

Registration begins April 28, 2022 | Para ayuda en español: 414.475.8180

SUMMER

# Recreation Guide



Activities for the entire community  
**YOUTH | TEENS | ADULTS | SENIORS**

[mkerec.net](http://mkerec.net)



A department of **MPS**

# Join Milwaukee Recreation for summer fun in the sun!



Summer is finally here, Milwaukee! That means sunshine, warm weather, and numerous outdoor activities with family and friends. And just in time for summer, Milwaukee Recreation is proud to present its Summer 2022 Recreation Guide. This guide is filled with wonderful programs and events sure to fill your days with fun and excitement.

This season, we are thrilled to welcome back our Drive-In Movie Night on June 4, 2022, free summer playgrounds program, and youth sports camps and leagues. Free fitness and wellness programs will also be available to all community members at locations throughout the city. On June 21, wading pools and splash pads will be open and are a great way for children to cool off on those hot summer days! Finally, as we approach the 2022-23 school year, we invite you to register for our 15th annual Run Back to School 5K fun run/1.5-mile walk on Saturday, August 27, 2022.



Milwaukee Recreation's programs are a great way to stay active and make memories. Take some time to browse this guide and discover a new activity or sign up for a favorite hobby. We can't wait to see you at our community centers and on our playfields this summer!

Sincerely,

Dr. Keith P. Posley  
Superintendent of Schools



## SAME GREAT RECREATION CLASSES, ALTERNATE SUMMER LOCATIONS

THE FOLLOWING COMMUNITY CENTERS WILL BE **CLOSED** FOR SUMMER:

**MacDowell**  
(6415 W. Mt. Vernon Avenue)

**Riverside**  
(1615 E. Locust Street)

**Bryant**  
(8718 W. Thurston Avenue)

THE FOLLOWING COMMUNITY CENTERS WILL REMAIN **OPEN** FOR SUMMER:

**Brinton**  
(2555 S. Bay Street)

**Gaenslen**  
(1250 E. Burleigh Street)

**Hamilton**  
(6215 W. Warnimont Avenue)

**Marshall**  
(4141 N. 64<sup>th</sup> Street)



Recreation classes will return to all community centers in Fall 2022.

Stay up to date at [mkerec.net/construction](https://mkerec.net/construction)



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**MILWAUKEE  
PUBLIC SCHOOLS**

**This recreation guide is a  
quarterly publication of  
Milwaukee Recreation, a  
department of MPS.**

Dr. Keith P. Posley  
**Superintendent of Schools**  
  
Lynn A. Greb, Senior Director  
**Milwaukee Recreation**

## **Milwaukee Board of School Directors**

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1st District

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2nd District

Sequanna Taylor  
3rd District

Aisha Carr  
4th District

Jilly Gokalgandhi  
5th District

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6th District

Henry Leonard  
7th District

Megan O'Halloran  
8th District

Bob Peterson  
At Large

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**Para ayuda en español: 475-8812**

## **Important Dates — See page 2 for details.**

<b>April 28</b>	Priority registration for city of Milwaukee residents begins at 10AM
<b>May 5</b>	Non-city of Milwaukee residents' registration begins at 10AM.
<b>May 31</b>	Mail-in registration deadline.
<b>May 31</b>	Fax-in registration deadline. Fax registrations must be received by 4PM.

### **A NOTE REGARDING SUMMER 2022 REGISTRATION:**

*Registration will be available online, via phone, and in-person for the summer 2022 season. See page 2 for more details.*

## **OUR MISSION:**

To enrich and strengthen the community by promoting healthy lifestyles, personal development, and fun through memorable recreational and educational experiences for people of all ages and abilities.

## **OUR VISION:**

To be the leading provider of quality and affordable recreation services in the Milwaukee community.



## Ways to Register

Priority registration is given to city of Milwaukee residents beginning **April 28, 2022 at 10AM**. Non-city of Milwaukee residents may register beginning **May 5, 2022 at 10AM** through the dates listed below. **Registration for Driver Education begins on April 26, 2022 starting at 10AM.**

### 1. ONLINE REGISTRATION

**Deadline: one week before your class begins.**

Visit [mkerec.net](http://mkerec.net) for the easiest way to sign up. If you're having trouble logging into your account, please do not create a new account. Instead, please call 414.475.8180 for assistance.

**SAVE YOUR USERNAME AND PASSWORD HERE:**

---

### 2. OVER-THE-PHONE REGISTRATION

**Deadline: one week before your class begins.**

1. Please call 414-475-8811 to inquire about registering for a class over the phone. Please have credit card information ready at the time of your call.

### 3. IN-PERSON REGISTRATION

**Deadline: one week before your class begins.**

You can now register in-person, as late as one week before your class begins. To guarantee a space, please register early. You may register in person at one of these offices:

1. Milwaukee Recreation Central Office: 5225 W Vliet St.

Hours: Mon - Fri, 8:15AM - 4:30PM

2. Citywide Programs Office: 2414 W Mitchell St.

Hours: Mon-Fri, 8:15AM - 4:30PM

### 4. FAX-IN REGISTRATION

**Through Tuesday, May 31 at 4:00 PM**

1. Fax completed form to: Milwaukee Recreation. (414) 475-8183. Please include a return FAX number.

2. A credit card number (MasterCard or Visa only), expiration date, and signature are required on all forms.

### 5. MAIL-IN REGISTRATION

**Registration must be received by Tuesday, May 31**

1. Checks and credit card information will be accepted. **NO CASH via mail-in registration.**

2. Make check payable to: Milwaukee Recreation. Please **DO NOT** send cash via mail.

3. Mail to: Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181.

4. Active Older Adults: Mail to 2414 W. Mitchell St., 53204

**Nondiscrimination Notice:** It is the policy of the Milwaukee Public Schools, as required by section 118.13, Wisconsin Statutes, that no person will be denied admission to any public school or be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other program or activity because of the person's sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability. This policy also prohibits discrimination under related federal statutes, including Title VI of the Civil Rights Act of 1964 (race, color, and national origin), Title IX of the Education Amendments of 1972 (sex), and Section 504 of the Rehabilitation Act of 1973 (disability), and the Americans with Disabilities Act of 1990 (disability). The following individuals have been designated to handle inquiries regarding the non-discrimination policies: For section 118.13, Wisconsin Statutes, federal Title IX: Matthew Boswell, Director, Department of Student Services, Room 133, Milwaukee Public Schools, 5225 W. Vliet St., P.O. Box 2181, Milwaukee, Wisconsin, 53201-2181 (414) 475-8027. For section 504 of the Rehabilitation Act of 1973 (Section 504), federal Title II: J. Andy Woyte, Interim Section 504/ADA Coordinator, Department of Specialized Services, 6620 W. Capitol Dr., Milwaukee, WI, 53216, (414) 438-3677. ASL: (414) 438-3458

## Important Registration Information

**ENROLLMENT.** Registrations will be processed in the order in which they are received. Enrollment is not guaranteed. We reserve the right to cancel classes because of low enrollment after a class has started and to close further enrollment when a class is filled. All participants must register and pay for classes prior to attending the first session.

**DEADLINES.** Registrations must be received before registration deadlines. No exceptions. Milwaukee Recreation is not responsible for delayed mail delivery, or unreadable or improperly transmitted faxes. No telephone registrations accepted.

**CONFIRMATION.** Activity confirmations will be mailed to the address listed on the registration form. If you register online, your confirmation will not be mailed; instead, you will be able to print your confirmation immediately.

**REFUND POLICY.** Information regarding our refund policy can be found online at [www.mkerec.net/refund](http://www.mkerec.net/refund). Or, contact us at 414.475.8180 to receive a copy by mail.

**INSURANCE.** Milwaukee Recreation does not provide accident or hospital insurance for class participants. Participants should review their insurance policies for coverage.

**FEES.** Resident and non-resident fees are as listed under course offerings. Registration forms without the proper fee will be returned.

**REDUCED ACTIVITY FEE (17 YEARS & UNDER).** City of Milwaukee youth whose family is enrolled in FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and/or Foster Care may be eligible for reduced fees. Children's classes over \$10 are eligible for a \$5 discount. Children's classes \$30 and over are eligible for a \$10 discount. \*\*Classes, field trips, special events, and admission fees that are not eligible for reduced fees are noted in the class description. MPS Students: The MPS student database is used to verify eligibility. Registrant must provide documentation with registration if eligibility cannot be confirmed. Non-MPS Students: Must provide eligibility documentation with registration. Our full policy including acceptable documentation can be found online at [www.mkerec.net/reduced](http://www.mkerec.net/reduced).

**PAYMENT METHODS.** Includes check, money order, credit/debit card (VISA/ MasterCard only), and cash (in-person registration only). Denied Credit/Debit Cards: Individuals whose credit/debit card has been denied will not be registered until an alternate form of payment is received. Returned Checks: Individuals whose checks are returned will no longer be registered for that class. Individuals must register again by paying with cash or money order and will be included in the class if space is still available. A \$20 returned check charge will be added to your class fees. Out-of-state checks will not be accepted.

**PROGRAM ACCESSIBILITY:** Reasonable accommodations are made for individuals to participate in Milwaukee Recreation programs. For more information on requesting a reasonable accommodation, please visit the Inclusion Services Policy on page 4 or call 414-475-8182

**AMERICANS WITH DISABILITIES ACT:** Milwaukee Recreation is committed in both policy and practice to enforce and implement all required provisions of the Americans with Disabilities Act. If you or your child need a reasonable accommodation to participate in a recreation program, your request may be made to any Milwaukee Recreation staff person. Upon reasonable notice, efforts will be made to accommodate your request.

**A.H.E.R.A. REGULATION:** Official Notice to Inform All MPS Parents and Employees about Asbestos Containing Materials Inside School Buildings is Hereby Given: According to the United States E.P.A., the A.H.E.R.A. Regulation requires annual notification to all employees and parents/guardians regarding asbestos containing materials inside school buildings. Management Plans specifying locations, condition, and past response actions of these materials are located in the respective engineer's office for each site and are available for review during normal school hours as required by A.H.E.R.A. In the ongoing program to safely maintain asbestos-containing materials, MPS conducts surveillances, and 3-year reinspections, and implements appropriate response actions. If interested parties have specific questions relating to the Milwaukee Public School District policy or the scheduling of asbestos related activities planned or in progress, please contact the MPS Environmental Services Department at 414.283.4626.



MILWAUKEE RECREATION CLASS/ACTIVITY REGISTRATION FORM

MAIN CONTACT

LAST NAME

FIRST NAME

MIDDLE INITIAL

DATE OF BIRTH

RECEIPT # (OFFICE USE ONLY)

ADDRESS

(NO PO BOX #s, PLEASE)

APT. #

CITY

ZIP CODE

PHONE ( )

E-MAIL

CHECK BOX IF ADDRESS IS NEW

**PERMISSION:** I hereby grant permission for my child/myself to participate in the above-named Milwaukee Recreation event. In the event of any injury requiring medical attention, I hereby grant permission to the recreation staff (including volunteers) to attend to my son/daughter or myself including seeking medical attention.

**WAIVER:** I/we recognize that unanticipated situations and problems can arise during Recreation activities that are not reasonably within the control of the recreation staff (including volunteers). I/we therefore agree to release and hold harmless the Milwaukee Board of School Directors, its agents, officer, employees, and volunteers, from any and all liability, claims, suits, demands, judgments, costs, interest and expense (including attorneys' fees and costs) arising from such activities, including any accident or injury to myself or my child and the costs of medical services.

**PHOTO PERMISSION/RELEASE:** I understand that there are times when the local news media, national news media and/or nonprofit organizations partnering with Milwaukee Public Schools (MPS) request the opportunity to videotape, take photographs and/or interview participants within Milwaukee Recreation and MPS. By signing this, I understand that and give permission for MPS to allow this with respect to my child and/or myself. I also understand that by signing this release I give permission to MPS to make or use pictures, slides, digital images, or other reproductions of me, of my minor child or of materials owned by me or my child, and to put the finished pictures, slides, or images to use without compensation in broadcast productions, publications, on the Web, or other printed or electronic materials related to the role and function of the MPS. I understand that by signing this, I am, on behalf of myself and/or my child, releasing MPS and its directors, officers, employees and agents, from any future claims as well as from any liability arising from the use of any photograph or other images. This form shall be valid for the duration of the current Milwaukee Recreation program season.

I hereby certify that I have read and do understand the above information:

**X**

Signature required for all registrations

☐ CASH

☐ MONEY ORDER

☐ CHECK (# )

CHECKS PAYABLE TO MILWAUKEE RECREATION

CREDIT CARD #

CARDHOLDER NAME

PHONE NUMBER ( )

SIGNATURE: \_\_\_\_\_

EXP. DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

SECURITY CODE: \_\_\_\_\_

NEW: DEMOGRAPHIC INFORMATION (MAIN CONTACT)

1. Which race or ethnicity best describes you?

Hispanic/Latino (1) \_\_\_\_\_ Native Hawaiian or other Pacific Islander (5) \_\_\_\_\_

American Indian or Alaska Native (2) \_\_\_\_\_ White (6) \_\_\_\_\_

Asian (3) \_\_\_\_\_ Two or more races (7) \_\_\_\_\_

Black or African American (4) \_\_\_\_\_ Prefer not to answer (8) \_\_\_\_\_

2. Which of the following most accurately describes you?

Male (M) \_\_\_\_\_ Non-binary (N) \_\_\_\_\_

Female (F) \_\_\_\_\_ Prefer not to answer (P) \_\_\_\_\_

Transgender (T) \_\_\_\_\_

For each participant please record the corresponding letter and number in the "DEMO" column in the table below.

Activity Code	Section Code	Activity Name	Day	Time	Fee	First/Last Name	DEMO	DOB (Month/Day/Year)

Please sign this form at left, enclose total payment, and mail to Milwaukee Recreation

PO Box 2181

Milwaukee, WI, 53201

or fax to 414.475.8183

before the advertised registration deadlines.

TOTAL FEES \$

REDUCED ACTIVITY FEE \$

SCHOOL NAME: \$

Please check this box if you wish to donate \$1 to the Youth Program Fund. ☐ \$1 DONATION?

TOTAL PAYMENT DUE \$

REDUCED ACTIVITY FEE (17 YEARS & UNDER)

Families meeting financial guidelines may qualify for an activity discount. Children's classes over \$10 are eligible for a \$5 discount. Children's classes \$30 and over are eligible for a \$10 discount. Most field trips, special events, and admission fees are not eligible and are so noted in the class description. School-age youth whose family qualifies for one or more of the following program subsidies are eligible for the youth discount (where applicable): FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and Foster Care. The MPS student database will be used to verify participant eligibility. Non-MPS students must provide eligibility documentation with registration. Our full policy can be found online at [www.mkearec.net/reduced](http://www.mkearec.net/reduced).

CHECK THIS BOX IF YOU ARE REQUESTING THE REDUCED ACTIVITY FEE FOR YOUR CHILD

## MILWAUKEE RECREATION INCLUSION SERVICES POLICY

Milwaukee Recreation is committed to creating and promoting inclusion within all facilities and programs. Through the Inclusion Services Policy and supporting practices, we aim to ensure that everyone has access to the benefits of quality parks and recreation.

Milwaukee Recreation defines inclusion as the process of including all persons, regardless of their socioeconomic level, abilities, language, ethnic origin, sexual orientation or gender identification.

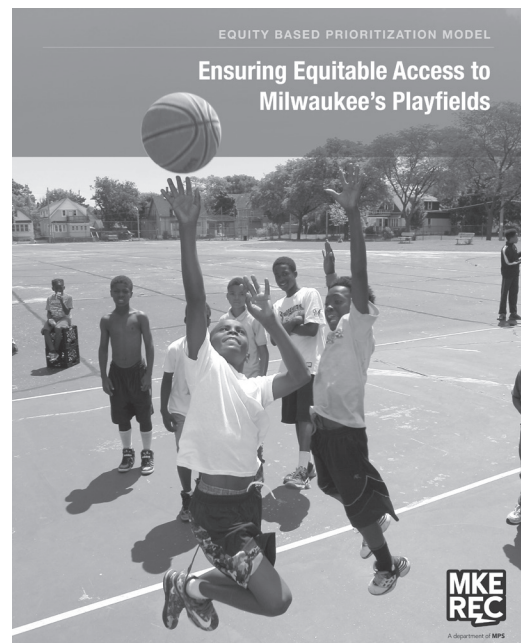
**POLICY GOALS:** The Inclusion Services Policy outlines Milwaukee Recreation's approach to ensuring inclusive environments and equitable opportunities for all community members in local parks and recreation.

### THIS POLICY ENSURES THAT:

- Community members utilizing our facilities, programs and services have equitable and ability-appropriate access to programs and services regardless of ability, race, age, language, religion, country of origin, sexual orientation, or gender identity.
- Site staff, community partners and stakeholders engage in the support of all community members and promote inclusive behaviors both in park and recreation facilities and throughout the community in public spaces.
- Milwaukee Recreation establishes and maintains an organizational infrastructure for the management of the policy and its established goals and objectives.
- Milwaukee Recreation will continuously measure and improve inclusive practices.

We invite you to visit [mkerec.net/inclusion](http://mkerec.net/inclusion) to learn more about Milwaukee Recreation's efforts to support inclusive practices across all program areas including the Equity Based Prioritization Model for playfield improvements, professional development opportunities for staff, Everyone Plays! Scholarship Program, and the new process for requesting accommodations for Recreation classes.

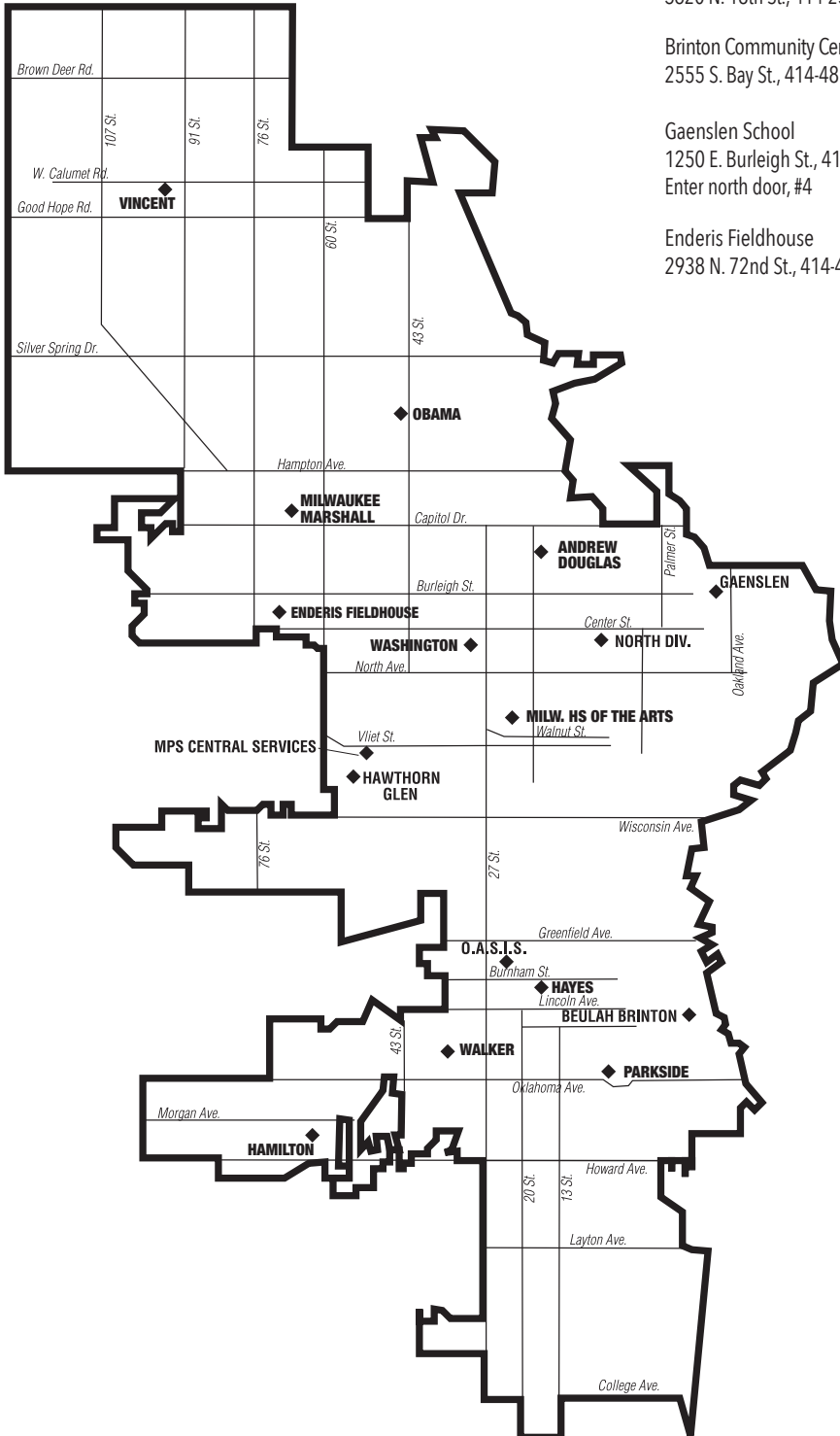
***Need accommodations? Submit an ADA Accommodation Request electronically by visiting [mkerec.net/inclusion](http://mkerec.net/inclusion) and a member of the recreation team will contact you for further details.***



# EVERYONE PLAYS!



Please use the phone numbers listed only during recreation program hours at that location.



Andrew Douglas Middle School  
3620 N. 18th St., 414-256-8200

Brinton Community Center  
2555 S. Bay St., 414-481-2494

Gaenslen School  
1250 E. Burleigh St., 414-267-5734  
Enter north door, #4

Enderis Fieldhouse  
2938 N. 72nd St., 414-453-6026

Hamilton High School  
6215 W. Warnimont Ave., 414-327-9402  
Enter door #5 off south parking lot

Hawthorn Glen  
1130 N. 60th St., 414-777-7888

Hayes Bilingual School  
971 W. Windlake Ave., 414-902-9600

Milwaukee Marshall  
4141 N. 64th St., 414-393-2391  
or 414-393-2388  
Enter door #10 - N. 64th St. & W. Hope Ave.

Milwaukee HS of the Arts  
2300 W. Highland Ave., 414-934-7000

MPS Central Services  
5225 W. Vliet St., 414-475-8180  
Enter southwest door off rear parking lot

North Division High School  
1011 W. Center St., 414-267-5077  
Enter west side of building near tennis courts

OASIS  
2414 W. Mitchell St., 414-647-6041

Obama High School  
5075 N. Sherman Blvd., 414-393-4900  
Enter door #5

Vincent High School  
7501 N. Granville Rd., 262-236-1270  
Enter northeast door #4 by fieldhouse

Washington High School  
2525 N. Sherman Blvd, 414-875-5900

Walker Campus  
1712 S. 32nd St., 414-902-8323





**MILWAUKEE PUBLIC SCHOOLS**

**We are actively recruiting teachers from diverse backgrounds.**

- ▶ Mathematics
- ▶ Science, Physics, and Chemistry
- ▶ STEM / STEAM
- ▶ World Languages
- ▶ Bilingual and ESL
- ▶ Montessori
- ▶ Art, Music, and Physical Education





MPS needs you! We are seeking proud teachers to provide innovative instruction and graduate future leaders in our schools. Discover the great positions available in classrooms across Milwaukee — visit [mpsmke.com/careers](https://mpsmke.com/careers).

Full/part-time positions fill quickly. MPS offers competitive pay and benefits — most jobs have summers off! For text alerts on current job openings, visit [tinyurl.com/jobsatmps](https://tinyurl.com/jobsatmps).

For more information, please call (414) 475-8224 or email [565@milwaukee.k12.wi.us](mailto:565@milwaukee.k12.wi.us).



**Apply at [mpsmke.com/careers](https://mpsmke.com/careers)**

# FREE SUMMER MEALS

No child should ever go hungry. That's why MPS works to provide FREE, nutritious breakfast, lunch and dinner at locations throughout the city of Milwaukee.

All children (18 and under) are eligible for this program.  
Start dates and meal times vary by location.

For more information and a listing of summer meal sites near you, visit [impactinc.org](https://impactinc.org), dial 2-1-1 (866-211-2280 from your cell phone), or text FOOD to 877-877.



**MILWAUKEE  
PUBLIC SCHOOLS**

En español: Envía COMIDA por mensaje de texto a 877-877.

## ARTS & CRAFTS

### Drawing Techniques

Learn the techniques that professional illustrators use to create exciting, believable and realistic pictures using high-quality pencils. Learn how to compose your picture from your imagination. Or bring in an image of a favorite person or pet and focus on the drawing. Fee includes supply cost and is non-refundable.

**Activity Code: 1RCE0902**  
(Section codes listed below)

**Hamilton (Ages 6-12)..... HA02**  
Sat, Jun 25, 10:00AM- 2:00PM  
\$22 Residents/\$33 Non-Residents

### Abstract Creations Workshop

Using canvas, paper, acrylics and watercolors, students will engage in hands-on art projects using color placements, shapes and lines to create delightful art expressions. A \$10 (cash only) supply fee is due to the instructor at the start of class. Class fee is non-refundable.

**Activity Code: 1RCE0914**  
(Section codes listed below)

**Hamilton (Ages 8-12)..... HA01**  
Sat, Jun 25, 10:00AM-12:00PM  
\$6 Residents/\$9 Non-Residents

### Animation Camp

Camp participants will learn about a scientific phenomenon, then explain how it works using animation. Students will work together exploring different ways of representing the information through visuals, sound and scripting. Camp taught by Morgan Jones from Two Pie Films. All supplies included.

**Activity Code: 1RCE0915**  
(Section codes listed below)

**Gaenslen (Ages 6-12)..... GS01**  
Mon-Thu, Jul 18-Jul 28, 6:00PM- 8:00PM  
\$45 Residents/\$68 Non-Residents

### Learn the Art of Abstract Painting

Abstract artist Melva will introduce students to using lines, shapes, acrylics and watercolors to create abstract paintings. Art projects focusing on a variety of abstract techniques allow self expression and creative confidence. A \$10 (cash only) supply fee is due to the instructor on the 1st day of class. Class fee is non-refundable.

**Activity Code: 1RCE0916**  
(Section codes listed below)

**Hamilton (Ages 13-17)..... HA01**  
Sat, Jul 9-Jul 16, 1:00PM- 3:00PM  
\$10 Residents/\$15 Non-Residents

### Clay Camps

The following Clay Camps will be taught at Cream City Clay, Inc., located at 7105 W. Greenfield Avenue, West Allis. Cream City Clay is a learning center for the advancement of ceramic art and design which offers a beautiful studio, quality equipment and a contagious creative environment. Kids will create a project at each class and glaze and fire them into permanent works of art. Projects will vary each week and are tailored to suit any age and ability. Class fees include all supply costs. Limited street parking and municipal parking lot in the rear of the building is available. All Camps are scheduled on the 2nd floor which is not ADA compliant. Reasonable accommodations can be made in advance of camp start dates by contacting Bob at 475-8935.

