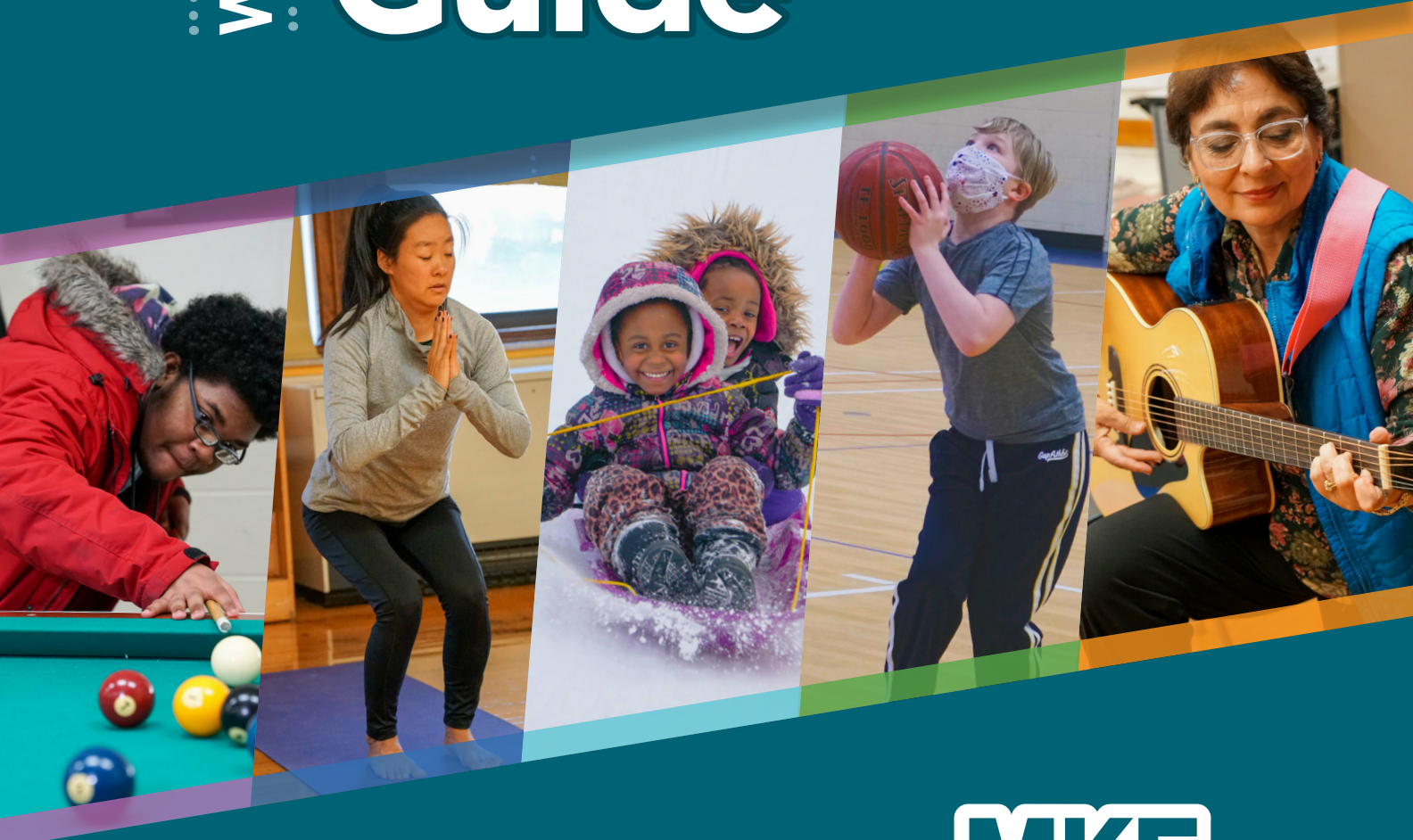


Registration begins December 8, 2022 | Para ayuda en español: 414.475.8180

WINTER

Recreation Guide



Activities for the entire community
YOUTH | TEENS | ADULTS | SENIORS

mkerec.net



A department of **MPS**

Winter fun for everyone!



Chilly temps are quickly approaching, which means it's time to cozy up and read through the 2023 Milwaukee Recreation Winter Guide. Filled with exciting offerings, new classes, and special events, there is plenty to keep you busy all season long.

This winter, we hope you'll join us at the annual Winter Wonder Woods event at Hawthorn Glen on December 9, 10, 16, and 17. This winter-themed hike includes 70,000 lights on display, a selfie station, hiking Santa and warm drinks and sweet treats. We will also be hosting our annual Yoga Fest on New Year's Day at the Beulah Brinton Community Center. This is a great way for you and your family to start the year off on a healthy note! Finally, we are excited to announce the return of our annual Daddy/Daughter Dance at North Division High School. The event will take place on Saturday, February 18 and will be a very special night filled with dinner, dancing, and valuable family time. Details on pages 6 and 19.

Please take time to browse through this guide and all the amazing opportunities available to you and your family. We look forward to seeing you this winter.

Dr. Keith P. Posley
Superintendent of Schools



Daddy ♥ Daughter Dance IS BACK!

Milwaukee Recreation is excited to welcome the community back to our annual Daddy/Daughter Dance. We look forward to seeing you all on the dance floor in February - it's time to groove!

SAVE THE DATE

Saturday, Feb 18 2023

Stay up to date on all information
at mkerec.net/daddydaughter



A department of MPS

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**MILWAUKEE
PUBLIC SCHOOLS**

**This recreation guide is a
quarterly publication of
Milwaukee Recreation, a
department of MPS.**

Dr. Keith P. Posley
Superintendent of Schools

Lynn A. Greb, Senior Director
Milwaukee Recreation

Milwaukee Board of School Directors

Marva Herndon
1st District

Erika Siemsen
2nd District

Sequanna Taylor
3rd District

Aisha Carr
4th District

Jilly Gokalgandhi
5th District

Marcela Garcia
6th District

Henry Leonard
7th District

Megan O'Halloran
8th District

Bob Peterson
At Large

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Para ayuda en español: 475-8812

Important Dates — See page 2 for details.

December 6	Driver Education registration begins 10AM
December 8	Priority registration for city of Milwaukee residents begins at 10AM
December 13	Non-city of Milwaukee residents' registration begins at 10AM.
January 9	Mail-in registration deadline.
January 9	Fax-in registration deadline. Fax registrations must be received by 4PM.

A NOTE REGARDING WINTER 2023 REGISTRATION:

Registration will be available online, via phone, and in-person for the winter 2023 season. See page 2 for more details.

OUR MISSION:

To enrich and strengthen the community by promoting healthy lifestyles, personal development, and fun through memorable recreational and educational experiences for people of all ages and abilities.

OUR VISION:

To be the leading provider of quality and affordable recreation services in the Milwaukee community.

Ways to Register

Priority registration is given to city of Milwaukee residents beginning **December 8, 2022 at 10AM**. Non-city of Milwaukee residents may register beginning **December 13, 2022 at 10AM** through the dates listed below. **Registration for Driver Education begins on December 6, 2022 starting at 10AM**.

1. ONLINE REGISTRATION

Deadline: one week before your class begins.

Visit mkerec.net for the easiest way to sign up. If you're having trouble logging into your account, please do not create a new account. Instead, please call 414.475.8180 for assistance.

SAVE YOUR USERNAME AND PASSWORD HERE:

2. OVER-THE-PHONE REGISTRATION

Deadline: one week before your class begins.

1. Please call 414-475-8811 to inquire about registering for a class over the phone. Please have credit card information ready at the time of your call.

3. IN-PERSON REGISTRATION

Deadline: one week before your class begins.

You can now register in-person, as late as one week before your class begins. To guarantee a space, please register early. You may register in person at one of these offices:

1. Milwaukee Recreation Central Office: 5225 W Vliet St.

Hours: Mon - Fri, 8:15AM - 4:30PM

2. Citywide Programs Office: 2414 W Mitchell St.

Hours: Mon-Fri, 8:15AM - 4:30PM

4. FAX-IN REGISTRATION

Through Monday, January 9 at 4:00 PM

1. Fax completed form to: Milwaukee Recreation.
(414) 475-8183. Please include a return FAX number.

2. A credit card number (MasterCard or Visa only), expiration date, and signature are required on all forms.

5. MAIL-IN REGISTRATION

Registration must be received by Monday, January 9

1. Checks and credit card information will be accepted. **NO CASH via mail-in registration.**

2. Make check payable to: Milwaukee Recreation. Please **DO NOT** send cash via mail.

3. Mail to: Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181.

4. Active Older Adults: Mail to 2414 W. Mitchell St., 53204

Nondiscrimination Notice: It is the policy of the Milwaukee Public Schools, as required by section 118.13, Wisconsin Statutes, that no person will be denied admission to any public school or be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other program or activity because of the person's sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability. This policy also prohibits discrimination under related federal statutes, including Title VI of the Civil Rights Act of 1964 (race, color, and national origin), Title IX of the Education Amendments of 1972 (sex), and Section 504 of the Rehabilitation Act of 1973 (disability), and the Americans with Disabilities Act of 1990 (disability). The following individuals have been designated to handle inquiries regarding the non-discrimination policies: For section 118.13, Wisconsin Statutes, federal Title IX: Matthew Boswell, Director, Department of Student Services, Room 133, Milwaukee Public Schools, 5225 W. Vliet St., P.O. Box 2181, Milwaukee, Wisconsin, 53201-2181 (414) 475-8027. For section 504 of the Rehabilitation Act of 1973 (Section 504), federal Title II: J. Andy Woyte, Interim Section 504/ADA Coordinator, Department of Specialized Services, 6620 W. Capitol Dr., Milwaukee, WI, 53216, (414) 438-3677. ASL: (414) 438-3458

Important Registration Information

ENROLLMENT. Registrations will be processed in the order in which they are received. Enrollment is not guaranteed. We reserve the right to cancel classes because of low enrollment after a class has started and to close further enrollment when a class is filled. All participants must register and pay for classes prior to attending the first session.

DEADLINES. Registrations must be received before registration deadlines. No exceptions. Milwaukee Recreation is not responsible for delayed mail delivery, or unreadable or improperly transmitted faxes. No telephone registrations accepted.

CONFIRMATION. Activity confirmations will be mailed to the address listed on the registration form. If you register online, your confirmation will not be mailed; instead, you will be able to print your confirmation immediately.

REFUND POLICY. Information regarding our refund policy can be found online at www.mkerec.net/refund. Or, contact us at 414.475.8180 to receive a copy by mail.

INSURANCE. Milwaukee Recreation does not provide accident or hospital insurance for class participants. Participants should review their insurance policies for coverage.

FEES. Resident and non-resident fees are as listed under course offerings. Registration forms without the proper fee will be returned.

REDUCED ACTIVITY FEE (17 YEARS & UNDER). City of Milwaukee youth whose family is enrolled in FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and/or Foster Care may be eligible for reduced fees. Children's classes over \$10 are eligible for a \$5 discount. Children's classes \$30 and over are eligible for a \$10 discount. **Classes, field trips, special events, and admission fees that are not eligible for reduced fees are noted in the class description. MPS Students: The MPS student database is used to verify eligibility. Registrant must provide documentation with registration if eligibility cannot be confirmed. Non-MPS Students: Must provide eligibility documentation with registration. Our full policy including acceptable documentation can be found online at www.mkerec.net/reduced.

PAYMENT METHODS. Includes check, money order, credit/debit card (VISA/ MasterCard only), and cash (in-person registration only). Denied Credit/Debit Cards: Individuals whose credit/debit card has been denied will not be registered until an alternate form of payment is received. Returned Checks: Individuals whose checks are returned will no longer be registered for that class. Individuals must register again by paying with cash or money order and will be included in the class if space is still available. A \$20 returned check charge will be added to your class fees. Out-of-state checks will not be accepted.

PROGRAM ACCESSIBILITY: Reasonable accommodations are made for individuals to participate in Milwaukee Recreation programs. For more information on requesting a reasonable accommodation, please visit the Inclusion Services Policy on page 4 or call 414-475-8182

AMERICANS WITH DISABILITIES ACT: Milwaukee Recreation is committed in both policy and practice to enforce and implement all required provisions of the Americans with Disabilities Act. If you or your child need a reasonable accommodation to participate in a recreation program, your request may be made to any Milwaukee Recreation staff person. Upon reasonable notice, efforts will be made to accommodate your request.

A.H.E.R.A. REGULATION: Official Notice to Inform All MPS Parents and Employees about Asbestos Containing Materials Inside School Buildings is Hereby Given: According to the United States E.P.A., the A.H.E.R.A. Regulation requires annual notification to all employees and parents/guardians regarding asbestos containing materials inside school buildings. Management Plans specifying locations, condition, and past response actions of these materials are located in the respective engineer's office for each site and are available for review during normal school hours as required by A.H.E.R.A. In the ongoing program to safely maintain asbestos-containing materials, MPS conducts surveillances, and 3-year reinspections, and implements appropriate response actions. If interested parties have specific questions relating to the Milwaukee Public School District policy or the scheduling of asbestos related activities planned or in progress, please contact the MPS Environmental Services Department at 414.283.4626.

MILWAUKEE RECREATION CLASS/ACTIVITY REGISTRATION FORM

MAIN CONTACT

LAST NAME

FIRST NAME

MIDDLE INITIAL

DATE OF BIRTH

RECEIPT # (OFFICE USE ONLY)

ADDRESS

(NO PO BOX #s, PLEASE)

APT. #

CITY

ZIP CODE

PHONE ()

E-MAIL

CHECK BOX IF ADDRESS IS NEW

PERMISSION: I hereby grant permission for my child/myself to participate in the above-named Milwaukee Recreation event. In the event of any injury requiring medical attention, I hereby grant permission to the recreation staff (including volunteers) to attend to my son/daughter or myself including seeking medical attention.

WAIVER: I/we recognize that unanticipated situations and problems can arise during Recreation activities that are not reasonably within the control of the recreation staff (including volunteers). I/we therefore agree to release and hold harmless the Milwaukee Board of School Directors, its agents, officer, employees, and volunteers, from any and all liability, claims, suits, demands, judgments, costs, interest and expense (including attorneys' fees and costs) arising from such activities, including any accident or injury to myself or my child and the costs of medical services.

PHOTO PERMISSION/RELEASE: I understand that there are times when the local news media, national news media and/or nonprofit organizations partnering with Milwaukee Public Schools (MPS) request the opportunity to videotape, take photographs and/or interview participants within Milwaukee Recreation and MPS. By signing this, I understand that and give permission for MPS to allow this with respect to my child and/or myself. I also understand that by signing this release I give permission to MPS to make or use pictures, slides, digital images, or other reproductions of me, of my minor child or of materials owned by me or my child, and to put the finished pictures, slides, or images to use without compensation in broadcast productions, publications, on the Web, or other printed or electronic materials related to the role and function of the MPS. I understand that by signing this, I am, on behalf of myself and/or my child, releasing MPS and its directors, officers, employees and agents, from any future claims as well as from any liability arising from the use of any photograph or other images. This form shall be valid for the duration of the current Milwaukee Recreation program season.

I hereby certify that I have read and do understand the above information:

X
Signature required for all registrations

☐ CASH

☐ MONEY ORDER

☐ CHECK (#)

CHECKS PAYABLE TO MILWAUKEE RECREATION

CREDIT CARD #

CARDHOLDER NAME

PHONE NUMBER ()

SIGNATURE: _____

EXP. DATE ____/____/____

SECURITY CODE: _____

NEW: DEMOGRAPHIC INFORMATION (MAIN CONTACT)

1. Which race or ethnicity best describes you?

Hispanic/Latino (1) _____ Native Hawaiian or other Pacific Islander (5) _____

American Indian or Alaska Native (2) _____ White (6) _____

Asian (3) _____ Two or more races (7) _____

Black or African American (4) _____ Prefer not to answer (8) _____

Male (M) _____ Non-binary (N) _____

Female (F) _____ Prefer not to answer (P) _____

Transgender (T) _____

2. Which of the following most accurately describes you?

For each participant please record the corresponding letter and number in the "DEMO" column in the table below.

Activity Code	Section Code	Activity Name	Day	Time	Fee	First/Last Name	DEMO	DOB (Month/Day/Year)

PLEASE SIGN THIS FORM AT LEFT, ENCLOSE TOTAL PAYMENT, AND MAIL TO
Milwaukee Recreation
PO Box 2181
Milwaukee, WI, 53201
or fax to
414.475.8183
before the advertised registration deadlines.

TOTAL FEES \$

REDUCED ACTIVITY FEE \$

SCHOOL NAME: \$

Please check this box if you wish to donate \$1 to the Youth Program Fund.
☐ \$1 DONATION?

TOTAL PAYMENT DUE \$

REDUCED ACTIVITY FEE (17 YEARS & UNDER)

Families meeting financial guidelines may qualify for an activity discount. Children's classes over \$10 are eligible for a \$5 discount. Children's classes \$30 and over are eligible for a \$10 discount. Most field trips, special events, and admission fees are not eligible and are so noted in the class description. School-age youth whose family qualifies for one or more of the following program subsidies are eligible for the youth discount (where applicable): FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and Foster Care. The MPS student database will be used to verify participant eligibility. Non-MPS students must provide eligibility documentation with registration. Our full policy can be found online at www.mkrecre.net/reduced.

☐ CHECK THIS BOX IF YOU ARE REQUESTING THE REDUCED ACTIVITY FEE FOR YOUR CHILD

MILWAUKEE RECREATION INCLUSION SERVICES POLICY

Milwaukee Recreation is committed to creating and promoting inclusion within all facilities and programs. Through the Inclusion Services Policy and supporting practices, we aim to ensure that everyone has access to the benefits of quality parks and recreation.

Milwaukee Recreation defines inclusion as the process of including all persons, regardless of their socioeconomic level, abilities, language, ethnic origin, sexual orientation or gender identification.

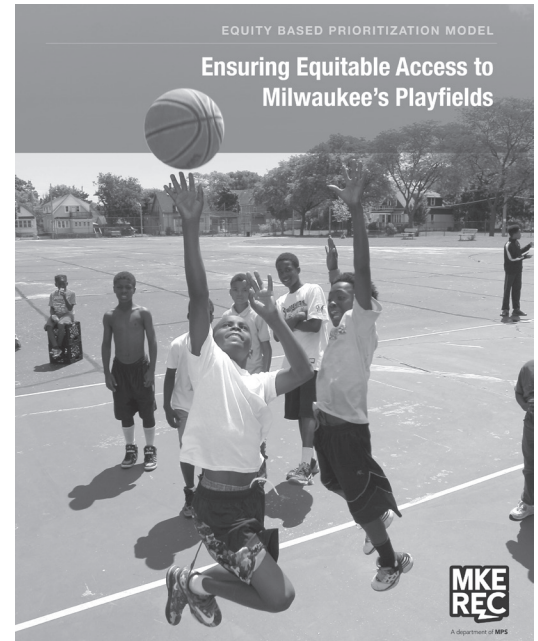
POLICY GOALS: The Inclusion Services Policy outlines Milwaukee Recreation's approach to ensuring inclusive environments and equitable opportunities for all community members in local parks and recreation.

THIS POLICY ENSURES THAT:

- Community members utilizing our facilities, programs and services have equitable and ability-appropriate access to programs and services regardless of ability, race, age, language, religion, country of origin, sexual orientation, or gender identity.
- Site staff, community partners and stakeholders engage in the support of all community members and promote inclusive behaviors both in park and recreation facilities and throughout the community in public spaces.
- Milwaukee Recreation establishes and maintains an organizational infrastructure for the management of the policy and its established goals and objectives.
- Milwaukee Recreation will continuously measure and improve inclusive practices.

We invite you to visit mkerec.net/inclusion to learn more about Milwaukee Recreation's efforts to support inclusive practices across all program areas including the Equity Based Prioritization Model for playfield improvements, professional development opportunities for staff, Everyone Plays! Scholarship Program, and the new process for requesting accommodations for Recreation classes.

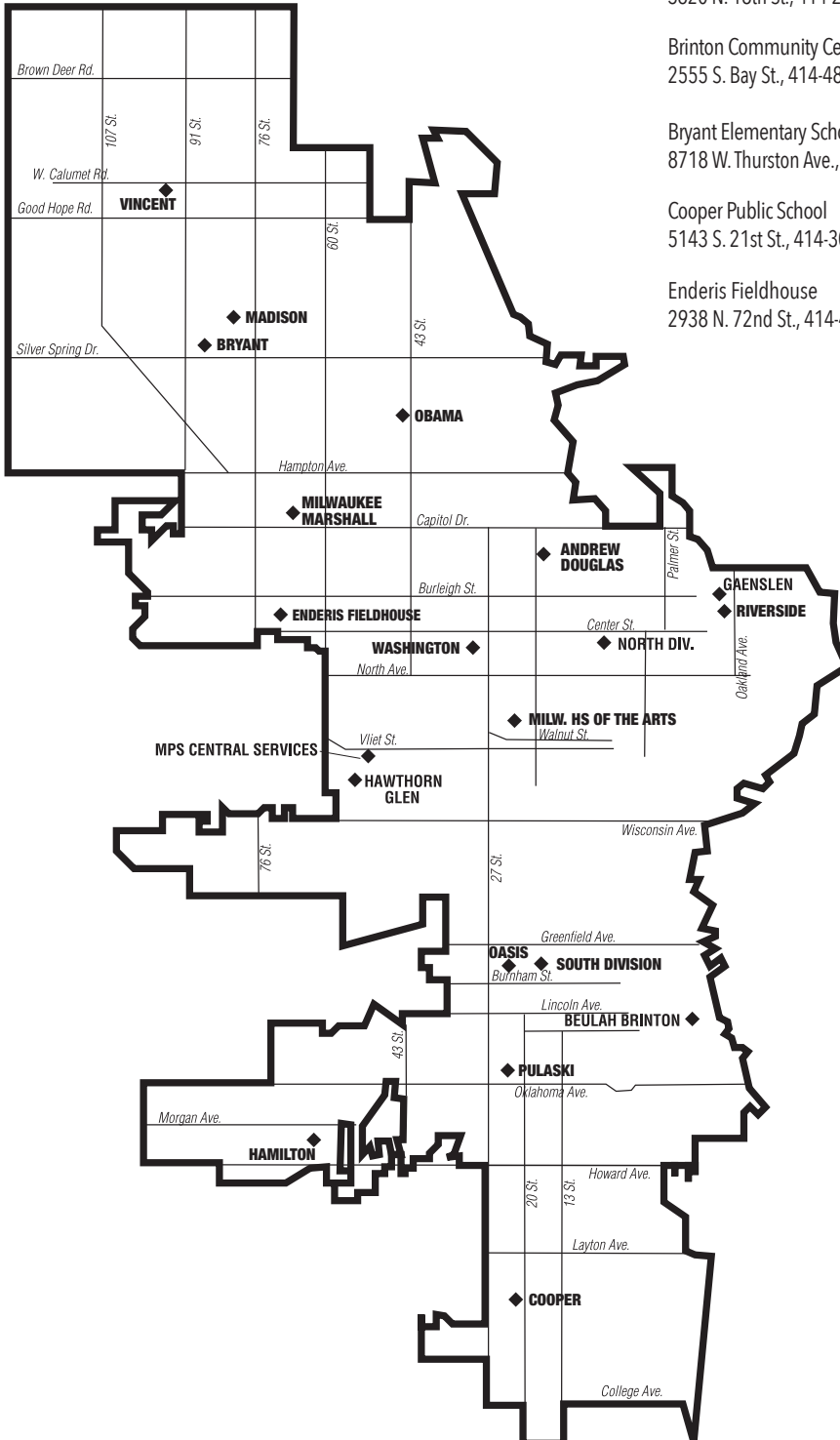
Need accommodations? Submit an ADA Accommodation Request electronically by visiting mkerec.net/inclusion and a member of the recreation team will contact you for further details.



EVERYONE PLAYS!



Please use the phone numbers listed only during recreation program hours at that location.



Andrew Douglas Middle School
3620 N. 18th St., 414-256-8200

Brinton Community Center
2555 S. Bay St., 414-481-2494

Bryant Elementary School
8718 W. Thurston Ave., 414-393-6500

Cooper Public School
5143 S. 21st St., 414-304-6300

Enderis Fieldhouse
2938 N. 72nd St., 414-453-6026

Gaenslen School
1250 E. Burleigh St., 414-267-5734
Enter north door, #4

Hamilton High School
6215 W. Warrimont Ave., 414-327-9402
Enter door #5 off south parking lot

Hawthorn Glen
1130 N. 60th St., 414-777-7888

Madison High School
8135 W. Florist Ave., 414-393-6100

Milwaukee Marshall
4141 N. 64th St., 414-393-2391
or 414-393-2388
Enter door #10 - N. 64th St. & W. Hope Ave.

Milwaukee HS of the Arts
2300 W. Highland Ave., 414-934-7000
Enter door #9 off east parking lot.

MPS Central Services
5225 W. Vliet St., 414-475-8180
Enter southwest door off rear parking lot

North Division High School
1011 W. Center St., 414-267-5077
Enter west side of building near tennis courts

OASIS
2414 W. Mitchell St., 414-647-6041

Obama High School
5075 N. Sherman Blvd., 414-393-4900
Enter door #5

Pulaski High School
2500 W. Oklahoma Ave., 414-902-8900

Riverside University High School
1615 E. Locust St., 414-906-4900

South Division High School
1515 W. Lapham Blvd., 414-902-8300

Vincent High School
7501 N. Granville Rd., 262-236-1270
Enter northeast door #4 by fieldhouse

Washington High School
2525 N Sherman Blvd, 414-875-5900



Daddy ♥ Daughter Dance

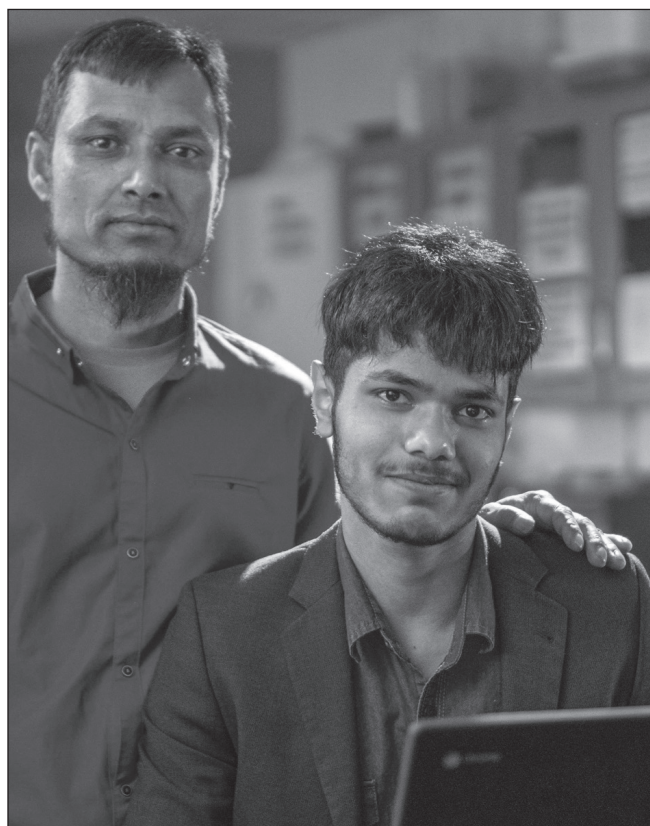
IS BACK!

Milwaukee Recreation is excited to welcome the community back to our annual Daddy/Daughter Dance. We look forward to seeing you all on the dance floor in February - it's time to groove!

SAVE THE DATE
Saturday, Feb 18 2023

Stay up to date on all information
 at mkerec.net/daddydaughter





BEHIND EVERY FUTURE GRADUATE IS A STRONG FAMILY.

Put a brighter future in focus, enroll today.



From Montessori to STEM and from immersion to IB, MPS has many great options for your child's education. Visit mpsmke.com to discover the best choice for your family. Seats fill quickly. For more information, please call **(414) 475-8159** or email enrollmentsupport@milwaukee.k12.wi.us.



SCIENCE
TECHNOLOGY
ENGINEERING
MATH



6 Primary Years Programme
6 Middle Years Programme
6 Diploma Programme



MILWAUKEE PUBLIC SCHOOLS

Apply. mpsmke.com/enroll

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BAKING

Signature Red Velvet Cookies

Your Little Bakers will have a blast as they prepare the BEST red velvet cookies ever. Our recipe produces a very soft and chewy cookie loaded with white chocolate chips! Students will be introduced to baking vocabulary, techniques, cooking tools, and kitchen safety. Class is taught by Geneva Byrd from Little Bakers Association. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 3RCE2507
(Section codes listed below)

Hamilton (Ages 4-12)..... HA01
Sat, Feb 18, 1:00PM- 2:00PM
\$24 Residents/\$36 Non-Residents



Apple Crisp

Get ready to indulge when all the best flavors are combined with apples, sugar, and spices for an out of this world recipe! This delicious treat is perfect for any season, or any occasion. Your Little Baker will be preparing their apple crisp and serving it with a scoop of ice-cream on top! They will be introduced to baking vocabulary, techniques, cooking tools, and kitchen safety. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 3RCE2509
(Section codes listed below)

Hamilton (Ages 4-12)..... HA01
Sat, Mar 11, 1:00PM- 2:00PM
\$24 Residents/\$36 Non-Residents

Cake Pops

Your little baker will have a chance at making cake pops! Who knew that cake pops could be created so easily, and taste so delicious? Kids will be introduced to baking vocabulary, techniques, cooking tools, and kitchen safety. Class taught by Geneva Byrd with Little Bakers Association. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 3RCE2512
(Section codes listed below)

Milwaukee Marshall (Ages 4-12)... MR01
Sat, Jan 28, 1:00PM- 2:00PM
\$24 Residents/\$36 Non-Residents

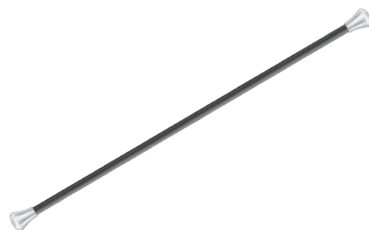
BATON

Baton

Twirl your way to fun while you learn basic skills such as figure 8s, flat spins, pinwheels, and tosses. Coordinate your twirling with marching jumps, leaps, and dance steps. Enjoy the opportunity to perform. A baton is required and can be purchased from the instructor. Class taught by Marcy Blaufuss!

Activity Code: 3RCE7901
(Section codes listed below)

Beulah Brinton (Ages 5-17)..... BN01
Sat, Jan 28-Mar 18, 10:30AM-11:30AM
\$19 Residents/\$29 Non-Residents



DANCE

Ballet

Ballet is a fine art discipline which strives to improve coordination, posture and muscular development. Learn basic ballet positions, steps and floor combinations. Ballet shoes and leotards are recommended. Unless otherwise noted, all classes are beginner level.

Activity Code: 3RCE2902
(Section codes listed below)

Riverside (Ages 7-8)..... RS02
Sat, Jan 14-Mar 4, 12:00PM-12:50PM
\$16 Residents/\$24 Non-Residents

Disney® Dance

Dance to the songs and music of classic Disney® stories and films. Each class will start with the reading of a Disney® story followed by learning dances to music associated with that story. Join us in bringing the music to life!

Activity Code: 3RCE2906
(Section codes listed below)

Hamilton (Ages 4-8)..... HA01
Sat, Jan 14-Mar 4, 10:40AM-11:40AM
\$19 Residents/\$29 Non-Residents

Milwaukee Marshall (Ages 4-11)... MR01
Sat, Jan 14-Mar 4, 11:30AM-12:30PM
\$19 Residents/\$29 Non-Residents

Hip Hop

Break out of the boring routine and into freestyle dance! Learn hip hop grooves you've always wanted to, but never thought you could.

Activity Code: 3RCE2908
(Section codes listed below)

Hamilton (Ages 7-14)..... HA01
Sat, Jan 14-Mar 4, 11:45AM-12:45PM
\$19 Residents/\$29 Non-Residents

MacDowell (Ages 7-14)..... JU01
Mon, Jan 23-Mar 13, 6:00PM- 7:00PM
\$19 Residents/\$29 Non-Residents

Milwaukee Marshall (Ages 8-12)... MR01
Sat, Jan 14-Mar 4, 12:40PM- 1:40PM
\$19 Residents/\$29 Non-Residents

Milwaukee Marshall (Ages 8-12)... MR03
Thu, Jan 19-Mar 9, 6:00PM- 7:00PM
\$19 Residents/\$29 Non-Residents

Pre-Ballet

Your child will be introduced to the basic posture and positions of ballet, while having fun with rhythm and creative movement. Ballet shoes and leotards are recommended.

Activity Code: 3RCE2911
(Section codes listed below)

Hamilton (Ages 3-5)..... HA01
(Not eligible for reduced fees)
Sat, Jan 14-Mar 4, 9:15AM- 9:45AM
\$10 Residents/\$15 Non-Residents

Hamilton (Ages 6-9)..... HA02
Sat, Jan 14-Mar 4, 9:50AM-10:35AM
\$14 Residents/\$21 Non-Residents

MacDowell (Ages 5-9)..... JU01
Mon, Jan 23-Mar 13, 5:15PM- 6:00PM
\$14 Residents/\$21 Non-Residents

Riverside (Ages 3-4)..... RS01
Sat, Jan 14-Mar 4, 10:00AM-10:50AM
\$16 Residents/\$24 Non-Residents

Riverside (Ages 5-6)..... RS02
Sat, Jan 14-Mar 4, 11:00AM-11:50AM
\$16 Residents/\$24 Non-Residents



FAMILY CLASSES

Paper Folding Arts for Children and Parents

Children can learn to develop fine motor skills from an early age using paper folding arts like origami. In this course, both parents and children will learn how to fold paper to make various items for use in their early childhood education. Parents should register themselves for the adult section, and their child for the youth section. A \$25 supply fee is due to the instructor upon the first day of class.

