov 21, 12:00PM-12:30PM
FREE

To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
Tae Kwon Do (continued)

Beulah Brinton (Ages 6-17) .......... BN04
(Int./Adv. - Camo - Brown Belts)
Mon/Wed/Fri, Sep 14-Oct 13, 5:00PM-5:45PM
$44 Residents/$56 Non-Residents

Beulah Brinton (Ages 6-17) .......... BN05
(Int./Adv. - Red/Black & Black Belts)
Mon/Wed/Fri, Sep 14-Oct 13, 6:00PM-6:45PM
$44 Residents/$56 Non-Residents

Beulah Brinton (Ages 6-17) .......... BN06
(Beg. - White - Yellow Belts)
Mon/Wed/Fri, Nov 30-Jan 15, 4:00PM-4:45PM
$25 Residents/$38 Non-Residents

Beulah Brinton (Ages 6-17) .......... BN07
Sat, Dec 5-Jan 16, 8:00AM-8:30AM
$7 Residents/$11 Non-Residents

Beulah Brinton (Ages 6-17) .......... BN08
(Beg. - White - Yellow Belts)
Mon/Wed/Fri, Nov 30-Jan 15, 5:00PM-5:45PM
$25 Residents/$38 Non-Residents

Beulah Brinton (Ages 6-17) .......... BN09
(Int./Adv. - Camo - Brown Belts)
Mon/Wed/Fri, Nov 30-Jan 15, 6:00PM-6:45PM
$25 Residents/$38 Non-Residents

Beulah Brinton (Ages 6-17) .......... BN10
(Adv. - Red/Black & Black Belts)
Mon/Wed/Fri, Nov 30-Jan 16, 6:00PM-6:30PM
$25 Residents/$38 Non-Residents

Beulah Brinton (Ages 6-17) .......... BN06
(Not eligible for reduced fees)
Sat, Dec 5-Jan 16, 8:30AM-9:30AM
$17 Residents/$24 Non-Residents

Cooper (Ages 3-5) .................. CP01
(Beg. - White - Star Belts - Tiny Tigers; Taught by Omar Juarez)
Tue/Thu, Sep 22-Nov 12, 4:30PM-5:00PM
$18 Residents/$27 Non-Residents

Cooper (Ages 3-5) .................. CP02
(Beg. - White - Yellow Belts; Taught by Omar Juarez)
Tue/Thu, Sep 22-Nov 12, 5:05PM-5:50PM
$26 Residents/$39 Non-Residents

Cooper (Ages 6-17) .................. CP03
(Int./Adv. - Camo - Black Belts; Taught by Omar Juarez)
Tue/Thu, Dec 1-Jan 14, 4:30PM-5:00PM
$12 Residents/$18 Non-Residents

Cooper (Ages 6-17) .................. CP04
(Beg. - White - Star Belts - Tiny Tigers; Taught by Omar Juarez)
Tue/Thu, Dec 1-Jan 14, 5:05PM-5:50PM
$17 Residents/$26 Non-Residents

Cooper (Ages 6-17) .................. CP05
(Beg. - White - Star Belts - Tiny Tigers; Taught by Omar Juarez)
Tue/Thu, Dec 1-Jan 14, 4:30PM-5:00PM
$12 Residents/$18 Non-Residents

Cooper (Ages 6-17) .................. CP06
(Beg. - White - Yellow Belts; Taught by Omar Juarez)
Tue/Thu, Dec 1-Jan 14, 5:05PM-5:50PM
$17 Residents/$26 Non-Residents

Cooper (Ages 6-17) .................. CP07
(Int./Adv. - Camo - Black Belts; Taught by Omar Juarez)
Tue/Thu, Dec 1-Jan 14, 5:55PM-6:40PM
$17 Residents/$26 Non-Residents

Hamilton (Ages 6-14) ............... HA01
(Class is combined with adult class)
Mon/Wed, Sep 21-Nov 11, 6:30PM-7:30PM
$35 Residents/$53 Non-Residents

MacDowell (Ages 6-14) ............... AU01
Tue/Thu, Sep 22-Nov 12, 6:00PM-7:00PM
$35 Residents/$53 Non-Residents

MacDowell (Ages 6-14) ............... AU02
Tue, Sep 22-Nov 12, 6:00PM-7:00PM
$18 Residents/$27 Non-Residents

MacDowell (Ages 6-14) ............... AU03
Thu, Sep 24-Nov 12, 6:00PM-7:00PM
$18 Residents/$27 Non-Residents

MacDowell (Ages 6-14) ............... AU04
Tue/Thu, Nov 17-Dec 17, 6:00PM-7:00PM
$20 Residents/$30 Non-Residents

MacDowell (Ages 6-14) ............... AU05
Tue, Nov 17-Dec 15, 6:00PM-7:00PM
$12 Residents/$18 Non-Residents

MacDowell (Ages 6-14) ............... AU06
Thu, Nov 19-Dec 17, 6:00PM-7:00PM
$10 Residents/$15 Non-Residents

Milwaukee Marshall (Ages 6-14) ... MR04
(Beg. - White, Orange, & Yellow Belt)
Sat, Sep 26-Oct 24, 9:00AM-10:00AM
$12 Residents/$18 Non-Residents

Milwaukee Marshall (Ages 6-14) ... MR01
(Beg. - White, Orange, & Yellow Belt)
Mon, Sep 28-Oct 26, 6:00PM-7:00PM
$12 Residents/$18 Non-Residents

Milwaukee Marshall (Ages 6-14) ... MR02
(Beg. - White, Orange, & Yellow Belt)
Wed, Sep 30-Oct 28, 6:00PM-7:00PM
$12 Residents/$18 Non-Residents

Milwaukee Marshall (Ages 6-14) ... MR03
(Beg. - White, Orange, & Yellow Belt)
Mon/Wed, Sep 28-Oct 28, 6:00PM-7:00PM
$22 Residents/$33 Non-Residents

Milwaukee Marshall (Ages 6-14) ... MR04
(Beg. - White, Orange, & Yellow Belt)
Mon, Nov 2-Dec 14, 6:00PM-7:00PM
$14 Residents/$21 Non-Residents

Milwaukee Marshall (Ages 6-14) ... MR05
(Beg. - White, Orange, & Yellow Belt)
Wed, Sep 30-Oct 28, 6:00PM-7:00PM
$12 Residents/$18 Non-Residents

Milwaukee Marshall (Ages 6-14) ... MR06
(Beg. - White, Orange, & Yellow Belt)
Mon, Nov 2-Dec 14, 6:00PM-7:00PM
$14 Residents/$21 Non-Residents

Milwaukee Marshall (Ages 6-14) ... MR07
(Beg. - White, Orange, & Yellow Belt)
Wed, Nov 4-Dec 16, 6:00PM-7:00PM
$14 Residents/$21 Non-Residents

Riverside (Ages 3-5) ............... RS07
(Beg.)
Sat, Sep 12-Oct 31, 9:00AM-9:30AM
$12 Residents/$18 Non-Residents

Riverside (Ages 3-5) ............... RS08
(Int./Adv. - Camo - Black & Higher)
Sat, Sep 12-Oct 31, 9:30AM-10:00AM
$18 Residents/$24 Non-Residents

Riverside (Ages 6-14) ............... RS04
(Beg., White-Yellow Belt)
Sat, Sep 12-Oct 31, 10:15AM-11:00AM
$16 Residents/$24 Non-Residents

Riverside (Ages 6-14) ............... RS05
(Beg., White-Yellow Belt)
Sat, Sep 12-Oct 31, 11:00AM-11:45AM
$16 Residents/$24 Non-Residents

Riverside (Ages 6-14) ............... RS01
(Beg., White-Yellow Belt)
Mon/Wed, Sep 14-Nov 4, 6:00PM-6:45PM
$30 Residents/$45 Non-Residents

Riverside (Ages 6-14) ............... RS02
(Beg., White-Yellow Belt)
Mon/Wed, Sep 14-Nov 4, 7:00PM-8:00PM
$39 Residents/$59 Non-Residents

Riverside (Ages 6-14) ............... RS09
(Beg., White-Yellow Belt)
Mon, Sep 30-Nov 13, 6:15PM-7:00PM
$34 Residents/$43 Non-Residents

Riverside (Ages 6-14) ............... RS10
(Beg., White-Yellow Belt)
Mon, Sep 30-Nov 11, 6:15PM-7:00PM
$14 Residents/$21 Non-Residents

Riverside (Ages 6-14) ............... RS11
(Beg., White-Yellow Belt)
Mon, Nov 30-Jan 11, 7:00PM-8:00PM
$14 Residents/$21 Non-Residents

Riverside (Ages 6-14) ............... RS12
(Beg., White-Yellow Belt)
Mon, Nov 30-Jan 13, 7:00PM-8:00PM
$26 Residents/$36 Non-Residents

Riverside (Ages 6-14) ............... RS21
(Beg.)
Sat, Dec 5-Jan 9, 9:00AM-9:30AM
$8 Residents/$12 Non-Residents

Riverside (Ages 6-14) ............... RS16
(Beg., White-Yellow Belt)
Sat, Dec 5-Jan 9, 9:30AM-10:00AM
$8 Residents/$12 Non-Residents

Riverside (Ages 6-14) ............... RS17
(Beg., White-Yellow Belt)
Sat, Dec 5-Jan 9, 10:15AM-11:00AM
$12 Residents/$18 Non-Residents

Riverside (Ages 6-14) ............... RS18
(Beg., White-Yellow Belt)
Sat, Dec 5-Jan 9, 11:00AM-11:45AM
$12 Residents/$18 Non-Residents

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
Elementary Basketball League

Emphasis will be placed on participation, development of basketball skills, sportsmanship, and teamwork. Teams will be formed on the first day during the organizational meeting and practice. A minimum of two (2) VOLUNTEER PARENT COACHES are required per team. All parents interested in the role of VOLUNTEER PARENT COACH should contact Ryan Broderick, Youth Sports Supervisor, at Ryan@mkerec.net to complete the online volunteer coaching application and mandatory background check prior to the scheduled organizational meeting and practice. The organizational meeting and practice will be on Sat., November 14 at 2:00 p.m. If you have any questions, call Youth Sports Office at 414-475-8410. Players will receive a t-shirt and participation medal. Fee based on 1 hour of activity per session. THE DEADLINE TO REGISTER FOR THIS ACTIVITY IS NOVEMBER 7, 2020.

Activity Code: 2RYS1101

(Madison (Ages 6-9)..........................MA01
(Grades 1st-3rd (Coed))
Sat, Nov 14-Feb 20, 9:00AM-12:00PM
$33 Residents/$50 Non-Residents

Vincent (Ages 10-12)......................... VN01
(Grades 4th-5th (Coed))
Sat, Nov 14-Feb 27, 9:00AM-12:00PM
$35 Residents/$53 Non-Residents

Middle School Basketball League (Coed)

Emphasis will be placed on participation, development of basketball skills, sportsmanship, and teamwork. A minimum of two (2) VOLUNTEER PARENT COACHES are required per team. All parents interested in the role of VOLUNTEER PARENT COACH should contact Thomas Scholle-Malone at Thomas@mkerec.net to complete the online volunteer coaching application and mandatory background check prior to the scheduled organization meeting and practice. The organization meeting and practice will be on Sat., November 14 at 2:00 p.m. If you have any questions, call Youth Sports Office at 414-475-8410. Players will receive a t-shirt and participation medal. Fee based on 1 hour of activity per session. THE DEADLINE TO REGISTER FOR THIS ACTIVITY IS NOVEMBER 7, 2020.

Activity Code: 2RYS1102

(Section codes listed below)

Beulah Brinton (Ages 12-14)........... BN01
(Grades 7th-8th (Coed))
Sat, Nov 14-Feb 27, 1:00PM- 4:00PM
$35 Residents/$53 Non-Residents

Your Safety is our Priority:

Please know we are taking the necessary precautions to ensure your safety while participating in Milwaukee Recreation programs. The use of face masks or cloth face coverings is required when inside Milwaukee Recreation facilities for all staff and participants over the age of 3, and required outside unless 6 feet apart from others. If you do not have a mask or face covering, one will be provided for you.

Schedule Changes:

Please note compliance with COVID-19 regulations may result in schedule changes. We will communicate these as soon as possible. Thank you for your understanding.

Please note, league programs subject to change. Any and all changes will be communicated as soon as possible.

JOIN US FOR THE 13TH ANNUAL RUN BACK TO SCHOOL: VIRTUAL CHALLENGE!

This year, the Run Back to School is going VIRTUAL! The Run Back to School: Virtual Challenge is an exciting new take on one of our favorite events of the year. The Run Back to School: Virtual Challenge raises funds to support MPS youth recreation and wellness programs.

For this challenge, registered participants will complete at least four (4) physical activities, equivalent to 120 minutes (about 30 minutes/week) from August 3rd - August 27th. Any activity counts in this challenge; walking, running, hiking, biking, jump rope, and more!

The challenge will culminate with a drive-through celebration on August 27th at Wick Playfield, where participants will receive their commemorative t-shirts and be greeted by the RBTS cheering team! For more information and to register visit mkerec.net/RBTS.

To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
**FOOTBALL**

**Elementary Flag Football League (Coed)**
Emphasis will be placed on participation, development of football skills, sportsmanship, and teamwork. Team placements will be determined at a later date. If you have any questions, call the Youth Sports Office at 414-475-8410.

Elementary Flag Football League (Coed) has been canceled for the Fall 2020 season. For more information please call (414) 475-8811.

**Middle School Flag Football League (Coed)**
Emphasis will be placed on participation, development of football skills, sportsmanship, and teamwork. Tackling will be limited. Athletes will receive a T-shirt and participation medal. Fee based on 1 hour of activity per session. THE DEADLINE TO REGISTER FOR THIS ACTIVITY IS SEPTEMBER 5, 2020.

Activity Code: 2RYS3701
(Section codes listed below)

- **Brinton Playfield (Ages 6-9)**.... BN01
  - (Grades 1st-3rd)
  - Sat, Sep 12-Oct 31, 9:00AM-11:00AM
  - $27 Residents/$41 Non-Residents

- **Brinton Playfield (Ages 10-12)**.... BN02
  - (Grades 4th-6th)
  - Sat, Sep 12-Oct 31, 11:00AM-2:00PM
  - $27 Residents/$41 Non-Residents

- **Pumping Station Playfield (Ages 6-9)**... PM01
  - (Grades 1st-3rd)
  - Sat, Sep 12-Oct 31, 9:00AM-11:00AM
  - $27 Residents/$41 Non-Residents

- **Pumping Station Playfield (Ages 10-12)**.... PM02
  - (Grades 4th-6th)
  - Sat, Sep 12-Oct 31, 11:00AM-2:00PM
  - $27 Residents/$41 Non-Residents

- **Wick Playfield (Ages 12-14)**.... W201
  - (Grades 7th-8th)
  - Sat, Sep 12-Nov 7, 9:00AM-12:00PM
  - $27 Residents/$41 Non-Residents

Please note, league programs subject to change. Any and all changes will be communicated as soon as possible.

**Tackle Football Organizations**
In collaboration with local youth organizations throughout the city, Milwaukee Recreation is pleased to announced the following youth tackle football team and league opportunities. For additional information about registration, level of competition, practices, and game schedules, please contact the organizations listed below directly.

- **Boys & Girls Clubs of Milwaukee**
  - Age Groups: 9-11 yrs old & 12-14 yrs old
  - Northside and Southside teams available

  **Contact:** Charles Jordan
  414-447-5333 ext 225
  Charles.Jordan@bgcmilwaukee.org

- **Bay View Area Redcats Tackle/Youth Football**
  - Teams available for grades 1st through 8th. No experience necessary. Boys and Girls welcome to play.
  - Season runs end of July through end of October.

  **Contact:** bvaredcats@sbcglobal.net or visit our website: www.bvaredcats.org.

- **The Neighborhood Children’s Sports League (NCSL)**
  - Youth Tackle Football & Cheerleading
  - Office: 414-939-3714
  - President: Freddie Keith 414-698-6319
  - Executive Director: Evan Kern 262-844-1794
  - Email: mkencsl@gmail.com
  - Online Registration & Website: www.ncslmke.com

- **Journey House Packers**
  - Grades 5th – 8th grade teams
  - 5th and 6th grade will be combined
  - 7th and 8th grade will be combined
  - Uniforms included with registration cost.

  **Contact:** Martin Weddle at 414-647-0548, ext: 133 or visit our website www.journeyhouse.org/athletics.html

**EVERYONE PLAYS!**
If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation Guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Limited scholarships available. Apply today! Please call 414.475.8180 or visit mkerec.net/scholarship to learn more and complete our short application.
MPS Drive

MPS Drive is a FREE driver education program for students meeting eligibility criteria that are currently enrolled in an MPS high school. The program serves students ready to begin driving as well as those with suspended driving privileges who need assistance with regaining driving eligibility. Students must be 15.5 by the first day of class and not older than 17.5 by the last day of class. The classroom and behind-the-wheel training are free, but a $35.00 fee to cover the cost of the temporary permit is due at the time of registration. Permit tests given during class are in English. Other language options are available at the Department of Motor Vehicle testing sites.

CLASS SCHEDULE: Classes will meet Mondays, Wednesdays, and Thursdays
ACTIVITY CODE: 2UDE3001 (Section codes listed below)

DATES: September 28, 2020 – October 29, 2020

<table>
<thead>
<tr>
<th>LOCATION</th>
<th>CLASS TIME</th>
<th>SECTION CODE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hamilton</td>
<td>5:30PM - 7:30PM</td>
<td>HA01</td>
</tr>
<tr>
<td>Madison</td>
<td>5:30PM - 7:30PM</td>
<td>MA01</td>
</tr>
<tr>
<td>MHSA</td>
<td>4:15PM - 6:15PM</td>
<td>MH01</td>
</tr>
<tr>
<td>MSL</td>
<td>4:15PM - 6:15PM</td>
<td>ML01</td>
</tr>
<tr>
<td>Obama SCTE</td>
<td>5:30PM - 7:30PM</td>
<td>CT01</td>
</tr>
<tr>
<td>Pulaski</td>
<td>4:00PM - 6:00PM</td>
<td>PK01</td>
</tr>
<tr>
<td>Reagan</td>
<td>3:00PM - 5:00PM</td>
<td>TL01</td>
</tr>
<tr>
<td>Riverside</td>
<td>4:15PM - 6:15PM</td>
<td>RS01</td>
</tr>
<tr>
<td>Rufus King</td>
<td>3:00PM - 5:00PM</td>
<td>RK01</td>
</tr>
<tr>
<td>South Division</td>
<td>5:30PM - 7:30PM</td>
<td>SD01</td>
</tr>
<tr>
<td>Washington</td>
<td>5:30PM - 7:30PM</td>
<td>WA01</td>
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DATES: November 9, 2020 – December 16, 2020

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<th>SECTION CODE</th>
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<tr>
<td>Bradley Tech</td>
<td>4:15PM - 6:15PM</td>
<td>MT02</td>
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<tr>
<td>Hamilton</td>
<td>5:30PM - 7:30PM</td>
<td>HA02</td>
</tr>
<tr>
<td>Marshall</td>
<td>5:30PM - 7:30PM</td>
<td>MR02</td>
</tr>
<tr>
<td>North Division</td>
<td>5:30PM - 7:30PM</td>
<td>ND02</td>
</tr>
<tr>
<td>Obama SCTE</td>
<td>5:30PM - 7:30PM</td>
<td>CT02</td>
</tr>
<tr>
<td>Reagan</td>
<td>3:00PM - 5:00PM</td>
<td>TL02</td>
</tr>
<tr>
<td>Riverside</td>
<td>4:15PM - 6:15PM</td>
<td>RS02</td>
</tr>
<tr>
<td>Rufus King</td>
<td>3:00PM - 5:00PM</td>
<td>RK02</td>
</tr>
<tr>
<td>South Division</td>
<td>5:30PM - 7:30PM</td>
<td>SD02</td>
</tr>
<tr>
<td>Vincent</td>
<td>4:30PM - 6:30PM</td>
<td>VN02</td>
</tr>
</tbody>
</table>

Online Class Option (MPS DRIVE ONLY) – In order to participate in the online class, students must have internet access and access to a computer, tablet or smartphone. Activity Code: 2UDE3001 DE10

Online Registration visit www.mkerec.net:
• User Name= MPS Student ID (Only enter numbers)
• Password= MPS Student Last Name (the first letter is capitalized)

Restorative Program
The restorative program is geared towards students between the ages of 15 and 17 years old and who have suspended driving privileges. At no cost, students will be paired with a staff attorney at the Center for Driver’s License Recovery and Employability to navigate the court process. Once driving privileges are restored, students will enroll in the MPS Drive classes. To enroll in the Restorative Program, contact Jodie at (414) 647-6044.