### Lakes, Streams and Waterfalls

**NEW** See yourself lazing the days away in the great outdoors floating down stream, looking out on a beautiful mountain or viewing a magical waterfall. Create pottery inspired by the natural landscape including berry bowls or creature cups to use at your next campout. Make planters for your herb garden, a strawberry pot or sculpt small woodland animals that make you smile. All supplies included. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE0942**  
(Section codes listed below)

**Cream City Clay (Ages 6-9).....CC01**  
Mon-Thu, Jun 20-Jun 23, 10:00AM-12:00PM  
\$120 Residents/\$120 Non-Residents

**Cream City Clay (Ages 10-14).....CC02**  
Mon-Thu, Jun 20-Jun 23, 10:00AM-12:00PM  
\$120 Residents/\$120 Non-Residents

### Dinosaurs, Pets and other Beasts

**NEW** Do you love making wacky creatures and monsters or do you prefer real animals like dinosaurs or your own cuddly pet? Create a habitat for your creature, then make a sculpture of your animal to live there. Make mugs, bowls, or plates to use for you or your animal (make believe or real). All supplies included. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE0943**  
(Section codes listed below)

**Cream City Clay (Ages 6-9).....CC01**  
Mon-Thu, Jul 11-Jul 14, 10:00AM-12:00PM  
\$120 Residents/\$120 Non-Residents

**Cream City Clay (Ages 10-14).....CC02**  
Mon-Thu, Jul 11-Jul 14, 10:00AM-12:00PM  
\$120 Residents/\$120 Non-Residents

### Kitchen Disasters and Masters

**NEW** Messy cook? Make a spoon rest to keep it together. Create a plate with sides that contains your unruly pasta. Make a teapot and teacup for you or a mug with a handle and a silly saying, and of course a matching cookie plate. Create a plate with multiple sections to keep all your food separate! Solve your kitchen conundrums with the perfect hand made pottery item. All supplies included. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE0944**  
(Section codes listed below)

**Cream City Clay (Ages 6-9).....CC01**  
Mon-Thu, Jul 25-Jul 28, 10:00AM-12:00PM  
\$120 Residents/\$120 Non-Residents

**Cream City Clay (Ages 10-14).....CC02**  
Mon-Thu, Jul 25-Jul 28, 10:00AM-12:00PM  
\$120 Residents/\$120 Non-Residents

### Games, Video Games, Books and Movies

**NEW** Do you love to play video games or watch movies and want to be surrounded by all your favorite characters? Who is the best Marvel or DC character? We will discuss. If you love hands-on games, you will have the opportunity to make your own game with ceramic pieces that you can play with on the go. Create clay items that explore all the fun things that interest you when you are on your own. All supplies included. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE0945**  
(Section codes listed below)

**Cream City Clay (Ages 6-9).....CC01**  
Mon-Thu, Aug 8-Aug 11, 10:00AM-12:00PM  
\$120 Residents/\$120 Non-Residents

**Cream City Clay (Ages 10-14).....CC02**  
Mon-Thu, Aug 8-Aug 11, 10:00AM-12:00PM  
\$120 Residents/\$120 Non-Residents



## Introduction to Acrylic Painting

This is an exciting, intuitive, hands-on class for anyone who wants to have fun while learning how easy it is to produce impressive acrylic paintings using dynamic and intuitive painting techniques! No previous drawing ability is required. You do not have to be an artist to participate, but if you are already experienced, this new approach may just take your own work to new heights! Fee includes supply cost and is non-refundable.

**Activity Code: 1RCE0924**  
(Section codes listed below)

**Hamilton (Ages 8-14)..... HA02**  
Sat, Jul 9, 10:00AM- 2:00PM  
\$22 Residents/\$33 Non-Residents

## Watercolor Workshop

Enjoy the creative expression of watercolor painting by learning the basic techniques and principles through organized and accessible step by step approach. Our focus will be on gaining skills for the beginner or refining the style of the more experienced painter. Participants should wear a smock. All art supplies are included.

**Activity Code: 1RCE0946**  
(Section codes listed below)

**Hamilton (Ages 6-12)..... HA01**  
Sat, Jul 23, 10:00AM- 2:00PM  
\$22 Residents/\$33 Non-Residents

## Paper Flower Making

In this class we will start with the basic steps of paper folding and move onto advanced levels. Creating beautiful flowers made of various papers can bring spring close to people. Some examples of flowers you may create are carnations, golden bell flowers, irises, bellflowers, lilies, tulips and many more! There is an \$12 supply fee due to the instructor on the first day of class.

**Activity Code: 1RCE0947**  
(Section codes listed below)

**Hamilton (Ages 8-17)..... HA01**  
Mon-Thu, Aug 1-Aug 4, 5:30PM- 7:00PM  
\$14 Residents/\$21 Non-Residents

## BAKING

### We All Scream for Ice Cream

In this class we will make homemade ice-cream using the best recipe ever, and its only four ingredients! Who needs an ice-cream machine when you can make it from scratch?!? Your little baker will learn how to make a common summer treat and put their own spin on it by flavoring it the way they want! Kids will be introduced to baking vocabulary, techniques, cooking tools, and kitchen safety. Class is taught by Geneva Byrd from Little Bakers Association. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

**Activity Code: 1RCE2501**  
(Section codes listed below)

**Milwaukee Marshall (Ages 4-12)...MR01**  
Sat, Jul 9, 12:30PM- 2:30PM  
\$13 Residents/\$20 Non-Residents

### Cake Pops

Your little baker will have a chance at making cake pops! Who knew that cake pops could be created so easily, and taste so delicious? Kids will be introduced to baking vocabulary, techniques, cooking tools, and kitchen safety. Class taught by Geneva Byrd with Little Bakers Association. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

**Activity Code: 1RCE2514**  
(Section codes listed below)

**Milwaukee Marshall (Ages 4-12)...MR01**  
Sat, Jun 25, 12:30PM- 2:30PM  
\$13 Residents/\$20 Non-Residents

## BATON

### Baton

Twirl your way to fun while you learn basic skills such as figure 8s, flat spins, pinwheels, and tosses. Coordinate your twirling with marching jumps, leaps, and dance steps. Enjoy the opportunity to perform. A baton is required and can be purchased from the instructor. Class taught by Marcy Blaufuss!

**Activity Code: 1RCE2903**  
(Section codes listed below)

**Beulah Brinton (Ages 5-17)..... BN01**  
Mon, Jun 27-Aug 22, 1:30PM- 2:30PM  
\$18 Residents/\$27 Non-Residents

## CYCLING AND BIKE MAINTENANCE

### Mountain Biking 101

Mountain Biking 101 will cover the basic skills needed to start enjoying the sport, including starting, stopping, navigating courses and trail locations. This course is designed to engage your child in a sport that is a safe, fun, healthy, and low-impact outdoor recreational activity. Participation is a recommended prerequisite to the upcoming Mountain Biking 201 where riders will have an opportunity to learn more advanced skills and race in the Wisconsin High School Cycling League. Participants are encouraged to bring their own bikes; however, bikes are available upon request in a limited capacity. Class fee is non-refundable.

**Activity Code: 1RCE2803**  
(Section codes listed below)

**MacDowell (Ages 12-18)..... JU01**  
Tue/Thu, Jun 28-Aug 4, 4:00PM- 6:00PM  
\$25 Residents/\$25 Non-Residents



### Mountain Biking 201

Mountain Biking 201 will be a continuous progression from Mountain Biking 101, covering more advanced skills for navigating courses and trails as well as some basic bicycle maintenance. This course is designed for those interested in riding and racing in the Wisconsin High School Cycling League, part of the National Interscholastic Cycling Association (NICA). Participation in Mountain Biking 101 is recommended as a prerequisite. Participants are encouraged to bring their own bikes; however, bikes are available upon request in a limited capacity. Class fee is non-refundable.

**Activity Code: 1RCE2804**  
(Section codes listed below)

**MacDowell (Ages 12-18)..... JU01**  
Tue/Thu, Aug 9-Oct 20, 4:00PM- 6:00PM  
\$25 Residents/\$25 Non-Residents

**Riverside (Ages 12-18)..... RS01**  
Tue/Thu, Aug 9-Oct 20, 4:00PM- 6:00PM  
\$25 Residents/\$25 Non-Residents



## Bike Maintenance with Billie

This class will teach you the skills needed to keep and maintain your bike in fine working order. These skills will save you time, money and make your rides easier and safer. With a few tools, you can make your bike rideable. This class is for beginners. In this class you will cover the following: changing a flat tire, fixing a slipped chain, completing a minor brake repair and seasonal cleaning. Class taught by Billie Myhra. Please bring your bike to class. Youth and adult classes are combined. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE2807**  
(Section codes listed below)

### Gaenslen (Ages 10-17).....GS01

Sat, Jul 23, 10:00AM-11:30AM  
\$5 Residents/\$8 Non-Residents

### Hamilton (Ages 10-17).....HA01

Sat, Jul 9, 10:00AM-11:30AM  
\$5 Residents/\$8 Non-Residents



## DANCE

### Ballet

Ballet is a fine art discipline which strives to improve coordination, posture and muscular development. Learn basic ballet positions, steps and floor combinations. Ballet shoes and leotards are recommended. Unless otherwise noted, all classes are beginner level.

**Activity Code: 1RCE2902**  
(Section codes listed below)

### Gaenslen (Ages 6-7).....RS01

Sat, Jun 11-Jul 30, 10:20AM-11:15AM  
\$18 Residents/\$27 Non-Residents

### Gaenslen (Ages 8-12).....RS04

Sat, Jun 11-Jul 30, 11:20AM-12:15PM  
\$18 Residents/\$27 Non-Residents

### A word from our customers...

*We've been very impressed with Ballet on Saturday mornings! The instructor goes above and beyond each week in so many ways. We will definitely plan to take these classes in the future.*

### Pre-Ballet

Your child will be introduced to the basic posture and positions of ballet, while having fun with rhythm and creative movement. Ballet shoes and leotards are recommended.

**Activity Code: 1RCE2911**  
(Section codes listed below)

### Gaenslen (Ages 3-5).....RS01

Sat, Jun 11-Jul 30, 9:35AM-10:15AM  
\$14 Residents/\$21 Non-Residents

### Giggle, Wiggle, Shake!

This class will teach your child the beginning steps of dance, while having fun learning with other children their age. (no special shoe requirement) Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE2917**  
(Section codes listed below)

### Gaenslen (Ages 2-3).....RS01

Sat, Jun 11-Jul 30, 9:00AM-9:30AM  
\$11 Residents/\$17 Non-Residents

### Introduction to Poi

The ancient movement art of Poi is both tribal and modern. Twirling tethered balls in beautiful geometric patterns around your body, blurring the lines between exercise and dance, you can discover how to build your own Poi and explore the basic artistic skills that will enhance your creativity while exercising your body at the same time. Poi sets will be available for workshop use. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE2940**  
(Section codes listed below)

### Hamilton (Ages 8-15).....HA01

Wed, Jul 13, 6:30PM-7:30PM  
\$4 Residents/\$6 Non-Residents

## Introduction to Hoop Dance

**NEW**

Learn the basics of hula hooping in just one class! Even if you can't keep the hoop up around your waist, you can still hoop! Find out some tricks and tips to get you started and then move on to the full series to further your hooping journey. It's a mesmerizing experience that can take you farther than you think. Equipment not provided. Please bring your own hula hoop to workshop.

**Activity Code: 1RCE2941**  
(Section codes listed below)

### Hamilton (Ages 8-15).....HA01

Wed, Jul 27, 6:30PM-7:30PM  
\$6 Residents/\$9 Non-Residents

## Introduction to Staff Dance

Spinning Staff is a type of flow art akin to Poi and Hoop. There are many different types of staff and you can begin your journey by learning the basics. Proper length and weights of staff will be discussed. Various rotor skills and closed grip moves including figure 8 moves will be demonstrated along with throws and catches, contact and body wraps. Use staff spinning as entertainment, exercise and fun! Equipment not provided. Please bring your own staff or a broom stick.

**Activity Code: 1RCE2942**  
(Section codes listed below)

### Hamilton (Ages 8-15).....HA01

Wed, Jul 20, 6:30PM-7:30PM  
\$4 Residents/\$6 Non-Residents

### PLEASE NOTE...

As of April 18, 2022, the wearing of masks will be **optional** at all Milwaukee Recreation facilities.

This policy is subject to change based on current conditions.

Procedures to reduce the spread of COVID-19 will remain in place and participants are encouraged to continue taking steps to stay safe and healthy.

## FAMILY CLASSES

### Daddy Daughter Walk

July 7th, is National Father Daughter Take a Walk Day! Celebrate the day by taking a 2 mile walk by the beautiful lakefront and South Shore Park. Walk will start and end at Beulah Brinton.

**Activity Code: 1RCE3302**  
(Section codes listed below)

### Beulah Brinton (Ages 1 & up) ..... BN01

Thu, Jul 7, 5:00PM- 6:30PM  
FREE

### Iron Tiger Triathlon

The Iron Tiger Triathlon is an end of the school year tradition at Riverside University High School, located on Milwaukee's Eastside along the Milwaukee River Bike Trail. If you have ever wanted to try a Tri this race is for you, and is a great opportunity to build a strong community and support MPS! This early summer triathlon tune up guarantees you a pool swim with a beautiful scenic Oak Leaf trail bike ride, ending on the soft running surface on the new RUHS track. The whole triathlon is off street except for two guarded crossings. There are 2 options for participants to choose from: Advanced option holds an 800yd pool swim (16 laps), followed by a 12.4 mile paved bike path single loop ride finishing with a 3.1 mile run. The Novice option holds a 200yd pool swim (4 laps), followed by a 8 mile paved bike path single loop ride finishing with a 1 mile run. Both the bike path and track are 40 yards from the pool giving triathletes short fast transitions. This is NOT a USAT sanctioned event. It is open to everyone in the community, you just need to enroll. Youth must be 8 years of age to participate.

**Activity Code: 1RAQ3316**  
(Section codes listed below)

### Riverside (Ages 16-19)..... RS10

(12 per wave. If this section is full, please select another section at a different time. 1 adult required per 2 youth participants.)  
Sat, May 28, 9:00AM-10:00AM  
\$16 Residents/\$24 Non-Residents

### Riverside (Ages 16-19)..... RS11

(12 per wave. If this section is full, please select another section at a different time. 1 adult required per 2 youth participants.)  
Sat, May 28, 9:30AM-10:30AM  
\$16 Residents/\$24 Non-Residents

### Riverside (Ages 16-19)..... RS12

(12 per wave. If this section is full, please select another section at a different time. 1 adult required per 2 youth participants.)  
Sat, May 28, 10:00AM-11:00AM  
\$16 Residents/\$24 Non-Residents

### Riverside (Ages 16-19)..... RS13

(12 per wave. If this section is full, please select another section at a different time. 1 adult required per 2 youth participants.)  
Sat, May 28, 10:30AM-11:30AM  
\$16 Residents/\$24 Non-Residents

### Riverside (Ages 16-19)..... RS14

(12 per wave. If this section is full, please select another section at a different time. 1 adult required per 2 youth participants.)  
Sat, May 28, 11:00AM-12:00PM  
\$16 Residents/\$24 Non-Residents

### Riverside (Ages 16-19)..... RS15

(12 per wave. If this section is full, please select another section at a different time. 1 adult required per 2 youth participants.)  
Sat, May 28, 11:30AM-12:30PM  
\$16 Residents/\$24 Non-Residents

## MKE Family Scavenger Hunt

**NEW**

Race around Milwaukee with your family or team and earn points for each challenge you complete. Some challenges will require you to travel to Milwaukee Recreation locations while others you can do from the comfort of your home! The families or teams with the highest number of points at the end of the scavenger hunt will be eligible to win a prize! Participants will use a mobile app to view challenges and track progress. Directions will be emailed to all participants prior to start of the scavenger hunt. A smart phone or mobile device is needed to participate in this activity. Only one registration is needed per family/team to receive information for the hunt. Both sessions will have the same list of scavenger hunt items.

**Activity Code: 1RAE3325**  
(Section codes listed below)

### Citywide (Ages 3 & up) ..... CS01

Mon-Sun, Jun 3-Jun 12, 9:00AM- 9:00PM  
\$8 Residents/\$12 Non-Residents

### Citywide (Ages 3 & up) ..... CS02

Mon-Sun, Aug 12-Aug 21, 9:00AM- 9:00PM  
\$8 Residents/\$12 Non-Residents

## FITNESS

### Couch Potato to 5k

Have you ever wanted to run a 5K? Don't know where to start? Do you need a little push and positive motivation? Then this is the class for you! The Couch Potato to 5k program is designed to ease you off the couch and get you up and running a 5K (3.1 miles) in only 6 weeks! Class taught by a certified running coach. Bring your running shoes, towel, water bottle and an exercise mat. Get excited because you're going to run your first 5k. Adult and Youth classes combined.

**Activity Code: 1RCE3504**  
(Section codes listed below)

### Hamilton (Ages 12-17)..... HA03

Mon, Jun 27-Aug 1, 6:15PM- 7:15PM  
\$14 Residents/\$21 Non-Residents

### Hamilton (Ages 12-17)..... HA02

Wed, Jun 22-Jul 27, 6:15PM- 7:15PM  
\$14 Residents/\$21 Non-Residents



### Running Speedwork-Youth

If you have been running for at least sometime, and have seen your improvement slow down, this is the class for you! You will learn all the basics of incorporating intervals, fartlek training, plyometrics, and other techniques to help you run faster at any race distance. Fartlek training originated from Sweden. It is translated as Speed Play. Please bring a water bottle and exercise mat. This six-week class is taught by Marty Malin, a Certified Running Coach. Youth and Adult classes combined.

**Activity Code: 1RCE3517**  
(Section codes listed below)

### Hamilton (Ages 9-17)..... HA02

Mon, Jun 27-Aug 1, 5:30PM- 6:15PM  
\$11 Residents/\$17 Non-Residents

### Hamilton (Ages 9-17)..... HA01

Wed, Jun 22-Jul 27, 5:30PM- 6:15PM  
\$11 Residents/\$17 Non-Residents

## LANGUAGE SKILLS

### Korean Culture II

If you can read Korean alphabets, you can take Korean Culture II! In this class you'll learn more in-depth knowledge relating to Korean history, arts, and music.

**Activity Code: 1RCE4402**  
(Section codes listed below)

**Hamilton (Ages 13-17)..... HA01**

Mon-Thu, Jul 25-Aug 4, 2:00PM- 3:30PM  
\$26 Residents/\$39 Non-Residents

### Korean Culture Class

Do you want to understand BTS songs? Do you enjoy K-pop or K-drama? This course will help you learn the Korean language and build an understanding of the unique culture from both traditional and contemporary lenses. Have fun with our native language instructor covering the Hangul and Korean alphabets, as well as everything from paper folding arts (origami), Taekwondo, calligraphy, and more.

**Activity Code: 1RCE4405**  
(Section codes listed below)

**Hamilton (Ages 8-17)..... HA01**

Mon-Thu, Jul 25-Aug 4, 3:45PM- 5:15PM  
\$26 Residents/\$39 Non-Residents

## MAD SCIENCE

### Digging for Dinosaurs

Examine real fossil casts and explore the differences in the teeth of herbivorous and carnivorous dinosaurs. Students will participate in a mini dinosaur excavation and make a dinosaur tooth to take home. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE7604**  
(Section codes listed below)

**Gaenslen (Ages 5-12)..... GS01**

Sat, Jul 30, 10:00AM-11:00AM  
\$18 Residents/\$27 Non-Residents

### Mad Science: Electricity Workshop

This workshop introduces students to the fundamental concepts of electricity: circuits, conductors, insulators, and how electricity is converted for everyday uses. Students get to create different circuits, interact with plasma balls, discover "sticky" static electricity and make their own static energy chambers to take home. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE7605**  
(Section codes listed below)

**Hamilton (Ages 5-12)..... HA01**

Sat, Jul 9, 10:00AM-11:00AM  
\$18 Residents/\$27 Non-Residents

### Secret Agent Lab Camp

Explore forensic science through the eyes of both a detective and a spy. Our team of scientists have been working overtime to develop these "top secret" activities. Campers will join the Mad Science Bureau of investigations to stiff out forgeries and counterfeits! They will use scientific methods to reconstruct events and foil a burglary using state of the art security methods. Use spy gadgets to help with breaking codes and discover clues, while checking out a crime scene from the view of a detective. Kids will love taking home their detective Kit, Spy glasses, and Secret safe to Sleuth at home! Classes are filled with fun hands-on experiments and cool take home items each day of the camp. Children should bring their own snack (no nut products please). Class fee is not eligible for reduced fees.

**Activity Code: 1RCE7612**  
(Section codes listed below)

**Beulah Brinton (Ages 5-12)..... BN02**

Mon-Fri, Aug 22-Aug 26, 9:00AM- 1:00PM  
\$220 Residents/\$330 Non-Residents

LOOKING FOR  
SOMETHING OUT  
OF THIS WORLD...

SEE PAGE 29  
FOR OUR SPACE  
SCIENCE  
PROGRAMS!

### Mad Science: BRIXOLOGY Camp

BRIXOLOGY Camp sets the foundation for our next generation of makers! Children learn about different types of engineering and then team up to construct a different engineering themed project using LEGO bricks. We will learn about aerospace engineering while assembling a space station. We will explore mechanical engineering as we build boats and vehicles. That is not all from carnival rides to drawing machines, mechanical animals to truss bridges, your future engineer will build upon their creativity to solve real world design challenges, while developing their problem solving and team building skills. Let the tinkering begin! Campers receive daily custom Mad Science brick take homes. Children should bring a snack each day (No nut products please). Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE7613**  
(Section codes listed below)

**Beulah Brinton (Ages 5-12)..... BN01**

Mon-Thu, Aug 29-Sep 1, 9:00AM- 2:00PM  
\$220 Residents/\$330 Non-Residents

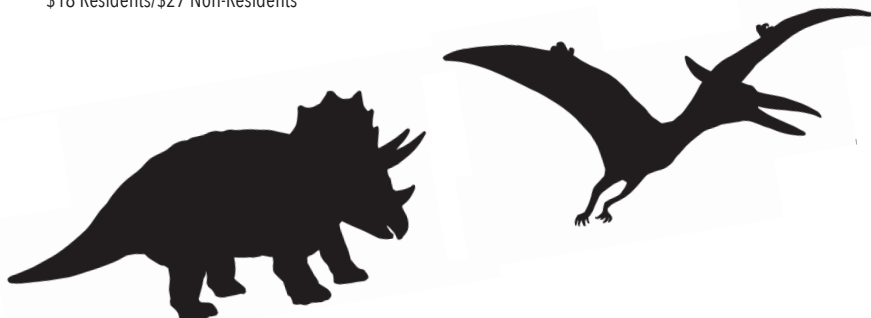
### Mad Science: Slime Time

Ooze into a gooey hour of sliming around! Create slime using the Mad Science recipe. Take home your own concoction of Mad Science slime. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE7615**  
(Section codes listed below)

**Hamilton (Ages 5-12)..... HA01**

Sat, Jun 25, 10:00AM-11:00AM  
\$18 Residents/\$27 Non-Residents





## Mad Science: Radical Robots

What are automatons? How do robotic systems work? Learn all about robot-building in this exciting Mad Science lab! Students will tinker with their very own robots as they learn the basic engineering skills involved in building these machines. Experiment with robots that can do some extraordinary tasks, infrared robots, robotic arms, and even robots that like to play. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE7635**  
(Section codes listed below)

**Gaenslen (Ages 5-12).....GS01**  
Sat, Jul 16, 10:00AM-11:00AM  
\$18 Residents/\$27 Non-Residents

## Mad Science: Spy Academy

Look out 007! From edible messages and decoding clues, students will have the opportunity to check out their skills that spies have to have to survive. Spies use these skills in the world of espionage. Children should bring their own snacks (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE7636**  
(Section codes listed below)

**Gaenslen (Ages 5-12).....GS01**  
Sat, Jul 23, 10:00AM-11:00AM  
\$18 Residents/\$27 Non-Residents

## MUSIC

### Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Class is combined with adult class. Class is taught by Mr. D.

**Activity Code: 1RCE4602**  
(Section codes listed below)

**Beulah Brinton (Ages 12-17).....BN01**  
Fri, Jun 24-Aug 12, 7:15PM- 8:15PM  
\$18 Residents/\$27 Non-Residents



### Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with adult class.

**Activity Code: 1RCE4603**  
(Section codes listed below)

**Beulah Brinton (Ages 12-17).....BN01**  
Fri, Jun 24-Aug 12, 6:00PM- 7:00PM  
\$18 Residents/\$27 Non-Residents

### Guitar Rescue

**NEW** So...how is your guitar? Needs a little loving care? Repair, or replace? Did you know that a well-maintained instrument is more playable and lasts longer? This class is aimed at guitar (bass and uke also) maintenance. We will cover everything you need from simple repairs to choosing your next (or first) guitar. And of course we'll have to play a little to see if it works. Class is combined with adult class. Class is taught by Mr. D.

**Activity Code: 1RCE4608**  
(Section codes listed below)

**Beulah Brinton .....BN01**  
Fri, Aug 19-Sep 9, 6:00PM- 7:30PM  
\$19 Residents/\$29 Non-Residents

### Guitar

This class focuses on basic chords, note reading, different strumming techniques, and guitar maintenance. Bring your own guitar. \*Beg Semi-Private courses focus on the music theory side of playing guitar, as taught by Mr. D. Scales and chord theory are key elements of this class. Bring your own guitar. \*Adv Semi-Private courses build your song repertoire and techniques as taught by Mr. D. For students with previous guitar experience. Bring your own guitar. Classes are combined with adult class.

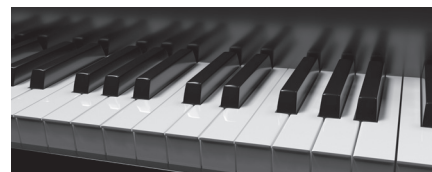
**Activity Code: 1RCE4604**  
(Section codes listed below)

**Beulah Brinton (Ages 12-17).....BN01**  
Sat, Jun 18-Aug 13, 2:00PM- 3:30PM  
\$26 Residents/\$39 Non-Residents

**Gaenslen (Ages 12-17).....RS01**  
(Beg. - Semi-Private)  
Mon, Jun 13-Aug 1, 6:30PM- 8:00PM  
\$39 Residents/\$59 Non-Residents

**Gaenslen (Ages 12-17).....RS02**  
(Adv. - Semi Private)  
Mon, Jun 13-Aug 1, 8:15PM- 9:15PM  
\$27 Residents/\$41 Non-Residents

**Hamilton (Ages 12-17).....HA01**  
Thu, Jun 23-Aug 4, 6:00PM- 7:30PM  
\$18 Residents/\$27 Non-Residents



### Piano

Beg. level courses will give beginning piano enthusiasts an introduction to the keyboard, including note reading, rhythm, two handed playing, and techniques. No need to bring your keyboard from home. Class is taught by Mr. D. and is combined with adult class. Int. level courses will help take you to the next level. Keys, scales, chords, and melodies, learning with Mr. D makes theory fun. Course for those with previous keyboard and note-reading experience. No need to bring your keyboard from home. Classes are combined with adult class.

**Activity Code: 1RCE4606**  
(Section codes listed below)

**Beulah Brinton (Ages 12-17).....BN01**  
(Beg.)  
Sat, Jun 18-Aug 13, 10:30AM-12:00PM  
\$26 Residents/\$39 Non-Residents

**Beulah Brinton (Ages 12-17).....BN02**  
(Int.)  
Sat, Jun 18-Aug 13, 12:15PM- 1:45PM  
\$26 Residents/\$39 Non-Residents

**Hamilton (Ages 12-17).....HA01**  
Wed, Jun 22-Aug 3, 6:00PM- 7:30PM  
\$18 Residents/\$27 Non-Residents

### Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Class is combined with adult class.

**Activity Code: 1RCE4607**  
(Section codes listed below)

**Beulah Brinton (Ages 12-17).....BN01**  
Sat, Jun 18-Aug 13, 4:00PM- 6:00PM  
\$35 Residents/\$53 Non-Residents

### Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Class is combined with adult class.