Activity Code: 3RCE3308
(Section codes listed below)

Hamilton (Ages 4-8)..... HA02

(Youth (Ages 4-8))
Tue, Feb 7-Mar 7, 5:00PM- 6:15PM
\$15 Residents/\$23 Non-Residents

Hamilton HA01
(Adults)

Tue, Feb 7-Mar 7, 5:00PM- 6:15PM
\$15 Residents/\$23 Non-Residents

Yoga Buddies-Early Childhood Yoga

This is a space for little ones, ages 2-5 and one caregiver to practice yoga together. Using the tools of yoga, we will practice skills to handle big feelings. Each class will combine yoga poses (asana) and breathing techniques(pranayama) with fun games and activities to help us learn and grow together. Have fun while deepening your relationship and gaining new tools to handle the ups and downs of toddler and preschool life! Please bring 2 yoga mats to class or purchase at the site for \$10. Parent must register, pay and attend with child. Fee is per person.

Activity Code: 3RCE3333
(Section codes listed below)

Beulah Brinton (Ages 3-7)..... BN01

(youth)
Mon, Jan 23-Mar 6, 4:00PM- 4:45PM
\$15 Residents/\$23 Non-Residents

Beulah Brinton BN02

(adult)
Mon, Jan 23-Mar 6, 4:00PM- 4:45PM
\$15 Residents/\$23 Non-Residents

Beulah Brinton (Ages 3-7)..... BN03

(youth)
Mon, Jan 23-Mar 6, 5:00PM- 5:45PM
\$15 Residents/\$23 Non-Residents

Beulah Brinton BN04

(adult)
Mon, Jan 23-Mar 6, 5:00PM- 5:45PM
\$15 Residents/\$23 Non-Residents

MAD SCIENCE

Mad Science Digging for Dinosaurs

Examine real fossil casts and explore the differences in the teeth of herbivorous and carnivorous dinosaurs. Students will participate in a mini dinosaur excavation and make a dinosaur tooth to take home. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7604
(Section codes listed below)

Hamilton HA01

Sat, Feb 18, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Riverside RS02

Sat, Mar 11, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Mad Science Electricity Workshop

This workshop introduces students to the fundamental concepts of electricity: circuits, conductors, insulators, and how electricity is converted for everyday uses. Students get to create different circuits, interact with plasma balls, discover "sticky" static electricity and make their own static energy chambers to take home. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7605
(Section codes listed below)

Hamilton (Ages 5-12)..... HA03

Sat, Feb 25, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents

Riverside (Ages 5-12)..... RS03

Sat, Jan 28, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents



Mad Science Slime Time

Ooze into a gooey hour of sliming around! Create slime using the Mad Science recipe and then enter your creation in the Slime Olympics. Take home your own concoction of Mad Science Slime. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7615
(Section codes listed below)

Hamilton (Ages 5-12)..... HA02

Sat, Feb 11, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents

Riverside (Ages 5-12)..... RS03

Sat, Jan 21, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents

Mad Science Radical Robots

What are automatons? How do robotic systems work? Learn all about robot-building in this exciting Mad Science lab! Students will tinker with their very own robots as they learn the basic engineering skills involved in building these machines. Experiment with robots that can do some extraordinary tasks, infrared robots, robotic arms, and even robots that like to play. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7622
(Section codes listed below)

Hamilton (Ages 5-12)..... HA01

Sat, Mar 4, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents

Riverside (Ages 5-12)..... RS02

Sat, Feb 4, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents



MUSIC

Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Class is combined with adult class. Class is taught by Mr. D.

Activity Code: 3RCE4602
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

Fri, Jan 27-Mar 17, 7:15PM- 8:15PM
\$19 Residents/\$29 Non-Residents

Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with adult class.

Activity Code: 3RCE4603
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

Fri, Jan 27-Mar 17, 6:00PM- 7:00PM
\$19 Residents/\$29 Non-Residents



Guitar

This class focuses on basic chords, note reading, different strumming techniques, and guitar maintenance.*Beg Semi-Private courses focus on the music theory side of playing guitar, and chord theory is a key element of this class.*Adv Semi-Private courses build your song repertoire and techniques and are for students with previous guitar experience. All classes are taught by Mr. D. and youth and adult courses are combined.

Activity Code: 3RCE4604
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

(Guitar 1)
Sat, Jan 28-Mar 18, 2:00PM- 3:30PM
\$27 Residents/\$41 Non-Residents

Hamilton (Ages 12-17)..... HA01

(Guitar 1)
Thu, Jan 19-Mar 9, 6:00PM- 7:30PM
\$27 Residents/\$41 Non-Residents

Riverside (Ages 12-17)..... RS02

(Guitar 2/Semi-Private)
Mon, Jan 23-Mar 13, 8:15PM- 9:15PM
\$36 Residents/\$54 Non-Residents



Piano

Beg. level courses will give beginning piano enthusiasts an introduction to the keyboard, including note reading, rhythm, two handed playing, and techniques. Int. level courses will help take you to the next level. Keys, scales, chords, and melodies, learning with Mr. D makes theory fun. Course for those with previous keyboard and note-reading experience. There is no need to bring your keyboard from home. Classes are taught by Mr. D. and all youth and adult courses are combined.

Activity Code: 3RCE4606
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

(Piano 1)
Sat, Jan 28-Mar 18, 10:30AM-12:00PM
\$27 Residents/\$41 Non-Residents

Beulah Brinton (Ages 12-17)..... BN02

(Piano 2)
Sat, Jan 28-Mar 18, 12:15PM- 1:45PM
\$27 Residents/\$41 Non-Residents

Hamilton (Ages 12-17)..... HA01

(Piano 1)
Wed, Jan 18-Mar 8, 6:00PM- 7:30PM
\$27 Residents/\$41 Non-Residents

Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Class is combined with adult class.

Activity Code: 3RCE4607
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

Sat, Jan 28-Mar 18, 4:00PM- 6:00PM
\$35 Residents/\$53 Non-Residents

Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Class is combined with adult class.

Activity Code: 3RCE4609
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01

Wed, Jan 18-Mar 8, 7:45PM- 8:45PM
\$19 Residents/\$29 Non-Residents

Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Bring your own harmonica. Class is combined with adult class.

Activity Code: 3RCE4611
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01

Tue, Jan 24-Mar 14, 6:00PM- 7:00PM
\$19 Residents/\$29 Non-Residents



Ukulele For You

This class is for anyone interested in learning to play the ukulele along with those who want to expand their ukulele repertoire. Our "music master" Mr. D., will teach you basic chords and strums and comfortably guide you into select musical genres. Grab a uke or dust off the one in your closet and join us! Class is combined with adult class.

Activity Code: 3RCE4620
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01

Thu, Jan 19-Mar 9, 7:45PM- 8:45PM
\$19 Residents/\$29 Non-Residents

DID YOU KNOW?

Local parks and recreation provide vital youth services year-round, but they are particularly essential when school is not in session.

U.S. adults say having opportunities to play sports and other physical activities, job train or develop a skill, and being able to access nutritious meals are among the most beneficial offerings for youth outside school hours.

via nrpa.org/parkpulse

MUSIC IN MPS

Milwaukee Recreation and the MPS Music Department offer the following Saturday Youth Music lessons at Hamilton. Class fees for all classes are \$12 Residents and \$18 Non-Residents. All classes provide students the opportunity to learn and develop their skills in a small groups. Students must come to class with their own instrument, except piano/keyboarding. Register for the classes using the following guidelines: Beginner: No experience on instrument, Intermediate: 1-2 years of experience on instrument, Advanced, 3+ years of experience on instrument. All teachers reserve the right to place students in the appropriate skill level after the first class.

Acoustic Guitar

This course provides students the opportunity to learn and develop their skills on guitar in a small group setting. Emphasis will be basic note reading and chord playing skills. A 1/2 or 3/4 sized nylon-stringed acoustic guitar is required. Students must bring their own instrument to class. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate/Advanced - completed Beginner course. Class combined with Beginner Ukulele class.

Activity Code: 3RCE3201
(Section codes listed below)

Hamilton (Ages 7-17)..... HA05
(Beg.)
Sat, Jan 28-Apr 29, 9:00AM- 9:30AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 7-9)..... HA01
(Beg.)
Sat, Jan 28-Apr 29, 9:45AM-10:15AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 10-17)..... HA02
(Int./Adv.)
Sat, Jan 28-Apr 29, 10:30AM-11:15AM
\$24 Residents/\$36 Non-Residents

Piano/Keyboard

This course provides students the opportunity to learn and develop their skills on a piano in a small group setting. Students will work on melodies in right and left hands, independence, scales, basic chords and arpeggios. Focus on manual dexterity; rhythmic expression and correct hand positions will assist students in their daily practice. A piano or electronic keyboard at home is recommended. Please register for the Piano/Keyboard classes using the following guidelines: Beginner - No experience Intermediate/Advance - Completed Beginner course.

Activity Code: 3RCE3207
(Section codes listed below)

Hamilton (Ages 7-9)..... HA12
(Beg.)
Sat, Jan 28-Apr 29, 8:15AM- 8:45AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 7-9)..... HA01
(Beg.)
Sat, Jan 28-Apr 29, 9:00AM- 9:30AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 10-17)..... HA02
(Beg.)
Sat, Jan 28-Apr 29, 9:45AM-10:15AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 7-17)..... HA03
(Int./Adv.)
Sat, Jan 28-Apr 29, 10:30AM-11:15AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 7-9)..... HA04
(Beg.)
Sat, Jan 28-Apr 29, 11:30AM-12:00PM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR01
(Beg.)
Sat, Jan 28-Apr 29, 9:00AM- 9:30AM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 10-17).MR02
(Beg.)
Sat, Jan 28-Apr 29, 9:45AM-10:15AM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 7-17)... MR03
(Int./Adv.)
Sat, Jan 28-Apr 29, 10:30AM-11:15AM
\$24 Residents/\$36 Non-Residents

String Lessons

This course provides students the opportunity to learn and develop their skills on stringed instruments violin, viola, cello and bass in a small group setting. Students must come to classes with their own instruments. Please register for the string classes using the following guidelines: Beginner - No experience. Intermediate/Advanced - Completed Beginner course.

Activity Code: 3RCE3218
(Section codes listed below)

Hamilton (Ages 7-9)..... HA01
(Beg.)
Sat, Jan 28-Apr 29, 9:00AM- 9:30AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 10-17)..... HA02
(Beg.)
Sat, Jan 28-Apr 29, 9:45AM-10:15AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 7-17)..... HA03
(Int./Adv.)
Sat, Jan 28-Apr 29, 10:30AM-11:15AM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 10-17).MR02
(Beg.)
Sat, Jan 28-Apr 29, 9:45AM-10:15AM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 7-17)... MR07
(Int./Adv.)
Sat, Jan 28-Apr 29, 10:30AM-11:15AM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR01
(Beg.)
Sat, Jan 29-Apr 30, 9:00AM- 9:30AM
\$24 Residents/\$36 Non-Residents

Beginning Ukulele

Are you a fan of Vance Joy or Twenty-One Pilots? Now is your chance to learn their main instrument: the ukulele. Students in this class will learn chords, melody, note reading and strumming patterns. This class will give you the skills needed to give you the basics of the ukulele including how to read chord charts and help you hit the ground running with your favorite songs. Ideal for future guitar players! No experience necessary. Students should bring their own ukuleles. Books will be provided at the first session.

Activity Code: 3RCE3220
(Section codes listed below)

Hamilton (Ages 10-17)..... HA02
Sat, Jan 28-Apr 29, 11:30AM-12:00PM
\$24 Residents/\$36 Non-Residents



Drums/Percussion

This course provides students the opportunity to learn and develop their skills in drums and percussion in a small group setting. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate/Advance - 1-2 years experience in drumming/percussion playing.

Activity Code: 3RCE3230
(Section codes listed below)

Hamilton (Ages 7-17)..... HA01
(Beg)

Sat, Jan 28-Apr 29, 10:45AM-11:15AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 7-17)..... HA02
(Int/Adv)

Sat, Jan 28-Apr 29, 11:30AM-12:15PM
\$24 Residents/\$36 Non-Residents

NATURE IN YOUR NEIGHBORHOOD

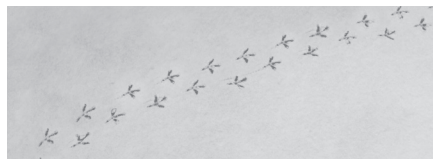
Sensational Snowflakes

Do you ever wonder why snow is white or why snowflakes are different from each other? This class will teach you the flakey facts of snow and techniques to make your own beautiful snowflake. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P124723
(Section codes listed below)

Hamilton (Ages 6 & up) HA01

Thu, Jan 26, 6:00PM-7:00PM
\$4 Residents/\$6 Non-Residents



Winter Tracks

Find out who has been leaving their footprints in the snow. This winter, join our naturalists for an enjoyable animal-tracking slide show before going outdoors to look for animal tracks. Snow conditions helpful, but not necessary. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P124727
(Section codes listed below)

Hamilton (Ages 3 & up) HA01

Tue, Feb 21, 6:00PM-7:00PM
\$4 Residents/\$6 Non-Residents

OUTDOOR SKILLS

Cricket Coaching

Learn cricket with hands on skills and real game experience! Cricket adjusts to all ages and skill level. It is a fun sport with batting, bowling and fielding. Great to build team spirit and learn sportsmanship. Sessions will have a mix of physical fitness, skills development and learning the game. We will enjoy skirmish games and special short activities to keep all participants engaged. All skill levels are welcome. All equipment is provided. Class fee is non-refundable and not eligible for reduced fees. Class taught by Kashyap Malkan.

Activity Code: 3RCE5101
(Section codes listed below)

MacDowell JU03

Sat, Feb 4-Feb 25, 11:45AM-1:45PM
\$60 Residents/\$90 Non-Residents

PERSONAL SKILLS

Braids Twists, Curls, OH MY! Hair Care

N E W Are you interested in learning hair techniques to enhance your natural tresses? Explore the many ways to create unique styles, while learning about basic hair care maintenance. Participants will use hair braiding kits to practice skills during the class to create hair masterpieces. Class taught by Melodie Brown, Amani Natural, 6111 W. Blue Mound Rd. Class fee includes supply cost, is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE5404
(Section codes listed below)

Milwaukee Marshall (Ages 10-15).MR01

Sat, Jan 28-Mar 4, 1:00PM-2:00PM
\$20 Residents/\$30 Non-Residents

PLAY GROUPS

Music Maker and More-Early Childhood Music Class

This sing along musical activity is designed for children and their parent or caregiver. The class incorporates traditional children's songs, finger plays, rhythm instruments and dance movements as well as puppets that help tell a story within the songs. A goal of the class is to give children an interest and love for all kinds of music. Bring your dancing feet and join us for a fun, family class. Due to room restrictions, only 1 adult may accompany each child. Parent or guardian must attend. Price is per child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE5509
(Section codes listed below)

Beulah Brinton (Ages 1-4)..... BN04

Tue, Jan 10-Jan 31, 9:00AM-9:30AM
\$36 Residents/\$48 Non-Residents

Beulah Brinton (Ages 1-4)..... BN05

Tue, Feb 7-Feb 28, 9:00AM-9:30AM
\$36 Residents/\$48 Non-Residents

Beulah Brinton (Ages 1-4)..... BN06

Tue, Mar 7-Mar 28, 9:00AM-9:30AM
\$36 Residents/\$48 Non-Residents

Story and Play Time

Snow and cold are fun for some, but this is a fun indoor option out of the elements. Two stories will be read, followed by open play. The gym is divided by a curtain, so the open play will be separated and age appropriate. Adult must stay with registered child

Activity Code: 3RCE5510
(Section codes listed below)

Beulah Brinton (Ages 2-10)..... BN01

Sun, Jan 8-Feb 26, 9:00AM-10:15AM
\$10 Residents/\$15 Non-Residents

PLEASE NOTE...

Masks for participants and staff in all Milwaukee Recreation facilities is subject to change based on current conditions.

Procedures to reduce the spread of COVID-19 will remain in place and participants are encouraged to continue taking steps to stay safe and healthy. Should there be a change in the mask policy, this information will be communicated to customers as soon as possible. We appreciate your cooperation!

RED CROSS BABYSITTING CERTIFICATION

Babysitting Workshop

Ages 11 & up. Receive American Red Cross certification for babysitting. Learn basic First Aid, reacting to stressful situations, creative play techniques, proper nutrition and more. Sign up early as classes fill quickly. Not eligible for reduced fees. Refund request must be received one week prior to the start of class.

Activity Code: 3RCE5601
(Section codes listed below)

Hamilton (Ages 11-17)..... HA02

Sat, Feb 11, 8:30AM- 4:00PM
\$100 Residents/\$150 Non-Residents

Hamilton (Ages 11-17)..... HA03

Sat, Mar 4, 8:30AM- 4:00PM
\$100 Residents/\$150 Non-Residents

MacDowell (Ages 11-17).....JU02

Sat, Mar 11, 8:30AM- 4:00PM
\$100 Residents/\$150 Non-Residents

Riverside (Ages 11-17)..... RS01

Sat, Feb 18, 8:30AM- 4:00PM
\$100 Residents/\$150 Non-Residents



SCIENCE

Discover Archaeology

NEW

Is your child interested in archaeology? Come learn about the science and the stone tools in this hands-on exploration. Kids will complete activities including drawing, sorting artifacts and identifying stone tools from regular rocks. Workshop taught by a stone tools archaeologist and will include a live demonstration of flintknapping. Class fee includes safety glasses and a rock kit.

Activity Code: 3RAE5809
(Section codes listed below)

Hamilton (Ages 7-14)..... HA01

Sat, Mar 4, 12:00PM- 1:30PM
\$14 Residents/\$21 Non-Residents

Riverside (Ages 7-14)..... RS01

Sat, Feb 11, 12:00PM- 1:30PM
\$14 Residents/\$21 Non-Residents

Space Exploration

3.2.1.1. Blastoff into fun with Space Exploration! Kids will learn and explore the final frontier through projects that include making their own shuttles, the solar system, planets, and more! This class will be taught by a certified MPS teacher. Class fee includes supply cost and is non-refundable. Class is not eligible for reduced fees.

Activity Code: 3RCE5808
(Section codes listed below)

Milwaukee Marshall (Ages 5-7).....MR01

Sat, Feb 11, 12:30PM- 2:00PM
\$8 Residents/\$12 Non-Residents

Milwaukee Marshall (Ages 8-11)...MR02

Sat, Feb 11, 2:30PM- 4:00PM
\$8 Residents/\$12 Non-Residents

WEAVING AND FIBER ARTS

Kids Knitting

This class is for beginners and beyond. Learn the basics of knitting or take your skills to a new level. Beginning with the knit and purl stitch, casting on and binding off, build on skills to make socks, bucket hats, or any knitting project you put your mind to with guidance of an instructor. Please bring size US 10 (6mm) size 16" circular knitting needle, bulky weight yarn, and stitch markers to class.

Activity Code: 3RCE6901
(Section codes listed below)

Gaenslen (Ages 7-17).....GS01

(Instructor: Erin Arnevik)
Mon, Jan 23-Mar 13, 5:00PM- 6:00PM
\$24 Residents/\$24 Non-Residents



EVERYONE PLAYS!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation Guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Limited scholarships available. Apply today! Please call 414.475.8180 or visit mkerec.net/scholarship to learn more and complete our short application.

BASKETBALL

Mighty Mite Basketball

This class is not an intro "dunktion" to basketball. Your young person will have fun, while being introduced to some basketball skills. Skills include dribbling, passing, sliding feet laterally, and shooting on a 4-foot hoop. This class will expose your young person to the great game of basketball in a FUN environment.

Activity Code: 3RCE1101
(Section codes listed below)

Bryant (Ages 3-4)..... BY01
(Not eligible for reduced fees)
Wed, Jan 18-Mar 8, 5:30PM- 6:00PM
\$10 Residents/\$15 Non-Residents

MacDowell (Ages 3-4)..... JU01
(Not eligible for reduced fees)
Sat, Jan 14-Mar 4, 9:00AM- 9:30AM
\$10 Residents/\$15 Non-Residents

Milwaukee Marshall (Ages 3-4)..... MR01
(Not eligible for reduced fees)
Sat, Jan 14-Mar 4, 9:35AM-10:05AM
\$10 Residents/\$15 Non-Residents



B.I.G. Basketball

In this program, participants will learn the fundamentals of basketball, including dribbling, passing, shooting, rebounding, rules, and how the game is played. Combine all of these components with team play for a fun and exciting experience.

Activity Code: 3RCE1102
(Section codes listed below)

Bryant (Ages 7-9)..... BY01
Wed, Jan 18-Mar 8, 6:45PM- 7:30PM
\$19 Residents/\$29 Non-Residents

Hamilton (Ages 7-9)..... HA01
Sat, Jan 14-Mar 4, 9:30AM-10:30AM
\$19 Residents/\$29 Non-Residents

MacDowell (Ages 7-9)..... JU01
Sat, Jan 14-Mar 4, 10:30AM-11:30AM
\$19 Residents/\$29 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR01
Sat, Jan 14-Mar 4, 11:00AM-12:00PM
\$19 Residents/\$29 Non-Residents

Bitty Basketball

The hoops are lower and the basketballs are smaller, but the fun is big in Bitty Basketball. This program is a great way to introduce your child to the sport. Participants will learn the rules of basketball as well as basic fundamentals such as shooting, dribbling, and passing. This is accomplished through hands-on practice using mini basketballs and 6 & 8 foot hoops.

Activity Code: 3RCE1103
(Section codes listed below)

Bryant (Ages 5-6)..... BY01
Wed, Jan 18-Mar 8, 6:00PM- 6:45PM
\$14 Residents/\$21 Non-Residents

MacDowell (Ages 5-6)..... JU01
Sat, Jan 14-Mar 4, 9:30AM-10:15AM
\$14 Residents/\$21 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR01
Sat, Jan 14-Mar 4, 10:10AM-10:55AM
\$14 Residents/\$21 Non-Residents

Girls Basketball Camp

Gain the skills needed to become a basketball star. This camp will cover shooting, passing, dribbling, rebounding, and team play. Rules of the game will also be discussed.

Activity Code: 3RCE1105
(Section codes listed below)

Milwaukee Marshall (Ages 8-12)... MR01
Sat, Jan 14-Mar 4, 1:25PM- 2:25PM
\$19 Residents/\$29 Non-Residents

All-American Basketball

This advanced class is designed for children who have a solid foundation in basketball and wish to improve to the next level.

Activity Code: 3RCE1106
(Section codes listed below)

Hamilton (Ages 10-12)..... HA01
Sat, Jan 14-Mar 4, 10:30AM-11:30AM
\$19 Residents/\$29 Non-Residents

Milwaukee Marshall (Ages 10-12)... MR01
Sat, Jan 14-Mar 4, 12:15PM- 1:15PM
\$19 Residents/\$29 Non-Residents

GOLF

Get in the Swing - Golf Camp

Get in the Swing is a camp for beginners and avid youth golfers alike. Participants will learn fundamentals from general rules and etiquette to proper stance and how to hold a club. This camp is a great way to build a solid foundation in the sport. Golfers need to bring their own clubs.

Activity Code: 3RCE3801
(Section codes listed below)

Milwaukee Marshall (Ages 8-17)... MR01
Sat, Jan 14-Mar 4, 2:00PM- 3:00PM
\$19 Residents/\$29 Non-Residents

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GYMNASTICS

Gymnastics

If springing over a vault, balancing on a beam, standing on your hands, and doing backward walkovers sound like fun, sign up for gymnastics. This is a developmental program, taught with a progression of gymnastic skills, which assist youth in the development of coordination.

Activity Code: 3RCE3901
(Section codes listed below)

Riverside (Ages 4-5)..... RS01

Sat, Jan 14-Mar 4, 10:05AM-10:55AM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 6-7)..... RS02

Sat, Jan 14-Mar 4, 11:00AM-11:55AM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 8-9)..... RS03

Sat, Jan 14-Mar 4, 12:00PM-12:55PM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 10-12)..... RS04

Sat, Jan 14-Mar 4, 1:00PM-1:55PM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 4-6)..... RS05

Thu, Jan 19-Mar 9, 6:15PM- 7:15PM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 7-9)..... RS06

Thu, Jan 19-Mar 9, 7:15PM- 8:15PM
\$23 Residents/\$35 Non-Residents

Tumbling Teddy Bears

Somersault for fun. This pre-gymnastics program will assist children in the development of eye/hand coordination and balance through basic tumbling activities. Parent(s)/Guardian(s) are required to attend this class with their child at no extra charge.

Activity Code: 3RCE3902
(Section codes listed below)

Riverside (Ages 3-4)..... RS01

Sat, Jan 14-Mar 4, 9:00AM- 9:45AM
\$18 Residents/\$27 Non-Residents

MARTIAL ARTS

Children's Self-Defense

Be confident about protecting yourself when the need arises. Learn real life strategies and situational awareness to avoid confrontations. Learn basic escape techniques to get out of a situation, if one occurs. Class time includes awareness discussions and practicing techniques.

Activity Code: 3RCE4501
(Section codes listed below)

MacDowell (Ages 7-13)..... JU01

Wed, Jan 25-Mar 15, 6:00PM- 7:00PM
\$19 Residents/\$29 Non-Residents

Judo

Judo or 'gentle way/technique' focuses on manipulating an opponent's force against him/her rather than confronting it with one's own force. Join us to learn about judo under personalized instruction that focuses on technique and tradition. Students Interested in continuing through the advanced level must demonstrate a high level of comfort with properly executed Judo falls and have instructor approval. USJA and USMA associated. Please wear clothes without buttons or metal. Class is combined with adult class.

Activity Code: 3RCE4503
(Section codes listed below)

MacDowell (Ages 7-17)..... JU01

(Beg.)
Mon, Jan 23-Mar 13, 6:30PM- 7:30PM
\$19 Residents/\$29 Non-Residents

MacDowell (Ages 7-17)..... JU02

(Adv.)
Mon, Jan 23-Mar 13, 7:45PM- 8:45PM
\$19 Residents/\$29 Non-Residents

Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. Learn self-discipline, kicking and punching techniques, correct body positioning, and self-defense.

Activity Code: 3RCE4506
(Section codes listed below)

Beulah Brinton (Ages 6-17)..... BN03

(Beg. - White - Yellow Belts)
Mon/Wed/Fri, Jan 23-Mar 17, 4:00PM- 4:45PM
\$39 Residents/\$59 Non-Residents

Beulah Brinton (Ages 6-17)..... BN04

(Int./Adv. - Camo - Brown Belts)
Mon/Wed/Fri, Jan 23-Mar 17, 4:45PM- 5:30PM
\$39 Residents/\$59 Non-Residents

Beulah Brinton (Ages 6-17)..... BN05

(Adv. - Red/Black & Blacks Belts)
Mon/Wed/Fri, Jan 23-Mar 17, 5:30PM- 6:15PM
\$39 Residents/\$59 Non-Residents

Beulah Brinton (Ages 3-5)..... BN01

(Not eligible for reduced fees)
Sat, Jan 28-Mar 18, 8:00AM- 8:30AM
\$10 Residents/\$15 Non-Residents

Beulah Brinton (Ages 6-14)..... BN02

Sat, Jan 28-Mar 18, 8:30AM- 9:30AM
\$19 Residents/\$29 Non-Residents

Hamilton (Ages 6-14)..... HA01

(ADVANCED belt class only)
Mon/Wed, Jan 18-Mar 8, 6:00PM- 7:00PM
\$35 Residents/\$53 Non-Residents

MacDowell (Ages 6-17)..... JU01

(Beg. - White - Yellow Belts)
Tue/Thu, Jan 17-Mar 9, 6:00PM- 7:00PM
\$35 Residents/\$53 Non-Residents

MacDowell (Ages 6-17)..... JU02

(Advanced class only)
Tue/Thu, Jan 17-Mar 9, 7:15PM- 8:15PM
\$35 Residents/\$53 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR01

(Beg., White, Orange, & Yellow Belts)
Mon/Wed, Jan 9-Mar 13, 6:00PM- 7:00PM
\$39 Residents/\$59 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR02

(Int./Adv., Camo-Red/Black Belts)
Mon/Wed, Jan 9-Mar 13, 7:05PM- 8:05PM
\$35 Residents/\$53 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR05

(Beg., White, Orange, & Yellow Belts)
Sat, Jan 14-Mar 4, 9:00AM-10:00AM
\$19 Residents/\$29 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR03

(Beg., White, Orange & Yellow Belts)
Sat, Jan 14-Mar 4, 10:05AM-11:05AM
\$19 Residents/\$29 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR06

(Int./Adv., Camo-Red/Black Belts)
Sat, Jan 14-Mar 4, 11:10AM-12:10PM
\$19 Residents/\$29 Non-Residents

Riverside (Ages 3-5)..... RS07

(Beg. Not eligible for reduced fees)
Sat, Jan 14-Mar 4, 9:00AM- 9:30AM
\$10 Residents/\$15 Non-Residents

Riverside (Ages 3-5)..... RS08

(Int./Adv., Ara Belt & Higher. Not eligible for reduced fees)
Sat, Jan 14-Mar 4, 9:30AM-10:00AM
\$10 Residents/\$15 Non-Residents

Riverside (Ages 6-14)..... RS04

(Beg., White-Yellow Belt)
Sat, Jan 14-Mar 4, 10:15AM-11:00AM
\$14 Residents/\$21 Non-Residents

Riverside (Ages 6-14)..... RS05

(Int./Adv., Camo-Black Belt)
Sat, Jan 14-Mar 4, 11:00AM-11:45AM
\$14 Residents/\$21 Non-Residents

Riverside (Ages 6-14)..... RS01

(Beg., white-yellow belt)
Mon/Wed, Jan 23-Mar 15, 6:15PM- 7:00PM
\$27 Residents/\$41 Non-Residents

Riverside (Ages 6-14)..... RS02

(Int./Adv., Camo-Red/Black Belts)
Mon/Wed, Jan 23-Mar 15, 7:00PM- 7:45PM
\$27 Residents/\$41 Non-Residents

Riverside (Ages 6-14)..... RS10

(Adv., Blue-Black Belts)
Mon/Wed, Jan 23-Mar 15, 7:45PM- 8:30PM
\$27 Residents/\$41 Non-Residents

SOCCER

Just for Kicks Soccer

Score the winning goal or make a diving save! Learn dribbling, trapping, and more through drills. Rules, strategy, and teamwork will be introduced.

Activity Code: 3RCE5901
(Section codes listed below)

Hamilton (Ages 5-6)..... HA01

Sat, Jan 14-Mar 4, 9:15AM-10:00AM
\$14 Residents/\$21 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR01

Sat, Jan 14-Mar 4, 10:40AM-11:25AM
\$14 Residents/\$21 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR02

Sat, Jan 14-Mar 4, 12:35PM- 1:20PM
\$18 Residents/\$36 Non-Residents

Mighty Mite Soccer

Quit kicking your brother or sister and kick a soccer ball instead! Learn the basics of soccer and how to play as part of a team. This class will teach dribbling, passing, and kicking. Take this opportunity to use the motor skills your child already has and focus them on an organized sport.

Activity Code: 3RCE5902
(Section codes listed below)

Beulah Brinton (Ages 3-4)..... BN01

Wed, Jan 25-Mar 15, 4:00PM- 4:45PM
\$14 Residents/\$21 Non-Residents

Hamilton (Ages 3-4)..... HA01

Sat, Jan 14-Mar 4, 8:30AM- 9:15AM
\$14 Residents/\$21 Non-Residents

Milwaukee Marshall (Ages 3-4)..... MR01

(Not eligible for reduced fees)
Sat, Jan 14-Mar 4, 9:00AM- 9:30AM
\$10 Residents/\$15 Non-Residents

B.I.G. Soccer

Soccer is great! Participants will continue to build on dribbling, heading, and trapping skills as well as develop some defense skills, all with an emphasis on FUN. Each skill will be taught thru drills that maximize repetition and learning.

Activity Code: 3RCE5903
(Section codes listed below)

Milwaukee Marshall (Ages 7-9)..... MR01

Sat, Jan 14-Mar 4, 9:35AM-10:35AM
\$19 Residents/\$29 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR02

Sat, Jan 14-Mar 4, 11:30AM-12:30PM
\$19 Residents/\$29 Non-Residents

SPORTS AND RECREATION

Dodgeball

This is the way to throw something at somebody and not get in trouble for it! Brinton's Youth Dodgeball is played with Gator balls which are foam and don't hurt when they hit you. A staff member will referee each game.

Activity Code: 3RCE6202
(Section codes listed below)

Beulah Brinton (Ages 8-12)..... BN01

Tue, Jan 24-Mar 14, 4:30PM- 5:30PM
\$14 Residents/\$21 Non-Residents



TENNIS

Tennis

Tennis instruction will expose youth to backhand/forehand grips and strokes using the latest aerobic and physical fitness conditioning exercises. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Participants in intermediate and advance should have solid foundation in tennis and completed the beginner level..