To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
**COMMUNITY-BASED DRIVER EDUCATION**

Certified Classes for Teens | Classes Open to Residents & Non-Residents

FEE FOR THE COURSE IS $150 FOR MILWAUKEE RESIDENTS/$275 FOR NON-RESIDENTS. (Not eligible for reduced fees.)

- Classes meet 3 days per week Monday, Wednesday, and Thursday
- Classes meet for 2 hours per session.
- If you miss three classes, for any reason, you will be dropped from the program with no refund.
- Orientation information will be on your receipt.

Please contact the Driver Education office at 414.647.6044 if you are in need of a sign language interpreter.

Activity Code: 2DRD3001 (Section codes listed below)

**Dates:** September 21, 2020 - October 28, 2020

<table>
<thead>
<tr>
<th>Location</th>
<th>Times</th>
<th>Section Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hamilton</td>
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<td>HA03</td>
</tr>
<tr>
<td>Marshall</td>
<td>5:30 pm – 7:30 pm</td>
<td>MR03</td>
</tr>
</tbody>
</table>

**Dates:** November 4, 2020 - December 16, 2020

<table>
<thead>
<tr>
<th>Location</th>
<th>Times</th>
<th>Section Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hamilton</td>
<td>5:30 pm – 7:30 pm</td>
<td>HA04</td>
</tr>
<tr>
<td>MSL</td>
<td>5:30 pm – 7:30 pm</td>
<td>ML04</td>
</tr>
</tbody>
</table>

**Online Class Option** (COMMUNITY-BASED ONLY) – In order to participate in the online class, students must have internet access and access to a computer, tablet or smartphone. Activity Code: 2DRD3001 DE20

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**Schedule Changes:**

Please note compliance with COVID-19 regulations may result in schedule changes. We will communicate these as soon as possible. Thank you for your understanding.

**Your Safety is our Priority:**

Please know we are taking the necessary precautions to ensure your safety while participating in Milwaukee Recreation programs. The use of face masks or cloth face coverings is required when inside Milwaukee Recreation facilities for all staff and participants over the age of 3, and required outside unless 6 feet apart from others. If you do not have a mask or face covering, one will be provided for you.

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Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
Twilight Centers are safe places for teens to hang out with their friends and are open to students ages 12-18.

See below for the fall schedule for each site. **Fall hours begin on August 24, 2020.**

**HIGH SCHOOL HOURS:**
Monday • Wednesday, 6:00PM - 9:00PM
Saturday, 6:00PM - 10:00PM

**AVAILABLE AT:** Madison, North Division, Obama, Pulaski, South Division, Washington

*Please note, Bay View Twilight Center will be CLOSED this fall.

**MIDDLE SCHOOL HOURS:**
Monday • Wednesday, 5:00PM - 8:00PM

**AVAILABLE AT:** Andrew Douglas

**NEW: ESPORTS NOW AVAILABLE AT MADISON, NORTH DIVISION, AND SOUTH DIVISION!**

Participants are being asked to wear face masks during Twilight hours. Should you need a face mask, one will be provided for you. To enter, students must bring an ID. Non-MPS middle school students must submit a Twilight Center Registration Form signed by a parent/guardian.

Please visit mkerec.net/twilight for more information and call (414) 475 - 8811 for more information. For program updates, text @twilighter to 81010.
**SOCcer**

**Just for Kicks Soccer**
Score the winning goal or make a diving save! Learn dribbling, trapping, and more through drills. Due to social distancing, no games/scrimmages will be played and parents will not be able to watch because of room restrictions. Rules, strategy, and teamwork will be introduced. Please bring your own ball if possible.

*Activity Code: 2RCE5901 (Section codes listed below)*

**Milwaukee Marshall (Ages 5-7)..... MR01**
Sat, Oct 10-Dec 5, 9:00AM-9:45AM
$14 Residents/$21 Non-Residents

**B.I.G. Soccer**
Soccer is great! Participants will continue to build on dribbling, heading, and trapping skills as well as develop some defense skills, all with an emphasis on FUN. Each skill will be taught thru drills that maximize repetition and learning. Due to social distancing, no games/scrimmages will be played. Parents will not be able to watch due to room restrictions. Please bring your own ball if possible.

*Activity Code: 2RCE5903 (Section codes listed below)*

**Milwaukee Marshall (Ages 7-11).... MR01**
Sat, Oct 26-Nov 14, 9:45AM-10:45AM
$18 Residents/$27 Non-Residents

**TENnis**

**Tennis**
Tennis instruction will expose youth to backhand/forehand grips and strokes using the latest aerobic and physical fitness conditioning exercises. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Participants in intermediate and advance should have solid foundation in tennis and completed the beginner level. Participants need to bring their own rackets. Parents will not be able to observe classes due to room restrictions.

*Activity Code: 2RCE6501 (Section codes listed below)*

**Milwaukee Marshall (Ages 6-12).... MR01**
(Beg.)
Sat, Oct 10-Dec 5, 9:30AM-10:30AM
$18 Residents/$27 Non-Residents

**Milwaukee Marshall (Ages 12-17). MR02**
(Int./Adv.)
Sat, Oct 10-Dec 5, 10:30AM-11:30AM
$18 Residents/$27 Non-Residents

**VOLleyball**

**Volleyball Academy**
Learn the fundamentals necessary to play more than ‘boom ball.’ This includes passing, serving, individual defense, setting and hitting approaches. Develop correct footwork, body positioning, timing, ball tracking and coordinated teamwork. Basic strategy and rules of the sport will be taught.

*Activity Code: 2RCE6801 (Section codes listed below)*

**MacDowell (Ages 7-10).......... JU01**
Sat, Sep 19-Nov 7, 11:30AM-12:30PM
$16 Residents/$24 Non-Residents

**MacDowell (Ages 11-14)............. JU02**
Sat, Sep 19-Nov 7, 12:45PM-1:45PM
$16 Residents/$24 Non-Residents

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*A word from our customers...*

The soccer coaches were amazing and exceeded expectations. They were positive at all times and encouraging to the kids!

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Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
Join us for the 27th annual

Halloween Glen

Join us for our 27th Annual Halloween Glen! Actors will present interactive and educational skits at eight decorated stations at Hawthorn Glen, Milwaukee Recreation’s 23-acre nature center. This year’s theme is Nature Babies, a brand-new generation of cuddly creatures and adorable little sprouts. Explore unusual origins, journey back to the beginning and discover that nature is hatching more than a plan. It’s time to appreciate the small things. After your journey, children will receive a treat and a take home craft kit!

Severe weather could impact this outdoor event. Please call (414) 475-8192 if the weather is questionable. For all other questions, please call (414) 647-6050.

AGES
Ages 3-12 and parent(s)/guardian(s). Children ages 2 and under may attend for free. Parent/guardian(s) must register, pay and attend with child and the number of children 2 and under must be indicated. Fee is per person and not eligible for reduced fees or refunds.

TYKE HIKE (4 STATIONS)
This shorter hike is perfect for little ones eager to join in on the adventure! Our energetic tour guides will lead tykes and their families on a hike visiting 4 of the 8 stations. Following the hike families are also welcome to watch Halloween cartoons, make craft projects and enjoy refreshments (concessions are cash only). We are offering this hike at a special price of $3.00 per person.

PICK-UP LOCATION
Pick-up location: MPS Central Services, 5225 W. Vliet St. (rear parking lot). Shuttle bus provided; there will be no parking at Hawthorn Glen. *Tyke Hike is a shorter hike perfect for little ones eager to join in on the adventure! (hikers will visit 4 of 8 stations). Halloween Glen will be held rain or shine.

COST
$6.00 per person for Residents and Non-Residents (5:00-8:00PM Sessions)
$3.00 per person for Residents and Non-Residents (4:30PM Tyke Hike)
Fee is per person and not eligible for reduced fees or refunds.

Due to the popularity of this event it is advised for you to register well in advance; space is limited. If our maximum registration is obtained prior to the event, on-site registrations at MPS Central Services will not be accepted.

BUS DEPARTURE TIMES FROM MPS CENTRAL SERVICES

WHAT TO EXPECT IN 2020
In efforts to abide by the CDC guidelines, we will be making the following changes: grab and go craft kits and treats, no cartoon station, smaller group sizes and social distancing measures.

Activity Code: 2P124002
(Section Codes listed below)

SCHEDULE

Friday, October 9th
5:45PM 45 people HG01
6:00PM 45 people HG02
6:15PM 45 people HG03
6:30PM 45 people HG04
6:45PM 45 people HG05
7:15PM 45 people HG06
7:30PM 45 people HG07
7:45PM 45 people HG08
8:00PM 45 people HG09
8:15PM 45 people HG10

Saturday, October 10th
4:30PM 45 people HG11 (Tyke Hike)
4:45PM 45 people HG12 (Tyke Hike)
5:00PM 45 people HG13
5:15PM 45 people HG14
5:30PM 45 people HG15
5:45PM 45 people HG16
6:00PM 45 people HG17
6:30PM 45 people HG18
6:45PM 45 people HG19
7:15PM 45 people HG20
7:30PM 45 people HG21

To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
**Outdoor Education • (414) 647-6050**

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**Hang-Made Gifts**
This is the perfect time of year to cozy up by our fire, prepare no-bake treats, listen to seasonal music and make hand-made gifts to give or (keep). Fee is per person. Parent/guardian must register, pay, and attend with child. Class fee includes supply cost, is non-refundable, and not eligible for reduced fees.

**Activity Code: 2P125062**
(Section codes listed below)

**Autumn Leaves**
Fall is a wonderful time to watch nature’s amazing transformation as it prepares itself for the coldest of seasons. Join us for a hike at Hawthorn Glen to un-ravel the stillness of late fall. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 2P125074**
(Section codes listed below)

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**Friday Night Tales for Tots**
This nature tale time includes a story, craft, and nature hike, or trip to our nature museum. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 2P125007**
(Section codes listed below)

**Sunset Hike**
Kick up some leaves and take in the views during nature’s most spectacular season. Explore Lapham Peak at dusk when the wildlife is abundant. Hike through the pine plantation and enjoy a short segment of the Ice Age Trail on the way to the observation tower. Sunsets are truly a masterpiece painted by Mother Nature. Be sure to bring your camera! Fee is per person. Parent/guardian must register, pay, and attend with a child. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 2P125064**
(Section codes listed below)

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**Turkey Day**
With Thanksgiving right around the corner, join us for a closer look at turkeys and learn where and how turkeys live in the wild. Create a turkey craft to take home, meet Hawthorn Glen’s resident turkey and understand why we should be thankful for turkeys! Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 2P125080**
(Section codes listed below)

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**Where Did They Go?**
Sometimes November can seem almost bleak. The bugs are quiet and the birds are leaving. The leaves have fallen and the flowers have faded. But where and why did all these things go? Join us for a hike at Hawthorn Glen to unravel the stillness of late fall. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 2P125081**
(Section codes listed below)

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**Wisconsin Rocks!**
Whatever genre of rock you are into, Wisconsin has 3 types of rocks and they are all underground. Unearth these distinctive categories and take a closer look at the wonderful life of rocks! We may even discover life in the rock. Learn about Wisconsin’s state rock, Milwaukee’s bedrock and examine the differences. This is probably the only class that will break into something millions of years old and no one will get in trouble. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 2P125083**
(Section codes listed below)

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**See Page 12 for Nature in Your Neighborhood!**

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Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
OUTDOOR SKILLS

Basic Knots
When in the course of human events, it becomes necessary to join two pieces of rope together, or secure your dog to a picnic table, or even stringing up a clothesline, you need to use some kind of knot. There are many different types of knots available, however, a knot that you use at a campsite might not work so well on a boat. Let us help!! We’ll help you understand how rope is made, the materials used and a few of the most useful knots. We will even show you how to ‘spin’ up a rope using tree bark. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125101
(Section codes listed below)

Hawthorn Glen (Ages 16 & up) .... HG01
Sat, Sep 5, 10:00AM-11:30AM
$5 Residents/$8 Non-Residents

Fire Starters
The ability to start a fire is one of the most important skills you can possess in a survival situation, not to mention a weekend camping trip. Did you know that you can start a fire with a can of Coke and a chocolate bar? We’ll discuss campfire preparation such as laying or building a fire, and how to light it. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125102
(Section codes listed below)

Hawthorn Glen (Ages 16 & up) .... HG01
Sat, Sep 12, 10:00AM-11:30AM
$5 Residents/$8 Non-Residents

Using a Compass & GPS
Have you ever gotten lost? It can be pretty scary. Knowing how to find your way in the wilderness can mean the difference between finding your car before the sun sets or wandering off in the wrong direction where you are forced to put into practice the outdoor skills you have learned (hint, hint!). You will be introduced to using a compass and GPS, while gaining the knowledge to participate in recreational forms of land navigation and geo-caching. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125104
(Section codes listed below)

Hawthorn Glen (Ages 16 & up) .... HG01
Sat, Sep 19, 10:00AM-11:30AM
$5 Residents/$8 Non-Residents

Knot a Beginner
Take your knot tying to the next level! If you are already comfortable with the difference between a square (reef) knot and a granny knot, know how to tie a clove hitch and an overhand knot, then this is the class for you! We will start with a brief review of the basics and then focus on slightly more ambitious knots and hitches. So, if you want skills that will allow you to impress your friends and family the next time you go camping or when you need to secure a load while helping someone move, you need knot look further as you’ve found the right class! Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125107
(Section codes listed below)

Hawthorn Glen (Ages 16 & up) .... HG01
Sat, Sep 26, 10:00AM-11:30AM
$5 Residents/$8 Non-Residents

SPACE SCIENCE

Autumn Planetarium
Come to the planetarium prepared to be ‘wowed’ as we dim the lights to explore the autumn skies. Autumn is a great time for star gazering in Milwaukee -- the nights are pleasantly cool and relatively bug free. Learn some of the fall constellations and the legends that put them in the sky. Bid farewell to the bird constellations as they migrate below the horizon. Programs are enjoyable for star gazers of all ages, especially children. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P126016
(Section codes listed below)

Hamilton (Ages 6 & up) ............... HG02
Thu, Sep 24, 6:30PM-7:45PM
$4 Residents/$6 Non-Residents

October Night Sky
The October night sky is more than just a Halloween backdrop, it is filled with starry creatures of its own. Join us for an evening of constellation lore and dare to explore with us the mysteries of space that send chills down the spines of astronomers. Fee is per person. Parent/guardian must register, pay, and attend with child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P126018
(Section codes listed below)

Madison (Ages 6 & up) ............... MA01
Tue, Oct 13, 6:30PM-7:45PM
$4 Residents/$6 Non-Residents

Ancient Astronomy
Astronomy is considered to be the most ancient science. The study of the sky was a vital part of early civilizations. The changing positions of the sun, moon, planets and stars were carefully noted as natural curiosity and astronomy became the backbone of social, political and religious systems. Discover archeoastronomy as we explore the observations of ancient Britain, Egypt, the Middle East and the Americas. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P126025
(Section codes listed below)

Hamilton ..................................... HA01
Tue, Dec 1, 6:30AM-7:45PM
$4 Residents/$6 Non-Residents

To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
THE LITTLE NATURE MUSEUM
AT HAWTHORN GLEN
1130 NORTH 60TH STREET

HOURS
Monday - Friday: 4-5PM
Saturday & Sunday: 11AM-12PM and 3-4PM

Attendance is FREE! Come visit our Little Nature Museum & see animals native to Wisconsin, including tree frogs, several species of turtles & snakes, and many birds, even a hawk.

LAPHAM PEAK RENTALS

The Hausmann Nature Center is nestled in a beautiful wooded setting inside the Lapham Peak Unit of Kettle Moraine State Forest, just 30 miles west of Milwaukee. It is a perfect place to host birthday parties, showers, wedding receptions, or business meetings/retreats.

Hours of availability are approximately 8 AM - 10 PM, with several different rental options.

For pricing and more information visit mkerec.net/LPRental. Please call (414) 647-6050 to make your reservations.

HAWTHORN GLEN RENTALS

Hawthorn Glen is a perfect place to host a small gathering. Reserve your next birthday party, shower, family event or meeting space with us (March - November)!

- Assembly Room (indoor), maximum 65 people
- Picnic Area #1, maximum 150 people
- Picnic Area #2, maximum 75 people

For reservations or more information, call the Outdoor Education Office at (414) 647-6050. Additional information is available at: mkerec.net/Hawthorn-Glen
COMMUNITY WELLNESS

Mil“WALK”ee
Join our walking club and explore Milwaukee with us! Each week you will start at the location listed, walk the distance, and end back at the same spot. Class size limited to 9 participants. Please contact Erica at 414-475-8775 with questions.

Activity Code: 2PL59003
(Section codes listed below)

Colectivo Coffee Lakefront .......... WN01
(1701 N Lincoln Memorial Dr; 3 miles - Fast Group)
Tue, Sep 15, 10:00AM-11:15AM
FREE

Colectivo Coffee Lakefront .......... WN02
(1701 N Lincoln Memorial Dr; 3 miles - Slow Group)
Tue, Sep 15, 10:15AM-11:30AM
FREE

Anodyne .................................... WN03
(2920 S Kinnickinnic Ave; 3 miles - Fast Group)
Tue, Sep 22, 10:00AM-11:15AM
FREE

Anodyne .................................... WN04
(2920 S Kinnickinnic Ave; 3 miles - Slow Group)
Tue, Sep 22, 10:15AM-11:30AM
FREE

Valentine ..................................... WN05
(5918 W Vliet St; 3 miles - Fast Group)
Tue, Sep 29, 10:00AM-11:15AM
FREE

Valentine ..................................... WN06
(5918 W Vliet St; 3 miles - Slow Group)
Tue, Sep 29, 10:15AM-11:30AM
FREE

Stone Creek Coffee ...................... WN07
(158 S Barclay; 4 miles - Fast Group)
Tue, Oct 6, 10:00AM-11:15AM
FREE

Stone Creek Coffee ...................... WN08
(158 S Barclay; 4 miles - Slow Group)
Tue, Oct 6, 10:15AM-11:30AM
FREE

Rochambo .................................. WN09
(1317 E Brady St; 4 miles - Fast Group)
Tue, Oct 13, 10:00AM-11:15AM
FREE

Rochambo .................................. WN10
(1317 E Brady St; 4 miles - Slow Group)
Tue, Oct 13, 10:15AM-11:30AM
FREE

Fuel Cafe ................................... WN11
(818 E Center St; 4 miles - Fast Group)
Tue, Oct 20, 10:00AM-11:15AM
FREE

Fuel Cafe ................................... WN12
(818 E Center St; 4 miles - Slow Group)
Tue, Oct 20, 10:15AM-11:30AM
FREE

Fitness in the Park Yoga
Practicing Yoga outdoors has many benefits including increasing body awareness, strength and flexibility while connecting you deeper with nature. Join us for an outdoor yoga class that will take you through a series of poses and breath work. Bring your own exercise mat and water. Class size limited to max of 9 participants. Contact Erica@mkerec.net with questions.