**Activity Code: 1RCE4609**  
(Section codes listed below)

**Hamilton (Ages 12-17).....HA01**  
Thu, Jun 22-Aug 3, 7:45PM- 8:45PM  
\$12 Residents/\$18 Non-Residents

## Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Bring your own harmonica. Class is combined with adult class.

**Activity Code: 1RCE4611**  
(Section codes listed below)

### Hamilton (Ages 12-17)..... HA01

Tue, Jun 21-Aug 2, 6:00PM- 7:00PM  
\$18 Residents/\$27 Non-Residents

## Ukulele For You

This class is for anyone interested in learning to play the ukulele along with those who want to expand their ukulele repertoire. Our "music master" Mr. D., will teach you basic chords and strums and comfortably guide you into select musical genres. Grab a uke or dust off the one in your closet and join us!

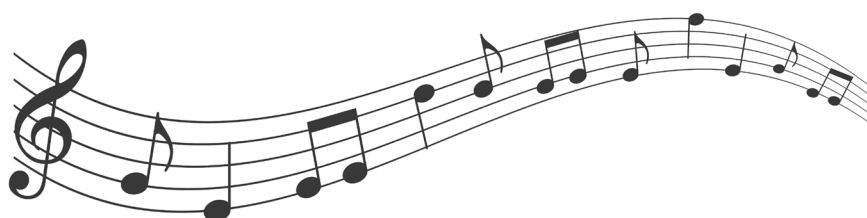
**Activity Code: 1RCE4620**  
(Section codes listed below)

### Hamilton (Ages 12-17)..... HA01

(This class is combined with adult class)  
Thu, Jun 23-Aug 4, 7:45PM- 8:45PM  
\$18 Residents/\$27 Non-Residents

## MUSIC IN MPS

Milwaukee Recreation and the MPS Music Department offer the following Saturday Youth Music lessons at Hamilton. Class fees for all classes are \$12 Residents and \$18 Non-Residents. All classes provide students the opportunity to learn and develop their skills in a small groups. Students must come to class with their own instrument, except piano/keyboarding. Register for the classes using the following guidelines: Beginner: No experience on instrument, Intermediate: 1-2 years of experience on instrument, Advanced, 3+ years of experience on instrument. All teachers reserve the right to place students in the appropriate skill level after the first class.



## Acoustic Guitar

This course provides students the opportunity to learn and develop their skills on guitar in a small group setting. Emphasis will be basic note reading and chord playing skills. A 1/2 or 3/4 sized nylon-stringed acoustic guitar is required. Students must bring their own instrument to class. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate/Advanced -completed Beginner course. Class combined with Beginner Ukulele class.

**Activity Code: 1RCE3201**  
(Section codes listed below)

### Hamilton (Ages 7-17)..... HA01

(Beg.)  
Sat, Jun 18-Jul 30, 9:00AM- 9:30AM  
\$12 Residents/\$18 Non-Residents

### Hamilton (Ages 7-17)..... HA02

(Int./Adv.)  
Sat, Jun 18-Jul 30, 9:45AM-10:15AM  
\$12 Residents/\$18 Non-Residents

### Hamilton (Ages 7-17)..... HA04

(Beg.)  
Sat, Jun 18-Jul 30, 10:30AM-11:15AM  
\$12 Residents/\$18 Non-Residents

## Brass

This course provides students the opportunity to learn and develop their skills on a brass instrument, including trumpet, French horn, trombone, baritone, euphonium, and tuba in a small group setting. Students must bring their own instrument to class. Special face coverings will be used to ensure safety. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate/Advanced -Completed Beginner course.

**Activity Code: 1RCE3203**  
(Section codes listed below)

### Hamilton (Ages 10-17)..... HA04

(Beg.)  
Sat, Jun 18-Jul 30, 9:00AM- 9:30AM  
\$12 Residents/\$18 Non-Residents

### Hamilton (Ages 10-17)..... HA05

(Int./Adv.)  
Sat, Jun 18-Jul 30, 9:45AM-10:30AM  
\$12 Residents/\$18 Non-Residents

## Piano/Keyboard

This course provides students the opportunity to learn and develop their skills on a piano in a small group setting. Students will work on melodies in right and left hands, independence, scales, basic chords and arpeggios. Focus on manual dexterity; rhythmic expression and correct hand positions will assist students in their daily practice. A piano or electronic keyboard at home is recommended. Please register for the Piano/Keyboard classes using the following guidelines: Beginner - No experience Intermediate/Advance - Completed Beginner course.

**Activity Code: 1RCE3207**  
(Section codes listed below)

### Hamilton (Ages 7-17)..... HA01

(Beg.)  
Sat, Jun 18-Jul 30, 9:00AM- 9:30AM  
\$12 Residents/\$18 Non-Residents

### Hamilton (Ages 7-17)..... HA02

(Beg.)  
Sat, Jun 18-Jul 30, 9:45AM-10:15AM  
\$12 Residents/\$18 Non-Residents

### Hamilton (Ages 7-17)..... HA06

(Int./Adv.)  
Sat, Jun 18-Jul 30, 10:30AM-11:15AM  
\$12 Residents/\$18 Non-Residents



## Woodwinds

This course provides students the opportunity to learn and develop their skills on a woodwind instrument including flute, oboe, clarinet, bass clarinet, bassoon, and saxophone in a small group setting. Students must bring their own instrument to class. Special face coverings will be used to ensure safety. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate/Advanced -Completed Beginning course.

**Activity Code: 1RCE3212**  
(Section codes listed below)

### Hamilton (Ages 10-17)..... HA04

(Beg.)  
Sat, Jun 18-Jul 30, 9:00AM- 9:30AM  
\$12 Residents/\$18 Non-Residents

### Hamilton (Ages 10-17)..... HA05

(Int./Adv.)  
Sat, Jun 18-Jul 30, 9:45AM-10:30AM  
\$12 Residents/\$18 Non-Residents

## String Lessons

This course provides students the opportunity to learn and develop their skills on stringed instruments violin, viola, cello and bass in a small group setting. Students must come to classes with their own instruments. Please register for the string classes using the following guidelines: Beginner - No experience. Intermediate/Advanced - Completed Beginner course.

**Activity Code: 1RCE3218**  
(Section codes listed below)

**Hamilton (Ages 7-17)..... HA07**  
(Beg.)  
Sat, Jun 18-Jul 30, 9:00AM- 9:30AM  
\$12 Residents/\$18 Non-Residents

**Hamilton (Ages 7-17)..... HA08**  
(Int./Adv.)  
Sat, Jun 18-Jul 30, 9:45AM-10:30AM  
\$12 Residents/\$18 Non-Residents

## Beginning Ukulele

Are you a fan of Vance Joy or Twenty-One Pilots? Now is your chance to learn their main instrument: the ukulele. Students in this class will learn chords, melody, note reading and strumming patterns. This class will give you the skills needed to give you the basics of the ukulele including how to read chord charts and help you hit the ground running with your favorite songs. Ideal for future guitar players! No experience necessary. Students should bring their own ukuleles. Books will be provided at the first session. Class combined with Guitar classes.

**Activity Code: 1RCE3220**  
(Section codes listed below)

**Hamilton (Ages 10-17)..... HA01**  
(Beg.)  
Sat, Jun 18-Jul 30, 9:00AM- 9:30AM  
\$12 Residents/\$18 Non-Residents

**Hamilton (Ages 10-17)..... HA02**  
(Beg.)  
Sat, Jun 18-Jul 30, 9:45AM-10:15AM  
\$12 Residents/\$18 Non-Residents

**Hamilton (Ages 10-17)..... HA03**  
(Int./Adv.)  
Sat, Jun 18-Jul 30, 10:30AM-11:15AM  
\$12 Residents/\$18 Non-Residents

## Drums/Percussion

**NEW** This course provides students the opportunity to learn and develop their skills in drums and percussion in a small group setting. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate/Advance - 1-2 years experience in drumming/percussion playing.

**Activity Code: 1RCE3230**  
(Section codes listed below)

**Hamilton (Ages 7-17)..... HA01**  
(Beg.)  
Sat, Jun 18-Jul 30, 10:45AM-11:15AM  
\$12 Residents/\$48 Non-Residents

**Hamilton (Ages 7-17)..... HA02**  
(Int./Adv.)  
Sat, Jun 18-Jul 30, 11:30AM-12:15PM  
\$12 Residents/\$48 Non-Residents

## Contemporary Singing: Jazz, Musical Theater, Pop, and R & B,

**NEW** This course is designed to introduce 6th-12th grade students to a wide variety of contemporary singing styles, including but not limited to: Jazz, Musical Theater, Pop, and R and B. Students will engage in an overview of these styles and study iconic examples of each. There will be opportunities for both solo and small group performances.

**Activity Code: 1RCE3231**  
(Section codes listed below)

**Hamilton (Ages 11-17)..... HA01**  
Sat, Jun 18-Jul 30, 9:00AM-12:00PM  
\$12 Residents/\$18 Non-Residents

## Elementary Chorus

Students will have the opportunity to explore their voice as an instrument, develop pitch-reading and rhythm reading skills and explore the world through singing.

**Activity Code: 1RCE3232**  
(Section codes listed below)

**Hamilton (Ages 9-12)..... HA01**  
Mon/Thu, Jun 23-Aug 1, 6:00PM- 7:00PM  
\$12 Residents/\$18 Non-Residents

## NATURE IN YOUR NEIGHBORHOOD

### Traveling Tales for Tots

This nature tale time includes a story, craft, outdoor exploration, and a visit from an education ambassador animal. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P124724**  
(Section codes listed below)

**Beulah Brinton (Ages 3 & up) ..... HG01**  
(I'm a Seed by Jean Marzollo)  
Thu, Jul 7, 3:00PM- 4:00PM  
\$4 Residents/\$6 Non-Residents

**Gaenslen (Ages 3 & up) ..... HG02**  
("Are You My Mother?" by P.D. Eastman)  
Tue, Jun 28, 6:00PM- 7:00PM  
\$4 Residents/\$6 Non-Residents

**Hamilton (Ages 3 & up) ..... HG03**  
(Two Bad Ants by Chris Van Allsburg)  
Tue, Aug 2, 6:00PM- 7:00PM  
\$4 Residents/\$6 Non-Residents

## DID YOU KNOW?

Ninety-four percent of U.S. adults agree that it is important for children and young adults to learn about the environment and ways they can help be a good environmental steward.

via [nrpa.org/parkpulse](http://nrpa.org/parkpulse)





## PLAY GROUPS

### Music Maker and More-Early Childhood Music Class

This sing along musical activity is designed for children and their parent or caregiver. The class incorporates traditional children's songs, finger plays, rhythm instruments and dance movements as well as puppets that help tell a story within the songs. A goal of the class is to give children an interest and love for all kinds of music. Bring your dancing feet and join us for a fun, family class. Due to room restrictions, only 1 adult may accompany each child. Parent or guardian must attend. Price is per child. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RCE5509**  
(Section codes listed below)

**Beulah Brinton (Ages 1-4)..... BN01**  
Tue, Jul 5-Jul 26, 9:00AM- 9:30AM  
\$36 Residents/\$48 Non-Residents

**Beulah Brinton (Ages 1-4)..... BN02**  
Tue, Aug 2-Aug 23, 9:00AM- 9:30AM  
\$36 Residents/\$48 Non-Residents

## RED CROSS BABYSITTING CERTIFICATION

### Babysitting Workshop

Ages 11 & up. Receive American Red Cross certification for babysitting. Learn basic First Aid, reacting to stressful situations, creative play techniques, proper nutrition and more. Sign up early as classes fill quickly. Not eligible for reduced fees. Refund request must be received one week prior to the start of class.

**Activity Code: 1RCE5601**  
(Section codes listed below)

**Beulah Brinton (Ages 11-17)..... BN01**  
Sat, Jun 4, 8:30AM- 4:00PM  
\$100 Residents/\$150 Non-Residents

**Beulah Brinton (Ages 11-17)..... BN02**  
Sat, Jun 11, 8:30AM- 4:00PM  
\$100 Residents/\$150 Non-Residents

**Hamilton (Ages 11-17)..... HA02**  
Sat, Jun 18, 8:30AM- 4:00PM  
\$100 Residents/\$150 Non-Residents

**Hamilton (Ages 11-17)..... HA03**  
Sat, Jun 25, 8:30AM- 4:00PM  
\$100 Residents/\$150 Non-Residents

## BASKETBALL

### Mighty Mite Basketball

This class is not an intro "dunktion" to basketball. Your young person will have fun, while being introduced to some basketball skills. Skills include dribbling, passing, sliding feet laterally, and shooting on a 4-foot hoop. This class will expose your young person to the great game of basketball in a FUN environment.

**Activity Code: 1RCE1101**  
(Section codes listed below)

**Gaenslen (Ages 3-4)..... RS01**  
(Not eligible for reduced fees)  
Sat, Jun 11-Jul 30, 12:45PM- 1:15PM  
\$10 Residents/\$15 Non-Residents

**Milwaukee Marshall (Ages 3-4)..... MR01**  
(Not eligible for reduced fees)  
Sat, Jun 18-Jul 30, 9:00AM- 9:30AM  
\$8 Residents/\$12 Non-Residents

### B.I.G. Basketball

In this program, participants will learn the fundamentals of basketball, including dribbling, passing, shooting, rebounding, rules, and how the game is played. Combine all of these components with team play for a fun and exciting experience.

**Activity Code: 1RCE1102**  
(Section codes listed below)

**Gaenslen (Ages 7-9)..... RS01**  
Sat, Jun 11-Jul 30, 3:10PM- 4:15PM  
\$18 Residents/\$27 Non-Residents

**Hamilton (Ages 7-9)..... HA01**  
Sat, Jun 18-Jul 30, 9:30AM-10:30AM  
\$14 Residents/\$21 Non-Residents

**Milwaukee Marshall (Ages 7-9)..... MR01**  
Sat, Jun 18-Jul 30, 11:45AM-12:45PM  
\$14 Residents/\$21 Non-Residents

### Basketball Shooters Camp

Do you want to be a more consistent shooter? This camp is designed to improve your shot by providing instruction for better footwork, a quicker release and proper stance when shooting the basketball. Campers will be introduced to a variety of shooting techniques, including shooting off the dribble, pull up jumpers and when and how to use the backboard.

**Activity Code: 1RCE11072**  
(Section codes listed below)

**Beulah Brinton (Ages 8-11)..... RS01**  
Mon-Thu, Jun 27-Jun 30, 8:15AM- 9:15AM  
\$14 Residents/\$21 Non-Residents

**Beulah Brinton (Ages 5-8)..... RS02**  
Mon-Thu, Aug 1-Aug 4, 8:15AM- 9:15AM  
\$14 Residents/\$21 Non-Residents

**Beulah Brinton (Ages 11-14)..... RS01**  
Mon-Thu, Aug 8-Aug 11, 8:15AM- 9:15AM  
\$14 Residents/\$21 Non-Residents



### Bitty Basketball

The hoops are lower and the basketballs are smaller, but the fun is big in Bitty Basketball. This program is a great way to introduce your child to the sport. Participants will learn the rules of basketball as well as basic fundamentals such as shooting, dribbling, and passing. This is accomplished through hands-on practice using mini basketballs and 6 & 8 foot hoops.

**Activity Code: 1RCE1103**  
(Section codes listed below)

**Gaenslen (Ages 5-6)..... RS01**  
Sat, Jun 11-Jul 30, 1:25PM- 3:10PM  
\$14 Residents/\$21 Non-Residents

**Milwaukee Marshall (Ages 5-6)..... MR01**  
Sat, Jun 18-Jul 30, 12:50PM- 1:35PM  
\$13 Residents/\$20 Non-Residents

### Girls Basketball Camp

Gain the skills needed to become a basketball star. This camp will cover shooting, passing, dribbling, rebounding, and team play. Rules of the game will also be discussed.

**Activity Code: 1RCE1105**  
(Section codes listed below)

**Milwaukee Marshall (Ages 10-13).MR01**  
Sat, Jun 18-Jul 30, 10:40AM-11:40AM  
\$14 Residents/\$21 Non-Residents

### All-American Basketball

This advanced class is designed for children who have a solid foundation in basketball and wish to improve to the next level.

**Activity Code: 1RCE1106**  
(Section codes listed below)

**Hamilton (Ages 10-12)..... HA01**  
Sat, Jun 18-Jul 30, 10:45AM-11:45AM  
\$14 Residents/\$21 Non-Residents

**Milwaukee Marshall (Ages 10-12).MR01**  
Sat, Jun 18-Jul 30, 9:35AM-10:35AM  
\$14 Residents/\$21 Non-Residents

## Baseball + Softball Opportunities Summer 2022

In collaboration with Little League and youth organizations throughout the city, Milwaukee Recreation is pleased to announce the following baseball and softball opportunities in league play for 2022. For additional information about registration fees, level of competition, practices, and game schedules, please contact the organizations listed below directly.

### Milwaukee Recreation

Milwaukee Recreation offers an instructional T-ball league for girls and boys age 4 -6. Our goal is to improve each players fundamental skills of batting, fielding, base running, throwing, and team work through instructional league play.

- Summer league: June - August
- Age: 4 -6 (Gold Glove T-ball, see page 16 at right)
- League location: Wick Playfield

This league is coed. Registration fee is \$29 for residents or \$44 for non-residents. Registration fee includes t-shirt, baseball cap, and participation medal.

For more information: Contact Youth Sports at 414.475.8410 or mkerec.net.

### Beckum-Stapleton Little League

**New this year**, in addition to baseball, Beckum-Stapleton Little League is offering Girl's Fastpitch Softball for ages 8 - 16 years old.

Season runs from May through June for ages 4 -16. No prior experience necessary. Registration includes 1 practice and 2 games per week at Beckum Park. Uniforms are included.

For more information: 414.372.5794 or visit [www.beckumstapletonLL.org](http://www.beckumstapletonLL.org)

### Felix Mantilla Little League and Journey House Baseball Program

- T-ball available for ages 4-6, 7-8, 9-10, 11-12, and 13-15

For more information or questions contact: Coach Martin Weddle 414.647.0548 ext 133 or email [mweddle@journeyhouse.org](mailto:mweddle@journeyhouse.org).

### Bay View Area Redcats Baseball

*Playing age based on age as of June 1, 2022.*

- Ages 5-7 (Coach Pitch)
- Ages 8-10 (Player Pitch: 60ft bases)
- Ages 11-13 (Player Pitch: 70ft bases)

Season runs April - July. No prior experience necessary. Boys and girls welcome to play.

For more information, email : [bvaredcats@sbcglobal.net](mailto:bvaredcats@sbcglobal.net) or Website: <http://www.bvaredcats.org>

### Boys & Girls Clubs of Greater Milwaukee

Reviving Baseball in Inner-cities (RBI) is a Major League Baseball initiative to increase inner city youth participation and interest in baseball and softball. Through the Boys & Girls Clubs of Greater Milwaukee and the Milwaukee Brewers, the Milwaukee RBI program provides baseball and softball training, clinics, camps, leagues and tournaments play all year round. Programming is for ages 4-18 years old. Tryouts for travel teams ages 13-18 scheduled at Am Fam Stadium July 28th from 9am - 1p.m.

For more information: Contact Julian Haliga at 414.698.5745.

## BASEBALL

### Gold Glove T-Ball Instruction League & Play

Learn the fundamentals of batting, fielding, base running, throwing, and team work. Participants will develop their skills through instructional league play. A minimum of two (2) VOLUNTEER PARENT COACHES are required per team. All parents interested in the role of VOLUNTEER PARENT COACH should contact the Youth Sports Office at 414.475.8410 to complete the online volunteer coaching application and mandatory background check prior to the scheduled organizational day meeting. Teams will be formed at the organizational day meeting. All participants will receive a team shirt, cap, and participation medal. Fee based on one hour of activity per session.

**Activity Code: 1RYS1001**  
(Section codes listed below)

#### Wick Playfield (Ages 4-6).....WI01

(Organizational Meeting - June 11)  
Sat, Jun 11-Jul 30, 9:00AM- 2:00PM  
\$29 Residents/\$44 Non-Residents



## CHEERLEADING

### Cheerleading Skills Camp

This introductory COED cheerleading camp is offered for 3rd-8th grade children. In this instructional camp, participants will learn the proper cheer leading techniques including motions, jumps, tumbling and much more. Stunts will not be taught. Participants will be encouraged to bring their own water bottle and sweat towel.

**Activity Code: 1RYS8402**  
(Section codes listed below)

#### Wisconsin Conservatory of Lifelong Learning (Ages 8-11).....WC01

Mon-Thu, Jul 11-Jul 14, 3:00PM- 5:00PM  
\$21 Residents/\$32 Non-Residents

#### Wisconsin Conservatory of Lifelong Learning (Ages 11-14).....WC02

Mon-Thu, Jul 18-Jul 21, 3:00PM- 5:00PM  
\$21 Residents/\$32 Non-Residents



## FOOTBALL

### Milwaukee Football Academy

Coach Patrick Wagner from Riverside University High School Football Team will lead instructional football skill clinics for children ages 8-14 years old. Coach Wagner has over 100 wins and has led the Riverside Tigers to eight (8) conference titles, and two (2) state semifinals. He has coached three (3) NFL players and over fifty (50) of his players have gone on to play college football. Emphasis will be placed on development of basic football skills, sportsmanship, and teamwork. This will be a fun and engaging youth sports activity for children to do this summer. Participation is capped at eighteen (18) participants per section. Please call 414.475.8410 for more information.

**Activity Code: 1RYS3703**  
(Section codes listed below)

#### Custer Stadium (Ages 8-11)..... CD01

Wed, Jun 22-Jul 27, 12:30PM- 1:30PM  
\$14 Residents/\$21 Non-Residents

#### Custer Stadium (Ages 12-14)..... CD02

Wed, Jun 22-Jul 27, 2:00PM- 3:30PM  
\$20 Residents/\$30 Non-Residents

#### Pulaski Stadium (Ages 8-11) .....PD01

Tue, Jun 21-Jul 26, 12:30PM- 1:30PM  
\$14 Residents/\$21 Non-Residents

#### Pulaski Stadium (Ages 12-14) .....PD02

Tue, Jun 21-Jul 26, 2:00PM- 3:30PM  
\$20 Residents/\$30 Non-Residents

#### Wick Playfield (Ages 8-11)..... W201

Thu, Jun 23-Jul 28, 12:30PM- 1:30PM  
\$14 Residents/\$21 Non-Residents

#### Wick Playfield (Ages 12-14)..... W202

Thu, Jun 23-Jul 28, 2:00PM- 3:30PM  
\$20 Residents/\$30 Non-Residents

Join us for the...

### Journey House Football Program

Available for grades 3rd - 4th,  
5th - 6th, and 7th - 8th!

For more information or questions  
contact: Coach Martin Weddle  
414.647.0548 ext 133 or email  
mweddle@journeyhouse.org.

## GOLF

### Get in the Swing

Get in the Swing is a camp for beginners and avid youth golfers alike. Participants will learn fundamentals from general rules and etiquette to proper stance and how to hold a club. This camp is a great way to build a solid foundation in the sport. Golfers need to bring their own clubs.

**Activity Code: 1RCE3801**  
(Section codes listed below)

#### Milwaukee Marshall (Ages 8-17)... MR01

Sat, Jun 18-Jul 30, 2:00PM- 3:00PM  
\$14 Residents/\$21 Non-Residents



## LACROSSE

### Intro to Girls Lacrosse

Lacrosse is the fastest growing sport in the country, and also America's oldest sport! This instructional clinic offers drills/skills and fundamentals for beginners to intermediate players. This is a great opportunity for girls to learn to play the fun sport of lacrosse, coached by experienced and enthusiastic instructors. Beginners will learn the basic skills of girls lacrosse, while intermediate players will refine their stick skills and work on advanced skills. Lacrosse stick, goggles and mouth guard are required equipment for girls lacrosse. Lacrosse sticks and goggles will be available to borrow, but each participant will need to bring their own mouth guard. No experience necessary!

**Activity Code: 1RCE9702**  
(Section codes listed below)

#### Gaenslen (Ages 6-12)..... RS01

Tue, Jun 14-Aug 2, 6:00PM- 7:00PM  
\$14 Residents/\$21 Non-Residents



## MARTIAL ARTS

### Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. Learn self-discipline, kicking and punching techniques, correct body positioning, and self-defense.

**Activity Code: 1RCE4506**  
(Section codes listed below)

#### Beulah Brinton (Ages 3-5)..... BN04

(Not eligible for reduced fees or refund)

Sat, Jun 18-Aug 13, 8:00AM- 8:30AM

\$10 Residents/\$15 Non-Residents

#### Beulah Brinton (Ages 6-14)..... BN05

Sat, Jun 18-Aug 13, 8:30AM- 9:30AM

\$18 Residents/\$27 Non-Residents

#### Beulah Brinton (Ages 6-17)..... BN01

(Beg. - White - Yellow Belts)

Mon/Wed/Fri, Jun 22-Aug 22, 4:00PM- 4:45PM

\$42 Residents/\$63 Non-Residents

#### Beulah Brinton (Ages 6-17)..... BN02

(Int./Adv. - Camo - Brown Belts)

Mon/Wed/Fri, Jun 22-Aug 22, 5:00PM- 5:45PM

\$42 Residents/\$63 Non-Residents

#### Beulah Brinton (Ages 6-17)..... BN03

(Adv. - Red/Black & Black Belts)

Mon/Wed/Fri, Jun 22-Aug 22, 6:00PM- 6:45PM

\$42 Residents/\$63 Non-Residents

#### Gaenslen (Ages 3-5)..... RS07

(Beg. white belts. Not eligible for reduced fees)

Sat, Jun 11-Jul 30, 9:00AM- 9:30AM

\$8 Residents/\$12 Non-Residents

#### Gaenslen (Ages 3-5)..... RS08

(Int./Adv., Ara Belt & Higher)

Sat, Jun 11-Jul 30, 9:30AM-10:00AM

\$11 Residents/\$17 Non-Residents

#### Gaenslen (Ages 6-14)..... RS04

(Beg., White-Yellow Belts. Not eligible for reduced fees)

Sat, Jun 11-Jul 30, 10:15AM-11:00AM

\$14 Residents/\$21 Non-Residents

#### Gaenslen (Ages 6-14)..... RS06

(Int/Adv, camo-black belts. Not eligible for reduced fees)

Sat, Jun 11-Jul 30, 11:00AM-11:45AM

\$21 Residents/\$32 Non-Residents

#### Gaenslen (Ages 6-14)..... RS11

(Beg., white belts)

Mon/Wed, Jun 13-Aug 1, 5:15PM- 6:00PM

\$18 Residents/\$27 Non-Residents

#### Gaenslen (Ages 6-14)..... RS03

(Beg., Orange-Yellow Belt. Not eligible for reduced fees)

Mon, Jun 13-Aug 1, 6:00PM- 6:45PM

\$11 Residents/\$17 Non-Residents

#### Gaenslen (Ages 6-14)..... RS01

(Beg., orange & yellow belts)

Mon/Wed, Jun 13-Aug 1, 6:00PM- 6:45PM

\$18 Residents/\$27 Non-Residents

#### Gaenslen (Ages 6-14)..... RS02

(Int./Adv., Camo-Purple Belts)

Mon/Wed, Jun 13-Aug 1, 6:45PM- 7:30PM

\$18 Residents/\$27 Non-Residents

#### Gaenslen (Ages 6-14)..... RS09

(Int./Adv., Camo-Black Belts)

Mon, Jun 13-Aug 1, 6:45PM- 7:30PM

\$15 Residents/\$23 Non-Residents

#### Hamilton (Ages 6-14)..... HA02

(Advanced belt only)

Mon/Wed, Jun 22-Aug 8, 6:00PM- 7:00PM

\$22 Residents/\$33 Non-Residents

#### Milwaukee Marshall (Ages 6-17).... JU01

Tue, Jun 21-Aug 4, 6:00PM-7:00PM

\$30 Residents/\$45 Non-Residents

#### Milwaukee Marshall (Ages 6-17)... MR01

(Beg.-White, Orange, & Yellow Belts)

Sat, Jun 18-Jul 30, 9:00AM-10:00AM

\$14 Residents/\$21 Non-Residents

#### Milwaukee Marshall (Ages 6-17)... MR02

(Beg.-White, Orange, & Yellow Belts)

Sat, Jun 18-Jul 30, 10:05AM-11:05AM

\$14 Residents/\$21 Non-Residents

#### Milwaukee Marshall (Ages 6-17)... MR09

(Intro)

Sat, Jun 18-Jul 30, 11:10AM-11:55AM

\$11 Residents/\$17 Non-Residents

#### Milwaukee Marshall (Ages 6-17)... MR03

(Int./Adv., Camo-Red/Black Belts)

Sat, Jun 18-Jul 30, 12:00PM- 1:00PM

\$15 Residents/\$23 Non-Residents

#### Milwaukee Marshall (Ages 6-17)... MR04

(Beg.-White, Orange, & Yellow Belts)

Mon/Wed, Jun 22-Aug 8, 6:00PM- 7:00PM

\$28 Residents/\$42 Non-Residents

#### Milwaukee Marshall (Ages 6-17)... MR05

(Int./Adv., Camo-Red/Black Belts)

Mon/Wed, Jun 22-Aug 8, 7:05PM- 8:05PM

\$29 Residents/\$43 Non-Residents

#### Milwaukee Marshall (Ages 6-17)... MR06

(Intro)

Tue, Jun 21-Aug 2, 5:00PM- 5:45PM

\$13 Residents/\$20 Non-Residents

#### Milwaukee Marshall (Ages 6-17)... MR08

(Beg.-White, Orange, & Yellow Belts)

Tue/Thu, Jun 21-Aug 4, 6:00PM- 7:00PM

\$30 Residents/\$45 Non-Residents

#### Milwaukee Marshall (Ages 6-17)... MR07

(Intro)

Thu, Jun 23-Aug 4, 5:00PM- 5:45PM

\$13 Residents/\$20 Non-Residents

## SOCCER

### MUSC Soccer Academy

In partnership with the Milwaukee Urban Soccer Collaborative, Milwaukee Recreation's Youth Sports Office is offering coed outdoor soccer skill clinics for children ages 8 -14 years old. Our soccer academy training is designed to introduce and enhance a players mental and physical soccer abilities, focusing on individual skills. The goal of the training is to develop skilled, confident, and creative players through purposeful practice that might not occur during traditional team training. Participants are encouraged to bring their own water bottle, plastic cleats, and shin-guards if possible. Participation is capped at a maximum of twelve (12) participants per section. Please call 414.475.8410 for more information.