Activity Code: 3RCE6501
(Section codes listed below)

Milwaukee Marshall (Ages 4-8)..... MR01

(Beg.)
Sat, Jan 14-Mar 4, 10:55AM-11:55AM
\$19 Residents/\$29 Non-Residents

Milwaukee Marshall (Ages 6-12)... MR02

(Beg.)
Sat, Jan 14-Mar 4, 12:10PM- 1:10PM
\$19 Residents/\$29 Non-Residents

Milwaukee Marshall (Ages 10-17). MR03

(Int./Adv.)
Sat, Jan 14-Mar 4, 1:15PM- 2:15PM
\$19 Residents/\$29 Non-Residents

Milwaukee Recreation Tennis Lessons (Semi-Private)

Milwaukee Recreation is offering a golden opportunity to learn tennis in a semi-private format. Participants will learn and/or improve upon the fundamental skills of ground strokes, footwork, volleying, serving, backhand/forehand grips, and the lob. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Participants will be encouraged to bring their own racquet, water bottle, and/or sweat towel if possible. All 50-minute clinic sessions will consist of a one (1) to three (3) participants. Call 414.475.8410 for more information.

Activity Code: 3RYS6507
(Section codes listed below)

Hi-Mount (Ages 9-11)HI01

(Grades 4th-5th)
Sat, Jan 21-Feb 25, 9:30AM-10:20AM
\$22 Residents/\$33 Non-Residents

Hi-Mount (Ages 9-11)HI02

(Grades 4th-5th)
Sat, Jan 21-Feb 25, 10:30AM-11:20AM
\$22 Residents/\$33 Non-Residents

Hi-Mount (Ages 11-14)HI03

(Grades 6th-8th)
Sat, Jan 21-Feb 25, 11:30AM-12:20PM
\$22 Residents/\$33 Non-Residents

VOLLEYBALL

Volleyball Academy

Learn the fundamentals necessary to play more than 'boom ball.' This includes passing, serving, individual defense, setting and hitting approaches. Develop correct footwork, body positioning, timing, ball tracking and coordinated teamwork. Basic strategy and rules of the sport will be taught.

Activity Code: 3RCE6801
(Section codes listed below)

Beulah Brinton (Ages 7-10)..... BN01

Wed, Jan 25-Mar 15, 4:00PM- 5:00PM
\$19 Residents/\$29 Non-Residents

Beulah Brinton (Ages 11-16)..... BN03

Wed, Jan 25-Mar 15, 5:00PM- 6:00PM
\$19 Residents/\$29 Non-Residents



MILWAUKEE RECREATION**FREE DROP-IN PROGRAM****TWILIGHT CENTERS**

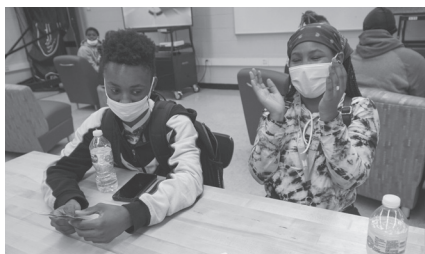
Twilight Centers are safe places for teens to hang out with their friends and are open to students ages 10-18. See below for fall location hours and dates. **Please note, all dates/times are subject to change. For up-to-date information visit mkerec.net/Twilight or follow our Facebook page at [Facebook.com/TwilightCenters](https://www.facebook.com/TwilightCenters).**

Winter Twilight hours begin on January 4.

SCHOOL LOCATION	DAYS OPEN	HOURS	AGE
Andrew Douglas	Monday, Wednesday, and Friday	5:00pm - 8:00pm	10 – 14
Bay View	Friday and Saturday	5:30pm - 8:30pm	10 – 14
Madison, North Division, South Division, Pulaski, Washington, and Obama	Monday and Wednesday	6:00pm - 9:00pm	12 – 18 (18 and currently enrolled in high school)
	Saturday	6:00pm - 10:00pm	

⇒ **ESPORTS NOW AVAILABLE AT ANDREW DOUGLAS, MADISON, NORTH DIVISION, AND OBAMA.** ⇐
PLAY NBA 2K, FIFA, MADDEN, ROCKET LEAGUE, AND MORE!

Masks and face coverings are optional at all Twilight centers. Should you like a face mask, one will be provided for you. To enter, students must bring an ID. Non-MPS middle school students must submit a Twilight Center Registration Form signed by a parent/guardian. Please visit mkerec.net/twilight for more information and call 414.475.8811 for more information. For program updates, text @twilightr to 81010.



Driver Education | General Information

SAVE THE DATE - REGISTRATION FOR DRIVER EDUCATION BEGINS ON TUESDAY, DECEMBER 6 AT 10AM!

Eligibility (Programs not eligible for reduced fees): students must be 15 by the first day of class and not older than 17.5 by the last day of class.

All programs include: classroom (in-person, hybrid, or online) and *Behind-the-Wheel* lessons.

MPS DRIVE

- **Students must be currently enrolled in MPS.**
- Course fee is \$35.00.

COMMUNITY-BASED DRIVER EDUCATION

- Open to any student meeting age requirements.
- City of Milwaukee residents: course fee is \$150.00
- Non-residents: course fee is \$275.00

HOW TO REGISTER:

MPS DRIVE

- Visit mkerec.net.
- **Milwaukee Recreation has created student accounts.**
- **DO NOT CREATE A NEW ACCOUNT.**
- **User Name:** MPS Student ID (Only enter numbers)
- **Password:** Student Last Name (the first letter is capitalized, ex: Smith)

COMMUNITY-BASED DRIVER EDUCATION

- Visit mkerec.net.
- Login to your family account to register for program.

Waitlist:

- If you join a waitlist for a class, your waitlist position is **only valid for that season.**
- Joining a waitlist does **NOT guarantee a spot in the class.**
- Do not attend class until Milwaukee Recreation has contacted you for payment.

Class Format:

Please pay close attention to schedules when choosing the class that fits your needs.

IN-PERSON	HYBRID	ONLINE
<ul style="list-style-type: none"> • 30 hours in-person. • 2 hours per class, for 15 classes. 	<ul style="list-style-type: none"> • 10 hours in person (2 hours per class, for 5 classes). • 20 hours online. 	<ul style="list-style-type: none"> • 30 hours online. • Work at your own pace. • Maximum of 2 hours per day.

MPS Drive | Activity Code: 3UDE3001 (section codes below)

MPS Drive is a driver education program for age-eligible, currently enrolled, MPS high school students. A \$35.00 fee is due at the time of registration to cover the cost of the temporary permit.

IN-PERSON CLASS OPTIONS:

- Classes will meet three (3) days per week - Mondays, Wednesdays, and Thursdays for two (2) hours per class.
- If you miss three (3) classes, for any reason, you will be dropped from the program without a refund.

DATES: Jan. 18, 2023 – Feb. 22, 2023

LOCATION	CLASS TIME	SECTION CODE
Hamilton	5:30PM - 7:30PM	HA01
MSL	4:15PM - 6:15PM	ML01
Obama	5:30PM - 7:30PM	CT01
Riverside	4:15PM - 6:15PM	RS01

DATES: Mar. 22, 2023 – May 3, 2023

LOCATION	CLASS TIME	SECTION CODE
Hamilton	5:30PM - 7:30PM	HA02
MSL	4:15PM - 6:15PM	ML02
Obama	5:30PM - 7:30PM	CT02
Riverside	4:15PM - 6:15PM	RS02



HYBRID OPTIONS (NEW!):

- Classes will meet in-person five (5) days for one week - classes meet two (2) hours per day.
- After five (5) days, 10 hours, students will complete remaining 20 hours online.
- Students MUST attend ALL five (5) days **without an absence or being late to class** to move to the online portion of the program.

LOCATION	CLASS TIMES	JAN. 9 - 13, 2023	FEB. 27 - MAR. 3, 2023	MAR. 13 - 17, 2023
Bay View	5:30PM - 7:30PM	Section Code: BV53	N/A	Section Code: BV55
Bradley Tech	4:15PM - 6:15PM	N/A	Section Code: MT54	N/A
King	4:00PM - 6:00PM	Section Code: RK53	Section Code: RK54	Section Code: RK55
Madison	4:15PM - 6:15PM	Section Code: MA53	N/A	Section Code: MA55
Marshall	5:30PM - 7:30PM	Section Code: MR53	Section Code: MR54	N/A
MHSA	4:15PM - 6:15PM	N/A	Section Code: MH54	Section Code: MH55
Pulaski	4:15PM - 6:15PM	Section Code: PK53	N/A	Section Code: PK55
Reagan	4:00PM - 6:00PM	Section Code: TL53	Section Code: TL54	Section Code: TL55
South	5:30PM - 7:30PM	Section Code: SD53	Section Code: SD54 / Span.	Section Code: SD55
Vincent	4:30PM - 6:30PM	N/A	Section Code: VN54	N/A
Washington	5:30PM - 7:30PM	Section Code: WA53	Section Code: WA54	Section Code: WA55

ONLINE OPTIONS:

- Students must have internet access and either a computer, tablet, or smartphone.
- There is no set schedule for coursework to be completed; students will work at their own pace.
- Students must complete online coursework in 90 days or less.

Start Date: Jan. 30, 2023	Online	Section Code: DE10
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MPS Drive Program Sponsors



Achieving more together.



To sign up, see page 2 • Centers are closed Dec. 23 - 26, 30 - 31 & Jan. 1 - 2 and 16

Community-Based Driver Ed | Activity Code: 3DRD3001 (section codes below)

Certified Classes for Teens | Classes Open to Residents & Non-Residents

IN-PERSON CLASS OPTIONS:

- Classes will meet three (3) days per week - Mondays, Wednesdays, and Thursdays for two (2) hours per class.
- If you miss three (3) classes, for any reason, you will be dropped from the program without a refund.

Dates: Jan. 18, 2023 - Feb. 27, 2023

Dates: Mar. 20, 2023 - May 4, 2023

LOCATION	CLASS TIME	SECTION CODE
Hamilton	5:30PM - 7:30PM	HA03

LOCATION	CLASS TIME	SECTION CODE
Marshall	5:30PM - 7:30PM	MR04

ONLINE OPTIONS:

- Students must have internet access and either a computer, tablet, or smartphone.
- There is no set schedule for coursework to be completed; students will work at their own pace.
- Students must complete online coursework in 90 days or less.

Start Date: Feb. 6, 2023	Online	Section Code: DE20
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SAVE THE DATE - REGISTRATION FOR DRIVER EDUCATION BEGINS ON TUESDAY, DEC. 6 AT 10AM!



Daddy ♥ Daughter Dance

IS BACK!

Milwaukee Recreation is excited to welcome the community back to our annual Daddy/Daughter Dance. We look forward to seeing you all on the dance floor in February - it's time to groove!

SAVE THE DATE
Saturday, Feb 18 2023

Stay up to date on all information at mkerec.net/daddydaughter





OUTDOOR EDUCATION

Natural Egg Dyes

Dye your Easter eggs naturally this year with colorful plants and fibers. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Eggs, dyes and decorating materials are provided.

Activity Code: 3P125002
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Sat, Apr 1, 10:00AM-11:30AM

\$5 Residents/\$8 Non-Residents

Friday Night Tales for Tots

This nature tale time includes a story, craft, and nature hike, or trip to our nature museum. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125004
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

("Dream Snow" by Eric Carle)

Fri, Jan 20, 6:00PM- 7:30PM

\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG02

("Snowballs" by Lois Ehlert)

Fri, Feb 17, 6:00PM- 7:30PM

\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG03

("While the World is Sleeping" by Pamela Duncan Edwards)

Fri, Mar 17, 6:00PM- 7:30PM

\$5 Residents/\$8 Non-Residents

Slide & Glide - Learn How to Cross-Country Ski

Learn to ski at Hawthorn Glen. Classes consist of two 2-hour sessions and most of the time will be spent on the snow. Ski equipment is available for use if needed. Fees listed include both sessions. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125006
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG02

(Family Class)

Sat, Feb 18-Feb 25, 10:00AM-12:00PM

\$15 Residents/\$20 Non-Residents

Hawthorn Glen (Ages 18 - 99) HG03

Sat, Feb 18-Feb 25, 1:00PM- 3:00PM

\$15 Residents/\$20 Non-Residents

Maple Sugaring

Explore Hawthorn Glen in search of Wisconsin's state tree, the sugar maple. Learn how to identify and tap a maple for sap (to boil into syrup). Learn the traditional way and modern way to create this valuable liquid food that once sustained the Native Americans and gives us tasty treats today. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Dress appropriately for an outdoor hike.

Activity Code: 3P125007
(Section codes listed below)

Hawthorn Glen (Ages 5 & up) HG01

Sat, Mar 18, 10:00AM-11:30AM

\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 5 & up) HG02

Sat, Mar 18, 1:00PM- 2:30PM

\$5 Residents/\$8 Non-Residents

Snowshoeing

The hottest thing in winter sports today is snowshoeing. It offers a great cardiovascular work-out for people of every age and fitness level, and it gives you instant access to the forest and the peace provided by nature. It's a low-impact sport, much simpler and safer than skiing. It's an activity kids, adults, and even seniors can do. If you can walk, you can snowshoe! At Hawthorn Glen, the trails are lit by our candle luminarias for our night hike. For Oak Ridge Farm, located in Dousman, information will be sent before the class. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Snowshoes are provided for participants and included in the cost.

Activity Code: 3P125009
(Section codes listed below)

Hawthorn Glen (Ages 9 & up) HG02

Sat, Feb 11, 6:00PM- 8:00PM

\$6 Residents/\$9 Non-Residents

Oak Ridge Farm (Ages 9 & up)..... OR01

Sat, Jan 28, 12:00PM- 2:00PM

\$6 Residents/\$9 Non-Residents



Winter Bird Feeding

Many of our birds that brave the cold winter depend upon dried fruits and seeds for food to survive our harshest season. Learn which birds stay in Wisconsin throughout the winter and what else they need to survive. Listen to recordings of bird calls and learn to identify some of our feathered friends by the songs they sing, and even make your own feeder and other simple and fun hanging bird buffets to help our feathered friends during this chilly time. Parent/guardian must register, pay and attend with a child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125011
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Sat, Jan 14, 10:00AM-11:30AM

\$5 Residents/\$8 Non-Residents

Reptiles as Pets

NEW Is your child interested in reptiles? Have you been considering a new exotic pet for your family? This class will cover the basics of reptile care from their potential lifespans, to enclosure needs. Learn what and how to feed your scaly friends, and have your first experience handling a snake! Class fee is non-refundable.

Activity Code: 3P124726
(Section codes listed below)

Hamilton HA01

Wed, Mar 8, 6:00PM- 7:00PM

\$4 Residents/\$6 Non-Residents



Visit page 55 for Outdoor Education offerings for ages 50+!



Winter Tracks

Find out who has been leaving their footprints in the snow. This winter, join our naturalists for an enjoyable animal-tracking slide show before going outdoors to look for animal tracks. Pick your favorite animal footprint and make a plaster cast to take home. Snow conditions helpful, but not necessary. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125012
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Sat, Jan 21, 9:30AM-11:00AM
\$5 Residents/\$8 Non-Residents

Cross Country Ski Rental at Hawthorn Glen

When snow conditions permit, come to Hawthorn Glen to rent our cross-country skis (boots, skis, and poles provided). A Wisconsin state I.D. or driver's license must be used as a deposit. No reservations taken, just show up. Equipment is available on a first come, first served basis. The equipment may not leave Hawthorn Glen. Hawthorn Glen will determine snow conditions at the facility, please call 414.777.7888 for more information. Instruction not included. Parent/guardian must register, pay, and attend with a child. Fee is per rental. Fees are non-refundable. On-Line registration is not available, just show up!

Activity Code: 3P125016
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Sun, Jan 8-Feb 26, 11:00AM- 4:00PM
\$5 Residents/\$8 Non-Residents

Nature Watercolor Painting

In this beginner level class we will use nature as our inspiration to create beautiful works of art. This class will introduce the basics of watercolor painting and focus on color mixing, brush work skills, drawing and creating depth. Supplies will be provided. Class fee is non-refundable.

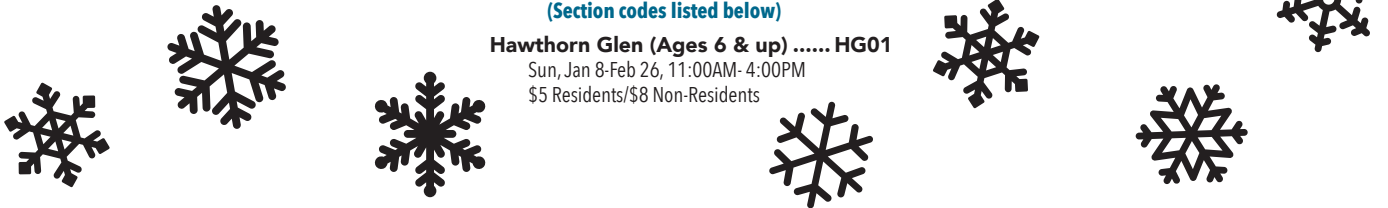
Activity Code: 3P125068
(Section codes listed below)

Hawthorn Glen (Ages 8 & up) HG02

Sat, Feb 4, 10:00AM-12:00PM
\$6 Residents/\$9 Non-Residents

Hawthorn Glen HG03

Sat, Feb 4, 1:00PM- 3:00PM
\$6 Residents/\$9 Non-Residents



Hawthorn Glen Winter Wonder Woods

December 9, 10, 16 & 17 • 5:00–8:30 p.m. • 1130 North 60th Street

See Milwaukee Recreation's Hawthorn Glen in a new light as you walk through the woods and view displays that are twinkling with over 70,000 lights! \$4/person (Children 2 and under free)

COME EXPERIENCE WINTER WONDER WOODS



Register online at mkerec.net
(Activity code: 3P125082)

Please Note: Warm drinks & sweet treat concessions are cash only. Parking is extremely limited in both the Hawthorn Glen parking lot, and on the street. Street parking is not permitted on 60th St. Carpooling and ride-sharing is greatly appreciated!

If Milwaukee Recreation cancels the event due to inclement weather, participants are welcome to transfer to an open session on a different day or receive a full refund.



Toboggan Rentals

Are you looking for fun way to enjoy the outdoors with your family? Rent one of our toboggans and slide down our kid friendly berm. A Wisconsin Driver's license must be used as a deposit. No reservations taken, just show up! Our limited equipment will be rented on a first come, first served basis. Hawthorn Glen will determine snow conditions so calling ahead of time is recommended (414.777.7888). An adult must register, pay and attend with a child. Fee is per hour. On-site registration only.

Activity Code: 3P125075
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Sat, Jan 7-Feb 11, 11:00AM- 3:00PM
\$3 Residents/\$3 Non-Residents



Snow Art

Are you looking for an activity to do with the kids on their day off school? Hawthorn Glen is the place to be! Kids can enjoy making their own colorful art creations in the snow. We will provide the paint and supplies, and mother nature will hopefully provide the large outdoor canvas. Please note that paint bottles may be rented any time between 1-3PM and must be returned after use. Parent/guardian must register, pay, and attend with a child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125083
(Section codes listed below)

Hawthorn Glen (Ages 4 & up) HG03

Mon, Feb 20, 1:00PM- 3:00PM
\$6 Residents/\$9 Non-Residents

First Day Hike

Ring in the New Year and burn off some holiday calories in the great outdoors. Walk Hawthorn Glen in the quiet of winter with our naturalist and start 2023 on a natural note. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125091
(Section codes listed below)

Hawthorn Glen (Ages 8 & up) HG01

Sun, Jan 1, 1:00PM- 2:00PM
\$4 Residents/\$6 Non-Residents

Search for Spring

The vernal equinox was 3/20 but where are the signs of Spring? Join our naturalist for a walk-through Hawthorn Glen searching for signs of Spring, like emerging buds and blossoms. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125092
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Sat, Mar 25, 1:00PM- 3:00PM
\$6 Residents/\$9 Non-Residents

Nature Journaling

Create a winter nature journal. Make observations and write or draw responses. This can include behavioral observations, botanical illustrations, and sketches. Written observations, stories, and poems can also be included. This an opportunity to be inspired, peak curiosity, and learn from our surroundings and each other. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125095
(Section codes listed below)

Hawthorn Glen (Ages 18 & up) ... HG03

Thu, Jan 12-Feb 2, 3:00PM- 4:00PM
\$10 Residents/\$15 Non-Residents

Hawthorn Glen (Ages 9 & up) HG02

Thu, Jan 12-Feb 2, 4:15PM- 5:15PM
\$10 Residents/\$15 Non-Residents

FUN THINGS TO DO ON YOUR DAY OFF OF SCHOOL!

Snow Art at Hawthorn Glen

Monday, Feb. 20
1:00pm - 3:00pm

\$6 residents/\$9 non-residents
Please register in advance!
Activity Code: 3P125083 (HG03)

Nature Hike at Hawthorn Glen

February 17 & 20 and
March 17 & 20
11:00am - 12:00pm

\$4 residents/\$6 non-residents
Please register in advance!
Activity Code: 3P125099
(HG02, HG03, HG04, HG05)

THE LITTLE NATURE MUSEUM AT HAWTHORN GLEN



LOCATED AT 1130 NORTH 60TH ST.

HOURS: Mon-Fri 4 PM-5 PM, Sat & Sun
11 AM-12 PM and 3 PM-4 PM

Attendance is **FREE!**

Come visit our Little Nature Museum & see animals native to Wisconsin, including tree frogs, several species of turtles & snakes, and many birds, even a hawk.

Birdhouse Gourds

Get ready for the returning birds this spring and turn a gourd into a birdhouse with this easy, family-friendly activity. Learn how to make one of the oldest types of bird houses as we walk you through the process from seed to finish, so you can make your own again and again. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125098
(Section codes listed below)

Hawthorn Glen (Ages 12 & up) HG01

Sat, Mar 11, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

Nature Hike

**N
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W**

Spend some time outdoors with your children/grandchildren on their day off school. Are you brave enough to face the cold? Many animals in Wisconsin have to do just that every day in winter. Join us for a short hike as we explore the woods in winter and learn the adaptations of animals that enable them to survive our chilliest time of year. An adult must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125099
(Section codes listed below)

Hawthorn Glen (Ages 4 & up) HG02

Fri, Feb 17, 11:00AM-12:00PM
\$4 Residents/\$6 Non-Residents

Hawthorn Glen (Ages 4 & up) HG03

Mon, Feb 20, 11:00AM-12:00PM
\$4 Residents/\$6 Non-Residents

Hawthorn Glen (Ages 4 & up) HG04

Fri, Mar 17, 11:00AM-12:00PM
\$4 Residents/\$6 Non-Residents

Hawthorn Glen (Ages 4 & up) HG05

Mon, Mar 20, 11:00AM-12:00PM
\$4 Residents/\$6 Non-Residents

SPACE SCIENCE**Visit Milwaukee's Stars**

Clear skies and long nights make winter a great time for star-gazing in Milwaukee. Learn how to locate the winter constellations: Leo, Virgo & Bootes. Behold the twinkle of the distant suns: Regulus, Spica and Arcturus; and the visible planets: Mercury, Venus, Mars, Neptune and Saturn. This Program is geared toward children, but can be enjoyed by adults. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P126002
(Section codes listed below)

Hamilton (Ages 6 & up) HA01

Tue, Feb 7, 6:30PM- 7:45PM
\$4 Residents/\$6 Non-Residents

**Cross Country Ski Rentals**

Sundays this winter at Hawthorn Glen
See page 20 for details!

HAWTHORN GLEN RENTALS

Hawthorn Glen is a perfect place to host a small gathering. Reserve your next birthday party, shower, family event or meeting space with us (reservations begin in March)!

- Assembly Room (indoor), maximum 40 people
- Redwood Picnic Area, maximum 115 people
- Deer Picnic Area, maximum 70 people

Due to COVID-19 safety measures, gathering numbers and protocol may be affected. Please contact our office for current guidelines.

For reservations or more information, call the Outdoor Education office at 414.647.6050.

Additional information is available at:
mkerec.net/Hawthorn-Glen



**Visit page
11 for
Nature in Your
Neighborhood!**

GENERAL SWIM INFORMATION

What to Bring to — Swimsuit, towel, and swim cap. Swim caps must be worn by all individuals entering the pool. Each participant will receive a swim cap with their swim class registration.

Height Requirements (Ages 6-14) — Students must meet the listed minimum height for each pool. Most pools have a 48" height requirement. For youth who are 42"-48" a six-inch booster step may be available. Children not able to comfortably stand in the shallow end of the pool (with or without a booster step) should be enrolled in an Infant, Lil' Squirts, Tiny-Tot or Advanced Tiny-Tot class where a parent/guardian must accompany the child in the water.

Water Temperature — Normal water temperature is 78–82° F. The only exceptions are North Division, Vincent, and Marshall therapy pools which range 86-89° F.

Locker Rooms — Participants may bring a padlock for lockers. All swim gear must be removed after each class. Children five years of age or under may accompany their parent/guardian in the locker room. Children ages six and up should use the locker rooms that correspond to their gender identity.

Pre-Testing — A pre-test is given to swimmers in levels 2-6 on the first day of class to ensure that the swimmer is in the appropriate level. Instructors reserve the right to recommend alternate classes for those students unable to complete pre-tests.

Testing — Testing of swim skills learned generally occurs during the second to last lesson, and last lesson. Parents/caregivers will be given certificates on the last day indicating which level to enroll in next.

Infant and Tiny-Tot Requirements — Diapers: Regular disposable diapers are not permitted as they disintegrate in the pool. Either disposable "Little swimmers" or reusable swim diapers are required.

Parent Attendance — Parents/caregivers must accompany their children in the water for all Tiny-Tot and Adv. Tiny-Tot, and is encouraged but not required for Lil. Lv 1, Lil. Lv 2, Level 1, and Level 2 classes.

Second Child in Class — If a parent/caregiver has more than one child enrolled in Tiny-Tot or Advanced Tiny-Tot classes, the second child must be accompanied by a responsible person 16 years of age or older.

Make-up Policy — Milwaukee Recreation works diligently to ensure that our pools stay in working operation to offer consistency in our programs. In the event that more than one class is cancelled due to circumstances we cannot control, we will work to make-up the missed class at a later date. When a make-up date is unavailable, credits for the missed class will be applied to your Milwaukee Recreation account.

PARENT/ADULT AQUATICS PARTICIPATION

When is Parent/Adult involvement REQUIRED?

- Parent child classes require an adult or responsible person for each child (16 year or older) to be in the water supporting the child. Required: Infant, Tiny-Tot, Lil' Squirts, Advanced Tot. Recommended: Little Level One.
- During OPEN SWIM, Children, age 7 and under and required to have an adult with them one-on-one, in the water, within arm's reach AT ALL TIMES.

Parent/Adult IN WATER:

- Benefits of being in the pool with your young swimmer:
 - » Increased encouragement and repetition of skill practice.
 - » Increased comfort and support, this is a great time to help your child grow their listening skills and practice their swimming skills.
 - » Time to bond and have focused time together.

Parent/Adult in POOL ROOM/ OBSERVATION AREA (Not in Water):

- Benefits of being in pool room / observation area:
 - » Watching from a distance allows some students to develop a trusting relationship with the instructor.
 - » Allowing students more independence while still having you in the room for support/confidence.

Parent NOT in Pool Area or in water:

- Some students might be distracted by their adult being in the pool area and, like school, dropping your child off and leaving the pool area might be what creates the best learning environment for your swimmer.

We want you and your young swimmer to feel comfortable and to get the most out of each class. You know your child best and are encouraged to make the decision of how to support them during their swim experience. If you have questions or concerns, do not hesitate to speak with the instructor to develop a plan or call the Aquatics Office at 414.647.6053.

Guidelines from the American Red Cross. Please read to choose the appropriate swim level for your child(ren).

Level	Requirements	Course Description
Infant	Ages 6 mos. to 18 mos. An adult must accompany the child in the water. Swim diapers required. No swim caps required.	The infant program introduces the child to water in a friendly environment. The program's focus is exploration and includes songs and games. Parents will gain tips in water safety for their infants.
Lil' Squirt	Ages 18 mos. to 36 mos. An adult must accompany the child in the water. Swim diapers and swim caps required	Lil' Squirt swim lessons acquaint the child with water through a combination of songs, games and basic water skills such as kicking and floating. Water safety practices will also be included.
Tiny-Tot	Ages 3-4 yrs. Previous pool experience NOT necessary. An adult must accompany the child in the water. Swim diapers recommended. Swim caps required	Tiny-tots build elementary aquatic skills including independent floating, breath control and rudimentary paddling techniques. Safety skills include "breaking" the over-confident toddler to allow your child to realize what it takes to swim independently in water.
Advanced Tiny-Tot	Ages 4-5 yrs. Previous enrollment in Tiny-Tots OR ability to submerge entire body and kick across pool with a flotation device. An adult must accompany the child in the water.	Participants are introduced to elementary swimming skills such as kicking in a variety of ways, floating, and rhythmic breathing. This course serves as an appropriate transition to Level One. Parents will elaborate on safety skills, including swimming with their tot in tow.
Little Lv. 1 OR Little Lv. 2	Ages 4-6 yrs. Previous enrollment in Advanced Tots OR ability to submerge entire body and kick across pool with a kick board.	In the Lil' Level 1/2 classes, the same elementary aquatic skills from Level One/Two are taught (see descriptions below.) In addition to meeting minimum 42" height requirement, your youngster should be able to be in class without you for the 45 minute class period. Instructors will advise promotion options based on age & skill.
Level One Water Exploration	Ages 6-14 yrs. None (Please see the height requirements noted under each swim location).	In Level 1, elementary aquatic skills are taught, which children will build on as they progress through the six Learn-to-Swim levels. In addition to rhythmic breathing and floating, skills include various kicks and arm strokes. At this level, children also start to develop positive attitudes and safe practices around the water.
Level Two Fundamental Aquatic Skills	Ages 6-14 yrs. Passed Level 1 or can demonstrate completion of all requirements in Level 1.	The objective of Level 2 is to give children success with fundamental skills. Children learn: floating without support and recovering to a vertical position, exploring simultaneous and alternating arm and leg motion to lay the foundations for future strokes. An introduction to deep water is included in this course.
Level Three Stroke Development	Ages 6-14 yrs. Passed Level 2 or can demonstrate completion of all requirements in Level 2.	Level 3 builds on the skills learned in Level 2 by providing additional guided practice. Children learn: coordinating the front crawl, elementary backstroke, fundamentals of treading water, rules for head first entries and additional safety skills. Most importantly, children who successfully complete this course will be ready to swim in deep water
Level Four Stroke Improvement	Ages 6-15 yrs. Passed Level 3 or can demonstrate all Level 3 requirements. Students MUST be comfortable in deep water.	The objective of Level 4 is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Children learn: improved skills and increased endurance in the familiar strokes (front/back crawl), and are introduced to the elementary backstroke, breaststroke, sidestroke, and butterfly.
Level Five Advanced Strokes	Ages 6-15 yrs. Passed Level 4 or can demonstrate completion of all requirements in Level 4.	The objective of Level 5 is to coordinate the strokes that were introduced in 4. Students will put together the mechanics for elementary backstroke, breaststroke, sidestroke and butterfly. Underwater swimming & surface dives will also be included.
Level Six Stroke Refinement	Ages 6-16 yrs. Passed Level 5 or can demonstrate completion of all requirements in Level 5.	Level 6 refines all 6 strokes. Children learn: advanced techniques in all strokes (front/back crawl, butterfly, breaststroke, elementary backstroke, sidestroke) and will increase their distance endurance. Flip turns at the wall and improved diving skills will provide the student with the essentials to pursue swimming as a sport.

GENERAL SWIM CLASSES

Milwaukee Recreation would like to thank the American Red Cross Centennial Water Safety Campaign for supporting funding for all families to discover swimming at a reduced cost for the past three years.

American Red Cross

Milwaukee Recreation offers an avenue for free youth swim lessons through the *Everyone Plays! Scholarship* (details below). Limit one swim class per child per season. Visit mkerec.net/scholarship to learn more.



Hamilton HS

Monday, Jan 23 - Mar 13

Class#	Level	Start Time	End Time	Price
#3RAQ7403-HA02	Tiny Tot	5:00PM	5:30PM	\$32
#3RAQ0511-HA01	Lt. Level 1	5:40PM	6:25PM	\$36
#3RAQ0502-HA01	Level 2	6:35PM	7:25PM	\$36

Tuesday, Jan 17 - Mar 7

Class#	Level	Start Time	End Time	Price
#3RAQ7401-HA02	Infant	5:00PM	5:30PM	\$32
#3RAQ0512-HA01	Lt. Level 2	5:35PM	6:20PM	\$36

Wednesday, Jan 18 - Mar 8

Class#	Level	Start Time	End Time	Price
#3RAQ7402-HA02	Lil' Squirts	5:00PM	5:30PM	\$32
#3RAQ0501-HA01	Level 1	5:40PM	6:30PM	\$36
#3RAQ0503-HA04	Level 3	6:40PM	7:30PM	\$36

Thursday, Jan 19 - Mar 9

Class#	Level	Start Time	End Time	Price
#3RAQ7404-HA01	Adv. Tiny Tot	6:10PM	6:55PM	\$36
#3RAQ0504-HA02	Level 4	7:00PM	7:50PM	\$36

Saturday, Jan 21 - Mar 11

Class#	Level	Start Time	End Time	Price
#3RAQ7401-HA01	Infant	7:50AM	8:20AM	\$32
#3RAQ7402-HA01	Lil' Squirts	8:25AM	8:55AM	\$32
#3RAQ7403-HA01	Tiny Tot	9:00AM	9:30AM	\$32
#3RAQ7404-HA02	Adv. Tiny Tot	9:35AM	10:20AM	\$36
#3RAQ0501-HA02	Level 1	10:30AM	11:20AM	\$36
#3RAQ0502-HA02	Level 2	12:20PM	1:10PM	\$36
#3RAQ0503-HA01	Level 3	1:20PM	2:10PM	\$36
#3RAQ0504-HA01	Level 4	2:20PM	3:10PM	\$36
#3RAQ0505-HA01	Level 5	3:20PM	4:10PM	\$36

Madison HS

Tuesday, Jan 17 - Mar 7

Class#	Level	Start Time	End Time	Price
#3RAQ0501-MA01	Level 1	6:10PM	7:00PM	\$36
#3RAQ3305-MA01	Family*	7:05PM	8:05PM	\$8/\$20

Thursday, Jan 19 - Mar 9

Class#	Level	Start Time	End Time	Price
#3RAQ7403-MA01	Tiny Tot	5:00PM	5:30PM	\$32
#3RAQ0502-MA01	Level 2	5:40PM	6:30PM	\$36
#3RAQ0503-MA01	Level 3	6:40PM	7:30PM	\$36

*To read Family Swim course description see page 32.

