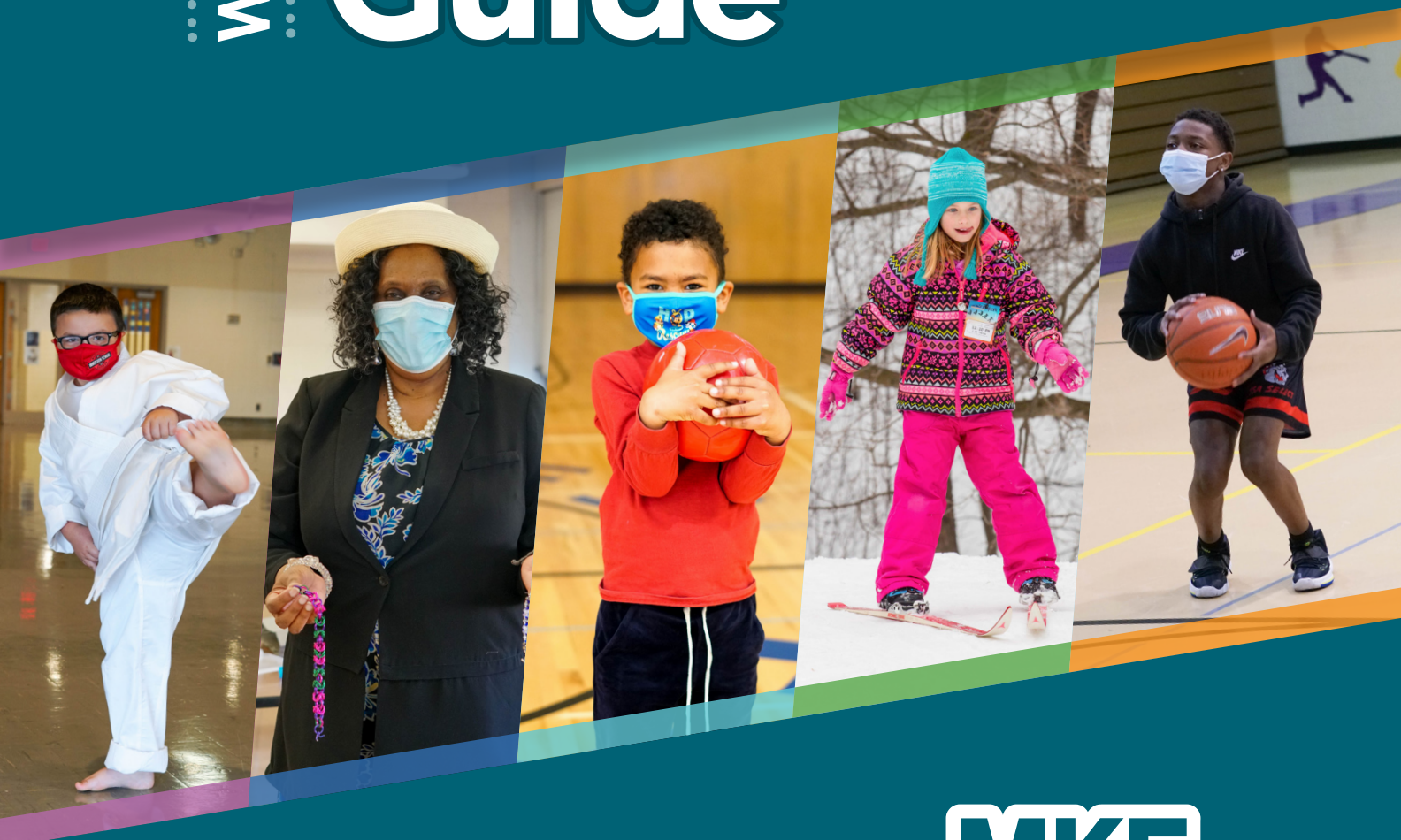


Registration begins December 7, 2021 | Para ayuda en español: 414.475.8180

WINTER Recreation Guide



Activities for the entire community
YOUTH | TEENS | ADULTS | SENIORS

mkerec.net



A department of **MPS**

Winter fun for everyone!



Welcome to another winter season with Milwaukee Recreation! This guide is filled with many exciting offerings, and I encourage you to browse the pages, learn more about the programs, and take advantage of all the wonderful activities available to you and your family. You especially won't want to miss our annual Winter Wonder Woods event on December 10, 11, 17 & 18. This winter-themed hike through Hawthorn Glen includes festive displays featuring more than 25,000 lights. And, as we approach the new year, join us for our New Year's Day Yoga Fest on January 1, 2022. It's the perfect way to start 2022 off on a healthy note!



Finally, I would like to take this opportunity to congratulate our Milwaukee Recreation team who joined the ranks of elite park and recreation agencies across the country by earning accreditation through the Commission for Accreditation of Park and Recreation Agencies (CAPRA) this fall. Only 1.9 percent of park and recreation agencies in the country are accredited! We are extremely proud of the team for this distinguished accomplishment and know it means that Milwaukee Recreation will continue to serve the community at the highest level for many years to come.

As always, Milwaukee Recreation is committed to the safety and well-being of our staff and participants, and we are grateful for the support of the Milwaukee community. We hope to see you at one of our community centers this winter!

Dr. Keith P. Posley
Superintendent of Schools



COMMISSION FOR ACCREDITATION OF

CAPRA
ACCREDITED

PARK AND RECREATION AGENCIES

Milwaukee Recreation

Nationally Recognized Quality
Programs For All Ages And Abilities

In the fall of 2021, **Milwaukee Recreation** joined the ranks of elite park and recreation agencies across the country by earning accreditation through the Commission for Accreditation of Park and Recreation Agencies (CAPRA) and the National Recreation and Park Association (NRPA).

This mark of distinction indicates that Milwaukee Recreation has met rigorous standards related to the management and administration of lands, facilities, resources, programs, safety and services.

To learn more scan the QR code.



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**MILWAUKEE
PUBLIC SCHOOLS**

**This recreation guide is a
quarterly publication of
Milwaukee Recreation, a
department of MPS.**

Dr. Keith P. Posley
Superintendent of Schools

Lynn A. Greb, Senior Director
Milwaukee Recreation

Milwaukee Board of School Directors

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2nd District

Sequanna Taylor
3rd District

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4th District

Jilly Gokalgandhi
5th District

Marcela Garcia
6th District

Henry Leonard
7th District

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8th District

Bob Peterson
At Large

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Para ayuda en español: 475-8812

Important Dates — See page 2 for details.

| | |
|--------------------|--|
| December 2 | Registration for Driver Education begins at 10AM |
| December 7 | Priority registration for city of Milwaukee residents begins at 10AM |
| December 14 | Non-city of Milwaukee residents' registration begins at 10AM. |
| December 30 | Mail-in registration deadline. |
| December 30 | Fax-in registration deadline. Fax registrations must be received by 4PM. |

A NOTE REGARDING WINTER 2022 REGISTRATION:

Registration will be available online and via phone for the winter 2022 season. See page 2 for more details.

OUR MISSION:

To enrich and strengthen the community by promoting healthy lifestyles, personal development, and fun through memorable recreational and educational experiences for people of all ages and abilities.

OUR VISION:

To be the leading provider of quality and affordable recreation services in the Milwaukee community.

Ways to Register

Priority registration is given to city of Milwaukee residents beginning **December 7, 2021 at 10AM**. Non-city of Milwaukee residents may register beginning **December 14, 2021 at 10AM** through the dates listed below. Registration for Driver Education will begin on **December 2, 2021 at 10AM**.

1. ONLINE REGISTRATION

Deadline: one week before your class begins.

Visit mkerec.net for the easiest way to sign up. If you're having trouble logging into your account, please do not create a new account. Instead, please call 414.475.8180 for assistance.

SAVE YOUR USERNAME AND PASSWORD HERE:

2. OVER-THE-PHONE REGISTRATION

Deadline: one week before your class begins.

1. Please call 414-475-8811 to inquire about registering for a class over the phone.

Please have credit card information ready at the time of your call.

3. FAX-IN REGISTRATION

Through Thursday, December 30 at 4:00 PM

1. Fax completed form to: Milwaukee Recreation.

(414) 475-8183. Please include a return FAX number.

2. A credit card number (MasterCard or Visa only), expiration date, and signature are required on all forms.

4. MAIL-IN REGISTRATION

Registration must be received by Thursday, December 30

1. Checks and credit card information will be accepted. **NO CASH** via mail-in registration.

2. Make check payable to: Milwaukee Recreation. Please **DO NOT** send cash via mail.

3. Mail to: Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181.

4. Active Older Adults: Mail to 2414 W. Mitchell St., 53204

Nondiscrimination Notice: It is the policy of the Milwaukee Public Schools, as required by section 118.13, Wisconsin Statutes, that no person will be denied admission to any public school or be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other program or activity because of the person's sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability. This policy also prohibits discrimination under related federal statutes, including Title VI of the Civil Rights Act of 1964 (race, color, and national origin), Title IX of the Education Amendments of 1972 (sex), and Section 504 of the Rehabilitation Act of 1973 (disability), and the Americans with Disabilities Act of 1990 (disability). The following individuals have been designated to handle inquiries regarding the non-discrimination policies: For section 118.13, Wisconsin Statutes, federal Title IX: Matthew Boswell, Director, Department of Student Services, Room 133, Milwaukee Public Schools, 5225 W. Vliet St., P.O. Box 2181, Milwaukee, Wisconsin, 53201-2181 (414) 475-8027. For section 504 of the Rehabilitation Act of 1973 (Section 504), federal Title II: J. Andy Woyte, Interim Section 504/ADA Coordinator, Department of Specialized Services, 6620 W. Capitol Dr., Milwaukee, WI, 53216, (414) 438-3677. ASL: (414) 438-3458

Important Registration Information

ENROLLMENT. Registrations will be processed in the order in which they are received. Enrollment is not guaranteed. We reserve the right to cancel classes because of low enrollment after a class has started and to close further enrollment when a class is filled. All participants must register and pay for classes prior to attending the first session.

DEADLINES. Registrations must be received before registration deadlines. No exceptions. Milwaukee Recreation is not responsible for delayed mail delivery, or unreadable or improperly transmitted faxes. No telephone registrations accepted.

CONFIRMATION. Activity confirmations will be mailed to the address listed on the registration form. If you register online, your confirmation will not be mailed; instead, you will be able to print your confirmation immediately.

REFUND POLICY. Information regarding our refund policy can be found online at www.mkerec.net/refund. Or, contact us at 414.475.8180 to receive a copy by mail.

INSURANCE. Milwaukee Recreation does not provide accident or hospital insurance for class participants. Participants should review their insurance policies for coverage.

FEES. Resident and non-resident fees are as listed under course offerings. Registration forms without the proper fee will be returned.

REDUCED ACTIVITY FEE (17 YEARS & UNDER). City of Milwaukee youth whose family is enrolled in FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and/or Foster Care may be eligible for reduced fees. Children's classes over \$10 are eligible for a \$5 discount. Children's classes \$30 and over are eligible for a \$10 discount. **Classes, field trips, special events, and admission fees that are not eligible for reduced fees are noted in the class description. MPS Students: The MPS student database is used to verify eligibility. Registrant must provide documentation with registration if eligibility cannot be confirmed. Non-MPS Students: Must provide eligibility documentation with registration. Our full policy including acceptable documentation can be found online at www.mkerec.net/reduced.

PAYMENT METHODS. Includes check, money order, credit/debit card (VISA/ MasterCard only), and cash (in-person registration only). Denied Credit/Debit Cards: Individuals whose credit/debit card has been denied will not be registered until an alternate form of payment is received. Returned Checks: Individuals whose checks are returned will no longer be registered for that class. Individuals must register again by paying with cash or money order and will be included in the class if space is still available. A \$20 returned check charge will be added to your class fees. Out-of-state checks will not be accepted.

PROGRAM ACCESSIBILITY: Reasonable accommodations are made for individuals to participate in Milwaukee Recreation programs. For more information on requesting a reasonable accommodation, please visit the Inclusion Services Policy on page 4 or call 414-475-8182

AMERICANS WITH DISABILITIES ACT: Milwaukee Recreation is committed in both policy and practice to enforce and implement all required provisions of the Americans with Disabilities Act. If you or your child need a reasonable accommodation to participate in a recreation program, your request may be made to any Milwaukee Recreation staff person. Upon reasonable notice, efforts will be made to accommodate your request.

A.H.E.R.A. REGULATION: Official Notice to Inform All MPS Parents and Employees about Asbestos Containing Materials Inside School Buildings is Hereby Given: According to the United States E.P.A., the A.H.E.R.A. Regulation requires annual notification to all employees and parents/guardians regarding asbestos containing materials inside school buildings. Management Plans specifying locations, condition, and past response actions of these materials are located in the respective engineer's office for each site and are available for review during normal school hours as required by A.H.E.R.A. In the ongoing program to safely maintain asbestos-containing materials, MPS conducts surveillances, and 3-year reinspections, and implements appropriate response actions. If interested parties have specific questions relating to the Milwaukee Public School District policy or the scheduling of asbestos related activities planned or in progress, please contact the MPS Environmental Services Department at 414.283.4626.

MILWAUKEE RECREATION CLASS/ACTIVITY REGISTRATION FORM

MAIN CONTACT

LAST NAME

FIRST NAME

MIDDLE INITIAL

DATE OF BIRTH

RECEIPT # (OFFICE USE ONLY)

ADDRESS

(NO PO BOX #s, PLEASE)

APT. #

CITY

ZIP CODE

PHONE ()

E-MAIL

CHECK BOX IF ADDRESS IS NEW

PERMISSION: I hereby grant permission for my child/myself to participate in the above-named Milwaukee Recreation event. In the event of any injury requiring medical attention, I hereby grant permission to the recreation staff (including volunteers) to attend to my son/daughter or myself including seeking medical attention.

WAIVER: I/we recognize that unanticipated situations and problems can arise during Recreation activities that are not reasonably within the control of the recreation staff (including volunteers). I/we therefore agree to release and hold harmless the Milwaukee Board of School Directors, its agents, officer, employees, and volunteers, from any and all liability, claims, suits, demands, judgments, costs, interest and expense (including attorneys' fees and costs) arising from such activities, including any accident or injury to myself or my child and the costs of medical services.

PHOTO PERMISSION/RELEASE: I understand that there are times when the local news media, national news media and/or nonprofit organizations partnering with Milwaukee Public Schools (MPS) request the opportunity to videotape, take photographs and/or interview participants within Milwaukee Recreation and MPS. By signing this, I understand that and give permission for MPS to allow this with respect to my child and/or myself. I also understand that by signing this release I give permission to MPS to make or use pictures, slides, digital images, or other reproductions of me, of my minor child or of materials owned by me or my child, and to put the finished pictures, slides, or images to use without compensation in broadcast productions, publications, on the Web, or other printed or electronic materials related to the role and function of the MPS. I understand that by signing this, I am, on behalf of myself and/or my child, releasing MPS and its directors, officers, employees and agents, from any future claims as well as from any liability arising from the use of any photograph or other images. This form shall be valid for the duration of the current Milwaukee Recreation program season.

I hereby certify that I have read and do understand the above information:

X

Signature required for all registrations

☐ CASH

☐ MONEY ORDER

☐ CHECK (#)

CHECKS PAYABLE TO MILWAUKEE RECREATION

CREDIT CARD #

CARDHOLDER NAME

PHONE NUMBER ()

SIGNATURE: _____

EXP. DATE ____/____/____

SECURITY CODE: _____

NEW: DEMOGRAPHIC INFORMATION (MAIN CONTACT)

1. Which race or ethnicity best describes you?

Hispanic/Latino (1) _____ Native Hawaiian or other Pacific Islander (5) _____

American Indian or Alaska Native (2) _____ White (6) _____

Asian (3) _____ Two or more races (7) _____

Black or African American (4) _____ Prefer not to answer (8) _____

2. Which of the following most accurately describes you?

Male (M) _____ Non-binary (N) _____

Female (F) _____ Prefer not to answer (P) _____

Transgender (T) _____

For each participant please record the corresponding letter and number in the "DEMO" column in the table below.

| Activity Code | Section Code | Activity Name | Day | Time | Fee | First/Last Name | DEMO | DOB (Month/Day/Year) |
|---------------|--------------|---------------|-----|------|-----|-----------------|------|----------------------|
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

Please sign this form at left, enclose total payment, and mail to Milwaukee Recreation
PO Box 2181
Milwaukee, WI, 53201

or fax to
414.475.8183
before the advertised registration deadlines.

TOTAL FEES \$

REDUCED ACTIVITY FEE \$

SCHOOL NAME: \$

Please check this box if you wish to donate \$1 to the Youth Program Fund.
\$1 DONATION?

TOTAL PAYMENT DUE \$

REDUCED ACTIVITY FEE (17 YEARS & UNDER)

Families meeting financial guidelines may qualify for an activity discount. Children's classes over \$10 are eligible for a \$5 discount. Children's classes \$30 and over are eligible for a \$10 discount. Most field trips, special events, and admission fees are not eligible and are so noted in the class description. School-age youth whose family qualifies for one or more of the following program subsidies are eligible for the youth discount (where applicable): FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and Foster Care. The MPS student database will be used to verify participant eligibility. Non-MPS students must provide eligibility documentation with registration. Our full policy can be found online at www.mkearec.net/reduced.

CHECK THIS BOX IF YOU ARE REQUESTING THE REDUCED ACTIVITY FEE FOR YOUR CHILD

MILWAUKEE RECREATION INCLUSION SERVICES POLICY

Milwaukee Recreation is committed to creating and promoting inclusion within all facilities and programs. Through the Inclusion Services Policy and supporting practices, we aim to ensure that everyone has access to the benefits of quality parks and recreation.

Milwaukee Recreation defines inclusion as the process of including all persons, regardless of their socioeconomic level, abilities, language, ethnic origin, sexual orientation or gender identification.

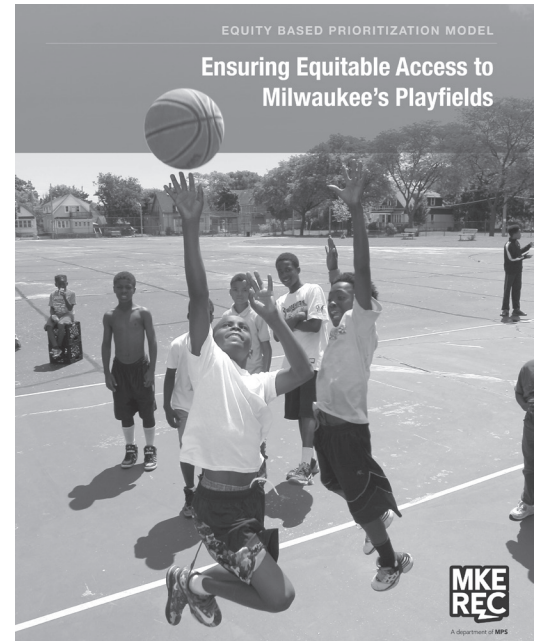
POLICY GOALS: The Inclusion Services Policy outlines Milwaukee Recreation's approach to ensuring inclusive environments and equitable opportunities for all community members in local parks and recreation.

THIS POLICY ENSURES THAT:

- Community members utilizing our facilities, programs and services have equitable and ability-appropriate access to programs and services regardless of ability, race, age, language, religion, country of origin, sexual orientation, or gender identity.
- Site staff, community partners and stakeholders engage in the support of all community members and promote inclusive behaviors both in park and recreation facilities and throughout the community in public spaces.
- Milwaukee Recreation establishes and maintains an organizational infrastructure for the management of the policy and its established goals and objectives.
- Milwaukee Recreation will continuously measure and improve inclusive practices.

We invite you to visit mkerec.net/inclusion to learn more about Milwaukee Recreation's efforts to support inclusive practices across all program areas including the Equity Based Prioritization Model for playfield improvements, professional development opportunities for staff, Everyone Plays! Scholarship Program, and the new process for requesting accommodations for Recreation classes.

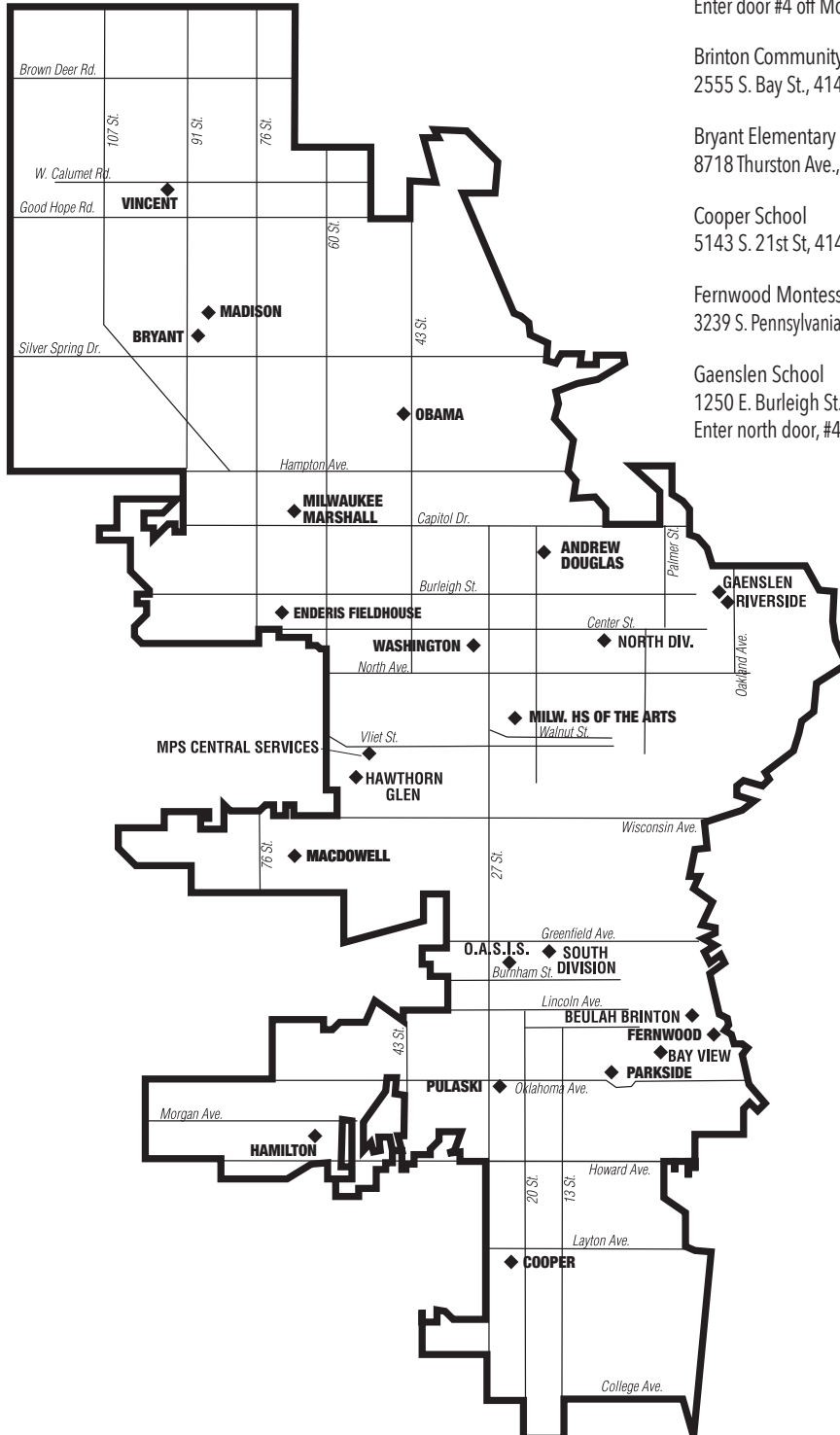
Need accommodations? Submit an ADA Accommodation Request electronically by visiting mkerec.net/inclusion and a member of the recreation team will contact you for further details.



EVERYONE PLAYS!



Please use the phone numbers listed only during recreation program hours at that location.



Bay View High School
2751 S. Lenox St., 414-294-2517
Enter door #4 off Montana St.

Brinton Community Center
2555 S. Bay St., 414-481-2494

Bryant Elementary School
8718 Thurston Ave., 414-475-8596

Cooper School
5143 S. 21st St., 414-304-6300

Fernwood Montessori
3239 S. Pennsylvania Ave, 414-294-1300

Gaenslen School
1250 E. Burleigh St., 414-267-5734
Enter north door, #4

Enderis Fieldhouse
2938 N. 72nd St., 414-453-6026

Hawthorn Glen
1130 N. 60th St., 414-777-7888

Hamilton High School
6215 W. Warrimont Ave., 414-327-9402
Enter door #5 off south parking lot

MacDowell Montessori
6415 W. Mt. Vernon Ave., 414-935-1387
Enter door #7

Madison High School
8135 W. Florist Ave., 414-393-6307
Enter door #7 off south parking lot

Milwaukee Marshall
4141 N. 64th St., 414-393-2391
or 414-393-2388
Enter door #10 - N. 64th St. & W. Hope Ave.

Milwaukee HS of the Arts
2300 W. Highland Ave., 414-934-7000

MPS Central Services
5225 W. Vliet St., 414-475-8180
Enter southwest door off rear parking lot

North Division High School
1011 W. Center St., 414-267-5077
Enter west side of building near tennis courts

OASIS
2414 W. Mitchell St., 414-647-6041

Obama High School
5075 N. Sherman Blvd., 414-393-4900
Enter door #5

Pulaski High School
2500 W. Oklahoma Ave., 414-902-8900

Riverside High School
1615 E. Locust St., 414-906-4959
Enter door #5 on Locust St.

South Division High School
1515 W. Lapham Blvd., 414-902-8377
Enter east door off faculty parking lot on 13th St.

Washington High School
2525 N Sherman Blvd, 414-875-5900



Join me in K3.



Learn more in K4.



Arrive in K5!



**MILWAUKEE
PUBLIC SCHOOLS**

Kindergarten Enrollment Fair

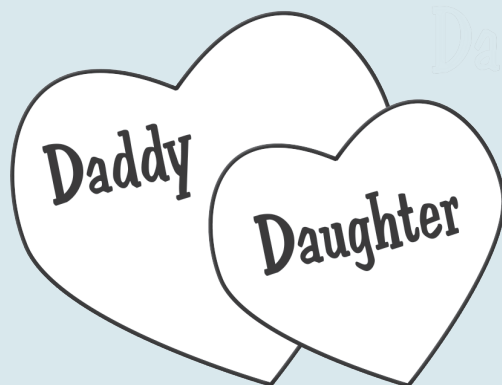
Saturday, February 5, 2022

Enroll your child (ages 3–5) in a strong early learning program.
Discover the education options in Head Start, Montessori, bilingual education, and more!
In Wisconsin, five-year-old kindergarten is required before students enter first grade.

©2021 Milwaukee Public Schools

Stay tuned for information about the...

Daddy/Daughter Dance



We hope to bring back the annual Daddy/Daughter Dance in 2022. Please look for updates on our website, **mkerec.net**. We hope to share more information very soon!

ARTS & CRAFTS

Paper Flower Making

From the basic steps to advanced levels, beautiful flowers made of various papers can bring spring close to people. When you see the beauty of flowers, instilling joy and amazement, it is only natural to want to recreate them with your hands. For example in this class you may create carnations, golden bell flowers, irises, bellflowers, lilies, tulips and many more! There is an \$18 supply fee due to the instructor on the first day of class. Class is combined with adult class.

Activity Code: 3RCE0913
(Section codes listed below)

Hamilton (Ages 11-17)..... HA02
Tue, Jan 25-Mar 1, 5:30PM- 7:00PM
\$20 Residents/\$30 Non-Residents

Hamilton (Ages 8-10)..... HA01
Mon, Jan 31-Mar 7, 5:30PM- 7:00PM
\$20 Residents/\$30 Non-Residents

BATON

Baton

Twirl your way to fun while you learn basic skills such as figure 8s, flat spins, pinwheels, and tosses. Coordinate your twirling with marching jumps, leaps, and dance steps. Enjoy the opportunity to perform. A baton is required and can be purchased from the instructor. Class taught by Marcy Blaufuss!

Activity Code: 3RCE7901
(Section codes listed below)

Beulah Brinton (Ages 5-17)..... BN01
Sat, Jan 29-Mar 19, 10:30AM-11:30AM
\$18 Residents/\$27 Non-Residents



DANCE

African Dance

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome.

Activity Code: 3RCE2901
(Section codes listed below)

Riverside (Ages 6-17)..... RS01
Sat, Jan 15-Mar 5, 1:00PM- 2:00PM
\$18 Residents/\$27 Non-Residents



Ballet

Ballet is a fine art discipline which strives to improve coordination, posture and muscular development. Learn basic ballet positions, steps and floor combinations. Ballet shoes and leotards are recommended. Unless otherwise noted, all classes are beginner level.

Activity Code: 3RCE2902
(Section codes listed below)

MacDowell (Ages 7-14)..... JU01
Mon, Jan 24-Mar 14, 6:00PM- 7:00PM
\$18 Residents/\$27 Non-Residents

Riverside (Ages 7-8)..... RS02
Sat, Jan 15-Mar 5, 12:00PM-12:50PM
\$16 Residents/\$24 Non-Residents

Riverside (Ages 9-12)..... RS01
Sat, Jan 15-Mar 5, 1:00PM- 1:50PM
\$16 Residents/\$24 Non-Residents

Hip Hop

Break out of the boring routine and into freestyle dance! Learn hip hop grooves you've always wanted to, but never thought you could.

Activity Code: 3RCE2908
(Section codes listed below)

MacDowell (Ages 7-10)..... JU01
Sat, Jan 15-Mar 5, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Milwaukee Marshall (Ages 8-12)... MR03
Thu, Jan 20-Mar 10, 6:00PM- 7:00PM
\$18 Residents/\$27 Non-Residents

Pre-Ballet

Your child will be introduced to the basic posture and positions of ballet, while having fun with rhythm and creative movement. Ballet shoes and leotards are recommended.

Activity Code: 3RCE2911
(Section codes listed below)

Cooper (Ages 3-4)..... CP01
Thu, Jan 27-Mar 17, 4:30PM- 5:15PM
\$14 Residents/\$21 Non-Residents

Cooper (Ages 5-6)..... CP02
Thu, Jan 27-Mar 17, 5:15PM- 6:00PM
\$14 Residents/\$21 Non-Residents

MacDowell (Ages 3-5)..... JU03
Mon, Jan 24-Mar 14, 5:00PM- 5:45PM
\$14 Residents/\$21 Non-Residents

Riverside (Ages 3-4)..... RS01
Sat, Jan 15-Mar 5, 10:00AM-10:50AM
\$16 Residents/\$24 Non-Residents

Riverside (Ages 5-6)..... RS02
Sat, Jan 15-Mar 5, 11:00AM-11:50AM
\$16 Residents/\$24 Non-Residents

Beginner Ballet/Tap

This combination class offers tap and ballet instruction in a fun atmosphere. In tap, students work with timing and rhythms, while ballet focuses on technique. Dancers should bring ballet and tap shoes.