**Activity Code: 1RYS5902**  
(Section codes listed below)

#### Brinton Playfield (Ages 8-10)..... BN01

Tue-Fri, Jun 21-Jun 24, 9:00AM-10:30AM

\$35 Residents/\$53 Non-Residents

#### Brinton Playfield (Ages 10-12)..... BN02

Tue-Fri, Jun 21-Jun 24, 10:45AM-12:15PM

\$35 Residents/\$53 Non-Residents

#### Brinton Playfield (Ages 12-14)..... BN03

Tue-Fri, Jun 21-Jun 24, 12:30PM- 2:00PM

\$35 Residents/\$53 Non-Residents

#### Burnham Playfield (Ages 8-10) ..... B201

Mon-Thu, Jul 25-Jul 28, 9:00AM-10:30AM

\$35 Residents/\$53 Non-Residents

#### Burnham Playfield (Ages 10-12) .... B202

Mon-Thu, Jul 25-Jul 28, 10:45AM-12:15PM

\$35 Residents/\$53 Non-Residents

#### Burnham Playfield (Ages 12-14) .... B203

Mon-Thu, Jul 25-Jul 28, 12:30PM- 2:00PM

\$35 Residents/\$53 Non-Residents

#### Enderis Playfield (Ages 8-10)..... EF01

Mon-Thu, Jul 11-Jul 14, 9:00AM-10:30AM

\$35 Residents/\$53 Non-Residents

#### Enderis Playfield (Ages 10-12)..... EF02

Mon-Thu, Jul 11-Jul 14, 10:45AM-12:15PM

\$35 Residents/\$53 Non-Residents

#### Enderis Playfield (Ages 12-14)..... EF03

Mon-Thu, Jul 11-Jul 14, 12:30PM- 2:00PM

\$35 Residents/\$53 Non-Residents

#### Hamilton Playfield (Ages 8-10) ..... HA01

Tue-Fri, Jul 5-Jul 8, 9:00AM-10:30AM

\$35 Residents/\$53 Non-Residents

#### Hamilton Playfield (Ages 10-12) ... HA02

Tue-Fri, Jul 5-Jul 8, 10:45AM-12:15PM

\$35 Residents/\$53 Non-Residents

## Hamilton Playfield (Ages 12-14) ... HA03

Tue-Fri, Jul 5-Jul 8, 12:30PM- 2:00PM  
\$35 Residents/\$53 Non-Residents

## Wick Playfield (Ages 8-10)..... W201

Mon-Thu, Jul 18-Jul 21, 9:00AM-10:30AM  
\$35 Residents/\$53 Non-Residents

## Wick Playfield (Ages 10-12)..... W202

Mon-Thu, Jul 18-Jul 21, 10:45AM-12:15PM  
\$35 Residents/\$53 Non-Residents

## Wick Playfield (Ages 12-14)..... W203

Mon-Thu, Jul 18-Jul 21, 12:30PM- 2:00PM  
\$35 Residents/\$53 Non-Residents

## TRACK

### Mini Track

On your mark, get set, go... Receive instruction in the proper techniques for sprints, distance running, starting stance, relays, and field events.

**Activity Code: 1RCE6703**  
(Section codes listed below)

### Milwaukee Marshall (Ages 5-8)..... MR01

Sat, Jun 18-Jul 30, 9:00AM-10:00AM  
\$14 Residents/\$21 Non-Residents

### Milwaukee Marshall (Ages 9-14)... MR02

Sat, Jun 18-Jul 30, 10:00AM-11:00AM  
\$14 Residents/\$21 Non-Residents

### Track & Field Camp

On your mark, get set, go! In this camp, kids will receive instruction in the proper techniques for sprints, distance running, starting stance, and field events. Instruction will also include plyometrics, speedwork, general strength, and the importance of nutrition and hydration. Camp will conclude with a track meet.

**Activity Code: 1RCE6700**  
(Section codes listed below)

### Hamilton (Ages 6-10)..... HA01

Mon/Wed, Jun 22-Aug 8, 4:00PM- 5:30PM  
\$53 Residents/\$80 Non-Residents

### Hamilton (Ages 11-18)..... HA02

Tue/Thu, Jun 21-Aug 4, 4:00PM- 5:30PM  
\$53 Residents/\$80 Non-Residents



## TENNIS

### Tennis

Tennis instruction will expose youth to backhand/forehand grips and strokes using the latest aerobic and physical fitness conditioning exercises. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Participants in intermediate and advance should have solid foundation in tennis and completed the beginner level.

**Activity Code: 1RCE6501**  
(Section codes listed below)

### Milwaukee Marshall (Ages 4-8)..... MR01

(Beg.)  
Sat, Jun 18-Jul 30, 10:15AM-11:15AM  
\$14 Residents/\$21 Non-Residents

### Milwaukee Marshall (Ages 6-12)... MR02

(Beg.)  
Sat, Jun 18-Jul 30, 11:30AM-12:30PM  
\$14 Residents/\$21 Non-Residents

### Milwaukee Marshall (Ages 10-15). MR03

(Int.)  
Sat, Jun 18-Jul 30, 12:45PM- 1:45PM  
\$15 Residents/\$23 Non-Residents

### Milwaukee Marshall (Ages 6-12)... MR04

(Beg.)  
Sat, Jun 18-Jul 30, 2:20PM- 3:20PM  
\$14 Residents/\$21 Non-Residents

## Youth Tennis Camps

Participants will learn and/or improve upon the fundamental skills of ground strokes, footwork, volleying, serving, backhand/forehand grips, and the lob. Competitive and non-competitive drills will be included, as well as singles and doubles strategy with an emphasis on sportsmanship. Participants will be encouraged to bring their own racquet, water bottle, sweat towel, and wear athletic shoes and attire if possible. All 90-minute camp sessions will consist of a maximum of twelve (12) participants. Each camper will receive a t-shirt. Call 414.475.8410 for more information.

**Activity Code: 1RYS6501**  
(Section codes listed below)

### Sijan Playfield (Ages 7-11) ..... JS01

Tue-Fri, Jun 21-Jun 24, 9:00AM-10:30AM  
\$21 Residents/\$32 Non-Residents

### Sijan Playfield (Ages 12-14) ..... JS02

Tue-Fri, Jun 21-Jun 24, 11:00AM-12:30PM  
\$21 Residents/\$32 Non-Residents

### Wick Playfield (Ages 7-11)..... W201

Tue-Fri, Jun 13-Jun 16, 9:00AM-10:30AM  
\$21 Residents/\$32 Non-Residents

### Wick Playfield (Ages 12-14)..... W202

Tue-Fri, Jun 13-Jun 16, 11:00AM-12:30PM  
\$21 Residents/\$32 Non-Residents

## GILBERT BROWN ALL-PRO FOOTBALL

Join Gilbert Brown for three days filled with fun and football instruction at this all-pro camp. The camp will train participants in the basic fundamentals of football. Whether you're an experienced player or never played before, this camp is for you. Gilbert Brown leads this camp along with a host of coaches who have extensive football knowledge and experience working with children. This camp is **FREE** to attend. Sign up any day on site! Take your game to the next level. **Register at [mkerec.net/gilbertbrown](http://mkerec.net/gilbertbrown) or at [gilbertbrownfoundation.org](http://gilbertbrownfoundation.org).**

### North Division High School

July 12, 13, and 14, 2022

### Morning Session: Tuesdays - Thursdays,

8:30am - 12pm for ages 8 -12  
(lunch provided)

### Afternoon Session: Tuesdays -

Thursdays, 2:00pm - 5:30pm for  
ages 13 - 17 (meal provided)

Questions? Email [Jason@mkerec.net](mailto:Jason@mkerec.net).



**Tennis Lessons (Semi-Private)**

MKE REC is offering a golden opportunity to learn tennis in a semi-private format. Participants will learn and/or improve upon the fundamental skills of ground strokes, footwork, volleying, serving, backhand/forehand grips, and the lob. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Participants will be encouraged to bring their own racquet, water bottle, and/or sweat towel if possible. All 50-minute clinic sessions will consist of a one (1) to three (3) participants. Call 414.475.8410 for more information.

**Activity Code: 1RYS6507**  
(Section codes listed below)

**Cooper Playfield (Ages 7-8)..... CP01**

Mon/Wed, Jun 27-Jul 27, 9:00AM- 9:50AM  
\$43 Residents/\$65 Non-Residents

**Cooper Playfield (Ages 9-11)..... CP02**

Mon/Wed, Jun 27-Jul 27, 10:00AM-10:50AM  
\$43 Residents/\$65 Non-Residents

**Cooper Playfield (Ages 12-14)..... CP03**

Mon/Wed, Jun 27-Jul 27, 11:00AM-11:50AM  
\$43 Residents/\$65 Non-Residents

**Rufus King Playfield (Ages 7-8) .....RK01**

Tue/Thu, Jun 28-Jul 28, 9:00AM- 9:50AM  
\$43 Residents/\$65 Non-Residents

**Rufus King Playfield (Ages 9-11) ...RK02**

Tue/Thu, Jun 28-Jul 28, 10:00AM-10:50AM  
\$43 Residents/\$65 Non-Residents

**Rufus King Playfield (Ages 12-14) .RK03**

Tue/Thu, Jun 28-Jul 28, 11:00AM-11:50AM  
\$43 Residents/\$65 Non-Residents

**Sijan Playfield (Ages 7-8) .....JS01**

Tue/Thu, Jun 28-Jul 28, 1:00PM- 1:50PM  
\$43 Residents/\$65 Non-Residents

**Sijan Playfield (Ages 9-11) .....JS02**

Tue/Thu, Jun 28-Jul 28, 2:00PM- 2:50PM  
\$43 Residents/\$65 Non-Residents

**Sijan Playfield (Ages 12-14) .....JS03**

Tue/Thu, Jun 28-Jul 28, 3:00PM- 3:50PM  
\$43 Residents/\$65 Non-Residents

**Vincent Playfield (Ages 7-8) ..... VN01**

Mon/Wed, Jun 27-Jul 27, 9:00AM- 9:50AM  
\$43 Residents/\$65 Non-Residents

**Vincent Playfield (Ages 9-11) ..... VN02**

Mon/Wed, Jun 27-Jul 27, 10:00AM-10:50AM  
\$43 Residents/\$65 Non-Residents

**Vincent Playfield (Ages 12-14) ..... VN03**

Mon/Wed, Jun 27-Jul 27, 11:00AM-11:50AM  
\$43 Residents/\$65 Non-Residents

**Wick Playfield (Ages 7-8)..... W201**

Mon/Wed, Jun 27-Jul 27, 1:00PM- 1:50PM  
\$43 Residents/\$65 Non-Residents

**Wick Playfield (Ages 9-11)..... W202**

Mon/Wed, Jun 27-Jul 27, 2:00PM- 2:50PM  
\$43 Residents/\$65 Non-Residents

**Wick Playfield (Ages 12-14)..... W203**

Mon/Wed, Jun 27-Jul 27, 3:00PM- 3:50PM  
\$43 Residents/\$65 Non-Residents

**MTEF Summer Tennis Camp**

The Milwaukee Tennis & Education Foundation (MTEF) partners with the Milwaukee Recreation Department to present a full day of coed MTEF Summer Tennis Camp. Players of all levels are welcome to join us - new to the sport or previous player ready to continue to build their technical and tactical foundation. On the courts, newer players will acquire information through learning and demonstrating the checkpoints to the seven essential strokes, the 3 H system of balance and more. More advance players will continue to strengthen their fundamentals while also working to apply their skills to develop control of the ball in live ball situations. Tennis instruction is structured on the Great Base system, developed by Steve Smith, and utilized by MTEF as our core tennis curriculum. Off the courts, campers will engage in academic enrichment, mentorship, nutrition, fitness, and life skills. Each session will end with a full camp Color Wars Jamboree where players will put their skills to test. NEW THIS SUMMER: MTEF has partnered with JCC Rainbow Day Camp to provide all MTEF Summer Tennis Camp participants the opportunity to leave the city for the day and go to a beautiful 100 acres camp in Fredonia where we not only learn tennis but participate in the camps large variety of activities (ex. swimming, arts and crafts, nature, sports, etc). Trips to camp are day trips only. All players will return home at the end of the day. This experience is included at no additional charge and includes transportation, breakfast, and lunch. More information will be shared about dates and timing when you register for camp. Registration includes a t-shirt. A racquet will be provided if needed.

**Activity Code: 1RYS6508**  
(Section codes listed below)

**Merrill Playfield (Ages 9-18)..... M101**

Mon-Fri, Jun 21-Jul 8, 9:00AM- 4:00PM  
\$60 Residents/\$60 Non-Residents

**Merrill Playfield (Ages 9-18)..... M102**

Mon-Fri, Jul 11-Jul 29, 9:00AM- 4:00PM  
\$60 Residents/\$60 Non-Residents

**Family Tennis Lessons (Private)**

MKE REC is now offering families the opportunity to learn tennis together in a private setting. Private lessons will provide registered families with the chance to develop or improve upon the fundamental skills of ground strokes, footwork, volleying, serving, backhand/forehand grips, and the lob together. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Registration formats will be limited to either one (1) adult and one (1) child, or one (1) adult and two (2) children of the same household per session. (Registration fees are \$25 per adult resident / \$20 per child resident, and \$38 per adult non-resident / \$33 per child non-resident) Adults are required to register, attend, and participate at each lesson with their child, as this is a family oriented program. Parents looking for children only tennis opportunities are encouraged to register for Semi-Private Tennis Lessons. Family Tennis participants will be asked to bring their own water bottle, and/or sweat towel if possible. All necessary tennis equipment will be provided by MKE REC. All 50-minute clinic sessions will consist of a two (2) to three (3) participants from the same household. Please call 414.475.8410 for more information.

**Activity Code: 1RYS6512**  
(Section codes listed below)

**Enderis Playfield ..... EF01**

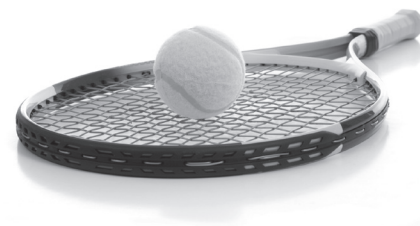
Sat, Jun 18-Jul 30, 9:30AM-10:20AM  
\$25 Residents/\$38 Non-Residents

**Enderis Playfield ..... EF02**

Sat, Jun 18-Jul 30, 10:30AM-11:20AM  
\$25 Residents/\$38 Non-Residents

**Enderis Playfield ..... EF03**

Sat, Jun 18-Jul 30, 11:30AM-12:20PM  
\$25 Residents/\$38 Non-Residents







# FREE

introduction  
to tennis!

Whether it's your first time on court or you're returning to the game, USTA Wisconsin welcomes you to come out and *Rally the Family Milwaukee!*



**FREE** tennis activities for adults & children (ages 9+)!

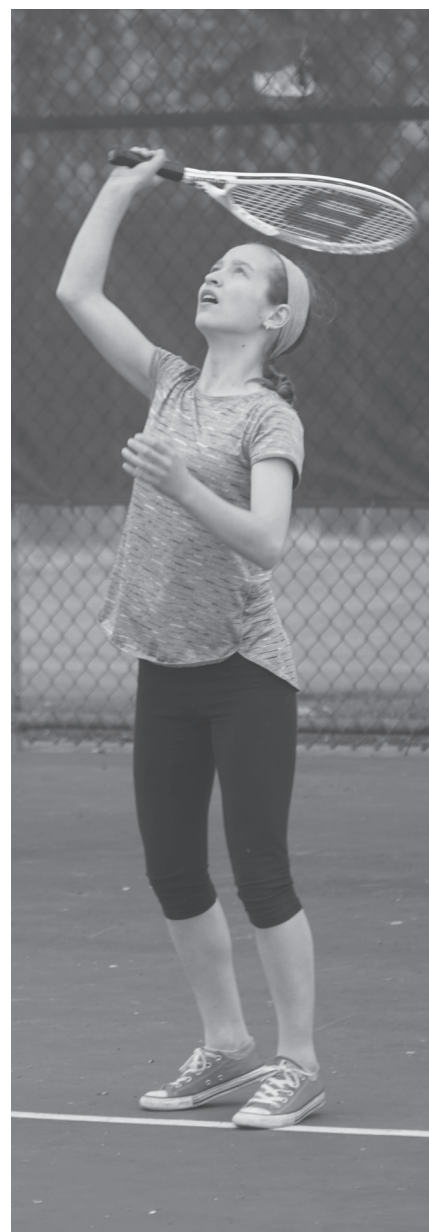
*Rally the Family Milwaukee*  
Saturday, May 21, 2022

10 a.m.-noon  
Sijan Playfield

2-4 p.m.  
North Division High School



**SCAN QR CODE ABOVE TO REGISTER!**  
Questions? Contact Judy Velloff at [judyveloff@gmail.com](mailto:judyveloff@gmail.com) or 608.753.2840.





## Milwaukee Recreation is NOW HIRING!



Interested in joining Milwaukee Recreation? Apply for our part-time positions today! Milwaukee Recreation is now hiring for a variety of paid, part-time positions, **including with our Community Centers team.** Visit [mkerec.net/jobopenings](http://mkerec.net/jobopenings) for more information or scan the QR code.



**ULTIMATE FRISBEE****Intro To Ultimate**

Come learn to play the great game of Ultimate Frisbee! Players will learn a variety of ways to throw the disc. We will teach the rules of Ultimate and basic game strategy. We will play a variety of games. No experience is required. What to Bring: Athletic clothes and shoes to run in. Participants will also be encouraged to bring their own water bottle and/or sweat towel, if possible. Participation is capped at nine (9) participants per section. Please call 414.475.8410 for more information.

**Activity Code: 1RYS8301**  
(Section codes listed below)

**Bradley Tech (Ages 9-11)..... MT01**  
Tue/Thu, Jul 5-Jul 21, 5:00PM- 6:15PM  
\$17 Residents/\$26 Non-Residents

**Bradley Tech (Ages 12-14)..... MT02**  
Tue/Thu, Jul 5-Jul 21, 5:00PM- 6:15PM  
\$17 Residents/\$26 Non-Residents

**VOLLEYBALL****Volleyball Academy**

Learn the fundamentals necessary to play more than 'boom ball.' This includes passing, serving, individual defense, setting and hitting approaches. Develop correct footwork, body positioning, timing, ball tracking and coordinated teamwork. Basic strategy and rules of the sport will be taught.

**Activity Code: 1RCE6801**  
(Section codes listed below)

**Beulah Brinton (Ages 7-10)..... BN02**  
Mon-Fri, Jul 11-Jul 15, 8:30AM-10:00AM  
\$18 Residents/\$27 Non-Residents

**Beulah Brinton (Ages 11-14)..... BN03**  
Mon-Fri, Jul 18-Jul 22, 8:30AM-10:00AM  
\$18 Residents/\$27 Non-Residents

**Beulah Brinton (Ages 15-18)..... BN04**  
Mon-Fri, Jul 25-Jul 29, 8:30AM-10:00AM  
\$18 Residents/\$27 Non-Residents

**Volleyball Skill Clinic**

The Youth Sports Office is pleased to offer a six-week series of coed volleyball skill clinics for ages 9-14 years old. Volleyball is great exercise and a fun activity you can play your entire life. We will teach you all the skills you need to play and understand the game in ways that can be challenging and fun. Whether you're an experienced player wanting to improve or a beginner wanting to learn the game these clinics are for you. Participants are encouraged to bring their own water bottle, and sweat towel. Participation is capped at fourteen (14) participants per section. Please call 414.475.8410 for more information.

**Activity Code: 1RYS6802**  
(Section codes listed below)

**Wisconsin Conservatory of Lifelong Learning (Ages 9-12) .....WC01**  
Tue, Jun 21-Jul 26, 6:00PM- 7:30PM  
\$20 Residents/\$30 Non-Residents

**Wisconsin Conservatory of Lifelong Learning (Ages 12-14) .....WC02**  
Thu, Jun 23-Jul 28, 6:00PM- 7:30PM  
\$20 Residents/\$30 Non-Residents

# Intro to Esports & IT

Esports Career Within Reach

Develop a broader understanding of esports and see if a career in esports IT is right for you.

- Networking in Esports
- Game Play
- PCs & Graphic Cards
- Consoles
- Computer Hardware
- Security
- Apps & Databases

Weekdays  
July 6 - July 26  
8:00am - 1:00pm

Email, Call, or Scan to Enroll Now  
✉ adiedrich@newhorizonswi.com  
(262) 292-2344



**New Horizons**  
Learn What Earns

## DID YOU KNOW?

**Ninety-eight percent** of U.S. adults agree it is important to provide youth with **equitable access to sports opportunities**.

These opportunities promote physical **activity**, developing **teamwork** skills, and building **friendships**.

via [nrpa.org/parkpulse](http://nrpa.org/parkpulse)

## **MILWAUKEE RECREATION PLAYGROUNDS OPEN ON JUNE 21!**

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Milwaukee Recreation will be providing enrichment activities, play opportunities, and serving meals at playground sites across the city beginning June 21, 2022 (for kids ages 6-17).

Returning this summer will be the Wacky Wheels Skate Van, partnerships with the Bicycle Federation of Wisconsin, Milwaukee Public Library, Artists Working in Education (AWE), and visits from the Video Game Van. Six 'Traveling Adventures' field trips are also being planned along with the return of board games and arts & crafts activities to each playground site! Specific site information and updated schedules can be found at [mkerec.net](http://mkerec.net). We look forward to seeing you this summer!

### **WADING POOLS**

**Ages 8 and under.** For those hot summer dates, keep cool at a wading pool!

**DATES:** June 21 – August 27, Monday - Saturday

**TIMES:** 10:00am – 5:00pm

**SITES:** Burbank, Enderis Park, Holt, Ohio, and Merrill Park



### **SPLASH PADS**

**Ages 6 – 17.** Splash Pads are a safe and exciting way to cool off during the summer! Splash pads spray water from in-ground fixtures to help kids beat the heat. All splash pads are set up on a timer to help reduce water waste.

*Please note, Splash Pads are supervised on the dates and times listed below. However, Splash Pads can be turned on and off by the user, Monday - Sunday from 10am - 8pm, May 31 - September 6.*

**DATES:** June 21 – August 12, Monday - Friday

**TIMES:** 10:00am – 5:00pm

**SITES:** Burnham, Clovernook, Columbia, Franklin Square, Green Bay, and Southgate



# 24 Milwaukee Recreation Summer Playgrounds

**PLAYGROUNDS ARE OPEN JUNE 21. CLOSED JULY 4.**

PLAYGROUND NAME	ADDRESS	HOURS	DAYS	FREE MEAL SITE	COOL SPOT	WADING POOL	SPLASH PAD
Burbank	6225 W. Adler St.	10AM-5PM	Mon - Fri			X	
Burnham	1755 S. 32nd St.	10AM - 5PM	Mon - Fri	X			X
Clarke Square	2330 W. Vieau Pl.	10AM-5PM	Mon - Fri	X			X
Clovernook	6594 N. Landers St.	10AM-5PM	Mon - Fri	X			X
Columbia	1345 W. Columbia St..	10AM-5PM	Mon - Fri	X			X
Custer Playfield	4001 W. Custer Ave.	10AM-1PM	Mon - Fri	X	X		
Emigh	495 E. Morgan Ave.	10AM-5PM	Mon - Fri	X	X		
Enderis	2938 N. 72nd St.	10AM-5PM	Mon - Sat			X	
Franklin Square	2643 N. 13th St.	10AM-5PM	Mon - Fri	X			X
Green Bay*	3818 N. 8th St.	10AM - 5PM	Mon - Fri	X			X
Harriet Tubman	4750 N. 48th St.	10AM-5PM	Mon - Fri	X		X	
Holt	1716 W. Holt Ave.	10AM-5PM	Mon - Sat	X		X	
Lucille Berrien	3629 N. 16th St.	10AM-5PM	Mon - Fri	X			X
Lindsay	4360 N. 87th St.	10AM-5PM	Mon - Fri	X		X	
Lyons Park	3301 S. 55th St.	10AM-5PM	Mon - Fri	X	X		
Merrill Park	461 N. 35th St.	10AM-5PM	Mon - Sat	X		X	
Mitchell Park	2200 W. Pierce St.	10AM-5PM	Mon - Fri	X	X		
Ohio	974 W. Holt Ave.	10AM-5PM	Mon - Sat			X	
Southgate	3350 S. 25th St.	10AM-5PM	Mon - Fri	X			X

*Saturday programming is Wading Pools only at select sites.*

*\*Please note, Green Bay playfield is scheduled to open mid-July due to construction. Please visit [mkerec.net/playgrounds](http://mkerec.net/playgrounds) for updated information on an opening date. Thank you for your cooperation!*



To sign up, see page 2 • Centers are closed May 28 – 30, June 20, and July 4 • Masks/face coverings are optional.