Marshall HS

Monday, Jan 23 - Mar 13

Class#	Level	Start Time	End Time	Price
#3RAQ7403-MR02	Tiny Tot	6:05PM	6:35PM	\$32
#3RAQ0501-MR02	Level 1	6:40PM	7:30PM	\$36

Tuesday, Jan 17 - Mar 7

Class#	Level	Start Time	End Time	Price
#3RAQ7402-MR01	Lil' Squirts	6:05PM	6:35PM	\$32
#3RAQ0502-MR02	Level 2	6:40PM	7:30PM	\$36
#3RAQ0506-MR01	Level 6	7:40PM	8:30PM	\$36

Wednesday, Jan 18 - Mar 8

Class#	Level	Start Time	End Time	Price
#3RAQ7403-MR01	Tiny Tot	5:00PM	5:30PM	\$32
#3RAQ0511-MR01	Lt. Level 1	5:40PM	6:25PM	\$36
#3RAQ0503-MR03	Level 3	6:30PM	7:20PM	\$36

Thursday, Jan 19 - Mar 9

Class#	Level	Start Time	End Time	Price
#3RAQ0512-MR01	Lt. Level 2	5:00PM	5:45PM	\$36
#3RAQ0501-MR04	Level 1	5:50PM	6:40PM	\$36
#3RAQ0504-MR02	Level 4	6:45PM	7:35PM	\$36

Saturday, Jan 21 - Mar 11

Class#	Level	Start Time	End Time	Price
#3RAQ7404-MR01	Adv. Tiny Tot	8:10AM	8:55AM	\$36
#3RAQ7402-MR02	Lil' Squirts	9:00AM	9:30AM	\$32
#3RAQ0502-MR01	Level 2	9:40AM	10:30AM	\$36
#3RAQ0501-MR01	Level 1	10:40AM	11:30AM	\$36
#3RAQ0504-MR01	Level 4	12:45PM	1:35PM	\$36
#3RAQ0505-MR01	Level 5	1:45PM	2:35PM	\$36
#3RAQ0503-MR01	Level 3	2:45PM	3:35PM	\$36
#3RAQ0512-MR02	Lt. Level 2	3:45PM	4:30PM	\$36

EVERYONE PLAYS!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation Guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Limited scholarships available. Apply today! Please call 414.475.8180 or visit mkerec.net/scholarship to learn more and complete our short application.

GENERAL SWIM CLASSES

Milwaukee HS of the Arts

Monday, Jan 23 - Mar 13

Class#	Level	Start Time	End Time	Price
#3RAQ7402-MH01	Lil' Squirts	5:00PM	5:30PM	\$32
#3RAQ0501-MH01	Level 1	5:40PM	6:30PM	\$36
#3RAQ0503-MH01	Level 3	6:40PM	7:30PM	\$36

Wednesday, Jan 18 - Mar 15

Class#	Level	Start Time	End Time	Price
#3RAQ7403-MH01	Tiny Tot	4:00PM	4:30PM	\$32
#3RAQ0501-MH02	Level 1	4:40PM	5:30PM	\$36
#3RAQ0502-MH01	Level 2	5:40PM	6:30PM	\$36
#3RAQ0504-MH01	Level 4	6:40PM	7:30PM	\$36

Saturday, Jan 21 - Mar 11

Class#	Level	Start Time	End Time	Price
#3RAQ7401-MH01	Infant	9:00AM	9:30AM	\$32
#3RAQ7404-MH01	Adv. Tiny Tot	9:40AM	10:25AM	\$36
#3RAQ0501-MH03	Level 1	10:30AM	11:20AM	\$36
#3RAQ0502-MH02	Level 2	11:30AM	12:20PM	\$36
#3RAQ3305-MH01	Family*	1:10PM	2:10PM	\$8/\$20
#3RAQ0501-MH04	Level 1	2:20PM	3:10PM	\$36

North Division HS

Tuesday, Jan 17 - Mar 7

Class#	Level	Start Time	End Time	Price
#3RAQ7403-ND01	Tiny Tot	5:40PM	6:10PM	\$32
#3RAQ0503-ND02	Level 3	6:20PM	7:10PM	\$36
#3RAQ0501-ND03	Level 1	6:20PM	7:10PM	\$36
#3RAQ3305-ND01	Family*	7:20PM	8:20PM	\$8/\$20

Thursday, Jan 19 - Mar 9

Class#	Level	Start Time	End Time	Price
#3RAQ0512-ND01	Lt. Level 2	5:40PM	6:25PM	\$36
#3RAQ7404-ND01	Adv. Tiny Tot	5:40PM	6:25PM	\$36
#3RAQ0502-ND01	Level 2	6:30PM	7:20PM	\$36

Friday, Jan 20 - Mar 10

Class#	Level	Start Time	End Time	Price
#3RAQ0501-ND02	Level 1	6:00PM	6:50PM	\$36

Saturday, Jan 21 - Mar 11

Class#	Level	Start Time	End Time	Price
#3RAQ0504-ND4	Level 4	8:40AM	9:30AM	\$36
#3RAQ7401-ND01	Infant	9:35AM	10:05AM	\$32
#3RAQ0505-ND01	Level 5	9:40AM	10:30AM	\$36
#3RAQ7403-ND02	Tiny Tot	10:10AM	10:40AM	\$32
#3RAQ0511-ND01	Lt. Level 1	10:40AM	11:25AM	\$36
#3RAQ7404-ND02	Adv. Tiny Tot	10:45AM	11:30AM	\$36
#3RAQ0503-ND01	Level 3	12:30PM	1:20PM	\$36
#3RAQ0501-ND01	Level 1	12:30PM	1:20PM	\$36
#3RAQ0502-ND02	Level 2	1:30PM	2:20PM	\$36

*To read Family Swim course description see page 32.

POOL	Height Requirement	Pool Temperature
Arts	48"	78° - 82°
Hamilton	48"	78° - 82°
Madison	48"	78° - 82°
Marshall	48"	86° - 89°
North Division	48"	86° - 89°
Pulaski	54"	78° - 82°
Riverside	48"	78° - 82°
South Division	48"	78° - 82°
Vincent	48"	86° - 89°

Swim Lesson Age Groupings

CLASS	AGES
Infant	6mo - 18mo
Lil' Squirts	18mo - 3yrs
Tiny-Tot	3 - 4yrs
Adv. Tots	4-5yrs
Lil' Lv. 1/2	4-6yrs
Levels 1-6	6-16yrs

* See level description on page 25 for ages.

GENERAL SWIM CLASSES

Pulaski HS

Saturday, Jan 21 - Mar 11

Class#	Level	Start Time	End Time	Price
#3RAQ0506-PK01	Level 6	10:50AM	11:40AM	\$36
#3RAQ0505-PK01	Level 5	12:30PM	1:20PM	\$36
#3RAQ0504-PK01	Level 4	1:30PM	2:20PM	\$36
#3RAQ0503-PK01	Level 3	2:30PM	3:20PM	\$36

Riverside HS

Saturday, Jan 21 - Mar 11

Class#	Level	Start Time	End Time	Price
#3RAQ0501-RS01	Level 1	12:30PM	1:20PM	\$36
#3RAQ0504-RS01	Level 4	1:30PM	2:20PM	\$36
#3RAQ0505-RS01	Level 5	2:30PM	3:20PM	\$36

South Division HS

Tuesday, Jan 17 - Mar 7

Class#	Level	Start Time	End Time	Price
#3RAQ0501-SD01	Level 1	6:45PM	7:35PM	\$36
#3RAQ0504-SD01	Level 4	7:45PM	8:35PM	\$36

Saturday, Jan 21 - Mar 11

Class#	Level	Start Time	End Time	Price
#3RAQ0503-SD02	Level 3	9:30AM	10:20AM	\$36
#3RAQ0501-SD02	Level 1	9:30AM	10:20AM	\$36
#3RAQ0502-SD01	Level 2	10:30AM	11:20AM	\$36
#3RAQ0504-SD02	Level 4	10:30AM	11:20AM	\$36
#3RAQ0505-SD01	Level 5	1:30PM	2:20PM	\$36
#3RAQ0501-SD03	Level 1	1:30PM	2:20PM	\$36
#3RAQ0502-SD02	Level 2	2:30PM	3:20PM	\$36
#3RAQ7403-SD01	Tiny Tot	2:30PM	3:00PM	\$32
#3RAQ0512-SD01	Lt. Level 2	3:15PM	4:00PM	\$36
#3RAQ0511-SD02	Lt. Level 1	3:30PM	4:15PM	\$36

Vincent HS

Monday, Jan 23 - Mar 13

Class#	Level	Start Time	End Time	Price
#3RAQ7403-VN01	Tiny Tot	5:00PM	5:30PM	\$32
#3RAQ0501-VN02	Level 1	5:45PM	6:35PM	\$36
#3RAQ0502-VN02	Level 2	6:45PM	7:35PM	\$36

Saturday, Jan 21 - Mar 11

Class#	Level	Start Time	End Time	Price
#3RAQ7404-VN01	Adv. Tiny Tot	8:30AM	9:15AM	\$36
#3RAQ0503-VN01	Level 3	9:20AM	10:10AM	\$36
#3RAQ0502-VN01	Level 2	10:20AM	11:10AM	\$36
#3RAQ0501-VN01	Level 1	11:20AM	12:10PM	\$36
#3RAQ3305-VN01	Family*	2:20PM	3:20PM	\$8/\$20
#3RAQ0504-VN01	Level 4	3:30PM	4:20PM	\$36

*To read Family Swim course description see page 32.



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Milwaukee Recreation offers an avenue for free youth swim lessons through the *Everyone Plays! Scholarship* (details below). Limit one swim class per child per season. Visit mkerec.net/scholarship to learn more.

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Limited scholarships available. Apply today! Please call 414.475.8180 or visit mkerec.net/scholarship to learn more and complete our short application.

ARC TRAINING

CPR with AED

The American Red Cross Lay Responder CPR with AED course will prepare you to respond to emergencies and administer chest compressions and ventilations until emergency medical responders can arrive to the scene. You will also learn how to use an automated external defibrillator (AED). These lifesaving measures are a mandatory skill set for many, both personal and professional. Health care workers should verify the lay responder course is appropriate training per job title. Refunds must be made one full week before class date. Certificate valid for 2 years. Instructor: Dr. DeSilva

Activity Code: 3RAE0202
(Section codes listed below)

Hamilton HA01

(Course will also include First Aid.)
Thu, Jan 12, 5:30PM- 8:45PM
\$54 Residents/\$81 Non-Residents

MacDowell (Ages 16 & up)..... JU01

(Course will also include First Aid.)
Tue, Jan 10, 5:30PM- 8:45PM
\$54 Residents/\$81 Non-Residents

Milwaukee Marshall (Ages 16 & up)... MR01

(Course will also include First Aid.)
Wed, Jan 11, 5:30PM- 8:45PM
\$54 Residents/\$81 Non-Residents

OASIS (Ages 16 & up) 5501

(Course will also include First Aid.)
Mon, Jan 9, 5:30PM- 8:45PM
\$54 Residents/\$81 Non-Residents

OASIS 5502

(Course will also include First Aid.)
Sat, Jan 14, 9:00AM-12:30PM
\$54 Residents/\$81 Non-Residents



ADULT SWIM

Adult Swim Lessons

If you are a beginning swimmer, this class will orient you to swimming essentials so you will feel comfortable in and around water. You will learn basic swim strokes and water safety techniques. Intermediate swimmers will work on refining swimming strokes. Swimming caps are required and are available at the pools for \$2.

Activity Code: 3RAQ0401
(Section codes listed below)

Madison (Ages 17 & up)MA01

Thu, Jan 19-Mar 9, 7:40PM- 8:40PM
\$36 Residents/\$48 Non-Residents

Milw HS of the Arts (Ages 17 & up)...MH01

Sat, Jan 21-Mar 11, 3:20PM- 4:20PM
\$36 Residents/\$48 Non-Residents

Milw HS of the Arts (Ages 17 & up)MH02

Mon, Jan 23-Mar 13, 7:40PM- 8:40PM
\$36 Residents/\$48 Non-Residents

Milwaukee Marshall (Ages 17 & up) MR02

Thu, Jan 19-Mar 9, 7:40PM- 8:40PM
\$36 Residents/\$48 Non-Residents

Milwaukee Marshall (Ages 17 & up) MR01

Mon, Jan 23-Mar 13, 7:40PM- 8:40PM
\$36 Residents/\$48 Non-Residents

North Division (Ages 17 & up)..... ND02

Sat, Jan 21-Mar 11, 2:30PM- 3:30PM
\$36 Residents/\$48 Non-Residents

Pulaski (Ages 17 & up).....PK01

Sat, Jan 21-Mar 11, 9:40AM-10:40AM
\$36 Residents/\$48 Non-Residents

Riverside (Ages 17 & up)..... RS01

Sat, Jan 21-Mar 11, 10:30AM-11:30AM
\$36 Residents/\$48 Non-Residents

South Division (Ages 17 & up).....SD01

Thu, Jan 19-Mar 9, 7:45PM- 8:45PM
\$36 Residents/\$48 Non-Residents

South Division (Ages 17 & up).....SD02

Sat, Jan 21-Mar 11, 11:30AM-12:30PM
\$36 Residents/\$48 Non-Residents

Vincent (Ages 17 & up)..... VN01

Sat, Jan 21-Mar 11, 1:10PM- 2:10PM
\$36 Residents/\$48 Non-Residents

Vincent (Ages 17 & up)..... VN02

Mon, Jan 23-Mar 13, 7:45PM- 8:45PM
\$36 Residents/\$48 Non-Residents

Beginner Adult Lesson

If you are a beginning swimmer, this class will orient you to swimming essentials so you will feel comfortable in and around water. You will learn basic swim strokes and water safety techniques.

Activity Code: 3RAQ0403
(Section codes listed below)

North Division (Ages 17 & up).....ND01

Sat, Jan 21-Mar 11, 2:30PM- 3:30PM
\$36 Residents/\$48 Non-Residents

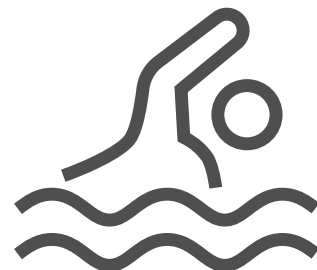
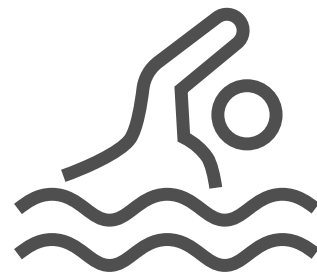
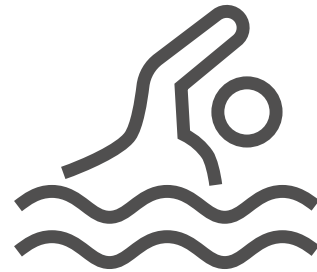
Intermediate Adult Lesson

Intermediate swimmers will work on refining swimming strokes. Swimming caps are required and are available at the pools for \$2.

Activity Code: 3RAQ0404
(Section codes listed below)

North Division (Ages 17 & up).....ND01

Tue, Jan 17-Mar 7, 7:20PM- 8:20PM
\$36 Residents/\$48 Non-Residents



AQUA FITNESS

Aqua Boot Camp

Make your muscles burn so that your metabolic engine will stay lit, scorching calories long after your swimsuit has dried. A powerful class for men and women, you will need to bring hand-held weights between 3-5 pounds and a water bottle to stay hydrated. Water shoes recommended. Training tactics may not be appropriate for beginning exercisers, persons with special needs or those who wish not to get their hair wet.

Activity Code: 3RAQ0301
(Section codes listed below)

Riverside RS01

Sat, Jan 21-Mar 11, 9:10AM-10:20AM
\$36 Residents/\$54 Non-Residents

Aqua Zumba®

The hottest fitness craze hits the cool water in the pool. Plan to have so much fun in this latin-themed pool party that you'll never miss the calories you leave behind. Water shoes recommended. Please bring a water bottle.

Activity Code: 3RAQ0302
(Section codes listed below)

Madison MA01

Tue, Jan 17-Mar 7, 5:00PM- 6:00PM
\$36 Residents/\$54 Non-Residents

South Division SD01

Sat, Jan 21-Mar 11, 8:30AM- 9:30AM
\$36 Residents/\$54 Non-Residents



Cardio Splash

Converting fat into lean muscle as you work against the powerful resistance of water is only the beginning of this high energy session. Fitness studies show that fat loss is expedited through interval training. You will work in sets of higher intensity intervals with periods of active rest. Endurance and intensity build each week for maximum results. Bring water bottle and hand weights to each class.

Activity Code: 3RAQ0304
(Section codes listed below)

Hamilton HA01

Thu, Jan 19-Mar 9, 5:00PM- 6:00PM
\$36 Residents/\$54 Non-Residents

Milwaukee HS of the Arts MH01

Wed, Jan 18-Mar 8, 7:40PM- 8:40PM
\$36 Residents/\$54 Non-Residents

Milwaukee Marshall MR01

Mon, Jan 23-Mar 13, 5:00PM- 6:00PM
\$36 Residents/\$54 Non-Residents

North Division ND01

Wed, Jan 18-Mar 8, 4:30PM- 5:30PM
\$36 Residents/\$54 Non-Residents

North Division ND02

Sat, Jan 21-Mar 11, 8:30AM- 9:30AM
\$36 Residents/\$54 Non-Residents



Deep Water Aerobics

Changing the medium in which you workout challenges the body, building muscle in places you may not have felt before. In the gym trainers use Bosu platforms and exercise balls to destabilize the environment; in the water, we take the floor away! Participants will be provided a floatation belt.

Activity Code: 3RAQ0305
(Section codes listed below)

Hamilton HA01

Tue, Jan 17-Mar 7, 7:30PM- 8:30PM
\$36 Residents/\$54 Non-Residents

Hamilton HA02

Sat, Jan 21-Mar 11, 9:00AM-10:00AM
\$36 Residents/\$54 Non-Residents



Water Aerobics - Adult

Increase flexibility, muscle strength and endurance without joint discomfort of traditional land exercise. Sign up now to make your workout fun, not a bore or a chore.

Activity Code: 3RAQ0306
(Section codes listed below)

Hamilton HA02

Wed, Jan 18-Mar 8, 7:40PM- 8:40PM
\$36 Residents/\$54 Non-Residents

Hamilton HA01

Mon, Jan 23-Mar 13, 7:30PM- 8:30PM
\$36 Residents/\$54 Non-Residents

Milwaukee Marshall MR01

Wed, Jan 18-Mar 8, 7:30PM- 8:30PM
\$36 Residents/\$54 Non-Residents

North Division ND02

Mon, Jan 23-Mar 13, 4:30PM- 5:30PM
\$36 Residents/\$54 Non-Residents

YoQUA Fusion

Specially designed water exercise to ease the mind and restore the body. Gentle movements to increase flexibility and renew your spirit will be interspersed with moderate cardiovascular exercise to maintain body temperature. Participants may use floatation belts (provided) for some portions of this class.

Activity Code: 3RAQ0307
(Section codes listed below)

Milwaukee Marshall MR01

Tue, Jan 17-Mar 7, 5:00PM- 6:00PM
\$36 Residents/\$54 Non-Residents

North Division ND01

Fri, Jan 20-Mar 10, 5:00PM- 6:00PM
\$36 Residents/\$54 Non-Residents



DRUM VIBES

SAF AQUA® Drums Vibes is a combination of drum rhythms and water exercise that is done with all new equipment never brought into a pool before. Play the drums in the water while you workout - your movements will be more effective and you utilize the weighted drum sticks in many positions. Working out never felt like so much fun. Equipment for class provided. Space is limited. Demo video available upon registration.

Activity Code: 3RAQ0309
(Section codes listed below)

North DivisionND01

(Weighted Drum Sticks are PROVIDED for use during class.)

Thu, Jan 19-Mar 9, 4:30PM- 5:30PM
\$36 Residents/\$54 Non-Residents

Glide Fit

Come experience a wet and wild workout! Through combining the power of water, waves, your force, strength resistance and movement we've created a fun, yet challenging class. We use a floating fitness mat tethered between lane lines to build your strength, stamina and mobility. This class is the perfect training complement for athletes and exercise enthusiasts. Being comfortable in water deeper than 5 feet, and being able to fully submerge your body (when you fall off your board - you will!) is required.

Activity Code: 3RAQ0310
(Section codes listed below)

North DivisionND01

Thu, Jan 19-Mar 9, 7:40PM- 8:40PM
\$36 Residents/\$54 Non-Residents



AQUATICS TRAINING

Lifeguard Training

Ages 15 and above. American Red Cross Lifeguard Training will give you the skills and knowledge needed to prevent and respond to aquatic emergencies. This course includes: water rescue skills, first aid and CPR. Prerequisites include: Swim 300 yards NON-STOP (using breaststroke and front crawl) , Submerge 10-12 feet to retrieve a 10 pound brick and tread 2 minutes without hands. Successful participants from this class will be considered for immediate employment opportunities. Internet access is required for this course. Link to online content will be shared by the instructor of the course, typically after the completion of the pre-test. Ask how you can enroll for FREE, by training for hire. All classes MUST be attended in full. If you have potential conflicts, need to schedule an alternative pre-test, or have any questions or need for accommodation, you should reach out to the aquatics office immediately. Aquatics office: 414.647.6076 Instructor: Denzel Shareef

Activity Code: 3RAQ0601
(Section codes listed below)

North Division (Ages 15 & up).....ND01

(Mandatory Pre-Test on February 4th 8:45AM - 10:45AM at North Division, for alternate date call 414.647.6075. If you do not pass the pre-test, you are refunded your money and instructed on what you need to improve upon so that you can be successful in the course. Students are required to complete 7 hours of online content to prepare them for the Lifeguard course.)

Sat, Feb 18-Mar 11, 8:45AM- 4:45PM
\$100 Residents/\$300 Non-Residents

LG PREP

Interested in getting your lifeguard certification but unsure if you are ready for the course? Sign up for this section to review all swimming skills needed to be successful in the Lifeguard Training program. Course is FREE, but registration is required. Please bring goggles to the class - or contact us if needed: swim@mkerec.net

Activity Code: 3RAQ0611
(Section codes listed below)

Milw HS of the Arts (Ages 14 & up)MH01

Mon, Jan 23-Mar 13, 4:00PM- 4:50PM
FREE - REGISTRATION REQUIRED

North Division (Ages 14 & up).....ND01

Fri, Jan 20-Mar 10, 7:00PM- 8:00PM
FREE - REGISTRATION REQUIRED



Lifeguard Review Course

Lifeguards who need to re-new their certifications may register for this course. You must either possess a current Lifeguard certification card from a reputable organization or be within one month of the expiration of your certification. Pre-test, 2 water scenarios, and 2 written exams will be conducted among other basic water rescue skills. Please prepare yourself in advance as little guidance or teaching of skills will occur during a review. Space is limited. Course is not eligible for reduced fees, unless you are an employee with Milwaukee Recreation.

Activity Code: 3RAQ0602
(Section codes listed below)

North Division (Ages 15 & up).....ND01

Sat, Mar 11, 9:00AM- 4:00PM
\$60 Residents/\$90 Non-Residents

WSI - Water Safety Instructor

Age 16 & Above. The American Red Cross Water Safety Instructor (WSI) course will train candidates to teach a variety of swim classes including: Learn To Swim levels 1 - 6 for youth, multiple levels of parent-child aquatics and preschool aquatics, 3 levels of swimming for adults and MORE! Prerequisites TESTED at a determined Pre-Course Date include: 25 yards of proficient swimming in: Front Crawl, Back Crawl, Breaststroke, Sidestroke, Elementary Backstroke and Butterfly, 2 minutes of treading in deep water and a head first entry (dive) into deep water. Successful participants may be considered for immediate employment opportunities with Milwaukee Recreation Aquatics. Course is not eligible for reduced fees.

Activity Code: 3RAQ0604
(Section codes listed below)

North Division (Ages 16-80)ND01

(MUST attend pre-course session on 1/19/23, 9pm at North Division or 1/28/23, 9AM at North Division. Fridays will run: Feb. 3, 10, & 17, from 5:30- 8:45 at North Division. Saturdays will run: Feb. 4, 11, & 18, from 8:00AM - 5:00PM at North Division)

Fri/Sat, Feb 3-Feb 18, 8:00AM- 5:00PM
\$160 Residents/\$240 Non-Residents

FAMILY CLASSES

Family Aqua-FIT

Make working out a family affair - in the coolest way possible: at the pool! This class is appropriate for families of every make up, participants must be ages 10 & up. Each member of the family should register. Up to 3 children per adult. Pool exercise has many benefits: cardiovascular, respiratory, increased flexibility - and the sense of calm created from hydrostatic pressure. Each person should bring a water bottle to class. Participants will experience a mix of our water aerobics and cardio splash classes during this offering, and potentially more, depending on the instructor and comfort of the class.

Activity Code: 3RAQ3303
(Section codes listed below)

North Division (Ages 10 & up).....ND01

Thu, Jan 19-Mar 16, 4:30PM- 5:30PM
\$ Residents/\$20 Non-Residents

Family Swim Lesson

Children ages 9 and up with their parent/caregiver can all learn to swim together! Make it a family affair and come learn all the basics of swimming at a pool near you. Up to 3 children per adult in the class. Each family member should enroll and pay the course fee.

Activity Code: 3RAQ3305
(Section codes listed below)

MadisonMA01

Tue, Jan 17-Mar 7, 7:05PM- 8:05PM
\$20 Residents/\$20 Non-Residents

Milwaukee HS of the ArtsMH01

Sat, Jan 21-Mar 11, 1:10PM- 2:10PM
\$20 Residents/\$20 Non-Residents

North DivisionND01

Tue, Jan 17-Mar 7, 7:20PM- 8:20PM
\$20 Residents/\$20 Non-Residents

VincentVN01

Sat, Jan 21-Mar 11, 2:20PM- 3:20PM
\$20 Residents/\$20 Non-Residents

Enduro Holiday Swim

NEW

An authentic wellness event to attract swimmers of all ages. Together we will experience the joy of endurance training. Each heat of swimmers will offer lanes for 3 distance options: MKE MILE (1650 yards) MKE 1000 and the MKE 500 to allow for all of the family to participate. Open Water Polo will be available in the diving well and swimmers will be encouraged to sample a 12 minute round or challenge themselves to participate in multiple rounds. Your event is only an hour but you are welcome to participate for the entirety of the program 9AM - 12PM. Please visit our website for updates on the event.

Activity Code: 3RAQ3316
(Section codes listed below)

South Division (Ages 8 & up).....SD01

(24 per wave. If this section is full, please select another section at a different time. 1 adult required per 2 youth participants.)

Wed, Dec 28, 9:00AM-10:00AM

\$16 Residents Adults/\$24 Non-Residents Adults

\$8 Residents Youth/\$12 Non-Residents Youth

South Division (Ages 8 & up).....SD02

(24 per wave. If this section is full, please select another section at a different time. 1 adult required per 2 youth participants.)

Wed, Dec 28, 10:00AM-11:00AM

\$16 Residents Adults/\$24 Non-Residents Adults

\$8 Residents Youth/\$12 Non-Residents Youth

South Division (Ages 8 & up).....SD03

(24 per wave. If this section is full, please select another section at a different time. 1 adult required per 2 youth participants.)

Wed, Dec 28, 11:00AM-12:00PM

\$16 Residents Adults/\$24 Non-Residents Adults

\$8 Residents Youth/\$12 Non-Residents Youth



Join us for Twilight Swim!

Twilight swim is a **FREE** program, hosted by Milwaukee Recreation Twilight Centers, that is available for individuals age 12-18. Families with young children are also welcome to come and enjoy the pool. Children age 7 years and younger **MUST** be accompanied in the water by an adult, at all times. Winter Twilight swim will run from 1/4/23 – 5/24/23. We hope to see you in the pool! Locations/times listed below:

- **North Division High School**
 - » Mondays and Wednesdays from 6:00pm - 8:30pm
- **South Division High School**
 - » Mondays and Wednesdays from 6:00pm - 8:30pm

ADULT COMP SWIM

Master's Swim - Weekdays

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 3RCS0701
(Section codes listed below)

MacDowell (Ages 14 & up)..... JU03

Wed, Jan 4-Mar 15, 5:15AM- 6:15AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU13

Wed, Jan 4-Mar 8, 6:25AM- 7:25AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU05

(FRIDAY - EARLY)
Fri, Jan 6-Mar 10, 5:15AM- 6:15AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU15

Fri, Jan 6-Mar 10, 6:25AM- 7:25AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU01

Mon, Jan 9-Mar 13, 5:15AM- 6:15AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU11

Mon, Jan 9-Mar 13, 6:25AM- 7:25AM
\$28 Residents/\$42 Non-Residents

Pulaski (Ages 14 & up).....PK01

Mon, Jan 9-Mar 13, 6:00PM- 6:55PM
\$28 Residents/\$42 Non-Residents

Riverside (Ages 14 & up)..... RS14

Thu, Jan 5-Mar 9, 5:10AM- 6:10AM
\$28 Residents/\$42 Non-Residents

Riverside (Ages 14 & up)..... RS04

Thu, Jan 5-Mar 9, 6:15AM- 7:15AM
\$28 Residents/\$42 Non-Residents

Riverside (Ages 14 & up)..... RS02

Tue, Jan 10-Mar 7, 5:10AM- 6:10AM
\$28 Residents/\$42 Non-Residents

Riverside (Ages 14 & up)..... RS12

Tue, Jan 10-Mar 7, 6:15AM- 7:15AM
\$28 Residents/\$42 Non-Residents

Riverside (Ages 14 & up)..... RS01

Tue, Jan 10-Mar 7, 7:40PM- 8:40PM
\$28 Residents/\$42 Non-Residents

Master's Swim - Weekend

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 3RCS0702
(Section codes listed below)

MacDowell (Ages 14 & up)..... JU01

Sat, Jan 7-Mar 18, 7:25AM- 8:25AM
\$28 Residents/\$42 Non-Residents

Pulaski (Ages 14 & up).....PK02

Sat, Jan 7-Mar 11, 7:25AM- 8:25AM
\$28 Residents/\$42 Non-Residents

Triathlon Cross Training

Coach Paul wants this to be the year you conquer your first triathlon! Triathlon specific swim techniques and tips will only be the beginning. Utilize the adjacent, newly expanded bike trails and improve running both on an outdoor track for drills and through the nearby parks for distance. Minimum recommended fitness level to be comfortable in class include: 50 yards of nonstop swim ability, 20 minute of jogging stamina and comfortable on your own bike. Participants should come prepared to swim, bike/spin and run for every class, unless instructed otherwise.

Activity Code: 3RCS0704
(Section codes listed below)

Riverside (Ages 14 & up)..... RS01

Tue, Jan 10-Mar 14, 6:00PM- 7:30PM
\$42 Residents/\$56 Non-Residents



OPEN SWIM + WARM WATER WALK

OPEN SWIM

MONDAYS, 1/23 - 3/13 AT MILWAUKEE HS OF THE ARTS - 4:00PM - 4:50PM

Members of your household may reserve a single session of open pool time. Children under the age of 7 must be accompanied in the water by an adult who will remain within arm's reach of the child. Each member of household wanting to swim should register to reserve adequate space. Swim caps are required. Open swim is FREE but participants must pre-register or register onsite. Visit mkerec.net/aquatics for availability.

ACTIVITY CODE: 3RAQ1032

WARM WATER WALK

FRIDAYS, 1/20 - 3/10 AT NORTH DIVISION HS - 7:00PM - 8:00PM

Enjoy a therapy pool setting with minimum water temperatures of 86F. Each reservation via this registration is for a single person for a single session. No formal instruction provided. Cost is \$3/day.

ACTIVITY CODE: 3RAQ1034.



YOUTH COMP SWIM

Teen TRI Training

Teen Triathlon training will give youth 11-18 the opportunity to have FUN biking, swimming, and running in Milwaukee Riverside's beautiful facilities and parks. Coaches have more the 40 years of experience training in triathlon sports. Participants should be comfortable in deep water and on a bike. There is a limited number of bikes to use for this course, it would be best if you can bring your own if needed. Come on the first day ready to swim and run. Instructions for biking will be issued. With this occurring during the cold months, all activities are likely to be held in doors.