Activity Code: 3RCE2932
(Section codes listed below)

MacDowell (Ages 6-9)..... JU01
Sat, Jan 15-Mar 5, 12:30PM- 1:30PM
\$18 Residents/\$27 Non-Residents



LANGUAGE SKILLS

Korean Culture II

If you can read Korean alphabets, you can take Korean Culture II! In this class you'll learn more in-depth knowledge relating to Korean history, arts, and music.

Activity Code: 3RCE4404
(Section codes listed below)

Hamilton (Ages 11-17)..... HA01
Sat, Jan 15-Mar 5, 10:15AM-11:45AM
\$26 Residents/\$39 Non-Residents

Korean Culture Class

Do you want to understand the BTS songs? Have you ever enjoyed K-pop or K-drama? Learn Korean language and build an understanding of the unique culture from traditional and contemporary lenses. Have fun with native language instructor covering everything with paper folding arts (origami), Taekwondo, calligraphy, and more. Students can have a chance to learn basic Korean language course with Hangul, Korean alphabets. They will learn Korean conversation and writing.

Activity Code: 3RCE4405
(Section codes listed below)

Hamilton (Ages 8-12)..... HA01
Sat, Jan 15-Mar 5, 12:30PM- 2:00PM
\$26 Residents/\$39 Non-Residents

Hamilton (Ages 11-17)..... HA02
Sat, Jan 15-Mar 5, 2:15PM- 3:45PM
\$26 Residents/\$39 Non-Residents

MAD SCIENCE

Mad Science: Digging for Dinosaurs

Examine real fossil casts and explore the differences in the teeth of herbivorous and carnivorous dinosaurs. Students will participate in a mini dinosaur excavation and make a dinosaur tooth to take home. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees

Activity Code: 3RCE7604
(Section codes listed below)

Hamilton HA01
Sat, Feb 19, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Hamilton HA02
Sat, Feb 19, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents

Mad Science: Electricity Workshop

This workshop introduces students to the fundamental concepts of electricity: circuits, conductors, insulators, and how electricity is converted for everyday uses. Students get to create different circuits, interact with plasma balls, discover "sticky" static electricity and make their own static energy chambers to take home. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7605
(Section codes listed below)

Riverside (Ages 5-12)..... RS02
Sat, Jan 29, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Riverside (Ages 5-12)..... RS03
Sat, Jan 29, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents

Mad Science: Slime Time

Ooze into a gooey hour of sliming around! Create slime using the Mad Science recipe and then enter your creation in the Slime Olympics. Take home your own concoction of Mad Science Slime. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7615
(Section codes listed below)

Hamilton (Ages 5-12)..... HA01
Sat, Feb 12, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Hamilton (Ages 5-12)..... HA02
Sat, Feb 12, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents

Mad Science: Radical Robots

What are automatons? How do robotic systems work? Learn all about robot-building in this exciting Mad Science lab! Students will tinker with their very own robots as they learn the basic engineering skills involved in building these machines. Experiment with robots that can do some extraordinary tasks, infrared robots, robotic arms, and even robots that like to play. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7622
(Section codes listed below)

Riverside (Ages 5-12)..... RS01
Sat, Feb 5, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Riverside (Ages 5-12)..... RS02
Sat, Feb 5, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents

Mad Science: Robot Invasion

Explore the basic and complex technology used to design and build robots. Discover how machines and robots work and how they make our lives easier. Learn about simple circuits, motor principles and make your own robot hand to take home. Junior Scientists will love playing with the many robots we bring along. Children should bring their own beverage and snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7631
(Section codes listed below)

Hamilton (Ages 5-12)..... HA01
Sat, Mar 5, 9:00AM- 1:00PM
\$60 Residents/\$90 Non-Residents



Mad Science: Spy Academy

Look out 007! From edible messages and decoding clues, students will have the opportunity to check out their skills that spies have to have to survive. Spies use these skills in the world of espionage. Children should bring their own snacks (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7634
(Section codes listed below)

Hamilton (Ages 5-12)..... RS02
Sat, Feb 26, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Hamilton (Ages 5-12)..... RS01
Sat, Feb 26, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents

MUSIC

Songwriting 101

Are you an aspiring songwriter? Got a melody stuck in your head, or maybe a clever lyric? No matter what age, anyone can write a song. Mr. D will lead you through the basics of music theory, rhyming schemes, melodies and harmony, and so much more. It's helpful, but not necessary that you know how to play an instrument, and you won't need to bring one to class. Class is combined with adult class.

Activity Code: 3RCE4601
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01

Wed, Jan 19-Mar 9, 7:45PM- 8:45PM
\$18 Residents/\$27 Non-Residents



Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Class is combined with adult class. Class is taught by Mr. D.

Activity Code: 3RCE4602
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

Fri, Jan 28-Mar 18, 7:15PM- 8:15PM
\$18 Residents/\$27 Non-Residents

Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with adult class.

Activity Code: 3RCE4603
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

Fri, Jan 28-Mar 18, 6:00PM- 7:00PM
\$18 Residents/\$27 Non-Residents



Guitar

Guitar 1 joins the campfire with Mr. D. This class focuses on basic chords, note reading, and different strumming techniques, plus guitar maintenance. Bring your own guitar. Class is combined with adult class. Guitar 1/Semi-Private focuses on the music theory side of playing guitar, as taught by Mr. D. Scales and chord theory are key elements of this class. Bring your own guitar. Guitar 1 is combined with adult class. Guitar 2/Semi-Private builds your song repertoire and techniques with Mr. D. For students with previous guitar experience. Bring your own guitar. Guitar 2 is combined with adult class.

Activity Code: 3RCE4604
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

(Guitar 1)
Sat, Jan 29-Mar 19, 2:00PM- 3:30PM
\$26 Residents/\$39 Non-Residents

Hamilton (Ages 12-17)..... HA01

(Guitar 1)
Thu, Jan 20-Mar 10, 6:00PM- 7:30PM
\$26 Residents/\$39 Non-Residents

Riverside (Ages 12-17)..... RS01

(Guitar 1/Semi-Private)
Mon, Jan 24-Mar 14, 6:30PM- 8:00PM
\$51 Residents/\$77 Non-Residents

Riverside (Ages 12-17)..... RS02

(Guitar 2/Semi-Private)
Mon, Jan 24-Mar 14, 8:15PM- 9:15PM
\$35 Residents/\$53 Non-Residents

Piano

Piano 1 will give beginning piano enthusiasts an introduction to the keyboard, including note reading, rhythm, two handed playing, and techniques. No need to bring your keyboard from home. Class is taught by Mr. D. Piano 1 is combined with adult class. Piano 2 takes you to the next level. Keys, scales, chords, and melodies, Mr. D makes theory fun. For those with previous keyboard and note-reading experience. No need to bring your keyboard from home. Piano 2 is combined with adult class.

Activity Code: 3RCE4606
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

(Piano 1)
Sat, Jan 29-Mar 19, 10:30AM-12:00PM
\$26 Residents/\$39 Non-Residents

Beulah Brinton (Ages 12-17)..... BN02

(Piano 2)
Sat, Jan 29-Mar 19, 12:15PM- 1:45PM
\$26 Residents/\$39 Non-Residents

Hamilton (Ages 12-17)..... HA01

(Piano 1)
Wed, Jan 19-Mar 9, 6:00PM- 7:30PM
\$26 Residents/\$39 Non-Residents



Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Class is combined with adult class.

Activity Code: 3RCE4607
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

Sat, Jan 29-Mar 19, 4:00PM- 6:00PM
\$35 Residents/\$53 Non-Residents

Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Class is combined with adult class.

Activity Code: 3RCE4609
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01

Thu, Jan 20-Mar 10, 7:45PM- 8:45PM
\$18 Residents/\$27 Non-Residents

Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Bring your own harmonica. Class is combined with adult class.

Activity Code: 3RCE4611
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01

Tue, Jan 25-Mar 15, 6:00PM- 7:00PM
\$18 Residents/\$27 Non-Residents



MUSIC IN MPS

Milwaukee Recreation and the MPS Music Department offer the following Saturday Youth Music lessons at Hamilton and Marshall. Class fees for all classes are \$24 Residents and \$36 Non-Residents. All classes provide students the opportunity to learn and develop their skills in a small groups. Students must come to class with their own instrument, except piano/keyboarding. Register for the classes using the following guidelines: Beginner: No experience on instrument, Intermediate: 1-2 years of experience on instrument, Advanced, 3+ years of experience on instrument. All teachers reserve the right to place students in the appropriate skill level after the first class.

Acoustic Guitar

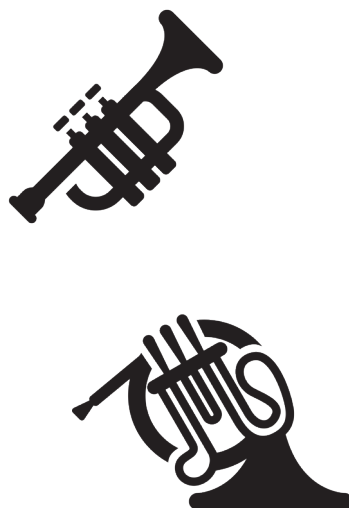
This course provides students the opportunity to learn and develop their skills on guitar in a small group setting. Emphasis will be basic note reading and chord playing skills. A 1/2 or 3/4 sized nylon-stringed acoustic guitar is required. Students must bring their own instrument to class. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate/Advanced - completed Beginner course. Class combined with Beginner Ukulele class.

Activity Code: 3RCE3201
(Section codes listed below)

Hamilton (Ages 7-17)..... HA05
(Beg.)
Sat, Jan 29-Apr 30, 9:00AM- 9:30AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 7-9)..... HA01
(Beg.)
Sat, Jan 29-Apr 30, 9:45AM-10:15AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 10-17)..... HA02
(Int./Adv.)
Sat, Jan 29-Apr 30, 10:30AM-11:15AM
\$24 Residents/\$36 Non-Residents



Brass

This course provides students the opportunity to learn and develop their skills on a brass instrument, including trumpet, French horn, trombone, baritone, euphonium, and tuba in a small group setting. Students must bring their own instrument to class. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate/Advance -Completed Beginner course.

Activity Code: 3RCE3203
(Section codes listed below)

Hamilton (Ages 10-17)..... HA01
(Beg.)
Sat, Jan 29-Apr 30, 9:00AM- 9:30AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 10-17)..... HA02
(Int./Adv.)
Sat, Jan 29-Apr 30, 9:45AM-10:30AM
\$24 Residents/\$36 Non-Residents

Piano/Keyboard

This course provides students the opportunity to learn and develop their skills on a piano in a small group setting. Students will work on melodies in right and left hands, independence, scales, basic chords and arpeggios. Focus on manual dexterity; rhythmic expression and correct hand positions will assist students in their daily practice. A piano or electronic keyboard at home is recommended. Please register for the Piano/Keyboard classes using the following guidelines: Beginner - No experience Intermediate/Advance - Completed Beginner course.

Activity Code: 3RCE3207
(Section codes listed below)

Hamilton (Ages 7-9)..... HA01
(Beg.)

Sat, Jan 29-Apr 30, 9:00AM- 9:30AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 10-17)..... HA02
(Beg.)
Sat, Jan 29-Apr 30, 9:45AM-10:15AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 7-17)..... HA03
(Int./Adv.)
Sat, Jan 29-Apr 30, 10:30AM-11:15AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 7-9)..... HA04
(Beg.)
Sat, Jan 29-Apr 30, 11:30AM-12:00PM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR01
(Beg.)
Sat, Jan 29-Apr 30, 9:00AM- 9:30AM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 10-17)..... MR02
(Beg.)
Sat, Jan 29-Apr 30, 9:45AM-10:15AM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 7-17)..... MR03
(Int./Adv.)
Sat, Jan 29-Apr 30, 10:30AM-11:15AM
\$24 Residents/\$36 Non-Residents



Percussion

This course provides students the opportunity to learn and develop their skills in percussion in a small group setting. Students must bring their own percussion kit to class. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate/Advance - Completed Beginner course.

Activity Code: 3RCE3210
(Section codes listed below)

Hamilton (Ages 10-17)..... HA01
(Beg.)

Sat, Jan 29-Apr 30, 10:45AM-11:15AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 10-17)..... HA02
(Int./Adv.)

Sat, Jan 29-Apr 30, 11:30AM-12:15PM
\$24 Residents/\$36 Non-Residents

Woodwinds

This course provides students the opportunity to learn and develop their skills on a woodwind instrument including flute, oboe, clarinet, bass clarinet, bassoon, and saxophone in a small group setting. Students must bring their own instrument to class. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate/Advance - Completed Beginner course.

Activity Code: 3RCE3212
(Section codes listed below)

Hamilton (Ages 10-17)..... HA01
(Beg.)

Sat, Jan 29-Apr 30, 9:00AM- 9:30AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 10-17)..... HA05
(Int./Adv.)

Sat, Jan 29-Apr 30, 9:45AM-10:30AM
\$24 Residents/\$36 Non-Residents

String Lessons

This course provides students the opportunity to learn and develop their skills on stringed instruments violin, viola, cello and bass in a small group setting. Students must come to classes with their own instruments. Please register for the string classes using the following guidelines: Beginner - No experience. Intermediate/Advanced - Completed Beginner course.

Activity Code: 3RCE3218
(Section codes listed below)

Hamilton (Ages 7-9)..... HA01
(Beg.)

Sat, Jan 29-Apr 30, 9:00AM- 9:30AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 10-17)..... HA02
(Beg.)

Sat, Jan 29-Apr 30, 9:45AM-10:15AM
\$24 Residents/\$36 Non-Residents

Hamilton (Ages 7-17)..... HA03
(Int./Adv.)

Sat, Jan 29-Apr 30, 10:30AM-11:15AM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR01
(Beg.)

Sat, Jan 29-Apr 30, 9:00AM- 9:30AM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 10-17).MR02
(Beg.)

Sat, Jan 29-Apr 30, 9:45AM-10:15AM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 7-17)...MR07
(Int./Adv.)

Sat, Jan 29-Apr 30, 10:30AM-11:15AM
\$24 Residents/\$36 Non-Residents

Beginning Ukulele

Are you a fan of Vance Joy or Twenty-One Pilots? Now is your chance to learn their main instrument: the ukulele. Students in this class will learn chords, melody, note reading and strumming patterns. This class will give you the skills needed to give you the basics of the ukulele including how to read chord charts and help you hit the ground running with your favorite songs. Ideal for future guitar players! No experience necessary. Students should bring their own ukuleles and books will be provided at the first session. Class combined with Guitar classes.

Activity Code: 3RCE3220
(Section codes listed below)

Hamilton (Ages 10-17)..... HA02

Sat, Jan 29-Apr 30, 11:30AM-12:00PM
\$24 Residents/\$36 Non-Residents



Music Technology and Production

NEW An Introduction to the world of Digital Audio Workstation using SoundTrap software. Students will explore composing, building beats and loops and mixing music. All equipment provided. No previous music experience required.

Activity Code: 3RCE3221
(Section codes listed below)

Hamilton (Ages 12-18)..... HA01

Sat, Jan 29-Apr 30, 12:15PM- 1:00PM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 12-18).MR01

Sat, Jan 29-Apr 30, 11:30AM-12:15PM
\$24 Residents/\$36 Non-Residents

Adaptive Drum Line

NEW An ensemble experience for children with disabilities. Drums are fun to play and can be a vehicle for learning more about music, rhythm, teamwork and creativity. Unlike wind and string instruments, making a sound on a drum is instantly gratifying! No previous music knowledge required. All instruments and equipment provided.

Activity Code: 3RCE3222
(Section codes listed below)

Hamilton (Ages 8-17)..... HA01

Sat, Jan 29-Apr 30, 9:00AM- 9:45AM
\$24 Residents/\$36 Non-Residents

Schedule Changes:

Please note compliance with COVID-19 regulations may result in schedule changes. We will communicate these as soon as possible. Thank you for your understanding.

Your Safety is our Priority:

Please know we are taking the necessary precautions to ensure your safety while participating in Milwaukee Recreation programs. **The use of face masks or cloth face coverings is required when inside Milwaukee Recreation facilities for all staff and participants over the age of 3.** If you do not have a mask or face covering, one will be provided for you.

OUTDOOR SKILLS

Cricket Coaching

Learn cricket with hands on skills and real game experience! Cricket adjusts to all ages and skill level. It is a fun sport with batting, bowling and fielding. Great to build team spirit and learn sportsmanship. Sessions will have a mix of physical fitness, skills development and learning the game. We will enjoy skirmish games and special short activities to keep all participants engaged. All skill levels are welcome. All equipment is provided. Class fee is non-refundable and not eligible for reduced fees. Class taught by Kashyap Malkan.

Activity Code: 3RCE5101
(Section codes listed below)

MacDowell JU03

Sat, Jan 15-Feb 5, 1:00PM- 3:00PM
\$60 Residents/\$90 Non-Residents

MacDowell JU04

Sat, Feb 12-Mar 5, 1:00PM- 3:00PM
\$60 Residents/\$90 Non-Residents



PLAY GROUPS

Music Maker and More-Early Childhood Music Class

This sing along musical activity is designed for children and their parent or caregiver. The class incorporates traditional children's songs, finger plays, rhythm instruments and dance movements as well as puppets that help tell a story within the songs. A goal of the class is to give children an interest and love for all kinds of music. Bring your dancing feet and join us for a fun, family class. Due to room restrictions, only 1 adult may accompany each child. Parent or guardian must attend. Price is per child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE5509
(Section codes listed below)

Beulah Brinton (Ages 1-4)..... BN01

Mon, Jan 10-Jan 31, 9:00AM- 9:30AM
\$36 Residents/\$48 Non-Residents

Beulah Brinton (Ages 1-4)..... BN04

Tue, Jan 11-Feb 1, 9:00AM- 9:30AM
\$36 Residents/\$48 Non-Residents

Beulah Brinton (Ages 1-4)..... BN02

Mon, Feb 7-Feb 28, 9:00AM- 9:30AM
\$36 Residents/\$48 Non-Residents

Beulah Brinton (Ages 1-4)..... BN05

Tue, Feb 8-Mar 1, 9:00AM- 9:30AM
\$36 Residents/\$48 Non-Residents

Beulah Brinton (Ages 1-4)..... BN03

Mon, Mar 7-Mar 28, 9:00AM- 9:30AM
\$36 Residents/\$48 Non-Residents

Beulah Brinton (Ages 1-4)..... BN06

Tue, Mar 8-Mar 29, 9:00AM- 9:30AM
\$36 Residents/\$48 Non-Residents

RED CROSS BABYSITTING CERTIFICATION

Babysitting Workshop

Ages 11 & up. Receive American Red Cross certification for babysitting. Learn basic First Aid, reacting to stressful situations, creative play techniques, proper nutrition and more. Sign up early as classes fill quickly. Not eligible for reduced fees. Refund request must be received one week prior to the start of class.

Activity Code: 3RCE5601
(Section codes listed below)

Hamilton (Ages 11-17)..... HA02

Sat, Feb 12, 8:30AM- 4:00PM
\$100 Residents/\$150 Non-Residents

Hamilton (Ages 11-17)..... HA03

Sat, Mar 5, 8:30AM- 4:00PM
\$100 Residents/\$150 Non-Residents

MacDowell (Ages 11-17)..... JU01

Sat, Feb 26, 8:30AM- 4:00PM
\$100 Residents/\$150 Non-Residents

Riverside (Ages 11-17)..... RS01

Sat, Feb 19, 8:30AM- 4:00PM
\$100 Residents/\$150 Non-Residents



Weather Policy & Program Cancellations:

School Day Cancellations: If weather conditions cause Milwaukee Public Schools to close or dismiss early, Milwaukee Recreation programs will be canceled.

Weekend weather cancellations for Milwaukee Recreation activities and interscholastic athletics/academics will be announced via the Milwaukee Recreation website (mkerec.net), social media, and local media.

EVERYONE PLAYS!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation Guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Limited scholarships available. Apply today! Please call 414.475.8180 or visit mkerec.net/scholarship to learn more and complete our short application.

SCIENCE

IT for EVERYONE!

Has this year been frustrating for you due to mandated social distancing or has it opened your eyes to the promising role IT will play in the future? If your answer is yes to either one, this class is for you! This class will consist of software programming including creating and developing apps and games. Hands-on computer networking, using tools and equipment to design a network infrastructure. Students will also learn how to protect computer resources from unauthorized users. Class taught by Emmanuel Kwarteng, President and CEO of Young IT Educators Corp.

Activity Code: 3RCE5805
(Section codes listed below)

Riverside (Ages 12-17)..... RS01
Tue/Thu, Jan 25-Feb 24, 5:30PM- 7:30PM
\$39 Residents/\$59 Non-Residents

Prehistoric Exploration

NEW Does your child love dinosaurs? Then join us for this classroom expedition! Kids will learn more about dinosaurs and participate in projects that include art, fossils, and volcanoes. This class will be taught by a certified MPS teacher. Class fee includes supply costs and is non-refundable. Class is not eligible for reduced fees.

Activity Code: 3RCE5806
(Section codes listed below)

Milwaukee Marshall (Ages 5-7)..... MR01
Sat, Mar 5, 12:00PM- 2:00PM
\$13 Residents/\$16 Non-Residents

Milwaukee Marshall (Ages 8-11)... MR02
Sat, Mar 5, 2:30PM- 4:30PM
\$13 Residents/\$16 Non-Residents

Gooley Concoctions

NEW It's gooey! It's stretchy! It's slime! Participants in this class will enjoy making a couple of different recipes of slime. Kids will be able to take their concoctions home after class. This class will be taught by a certified MPS teacher. Class fee includes supply cost and is non-refundable. Class is not eligible for reduced fees.

Activity Code: 3RCE5807
(Section codes listed below)

Milwaukee Marshall (Ages 5-7)..... MR01
Sat, Jan 29, 12:00PM- 2:00PM
\$13 Residents/\$16 Non-Residents

Milwaukee Marshall (Ages 8-11)... MR02
Sat, Jan 29, 2:30PM- 4:30PM
\$13 Residents/\$16 Non-Residents

BASKETBALL

Mighty Mite Basketball

This class is not an intro "dunktion" to basketball. Your young person will have fun, while being introduced to some basketball skills. Skills include dribbling, passing, sliding feet laterally, and shooting on a 4-foot hoop. This class will expose your young person to the great game of basketball in a FUN environment.

Activity Code: 3RCE1101
(Section codes listed below)

MacDowell (Ages 3-4)..... JU01
(Not eligible for reduced fees)
Sat, Jan 15-Mar 4, 9:00AM- 9:30AM
\$10 Residents/\$15 Non-Residents

Milwaukee Marshall (Ages 3-4)..... MR01
(Not eligible for reduced fees)
Sat, Jan 15-Mar 5, 10:40AM-11:10AM
\$10 Residents/\$15 Non-Residents



B.I.G. Basketball

In this program, participants will learn the fundamentals of basketball, including dribbling, passing, shooting, rebounding, rules, and how the game is played. Combine all of these components with team play for a fun and exciting experience.

Activity Code: 3RCE1102
(Section codes listed below)

Hamilton (Ages 7-9)..... HA01
Sat, Jan 15-Mar 4, 9:30AM-10:30AM
\$18 Residents/\$27 Non-Residents

MacDowell (Ages 7-9)..... JU01
Sat, Jan 15-Mar 4, 10:30AM-11:30AM
\$18 Residents/\$27 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR01
Sat, Jan 15-Mar 5, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents

Bitty Basketball

The hoops are lower and the basketballs are smaller, but the fun is big in Bitty Basketball. This program is a great way to introduce your child to the sport. Participants will learn the rules of basketball as well as basic fundamentals such as shooting, dribbling, and passing. This is accomplished through hands-on practice using mini basketballs and 6 & 8 foot hoops.

Activity Code: 3RCE1103
(Section codes listed below)

MacDowell (Ages 5-6)..... JU01
Sat, Jan 15-Mar 5, 9:30AM-10:15AM
\$14 Residents/\$21 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR01
Sat, Jan 15-Mar 5, 9:50AM-10:35AM
\$14 Residents/\$21 Non-Residents

Girls Basketball Camp

Gain the skills needed to become a basketball star. This camp will cover shooting, passing, dribbling, rebounding, and team play. Rules of the game will also be discussed.

Activity Code: 3RCE1105
(Section codes listed below)

Milwaukee Marshall (Ages 8-12)... MR01
Sat, Jan 15-Mar 5, 1:25PM- 2:25PM
\$18 Residents/\$27 Non-Residents

All-American Basketball

This advanced class is designed for children who have a solid foundation in basketball and wish to improve to the next level.

Activity Code: 3RCE1106
(Section codes listed below)

Milwaukee Marshall (Ages 10-12)..... MR01
Sat, Jan 15-Mar 5, 12:20PM- 1:20PM
\$18 Residents/\$27 Non-Residents

Hamilton (Ages 10-12)..... HA01
Sat, Jan 15-Mar 5, 10:45AM- 11:45AM
\$18 Residents/\$27 Non-Residents



GOLF

Get in the Swing - Golf Camp

Get in the Swing is a camp for beginners and avid youth golfers alike. Participants will learn fundamentals from general rules and etiquette to proper stance and how to hold a club. This camp is a great way to build a solid foundation in the sport. Golfers need to bring their own clubs.

Activity Code: 3RCE3801
(Section codes listed below)

Milwaukee Marshall (Ages 8-17)...MR01

Sat, Jan 15-Mar 5, 2:00PM- 3:00PM

\$18 Residents/\$27 Non-Residents



GYMNASTICS

Gymnastics

If springing over a vault, balancing on a beam, standing on your hands, and doing backward walkovers sound like fun, sign up for gymnastics. This is a developmental program, taught with a progression of gymnastic skills, which assist youth in the development of coordination.

Activity Code: 3RCE3901
(Section codes listed below)

Riverside (Ages 11-13)..... RS04

Sat, Jan 15-Mar 5, 1:00PM- 1:55PM

\$22 Residents/\$33 Non-Residents

Riverside (Ages 4-5)..... RS01

Sat, Jan 15-Mar 5, 10:05AM-10:55AM

\$20 Residents/\$30 Non-Residents

Riverside (Ages 5-6)..... RS02

Sat, Jan 15-Mar 5, 11:00AM-11:55AM

\$22 Residents/\$33 Non-Residents

Riverside (Ages 7-12)..... RS03

Sat, Jan 15-Mar 5, 12:00PM-12:55PM

\$22 Residents/\$33 Non-Residents

Riverside (Ages 4-6)..... RS05

Thu, Jan 20-Mar 10, 6:15PM- 7:15PM

\$22 Residents/\$33 Non-Residents

Riverside (Ages 7-9)..... RS06

Thu, Jan 20-Mar 10, 7:15PM- 8:15PM

\$22 Residents/\$33 Non-Residents

Tumbling Teddy Bears

Somersault for fun. This pre-gymnastics program will assist children in the development of eye/hand coordination and balance through basic tumbling activities. Parent(s)/Guardian(s) are required to attend this class with their child at no extra charge.

Activity Code: 3RCE3902
(Section codes listed below)

Riverside (Ages 3-4)..... RS01

Sat, Jan 16-Mar 5, 9:00AM- 9:45AM

\$17 Residents/\$26 Non-Residents

MARTIAL ARTS

Children's Self-Defense

Be confident about protecting yourself when the need arises. Learn real life strategies and situational awareness to avoid confrontations. Learn basic escape techniques to get out of a situation, if one occurs. Class time includes awareness discussions and practicing techniques.

Activity Code: 3RCE4501
(Section codes listed below)

MacDowell (Ages 7-13)..... JU01

Wed, Jan 19-Mar 8, 6:30PM- 7:30PM

\$18 Residents/\$27 Non-Residents

**Judo**

Judo or 'gentle way/technique' focuses on manipulating an opponent's force against him/her rather than confronting it with one's own force. Join us to learn about judo under personalized instruction that focuses on technique and tradition. Students Interested in continuing through the advanced level must demonstrate a high level of comfort with properly executed Judo falls and have instructor approval. USJA and USMA associated. Please wear clothes without buttons or metal. Class is combined with adult class.

Activity Code: 3RCE4503
(Section codes listed below)

MacDowell (Ages 7-17)..... JU01

(Beg.)

Mon, Jan 24-Mar 14, 6:30PM- 7:30PM

\$18 Residents/\$27 Non-Residents

MacDowell (Ages 7-17)..... JU02

(Adv.)

Mon, Jan 24-Mar 14, 7:45PM- 8:45PM

\$18 Residents/\$27 Non-Residents

DID YOU KNOW?

82% of U.S. adults say it's important that their local schools and park and recreation agencies partner to ensure equitable access to open spaces.

via nnpa.org/parkpulse

Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. Learn self-discipline, kicking and punching techniques, correct body positioning, and self-defense.