Activity Code: 2PL59006
(Section codes listed below)

Hawthorn Glen ............................. WN01
Wed, Sep 16-Oct 21, 5:30PM-6:30PM
FREE

Wick Playfield .............................. WN02
(Meet in Wick Field Parking Lot)
Sat, Sep 19, 10:00AM-11:00AM
FREE

Fitness in the Park Bootcamp
Join us for an outdoor bootcamp class to challenge your entire body! Each class will include some strength, cardio and stretching exercises to give you a total body workout. Class is geared towards all fitness levels. Bring an exercise mat and water. Class size limited to max of 9 participants. Contact Erica@mkerec.net with questions.

Activity Code: 2PL59007
(Section codes listed below)

Custer Playfield .......................... WN01
(4001 W Custer Ave)
Mon, Sep 14-Oct 5, 4:00PM-4:45PM
FREE

Southgate Playfield ...................... WN04
(3350 S 25th St)
Thu, Sep 17-Oct 8, 4:00PM-4:45PM
FREE

Wick Playfield .............................. WN02
(Meet in Wick Parking Lot)
Tue, Sep 15-Oct 6, 5:00PM-5:45PM
FREE

Fitness in the Park Bootcamp
Join us for an outdoor bootcamp class to challenge your entire body! Each class will include some strength, cardio and stretching exercises to give you a total body workout. Class is geared towards all fitness levels. Bring an exercise mat and water. Class size limited to max of 9 participants. Contact Erica@mkerec.net with questions.

Activity Code: 2PL59007
(Section codes listed below)

Custer Playfield .......................... WN01
(4001 W Custer Ave)
Mon, Sep 14-Oct 5, 4:00PM-4:45PM
FREE

Southgate Playfield ...................... WN04
(3350 S 25th St)
Thu, Sep 17-Oct 8, 4:00PM-4:45PM
FREE

Wick Playfield .............................. WN02
(Meet in Wick Parking Lot)
Tue, Sep 15-Oct 6, 5:00PM-5:45PM
FREE

Yoga
Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 2PL59004
(Section codes listed below)

Beulah Brinton ............................ BN01
Fri, Sep 25-Oct 30, 10:30AM-11:30AM
FREE

Health Insurance for You and Your Family

together with CHP

1-844-708-3837
togetherCCHP.org

To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
A Note Regarding Fall 2020 Aquatics Programming

For the safety of our staff and participants, fall aquatics activities will not be offered at this time. Future updates regarding the status of our aquatics program will be posted on Facebook and mkerec.net. We appreciate your understanding.

Save the date for...

Winter Wonder Woods

December 11, 12, 18 & 19  |  5:00-8:30PM
1130 N. 60th Street, Milwaukee, WI 53208

More details to come!
Books and Barks: Reading Program Builds Confidence for Students and Dogs
Brian Foley, Marketing Supervisor

Inspired to create an environment of self-confidence for both the children of Milwaukee and the city’s sheltered dogs, Milwaukee Recreation and the Wisconsin Humane Society established the Book Buddies reading program through the Community Learning Centers (CLCs) at Clarke Street School and Westside Academy.

During this five-week program, students and chaperones from Milwaukee Recreation’s CLCs traveled to the Humane Society to read to and interact with the dogs at the shelter. Book Buddies was created through Milwaukee Recreation’s before- and-after-school program to pair Milwaukee youth with sheltered dogs. April Heding, Milwaukee Recreation’s supervisor for the Partnership of Arts & Humanities, noticed a similar program in Missouri, and was motivated to start a pilot version in Milwaukee.

“This program has proven to be a delight for everyone involved: the Wisconsin Humane Society staff and volunteers, the shelter visitors, the dogs, and the program participants,” Heding said. “The staff and volunteers at the Humane Society enjoy seeing the program in action. Families that visit the shelter in search of a new pet have pulled staff aside to say they admire the program.”

The students are able to choose from a list of 32 books, with stories that range from general animal care to the importance of empathy. Popular titles include: “Because of Winn-Dixie,” “Diary of a Wombat,” “The Pigeon Wants a Puppy,” and “The Bravest Cat! The True Story of Scarlett.”

At the beginning of each session, the nervous anxiety is palpable for both the students and the dogs, as the dogs stir in their shelters and the kids cautiously approach with their books in hand. But once the children begin reading their tales aloud, all parties almost instantaneously relax. The students are more comfortable with their books and the animals, while the dogs have almost a calm curiosity about them.

The benefits of Book Buddies are multi-fold. Not only do the students practice their reading skills in front of a friendly audience, they also absorb information about the Humane Society and become more comfortable around animals. At the end of each session, the students have the opportunity to interact with other Humane Society residents, including cats, rabbits, and more.

“By sitting down next to a dog and reading to them, all threats of being judged disappear,” Britney Kruesel, the Wisconsin Humane Society Youth Program Specialist, said. “The student relaxes and focuses on the skill of reading, building self-esteem, and associating reading with something pleasant.

“In turn, the dogs in the shelter develop social skills that give them a better chance of being adopted, and provide them with much needed one-on-one time with a companion in a calm, non-stressful environment.”

The Humane Society offers outreach programs with free pet services for underserved neighborhoods across Milwaukee. “Because we want to build intergenerational relationships in the neighborhoods we serve, we focus on CLC programs in our outreach communities for the Book Buddies program,” Kruesel said.

Book Buddies has the power to change lives for so many Milwaukeeans – the students, the staff, the dogs, even the families who adopt the pups that participated in the program. Kruesel relayed one tale that highlighted the value of Book Buddies. Following the final session of the program, while the CLC group loaded onto the bus for the final time, she heard one student whisper, “this is something I’ll remember my whole life.”
ARTS & CRAFTS

Drawing & Painting
Whether you are a beginner or a pro, join us for adventures in all types drawing and painting! Work independently or follow weekly lessons and challenges to grow your artistic skills! Above all, have fun! Basic supplies will be provided. If you have any questions, please contact us at (414) 647-6041.

50+
Activity Code: 2RS50902
(Section codes listed below)

Enderis Playfield (Ages 50 & up)... EF01
Tue, Sep 8-Oct 13, 5:00PM-7:00PM
$23 Residents/$28 Non-Residents

50+
Activity Code: 2RS50903
(Section codes listed below)

Enderis Playfield (Ages 50 & up)... EF02
Tue, Oct 20-Nov 24, 5:00PM-7:00PM
$23 Residents/$28 Non-Residents

Craft Club
Crafting fun for everyone. No experience necessary! Explore all types of crafts in a friendly and nurturing atmosphere! Be amazed at your secret creative skills! A $20.00 (cash only) supply fee is due to the instructor at the first class. If you have any questions, please contact us at (414) 647-6041.

50+
Activity Code: 2RS50903
(Section codes listed below)

Enderis Playfield (Ages 50 & up)... EF01
Tue, Sep 8-Nov 24, 9:00AM-12:00PM
$15 Residents/$23 Non-Residents

Acrylic Painting
In this course you will have fun learning painting techniques such as recognizing shapes, light sources, and values. Beginners to advanced will improve at their own pace. We will start with working from photographs along with professional guidance from award-winning artist Laura Easey-Jones. A supply list will be provided on the first day of class. If you have any questions, please contact us at (414) 647-6045.

50+
Activity Code: 2RS50913
(Section codes listed below)

OASIS ........................................... 5501
Mon, Sep 7-Oct 12, 9:30AM-11:30AM
$26 Residents/$39 Non-Residents

OASIS ........................................... 5503
Mon, Oct 19-Nov 23, 9:30AM-11:30AM
$26 Residents/$39 Non-Residents

Acrylic Painting
This is an exciting, intuitive, hands-on class for anyone who wants to have fun while learning how easy it is to produce impressive acrylic paintings using dynamic and intuitive painting techniques! No previous painting ability is required. You do not have to be an artist to participate, but if you are already experienced, this new approach may just take your own work to new heights! A demonstration begins each class. Supply lists are available on the community centers’ Facebook® pages: https://goo.gl/bwvnHd.

Activity Code: 2RAE0901
(Section codes listed below)

Riverside ........................................ RS01
Tue, Sep 15-Nov 3, 6:00PM-8:00PM
$50 Residents/$75 Non-Residents

Basic Jewelry Making
Make beautiful jewelry by starting easy with a pair of earrings; progress to a bracelet and then a necklace. Class is for beginners or crafters with little beading experience. Instructor will provide coaching on stringing, use of soft wires, clasps, jump rings, split rings, multi-strand bracelets and necklaces, making wrapped loops, use of tools, and making your project fit well. A $5.00 (cash only) supply fee will be due to the instructor at the first class. Students will be provided a list of supplies/materials to purchase for weeks 2-6.

Activity Code: 2RAE0902
(Section codes listed below)

Milwaukee Marshall ............................ MR01
Sat, Sep 26-Oct 31, 10:00AM-11:30AM
$24 Residents/$36 Non-Residents

Milwaukee Marshall ............................ MR02
Sat, Nov 7-Dec 12, 10:00AM-11:30AM
$24 Residents/$36 Non-Residents

Crocheting / Knitting
Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

Activity Code: 2RAE0905
(Section codes listed below)

Milw School of Language ............ ML01
Mon, Sep 21-Nov 9, 6:30PM-8:30PM
$44 Residents/$66 Non-Residents

Parkside ............................... FR01
Wed, Sep 23-Nov 11, 6:00PM-8:00PM
$44 Residents/$66 Non-Residents

Parkside ............................... FR04
Wed, Dec 2-Jan 13, 6:00PM-8:00PM
$29 Residents/$44 Non-Residents

Landscape Painting
This relaxing class will explore landscape painting in the comfort of the classroom. We will use acrylics and work from photos. The goal of the class is to develop your own interpretation. Class starts with a short demonstration to get you started. Learn to paint and change the way you see the world. The supply list is available on Facebook: https://goo.gl/bwvnHd.

Activity Code: 2RAE0907
(Section codes listed below)

Riverside ........................................ RS01
Level 1
Wed, Sep 16-Nov 4, 6:00PM-8:00PM
$50 Residents/$75 Non-Residents

Painting Portraits from Photos
Painting in acrylic or oil we will learn to see others in an artistic way. Realizing your own approach will be the goal of this class. We will start with a drawing and progress onto painting. Bone structure, muscles and anatomy will be covered. Each class starts with a short demonstration to get you started. The supply list is available on Facebook: https://goo.gl/bwvnHd.

Activity Code: 2RAE0910
(Section codes listed below)

Riverside ........................................ RS01
Mon, Sep 14-Nov 2, 6:00PM-8:00PM
$50 Residents/$75 Non-Residents

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
Watercolor Painting
Create splendid, watercolor images applying magical layering of this transparent media. Explore expressive, effortless methods and techniques. Instructor offers demos and enthusiastic, personal guidance. Bring supplies to all sessions (call Brinton for supply list 414-481-2494).
Activity Code: 2RAE0917
(Section codes listed below)

Beulah Brinton ....................... BN01
(Beg.)
Thu, Sep 10-Sep 24, 6:00PM-8:00PM
$19 Residents/$29 Non-Residents

Parkside ................................ FR01
(Beg.)
Thu, Nov 12-Nov 19, 6:00PM-8:00PM
$13 Residents/$20 Non-Residents

Parkside ................................ FR02
(Int./Adv.)
Thu, Nov 12-Nov 19, 7:00PM-9:00PM
$13 Residents/$20 Non-Residents

parkside ................................ FR03
(Beg.)
Thu, Dec 10-Dec 17, 6:00PM-8:00PM
$13 Residents/$20 Non-Residents

Parkside ................................ FR04
(Int./Adv.)
Thu, Dec 10-Dec 17, 7:00PM-9:00PM
$13 Residents/$20 Non-Residents

Creative Crochet Techniques
This class will review basic stitches before practicing heavier texture stitches like popcorns, shells, and post stitches. After creating swatches, we will discuss how to turn these stitches into different kinds of accessories. In preparation for spring we will focus on mesh and lace stitches. We will create swatches and learn to block these items, then discuss how to turn lightweight fabrics into beautiful summer shawls or home items. Bring a skein of light colored yarn of your choice with an appropriate hook (check the yarn label for hook size).
Activity Code: 2RAE0926
(Section codes listed below)

Beulah Brinton ....................... BN01
(New Stitches)
Mon, Sep 14-Nov 2, 10:30AM-11:30AM
$24 Residents/$36 Non-Residents

Glass Blowing
Come melt your problems away-Experience Glass Blowing. All classes work on aspects of blocking, marvering, shaping and applying color. Students will create their own work of art in one workshop. The individual process takes approximately 15 minutes per student. Please arrive at least 15 minutes before the start of your class to discuss safety procedures and choose colors. Class sizes have been reduced to allow for proper social distancing between students. Your individual art piece may be picked up 48 hours after your experience. Please ask your instructor for pick up times. Bring water and snacks to class. Fee includes supply cost and is non-refundable. Classes held at: Square One Art Glass, 5322 W. Vliet Street, www.squareoneartglass.com
Activity Code: 2RAE0928
(Section codes listed below)

Square One Art Class ..............SG16
(Pumpkins)
Sat, Oct 17, 10:15AM-11:15AM
$75 Residents/$113 Non-Residents

Square One Art Class ..............SG17
(Pumpkins)
Sat, Oct 17, 11:30AM-12:30PM
$75 Residents/$113 Non-Residents

Square One Art Class ..............SG04
(Gazing Balls)
Wed, Oct 21, 5:30PM-6:30PM
$50 Residents/$75 Non-Residents

Square One Art Class ..............SG18
(Gazing Balls)
Wed, Oct 21, 6:45PM-7:45PM
$50 Residents/$75 Non-Residents

Square One Art Class ..............SG19
(Gazing Balls)
Wed, Oct 21, 8:00PM-9:00PM
$50 Residents/$75 Non-Residents

Square One Art Class ..............SG06
(Orb)
Sat, Nov 21, 9:00AM-10:00AM
$40 Residents/$60 Non-Residents

Square One Art Class ..............SG20
(Orb)
Sat, Nov 21, 10:15AM-11:15AM
$40 Residents/$60 Non-Residents

Square One Art Class ..............SG21
(Orb)
Sat, Nov 21, 11:30AM-12:30PM
$40 Residents/$60 Non-Residents

Square One Art Class ..............SG08
(Orb)
Sat, Dec 12, 9:00AM-10:00AM
$40 Residents/$60 Non-Residents

Square One Art Class ..............SG22
(Orb)
Sat, Dec 12, 10:15AM-11:15AM
$40 Residents/$60 Non-Residents

Square One Art Class ..............SG23
(Orb)
Sat, Dec 12, 11:30AM-12:30PM
$40 Residents/$60 Non-Residents

To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
Iroquois Raised Beading
The Iroquois developed this technique during the Victorian Era to sell beading art to help support their families. Learn simple Iroquois raised beading techniques and learn the history and culture of the Haudenosaunee (People of the Longhouse). A $15.00 (cash only) supply fee is due to the instructor at the first class.

Activity Code: 2RAE0936
(Section codes listed below)

Hamilton ........................................... HA01
Wed, Sep 23-Oct 28, 6:00PM-8:00PM
$34 Residents/$51 Non-Residents

Crochet Your Winter Hat
It’s not technically fall yet and we’re talking about a winter hat. This class will prepare you for the inevitable. Previous experience is not required.

Please bring a crochet hook and yarn.

Activity Code: 2RAE0950
(Section codes listed below)

Beulah Brinton ................................. BN01
Sat, Sep 19, 9:00AM-12:00PM
$11 Residents/$17 Non-Residents

Realistic Acrylic Painting
Taught by illustrator and animation artist Brad Krause (http://radiance-media.com/index.php/illustration/traditional) this course will teach you, step by step, how to simply and realistically paint still life, portraiture, or any scene you would like using acrylic paint. Prepared boards with a drawing already applied will be supplied to students, or you can bring in your own reference photos and paint from them.

At the end of the week you will have a finished, or nearly finished, painting, and the skills needed to complete future art projects using the same techniques and tools. All supplies are included in class. Class fee is non-refundable.

Activity Code: 2RAE0982
(Section codes listed below)

Vincent ............................................ VN02
Wed, Oct 7-Oct 28, 6:00PM-8:00PM
$34 Residents/$51 Non-Residents

Realistic Drawing
You can learn to draw everything realistically. Learn the techniques professional artists use to construct a believable scene. Learn the basics of perspective and how to apply them to everything from landscapes to buildings to people. Learn about how light and shade works and how to interpret it on any drawn object. Learn how to build a composition from a rough drawing, through collecting the proper reference photos, to a finished composition. All supplies included. Class fee is non-refundable. Summer Class at Vincent has been cancelled. Class is being offered at Marshall.

Activity Code: 2RAE0983
(Section codes listed below)

Vincent ............................................ VN01
Mon, Oct 5-Oct 26, 6:00PM-8:00PM
$39 Residents/$59 Non-Residents

Explore the Art of Sketching
Explore drawing layout techniques as you learn One, Two, and Three point perspective, planes in the artistic sense and learn to draw a human face. A $10.00 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 2RAE0985
(Section codes listed below)

Hamilton ........................................... HA01
Tue, Sep 22-Oct 13, 6:00PM-8:00PM
$24 Residents/$36 Non-Residents

Explore Painting with Acrylics
Learn how to apply, blend, and layer and the correct way of mixing colors. We will discuss how colors of light affects the colors of the object when it is lit. Students are encouraged to bring photographs they would like to paint within each class. A $10.00 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 2RAE0986
(Section codes listed below)

Hamilton ........................................... HA01
(Beg.)
Thu, Sep 24-Oct 29, 6:00PM-8:00PM
$34 Residents/$51 Non-Residents

Hamilton ........................................... HA02
(Adv.)
Thu, Nov 5-Dec 17, 6:00PM-8:00PM
$34 Residents/$51 Non-Residents

Schedule Changes:
Please note compliance with COVID-19 regulations may result in schedule changes. We will communicate these as soon as possible. Thank you for your understanding.

Your Safety is our Priority:
Please know we are taking the necessary precautions to ensure your safety while participating in Milwaukee Recreation programs. The use of face masks or cloth face coverings is required when inside Milwaukee Recreation facilities for all staff and participants over the age of 3, and required outside unless 6 feet apart from others. If you do not have a mask or face covering, one will be provided for you.

Sew ‘N Prove
Want to learn how to sew and repair your clothing or accessories? Sew ‘N Prove will explore sewing techniques, and seam/hem finishes. In addition, you will be exposed to how to thread a sewing machine, read and cut pattern designs to utilize for fabric cutting and create new clothing items such as t-shirts and shorts/pants. All supplies included. Class fee is non-refundable.