Activity Code: 3RCS0807
(Section codes listed below)

Riverside (Ages 11-18)..... RS01

Tue/Thu, Feb 21-Mar 16, 3:45PM- 5:45PM
\$36 Residents/\$54 Non-Residents

Piranhas Swim Team

The Milwaukee Piranhas Age-Group Swim Club is for experienced swimmers who have been recommended by a coach to participate at the highest level of competition. New members should seek the approval of a coach by setting up a placement session at the pool. Swimmers on this team may be recruited for USA SWIMMING opportunities. No swimmers allowed to participate without proof of enrollment. Not eligible for reduced fees. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.

Activity Code: 3RCS0808
(Section codes listed below)

MacDowell (Ages 4-19)..... JU02

(Intermediate Group)
Mon-Thu, Jan 4-Mar 16, 5:15PM- 6:15PM
\$54 Residents/\$81 Non-Residents

MacDowell (Ages 4-19)..... JU01

Mon-Thu, Jan 4-Mar 16, 6:15PM- 7:45PM
\$72 Residents/\$108 Non-Residents

MacDowell (Ages 4-19)..... JU11

(SAT EXTRA PRACTICE - ADV. Family Discount not available for this section)
Sat, Jan 7-Mar 11, 8:30AM-10:00AM
\$18 Residents/\$27 Non-Residents

MacDowell (Ages 4-19)..... JU22

(SAT EXTRA PRACTICE - INT. Family Discount not available for this section)
Sat, Jan 7-Mar 11, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Tidal Waves Swim Team

The Tidal Waves Age-Group Swim Team offers youth interested in competitive swimming to join a friendly, learner-focused environment. Swimmers must be able to kick one full length (25 yards) of the pool on their back and stomach and be comfortable in deep water to join. Swimmers are not allowed to participate without proof of enrollment. Swimmers unable to complete prerequisite swim at first practice may be referred to a lesson program to develop swim ability. Not eligible for reduced fees.

Activity Code: 3RCS0809
(Section codes listed below)

Pulaski (Ages 4-19) PK03

(PRE-COMP GROUP)
Tue/Thu, Jan 5-Mar 16, 6:00PM- 6:55PM
\$18 Residents/\$27 Non-Residents

Pulaski (Ages 4-19) PK02

(INTERMEDIATE GROUP)
Mon/Tue/Thu, Jan 5-Mar 16, 7:00PM- 8:00PM
\$28 Residents/\$42 Non-Residents

Pulaski (Ages 4-19) PK22

(SAT EXTRA PRACTICE - INT. Family Discount not available for this section)
Sat, Jan 7-Mar 11, 8:30AM- 9:30AM
\$18 Residents/\$27 Non-Residents

Krakens Swim Team

The Krakens Age Group Swim Team offers a recreational competitive atmosphere. Seasonal swim meets will be held with local age-group clubs and allow for swimmers to be introduced to competition with those of similar ability levels. Participant should have completed Level 3 of the Learn to Swim program or be able to swim 25 continuous yards. Swimmers are not allowed to participate without proof of enrollment. Not eligible for reduced fees. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.

Activity Code: 3RCS0810
(Section codes listed below)

Riverside (Ages 4-19)..... RS02

(Intermediate group)
Mon/Wed/Thu, Jan 4-Mar 16, 6:00PM- 7:00PM
\$36 Residents/\$54 Non-Residents

Riverside (Ages 4-19)..... RS03

(Pre-Comp group)
Mon/Wed, Jan 4-Mar 16, 6:00PM- 6:45PM
\$24 Residents/\$36 Non-Residents

Riverside (Ages 4-19)..... RS01

(Advanced group)
Mon/Wed/Thu, Jan 4-Mar 16, 6:30PM- 8:00PM
\$48 Residents/\$72 Non-Residents

Riverside (Ages 4-19)..... RS22

(Intermediate group)
Mon/Wed/Thu, Jan 4-Mar 16, 7:00PM- 8:00PM
\$36 Residents/\$54 Non-Residents

LAP SWIM INFORMATION

Participants can register for individual lap swim opportunities by visiting **mkerec.net/aquatics** using **activity code: 3RCS0705**. Cost is \$3/swim. Lap swim is available at the following locations:

- **Hamilton High School**
 - » Thursdays, 1/19 - 3/9, 7:15PM - 8:15PM
 - » Saturdays, 1/21 - 3/11, 7:45AM - 8:45AM
- **Pulaski High School**
 - » Saturdays, 1/7 - 3/11, 7:25AM- 8:25AM
- **Riverside High School**
 - » Saturdays, 1/21 - 3/11, 8:00AM -9:00AM

To reserve your lap swim session or for more information visit **mkerec.net/aquatics** or call **414.647.6067**.

AQUATICS IS NOW HIRING!

Interested in joining the Milwaukee Recreation aquatics team? See below for all employment opportunities. Visit mkerec.net/aquatics or call 414.647.6067 for more information.

LIFEGUARDS

Starting Pay: \$16-17/hr
Age: 15+

Seasonal, year-round employment and flexible scheduling.

Two Year certification includes Red Cross First Aid, CPR, and AED.

Red Cross Lifeguarding is a National Certification Valid at Organizations around the US.

Become a Red Cross Certified Lifeguard

- » Register online at mkerec.net
- » Use coupon code: *Lifeguard Training* to save \$65
- » Call 414.647.6076 for train-to-hire opportunities

Apply online at mkerec.net/aquatics or email swim@mkerec.net with questions or for more information.

SWIM INSTRUCTORS

Starting Pay: \$17-18/hr
Age: 16+

Seasonal, year-round employment and flexible scheduling.

Teach:

- Parent-Child Aquatics
- Levels 1-6 swim for youth
- Adult Learn-to-Swim

Become registered Water Safety Instructor (WSI)

- » Register online at mkerec.net
- » Use coupon code: *Lifeguard Training* to save \$65
- » WSI Training is FREE for current Milwaukee Recreation employees

Apply online at mkerec.net/aquatics or email swim@mkerec.net with questions or for more information.

FITNESS INSTRUCTORS

Starting Pay: \$21/hr
Age: 16+

Seasonal, year-round employment and flexible scheduling.

Teach:

- Aqua Boot Camp
- Aqua Zumba
- Deep Water Aerobics
- Drum Vibes
- Glidefit
- Water Aerobics
- YoQua Fusion

Apprenticeships available! Apply online at mkerec.net/aquatics or email swim@mkerec.net for more information.

COACHES

Starting Pay: \$16/hr for assistant coaches, \$19/hr for head coaches
Age: 16+

Coaching experience preferred but not required.

Seasonal, year-round employment and flexible scheduling.

Youth teams available:

- The Krakens at Riverside HS (up to 19yrs old)
- The Tidal Waves at Pulaski HS (up to 19yrs old)

Adult programs available:

- Masters Swim at MacDowell, Riverside HS, or Pulaski HS (adults)

Apprenticeships available! Apply online at mkerec.net/aquatics or email swim@mkerec.net for more information.

COMMUNITY WELLNESS

Mil"WALK"ee

Join our walking club and explore Milwaukee with us this winter! Each week you will start at the location listed, walk approximately 3 miles, and end back at the same spot. Saturday walks may include a historical component/tour with some brief pausing on the route. Please dress appropriately to enjoy an outdoor walk. Contact Erica at 414.475.8775 with questions.

Activity Code: 3PL59003
(Section codes listed below)

Hi-Fi Cafe WN01

(2640 S Kinnickinnic Ave)
Sat, Jan 14, 10:00AM-11:00AM
FREE

Valentine WN02

(4918 W Vliet Street)
Tue, Jan 17, 10:00AM-11:00AM
FREE

SmallPie WN03

(2504 E Oklahoma Ave)
Thu, Jan 19, 10:00AM-11:00AM
FREE

Dryhootch Coffeehouse WN04

(1030 E Brady St)
Sat, Jan 21, 10:00AM-11:00AM
FREE

Anodyne WN05

(2920 S Kinnickinnick)
Tue, Jan 24, 10:00AM-11:00AM
FREE

Hawthorn Glen WN06

(1130 N 60th St)
Thu, Jan 26, 10:00AM-11:00AM
FREE

Pillcrow Coffee WN07

(416 W Walnut St)
Sat, Jan 28, 10:00AM-11:00AM
FREE

Rochambo WN08

(1317 E Brady St)
Tue, Jan 31, 10:00AM-11:00AM
FREE

Simmas Bakery WN09

(817 N 68th St)
Thu, Feb 2, 10:00AM-11:00AM
FREE

Sip and Purr Cat Cafe WN10

(2021 E Ivanhoe Place)
Sat, Feb 4, 10:00AM-11:00AM
FREE

Hawthorne Coffee Roasters WN11

(4177 S Howell St)
Tue, Feb 7, 10:00AM-11:00AM
FREE

Anodyne WN12

(224 W Bruce St)
Thu, Feb 9, 10:00AM-11:00AM
FREE

Fairgrounds Coffee WN13

(916 E State Street)
Sat, Feb 11, 10:00AM-11:00AM
FREE

Colectivo WN14

(6745 W Wells St.)
Tue, Feb 14, 10:00AM-11:00AM
FREE

Colectivo WN15

(170 S 1st Street)
Thu, Feb 16, 10:00AM-11:00AM
FREE

Daily Bird WN16

(818 E Center Street)
Sat, Feb 18, 10:00AM-11:00AM
FREE

Fairgrounds Coffee WN17

(916 E State Street)
Tue, Feb 21, 10:00AM-11:00AM
FREE

Cafe Hollander WN18

(7677 W State St)
Thu, Feb 23, 10:00AM-11:00AM
FREE

Fiddleheads Coffee WN19

(4334 N Oakland Ave)
Sat, Feb 25, 10:00AM-11:00AM
FREE

Stone Creek Coffee WN20

(2650 N Downer)
Tue, Feb 28, 10:00AM-11:00AM
FREE

Nomad Coffee Bar WN21

(1668 N Warren Ave)
Thu, Mar 2, 10:00AM-11:00AM
FREE

Colectivo WN22

(170 S 1st Street)
Sat, Mar 4, 10:00AM-11:00AM
FREE

Likewise Coffee WN23

(232 E Erie St)
Tue, Mar 7, 10:00AM-11:00AM
FREE

Fiddleheads Coffee WN24

(4334 N Oakland Ave)
Thu, Mar 9, 10:00AM-11:00AM
FREE

Anodyne WN25

(224 W Bruce Street)
Sat, Mar 11, 10:00AM-11:00AM
FREE

Roast WN26

(2132 E Locust)
Tue, Mar 14, 10:00AM-11:00AM
FREE

Beulah Brinton WN27

(2555 S Bay St)
Thu, Mar 16, 10:00AM-11:00AM
FREE

Vendetta Coffee Bar WN28

(7613 W State St)
Sat, Mar 18, 10:00AM-11:00AM
FREE

Wick Playfield WN29

(4929 W Vliet St)
Tue, Mar 21, 10:00AM-11:00AM
FREE

Riverside WN30

(1615 E Locust)
Thu, Mar 23, 10:00AM-11:00AM
FREE

Yoga

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation.

Activity Code: 3PL59004
(Section codes listed below)

Beulah Brinton WN01

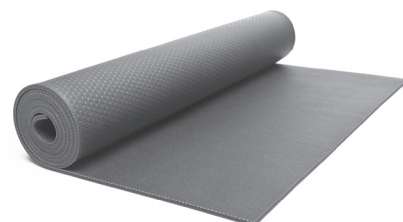
Fri, Jan 20-Mar 10, 10:45AM-11:30AM
FREE

Hawthorn Glen WN02

Tue, Feb 7-Mar 28, 5:15PM- 6:00PM
FREE

Tiefenthaler Park WN03

(2480 West Cherry Street)
Tue, Jan 17-Mar 7, 10:00AM-11:00AM
FREE





Be Active Wisconsin

The Be Active Wisconsin Community Challenge invites all community members to participate in a virtual challenge to promote active lifestyles, connect people to the outdoors, and engage Wisconsin communities in a friendly competition! During the month of March, keep track of all physical activity. All active minutes count (not just running/walking), so let's get moving Milwaukee! All participants will receive a T-shirt and the winning community will receive a trophy. The person with the most active minutes in Milwaukee will also receive a prize! Participants will have access to a Google Form where you will enter your minutes for each week. The link to the form along with more program details will be emailed to all registered participants on March 1. Let's get moving Milwaukee!

Activity Code: 3PL59010
(Section codes listed below)

Various WN01
Mon-Sun, Mar 1-Mar 31, 12:00AM-11:59PM
\$15 Residents/\$15 Non-Residents

Glow with the Flow Yoga

This invigorating and upbeat flow yoga class will combine breath work and movement of the body. Black lights, glow sticks and a lively playlist will help set the mood! Join the party and Glow with the Flow! Bring your own exercise mat or purchase at site for \$10. Contact Erica@mkerec.net with questions.

Activity Code: 3PL59011
(Section codes listed below)

Beulah Brinton WN01
Wed, Jan 11, 6:00PM- 7:00PM
FREE

Total Wellness

Build muscle, get fit, and learn to cook to help prevent cancer and other health problems! Total Wellness teaches easy ways to live a healthy lifestyle. Classes meet twice a week. The first meeting includes interactive fun focused on health promotion, your lifestyle (including cooking!) and group fitness. The second weekly meeting is a group fitness class. Total Wellness is for all fitness levels - we meet you where you are. ***Special Opportunity For Registered Participants*** You may be eligible to take part in program feedback activities and receive a gift card. Call 414.955.8104 today to learn more.

Activity Code: 3PL59015
(Section codes listed below)

Hamilton HA01
Wed/Sat, Jan 14-Mar 4, 9:00AM-10:30AM
\$8 Residents/\$8 Non-Residents

Milwaukee Marshall MR01
Wed/Sat, Jan 14-Mar 4, 9:00AM-10:30AM
\$8 Residents/\$8 Non-Residents



Nordic Walking for Beginners

Nordic Walking uses specially designed poles to enhance your natural walking experience. With a technique that is a cross between cross-country skiing and power walking, Nordic Walking is an efficient total body cardiovascular exercise that can be enjoyed by all ages & fitness levels. Class is geared towards beginners and poles will be provided. Led by Alisa, Certified Nordic Walking Instructor. Please email Erica@mkerec.net with questions.

Activity Code: 3PL59021
(Section codes listed below)

Urban Ecology Riverside Park WN01
(1500 E Park Place)
Sat, Jan 14-Mar 4, 10:00AM-11:00AM
FREE

Urban Ecology Riverside Park WN02
(1500 E Park Place)
Sun, Jan 15-Mar 5, 10:00AM-11:00AM
FREE

Fitness in the Park Zumba

Join us for a Zumba class in the park! Zumba is a fun and easy way to workout with routines that feature easy-to-follow dance steps synched to Latin music helping you tone and sculpt your body. Class is geared towards all fitness levels and suitable for beginners. Contact Erica@mkerec.net with questions.

Activity Code: 3PL59027
(Section codes listed below)

Burnham Playfield WN01
(1755 S 32nd Street)
Tue, Jan 17-Mar 7, 6:00PM- 7:00PM
FREE

Health Insurance for You and Your Family.

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COMMUNITY HEALTH PLANS

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YogaFest

1.1.23 | Beulah Brinton Community Center (2555 S. Bay St.)

Kick off the new year
with fantastic and
FREE yoga classes!

Yoga
9:00 -9:45am
(3RAE3620-BN01)

Gentle Yoga
10:00 -10:45am
(3RAE3620-BN02)

Family Yoga
11:00am -11:45am
(3RAE3620-BN03)

Space is limited. Registration opens 12.7.22. To learn more visit
mkerec.net/yogafest



NOW HIRING!

Child Care Camps: Instructors & Directors

- ☐ Do you enjoy and have experience working with children?
- ☐ Are you available to work before and/or after school at an MPS site?
- ☐ Are you creative and experienced in creating a positive environment for children?

If you answered "Yes" Milwaukee Recreation has an opportunity for you. Employees receive free uniforms, paid training, flexible schedules, and professional development.

APPLY TODAY!
mkerec.net

WEAVING AND FIBER ARTS



ABK Weaving Center
Gaenslen School
1250 E. Burleigh St.
414-267-5771
www.abkweavingcenter.org

Not Your Grandma's Knitting

Learn to knit and make cool contemporary accessories with your first project! This group includes continuing students and beginners.

Activity Code: 3RAE6903
(Section codes listed below)

GaenslenGS01
 (Instructor: Sandra Schmidt)
 Thu, Jan 19-Mar 9, 4:00PM- 6:00PM
 \$45 Residents/\$45 Non-Residents



Weaving Basics and Beyond

Weavers continue the learning process by developing more advanced weaving skills and planning more complex projects such as rugs, overshot, multi harness patterns, etc. Weavers will be able to choose their own projects, try out and work with instructors on floor looms and more advanced equipment. Instructors will demonstrate advanced weaving techniques and skills. Supply fee is based on materials used. Participants must have completed at least one weaving basics class at ABK.

Activity Code: 3RAE6905
(Section codes listed below)

GaenslenGS02
 (Instructor: Jacquie Crema)
 Tue, Jan 17-Mar 7, 6:00PM- 8:30PM
 \$56 Residents/\$56 Non-Residents

GaenslenGS03
 (Instructor: Judy Larsen)
 Wed, Jan 18-Mar 1, 11:00AM- 2:00PM
 \$43 Residents/\$43 Non-Residents

GaenslenGS04
 (Instructor: Lynn Sbonik)
 Wed, Jan 18-Mar 8, 6:00PM- 8:30PM
 \$56 Residents/\$56 Non-Residents

GaenslenGS06
 (Instructor: Lynn Sbonik)
 Thu, Jan 19-Mar 9, 6:00PM- 8:30PM
 \$56 Residents/\$56 Non-Residents

GaenslenGS01
 (Instructor: Naomi Holthaus)
 Mon, Jan 23-Mar 13, 10:00AM-12:30PM
 \$54 Residents/\$54 Non-Residents

Bobbin Lace

Bobbin lace is a form of weaving that dates back to the 16th century. New students will learn how to wind the bobbins (warp), the 3 basic stitches, and read a pattern. Supplies for this class are provided by the instructor. A refundable supply fee of \$55 is due to the instructor at the first class and will be refunded when the supplies are returned.

Activity Code: 3RAE6911
(Section codes listed below)

GaenslenGS01
 (Instructor: Naomi Holthaus)
 Mon, Jan 23-Mar 13, 1:00PM- 3:30PM
 \$56 Residents/\$56 Non-Residents

Rigid Heddle Weaving - Intro

Learn how to set up, warp, and weave on a rigid heddle loom. Looms will be provided at ABK Weaving Center for use in the classroom. Tips for project planning, a look at various weave structures and loom features, and suggestions and resources for future projects will be included. Please bring a notebook, pen, scissors and measuring tape to class. A \$5 (cash only) yarn fee is due to the instructor at the first class.

Activity Code: 3RAE6917
(Section codes listed below)

GaenslenGS01
 (Intro. Instructor: Sue Knorr)
 Tue, Feb 16-Mar 2, 10:00AM-12:00PM
 \$14 Residents/\$14 Non-Residents



Tapestry Weaving II

Tapestry weaving is the ideal way to create visual impact using the warp as your canvas and yarn as your paint. This class will be tailored both for those who have no tapestry experience and for those who know the basics but need assistance in translating their skills into a woven design piece. The first class will include instruction on warping looms and provide an overview of the basic tapestry techniques and how they can be used in design, providing review for those with experience and inspiration for beginners. Following this introduction, each student will move at their own pace as they learn or master the basic tapestry techniques. Bring a small tapestry loom to class or rent one from the ABK Weaving Center. A \$5 (cash only) supply fee is due to the instructor at the first class. Instructor: Peggy MacArthur

Activity Code: 3RAE6925
(Section codes listed below)

GaenslenGS01
 Tue, Jan 17-Mar 7, 10:00AM-12:30PM
 \$56 Residents/\$56 Non-Residents



Zen Stitch

Stitching by hand is a way to stimulate your inner creativity and become present in the moment. In this class we will explore Zen stitchery through hand sewing, embroidering, and embellishing with beads, buttons and baubles as a way to transform materials while relaxing and letting go of everyday worries. You can stitch away for the sheer pleasure of doing so, or work toward a creative project to tell your personal story through a pillow, book cover, bag or even a small quilt. Instructor: MaryLee Knowlton

Activity Code: 3RAE6955
(Section codes listed below)

Gaenslen GS01
Wed, Jan 18-Mar 8, 4:00PM- 6:00PM
\$45 Residents/\$45 Non-Residents

Weaving Beginner Basics

Beginners will learn to warp the loom and weave a sampler of patterns. They will be introduced to pattern and draft weaving as well as project planning. Returning Beginners will be able to hone their skills by making a scarf or table runner. Weavers are able to repeat this class as many times as they like but will be limited to these three projects. Samplers supply fee \$10 cash only due to the instructor at the first class.

Activity Code: 3RAE6959
(Section codes listed below)

Gaenslen GS02
(Instructor: Carly Neil)
Tue, Jan 17-Mar 7, 9:30AM-12:00PM
\$56 Residents/\$56 Non-Residents

Gaenslen GS03
(Instructor: Jacquie Crema)
Tue, Jan 17-Mar 7, 3:00PM- 5:30PM
\$56 Residents/\$56 Non-Residents

Gaenslen GS04
(Instructor: Judy Larsen)
Wed, Jan 18-Mar 1, 9:30AM-12:30PM
\$56 Residents/\$56 Non-Residents

Gaenslen GS05
(Instructor: Kallia Walkowiak)
Thu, Jan 19-Mar 9, 6:00PM- 8:30PM
\$56 Residents/\$56 Non-Residents

Gaenslen GS01
(Instructor: Kallia Walkowiak)
Mon, Jan 23-Mar 13, 6:00PM- 8:30PM
\$56 Residents/\$56 Non-Residents

Beginner Viking Wire Knit

Viking Wire Knit is a wire-based art-form with archaeological evidence for wire chains constructed using circular plaiting in Viking burials and treasure hoards dating as early as the 8th century to as late as the 12th century. In this class, you will learn how to start a knit, keep a basic-5 loop pattern even, as well as draw down techniques. Finishing techniques and the myriad variations that are possible will also be discussed, with an opportunity to see examples of finished pieces to get your creativity weaving. A \$15 (cash only) materials fee is due to the instructor at the first class.

Activity Code: 3RAE6965
(Section codes listed below)

Gaenslen GS01
(Instructor: Lane Burns)
Thu, Feb 23, 6:00PM- 8:00PM
\$14 Residents/\$14 Non-Residents

Weaving Krokbrag

Explore this Scandinavian bound weave. Learn to weave a weft-faced structure with color and design. Students will weave small mats as samples. Bring scissors, graph paper, colored pencils, worsted weight yarns to class. Weavers may bring their own 4-shaft looms. This class is for advanced beginner level and above. A \$15 (cash only) material fee is due to the instructor at the first class.

Activity Code: 3RAE6966
(Section codes listed below)

Gaenslen GS01
(Instructor: Judy Larsen)
Fri, Mar 3-Mar 17, 9:00AM- 2:00PM
\$43 Residents/\$43 Non-Residents

Wool Needle Felting

Needle felting is the process of using barbed needles to sculpt wool fiber into solid forms. In this class, participants will learn the basics of the needle felting process, why and how it works, as well as developing skills to make a needle felted floral arrangement sample piece. There will be lots of poking and lots of stress relief. A \$10 (cash only) supply fee is due to the instructor at the first class.

Activity Code: 3RAE6967
(Section codes listed below)

Gaenslen GS01
(Instructor: Kallia Walkowiak)
Wed, Feb 1-Mar 8, 6:00PM- 8:00PM
\$35 Residents/\$35 Non-Residents

ARTS & CRAFTS

Drawing & Painting

Whether you are a beginner or a pro, join us for adventures in all types of drawing and painting. Work independently or follow weekly lessons and challenges to grow your artistic skills. Above all, have fun! Basic supplies will be provided.

50+ **Activity Code: 3R550902**
(Section codes listed below)

Enderis Playfield EF01
Tue, Jan 3-Feb 28, 5:00PM- 7:00PM
\$23 Residents/\$35 Non-Residents

Enderis Playfield EF02
Tue, Mar 7-May 2, 5:00PM- 7:00PM
\$23 Residents/\$35 Non-Residents

Craft Club

Crafting fun for everyone. No experience necessary. Explore all types of crafts in a friendly and nurturing atmosphere. Be amazed at your secret creative skills! A \$20 (cash only) supply fee is due to the instructor at the first class.

50+ **Activity Code: 3R550903**
(Section codes listed below)

Enderis Playfield EF01
Tue, Jan 3-Feb 28, 9:00AM-12:00PM
\$15 Residents/\$23 Non-Residents

Enderis Playfield EF02
Tue, Mar 7-May 2, 9:00AM-12:00PM
\$15 Residents/\$23 Non-Residents

Acrylic Painting

In this course you will have fun learning painting techniques such as recognizing shapes, light sources, and most importantly, values. Beginners to advanced will improve at their own pace. We will start with working from photographs along with professional guidance from award-winning artist, Laura Easey-Jones. You will be given a supply list at the point of registration. Please bring your supplies and a photo on the first day of class.

Activity Code: 3R550913
(Section codes listed below)

OASIS 5501
Mon, Jan 23-Feb 20, 9:30AM-11:30AM
\$23 Residents/\$35 Non-Residents

OASIS 5503
Mon, Mar 13-Apr 10, 9:30AM-11:30AM
\$23 Residents/\$35 Non-Residents



Explore Mixed Media

Make a beautiful collage with paper, torn magazine pages, texture paste, stamps, paint, matte medium, mod podge, and much more. Each project is uniquely your own. Class is for all skill levels. After you master the basics, you may continue in the next session with additional projects such as paint pouring, Shibori dyeing, and alcohol inks. Basic supplies will be provided.

Activity Code: 3R550914
(Section codes listed below)

OASIS 5501
Mon, Jan 23-Feb 20, 12:30PM- 2:30PM
\$23 Residents/\$35 Non-Residents

OASIS 5502
Mon, Mar 13-Apr 10, 12:30PM- 2:30PM
\$23 Residents/\$35 Non-Residents

Open Cricut

Have a project that you've wanted to work on? Bring your Cricut and your idea to this class! We will work together to complete a Cricut project of your choice.

Activity Code: 3RAE0900
(Section codes listed below)

Hamilton HA01
Sat, Jan 28-Mar 4, 11:30AM- 1:30PM
\$35 Residents/\$53 Non-Residents

Basic Jewelry Making

Make beautiful jewelry by starting easy with a pair of earrings; progress to a bracelet and then a necklace. Class is for beginners or crafters with little beading experience. Instructor will provide coaching on crimping, use of soft wires, clasps, jump rings, split rings, multi-strand bracelets and necklaces, making wrapped loops, use of tools, and making your project fit well. A \$10 (cash only) tool and supply fee will be due to the instructor at the first class. Students will be provided a list of supplies/materials to purchase for weeks 2-6.

Activity Code: 3RAE0902
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Jan 14-Mar 4, 10:00AM-11:30AM
\$35 Residents/\$53 Non-Residents

Rubber Stamping

Do you want to learn how to make your own beautiful cards to send to your friends for their birthday, anniversary, or just as a note to say hello? In this course we can teach you how to make your own cards with rubber stamps, ink, paper, and miscellaneous tools. Each week we will increase the fun so it will be interesting to those who have never stamped, and to those who are experienced in stamping and just want to come out and be creative. Rubber stamps, paper, and all the necessary items to make the cards will be provided. A \$5 (cash only) supply fee will be due to the instructor at each class session and you will walk away with four beautiful handmade cards to send to your friends.

Activity Code: 3RAE0913
(Section codes listed below)

Hamilton HA01
Wed, Jan 25-Mar 1, 6:30PM- 8:00PM
\$27 Residents/\$41 Non-Residents



Glass Blowing

Come melt your problems away-Experience Glass Blowing. All classes work on aspects of blocking, marvering, shaping and applying color. Students will create their own work of art in one workshop. The individual process takes approximately 15 minutes per student. Please arrive at least 15 minutes before the start of your class to discuss safety procedures and choose colors. Class sizes have been reduced to allow for proper social distancing between students. Your individual art piece may be picked up 48 hours after your experience. Please ask your instructor for pick up times. Bring water and snacks to class. Fee includes supply cost and is non-refundable. Classes held at: Square One Art Glass, 5322 W. Vliet Street, www.squareoneartglass.com

Activity Code: 3RAE0928
(Section codes listed below)

Square One Art ClassSG01
(bowl)
Sat, Jan 21, 10:00AM-12:00PM
\$60 Residents/\$90 Non-Residents

Square One Art ClassSG02
(Orb)
Sat, Feb 4, 10:00AM-12:00PM
\$50 Residents/\$75 Non-Residents

Square One Art ClassSG04
(Bowl)
Sat, Feb 25, 10:00AM-12:00PM
\$60 Residents/\$90 Non-Residents

Square One Art ClassSG05
(paperweight)
Sat, Mar 4, 10:00AM-12:00PM
\$75 Residents/\$113 Non-Residents

Square One Art ClassSG12
(orb)
Sat, Mar 25, 10:00AM-12:00PM
\$50 Residents/\$75 Non-Residents

Square One Art ClassSG09
(pumpkin)
Sat, Apr 8, 10:00AM-12:00PM
\$70 Residents/\$105 Non-Residents

Square One Art ClassSG10
(bowl)
Sat, Apr 22, 10:00AM-12:00PM
\$60 Residents/\$90 Non-Residents



Runes and Rock Painting

Paint sigils, spirals, and ancient symbols on one of Nature's most steadfast canvases. Art created with intention give meaning to the symbols from the hand to the surface. Create ancient runes and Celtic designs and understand their meaning.

Activity Code: 3RAE0929
(Section codes listed below)

Hamilton HA01
Tue, Feb 14-Feb 21, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

Valentine's Day Cards

Using paper crafts and folding skills, learners can create their own uniquely designed cards for Valentine's Day. A \$15 supply fee is due to the instructor upon the first day of class.

Activity Code: 3RAE0942
(Section codes listed below)

Hamilton (Ages 13 & up) HA01
(For teens and adults)
Sat, Jan 21-Feb 11, 2:00PM- 3:30PM
\$19 Residents/\$29 Non-Residents

Paper Flowers

With various papers, learners can make flowers that rival real ones. Carnations, mums, lotus, cactus, cosmos, and sunflowers will all be covered through the art of folding paper. Participants can also make vases and special cards to feature their creations. A \$25 supply fee is due to the instructor on the first day of class.

Activity Code: 3RAE0943
(Section codes listed below)

Hamilton (Ages 13 & up) HA01
(For teens and adults)
Tue, Jan 24-Mar 7, 6:30PM- 8:30PM
\$40 Residents/\$60 Non-Residents

Miniature Paper Houses and Buildings

Paper folding has been shown to increase creativity and fine motor skills. Using cardstock and special paper, students can learn to make miniature buildings. Come with ideas of memorable buildings or construct and entirely new home of your own. A \$20 supply fee is due to the instructor upon the first class.

Activity Code: 3RAE0944
(Section codes listed below)

Hamilton (Ages 13 & up) HA01
(For teens and adults)
Sat, Feb 18-Mar 11, 2:00PM- 3:30PM
\$19 Residents/\$29 Non-Residents



Candle Making

What is more soothing and relaxing than enjoying a candle that you created? In this workshop, you will select your own scent, design and create your very own soy-wax candle to take home! Students will receive an overview of the candle making process provided by an experienced chandler. All supplies included. Workshop provided by Blossom Candle Co. Fee includes supply cost and is non-refundable.

Activity Code: 3RAE0949
(Section codes listed below)

Hamilton HA01
Wed, Feb 15, 6:30PM- 8:00PM
\$25 Residents/\$38 Non-Residents

Riverside RS01
Wed, Mar 1, 6:30PM- 8:00PM
\$25 Residents/\$38 Non-Residents

Cricut for Beginners

Did you have a Cricut® machine but have no idea how to use it? Cricut® is a brand of die-cutting machine that will take your crafting to a new dimension. This class is for any crafter. Learn about the Cricut® and all the fun projects you can do. You will discover resources to get free files. You will come out inspired and ready to enhance your creativity. Please bring your machine and your own materials

Activity Code: 3RAE0954
(Section codes listed below)

Hamilton HA01
Sat, Jan 28-Mar 4, 9:00AM-11:00AM
\$35 Residents/\$53 Non-Residents

Decoupage on Glass I

Can't draw stick figures? No problem! Anyone can be an artist using the age-old art form of decoupage. Learn how to create separate inside and outside designs with paper on a small glass bowl so the inside design is visible through the glass. You will take home a beautiful yet functional work of art to give as a gift or use to hold jewelry, spare change or other small items. All supplies included. Class taught by Donna Eigen.

Activity Code: 3RAE0963
(Section codes listed below)

Hamilton HA01
Mon, Feb 13, 6:00PM- 8:00PM
\$35 Residents/\$53 Non-Residents

Decoupage on Glass II

This workshop takes the age-old art form of decoupage to the next level by using a variety of materials such as napkins, tissue paper and alcohol inks to create separate inside and outside designs on a glass bowl or vase. Students will choose from a variety of glassware and may bring their own photos (printed paper copies recommended), magazines, decorative papers and ephemera to personalize their piece. Prior Decoupage on Glass I recommended. All materials provided. Class taught by Donna Eigen.