Activity Code: 3RCE4506
(Section codes listed below)

Beulah Brinton (Ages 6-17)..... BN03

(Beg. - White - Yellow Belts)
Mon/Wed/Fri, Jan 24-Mar 18, 4:00PM- 4:45PM
\$39 Residents/\$59 Non-Residents

Beulah Brinton (Ages 6-17)..... BN04

(Int./Adv. - Camo - Brown Belts)
Mon/Wed/Fri, Jan 24-Mar 18, 4:45PM- 5:30PM
\$39 Residents/\$59 Non-Residents

Beulah Brinton (Ages 6-17)..... BN05

(Adv. - Red/Black & Blacks Belts)
Mon/Wed/Fri, Jan 24-Mar 18, 5:30PM- 6:15PM
\$39 Residents/\$59 Non-Residents

Beulah Brinton (Ages 3-5)..... BN01

(Not eligible for reduced fees)
Sat, Jan 29-Mar 19, 8:00AM- 8:30AM
\$10 Residents/\$15 Non-Residents

Beulah Brinton (Ages 6-14)..... BN02

Sat, Jan 29-Mar 19, 8:30AM- 9:30AM
\$18 Residents/\$27 Non-Residents

Hamilton (Ages 6-14)..... HA01

(ADVANCED belt class only)
Mon/Wed, Jan 19-Mar 9, 5:30PM- 6:30PM
\$35 Residents/\$53 Non-Residents

Hamilton (Ages 6-14)..... HA02

(ADVANCED belt class only)
Mon/Wed, Jan 19-Mar 9, 6:45PM- 7:45PM
\$35 Residents/\$53 Non-Residents

MacDowell (Ages 6-17)..... JU01

(Beg. - White - Yellow Belts)
Tue/Thu, Jan 18-Mar 10, 6:00PM- 7:00PM
\$35 Residents/\$53 Non-Residents

Milwaukee Marshall (Ages 6-14)... MR05

(Beg., White, Orange, & Yellow Belts)
Sat, Jan 15-Mar 5, 9:00AM-10:00AM
\$18 Residents/\$27 Non-Residents

Milwaukee Marshall (Ages 6-14)... MR06

(Int./Adv., Camo-Red/Black Belts)
Sat, Jan 15-Mar 5, 11:10AM-12:10PM
\$18 Residents/\$27 Non-Residents

Milwaukee Marshall (Ages 6-14)... MR03

(Beg., White, Orange & Yellow Belts)
Sat, Jan 15-Mar 5, 10:05AM-11:05AM
\$18 Residents/\$27 Non-Residents

Milwaukee Marshall (Ages 6-14)... MR01

(Beg., White, Orange, & Yellow Belts)
Mon/Wed, Jan 19-Mar 14, 6:00PM- 7:00PM
\$35 Residents/\$53 Non-Residents

Milwaukee Marshall (Ages 9-17)... MR02

(Int./Adv., Camo-Red/Black Belts)
Mon/Wed, Jan 19-Mar 14, 7:05PM- 8:05PM
\$37 Residents/\$56 Non-Residents

Riverside (Ages 3-5)..... RS07

(Not eligible for reduced fees)
(Beg.)
Sat, Jan 15-Mar 5, 9:00AM- 9:30AM
\$10 Residents/\$15 Non-Residents

Riverside (Ages 3-5)..... RS08

(Not eligible for reduced fees)
(Int./Adv., Ara Belt & Higher)
Sat, Jan 15-Mar 5, 9:30AM-10:00AM
\$10 Residents/\$15 Non-Residents

Riverside (Ages 6-14)..... RS04

(Beg., White-Yellow Belt)
Sat, Jan 15-Mar 5, 10:15AM-11:00AM
\$14 Residents/\$21 Non-Residents

Riverside (Ages 6-14)..... RS05

(Int./Adv., Camo-Black Belt)
Sat, Jan 15-Mar 5, 11:00AM-11:45AM
\$14 Residents/\$21 Non-Residents

Riverside (Ages 6-14)..... RS01

(Beg., white-yellow belt)
Mon/Wed, Jan 24-Mar 16, 6:00PM- 6:45PM
\$61 Residents/\$92 Non-Residents

Riverside (Ages 6-14)..... RS09

(Beg., white-yellow belt)
Mon, Jan 24-Mar 14, 6:00PM- 6:45PM
\$32 Residents/\$48 Non-Residents

Riverside (Ages 6-14)..... RS03

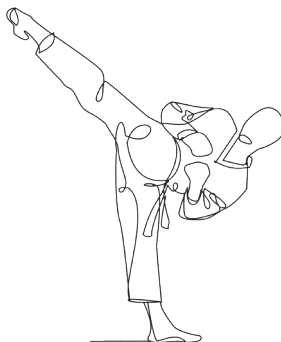
(Camo-Black Belts)
Mon, Jan 24-Mar 14, 6:45PM- 7:30PM
\$32 Residents/\$48 Non-Residents

Riverside (Ages 6-14)..... RS02

(Int./Adv., Camo-Red/Black Belts)
Mon/Wed, Jan 24-Mar 16, 6:45PM- 7:30PM
\$63 Residents/\$95 Non-Residents

Riverside (Ages 6-14)..... RS10

(Adv., Blue-Black Belts)
Mon/Wed, Jan 24-Mar 16, 7:30PM- 8:15PM
\$63 Residents/\$95 Non-Residents



SOCCER

Just for Kicks Soccer

Score the winning goal or make a diving save! Learn dribbling, trapping, and more through drills. Rules, strategy, and teamwork will be introduced.

Activity Code: 3RCE5901
(Section codes listed below)

Milwaukee Marshall (Ages 5-6)..... MR01

Sat, Jan 15-Mar 5, 9:00AM- 9:45AM
\$14 Residents/\$21 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR02

Sat, Jan 15-Mar 5, 11:50AM-12:35PM
\$18 Residents/\$36 Non-Residents

Mighty Mite Soccer

Quit kicking your brother or sister and kick a soccer ball instead! Learn the basics of soccer and how to play as part of a team. This class will teach dribbling, passing, and kicking. Take this opportunity to use the motor skills your child already has and focus them on an organized sport.

Activity Code: 3RCE5902
(Section codes listed below)

Milwaukee Marshall (Ages 3-4)..... MR01

(Not eligible for reduced fees)
Sat, Jan 15-Mar 5, 11:15AM-11:45AM
\$10 Residents/\$15 Non-Residents

B.I.G. Soccer

Soccer is great! Participants will continue to build on dribbling, heading, and trapping skills as well as develop some defense skills, all with an emphasis on FUN. Each skill will be taught thru drills that maximize repetition and learning.

Activity Code: 3RCE5903
(Section codes listed below)

Milwaukee Marshall (Ages 7-9)..... MR01

Sat, Jan 15-Mar 5, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR02

Sat, Jan 15-Mar 5, 12:45PM- 1:45PM
\$18 Residents/\$27 Non-Residents



TENNIS

Tennis

Tennis instruction will expose youth to backhand/forehand grips and strokes using the latest aerobic and physical fitness conditioning exercises. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Participants in intermediate and advance should have solid foundation in tennis and completed the beginner level. Participants need to bring their own rackets.

Activity Code: 3RCE6501
(Section codes listed below)

Milwaukee Marshall (Ages 4-6).....MR01
(Beg.)

Sat, Jan 15-Mar 5, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Milwaukee Marshall (Ages 6-12)...MR02
(Beg.)

Sat, Jan 15-Mar 5, 11:15AM-12:15PM
\$18 Residents/\$27 Non-Residents

Milwaukee Marshall (Ages 10-17).MR03
(Int./Adv.)

Sat, Jan 15-Mar 5, 12:30PM- 1:30PM
\$19 Residents/\$29 Non-Residents

MKE REC Tennis Lessons (Semi-Private)

MKE REC is offering a golden opportunity to learn tennis in a semi-private format. Participants will learn and/or improve upon the fundamental skills of ground strokes, footwork, volleying, serving, backhand/forehand grips, and the lob. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Participants will be encouraged to bring their own racquet, water bottle, and/or sweat towel if possible. All 50-minute clinic sessions will consist of a one (1) to three (3) participants. Call 414.475.8410 for more information.

Activity Code: 3RYS6507
(Section codes listed below)

Hi-Mount (Ages 9-11)HI01
(Grades 4th-5th)

Sat, Jan 22-Feb 26, 9:30AM-10:20AM
\$22 Residents/\$33 Non-Residents

Hi-Mount (Ages 9-11)HI02
(Grades 4th-5th)

Sat, Jan 22-Feb 26, 10:30AM-11:20AM
\$22 Residents/\$33 Non-Residents

Hi-Mount (Ages 11-14).....HI03
(Grades 6th-8th)

Sat, Jan 22-Feb 26, 11:30AM- 12:20PM
\$22 Residents/\$33 Non-Residents

Hi-Mount (Ages 11-14).....HI04
(Grades 4th-5th)

Sat, Jan 22-Feb 26, 12:30PM- 1:20PM
\$22 Residents/\$33 Non-Residents

VOLLEYBALL

Volleyball Academy

Learn the fundamentals necessary to play more than 'boom ball.' This includes passing, serving, individual defense, setting and hitting approaches. Develop correct footwork, body positioning, timing, ball tracking and coordinated teamwork. Basic strategy and rules of the sport will be taught.

Activity Code: 3RCE6801
(Section codes listed below)

Beulah Brinton (Ages 7-10)..... BN01

Wed, Jan 26-Mar 16, 4:00PM- 5:00PM
\$18 Residents/\$27 Non-Residents

Beulah Brinton (Ages 11-16)..... BN03

Wed, Jan 26-Mar 16, 5:00PM- 6:00PM
\$18 Residents/\$27 Non-Residents



An update from Milwaukee Recreation:

Participants competing in outdoor sports will not be required to wear a mask. For indoor sports, masks will not be required while participants are competing, but masks will be required while not competing.

Participants in Milwaukee Recreation's high-intensity aerobic activities are not required to wear masks if spaced in large gyms. Milwaukee Recreation staff will notify participants on site if they can be unmasked in the high-intensity aerobic activities.



Milwaukee Recreation is NOW HIRING!

Interested in joining Milwaukee Recreation? Apply for our part-time positions today! Milwaukee Recreation is now hiring for a variety of paid, part-time positions, including with our Youth Sports leagues. Visit mkerec.net/jobopenings for more information or scan the QR code.



Driver Education | General Information

Eligibility (Programs not eligible for reduced fees):

Students must be 15 by the first day of class and not older than 17.5 by the last day of class.

| MPS Drive | Community-Based Driver Education |
|--|--|
| Students must be currently enrolled in MPS. | Open to any student meeting age requirements. |
| Course fee is \$35.00 and includes the temporary permit fee. | City of Milwaukee residents: Course fee is \$150.00 Non-residents: Course fee is \$275.00 |
| Includes temporary permit fee. | Student must pay temporary permit fee at the DMV. |

In-Person Schedule:

- Classes will meet 3 days per week – Mondays, Wednesdays and Thursdays
- Classes meet 2 hours per session
- If you miss 3 classes, for any reason, you will be dropped from the program without a refund.

Online Class Schedule:

- Students must have internet access and either a computer, tablet or smartphone.
- There is no set schedule for coursework to be completed; students will work at their own pace.
- Students must complete the coursework in 90 days or less.

Mandatory Orientation:

- A video link will be emailed to parents prior to the start of class.
- Please watch the orientation video with your student driver.

Paperwork:

- The packet of paperwork will be handed out on the first day of class.
- If the student is enrolled in the online program, the paperwork will be included in the online content.

How to Register:

| MPS Drive | Community-Based Driver Education |
|--|---|
| Visit mkerec.net . | Visit mkerec.net . |
| Milwaukee Recreation has created student accounts. DO NOT CREATE A NEW ACCOUNT. | Login to your family account to register for program. |
| User Name: MPS Student ID (Only enter numbers) | |
| Password: Student Last Name (the first letter is capitalized) | |

MPS Drive

MPS Drive is a FREE driver education program for students meeting eligibility criteria that are currently enrolled in an MPS high school. The program serves students ready to begin driving as well as those with suspended driving privileges who need assistance with regaining driving eligibility.



Going places.

ACTIVITY CODE: 3UDE3001 (Section codes listed below)

IN-PERSON CLASS OPTIONS:

DATES: January 12, 2022 – February 17, 2022

| LOCATION | CLASS TIME | SECTION CODE |
|----------------|-----------------|--------------|
| Hamilton | 5:30PM - 7:30PM | HA01 |
| Madison | 5:30PM - 7:30PM | MA01 |
| MHSA | 4:15PM - 6:15PM | MH01 |
| MSL | 4:15PM - 6:15PM | ML01 |
| Obama SCTE | 5:30PM - 7:30PM | CT01 |
| Pulaski | 4:15PM - 6:15PM | PK01 |
| Reagan | 4:00PM - 6:00PM | TL01 |
| Riverside | 4:15PM - 6:15PM | RS01 |
| South Division | 5:30PM - 7:30PM | SD01 |
| Washington | 5:30PM - 7:30PM | WA01 |

DATES: March 7, 2022 – April 14, 2022

| LOCATION | CLASS TIME | SECTION CODE |
|----------------|-----------------|--------------|
| Hamilton | 5:30PM - 7:30PM | HA02 |
| Marshall | 5:30PM - 7:30PM | MR02 |
| MHSA | 4:15PM - 6:15PM | MH02 |
| Obama SCTE | 5:30PM - 7:30PM | CT02 |
| Pulaski | 4:15PM - 6:15PM | PK02 |
| Reagan | 4:00PM - 6:00PM | TL02 |
| Riverside | 4:15PM - 6:15PM | RS02 |
| South Division | 5:30PM - 7:30PM | SD02 |
| Vincent | 4:30PM - 6:30PM | VN02 |
| Washington | 5:30PM - 7:30PM | WA02 |

Online Class Option Winter 2022 (MPS DRIVE ONLY): In order to participate in the online class, students must have internet access and access to a computer, tablet or smartphone. **Start Date, January 12, 2022.**

Activity Code: 3UDE3001 DE10.

Restorative Program

The restorative program is geared towards students between the ages of 15 and 17 years old and who have suspended driving privileges. At no cost, students will be paired with a staff attorney at the Center for Driver's License Recovery and Employability to navigate the court process. Once driving privileges are restored, students will enroll in the MPS Drive classes. Questions? Call (414) 647-6044.

MPS Drive Program Sponsors



Educators
CREDIT UNION®



THE
AUTO CLUB GROUP
FOUNDATION

Achieving more together.

**Registration for Driver
Education begins on
Thursday, December 2 at
10:00am!**

To sign up, see page 2 • Centers are closed Dec. 24, 25 & 31 and Jan. 1 & 17 • Face coverings required indoors for ages 3 & up.

Community-Based Driver Education

Certified Classes for Teens | Classes Open to Residents & Non-Residents

The Community-Based Driver Education course includes 30 hours of classroom instruction, six (6) hours of driving, and six (6) hours of observation.

Activity Code: 3DRD3001 (Section codes listed below):

In-Person Class Options:

Dates: January 19, 2022 - March 2, 2022

| LOCATION | CLASS TIME | SECTION CODE |
|----------|-----------------|--------------|
| Marshall | 5:30PM - 7:30PM | MR03 |

Dates: March 14, 2022 - April 27, 2022

| LOCATION | CLASS TIME | SECTION CODE |
|----------|-----------------|--------------|
| Hamilton | 5:30PM - 7:30PM | HA04 |
| MSL | 5:30PM - 7:30PM | ML04 |

Online Class Option Winter 2022 (COMMUNITY-BASED ONLY): In order to participate in the online class, students must have internet access and access to a computer, tablet or smartphone.

Start Date, January 19, 2022. Activity Code: 3DRD3001 DE20.

*Milwaukee Recreation would like to thank
Gruber Law Offices, Educators Credit Union, and
Gabriel Roeder Smith & Company for their support
of the 2021 Run Back to School!*



Achieving more together.

GRS

Gabriel Roeder Smith & Company

MILWAUKEE RECREATION**FREE DROP-IN PROGRAM****TWILIGHT CENTERS**

Twilight Centers are safe places for teens to hang out with their friends and are open to students ages 12-18. See below for location hours.

| SCHOOL LOCATION | DAYS OPEN | HOURS | AGE |
|---|-------------------------------|------------------|---------|
| Andrew Douglas | Monday, Wednesday, and Friday | 5:00pm - 8:00pm | 10 – 15 |
| Bay View | Friday & Saturday | 5:30pm - 8:30pm | 10 – 15 |
| Madison, North Division, South Division, Pulaski, Washington, and Obama | Monday & Wednesday | 6:00pm - 9:00pm | 12 – 18 |
| | Saturday | 6:00pm - 10:00pm | |

⇒ **ESPORTS NOW AVAILABLE AT ANDREW DOUGLAS, MADISON, NORTH DIVISION, AND SOUTH DIVISION. PLAY NBA 2K, FIFA, MADDEN, ROCKET LEAGUE, AND MORE!** ⇐

PLEASE NOTE: Twilight hours subject to change. For up-to-date schedules and hours please visit mkerec.net/twilight

Participants are being asked to wear face masks during Twilight hours. Should you need a face mask, one will be provided for you. To enter, students must bring an ID. Non-MPS middle school students must submit a Twilight Center Registration Form signed by a parent/guardian. Please visit mkerec.net/twilight for more information and call (414) 475 - 8811 for more information. For program updates, text @twilghter to 81010.



OUTDOOR EDUCATION

Easter Egg Natural Dyes

Dye your Easter eggs naturally this year with colorful plants and fibers. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Eggs, dyes and decorating materials are provided.

Activity Code: 3P125002
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Sat, Apr 9, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

Friday Night Tales for Tots

This nature tale time includes a story, craft, and nature hike, or trip to our nature museum. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125004
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

("North Country Nights" by Daniel San Souci)
Fri, Jan 21, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG02

("Stranger in the Woods" by Carl R. Sams II & Jean Stoick)
Fri, Feb 18, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG03

("Lullaby for Eggs" by Betty Bridgman)
Fri, Mar 18, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

DID YOU KNOW?

Whether sitting on a park bench or walking local trails, **spending 20 to 30 minutes outside each day reduces stress levels.**

via nrpa.org/parkpulse



Slide & Glide - Learn How to Cross-Country Ski

Learn to ski at Hawthorn Glen. Classes consist of two 2-hour sessions and most of the time will be spent on the snow. Ski equipment is available for use if needed. Fees listed include both sessions. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125006
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG02

(Family Class)
Sat, Jan 15-Jan 22, 10:00AM-12:00PM
\$15 Residents/\$20 Non-Residents

Hawthorn Glen HG01

(Adult Class)
Sat, Jan 15-Jan 22, 1:00PM- 3:00PM
\$15 Residents/\$20 Non-Residents

Hawthorn Glen (Ages 6 & up) HG03

(Family Class)
Sat, Feb 19-Feb 26, 10:00AM-12:00PM
\$15 Residents/\$20 Non-Residents

Maple Sugaring

Explore Hawthorn Glen in search of Wisconsin's state tree, the sugar maple. Learn how to identify and tap a maple for sap (to boil into syrup). Learn the traditional way and modern way to create this valuable liquid food that once sustained the Native Americans and gives us tasty treats today. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Dress appropriately for an outdoor hike.

Activity Code: 3P125007
(Section codes listed below)

Hawthorn Glen (Ages 5 & up) HG01

Sat, Mar 19, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 5 & up) HG02

Sat, Mar 19, 1:00PM- 2:30PM
\$5 Residents/\$8 Non-Residents

Snowshoeing

The hottest thing in winter sports today is snowshoeing. It offers a great cardiovascular work-out for people of every age and fitness level, and it gives you instant access to the forest and the peace provided by nature. It's a low-impact sport, much simpler and safer than skiing. It's an activity kids, adults, and even seniors can do. If you can walk, you can snowshoe! At Hawthorn Glen, the trails are lit by our candle luminarias for our night hike. For Oak Ridge Farm, located in Dousman, information will be sent before the class. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Snowshoes are provided for participants and included in the cost.

Activity Code: 3P125009
(Section codes listed below)

Hawthorn Glen (Ages 9 & up) HG02

Sat, Feb 12, 6:00PM- 8:00PM
\$6 Residents/\$9 Non-Residents

Oak Ridge Farm (Ages 9 & up)..... OR01

Sat, Jan 29, 12:00PM- 2:00PM
\$6 Residents/\$9 Non-Residents

Winter Bird Feeding

Many of our birds that brave the cold winter depend upon dried fruits and seeds for food to survive our harshest season. Learn which birds stay in Wisconsin throughout the winter and what else they need to survive. Listen to recordings of bird calls and learn to identify some of our feathered friends by the songs they sing, and even make your own feeder and other simple and fun hanging bird buffets to help our feathered friends during this chilly time. Parent/guardian must register, pay and attend with a child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125011
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Sat, Feb 5, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

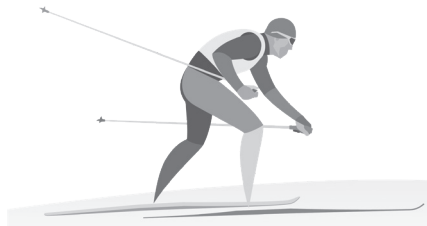
Winter Tracks

Find out who has been leaving their footprints in the snow. This winter, join our naturalists for an enjoyable animal-tracking slide show before going outdoors to look for animal tracks on the nature trails. Pick your favorite animal footprint and make a plaster cast to take home. Snow conditions helpful, but not necessary. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125012
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Sat, Jan 8, 9:30AM-11:00AM
\$5 Residents/\$8 Non-Residents



Cross Country Ski Rental at Hawthorn Glen

When snow conditions permit, come to Hawthorn Glen to rent our cross-country skis (boots, skis, and poles provided). A Wisconsin state I.D. or driver's license must be used as a deposit. No reservations taken, just show up. Equipment is available on a first come, first served basis. The equipment may not leave Hawthorn Glen. Hawthorn Glen will determine snow conditions at the facility, please call 414.777.7888 for more information. Instruction not included. Parent/guardian must register, pay, and attend with a child. Fee is per rental. Fees are non-refundable. On-line registration is not available, just show up!

Hawthorn Glen (Ages 6 & up) HG01

Sun, Jan 2-Feb 27, 11:00AM- 4:00PM
\$5 Residents/\$8 Non-Residents

Marvelous Messy Mud

Let's face it; we all love to play in the mud. Join our naturalist for a morning of messy fun. We might also discover the creatures that call mud their home. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125022
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Sat, Apr 2, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

Nature Watercolor Painting

In this beginner level class we will use nature as our inspiration to create beautiful works of art. This class will introduce the basics of watercolor painting and focus on color mixing, brush work skills, drawing and creating depth. Supplies will be provided. Class fee is non-refundable.

Activity Code: 3P125068
(Section codes listed below)

Hawthorn Glen (12-99) HG02

Sat, Mar 5, 10:00AM-12:00PM
\$6 Residents/\$9 Non-Residents

Hawthorn Glen

Winter Wonder Woods

December 10, 11, 17 & 18 • 5:00–8:30 p.m. • 1130 North 60th Street

See Milwaukee Recreation's Hawthorn Glen in a new light as you walk through the woods and past displays that are twinkling with over 25,000 lights! \$4/Person (Children 2 and under free)

COME EXPERIENCE WINTER WONDER WOODS

25,000 Lights on Display

Selfie Station

Hiking Santa

Fun Facts Along The Trail

Warm Drinks & Sweet Treats

Register online at mkerec.net
(Activity code: 3P125082)

Please Note: Warm drinks & sweet treat concession is cash only. Parking is extremely limited in both the Hawthorn Glen parking lot, and on the street. Street parking is not permitted on 60th St. Carpooling and ride-sharing is greatly appreciated!

A department of MPS

Toboggan Rentals

Are you looking for fun way to enjoy the outdoors with your family? Rent one of our toboggans and slide down our kid friendly berm. A Wisconsin Driver's license must be used as a deposit. No reservations taken, just show up! Our limited equipment will be rented on a first come, first served basis. Hawthorn Glen will determine snow conditions so calling ahead of time is recommended (414.777.7888). An adult must register, pay and attend with a child. Fee is per hour. On-site registration only. Rentals are not available on January 15 or 22.

Hawthorn Glen (Ages 3 & up) HG01

Sat, Jan 1-Feb 26, 11:00AM- 3:00PM
\$3 Residents/\$3 Non-Residents



Snow Art

Are you looking for an activity to do with the kids on their day off school? Hawthorn Glen is the place to be! Kids can enjoy making their own colorful art creations in the snow. We will provide the paint and supplies, and mother nature will hopefully provide the large outdoor canvas. Please note that paint bottles may be rented any time between 1-3PM and must be returned after use. Parent/guardian must register, pay, and attend with a child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125083
(Section codes listed below)

Hawthorn Glen (Ages 4 & up) HG01

Mon, Jan 3, 1:00PM- 3:00PM
\$2 Residents/\$2 Non-Residents

Hawthorn Glen (Ages 4 & up) HG02

Mon, Jan 17, 1:00PM- 3:00PM
\$2 Residents/\$2 Non-Residents

Hawthorn Glen (Ages 4 & up) HG03

Mon, Feb 14, 1:00PM- 3:00PM
\$2 Residents/\$2 Non-Residents



Spring Ahead

The changing of the clocks is just one of the many seasonal changes. Immerse yourself in nature at Hawthorn Glen as we walk and watch for early migrating birds and other signs that spring is almost upon us. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125090
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Sat, Mar 12, 10:30AM-12:00PM
\$5 Residents/\$8 Non-Residents

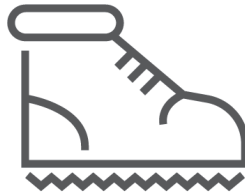
First Day Hike

Ring in the New Year and burn off some holiday calories in the great outdoors. Walk Hawthorn Glen in the quiet of winter with our naturalist and start 2022 on a natural note. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125091
(Section codes listed below)

Hawthorn Glen (Ages 8 & up) HG01

Sat, Jan 1, 1:00PM- 2:00PM
\$4 Residents/\$6 Non-Residents



Search for Spring

The vernal equinox was 3/20 but where are the signs of Spring? Join our naturalist for a walk-through Hawthorn Glen searching for signs of Spring, like emerging buds and blossoms. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125092
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Sat, Mar 26, 1:00PM- 3:00PM
\$6 Residents/\$9 Non-Residents

SPACE SCIENCE

Visit Milwaukee's Stars

Clear skies and long nights make winter a great time for star-gazing in Milwaukee. Learn how to locate the winter constellations: Leo, Virgo & Bootes. Behold the twinkle of the distant suns: Regulus, Spica and Arcturus; and the visible planets: Mercury, Venus, Mars, Neptune and Saturn. This Program is geared toward children, but can be enjoyed by adults. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P126002
(Section codes listed below)

Hamilton (Ages 6 & up) HA01

Tue, Feb 8, 6:30PM- 7:45PM
\$4 Residents/\$6 Non-Residents

The Color of Stars

Winter's bright stars give us an opportunity to observe star colors in our night sky. What do the colors tell us about the stars we see? And why are there no purple or green stars? Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P126028
(Section codes listed below)

Hamilton (Ages 6 & up) HA01

Thu, Jan 27, 6:30PM- 7:45PM
\$4 Residents/\$6 Non-Residents

Beginner's Guide to the Galaxy

Tour our galaxy from the comfort of the planetarium. Our presenter will be your guide to our own Milky Way Galaxy. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P126029
(Section codes listed below)

Hamilton (Ages 6 & up) HA01

Tue, Mar 8, 6:30PM- 7:45PM
\$4 Residents/\$6 Non-Residents



FUN THINGS TO DO ON YOUR DAY OFF OF SCHOOL!

First Day Hike

January 1
1:00pm - 2:00pm
Activity Code: 3P125091 (HG01)
Cost: \$4 residents/\$6 non-residents

Snow Art at Hawthorn Glen

January 3, January 17 & February 14
1:00pm - 3:00pm
Please register in advance!
Activity Code: 3P125083 (HG01,
HG02, HG03)

Toboggan Rentals at Hawthorn Glen

January 3, January 17 & February 14
1:00pm - 3:00pm
*Please register in advance
(on-site registration only)!*
Cost: \$3/hour

HAWTHORN GLEN RENTALS

Hawthorn Glen is a perfect place to host a small gathering. Reserve your next birthday party, shower, family event or meeting space with us (reservations begin in March)!

- Assembly Room (indoor), maximum 65 people
- Picnic Area #1, maximum 112 people
- Picnic Area #2, maximum 75 people

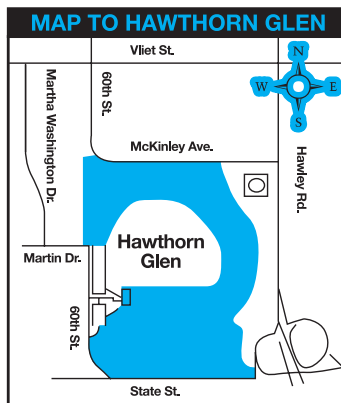
Due to COVID-19 safety measures, gathering numbers and protocol may be affected. Please contact our office for current guidelines.

For reservations or more information, call the Outdoor Education Office at 414.647.6050.

Additional information is available at:
mkerec.net/Hawthorn-Glen



THE LITTLE NATURE MUSEUM AT HAWTHORN GLEN



LOCATED AT 1130 NORTH 60TH ST.
HOURS: Mon-Fri 4 PM-5 PM, Sat &
Sun 11 AM-12 PM and 3 PM-4 PM

Attendance is **FREE!**

Come visit our Little Nature Museum & see animals native to Wisconsin, including tree frogs, several species of turtles & snakes, and many birds, even a hawk.



Cross Country Ski Rentals

Sundays this winter at
Hawthorn Glen
See page 22 for details!

AQUATICS COVID-19 PROTOCOLS

- Face coverings are required inside the facility, in locker rooms, and on the pool deck. You will be issued a sanitized kick board to rest your face covering at the side of the pool as you enjoy your swim activity.
- Temperature checks prior to entry to the pool area may be required. If a patrons temperature is at or above 100 degrees Fahrenheit, they would not be allowed to participate in aquatic activities that day and would have a credit applied to their account for that missed class.
- Enter directly onto pool deck. **Do not enter via locker room.** Your instructor/coach will direct you to locker room once it is sanitized. To save time, arrive with your swimwear on.
- Please do not use the lockers. There will be designated spaces on benches in the pool area to place your personal belongings, including gym bags, towels, etc.
- Bring your own drinking bottle. Reminder: no glass on pool deck.
- In the locker room, one bench per person or one bench per household. If you are from the same household, you may share a bench.
- Limit your post-swim locker room time to 15 minutes. Exit the facility through the locker room doors.
- Flip flops or appropriate swim footwear highly recommended.
- A responsible person, age 16 or older must enter the pool with every child enrolled in Tot, Adv. Tot, Little Lv. 1, Little Lv. 2, Level 1 and Level 2.
- One spectator will be allowed on pool deck per swimmer on weeks 1, 4, and 8.

Protocols are subject to change. Thank you for your cooperation and understanding!

GENERAL SWIM INFORMATION

What to Bring to — Swimsuit, towel, and swim cap. Swim caps must be worn by all individuals entering the pool. Swim caps may be purchased at the recreation office for \$2. Please report 10 minutes before class starts.

Height Requirements (Ages 6-14) — Students must meet the listed minimum height for each pool. Most pools have a 48" height requirement. For youth who are 42"-48" a six-inch booster step may be available. Children not able to comfortably stand in the shallow end of the pool (with or without a booster step) should be enrolled in an Infant, Lil' Squirts, Tiny-Tot or Advanced Tiny-Tot class where a parent/guardian must accompany the child in the water.

Water Temperature — Normal water temperature is 78-82° F. The only exceptions are Gaenslen Elementary and Marshall therapy pools which range 86-89° F.

Locker Rooms — Participants may bring a padlock for lockers. All swim gear must be removed after each class. Children five years of age or under may accompany their parent/guardian in the locker room. Children ages six and up should use the locker rooms that correspond to their gender identity. For additional locker room information, please see the Aquatics COVID-19 Protocols below.

Pre-Testing — A pre-test is given to swimmers in levels 2-6 on the first day of class to ensure that the swimmer is in the appropriate level. Instructors reserve the right to recommend alternate classes for those students unable to complete pre-tests.

Testing — Testing of swim skills learned generally occurs during the second to last lesson, and last lesson. Parents/caregivers will be given certificates on the last day indicating which level to enroll in next.

Infant and Tiny-Tot Requirements — Diapers: Regular disposable diapers are not permitted as they disintegrate in the pool. Either disposable "Little swimmers" or reusable swim diapers are required.

Parent Attendance — Parents/caregivers must accompany their children in the water for all Tiny-Tot, Adv. Tiny-Tot, Lil. Lv 1, Lil. Lv 2, Level 1, and Level 2 classes.

Second Child in Class — If a parent/caregiver has more than one child enrolled in Tiny-Tot or Advanced Tiny-Tot classes, the second child must be accompanied by a responsible person 16 years of age or older.

Make-up Policy — Milwaukee Recreation works diligently to ensure that our pools stay in working operation to offer consistency in our programs. In the event that more than one class is cancelled due to circumstances we cannot control, we will work to make-up the missed class at a later date. When a make-up date is unavailable, credits for the missed class will be applied to your Milwaukee Recreation account.

\$5 SWIM CLASSES

As the American Red Cross celebrates its Centennial SWIM campaign, **Milwaukee Recreation and the Red Cross have partnered to offer \$5 swim classes at three locations across Milwaukee: Madison HS, Milwaukee HS of the Arts, and North Division HS.** These locations will offer \$5 swim opportunities for youth, adults, and families both residents and non-residents. Registration begins on December 7.