Activity Code: 2RAE0987
(Section codes listed below)

Washington ................................. WA01
Thu, Sep 17-Oct 22, 6:30PM-8:30PM
$44 Residents/$66 Non-Residents

Sewing 101
Been a long time since you touched a sewing machine? Maybe never? This class will teach you the basics of sewing machines, sewing terminology and techniques, and working with patterns. Supply list provided at the first class to create an easy bag. Sewing machines are available or bring your own.

Activity Code: 2RAE0988
(Section codes listed below)

Hamilton ........................................... HA01
Thu, Sep 24-Nov 12, 6:00PM-8:30PM
$55 Residents/$83 Non-Residents

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
Explore Watercolor Painting
This is an introduction course to techniques of painting with water colors. Course will introduce students to application techniques and different ways to prep painting surfaces as well as discuss the fundamental differences in painting with water color versus painting with acrylics. Course will cover three different forms of watercolor mediums. A $10.00 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.
Activity Code: 2RAE0990
(Section codes listed below)

Hamilton ................................. HA01
Tue, Oct 20-Nov 10, 6:00PM-8:00PM
$24 Residents/$36 Non-Residents

Knitting
Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.
Activity Code: 2RAE0997
(Section codes listed below)

Hamilton ................................. HA01
Thu, Sep 24-Nov 12, 6:30PM-8:30PM
$44 Residents/$56 Non-Residents

Crocheting
Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.
Activity Code: 2RAE0999
(Section codes listed below)

Hamilton ................................. HA01
Mon, Sep 21-Nov 9, 6:30PM-8:30PM
$44 Residents/$56 Non-Residents

WEAVING
AND FIBER ARTS

ABK Weaving Center
Gaenslen School
1250 E. Burleigh St.
414-267-5771
www.abkweavingcenter.com

Not Your Grandma’s Knitting
Learn to knit and make cool contemporary accessories with your first project! This group includes continuing students and beginners. Instructor: MaryLee Knowlton
Activity Code: 2RAE6903
(Section codes listed below)

Gaenslen ................................. GS01
Thu, Sep 17-Nov 5, 4:00PM-6:00PM
$41 Residents/$41 Non-Residents

Weaving Basics and Beyond
Beginners will learn to warp the loom and weave a sampler of patterns. Weavers beyond beginning level continue the learning process with a project of choice. Fee does not include materials purchased from weaving center. Fee includes supply cost and is non-refundable.
Activity Code: 2RAE6905
(Section codes listed below)

Gaenslen ................................. GS01
Mon, Sep 14-Nov 2, 10:00AM-12:30PM
$54 Residents/$54 Non-Residents

Bobbin Lace
Bobbin lace is a form of weaving that dates back to the 16th Century. New students will learn how to wind the bobbins (warp), the 3 basic stitches, and read a pattern. Instructor: Naomi Holthaus
Activity Code: 2RAE6911
(Section codes listed below)

Gaenslen ................................. GS01
(Intro to Bobbin Lace)
Mon, Sep 14-Nov 2, 1:00PM-3:00PM
$13 Residents/$13 Non-Residents

Tapestry Weaving
Tapestry weaving is the ideal way to create visual impact using the warp as your canvas and yarn as your paint. We will learn basic techniques to build on by weaving a sampler and by looking at examples of how these techniques can be used in designing. As tapestry is a slow process, you will be encouraged to work on your projects at home between classes. There are a few tapestry frame looms available for rental. Instructor: Peggy MacArthur
Activity Code: 2RAE6919
(Section codes listed below)

Gaenslen ................................. GS01
Tue, Sep 15-Nov 3, 10:00AM-12:30PM
$54 Residents/$54 Non-Residents

Zen Stitch
Stitching by hand is a way to stimulate your inner creativity and become present in the moment. In this class we will explore Zen stitchery through hand sewing, embroidering, and embellishing with beads, buttons and baubles as a way to transform materials while relaxing and letting go of everyday worries. You can stitch away for the sheer pleasure of doing so, or work toward a creative project to tell your personal story through a pillow, book cover, bag or even a small quilt.
Activity Code: 2RAE6955
(Section codes listed below)

Gaenslen ................................. GS01
Wed, Sep 16-Nov 4, 10:00AM-12:00PM
$34 Residents/$34 Non-Residents
CYCLING AND BIKE MAINTENANCE

Bike Maintenance with Billie
This class will teach you the skills needed to keep and maintain your bike in fine working order. These skills will save you time, money and make your rides easier and safer. With a few tools, you can make your bike rideable. This class is for beginners. In this class you will cover the following: changing a flat tire, fixing a slipped chain, completing a minor brake repair and seasonal cleaning. Class taught by Billie Myhra. Please bring your bike to class. Youth and adult classes are combined. Class fee is non-refundable. Supplies and tools provided by coastinnbikes.com.

Activity Code: 2RAE2807
(Section codes listed below)

MacDowell .................................. JU01
Sat, Sep 26, 10:00AM-11:30AM
$7 Residents/$11 Non-Residents

Riverside .................................. RS01
Sat, Sep 19, 10:00AM-11:30AM
$7 Residents/$11 Non-Residents

Vincent .................................... VN01
Sat, Oct 3, 10:00AM-11:30AM
$7 Residents/$11 Non-Residents

DANCE

Adult Ballet
Ballet can offer you a complete physical workout. Dance your way to better flexibility, strength, and posture!

Activity Code: 2RAE2901
(Section codes listed below)

Milw School of Language .......... ML01
Mon, Sep 21-Nov 9, 7:15PM- 8:40PM
$34 Residents/$51 Non-Residents

African Dance
Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome. Class is combined with youth class. Summer class at Vincent is cancelled.

Activity Code: 2RAE2902
(Section codes listed below)

Riverside .................................. RS01
Sat, Sep 12-Oct 31, 1:00PM- 2:00PM
$26 Residents/$39 Non-Residents

Riverside .................................. RS02
Sat, Dec 5-Jan 9, 12:00PM- 12:55PM
$18 Residents/$27 Non-Residents

American Tribal Style Belly Dance
This class is based on group improvisational and synchronized movements that are a fusion of traditional and folkloric dances from the Middle East, Africa, Western Europe and Asia. American Tribal style of belly dance embodies strength and beauty, working all muscles in the body. Required: Zils (finger cymbals). Instructor will provide information on where to purchase Zils. Recommended: Hip scarf.

Activity Code: 2RAE2903
(Section codes listed below)

Riverside .................................. RS01
Tue, Sep 15-Nov 3, 6:30PM- 8:00PM
$39 Residents/$59 Non-Residents

Ballroom Survival
When you attend a wedding or reunion, are you envious of the people gliding across the dance floor? Learn to waltz, fox-trot, cha-cha, etc., so that when the next song plays, you are the one sweeping others off their feet. Wear casual dress shoes. A partner is recommended. Fee is per person.

Activity Code: 2RAE2904
(Section codes listed below)

Milw School of Language .......... ML01
(Beg./Int.)
Mon, Sep 21-Nov 9, 7:00PM- 8:00PM
$24 Residents/$36 Non-Residents

Urban Line Dance
Are you tired of trying to learn the latest line dances or trying to learn them at social gatherings? Join us and you’ll no longer have to worry about catching up; you’ll already know all the latest dances. All skill levels welcome. Wear comfortable shoes and clothing.

Activity Code: 2RAE2912
(Section codes listed below)

Milwaukee Marshall ................. MR01
Wed, Sep 23-Oct 21, 6:00PM- 7:00PM
$16 Residents/$24 Non-Residents

Milwaukee Marshall ................. MR02
(Int./Adv.)
Wed, Sep 23-Oct 21, 7:15PM- 8:15PM
$18 Residents/$27 Non-Residents

Milwaukee Marshall ................. MR03
Wed, Oct 28-Dec 2, 6:00PM- 7:00PM
$16 Residents/$24 Non-Residents

Milwaukee Marshall ................. MR04
(Int./Adv.)
Wed, Oct 28-Dec 2, 7:15PM- 8:15PM
$16 Residents/$24 Non-Residents

Milwaukee Marshall ................. MR05
(Beg)
Mon, Sep 28-Nov 16, 6:15PM- 7:15PM
$24 Residents/$36 Non-Residents

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Please note most class sizes will be limited to nine (9) participants. • www.mkrec.net
Hawaiian Dance
Aloha! Hawaiian Dance offers something that every “body” can enjoy and engages the body, mind, and spirit. While targeting the waist, hips, stomach, calves, and arms, Hawaiian Dance also provides a low-impact and cardiovascular workout. Many Hawaiian songs are about nature; the waves, wind, flowers, rain, clouds, etc. Ease tension and stress by visualizing and interpreting the words and movement as your mind is transported away to the Islands.
Activity Code: 2RAE2924  
(Section codes listed below)
Milw School of Language ............. ML01
Mon, Sep 21-Nov 9, 6:00PM-7:00PM  
$24 Residents/$36 Non-Residents

FINANCE

Estate Planning for Peace of Mind
Everyone, regardless of age or wealth, should have an estate plan. Wills, trusts, and beneficiary planning provides necessary direction and continuity when passing on your assets after death. Estate planning also plans for lifetime incapacity through health care powers of attorney, financial powers of attorney, and proper financial planning for your long term needs. We will discuss strategies to help you protect your assets and ease the burden of your loved ones. Class taught by Jacqueline L. Messler, attorney, Davis and Kuelthau, Jennifer Roettgers, Financial Adviser, Robert W. Baird, and Brian M. Wielgus, Accredited Wealth Management Advisor, Robert W. Baird. Class fee is non-refundable.
Activity Code: 2RAE3410  
(Section codes listed below)
Hamilton ___________________________ JU02
Wed, Nov 11, 6:00PM-8:00PM  
$8 Residents/$12 Non-Residents

FITNESS

Arthritis Exercise
This program features gentle, joint-safe exercises developed specifically for people with arthritis to help relieve stiffness, decrease arthritis pain and improve balance. The course incorporates the optional use of resistance bands and weights for an added workout as well as interactive health education lessons and stress-reducing relaxation techniques to help participants better manage their arthritis. The low-impact exercises can be done while sitting, standing or on the floor. Led by certified yoga instructors. Class is non-refundable. If you have any questions, please contact us at (414) 647-6065.
Activity Code: 2RS53501  
(Section codes listed below)

Zumba Gold
Zumba® Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Join other older adults that want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold® is the perfect fit. It is a dance-fitness class that feels friendly, and most of all, fun.
Activity Code: 2RS53503  
(Section codes listed below)

Gentle Yoga
You can be fit at any age and healthy at any size. Registered yoga instructor, Gail Vella, will help you learn to let go of stress, relax and breathe as you strengthen your body and calm your mind. If you have any questions, please contact us at (414) 647-6065.
Activity Code: 2RS53504  
(Section codes listed below)

OASIS (Ages 50 & up) .................... 5502
Tue, Sep 1-Dec 15, 9:00AM-10:00AM  
$26 Residents/$39 Non-Residents

OASIS (Ages 50 & up) .................... 5501
Fri, Sep 4-Dec 4, 11:15AM-12:00PM  
$26 Residents/$39 Non-Residents

T’ai Chi / Exercise
A variety of mild exercises and movements. Wear comfortable, loose-fitting clothing and non-skid tennis shoes. If you have any questions, please contact us at (414) 647-6041.
Activity Code: 2RS53510  
(Section codes listed below)

Enderis Playfield (Ages 50 & up) ... EF01
Mon, Sep 7-Dec 14, 9:00AM-9:45AM  
$25 Residents/$35 Non-Residents

Senior Fitness Class
You CAN Do This Fitness Class is about dynamic muscle and toning exercises that include stretching, cardio, strength training and abdominal work. This fit camp is designed to teach techniques that would improve and maintain muscle tone, functional strength and overall cardiovascular health. A variety of apparatus will be introduced such as light weights, Resist-a-Balls, and more! If you have any questions, please contact us at (414) 647-6065.
Activity Code: 2RS53511  
(Section codes listed below)

OASIS (Ages 50 & up) .................... 5501
Wed, Sep 2-Oct 21, 12:30PM-1:30PM  
$20 Residents/$25 Non-Residents

To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
T’ai Chi & Qijong
T’ai Chi & Qigong are human movement systems created by the Chinese. Learn how to use movement to relax and balance your energy system. Wear comfortable clothing and flat soled shoes or stocking feet. Seniors and those with health limitations are encouraged to participate, as the movements can be adjusted to fit any fitness level. If you have any questions, please contact us at (414) 647-6065.

Activity Code: 2R553519
(Section codes listed below)

OASIS (Ages 50 & up) ................... 5501
Tue, Sep 8-Sep 29, 10:00AM-11:00AM
$20 Residents/$25 Non-Residents

OASIS (Ages 50 & up) ................... 5502
Tue, Oct 6-Oct 27, 10:00AM-11:00AM
$20 Residents/$25 Non-Residents

OASIS (Ages 50 & up) ................... 5503
Tue, Nov 3-Nov 24, 10:00AM-11:00AM
$20 Residents/$25 Non-Residents

4 in 1 Training
This class is a combination of Spiced up Cardio, Boxing Aerobics, Body Sculpting and Step Aerobics. Burn off the calories and shape your body while having fun!

Activity Code: 2RAE3501
(Section codes listed below)

Beulah Brinton ......................... BN01
Tue, Sep 22-Nov 10, 7:15PM-8:15PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN02
Tue, Dec 1-Jan 12, 7:15PM-8:15PM
$19 Residents/$29 Non-Residents

Barre Fitness
You do not have to wear pointe shoes or a tutu to get a sculpted body like a dancer. This exercise method uses a ballet barre and combines Pilates, dance and yoga to strengthen, shape and tone muscles. Bring your exercise mat or purchase at site for $10.00.

Activity Code: 2RAE3503
(Section codes listed below)

Beulah Brinton ......................... BN09
Mon, Sep 21-Nov 9, 8:00PM-8:50PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN10
Mon, Nov 30-Jan 11, 8:00PM-8:50PM
$19 Residents/$29 Non-Residents

Milw School of Language ............. ML01
Wed, Sep 23-Nov 11, 6:30PM-7:30PM
$28 Residents/$42 Non-Residents

Please like us on Facebook!
fb.com/MilwaukeeRecreation

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
Body Sculpting
Use bands and weights to tone all areas of your body. Improve your mind, as well as your self-image. Bring your own weights and toning band. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 2RAE3505

Section codes listed below

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Beulah Brinton ............................ BN01
Tue, Sep 22-Nov 10, 6:00PM-7:00PM $28 Residents/$42 Non-Residents

Beulah Brinton ............................ BN02
Thu, Sep 24-Nov 12, 6:00PM-7:00PM $28 Residents/$42 Non-Residents

Beulah Brinton ............................ BN03
Sat, Sep 26-Nov 14, 9:00AM-10:00AM $28 Residents/$42 Non-Residents

Beulah Brinton ............................ BN04
Tue, Dec 1-Jan 12, 6:00PM-7:00PM $19 Residents/$29 Non-Residents

Beulah Brinton ............................ BN05
Thu, Dec 3-Jan 14, 6:00PM-7:00PM $19 Residents/$29 Non-Residents

Beulah Brinton ............................ BN06
Sat, Dec 5-Jan 16, 9:00AM-10:00AM $19 Residents/$29 Non-Residents

Hoop Dance Workout
Hoop dancing is not just for kids! Today hula hooping has evolved into an exciting dance form called ‘hoop dance’, which has amazing benefits for the body and mind. Plus, it’s fun! Hooping is for EVERY BODY. Hoops will be available to borrow or for purchase at sites. Cost range is $20.00-$35.00 per hoop.

Activity Code: 2RAE3518

Section codes listed below

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Riverside ............................... RS01
(Beg.) Sat, Sep 12-Oct 31, 11:15AM-12:15PM $26 Residents/$39 Non-Residents

Riverside ............................... RS04
(Beg.) Sat, Dec 5-Jan 9, 12:05PM-1:05PM $16 Residents/$24 Non-Residents

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To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
Pilates  
A non-impact class where you will improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Wear comfortable clothing. Individuals with medical conditions should be cleared by their physician prior to participation. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 2RAE3521  
(Section codes listed below)

Beulah Brinton ....................... BN02  
Wed, Sep 23-Nov 11, 7:35PM-8:35PM  
$28 Residents/$42 Non-Residents

Beulah Brinton ....................... BN05  
Wed, Dec 2-Jan 13, 7:35PM-8:35PM  
$19 Residents/$29 Non-Residents

Hamilton  ....................... HA01  
Thu, Sep 24-Nov 12, 6:00PM-7:00PM  
$28 Residents/$42 Non-Residents

PiYo  
Looking to sweat your way to sculpted abdominals, increased core strength, and greater stability? Then PiYo may be for you! PiYo combines the stretching, strength, and flexibility of yoga with the toning benefits of pilates. Classes start with yoga style stretching, strength, and flexibility exercises. Each class finishes with mat work focusing on strengthening the core muscles and toning the legs. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 2RAE3522  
(Section codes listed below)

Riverside  ....................... RS04  
Mon, Sep 14-Nov 2, 8:00PM-9:00PM  
$27 Residents/$40.50 Non-Residents

Riverside  ....................... RS03  
Mon, Nov 30-Jan 11, 8:00PM-9:00PM  
$16 Residents/$24 Non-Residents

T’ai Chi & Qigong  
T’ai Chi & Qigong are human movement systems created by the Chinese. Learn how to use movement to relax and balance your energy system. Wear comfortable clothing and flat soled shoes or stocking feet. Seniors and those with health limitations are encouraged to participate, as the movements can be adjusted to fit any fitness level. If you have any questions, please contact us at (414) 647-6065.