Activity Code: 3RAE0964
(Section codes listed below)

Hamilton HA01
Mon, Feb 20, 6:00PM- 8:00PM
\$35 Residents/\$53 Non-Residents

Shadow Lanterns

NEW This workshop uses decoupage techniques to transform glass vases into enchanting lanterns. The finished piece appears as a lovely decoupage vase, then comes alive with images when illuminated from within by an led light, candle or sunny window. Students will learn to prepare materials and layer papers to create hidden scenes with animals, trees, marine life or whatever your imagination desires. Makes a wonderful gift as a night light or accent piece on a mantel or book shelf. All materials provided. Class taught by Donna Eigen.

Activity Code: 3RAE0970
(Section codes listed below)

Hamilton HA01
Mon, Mar 6, 6:00PM- 8:00PM
\$35 Residents/\$53 Non-Residents

Crocheting / Knitting

Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

Activity Code: 3RAE1202
(Section codes listed below)

Milwaukee Marshall MR02
Mon, Jan 23-Mar 13, 6:00PM- 8:00PM
\$45 Residents/\$68 Non-Residents



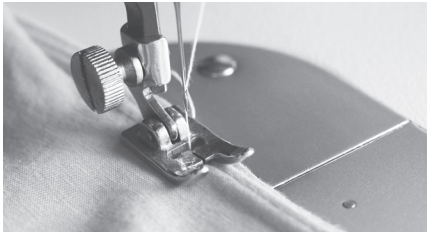


Open Sewing

This class is for people who have some sewing experience. If you need some time that you can dedicate to finishing your sewing projects, this class is for you. Come ready with your ideas/unfinished projects and let's have some fun! Bring your own machine/thread, or use the machines provided. Irons and ironing boards also available. Prerequisite for this class is Sewing 101 or previous sewing experience.

Activity Code: 3RAE1207
(Section codes listed below)

Hamilton HA01
Thu, Jan 19-Mar 9, 6:00PM- 8:30PM
\$56 Residents/\$84 Non-Residents



Knitting

Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

Activity Code: 3RAE1210
(Section codes listed below)

Hamilton HA01
Tue, Jan 17-Mar 7, 6:30PM- 8:30PM
\$45 Residents/\$68 Non-Residents

Crocheting

Complete beautiful projects in this crochet class! Please bring your own crochet hooks and skein of yarn

Activity Code: 3RAE1211
(Section codes listed below)

Hamilton HA01
Mon, Jan 23-Mar 13, 6:30PM- 8:30PM
\$45 Residents/\$68 Non-Residents

OASIS 5501
Thu, Jan 26-Mar 16, 10:00AM-12:00PM
\$35 Residents/\$53 Non-Residents

Creative Crochet Techniques

This class will review basic stitches before practicing heavier texture stitches like popcorns, shells, and post stitches. After creating swatches, we will discuss how to turn these stitches into different kinds of accessories. In preparation for spring we will focus on mesh and lace stitches. We will create swatches and learn to block these items, then discuss how to turn lightweight fabrics into beautiful summer shawls or home items. Bring a skein of light colored yarn of your choice with an appropriate hook (check the yarn label for hook size).

Activity Code: 3RAE1214
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 23-Mar 13, 10:30AM-11:30AM
\$24 Residents/\$36 Non-Residents

Sewing 101

Been a long time since you touched a sewing machine? Maybe never? This class will teach you the basics of sewing machines, sewing terminology and techniques, and working with patterns. Supply list provided at the first class to create an easy bag. Sewing machines are available or bring your own.

Activity Code: 3RAE1215
(Section codes listed below)

Milwaukee Marshall MR02
Sat, Jan 14-Mar 4, 10:00AM-12:00PM
\$45 Residents/\$68 Non-Residents

Milwaukee Marshall MR01
Wed, Jan 18-Mar 8, 6:00PM- 8:00PM
\$45 Residents/\$68 Non-Residents

Landscape Painting

This relaxing class will explore landscape painting in the comfort of the classroom. We will use acrylics and work from photos. The goal of the class is to develop your own interpretation. Class starts with a short demonstration to get you started. Learn to paint and change the way you see the world.

Activity Code: 3RAE2003
(Section codes listed below)

Riverside RS01
Tue, Jan 17-Mar 7, 6:00PM- 8:00PM
\$45 Residents/\$68 Non-Residents

Painting Portraits from Photos

Painting in acrylic or oil we will learn to see others in an artistic way. Realizing your own approach will be the goal of this class. We will start with a drawing and progress onto painting. Bone structure, muscles and anatomy will be covered. Each class starts with a short demonstration to get you started.

Activity Code: 3RAE2006
(Section codes listed below)

Riverside RS01
Mon, Jan 23-Mar 6, 6:00PM- 8:00PM
\$45 Residents/\$68 Non-Residents

Explore Painting with Acrylics

Learn how to apply, blend, and layer and the correct way of mixing colors. We will discuss how colors of light affects the colors of the object when it is lit. Students are encouraged to bring photographs they would like to paint within each class. Students must have completed a beginner level class to be enrolled in an advanced level. A \$10 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 3RAE2023
(Section codes listed below)

Hamilton HA01
(Beg)
Tue, Jan 17-Feb 21, 6:00PM- 8:00PM
\$29 Residents/\$44 Non-Residents

Hamilton HA02
(Adv)
Thu, Jan 19-Mar 9, 6:00PM- 8:00PM
\$49 Residents/\$74 Non-Residents



COMPUTERS

Computer Information Systems Fundamentals Workshop

Learn the concepts and terms to enable you to better understand the role of information technology, careers for computer professionals, basics in computer hardware, software and networking as well as the internet in business and society. Topics will include: technology trends, data security, personal privacy, open source software, smartphone and tablet devices. Class fee is non-refundable.

Activity Code: 3RAE1530
(Section codes listed below)

Riverside RS01
Mon, Feb 6, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

Mobile Device Repair and Maintenance Workshop

You will gain immediate knowledge to service and repair smartphones, cellular phones and hand-held devices. You will also learn the concept of data transfer, recovery, jailbreaking, cell phone locking and unlocking. Class fee is non-refundable.

Activity Code: 3RAE1531
(Section codes listed below)

Riverside RS01
Mon, Feb 13, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents



IT Career Skills

This workshop will introduce you to careers in Information Technology. Workshop includes: learning about the variety of available positions, career paths in IT, how to prepare a quality resume, job search and going through the interview process. Students will also have the opportunity to complete a mock interview and learn how to use social media to increase the chances of securing employment. Class fee is non-refundable.

Activity Code: 3RAE1532
(Section codes listed below)

Riverside RS01
Mon, Feb 20, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

Social Networking and Business Workshop

You will be introduced to social media, communication and collaboration tools that professionals utilize in a business environment. Workshop will emphasize proper business communication, resume development, professional persona development using social media. Class fee is non-refundable.

Activity Code: 3RAE1533
(Section codes listed below)

Riverside RS01
Mon, Feb 27, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

COOKING

Korean Cooking: Korean BBQ, Bulgogi

Bulgogi (Korean Barbecue) is a dish of thinly sliced beef that is pre-marinated with various seasonings and grilled over high heat. Bulgogi has been popular since the 1950's due to its unique flavor and quick cooking times.

Activity Code: 3RAE2400
(Section codes listed below)

Hamilton HA01
Wed, Mar 8, 6:30PM- 8:30PM
\$21 Residents/\$32 Non-Residents

Korean Cooking: Rice Cake Soup (Dduk-guk) and Dumplings (Mahn-du)

Dduk-kuk and mahn-du are the traditional dishes for Korean Lunar New Year's Day. The sliced rice cakes and beef dumplings in beef soup is the food that signals becoming older. The dumplings can be made with various ingredients which may include meat, tofu, vegetables, or Kimchi. This is a hands-on class.

Activity Code: 3RAE2401
(Section codes listed below)

Hamilton HA01
Wed, Jan 25, 6:30PM- 8:30PM
\$21 Residents/\$32 Non-Residents

Korean Cooking: Bibimbap

Come and learn how to prepare another traditional Korean dish! This Bibimbap dish contains steamed white rice cooked with soybean sprouts and ground beef. Soybean sprouts contain the same nutritional factors as soybeans and are also rich in Vitamin C.

Activity Code: 3RAE2406
(Section codes listed below)

Hamilton HA01
Wed, Mar 1, 6:30PM- 8:30PM
\$21 Residents/\$32 Non-Residents

Korean Cooking: Cubed Radish Kimchi

With radish, Kkakdugi is diced and mixed with minced garlic, ginger, green onions, a variety of other spices and ingredients. Cubed radish kimchi is extremely popular in Korean restaurants around the world.

Activity Code: 3RAE2407
(Section codes listed below)

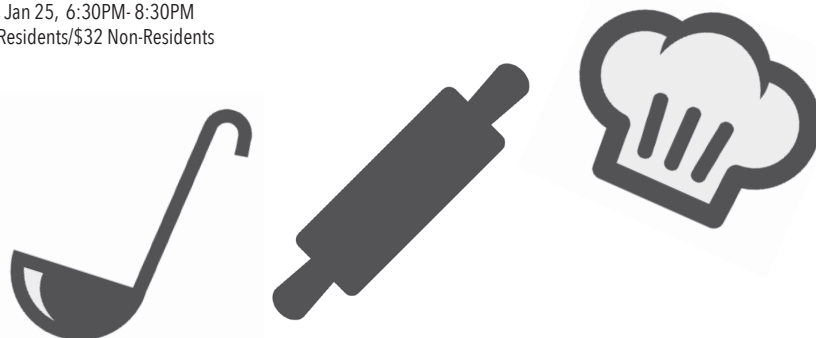
Hamilton HA01
Wed, Feb 1, 6:30PM- 8:30PM
\$21 Residents/\$32 Non-Residents

Korean Cooking: Whole Cabbage Kimchi

Kimchi is considered one of the world's healthiest foods due to the beneficial probiotic bacteria it provides to your digestive tract. Characterized by its spicy taste and crispness, it is one of the most well-known Korean dishes. Depending on the fermentation process, ingredients, region and weather, the taste of kimchi changes, which is why there are over 200 types! This is a hands-on class.

Activity Code: 3RAE2408
(Section codes listed below)

Hamilton HA01
Wed, Feb 8, 6:30PM- 8:30PM
\$21 Residents/\$32 Non-Residents



Korean Cooking: Sugar-filled Pancake and Sweet Rice Cake (Hotteok and Yak-sik)

Try your hand at making popular Korean street foods! Hotteok are round, flat, sugar-filled pancakes. A flour batter is rolled into a ball and filled with crushed peanuts and brown sugar. As it is pan-fried, the ball is gradually flattened using a special hand presser. Yaksik literally means "medical food" due to the healthy ingredients used. It is made by adding honey, sesame oil, soy sauce, and various nuts to steamed rice.

Activity Code: 3RAE2409
(Section codes listed below)

Hamilton HA01
Wed, Feb 22, 6:30PM- 8:30PM
\$21 Residents/\$32 Non-Residents

Korean Cooking: Steamed Pork with Vegetable Wraps (Bossam)

Bossam consists of pork shoulder cooked in watery brine with green onions, garlic, brown onions and various spices. To prepare as a wrap, Koreans usually use steamed or salted Chinese cabbage and fill with other vegetables.

Activity Code: 3RAE2410
(Section codes listed below)

Hamilton HA01
Wed, Feb 15, 6:30PM- 8:30PM
\$21 Residents/\$32 Non-Residents



Korean Cooking: Spicy Beef Soup (Yukgaejang)

Yukgaejang is a type of spicy soup made by boiling beef, bracken, bean sprouts, and other vegetables. The soup is seasoned with red pepper powder, sesame oil, soy sauce, and other spices. This dish is representative of a traditional Korean home-cooked meal and health food.

Activity Code: 3RAE2411
(Section codes listed below)

Hamilton HA01
Wed, Mar 15, 6:30PM- 8:30PM
\$21 Residents/\$32 Non-Residents

COOKING BAKING FOREIGN FOODS

Winter Soups

A hearty comfort food! Soups are one of the best and easiest things to make and eat during the cold Winter months. The class will make 3 tasty soups: Winter white, Tuscan Minestrone, Winter and Green Vegetable. Class will also make Honey Cornbread Muffins. Fee includes food cost and is non-refundable.

Activity Code: 3RAE2235
(Section codes listed below)

Hamilton HA01
Mon, Jan 30, 6:00PM- 8:00PM
\$21 Residents/\$32 Non-Residents



Real British Food

Come experience a taste of "Real British Food". Are you curious about what is a "Toad in the Hole" and "Bangers and Mash"? We will be making these traditional British foods and more, such as Scones and a Victorian sponge cake. Fee includes food cost and is non-refundable.

Activity Code: 3RAE2236
(Section codes listed below)

Hamilton HA01
Mon, Mar 6, 6:00PM- 8:00PM
\$21 Residents/\$32 Non-Residents

Taste of the World- International Sausages

Sausages are a very popular food item in many countries. Many countries uniquely season their sausages to provide very distinct flavors. We will be making tasty main dishes with sausages from Ireland, Hungary, Slovenia and South Africa. Fee includes food cost and is non-refundable.

Activity Code: 3RAE2237
(Section codes listed below)

Hamilton HA01
Mon, Feb 13, 6:00PM- 8:00PM
\$21 Residents/\$32 Non-Residents

Bougie Breakfast Burrito

NEW This course will help you with making a quality meal, keeping time in mind. You will have your choice of chicken, sausage, or pork. Along with fried potatoes, you will be able to add fresh pico, cheese, onions and peppers to finish off your burrito. Fast and easy! Class taught by Caitlin Russell, Bougie Berries, 7157 W. Burleigh Ave. Fee includes food cost and is non-refundable.

Activity Code: 3RAE2275
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Feb 11, 1:00PM- 2:30PM
\$36 Residents/\$48 Non-Residents

Riverside RS01
Sat, Jan 28, 1:00PM- 2:30PM
\$36 Residents/\$48 Non-Residents

Bougie Charcuterie Lunch Box

NEW This is a lunch your whole family will enjoy eating! Box will include your choice of meats, cheeses, fruits, small candy items and chocolate dipped pretzels. Great for any occasion. Class taught by Caitlin Russell, Bougie Berries, 7157 W. Burleigh Ave. Fee includes food cost and is non-refundable.

Activity Code: 3RAE2276
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Mar 4, 1:00PM- 2:30PM
\$36 Residents/\$48 Non-Residents

Riverside RS01
Sat, Feb 4, 1:00PM- 2:30PM
\$36 Residents/\$48 Non-Residents

Bougie Baked Crispy Chicken

NEW For those who prefer fried chicken, we have a delicious baked option for you. This recipe is an oldie but goodie with "secret seasoning" discussed. Chicken is served with steamed vegetables and rice. Class taught by Caitlin Russell, Bougie Berries, 7157 W. Burleigh Ave, fee includes food cost and is non-refundable.

Activity Code: 3RAE2277
(Section codes listed below)

Milwaukee Marshall MR01
Thu, Feb 16, 6:30PM- 8:00PM
\$36 Residents/\$48 Non-Residents

Riverside RS01
Thu, Feb 9, 6:30PM- 8:00PM
\$36 Residents/\$48 Non-Residents

Bougie Skillet Chili

NEW

This meal is so easy and it will steal the show! You will learn how to top your chili with a honey cornbread top. Minimal clean-up because it's seriously made in ONE skillet. Class taught by Caitlin Russell, Bougie Berries, 7157 W. Burleigh Ave. Class fee includes food cost and is non-refundable.

Activity Code: 3RAE2278
(Section codes listed below)

Milwaukee Marshall MR01

Sat, Jan 21, 1:00PM- 2:30PM
\$36 Residents/\$48 Non-Residents

Riverside RS01

Sat, Feb 18, 1:00PM- 2:30PM
\$36 Residents/\$48 Non-Residents

Quinoa Stuffed Bell Peppers

NEW

There's an alternative to modify those starchy grains from recipes we are known to love. Quinoa (Keen-waa) is the seed of the quinoa plant and is classified as a whole grain. It is gluten free and full of fiber and protein. We will be using different colored bell peppers and stuffing them with ground turkey, tomatoes, black beans, low fat cheese, and corn. This recipe combines healthy and wholesomeness in one delicious easy meal for those weeknights. Fee includes food cost and is non-refundable.

Activity Code: 3RAE2279
(Section codes listed below)

Milwaukee Marshall MR01

Thu, Mar 2, 6:15PM- 8:15PM
\$21 Residents/\$32 Non-Residents

Hearty Chicken Chili and Easy Lentil Soup

NEW

These two recipes are full of flavor, hot and savory! The chicken chili and lentil soup are also very filling. Both recipes are full of protein and fiber while low in fat and calories. Pair with your favorite bread and crackers. You will enjoy both of these recipes on those chilly cold nights! Fee includes food cost and is non-refundable.

Activity Code: 3RAE2280
(Section codes listed below)

Milwaukee Marshall MR01

Thu, Feb 9, 6:15PM- 8:15PM
\$21 Residents/\$32 Non-Residents

DANCE

Adult Ballet

Through traditional ballet class structure of barre work, center exercise and traveling across the floor, adult ballet classes help you dance your way to stronger, longer muscles, improve posture, flexibility, agility, balance and core strength in a supportive and upbeat environment.

Activity Code: 3RAE2901
(Section codes listed below)

Milwaukee Marshall MR02

Mon, Jan 23-Mar 13, 6:00PM- 7:30PM
\$35 Residents/\$53 Non-Residents

Ballroom Survival

When you attend a wedding or reunion, are you envious of the people gliding across the dance floor? Learn to waltz, fox-trot, cha-cha, etc., so that when the next song plays, you are the one sweeping others off their feet. Wear casual dress shoes.

Activity Code: 3RAE2904
(Section codes listed below)

Milwaukee Marshall MR01

(Beg./Int.)
Tue, Jan 17-Mar 7, 7:00PM- 8:00PM
\$24 Residents/\$36 Non-Residents

Salsa & Bachata Dance

Learn the two most popular Latin club dances in world! Learn the basics of "lead and follow", Latin body movement, musicality, and dance etiquette. No partner or experience required! Dancers rotate partners.

Activity Code: 3RAE2920
(Section codes listed below)

Riverside RS01

Mon, Jan 23-Mar 13, 7:00PM- 8:00PM
\$24 Residents/\$36 Non-Residents

Hip Hop

This class teaches a combination of jazz and hip-hop/funk dance routines to popular pop and hip-hop songs.

Activity Code: 3RAE2921
(Section codes listed below)

MacDowell JU01

Mon, Jan 23-Mar 13, 7:00PM- 8:00PM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall MR01

Thu, Jan 19-Mar 9, 7:05PM- 8:05PM
\$24 Residents/\$36 Non-Residents

FITNESS

Bootcamp

This class is an introduction to an intense workout that will include strength, conditioning, speed work, balance, and plyometric drills. Watch your stamina and fitness level soar to new heights.

Activity Code: 3R553520
(Section codes listed below)

OASIS 5501

(Intermediate/Advanced)
Fri, Jan 20-Mar 10, 1:00PM- 1:50PM
\$15 Residents/\$23 Non-Residents

Building Strength

Get functional strength training and full body conditioning. This class provides opportunities to challenge all levels of fitness in addition to a 50+ level of fitness option by using a variety of equipment to create more mobility and strength for daily activities, as well as sculpt your entire body.

Activity Code: 3R553517
(Section codes listed below)

OASIS 5501

(Class content geared toward 50+ age group)
Tue, Jan 17-Mar 7, 9:00AM- 9:50AM
\$15 Residents/\$23 Non-Residents

50+

OASIS 5502

(Intermediate/Advanced)
Tue, Jan 17-Mar 7, 10:00AM-10:50AM
\$15 Residents/\$23 Non-Residents



Chair Yoga

People of all abilities experience greater health and well-being in this chair yoga, plus strength, exercise class. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance, and breathing, and an overall sense of greater well-being. This class is ONLY available to OASIS Members. Memberships are \$15/Res and \$25/Non-Res and are valid for one year from purchase date. Online registration is not available for this class.

50+ Activity Code: 3R553508
(Section codes listed below)

OASIS 5501
Mon/Wed/Fri, Jan 23-Mar 24, 9:00AM-10:00AM
FEES LISTED ABOVE

Core Strength

Time to tighten your core, the most important part of your body for stabilization. In this class you will increase the strength and endurance of your core muscles and improve your balance.

Activity Code: 3R553518
(Section codes listed below)

OASIS 5501
(Class content geared toward 50+ age group)
Tue, Jan 17-Mar 7, 11:00AM-11:30AM
\$10 Residents/\$15 Non-Residents **50+**

OASIS 5502
(Intermediate/Advanced)
Tue, Jan 17-Mar 7, 11:40AM-12:10PM
\$10 Residents/\$15 Non-Residents

OASIS 5503
(Class content geared toward 50+ age group)
Fri, Jan 20-Mar 10, 12:15PM-12:45PM
\$10 Residents/\$15 Non-Residents **50+**

Interval Training

This highly energetic class involves alternating bursts of intense activity with recovery periods. This is an efficient training method that helps to increase your cardiovascular intensity without burning yourself out.

Activity Code: 3R553519
(Section codes listed below)

OASIS 5501
(Intermediate/Advanced)
Fri, Jan 20-Mar 10, 2:10PM- 3:00PM
\$12 Residents/\$18 Non-Residents

Senior Fitness Class

You CAN Do This Fitness Class is about dynamic muscle and toning exercises that include stretching, cardio, strength training, and abdominal work. This fit camp is designed to teach techniques that will improve and maintain muscle tone, functional strength, and overall cardiovascular health. A variety of equipment will be introduced such as light weights, Resist-a-Balls, and more.

50+ Activity Code: 3R553511
(Section codes listed below)

OASIS 5501
Wed, Jan 18-Feb 8, 12:30PM- 1:30PM
\$10 Residents/\$15 Non-Residents

OASIS 5502
Wed, Feb 15-Mar 8, 12:30PM- 1:30PM
\$10 Residents/\$15 Non-Residents

OASIS 5503
Wed, Mar 15-Apr 5, 12:30PM- 1:30PM
\$10 Residents/\$15 Non-Residents

Shechem at Hope StreetSH01
Thu, Jan 19-Feb 9, 11:30AM-12:30PM
\$10 Residents/\$15 Non-Residents

StrongBodies

StrongBodies is a community-based strength training program aimed at adults and includes progressive resistance training, balance training, and flexibility exercises. StrongBodies is a strength training program for anyone desiring to slow down the bone and muscle loss process. In each class, ten exercises are performed that are geared toward progressive resistance training, balance training, and flexibility.

50+ Activity Code: 3R553515
(Section codes listed below)

OASIS 5501
Mon/Wed, Jan 9-Mar 13, 10:15AM-11:15AM
FREE

T'ai Chi & Qigong

T'ai Chi & Qigong are human movement systems created by the Chinese. Learn how to use movement to relax and balance your energy system. Wear comfortable clothing and flat soled shoes or stocking feet. Seniors and those with health limitations are encouraged to participate, as the movements can be adjusted to fit any fitness level.

50+ Activity Code: 3R553512
(Section codes listed below)

OASIS 5501
Tue, Jan 17-Feb 21, 9:45AM-10:45AM
\$14 Residents/\$21 Non-Residents

OASIS 5502
Tue, Feb 28-Apr 4, 9:45AM-10:45AM
\$14 Residents/\$21 Non-Residents

Zumba Gold

Zumba® Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Join other older adults that want camaraderie, excitement, and fitness as a regular part of their weekly schedule. It is a dance-fitness class that is friendly, and most of all, fun.

50+ Activity Code: 3R553503
(Section codes listed below)

OASIS 5502
Thu, Jan 19-Mar 23, 10:15AM-11:15AM
\$23 Residents/\$35 Non-Residents

OASIS 5501
Mon, Jan 23-Mar 27, 10:15AM-11:15AM
\$23 Residents/\$35 Non-Residents

Shechem at Hope StreetSH01
Tue, Jan 17-Feb 7, 10:15AM-11:15AM
\$10 Residents/\$15 Non-Residents

4 in 1 Training

This class is a combination of Spiced up Cardio, Boxing Aerobics, Body Sculpting and Step Aerobics. Burn off the calories and shape your body while having fun!

Activity Code: 3RAE3501
(Section codes listed below)

Beulah Brinton BN01
Tue, Jan 24-Mar 14, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents





ABSoGLUTeLy Fit

Want to look and feel better? In this class we will work on your upper and lower abdominals. In addition to improving your abs, students will focus on toning their gluteus and hamstrings. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 3RAE3502
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 23-Mar 13, 6:10PM- 7:10PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
Wed, Jan 25-Mar 15, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN03
Sat, Jan 28-Mar 18, 8:00AM- 9:00AM
\$28 Residents/\$42 Non-Residents

Belly Dance Aerobics

Belly dance aerobics involves exercises designed to tighten and tone your waist, hips and abdominal muscles through easy-to-follow isometric movements. This class will help to enhance your overall flexibility and general conditioning. Bring a hip scarf or purchase one from the instructor for \$10.

Activity Code: 3RAE3504
(Section codes listed below)

Hamilton HA01
Mon, Jan 23-Mar 13, 7:00PM- 8:00PM
\$28 Residents/\$42 Non-Residents

Body Sculpting

Use bands and weights to tone all areas of your body. Improve your mind, as well as your self-image. Bring your own weights and toning band. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 3RAE3505
(Section codes listed below)

Beulah Brinton BN01
Tue, Jan 24-Mar 14, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
Thu, Jan 26-Mar 16, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN03
Sat, Jan 28-Mar 18, 9:15AM-10:15AM
\$28 Residents/\$42 Non-Residents

Cardio Combo

Jumpstart your weekend activities with this invigorating workout. This class combines boxing aerobics, step aerobics and low-impact aerobics. Wear comfortable clothing and tennis shoes. Class taught by Angie Wothe.

Activity Code: 3RAE3509
(Section codes listed below)

Beulah Brinton BN01
Thu, Jan 26-Mar 16, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Cardio Plus

Like any fitness class, go at your own pace, but the instructor will make sure you leave with a good work out. Experience the health benefits of cardio exercises along with the muscle toning/building that comes with weight lifting. Wear comfortable clothing and tennis shoes.

Activity Code: 3RAE3510
(Section codes listed below)

Milwaukee Marshall MR01
Wed, Jan 18-Mar 8, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Cardio-Kickboxing

Get ready for a very popular workout. This musically-engaging activity will provide the opportunity to lose weight, tone your body, and have fun while incorporating components of self-defense. Do it for your health or just do it for 'kicks'. Wear comfortable clothing and tennis shoes. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 3RAE3511
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 23-Mar 13, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
Wed, Jan 25-Mar 15, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Hoop Dance Workout

Hoopng is not just for kids! Today hula hoopng has evolved into an exciting dance form called 'hoopdance', which has amazing benefits for the body and mind. Plus, it's fun! Hoopng is for EVERY BODY. Hoops will be available to borrow or for purchase at sites. Cost range is \$20-\$35 per hoop.

Activity Code: 3RAE3518
(Section codes listed below)

Riverside RS01
(Beg.)
Sat, Jan 14-Mar 4, 11:15AM-12:15PM
\$28 Residents/\$42 Non-Residents

Pilates

A non-impact class where you will improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Wear comfortable clothing. Individuals with medical conditions should be cleared by their physician prior to participation.

Activity Code: 3RAE3521
(Section codes listed below)

Beulah Brinton BN01
Wed, Jan 25-Mar 15, 7:35PM- 8:35PM
\$28 Residents/\$42 Non-Residents

Cooper CP01
Thu, Jan 26-Mar 16, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Hamilton HA01
Thu, Jan 19-Mar 9, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Poi Your Heart Out

Pick your own Poi style! Poi involves swinging tethered balls around the body in beautiful patterns. Choose basic beginner level (Beginner) to learn the fundamentals. Then move on to mid-level (Intermediate), learning how to put the beginner tricks together for more flow. And finally challenge yourself at the top level (Advanced) with turns, variations, or brand new tricks. Temple of Poi certified instructor will teach you the Pinwheel, Butterfly, Weave tricks and many more. Different skill levels welcome. Free sets of poi to use in class, or take a home a set for \$5.

Activity Code: 3RAE3523
(Section codes listed below)

Hamilton HA01
(Beg.)
Wed, Feb 1-Mar 8, 6:00PM- 7:00PM
\$19 Residents/\$29 Non-Residents

Step Aerobics & Sculpt

Step aerobics offers the cardiovascular benefits of aerobic dance in combination with toning for thighs, abdominals, buttocks, arms and legs. Step on it.

Activity Code: 3RAE3524
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 23-Mar 13, 5:00PM- 6:00PM
\$28 Residents/\$42 Non-Residents





Women & Weights

Women & Weights is for all the ladies out there looking to get lean, toned and fit - quick! In this class, you will use light to moderate weights with lots of repetition in order to give you a total body workout. You will work through moves and techniques that will help you achieve strength you never knew you had. You will leave class feeling challenged, but ready to come back for more! Bring your own exercise mat or purchase at site for \$10.

Activity Code: 3RAE3535
(Section codes listed below)

Milwaukee Marshall MR02
Thu, Jan 19-Mar 9, 6:00PM- 6:45PM
\$22 Residents/\$33 Non-Residents

Milwaukee Marshall MR01
Mon, Jan 23-Mar 13, 6:00PM- 6:45PM
\$22 Residents/\$33 Non-Residents

Zumba®

Zumba® is a fun and easy workout with routines that feature easy-to-follow dance steps synced to Latin music helping you to tone and sculpt your body.

Activity Code: 3RAE3542
(Section codes listed below)

Beulah Brinton BN01
Sun, Jan 29-Mar 19, 9:30AM-10:30AM
\$28 Residents/\$42 Non-Residents

Cooper CP01
Thu, Jan 26-Mar 16, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Yoga - Chair

This chair yoga class is for people of all ages. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance, and breathing.

Activity Code: 3RAE3560
(Section codes listed below)

Beulah Brinton BN01
Thu, Jan 26-Mar 16, 10:30AM-11:30AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
Fri, Jan 27-Mar 17, 12:00PM- 1:00PM
\$28 Residents/\$42 Non-Residents

Hip Hop Cardio

Join us for this fun, new fitness class disguised as a dance party! Participants will use cardio and strength training choreographed to hip hop to get in a fun workout. All body types are welcome to come get your positive groove on and break a sweat.

Activity Code: 3RAE3587
(Section codes listed below)

Bryant BY01
Thu, Jan 19-Mar 9, 6:00PM- 6:45PM
\$22 Residents/\$33 Non-Residents

T'ai Chi Ch'uan

This Chinese form of relaxation will teach you stress-relieving techniques designed to release tension, improve flexibility and relax your body and mind.

Activity Code: 3RAE3602
(Section codes listed below)

Beulah Brinton BN01
(Beg.)
Tue, Jan 24-Mar 14, 12:15PM- 1:15PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
(Int.)
Tue, Jan 24-Mar 14, 1:25PM- 2:25PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN03
(Beg.)
Wed, Jan 25-Mar 15, 11:15AM-12:15PM
\$28 Residents/\$42 Non-Residents

Yoga

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation.

Activity Code: 3RAE3605
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 23-Mar 13, 8:00AM- 9:00AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
Mon, Jan 23-Mar 13, 9:15AM-10:15AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN03
Mon, Jan 23-Mar 13, 7:45PM- 8:45PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN05
Tue, Jan 24-Mar 14, 9:15AM-10:15AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN06
Tue, Jan 24-Mar 14, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN07
Wed, Jan 25-Mar 15, 6:30PM- 7:30PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN08
Thu, Jan 26-Mar 16, 9:15AM-10:15AM
\$35 Residents/\$53 Non-Residents

Beulah Brinton BN09
Thu, Jan 26-Mar 16, 5:45PM- 6:45PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN11
Sat, Jan 28-Mar 18, 7:45AM- 8:45AM
\$28 Residents/\$42 Non-Residents

Cooper CP01
Tue, Jan 24-Mar 14, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Gaenslen GS02
Wed, Jan 18-Mar 8, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Hamilton HA01
Mon, Jan 23-Mar 13, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

MacDowell JU02
Sat, Jan 14-Mar 4, 10:15AM-11:15AM
\$32 Residents/\$48 Non-Residents

MacDowell JU03
Tue, Jan 24-Mar 14, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

MacDowell JU04
Wed, Jan 25-Mar 15, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Milwaukee Marshall MR01
Tue, Jan 17-Mar 7, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Milwaukee Marshall MR02
Tue, Jan 17-Mar 7, 7:05PM- 8:05PM
\$28 Residents/\$42 Non-Residents

Riverside RS07
Thu, Jan 19-Mar 9, 7:00PM- 8:00PM
\$28 Residents/\$42 Non-Residents

Riverside RS03
Mon, Jan 23-Mar 13, 7:00PM- 8:00PM
\$28 Residents/\$42 Non-Residents



Yoga - Gentle

Gentle Yoga is accessible to all levels and body types, and is especially suited for beginners. Basic stretches, postures and breath work help to develop strength, flexibility, balance, and body awareness. Bring your exercise mat or purchase at site for \$10.