Family Swim: Children ages 10 and up with their parent/caregiver can all learn to swim together! Make it a family affair and come learn all the basics of swimming at a pool near you. Up to 3 children per adult in the class. Each family member should enroll and pay the course fee.

American Red Cross



MILWAUKEE HS OF THE ARTS

Monday, Jan 24 - Mar 14

| Class# | Level | Start Time | End Time | Price |
|------------------------|-------|------------|----------|-------|
| #3RAQ10574-MH03 Tot | | 5:00PM | 5:30PM | \$5 |
| #3RAQ10501-MH01 LV 1 | | 5:45PM | 6:35PM | \$5 |
| #3RAQ10533-MH03 Family | | 6:50PM | 7:50PM | \$5 |

Tuesday, Jan 18 - Mar 8

| Class# | Level | Start Time | End Time | Price |
|----------------------|-------|------------|----------|-------|
| #3RAQ10501-MH01 LV 1 | | 5:00PM | 5:50PM | \$5 |
| #3RAQ10574-MH01 Tot | | 6:05PM | 6:35PM | \$5 |
| #3RAQ10502-MH01 LV 2 | | 6:50PM | 7:50PM | \$5 |

Wednesday, Jan 19 - Mar 9

| Class# | Level | Start Time | End Time | Price |
|------------------------|-------|------------|----------|-------|
| #3RAQ10574-MH02 Tot | | 5:00PM | 5:30PM | \$5 |
| #3RAQ10503-MH01 LV 3 | | 5:45PM | 6:35PM | \$5 |
| #3RAQ10533-MH02 Family | | 6:50PM | 7:50PM | \$5 |

Thursday, Jan 20 - Mar 10

| Class# | Level | Start Time | End Time | Price |
|-----------------------|-------|------------|----------|-------|
| #3RAQ10502-MH02 LV 2 | | 5:00PM | 5:50PM | \$5 |
| #3RAQ10574-MH04 Tot | | 6:00PM | 6:30PM | \$5 |
| #3RAQ10504-MH01 Adult | | 6:40PM | 7:40PM | \$5 |

Saturday, Jan 22 - Mar 12

| Class# | Level | Start Time | End Time | Price |
|------------------------|-------|------------|----------|-------|
| #3RAQ10574-MH05 LV 5 | | 8:30AM | 9:00AM | \$5 |
| #3RAQ10533-MH01 Family | | 9:15AM | 10:15AM | \$5 |
| #3RAQ10503-MH02 LV 3 | | 10:30AM | 11:20AM | \$5 |
| #3RAQ10502-MH03 LV 2 | | 12:15PM | 12:55PM | \$5 |
| #3RAQ10501-MH04 LV 1 | | 1:15PM | 2:05PM | \$5 |
| #3RAQ10501-MH02 LV 1 | | 2:20PM | 3:10PM | \$5 |

NORTH DIVISION HS

Monday, Jan 24 - Mar 14

| Class# | Level | Start Time | End Time | Price |
|-----------------------|-------|------------|----------|-------|
| #3RAQ10574-ND03 Tot | | 5:40PM | 6:10PM | \$5 |
| #3RAQ10574-ND01 Tot | | 5:40PM | 6:10PM | \$5 |
| #3RAQ10501-ND01 LV 1 | | 6:20PM | 7:10PM | \$5 |
| #3RAQ10504-ND03 Adult | | 7:20PM | 8:20PM | \$5 |

Tuesday, Jan 18 - Mar 8

| Class# | Level | Start Time | End Time | Price |
|-----------------------|-------|------------|----------|-------|
| #3RAQ10574-ND04 Tot | | 5:40PM | 6:10PM | \$5 |
| #3RAQ10502-ND01 LV 2 | | 6:20PM | 7:10PM | \$5 |
| #3RAQ10504-ND01 Adult | | 7:20PM | 8:20PM | \$5 |

Wednesday, Jan 19 - Mar 9

| Class# | Level | Start Time | End Time | Price |
|-----------------------|-------|------------|----------|-------|
| #3RAQ10574-ND02 Tot | | 5:40PM | 6:10PM | \$5 |
| #3RAQ10503-ND01 LV 3 | | 6:20PM | 7:10PM | \$5 |
| #3RAQ10504-ND02 Adult | | 7:20PM | 8:20PM | \$5 |

Saturday, Jan 22 - Mar 12

| Class# | Level | Start Time | End Time | Price |
|-----------------------|-------|------------|----------|-------|
| #3RAQ10574-ND05 Tot | | 8:00AM | 8:30AM | \$5 |
| #3RAQ10501-ND02 LV 1 | | 8:40AM | 9:30AM | \$5 |
| #3RAQ10502-ND02 LV 2 | | 9:45AM | 10:35AM | \$5 |
| #3RAQ10503-ND02 LV 3 | | 10:50AM | 11:40AM | \$5 |
| #3RAQ10504-ND04 Adult | | 12:30PM | 1:30PM | \$5 |
| #3RAQ10501-ND03 LV 1 | | 1:45PM | 2:35PM | \$5 |
| #3RAQ10502-ND03 LV 2 | | 2:50PM | 3:40PM | \$5 |

MADISON HS

Monday, Jan 24 - Mar 14

| Class# | Level | Start Time | End Time | Price |
|------------------------|-------|------------|----------|-------|
| #3RAQ10574-MA01Tot | | 5:00PM | 5:30PM | \$5 |
| #3RAQ10501-MA01 LV 1 | | 5:45PM | 6:35PM | \$5 |
| #3RAQ10533-MA01 Family | | 6:50PM | 7:50PM | \$5 |

Tuesday, Jan 18 - Mar 8

| Class# | Level | Start Time | End Time | Price |
|----------------------|-------|------------|----------|-------|
| #3RAQ10501-MA02 LV 1 | | 5:00PM | 5:50PM | \$5 |
| #3RAQ10574-MA02 Tot | | 6:05PM | 6:35PM | \$5 |
| #3RAQ10502-MA01 LV 2 | | 6:50PM | 7:40PM | \$5 |

Wednesday, Jan 19 - Mar 9

| Class# | Level | Start Time | End Time | Price |
|-----------------------|-------|------------|----------|-------|
| #3RAQ10574-MA03 Tot | | 5:00PM | 5:30PM | \$5 |
| #3RAQ10503-MA02 LV 3 | | 5:45PM | 6:35PM | \$5 |
| #3RAQ10504-MA01 Adult | | 6:50PM | 7:50PM | \$5 |

Thursday, Jan 20 - Mar 10

| Class# | Level | Start Time | End Time | Price |
|-----------------------|-------|------------|----------|-------|
| #3RAQ10502-MA03 LV2 | | 5:00PM | 5:50PM | \$5 |
| #3RAQ10574-MA04 Tot | | 6:05PM | 6:35PM | \$5 |
| #3RAQ10504-MA02 Adult | | 6:50PM | 7:50PM | \$5 |

Saturday, Jan 22 - Mar 12

| Class# | Level | Start Time | End Time | Price |
|------------------------|-------|------------|----------|-------|
| #3RAQ10574-MA05 Tot | | 8:30AM | 9:00AM | \$5 |
| #3RAQ10501-MA03 LV 1 | | 9:15AM | 10:05AM | \$5 |
| #3RAQ10503-MA01 LV 3 | | 10:20AM | 11:10AM | \$5 |
| #3RAQ10502-MA02 LV 2 | | 12:15PM | 1:05PM | \$5 |
| #3RAQ10501-MA04 LV 1 | | 1:15PM | 2:05PM | \$5 |
| #3RAQ10533-MA02 Family | | 2:20PM | 3:10PM | \$5 |

To sign up, see page 2 • Centers are closed Dec. 24, 25 & 31 and Jan. 1 & 17 • Face coverings required indoors for ages 3 & up.

GENERAL SWIM CLASSES

HAMILTON HS

Monday, Jan 24 - Mar 14

| Class# | Level | Start Time | End Time | Price |
|----------------|----------|------------|----------|-------|
| #3RAQ7403-HA02 | Tiny Tot | 5:45PM | 6:15PM | \$32 |
| #3RAQ0501-HA03 | Level 1 | 6:30PM | 7:20PM | \$36 |

Wednesday, Jan 19 - Mar 9

| Class# | Level | Start Time | End Time | Price |
|----------------|---------------|------------|----------|-------|
| #3RAQ7401-HA02 | Infant | 5:45PM | 6:15PM | \$32 |
| #3RAQ7404-HA01 | Adv. Tiny Tot | 6:25PM | 7:10PM | \$36 |
| #3RAQ0501-HA01 | Level 1 | 6:30PM | 7:20PM | \$36 |

Thursday, Jan 20 - Mar 10

| Class# | Level | Start Time | End Time | Price |
|----------------|---------|------------|----------|-------|
| #3RAQ0502-HA01 | Level 2 | 5:45PM | 6:35PM | \$36 |
| #3RAQ0503-HA04 | Level 3 | 6:50PM | 7:40PM | \$36 |

Saturday, Jan 22 - Mar 12

| Class# | Level | Start Time | End Time | Price |
|----------------|---------------|------------|----------|-------|
| #3RAQ7404-HA02 | Adv. Tiny Tot | 8:00AM | 8:45AM | \$36 |
| #3RAQ0511-HA02 | Lt. Level 1 | 9:05AM | 9:50AM | \$36 |
| #3RAQ7402-HA01 | Lil' Squirts | 10:00AM | 10:30AM | \$32 |
| #3RAQ0501-HA02 | Level 1 | 10:40AM | 11:30AM | \$36 |
| #3RAQ0503-HA03 | Level 3 | 12:30PM | 1:20PM | \$36 |
| #3RAQ0502-HA03 | Level 2 | 1:30PM | 2:20PM | \$36 |
| #3RAQ0501-HA04 | Level 4 | 2:30PM | 3:20PM | \$36 |

MARSHALL HS

Monday, Jan 24 - Mar 14

| Class# | Level | Start Time | End Time | Price |
|----------------|---------------|------------|----------|-------|
| #3RAQ7404-MR02 | Adv. Tiny Tot | 6:00PM | 6:45PM | \$36 |
| #3RAQ0503-MR02 | Level 3 | 7:00PM | 7:50PM | \$36 |

Tuesday, Jan 18 - Mar 8

| Class# | Level | Start Time | End Time | Price |
|----------------|---------|------------|----------|-------|
| #3RAQ0502-MR02 | Level 2 | 6:00PM | 6:50PM | \$36 |

Wednesday, Jan 19 - Mar 9

| Class# | Level | Start Time | End Time | Price |
|----------------|--------------|------------|----------|-------|
| #3RAQ7402-MR01 | Lil' Squirts | 5:00PM | 5:30PM | \$32 |
| #3RAQ0501-MR03 | Level 1 | 5:45PM | 6:35PM | \$36 |

Thursday, Jan 20 - Mar 10

| Class# | Level | Start Time | End Time | Price |
|----------------|-------------|------------|----------|-------|
| #3RAQ7403-MR02 | Tiny Tot | 5:30PM | 6:00PM | \$32 |
| #3RAQ7401-MR02 | Infant | 5:40PM | 6:10PM | \$32 |
| #3RAQ0511-MR01 | Lt. Level 1 | 6:20PM | 7:05PM | \$36 |

Saturday, Jan 22 - Mar 12

| Class# | Level | Start Time | End Time | Price |
|----------------|---------|------------|----------|-------|
| #3RAQ7401-MR01 | Infant | 9:40AM | 10:10AM | \$32 |
| #3RAQ0501-MR01 | Level 1 | 10:20AM | 11:30AM | \$36 |
| #3RAQ0502-MR01 | Level 2 | 12:30PM | 1:20PM | \$36 |
| #3RAQ0503-MR01 | Level 3 | 1:30PM | 2:20PM | \$36 |
| #3RAQ0504-MR01 | Level 4 | 2:30PM | 3:20PM | \$36 |

PULASKI HS

Saturday, Jan 22 - Mar 12

| Class# | Level | Start Time | End Time | Price |
|----------------|---------|------------|----------|-------|
| #3RAQ0503-PK01 | Level 3 | 9:40AM | 10:30AM | \$36 |
| #3RAQ0504-PK01 | Level 4 | 10:40AM | 11:30AM | \$36 |
| #3RAQ0505-PK01 | Level 5 | 12:15PM | 1:05PM | \$36 |

RIVERSIDE HS

Saturday, Jan 22 - Mar 12

| Class# | Level | Start Time | End Time | Price |
|----------------|---------|------------|----------|-------|
| #3RAQ0503-RS01 | Level 3 | 12:30PM | 1:20PM | \$36 |
| #3RAQ0506-PK01 | Level 6 | 1:15PM | 2:05PM | \$36 |
| #3RAQ0505-RS01 | Level 5 | 2:30PM | 3:20PM | \$36 |

SOUTH DIVISION HS

Tuesday, Jan 18 - Mar 8

| Class# | Level | Start Time | End Time | Price |
|----------------|--------------|------------|----------|-------|
| #3RAQ7401-SD01 | Infant | 6:10PM | 6:40PM | \$32 |
| #3RAQ7402-SD01 | Lil' Squirts | 6:55PM | 7:25PM | \$32 |

Thursday, Jan 20 - Mar 10

| Class# | Level | Start Time | End Time | Price |
|----------------|---------|------------|----------|-------|
| #3RAQ0501-SD01 | Level 1 | 6:15PM | 7:05PM | \$36 |

Saturday, Jan 22 - Mar 12

| Class# | Level | Start Time | End Time | Price |
|----------------|---------------|------------|----------|-------|
| #3RAQ0512-SD01 | Lt. Level 2 | 8:30AM | 9:15AM | \$36 |
| #3RAQ7403-SD01 | Tiny Tot | 9:30AM | 10:00AM | \$32 |
| #3RAQ7404-SD01 | Adv. Tiny Tot | 10:15AM | 11:00AM | \$36 |
| #3RAQ0502-SD02 | Level 2 | 1:00PM | 1:50PM | \$36 |
| #3RAQ0503-SD02 | Level 3 | 2:05PM | 2:55PM | \$36 |
| #3RAQ7402-SD02 | Lil' Squirts | 2:25PM | 2:55PM | \$32 |
| #3RAQ0511-SD01 | Lit. Level 1 | 3:00PM | 3:45PM | \$36 |
| #3RAQ0501-SD02 | Level 1 | 3:10PM | 4:00PM | \$36 |

Please note, swim classes listed above are a different price than the \$5 swim classes on the previous page.

Guidelines from the American Red Cross. Please read to choose the appropriate swim level for your child(ren).

| Level | Requirements | Course Description |
|---|--|---|
| Infant | Ages 6 mos. to 18 mos. An adult must accompany the child in the water. Swim diapers required. No swim caps required. | The infant program introduces the child to water in a friendly environment. The program's focus is exploration and includes songs and games. Parents will gain tips in water safety for their infants. |
| Lil' Squirt | Ages 18 mos. to 36 mos. An adult must accompany the child in the water. Swim diapers and swim caps required | Lil' Squirt swim lessons acquaint the child with water through a combination of songs, games and basic water skills such as kicking and floating. Water safety practices will also be included. |
| Tiny-Tot | Ages 3-4 yrs. Previous pool experience NOT necessary. An adult must accompany the child in the water. Swim diapers recommended. Swim caps required | Tiny-tots build elementary aquatic skills including independent floating, breath control and rudimentary paddling techniques. Safety skills include "breaking" the over-confident toddler to allow your child to realize what it takes to swim independently in water. |
| Advanced Tiny-Tot | Ages 4-5 yrs. Previous enrollment in Tiny-Tots OR ability to submerge entire body and kick across pool with a flotation device. An adult must accompany the child in the water. | Participants are introduced to elementary swimming skills such as kicking in a variety of ways, floating, and rhythmic breathing. This course serves as an appropriate transition to Level One. Parents will elaborate on safety skills, including swimming with their tot in tow. |
| Little Lv. 1 OR Little Lv. 2 | Ages 4-6 yrs. Previous enrollment in Advanced Tots OR ability to submerge entire body and kick across pool with a kick board. <i>Due to COVID-19 protocol, an adult must accompany the child in the water.</i> | In the Lil' Level 1/2 classes, the same elementary aquatic skills from Level One/Two are taught (see descriptions below.) In addition to meeting minimum 42" height requirement, your youngster should be able to be in class without you for the 45 minute class period. Instructors will advise promotion options based on age & skill. |
| Level One Water Exploration | Ages 6-14 yrs. None (Please see the height requirements noted under each swim location). <i>Due to COVID-19 protocol, an adult must accompany the child in the water.</i> | In Level 1, elementary aquatic skills are taught, which children will build on as they progress through the six Learn-to-Swim levels. In addition to rhythmic breathing and floating, skills include various kicks and arm strokes. At this level, children also start to develop positive attitudes and safe practices around the water. |
| Level Two Fundamental Aquatic Skills | Ages 6-14 yrs. Passed Level 1 or can demonstrate completion of all requirements in Level 1. <i>Due to COVID-19 protocol, an adult must accompany the child in the water.</i> | The objective of Level 2 is to give children success with fundamental skills. Children learn: floating without support and recovering to a vertical position, exploring simultaneous and alternating arm and leg motion to lay the foundations for future strokes. An introduction to deep water is included in this course. |
| Level Three Stroke Development | Ages 6-14 yrs. Passed Level 2 or can demonstrate completion of all requirements in Level 2. | Level 3 builds on the skills learned in Level 2 by providing additional guided practice. Children learn: coordinating the front crawl, elementary backstroke, fundamentals of treading water, rules for head first entries and additional safety skills. Most importantly, children who successfully complete this course will be ready to swim in deep water |
| Level Four Stroke Improvement | Ages 6-15 yrs. Passed Level 3 or can demonstrate all Level 3 requirements. Students MUST be comfortable in deep water. | The objective of Level 4 is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Children learn: improved skills and increased endurance in the familiar strokes (front/back crawl), and are introduced to the elementary backstroke, breaststroke, sidestroke, and butterfly. |
| Level Five Advanced Strokes | Ages 6-15 yrs. Passed Level 4 or can demonstrate completion of all requirements in Level 4. | The objective of Level 5 is to coordinate the strokes that were introduced in 4. Students will put together the mechanics for elementary backstroke, breaststroke, sidestroke and butterfly. Underwater swimming & surface dives will also be included. |
| Level Six Stroke Refinement | Ages 6-16 yrs. Passed Level 5 or can demonstrate completion of all requirements in Level 5. | Level 6 refines all 6 strokes. Children learn: advanced techniques in all strokes (front/back crawl, butterfly, breaststroke, elementary backstroke, sidestroke) and will increase their distance endurance. Flip turns at the wall and improved diving skills will provide the student with the essentials to pursue swimming as a sport. |

ADULT SWIM

Adult Swim Lessons

If you are a beginning swimmer, this class will orient you to swimming essentials so you will feel comfortable in and around water. You will learn basic swim strokes and water safety techniques. Intermediate swimmers will work on refining swimming strokes. Swimming caps are required and are available at the pools for \$2.

Activity Code: 3RAQ0401
(Section codes listed below)

Hamilton (Ages 17 & up) HA01

Wed, Jan 19-Mar 9, 7:30PM- 8:30PM
\$36 Residents/\$48 Non-Residents

Milwaukee Marshall (Ages 17 & up)... MR01

Tue, Jan 18-Mar 8, 7:00PM- 8:00PM
\$36 Residents/\$48 Non-Residents

Milwaukee Marshall (Ages 17 & up).... MR02

Wed, Jan 19-Mar 9, 6:45PM- 7:45PM
\$36 Residents/\$48 Non-Residents

Milwaukee Marshall (Ages 17 & up)... MR03

Sat, Jan 22-Mar 12, 8:30AM- 9:30AM
\$36 Residents/\$48 Non-Residents

Pulaski (Ages 17 & up).....PK01

Sat, Jan 22-Mar 12, 2:15PM- 3:15PM
\$36 Residents/\$48 Non-Residents

Riverside (Ages 17 & up)..... RS01

(No class Feb. 2)
Sat, Jan 22-Mar 12, 10:30AM-11:30AM
\$36 Residents/\$48 Non-Residents

South Division (Ages 17 & up).....SD04

Tue, Jan 18-Mar 8, 7:35PM- 8:35PM
\$36 Residents/\$48 Non-Residents

South Division (Ages 17 & up).....SD01

Thu, Jan 20-Mar 10, 7:20PM- 8:20PM
\$36 Residents/\$48 Non-Residents

South Division (Ages 17 & up).....SD02

Sat, Jan 22-Mar 12, 8:40AM- 9:40AM
\$36 Residents/\$48 Non-Residents

South Division (Ages 17 & up).....SD03

Sat, Jan 22-Mar 12, 9:50AM-10:50AM
\$36 Residents/\$48 Non-Residents



AQUA FITNESS

Aqua Boot Camp

Make your muscles burn so that your metabolic engine will stay lit, scorching calories long after your swimsuit has dried. A powerful class for men and women, you will need to bring hand-held weights between 3-5 pounds and a water bottle to stay hydrated. Water shoes recommended. Training tactics may not be appropriate for beginning exercisers, persons with special needs or those who wish not to get their hair wet.

Activity Code: 3RAQ0301
(Section codes listed below)

Riverside RS01

Sat, Jan 22-Mar 12, 9:05AM-10:25AM
\$36 Residents/\$54 Non-Residents

Aqua Zumba®

The hottest fitness craze hits the cool water in the pool. Plan to have so much fun in this latin-themed pool party that you'll never miss the calories you leave behind. Water shoes recommended. Please bring a water bottle.

Activity Code: 3RAQ0302
(Section codes listed below)

South DivisionSD01

Sat, Jan 22-Mar 12, 11:10AM-12:10PM
\$36 Residents/\$54 Non-Residents



Cardio Splash

Converting fat into lean muscle as you work against the powerful resistance of water is only the beginning of this high energy session. Fitness studies show that fat loss is expedited through interval training. You will work in sets of higher intensity intervals with periods of active rest. Endurance and intensity build each week for maximum results. Bring water bottle and hand weights to each class.

Activity Code: 3RAQ0304
(Section codes listed below)

Milwaukee MarshallMR01

Thu, Jan 20-Mar 10, 7:10PM- 8:00PM
\$36 Residents/\$54 Non-Residents

North DivisionND01

Tue, Jan 18-Mar 8, 4:30PM- 5:30PM
\$36 Residents/\$54 Non-Residents

North DivisionND02

Fri, Jan 21-Mar 11, 4:30PM- 5:30PM
\$36 Residents/\$54 Non-Residents

Deep Water Aerobics

Changing the medium in which you workout challenges the body, building muscle in places you may not have felt before. In the gym trainers use Bosu platforms and exercise balls to destabilize the environment; in the water, we take the floor away! Participants will be provided a floatation belt.

Activity Code: 3RAQ0305
(Section codes listed below)

Hamilton HA01

Wed, Jan 19-Mar 9, 7:40PM- 8:40PM
\$36 Residents/\$54 Non-Residents

Hamilton HA02

Sat, Jan 22-Mar 12, 9:00AM-10:00AM
\$36 Residents/\$54 Non-Residents

Glide Fit

Come experience a wet and wild workout! Through combining the power of water, waves, your force, strength resistance and movement, we've created a fun, yet challenging class. We use a floating fitness mat, tethered between lane line to build your strength, stamina, and mobility. This class is the perfect training complement for athletes and exercise enthusiasts. Being comfortable in water deeper than 5 feet, and being able to fully submerge your body (when you fall off the board, which you will!) is required.

Activity Code: 3RAQ0310
(Section codes listed below)

Riverside RS01

Sat, Jan 20-Mar 10, 8:10AM-9:00PM
\$36 Residents/\$54 Non-Residents

Water Aerobics - Adult

Increase flexibility, muscle strength and endurance without joint discomfort of traditional land exercise. Sign up now to make your workout fun, not a bore or a chore.

Activity Code: 3RAQ0306
(Section codes listed below)

Hamilton HA02

Thu, Jan 20-Mar 10, 7:50PM- 8:50PM
\$36 Residents/\$54 Non-Residents

Hamilton HA01

Mon, Jan 24-Mar 14, 7:30PM- 8:30PM
\$36 Residents/\$54 Non-Residents

Milwaukee MarshallMR01

Mon, Jan 24-Mar 14, 5:00PM- 5:50PM
\$36 Residents/\$54 Non-Residents

North DivisionND01

Wed, Jan 19-Mar 9, 4:30PM- 5:30PM
\$36 Residents/\$54 Non-Residents

North DivisionND02

Mon, Jan 24-Mar 14, 4:30PM- 5:30PM
\$36 Residents/\$54 Non-Residents

YoQUA Fusion

Specially designed water exercise to ease the mind and restore the body. Gentle movements to increase flexibility and renew your spirit will be interspersed with moderate cardiovascular exercise to maintain body temperature. Participants may use floatation belts (provided) for some portions of this class.

Activity Code: 3RAQ0307
(Section codes listed below)

Milwaukee Marshall MR01

Tue, Jan 18-Mar 8, 5:00PM- 5:50PM
\$36 Residents/\$54 Non-Residents

DRUM VIBES

SAF AQUA® Drums Vibes is a combination of drum rhythms and water exercise that is done with all new equipment never brought into a pool before. Play the drums in the water while you workout - your movements will be more effective and you utilize the weighted drum sticks in many positions. Working out never felt like so much fun. Equipment for class provided. Space is limited.

Activity Code: 3RAQ0309
(Section codes listed below)

North Division ND01

(Weighted Drum Sticks are PROVIDED for use during class.)
Thu, Jan 20-Mar 10, 4:30PM- 5:30PM
\$36 Residents/\$54 Non-Residents

**ADULT COMP SWIM****Master's Swim - Weekdays**

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 3RCS0701
(Section codes listed below)

MacDowell (Ages 14 & up)..... JU03

Wed, Jan 5-Mar 9, 5:15AM- 6:15AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU13

Wed, Jan 5-Mar 9, 6:25AM- 7:25AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU04

Thu, Jan 6-Mar 10, 5:15AM- 6:15AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU14

Thu, Jan 6-Mar 10, 6:25AM- 7:25AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU15

Fri, Jan 7-Mar 11, 6:25AM- 7:25AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU05

Fri, Jan 7-Mar 11, 7:00PM- 8:00PM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU01

Mon, Jan 10-Mar 14, 5:15AM- 6:15AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU11

Mon, Jan 10-Mar 14, 6:25AM- 7:25AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU02

Tue, Jan 11-Mar 8, 5:15AM- 6:15AM
\$28 Residents/\$42 Non-Residents

MacDowell (Ages 14 & up)..... JU12

Tue, Jan 11-Mar 8, 6:25AM- 7:25AM
\$28 Residents/\$42 Non-Residents

Pulaski (Ages 14 & up)..... PK01

Mon, Jan 10-Mar 7, 6:05PM- 6:55PM
\$28 Residents/\$42 Non-Residents

Pulaski (Ages 14 & up)..... PK02

Sat, Jan 22-Mar 12, 8:30AM- 9:30AM
\$28 Residents/\$42 Non-Residents

Riverside (Ages 14 & up)..... RS01

Tue, Jan 11-Mar 8, 7:35PM- 8:35PM
\$28 Residents/\$42 Non-Residents

Master's Swim - Weekend

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 3RCS0702
(Section codes listed below)

MacDowell (Ages 14 & up)..... JU01

(Early Weekend: Triathlon Focus)
Sat, Jan 8-Mar 5, 7:25AM- 8:25AM
\$38 Residents/\$57 Non-Residents

Triathlon Cross Training

Coach Paul wants this to be the year you conquer your first triathlon! Triathlon specific swim techniques and tips will only be the beginning. Utilize the adjacent, newly expanded bike trails and improve running both on an outdoor track for drills and through the nearby parks for distance. Minimum recommended fitness level to be comfortable in class include: 50 yards of nonstop swim ability, 20 minute of jogging stamina and comfortable on your own bike.

Activity Code: 3RCS0704
(Section codes listed below)

Riverside (Ages 14 & up)..... RS01

Tue, Jan 11-Mar 8, 6:00PM- 7:30PM
\$42 Residents/\$56 Non-Residents

Teen Tri Training

Teen Triathlon training will give youth 11-18 the opportunity to have FUN biking, swimming, and running in Milwaukee Riverside's beautiful facilities and parks. Coaches have more the 40 years of experience training in triathlon sports. Participants should be comfortable in deep water and on a bike. There is a limited number of bikes to use for this course, it would be best if you can bring your own if needed. Come on the first day ready to swim and run. Instructions for biking will be issued. With this occurring during the cold months, all activities are likely to be held in doors.

Activity Code: 3RCS0807
(Section codes listed below)

Riverside (Ages 11 -18)..... RS01

Tue/Thu, Feb 15-Mar 10, 3:45PM- 5:45PM
\$36 Residents/\$54 Non-Residents

YOUTH COMP SWIM

Piranhas Swim Team

The Milwaukee Piranhas Age-Group Swim Club is for experienced swimmers who have been recommended by a coach to participate at the highest level of competition. New members should seek the approval of a coach by setting up a placement session at the pool. Swimmers on this team may be recruited for USA SWIMMING opportunities. No swimmers allowed to participate without proof of enrollment. Not eligible for reduced fees. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.

Activity Code: 3RCS0808
(Section codes listed below)

MacDowell (Ages 4-19)..... JU02

Mon-Thu, Jan 5-Mar 10, 5:15PM- 6:15PM
\$72 Residents/\$108 Non-Residents

MacDowell (Ages 4-19)..... JU01

Mon-Thu, Jan 5-Mar 10, 6:25PM- 7:55PM
\$54 Residents/\$81 Non-Residents

MacDowell (Ages 4-19)..... JU11

(SAT EXTRA PRACTICE)
(These sections are not eligible for family discount)
Sat, Jan 8-Mar 12, 8:35AM-10:05AM
\$18 Residents/\$27 Non-Residents

MacDowell (Ages 4-19)..... JU22

(SAT EXTRA PRACTICE)
(These sections are not eligible for family discount)
Sat, Jan 8-Mar 12, 10:15AM-11:15AM
\$18 Residents/\$27 Non-Residents

Tidal Waves Swim Team

The Tidal Waves Age-Group Swim Team offers youth interested in competitive swimming to join a friendly, learner-focused environment. Swimmers must be able to kick one full length (25 yards) of the pool on their back and stomach and be comfortable in deep water to join. Swimmers are not allowed to participate without proof of enrollment. Swimmers unable to complete prerequisite swim at first practice may be referred to a lesson program to develop swim ability. Not eligible for reduced fees.

Activity Code: 3RCS0809
(Section codes listed below)

Pulaski (Ages 4-19) PK03

(PRE-COMP GROUP)
Tue/Thu, Jan 6-Mar 10, 6:10PM- 6:55PM
\$18 Residents/\$27 Non-Residents

Pulaski (Ages 4-19) PK02

(INTERMEDIATE GROUP)
Mon/Tue/Thu, Jan 6-Mar 10, 7:00PM- 8:00PM
\$28 Residents/\$42 Non-Residents



Krakens Swim Team

The Krakens Age Group Swim Team offers a recreational competitive atmosphere. Seasonal swim meets will be held with local age-group clubs and allow for swimmers to be introduced to competition with those of similar ability levels. Participant should have completed Level 3 of the Learn to Swim program or be able to swim 25 continuous yards. Swimmers are not allowed to participate without proof of enrollment. Not eligible for reduced fees. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.