Activity Code: 2RAE3526  
(Section codes listed below)

Hamilton  ....................... HA01  
Wed, Sep 23-Nov 11, 6:30PM-7:30PM  
$28 Residents/$42 Non-Residents

Wanted: Support Staff for High School Athletics

If you have experience in operating game clocks, score books, officiating or working a chain crew, we need you! Training available for basketball, soccer and football positions. Contact us to work Interscholastic Athletics for the 2020-2021 school year. It's a great part-time job and a lot of fun. For further information call us at (414) 475-8194 or email matt@mkerec.net.
T’ai Chi Ch’uan
This Chinese form of relaxation will teach you stress-relieving techniques designed to release tension, improve flexibility and relax your body and mind.
Activity Code: 2RAE3527

Section codes listed below

Beulah Brinton ......................... BN01
(Beg.)
Tue, Sep 22-Nov 10, 12:15PM- 1:15PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN02
(Int.)
Tue, Sep 22-Nov 10, 1:25PM- 2:25PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN03
(Beg.)
Wed, Sep 23-Nov 11, 11:15AM-12:15PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN04
(Beg.)
Tue, Dec 1-Jan 12, 12:15PM- 1:15PM
$22 Residents/$33 Non-Residents

Milw School of Language ............. ML01
(Beg.)
Wed, Sep 23-Nov 11, 6:30PM- 7:30PM
$28 Residents/$42 Non-Residents

Milw School of Language ............. ML02
(Int./Adv.)
Wed, Sep 23-Nov 11, 7:30PM- 8:30PM
$28 Residents/$42 Non-Residents

Women & Weights
Women & Weights is for all the ladies out there looking to get lean, toned and fit - quick! In this class, you will use light to moderate weights with lots of repetition in order to give you a total body workout. You will work through moves and techniques that will help you achieve strength you never knew you had. You will leave class feeling challenged, but ready to come back for more! Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 2RAE3535

Section codes listed below

Milwaukee Marshall ................. MR01
Tue, Sep 22-Nov 10, 5:45PM- 6:30PM
$22 Residents/$33 Non-Residents

Riverside ......................... RS01
Tue, Sep 15-Nov 3, 7:30PM- 8:30PM
$26 Residents/$39 Non-Residents

Yoga
Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation. Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 2RAE3536

Section codes listed below

81st Street ......................... 8101
Tue, Sep 22-Oct 20, 7:15PM- 8:15PM
$19 Residents/$29 Non-Residents

81st Street ......................... 8102
Tue, Oct 27-Nov 24, 7:15PM- 8:15PM
$19 Residents/$29 Non-Residents

Beulah Brinton ......................... BN01
Mon, Sep 21-Nov 9, 8:00AM- 9:00AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN02
Mon, Sep 21-Nov 9, 9:15AM-10:15AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN03
Mon, Sep 21-Nov 9, 6:00PM- 7:00PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN04
Tue, Sep 22-Nov 10, 8:00AM- 9:00AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN05
Tue, Sep 22-Nov 10, 9:15AM-10:15AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN06
Tue, Sep 22-Nov 10, 6:30PM- 7:30PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN07
Wed, Sep 23-Nov 11, 6:30AM- 7:45AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN08
Wed, Sep 23-Nov 11, 8:00AM- 9:00AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN09
Wed, Sep 23-Nov 11, 9:15AM-10:15AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN10
Wed, Sep 23-Nov 11, 6:30PM- 7:30PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN11
Thu, Sep 24-Nov 12, 8:00AM- 9:00AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN12
Thu, Sep 24-Nov 12, 9:15AM-10:15AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN13
Thu, Sep 24-Nov 12, 5:45PM- 6:45PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN14
Fri, Sep 25-Nov 13, 8:00AM- 9:00AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN15
Fri, Sep 25-Nov 13, 9:15AM-10:15AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN16
Sat, Sep 26-Nov 14, 7:45AM- 8:45AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN17
Sat, Sep 26-Nov 14, 8:55AM- 9:55AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN18
Mon, Nov 30-Jan 11, 8:00AM- 9:00AM
$19 Residents/$29 Non-Residents

Beulah Brinton ......................... BN19
Mon, Nov 30-Jan 11, 9:15AM-10:15AM
$19 Residents/$29 Non-Residents

Beulah Brinton ......................... BN20
Mon, Nov 30-Jan 11, 6:00PM- 7:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton ......................... BN21
Tue, Dec 1-Jan 12, 8:00AM- 9:00AM
$19 Residents/$29 Non-Residents

Beulah Brinton ......................... BN22
Tue, Dec 1-Jan 12, 9:15AM-10:15AM
$19 Residents/$29 Non-Residents

Beulah Brinton ......................... BN23
Tue, Dec 1-Jan 12, 6:30PM- 7:30PM
$19 Residents/$29 Non-Residents

To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
Yoga (continued)

Beulah Brinton ....................... BN24
Wed, Dec 2-Jan 13, 6:30AM-7:45AM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN25
Wed, Dec 2-Jan 13, 8:00AM-9:00AM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN26
Wed, Dec 2-Jan 13, 9:15AM-10:15AM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN27
Wed, Dec 2-Jan 13, 6:30PM-7:30PM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN28
Thu, Dec 3-Jan 14, 8:00AM-9:00AM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN29
Thu, Dec 3-Jan 14, 9:15AM-10:15AM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN30
Thu, Dec 3-Jan 14, 5:45PM-6:45PM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN31
Fri, Dec 4-Jan 15, 8:00AM-9:00AM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN32
Fri, Dec 4-Jan 15, 9:15AM-10:15AM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN33
Sat, Dec 5-Jan 16, 7:45AM-8:45AM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN34
Sat, Dec 5-Jan 16, 8:55AM-9:55AM
$19 Residents/$29 Non-Residents

Cooper ................................. CP01
Tue, Sep 22-Nov 10, 6:45PM-7:45PM
$28 Residents/$42 Non-Residents

Cooper ................................. CP02
Tue, Dec 1-Jan 12, 6:45PM-7:45PM
$19 Residents/$29 Non-Residents

Gaenslen .............................. GS01
Tue, Sep 17-Dec 12, 7:15PM-8:15PM
$27 Residents/$40.50 Non-Residents

Gaenslen .............................. GS03
Wed, Sep 16-Nov 4, 7:15PM-8:15PM
$28 Residents/$42 Non-Residents

Hamilton ............................. HA01
Mon, Sep 21-Nov 9, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

MacDowell ............................ JU02
Sat, Sep 19-Nov 7, 10:15AM-11:15AM
$28 Residents/$42 Non-Residents

MacDowell ............................ JU05
Sat, Nov 14-Dec 12, 10:15AM-11:15AM
$19 Residents/$29 Non-Residents

Milwaukee Marshall .................. MR01
Thu, Sep 24-Nov 12, 5:30PM-6:30PM
$19 Residents/$29 Non-Residents

Parkside ............................. FR01
Mon, Sep 21-Nov 9, 5:30PM-6:30PM
$28 Residents/$42 Non-Residents

Parkside ............................. FR02
Mon, Nov 30-Jan 11, 5:30PM-6:30PM
$19 Residents/$29 Non-Residents

Riverside ............................ RS03
Mon, Sep 14-Nov 2, 7:00PM-8:00PM
$26 Residents/$39 Non-Residents

Riverside ............................ RS05
Thu, Sep 17-Nov 5, 7:00PM-8:00PM
$28 Residents/$42 Non-Residents

Riverside ............................ RS08
Mon, Nov 30-Jan 11, 7:00PM-8:00PM
$16 Residents/$24 Non-Residents

Riverside ............................ RS07
Wed, Dec 2-Jan 13, 7:15PM-8:15PM
$16 Residents/$24 Non-Residents

Riverside ............................ RS10
Thu, Dec 3-Jan 14, 7:00PM-8:00PM
$19 Residents/$29 Non-Residents

Yoga - Gentle
Gentle Yoga is accessible to all levels and body types, and is especially suited for beginners. Basic stretches, postures and breath work help to develop strength, flexibility, balance, and body awareness. Bring your exercise mat or purchase at site for $10.00.

Activity Code: 2RAE3537
(Section codes listed below)

81st Street .......................... 8101
Tue, Sep 22-Oct 20, 6:00PM-7:00PM
$19 Residents/$29 Non-Residents

81st Street .......................... 8102
Tue, Oct 27-Nov 24, 6:00PM-7:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN01
Mon, Sep 21-Nov 9, 12:00PM-1:00PM
$28 Residents/$42 Non-Residents

Beulah Brinton ....................... BN02
Tue, Sep 22-Nov 10, 5:00PM-6:00PM
$28 Residents/$42 Non-Residents

Beulah Brinton ....................... BN03
Thu, Sep 24-Nov 12, 7:00PM-8:00PM
$28 Residents/$42 Non-Residents

Beulah Brinton ....................... BN04
Sat, Sep 26-Nov 14, 10:00AM-11:00AM
$28 Residents/$42 Non-Residents

Beulah Brinton ....................... BN05
Mon, Nov 30-Jan 11, 12:00PM-1:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN06
Tue, Dec 1-Jan 12, 5:00PM-6:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN07
Thu, Dec 3-Jan 14, 7:00PM-8:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN08
Sat, Dec 5-Jan 16, 10:00AM-11:00AM
$19 Residents/$29 Non-Residents

Gaenslen .............................. GS01
Mon, Sep 14-Nov 2, 6:00PM-7:00PM
$27 Residents/$40.50 Non-Residents

MacDowell ............................ JU01
Sat, Sep 19-Nov 7, 9:00AM-10:00AM
$28 Residents/$42 Non-Residents

MacDowell ............................ JU04
Sat, Nov 14-Dec 12, 9:00AM-10:00AM
$19 Residents/$29 Non-Residents

Riverside ............................ RS02
Thu, Sep 17-Nov 5, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Riverside ............................ RS05
Mon, Nov 30-Jan 11, 6:00PM-7:00PM
$16 Residents/$24 Non-Residents

Riverside ............................ RS06
Thu, Dec 3-Jan 14, 6:00PM-7:00PM
$16 Residents/$24 Non-Residents

Vincent .............................. VN02
Mon, Sep 28-Nov 16, 7:15PM-8:15PM
$28 Residents/$42 Non-Residents

Yoga - Power
East meets West in this vigorous, fitness-based yoga class with a focus on flow, breath, strength, balance, and flexibility. Prior yoga experience is recommended. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 2RAE3538
(Section codes listed below)

Beulah Brinton ....................... BN01
Wed, Sep 23-Nov 11, 4:00PM-5:00PM
$28 Residents/$42 Non-Residents

Beulah Brinton ....................... BN02
Fri, Sep 25-Nov 13, 4:00PM-5:00PM
$28 Residents/$42 Non-Residents

Beulah Brinton ....................... BN03
Wed, Dec 2-Jan 13, 4:00PM-5:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton ....................... BN04
Fri, Dec 4-Jan 15, 4:00PM-5:00PM
$19 Residents/$29 Non-Residents

Gaenslen .............................. GS01
Wed, Sep 16-Nov 4, 6:00PM-7:00PM
$27 Residents/$40.50 Non-Residents

Riverside ............................ RS01
Mon, Sep 14-Nov 2, 6:00PM-7:00PM
$26 Residents/$39 Non-Residents

Riverside ............................ RS03
Mon, Nov 30-Jan 11, 6:00PM-7:00PM
$18 Residents/$27 Non-Residents

Riverside ............................ RS04
Wed, Dec 2-Jan 13, 6:15PM-7:15PM
$16 Residents/$24 Non-Residents

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
Yoga & Meditation
Slow down. Just breathe. This class invites you to do just that while letting go of the stressful demands of your day. With a series of yoga poses, we’ll help you to center your mind, body and breathing while preparing you for guided meditation and deep relaxation. Yoga increases flexibility, tones the muscles, increases lubrication of the joints, and massages the organs of the body, but those are just some of the benefits. Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 2RAE3539
(Section codes listed below)
Gaenslen ....................................... GS01
Mon, Sep 14-Nov 2, 7:15PM-8:30PM
S33 Residents/$49.50 Non-Residents
Riverside ........................................ RS02
Mon, Nov 30-Jan 11, 7:00PM-8:15PM
S16 Residents/$24 Non-Residents

Zumba® Gold
Zumba® Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Join other older adults that want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold® is the perfect fit. It is a dance-fitness class that feels friendly, and most of all, fun.
Activity Code: 2RAE3543
(Section codes listed below)
Hamilton ......................................... HA01
Mon, Sep 21-Nov 9, 6:30PM-7:30PM
$28 Residents/$42 Non-Residents
Milw School of Language ................. ML01
Mon, Sep 21-Nov 9, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Nordic Walking
Improve your overall level of conditioning by learning various exercises to improve your overall strength, flexibility, and core using walking poles. Learn the proper technique while walking with poles to work almost every muscle in your body. Led by Marty Malin, a Certified Nordic Walking Instructor.
Activity Code: 2RAE3567
(Section codes listed below)
Hamilton ......................................... HA01
Wed, Sep 23-Oct 14, 6:45PM-7:45PM
$16 Residents/$24 Non-Residents
MacDowell ....................................... JU01
Mon, Sep 21-Oct 12, 7:00PM-8:00PM
$16 Residents/$24 Non-Residents
Riverside ........................................... RS01
Thu, Sep 24-Oct 15, 7:00PM-8:00PM
$16 Residents/$24 Non-Residents

Couch Potato to 5k
Have you ever wanted to run a 5K? Don’t know where to start? Do you need a little push and positive motivation? Then this is the class for you! The Couch Potato to 5k program is designed to ease you off the couch and get you up and running a 5K (3.1 miles) in only 6 weeks! Class taught by a certified running coach. Bring your running shoes, towel, water bottle and an exercise mat. Get excited because you’re going to run your first 5k.
Activity Code: 2RAE3569
(Section codes listed below)
Hamilton ......................................... HA01
Wed, Sep 23-Nov 11, 5:45PM-6:45PM
$28 Residents/$42 Non-Residents
MacDowell ....................................... JU01
Mon, Sep 21-Nov 9, 5:45PM-6:45PM
$28 Residents/$42 Non-Residents
Riverside ......................................... RS01
Thu, Sep 24-Nov 12, 5:45PM-6:45PM
$28 Residents/$42 Non-Residents

Schedule Changes:
Please note compliance with COVID-19 regulations may result in schedule changes. We will communicate these as soon as possible. Thank you for your understanding.

Your Safety is our Priority:
Please know we are taking the necessary precautions to ensure your safety while participating in Milwaukee Recreation programs. The use of face masks or cloth face coverings is required when inside Milwaukee Recreation facilities for all staff and participants over the age of 3, and required outside unless 6 feet apart from others. If you do not have a mask or face covering, one will be provided for you.
Wear Baby Workout
Together with our babies we will strengthen our own bodies while enhancing their brains! This class is designed for moms and dads interested in working out while wearing their baby/toddler in a carrier (infant carriers from brands such as Infantino, Snugli, Chicco, and Baby Bjorn). This class will teach you how to do simple yet challenging exercises and how to carry out daily tasks safely and comfortably while baby wearing. During class, we will be keeping track of reps and sets by the songs we sing and the music we hear to bond with our babies and to ignite their development. This will be a fun class for all involved and everyone benefits. Carriers not included, please bring your own.
Activity Code: 2RAE3573
(Section codes listed below)
Hamilton ..................................... HA01
Sat, Sep 19 - Nov 7, 9:00AM - 10:00AM
$28 Residents/$42 Non-Residents

Wake Up Yoga!
Class will begin with an active, but accessible sequence of yoga poses, breath work, hand gestures, and more. Yoga was invented so that practitioners could sit as long as they wanted while meditating. This class will help improve your mobility, strength, and flexibility so that you too, can enjoy sitting in meditation. Students will be given a meditation prompt, and will meditate for about 15 minutes at the end of class. Each class is unique, and will connect you with improved mental and physical well-being.

Activity Code: 2RAE3574
(Section codes listed below)
Gaenslen ..................................... GS01
Tue, Sep 15 - Nov 3, 6:00PM - 7:00PM
$28 Residents/$42 Non-Residents

Weather Policy & Program Cancellations:
School Day Cancellations: If weather conditions cause Milwaukee Public Schools to close or dismiss early, Milwaukee Recreation programs will be canceled. Weekend weather cancellations for Milwaukee Recreation activities and interscholastic athletics/academics will be announced via the Milwaukee Recreation website (mkerec.net), social media, and local media.

Hey, Milwaukee!
Ready for the 27th annual Halloween Glen?
See page 22 for more information!

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
**HEALTH AND WELLNESS**

**TOPS Club, Inc.**
Established in 1948 to champion weight loss support and success, TOPS has helped millions of people live healthier lives. Join us today! Please call 414-647-6065 for more information. There is a yearly membership fee of $32.00 for TOPS. Membership will be collected by the group leader on the first day of class.

**Yoga for Runners**
This class is not strictly for runners. Yoga teacher and runner Annie Wegner LeFort will offer a threefold focus: 1) stretching the muscles we use most in running 2) encourage participants to explore different planes of the body to diversify their movements 3) build and strengthen the core muscles that runners need to maintain a strong, healthy form.

**Activity Code: 2RAE3575**
(Section codes listed below)

**Beulah Brinton ......................... BN01**
Thu, Sep 24-Nov 10, 3:45PM-4:45PM
$28 Residents/$42 Non-Residents

**Beulah Brinton ......................... BN02**
Thu, Dec 1-Jan 12, 3:45PM-4:45PM
$19 Residents/$29 Non-Residents

**Yoga for Women’s Health**
This is a beginner level class that will focus on strengthening work specific to the female body. Class taught by certified yoga instructor, Annie Wegner LeFort.

**Activity Code: 2RAE3589**
(Section codes listed below)

**Beulah Brinton ......................... BN01**
Tue, Sep 22-Nov 10, 3:45PM-4:45PM
$28 Residents/$42 Non-Residents

**Beulah Brinton ......................... BN02**
Tue, Dec 1-Jan 12, 3:45PM-4:45PM
$19 Residents/$29 Non-Residents

**OASIS (Ages 50 & up) ................... 5501**
Wed, Sep 9-Dec 9, 10:00AM-10:45AM
FREE

**Minute Meditation and Reiki**
Learn some simple techniques that will teach you to lower your heart rate in minutes and deal with everyday stress. In addition, you will be introduced to Reiki, the ancient ‘healing art’ that is based on the belief that spiritual energy emits out of the practitioner’s hands to cure various physical and emotional ailments. Learn how to make these energy techniques work for you!

**Activity Code: 2RAE4107**
(Section codes listed below)

**Hamilton ................................. HA01**
Mon, Sep 21-Nov 9, 7:15PM-8:15PM
$24 Residents/$36 Non-Residents

**Chakra Energy and Balance**
Join us for Chakra Healing - an ancient philosophy and now a hot trend! This class will help you balance your body and mind using this ancient Eastern wellness belief based on seven energy centers that govern your organs and work together as one system yet independently. Take time to improve your well-being. Class fee is non-refundable.

**Activity Code: 2RAE4117**
(Section codes listed below)

**Hamilton ................................. HA01**
Thu, Oct 1, 7:15PM-8:15PM
$6 Residents/$9 Non-Residents

**To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.**
Reflexology
Do you have pain or stress? If you do, help yourself with reflexology! Do you know that there is a map of your body on your feet, hands, face and ears that correspond to all organs and parts of your body? Reflexology is a science and art using specific pressure on these areas to aid with pain and stress relief, blood circulation and to bring balance to your being. Classes taught by Gail Vella, CPR, RYT, Certified Registered Reflexologist of Compassionate Reflexology. Wear comfortable clothes and bring water to drink. Class fee is non-refundable.

Activity Code: 2RAE4135
(Section codes listed below)

MacDowell ........................................ JU01
Wed, Nov 11, 6:30PM-8:30PM
$8 Residents/$12 Non-Residents

Foot Reflexology Part 1
Reflexology is a science and an art that deals with the principle that there are reflex points on your feet, hands, face and ears. In this class we will discuss the feet and how you can help yourself deal with pain and stress in your body. Please bring a dry washcloth, and drinking water. We will learn how to help relieve stress by balancing the parasympathetic nervous system (the Rest and Digest System). If you can not reach your feet, bring a friend who can help you. Class taught by Gail Vella of Compassionate Reflexology. Class fee is non-refundable. A $7.00 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 2RAE4150
(Section codes listed below)

MacDowell ........................................ JU01
Tue, Oct 27, 6:30PM-8:30PM
$8 Residents/$12 Non-Residents

Foot Reflexology Part 2
During this class we will continue to address your personal issues to help relieve pain and stress through your feet. This class is the second part of Foot Reflexology. Please bring a dry washcloth, drinking water, and lotion. Class taught by Gail Vella of Compassionate Reflexology. Class fee is non-refundable.

Activity Code: 2RAE4151
(Section codes listed below)

MacDowell ........................................ JU01
Wed, Oct 28, 6:30PM-8:30PM
$8 Residents/$12 Non-Residents

Face Reflexology
We will discuss the map of the body on your face and how to address pain and help bring your body back into balance using your knuckle or a small smooth stone. This class is open to all ages. Please bring water and your favorite smooth small stone if you have one. Class taught by Gail Vella of Compassionate Reflexology. Class fee is non-refundable.