## Driver Education | General Information

### Eligibility (Programs not eligible for reduced fees):

Students must be 15 by the first day of class and not older than 17.5 by the last day of class. *Both programs include classroom (in-person and online) and Behind-the-Wheel lessons.*

MPS Drive	Community-Based Driver Education
<b>Students must be currently enrolled in MPS.</b>	Open to any student meeting age requirements.
Course fee is \$35.00.	City of Milwaukee residents: Course fee is \$150.00 Non-residents: Course fee is \$275.00
Includes temporary permit fee.	Student must pay temporary permit fee at the DMV.

### In-Person Schedule:

- Classes will meet 5 days per week – Mondays, Tuesdays, Wednesdays, Thursdays, and Fridays.
- Classes meet 2 hours per session.
- If you miss 3 classes, for any reason, you will be dropped from the program without a refund.

### Waitlist:

- **If you join a waitlist for a class, your waitlist position is only valid for that season.**
- Joining a waitlist does NOT guarantee a spot in the class; Milwaukee Recreation will contact you if a spot becomes available.

### Online Class Schedule:

- Students must have internet access and either a computer, tablet or smartphone.
- There is no set schedule for coursework to be completed; students will work at their own pace.
- Students must complete the coursework in 90 days or less.

### Mandatory Orientation:

- A video link will be emailed to parents prior to the start of class.
- Please watch the orientation video with your student driver.

### Paperwork:

- For in-person classes, a packet of paperwork will be handed out on the first day of class.
- For online classes, the paperwork will be included in the online content.

### How to Register:

MPS Drive	Community-Based Driver Education
Visit mkerec.net.	Visit mkerec.net.
<b>Milwaukee Recreation has created student accounts. DO NOT CREATE A NEW ACCOUNT.</b>	Login to your family account to register for program.
<b>User Name:</b> MPS Student ID (Only enter numbers)	
<b>Password:</b> Student Last Name (the first letter is capitalized, ex; Smith)	



## MPS Drive

MPS Drive is a FREE driver education program for students meeting eligibility criteria that are currently enrolled in an MPS high school. The program serves students ready to begin driving as well as those with suspended driving privileges who need assistance with regaining driving eligibility.



*Going places.*

**ACTIVITY CODE:** 1UDE3001 (Section codes listed below)

**CLASSES WILL MEET:** MON/TUES/WED/THURS/FRI.

### IN-PERSON CLASS OPTIONS:

**DATES:** June 1, 2022 – June 22, 2022

*\*Available only if school year ends in May.*

LOCATION	CLASS TIME	SECTION CODE
Bay View	10:30AM - 12:30PM	BV01
Bay View	1:00PM - 3:00PM	BV02
Bradley Tech	2:00PM - 4:00PM	MT01
Hamilton	10:30AM - 12:30PM	HA01
Hamilton	1:00PM - 3:00PM	HA02
Marshall	10:30AM - 12:30PM	MR01
Marshall	1:00PM - 3:00PM	MR02
MHSA	10:30AM - 12:30PM	MH01
MHSA	1:00PM - 3:00PM	MH02
Obama	10:30AM - 12:30PM	CT01
Obama	1:00PM - 3:00PM	CT02
Vincent	10:30AM - 12:30PM	VN01
Vincent	1:00PM - 3:00PM	VN02

**DATES:** July 11, 2022 – July 29, 2022

LOCATION	CLASS TIME	SECTION CODE
Bay View	10:30AM - 12:30PM	BV03
Bay View	1:00PM - 3:00PM	BV04
Bradley Tech	10:30AM - 12:30PM	MT03
Hamilton	10:30AM - 12:30PM	HA03
Hamilton	1:00PM - 3:00PM	HA04
Marshall	10:30AM - 12:30PM	MR03
Marshall	1:00PM - 3:00PM	MR04
MHSA	10:30AM - 12:30PM	MH03
MHSA	1:00PM - 3:00PM	MH04
Obama	10:30AM - 12:30PM	CT03
Obama	1:00PM - 3:00PM	CT04
Vincent	10:30AM - 12:30PM	VN03
Vincent	1:00PM - 3:00PM	VN04

**Online Class Option Summer 2022 (MPS DRIVE ONLY):** In order to participate in the online class, students must have internet access and access to a computer, tablet or smartphone. There is no set time for class/coursework to be completed. The students will work at their own pace, but coursework will need to be completed in 90 days or less.

**Activity Code:** 1UDE3001 DE10.

### MPS Drive Program Sponsors



**Educators**  
CREDIT UNION®

*Achieving more together.*



THE  
AUTO CLUB GROUP  
FOUNDATION

**Registration for Driver  
Education begins on Tuesday,  
April, 26 at 10:00am!**

To sign up, see page 2 • Centers are closed May 28 – 30, June 20, and July 4 • Masks/face coverings are optional.

# Community-Based Driver Education

**Certified Classes for Teens | Classes Open to Residents & Non-Residents**

The Community-Based Driver Education course includes 30 hours of classroom instruction, six (6) hours of driving, and six (6) hours of observation. The fee for the course is \$150 for residents and \$275 for non-residents. Not eligible for reduced fees.

- Classes meet 5 days per week Mon/Tues/Wed/Thurs/Fri
- Classes meet for 2 hours per session.
- If you miss three classes, for any reason, you will be dropped from the program with no refund.
- Orientation: a video link will be emailed to all participants prior to the start of class.

**Activity Code:** 1DRD3001 (Section codes listed below):

**In-Person Class Options:**

**Dates:** July 11, 2022 - July 29, 2022

*Classes are open to all students who will be 15 years old by the start of class and not older than 17.5 by the last day of class.*

LOCATION	CLASS TIME	SECTION CODE
Hamilton	10:00AM - 12:00PM	HA05
Hamilton	12:30PM - 2:30PM	HA06
Marshall	10:00AM - 12:00PM	MR05
Marshall	12:30PM - 2:30PM	MR06



**Online Class Option (COMMUNITY-BASED ONLY):** In order to participate in the online class, students must have internet access and access to a computer, tablet or smartphone. **Activity Code: 1DRD3001 DE20**



JOIN US FOR THE 15<sup>th</sup> Annual

## Run Back to School

**August 27<sup>th</sup> | Wick Playfield (4929 W Vliet Street)**

One great event, multiple opportunities for family and school community team building! Participate in a **5k Fun Run** or a **1.5 Mile Walk**, followed by great activities.

*All event proceeds support youth recreation programs.*

IN PARTNERSHIP WITH






**REGISTER NOW**  
mkerec.net/rbts

**MILWAUKEE RECREATION****FREE DROP-IN PROGRAM****TWILIGHT CENTERS**

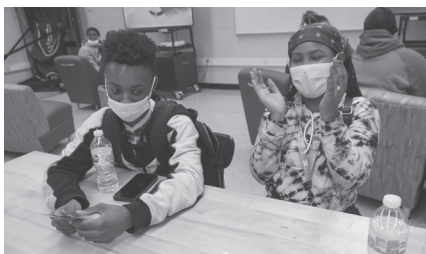
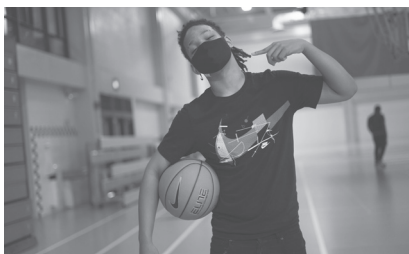
Twilight Centers are safe places for teens to hang out with their friends and are open to students ages 10-18. See below for summer location hours and dates. **Please note, all dates/times are subject to change. For up-to-date information visit [mkerec.net/Twilight](http://mkerec.net/Twilight) or follow our Facebook page at [Facebook.com/TwilightCenters](https://www.facebook.com/TwilightCenters).**

SCHOOL LOCATION + DATES	DAYS OPEN	HOURS	AGE
Andrew Douglas Open June 7 - August 11	Monday - Friday	5:00pm - 8:00pm	10 – 15
Bay View Open June 7 - August 11	Monday - Friday	5:30pm - 8:30pm	10 – 15
Hayes* Open June 21 - August 11	Monday - Friday	5:30pm - 9:00pm	12 – 18
North Division, Washington, Walker Campus* Open June 7 - August 11 (Walker Campus closes August 9)	Monday - Friday	5:30pm - 9:00pm	12 – 18
Obama Open June 8 - August 11	Monday, Wednesday & Friday	5:30pm - 9:00pm	12 – 18

\* Indicates new site (see page 5 for address/location of new sites).

**ESPORTS NOW AVAILABLE AT ANDREW DOUGLAS AND NORTH DIVISION.  
PLAY NBA 2K, FIFA, MADDEN, ROCKET LEAGUE, AND MORE!**

Masks and face coverings are optional at all Twilight centers. Should you like a face mask, one will be provided for you. To enter, students must bring an ID. Non-MPS middle school students must submit a Twilight Center Registration Form signed by a parent/guardian. Please visit [mkerec.net/twilight](http://mkerec.net/twilight) for more information and call (414) 475 - 8811 for more information. For program updates, text @twilightr to 81010.



## OUTDOOR EDUCATION

### Friday Night Tales for Tots

This nature tale time includes a story, craft, and nature hike, or trip to our nature museum. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125007**  
(Section codes listed below)

#### Hawthorn Glen (Ages 3 & up) ..... HG02

("I Don't Want to Be a Frog" by Dev Petty)  
Fri, Jun 17, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG03

("Beaver Gets Lost" by Ariane Onottin)  
Fri, Jun 24, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG01

("Are You a Snail?" by Judy Allen & Tudor Humphries)  
Fri, Jul 1, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG04

("Up All Night Counting" by Robin Koontz)  
Fri, Jul 8, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG05

("I've Never Seen a Worm Like You" by Ray Butrum)  
Fri, Jul 15, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG06

("Little Tree" by Loren Long)  
Fri, Jul 22, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG07

("In a Nutshell" by Joseph Anthony)  
Fri, Jul 29, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG10

("Monarch & Milkweed" by Helen Frost & Leond Gare)  
Fri, Aug 5, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents

### Roll Out the Rain Barrel

In this rain barrel workshop, participants learn about water conservation and the many benefits of using rain barrels. Rain barrels capture rainwater from your roof that you can use later when it is dry outside and have thirsty gardens. They also help prevent rain from becoming polluted storm water runoff, the biggest remaining threat to clean rivers and our Great Lakes. Finally, participants will learn proper rain barrel installation and maintenance techniques. One certificate for a FREE rain barrel per owner-occupied household will be given upon completion of the program. Must live within Milwaukee County to receive a rain barrel certificate.

**Activity Code: 1P125029**  
(Section codes listed below)

#### Hawthorn Glen ..... HG03

Sat, Jul 16, 10:00AM-11:30AM  
FREE

### Archery

Based on the National Archery in the Schools Program (NASP), this course covers safety, technique, equipment maintenance, mental concentration, and self-improvement. For participants, regardless of their athletic ability, strength or gender, this is an opportunity to try archery without making a costly investment or just get started with solid archery fundamentals. A parental consent (for children under 18) must be completed at the start of the class. One legal guardian must be present for every minor. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125031**  
(Section codes listed below)

#### Hawthorn Glen (Ages 9 & up) ..... HG01

Sat, Aug 6, 10:00AM-12:00PM  
\$6 Residents/\$9 Non-Residents

#### Hawthorn Glen (Ages 9 & up) ..... HG02

Sat, Aug 6, 1:00PM- 3:00PM  
\$6 Residents/\$9 Non-Residents

## SPACE SCIENCE

### Visit Milwaukee's Stars-Summer

Discover which planets are visible this time of year and learn to locate the Summer Triangle and the constellations Lyra, Cygnus, Aquila, Sagittarius and Scorpius. Program geared to children, but can be interesting for adults. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P126002**  
(Section codes listed below)

#### Hamilton (Ages 6 & up) ..... HA01

Tue, Jul 19, 6:30PM- 7:45PM  
\$4 Residents/\$6 Non-Residents



### Dawn of Astronomy

**NEW** See how ancient stones, the pyramids, and desert canyons helped early people measure time, determine direction and understand celestial events. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P126029**  
(Section codes listed below)

#### Hamilton (Ages 6 & up) ..... HA01

Thu, Jun 23, 6:30PM- 7:45PM  
\$4 Residents/\$6 Non-Residents

### Celestial Zoo

**NEW** Lions and birds and bears - oh my! Join us at the planetarium for a star safari. We will show you how to find the animals in the night sky. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P126030**  
(Section codes listed below)

#### Hamilton (Ages 6 & up) ..... HA01

Thu, Aug 11, 6:30PM- 7:45PM  
\$4 Residents/\$6 Non-Residents

**Visit page 14 for Nature in Your Neighborhood!**



## NATIONAL GET OUTDOORS DAY

### Yoga

Practicing Yoga outdoors has multiple benefits including increasing body awareness and developing inner strength and stability while connecting you deeper with nature. Join us for a yoga class at Lakeshore State Park that will take you through a series of poses and breath work to help develop your strength, flexibility, balance and body awareness. Bring your own exercise mat and water. Participants will meet at the south entrance to the park. This entrance starts where Erie Street ends at the river. Follow the park road east along the water and under the Hoan Bridge.

**Activity Code: 1P125074**  
(Section codes listed below)

#### Lakeshore State Park (Ages 6 & up)L601

Sat, Jun 11, 10:30AM-11:30AM  
FREE

### Storybook Walk

**NEW**

Stop in the field house at Hawthorn Glen and learn how you can read a story while hiking. Your entire family can have fun outdoors encountering pages from "I Hear you, Forest" by Kallie George and Carmen Mok. This walk is self-guided.

**Activity Code: 1P125093**  
(Section codes listed below)

#### Hawthorn Glen (Ages 3 & up) ..... HG01

Sat, Jun 11, 12:00PM- 3:00PM  
FREE

## National Get Outdoors Archery Program

In celebration of the National Get Outdoors Day, we are offering archery classes for you and your family to enjoy. This program is based on the National Archery in Schools Program (NASP), it covers safety, technique, equipment, mental concentration and self-improvement. This is a safe and informative opportunity to try your hand at archery! One legal guardian must be present for every minor. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125021**  
(Section codes listed below)

#### Oak Ridge Farm (Ages 9 & up)..... OR01

(This class will be held at our Oak Ridge Farm in Dousman about 40 minutes from Milwaukee. S40 W35961 County Rd. C, Dousman, WI 53118)  
Sat, Jun 11, 1:00PM- 3:00PM  
\$6 Residents/\$9 Non-Residents

## WILD WEDNESDAYS

### Bats Amore!

Bats in your backyard? Find out what they are doing there! Come learn about bat basics and debunk myths such as: Do bats drink blood? Will bats get stuck in your hair? Find out about how bats benefit humans in many meaningful ways and what you can do to help bats in your area. Learn how to assemble bat houses and where to install them. Please dress for the weather as we will go outdoors for a short hike to see these amazing flying acrobats in action in natural habitat. Parent/guardian must register, pay and attend with child. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125059**  
(Section codes listed below)

#### Hawthorn Glen (Ages 6 & up) ..... HG02

Wed, Jun 29, 7:00PM- 8:30PM  
\$5 Residents/\$8 Non-Residents

### Creatures of the Night

Unravel the mysteries of the things that go bump in the night as we explore the night-time world of nocturnal mammals. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125038**  
(Section codes listed below)

#### Hawthorn Glen (Ages 6 & up) ..... HG01

Wed, Jul 6, 6:30PM- 8:00PM  
\$5 Residents/\$8 Non-Residents

### Insects that Prefer the Dark

Encourage your kids' sense of wonder, or reawaken your own childlike wonder this summer by exploring Hawthorn Glen to find the insect inhabitants that come out at night. Moths, fireflies, crickets, and spiders are a few of the nocturnal bugs we can search for, listen to and study. Bring your flashlight for an evening of outdoor exploration. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125077**  
(Section codes listed below)

#### Hawthorn Glen (Ages 6 & up) ..... HG01

Wed, Jul 13, 7:00PM- 8:30PM  
\$5 Residents/\$8 Non-Residents

### Sunset Camp Cooking and S'mores

You will make yummy snacks and learn different techniques to ignite your campfire cooking from boring to extraordinary! Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

**Activity Code: 1P125045**  
(Section codes listed below)

#### Hawthorn Glen (Ages 6 & up) ..... HG01

Wed, Jul 20, 6:30PM- 8:00PM  
\$5 Residents/\$8 Non-Residents

### Owl Prowl

Hawthorn Glen is home to many night-loving creatures such as bats, raccoons, opossum, and owls! These amazing creatures are so advanced that they fly without a sound through the forest at night. Learn about owls native to this area, where to look for them and why they are critical to our ecosystem. As we hike, we'll try a few owl calls and if we are lucky we'll hear them answer. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125044**  
(Section codes listed below)

#### Hawthorn Glen (Ages 6 & up) ..... HG01

Wed, Jul 27, 7:00PM- 8:30PM  
\$5 Residents/\$8 Non-Residents

### City Star Gazing

Have a seat around the campfire, relax and help tell tall tales. As the sun sets, shift your gaze skyward and learn about the visible constellations and their ancient stories. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125026**  
(Section codes listed below)

#### Hawthorn Glen (Ages 10 & up) .... HG01

Wed, Aug 3, 8:00PM- 9:30PM  
\$5 Residents/\$8 Non-Residents

## FAMILY BUG HIKES

## Flying Flowers

What starts out round, becomes a squiggly line, and then transforms to fly so fine? Butterflies! How does metamorphosis work? What are the differences between butterflies and moths? Why are butterfly wings so shiny and shimmery? How can we help butterflies by what we plant? And did you know that butterflies taste with their feet? Come to look for and learn about everybody's favorite insect. Parent/Guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125070**  
(Section codes listed below)

## Hawthorn Glen (Ages 3 &amp; up) ..... HG01

Thu, Jun 30, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents

## Bees

What's the buzz about bees? Did you know that over 500 different species of bees live in Wisconsin? Do all bees make honey? What are the differences between bees and wasps? Why do beekeepers wear white? How do bees help humans get most of the delicious food we eat? And did you know that boy bees cannot sting? Come to tour our honey bee hive and then look for wild bees in our prairie. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125069**  
(Section codes listed below)

## Hawthorn Glen (Ages 3 &amp; up) ..... HG01

Thu, Jul 7, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents

## Decomposers

Creepy, crawly! Too many legs! No legs! Slimy! Crunchy! And they eat dead stuff! Mites and millipedes. Snails and slugs. Spiders, beetles, ants and worms. Everything will make you squirm! Come to learn about the importance of all the mysterious tiny creatures that hide under logs. Find out the truth about why we really need the yuckiest bugs for the earth to survive. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125071**  
(Section codes listed below)

## Hawthorn Glen (Ages 3 &amp; up) ..... HG01

Thu, Jul 21, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents

## Alien Invaders

Aliens are green, come in spaceships and want to take over the world. Right? Not always. Sometimes aliens are bugs that came from another part of the earth. So what's wrong with that? Plenty! Tiny alien invaders can kill trees, destroy smaller plants and make it hard for other animals to live. Come learn about the bugs we should stomp on, crush, squish and splat - before they take over our world (or at least our ecosystem). Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125072**  
(Section codes listed below)

## Hawthorn Glen (Ages 3 &amp; up) ..... HG01

Thu, Jul 28, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents

## Bugs We Love to Hate

Ouch! Itchy! Summer fun can be wrecked by bites, stings, and ants at your picnic. Why do bugs attack you? What is in different insect venom and why do they make you hurt or itch? Which insect repellents work the best? What should you put on bites and stings? Why are you more likely to be stung by honeybees if you just ate bananas? Come and be a human guinea pig by testing different insect repellents on different parts of your body while walking in the woods at dusk. If you dare! Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125073**  
(Section codes listed below)

## Hawthorn Glen (Ages 3 &amp; up) ..... HG01

Thu, Aug 4, 6:00PM- 7:30PM  
\$5 Residents/\$8 Non-Residents



## Looking for information about Earth Discovery Camps?

Earth Discovery camps are filling up quickly! Call 414.475.6050 for more information or email [outdoor@mkerec.net](mailto:outdoor@mkerec.net).

### Dairy Farm Fun Day!

Visit Oak Ridge Farm with your family or friends for a day of fun & learning experiences in rural Wisconsin. See how those "dairy queens" make the milk to produce many Wisconsin dairy products. During the trip, participants will enjoy a hayride and ice cream. In addition to the dairy herd, Oak Ridge Farm has horses, sheep, chickens, turkeys, rabbits, pigs & ducks. Bring your own picnic lunch & beverage. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Located near Dousman, Oak Ridge Farm is an approx 45 minute trip from Milwaukee. The fee INCLUDES round-trip school bus transportation. Registrants can choose to drive their own vehicle to the farm instead of taking the school bus shuttle. When you register, you will be prompted to indicate whether or not you will be riding the shuttle.

**Activity Code: 1P125034**  
(Section codes listed below)

#### Admin. Building (Ages 4 & up) .....AB01

(Bus Pick-Up - 5225 W. Vliet St. at south parking lot door. Bus departure time is scheduled for 9:00am.)

Sat, Aug 20, 9:00AM-2:00PM

\$10 Residents/\$15 Non-Residents

### Join the Mighty Kids Club!

Have you ever wondered what it would be like to work at a Nature Center? Now is your chance to find out! As a member of the Mighty Kids Club you will learn to defend native species, hunt gypsy moth caterpillars, and protect animals. That's not even the best part; every week we hike, sing songs, play games, and tell stories. When it's all over, we have a picnic and play more games! Weekly attendance is not required - come as often as you like! Parents: Hawthorn Glen is proud to offer this unique opportunity to help foster a sense of community service in your children. Your children will develop an awareness of the environment that is not usually afforded to today's urban child. Class fee is non-refundable and not eligible reduced fees.

**Activity Code: 1P125042**  
(Section codes listed below)

#### Hawthorn Glen (Ages 6-12).....HG01

Thu, Jul 7-Aug 4, 1:00PM-3:30PM

\$23 Residents/\$35 Non-Residents

### Kids Fishing Clinic

Fishing, angling, casting or wetting a line - whatever you call it - it's fun for kids, adults and entire families regardless of age or ability. But what if you have never been fishing? Where does someone start? Right here with an Angler Education fishing clinic! The clinic at Hawthorn Glen covers casting, knot tying, bait, tackle, fish ID and water safety. The Lakeshore class will provide the hands-on fishing component. Fishing poles and bait provided, as well as on-site assistance demonstrating how to properly bait a hook. We suggest wearing comfortable shoes and clothes that may get dirty or wet. You may also want to consider bringing drinking water and sunscreen. It is recommended that participants attend both classes, the instructional program at Hawthorn Glen and the actual fishing at Lakeshore State Park. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125043**  
(Section codes listed below)

#### Hawthorn Glen (Ages 6 & up) .....HG01

(7/9 class will be held at Hawthorn Glen/7/16 class will be held at Lakeshore State Park fishing dock)

Sat, Jul 9-Jul 16, 10:00AM-12:00PM

\$10 Residents/\$15 Non-Residents

### Happy Lil' Campers

We are going on a camping adventure! Head to our pretend campsite for a morning of fun. We will set up a tent and sleeping bags, play camp games, sing camp songs and create camping themed art work. Do not worry we did not forget about the Smores- your lil' campers will make a tasty Smores trail mix to take home! Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125076**  
(Section codes listed below)

#### Hawthorn Glen (Ages 3 & up) .....HG01

Sat, Jul 2, 10:00AM-11:30AM

\$5 Residents/\$8 Non-Residents

### Nature's Art Studio

Join us for summertime art in a fun, relaxed, and inspiring natural setting. All skill levels are welcome, no experience needed. Instruction and guidance will be provided, as well as basic supplies for drawing, painting (watercolor, oil, acrylic), and simple crafts. Please supply your own canvas. This is an opportunity to get outside and make art with a supportive and encouraging group of people. Class will be held outside, or indoors depending on weather. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125079**  
(Section codes listed below)

#### Hawthorn Glen (Ages 12 & up) ....HG08

Sat, Jul 23, 10:00AM-12:00PM

\$6 Residents/\$9 Non-Residents

### Tai Chi Basics 1

This course introduces the basic principles and practices of Cheng Man Ching's Yang style taijiquan. Each class is structured as a 50min. continuous taiji workout, consisting of stillness, slow mindful movement, and loosening exercises, adaptable to all levels of fitness and ability. The class can serve as a wonderful addition to one's week or can lead to daily practice and a lifetime of taijiquan study. For those who are interested, this course is the first of several basic courses which prepare the student to learn the Cheng Man Ching Form and explore two-person exercises. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125085**  
(Section codes listed below)

#### Hawthorn Glen .....HG01

(No class on Monday, June 20 or July 4)

Mon, Jun 13-Aug 22, 6:00PM-7:00PM

\$22 Residents/\$33 Non-Residents

#### Hawthorn Glen .....HG02

Thu, Jun 16-Aug 18, 6:30PM-7:30PM

\$22 Residents/\$33 Non-Residents



### Flower Mobile

Welcome summer by creating a beautiful flower mobile to take home. We will take a short hike to get inspired by native wildflowers & collect sticks to form the frame of the mobile. Please bring in a used empty cardboard egg carton that you will repurpose to make the flowers to hang from the frame. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125094**  
(Section codes listed below)

#### Hawthorn Glen (Ages 6 & up) ..... HG01

Sat, Jun 25, 10:00AM-11:30AM  
\$5 Residents/\$8 Non-Residents

### Nature Journaling

**NEW**

Create a summertime nature journal. Make observations and write or draw responses. This can include behavioral observations, botanical illustrations, and sketches. Written observations, stories, and poems can also be included. This an opportunity to be inspired, peak curiosity, and learn from our surroundings and each other. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1P125095**  
(Section codes listed below)

#### Hawthorn Glen (Ages 9-12) ..... HG01

Thu, Jul 7-Aug 4, 4:00PM- 5:30PM  
\$16 Residents/\$24 Non-Residents

Visit pages  
**51 and 64**  
for  
**Outdoor  
Education  
offerings for  
ages 50+!**

## HAWTHORN GLEN RENTALS

Hawthorn Glen is a perfect place to host a small gathering. Reserve your next birthday party, shower, family event or meeting space with us (reservations begin in March)!

- Assembly Room (indoor), maximum 54 people
- Redwood Picnic Area, maximum 112 people
- Deer Picnic Area, maximum 68 people

*Due to COVID-19 safety measures, gathering numbers and protocol may be affected. Please contact our office for current guidelines.*

For reservations or more information, call the Outdoor Education Office at 414.647.6050.

Additional information is available at:  
[mkerec.net/Hawthorn-Glen](http://mkerec.net/Hawthorn-Glen)



## THE LITTLE NATURE MUSEUM AT HAWTHORN GLEN



**LOCATED AT 1130 NORTH 60TH ST.**  
**HOURS: Mon-Fri 4 PM-5 PM, Sat & Sun 11 AM-12 PM and 3 PM-4 PM**

Attendance is **FREE!**  
Come visit our Little Nature Museum & see animals native to Wisconsin, including tree frogs, several species of turtles & snakes, and many birds, even a hawk.