Activity Code: 3RCS0810
(Section codes listed below)

Riverside (Ages 4-19)..... RS03

(PRE-COMP GROUP)
Mon/Wed, Jan 5-Mar 9, 6:00PM- 6:45PM
\$24 Residents/\$36 Non-Residents

Riverside (Ages 4-19)..... RS02

(INTERMEDIATE GROUP)
Mon/Wed/Thu, Jan 5-Mar 10, 6:00PM- 7:00PM
\$36 Residents/\$54 Non-Residents

Riverside (Ages 4-19)..... RS01

(ADVANCED GROUP)
Mon/Wed/Thu, Jan 5-Mar 10, 6:30PM- 8:00PM
\$48 Residents/\$72 Non-Residents

Riverside (Ages 4-19)..... RS22

(INTERMEDIATE GROUP)
Mon/Wed/Thu, Jan 5-Mar 10, 7:00PM- 8:00PM
\$36 Residents/\$54 Non-Residents

Height Requirements

| | |
|----------------|-----|
| Arts | 48" |
| Gaenslen | 36" |
| Hamilton | 48" |
| MacDowell | 48" |
| Marshall | 48" |
| North Division | 48" |
| Pulaski | 54" |
| Riverside | 48" |
| South Division | 48" |
| Vincent | 48" |

Swim Lesson Age Groupings

| CLASS | AGES |
|--------------|---------|
| Tiny-Tot | 3yrs |
| Adv. Tots | 4-5yrs |
| Lil' Lv. 1/2 | 4-6yrs |
| Levels 1-6 | 6-16yrs |

* See level description on page 30 for ages.

AQUATICS TRAINING

Lifeguard Training

Ages 15 and above. American Red Cross Lifeguard Training will give you the skills and knowledge needed to prevent and respond to aquatic emergencies. This course includes: water rescue skills, first aid and CPR. Prerequisites include: Swim 300 yards NON-STOP (using breaststroke and front crawl), Submerge 10-12 feet to retrieve a 10 pound brick and tread 2 minutes without hands. Successful participants from this class will be considered for immediate employment opportunities. Must attend a pre-course date before enrolling. 7 hours of on-line learning also accompany this course. Link to online content issued at the pre-course session. Course is not eligible for reduced fees. Instructor: Denzel Shareef

Activity Code: 3RAQ0601
(Section codes listed below)

North Division (Ages 15 & up)..... ND01

Mandatory Pre-Course session on February 5 at North Division from 8:45 - 10:45AM Please call 414-647-6076 to schedule an alternate pre-test date if needed.

Sat, Feb 19-Mar 12, 8:45AM- 4:45PM
\$100 Residents/\$300 Non-Residents

WSI - Water Safety Instructor

Age 16 & Above. The American Red Cross Water Safety Instructor (WSI) course will train candidates to teach a variety of swim classes including: Learn To Swim levels 1 - 6 for youth, multiple levels of parent-child aquatics and pre-school aquatics, 3 levels of swimming for adults and MORE! Prerequisites TESTED at a determined Pre-Course Date include: 25 yards of proficient swimming in: Front Crawl, Back Crawl, Breaststroke, Sidestroke, Elementary Backstroke and Butterfly, 2 minutes of treading in deep water and a head first entry (dive) into deep water. In addition to class time, 9 ON-LINE lessons must be completed with the American Red Cross to be eligible for certification. Successful participants may be considered for immediate employment opportunities with Milwaukee Recreation Aquatics. Course is not eligible for reduced fees.

Activity Code: 3RAQ0604
(Section codes listed below)

South Division (Ages 16-80) SD01

(MUST attend pre-course session on Wednesday, December 1 at South Division from 6:00 - 7:30 PM to gain eligibility for the course. Bring suit and goggles to pre-course session. Materials will be issued after pre-course swim to successful candidates. A link will be provided to you to complete up to 9 hours of online learning BEFORE attending the first water session on December 28.) Tue-Thu, Dec 28-Dec 30, 8:45AM- 4:15PM
\$160 Residents/\$240 Non-Residents

ARC TRAINING

CPR Review

Anyone who has had CPR training in the past 24 months and would like to renew their certification is eligible to take this CPR Review Course which includes AED training and Adult/Child CPR. (Does NOT include INFANT training.) The class will follow Red Cross guidelines. You do not have to have had Red Cross training to be eligible for this course. Must pass written examinations to be eligible for certification. Course fee includes a Ready Reference card. Textbook available online at www.redcross.org or available for purchase \$10 (optional). Refund requests must be made one week prior to class date.

Activity Code: 3RAE0201
(Section codes listed below)

Hamilton (Ages 16 & up) HA01

Thu, Jan 6, 5:45PM- 8:45PM
\$36 Residents/\$54 Non-Residents

Milwaukee Marshall (Ages 16 & up)... MR01

Thu, Jan 11, 5:45PM- 8:45PM
\$36 Residents/\$54 Non-Residents

OASIS (Ages 16 & up) 5506

Sat, Jan 5, 5:15PM-8:15PM
\$36 Residents/\$54 Non-Residents

OASIS (Ages 16 & up) 5501

(Includes First Aid Review)
Tue, Apr 11, 4:45PM- 8:45PM
\$36 Residents/\$54 Non-Residents

OASIS (Ages 16 & up) 5504

(Includes First Aid Review)
Sat, Apr 14, 4:45PM-8:45PM
\$36 Residents/\$54 Non-Residents

CPR with AED

Don't delay if someone you know has a heart attack. Learn to help someone who is choking, unconscious, or has no pulse. This course is taught using the American Red Cross Adult and Child CPR standards. Wear comfortable clothing. Refund requests must be made one week prior to class date.

Activity Code: 3RAE0202
(Section codes listed below)

MacDowell (Ages 16 & up)..... JU01

Thu, Jan 13, 5:15PM- 8:45PM
\$54 Residents/\$81 Non-Residents

Milwaukee Marshall (Ages 16 & up)... MR01

Mon, Jan 10, 5:15PM- 8:45PM
\$54 Residents/\$81 Non-Residents

OASIS 5501

Sat, Jan 1, 8:30AM-12:30PM
\$54 Residents/\$81 Non-Residents

First Aid Course

This course offers basic first aid skills outlined by the American Red Cross. Dress for practical application of skills learned. A 15 question written exam will be conducted at the conclusion of class. Refund requests must be made one week prior to class date.

Activity Code: 3RAE0203
(Section codes listed below)

MacDowell (Ages 16 & up)..... JU01

Tue, Jan 11, 5:45PM- 8:45PM
\$32 Residents/\$48 Non-Residents

OPEN SWIM

Warm Water Walk

Enjoy a therapy pool setting with minimum water temperatures of 86F. Each reservation via this registration is for a single person for a single session. No formal instruction provided.

Activity Code: 3RAQ1034
(Section codes listed below)

North Division ND01

(Pool Water between 86 - 92 degrees)
Fri, Jan 21-Mar 11, 5:45PM- 6:45PM
\$3 Residents/\$5 Non-Residents

LAP SWIM INFORMATION

Participants can register for individual lap swim opportunities by visiting mkerec.net/aquatics. Cost is \$3/ swim. Lap swim is available at the following locations:

- **Hamilton High School**
 - » Tuesdays from 7:55pm - 8:45pm
- **Riverside High School**
 - » Mondays & Wednesdays from 8:10pm - 9:00pm
 - » Saturdays from 8:00am - 8:55am

To reserve your lap swim session or for more information visit mkerec.net/aquatics or call 414.647.6067.

AQUATICS IS NOW HIRING!

Interested in joining the Milwaukee Recreation aquatics team? See below for all employment opportunities. Visit mkerec.net/aquatics or call 414.647.6067 for more information.

LIFEGUARDS

Starting Pay: \$12-14/hr
Age: 15+

Seasonal, year-round employment and flexible scheduling.

Two Year certification includes Red Cross First Aid, CPR, and AED.

Red Cross Lifeguarding is a National Certification Valid at Organizations around the US.

Become a Red Cross Certified Lifeguard

- » Register online at mkerec.net (course **3RAQ0601**)
- » Use coupon code: *Lifeguard Training* to save \$65

Apply online at mkerec.net/aquatics or email swim@mkerec.net with questions or for more information.

SWIM INSTRUCTORS

Starting Pay: \$15-16/hr
Age: 16+

Seasonal, year-round employment and flexible scheduling.

Teach:

- Parent-Child Aquatics
- Levels 1-6 swim for youth
- Adult Learn-to-Swim

Become registered Water Safety Instructor (WSI)

- » Register online at mkerec.net (course **3RAQ0601**)
- » Use coupon code: *Lifeguard Training* to save \$65
- » WSI Training is FREE for current Milwaukee Recreation employees

Apply online at mkerec.net/aquatics or email swim@mkerec.net with questions or for more information.

FITNESS INSTRUCTORS

Starting Pay: \$16/hr
Age: 16+

Seasonal, year-round employment and flexible scheduling.

Teach:

- Aqua Boot Camp
- Aqua Zumba
- Deep Water Aerobics
- Drum Vibes
- Glidefit
- Water Aerobics
- YoQua Fusion

Apprenticeships available! Apply online at mkerec.net/aquatics or email swim@mkerec.net for more information.

COACHES

Starting Pay: \$15/hr for assistant coaches, \$16/hr for head coaches
Age: 16+

Coaching experience preferred but not required.

Seasonal, year-round employment and flexible scheduling.

Youth teams available:

- The Krakens at Riverside HS (up to 19yrs old)
- The Tidal Waves at Pulaski HS (up to 19yrs old)

Adult programs available:

- Masters Swim at MacDowell, Riverside HS, or Pulaski HS (adults)

Apprenticeships available! Apply online at mkerec.net/aquatics or email swim@mkerec.net for more information.

COMMUNITY WELLNESS

Mil“WALK”ee

Join our walking club and explore Milwaukee with us this winter! Each week you will start at the location listed, walk approximately 3 miles, and end back at the same spot. Please dress appropriately to enjoy an outdoor walk. Contact Erica at 414.475.8775 with questions.

Activity Code: 3PL59003
(Section codes listed below)

Valentine WN01
(5918 Vliet St)
Tue, Jan 18, 10:00AM-11:00AM
FREE

Hi-Fi Cafe WN02
(2640 S Kinnickinnic Ave)
Sat, Jan 22, 10:00AM-11:00AM
FREE

Anodyne WN03
(2920 S Kinnickinnic Ave)
Tue, Jan 25, 10:00AM-11:00AM
FREE

Hawthorn Glen WN04
(1130 N 60th St)
Sat, Jan 29, 10:00AM-11:00AM
FREE

Rochambo WN05
(1317 E Brady St)
Tue, Feb 1, 10:00AM-11:00AM
FREE

Pilcrow Coffee WN06
(416 W Walnut St)
Sat, Feb 5, 10:00AM-11:00AM
FREE

Hawthorne Coffee Roasters WN07
(4177 S Howell Ave)
Tue, Feb 8, 10:00AM-11:00AM
FREE

Anodyne WN08
(224 W Bruce St)
Sat, Feb 12, 10:00AM-11:00AM
FREE

Fairgrounds Coffee WN09
(916 E State St)
Tue, Feb 15, 10:00AM-11:00AM
FREE

Colectivo WN10
(170 S 1st Street)
Sat, Feb 19, 10:00AM-11:00AM
FREE

Colectivo WN11
(6745 W Wells St)
Tue, Feb 22, 10:00AM-11:00AM
FREE

Vendetta Coffee Bar WN12
(7613 W State St)
Sat, Feb 26, 10:00AM-11:00AM
FREE

Stone Creek Coffee WN13
(2650 N Downer Ave)
Tue, Mar 1, 10:00AM-11:00AM
FREE

Dryhooch Coffeehouse WN14
(1030 E Brady St)
Sat, Mar 5, 10:00AM-11:00AM
FREE

Likewise Coffee WN15
(232 E Erie St)
Tue, Mar 8, 10:00AM-11:00AM
FREE

Fiddleheads Coffee WN16
(4334 N Oakland Ave)
Sat, Mar 12, 10:00AM-11:00AM
FREE



Yoga

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation.

Activity Code: 3PL59004
(Section codes listed below)

Beulah Brinton WN01
Fri, Jan 28-Mar 18, 10:30AM-11:30AM
FREE

Hawthorn Glen WN02
Wed, Jan 19, 5:30PM- 6:15PM
FREE

Hawthorn Glen WN03
Wed, Jan 26, 5:30PM- 6:15PM
FREE

Hawthorn Glen WN04
Wed, Feb 2, 5:30PM- 6:15PM
FREE

Hawthorn Glen WN05
Wed, Feb 9, 5:30PM- 6:15PM
FREE

Hawthorn Glen WN06
Wed, Feb 16, 5:30PM- 6:15PM
FREE

Hawthorn Glen WN07
Wed, Feb 23, 5:30PM- 6:15PM
FREE

Hawthorn Glen WN08
Wed, Mar 2, 5:30PM- 6:15PM
FREE

Hawthorn Glen WN09
Wed, Mar 9, 5:30PM- 6:15PM
FREE



Be Active Wisconsin**NEW**

Join cities across Wisconsin in our 2nd Annual Community Fitness Challenge! The Be Active Wisconsin Community Challenge invites all community members to participate in a virtual challenge to promote active lifestyles, connect people to the outdoors by encouraging use of our parks/trail systems, and engage Wisconsin communities in a friendly competition! During the month of March, keep track of all physical activity. All active minutes count (not just running/walking), so let's get moving Milwaukee! The winning community will receive a trophy, and all participants receive a T-shirt. All participants will have access to a Google Form where you will enter your minutes for each week. The link to the form along with more program details will be emailed to all registered participants on March 1. Let's get moving Milwaukee!

Activity Code: 3PL59010
(Section codes listed below)

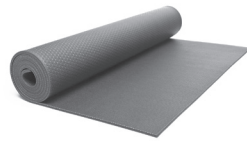
Various (Ages 2 & up)..... WN01
Mon-Sun, Mar 1-Mar 31, 12:00AM-11:59PM
\$10 Residents/\$10 Non-Residents

**Glow with the Flow Yoga**

This invigorating and upbeat flow yoga class will combine breath work and movement of the body. Black lights, glow sticks and a lively playlist will help set the mood! Join the party and Glow with the Flow! Bring your own exercise mat or purchase at site for \$10. Contact Erica@mkerec.net with questions.

Activity Code: 3PL59011
(Section codes listed below)

Beulah Brinton WN01
Wed, Jan 19, 6:00PM-7:00PM
FREE

**Total Wellness****NEW**

Build muscle, get fit, and learn to cook to help prevent cancer! Total Wellness teaches easy ways to live a healthy lifestyle. Classes meet twice a week. The first meeting includes interactive fun focused on cancer prevention, your lifestyle (including cooking!) and group fitness. The second weekly meeting is a group fitness class. Total Wellness is for all fitness levels - we meet you where you are. ***Special Opportunity For Registered Participants*** You may be eligible to take part in program feedback activities and receive a gift card. Call 414.955.4197 today to learn more.

Activity Code: 3PL59015
(Section codes listed below)

Milwaukee Marshall MR01
Wed/Sat, Jan 22-Mar 16, 6:00PM-7:00PM
(Saturday classes meet from 10:00AM-11:30AM)
\$8 Residents/\$8 Non-Residents

EVERYONE PLAYS!

If you receive state or federal assistance like Food-Share or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation Guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Limited scholarships available. Apply today! Please call 414.475.8180 or visit mkerec.net/scholarship to learn more and complete our short application.

**Milwaukee Recreation is NOW HIRING!**

Interested in joining Milwaukee Recreation? Apply for our part-time positions today! Milwaukee Recreation is now hiring for a variety of paid, part-time positions, **including with our Community Centers team**. Visit mkerec.net/jobopenings for more information or scan the QR code.



WEAVING AND FIBER ARTS



ABK Weaving Center
Gaenslen School
1250 E. Burleigh St.
414-267-5771
www.abkweavingcenter.org

Not Your Grandma's Knitting

Learn to knit and make cool contemporary accessories with your first project! This group includes continuing students and beginners. Instructor: MaryLee Knowlton

Activity Code: 3RAE6903
(Section codes listed below)

GaenslenGS01
Thu, Jan 20-Mar 10, 4:00PM- 6:00PM
\$35 Residents/\$35 Non-Residents

Weaving Basics and Beyond

Weavers continue the learning process by developing more advance weaving skills and planning more complex projects such as rugs, overshot, multi harness patterns, etc. Weavers will be able to choose their own projects, try out and work with instructors on floor looms and more advanced equipment. Instructors will demonstrate advanced weaving techniques and skills. Supply fee is based on materials used. Participants must have completed at least one weaving basics class at ABK.

Activity Code: 3RAE6905
(Section codes listed below)

GaenslenGS01
Mon, Jan 24-Mar 14, 10:00AM-12:30PM
\$54 Residents/\$54 Non-Residents

GaenslenGS02
Tue, Jan 18-Mar 8, 6:00PM- 8:30PM
\$54 Residents/\$54 Non-Residents

GaenslenGS03
Wed, Jan 19-Mar 9, 1:00PM- 3:30PM
\$54 Residents/\$54 Non-Residents

GaenslenGS04
Wed, Jan 19-Mar 9, 6:00PM- 8:30PM
\$54 Residents/\$54 Non-Residents

GaenslenGS06
Thu, Jan 20-Mar 10, 6:00PM- 8:30PM
\$54 Residents/\$54 Non-Residents

Drop Spin

Have you ever wanted to try to make your own yarn? Learn the techniques of spinning yarn with a drop spindle. In this class students will learn how to spin yarn and use a drop spindle. There is a \$10 (cash only) materials fee due to the teacher. Instructor: Kallia

Activity Code: 3RAE6927
(Section codes listed below)

GaenslenGS01
Mon, Feb 7, 2:00PM- 5:00PM
\$13 Residents/\$13 Non-Residents

Zen Stitch

Stitching by hand is a way to stimulate your inner creativity and become present in the moment. In this class we will explore Zen stitchery through hand sewing, embroidering, and embellishing with beads, buttons and baubles as a way to transform materials while relaxing and letting go of everyday worries. You can stitch away for the sheer pleasure of doing so, or work toward a creative project to tell your personal story through a pillow, book cover, bag or even a small quilt.

Activity Code: 3RAE6955
(Section codes listed below)

GaenslenGS01
Wed, Jan 19-Mar 9, 4:00PM- 6:00PM
\$34 Residents/\$34 Non-Residents

Weaving Beginner Basics

Beginners will learn to warp the loom and weave a sampler of patterns. They will be introduced to pattern and draft weaving as well as project planning. Returning Beginners will be able to hone their skills by making a scarf or table runner. Weavers are able to repeat this class as many times as they like but will be limited to these three projects. Samplers supply fee \$10 cash only due to the instructor at the first class.

Activity Code: 3RAE6959
(Section codes listed below)

GaenslenGS01
Mon, Jan 24-Mar 14, 6:00PM- 8:30PM
\$55 Residents/\$55 Non-Residents

GaenslenGS02
Wed, Jan 19-Mar 16, 10:00AM-12:30PM
\$55 Residents/\$55 Non-Residents

GaenslenGS03
Thu, Jan 20-Mar 17, 10:00AM-12:30AM
\$55 Residents/\$55 Non-Residents

Beginning Quilling

Do you enjoy paper arts and crafts? Then quilling is perfect for you! You can create beautiful art with ornately rolled and shaped pieces of paper. From flowers to animals to abstract art, let your imagination go wild with this inexpensive way to be creative. This beginning class will teach you how to use quilling tools and make one project. There is a \$15 cash supply fee due at the beginning of class. Class fee is non-refundable.

Activity Code: 3RAE6961
(Section codes listed below)

GaenslenGS01
Tue, Jan 25, 3:30PM- 5:30PM
\$13 Residents/\$13 Non-Residents

GaenslenGS02
Tue, Mar 1, 3:30PM- 5:30PM
\$13 Residents/\$13 Non-Residents

Intro to Wheel Spinning

In this class weavers will learn the basics of how to use a spinning wheel. Great for beginners but experience weavers welcome as well. Students must bring their own wheel and roving.

Activity Code: 3RAE6962
(Section codes listed below)

GaenslenGS01
Mon, Mar 7, 2:00PM- 5:00PM
\$13 Residents/\$13 Non-Residents



ARTS & CRAFTS

Drawing & Painting

Whether you are a beginner or a pro, join us for adventures in all types drawing and painting! Work independently or follow weekly lessons and challenges to grow your artistic skills! Above all, have fun! Basic supplies will be provided. If you have any questions, please contact us at 414.647.6065.

50+ **Activity Code: 3R550902**
(Section codes listed below)

Enderis Playfield (Ages 50 & up)... EF01

Tue, Jan 5-Mar 2, 5:00PM- 7:00PM
\$23 Residents/\$35 Non-Residents

Enderis Playfield (Ages 50 & up)... EF02

Tue, Mar 9-May 4, 5:00PM- 7:00PM
\$23 Residents/\$35 Non-Residents

Craft Club

Crafting fun for everyone. No experience necessary! Explore all types of crafts in a friendly and nurturing atmosphere! Be amazed at your secret creative skills! A \$20 (cash only) supply fee is due to the instructor at the first class. If you have any questions, please contact us at 414.647.6065.

50+ **Activity Code: 3R550903**
(Section codes listed below)

Enderis Playfield (Ages 50 & up)... EF01

Tue, Jan 5-Mar 1, 9:00AM-12:00PM
\$15 Residents/\$23 Non-Residents

Enderis Playfield (Ages 50 & up)... EF02

Tue, Mar 9-May 4, 9:00AM-12:00PM
\$15 Residents/\$23 Non-Residents

Acrylic Painting

In this course you will have fun learning painting techniques such as recognizing shapes, light sources, and values. Beginners to advanced will improve at their own pace. We will start with working from photographs along with professional guidance from award-winning artist Laura Easey-Jones. A supply list will be provided on the first day of class. If you have any questions, please contact us at 414.647.6065.

50+ **Activity Code: 3R550913**
(Section codes listed below)

OASIS 5501

Mon, Jan 24-Feb 21, 9:30AM-11:30AM
\$22 Residents/\$33 Non-Residents

OASIS 5503

Mon, Feb 28-Mar 28, 9:30AM-11:30AM
\$22 Residents/\$33 Non-Residents



Explore Mixed Media

Make beautiful collage with paper, torn magazine pages, texture paste, stamps, paint, matte medium or mod podge, and much more. Each project is uniquely your own. Class is for all skill levels. After you master the basics, you may continue in the next session with additional projects such as paint pouring, Shibori dyeing, and alcohol inks to name a few. Basic supplies will be provided. If you have any questions, please contact us at 414.647.6065.

50+ **Activity Code: 3R550914**
(Section codes listed below)

OASIS 5501

Mon, Jan 24-Feb 21, 12:30PM- 2:30PM
\$22 Residents/\$33 Non-Residents

OASIS 5502

Mon, Feb 28-Mar 28, 12:30PM- 2:30PM
\$22 Residents/\$33 Non-Residents

Open Cricut

Have a project that you've wanted to work on? Bring your Cricut® and your idea to this class! We will work together to complete a Cricut® project of your choice.

Activity Code: 3RAE0900
(Section codes listed below)

Hamilton HA01

Sat, Jan 29-Mar 5, 11:30AM- 1:30PM
\$34 Residents/\$51 Non-Residents

Basic Jewelry Making

Make beautiful jewelry by starting easy with a pair of earrings; progress to a bracelet and then a necklace. Class is for beginners or crafters with little beading experience. Instructor will provide coaching on crimping, use of soft wires, clasps, jump rings, split rings, multi-strand bracelets and necklaces, making wrapped loops, use of tools, and making your project fit well. A \$10 (cash only) tool and supply fee will be due to the instructor at the first class. Students will be provided a list of supplies/materials to purchase for weeks 2-6.

Activity Code: 3RAE0902
(Section codes listed below)

Milwaukee Marshall MR01

Sat, Jan 15-Mar 5, 10:00AM-11:30AM
\$34 Residents/\$51 Non-Residents

Glass Blowing

Come melt your problems away-Experience Glass Blowing. All classes work on aspects of blocking, marvering, shaping and applying color. Students will create their own work of art in one workshop. The individual process takes approximately 15 minutes per student. Please arrive at least 15 minutes before the start of your class to discuss safety procedures and choose colors. Class sizes have been reduced to allow for proper social distancing between students. Your individual art piece may be picked up 48 hours after your experience. Please ask your instructor for pick up times. Bring water and snacks to class. Fee includes supply cost and is non-refundable. Classes held at: Square One Art Glass, 5322 W. Vliet Street, www.squareoneartglass.com

Activity Code: 3RAE0928
(Section codes listed below)

Square One Art ClassSG01

(Orb)
Wed, Feb 2, 5:30PM- 7:30PM
\$50 Residents/\$75 Non-Residents

Square One Art ClassSG02

(Bowl)
Sat, Feb 19, 10:00AM-12:00PM
\$60 Residents/\$90 Non-Residents

Square One Art ClassSG04

(Bowls)
Wed, Mar 9, 5:30PM- 7:30PM
\$60 Residents/\$90 Non-Residents

Square One Art ClassSG05

(Orbs)
Sat, Mar 26, 10:00AM-12:00PM
\$50 Residents/\$75 Non-Residents

Square One Art ClassSG09

(Paperweight)
Wed, Apr 6, 5:30PM- 7:30PM
\$70 Residents/\$105 Non-Residents

Square One Art ClassSG10

(Orbs)
Sat, Apr 23, 10:00AM-12:00PM
\$50 Residents/\$75 Non-Residents

Square One Art ClassSG12

(Bowls)
Wed, May 11, 5:30PM- 7:30PM
\$60 Residents/\$90 Non-Residents

Square One Art ClassSG14

(Orbs)
Sat, May 21, 10:00AM-12:00PM
\$50 Residents/\$75 Non-Residents

Runes and Rock Painting

Paint sigils, spirals, and ancient symbols on one of Nature's most steadfast canvases. Art created with intention give meaning to the symbols from the hand to the surface. Create ancient runes and Celtic designs and understand their meaning.

Activity Code: 3RAE0929
(Section codes listed below)

Hamilton HA01
Tue, Feb 15-Feb 22, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

Iroquois Raised Beading

The Iroquois developed this technique during the Victorian Era to sell beading art to help support their families. Learn simple Iroquois raised beading techniques and learn the history and culture of the Haudenosaunee (People of the Longhouse). A \$15 (cash only) supply fee is due to the instructor at the first class.

Activity Code: 3RAE0936
(Section codes listed below)

Hamilton HA01
Tue, Jan 18-Feb 8, 6:00PM- 8:00PM
\$44 Residents/\$66 Non-Residents



Paper Flower Making

From the basic steps to advanced levels, beautiful flowers made of various papers can bring spring close to people. When you see the beauty of flowers, instilling joy and amazement, it is only natural to want to recreate them with your hands. In this class you may create carnations, golden bell flowers, iris, bellflowers, lilies, tulips and so many more! An \$18 class fee for supplies is due to the instructor on the 1st day of class. Class is combined with youth class.

Activity Code: 3RAE0943
(Section codes listed below)

Hamilton HA01
Tue, Jan 25-Mar 1, 5:30PM- 7:00PM
\$26 Residents/\$39 Non-Residents

Cricut for Beginners

Did you have a Cricut® machine but have no idea how to use it? Cricut® is a brand of die-cutting machine that will take your crafting to a new dimension. This class is for any crafter. Learn about the Cricut® and all the fun projects you can do. You will discover resources to get free files. You will come out inspired and ready to enhance your creativity. Please bring your machine and your own materials

Activity Code: 3RAE0954
(Section codes listed below)

Hamilton HA01
Sat, Jan 15-Feb 19, 9:00AM-11:00AM
\$42 Residents/\$63 Non-Residents

Crocheting / Knitting

Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

Activity Code: 3RAE1202
(Section codes listed below)

Milwaukee Marshall MR02
Mon, Jan 24-Mar 14, 6:00PM- 8:00PM
\$44 Residents/\$66 Non-Residents

Open Sewing

This class is for people who have some sewing experience. If you need some time that you can dedicate to finishing your sewing projects, this class is for you. Come ready with your ideas/unfinished projects and let's have some fun! Bring your own machine/thread, or use the machines provided. Irons and ironing boards also available. Prerequisite for this class is Sewing 101 or previous sewing experience.

Activity Code: 3RAE1207
(Section codes listed below)

Hamilton HA01
Thu, Jan 20-Mar 10, 6:00PM- 8:30PM
\$55 Residents/\$83 Non-Residents

Knitting

Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

Activity Code: 3RAE1210
(Section codes listed below)

Hamilton HA01
Tue, Jan 18-Mar 8, 6:30PM- 8:30PM
\$44 Residents/\$66 Non-Residents

Crocheting

Complete beautiful projects in this crochet class! Please bring your own crochet hooks and skein of yarn.

Activity Code: 3RAE1211
(Section codes listed below)

Hamilton HA01
Mon, Jan 24-Mar 14, 6:30PM- 8:30PM
\$44 Residents/\$66 Non-Residents

Creative Crochet Techniques

This class will review basic stitches before practicing heavier texture stitches like popcorns, shells, and post stitches. After creating swatches, we will discuss how to turn these stitches into different kinds of accessories. In preparation for spring we will focus on mesh and lace stitches. We will create swatches and learn to block these items, then discuss how to turn lightweight fabrics into beautiful summer shawls or home items. Bring a skein of light colored yarn of your choice with an appropriate hook (check the yarn label for hook size).

Activity Code: 3RAE1214
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 24-Mar 14, 10:30AM-11:30AM
\$24 Residents/\$36 Non-Residents

Sewing 101

Been a long time since you touched a sewing machine? Maybe never? This class will teach you the basics of sewing machines, sewing terminology and techniques, and working with patterns. Supply list provided at the first class to create an easy apron. Sewing machines are available or bring your own.

Activity Code: 3RAE1215
(Section codes listed below)

Milwaukee Marshall MR01
Wed, Jan 19-Mar 9, 6:00PM- 8:00PM
\$44 Residents/\$66 Non-Residents



Landscape Painting

This relaxing class will explore landscape painting in the comfort of the classroom. We will use acrylics and work from photos. The goal of the class is to develop your own interpretation. Class starts with a short demonstration to get you started. Learn to paint and change the way you see the world. The supply list is available on Facebook: <https://goo.gl/bwvnHd>.

Activity Code: 3RAE2003
(Section codes listed below)

Riverside RS01
Tue, Jan 18-Mar 8, 6:00PM- 8:00PM
\$44 Residents/\$66 Non-Residents

Painting Portraits from Photos

Painting in acrylic or oil we will learn to see others in an artistic way. Realizing your own approach will be the goal of this class. We will start with a drawing and progress onto painting. Bone structure, muscles and anatomy will be covered. Each class starts with a short demonstration to get you started. The supply list is available on Facebook: <https://goo.gl/bwvnHd>.