Activity Code: 2RAE4152
(Section codes listed below)

MacDowell ........................................ JU01
Wed, Sep 23, 6:30PM-8:30PM
$8 Residents/$12 Non-Residents

Stress Relief Techniques
GOT STRESS? These movements, combined with break work and other things your mother may have never taught you to help relieve stress and tension to keep yourself healthy and help prevent health related problems. Class taught by Gail Vella, CPR, RYT, Certified Registered Reflexologist of Compassionate Reflexology. Wear comfortable clothes and bring water to drink. Class fee is non-refundable.

Activity Code: 2RAE4154
(Section codes listed below)

MacDowell ........................................ JU01
Wed, Nov 18, 6:30PM-8:30PM
$8 Residents/$12 Non-Residents

LANGUAGE SKILLS

Spanish
Learn appropriate Spanish words for: greeting, health, household, daily activities, weather and much more. The book that is used for the class is ‘Spanish made Simple’. You can purchase the textbook for $14.00 (cash or check only) on the first day of the class. If you have any questions, please contact us at (414) 647-6065.

Activity Code: 2RS54401
(Section codes listed below)

OASIS (Ages 50 & up) ......................... 5502
Fri, Sep 14-Dec 18, 11:30AM-12:30PM
$25 Residents/$30 Non-Residents

OASIS (Ages 50 & up) ......................... 5501
Fri, Sep 14-Dec 18, 12:30PM-1:30PM
$25 Residents/$30 Non-Residents

German
Get in touch with Milwaukee’s roots and learn German! Taught by a certified German teacher, this course will use immersion techniques to help you speak, read and understand German. Course topics include introducing yourself, talking about your hobbies, family and food as well as telling time and vocabulary for body parts, animals and colors. Handouts will be provided in class.

Activity Code: 2RAE4402
(Section codes listed below)

Parkside ........................................ FR01
Wed, Sep 23-Nov 11, 6:15PM-7:45PM
$34 Residents/$51 Non-Residents

Sign Language
This language class focuses on finger spelling, vocabulary, non-verbal expressive skills and sentence structure. Class is combined with adult class.

Activity Code: 2RAE4405
(Section codes listed below)

Parkside ........................................ FR01
Mon, Sep 21-Nov 9, 6:15PM-7:15PM
$24 Residents/$36 Non-Residents

Parkside ........................................ FR02
Mon, Nov 30-Jan 11, 6:15PM-7:15PM
$16 Residents/$24 Non-Residents

Spanish Conversation
The ability to communicate in Spanish is necessary for many professions and is key to a greater enjoyment of travel south of the border. Receive instruction on pronunciation and essential grammar, through reading, writing and conversational practice. You can purchase the textbook for $14.00 (cash or check only) on the first day of the class.

Activity Code: 2RAE4406
(Section codes listed below)

Hamilton ....................................... HA01
(Level 1)
Thu, Sep 24-Nov 12, 7:00PM-8:00PM
$24 Residents/$36 Non-Residents

Riverside ....................................... RS01
(Level 1)
Mon, Sep 14-Nov 2, 7:00PM-8:30PM
$39 Residents/$59 Non-Residents

Riverside ....................................... RS02
(Level 2)
Mon, Sep 14-Nov 2, 7:30PM-9:00PM
$39 Residents/$59 Non-Residents

Riverside ....................................... RS03
(Level 3)
Tue, Sep 15-Nov 3, 6:00PM-7:30PM
$39 Residents/$59 Non-Residents

Please like us on Facebook!
fb.com/MilwaukeeRecreation

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
Italian Language Survival Skills

Learn survival skills to navigate your dream trip to Italy! In this class, participants will learn how to introduce themselves and gain other basic conversation skills that will assist in getting around. You will also receive very useful tips and advice on how to enjoy the Italian culture at its best. My curriculum and Italian Language textbook extracts are included. Let’s have fun while learning.

Activity Code: 2RAE4411
(Activity codes listed below)

MacDowell ........................................ JU01
(Beg.)
Mon, Sep 21-Nov 9, 6:00PM-7:30PM
$34 Residents/$51 Non-Residents

Spanish 2A

This course is intended for students who completed Spanish 1C with Professor Pat in the winter of 2020. (Our spring session was cancelled due to Covid-19.) We will cover Chapters 7 & 8 in our textbooks. Students will be expected to print out some materials (from pdfs sent by email). We will learn new vocabulary, master new grammar concepts and put our knowledge into practice using games and activities designed especially for this textbook. In addition, students will be given access to websites (which will provide practice activities for students to do at home) and links to other helpful websites. The instructor is Professor Pat. This is a great way to continue your Spanish studies!

Activity Code: 2RAE4418
(Activity codes listed below)

Hamilton ........................................... HA01
Mon, Sep 21-Nov 9, 6:00PM-8:00PM
$44 Residents/$66 Non-Residents

Spanish 2C

Pre-requisite: Successful completion of Spanish 2B or consent of the instructor. This course is intended for students who completed Spanish 2B with Professor Pat in the winter of 2020. (Our spring session was cancelled due to COVID-19.) We will cover Chapters 11 & 12 in our textbooks. Students will be expected to print out some materials (from pdfs sent by email). We will learn new vocabulary, master new grammar concepts and put our knowledge into practice using games and activities designed especially for this textbook. In addition, students will be given access to websites (which will provide practice activities for students to do at home) and links to other helpful websites. The instructor is Professor Pat. This is a great way to continue your Spanish studies!

Activity Code: 2RAE4425
(Activity codes listed below)

Hamilton ........................................... HA01
Mon, Sep 21-Nov 9, 6:00PM-8:00PM
$44 Residents/$66 Non-Residents

Spanish 101

Spanish 101 is a beginning course designed for students with no prior exposure to formal instruction in the language. The focus of the class is on listening and speaking practice and your participation in all activities is crucial to your success and mandatory.

Activity Code: 2RAE4426
(Activity codes listed below)

Bay View .......................................... BV01
Tue, Sep 1-Oct 20, 6:00PM-7:00PM
$23 Residents/$34.50 Non-Residents

Bay View .......................................... BV02
Thu, Sep 3-Oct 22, 6:00PM-7:00PM
$23 Residents/$34.50 Non-Residents

MacDowell .......................................... JU01
Wed, Sep 2-Oct 21, 6:00PM-7:30PM
$23 Residents/$34.50 Non-Residents

Spanish 102

Spanish 102 is designed to introduce you to the Spanish language and the many facets of the Hispanic culture, and to develop all of your language skills: speaking, listening, reading, and writing. In this course, you will develop your ability to communicate satisfactorily in Spanish in everyday practical situations and you will acquire some of the skills necessary for effective reading and writing in Spanish. The course requires regular classroom participation.

Activity Code: 2RAE4427
(Activity codes listed below)

Bay View .......................................... BV01
Tue, Sep 1-Oct 20, 7:00PM-8:00PM
$23 Residents/$34.50 Non-Residents

Bay View .......................................... BV02
Thu, Sep 3-Oct 22, 7:00PM-8:00PM
$23 Residents/$34.50 Non-Residents

MacDowell .......................................... JU01
Wed, Sep 2-Oct 21, 7:30AM-9:00PM
$23 Residents/$34.50 Non-Residents

Spanish 103

Spanish 103 is designed to continue where Spanish 102 left off. The focus of the class is on listening and speaking with more emphasis on speaking than before. Your participation in all activities is crucial to your success. Much of the class will be conducted in Spanish.

Activity Code: 2RAE4428
(Activity codes listed below)

Bay View .......................................... BV01
Tue, Sep 1-Oct 20, 8:00PM-9:00PM
$23 Residents/$34.50 Non-Residents

Bay View .......................................... BV02
Thu, Sep 3-Oct 22, 8:00PM-9:00PM
$23 Residents/$34.50 Non-Residents

Everyone Plays!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation Guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Limited scholarships available. Apply today! Please call 414.475.8180 or visit mkerec.net/scholarship to learn more and complete our short application.
Fortify 2C
Pre-requisite: Successful completion of Spanish 2B or consent of the instructor. This class will serve as a four-to-five week opportunity to review and practice the vocabulary, grammar and conversation skills we learned in Chapters 11-12 of our textbooks. We will focus on improving our speaking and listening skills in order to strengthen our conversational competence and confidence through partner activities and small group games. This class is intended for students who have been taking the Monday evening classes with Professor Pat. This is a great way to continue your Spanish studies!

Activity Code: 2RAE4430
(Section codes listed below)

Hamilton ........................................... HA01
Tue, Nov 16-Dec 14, 6:00PM-8:00PM
$29 Residents/$44 Non-Residents

Fortify 2A
Pre-requisite: Successful completion of Spanish 1C or consent of the instructor. This class will serve as a four-to-five week opportunity to review and practice the vocabulary, grammar and conversation skills we learned in Chapters 7-8 of our textbooks. We will focus on improving our speaking and listening skills in order to strengthen our conversational competence and confidence through partner activities and small group games. This class is intended for students who have been taking the Tuesday evening classes with Professor Pat. This is a great way to continue your Spanish studies!

Activity Code: 2RAE4431
(Section codes listed below)

Hamilton ........................................... HA01
Tue, Nov 17-Dec 15, 6:00PM-8:00PM
$29 Residents/$44 Non-Residents

Intermediate Italian
This class will offer a review of the beginners curriculum to test level of knowledge of the language. Once that is established, we will learn how to improve conversation, knowledge of verbs and grammar, and practice how to handle different situations that are common when travelling to Italy or just to improve Italian Language skills. If you attended the Beginners Course, please bring the material from that class. New hand-outs and new curriculum will be included.

Activity Code: 2RAE4489
(Section codes listed below)

MacDowell .......................................... JU01
Mon, Sep 21-Nov 16, 7:45PM-9:15PM
$34 Residents/$51 Non-Residents

MARTIAL ARTS
Tae Kwon Do
Tae Kwon Do is a Korean art of hand and foot fighting. A useful way for you to learn the art of self-discipline, mental preparation, concentration and self-control. Various kicking and punching techniques, correct body positioning and self-defense will be covered. A great opportunity to increase your flexibility, general conditioning and self-defense techniques.

Activity Code: 2RAE4503
(Section codes listed below)

Hamilton (Ages 15 & up) ............... HA01
(Class is combined with youth class)
Mon/Wed, Sep 21-Nov 11, 6:30PM-7:30PM
$44 Residents/$66 Non-Residents

MacDowell (Ages 15 & up) ............ JU01
Tue/Thu, Nov 19-Dec 17, 6:00PM-7:00PM
$24 Residents/$36 Non-Residents

Milwaukee Marshall (Ages 15 & up) ... MR01
(White, Orange, & Yellow Belt)
Mon, Sep 21-Oct 19, 6:00PM-7:00PM
$16 Residents/$24 Non-Residents

Milwaukee Marshall (Ages 15 & up) ... MR03
(White, Orange, & Yellow Belt)
Mon, Oct 26-Dec 7, 6:00PM-7:00PM
$19 Residents/$29 Non-Residents

Milwaukee Marshall (Ages 15 & up) ... MR04
(White, Orange, & Yellow Belt)
Wed, Oct 28-Dec 9, 6:00PM-7:00PM
$19 Residents/$29 Non-Residents

Riverside (Ages 15 & up) ............ R004
(All Ranks Adults)
Sat, Sep 12-Oct 31, 11:45AM-12:30PM
$21 Residents/$32 Non-Residents

Riverside (Ages 15 & up) ............ R005
(Int./Adv., Camo/Black Belt, combined with youth class)
Mon/Wed, Sep 14-Nov 4, 7:00PM-8:00PM
$39 Residents/$59 Non-Residents

Riverside (Ages 15 & up) ............ R007
(Beg. white-yellow belts, combined with youth class)
Mon/Wed, Nov 30-Jan 13, 6:00PM-7:00PM
$39 Residents/$59 Non-Residents

Riverside (Ages 15 & up) ............ R008
(Black belts only, all ranks, all ages)
Mon/Wed, Nov 30-Jan 13, 7:00PM-8:00PM
$32 Residents/$48 Non-Residents

Riverside (Ages 15 & up) ............ R012
(Int./Adv., Camo-Red/Black Belt, combined with youth class)
Mon, Nov 30-Jan 11, 7:00PM-8:00PM
$16 Residents/$24 Non-Residents

Riverside (Ages 15 & up) ............ R010
(Black belts only, all ranks all ages)
Sat, Dec 5-Jan 9, 11:45AM-12:30PM
$16 Residents/$24 Non-Residents

Women’s Self-Defense
Be confident about protecting yourself when the need arises. Learn real life strategies and situational awareness to avoid confrontations. Learn basic escape techniques to get out of a situation, if one occurs. Class time includes awareness discussions and practicing techniques.

Activity Code: 2RAE4504
(Section codes listed below)

MacDowell (Ages 14 & up) ............ JU01
Wed, Sep 23-Nov 4, 7:00PM-8:00PM
$21 Residents/$32 Non-Residents

Schedule Changes:
Please note compliance with COVID-19 regulations may result in schedule changes. We will communicate these as soon as possible. Thank you for your understanding.

Your Safety is our Priority:
Please know we are taking the necessary precautions to ensure your safety while participating in Milwaukee Recreation programs. The use of face masks or cloth face coverings is required when inside Milwaukee Recreation facilities for all staff and participants over the age of 3, and required outside unless 6 feet apart from others. If you do not have a mask or face covering, one will be provided for you.

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
MUSIC

Harmonica Lessons
The harmonica is more than a musical instrument; it is also an effective tool for those suffering from lung disease to improve their breathing. Students will learn basic techniques on the harmonica. You will have fun while learning to play with instructor Margarita Winstead. Class fee is non-refundable. If you have any questions, please contact us at (414) 647-6041.

Activity Code: 2R554601
OASIS (Ages 50 & up) .................... 5501
Thu, Sep 3-Oct 1, 10:00AM-11:00AM
$8 Residents/$11 Non-Residents

50+

Mandolin
Learn how to play the Mandolin. Instructed by experienced musician, Jim Pilot. Bring your own Mandolin or rent one from instructor. Class fee is non-refundable.

Activity Code: 2R554602
OASIS (Ages 50 & up) .................... 5501
Fri, Sep 11-Oct 2, 10:00AM-11:00AM
$8 Residents/$11 Non-Residents

50+

String Ensemble
Play show tunes and classical music on violin, viola, cello or bass. Musicians with some experience are welcome. Join us in making beautiful music. Free with O.A.S.I.S. Center Membership (membership fees are $15.00/Res and $25.00/Non-Res). Membership is good for one year from purchase date. On-line registration is not available. If you have any questions, please contact us at (414) 647-6041.

Activity Code: 2R554605
OASIS (Ages 50 & up) .................... 5501
Wed, Sep 9-Dec 9, 9:45AM-11:15AM
FREE

Songwriting 101
No matter what age, aspiring to be a great musician (or even good one) goes beyond merely practicing. Taught by Dennis Dykstra, learn the basics of music theory including ear training and songwriting. Let us help you become a better performer and increase your options as a musician. Don’t bring an instrument to the first class. Class is combined with youth class.

Activity Code: 2RAE4601
Hamilton ..................................... HA01
Wed, Sep 23-Nov 11, 7:45PM-8:45PM
$24 Residents/$36 Non-Residents

Drums
Aspiring drummers will learn rhythm, accents, drum rolls and style. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with youth class.

Activity Code: 2RAE4603
Beulah Brinton ......................... BN01
Fri, Sep 18-Nov 6, 6:00PM-7:00PM
$24 Residents/$36 Non-Residents

Beulah Brinton ......................... BN02
Fri, Dec 4-Jan 15, 6:00PM-7:00PM
$16 Residents/$24 Non-Residents

Guitar
Learn basic chords, notes, and different strumming techniques. Strum your way to fun. Bring your own guitar. Class is combined with youth class.

Activity Code: 2RAE4604
Beulah Brinton ......................... BN01
(Beg.)
Sat, Sep 18-Nov 14, 2:00PM-3:00PM
$34 Residents/$51 Non-Residents

Beulah Brinton ......................... BN02
(Beg.)
Sat, Dec 5-Jan 16, 2:00PM-3:00PM
$23 Residents/$35 Non-Residents

Hamilton ..................................... HA01
Thu, Sep 24-Nov 12, 6:00PM-7:30PM
$34 Residents/$51 Non-Residents

Riverside ................................. RS01
(Beg.- Semi-Private)
Mon, Sep 14-Nov 2, 6:30PM-8:00PM
$39 Residents/$59 Non-Residents

Riverside ................................. RS02
(Adv.- Semi-Private)
Mon, Sep 14-Nov 2, 8:15PM-9:15PM
$26 Residents/$39 Non-Residents
Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net

Sing Out!
Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques. Learn proper breathing, voice inflection, range and ear training. Class is combined with youth class.

Activity Code: 2RAE4609
(Section codes listed below)

Hamiton ........................................... HA01
Thu, Sep 24-Nov 12, 7:45PM- 8:45PM
$24 Residents/$36 Non-Residents

Introduction to Harmonica
Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a ‘Key of C’ harmonica. Class is combined with youth class.

Activity Code: 2RAE4611
(Section codes listed below)

Hamiton ........................................... HA01
Tue, Sep 22-Nov 10, 6:00PM- 7:00PM
$24 Residents/$36 Non-Residents

Music with Love
Experience real life Piano lessons delivered by a professional and experienced musician Carl Buddy Love. Participants will learn the basic keys and different melodies in each class. You will truly benefit from the lessons and resources provided and build confidence that will develop and establish framework for more advance classes. Course Book can be purchased on-site for $9.00.

Activity Code: 2RAE4612
(Section codes listed below)

Milwaukee Marshall ......................... MR01
(Beg. - Semi-Private)
Thu, Sep 24-Nov 12, 6:00PM- 7:00PM
$53 Residents/$80 Non-Residents

Music Production Techniques
This class will cover the ins and outs of digital music production. Over the course of five weeks we will make the journey from a bedroom producer to a licensed record label owner. Tricks and tips shared here will help you channel your creativity in the studio and unlock the next level of your musical talent. There is no musical experience required, a laptop and basic midi controller are recommended. Please bring your own instruments for recording.

Activity Code: 2RAE4614
(Section codes listed below)

Riverside ................................. RS01
Tue, Oct 13-Nov 10, 6:00PM- 8:00PM
$29 Residents/$44 Non-Residents

Piano
No matter what you do in life, it's always important to start with the basics. This class will give beginning piano enthusiasts an introduction to the keyboard, keys, scales, chords, melodies, and note reading. Class is combined with youth class (excluding semi-private). Semi-private classes have a maximum enrollment of 4, the class fee includes books, and is non-refundable. Keyboards are provided for all classes.

Activity Code: 2RAE4607
(Section codes listed below)

Beulah Brinton ....................... BN01
(Beg.)
Sat, Sep 26-Nov 14, 10:30AM-12:00PM
$34 Residents/$51 Non-Residents

Beulah Brinton ....................... BN02
(Int.)
Sat, Sep 26-Nov 14, 12:15PM- 1:45PM
$34 Residents/$51 Non-Residents

Beulah Brinton ....................... BN03
(Beg.)
Sat, Dec 5-Jan 16, 10:30AM-12:00PM
$23 Residents/$35 Non-Residents

Beulah Brinton ....................... BN04
(Int.)
Sat, Dec 5-Jan 16, 12:15PM- 1:45PM
$23 Residents/$35 Non-Residents

Hamiton ..................................... HA01
Wed, Sep 23-Nov 11, 6:00PM- 7:30PM
$34 Residents/$51 Non-Residents

Rock Band
Join the band, learn some advanced songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience required. Class is combined with youth class.