## AQUATICS COVID-19 PROTOCOLS

- Face coverings are optional inside the facility, in locker rooms, and on the pool deck. You will be issued a sanitized kick board to rest your face covering at the side of the pool as you enjoy your swim activity.
- Temperature checks prior to entry to the pool area may be required. If a patrons temperature is at or above 100 degrees Fahrenheit, they would not be allowed to participate in aquatic activities that day and would have a credit applied to their account for that missed class.
- Enter directly onto pool deck. **Do not enter via locker room.** Your instructor/coach will direct you to locker room once it is sanitized. To save time, arrive with your swimwear on.
- Please do not use the lockers. There will be designated spaces on benches in the pool area to place your personal belongings, including gym bags, towels, etc.
- Bring your own drinking bottle. Reminder: no glass on pool deck.
- In the locker room, one bench per person or one bench per household. If you are from the same household, you may share a bench.
- Limit your post-swim locker room time to 15 minutes. Exit the facility through the locker room doors.
- Flip flops or appropriate swim footwear highly recommended.
- A responsible person, age 16 or older must enter the pool with every child enrolled in Tot, Adv. Tot, Little Lv. 1, Little Lv. 2, Level 1 and Level 2.
- One spectator will be allowed on pool deck per swimmer on weeks 1, 4, and 8.

*Protocols are subject to change. Thank you for your cooperation and understanding!*

## GENERAL SWIM INFORMATION

**What to Bring to** — Swimsuit, towel, and swim cap. Swim caps must be worn by all individuals entering the pool. Swim caps may be purchased at the recreation office for \$2. Please report 10 minutes before class starts.

**Height Requirements (Ages 6-14)** — Students must meet the listed minimum height for each pool. Most pools have a 48" height requirement. For youth who are 42"-48" a six-inch booster step may be available. Children not able to comfortably stand in the shallow end of the pool (with or without a booster step) should be enrolled in an Infant, Lil' Squirts, Tiny-Tot or Advanced Tiny-Tot class where a parent/guardian must accompany the child in the water.

**Water Temperature** — Normal water temperature is 78-82° F. The only exceptions are Gaenslen Elementary and Marshall therapy pools which range 86-89° F.

**Locker Rooms** — Participants may bring a padlock for lockers. All swim gear must be removed after each class. Children five years of age or under may accompany their parent/guardian in the locker room. Children ages six and up should use the locker rooms that correspond to their gender identity. For additional locker room information, please see the Aquatics COVID-19 Protocols below.

**Pre-Testing** — A pre-test is given to swimmers in levels 2-6 on the first day of class to ensure that the swimmer is in the appropriate level. Instructors reserve the right to recommend alternate classes for those students unable to complete pre-tests.

**Testing** — Testing of swim skills learned generally occurs during the second to last lesson, and last lesson. Parents/caregivers will be given certificates on the last day indicating which level to enroll in next.

**Infant and Tiny-Tot Requirements** — Diapers: Regular disposable diapers are not permitted as they disintegrate in the pool. Either disposable "Little swimmers" or reusable swim diapers are required.

**Parent Attendance** — Parents/caregivers must accompany their children in the water for all Tiny-Tot, Adv. Tiny-Tot, Lil. Lv 1, Lil. Lv 2, Level 1, and Level 2 classes.

**Second Child in Class** — If a parent/caregiver has more than one child enrolled in Tiny-Tot or Advanced Tiny-Tot classes, the second child must be accompanied by a responsible person 16 years of age or older.

**Make-up Policy** — Milwaukee Recreation works diligently to ensure that our pools stay in working operation to offer consistency in our programs. In the event that more than one class is cancelled due to circumstances we cannot control, we will work to make-up the missed class at a later date. When a make-up date is unavailable, credits for the missed class will be applied to your Milwaukee Recreation account.

Guidelines from the American Red Cross. Please read to choose the appropriate swim level for your child(ren).

Level	Requirements	Course Description
<b>Infant</b>	<b>Ages 6 mos. to 18 mos.</b> An adult must accompany the child in the water. Swim diapers required. No swim caps required.	The infant program introduces the child to water in a friendly environment. The program's focus is exploration and includes songs and games. Parents will gain tips in water safety for their infants.
<b>Lil' Squirt</b>	<b>Ages 18 mos. to 36 mos.</b> An adult must accompany the child in the water. Swim diapers and swim caps required	Lil' Squirt swim lessons acquaint the child with water through a combination of songs, games and basic water skills such as kicking and floating. Water safety practices will also be included.
<b>Tiny-Tot</b>	<b>Ages 3-4 yrs.</b> Previous pool experience NOT necessary. An adult must accompany the child in the water. Swim diapers recommended. Swim caps required	Tiny-tots build elementary aquatic skills including independent floating, breath control and rudimentary paddling techniques. Safety skills include "breaking" the over-confident toddler to allow your child to realize what it takes to swim independently in water.
<b>Advanced Tiny-Tot</b>	<b>Ages 4-5 yrs.</b> Previous enrollment in Tiny-Tots OR ability to submerge entire body and kick across pool with a flotation device. An adult must accompany the child in the water.	Participants are introduced to elementary swimming skills such as kicking in a variety of ways, floating, and rhythmic breathing. This course serves as an appropriate transition to Level One. Parents will elaborate on safety skills, including swimming with their tot in tow.
<b>Little Lv. 1 OR Little Lv. 2</b>	<b>Ages 4-6 yrs.</b> Previous enrollment in Advanced Tots OR ability to submerge entire body and kick across pool with a kick board. <i>Due to COVID-19 protocol, an adult must accompany the child in the water.</i>	In the Lil' Level 1/2 classes, the same elementary aquatic skills from Level One/Two are taught (see descriptions below.) In addition to meeting minimum 42" height requirement, your youngster should be able to be in class without you for the 45 minute class period. Instructors will advise promotion options based on age & skill.
<b>Level One Water Exploration</b>	<b>Ages 6-14 yrs.</b> None (Please see the height requirements noted under each swim location). <i>Due to COVID-19 protocol, an adult must accompany the child in the water.</i>	In Level 1, elementary aquatic skills are taught, which children will build on as they progress through the six Learn-to-Swim levels. In addition to rhythmic breathing and floating, skills include various kicks and arm strokes. At this level, children also start to develop positive attitudes and safe practices around the water.
<b>Level Two Fundamental Aquatic Skills</b>	<b>Ages 6-14 yrs.</b> Passed Level 1 or can demonstrate completion of all requirements in Level 1. <i>Due to COVID-19 protocol, an adult must accompany the child in the water.</i>	The objective of Level 2 is to give children success with fundamental skills. Children learn: floating without support and recovering to a vertical position, exploring simultaneous and alternating arm and leg motion to lay the foundations for future strokes. An introduction to deep water is included in this course.
<b>Level Three Stroke Development</b>	<b>Ages 6-14 yrs.</b> Passed Level 2 or can demonstrate completion of all requirements in Level 2.	Level 3 builds on the skills learned in Level 2 by providing additional guided practice. Children learn: coordinating the front crawl, elementary backstroke, fundamentals of treading water, rules for head first entries and additional safety skills. Most importantly, children who successfully complete this course will be ready to swim in deep water
<b>Level Four Stroke Improvement</b>	<b>Ages 6-15 yrs.</b> Passed Level 3 or can demonstrate all Level 3 requirements. Students MUST be comfortable in deep water.	The objective of Level 4 is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Children learn: improved skills and increased endurance in the familiar strokes (front/back crawl), and are introduced to the elementary backstroke, breaststroke, sidestroke, and butterfly.
<b>Level Five Advanced Strokes</b>	<b>Ages 6-15 yrs.</b> Passed Level 4 or can demonstrate completion of all requirements in Level 4.	The objective of Level 5 is to coordinate the strokes that were introduced in 4. Students will put together the mechanics for elementary backstroke, breaststroke, sidestroke and butterfly. Underwater swimming & surface dives will also be included.
<b>Level Six Stroke Refinement</b>	<b>Ages 6-16 yrs.</b> Passed Level 5 or can demonstrate completion of all requirements in Level 5.	Level 6 refines all 6 strokes. Children learn: advanced techniques in all strokes (front/back crawl, butterfly, breaststroke, elementary backstroke, sidestroke) and will increase their distance endurance. Flip turns at the wall and improved diving skills will provide the student with the essentials to pursue swimming as a sport.

## \$5 SWIM CLASSES

As the American Red Cross celebrates its Centennial SWIM campaign, **Milwaukee Recreation and the Red Cross have partnered to offer \$5 swim classes at four locations across Milwaukee: Milwaukee HS of the Arts, North Division HS, Vincent HS, and Washington HS.** These locations will offer \$5 swim opportunities for youth, adults, and families both residents and non-residents. Registration begins on April 28.

**Family Swim:** Children ages 10 and up with their parent/caregiver can all learn to swim together! Make it a family affair and come learn all the basics of swimming at a pool near you. Up to 3 children per adult in the class. Each family member should enroll and pay the course fee.

American Red Cross



### Milwaukee HS of the Arts

#### Monday, Jun 13 - Aug 8

Class#	Level	Start Time	End Time	Price
#1RAQ10574-MH04	Tot	8:30AM	9:00AM	\$5
#1RAQ10501-MH04	LV 1	9:10AM	10:00AM	\$5
#1RAQ10502-MH06	LV 2	10:10AM	11:00AM	\$5
#1RAQ10503-MH02	LV 3	11:10AM	12:00PM	\$5
#1RAQ10574-MH05	Tot	3:30PM	4:00PM	\$5
#1RAQ10501-MH09	LV 1	4:10PM	5:00PM	\$5
#1RAQ10502-MH05	LV 2	5:10PM	6:00PM	\$5
#1RAQ10574-MH02	Tot	6:10PM	6:40PM	\$5
#1RAQ10503-MH04	LV 3	6:50PM	7:40PM	\$5

#### Tuesday, Jun 14 - Aug 2

Class#	Level	Start Time	End Time	Price
#1RAQ10501-MH03	LV 1	8:30AM	9:20AM	\$5
#1RAQ10502-MH04	LV 2	9:30AM	10:20AM	\$5
#1RAQ10503-MH01	LV 3	10:30AM	11:20AM	\$5
#1RAQ10574-MH07	Tot	11:30AM	12:00PM	\$5
#1RAQ10533-MH02	Family	3:30PM	4:30PM	\$5
#1RAQ10574-MH03	Tot	4:40PM	5:10PM	\$5
#1RAQ10501-MH08	LV 1	5:20PM	6:10PM	\$5
#1RAQ10504-MH03	Adult	6:20PM	7:20PM	\$5

#### Wednesday, Jun 15 - Aug 3

Class#	Level	Start Time	End Time	Price
#1RAQ10504-MH04	Adult	8:30AM	9:30AM	\$5
#1RAQ10533-MH04	Family	9:45AM	10:45AM	\$5
#1RAQ10501-MH11	LV 1	11:00AM	11:50AM	\$5
#1RAQ10501-MH07	LV 1	3:30PM	4:30PM	\$5
#1RAQ10574-MH08	Tot	4:40PM	5:10PM	\$5
#1RAQ10501-MH06	LV 1	5:20PM	6:10PM	\$5
#1RAQ10574-MH06	Tot	6:20PM	6:50PM	\$5

#### Thursday, Jun 16 - Aug 4

Class#	Level	Start Time	End Time	Price
#1RAQ10501-MH10	LV 1	8:30AM	9:20AM	\$5
#1RAQ10574-MH09	Tot	9:30AM	10:00AM	\$5
#1RAQ10503-MH03	LV 3	10:10AM	11:00AM	\$5
#1RAQ10502-MH07	LV 2	11:00AM	3:20PM	\$5
#1RAQ10504-MH02	Adult	3:30PM	4:30PM	\$5
#1RAQ10501-MH05	LV 1	4:40PM	5:30PM	\$5
#1RAQ10502-MH03	LV 2	5:40PM	6:30PM	\$5
#1RAQ10533-MH03	Family	6:40PM	7:40PM	\$5

#### Saturday, Jun 11 - Aug 6

Class#	Level	Start Time	End Time	Price
#1RAQ10574-MH10	Tot	8:30AM	9:00AM	\$5
#1RAQ10501-MH01	LV 1	9:10AM	10:00AM	\$5
#1RAQ10502-MH01	LV 2	10:10AM	11:00AM	\$5
#1RAQ10503-MH05	LV 3	11:10AM	12:00PM	\$5
#1RAQ10533-MH01	Family	1:00PM	2:00PM	\$5
#1RAQ10574-MH01	Tot	2:10PM	2:40PM	\$5
#1RAQ10501-MH02	LV 1	2:50PM	3:40PM	\$5
#1RAQ10504-MH01	Adult	3:50PM	4:50PM	\$5

### North Division HS (Warm Water Pool)

#### Monday, Jun 13 - Aug 8

Class#	Level	Start Time	End Time	Price
#1RAQ10574-ND06	Tot	8:30AM	9:00AM	\$5
#1RAQ10501-ND05	LV 1	9:10AM	10:00AM	\$5
#1RAQ10502-ND04	LV 2	10:10AM	11:00AM	\$5
#1RAQ10503-ND02	LV 3	11:10AM	12:00PM	\$5
#1RAQ10533-ND01	Family	4:40PM	5:40PM	\$5
#1RAQ10501-ND06	LV 1	5:45PM	6:35PM	\$5
#1RAQ10502-ND03	LV 2	6:45PM	7:35PM	\$5
#1RAQ10504-ND01	Adult	7:30PM	8:30PM	\$5

#### Tuesday, Jun 14 - Aug 2

Class#	Level	Start Time	End Time	Price
#1RAQ10501-ND09	LV 1	9:40AM	10:30AM	\$5
#1RAQ10574-ND05	Tot	10:40AM	11:10AM	\$5
#1RAQ10502-ND02	LV 2	11:20AM	12:10PM	\$5
#1RAQ10574-ND04	Tot	3:30PM	4:00PM	\$5
#1RAQ10501-ND07	LV 1	4:10PM	5:00PM	\$5
#1RAQ10502-ND07	LV 2	5:10PM	6:00PM	\$5
#1RAQ10503-ND06	LV 3	6:10PM	7:00PM	\$5
#1RAQ10533-ND02	Family	7:10PM	8:10PM	\$5

#### Wednesday, Jun 15 - Aug 3

Class#	Level	Start Time	End Time	Price
#1RAQ10501-ND04	LV 1	8:30AM	9:20AM	\$5
#1RAQ10504-ND03	Adult	3:30PM	4:30PM	\$5
#1RAQ10502-ND06	LV 2	4:40PM	5:30PM	\$5
#1RAQ10574-ND03	Tot	5:40PM	6:10PM	\$5
#1RAQ10501-ND03	LV 1	6:20PM	7:10PM	\$5

#### Thursday, Jun 16 - Aug 4

Class#	Level	Start Time	End Time	Price
#1RAQ10504-ND02	Adult	9:30AM	10:30AM	\$5
#1RAQ10501-ND01	LV 1	4:30PM	5:20PM	\$5
#1RAQ10502-ND05	LV 2	5:30PM	6:20PM	\$5

#### Saturday, Jun 18 - Aug 6

Class#	Level	Start Time	End Time	Price
#1RAQ10574-ND01	Tot	9:35AM	10:05AM	\$5
#1RAQ10501-ND08	LV 1	10:10AM	11:00AM	\$5
#1RAQ10502-ND01	LV 2	11:10AM	12:00PM	\$5
#1RAQ10504-ND04	Adult	1:00PM	2:00PM	\$5

To sign up, see page 2 • Centers are closed May 28 – 30, June 20, and July 4 • Masks/face coverings are optional.

## \$5 SWIM CLASSES

### Vincent HS

#### Monday, Jun 13 - Aug 8

Class#	Level	Start Time	End Time	Price
#1RAQ10501-VN02	\$5 LV 1	8:30AM	9:20AM	\$5
#1RAQ10502-VN02	\$5 LV 2	9:30AM	10:20AM	\$5
#1RAQ10574-VN03	\$5 Tot	10:30AM	11:00AM	\$5
#1RAQ10504-VN01	\$5 Adult	11:05AM	12:05PM	\$5
#1RAQ10574-VN06	\$5 Tot	4:40PM	5:10PM	\$5
#1RAQ10501-VN06	\$5 LV 1	5:20PM	6:10PM	\$5
#1RAQ10502-VN05	\$5 LV 2	6:20PM	7:10PM	\$5
#1RAQ10504-VN02	\$5 Adult	7:20PM	8:20PM	\$5

#### Tuesday, Jun 14 - Aug 2

Class#	Level	Start Time	End Time	Price
#1RAQ10574-VN02	\$5 Tot	8:30AM	9:00AM	\$5
#1RAQ10501-VN01	\$5 LV 1	9:10AM	10:00AM	\$5
#1RAQ10502-VN01	\$5 LV 2	10:10AM	11:00AM	\$5
#1RAQ10503-VN01	\$5 LV 3	11:10AM	12:00PM	\$5
#1RAQ10533-VN03	\$5 Family	3:30PM	4:30PM	\$5
#1RAQ10574-VN09	\$5 Tot	4:40PM	5:10PM	\$5
#1RAQ10501-VN10	\$5 LV 1	5:20PM	6:10PM	\$5

#### Wednesday, Jun 15 - Aug 3

Class#	Level	Start Time	End Time	Price
#1RAQ10503-VN02	\$5 LV 3	8:30AM	9:20AM	\$5
#1RAQ10574-VN04	\$5 Tot	9:30AM	10:00AM	\$5
#1RAQ10501-VN03	\$5 LV 1	10:10AM	11:00AM	\$5
#1RAQ10502-VN03	\$5 LV 2	11:10AM	12:00PM	\$5
#1RAQ10504-VN04	\$5 Adult	3:30PM	4:30PM	\$5
#1RAQ10501-VN07	\$5 LV 1	4:40PM	5:30PM	\$5
#1RAQ10574-VN07	\$5 Tot	5:40PM	6:10PM	\$5
#1RAQ10502-VN06	\$5 LV 2	6:20PM	7:10PM	\$5
#1RAQ10533-VN02	\$5 Family	7:20PM	8:20PM	\$5

#### Thursday, Jun 16 - Aug 4

Class#	Level	Start Time	End Time	Price
#1RAQ10574-VN05	\$5 Tot	8:30AM	9:00AM	\$5
#1RAQ10501-VN04	\$5 LV 1	9:10AM	10:00AM	\$5
#1RAQ10502-VN04	\$5 LV 2	10:10AM	11:00AM	\$5
#1RAQ10501-VN05	\$5 LV 1	11:10AM	12:00PM	\$5
#1RAQ10574-VN01	\$5 Tot	3:30PM	4:00PM	\$5
#1RAQ10501-VN09	\$5 LV 1	4:10PM	5:00PM	\$5

#### Saturday, Jun 11 - Aug 6

Class#	Level	Start Time	End Time	Price
#1RAQ10574-VN08	\$5 Tot	9:40AM	10:10AM	\$5
#1RAQ10501-VN08	\$5 LV 1	10:20AM	11:10AM	\$5
#1RAQ10502-VN08	\$5 LV 2	11:20AM	12:10PM	\$5
#1RAQ10503-VN03	\$5 LV 3	1:10PM	2:00PM	\$5
#1RAQ10533-VN01	\$5 Family	2:10PM	3:10PM	\$5
#1RAQ10504-VN03	\$5 Adult	3:10PM	4:10PM	\$5

### Washington HS

#### Monday, Jun 13 - Aug 8

Class#	Level	Start Time	End Time	Price
#1RAQ10574-WA01	\$5 Tot	10:30AM	11:00AM	\$5
#1RAQ10501-WA03	\$5 LV 1	11:10AM	12:00PM	\$5
#1RAQ10574-WA03	\$5 Tot	1:00PM	1:30PM	\$5
#1RAQ10502-WA02	\$5 LV 2	1:40PM	2:30PM	\$5
#1RAQ10504-WA02	\$5 Adult	2:45PM	3:45PM	\$5

#### Wednesday, Jun 15 - Aug 3

Class#	Level	Start Time	End Time	Price
#1RAQ10501-WA02	\$5 LV 1	10:30AM	11:20PM	\$5
#1RAQ10502-WA03	\$5 LV 2	11:30AM	12:20PM	\$5
#1RAQ10504-WA03	\$5 Adult	1:15PM	2:15PM	\$5
#1RAQ10503-WA02	\$5 LV 3	2:30PM	3:20PM	\$5
#1RAQ10574-WA02	\$5 Tot	3:30PM	4:00PM	\$5

#### Saturday, Jun 18 - Aug 6

Class#	Level	Start Time	End Time	Price
#1RAQ10504-WA01	\$5 Adult	10:30AM	11:30AM	\$5
#1RAQ10503-WA01	\$5 LV 3	12:30PM	1:20PM	\$5
#1RAQ10502-WA01	\$5 LV 2	1:30PM	2:20PM	\$5
#1RAQ10501-WA01	\$5 LV 1	2:30PM	3:20PM	\$5

## EVERYONE PLAYS!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation Guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Limited scholarships available. Apply today! Please call 414.475.8180 or visit [mkrec.net/scholarship](http://mkrec.net/scholarship) to learn more and complete our short application.



## GENERAL SWIM CLASSES

### Hamilton HS

#### Monday, Jun 13 - Aug 8

Class#	Level	Start Time	End Time	Price
#1RAQ7402-HA03	Lil' Squirts	2:00PM	2:30PM	\$32
#1RAQ0504-HA04	Level 4	2:45PM	3:35PM	\$36
#1RAQ0505-HA02	Level 5	3:45PM	4:35PM	\$36
#1RAQ7404-HA01	Adv. Tot	4:45PM	5:30PM	\$36
#1RAQ0501-HA02	Level 1	5:45PM	6:35PM	\$36

#### Tuesday, Jun 14 - Aug 2

Class#	Level	Start Time	End Time	Price
#1RAQ7401-HA03	Infant	2:00PM	2:30PM	\$32
#1RAQ0503-HA06	Level 3	2:45PM	3:35PM	\$36
#1RAQ0502-HA02	Level 2	5:00PM	5:50PM	\$36
#1RAQ0505-HA03	Level 5	6:00PM	6:50PM	\$36

#### Wednesday, Jun 15 - Aug 3

Class#	Level	Start Time	End Time	Price
#1RAQ7403-HA02	Tiny Tot	2:00PM	2:30PM	\$32
#1RAQ0511-HA01	Lt. Level 1	2:45PM	3:30PM	\$36
#1RAQ0501-HA03	Level 1	5:00PM	5:50PM	\$36
#1RAQ0502-HA01	Level 2	6:00PM	6:50PM	\$36

#### Thursday, Jun 16 - Aug 4

Class#	Level	Start Time	End Time	Price
#1RAQ0512-HA01	Lt. Level 2	4:15PM	5:00PM	\$36
#1RAQ0503-HA03	Level 3	5:10PM	6:00PM	\$36
#1RAQ0504-HA03	Level 4	6:10PM	7:00PM	\$36

#### Friday, Jun 17 - Aug 5

Class#	Level	Start Time	End Time	Price
#1RAQ0503-HA04	Level 3	2:00PM	2:50PM	\$36
#1RAQ0501-HA04	Level 1	3:00PM	3:50PM	\$36
#1RAQ0502-HA04	Level 2	4:00PM	4:50PM	\$36
#1RAQ7402-HA02	Lil' Squirts	5:00PM	5:30PM	\$32

#### Saturday, Jun 11 - Aug 6

Class#	Level	Start Time	End Time	Price
#1RAQ7401-HA01	Infant	8:00AM	8:30AM	\$32
#1RAQ7403-HA01	Tiny Tot	8:40AM	9:10AM	\$32
#1RAQ7404-HA02	Adv. Tot	9:20AM	10:05AM	\$36
#1RAQ0501-HA05	Level 1	10:15AM	11:05AM	\$36
#1RAQ0502-HA03	Level 2	11:15AM	12:05PM	\$36
#1RAQ0503-HA02	Level 3	1:00PM	1:50PM	\$36
#1RAQ0504-HA01	Level 4	2:00PM	2:50PM	\$36
#1RAQ0505-HA04	Level 5	3:00PM	3:50PM	\$36
#1RAQ0506-HA04	Level 6	4:00PM	4:50PM	\$36.

### Marshall HS (Warm Water Pool)

#### Monday, Jun 13 - Aug 8

Class#	Level	Start Time	End Time	Price
#1RAQ7403-MR01	Tiny Tot	9:00AM	9:30AM	\$32
#1RAQ7404-MR01	Adv. Tot	9:40AM	10:25AM	\$36
#1RAQ0506-MR03	Level 6	10:30AM	11:20AM	\$36
#1RAQ0504-MR02	Level 4	11:30AM	12:20PM	\$36
#1RAQ0501-MR10	Level 1	4:40PM	5:30PM	\$36
#1RAQ7403-MR02	Tiny Tot	5:40PM	6:10PM	\$32
#1RAQ7402-MR03	Lil' Squirts	6:20PM	6:50PM	\$32

#### Tuesday, Jun 14 - Aug 2

Class#	Level	Start Time	End Time	Price
#1RAQ7402-MR02	Lil' Squirts	9:00AM	9:50AM	\$32
#1RAQ0511-MR01	Lt. Level 1	9:40AM	10:25AM	\$36
#1RAQ0505-MR02	Level 5	10:30AM	11:20AM	\$36
#1RAQ0509-MR01	Lv 7 - Fit. Swim	11:30AM	12:20PM	\$36
#1RAQ7404-MR02	Adv. Tot	5:45PM	6:30PM	\$36
#1RAQ0511-MR02	Lt. Level 1	6:40PM	7:25PM	\$36

#### Wednesday, Jun 15 - Aug 3

Class#	Level	Start Time	End Time	Price
#1RAQ7401-MR01	Infant	9:00AM	9:30AM	\$32
#1RAQ0512-MR02	Lt. Level 2	9:40AM	10:25AM	\$36
#1RAQ0504-MR03	Level 4	10:30AM	11:20AM	\$36
#1RAQ0505-MR03	Level 5	11:30AM	12:20PM	\$36
#1RAQ7401-MR03	Infant	4:40PM	5:10PM	\$32
#1RAQ7403-MR04	Tiny Tot	5:20PM	5:50PM	\$32
#1RAQ0502-MR07	Level 2	6:00PM	6:50PM	\$36

#### Thursday, Jun 16 - Aug 4

Class#	Level	Start Time	End Time	Price
#1RAQ7402-MR04	Lil' Squirts	9:00AM	9:30AM	\$32
#1RAQ0511-MR03	Lt. Level 1	9:40AM	10:25AM	\$36
#1RAQ0503-MR07	Level 3	10:30AM	11:20AM	\$36
#1RAQ0508-MR01	Level 7 - LR	11:30AM	12:20PM	\$36
#1RAQ0511-MR04	Lt. Level 1	4:40PM	5:25PM	\$36
#1RAQ0512-MR01	Lt. Level 2	5:35PM	6:20PM	\$36
#1RAQ0503-MR06	Level 3	6:30PM	7:20PM	\$36

#### Saturday, Jun 11 - Aug 6

Class#	Level	Start Time	End Time	Price
#1RAQ7401-MR02	Infant	8:30AM	9:00AM	\$32
#1RAQ7402-MR01	Lil' Squirts	9:10AM	9:40AM	\$32
#1RAQ7403-MR03	Tiny Tot	9:50AM	10:20AM	\$32
#1RAQ7404-MR03	Adv. Tot	10:30AM	11:15AM	\$36
#1RAQ0504-MR01	Level 4	12:30PM	1:20PM	\$36
#1RAQ0505-MR01	Level 5	1:30PM	2:20PM	\$36
#1RAQ0506-MR02	Level 6	2:30PM	3:20PM	\$36

## GENERAL SWIM CLASSES

### North Division HS (Warm Water Pool)

#### Tuesday, Jun 14 - Aug 2

Class#	Level	Start Time	End Time	Price
#1RAQ0504-ND02	Level 4	4:00PM	4:50PM	\$36
#1RAQ0505-ND02	Level 5	5:00PM	5:50PM	\$36
#1RAQ0506-ND01	Level 6	6:00PM	6:50PM	\$36

#### Wednesday, Jun 15 - Aug 3

Class#	Level	Start Time	End Time	Price
#1RAQ7401-ND01	Infant	9:30AM	10:00AM	\$32
#1RAQ7402-ND01	Lil' Squirts	10:10AM	10:40AM	\$32
#1RAQ0511-ND01	Lt. Level 1	10:45AM	11:30AM	\$36
#1RAQ0504-ND01	Level 4	11:10AM	12:00PM	\$36

#### Thursday, Jun 16 - Aug 4

Class#	Level	Start Time	End Time	Price
#1RAQ0512-ND01	Lt. Level 2	10:40AM	11:25AM	\$36
#1RAQ0505-ND01	Level 5	11:30AM	12:20PM	\$36
#1RAQ7404-ND01	Adv. Tiny Tot	3:30PM	4:45PM	\$36
#1RAQ0505-ND03	Level 5	7:15PM	8:15PM	\$36

#### Saturday, Jun 18 - Aug 6

Class#	Level	Start Time	End Time	Price
#1RAQ0504-ND03	Level 4	8:30AM	9:20AM	\$36
#1RAQ0505-ND04	Level 5	10:10AM	11:00AM	\$36
#1RAQ0506-ND02	Level 6	11:10AM	12:00PM	\$36
#1RAQ0505-ND05	Level 5	2:10PM	3:00PM	\$36
#1RAQ0511-ND02	Lt. Level 1	2:10PM	2:55PM	\$36
#1RAQ0512-ND02	Lt. Level 2	3:05PM	3:50PM	\$36
#1RAQ0504-ND04	Level 4	3:10PM	4:00PM	\$36

### Vincent HS

#### Saturday, Jun 11 - Aug 6

Class#	Level	Start Time	End Time	Price
#1RAQ0504-VN01	Level 4	10:20AM	11:10AM	\$36
#1RAQ0505-VN02	Level 5	11:20AM	12:10PM	\$36
#1RAQ0506-VN01	Level 6	1:10PM	2:00PM	\$36

### Height Requirements

Arts	48"
Hamilton	48"
Madison	48"
Marshall	48"
North Division	48"
Pulaski	54"
Riverside	48"
South Division	48"

### Swim Lesson Age Groupings

CLASS	AGES
Infant	6mo - 18mo
Lil' Squirts	18mo - 3yrs
Tiny-Tot	3 - 4yrs
Adv. Tots	4-5yrs
Lil' Lv. 1/2	4-6yrs
Levels 1-6	6-16yrs

\* See level description on page 35 for ages.