Activity Code: 3RAE2006
(Section codes listed below)

Riverside RS01
Mon, Jan 24-Mar 7, 6:00PM- 8:00PM
\$83 Residents/\$125 Non-Residents

CATE'S COOKERY

How to Make Thai

We've come a long way in our knowledge and appreciation of global cuisines. Thai hot peppers are now the rage, and who doesn't grow Thai basil in their summer gardens? But, if you don't, can you use regular basil instead? What's galangal? Is there any substitute for fish sauce? You'll learn about authentic Thai ingredients, where to find them, and how to use them in four of Cate's favorite recipes: Tam Ka Gai (Coconut Chicken Soup), and her fabulous Fresh Thai Spring Rolls with her "lick the bowl clean" peanut, and soy ginger sauces. Hi aroi na! This is a hands on class.

Activity Code: 3RAE1918
(Section codes listed below)

Hamilton HA01
Sat, Jan 22, 12:00PM- 2:30PM
\$23 Residents/\$35 Non-Residents

Miller's Mezze Table

Mezze is a Mediterranean and Middle Eastern style of dining similar to Spanish Tapas in which small savory dishes are used as an appetizer, breakfast, snack or small meal. There are many stories that reveal its origins. In ancient Persia, a ruler had to employ food tasters to avoid intentional poisonings. The tasters were fed small samples of food called Mezze, meaning pleasant tastes. It turned into a culinary fashion trend centuries ago and continues its popularity today. Cate's Mezze Table will be replete with some of the favorite recipes from her classes, including Baganouj (Eggplant Spread), Roasted Garlic Hummus, and Terrific Tabouleh. Sahtain. This is a hands on class.

Activity Code: 3RAE1919
(Section codes listed below)

Hamilton HA01
Sat, Mar 5, 12:00PM- 2:30PM
\$23 Residents/\$35 Non-Residents

That's Just How I Roll Sushi

Sushi has become as ubiquitous as Chinese among sit down and take out cuisines. There are over 4,000 sushi restaurants in the United States, and American culture has made its mark on sushi with the hugely popular California Rolls. Cate studied with the expert Itamae-san (sushi chefs) at Ichiban Restaurant and added her own techniques from her research and experience teaching sushi making. You will learn how to make the rice to the rolls while sipping Cate's Loaded Miso Soup. You'll be making your own California Sushi Rolls, and Cate's Classic Rolls with her signature Hotsy Totsy Salmon Philly Filling. Meshiagare! This is a hands on class.

Activity Code: 3RAE1936
(Section codes listed below)

Hamilton HA01
Sat, Feb 12, 12:00PM- 2:30PM
\$23 Residents/\$35 Non-Residents

COOKING

Korean Cooking: Korean BBQ, Bulgogi

NEW

Bulgogi is a dish of thinly sliced beef or pork that is pre-marinated with various seasonings and grilled over high heat. This dish has been popular since the 1950s when beef was sliced thinly to make it tender and to reduce cooking time. This is a hands on class.

Activity Code: 3RAE2400
(Section codes listed below)

Hamilton HA01
Wed, Jan 26, 5:00PM- 7:00PM
\$21 Residents/\$32 Non-Residents

Korean Cooking: Rice cake soup (dduk-guk) and dumplings (mandu)

NEW

Dduk-guk and mandu are the traditional dishes for Korean Lunar New Years Day. The sliced rice cakes are made with beef broth for the soup and the dumplings can be made with various ingredients which may include meat, tofu, vegetables or kimchi. This is a hands on class.

Activity Code: 3RAE2401
(Section codes listed below)

Hamilton HA01
Wed, Feb 2, 5:00PM- 7:00PM
\$21 Residents/\$32 Non-Residents

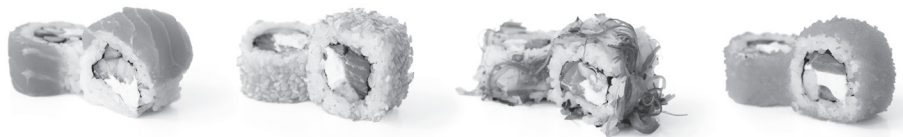
Korean Cooking: Kimchi pancake and jjigae

NEW

Come join us as we learn how to make traditional Korean dishes! We will be making a kimchi pancakes and jjigae. This dish can consist of ripe kimchi along with pork, beef, mackerel, tuna or various other meats and seafood! Join this class if you want to broaden your culinary skills and palette. This is a hands on class.

Activity Code: 3RAE2402
(Section codes listed below)

Hamilton HA01
Wed, Feb 9, 5:00PM- 7:00PM
\$21 Residents/\$32 Non-Residents



Korean Cooking: Kimchi

NEW

Kimchi, characterized by its spicy taste and crispness, is the most well-known Korean dish. Depending on the fermentation process, ingredients, region and weather, the taste of kimchi changes, which is why there are over 200 types! Kimchi is considered one of the world's healthiest foods. Take this class and learn how to make this amazing food in this class! This is a hands on class.

Activity Code: 3RAE2403
(Section codes listed below)

Hamilton HA01
Wed, Feb 16, 5:00PM- 7:00PM
\$21 Residents/\$32 Non-Residents

Korean Cooking: Korean Fried Noodles

NEW

Japchae (Korean fried noodles) is prepared by stir-frying potato noodles with various vegetables. It is a popular dish most always present on holidays and traditional ceremonies.

Activity Code: 3RAE2404
(Section codes listed below)

Hamilton HA01
Wed, Feb 23, 5:00PM- 7:00PM
\$21 Residents/\$32 Non-Residents

Korean Cooking: Spicy rice cake (dduk-bok-ki)

NEW

Dduk-bok-ki is considered a Korean street food, it could be described as a snack which contains a thin rice cake boiled in spicy soup. Depending on the flavor, sometimes people add various vegetables, noodles or ramen. Come explore a different cuisine with this cooking class!

Activity Code: 3RAE2405
(Section codes listed below)

Hamilton HA01
Wed, Mar 2, 5:00PM- 7:00PM
\$21 Residents/\$32 Non-Residents

Korean Cooking: Bibimbap

NEW

Come and learn how to prepare another traditional Korean dish! Bibimbap is a dish of steamed white rice mixed with various vegetables, beef and Korean chili paste (gochujang). It is said that the dish originated from ancestral service, where food left over after the service was mixed in a bowl and eaten together. All you need is a few seasoned vegetables (namul), sesame oil, and Korean chili paste!

Activity Code: 3RAE2406
(Section codes listed below)

Hamilton HA01
Wed, Mar 9, 5:00PM- 7:00PM
\$21 Residents/\$32 Non-Residents

DANCE

Adult Ballet

Through traditional ballet class structure of barre work, center exercise and traveling across the floor, adult ballet classes help you dance your way to stronger, longer muscles, improve posture, flexibility, agility, balance and core strength in a supportive and upbeat environment.

Activity Code: 3RAE2901
(Section codes listed below)

MacDowell JU01
Mon, Jan 24-Mar 14, 7:15PM- 8:15PM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall MR02
Mon, Jan 24-Mar 14, 7:05PM- 8:35PM
\$34 Residents/\$51 Non-Residents



African Dance

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome. Class is combined with youth class.

Activity Code: 3RAE2902
(Section codes listed below)

Riverside RS01
Sat, Jan 15-Mar 5, 1:00PM- 2:00PM
\$24 Residents/\$36 Non-Residents

Ballroom Survival

When you attend a wedding or reunion, are you envious of the people gliding across the dance floor? Learn to waltz, fox-trot, cha-cha, etc., so that when the next song plays, you are the one sweeping others off their feet. Wear casual dress shoes.

Activity Code: 3RAE2904
(Section codes listed below)

Hamilton HA01
Wed, Jan 19-Mar 9, 7:00PM- 8:30PM
\$34 Residents/\$51 Non-Residents

Milwaukee Marshall MR01
(Beg./Int.)
Tue, Jan 18-Mar 8, 7:15PM- 8:15PM
\$23 Residents/\$34.50 Non-Residents



Sizzlin Salsa for Couples

Get ready for these romantic dances to keep you moving and dancing the night away! Learn leading and following skills, footwork, turns, and patterns for these popular Latin dances. Fee is per person.

Activity Code: 3RAE2909
(Section codes listed below)

Riverside RS01
(Salsa & Bachata)
Mon, Jan 20-Mar 10, 7:00PM- 8:00PM
\$24 Residents/\$36 Non-Residents

Urban Line Dance

Are you tired of trying to learn the latest line dances or trying to learn them at social gatherings? Join us and you'll no longer have to worry about catching up; you'll already know all the latest dances. All skill levels welcome. Wear comfortable shoes and clothing.

Activity Code: 3RAE2912
(Section codes listed below)

Milwaukee Marshall MR01
(Beg.)
Wed, Jan 19-Mar 9, 6:00PM- 7:00PM
\$24 Residents/\$36 Non-Residents





Hip Hop

This class teaches a combination of jazz and hip-hop/funk dance routines to popular pop and hip-hop songs.

Activity Code: 3RAE2921
(Section codes listed below)

Milwaukee MarshallMR01

Thu, Jan 20-Mar 10, 7:05PM- 8:05PM
\$24 Residents/\$36 Non-Residents



Hawaiian Dance

Aloha! Hawaiian Dance offers something that every "body" can enjoy and engages the body, mind, and spirit. While targeting the waist, hips, stomach, calves, and arms, Hawaiian Dance also provides a low-impact and cardiovascular workout. Many Hawaiian songs are about nature; the waves, wind, flowers, rain, clouds, etc. Ease tension and stress by visualizing and interpreting the words and movement as your mind is transported away to the Islands.

Activity Code: 3RAE2925
(Section codes listed below)

Milwaukee MarshallMR02

Mon, Jan 24-Mar 14, 6:00PM- 7:00PM
\$24 Residents/\$36 Non-Residents

FITNESS

Zumba Gold

Zumba® Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Join other older adults that want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold® is the perfect fit. It is a dance-fitness class that feels friendly, and most of all, fun.

50+ **Activity Code: 3R553503**
(Section codes listed below)

OASIS 5502

Thu, Jan 20-Mar 24, 10:15AM-11:15AM
\$22 Residents/\$33 Non-Residents

OASIS 5501

Mon, Jan 24-Mar 28, 10:15AM-11:15AM
\$22 Residents/\$33 Non-Residents

Gentle Yoga

You can be fit at any age and healthy at any size. Registered yoga instructor, Gail Vella, will help you learn to let go of stress, relax and breathe as you strengthen your body and calm your mind. If you have any questions, please contact us at 414.647.6065.

50+ **Activity Code: 3R553504**
(Section codes listed below)

OASIS 5501

Thu, Jan 27-Mar 17, 1:00PM- 2:00PM
\$18 Residents/\$27 Non-Residents

Chair Yoga

People of all abilities experience greater health and well-being in this chair yoga plus strength exercise class. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance, and breathing, and an overall sense of greater well being. Free with OASIS Center Membership (membership fees are \$15/Res and \$25/Non-Res). Membership is good for one year from purchase date. On-line registration is not available. If you have any questions, please contact us at 414.647.6041.

50+ **Activity Code: 3R553508**
(Section codes listed below)

OASIS 5501

Mon/Wed/Fri, Jan 24-Mar 25, 9:00AM-10:00AM
FREE

Senior Fitness Class

You CAN Do This Fitness Class is about dynamic muscle and toning exercises that include stretching, cardio, strength training and abdominal work. This fit camp is designed to teach techniques that would improve and maintain muscle tone, functional strength and overall cardiovascular health. A variety of apparatus will be introduced such as light weights, Resist-a-Balls, and more! If you have any questions, please contact us at 414.647.6065.

50+ **Activity Code: 3R553511**
(Section codes listed below)

OASIS 5501

Wed, Jan 19-Feb 9, 12:30PM- 1:30PM
\$10 Residents/\$15 Non-Residents

OASIS 5502

Wed, Feb 16-Mar 9, 12:30PM- 1:30PM
\$10 Residents/\$15 Non-Residents

OASIS 5503

Wed, Mar 16-Apr 6, 12:30PM- 1:30PM
\$10 Residents/\$15 Non-Residents

T'ai Chi & Qijong

T'ai Chi & Qigong are human movement systems created by the Chinese. Learn how to use movement to relax and balance your energy system. Wear comfortable clothing and flat soled shoes or stocking feet. Seniors and those with health limitations are encouraged to participate, as the movements can be adjusted to fit any fitness level. If you have any questions, please contact us at 414.647.6065.

50+ **Activity Code: 3R553512**
(Section codes listed below)

OASIS 5501

Tue, Jan 18-Feb 22, 10:15AM-11:15AM
\$10 Residents/\$15 Non-Residents

OASIS 5502

Tue, Mar 1-Apr 5, 10:15AM-11:15AM
\$10 Residents/\$15 Non-Residents

Building Strength

Get functional strength training and full body conditioning. This class will host opportunities to challenge all levels of fitness in addition to a 50+ level of fitness option by using a variety of equipment to create more mobility and strength for daily activities, as well as sculpt your entire body.

Activity Code: 3R553517
(Section codes listed below)

OASIS 5501

(Class content geared toward 50+ age group)
Tue, Jan 18-Mar 8, 9:00AM- 9:50AM
\$18 Residents/\$27 Non-Residents

OASIS 5502

(Intermediate/Advanced)
Tue, Jan 18-Mar 8, 10:00AM-10:50AM
\$15 Residents/\$23 Non-Residents

Core Strength

Time to tighten the most important part of your body for stabilization; your core! In this class, you will increase the strength and endurance of your core muscles and improve your balance.

Activity Code: 3R553518
(Section codes listed below)

OASIS 5501

(Class content geared toward 50+ age group)

Tue, Jan 18-Mar 8, 11:00AM-11:30AM

\$10 Residents/\$15 Non-Residents

50+

OASIS 5502

(Intermediate/Advanced)

Tue, Jan 18-Mar 8, 11:40AM-12:10PM

\$15 Residents/\$23 Non-Residents

Interval Training

This highly energetic class involves alternating bursts of intense activity with recovery periods. This is an efficient training method that helps to increase your cardiovascular intensity without burning yourself out.

Activity Code: 3R553519
(Section codes listed below)

OASIS 5501

(Advanced)

Fri, Jan 21-Mar 11, 2:10PM- 3:00PM

\$18 Residents/\$27 Non-Residents

An update from Milwaukee Recreation:

Participants competing in outdoor sports will not be required to wear a mask. For indoor sports, masks will not be required while participants are competing, but masks will be required while not competing.

Participants in Milwaukee Recreation's high-intensity aerobic activities are not required to wear masks if spaced in large gyms. Milwaukee Recreation staff will notify participants on site if they can be unmasked in the high-intensity aerobic activities.

Bootcamp

This class is an introduction to an intense workout that will include strength, conditioning, speed work, balance and plyometric drills. Watch your stamina and fitness level soar to new heights.

Activity Code: 3R553520
(Section codes listed below)

OASIS 5501

(Advanced)

Fri, Jan 21-Mar 11, 1:00PM- 1:50PM

\$18 Residents/\$23 Non-Residents

4 in 1 Training

This class is a combination of Spiced up Cardio, Boxing Aerobics, Body Sculpting and Step Aerobics. Burn off the calories and shape your body while having fun!

Activity Code: 3RAE3501
(Section codes listed below)

Beulah Brinton BN01

Tue, Jan 25-Mar 15, 7:15PM- 8:15PM

\$28 Residents/\$42 Non-Residents

ABSOGlutely Fit

Want to look and feel better? In this class we will work on your upper and lower abdominals. In addition to improving you abs, students will focus on toning their gluteus and hamstrings. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 3RAE3502
(Section codes listed below)

Beulah Brinton BN01

Mon, Jan 24-Mar 14, 6:10PM- 7:10PM

\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02

Wed, Jan 26-Mar 16, 6:00PM- 7:00PM

\$28 Residents/\$42 Non-Residents

Belly Dance Aerobics

Belly dance aerobics involves exercises designed to tighten and tone your waist, hips and abdominal muscles through easy-to-follow isometric movements. This class will help to enhance your overall flexibility and general conditioning. Bring a hip scarf or purchase one from the instructor for \$10.

Activity Code: 3RAE3504
(Section codes listed below)

Hamilton HA01

Mon, Jan 24-Mar 14, 7:00PM- 8:00PM

\$28 Residents/\$42 Non-Residents

A word from our customers...

Body Sculpting is great because the intensity varies with each class and we learn about strengthening our core.

Body Sculpting

Use bands and weights to tone all areas of your body. Improve your mind, as well as your self-image. Bring your own weights and toning band. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 3RAE3505
(Section codes listed below)

Beulah Brinton BN01

Tue, Jan 25-Mar 15, 6:00PM- 7:00PM

\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02

Thu, Jan 27-Mar 17, 6:00PM- 7:00PM

\$28 Residents/\$42 Non-Residents

Beulah Brinton BN03

Sat, Jan 29-Mar 19, 9:15AM-10:15AM

\$28 Residents/\$42 Non-Residents

Cardio Combo

Jumpstart your weekend activities with this invigorating workout. This class combines boxing aerobics, step aerobics and low-impact aerobics. Wear comfortable clothing and tennis shoes. Class taught by Angie Wothe.

Activity Code: 3RAE3509
(Section codes listed below)

Beulah Brinton BN01

Thu, Jan 27-Mar 17, 7:15PM- 8:15PM

\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02

Sat, Jan 29-Mar 19, 8:00AM- 9:00AM

\$28 Residents/\$42 Non-Residents

Cardio Plus

Like any fitness class, go at your own pace, but the instructor will make sure you leave with a good work out. Experience the health benefits of cardio exercises along with the muscle toning/building that comes with weight lifting. Wear comfortable clothing and tennis shoes.

Activity Code: 3RAE3510
(Section codes listed below)

Milwaukee Marshall MR01

Tue, Jan 18-Mar 8, 6:00PM- 7:00PM

\$28 Residents/\$42 Non-Residents

Cardio-Kickboxing

Get ready for a very popular workout. This musically-engaging activity will provide the opportunity to lose weight, tone your body, and have fun while incorporating components of self-defense. Do it for your health or just do it for 'kicks'. Wear comfortable clothing and tennis shoes. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 3RAE3511
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 24-Mar 14, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
Wed, Jan 26-Mar 16, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Hoop Dance Workout

Hooping is not just for kids! Today hula hooping has evolved into an exciting dance form called 'hoopdance', which has amazing benefits for the body and mind. Plus, it's fun! Hooping is for EVERY BODY. Hoops will be available to borrow or for purchase at sites. Cost range is \$20-\$35 per hoop.

Activity Code: 3RAE3518
(Section codes listed below)

Riverside RS01
(Beg.)
Sat, Jan 15-Mar 5, 11:15AM-12:15PM
\$28 Residents/\$42 Non-Residents

Pilates

A non-impact class where you will improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Wear comfortable clothing. Individuals with medical conditions should be cleared by their physician prior to participation.

Activity Code: 3RAE3521
(Section codes listed below)

Beulah Brinton BN01
Wed, Jan 26-Mar 16, 7:35PM- 8:35PM
\$28 Residents/\$42 Non-Residents

Hamilton HA01
Thu, Jan 20-Mar 10, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Step Aerobics & Sculpt

Step aerobics offers the cardiovascular benefits of aerobic dance in combination with toning for thighs, abdominals, buttocks, arms and legs. Step on it.

Activity Code: 3RAE3524
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 24-Mar 14, 5:00PM- 6:00PM
\$28 Residents/\$42 Non-Residents

Women & Weights

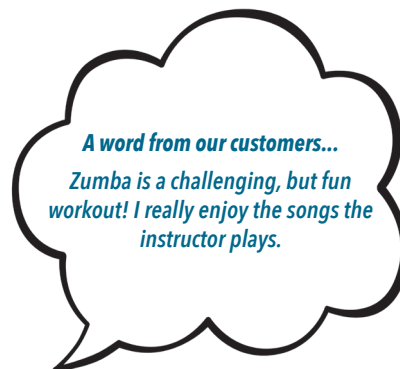
Women & Weights is for all the ladies out there looking to get lean, toned and fit - quick! In this class, you will use light to moderate weights with lots of repetition in order to give you a total body workout. You will work through moves and techniques that will help you achieve strength you never knew you had. You will leave class feeling challenged, but ready to come back for more! Bring your own exercise mat or purchase at site for \$10.

Activity Code: 3RAE3535
(Section codes listed below)

Bryant BY01
Wed, Jan 19-Mar 9, 6:00PM- 6:45PM
\$22 Residents/\$33 Non-Residents

Milwaukee Marshall MR02
Thu, Jan 20-Mar 10, 6:00PM- 6:45PM
\$22 Residents/\$33 Non-Residents

Milwaukee Marshall MR01
Mon, Jan 24-Mar 14, 6:00PM- 6:45PM
\$22 Residents/\$33 Non-Residents



Zumba®

Zumba® is a fun and easy workout with routines that feature easy-to-follow dance steps synced to Latin music helping you to tone and sculpt your body.

Activity Code: 3RAE3542
(Section codes listed below)

Cooper CP01
Thu, Jan 27-Mar 17, 6:30PM- 7:30PM
\$28 Residents/\$42 Non-Residents

Gaenslen GS01
Wed, Jan 19-Mar 9, 7:30PM- 8:30PM
\$28 Residents/\$42 Non-Residents

Parkside FR01
Mon, Jan 24-Mar 14, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Parkside FR02
Wed, Jan 26-Mar 16, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Zumba® Gold

Zumba® Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Join other older adults that want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold® is the perfect fit. It is a dance-fitness class that feels friendly, and most of all, fun.

Activity Code: 3RAE3543
(Section codes listed below)

Bryant BY01
Mon, Jan 24-Mar 14, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Hip Hop Cardio

NEW Join us for this fun, new fitness class disguised as a dance party! Participants will use cardio and strength training choreographed to hip hop to get in a fun workout. All body types are welcome to come get your positive groove on and break a sweat.

Activity Code: 3RAE3587
(Section codes listed below)

Bryant BY01
Wed, Jan 19-Mar 9, 7:00PM- 8:00PM
\$28 Residents/\$42 Non-Residents

Milwaukee Marshall MR01
Sat, Jan 15-Mar 5, 8:30AM- 9:30AM
\$28 Residents/\$42 Non-Residents

T'ai Chi Ch'uan

This Chinese form of relaxation will teach you stress-relieving techniques designed to release tension, improve flexibility and relax your body and mind.

Activity Code: 3RAE3602
(Section codes listed below)

Beulah Brinton BN01
(Beg.)
Tue, Jan 25-Mar 15, 12:15PM- 1:15PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
(Int.)
Tue, Jan 25-Mar 15, 1:25PM- 2:25PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN03
(Beg.)
Wed, Jan 26-Mar 16, 11:15AM-12:15PM
\$28 Residents/\$42 Non-Residents

Hamilton HA01
(T'ai Chi and Qijong)
Wed, Jan 19-Mar 9, 6:30PM- 7:30PM
\$28 Residents/\$42 Non-Residents

Yoga

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation.

Activity Code: 3RAE3605
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 24-Mar 14, 8:00AM- 9:00AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
Mon, Jan 24-Mar 14, 9:15AM-10:15AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN03
Mon, Jan 24-Mar 14, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN05
Tue, Jan 25-Mar 15, 9:15AM-10:15AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN06
Tue, Jan 25-Mar 15, 10:45AM-11:45AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN07
Tue, Jan 25-Mar 15, 6:30PM- 7:30PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN08
Wed, Jan 26-Mar 16, 6:30AM- 7:45AM
\$34 Residents/\$51 Non-Residents

Beulah Brinton BN11
Wed, Jan 26-Mar 16, 6:30PM- 7:30PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN13
Thu, Jan 27-Mar 17, 9:15AM-10:15AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN14
Thu, Jan 27-Mar 17, 5:45PM- 6:45PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN17
Sat, Jan 29-Mar 19, 7:45AM- 8:45AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN18
Sat, Jan 29-Mar 19, 8:55AM- 9:55AM
\$28 Residents/\$42 Non-Residents

Cooper CP01
Tue, Jan 25-Mar 15, 6:45PM- 7:45PM
\$28 Residents/\$42 Non-Residents

Gaenslen GS02
Wed, Jan 19-Mar 9, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Hamilton HA01
Mon, Jan 24-Mar 14, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Milwaukee Marshall MR01
Tue, Jan 18-Mar 8, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Milwaukee Marshall MR02
Tue, Jan 18-Mar 8, 7:05PM- 8:05PM
\$28 Residents/\$42 Non-Residents

Riverside RS04
Sat, Jan 19-Mar 9, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Riverside RS07
Thu, Jan 20-Mar 10, 7:00PM- 8:00PM
\$28 Residents/\$42 Non-Residents

Riverside RS03
Mon, Jan 24-Mar 14, 7:00PM- 8:00PM
\$28 Residents/\$42 Non-Residents

Yoga - Chair

This chair yoga class is for people of all ages. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance, and breathing.

Activity Code: 3RAE3560
(Section codes listed below)

Beulah Brinton BN01
Thu, Jan 27-Mar 17, 10:30AM- 11:30AM
\$28 Residents/\$42 Non-Residents

Yoga - Gentle

Gentle Yoga is accessible to all levels and body types, and is especially suited for beginners. Basic stretches, postures and breath work help to develop strength, flexibility, balance, and body awareness. Bring your exercise mat or purchase at site for \$10.

Activity Code: 3RAE3606
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 24-Mar 14, 12:00PM- 1:00PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
Mon, Jan 24-Mar 14, 1:10PM- 2:10PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN03
Thu, Jan 27-Mar 17, 1:30PM- 2:30PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN04
Thu, Jan 27-Mar 17, 7:00PM- 8:00PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN05
Fri, Jan 28-Mar 18, 8:00AM- 9:00AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN06
Sat, Jan 29-Mar 19, 10:00AM-11:00AM
\$28 Residents/\$42 Non-Residents

Riverside RS02
Thu, Jan 20-Mar 10, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Yoga - Power

East meets West in this vigorous, fitness-based yoga class with a focus on flow, breath, strength, balance, and flexibility. Prior yoga experience is recommended. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 3RAE3607
(Section codes listed below)

Beulah Brinton BN01
Wed, Jan 26-Mar 16, 4:30PM- 5:30PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02
Thu, Jan 27-Mar 17, 5:00PM- 6:00PM
\$28 Residents/\$42 Non-Residents

Gaenslen GS01
Wed, Jan 19-Mar 9, 6:15PM- 7:15PM
\$28 Residents/\$42 Non-Residents

Riverside RS01
Mon, Jan 24-Mar 14, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents



Vinyasa Flow Yoga

This Vinyasa class links breath and movement to flow through postures, flowing from pose-to-pose. The flowing postures bring heat and aids in the lengthening of muscles and the reduction of muscular tension. The class starts slow and builds as the sessions progress. Perfect for students of all levels, including beginners, as options or modifications are given for poses. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 3RAE3614
(Section codes listed below)

Beulah Brinton BN01
(Slow Flow)
Tue, Jan 25-Mar 15, 2:30PM- 3:30PM
\$26 Residents/\$39 Non-Residents

Beulah Brinton BN02
(Slow Flow)
Wed, Jan 26-Mar 16, 9:15AM-10:15AM
\$26 Residents/\$39 Non-Residents

Beulah Brinton BN03
(Slow Flow)
Fri, Jan 28-Mar 18, 9:15AM-10:15AM
\$26 Residents/\$39 Non-Residents

Yoga for Women's Health

This is a beginner level class that will focus on strengthening work specific to the female body. Class taught by certified yoga instructor, Annie Wegner LeFort.

Activity Code: 3RAE3618
(Section codes listed below)

Beulah Brinton BN01
Tue, Jan 25-Mar 15, 3:45PM- 4:45PM
\$28 Residents/\$42 Non-Residents

Yoga for Runners

This class is not strictly for runners. Yoga teacher and runner Annie Wegner LeFort will offer a threefold focus: 1) stretching the muscles we use most in running 2) encourage participants to explore different planes of the body to diversify their movements 3) build and strengthen the core muscles that runners need to maintain a strong, healthy form.

Activity Code: 3RAE3619
(Section codes listed below)

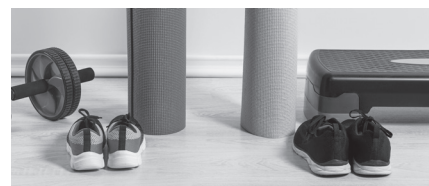
Beulah Brinton BN01
Thu, Jan 27-Mar 17, 4:00PM- 5:00PM
\$28 Residents/\$42 Non-Residents

Blindfold Yoga

Blindfold Yoga offers an opportunity to withdraw the sense of sight to engage in deeper pratyahara (control of the senses), one of yoga's 8-limbs. We will explore how our practice changes in relation to our balance, our interpretation of verbal cues, and what we might do differently when we know others aren't watching and we're not looking at them. This will be a slow flow style. Class fee is non-refundable.

Activity Code: 3RAE3526
(Section codes listed below)

Beulah Brinton BN01
Tue, Dec. 21, 5:00PM- 6:00PM
\$6 Residents/\$9 Non-Residents



It's time for...

YOGA FEST 2022

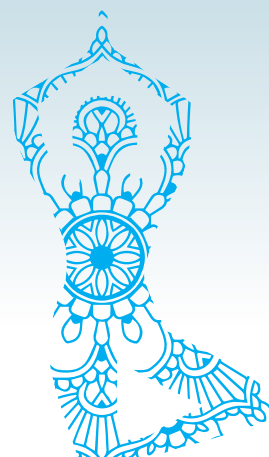
If you spell yoga backwards it's "ago y" - as in, you worked out years ago, why has it been so long?

It's time to stop looking backwards and start looking forward! Kick off the new year with our fun, fantastic and free yoga classes!

FREE yoga classes will be offered on Saturday, January 1, 2022 at **Beulah Brinton Community Center**. See below for times and activity/section codes. Class size is limited and pre-registration is required. Please bring your own yoga mat, water, and sweat towel.

- » 9:00am - 9:45am, 3RAE3620-BN01 (yoga)
- » 10:00am - 10:45am, 3RAE3620-BN02 (gentle yoga)
- » 11:00am - 11:45am, 3RAE3620-BN03 (family yoga)

Questions? Contact Erica Wasserman at Erica@mkerec.net or 414.475.8775.



HEALTH AND WELLNESS

Flower Power

Flowers have been used for healing for centuries. Flower essences are diluted liquid floral extracts used to benefit emotional well-being and mind-body health. Not to be confused with essential oils, which often utilize a whole plant, flower essence is taken in small amounts from the flower only. Flower essences are a subtle energy extract and working with them will help promote mental and spiritual wellness.

Activity Code: 3RAE4100
(Section codes listed below)

Hamilton HA01
Tue, Feb 8, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

Meditation

You will practice guided and mantra meditation, pranayama (mindful breathing exercises), and improving posture. Please bring a yoga mat and a cushion or small pillow.

Activity Code: 3RAE4106
(Section codes listed below)

Beulah Brinton BN01
Tue, Jan 25-Mar 15, 5:00PM- 5:30PM
\$13 Residents/\$20 Non-Residents

Winter Herbs and Teas

Learn about herbs such as ginger and elderberry, their medicinal value and how they can help with addressing breathing concerns due to colds and flu. In addition learn how to make homemade "vaporub". Class fee is non-refundable.