Activity Code: 2RAE4608
(Section codes listed below)

Beulah Brinton ....................... BN01
Sat, Sep 26-Nov 14, 4:00PM- 6:00PM
$44 Residents/$66 Non-Residents

Beulah Brinton ....................... BN02
Sat, Dec 5-Jan 16, 4:00PM- 6:00PM
$29 Residents/$44 Non-Residents

Riverside ................................. RS01
Thu, Oct 15-Nov 12, 6:00PM- 8:00PM
$29 Residents/$44 Non-Residents

Music Production and Performance
Ever wondered what the DJ is actually doing up there? Do you want to make awesome music videos? This course will explore live performance elements as an electronic musician/musician. We will learn how to DJ on old and new equipment in order to create mixes and original remixes. No previous experience required, laptop and basic midi controller recommended. Students will learn how to DJ real vinyl records alongside their own songs seamlessly. We will also learn various approaches to making music videos and hosting live streaming a/v events.

Activity Code: 2RAE4617
(Section codes listed below)
**Organization**

**Senior Downsizing and Relocation**

Discussing the importance to start going through your belongings now and not leaving it to your loved ones to figure out on their own. This way, if/when they are no longer able to stay in their home and must move to senior living, they could have taken time to select the items most important to them instead of being pressured to hurry when that time comes. This can be very stressful for all involved. Also, they can take inventory of what they have and start passing on items they want to go to certain people or organizations or make notes of it for later. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing. Class fee is non-refundable.

*Activity Code: 2RAE2601 (Section codes listed below)*

**Hamilton** ................................. HA01

Wed, Oct 14, 6:30PM-8:30PM
$12 Residents/$18 Non-Residents

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**What Clutter Bug are You?**

Are you a Cricket, a Butterfly, a Ladybug or a Bee? Marie Kondo, the big thing on Netflix right now, teaches you to de-clutter but she doesn’t talk about how to best organize the items you decide to keep. There is no one size fits all. Most styles of organizing that you see online, are too complicated for some people to maintain so things become cluttered again. Figuring out which bug you are can help figure out the best organizing style for you and your family. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing. Class fee is non-refundable.

*Activity Code: 2RAE2603 (Section codes listed below)*

**Riverside** ................................. HA01

Wed, Nov 11, 6:30PM-8:30PM
$12 Residents/$18 Non-Residents

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**Outdoor Education**

**Winter Bird Feeding**

Many of our birds that brave the cold winter depend upon dried fruits and seeds for food to survive our harshest season. Learn which birds stay in Wisconsin throughout the winter and what else they need to survive. Listen to recordings of bird calls and learn to identify some of our feathered friends by the songs they sing, and even make your own feeder and other simple and fun hanging bird buffets to help our feathered friends during this chilly time. Open to bird watchers of all ages. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Dress appropriately for an outdoor hike.

*Activity Code: 2R555001 (Section codes listed below)*

**OASIS** ................................. 5501

Wed, Nov 11, 12:15PM-1:45PM
$5 Residents/$10 Non-Residents

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**Ornaments**

We will use objects found in nature to create seasonal and festive ornaments. These hand-made ornaments are perfect for decorating your house or giving as gifts! Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2R555002 (Section codes listed below)*

**OASIS** ................................. 5501

Wed, Dec 9, 12:15PM-1:45PM
$5 Residents/$10 Non-Residents

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**Leaf Prints**

Using real leaves and paint we will make permanent and precise prints of leaves. Leaf prints are a great way to identify plants, start a nature journal and create fantastic art projects! Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2R555003 (Section codes listed below)*

**OASIS** ................................. 5501

Wed, Oct 14, 12:15PM-1:45PM
$5 Residents/$10 Non-Residents

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**Pressed Plant Bookmarks**

Design, decorate and laminate a beautiful bookmark using our pre-pressed plants! You will also be provided a how-to instruction for creating pressed plants at home. Class fee is non-refundable and not eligible for reduced fees.

*Activity Code: 2R555004 (Section codes listed below)*

**OASIS** ................................. 5501

Wed, Sep 16, 12:15PM-1:45PM
$5 Residents/$10 Non-Residents

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**Moving and Selling Your Home**

Discussing what to do when these big events are approaching - de-clutter, organize, downsize, pre-packing and so much more. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing. Class fee is non-refundable.

*Activity Code: 2RAE2602 (Section codes listed below)*

**Hamilton** ................................. HA01

Wed, Oct 28, 6:30PM-8:30PM
$12 Residents/$18 Non-Residents

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**Weather Policy & Program Cancellations:**

School Day Cancellations: If weather conditions cause Milwaukee Public Schools to close or dismiss early, Milwaukee Recreation programs will be canceled. Weekend weather cancellations for Milwaukee Recreation activities and interscholastic athletics/academics will be announced via the Milwaukee Recreation website (mkrec.net), social media, and local media.

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To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
PERFORMING ARTS

Introduction to Playwriting
Are you a promising undiscovered playwright who would love to hear your work delivered by a human voice? Are you a Director with untapped potential who has a love for new works? Or are you an actor looking for a place to stretch your instrument? Perhaps, you are all three. A safe and collaborative environment awaits you. Experience is not required. Passion and fearlessness are admired. Class taught by Michael Lucceshi.

Activity Code: 2RAE5302
(Section codes listed below)

Riverside ..................................... RS01
Mon, Nov 2-Nov 23, 6:00PM - 8:00PM
$24 Residents/$36 Non-Residents

Herbs, Crystals and Stones
Humans have used plants for thousands of years in many different ways. Learn about the top 10 herbs and their benefits to your daily life. Find out what rocks are associated with love, success, happiness, and health. This workshop will help you explore ancient folklore and show you how to put these practices to work for you. A $5.00 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.

Activity Code: 2RAE5405
(Section codes listed below)

Hamilton ..................................... HA01
Thu, Oct 29, 7:15PM - 8:15PM
$6 Residents/$9 Non-Residents

No Power Tools Necessary
(Basic Home Repairs)
Would you like to learn how to complete easy home repairs all by yourself? These repairs can all be performed using hand tools, no power tools are necessary. Learn which projects you can do yourself and when it’s time to call an electrician or plumber. This one hour class will now be a lecture class including working safely, examples of materials and tools used for repairs, recommended preparation, and repair options. Class taught by Brian Hunt, who is certified through the state of Wisconsin Department of Safety and Professional Services Dwelling Contractor and has over 15 years of experience in remodeling and new home construction. Class fee is non-refundable.

Activity Code: 2RAE5412
(Section codes listed below)

Hamilton ..................................... HA01
Thu, Oct 22, 6:30PM - 8:30PM
$15 Residents/$23 Non-Residents

PERSONAL SKILLS

You Have Pictures in Your Camera - Now What?
We have hundreds - if not thousands - of pictures in our camera, smartphones and computers. Now what...? This two-hour seminar teaches techniques to save and organize pictures from cameras and smartphones to external devices and to “the Cloud.” Instructor is C.T. Kruger. Class fee is non-refundable.

Activity Code: 2RAE5402
(Section codes listed below)

Hamilton ..................................... HA01
Thu, Nov 5, 6:30PM - 8:30PM
$15 Residents/$23 Non-Residents

iPad/iPhone-Tips, Tricks, and Techniques
This class is specific to Apple iPhone, iPad and iPad Mini devices. Learn tips, tricks, and techniques to navigate, organize, backup and add apps to your iPhone, iPad, or iPad mini device. Instructor is C.T. Kruger. Class fee is non-refundable.

Activity Code: 2RAE5422
(Section codes listed below)

Hamilton ..................................... HA01
Thu, Oct 22, 6:30PM - 8:30PM
$15 Residents/$23 Non-Residents

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
The Camera in Your Smartphone

It's a camera, it's a photo album, it's a television - it's your phone. Learn about the apps, tips, tricks and limitations for pictures and video from iPhone and Android smartphone and tablets. This class will cover your device's camera, home and Cloud storage options, printing and more. Instructor is C.T. Kruger. Class fee is non-refundable.

Activity Code: 2RAE5423
(Section codes listed below)

Hamilton .................. HA01
Thu, Oct 29,  6:30PM- 8:30PM
$15 Residents/$23 Non-Residents

Being Mindful of Your Emotions: Emotional Intelligence Workshop

Who is in control you or your emotions? Emotions are powerful. In order to be mindful, it helps to know what we are feeling when we are feeling it. In this two-hour workshop, you will be guided through a four step process: Self Awareness, Self-Management, Social Awareness and Relationship Management that will put you on the path of responding instead of reacting to the world around you. Class fee is non-refundable.

Activity Code: 2RAE5432
(Section codes listed below)

MacDowell .......................... JU01
(personal competencies)
Wed, Sep 30,  6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Vincent ............................. VN01
(social competencies)
Wed, Oct 28,  6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Interviewing, Networking and Resume Creation

Bring your best professional self every time! Through role playing, and mapping out back-pocket questions, you will be prepared for whatever your next interview holds. Who knows you? When it comes to networking, it is all about the give and take. What are you giving to others? Before you go to another networking event, find out how to make the most of it. Google “resume” and there are so many options; where do you start? Bring a copy of your current resume and business cards if you have one, otherwise we will create a resume. Class fee is non-refundable.

Activity Code: 2RAE5437
(Section codes listed below)

MacDowell .......................... JU01
Wed, Sep 23,  6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Vincent ............................. VN01
Wed, Oct 14,  6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Time Management

Do you feel stressed, frustrated and unproductive? Learn how to take back your life with practical tips and tricks to get time on your side. Class fee is non-refundable.

Activity Code: 2RAE5439
(Section codes listed below)

Vincent ............................. VN01
Wed, Nov 4,  6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Vital Communications

Everything starts with a conversation. When conflict arises, do you go into fight, flight or freeze mode? We avoid important conversations for a variety of reasons. Develop the courage to have these tough conversations. Join us for a two-hour workshop on improving your critical conversational skills. Class fee is non-refundable.

Activity Code: 2RAE5440
(Section codes listed below)

MacDowell .......................... JU01
Wed, Oct 7,  6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Cutting the Cord-Controling Cable and Internet Cords

Fees for cable television, home internet, smartphones and streaming services quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on all devices. Instructor C.T. Kruger. Class fee is non-refundable.

Activity Code: 2RAE5443
(Section codes listed below)

Hamilton .......................... HA01
Thu, Oct 15,  6:30PM- 8:30PM
$15 Residents/$23 Non-Residents

Introduction to LinkedIn: Creating an All Star Profile

Participants will learn about what makes LinkedIn different from other social media platforms. Students will also receive hands-on guidance to create a profile that gives a great first impression which is important for employment and business success. Workshop taught by Clarene Mitchell, TCM Communications.

Activity Code: 2RAE5448
(Section codes listed below)

Hamilton .......................... HA01
Wed, Nov 11,  6:00PM- 8:00PM
$15 Residents/$23 Non-Residents

To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
PROFESSIONAL SKILLS

**Tongue Tied to Top Notch (Intro to Public Speaking)**

You have just been asked to give a presentation...now what? Do you get weak in the knees or break into a cold sweat at the mere thought of standing up in front of a group? Rest assured, you are not alone. Despite how it feels, public speaking is not fatal. Three out of four people have some level of speech anxiety. Join us in this 2 hour introductory workshop and begin your path to being more confident with your presentation skills. Class fee is non-refundable.

*Activity Code: 2RAE1405 (Section codes listed below)*

**Vincent** ........................................ VN01  
Wed, Oct 21, 6:00PM-8:00PM  
$8 Residents/$12 Non-Residents

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**Foster Care in the Community**

The foster care crisis in our community is growing. This free course is being offered so that participants can walk away understanding more about the foster care system, ways that they can consider helping, and the role of trauma in children in families’ lives. Results from the Adverse Childhood Experiences (ACEs) study will be discussed. Participants will have the opportunity to leave with materials to help in continuing to educate the community. Course is taught by Teresa Cocker, Chief Program Officer at Norris. Norris is a nonprofit social service agency in southeastern Wisconsin.

*Activity Code: 2RAE5441 (Section codes listed below)*

**Riverside** ........................................ RS01  
Sat, Nov 7, 9:00AM-10:30AM  
FREE  

**MacDowell** ........................................ JU01  
Wed, Nov 11, 6:00PM-7:30PM  
FREE

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Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net

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**RUN BACK TO SCHOOL: VIRTUAL CHALLENGE!**

This year, the Run Back to School is going VIRTUAL! The Run Back to School: Virtual Challenge is an exciting new take on one of our favorite events of the year. The Run Back to School: Virtual Challenge raises funds to support MPS youth recreation and wellness programs.

For this challenge, registered participants will complete at least four (4) physical activities, equivalent to 120 minutes (about 30 minutes/week) from August 3rd - August 27th. Any activity counts in this challenge: walking, running, hiking, biking, jump rope, and more!

The challenge will culminate with a drive-through celebration on August 27th at Wick Playfield, where participants will receive their commemorative t-shirts and be greeted by the RBTS cheering team! For more information and to register visit mkerec.net/RBTS.

Please like us on Facebook!  
fb.com/MilwaukeeRecreation
TEAM REGISTRATION GOING ON RIGHT NOW!
If you haven’t signed your team up yet, league spots are filling up quickly. Limited space remains open for men’s, women’s, and coed teams still seeking a place in our leagues. Get more details and your team registration today by looking us up on the web mkerec.net/adultsports or call the Adult Sports Office at (414) 647-6046.

Fall Softball Leagues
Extend your softball season this fall with the Adult Sports Program. We offer men’s and coed leagues with sites throughout the city. League play begins in the first week of September. Look at our website for more information.

Kickball Leagues
If you are looking for something new and fun, join our adult kickball leagues. The fall leagues are coed and start late August. Look at our website for more information.

Fall Volleyball Leagues
Join us for our 6’s women and coed volleyball league play which is hosted at Wedgewood School. League play begins in late August. Look at our website for more information.

Winter Basketball Leagues
Our basketball leagues are among some of the most competitive in the Milwaukee area. We offer men’s, women’s and coed leagues. The season will culminate with an All-City Tournament. League play begins in December.

Adult Golf Lessons
These lessons will teach you the following techniques: proper grip, stance, swing, and putting position. Golf course etiquette and rules will also be covered. Must bring your own 7 or 9 iron & putter. Lessons run for 6 weeks, starting mid-September. Visit our website for more information and to register.

Adult Golf Leagues
Always wanted to join a golf league? Our social golf leagues are designed for those who are looking for a weekly golf league without the high fees and highly competitive atmosphere. League play will start mid-September. We offer coed leagues. Visit our website for more information.

An Updated Regarding the Fall 2020 Adult Sports Leagues:

Adult golf lessons and golf leagues will be running this fall. We are able to offer these programs in a safe manner for our participants and our staff. More information will be available about these programs very soon.

As of now our kickball, softball, and volleyball leagues will tentatively be running in the fall. We invite interested participants to register for these leagues and in the event the leagues have to be canceled, all teams will be notified and will receive a full refund.

We have made the difficult decision to cancel basketball, flag football, and soccer leagues for the fall season. We are not able to offer these programs in a manner that is safe for both our participants and our staff. If we are able to offer these programs at some point during the fall season, this information will be communicated as soon as possible. Please visit mkerec.net/adultsports for more updates and information.

Thank you for your understanding at this time.
Pickleball

Pickleball is an enjoyable and fun game that is played on a badminton court with a lower net. The sport uses a perforated plastic ball and a wood or composite paddle. It is easy for beginners to learn and play but it can also offer a quick, fast-paced, and competitive game for experienced pickleballers. Come join us for open play with our avid pickleball players! If you have any questions, please contact us at (414) 647-6065.

Activity Code: 2R550101
(Section codes listed below)

Juneau Playfield .......................... JU01
Wed, Aug 12-Oct 14, 9:00AM-12:00PM
$18 Residents/$23 Non-Residents

Juneau Playfield .......................... JU02
Sat, Aug 15-Oct 10, 9:00AM-12:00PM
$18 Residents/$23 Non-Residents

Pulaski ........................................PK01
Sat, Oct 17-Dec 12, 9:00AM-12:00PM
$18 Residents/$23 Non-Residents

Volleyball - Co-Ed League

BUMP, SET, SPIKE! Register now for this structured coed volleyball league. The registration must be complete with team name and information for all players including address, zip code and telephone number. Game times will fluctuate from week to week. Each team will be provided schedules the first week of play. A staff member will keep score. Teams must have 3 or more females. Online registration is not available for teams or individuals. Teams and individuals must register at Beulah Brinton Community Center. Fee is per person.

Activity Code: 2RAE6203
(Section codes listed below)

Beulah Brinton .............................. BN01
Tue, Sep 26, 11:30AM-12:00PM
FREE

Beulah Brinton .............................. BN02
Sat, Sep 26, 12:00PM-1:30PM
FREE

Beulah Brinton .............................. BN03
Sat, Oct 3, 11:30AM-12:00PM
FREE

Beulah Brinton .............................. BN04
Sat, Oct 3, 12:00PM-1:30PM
FREE

Beulah Brinton .............................. BN05
Sat, Oct 10, 11:30AM-12:00PM
FREE

Beulah Brinton .............................. BN06
Sat, Oct 10, 12:00PM-1:30PM
FREE

Beulah Brinton .............................. BN07
Sat, Oct 17, 11:30AM-12:00PM
FREE

Beulah Brinton .............................. BN08
Sat, Oct 17, 12:00PM-1:30PM
FREE

Beulah Brinton .............................. BN09
Sat, Oct 24, 11:30AM-12:00PM
FREE

Beulah Brinton .............................. BN10
Sat, Oct 24, 12:00PM-1:30PM
FREE

Beulah Brinton .............................. BN11
Sat, Oct 31, 11:30AM-12:00PM
FREE

Co-Rec Volleyball

This open volleyball play will give you the chance to practice your skills in a friendly, non-competitive environment. Bring yourself and a friend for a fun night of volleyball. Everyone plays. Wear sports clothing. Fee is per person. Please sign up early; maximum enrollment is 15.

Activity Code: 2RAE6205
(Section codes listed below)

Milwaukee Marshall ..................... MR01
Wed, Sep 23-Oct 21, 7:00PM-8:30PM
$23 Residents/$35 Non-Residents

Trick Shot Contest

Tuesday, December 1st is World Trick Shot Day! Come to Brinton where your best trick shot will be recorded. You will get 30 minutes to perform your trick shot which can include any sport or combination of sports. Then, on December 1st, all trick shots will be posted and voted on to determine best trick shot.

Activity Code: 2RAE6206
(Section codes listed below)

Beulah Brinton .............................. BN01
Sat, Sep 26, 11:30AM-12:00PM
FREE

Beulah Brinton .............................. BN02
Sat, Sep 26, 12:00PM-1:30PM
FREE

Beulah Brinton .............................. BN03
Sat, Oct 3, 11:30AM-12:00PM
FREE

Beulah Brinton .............................. BN04
Sat, Oct 3, 12:00PM-1:30PM
FREE

Beulah Brinton .............................. BN05
Sat, Oct 10, 11:30AM-12:00PM
FREE

Beulah Brinton .............................. BN06
Sat, Oct 10, 12:00PM-1:30PM
FREE

Beulah Brinton .............................. BN07
Sat, Oct 17, 11:30AM-12:00PM
FREE

Beulah Brinton .............................. BN08
Sat, Oct 17, 12:00PM-1:30PM
FREE

Beulah Brinton .............................. BN09
Sat, Oct 24, 11:30AM-12:00PM
FREE

Beulah Brinton .............................. BN10
Sat, Oct 24, 12:00PM-1:30PM
FREE

Beulah Brinton .............................. BN11
Sat, Oct 31, 11:30AM-12:00PM
FREE

50+ Volleyball

Come and join our 50+ Volleyball League! This league fun and competition to ensure that everyone has a great experience. Online registration is not available, please call 647-6046 for more information.