*\*Please note, some pools will be closed during the summer 2022 season due to construction. Please visit [mkerec.net/construction](http://mkerec.net/construction) for more information and a list of closed sites. Thank you for your cooperation!*

## ARC TRAINING

### CPR Review

Anyone who has had CPR training in the past 24 months and would like to renew their certification is eligible to take this CPR Review Course which includes AED training and Adult/Child CPR. (Does NOT include INFANT training.) The class will follow Red Cross guidelines. You do not have to have had Red Cross training to be eligible for this course. Must pass written examinations to be eligible for certification. Course fee includes a Ready Reference card. Textbook available online at [www.redcross.org](http://www.redcross.org) or available for purchase \$10 (optional). Refund requests must be made one week prior to class date.

**Activity Code: 1RAE0201**  
(Section codes listed below)

**OASIS (Ages 16 & up) ..... 5501**  
(Includes First Aid Review)  
Tue, Jun 7, 8:30PM- 12:30PM  
\$36 Residents/\$54 Non-Residents

**OASIS (Ages 16 & up) ..... 5504**  
(Includes First Aid Review)  
Wed, Jun 8, 8:30PM- 12:30PM  
\$36 Residents/\$54 Non-Residents

**OASIS (Ages 16 & up) ..... 5505**  
(Includes First Aid Review)  
Thu, Jun 9, 12:30PM-4:30PM  
\$36 Residents/\$54 Non-Residents

### PLEASE NOTE...

As of April 18, 2022, the wearing of masks will be **optional** at all Milwaukee Recreation facilities. This policy is subject to change based on current conditions.

Procedures to reduce the spread of COVID-19 will remain in place and participants are encouraged to continue taking steps to stay safe and healthy.

## ADULT SWIM

### Adult Swim Lessons

If you are a beginning swimmer, this class will orient you to swimming essentials so you will feel comfortable in and around water. You will learn basic swim strokes and water safety techniques. Intermediate swimmers will work on refining swimming strokes. Swimming caps are required and are available at the pools for \$2.

**Activity Code: 1RAQ0401**  
(Section codes listed below)

**Hamilton (Ages 17 & up) ..... HA01**  
(No class July 5th. class prices will be adjusted to reflect a 7 session season, instead of 8 sessions.\$5 Classes will not include price adjustments.)  
Wed, Jun 15-Aug 3, 7:00PM- 8:00PM  
\$36 Residents/\$54 Non-Residents

**Hamilton (Ages 17 & up) ..... HA03**  
(No class July 5th. class prices will be adjusted to reflect a 7 session season, instead of 8 sessions.\$5 Classes will not include price adjustments.)  
Thu, Jun 16-Aug 4, 7:10PM- 8:10PM  
\$36 Residents/\$54 Non-Residents

**Milwaukee Marshall (Ages 17 & up)... MR01**  
Tue, Jun 14-Aug 2, 7:30PM- 8:30PM  
\$36 Residents/\$54 Non-Residents

## AQUA FITNESS

### Aqua Boot Camp

Make your muscles burn so that your metabolic engine will stay lit, scorching calories long after your swimsuit has dried. A powerful class for men and women, you will need to bring hand-held weights between 3-5 pounds and a water bottle to stay hydrated. Water shoes recommended. Training tactics may not be appropriate for beginning exercisers, persons with special needs or those who wish not to get their hair wet.

**Activity Code: 1RAQ0301**  
(Section codes listed below)

**Washington .....WA01**  
(Bring weights and water bottle.)  
Sat, Jun 18-Aug 6, 9:10AM-10:20AM  
\$36 Residents/\$54 Non-Residents

## Aqua Zumba®

The hottest fitness craze hits the cool water in the pool. Plan to have so much fun in this Aqua Zumba class with a Hip Hop themed pool party that you'll never miss the calories you leave behind. Water shoes recommended. Please bring a water bottle.

**Activity Code: 1RAQ0302**  
(Section codes listed below)

**Milwaukee HS of the Arts .....MH01**  
Wed, Jun 15-Aug 3, 7:00PM- 8:00PM  
\$36 Residents/\$54 Non-Residents

**Vincent .....VN01**  
Sat, Jun 18-Aug 6, 8:30AM- 9:30AM  
\$36 Residents/\$54 Non-Residents

## Cardio Splash

Converting fat into lean muscle as you work against the powerful resistance of water is only the beginning of this high energy session. Fitness studies show that fat loss is expedited through interval training. You will work in sets of higher intensity intervals with periods of active rest. Endurance and intensity build each week for maximum results. Bring water bottle and hand weights to each class.

**Activity Code: 1RAQ0304**  
(Section codes listed below)

**Hamilton .....HA01**  
Mon, Jun 13-Aug 8, 6:45PM- 7:45PM  
\$36 Residents/\$54 Non-Residents

**Hamilton .....HA02**  
Tue, Jun 14-Aug 2, 3:45PM- 4:45PM  
\$36 Residents/\$54 Non-Residents

**Milwaukee Marshall .....MR01**  
Mon, Jun 13-Aug 8, 7:00PM- 8:00PM  
\$36 Residents/\$54 Non-Residents

**North Division .....ND02**  
Mon, Jun 13-Aug 8, 3:30PM- 4:30PM  
\$36 Residents/\$54 Non-Residents

**North Division .....ND03**  
Wed, Jun 15-Aug 3, 7:20PM- 8:20PM  
\$36 Residents/\$54 Non-Residents

**North Division .....ND01**  
Thu, Jun 16-Aug 4, 8:30AM- 9:30AM  
\$36 Residents/\$54 Non-Residents

**Washington .....WA01**  
Wed, Jun 15-Aug 3, 4:15PM- 5:15PM  
\$36 Residents/\$54 Non-Residents



Please like us on Facebook!  
[fb.com/MilwaukeeRecreation](https://www.facebook.com/MilwaukeeRecreation)



## Deep Water Aerobics

Changing the medium in which you workout challenges the body, building muscle in places you may not have felt before. In the gym trainers use Bosu platforms and exercise balls to destabilize the environment; in the water, we take the floor away! Participants will be provided a floatation belt.

**Activity Code: 1RAQ0305**  
(Section codes listed below)

**Hamilton ..... HA01**  
Wed, Jun 15-Aug 3, 3:45PM- 4:45PM  
\$36 Residents/\$54 Non-Residents

**Hamilton ..... HA02**  
(Weekend)  
Sat, Jun 18-Aug 6, 9:00AM-10:00AM  
\$36 Residents/\$54 Non-Residents

**North Division ..... ND01**  
Mon, Jun 13-Aug 8, 5:00PM- 6:00PM  
\$36 Residents/\$54 Non-Residents

**North Division ..... ND02**  
Thu, Jun 16-Aug 4, 5:00PM- 6:00PM  
\$36 Residents/\$54 Non-Residents

**Vincent ..... VN01**  
Mon, Jun 13-Aug 8, 4:45PM- 5:45PM  
\$36 Residents/\$54 Non-Residents

## Water Aerobics - Adult

Increase flexibility, muscle strength and endurance without joint discomfort of traditional land exercise. Sign up now to make your workout fun, not a bore or a chore.

**Activity Code: 1RAQ0306**  
(Section codes listed below)

**Hamilton ..... HA01**  
Thu, Jun 16-Aug 4, 3:10PM- 4:10PM  
\$36 Residents/\$54 Non-Residents

**Milwaukee Marshall ..... MR01**  
Wed, Jun 15-Aug 3, 7:00PM- 8:00PM  
\$36 Residents/\$54 Non-Residents

**North Division ..... ND01**  
Tue, Jun 14-Aug 2, 8:30AM- 9:30AM  
\$36 Residents/\$54 Non-Residents

**North Division ..... ND02**  
Sat, Jun 18-Aug 6, 8:30AM- 9:30AM  
\$36 Residents/\$54 Non-Residents

**Washington ..... WA01**  
(No class July 4th)  
Mon, Jun 13-Aug 8, 4:00PM- 5:00PM  
\$36 Residents/\$54 Non-Residents

## YoQUA Fusion

Specially designed water exercise to ease the mind and restore the body. Gentle movements to increase flexibility and renew your spirit will be interspersed with moderate cardiovascular exercise to maintain body temperature. Participants may use floatation belts (provided) for some portions of this class.

**Activity Code: 1RAQ0307**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**  
Tue, Jun 14-Aug 2, 4:40PM- 5:40PM  
\$36 Residents/\$54 Non-Residents

**North Division ..... ND01**  
Thu, Jun 18-Aug 6, 6:30PM- 7:30PM  
\$36 Residents/\$54 Non-Residents

## DRUM VIBES

SAF AQUA® Drums Vibes is a combination of drum rhythms and water exercise that is done with all new equipment never brought into a pool before. Play the drums in the water while you workout - your movements will be more effective and you utilize the weighted drum sticks in many positions. Working out never felt like so much fun. Equipment for class provided. Space is limited. Watch Demo VIDEO: <https://bit.ly/3DDYQmo>.

**Activity Code: 1RAQ0309**  
(Section codes listed below)

**Vincent ..... VN01**  
Mon, Jun 13-Aug 8, 3:30PM- 4:30PM  
\$36 Residents/\$54 Non-Residents

## Glide Fit

Come experience a wet and wild workout! Through combining the power of water, waves, your force, strength resistance and movement we've created a fun, yet challenging class. We use a floating fitness mat tethered between lane lines to build your strength, stamina and mobility. This class is the perfect training complement for athletes and exercise enthusiasts. Being comfortable in water deeper than 5 feet, and being able to fully submerge your body (when you fall off your board - you will!) is required.

**Activity Code: 1RAQ0310**  
(Section codes listed below)

**Vincent ..... VN01**  
Thu, Jun 16-Aug 4, 5:15PM- 6:15PM  
\$36 Residents/\$54 Non-Residents



## DID YOU KNOW?

Swimming has a **positive impact on mental health** including: improving mood, increasing self-esteem, lowers the risk of depression, slows dementia and cognitive decline, improves sleep and reduces stress.

*via swimming.org*



**ADULT COMP SWIM****Master's Swim - Weekdays**

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

**Activity Code: 1RCS0701**  
(Section codes listed below)

**Vincent (Ages 14 & up)..... VN01**

Tue, Jun 14-Aug 2, 7:40PM- 8:40PM  
\$28 Residents/\$42 Non-Residents

**Vincent (Ages 14 & up)..... VN02**

Thu, Jun 16-Aug 4, 7:40PM- 8:40PM  
\$28 Residents/\$42 Non-Residents

**Washington (Ages 14 & up).....WA02**

Tue, Jun 14-Aug 2, 5:10AM- 6:10AM  
\$28 Residents/\$42 Non-Residents

**Washington (Ages 14 & up).....WA22**

Tue, Jun 14-Aug 2, 6:15AM- 7:15AM  
\$28 Residents/\$42 Non-Residents

**Washington (Ages 14 & up).....WA03**

Wed, Jun 15-Aug 3, 5:10AM- 6:10AM  
\$28 Residents/\$42 Non-Residents

**Washington (Ages 14 & up).....WA33**

Wed, Jun 15-Aug 3, 6:15AM- 7:15AM  
\$28 Residents/\$42 Non-Residents

**Washington (Ages 14 & up).....WA04**

Thu, Jun 16-Aug 4, 5:10AM- 6:10AM  
\$28 Residents/\$42 Non-Residents

**Washington (Ages 14 & up).....WA44**

Thu, Jun 16-Aug 4, 6:15AM- 7:15AM  
\$28 Residents/\$42 Non-Residents

**Triathlon Cross Training**

Coach Paul wants this to be the year you conquer your first triathlon! Triathlon specific swim techniques and tips will only be the beginning. Utilize the adjacent, newly expanded bike trails and improve running both on an outdoor track for drills and through the nearby parks for distance. Minimum recommended fitness level to be comfortable in class include: 50 yards of nonstop swim ability, 20 minute of jogging stamina and comfortable on your own bike.

**Activity Code: 1RCS0704**  
(Section codes listed below)

**Vincent (Ages 14 & up)..... VN01**

(Bring your bike to the first class. Also be prepared to swim on first day.)  
Tue/Thu, Jun 14-Aug 4, 5:30PM- 7:30PM  
\$32 Residents/\$48 Non-Residents

**YOUTH COMP SWIM****Piranhas Swim Team**

The Milwaukee Piranhas Age-Group Swim Club is for experienced swimmers who have been recommended by a coach to participate at the highest level of competition. New members should seek the approval of a coach by setting up a placement session at the pool. Swimmers on this team may be recruited for USA SWIMMING opportunities. No swimmers allowed to participate without proof of enrollment. Not eligible for reduced fees. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.

**Activity Code: 1RCS0808**  
(Section codes listed below)

**Washington (Ages 4-19) .....WA02**

(No practice July 4th.)  
Mon-Fri, Jun 13-Aug 5, 7:25AM- 8:25AM  
\$54 Residents/\$81 Non-Residents

**Washington (Ages 4-19) .....WA01**

(No class July 4th. Advanced Group)  
Mon-Fri, Jun 13-Aug 5, 8:30AM-10:00AM  
\$72 Residents/\$108 Non-Residents

**Competitive Swim Team**

The Milwaukee Recreation Age Group Swim Team offers a recreational competitive atmosphere. Seasonal swim meets will be held with local age-group clubs and allow for swimmers to be introduced to competition with those of similar ability levels. Participant should have completed Level 3 of the Learn to Swim program or be able to swim 25 continuous yards. Swimmers are not allowed to participate without proof of enrollment. Not eligible for reduced fees. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.

**Activity Code: 1RCS0810**  
(Section codes listed below)

**Washington (Ages 4-19) .....WA01**  
(Advanced)

Tue/Thu, Jun 14-Aug 4, 3:30PM- 5:00PM  
\$48 Residents/\$72 Non-Residents

**Washington (Ages 4-19) .....WA02**  
(Intermediate)

Tue/Thu, Jun 14-Aug 4, 5:00PM- 6:00PM  
\$36 Residents/\$54 Non-Residents

*Interested in  
a triathlon?*

*Visit page  
10 for more  
information  
on our  
**Iron Tri**  
event on  
Saturday,  
May 28!*

**LAP SWIM  
INFORMATION**

Participants can register for individual lap swim opportunities by visiting **mkerec.net/aquatics**. Cost is \$3/ swim. Lap swim is available at the following locations:

- **Hamilton High School**  
» Thursdays from 2:00pm - 3:00pm
- **Washington High School**  
» Saturdays from 8:00am - 9:00pm
- **Vincent High School**  
» Mondays from 7:20pm - 8:20pm  
» Saturdays from 3:10pm - 4:10pm

To reserve your lap swim session or for more information visit **mkerec.net/aquatics** or call **414.647.6067**.

## AQUATICS TRAINING

### Lifeguard Training

Ages 15 and above. American Red Cross Lifeguard Training will give you the skills and knowledge needed to prevent and respond to aquatic emergencies. This course includes: water rescue skills, first aid and CPR. Prerequisites include: Swim 300 yards NON-STOP (using breaststroke and front crawl), Submerge 10-12 feet to retrieve a 10 pound brick and tread 2 minutes without hands. Successful participants from this class will be considered for immediate employment opportunities. Internet access is required for this course. Link to online content will be shared by the instructor of the course, typically after the completion of the pre-test. Ask how you can enroll for FREE, by training for hire. All classes MUST be attended in full. If you have potential conflicts, need to schedule an alternative pre-test, or have any questions or need for accommodation, you should reach out to the aquatics office immediately. Aquatics Office: 414.647.6076 Instructor: Denzel Shareef

**Activity Code: 1RAQ0601**  
(Section codes listed below)

#### North Division (Ages 15-79) ..... ND01

(Mandatory Pre-test will be held: Sat. May 14th, 1:00pm at North Division)  
Mon-Fri, Jun 6-Jun 10, 9:00AM- 4:00PM  
\$35 Residents/\$300 Non-Residents

#### North Division (Ages 15-79) ..... ND02

(Call 414.647.6076 to schedule pre-test)  
Fri, Jul 22 - Aug 5 and Sat, Aug 6, 8:45AM - 4:45PM  
\$35 Residents/\$300 Non-Residents

### WSI - Water Safety Instructor

Age 16 & Above. The American Red Cross Water Safety Instructor (WSI) course will train candidates to teach a variety of swim classes including: Learn To Swim levels 1 - 6 for youth, multiple levels of parent-child aquatics and pre-school aquatics, 3 levels of swimming for adults and MORE! Prerequisites TESTED at a determined Pre-Course Date include: 25 yards of proficient swimming in: Front Crawl, Back Crawl, Breaststroke, Sidestroke, Elementary Backstroke and Butterfly, 2 minutes of treading in deep water and a head first entry (dive) into deep water. In addition to class time, 9 ON-LINE lessons must be completed with the American Red Cross to be eligible for certification. Successful participants may be considered for immediate employment opportunities with Milwaukee Recreation Aquatics. Course is not eligible for reduced fees.

**Activity Code: 4RAQ0604**  
(Section codes listed below)

#### North Division (Ages 16-80) ..... ND01

(Mandatory pre-test session: Monday, May 23rd at North Division - 6:30 - 8:00 PM. Call aquatics office, 414.647.6076, if alternate date needed.)  
Tue-Thu, Jun 7-Jun 9, 8:45AM- 4:15PM  
\$160 Residents/\$240 Non-Residents



## OPEN SWIM

### Warm Water Walk

Enjoy a therapy pool setting with minimum water temperatures of 86F. Each reservation via this registration is for a single person for a single session. No formal instruction provided.

**Activity Code: 1RAQ1034**  
(Section codes listed below)

#### Milwaukee Marshall ..... MR01

Thu, Jun 16, 7:30PM- 8:30PM  
\$3 Residents/\$5 Non-Residents

#### Milwaukee Marshall ..... MR02

Thu, Jun 23, 7:30PM- 8:30PM  
\$3 Residents/\$5 Non-Residents

#### Milwaukee Marshall ..... MR03

Thu, Jun 30, 7:30PM- 8:30PM  
\$3 Residents/\$5 Non-Residents

#### Milwaukee Marshall ..... MR04

Thu, Jul 7, 7:30PM- 8:30PM  
\$3 Residents/\$5 Non-Residents

#### Milwaukee Marshall ..... MR05

Thu, Jul 14, 7:30PM- 8:30PM  
\$3 Residents/\$5 Non-Residents

#### Milwaukee Marshall ..... MR06

Thu, Jul 21, 7:30PM- 8:30PM  
\$3 Residents/\$5 Non-Residents

#### Milwaukee Marshall ..... MR07

Thu, Jul 28, 7:30PM- 8:30PM  
\$3 Residents/\$5 Non-Residents

#### Milwaukee Marshall ..... MR08

Thu, Aug 4, 7:30PM- 8:30PM  
\$3 Residents/\$5 Non-Residents

## OPEN SWIM OFFERINGS

FREE open swim is offered at the pools below! Daily registration is required. A parent must accompany children 7 and under into the pool. For more information and to register, please visit [mkerec.net/aquatics](http://mkerec.net/aquatics) (no open swim June 20 or July 4).

#### Marshall High School

- Boys Open Swim
- Mondays and Wednesdays
- June 13 - August 8
- 3:30pm - 4:30pm

#### Marshall High School

- Girls Open Swim
- Tuesdays and Thursdays
- June 14 - August 4

#### Vincent High School\*

- Mondays
- June 13 - August 8
- 1:00pm - 3:00pm

#### Milwaukee HS of the Arts\*

- Tuesdays
- June 14 - August 3
- 1:00pm - 3:00pm

#### North Division\*

- Wednesdays
- June 15 - August 3
- 1:00pm - 3:00pm

#### Hamilton\*

- Thursdays
- June 16 - August 4
- 1:00pm - 3:00pm

*\*Free Lifeguard prep available at these sessions/locations!*

# AQUATICS IS NOW HIRING!

Interested in joining the Milwaukee Recreation aquatics team? See below for all employment opportunities. Visit [mkerec.net/aquatics](http://mkerec.net/aquatics) or call 414.647.6067 for more information.

## LIFEGUARDS

Starting Pay: \$12-14/hr

Age: 15+

Seasonal, year-round employment and flexible scheduling.

Two Year certification includes Red Cross First Aid, CPR, and AED.

Red Cross Lifeguarding is a National Certification Valid at Organizations around the US.

Become a Red Cross Certified Lifeguard

- » Register online at [mkerec.net](http://mkerec.net) (course **3RAQ0601**)
- » Use coupon code: *Lifeguard Training* to save \$65

Apply online at [mkerec.net/aquatics](http://mkerec.net/aquatics) or email [swim@mkerec.net](mailto:swim@mkerec.net) with questions or for more information.

## SWIM INSTRUCTORS

Starting Pay: \$15-16/hr

Age: 16+

Seasonal, year-round employment and flexible scheduling.

Teach:

- Parent-Child Aquatics
- Levels 1-6 swim for youth
- Adult Learn-to-Swim

Become registered Water Safety Instructor (WSI)

- » Register online at [mkerec.net](http://mkerec.net) (course **3RAQ0601**)
- » Use coupon code: *Lifeguard Training* to save \$65
- » WSI Training is FREE for current Milwaukee Recreation employees

Apply online at [mkerec.net/aquatics](http://mkerec.net/aquatics) or email [swim@mkerec.net](mailto:swim@mkerec.net) with questions or for more information.

## FITNESS INSTRUCTORS

Starting Pay: \$16/hr

Age: 16+

Seasonal, year-round employment and flexible scheduling.

Teach:

- Aqua Boot Camp
- Aqua Zumba
- Deep Water Aerobics
- Drum Vibes
- Glidefit
- Water Aerobics
- YoQua Fusion

Apprenticeships available! Apply online at [mkerec.net/aquatics](http://mkerec.net/aquatics) or email [swim@mkerec.net](mailto:swim@mkerec.net) for more information.

## COACHES

Starting Pay: \$15/hr for assistant coaches, \$16/hr for head coaches

Age: 16+

Coaching experience preferred but not required.

Seasonal, year-round employment and flexible scheduling.

Youth teams available:

- The Krakens at Riverside HS (up to 19yrs old)
- The Tidal Waves at Pulaski HS (up to 19yrs old)

Adult programs available:

- Masters Swim at MacDowell, Riverside HS, or Pulaski HS (adults)

Apprenticeships available! Apply online at [mkerec.net/aquatics](http://mkerec.net/aquatics) or email [swim@mkerec.net](mailto:swim@mkerec.net) for more information.

## COMMUNITY WELLNESS

### Mil"WALK"ee

Join our walking club and get a cardio workout while exploring Milwaukee with us! Each week you will start at the location listed, walk 3-4 miles, and end back at the same spot. Contact Erica@mkerec.net with questions.

**Activity Code: 1PL59003**  
(Section codes listed below)

#### Anodyne ..... WN01

(2920 S Kinnickinnic)  
Tue, Jun 21, 10:00AM-11:30AM  
FREE

#### Lake Park ..... WN02

(2975 N Lake Park Rd)  
Wed, Jun 22, 5:30PM- 6:30PM  
FREE

#### Greenfield Park ..... WN03

(12035 W Greenfield Ave)  
Thu, Jun 23, 10:00AM-11:30AM  
FREE

#### Pillcrow Coffee ..... WN04

(416 W Walnut)  
Tue, Jun 28, 10:00AM-11:30AM  
FREE

#### South Shore Park ..... WN05

(2900 S Shore Dr)  
Wed, Jun 29, 5:30PM- 6:30PM  
FREE

#### Rainbow Park ..... WN06

(700 S 119th St)  
Thu, Jun 30, 10:00AM-11:30AM  
FREE

#### OASIS ..... WN07

(2414 W Mitchell St)  
Tue, Jul 5, 10:00AM-11:30AM  
FREE

#### Veterans Park Kite Store ..... WN08

(1300 N Lincoln Memorial Dr)  
Wed, Jul 6, 5:30PM- 6:30PM  
FREE

#### Havenwoods State Forest ..... WN09

(6141 N Hopkins St)  
Thu, Jul 7, 10:00AM-11:30AM  
FREE

#### Valentine ..... WN10

(5918 W Vliet St.)  
Tue, Jul 12, 10:00AM-11:30AM  
FREE

#### Lakeshore State Park ..... WN11

(500 N Harbor Dr)  
Wed, Jul 13, 5:30PM- 6:30PM  
FREE

#### Hoyt Park ..... WN12

(1800 N Swan Blvd)  
Thu, Jul 14, 10:00AM-11:30AM  
FREE

#### Roast ..... WN13

(2132 E Locust St)  
Tue, Jul 19, 10:00AM-11:30AM  
FREE

#### Lake Express Ferry ..... WN14

(2330 S Lincoln Memorial Drive)  
Wed, Jul 20, 5:30PM- 6:30PM  
FREE

#### Colectivo ..... WN15

(170 S 1st Street)  
Thu, Jul 21, 10:00AM-11:30AM  
FREE

#### Hawthorne Coffee Roasters ..... WN16

(4177 S Howell)  
Tue, Jul 26, 10:00AM-11:30AM  
FREE

#### Grant Park - Milwaukee County

#### Parks ..... WN17

(100 Hawthorne Ave)  
Wed, Jul 27, 5:30PM- 6:30PM  
FREE

#### Stone Creek Coffee ..... WN18

(2650 N Downer Ave)  
Thu, Jul 28, 10:00AM-11:30AM  
FREE

#### Lincoln Park ..... WN19

(1000 W Hampton Ave)  
Tue, Aug 2, 10:00AM-11:30AM  
FREE

#### Erie Street Plaza ..... WN20

(665 E Erie St)  
Wed, Aug 3, 5:30PM- 6:30PM  
FREE

#### Fairgrounds Coffee ..... WN21

(916 E State Street)  
Thu, Aug 4, 10:00AM-11:30AM  
FREE

#### Pulaski Park ..... WN22

(1644 W Cleveland Ave)  
Tue, Aug 9, 10:00AM-11:30AM  
FREE

#### Riverside Park ..... WN23

(1500 E Park Pl)  
Wed, Aug 10, 5:30PM- 6:30PM  
FREE

#### Nomad Coffee Bar ..... WN24

(1668 N Warren)  
Thu, Aug 11, 10:00AM-11:30AM  
FREE

## Yoga

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation.