Activity Code: 3RAE4113
(Section codes listed below)

Hamilton HA01
Mon, Jan 31, 7:15PM- 8:15PM
\$7 Residents/\$11 Non-Residents

Chakra Energy and Balance

Join us for Chakra Healing - an ancient philosophy and now a hot trend! This class will help you balance your body and mind using this ancient Eastern wellness belief based on seven energy centers that govern your organs and work together as one system yet independently. Take time to improve your well-being. Class fee is non-refundable.

Activity Code: 3RAE4117
(Section codes listed below)

Hamilton HA01
Tue, Feb 7-Feb 28, 7:15PM- 8:15PM
\$7 Residents/\$11 Non-Residents

Parsley, Sage, Rosemary & Thyme

Well, we're not exactly Scarborough Fair, but come take a little thyme out to join us for some sage advice on growing your own herb garden. Whether planted in the ground or in pots, herbs are little treasures we can open up again and again. Get tips on the top herbs to grow, which go well together, and what to do with all that basil. Learn about medicinal and healing properties as well as a little good 'ol folklore. Class fee is non-refundable.

Activity Code: 3RAE4120
(Section codes listed below)

Hamilton HA01
Tue, Mar 1, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

What's Your Color?

It has been said that we should eat all the colors (of food) to maintain a healthy diet. What about the colors we wear? What color identifies your personality? Let us assist you in finding out more about yourself by discovering how color affects you and how your body's chakras (energy centers) 'tune in' to color. Class fee is non-refundable.

Activity Code: 3RAE4133
(Section codes listed below)

Hamilton HA01
Tue, Feb 1, 6:00PM- 7:30PM
\$7 Residents/\$11 Non-Residents

Foot Reflexology Part 1

Reflexology is a science and an art that deals with the principle that there are reflex points on your feet, hands, face and ears. In this class we will discuss the feet and how you can help yourself deal with pain and stress in your body. Please bring a dry washcloth, and drinking water. We will learn how to help relieve stress by balancing the parasympathetic nervous system (the Rest and Digest System). If you can not reach your feet, bring a friend who can help you. Class taught by Gail Vella of Compassionate Reflexology. A \$7 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 3RAE4150
(Section codes listed below)

Hamilton HA01
Tue, Feb 1, 6:30PM- 8:30PM
\$8 Residents/\$12 Non-Residents

Foot Reflexology Part 2

During this class we will continue to address your personal issues to help relieve pain and stress through your feet. This class is the second part of Foot Reflexology. Please bring a dry washcloth, drinking water, and lotion. Class taught by Gail Vella of Compassionate Reflexology. Class fee is non-refundable.

Activity Code: 3RAE4151
(Section codes listed below)

Hamilton HA01
Tue, Feb 8, 6:30PM- 8:30PM
\$8 Residents/\$12 Non-Residents

Stress Relief Techniques

GOT STRESS? These movements, combined with break work and other things your mother may have never taught you to help relieve stress and tension to keep yourself healthy and help prevent health related problems. Class taught by Gail Vella, CPR, RYT, Certified Registered Reflexologist of Compassionate Reflexology. Wear comfortable clothes and bring water to drink. Class fee is non-refundable.

Activity Code: 3RAE4154
(Section codes listed below)

Hamilton HA01
Tue, Feb 15, 6:30PM- 8:00PM
\$7 Residents/\$11 Non-Residents



LANGUAGE SKILLS

Spanish

Learn appropriate Spanish words for: greeting, health, household, daily activities, weather and much more. The book that is used for the class is 'Spanish made Simple'. You can purchase the textbook for \$14 (cash or check only) on the first day of the class. If you have any questions, please contact us at 414.647.6065.

50+

Activity Code: 3R554401
(Section codes listed below)

OASIS 5501
(Advanced)
Fri, Jan 21-Mar 25, 11:30AM-12:30PM
\$22 Residents/\$33 Non-Residents

OASIS 5502
(Beginner)
Fri, Jan 21-Mar 25, 12:30PM- 1:30PM
\$22 Residents/\$33 Non-Residents

Sign Language

This language class focuses on finger spelling, vocabulary, non-verbal expressive skills and sentence structure.

Activity Code: 3RAE4405
(Section codes listed below)

Beulah Brinton BN01
Mon, Jan 24-Mar 14, 6:15PM- 7:15PM
\$24 Residents/\$36 Non-Residents

Spanish Conversation

The ability to communicate in Spanish is necessary for many professions and is key to a greater enjoyment of travel south of the border. Receive instruction on pronunciation and essential grammar, through reading, writing and conversational practice. You can purchase the textbook for \$14 (cash or check only) on the first day of the class. Level 2 and 3 Spanish conversation requires working knowledge of general Spanish phrases and vocabulary.

Activity Code: 3RAE4801
(Section codes listed below)

MacDowell JU01
(Level 1)
Wed, Jan 19-Mar 9, 6:00PM- 7:30PM
\$34 Residents/\$51 Non-Residents

Riverside RS01
(Level 1)
Tue, Jan 18-Mar 8, 6:00PM- 7:30PM
\$34 Residents/\$51 Non-Residents

Riverside RS02
(Level 2)
Tue, Jan 18-Mar 8, 7:30PM- 9:00PM
\$34 Residents/\$51 Non-Residents

Korean Culture II

If you can read Korean alphabets, you can take Korean Culture III! In this class you'll learn more in-depth knowledge relating to Korean history, arts, and music.

Activity Code: 3RAE4432
(Section codes listed below)

Hamilton HA01
Sat, Jan 15-Mar 5, 10:15AM-11:45AM
\$34 Residents/\$51 Non-Residents

Juegos y Conversacion 3 (En el Supermercado/Resturante)

Prerequisite: Working knowledge of basic spoken and written Spanish. En esta clase vamos a conversar en español, usando vocabulario y gramatica relacionados con el tema indicado. Vamos a emplear juegos y actividades para practicar el vocabulario y despues, crear "Dialogos Dirigidos" (Directed Dialogs) con una pareja o en un grupo pequeno. Los participantes deben saber hablar español basico. Esta clase es para PRACTICAR; no para APRENDER! Las dos secciones son diferentes e independientes. Se puede registrarse en una o dos secciones.

Activity Code: 3RAE4811
(Section codes listed below)

Hamilton HA01
Wed, Feb 2, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

Juegos y Conversacion 4 (Actividades/Deportes/Quehaceres)

Prerequisite: Working knowledge of basic spoken and written Spanish. En esta clase vamos a conversar en español, usando vocabulario y gramatica relacionados con el tema indicado. Vamos a emplear juegos y actividades para practicar el vocabulario y despues, crear "Dialogos Dirigidos" (Directed Dialogs) con una pareja o en un grupo pequeno. Los participantes deben saber hablar español basico. Esta clase es para PRACTICAR; no para APRENDER! Las dos secciones son diferentes e independientes. Se puede registrarse en una o dos secciones.

Activity Code: 3RAE4812
(Section codes listed below)

Hamilton HA01
Wed, Mar 2, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

A word from our customers...

I enjoyed Spanish Conversation because the instructor was prepared, friendly, and accommodating!



Milwaukee Recreation is NOW HIRING!

Interested in joining Milwaukee Recreation? Apply for our part-time positions today! Milwaukee Recreation is now hiring for a variety of paid, part-time positions, including with our Community Centers team. Visit mkerec.net/jobopenings for more information or scan the QR code.



Spanish 3B

Pre-requisite: Successful completion of Spanish 3A or consent of the instructor. This course is intended for students who completed Spanish 3A with Professor Pat in the winter of 2021. We will cover Chapters 15 & 16 in our textbooks. Students will be expected to print out some materials (from pdfs sent by email). We will learn new vocabulary, master new grammar concepts and put our knowledge into practice using games and activities designed especially for this textbook. In addition, students will be given access to websites (which will provide practice activities for students to do at home) and links to other helpful websites. The instructor is Professor Pat. This is a great way to continue your Spanish studies!

Activity Code: 3RAE4815
(Section codes listed below)

Hamilton HA01
Tue, Jan 18-Mar 8, 6:00PM- 8:00PM
\$44 Residents/\$66 Non-Residents

MARTIAL ARTS

Judo

Judo or 'gentle way/technique' focuses on manipulating an opponent's force against him/her rather than confronting it with one's own force. Join us to learn about judo under personalized instruction that focuses on technique and tradition. Students Interested in continuing through the advanced level must demonstrate a high level of comfort with properly executed Judo falls and have instructor approval. USJA and USMA associated. Please wear clothes without buttons or metal. Class is combined with youth class.

Activity Code: 3RAE4501
(Section codes listed below)

MacDowell JU01
Mon, Jan 24-Mar 14, 6:30PM- 7:30PM
\$24 Residents/\$36 Non-Residents

MacDowell JU02
(Adv.)
Mon, Jan 24-Mar 14, 7:45PM- 8:45PM
\$24 Residents/\$36 Non-Residents

Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. A useful way for you to learn the art of self-discipline, mental preparation, concentration and self-control. Various kicking and punching techniques, correct body positioning and self-defense will be covered. A great opportunity to increase your flexibility, general conditioning and self-defense techniques.

Activity Code: 3RAE4503
(Section codes listed below)

Hamilton (Ages 15 & up) HA01
(Class is combined with youth class)
Mon/Wed, Jan 19-Mar 9, 5:30PM- 6:30PM
\$44 Residents/\$66 Non-Residents

Hamilton (Ages 15 & up) HA02
(Class is combined with youth class)
Mon/Wed, Jan 19-Mar 9, 6:45PM- 7:45PM
\$44 Residents/\$66 Non-Residents

Milwaukee Marshall (Ages 15 & up)... MR02
(Beg., White, Orange, & Yellow Belt)
Wed, Jan 19-Mar 9, 6:00PM- 7:00PM
\$24 Residents/\$36 Non-Residents

Milwaukee Marshall (Ages 15 & up)... MR01
(Beg., White, Orange, & Yellow Belt)
Mon, Jan 24-Mar 14, 6:00PM- 7:00PM
\$24 Residents/\$36 Non-Residents

Riverside (Ages 15 & up) RS04
(Black belts only, all ranks all ages)
Sat, Jan 15-Mar 5, 11:45AM-12:30PM
\$20 Residents/\$30 Non-Residents

Riverside (Ages 15 & up) RS03
(All Ranks, white-red/black)
Sat, Jan 19-Mar 9, 12:30PM- 1:15PM
\$19 Residents/\$29 Non-Residents

Riverside (Ages 15 & up) RS01
(Beg. white-yellow belts, combined with youth class)
Mon/Wed, Jan 24-Mar 16, 6:00PM- 6:45PM
\$44 Residents/\$66 Non-Residents

Riverside (Ages 15 & up) RS02
(All ranks, all ages)
Mon, Jan 24-Mar 14, 6:00PM- 6:45PM
\$24 Residents/\$36 Non-Residents

Riverside (Ages 15 & up) RS05
(Int./Adv., Camo-Black Belt, combined with youth class)
Mon/Wed, Jan 24-Mar 16, 6:45PM- 7:30PM
\$44 Residents/\$66 Non-Residents

Riverside (Ages 15 & up) RS06
(Adv. Blue-Black Belt, combined with youth class)
Mon/Wed, Jan 24-Mar 16, 7:30PM- 8:15PM
\$44 Residents/\$66 Non-Residents

Women's Self-Defense

Be confident about protecting yourself when the need arises. Learn real life strategies and situational awareness to avoid confrontations. Learn basic escape techniques to get out of a situation, if one occurs. Class time includes awareness discussions and practicing techniques.

Activity Code: 3RAE4504
(Section codes listed below)

MacDowell (Ages 14 & up) JU01
Wed, Jan 19-Mar 8, 7:30PM- 8:30PM
\$24 Residents/\$36 Non-Residents



Weather Policy & Program Cancellations:

School Day Cancellations:
If weather conditions cause Milwaukee Public Schools to close or dismiss early, Milwaukee Recreation programs will be canceled. Weekend weather cancellations for Milwaukee Recreation activities and interscholastic athletics/academics will be announced via the Milwaukee Recreation website (mkerec.net), social media, and local media.



MUSIC

Songwriting 101

Are you an aspiring songwriter? Got a melody stuck in your head, or maybe a clever lyric? No matter what age, anyone can write a song. Mr. D will lead you through the basics of music theory, rhyming schemes, melodies and harmony, and so much more. It's helpful, but not necessary that you know how to play an instrument, and you won't need to bring one to class. Class is combined with youth class.

Activity Code: 3RAE4601
(Section codes listed below)

Hamilton HA01

Wed, Jan 19-Mar 9, 7:45PM- 8:45PM
\$24 Residents/\$36 Non-Residents



Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Class is combined with youth class. Class is taught by Mr. D.

Activity Code: 3RAE4602
(Section codes listed below)

Beulah Brinton BN01

Fri, Jan 28-Mar 18, 7:15PM- 8:15PM
\$24 Residents/\$36 Non-Residents

Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with youth class.

Activity Code: 3RAE4603
(Section codes listed below)

Beulah Brinton BN01

Fri, Jan 28-Mar 18, 6:00PM- 7:00PM
\$24 Residents/\$36 Non-Residents



Guitar

Guitar 1 joins the campfire with Mr. D. This class focuses on basic chords, note reading, and different strumming techniques, plus guitar maintenance. Bring your own guitar. Class is combined with youth class. Guitar 1/Semi-Private focuses on the music theory side of playing guitar, as taught by Mr. D. Scales and chord theory are key elements of this class. Bring your own guitar. Class is combined with youth class. Guitar 2/Semi-Private builds your song repertoire and techniques with Mr. D. For students with previous guitar experience. Bring your own guitar. Class is combined with youth class.

Activity Code: 3RAE4604
(Section codes listed below)

Beulah Brinton BN01

(Guitar 1)
Sat, Jan 29-Mar 19, 2:00PM- 3:30PM
\$34 Residents/\$51 Non-Residents

Hamilton HA01

(Guitar 1)
Thu, Jan 20-Mar 10, 6:00PM- 7:30PM
\$34 Residents/\$51 Non-Residents

Riverside RS01

(Guitar 1/Semi-Private)
Mon, Jan 24-Mar 14, 6:30PM- 8:00PM
\$77 Residents/\$116 Non-Residents

Riverside RS02

(Guitar 2/Semi-Private)
Mon, Jan 24-Mar 14, 8:15PM- 9:15PM
\$53 Residents/\$80 Non-Residents

Piano

Piano 1 will give beginning piano enthusiasts an introduction to the keyboard, including note reading, rhythm, two handed playing, and techniques. No need to bring your keyboard from home. Class is taught by Mr. D. Class is combined with youth class. Piano 2 takes you to the next level. Keys, scales, chords, and melodies, Mr. D makes theory fun. For those with previous keyboard and note-reading experience. No need to bring your keyboard from home. Class is combined with youth class.

Activity Code: 3RAE4607
(Section codes listed below)

Beulah Brinton BN01

(Piano 1)
Sat, Jan 29-Mar 19, 10:30AM-12:00PM
\$34 Residents/\$51 Non-Residents

Beulah Brinton BN02

(Piano 2)
Sat, Jan 29-Mar 19, 12:15PM- 1:45PM
\$34 Residents/\$51 Non-Residents

Hamilton HA01

(Piano 1)
Wed, Jan 19-Mar 9, 6:00PM- 7:30PM
\$34 Residents/\$51 Non-Residents

Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Class is combined with youth class.

Activity Code: 3RAE4608
(Section codes listed below)

Beulah Brinton BN01

Sat, Jan 29-Mar 19, 4:00PM- 6:00PM
\$44 Residents/\$66 Non-Residents



Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Class is combined with youth class.

Activity Code: 3RAE4609
(Section codes listed below)

Hamilton HA01

Thu, Jan 20-Mar 10, 7:45PM- 8:45PM
\$24 Residents/\$36 Non-Residents

Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Class is combined with youth class.

Activity Code: 3RAE4611
(Section codes listed below)

Hamilton HA01

Tue, Jan 18-Mar 8, 6:00PM- 7:00PM
\$24 Residents/\$36 Non-Residents

ORGANIZATION

Senior Downsizing

Discussing the importance to start going through your belongings now and not leaving it to your loved ones to figure out on their own. This way, if/when they are no longer able to stay in their home and must move to senior living, they could have taken time to select the items most important to them instead of being pressured to hurry when that time comes. This can be very stressful for all involved. Also, they can take inventory of what they have and start passing on items they want to go to certain people or organizations or make notes of it for later. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing. Class fee is non-refundable.

Activity Code: 3RAE2601
(Section codes listed below)

Milwaukee MarshallMR01
Wed, Feb 2, 6:30PM- 8:30PM
\$12 Residents/\$18 Non-Residents

Declutter before Moving and Selling Your Home

Discussing what to do when these big events are approaching - de-clutter, organize, downsize, pre-packing and so much more. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing. Class fee is non-refundable.

Activity Code: 3RAE2602
(Section codes listed below)

Milwaukee MarshallMR01
Wed, Feb 9, 6:30PM- 8:30PM
\$12 Residents/\$18 Non-Residents

Declutter/Organize Your Home

The first step to getting organized is to declutter. Discussion will include different ways to declutter and find the ones that work best for you. Now that you have decluttered, it's time to get organized. We will also figure out which style of organization that works best for you and your family. Class taught by Tamara Starr, Sweet Simplicity Professional Organizing.

Activity Code: 3RAE2607
(Section codes listed below)

Milwaukee MarshallMR01
Wed, Feb 16, 6:30PM- 8:30PM
\$12 Residents/\$18 Non-Residents

OUTDOOR EDUCATION

Sensational Snowflakes

Do you ever wonder why snow is white or why snowflakes are different from each other? This class will teach you the flakey facts of snow and techniques to make your own beautiful snowflake. Free with OASIS Center Membership. (Membership fees are \$15/Res and \$25/Non-Res) Membership is good for one year from purchase date. If you have any questions, please contact us at 414.647.6041.

50+

Activity Code: 3R555005
(Section codes listed below)

OASIS 5501
Thu, Jan 20, 12:15PM- 1:45PM
\$5 Residents/\$8 Non-Residents

Nature Art

Join our Naturalist/Artist and paint, draw or create nature themed items all while learning about our natural world. Free with OASIS. Center Membership. (Membership fees are \$15/Res and \$25/Non-Res) Membership is good for one year from purchase date. If you have any questions, please contact us at 414.647.6041.

50+

Activity Code: 3R555006
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Thu, Feb 17, 12:15PM- 1:45PM
\$5 Residents/\$8 Non-Residents

Birdhouse Making

Make your yard a home for the birds when they return this spring. After migrating many birds are looking for a place to build a nest and this workshop will help you welcome them into your yard. We can help you construct a birdhouse that any feathered friend would be proud to call home. Birdhouses will be sized for small to medium birds, including Chickadees, Finches, Wrens, Swallows, Nuthatches and more. Pre-cut lumber and hands-on instruction provided. Free with OASIS. Center Membership. (Membership fees are \$15/Res and \$25/Non-Res) Membership is good for one year from purchase date. If you have any questions, please contact us at (414) 647-6041.

50+

Activity Code: 3R555007
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Thu, Mar 17, 12:15PM- 1:45PM
\$5 Residents/\$8 Non-Residents

Visit Milwaukee's Stars

Clear skies and long nights make winter a great time for star-gazing in Milwaukee. Learn how to locate the winter constellations: Leo, Virgo & Bootes. Behold the twinkle of the distant suns: Regulus, Spica and Arcturus; and the visible planets: Mercury, Venus, Mars, Neptune and Saturn. This Program is geared toward children, but can be enjoyed by adults. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P126002
(Section codes listed below)

Hamilton (Ages 6 & up) HA01
Tue, Feb 8, 6:30PM- 7:45PM
\$4 Residents/\$6 Non-Residents

The Color of Stars

Winter's bright stars give us an opportunity to observe star colors in our night sky. What do the colors tell us about the stars we see? And why are there no purple or green stars? Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P126028
(Section codes listed below)

Hamilton (Ages 6 & up) HA01
Thu, Jan 27, 6:30PM- 7:45PM
\$4 Residents/\$6 Non-Residents

Beginner's Guide to the Galaxy

Tour our galaxy from the comfort of the planetarium. Our presenter will be your guide to our own Milky Way Galaxy. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P126029
(Section codes listed below)

Hamilton (Ages 6 & up) HA01
Tue, Mar 8, 6:30PM- 7:45PM
\$4 Residents/\$6 Non-Residents

DID YOU KNOW?

The **top three mental health opportunities** found in parks and recreation include: **socializing with friends and family, spending time in nature, and exercising.**

via nrpa.org/parkpulse

PERSONAL SKILLS

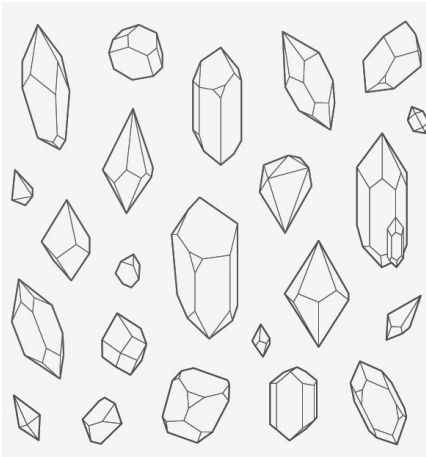
Herbs, Crystals, and Stones

Humans have used plants for thousands of years in many different ways. Learn about the top 10 herbs and their benefits to your daily life. Find out what rocks are associated with love, success, happiness, and health. This workshop will help you explore ancient folklore and show you how to put these practices to work for you. A \$5 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.

Activity Code: 3RAE5405
(Section codes listed below)

Hamilton HA01

Thu, Feb 3, 7:15PM- 8:15PM
\$6 Residents/\$9 Non-Residents



Old Family Photos in the Digital Age

Cabin fever is the perfect time to finally cull and organize your old family photos. This two hour seminar covers image selection, creating a workflow, scanning prints and slides, outsource options, archiving the collection, and how to get and stay organized. Information on computer use is for Windows PC computers.

Activity Code: 3RAE5417
(Section codes listed below)

Riverside RS01

Tue, Feb 1, 6:30PM- 8:30PM
\$18 Residents/\$27 Non-Residents

Cutting the Cords - Controlling Cable & Internet Cords

Fees for cable television, home internet, smartphones and streaming services quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on all devices. Instructor C.T. Kruger. Class fee is non-refundable.

Activity Code: 3RAE5443
(Section codes listed below)

Riverside RS01

Tue, Feb 8, 6:30PM- 8:30PM
\$18 Residents/\$27 Non-Residents

You Have Pictures in Your Camera - Now What?

We have hundreds - if not thousands - of pictures in our camera, smartphones and computers. Now what...? This two-hour seminar teaches techniques to save and organize pictures from cameras and smartphones to external devices and to "the Cloud." Instructor is C.T. Kruger. Class fee is non-refundable.

Activity Code: 3RAE5444
(Section codes listed below)

Riverside RS01

Tue, Mar 1, 6:30PM- 8:30PM
\$18 Residents/\$27 Non-Residents

The Camera in Your Smartphone

It's a camera, it's a photo album, it's a television - it's your phone. Learn about the apps, tips, tricks and limitations for pictures and video from iPhone and Android smartphone and tablets. This class will cover your device's camera, home and Cloud storage options, printing and more. Instructor is C.T. Kruger. Class fee is non-refundable.

Activity Code: 3RAE5455
(Section codes listed below)

Riverside RS01

Tue, Feb 15, 6:30PM- 8:30PM
\$18 Residents/\$27 Non-Residents



Smartphone Video and Editing

Whether a parent, an instructor, a business professional or just a creative soul, shooting and editing video with your smartphone is an efficient way to produce spectacular videos of your family, a lesson or a marketing message. This 2 hour workshop covers smartphone video shooting techniques and how to combine video clips, photos, narration and music into a single video using smartphone apps iMovie for iPhones or FilmoraGo for Android. Instructor is C.T. Kruger. Class fee is non-refundable.

Activity Code: 3RAE5456
(Section codes listed below)

Riverside RS01

Tue, Feb 22, 6:30PM- 8:30PM
\$18 Residents/\$27 Non-Residents

Student Loan 411/911

Are you feeling confused, anxious or completely overwhelmed by your student loans? You're not alone! The system is complex, user-unfriendly, and loan servicers aren't as knowledgeable or helpful as they should be. Student loan attorney Amanda Adrian will give you the information you need to understand and successfully manage your student loans. Topics include repayment plans, forgiveness/discharge options, deferment, forbearance, settlement, consolidation, default, rehabilitation, common pitfalls and decision points, and more. Attorney Adrian is the owner of Adrian Consumer Law, a Milwaukee consumer rights law firm. Class fee is non-refundable.

Activity Code: 3RAE5499
(Section codes listed below)

Hamilton HA01

Wed, Feb 2, 6:00PM- 7:30PM
\$7 Residents/\$11 Non-Residents

SPORTS AND RECREATION

Pickleball

Pickleball is an enjoyable and fun game that is played on a badminton court with a lower net. The sport uses a perforated plastic ball and a wood or composite paddle. It is easy for beginners to learn and play but it can also offer a quick, fast-paced, and competitive game for experienced pickleballers. Come join us for open play with our avid pickleball players! If you have any questions, please contact us at 414.647.6065.

Activity Code: 3R550101
(Section codes listed below)

Pulaski PK01
(Open Play)
Sat, Jan 15-Mar 12, 9:00AM-12:00PM
\$18 Residents/\$27 Non-Residents

Pulaski PK02
(Open Play)
Wed, Jan 19-Mar 16, 6:30PM- 9:00PM
\$18 Residents/\$27 Non-Residents



50+ Volleyball Skills Refresher

This beginner's class is for those who have always wanted to learn how to play volleyball or are looking for a fun and social environment in which to exercise and sharpen their volleyball skills. Learn the basic skills and playing concepts necessary to further your enjoyment of the game.

50+ **Activity Code: 3R556201**
(Section codes listed below)

Beulah Brinton (Ages 50 & up) BN01
Tue/Thu, Jan 18-Feb 3, 1:15PM- 2:30PM
\$12 Residents/\$16 Non-Residents

50+ Intro to Chair Volleyball

The laughter is contagious! Chair Volleyball is a fun, friendly and competitive game with very few rules. In fact, there is only one rule: you must stay seated in a chair, with both feet on the floor. If a player happens to come off the chair during a game, the opposing team wins the point. This game is built for FUN; the ball is a beach ball and the lowered net hangs at five feet and each team seats six players.

50+ **Activity Code: 3R556202**
(Section codes listed below)

Beulah Brinton BN02
Tue/Thu, Jan 18-Feb 3, 1:15PM- 2:30PM
\$12 Residents/\$16 Non-Residents



30+ Basketball

Enjoy a good workout and great competition in this open basketball play for people 30 years and over. Teams will be formed each night. Do not bring children under 12 years old; supervision will not be provided. Fee is based on 1.5 hours of play per night.

Activity Code: 3RAE6201
(Section codes listed below)

Beulah Brinton (Ages 30 & up) BN01
Mon, Jan 24-Mar 27, 6:00PM- 8:20PM
\$42 Residents/\$63 Non-Residents

Tennis Lessons

Prepare for the next match. These lessons will teach you the proper forehand, backhand and ground strokes needed to move the ball when it arrives on your side of the court. Learn the proper serving techniques to make ace serves. Bring your own racquet; wear sports clothing.

Activity Code: 3RAE6204
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Jan 15-Mar 5, 8:45AM- 9:45AM
\$33 Residents/\$49.50 Non-Residents



Co-Rec Volleyball

This open volleyball play will give you the chance to practice your skills in a friendly, non-competitive environment. Bring yourself and a friend for a fun night of volleyball. Everyone plays. Wear sports clothing. Fee is per person.

Activity Code: 3RAE6205
(Section codes listed below)

Milwaukee Marshall MR01
Wed, Jan 19-Mar 9, 6:30PM- 8:00PM
\$34 Residents/\$51 Non-Residents

Volleyball - Co-Ed League

BUMP, SET, SPIKE! Register now for this structured coed volleyball league. The registration must be complete with team name and information for all players including address, zip code and telephone number. Game times will fluctuate from week to week. Each team will be provided schedules the first week of play. A staff member will keep score. Teams must have 3 or more females. Online registration is not available for teams or individuals. Teams and individuals must register at Beulah Brinton Community Center. Fee is per person.

Activity Code: 3RAE6206
(Section codes listed below)

Beulah Brinton BN01
(Teams)
Tue, Jan 11-Apr 4, 6:15PM- 9:15PM
\$37 Residents/\$56 Non-Residents

Beulah Brinton BN02
(Teams)
Fri, Jan 14-Apr 7, 6:15PM- 8:15PM
\$37 Residents/\$56 Non-Residents



Golf Lessons - Indoors

Don't know the difference between a wood and an iron, a green and fairway? Is an eagle just a large birdie? Learn the very basics of golf including how the game is played, terminology, proper grip, stance and swing. Bringing your clubs (7 iron and putter) is not mandatory, but recommended.

Activity Code: 3RAE6210
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Jan 15-Mar 5, 3:00PM- 4:00PM
\$24 Residents/\$36 Non-Residents

PROFESSIONAL SKILLS

Basketball Officiating Crash Course

This beginner course will cover the introductory skills and concepts you will need to learn as a new official. It is designed to help you understand the rules of basketball and how to enforce them, as well as teach you signals/mechanics, positioning and other pertinent information. This course is for individuals ages 15 years and up. There are no pre-requisites for this course, but you must come to class prepared to participate in the classroom lessons and on-court demonstrations.

Activity Code: 3RAS1401
(Section codes listed below)

Milw School of Languages..... ML01

Wed, Jan 19-Feb 16, 6:00PM- 8:00PM
\$23 Residents/\$29 Non-Residents



Scorekeeper & Timekeeper Training Sessions

Sports scorekeepers and timekeepers are an essential part of any officiating crew, and they are hired to assist the game officials. This introductory course will teach you the basics of each sport to include: purpose & objectives, technical skills and specific duties, rules sources, sport specific terminology, and proper communication with game officials. These sessions will cover basketball, soccer, football, softball, and baseball scorekeeping/timing. These sessions are for individuals ages 15 years and older. There are no pre-requisites, however, basic sports knowledge is helpful.

Activity Code: 3RAS1402
(Section codes listed below)

Milw School of Languages

(Ages 15 & up)..... ML01

(BASKETBALL)
Wed, Jan 19, 6:00PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Milw School of Languages

(Ages 15 & up)..... ML02

(BASKETBALL)
Wed, Jan 26, 6:00PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Milw School of Languages

(Ages 15 & up)..... ML03

(BASKETBALL)
Wed, Feb 2, 6:00PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Milw School of Languages

(Ages 15 & up)..... ML04

(BASEBALL & SOFTBALL)
Wed, Feb 9, 6:00PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Milw School of Languages

(Ages 15 & up)..... ML05

(BASEBALL & SOFTBALL)
Wed, Feb 16, 6:00PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Milw School of Languages

(Ages 15 & up)..... ML06

(SOCCER)
Wed, Feb 23, 6:00PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Interested in the Basketball Officiating Crash Course or Scorekeeper & Timekeeper Training? Check out our...