Activity Code: 3RAE3606
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 23-Mar 13, 12:00PM- 1:00PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
Mon, Jan 23-Mar 13, 1:10PM- 2:10PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN03
Tue, Jan 24-Mar 14, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN04
Wed, Jan 25-Mar 15, 12:00PM- 1:00PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN05
Thu, Jan 26-Mar 16, 1:30PM- 2:30PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN06
Thu, Jan 26-Mar 16, 7:00PM- 8:00PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN07
Fri, Jan 27-Mar 17, 8:00AM- 9:00AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN08
Sat, Jan 28-Mar 18, 10:00AM-11:00AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN09
Sun, Jan 29-Mar 19, 12:00PM- 1:00PM
\$28 Residents/\$42 Non-Residents

MacDowell JU01
Sat, Jan 14-Mar 4, 9:00AM-10:00AM
\$32 Residents/\$48 Non-Residents

MacDowell JU02
Tue, Jan 24-Mar 14, 7:10PM- 8:10PM
\$28 Residents/\$42 Non-Residents

MacDowell JU03
Wed, Jan 25-Mar 15, 7:10PM- 8:10PM
\$28 Residents/\$42 Non-Residents

Riverside RS02
Thu, Jan 19-Mar 9, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents



Yoga - Power

East meets West in this vigorous, fitness-based yoga class with a focus on flow, breath, strength, balance, and flexibility. Prior yoga experience is recommended. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 3RAE3607
(Section codes listed below)

Beulah Brinton BN01
Wed, Jan 25-Mar 15, 4:30PM- 5:30PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
Thu, Jan 26-Mar 16, 4:45PM- 5:45PM
\$28 Residents/\$42 Non-Residents

Cooper CP01
Tue, Jan 24-Mar 14, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Gaenslen GS01
Wed, Jan 18-Mar 8, 6:15PM- 7:15PM
\$28 Residents/\$42 Non-Residents

Riverside RS01
Mon, Jan 23-Mar 13, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Vinyasa Flow Yoga

This Vinyasa class links breath and movement to flow through postures, flowing from pose-to-pose. The flowing postures bring heat and aids in the lengthening of muscles and the reduction of muscular tension. The class starts slow and builds as the session progresses. Perfect for students of all levels, including beginners, as options or modifications are given for poses. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 3RAE3614
(Section codes listed below)

Beulah Brinton BN02
(Slow Flow)
Wed, Jan 25-Mar 15, 9:15AM-10:15AM
\$27 Residents/\$41 Non-Residents

Beulah Brinton BN03
(Slow Flow)
Fri, Jan 27-Mar 17, 9:15AM-10:15AM
\$27 Residents/\$41 Non-Residents

Yoga for Women's Health

This is a beginner level class that will focus on strengthening work specific to the female body. Class taught by certified yoga instructor, Annie Wegner LeFort.

Activity Code: 3RAE3618
(Section codes listed below)

Beulah Brinton BN01
Tue, Jan 24-Mar 14, 3:45PM- 4:45PM
\$28 Residents/\$42 Non-Residents



Yoga for Runners

This class is not strictly for runners. Yoga teacher and runner Annie Wegner LeFort will offer a threefold focus: 1) stretching the muscles we use most in running 2) encourage participants to explore different planes of the body to diversify their movements 3) build and strengthen the core muscles that runners need to maintain a strong, healthy form.

Activity Code: 3RAE3619
(Section codes listed below)

Beulah Brinton BN01
Thu, Jan 26-Mar 16, 4:00PM- 5:00PM
\$28 Residents/\$42 Non-Residents

Yoga Fest

If you spell yoga backwards it's ago y, as in, you worked out years ago, why has it been so long? It's time to stop looking backwards and start looking forward! Kick off the new year with our fun, fantastic and free yoga classes! Class size is limited and pre-registration is required. Please bring your own yoga mat, water and sweat towel.

Activity Code: 3RAE3620
(Section codes listed below)

Beulah Brinton BN01
(Yoga)
Sun, Jan 1, 9:00AM- 9:45AM
FREE

Beulah Brinton BN02
(Gentle Yoga)
Sun, Jan 1, 10:00AM-10:45AM
FREE

Beulah Brinton (Ages 5 & up) BN03
(Family Yoga)
Sun, Jan 1, 11:00AM-11:45AM
FREE

HEALTH AND WELLNESS

Flower Power

Flowers have been used for healing for centuries. Flower essences are diluted liquid floral extracts used to benefit emotional well-being and mind-body health. Not to be confused with essential oils, which often utilize a whole plant, flower essence is taken in small amounts from the flower only. Flower essences are a subtle energy extract and working with them will help promote mental and spiritual wellness. Class fee is non-refundable.

Activity Code: 3RAE4100
(Section codes listed below)

Hamilton HA01
Tue, Feb 7, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents



Winter Herbs and Teas

Learn about herbs such as ginger and elderberry, their medicinal value and how they can help with addressing breathing concerns due to colds and flu. In addition learn how to make homemade "vaporub". Class fee is non-refundable.

Activity Code: 3RAE4113
(Section codes listed below)

Hamilton HA01
Mon, Jan 30, 7:15PM- 8:30PM
\$7 Residents/\$11 Non-Residents

Chakra Energy and Balance

Join us for Chakra Healing - an ancient philosophy and now a hot trend! This class will help you balance your body and mind using this ancient Eastern wellness belief based on seven energy centers that govern your organs and work together as one system yet independently. Take time to improve your well-being. Class fee is non-refundable.

Activity Code: 3RAE4117
(Section codes listed below)

Hamilton HA01
Mon, Feb 6-Feb 27, 7:15PM- 8:15PM
\$7 Residents/\$11 Non-Residents

Parsley, Sage, Rosemary & Thyme

Well, we're not exactly Scarborough Fair, but come take a little thyme out to join us for some sage advice on growing your own herb garden. Whether planted in the ground or in pots, herbs are little treasures we can open up again and again. Get tips on the top herbs to grow, which go well together, and what to do with all that basil. Learn about medicinal and healing properties as well as a little good 'ol folklore. Class fee is non-refundable.

Activity Code: 3RAE4120
(Section codes listed below)

Hamilton HA01
Tue, Feb 28, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

What's Your Color?

It has been said that we should eat all the colors (of food) to maintain a healthy diet. What about the colors we wear? What color identifies your personality? Let us assist you in finding out more about yourself by discovering how color affects you and how your body's chakras (energy centers) 'tune in' to color. Class fee is non-refundable.

Activity Code: 3RAE4133
(Section codes listed below)

Hamilton HA01
Tue, Jan 31, 6:00PM- 7:30PM
\$7 Residents/\$11 Non-Residents

Taming the Sweet Tooth

While sugar tastes good, too much of it can be harmful to our heart and body. A registered dietitian from The Karen Yontz Women's Cardiac Awareness Center and Advocate Aurora Health will bring eye-opening displays to show how much added sugar Americans consume and explain why it's so important to keep sweet stuff in check. You'll become a pro at reading food labels for sugar and also learn the top three ways to retrain your taste buds so you don't go overboard on sugar. A healthy sweet treat will be provided. Class fee is non-refundable.

Activity Code: 3RAE4164
(Section codes listed below)

Hamilton HA01
Thu, Feb 23, 6:00PM- 7:00PM
\$6 Residents/\$9 Non-Residents

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Vegan Living 101

NEW Are you interested in finding out more about plant-based living? Have you thought about exploring veganism but don't know where to begin? Whether you're interested in health, ethics, the environment, shopping or cooking tips, we have info to share with you! Join us for an informative discussion on how to navigate a non-vegan society. Learn how you can have a positive impact while taking steps to reduce harm. We will also have tips on transitioning to a plant-based lifestyle, recipes, resources. Get your questions answered. Class fee is non-refundable.

Activity Code: 3RAE4171
(Section codes listed below)

Hamilton HA01
Mon, Mar 6, 6:00PM- 7:00PM
\$6 Residents/\$9 Non-Residents

Riverside RS01
Mon, Feb 13, 6:00PM- 7:00PM
\$6 Residents/\$9 Non-Residents



Clearing Up the Carb Confusion

NEW Confused over which carbohydrates to eat and how much of them eat? Join registered dietitian, Heather Klug, Med, RD from the Karen Yontz Cardiac Awareness Center for an informative and engaging talk about carbohydrates and how they affect your heart and overall health. We'll discuss the difference between "healthy" and "not so healthy" carbs from a nutrition, digestion, and health standpoint. Class fee is non-refundable.

Activity Code: 3RAE4172
(Section codes listed below)

Hamilton HA01
Tue, Jan 31, 6:00PM- 7:00PM
\$6 Residents/\$9 Non-Residents

Maximize Your Health with the Mediterranean Diet

NEW The Mediterranean Diet has been hailed as one of the healthiest ways of eating in the world. Extensive research shows it can help promote good health and longevity. Registered Dietitian, Heather Klug from the Karen Yontz cardiac Awareness Center will: discuss the foods that make up the Mediterranean Diet, explain health benefits of the diet and provide tips for creating Mediterranean kitchen in your home. Class fee is non-refundable.

Activity Code: 3RAE4173
(Section codes listed below)

Hamilton HA01
Tue, Feb 7, 6:00PM- 8:00PM
\$6 Residents/\$9 Non-Residents

Simple Lifestyle Changes to Lower Blood Pressure

NEW Blood pressure is called the "silent killer" because there's often no warning signs, yet it can drastically increase risk of heart disease and other chronic health problems. Join registered Dietitian Heather Klug from the Karen Yontz Cardiac Awareness Center, to learn more about high blood pressure and simple lifestyle changes to lower your blood pressure and keep it there! Class fee is non-refundable.

Activity Code: 3RAE4174
(Section codes listed below)

Hamilton HA01
Tue, Feb 14, 6:00PM- 7:00PM
\$6 Residents/\$9 Non-Residents

4 Keys to Healthy Eating Out

NEW Want to know what to eat when eating out at fast food places or restaurants? Registered Dietitian Heather Klug from the Karen Yontz Cardiac Awareness Center, will share helpful tips for healthy eating at both fast food places and restaurants. You'll learn behavioral strategies to help you rein in portion sizes and keep calories in check. She will also present an interactive fat demonstration that is eye-opening and will have you rethinking what you choose when eating out. Class fee is non-refundable.

Activity Code: 3RAE4175
(Section codes listed below)

Hamilton HA01
Tue, Feb 28, 6:00PM- 8:00PM
\$6 Residents/\$9 Non-Residents

LANGUAGE SKILLS

Spanish

Learn appropriate Spanish words for: greetings, health, household, daily activities, weather, and much more. The textbook used for the class is 'Spanish made Simple' and can be purchased for \$14 on the first day of the class.

50+ **Activity Code: 3R554401**
(Section codes listed below)

OASIS 5501
(Advanced)
Fri, Jan 20-Mar 24, 11:30AM-12:30PM
\$23 Residents/\$35 Non-Residents

OASIS 5502
(Beginner)
Fri, Jan 20-Mar 24, 12:30PM- 1:30PM
\$23 Residents/\$35 Non-Residents

Sign Language

This language class focuses on finger spelling, vocabulary, non-verbal expressive skills and sentence structure.

Activity Code: 3RAE4405
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 23-Mar 13, 6:30PM- 7:30PM
\$24 Residents/\$36 Non-Residents

Korean Culture

Are you interested in Korean movies, K-Pop, and dramas? Do you want to learn more about Korean history and culture? This course will cover everything from basic Korean alphabets, music, Hangeul, Hanbok clothing, art, food, and architecture.

Activity Code: 3RAE4406
(Section codes listed below)

Hamilton (Ages 13 & up) HA01
(For teens and adults)
Sat, Jan 21-Mar 4, 10:00AM-11:30AM
\$31 Residents/\$47 Non-Residents

Korean Culture II

Korean Culture II will take a deeper dive into Korean history and its people. Further exploration into traditions and cultural development will be done to help participants learn how the country and its people have grown and flourished under difficult situations. Students can also bring specific questions they have about Korea, its movies, art, and history.

Activity Code: 3RAE4432
(Section codes listed below)

Hamilton (Ages 13 & up) HA01
(For teens and adults)
Sat, Jan 21-Mar 4, 11:45AM- 1:30PM
\$35 Residents/\$53 Non-Residents



Spanish Conversation

The ability to communicate in Spanish is necessary for many professions and is key to a greater enjoyment of travel south of the border. Receive instruction on pronunciation and essential grammar, through reading, writing and conversational practice. You can purchase the textbook for \$14 (cash or check only) on the first day of the class. Level 2 and 3 Spanish conversation requires working knowledge of general Spanish phrases and vocabulary.

Activity Code: 3RAE4801
(Section codes listed below)

MacDowell JU01
(Level 1)
Wed, Jan 18-Mar 8, 6:00PM- 7:30PM
\$35 Residents/\$53 Non-Residents

Riverside RS01
(Level 1)
Mon, Jan 16-Mar 6, 6:00PM- 7:30PM
\$35 Residents/\$53 Non-Residents

Riverside RS02
(Level 2)
Mon, Jan 16-Mar 6, 7:30PM- 9:00PM
\$35 Residents/\$53 Non-Residents

Riverside RS03
(Level 3)
Tue, Jan 17-Mar 7, 6:00PM- 7:30PM
\$33 Residents/\$49.50 Non-Residents

Juegos y Conversacion 3 (En el Supermercado/Restaurante)

Prerequisite: Working knowledge of basic spoken and written Spanish. En esta clase vamos a conversar en español, usando vocabulario y gramática relacionados con el tema indicado. Vamos a emplear juegos y actividades para practicar el vocabulario y después, crear "Dialogos Dirigidos" (Directed Dialogs) con una pareja o en un grupo pequeño. Los participantes deben saber hablar español básico. Esta clase es para PRACTICAR; no para APRENDER! Las dos secciones son diferentes e independientes. Se puede registrarse en una o dos secciones.

Activity Code: 3RAE4811
(Section codes listed below)

Hamilton HA01
Wed, Feb 15, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

Juegos y Conversacion 4 (Actividades/Deportes/Quehaceres)

Prerequisite: Working knowledge of basic spoken and written Spanish. En esta clase vamos a conversar en español, usando vocabulario y gramática relacionados con el tema indicado. Vamos a emplear juegos y actividades para practicar el vocabulario y después, crear "Dialogos Dirigidos" (Directed Dialogs) con una pareja o en un grupo pequeño. Los participantes deben saber hablar español básico. Esta clase es para PRACTICAR; no para APRENDER! Las dos secciones son diferentes e independientes. Se puede registrarse en una o dos secciones.

Activity Code: 3RAE4812
(Section codes listed below)

Hamilton HA01
Wed, Mar 15, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

MARTIAL ARTS

Judo

Judo or 'gentle way/technique' focuses on manipulating an opponent's force against him/her rather than confronting it with one's own force. Join us to learn about judo under personalized instruction that focuses on technique and tradition. Students Interested in continuing through the advanced level must demonstrate a high level of comfort with properly executed Judo falls and have instructor approval. USJA and USMA associated. Please wear clothes without buttons or metal. Class is combined with youth class.

Activity Code: 3RAE4501
(Section codes listed below)

MacDowell JU01
Mon, Jan 23-Mar 13, 6:30PM- 7:30PM
\$24 Residents/\$36 Non-Residents

MacDowell JU02
(Adv.)
Mon, Jan 23-Mar 13, 7:45PM- 8:45PM
\$24 Residents/\$36 Non-Residents



Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. A useful way for you to learn the art of self-discipline, mental preparation, concentration and self-control. Various kicking and punching techniques, correct body positioning and self-defense will be covered. A great opportunity to increase your flexibility, general conditioning and self-defense techniques.

Activity Code: 3RAE4503
(Section codes listed below)

Hamilton (Ages 15 & up) HA01
(Class is combined with youth class)
Mon/Wed, Jan 18-Mar 8, 6:00PM- 7:00PM
\$45 Residents/\$68 Non-Residents

Milwaukee Marshall (Ages 15 & up) ... MR01
(Beg., White, Orange, & Yellow Belt)
Mon, Jan 9-Mar 13, 6:00PM- 7:00PM
\$27 Residents/\$41 Non-Residents

Milwaukee Marshall (Ages 15 & up) ... MR02
(Beg., White, Orange, & Yellow Belt)
Wed, Jan 11-Mar 8, 6:00PM- 7:00PM
\$27 Residents/\$41 Non-Residents

Riverside (Ages 15 & up) RS04
(All ranks all ages)
Sat, Jan 14-Mar 4, 11:45AM-12:30PM
\$21 Residents/\$32 Non-Residents

Riverside (Ages 15 & up) RS01
(Beg. white-yellow belts, combined with youth class)
Mon/Wed, Jan 23-Mar 15, 6:15PM- 7:00PM
\$45 Residents/\$68 Non-Residents

Riverside (Ages 15 & up) RS05
(Int./Adv., Camo-Black Belt, combined with youth class)
Mon/Wed, Jan 23-Mar 15, 7:00PM- 7:45PM
\$45 Residents/\$68 Non-Residents

Riverside (Ages 15 & up) RS06
(Adv. Blue-Black Belt, combined with youth class)
Mon/Wed, Jan 23-Mar 15, 7:45PM- 8:30PM
\$45 Residents/\$68 Non-Residents

Women's Self-Defense

Be confident about protecting yourself when the need arises. Learn real life strategies and situational awareness to avoid confrontations. Learn basic escape techniques to get out of a situation, if one occurs. Class time includes awareness discussions and practicing techniques.

Activity Code: 3RAE4504
(Section codes listed below)

MacDowell (Ages 14 & up) JU01
Wed, Jan 25-Mar 15, 7:00PM- 8:00PM
\$24 Residents/\$36 Non-Residents

MUSIC

Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Class is combined with youth class. Class is taught by Mr. D.

Activity Code: 3RAE4602
(Section codes listed below)

Beulah Brinton BN01

Fri, Jan 27-Mar 17, 7:15PM- 8:15PM
\$24 Residents/\$36 Non-Residents

Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with youth class.

Activity Code: 3RAE4603
(Section codes listed below)

Beulah Brinton BN01

Fri, Jan 27-Mar 17, 6:00PM- 7:00PM
\$24 Residents/\$36 Non-Residents

Guitar

This class focuses on basic chords, note reading, different strumming techniques, and guitar maintenance.*Beg Semi-Private courses focus on the music theory side of playing guitar, and chord theory is a key element of this class.*Adv Semi-Private courses build your song repertoire and techniques and are for students with previous guitar experience. All classes are taught by Mr. D. and youth and adult courses are combined.

Activity Code: 3RAE4604
(Section codes listed below)

Beulah Brinton BN01

(Guitar 1)
Sat, Jan 28-Mar 18, 2:00PM- 3:30PM
\$35 Residents/\$53 Non-Residents

Hamilton HA01

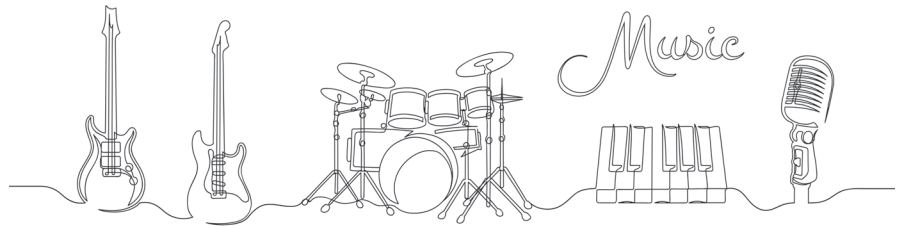
(Guitar 1)
Thu, Jan 19-Mar 9, 6:00PM- 7:30PM
\$35 Residents/\$53 Non-Residents

Riverside RS01

(Guitar 1/Semi-Private)
Mon, Jan 23-Mar 13, 6:30PM- 8:00PM
\$80 Residents/\$120 Non-Residents

Riverside RS02

(Guitar 2/Semi-Private)
Mon, Jan 23-Mar 13, 8:15PM- 9:15PM
\$56 Residents/\$84 Non-Residents



Piano

Beg. level courses will give beginning piano enthusiasts an introduction to the keyboard, including note reading, rhythm, two handed playing, and techniques. Int. level courses will help take you to the next level. Keys, scales, chords, and melodies, learning with Mr. D makes theory fun. Course for those with previous keyboard and note-reading experience. There is no need to bring your keyboard from home. Classes are taught by Mr. D. and all youth and adult courses are combined.

Activity Code: 3RAE4607
(Section codes listed below)

Beulah Brinton BN01

(Piano 1)
Sat, Jan 28-Mar 18, 10:30AM-12:00PM
\$35 Residents/\$53 Non-Residents

Beulah Brinton BN02

(Piano 2)
Sat, Jan 28-Mar 18, 12:15PM- 1:45PM
\$35 Residents/\$53 Non-Residents

Hamilton HA01

(Piano 1)
Wed, Jan 18-Mar 8, 6:00PM- 7:30PM
\$35 Residents/\$53 Non-Residents

Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Class is combined with youth class.

Activity Code: 3RAE4608
(Section codes listed below)

Beulah Brinton BN01

Sat, Jan 28-Mar 18, 4:00PM- 6:00PM
\$45 Residents/\$68 Non-Residents

Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Class is combined with youth class.

Activity Code: 3RAE4609
(Section codes listed below)

Hamilton HA01

Wed, Jan 18-Mar 8, 7:45PM- 8:45PM
\$24 Residents/\$36 Non-Residents

Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Class is combined with youth class.

Activity Code: 3RAE4611
(Section codes listed below)

Hamilton HA01

Tue, Jan 17-Mar 7, 6:00PM- 7:00PM
\$24 Residents/\$36 Non-Residents

Ukulele For You

This class is for anyone interested in learning to play the ukulele along with those who want to expand their ukulele repertoire. Our "music master" Mr. D., will teach you basic chords and strums and comfortably guide you into select musical genres. Grab a uke or dust off the one in your closet and join us!

Activity Code: 3RAE4620
(Section codes listed below)

Hamilton HA01

(Class is combined with youth class)
Thu, Jan 19-Mar 9, 7:45PM- 8:45PM
\$24 Residents/\$36 Non-Residents



ORGANIZATION

Senior Downsizing

Discussing the importance to start going through your belongings now and not leaving it to your loved ones to figure out on their own. This way, if/when they are no longer able to stay in their home and must move to senior living, they could have taken time to select the items most important to them instead of being pressured to hurry when that time comes. This can be very stressful for all involved. Also, they can take inventory of what they have and start passing on items they want to go to certain people or organizations or make notes of it for later. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing.

Activity Code: 3RAE2601
(Section codes listed below)

Milwaukee Marshall MR01
Wed, Feb 1, 6:30PM- 8:30PM
\$12 Residents/\$18 Non-Residents

Declutter before Moving and Selling Your Home

Discussing what to do when these big events are approaching - de-clutter, organize, downsize, pre-packing and so much more. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing.

Activity Code: 3RAE2602
(Section codes listed below)

Milwaukee Marshall MR01
Wed, Feb 8, 6:30PM- 8:30PM
\$12 Residents/\$18 Non-Residents

Declutter/Organize Your Home

The first step to getting organized is to declutter. Discussion will include different ways to declutter and find the ones that work best for you. Now that you have decluttered, it's time to get organized. We will also figure out which style of organization that works best for you and your family. Class taught by Tamara Starr, Sweet Simplicity Professional Organizing.

Activity Code: 3RAE2607
(Section codes listed below)

Milwaukee Marshall MR01
Wed, Feb 15, 6:30PM- 8:30PM
\$12 Residents/\$18 Non-Residents

ORGANIZED GAMES

Bid Whist

Come join the weekly Bid Whist extravaganza! This popular African-American card game will challenge your intellect and give you the opportunity to have fun and meet new people. Open to those with experience playing the game. Recommended, you register with a partner or singles will be partnered if possible. Class play is for entertainment purposes only. Gambling for money is not permitted during class. Program supervised by Mark Lawrence.

Activity Code: 3RAE4906
(Section codes listed below)

Milwaukee Marshall MR01
Tue, Jan 17-Mar 7, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents



OUTDOOR EDUCATION

Sensational Snowflakes

Did you ever wonder why snow is white or why snowflakes are different from each other? This class will teach you the flakey facts of snow and techniques to make your own beautiful snowflakes. This class is FREE with an OASIS. Center Membership. Memberships are \$15/Res and \$25/Non-Res and are valid for one year from purchase date.

50+ Activity Code: 3R555005
(Section codes listed below)

OASIS 5501
Thu, Jan 19, 12:15PM- 1:45PM
\$5 Residents/\$8 Non-Residents



Birdhouse Making

Make your yard a home for the birds when they return this spring. After migrating, many birds are looking for a place to build a nest. This workshop will help you welcome them back into your yard. You will construct a birdhouse that any feathered friend would be proud to call home. Birdhouses will be sized for small to medium birds, including Chickadees, Finches, Wrens, Swallows, Nuthatches and more. Pre-cut lumber and hands-on instruction provided. This class is FREE with an OASIS Center Membership. Memberships are \$15/Res and \$25/Non-Res and are valid for one year from purchase date.

50+ Activity Code: 3R555007
(Section codes listed below)

OASIS 5501
Thu, Mar 16, 12:15PM- 1:45PM
\$5 Residents/\$8 Non-Residents

Wire Nest Necklace

Have you ever been interested in how birds build their nests? Learn the various weaving techniques birds use to shelter and raise their young and construct your own beautiful nest necklace pendant out of wire and beads to take home. This class is FREE with an OASIS Center Membership. Memberships are \$15/Res and \$25/Non-Res and are valid for one year from purchase date.

50+ Activity Code: 3R555017
(Section codes listed below)

OASIS 5501
Thu, Feb 16, 12:15PM- 1:45PM
\$15 Residents/\$18 Non-Residents

PERSONAL SKILLS

Herbs, Crystals, and Stones

Humans have used plants for thousands of years in many different ways. Learn about the top 10 herbs and their benefits to your daily life. Find out what rocks are associated with love, success, happiness, and health. This workshop will help you explore ancient folklore and show you how to put these practices to work for you. A \$5 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.

Activity Code: 3RAE5405
(Section codes listed below)

Hamilton HA01
Thu, Feb 2, 7:15PM- 8:15PM
\$6 Residents/\$9 Non-Residents

No Power Tools Necessary (Basic Home Repairs)

Would you like to attend a quick tool School? Learn how to identify electrical repairs that you can do yourself and when it's time to call an electrician. In this hands on class, you will learn how to replace a broken switch, update an old outlet and install a new light fixture. Cost includes four basic tools needed for these repairs that you will take home. Class taught by Brian Hunt, who is certified through the state of Wisconsin Department of Safety and Professional Services Dwelling Contractor and has over 15 years of experience in remodeling and new home construction. Class fee is non-refundable.

Activity Code: 3RAE5412
(Section codes listed below)

Hamilton HA01
Sat, Feb 25, 9:00AM-11:00AM
\$50 Residents/\$75 Non-Residents

Riverside RS03
Sat, Feb 25, 12:00PM- 2:00PM
\$50 Residents/\$75 Non-Residents

Old Family Photos in the Digital Age

Cabin fever is the perfect time to finally cull and organize your old family photos. This two hour seminar covers image selection, creating a workflow, scanning prints and slides, outsource options, archiving the collection, and how to get and stay organized. Information on computer use is for Windows PC computers.

Activity Code: 3RAE5417
(Section codes listed below)

Riverside RS01
Thu, Jan 26, 6:30PM- 8:30PM
\$18 Residents/\$27 Non-Residents

Foster Care in our Community

The foster care crisis in our community is growing. This free virtual course is being offered so that participants can walk away understanding more about the foster care system, ways that they can consider helping, and the role of trauma in children in families' lives. Results from the Adverse Childhood Experiences (ACEs) study will be discussed. Participants will be sent a link in advance of the class. Course is taught by Teresa Cocker, Chief Program Officer at Norris. Norris is a non-profit social service agency in south-eastern Wisconsin.

Activity Code: 3RAE5441
(Section codes listed below)

Online VR01
Wed, Jan 18, 6:00PM- 7:00PM
FREE

Online VR02
Wed, Feb 22, 6:00PM- 7:00PM
FREE

Online VR03
Wed, Mar 22, 6:00PM- 7:00PM
FREE

Cutting the Cords - Controlling Cable & Internet Cords

Fees for cable television, home internet, smartphones and streaming services quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on all devices. Instructor C.T. Kruger. Class fee is non-refundable.

Activity Code: 3RAE5443
(Section codes listed below)

Riverside RS01
Tue, Feb 7, 6:30PM- 8:30PM
\$18 Residents/\$27 Non-Residents

You Have Pictures in Your Camera - Now What?

We have hundreds - if not thousands - of pictures in our camera, smartphones and computers. Now what...? This two-hour seminar teaches techniques to save and organize pictures from cameras and smartphones to external devices and to "the Cloud." Instructor is C.T. Kruger. Class fee is non-refundable.

Activity Code: 3RAE5444
(Section codes listed below)

Riverside RS01
Tue, Feb 28, 6:30PM- 8:30PM
\$18 Residents/\$27 Non-Residents



PLEASE NOTE...

Masks for participants and staff in all Milwaukee Recreation facilities is subject to change based on current conditions.

Procedures to reduce the spread of COVID-19 will remain in place and participants are encouraged to continue taking steps to stay safe and healthy. Should there be a change in the mask policy, this information will be communicated to customers as soon as possible.

We appreciate your cooperation!

The Camera in Your Smartphone

It's a camera, it's a photo album, it's a television - it's your phone. Learn about the apps, tips, tricks and limitations for pictures and video from iPhone and Android smartphone and tablets. This class will cover your device's camera, home and Cloud storage options, printing and more. Instructor is C.T. Kruger. Class fee is non-refundable.

Activity Code: 3RAE5455
(Section codes listed below)

Riverside RS01
Tue, Feb 14, 6:30PM- 8:30PM
\$18 Residents/\$27 Non-Residents

Smartphone Video and Editing

Whether a parent, an instructor, a business professional or just a creative soul, shooting and editing video with your smartphone is an efficient way to produce spectacular videos of your family, a lesson or a marketing message. This 2 hour workshop covers smartphone video shooting techniques and how to combine video clips, photos, narration and music into a single video using smartphone apps iMovie for iPhones or FilmoraGo for Android. Instructor is C. T. Kruger. Class fee is non-refundable.

Activity Code: 3RAE5456
(Section codes listed below)

Riverside RS01
Tue, Feb 21, 6:30PM- 8:30PM
\$18 Residents/\$27 Non-Residents

Braids Twist, Curls, OH MY! Hair Care

NEW

Are you interested in learning hair techniques to enhance your natural tresses for you and your family? Explore the many ways to create unique styles, while learning basic hair care. Participants will use hair braiding kits to practice their skills during class. Class taught by Melodie Brown, Amani Natural, 6111 W Blue Mound Rd. Class fee includes all supplies and is not refundable.

Activity Code: 3RAE5465
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Jan 28-Mar 4, 2:15PM- 3:15PM
\$30 Residents/\$45 Non-Residents

Vital Communications

Everything starts with a conversation. When conflict arises, do you go into fight, flight or freeze mode? We avoid important conversations for a variety of reasons. Develop the courage to have these tough conversations. Join us for a two-hour workshop on improving your critical conversational skills. Class fee is non-refundable.

Activity Code: 3RAE5468
(Section codes listed below)

Hamilton HA01
Wed, Feb 22, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

Being Mindful of Your Emotions: Emotional Intelligence Workshop

Who is in control you or your emotions? Emotions are powerful. In order to be mindful, it helps to know what we are feeling when we are feeling it. In this two-hour workshop, you will be guided through a four step process: Self Awareness, Self-Management, Social Awareness and Relationship Management that will put you on the path of responding instead of reacting to the world around you. Class fee is non-refundable.

Activity Code: 3RAE5469
(Section codes listed below)

Hamilton HA01
Wed, Feb 15, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents



SPORTS AND RECREATION

Pickleball

Pickleball is the fastest-growing sport in America - join us to find out why! Played with a short paddle and a wiffle ball, pickleball is similar to a cross between tennis and ping pong. The game is easy to learn and offers a fast-paced workout for more experienced pickleballers. Our friendly group welcomes players of all levels for open play, and basic instruction is provided if needed. Bring your own paddle or borrow one of ours!

Activity Code: 3R550101
(Section codes listed below)

Pulaski PK01
(Open Play)
Sat, Jan 14-Mar 11, 9:00AM-12:00PM
\$18 Residents/\$27 Non-Residents

Pulaski PK02
(Open Play)
Wed, Jan 25-Mar 22, 6:30PM- 9:00PM
\$18 Residents/\$27 Non-Residents

50+ Volleyball Skills Refresher

This beginner's class is for those who have always wanted to learn how to play volleyball or are looking for a fun and social environment in which to exercise and sharpen their volleyball skills. Learn the basic skills and playing concepts necessary to further your enjoyment of the game.

Activity Code: 3R556201
(Section codes listed below)

Beulah Brinton (Ages 50 & up) BN01
Tue/Thu, Jan 17-Feb 2, 1:15PM- 2:30PM
\$12 Residents/\$16 Non-Residents

50+ Intro to Chair Volleyball

The laughter is contagious! Chair Volleyball is a fun, friendly and competitive game with very few rules. In fact, there is only one rule: you must stay seated in a chair, with both feet on the floor. If a player happens to come off the chair during a game, the opposing team wins the point. This game is built for FUN; the ball is a beach ball and the lowered net hangs at five feet and each team seats six players.

Activity Code: 3R556202
(Section codes listed below)

Beulah Brinton (Ages 50 & up) BN02
Tue/Thu, Jan 17-Feb 2, 1:15PM- 2:30PM
\$12 Residents/\$16 Non-Residents

30+ Basketball

Enjoy a good workout and great competition in this open basketball play for people 30 years and over. Teams will be formed each night. Do not bring children under 12 years old; supervision will not be provided. Fee is based on 1.5 hours of play per night.

Activity Code: 3RAE6201
(Section codes listed below)

Beulah Brinton (Ages 30 & up) BN01
Mon, Feb 6-Apr 10, 6:00PM- 8:15PM
\$29 Residents/\$44 Non-Residents

Tennis Lessons

Prepare for the next match. These lessons will teach you the proper forehand, backhand and ground strokes needed to move the ball when it arrives on your side of the court. Learn the proper serving techniques to make ace serves. Wear sports clothing.