Activity Code: 2R550801
(Section codes listed below)

Beulah Brinton .............................. BN01
(Competitive Level Fall & Winter league.)
Tue/Thu, Sep 8-Mar 25, 9:15AM-11:45AM
$15 Residents/$38 Non-Residents

Beulah Brinton .............................. BN02
(Social Level Fall & Winter league.)
Tue/Thu, Sep 8-Mar 25, 9:15AM-11:45AM
$15 Residents/$38 Non-Residents

50+ Softball

Come on out and join players of all skill levels as they enjoy the great game of softball through our 50+ Softball League. Online registration is not available. For more information please contact 414-647-6046.

Activity Code: 2R558101
(Section codes listed below)

Beulah Brinton .............................. BN01
(Tuesday/Thursday registration)
Tue/Thu, Sep 8-Mar 25, 9:15AM-11:45AM
$15 Residents/$38 Non-Residents

Beulah Brinton .............................. BN02
(Non-Player Registration)
Tue/Thu, Sep 8-Mar 25, 9:15AM-11:45AM
$10 Residents/$15 Non-Residents

Please note most class sizes will be limited to nine (9) participants. • www.mkerec.net
**You Got Next - Per Visit**
Waiting to play your next game of basketball, but don’t have the place to go? If so, then this class is for you! It is a program that allows for open playing opportunities for adults. Shoot around or play a full court pickup game. It’s all up to you. Must register at site and ID required. Fee is based on a daily visit fee of $2.00 per visit for residents / $3.00 per visit for non-residents. Class fee is non-refundable.

*Activity Code: 2RAE6207 (Section codes listed below)*

**North Division**

- **ND01**
  - Thu, Sep 3-Dec 3, 6:30PM-9:00PM
  - $2 Residents/$3 Non-Residents

**You Got Next - Season Pass**
Waiting to play your next game of basketball, but don’t have the place to go? You Got Next provides open-play opportunities for adults. Shoot around or play a full court pickup game. It’s up to you. Registration and ID required. A daily visit fee of $2.00 per visit for residents / $3.00 per visit for non-residents is also available at the site. Class fee is non-refundable.

*Activity Code: 2RAE6208 (Section codes listed below)*

**North Division**

- **ND01**
  - Thu, Sep 3-Dec 3, 6:30PM-9:00PM
  - $10 Residents/$15 Non-Residents

**Golf Lessons**
Don’t know the difference between a wood and an iron, a green and fairway? Is an eagle just a large birdie? Learn the very basics of golf including how the game is played, terminology, proper grip, stance and swing. Participants must bring their own clubs.

*Activity Code: 2RAE6212 (Section codes listed below)*

**Milwaukee Marshall**

- **MR01**
  - Sat, Sep 26-Nov 14, 2:30PM-3:30PM
  - $24 Residents/$36 Non-Residents

**Adult Golf Lessons**
These lessons will teach you the following golf techniques: grip, stance, and putting position. Golf course etiquette and rules will also be covered. Clubs will not be provided - bring your own 5, 7, or 9 iron and putter. In the case of inclement weather, call the Weather Hotline at 414-475-8192 one hour before your lesson for notification of cancellations. Built in rain date is weekend of October 24.

*Activity Code: 2RAS3801 (Section codes listed below)*

**Hansen Golf Course**

- **HN01**
  - Sat, Sep 12-Oct 17, 10:00AM-11:00AM
  - $21 Residents/$32 Non-Residents

- **HN02**
  - Sun, Sep 13-Oct 18, 2:00PM-3:00PM
  - $21 Residents/$32 Non-Residents

*Please note, the programs listed on this page are subject to change. Any and all changes will be communicated as soon as possible.*

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**Share Today. Shape Tomorrow.**

Mentor a child. Share your wisdom. Make a difference.

As a volunteer, your experience, abilities and skills can positively shape the lives of children in our community. The Social Development Commission is looking for older adults (55+) to volunteer one-on-one with elementary school children in Milwaukee Public Schools.

**Improve a child’s life by:**
- Tutoring in reading, math and other subjects
- Showing interest, encouragement and compassion
- Developing self-esteem

**Volunteers receive:**
- Paid training
- Hourly stipend
- Mileage reimbursement

The Foster Grandparent Program serves Milwaukee Public Schools. When you volunteer, you leave a lasting legacy. Help a child create pathways to success.

For additional information about SDC’s Foster Grandparent Program, please call 414.906.4608 or visit us at **cr-sdc.org**

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To sign up, see page 2 • All centers will be closed November 27. • Face coverings required for ages 3 & up.
When the COVID-19 pandemic forced Milwaukee Recreation to close its community center doors in March ahead of the spring programming season, thousands of community members across the city were left without their traditional outlet for physical, mental, and social wellbeing.

The department quickly shifted to a virtual “Rec. At Home” program, where instructors hosted classes through Facebook Live that are posted regularly on the Milwaukee Recreation Facebook page. Annie Wegner LeFort, who has been a Milwaukee Recreation instructor for two years, immediately jumped at the opportunity, and quickly became a centerpiece of the weekly Rec. At Home schedule.

When Milwaukee Recreation first launched the virtual program in late March, LeFort hosted 6 of the 11 classes in the opening week. Over time, as more instructors became involved with Rec. At Home, LeFort continued to increase her program options.

She taught over 100 sessions throughout the spring and summer, featuring a bevy of popular yoga courses, such as Gentle Yoga, Yoga for Runners, Candlelight Yoga, and Yoga Zone.

“When we [got the stay at home order], I knew I needed to do something to not only keep working, but more importantly to keep reaching my students with regular yoga and movement practice,” LeFort said.

“Our yoga community is as important to me as it is to them - from a social standpoint and a health standpoint. It can be challenging to develop a home practice. When we have a community to motivate us and hold us accountable, it helps us stay dedicated to our practice.”

In between her morning and evening yoga sessions from her new home studio, LeFort also led afternoon cooking courses designed to improve creativity and efficiency in the kitchen. Prior to becoming a certified yoga instructor, LeFort - the founder of The Mindful Palate - launched her business to teach courses about cooking and mindful eating. She earned a degree in Food & Nutrition in Business, as well as a Culinary Arts degree, and has 15 years of restaurant experience, most recently as a pastry chef for a decade.

“While I appreciate my current schedule and setup, there is nothing like the in-person energy I get from my students, especially in yoga classes,” LeFort said.

LeFort will be teaching in-person classes for Milwaukee Recreation at the Beulah Brinton Community Center this fall. Registration opens on August 3 for city of Milwaukee residents, and August 10 for non-residents.

“Annie is a rare combination of cool, thoughtful, and organized,” Milwaukee Recreation supervisor Joel Symons said. “Annie is a ball of energy, and it’s no wonder because she’s a product of what she preaches.”

Everyone continues to find new ways to interact with others during this pandemic, and LeFort is no different. She embraced the virtual instruction opportunities with open arms, using the experience to improve her knowledge of technology, share classes with family and friends who are outside of the Milwaukee area, and increase the amount of classes she can physically teach in a week. Still, she is eager to continue teaching in-person courses this fall.

“I teach people how to be more intentional about the source of their food, how they prepare it, and [how they] enjoy it.”

During her Rec. At Home virtual cooking classes, LeFort showed off some of her “greatest hits.” You can re-watch all of Annie’s cooking courses - including Vegetarian Tacos, Gluten-Free Pizza Crusts, Knife Sharpening, No-Waste/Low-Waste Cooking, and so much more - on Milwaukee Recreation’s YouTube channel.
An Update Regarding the Fall 2020 Therapeutic Recreation Program:

Milwaukee Recreation has made the difficult decision to cancel in-person Therapeutic Recreation classes for the Fall 2020 season. It took a great deal of consideration to make this decision, but based on the hands-on nature of the Therapeutic Recreation programs, recommended social distancing requirements, and the recommended stages of returning to “normal” programming, we know this is safest choice to make for our participants and staff. This is not a decision we took lightly and we hope by doing our part now, we will be ready and able to safely return to our full program schedule this winter.

We will continue offering virtual programs throughout the fall, so we invite our participants to visit our website at mkerec.net/therapeuticrecreation for updates on programs. All program videos will also be posted to our Therapeutic Recreation Facebook group page and YouTube channel in the Therapeutic Rec. At Home playlist.

Thank you for your understanding at this time.
OASIS COMMUNITY CENTER
2414 W. Mitchell Street, Milwaukee, WI 53204-3025

Program Locations:
Brinton Community Center (2555 S. Bay St.)
Enderis Field House (2938 N. 72nd St.)
OASIS (2414 W. Mitchell St.)
Juneau Playfield (6500 W. Mt. Vernon Ave.)

ACTIVE OLDER ADULTS PROGRAM
Make your life more fulfilling by joining the 50+ Program! The program provides active fitness, educational and recreational offerings for senior adults, fifty years and older. In addition to travel, classes, clubs and leagues, various services and volunteer opportunities are available. Activities are held indoors and outdoors, daytime, and some weekends.

INCLUDED WITH OASIS MEMBERSHIP
Membership cards are available at the OASIS Senior Center for $15 for city of Milwaukee residents and $25 for non-residents. Membership fee is good for one year from purchase date.

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>FITNESS CENTER</td>
<td>Mon.-Fri. 7:30am-4:30pm.</td>
</tr>
<tr>
<td>CHAIR YOGA</td>
<td>Mon., Wed., Fri. 9:00am-10:00am.</td>
</tr>
<tr>
<td>COMPUTER LAB</td>
<td>Mon.-Fri. 7:30am-3:00pm.</td>
</tr>
<tr>
<td>MOVIES AND POPCORN</td>
<td>Dates and times vary. Please call 414-647-6065 for more information.</td>
</tr>
<tr>
<td>GARDEN CLUB</td>
<td>Thur. - 11:30am-1:00pm.</td>
</tr>
<tr>
<td>STRING ENSEMBLE</td>
<td>Wed. 9:45am-11:15am.</td>
</tr>
<tr>
<td>OUTDOOR EDUCATION CLASSES</td>
<td>Thur. – Once a month 12:15pm-1:45pm. Please call 647-6065 for more information.</td>
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</tbody>
</table>
Wisconsin Adaptive Sports Association

Not disABLED sports… wheelchair and adaptive sports!

WASA currently provides wheelchair and adaptive sports for those with physical and visual impairments to over 100 athletes from 6 to 60 years old. From the beginner to the Paralympian and everything in between WASA provides an outlet to be fit, active and healthy. Join us whether you just want to recreate locally or travel competitively, WASA has a place for you. Come join the FUN! – It’s just a Different Pair of Shoes!

To sign up contact:
Sam Gracz, CTRS
Program Director
Wisconsin Adaptive Sports Association, Inc.
501(c)(3) tax exempt, nonprofit organization
Phone: 414-430-6543
Email: sam@wasa.org       www.wasa.org

An Update Regarding 50+ Travel Club:

Due to the unforeseen circumstance of COVID-19, and additionally, the impact it has had on the vendors that serve us, Milwaukee Recreation has made the decision to forgo any 50+ Travel Club Trips through December of 2020. This decision was driven by our dedication to ensuring that the health and safety of our customers and employees comes first. Updates on trips for 2021 will be listed in our Winter Recreation Guide or feel free to call our office at 414-647-6057.
TEAM MILWAUKEE SPECIAL OLYMPICS

Team Milwaukee is a registered agency with Special Olympics Wisconsin

This year-round sports program offers both adults and youth with intellectual disabilities the opportunity to learn and improve skills through training and competition in various sports. These programs will encourage participants to become more physically fit, socialize with others, and increase self-confidence. To participate in Area/State Special Olympics competitions, individuals must be 8 years or older and have completed the required Special Olympics medical form. Come join the fun!

FALL SPORTS SEASON (August - November):
• Flag Football at Wick Field
• Bowling at Marquette University Union Annex, Burnham Bowl, AMF West, and AMF Bowlero
• Volleyball at Wedgewood Park International School

Questions?
Contact Christine Cowan at christine@mkerec.net or call 414-647-3824.
**ACTIVE OLDER ADULTS | 50+ SPORTS**

Our Active Older Adults program promotes health and vitality for adults age 50 Plus. No matter your age, staying active and involved in the community is crucial to your physical, mental, social, and emotional well-being! Our program provides information and opportunities in sports leagues, health, and wellness throughout the city of Milwaukee. **For registration information please contact Katie Seitz in the Adult Sports/50+ Sports Office at 414-647-6046 or email: AdultSports@mkerec.net.**

**Sports Schedule:**

» **Fall Season (Sept-Dec):** Volleyball Leagues, Drop-In Volleyball, Pickleball Open

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**Milwaukee County Senior Dining Program**

For more information on grab and go locations, please call 414-289-6995.
Participate in our Virtual “Rec. At Home” Programming Today!
Free Classes Available on Milwaukee Recreation’s Facebook Page

Along with our in-person offerings listed in this fall guide, you can also participate in Milwaukee Recreation’s FREE “Rec. At Home” virtual programming! Each week, our professional instructors will bring classes right into your living room. The weekly schedule – featuring fitness workouts, cooking classes, outdoor education videos, and more – will be posted every Sunday afternoon on Facebook, Instagram, and mkerec.net!

Join the thousands of participants who have already followed our page at FB.com/MilwaukeeRecreation to participate and receive up-to-date information.

No registration is required. All classes will be archived on our Facebook timeline to watch even after each session concludes! You can also view archived classes on our YouTube channel (https://bit.ly/2y52hES).

Wanted: Support Staff for High School Athletics

If you have experience in operating game clocks, score books, officiating or working a chain crew, we need you! Training available for basketball, soccer and football positions. Contact us to work Interscholastic Athletics for the 2020-2021 school year. It's a great part-time job and a lot of fun. For further information call us at (414) 475-8194 or email matt@mkerec.net.
A note from Milwaukee Recreation regarding COVID-19 scheduling and safety:

**Schedule Changes:** Please note, compliance with COVID-19 regulations may result in schedule changes. We will communicate these as soon as possible. Thank you for your understanding.

**Your Safety is our Priority:** Please know we are taking the necessary precautions to ensure your safety while participating in Milwaukee Recreation programs. The use of face masks or cloth face coverings is required when inside Milwaukee Recreation facilities for all staff and participants over the age of 3, and required outside unless 6 feet apart from others. If you do not have a mask or face covering, one will be provided for you.

Specific information regarding new registration policies can be found on page 2. In addition, most class sizes will be limited to nine (9) participants to maintain social distancing practices.

More information can be found at mkerec.net or by calling (414) 475-8811. Thank you for understanding!
FACE MASKS

Cloth face coverings are an additional step to help slow the spread of COVID-19 when combined with every day preventive actions and social distancing in public settings.

Face masks are **required** at all Milwaukee Recreation facilities for all staff and participants over the age of 3, and required outside unless 6 feet apart from others (Milwaukee Ordinance #200426).

**Who should NOT use cloth face coverings:** children under age 2, or anyone who has trouble breathing, is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

**Cloth face coverings are NOT surgical masks or N-95 respirators.** Surgical masks and N-95 respirators must be reserved for healthcare workers and other medical first responders, as recommended in CDC guidance.

**Wear Your Face Covering Correctly**

- Wash your hands before putting on your face covering.
- Put it over your nose and mouth and secure it under your chin.
- Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily.

**Use the Face Covering to Protect Others**

- Wear a face covering to help protect others in case you’re infected but don’t have symptoms.
- Keep the covering on your face the entire time you’re in public.
- Don’t put the covering around your neck or up on your forehead.
- Don’t touch the face covering, and, if you do, wash your hands.

**Follow Everyday Health Habits**

- Stay at least 6 feet away from others.
- Avoid contact with people who are sick.
- Wash your hands often, with soap and water, for at least 20 seconds each time.
- Use hand sanitizer if soap and water are not available.

**Take Off Your Face Covering Carefully When You’re Home**

- Untie the strings behind your head or stretch the ear loops.
- Handle only by the ear loops or ties.
- Fold outside corners together.
- Place covering in the washing machine (learn more about how to wash cloth face coverings).
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.
OUR MISSION, VISION, AND VALUES

MISSION

To enrich and strengthen the community by promoting healthy lifestyles, personal development, and fun through memorable recreational and educational experiences for people of all ages and abilities.

VISION

To be the leading provider of quality and affordable recreation services in the Milwaukee.

VALUES

The following are the core values that drive the work and interactions with the team and customers:

- **Equity**
  Ensuring access to recreation services for all.

- **Accountability**
  Taking individual and collective responsibility.

- **Memorable Experiences**
  Creating special, distinctive recreation experiences.

- **Professional Staff**
  Employing staff who possess the core competencies of the department.

- **Quality Service Delivery**
  Exceeding customer expectations through responsive and respectful service delivery.

- **Sense of Community**
  Providing services that encourage personal connections and relationships.

- **Collaborations/Partnerships**
  Fostering and maintaining partnerships with individuals and organizations that benefit the community.
Join us for our 27th Annual Halloween Glen! Actors will present interactive and educational skits at eight decorated stations at Hawthorn Glen, Milwaukee Recreation’s 23-acre nature center. Explore nature’s unusual origins, and journey back to the beginning and discover that nature is hatching more than a plan. It’s time to appreciate the small things. After your journey, children will receive a treat and a take home craft kit! More details available in the Outdoor Education section of this recreation guide.

October 9 & 10 • This year’s theme: Nature Babies!

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A NON-SCARY ALTERNATIVE TO HAUNTED HOUSES

October 9 & 10

This year’s theme: Nature Babies!

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JOIN US FOR THE 13TH ANNUAL RUN BACK TO SCHOOL: VIRTUAL CHALLENGE!

This year, the Run Back to School is going VIRTUAL! The Run Back to School: Virtual Challenge is an exciting new take on one of our favorite events of the year. The challenge will run from August 3rd - August 27th and will culminate with a drive-through celebration on August 27th at Wick Playfield, where participants will receive their commemorative t-shirts and congratulatory cheers from district staff. To register and for more information visit mkerec.net/RBTS.

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A note from Milwaukee Recreation regarding future programming and event cancelations as a result of COVID-19:

During this unprecedented time, we are working hard to find the best ways to serve our community while ensuring the safety of our customers and staff. This may result in schedule changes and/or cancelations of activities which will be communicated to you as soon as possible.

While this is an ever-changing situation, it remains our goal to bring our programs and services to you in the best way possible. Thank you for your understanding.

-Lynn A. Greb
Senior Director, Milwaukee Recreation
Register online at mkerec.net. Call 414 475-8180 with any questions.

If you live in the city of Milwaukee and this booklet was NOT delivered directly to your mailbox, please visit mkerec.net/mail to complete our two-question mailing survey.

Para obtener ayuda en español: (414) 475-8180
Rohingya zurban ot modot ollá: (414) 475-8182
မြန်မာဘာသာ အကောင်အထည်: (414) 475-8182
للمساعدة باللغة العربية: 414-8182
Wixii caawin Af-Somali ah: (414) 475-8182
Xav tau kev pab hais ua lus Hmoob hu: (414) 475-8182