FRIENDS AND FAMILY DISCOUNT!

Are you are a current MPS high school student age 15-18 or a Milwaukee Recreation employee who is interesting in becoming a basketball official or working the game table as a scorekeeper & timer? If so...we want **YOU!**

Milwaukee Recreation is now offering **FREE** officiating training courses to current MPS high school students and Milwaukee Recreation employees that provide technical skills that will last a lifetime. See below for promotional codes (codes are valid Tuesday, December 7, 2021 - Tuesday, January 11, 2022).

High School students use code:
HSOFFICIAL

Milwaukee Recreation employees use code: **RECEMP**

Again, this offer is only open for current MPS high school students OR Milwaukee Recreation employees.



WINTER 2021-22 ADULT TEAM SPORTS

TEAM REGISTRATION NOW OPEN! Visit mkerec.net/adultsports or contact the Adult Sports office at 414.647.6046 or adultsports@mkerec.net for more information and to register your team. League schedules, scores, and standings are available on teamsideline.com/sites/MilwaukeeRecreation.

UPDATE: ADULT SPORTS REGISTRATION FEES:

All Adult Sports team registration fees now include player fees. Previously, player fees were collected separately from team fees; now they are included with the team registration fee based on the average number of players for that sport. This change has streamlined the registration process for both players and staff.

WINTER MEN'S BASKETBALL LEAGUES

Play 1 night/week in our men's basketball leagues. League play available on Mondays, Tuesdays, Wednesdays, or Thursdays. Location are still being arranged. Contact our office for more information. League registration closes November 15. League play starts the week of December 6 and runs for 10 weeks. Team registration only. Team registration fee is \$512 (resident) and \$562 (non-resident).

WINTER COED AND WOMEN'S BASKETBALL LEAGUES

Play 1 night/week in our coed or women's basketball leagues. Coed plays Thursdays @ MSL. Women's plays Thursdays @ WCLL. League registration closes December 13. League play starts the week of January 3 and runs for 8 weeks. Team registration only. Team registration fee is \$410 (resident) and \$460 (non-resident).

WINTER COED FUTSAL LEAGUE

Play 1 night/week in our coed futsal league. Thursdays @ Beulah Brinton. League registration closes December 13. League play starts January 6 and runs for 6 weeks. Team registration only. Team registration fee is \$250 (resident) and \$300 (non-resident).

WINTER COED AND WOMEN'S VOLLEYBALL LEAGUES

Play 1 night/week in our women's (Tuesdays) coed (Wednesdays) volleyball leagues at Wedgewood. League registration closes December 13. League play starts the week of January 3 and runs for 10 weeks. Team registration only. Team registration fee is \$312 (resident) and \$362 (non-resident).

SPRING SPORTS

Spring sports will be here before you know it! In the spring we offer futsal, golf, kickball, softball, and volleyball leagues. Visit mkerec.net/adultsports or contact the Adult Sports office at 414.647.6046 or adultsports@mkerec.net for more information.

CALLING ALL INDIVIDUAL PLAYERS/FREE AGENTS!

If you are an individual interested in participating, post a message on our free agent board at mkerec.net/adultsports and join an already formed team. This is an excellent opportunity for individuals and teams to have fun and meet people.

WANTED: OFFICIALS AND REFEREES

If you have experience officiating adult basketball, flag football, kickball, soccer, softball, or volleyball we need you! If you are interested, please contact the Adult Sports office at 414.647.6046 or adultsports@mkerec.net

CORPORATE LEAGUES

Interested in creating a corporate sports league for your business? Please contact the Adult Sports team @ 414.647.6046 or adultsports@milwaukeeerecreation.net for a partnership opportunity!

SPONSORSHIP OPPORTUNITIES

Looking to sponsor a team in one of our winter, spring/summer, or fall leagues or have a team of your own you would like to enter? We also have 50+ Softball teams that need sponsors as well. Please contact Brandon Sweet (brandon@mkerec.net) or Megan Frey (megan@mkerec.net) for more information!

TEAM SIDELINE

Check out our new scheduling and roster management site for all of our Adult Sports Leagues @ <https://www.teamsideline.com/sites/MilwaukeeRecreation/schedules>.



ESPORTS LEAGUES!

Please contact Brandon Sweet (brandon@mkerec.net) or Lyndsay Dake (lyndsay@mkerec.net) for information on our Esports Leagues!

An update from Milwaukee Recreation:

Participants competing in outdoor sports will not be required to wear a mask. For indoor sports, masks will not be required while participants are competing, but masks will be required while not competing.

Participants in Milwaukee Recreation's high-intensity aerobic activities are not required to wear masks if spaced in large gyms. Milwaukee Recreation staff will notify participants on site if they can be unmasked in the high-intensity aerobic activities.

THERAPEUTIC RECREATION

Splash, Splash, Swim

The wave of the future begins with specialized swim instruction for individuals with disabilities. We provide 1 instructor per 4 students. Swimmers must be at least 3 years old. Due to physical distancing, assistance from a household member (age 16 or older) will be required in the water if the participant is not totally independent in water. Physical distancing from non-household members will take place in the pool. Fee for participant only. Swimmers must be at least 4 feet tall to go in the pool without a parent/adult. Family members and non-disabled participants are not eligible for lessons. Swimmers who need assistance in the locker room must provide their own attendant. Children ages 6 and above must use the appropriate male/female locker room. It is recommended to arrive to the class in swim gear. Participants must provide their own towel, suit, and swim cap (caps available for \$2). This is a Therapeutic Recreation Program for individuals with disabilities. Call 414.647.6065 for more information.

Activity Code: 3RTR0501
(Section codes listed below)

Hamilton (Ages 3 & up) HA01
(Winter Only)

Tue, Jan 18-Mar 8, 5:40PM- 6:40PM
\$36 Residents/\$54 Non-Residents

Hamilton (Ages 3 & up) HA02
(Winter/Spring - No Class March 17 or April 7)

Tue, Jan 18-May 24, 7:00PM- 8:00PM
\$72 Residents/\$108 Non-Residents

North Division (Ages 3 & up)..... ND01
(Winter Only)

Thu, Jan 20-Mar 10, 5:40PM- 6:40PM
\$36 Residents/\$54 Non-Residents

North Division (Ages 3 & up)..... ND02
(Winter/Spring -)

Thu, Jan 20-May 26, 7:00PM- 8:00PM
\$72 Residents/\$108 Non-Residents



Alley Cats

Bring your friends and family; create your own bowling team. Cost includes three games of bowling, shoes, and special events. Agencies must provide support staff. You must be a registered club member to bowl. An additional \$6.75 is due at the alley each week for bowling fees. Call 414.647.6065 for more information. Meet at AMF Bowlero Lanes. Transportation is not provided. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable.

Activity Code: 3RTR6601
(Section codes listed below)

AMF West (Ages 6 & up).....AM01
(Winter Only)

Sat, Jan 22-Mar 19, 9:00AM-11:00AM
\$8 Residents/\$12 Non-Residents

AMF West (Ages 6 & up).....AM02
(Winter/Spring - No class on March 26, April 2, or April 16)

Sat, Jan 22-May 21, 9:00AM-11:00AM
\$13 Residents/\$20 Non-Residents



Awesome Appetizers and Desserts Too!

Like to cook and socialize with friends? Each week we will make either a dessert or an appetizer for all to enjoy. Great ideas for entertaining at home! An \$8 (cash only) supply fee is due at the first class. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6602
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(Winter Only)

Wed, Jan 26-Mar 16, 7:30PM- 8:30PM
\$25 Residents/\$38 Non-Residents

Hamilton (Ages 10 & up) HA02
(Winter/Spring - No class March 23 and March 30)

Wed, Jan 26-May 18, 7:30PM- 8:30PM
\$40 Residents/\$60 Non-Residents



Computer Club

Computers are a great resource. Join us as we help you explore all you can do with a computer. Word processing, e-mail, Internet, games and more. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6604
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)

Fri, Jan 28-Mar 18, 4:00PM- 5:00PM
\$25 Residents/\$38 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on March 25, April 1, or April 15)

Fri, Jan 28-May 20, 4:00PM- 5:00PM
\$38 Residents/\$57 Non-Residents

Culture Cafe

Culture Cafe has been a long time favorite cooking class and one you don't want to miss! Join us as we cook and enjoy delicious dishes from all over the world in addition to learning fun facts about the countries they originate from. An \$8 (cash only) supply fee is due at the first class. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6605
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(Winter Only)

Thu, Jan 27-Mar 17, 7:00PM- 8:30PM
\$30 Residents/\$45 Non-Residents

Hamilton (Ages 10 & up) HA02
(Winter/Spring - No class March 24 and March 31)

Thu, Jan 27-May 19, 7:00PM- 8:30PM
\$56 Residents/\$84 Non-Residents

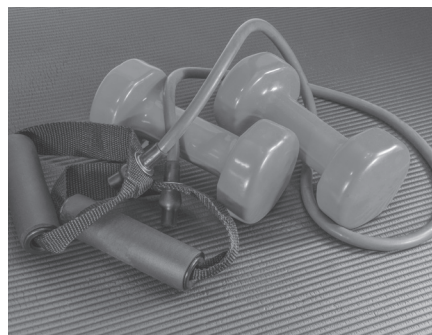
Diner's Club

Good friends and great food is what you'll find on Friday nights. We'll create a delicious dinner each Friday evening. Feel free to bring a favorite recipe to share and your appetite. An \$8 (cash only) supply fee is due at the first gathering. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6606
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)
Fri, Jan 28-Mar 18, 5:00PM- 7:00PM
\$40 Residents/\$60 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on March 25, April 1, or April 15)
Fri, Jan 28-May 20, 5:00PM- 7:00PM
\$63 Residents/\$95 Non-Residents

**Friday Night Combo with Boot Camp!**

Our Friday Night Combo with Boot Camp includes T.R. Boot Camp, Diner's Club, and Moviers & Shakers. An \$8 (cash only) supply fee is due at the first gathering. An additional \$2 (cash only) fee is due each week upon entry. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6607
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)
Fri, Jan 28-Mar 18, 4:00PM- 9:00PM
\$68 Residents/\$102 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on March 25, April 1, or April 15)
Fri, Jan 28-May 20, 4:00PM- 9:00PM
\$101 Residents/\$152 Non-Residents

Friday Night Combo with Computers!

Our Friday Night Combo with Computers includes Computer Club, Diner's Club, and Moviers & Shakers. An \$8 (cash only) supply fee is due at the first gathering. An additional \$2 (cash only) fee is due each week upon entry. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6608
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)
Fri, Jan 28-Mar 18, 4:00PM- 9:00PM
\$68 Residents/\$102 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on March 25, April 1, or April 15)
Fri, Jan 28-May 20, 4:00PM- 9:00PM
\$101 Residents/\$152 Non-Residents

Friday Night Combo with Games!

Our Friday Night Combo with Games includes Game and Card Night, Diner's Club, and Moviers & Shakers. An \$8 (cash only) supply fee is due at the first gathering. An additional \$2 (cash only) fee is due each week upon entry. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6609
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)
Fri, Jan 28-Mar 18, 4:00PM- 9:00PM
\$68 Residents/\$102 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on March 25, April 1, or April 15)
Fri, Jan 28-May 20, 4:00PM- 9:00PM
\$101 Residents/\$152 Non-Residents

Game and Card Night

It's game night! Join your friends for a fun night of games! We will learn and play card games, in addition to trying our luck at some of the classic favorites like UNO and Pictionary! Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6610
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(Winter Only)
Fri, Jan 28-Mar 18, 4:00PM- 5:00PM
\$25 Residents/\$38 Non-Residents

OASIS (Ages 13 & up) 5502
(Winter/Spring - No class on March 25, April 1, or April 15)
Fri, Jan 28-May 20, 4:00PM- 5:00PM
\$38 Residents/\$57 Non-Residents

Let's Get Moving

Like the title says "Let's Get Moving"! Each week we will be active and get some exercise while having fun! Wear comfortable clothing and shoes. No experience necessary. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6611
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(Winter Only)
Thu, Jan 27-Mar 17, 6:00PM- 7:00PM
\$25 Residents/\$38 Non-Residents

Hamilton (Ages 10 & up) HA02
(Winter/Spring - No class March 24 and March 31)
Thu, Jan 27-May 19, 6:00PM- 7:00PM
\$40 Residents/\$60 Non-Residents

Weather Policy & Program Cancellations:

School Day Cancellations: If weather conditions cause Milwaukee Public Schools to close or dismiss early, Milwaukee Recreation programs will be canceled. Weekend weather cancellations for Milwaukee Recreation activities and interscholastic athletics/academics will be announced via the Milwaukee Recreation website (mkerec.net), social media, and local media.

Moviers and Shakers

If you enjoy movies, music and friends, then join us. This program alternates between a large screen movie and a hip-hoppin' dance party. A \$2 (cash only) fee is due each week upon entry. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RTR6612
(Section codes listed below)

OASIS (Ages 13 & up) 5501

(Winter Only)

Fri, Jan 28-Mar 18, 7:00PM- 9:00PM
\$8 Residents/\$12 Non-Residents

OASIS (Ages 13 & up) 5502

(Winter/Spring - No class on March 25, April 1, or April 15)

Fri, Jan 28-May 20, 7:00PM- 9:00PM
\$13 Residents/\$20 Non-Residents



Scrapbooking

Do you have photos at home waiting to be assembled in an album? We will show examples and help you create an artistic memory album. Supplies are included. Bring your favorite photos. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for Individuals with disabilities.

Activity Code: 3RTR6613
(Section codes listed below)

Hamilton (Ages 10 & up) HA01

(Winter Only)

Wed, Jan 26-Mar 16, 6:00PM- 7:30PM
\$30 Residents/\$45 Non-Residents

Hamilton (Ages 10 & up) HA02

(Winter/Spring - No class March 23 and March 30)

Wed, Jan 26-May 18, 6:00PM- 7:30PM
\$56 Residents/\$84 Non-Residents

Sunday Movie Madness

Love movies? So do we, so let's enjoy them together! On various Sundays, we will enjoy an afternoon matinee at South Shore Cinema, 7261 S.13th St., Oak Creek. You will be notified by mail of specific movies and times after registration. The one-time \$8 registration fee does not include the cost of the movie. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RTR6615
(Section codes listed below)

South Shore Cinema (Ages 13 & up) VL01

(Winter Only- Jan 30, Feb 20, and March 13)

Sun, Jan 30-Mar 6, 11:00AM-11:00AM
\$8 Residents/\$12 Non-Residents

South Shore Cinema (Ages 13 & up) VL02

(Winter Only- Jan 30, Feb 20, March 13, April 10, and May 8)

Sun, Jan 30-May 8, 11:00AM-11:00AM
\$13 Residents/\$20 Non-Residents

Super Saturday

Are you ready to have a Super Saturday?! Every Saturday afternoon we will have new and exciting things to do! From creating fantastic art projects to making delicious snacks to participating in exciting gym activities there's something for everyone to enjoy! And don't forget the awesome field trips and special events we will have throughout the season! It's an afternoon of fun that you and your friends don't want to miss!! Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6616
(Section codes listed below)

Manitoba (Ages 6 & up) MB01

(Winter Only)

Sat, Jan 22-Mar 19, 12:30PM- 4:00PM
\$70 Residents/\$105 Non-Residents

Manitoba (Ages 6 & up) MB02

(Winter/Spring - No class on March 26, April 2, or April 16)

Sat, Jan 22-May 21, 12:30PM- 4:00PM
\$115 Residents/\$173 Non-Residents

Milwaukee Marshall (Ages 6 & up) ... MR01

(Winter Only)

Sat, Jan 22-Mar 19, 12:30PM- 4:00PM
\$70 Residents/\$105 Non-Residents

Milwaukee Marshall (Ages 6 & up) MR02

(Winter/Spring - No class on March 26, April 2, or April 16)

Sat, Jan 22-May 21, 12:30PM- 4:00PM
\$115 Residents/\$173 Non-Residents



T.R. Boot Camp

Working out with friends is the best way to stay motivated!! Join our TR boot camp to help get you in a routine. We will try a variety of work-outs to keep it exciting and work various muscle groups. As always, we will adapt activities so all can participate. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6617
(Section codes listed below)

OASIS (Ages 13 & up) 5501

(Winter Only)

Fri, Jan 28-Mar 18, 4:00PM- 5:00PM
\$25 Residents/\$38 Non-Residents

OASIS (Ages 13 & up) 5503

(Winter/Spring - No class on March 25, April 1, or April 15)

Fri, Jan 28-May 20, 4:00PM- 5:00PM
\$38 Residents/\$57 Non-Residents

Thursday Night Combo at Hamilton

Our Thursday Night Combo at Hamilton includes Let's Get Moving and Culture Cafe. An \$8 (cash only) supply fee is due to the instructor at the first class. Call 414.647.6065 for more information. This is a Therapeutic Recreation program for individuals with disabilities.

Activity Code: 3RTR6618
(Section codes listed below)

Hamilton (Ages 10 & up) HA01

(Winter Only)

Thu, Jan 27-Mar 17, 6:00PM- 8:30PM
\$50 Residents/\$75 Non-Residents

Hamilton (Ages 10 & up) HA02

(Winter/Spring - No class March 24 and March 31)

Thu, Jan 27-May 19, 6:00PM- 8:30PM
\$86 Residents/\$129 Non-Residents

Wednesday Night Combo

Our Wednesday Night Combo includes Scrapbooking and Awesome Appetizers & Desserts Too. An \$8.00 (cash only) supply fee is due at the first gathering. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6620
(Section codes listed below)

Hamilton (Ages 10 & up) HA01

(Scrapbooking and Awesome Apps & Desserts -Winter Only)
Wed, Jan 26-Mar 16, 6:00PM- 8:30PM
\$50 Residents/\$75 Non-Residents

Hamilton (Ages 10 & up) HA02

(Scrapbooking and Awesome Apps & Desserts -Winter/Spring - No class March 23 and March 30)
Wed, Jan 26-May 18, 6:00PM- 8:30PM
\$86 Residents/\$129 Non-Residents

Wii Games

Have you tried Nintendo Wii, one of the most active and exciting video games around? We will spend the evening playing various Wii games. No experience is needed, just come ready to have fun!! Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6621
(Section codes listed below)

OASIS (Ages 8 & up) 5501

(Winter Only)
Tue, Jan 25-Mar 15, 6:00PM- 8:00PM
\$31 Residents/\$47 Non-Residents

OASIS (Ages 8 & up) 5502

(Winter/Spring - No class March 22 and March 29)
Tue, Jan 25-May 17, 6:00PM- 8:00PM
\$59 Residents/\$89 Non-Residents

Sunday Fun 4 or Sunday Super 7

Ready to end your weekend with a bit of Milwaukee fun! We have planned 5 different exciting Sunday outings for the Winter Season. Join as many as you like. It is sure to be a great time! Program registration fee is nonrefundable. Fee does not include weekly cost of each event. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable.

Activity Code: 3RTR6628
(Section codes listed below)

Various (Ages 13 & up)..... VL01

(Winter Only - SUNDAY FUN 4 Events will be held on 2/6, 2/13, 2/27, and 3/6)
Sun, Feb 6-Mar 6, 12:00PM-12:00PM
\$8 Residents/\$12 Non-Residents

Various (Ages 13 & up)..... VL02

(Winter/Spring - SUNDAY SUPER 7 Events will be held on 2/6, 2/13, 2/27, 3/6, 4/24, 5/1, and 5/15)
Sun, Feb 6-May 15, 12:00PM-12:00PM
\$13 Residents/\$20 Non-Residents

Schedule Changes:

Please note compliance with COVID-19 regulations may result in schedule changes. We will communicate these as soon as possible. Thank you for your understanding.

Your Safety is our Priority:

Please know we are taking the necessary precautions to ensure your safety while participating in Milwaukee Recreation programs. **The use of face masks or cloth face coverings is required when inside Milwaukee Recreation facilities for all staff and participants over the age of 3.** If you do not have a mask or face covering, one will be provided for you.

**Share Today. Shape Tomorrow.****Mentor a child. Share your wisdom. Make a difference.**

As a volunteer, your experience, abilities and skills can positively shape the lives of children in our community. The Social Development Commission is looking for older adults (55+) to volunteer one-on-one with elementary school children in Milwaukee Public Schools.

Improve a child's life by:

- Tutoring in reading, math and other subjects
- Showing interest, encouragement and compassion
- Developing self-esteem

Volunteers receive:

- Paid training
- Hourly stipend
- Mileage reimbursement

The Foster Grandparent Program serves Milwaukee Public Schools. When you volunteer, you leave a lasting legacy. Help a child create pathways to success.

For additional information about SDC's Foster Grandparent Program, please call **414.906.4608** or visit us at **cr-sdc.org**



TEAM MILWAUKEE SPECIAL OLYMPICS

Team Milwaukee is a registered agency with Special Olympics Wisconsin

This year-round sports program offers both adults and youth with intellectual disabilities the opportunity to learn and improve skills through training and competition in various sports. These programs will encourage participants to become more physically fit, socialize with others, and increase self-confidence. To participate in area/state Special Olympics competitions, individuals must be 8 years or older and have completed the required Special Olympics forms. Come join the fun!

Summer Season (May – August)

Softball
Tee Ball
Bocce Ball

Fall Season (August – November)

Flag Football
Bowling
Volleyball

Winter Season (December – March)

Basketball
Rhythmic Gymnastics

Spring Season (March – June)

Track & Field
Soccer
Competitive Swimming

Year Round

Strength Training

Due to COVID-19, Team Milwaukee Special Olympics activities are constantly changing and evolving. Please contact Christine Cowan at christine@mkerec.net or call 414.647.3824 for more information and for the latest program offerings.





OASIS COMMUNITY CENTER

2414 W. Mitchell Street, Milwaukee, WI 53204-3025

Program Locations:

Brinton Community Center (2555 S. Bay St.)

Enderis Field House (2938 N. 72nd St.)

OASIS (2414 W. Mitchell St.)

Juneau Playfield (6500 W. Mt. Vernon Ave.)

ACTIVE OLDER ADULTS PROGRAM

Make your life more fulfilling by joining the Active Older Adults Program! The program provides active fitness, educational and recreational offerings for senior adults, fifty years and older. In addition to travel, classes, clubs and leagues, various services and volunteer opportunities are available. Activities are held indoors and outdoors, daytime, and some weekends.

INCLUDED WITH OASIS MEMBERSHIP

Membership cards are available at the OASIS Senior Center for \$15 for city of Milwaukee residents and \$25 for non-residents. Membership fee is good for one year from purchase date.

| | |
|----------------------------------|--|
| CHAIR YOGA | <ul style="list-style-type: none"> • Offered Monday, Wednesday, and Friday • Class Hours: 9:00am –10:00am |
| OUTDOOR EDUCATION CLASSES | <ul style="list-style-type: none"> • Offered on Thursdays - once a month • Class Hours: 12:15pm –1:45pm |
| COMPUTER LAB | <ul style="list-style-type: none"> • Offered Monday - Friday • Computer Lab Hours: 8:00am – 3:00pm |
| FITNESS CENTER | <ul style="list-style-type: none"> • Participants can register (in advance) for a 50-minute time slot in order to use the Fitness Center. • The time slots will start on the hour. • The Fitness Center will have a capacity limit of 3 people at a time. • Please call 414.647.6057 to check availability or schedule a time slot. • Fitness Center Hours: 8:00am – 3:00pm |

**Please note, masks or face coverings are required to participate in all OASIS programs.*

To sign up, see page 2 • Centers are closed Dec. 24, 25 & 31 and Jan. 1 & 17 • Face coverings required indoors for ages 3 & up.

Wisconsin Adaptive Sports Association

Not disABLED sports... wheelchair and adaptive sports!

WASA currently provides wheelchair and adaptive sports for those with physical and visual impairments to over 100 athletes from 6 to 60 years old. From the beginner to the Paralympian and everything in between WASA provides an outlet to be fit, active and healthy. Join us whether you just want to recreate locally or travel competitively, WASA has a place for you. Come join the FUN! – It's just a Different Pair of Shoes!

To sign up contact:

Sam Gracz, CTRS
Program Director
Wisconsin Adaptive Sports Association, Inc.
501(c)(3) tax exempt, nonprofit organization

Phone: 414.430.6543

Email: sam@wasa.org www.wasa.org



Milwaukee County Senior Dining Program

For more information on grab and go locations, please call 414.289.6995.

Sign up to receive SMS texts from Milwaukee Recreation



In an effort to better serve you, Milwaukee Recreation is making it easier than ever to communicate important updates, activity cancellations, facility closings, and program changes!

As a patron of Milwaukee Recreation programs, you can now receive and reply to real-time text message notifications when these changes happen.

The opt-in process is simple! Just scan the QR code to login and choose your phone numbers. You will receive a confirmation message upon opting in.

You can opt-out at any time. For more information, contact us at 414.475.8180.



Priscilla Struck named the 2021 Barbara Leszczynski Customer Service Award Winner!

Priscilla Struck, a longtime clerical team member for Milwaukee Recreation, has been named the 2021 Barbara Leszczynski Customer Service Award winner! Priscilla has been a dedicated MPS employee for over 40 years, 22 of those with Milwaukee Recreation.

Priscilla is a crucial member of the OASIS Community Center team. She is always willing to help her fellow team members and works hard to make each customer experience a positive one.

"When the season gets hectic, you will find Priscilla to be the last one in the building. She really, truly cares for every customer who walks through our doors. She is always happy to assist them with registrations, questions, or anything they might need. She uses her 'make 'em happy' philosophy to satisfy the customer when issues arise," said Recreation Manager, Nicole Jacobson.

Priscilla received this award because of her ongoing commitment to Milwaukee Recreation and her enthusiastic attitude when it comes to customer service. She appreciates the relationships she has made with the entire Milwaukee Recreation team over the years and strives to build connections with the entire Milwaukee community. Priscilla enjoys that every day is a little bit different in her role and she never shies away from a challenge.

"Priscilla makes my job easier every time. Every interaction with her is positive and productive. Priscilla is the definition of helpful," said Recreation Supervisor, Joel Symons.

Milwaukee Recreation is extremely fortunate to have a team member like Priscilla. **Congratulations on receiving the 2021 Barbara Leszczynski Customer Service Award!**



A note from Milwaukee Recreation regarding COVID-19 scheduling and safety:

Schedule Changes: Please note, compliance with COVID-19 regulations may result in schedule changes. We will communicate these as soon as possible. Thank you for your understanding.

Your Safety is our Priority: Please know we are taking the necessary precautions to ensure your safety while participating in Milwaukee Recreation programs. **The use of face masks or cloth face coverings is required when inside Milwaukee Recreation facilities for all staff and participants over the age of 3.** If you do not have a mask or face covering, one will be provided for you.

Specific information regarding new registration policies can be found on page 2.

More information can be found at mkerec.net or by calling 414.475.8811. Thank you for understanding!



FACE MASKS



Cloth face coverings are an additional step to help slow the spread of COVID-19 when combined with every day preventive actions and social distancing in public settings.

Face masks are **required** at all Milwaukee Recreation facilities for all staff and participants over the age of 3, and required outside unless 6 feet apart from others.

Who should NOT use cloth face coverings: children under age 2, or anyone who has trouble breathing, is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

Cloth face coverings are NOT surgical masks or N-95 respirators. Surgical masks and N-95 respirators must be reserved for healthcare workers and other medical first responders, as recommended in CDC guidance.

Wear Your Face Covering Correctly

- Wash your hands before putting on your face covering.
- Put it over your nose and mouth and secure it under your chin.
- Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily.

Use the Face Covering to Protect Others

- Wear a face covering to help protect others in case you're infected but don't have symptoms.
- Keep the covering on your face the entire time you're in public.
- Don't put the covering around your neck or up on your forehead.
- Don't touch the face covering, and, if you do, wash your hands.

Follow Everyday Health Habits

- Stay at least 6 feet away from others.
- Avoid contact with people who are sick.
- Wash your hands often, with soap and water, for at least 20 seconds each time.
- Use hand sanitizer if soap and water are not available.

Take Off Your Face Covering Carefully When You're Home

- Untie the strings behind your head or stretch the ear loops.
- Handle only by the ear loops or ties.
- Fold outside corners together.
- Place covering in the washing machine (learn more about how to wash cloth face coverings).
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.

OUR MISSION, VISION, AND VALUES

MISSION

To enrich and strengthen the community by promoting healthy lifestyles, personal development, and fun through memorable recreational and educational experiences for people of all ages and abilities.

VISION

To be the leading provider of quality and affordable recreation services in the Milwaukee.

VALUES

The following are the core values that drive the work and interactions with the team and customers:



Equity

Ensuring access to recreation services for all.



Accountability

Taking individual and collective responsibility.



Memorable Experiences

Creating special, distinctive recreation experiences.



Professional Staff

Employing staff who possesses the core competencies of the department.



Quality Service Delivery

Exceeding customer expectations through responsive and respectful service delivery.



Sense of Community

Providing services that encourage personal connections and relationships.



Collaborations/ Partnerships

Fostering and maintaining partnerships with individuals and organizations that benefit the community



**MILWAUKEE
PUBLIC SCHOOLS**

Attendance is critical to success!

MPS teachers check the attendance of each student in the classroom and in classes throughout the day.

Stellar attendance in school is important.

Consistent attendance contributes to self-confidence and bolsters academic achievement.

Together, we can paws-itively achieve 100% attendance!



Hawthorn Glen Winter Wonder Woods

December 10, 11, 17 & 18 • 5:00–8:30 p.m. • 1130 North 60th Street

See Milwaukee Recreation's Hawthorn Glen in a new light as you walk through the woods and past displays that are twinkling with over 25,000 lights! \$4/Person (Children 2 and under free)

COME EXPERIENCE WINTER WONDER WOODS



Register online at mkerec.net
(Activity code: 3P125082)



A department of MPS

Please Note: Warm drinks & sweet treat concession is cash only. Parking is extremely limited in both the Hawthorn Glen parking lot, and on the street. Street parking is not permitted on 60th St. Carpooling and ride-sharing is greatly appreciated!

Milwaukee Public Schools
Recreation Department
P.O. Box 2181
Milwaukee, WI 53201-2181
Dated Material

Non Profit Org.
U.S. Postage

PAID
Milwaukee, WI
Permit No. 3240

ECRWSS

RESIDENTIAL CUSTOMER



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WINTER

Recreation Guide

2022

Register online at mkerec.net. Call 414.475.8180 with any questions.

If you live in the city of Milwaukee and this booklet was NOT delivered directly to your mailbox, please visit mkerec.net/mail to complete our two-question mailing survey.

Para obtener ayuda en español: (414) 475-8180

Rohingya zuban ot modot ollá: (414) 475-8182

မြန်မာအတွက် အကူအညီ: (414) 475-8182

லாந்தமிழகம் கட்டிநீர்வாரி- (414) 475-8182

للمساعدة باللغة العربية: (414) 8182-475

Wixii caawin Af- Somali ah: (414) 475-8182

Xav tau kev pab hais ua lus Hmoob hu: (414) 475-8182