Activity Code: 3RAE6204
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Jan 14-Mar 4, 8:45AM- 9:45AM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall MR02
(Int.)
Sat, Jan 14-Mar 4, 9:50AM-10:50AM
\$24 Residents/\$36 Non-Residents

Volleyball - Co-Ed League

BUMP, SET, SPIKE! Register now for this structured coed volleyball league. The registration must be complete with team name and information for all players including address, zip code and telephone number. Game times will fluctuate from week to week. Each team will be provided schedules the first week of play. A staff member will keep score. Teams must have 3 or more females. Online registration is not available for teams or individuals. Teams and individuals must register at Beulah Brinton Community Center. Fee is per person.

Activity Code: 3RAE6206
(Section codes listed below)

Beulah Brinton BN01
(Teams)
Tue, Jan 10-Apr 3, 6:15PM- 9:15PM
\$37 Residents/\$56 Non-Residents

Beulah Brinton BN02
(Teams)
Fri, Jan 13-Apr 6, 6:15PM- 8:15PM
\$37 Residents/\$56 Non-Residents

Golf Lessons - Indoors

Don't know the difference between a wood and an iron, a green and fairway? Is an eagle just a large birdie? Learn the very basics of golf including how the game is played, terminology, proper grip, stance and swing. Bringing your clubs (7 iron and putter) is not mandatory, but recommended.

Activity Code: 3RAE6210
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Jan 14-Mar 4, 3:00PM- 4:00PM
\$24 Residents/\$36 Non-Residents

PROFESSIONAL SKILLS

Basketball Officiating Crash Course

This beginner course will cover the introductory skills and concepts you will need to learn as a new official. It is designed to help you understand the rules of basketball and how to enforce them, as well as teach you signals/mechanics, positioning and other pertinent information. This course is for individuals ages 15 years and up. There are no pre-requisites for this course, but you must come to class prepared to participate in the classroom lessons and on-court demonstrations.

Activity Code: 3RAS1401
(Section codes listed below)

Milw School of Languages
(Ages 15 & up)..... ML01
Wed, Jan 18-Feb 15, 6:00PM- 8:00PM
\$23 Residents/\$29 Non-Residents



Scorekeeper & Timekeeper Training Sessions

Sports scorekeepers and timekeepers are an essential part of any officiating crew, and they are hired to assist the game officials. This introductory course will teach you the basics of each sport to include: purpose & objectives, technical skills and specific duties, rules sources, sport specific terminology, and proper communication with game officials. These sessions will cover basketball, soccer, football, softball, and baseball scorekeeping/timing. These sessions are for individuals ages 15 years and older. There are no pre-requisites, however, basic sports knowledge is helpful.

Activity Code: 3RAS1402
(Section codes listed below)

Milw School of Languages
(Ages 15 & up)..... ML01
(BASKETBALL)
Wed, Jan 18, 6:00PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Milw School of Languages
(Ages 15 & up)..... ML02
(BASKETBALL)
Wed, Jan 25, 6:00PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Milw School of Languages
(Ages 15 & up)..... ML03
(BASKETBALL)
Wed, Feb 1, 6:00PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Milw School of Languages
(Ages 15 & up)..... ML04
(BASEBALL & SOFTBALL)
Wed, Feb 8, 6:00PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Milw School of Languages
(Ages 15 & up)..... ML05
(BASEBALL & SOFTBALL)
Wed, Feb 15, 6:00PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Milw School of Languages
(Ages 15 & up)..... ML06
(SOCCER)
Wed, Feb 22, 6:00PM- 8:00PM
\$5 Residents/\$8 Non-Residents

WINTER 2022-23 ADULT TEAM SPORTS

TEAM REGISTRATION NOW OPEN! Visit mkerec.net/adultsports or contact the Adult Sports office at 414.647.6046 or adultsports@mkerec.net for more information and to register your team. League schedules, scores, and standings are available on teamsideline.com/sites/MilwaukeeRecreation.

WINTER COED FUTSAL LEAGUE

Play 1 night/week in our coed futsal league. Thursdays @ Beulah Brinton. League registration closes December 12. League play starts January 5 and runs for 6 weeks. Team registration only. Team registration fee is \$250 (resident) and \$300 (non-resident).

WINTER COED AND WOMEN'S VOLLEYBALL LEAGUES

Play 1 night/week in our women's (Tuesdays) coed (Wednesdays) volleyball leagues at Wedgewood. League registration closes December 12. League play starts the week of January 3 and runs for 10 weeks. Team registration only. Team registration fee is \$312 (resident) and \$362 (nonresident).

SPRING/SUMMER SOFTBALL LEAGUES

Play 1 night/week in our men's and coed softball leagues. All leagues are 14 weeks unless noted. 14-week league play starts the week of April 24 and 10-week league play starts the week of May 8. Team registration only. Team registration fee for 14-week leagues is \$450 (resident) and \$500 (non-resident). Team registration fee for 10-week leagues is \$395 (resident) and \$445 (non-resident). League registration closes March 6. EARLY BIRD SAVINGS! Hurry and register your team prior to January 20th and take \$30 off your team registration.

SPRING/SUMMER COED KICKBALL LEAGUES

Play 1 night/week for 8 weeks in our coed kickball leagues. Spring league registration closes March 27 and league play starts the week of April 24. Summer league registration closes May 22 and league play starts the week of June 26. Team registration only. Team registration fee is \$307 (resident) and \$357 (non-resident). EARLY BIRD SAVINGS! Hurry and register your team prior to February 27 and take \$30 off your team registration.

SPRING/SUMMER COED GOLF

Play 1 night/week in our coed golf leagues. Spring leagues are on Saturdays or Sundays at various Milwaukee County Parks golf courses. Summer leagues are Mondays, Tuesdays, Wednesdays, or Thursdays at various Milwaukee County Parks golf courses. Spring and summer league registration opens February 20. Spring league play starts the weekend of April 22 and runs for 6 weeks. Summer league play starts the week of June 5 and runs for 8 weeks. Team and individual registration available. Spring registration fee is \$90. Summer registration fee is \$80 or \$115 depending on the league.

CALLING ALL INDIVIDUAL PLAYERS/FREE AGENTS!

If you are an individual interested in participating, go to www.teamsideline.com/milwaukee recreation and signup on one of our free agent forums for the sport you are interested in playing. If we get enough enrollments, we will create a free agent team if spots remain in the league. This is an excellent opportunity for individuals and teams to have fun and meet people.

WANTED: GAME OFFICIALS AND SCOREKEEPERS FOR ADULT SPORTS LEAGUES

If you have experience officiating adult basketball, flag football, kickball, soccer, softball, or volleyball we need you! If you are interested, please contact the Adult Sports office at 414.647.6046 or adultsports@mkerec.net. \$25-\$30 per game.



ACTIVE OLDER ADULTS - 50+ SPORTS

Our Active Older Adults program promotes health and vitality for adults age 50+. No matter your age, staying active and involved in the community is crucial to your physical, mental, social, and emotional well-being! Our program provides information and opportunities in sports leagues, health, and wellness throughout the city of Milwaukee. For registration information, please contact Brandon Sweet in the Adult Sports/50+ Sports office at 414.647.6070 or email: Brandon@mkrec.net.

SPORTS FOR LIFE! 50+ SPORTS

Meet new friends, join recreational activities, learn a new game, brush up on your skills and socialize. Our organized sports leagues, open play (non-league), and drop-in sporting activities aim to provide Milwaukee and beyond athletes, age 50 and above, with an opportunity to continue pursuing the sport they love year-round. **Volleyball * Softball * Pickleball * Cornhole**

50+ Cornhole League

This inaugural Wednesday morning senior league will begin play on January 4th, 2023 and continue over a 6-week regular season, followed by a 1-week, single elimination playoff. 2-person teams (comprised of any gender) will play 2-games each week (30-min time limit per game). All games will be played inside Burnham Fieldhouse (1755 S. 32nd St.) between 9:30 AM – 12:30 PM. Please contact Brandon Sweet at 414.647.6070 for a registration form!

- Wed, Jan. 4 – Feb. 22, 2023 (Jan. 4 is open play) from 9:30am-12:30pm
- Inaugural Season is FREE. Activity Code: 3R55800, Section: CH01

50+ Volleyball Leagues

These morning senior leagues play two times each week (Tuesday & Thursday) for 14-weeks. The start date is Tuesday, January 10, 2023. Players of all skill levels are encouraged to join as we offer both a competitive league and a social league. All games are played at Beulah Brinton Community Center (2555 S. Bay St.) which is located in the southeast corner of Milwaukee in the Bay View neighborhood. Please contact Brandon Sweet at 414.647.6070 for a registration form!

- Tue/Thur, Jan. 10 – Mar. 30, 2023 from 9:15am-12:15pm
- Fee: \$15 Resident / \$30 Non-Resident. Activity Code: 2R556801, Section: BN01 (Competitive) & BN02 (Social)



50+ Spring Softball League

Register now for our 50+ Spring Softball League! This Tuesday morning softball league will begin play on April 25, 2023 and continue over a 14-week regular season, followed by a single elimination playoff and consolation tournament. All games will be played at Burnham/Rogers Playfield (1755 S. 32nd St.). Please contact Brandon Sweet at 414.647.6070 for a registration form!

- Tue, Apr. 25 – Aug. 15, 2023. Game Times: 9:30am & 10:40am.
- Fee: \$15 Resident / \$30 Non-Resident. Activity Code: 2R558101, Section: B404

Pickleball Open Play (ages 18+)

Pickleball is the fastest-growing sport in America - join us to find out why! Played with a short paddle and a wiffle ball, pickleball is similar to a cross between tennis and ping pong. The game is easy to learn and offers a fast-paced workout for more experienced pickleballers. Our friendly group welcomes players of all levels for open play, and basic instruction is provided if needed. Bring your own paddle or borrow one of ours!

- Sat, Jan. 14 – Mar. 11, 2023 from 9:00am-12:00pm. Fee: \$18 Resident / \$27 Non-Resident. Activity Code: 3R550101, Section PK01
- Wed, Jan. 25 – Mar. 22, 2023 from 6:30pm-9:00pm. Fee: \$18 Resident / \$27 Non-Resident. Activity Code: 3R550101, Section PK02



YEARLY SPORTS SCHEDULE:

- **Fall Season (Sept-Dec):** Softball league, volleyball leagues, drop-in volleyball, pickleball open.
- **Winter Season (Jan-Mar):** Cornhole league, volleyball leagues, drop-in volleyball, pickleball open.
- **Spring/Summer Season (Apr-Aug):** Softball leagues, drop-in volleyball, pickleball open.

To sign up, see page 2 • Centers are closed Dec. 23 - 26, 30 - 31 & Jan. 1 - 2 and 16

THERAPEUTIC RECREATION

Splash, Splash, Swim

The wave of the future begins with specialized swim instruction for individuals with disabilities. We provide 1 instructor per 4 students. Swimmers must be at least 3 years old. Due to physical distancing, assistance from a household member (age 16 or older) will be required in the water if the participant is not totally independent in water. Physical distancing from non-household members will take place in the pool. Fee for participant only. Swimmers must be at least 4 feet tall to go in the pool without a parent/adult. Family members and non-disabled participants are not eligible for lessons. Swimmers who need assistance in the locker room must provide their own attendant. Children ages 6 and above must use the appropriate male/female locker room. It is recommended to arrive to the class in swim gear. Participants must provide their own towel, suit, and swim cap (caps available for \$2). This is a Therapeutic Recreation Program for individuals with disabilities. Call 414.647.6065 for more information.

Activity Code: 3RTR0501
(Section codes listed below)

Hamilton (Ages 3 & up) HA01
(Winter Only)
Tue, Jan 17-Mar 7, 6:30PM- 7:20PM
\$36 Residents/\$54 Non-Residents

Hamilton (Ages 3 & up) HA02
(Winter/Spring - No Class March 17 or April 7)
Tue, Jan 17-May 23, 6:30PM- 7:20PM
\$72 Residents/\$108 Non-Residents



Alley Cats

Bring your friends and family; create your own bowling team. Cost includes three games of bowling, shoes, and special events. Agencies must provide support staff. You must be a registered club member to bowl. An additional \$7.75 is due at the alley each week for bowling fees. Call 414.647.6065 for more information. Meet at AMF West Lanes. Transportation is not provided. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable.

Activity Code: 3RTR6601
(Section codes listed below)

AMF West (Ages 6 & up).....AM01
(Winter Only)
Sat, Jan 28-Mar 25, 9:00AM-11:00AM
\$11 Residents/\$17 Non-Residents

AMF West (Ages 6 & up).....AM02
(Winter/Spring - No class on April 1 or April 8)
Sat, Jan 28-May 20, 9:00AM-11:00AM
\$16 Residents/\$24 Non-Residents



Awesome Appetizers and Desserts Too!

Like to cook and socialize with friends? Each week we will make either a dessert or an appetizer for all to enjoy. Great ideas for entertaining at home! An \$8 (cash only) supply fee is due at the first class. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6602
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(Winter Only)
Wed, Feb 1-Mar 29, 7:30PM- 8:30PM
\$21 Residents/\$32 Non-Residents

Hamilton (Ages 10 & up) HA02
(Winter/Spring - No class April 5)
Wed, Feb 1-May 17, 7:30PM- 8:30PM
\$35 Residents/\$53 Non-Residents

Computer Club

Computers are a great resource. Join us as we help you explore all you can do with a computer. Word processing, e-mail, Internet, games and more. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6604
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)
Fri, Feb 3-Mar 31, 4:00PM- 5:00PM
\$21 Residents/\$32 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on April 7)
Fri, Feb 3-May 19, 4:00PM- 5:00PM
\$35 Residents/\$53 Non-Residents



Culture Cafe

Culture Cafe has been a long time favorite cooking class and one you don't want to miss! Join us as we cook and enjoy delicious dishes from all over the world in addition to learning fun facts about the countries they originate from. An \$8 (cash only) supply fee is due at the first class. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6605
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(Winter Only)
Thu, Feb 2-Mar 30, 7:00PM- 8:30PM
\$30 Residents/\$45 Non-Residents

Hamilton (Ages 10 & up) HA02
(Winter/Spring - No class April 6)
Thu, Feb 2-May 18, 7:00PM- 8:30PM
\$52 Residents/\$78 Non-Residents



Diner's Club

Good friends and great food is what you'll find on Friday nights. We'll create a delicious dinner each Friday evening. Feel free to bring a favorite recipe to share and your appetite. An \$8 (cash only) supply fee is due at the first gathering. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6606
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)
Fri, Feb 3-Mar 31, 5:00PM- 7:00PM
\$39 Residents/\$59 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on April 7)
Fri, Feb 3-May 19, 5:00PM- 7:00PM
\$61 Residents/\$92 Non-Residents

Friday Night Combo with Boot Camp!

Our Friday Night Combo with Boot Camp includes T.R. Boot Camp, Diner's Club, and Moviers & Shakers. An \$8 (cash only) supply fee is due at the first gathering. An additional \$2 (cash only) fee is due each week upon entry. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6607
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)
Fri, Feb 3-Mar 31, 4:00PM- 9:00PM
\$71 Residents/\$107 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on April 7)
Fri, Feb 3-May 19, 4:00PM- 9:00PM
\$104 Residents/\$156 Non-Residents

Friday Night Combo with Computers!

Our Friday Night Combo with Computers includes Computer Club, Diner's Club, and Moviers & Shakers. An \$8 (cash only) supply fee is due at the first gathering. An additional \$2 (cash only) fee is due each week upon entry. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6608
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)
Fri, Feb 3-Mar 31, 4:00PM- 9:00PM
\$71 Residents/\$107 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on April 7)
Fri, Feb 3-May 19, 4:00PM- 9:00PM
\$104 Residents/\$156 Non-Residents

Friday Night Combo with Games!

Our Friday Night Combo with Games includes Game and Card Night, Diner's Club, and Moviers & Shakers. An \$8 (cash only) supply fee is due at the first gathering. An additional \$2 (cash only) fee is due each week upon entry. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6609
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)
Fri, Feb 3-Mar 31, 4:00PM- 9:00PM
\$71 Residents/\$107 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on April 7)
Fri, Feb 3-May 19, 4:00PM- 9:00PM
\$104 Residents/\$156 Non-Residents

Game and Card Night

It's game night! Join your friends for a fun night of games! We will learn and play card games, in addition to trying our luck at some of the classic favorites like UNO and Pictionary! Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6610
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)
Fri, Feb 3-Mar 31, 4:00PM- 5:00PM
\$21 Residents/\$32 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on April 7)
Fri, Feb 3-May 19, 4:00PM- 5:00PM
\$35 Residents/\$53 Non-Residents

**Let's Get Moving**

Like the title says "Let's Get Moving"! Each week we will be active and get some exercise while having fun! Wear comfortable clothing and shoes. No experience necessary. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6611
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(Winter Only)
Thu, Feb 2-Mar 30, 6:00PM- 7:00PM
\$21 Residents/\$32 Non-Residents

Hamilton (Ages 10 & up) HA02
(Winter/Spring - No class April 6)
Thu, Feb 2-May 18, 6:00PM- 7:00PM
\$35 Residents/\$53 Non-Residents

**DID YOU KNOW?**

Nearly **90%** of U.S. adults agree it is important that local park and recreation agencies create and provide recreation programming that is **adaptive and inclusive** so persons of **all abilities may participate**.

via nrpa.org/parkpulse



Moviers and Shakers

If you enjoy movies, music and friends, then join us. This program alternates between a large screen movie and a hip-hoppin' dance party. A \$2 (cash only) fee is due each week upon entry. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RTR6612
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)
Fri, Feb 3-Mar 31, 7:00PM- 9:00PM
\$11 Residents/\$17 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on April 7)
Fri, Feb 3-May 19, 7:00PM- 9:00PM
\$16 Residents/\$24 Non-Residents

Scrapbooking

Do you have photos at home waiting to be assembled in an album? We will show examples and help you create an artistic memory album. Supplies are included. Bring your favorite photos. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for Individuals with disabilities.

Activity Code: 3RTR6613
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(Winter Only)
Wed, Feb 1-Mar 29, 6:00PM- 7:30PM
\$30 Residents/\$45 Non-Residents

Hamilton (Ages 10 & up) HA02
(Winter/Spring - No class April 5)
Wed, Feb 1-May 17, 6:00PM- 7:30PM
\$52 Residents/\$78 Non-Residents

Sunday Movie Madness

Love movies? So do we, so let's enjoy them together! On various Sundays, we will enjoy an afternoon matinee at South Shore Cinema, 7261 S.13th St., Oak Creek. You will be notified by mail of specific movies and times after registration. The one-time \$8 registration fee does not include the cost of the movie. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RTR6615
(Section codes listed below)

South Shore Cinema
(Ages 13 & up)..... VL01
(Winter Only- Jan 29, Feb 19, and March 12)
Sun, Jan 29-Mar 12, VARIES
\$11 Residents/\$17 Non-Residents

South Shore Cinema
(Ages 13 & up)..... VL02
(Winter Only- Jan 29, Feb 19, March 12, April 16, and May 7)
Sun, Jan 29-May 7, VARIES
\$16 Residents/\$24 Non-Residents



Super Saturday

Are you ready to have a Super Saturday?! Every Saturday afternoon we will have new and exciting things to do! From creating fantastic art projects to making delicious snacks to participating in exciting gym activities there's something for everyone to enjoy! And don't forget the awesome field trips and special events we will have throughout the season! It's an afternoon of fun that you and your friends don't want to miss!! Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6616
(Section codes listed below)

Manitoba (Ages 6 & up) MB01
(Winter Only)
Sat, Jan 28-Mar 25, 12:30PM- 4:00PM
\$61 Residents/\$92 Non-Residents

Manitoba (Ages 6 & up) MB02
(Winter/Spring - No class on April 1 or April 8)
Sat, Jan 28-May 20, 12:30PM- 4:00PM
\$118 Residents/\$177 Non-Residents

Milwaukee Marshall (Ages 6 & up)... MR01
(Winter Only)
Sat, Jan 28-Mar 25, 12:30PM- 4:00PM
\$61 Residents/\$92 Non-Residents

Milwaukee Marshall (Ages 6 & up)... MR02
(Winter/Spring - No class on April 1 or April 8)
Sat, Jan 28-May 20, 12:30PM- 4:00PM
\$118 Residents/\$177 Non-Residents



Supporting the workforce of the future.
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#workforceofthefuture
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T.R. Boot Camp

Working out with friends is the best way to stay motivated!! Join our TR boot camp to help get you in a routine. We will try a variety of work-outs to keep it exciting and work various muscle groups. As always, we will adapt activities so all can participate. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6617
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)

Fri, Feb 3-Mar 31, 4:00PM- 5:00PM
\$21 Residents/\$32 Non-Residents

OASIS (Ages 13 & up) 5503

(Winter/Spring - No class on April 7)
Fri, Feb 3-May 19, 4:00PM- 5:00PM
\$35 Residents/\$53 Non-Residents

**Thursday Night Combo at Hamilton**

Our Thursday Night Combo at Hamilton includes Let's Get Moving and Culture Cafe. An \$8 (cash only) supply fee is due to the instructor at the first class. Call 414.647.6065 for more information. This is a Therapeutic Recreation program for individuals with disabilities.

Activity Code: 3RTR6618
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(Winter Only)

Thu, Feb 2-Mar 30, 6:00PM- 8:30PM
\$48 Residents/\$72 Non-Residents

Hamilton (Ages 10 & up) HA02

(Winter/Spring - No class April 6)
Thu, Feb 2-May 18, 6:00PM- 8:30PM
\$69 Residents/\$104 Non-Residents

Wednesday Night Combo

Our Wednesday Night Combo includes Scrapbooking and Awesome Appetizers & Desserts Too. An \$8 (cash only) supply fee is due at the first gathering. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6620
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(Scrapbooking and Awesome Apps & Desserts

-Winter Only)
Wed, Feb 1-Mar 29, 6:00PM- 8:30PM
\$48 Residents/\$72 Non-Residents

Hamilton (Ages 10 & up) HA02

(Scrapbooking and Awesome Apps & Desserts
-Winter/Spring - No class April 5)
Wed, Feb 1-May 17, 6:00PM- 8:30PM
\$69 Residents/\$104 Non-Residents

Game Night SWITCHed Up

Join us for Tuesday nights full of gaming fun! We will have Nintendo Switch available with favorite games like Mario Kart, Mario Party, and Nintendo Switch Sports Resort. There will still be Wii's available for those that love the classics like bowling. And we will have a karaoke option as well for those that may be more of a singer than a gamer. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6621
(Section codes listed below)

OASIS (Ages 8 & up) 5501
(Winter Only)

Tue, Jan 31-Mar 28, 6:00PM- 8:00PM
\$31 Residents/\$47 Non-Residents

OASIS (Ages 8 & up) 5502

(Winter/Spring - No class April 4)
Tue, Jan 31-May 16, 6:00PM- 8:00PM
\$59 Residents/\$89 Non-Residents

**Sunday Fun 4 or Sunday Super 7**

Ready to end your weekend with a bit of Milwaukee fun! We have planned 5 different exciting Sunday outings for the Winter Season. Join as many as you like. It is sure to be a great time! Program registration fee is nonrefundable. Fee does not include weekly cost of each event. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable.

Activity Code: 3RTR6628
(Section codes listed below)

Various (Ages 13 & up)..... VL01
(Winter Only - SUNDAY FUN 4 Events will be held on 2/5, 2/12, 2/26, and 3/5)

Sun, Feb 5-Mar 5, VARIES
\$11 Residents/\$17 Non-Residents

Various (Ages 13 & up)..... VL02

(Winter/Spring - SUNDAY SUPER 7 Events will be held on 2/5, 2/12, 2/26, 3/5, 4/23, 4/30, and 5/14)
Sun, Feb 5-May 14, VARIES
\$16 Residents/\$24 Non-Residents

Share Today. Shape Tomorrow.**Mentor a child. Share your wisdom. Make a difference.**

As a volunteer, your experience, abilities and skills can positively shape the lives of children in our community. The Social Development Commission is looking for older adults (55+) to volunteer one-on-one with elementary school children in Milwaukee Public Schools.

Improve a child's life by:

- Tutoring in reading, math and other subjects
- Showing interest, encouragement and compassion
- Developing self-esteem

Volunteers receive:

- Paid training
- Hourly stipend
- Mileage reimbursement

The Foster Grandparent Program serves Milwaukee Public Schools. When you volunteer, you leave a lasting legacy. Help a child create pathways to success.

For additional information about SDC's Foster Grandparent Program, please call **414.906.4608** or visit us at **cr-sdc.org**



TEAM MILWAUKEE SPECIAL OLYMPICS

Team Milwaukee is a registered agency with Special Olympics Wisconsin

This year-round sports program offers both adults and youth with intellectual disabilities the opportunity to learn and improve skills through training and competition in various sports. These programs will encourage participants to become more physically fit, socialize with others, and increase self-confidence. To participate in area/state Special Olympics competitions, individuals must be 8 years or older and have completed the required Special Olympics forms. Come join the fun!

Summer Season (May – August)

Softball
Tee Ball
Bocce Ball

Fall Season (August – November)

Flag Football
Bowling
Volleyball

Winter Season (December – March)

Basketball
Competitive Swimming

Spring Season (March – June)

Track & Field
Soccer

Year Round

Strength Training

Due to COVID-19, Team Milwaukee Special Olympics activities are constantly changing and evolving. Please contact Katie Seitz at katie@mkerec.net or call 414.647.6041 for more information and for the latest program offerings.





OASIS

COMMUNITY CENTER

2414 W. Mitchell Street, Milwaukee, WI 53204

ACTIVE OLDER ADULTS PROGRAM

Make your life more fulfilling by joining the Active Older Adults Program! The program provides active fitness, educational and recreational offerings for senior adults, fifty years and older. In addition to travel, classes, clubs and leagues, various services and volunteer opportunities are available. Activities are held indoors and outdoors, daytime, and some weekends.

INCLUDED WITH OASIS MEMBERSHIP

Membership cards are available at the OASIS Senior Center for \$15 for city of Milwaukee residents and \$25 for non-residents. Membership fee is good for one year from purchase date.

CHAIR YOGA	<ul style="list-style-type: none"> • Offered Monday, Wednesday, and Friday • Class Hours: 9:00am –10:00am
OUTDOOR EDUCATION CLASSES	<ul style="list-style-type: none"> • Offered on Thursdays - once a month • Class Hours: 12:15pm –1:45pm
COMPUTER LAB	<ul style="list-style-type: none"> • Offered Monday - Friday • Computer Lab Hours: 8:00am – 3:00pm
FITNESS CENTER	<ul style="list-style-type: none"> • Fitness Center equipment includes compressed air resistance machines, treadmills, ellipticals, exercise bikes, rowing machines, and free weights. • Fitness Center Hours: Monday - Friday, 8:00am – 3:00pm

Wisconsin Adaptive Sports Association

WASA provides adaptive sports and fitness opportunities for those with physical disabilities and/or visual impairments for those from 6 to 60 years old. All abilities are welcome. From the beginner to the Paralympian and everything in between, WASA provides an outlet to be fit and healthy. Join us whether you want to play locally at a recreation level or travel competitively on a team. WASA has a place for you! Come join the fun and try adaptive basketball, bowling, bocce, football, lacrosse, rugby, sled hockey, softball, tennis/pickleball, or goalball for those with visual impairments. WASA provides all necessary equipment including sports wheelchairs.

To sign up register online at wasa.org.

For questions, email info@wasa.org or call 262.366.6426.

Wisconsin Adaptive Sports Association, Inc.
501(c)(3) tax exempt, non-profit organization



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AND STAGES OF LIFE**

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Milwaukee County Senior Dining Program

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information
on grab and
go locations,
please call
414.289.6995.

Sharon Scull named the 2022 Barbara Leszczynski Customer Service Award Winner!



Sharon Scull, a longtime playleader for Milwaukee Recreation, has been named the 2022 Barbara Leszczynski Customer Service Award winner! This is the 13th year of the award.

Sharon is a dedicated Milwaukee Public Schools employee, serving the community for almost 40 years with Milwaukee Recreation, highlighted by 30 years as a summer playground leader at Franklin Square Playfield.

"Ms. Sharon" creates a safe, welcoming environment for parents to send their children every summer. "She works hard to ensure participants have fun and memorable experiences on the playground," Milwaukee Recreation supervisor Derek Donlevy said.

Sharon's importance to the Franklin Square Community is evident. Cortez Brown grew up on the playground at Franklin Square Playfield, and has fond memories of Sharon. Today, Brown works alongside Sharon as a playleader during the summers at Franklin Square, as well as a Milwaukee Recreation staff member at Marshall & Bryant Community Centers.

"Ms. Sharon epitomizes that community love. It literally takes a village to raise these kids up the right way," Brown said. "She means a lot to Franklin Square Playfield and her impact that started nearly 40 years ago is still felt to this day. We're all thankful for what she has done for the neighborhood." In 2019, Milwaukee Recreation celebrated the grand reopening of Franklin Square Playfield, and Sharon played a well-deserved role in the ribbon-cutting ceremony.

Milwaukee Recreation is extremely fortunate to have a team member like Sharon. "You never leave a conversation with Ms. Sharon without knowing how much she loves and appreciates you. She is the type of employee you enjoy working with because she loves what she does and has a true passion for the people around her," Donlevy said.

Congratulations on receiving the 2022 Barbara Leszczynski Customer Service Award!



Give the gift of recreation this holiday season! A Milwaukee Recreation gift card is the perfect gift for any friend or family member. Call 414.475.8180 to purchase or for more information.



The Gift Card is redeemable for activities, events, admission fees, and products at any Milwaukee Recreation location or at mkerec.net. The Gift Card is NOT redeemable for concessions, food services, cash or credit. For card balance or to report a lost, stolen or damaged card, please call 414.475.8180. We can replace the remaining value on a lost, stolen or damaged card with the original purchase receipt. No fees. No expiration date. No value until purchased. Reload the card online at mkerec.net, at any of our locations during normal business hours, or by calling 414.475.8180.

NOW HIRING!
Child Care Camps: Instructors & Directors

- ☐ Do you enjoy and have experience working with children?
- ☐ Are you available to work before and/or after school at an MPS site?
- ☐ Are you creative and experienced in creating a positive environment for children?

If you answered "Yes" Milwaukee Recreation has an opportunity for you. Employees receive free uniforms, paid training, flexible schedules, and professional development.

APPLY TODAY!
mkerec.net





Milwaukee Recreation is **NOW HIRING!**

Interested in joining Milwaukee Recreation? Apply for our part-time positions today! Milwaukee Recreation is now hiring for a variety of paid, part-time positions, **including with our Community Centers team.** Visit mkerec.net/jobopenings for more information or scan the QR code.



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004F8C5B 09/22



PLEASE NOTE...

Masks for participants and staff in all Milwaukee Recreation facilities is subject to change based on current conditions.

Procedures to reduce the spread of COVID-19 will remain in place and participants are encouraged to continue taking steps to stay safe and healthy. Should there be a change in the mask policy, this information will be communicated to customers as soon as possible. We appreciate your cooperation!

Do you want to make a BIG DIFFERENCE in the life of a child?

Sign up as a substitute tutor with the new Forward Scholars' Volunteer Tutoring Program!

- You'll work 1 on 1 with a K-3rd grade student at one of our five MPS schools
- Training, high impact lesson plans, and loads of smiles provided

Contact Dr. Carrie Streiff-Stuessy, Forward Scholars Executive Director at forwardscholarsed@gmail.com for more information.

Forward Scholars is a Common Ground initiative
Check us out at www.commongroundwi.org/forward-scholars



OUR MISSION, VISION, AND VALUES

MISSION

To enrich and strengthen the community by promoting healthy lifestyles, personal development, and fun through memorable recreational and educational experiences for people of all ages and abilities.

VISION

To be the leading provider of quality and affordable recreation services in the Milwaukee.

VALUES

The following are the core values that drive the work and interactions with the team and customers:



Equity

Ensuring access to recreation services for all.



Accountability

Taking individual and collective responsibility.



Memorable Experiences

Creating special, distinctive recreation experiences.



Professional Staff

Employing staff who possesses the core competencies of the department.



Quality Service Delivery

Exceeding customer expectations through responsive and respectful service delivery.



Sense of Community

Providing services that encourage personal connections and relationships.



Collaborations/ Partnerships

Fostering and maintaining partnerships with individuals and organizations that benefit the community

Hawthorn Glen Winter Wonder Woods

December 9, 10, 16 & 17 • 5:00–8:30 p.m. • 1130 North 60th Street

See Milwaukee Recreation's Hawthorn Glen in a new light as you walk through the woods and view displays that are twinkling with over 70,000 lights! \$4/person (Children 2 and under free)

COME EXPERIENCE WINTER WONDER WOODS



Register online at mkerec.net
(Activity code: 3P125082)

Please Note: Warm drinks & sweet treat concessions are cash only. Parking is extremely limited in both the Hawthorn Glen parking lot, and on the street. Street parking is not permitted on 60th St. Carpooling and ride-sharing is greatly appreciated!

If Milwaukee Recreation cancels the event due to inclement weather, participants are welcome to transfer to an open session on a different day or receive a full refund.



A department of MPS



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WINTER Recreation Guide

2023

Register online at mkerec.net. Call 414.475.8180 with any questions.

If you live in the city of Milwaukee and this booklet was NOT delivered directly to your mailbox, please visit mkerec.net/mail to complete our two-question mailing survey.

Para obtener ayuda en español: (414) 475-8180

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