**Activity Code: 1PL59004**  
(Section codes listed below)

#### Beulah Brinton ..... BN01

Fri, Jun 24-Aug 5, 10:30AM-11:30AM  
FREE

## Fitness in the Park Yoga

Practicing Yoga outdoors has many benefits including increasing body awareness, strength and flexibility while connecting you deeper with nature. Join us for an outdoor yoga class that will take you through a series of poses and breath work. Bring your own exercise mat and water. Contact Erica@mkerec.net with questions.

**Activity Code: 1PL59006**  
(Section codes listed below)

#### Hawthorn Glen ..... WN01

Tue, Jun 21-Aug 9, 5:00PM- 5:45PM  
FREE

#### Hawthorn Glen ..... WN02

Tue, Jun 21-Jul 26, 6:00PM- 6:45PM  
FREE

#### Hawthorn Glen ..... WN03

Sun, Jun 26, 10:00AM-11:00AM  
FREE

#### Hawthorn Glen ..... WN04

Sun, Jul 31, 10:00AM-11:00AM  
FREE

#### Hawthorn Glen ..... WN05

Sun, Aug 28, 10:00AM-11:00AM  
FREE

#### Tiefenthaler Park ..... TF01

Tue, Jun 21-Aug 9, 10:00AM-11:00AM  
FREE

#### Wick Playfield ..... WN06

Sat, Jun 25, 10:00AM-11:00AM  
FREE

#### Wick Playfield ..... WN07

Sat, Jul 9, 10:00AM-11:00AM  
FREE

#### Wick Playfield ..... WN08

Sat, Jul 23, 10:00AM-11:00AM  
FREE

#### Wick Playfield ..... WN09

Sat, Aug 6, 10:00AM-11:00AM  
FREE

#### Wick Playfield ..... WN10

Sat, Aug 20, 10:00AM-11:00AM  
FREE



### Fitness in the Park Bootcamp

Join us for an outdoor bootcamp class to challenge your entire body! Each class will include some strength, cardio and stretching exercises to give you a total body workout. Class is geared towards all fitness levels. Bring an exercise mat and water. Contact Erica@mkerec.net with questions.

**Activity Code: 1PL59007**  
(Section codes listed below)

#### Custer Playfield ..... WN01

(4001 W Custer Ave)  
Mon, Jun 27-Aug 8, 4:00PM- 4:45PM  
FREE

#### Southgate Playfield ..... WN02

(3350 S 25th St.)  
Tue, Jun 21-Aug 9, 5:00PM- 5:45PM  
FREE

#### Tiefenthaler Park ..... TF01

Wed, Jun 22-Aug 10, 4:00PM- 4:45PM  
FREE

#### Wick Playfield ..... WN03

(Meet at Playground)  
Thu, Jun 23-Aug 11, 4:00PM- 4:45PM  
FREE

### The 500 Rep Challenge

Test your strength and endurance with a class that will leave you feeling strong and accomplished! Move through an outdoor circuit by walking or running, completing five body weight exercises at each station. At the end of class, you will have completed 500 reps and walked/ran over 2 miles! All fitness levels welcome. Contact Erica@mkerec.net with questions.

**Activity Code: 1PL59012**  
(Section codes listed below)

#### Wick Playfield ..... WN01

(Meet at Playground)  
Sat, Aug 13, 10:00AM-11:30AM  
FREE

### Total Wellness

**NEW** **\*\*Please note, this session of Total Wellness will be taught entirely in Spanish. Registrants will need to speak fluent Spanish in order to participate.\*\***

**\*\*Por favor, tenga en cuenta que esta sesión de Bienestar Total se enseñará completamente en español. Los registrantes necesitarán hablar español con fluidez para poder participar.\*\***

Desarrolle músculos, póngase en forma y aprenda a cocinar para ayudar a prevenir el cáncer. Bienestar Total enseña formas fáciles de llevar un estilo de vida saludable. Las clases se reúnen dos veces por semana. La primera reunión incluye diversión interactiva centrada en la prevención del cáncer, su estilo de vida (¡incluyendo la cocina!), y ejercicio en grupo. La segunda reunión semanal es una clase de ejercicio en grupo. Bienestar Total es para todos los niveles de fitness - nos encontramos con usted donde está.

**\*\*\*Oportunidad especial para los participantes inscritos\*\*\*** Usted puede ser elegible para participar en las actividades de evaluación del programa y recibir una tarjeta de regalo. Llame hoy al 414.955.8104 para saber más.

**Activity Code: 1PL59015**  
(Section codes listed below)

#### Hamilton ..... HA01

Sat, Jun 18-Aug 6, 10:00AM-11:30AM  
\$8 Residents/\$8 Non-Residents

### Community Bike Rides

Discover the joy of group bike rides on Milwaukee's best trails! Each session will include a 15-30 minute introduction on general bike safety & etiquette followed by a 90 minute group ride led by our experienced Ride Leaders. All rides will focus on bike trails with some street riding and will start/end at the same location. Rides are suitable for beginners to intermediate riders. Participants must provide their own bike & helmet. Ages 16 and up. Contact Erica@mkerec.net with questions.

**Activity Code: 1PL59016**  
(Section codes listed below)

#### Riverside Park ..... WN01

(1500 E Park Pl)  
Sat, Jun 18, 10:00AM-12:30PM  
FREE

#### South Shore Park ..... WN02

(2900 S Shore Dr)  
Sat, Jun 25, 10:00AM-12:30PM  
FREE

#### Lincoln Park ..... WN03

(1301 W Hampton Ave)  
Sat, Jul 9, 10:00AM-12:30PM  
FREE

#### Doyle Golf Course ..... WN04

(5300 W Wells)  
Sat, Jul 16, 10:00AM-12:30PM  
FREE

#### Juneau Playfield ..... WN05

(6500 W Mt Vernon Ave)  
Sat, Jul 30, 10:00AM-12:30PM  
FREE

#### South Shore Park ..... WN06

(2900 S Shore Dr)  
Sat, Aug 6, 10:00AM-12:30PM  
FREE



MILWAUKEE RECREATION PRESENTS:

## The 2<sup>nd</sup> Annual Family Drive-in Movie Day

**Saturday, June 4<sup>th</sup>** (Rain Date - June 11<sup>th</sup>)

Join us for a family friendly drive-in movie experience like no other! Register to see one or multiple movies.

**Location:** Central Office (5225 W. Vliet St.).

**Snacks:** Popcorn and water will be provided!

*Don't forget to pack additional snacks to enjoy during the film.*

**Entrance Fee:** \$20 per vehicle

Register and learn more at  
**mkerec.net/movie**  
Activity Code: 1RCE3331



## Community Bike Rides: Slow Roll

Join us for a casual, fun & family friendly bike ride as we stroll through different parts of Milwaukee! Special stops along the route to share unique outdoor experiences and interact with family and other participants. All rides will be geared towards beginners and families and will focus on bike trails with some street riding and will start/end at the same location. Children should be able to ride independently for at least 5 miles. Participants must provide their own bike & helmet. Contact Erica@mkerec.net with questions.

**Activity Code: 1PL59017**  
(Section codes listed below)

### Hawthorn Glen ..... WN01

(Parachutes in the Parkway)  
Sat, Jun 18, 10:00AM-12:00PM  
FREE

### Veterans Park Kite Store ..... WN02

(Summer Solstice Ride)  
Tue, Jun 21, 6:00PM- 8:30PM  
FREE

### Lincoln Park ..... WN03

(Parachutes in the Park)  
Sat, Jul 9, 10:00AM- 12:00PM  
FREE

### Doyne Golf Course ..... WN04

(Parachutes in the Park)  
Sat, Jul 23, 10:00AM-12:00PM  
FREE

### Veterans Park Kite Store ..... WN05

(Slow Roll to Mexican Fiesta)  
Sat, Aug 27, 11:00AM- 1:00PM  
FREE

## Community Bike Rides: Good Morning Hank

Spring into riding shape as you explore Milwaukee's iconic Hank Aaron State Trail. Enjoy a variety of environments ranging from urban, to river views to prairie and wooded surroundings. All rides will focus on bike trails with some street riding and will start/end at the same location. Rides are suitable for beginners to intermediate riders. Participants must provide their own bike & helmet. Ages 16 and up. Contact Erica@mkerec.net with questions.

**Activity Code: 1PL59018**  
(Section codes listed below)

### Juneau Playfield ..... WN01

Tue, Jun 14-Aug 2, 8:00AM-11:00AM  
FREE

## Community Bike Rides: Intermediate Ride

**NEW**

This 9-week group ride series is for intermediate/experienced cyclist looking to train for cycling events, build endurance and muscle strength. Rides will be two hours long using various routes with occasional stops to regroup. Each ride will begin with a review of group riding safety including road positioning, hand signaling, and communication. Rides will start at Draft & Vessel the first two weeks and vary after that (locations provided by Ride Leader). Participants must provide their own bike and helmet. Contact Erica@mkerec.net with questions.

**Activity Code: 1PL59019**  
(Section codes listed below)

### Draft and Vessel ..... WN01

(7479 Harwood Ave)  
Wed, Jun 15-Aug 10, 5:45PM- 8:00PM  
FREE



## Nordic Walking for Beginners

Nordic Walking uses specially designed poles to enhance your natural walking experience. With a technique that is a cross between cross-country skiing and power walking, Nordic Walking is an efficient total body cardiovascular exercise that can be enjoyed by all ages & fitness levels. Class is geared towards beginners and poles will be provided. Led by Alisa, Certified Nordic Walking Instructor. Please email Erica@mkerec.net with questions.

**Activity Code: 1PL59021**  
(Section codes listed below)

### Milwaukee Art Museum ..... WN01

(700 N Art Museum Dr) No Class 7/4, 7/25, 8/1  
Mon, Jun 27-Aug 29, 10:00AM-11:00AM  
FREE

### Milwaukee Art Museum ..... WN02

(700 N Art Museum Dr)  
Mon, Jun 13, 5:30PM- 6:30PM  
FREE

### Milwaukee Art Museum ..... WN03

(700 N Art Museum Dr)  
Tue, Jun 28, 5:30PM- 6:30PM  
FREE

### Milwaukee Art Museum ..... WN04

(700 N Art Museum Dr)  
Fri, Jul 15, 10:00AM-11:00AM  
FREE

### Milwaukee Public Market ..... WN05

(400 N Water St)  
Thu, Jul 21, 10:00AM-11:00AM  
FREE

### Milwaukee Public Market ..... WN06

(400 N Water St)  
Thu, Aug 18, 10:00AM-11:00AM  
FREE

### Milwaukee Art Museum ..... WN07

(700 N Art Museum Dr)  
Fri, Aug 26, 10:00AM-11:00AM  
FREE

## Summer Stretch

**NEW**

Join us outdoors this summer and experience the many benefits of stretching! Class will consist of a series of static and dynamic stretches for the entire body paired with mindful breathing. Stretching has multiple benefits including increased flexibility and balance along with reducing joint and muscle pain making everyday tasks easier. Come relax with us this summer! Bring your own exercise mat and water.

**Activity Code: 1PL59022**  
(Section codes listed below)

### Beulah Brinton ..... BN01

Wed, Jun 22-Aug 10, 10:00AM-11:00AM  
FREE

## Community Bike Ride: Bike TOURnament

**NEW**

Join us for some quality family time with a bike ride and disc golf! All rides will be geared towards beginners and families and will focus on bike trails with some street riding and will start/end at the same location. Ride will include a 4 mile slow roll to Estabrook Park to play some disc golf (equipment will be provided). Participants must provide their own bike & helmets. Contact Erica@mkerec.net with questions.

**Activity Code: 1PL59023**  
(Section codes listed below)

### Riverside Park ..... WN01

Sat, Jun 25, 9:00AM-11:00AM  
FREE

### Riverside Park ..... WN02

Sat, Jul 16, 9:00AM-11:00AM  
FREE

## WEAVING AND FIBER ARTS



**ABK Weaving Center**  
**Gaenslen School**  
**1250 E. Burleigh St.**  
**414-267-5771**  
**www.abkweavingcenter.org**

### Weaving Basics and Beyond

Prerequisite: Spring Weaving Basics & Beyond. In this class continuing weavers will finish projects they already have on the loom with the help of a teachers. Weavers beyond beginning level continue the learning process with their project. Fee does not include materials purchased from weaving center. Fee includes supply cost and is non-refundable.

**Activity Code: 1RAE6905**  
**(Section codes listed below)**

**Gaenslen .....GS04**  
 (Level II, Instructor is Naomi Holthaus)  
 Mon, Jun 13-Jul 18, 9:30AM- 12:30PM  
 \$42 Residents/\$42 Non-Residents

**Gaenslen .....GS02**  
 (Int/Adv, Instructor is Jacquie Crema)  
 Tue, Jun 14-Jul 12, 5:30PM- 8:30PM  
 \$42 Residents/\$42 Non-Residents

**Gaenslen .....GS09**  
 (Level II, Instructor is Lynn Sbonik)  
 Wed, Jun 15-Jul 13, 5:30PM- 8:30PM  
 \$42 Residents/\$42 Non-Residents

**Gaenslen .....GS05**  
 (Level II, Instructor is Lynn Sbonik)  
 Thu, Jun 16-Jul 14, 5:30PM- 8:30PM  
 \$42 Residents/\$42 Non-Residents

### Weaving Beginner Basics

Beginners will learn to warp the loom and weave a sampler of patterns. They will be introduced to pattern and draft weaving as well as project planning. Returning Beginners will be able to hone their skills by making a scarf or table runner. Weavers are able to repeat this class as many times as they like but will be limited to these three projects. Samplers supply fee \$10 cash only due to the instructor at the first class.

**Activity Code: 1RAE6959**  
**(Section codes listed below)**

**Gaenslen .....GS01**  
 (Instructor is Jacquie Crema)  
 Tue, Jun 13-Jul 18, 9:30AM- 12:30PM  
 \$42 Residents/\$42 Non-Residents

**Gaenslen .....GS02**  
 (Instructor is Kallia Walkowiak)  
 Tue, Jun 14-Jul 12, 5:30PM- 8:30PM  
 \$42 Residents/\$42 Non-Residents

**Gaenslen .....GS03**  
 (Instructor is Kallia Walkowiak)  
 Wed, Jun 15-Jul 13, 5:30PM- 8:30PM  
 \$42 Residents/\$42 Non-Residents



### Natural Dyeing

Explore different plants, fruits, vegetables, lichens, and spices in the wool dyeing process. Dyeing baths will be prepared, and techniques will be described. Students will learn how to bring nature into the dyeing process. Students should bring their own wool for dyeing, or they may purchase wool from the instructor for \$15 (cash only). A \$5 (cash only) supply fee is due to the instructor at the time of class. Instructor: Marlise Kuehn

**Activity Code: 1RAE6963**  
**(Section codes listed below)**

**Gaenslen .....GS01**  
 Mon, Jun 27, 1:00PM- 5:00PM  
 \$13 Residents/\$13 Non-Residents

**Gaenslen .....GS02**  
 Thu, Jul 7, 1:00PM- 5:00PM  
 \$13 Residents/\$13 Non-Residents

### Natural Dyeing with Mordants

Mordants help colors pop and sometimes change the color completely. In this workshop, students will get hands on experience using mordants with natural dyes, and natural and chemical mordants will be explored. Students may bring their own wool yarn or purchase wool from the instructor for a fee of \$15 (cash only). A \$10 (cash only) supply fee is due to the instructor at the time of class. Instructor: Marlise Kuehn

**Activity Code: 1RAE6964**  
**(Section codes listed below)**

**Gaenslen .....GS01**  
 Thu, Jun 30, 1:00PM- 5:00PM  
 \$13 Residents/\$13 Non-Residents



### PLEASE NOTE...

As of April 18, 2022, the wearing of masks will be **optional** at all Milwaukee Recreation facilities. This policy is subject to change based on current conditions.

Procedures to reduce the spread of COVID-19 will remain in place and participants are encouraged to continue taking steps to stay safe and healthy.

## ARTS & CRAFTS

### Acrylic Painting

In this course you will have fun learning painting techniques such as recognizing shapes, light sources, and values. Beginners to advanced will improve at their own pace. We will start with working from photographs along with professional guidance from award-winning artist Laura Easey-Jones. A supply list will be provided on the first day of class. If you have any questions, please contact us at 414.647.6065.

**50+** Activity Code: 1R550913  
(Section codes listed below)

**OASIS** ..... 5502  
(No class August 8)  
Mon, Jul 18-Aug 22, 9:30AM-11:30AM  
\$22 Residents/\$33 Non-Residents

### Explore Mixed Media

Make beautiful collage with paper, torn magazine pages, texture paste, stamps, paint, matte medium or mod podge, and much more. Each project is uniquely your own. Class is for all skill levels. After you master the basics, you may continue in the next session with additional projects such as paint pouring, Shibori dyeing, and alcohol inks to name a few. Basic supplies will be provided. If you have any questions, please contact us at 414.647.6065.

**50+** Activity Code: 1R550914  
(Section codes listed below)

**OASIS** ..... 5502  
(No class August 8)  
Mon, Jul 18-Aug 22, 12:30PM- 2:30PM  
\$22 Residents/\$33 Non-Residents

### Expressive, Flowing Watercolor Portrayals

Create dramatic, dynamic color and composition. Discover exuberant and sculptural brush-play. Explore flowing watercolor imagery as you initiate, glaze or blend this magical, transparent media. Instructor offers demos and enthusiastic, personal guidance. Bring supplies to all sessions (call Brinton for supply list 414.481.2494).

Activity Code: 1RAE2007  
(Section codes listed below)

**Beulah Brinton** ..... BN01  
Thu, Jun 9-Jun 23, 3:15PM- 5:15PM  
\$19 Residents/\$29 Non-Residents

**Beulah Brinton** ..... BN01  
Thu, Jul 24-Jul 28, 3:15PM- 5:15PM  
\$19 Residents/\$29 Non-Residents

**Beulah Brinton** ..... BN01  
Thu, Aug 11-Aug 25, 3:15PM- 5:15PM  
\$19 Residents/\$29 Non-Residents

### Open Cricut

Have a project that you've wanted to work on? Bring your Cricut and your idea to this class! We will work together to complete a Cricut project of your choice.

Activity Code: 1RAE0900  
(Section codes listed below)

**Hamilton** ..... HA01  
(No class 6/25 & 7/9)  
Sat, Jun 18-Jul 23, 11:30AM- 1:30PM  
\$19 Residents/\$29 Non-Residents

### Creative Crochet Techniques

This class will review basic stitches before practicing heavier texture stitches like popcorns, shells, and post stitches. After creating swatches, we will discuss how to turn these stitches into different kinds of accessories. In preparation for spring we will focus on mesh and lace stitches. We will create swatches and learn to block these items, then discuss how to turn lightweight fabrics into beautiful summer shawls or home items. Bring a skein of light colored yarn of your choice with an appropriate hook (check the yarn label for hook size).

Activity Code: 1RAE0903  
(Section codes listed below)

**Beulah Brinton** ..... BN01  
Mon, Jun 27-Aug 22, 10:30AM-11:30AM  
\$24 Residents/\$36 Non-Residents

### The Chew Toy Your Dog Dreamed Of

Come to class and make man's best friend a toy they will enjoy! Please bring 1/2 yard of 1 color flannel and another 1/2 yard of another flannel color. Please bring 2 distinct colors of flannel to class. If you have sewing shears, please bring those as well.

Activity Code: 1RAE0904  
(Section codes listed below)

**Hamilton** ..... HA01  
Thu, Jul 28, 6:30PM- 8:30PM  
\$8 Residents/\$12 Non-Residents

### Create with Alcohol Inks II

A continuation to our basic Alcohol Inks class. We will explore using paint brushes to create pieces of art. The supply fee of \$8 in cash to the instructor on the first day of class. Prerequisite: Alcohol Inks I.

Activity Code: 1RAE0908  
(Section codes listed below)

**Hamilton** ..... HA01  
Thu, Jul 14-Jul 21, 6:30PM- 8:30PM  
\$13 Residents/\$20 Non-Residents

### Small Felted Vessel

Paint sigils, spirals, and ancient symbols on one of Nature's most steadfast canvases. Art created with intention give meaning to the symbols from the hand to the surface. Create ancient runes and Celtic designs and understand their meaning.

Activity Code: 1RAE0929  
(Section codes listed below)

**Hamilton** ..... HA01  
Tue, Jun 28-Jul 5, 6:00PM- 8:00PM  
\$13 Residents/\$20 Non-Residents

### Candle Making

What is more soothing and relaxing than enjoying a candle that you created? In this workshop, you will select your own scent, design and create your very own soy-wax candle to take home! Students will receive an overview of the candle making process provided by an experienced chandler. All supplies included. Workshop provided by Blossom Candle Co. Fee includes supply cost and is non-refundable.

Activity Code: 1RAE0946  
(Section codes listed below)

**Hamilton** ..... HA01  
Wed, Jun 22, 6:30PM- 8:00PM  
\$25 Residents/\$38 Non-Residents

**Hamilton** ..... HA02  
Wed, Jul 20, 6:30PM- 8:00PM  
\$25 Residents/\$38 Non-Residents

**Milwaukee Marshall** ..... MR01  
Wed, Jul 27, 6:30PM- 8:00PM  
\$25 Residents/\$38 Non-Residents

### Cricut for Beginners

Did you have a Cricut® machine but have no idea how to use it? Cricut® is a brand of die-cutting machine that will take your crafting to a new dimension. This class is for any crafter. Learn about the Cricut® and all the fun projects you can do. You will discover resources to get free files. You will come out inspired and ready to enhance your creativity. Please bring your machine and your own materials

Activity Code: 1RAE0954  
(Section codes listed below)

**Hamilton** ..... HA01  
(No class 6/25 & 7/9)  
Sat, Jun 18-Jul 23, 9:00AM-11:00AM  
\$27 Residents/\$41 Non-Residents



## Decoupage on Glass

**NEW**

Can't draw stick figures? No problem! Anyone can be an artist using the age-old art form of decoupage. Learn how to create separate inside and outside designs with paper on a small glass bowl so the inside design is visible through the glass. You will take home a beautiful yet functional work of art to give as a gift or use to hold jewelry, spare change or other small items. All supplies included. Class taught by Donna Eigen.

**Activity Code: 1RAE0963**  
(Section codes listed below)

**Hamilton ..... HA01**  
Mon, Jul 18, 6:00PM- 8:00PM  
\$35 Residents/\$53 Non-Residents

**Hamilton ..... HA02**  
Mon, Jul 25, 6:00PM- 8:00PM  
\$35 Residents/\$53 Non-Residents

**Hamilton ..... HA03**  
Tue, Jul 26, 6:00PM- 8:00PM  
\$35 Residents/\$53 Non-Residents



## Crocheting / Knitting

Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

**Activity Code: 1RAE1202**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**  
Mon, Jun 27-Aug 8, 6:00PM- 8:00PM  
\$34 Residents/\$51 Non-Residents

## Open Sewing

This class is for people who have some sewing experience. If you need some time that you can dedicate to finishing your sewing projects, this is the class for you. Come ready with your ideas/unfinished projects and let's have some fun! Bring your own machine/thread, or use the machines provided. Irons and ironing boards are also available. Prerequisite for this class is sewing 101 or previous sewing experience.

**Activity Code: 1RAE1207**  
(Section codes listed below)

**Hamilton ..... HA01**  
Thu, Jun 23-Aug 4, 6:00PM- 8:30PM  
\$34 Residents/\$51 Non-Residents

## Survival Sewing

Learn the basics of operating a sewing machine by sewing straight and curved lines and turning corners on paper. In this class you will learn how to sew a button on material, thread the sewing machine and a simple pillow with fabric to make a hem. Bring basic sewing supplies which include scissors, sewing pins, seam ripper and fabric to class. This class is for beginners and those who want to be able to utilize a sewing machine or fixing sewing problems at home.

**Activity Code: 1RAE1208**  
(Section codes listed below)

**Hamilton ..... HA01**  
(Class runs on July 9th, 16th and 30th, no class July 23)  
Sat, Jul 9-Jul 30, 1:00PM- 3:00PM  
\$19 Residents/\$29 Non-Residents

## Knitting

Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

**Activity Code: 1RAE1210**  
(Section codes listed below)

**Hamilton ..... HA01**  
Tue, Jun 21-Aug 2, 6:30PM- 8:30PM  
\$39 Residents/\$59 Non-Residents

## Crocheting

Complete beautiful projects in this crochet class! Please bring your own crochet hooks and skein of yarn

**Activity Code: 1RAE1211**  
(Section codes listed below)

**Hamilton ..... HA01**  
Mon, Jun 27-Aug 8, 6:30PM- 8:30PM  
\$34 Residents/\$51 Non-Residents

## Landscape Painting

This relaxing class will explore landscape painting in the comfort of the classroom. We will use acrylics and work from photos. The goal of the class is to develop your own interpretation. Class starts with a short demonstration to get you started. Learn to paint and change the way you see the world. The supply list is available on Facebook: <https://goo.gl/bwvnHd>.

**Activity Code: 1RAE2003**  
(Section codes listed below)

**Gaenslen ..... RS01**  
(Level 1)  
Tue, Jun 14-Aug 2, 6:00PM- 8:00PM  
\$34 Residents/\$51 Non-Residents

## Painting Portraits from Photos

Painting in acrylic or oil we will learn to see others in an artistic way. Realizing your own approach will be the goal of this class. We will start with a drawing and progress onto painting. Bone structure, muscles and anatomy will be covered. Each class starts with a short demonstration to get you started. The supply list is available on Facebook: <https://goo.gl/bwvnHd>.

**Activity Code: 1RAE2006**  
(Section codes listed below)

**Gaenslen ..... RS01**  
Mon, Jun 13-Aug 1, 6:00PM- 8:00PM  
\$34 Residents/\$51 Non-Residents

## Watercolor Painting

Create splendid, watercolor images applying magical layering of this transparent media. Explore expressive, effortless methods and techniques. Instructor offers demos and enthusiastic, personal guidance. Bring supplies to all sessions (call Brinton for supply list 414.481.2494).

**Activity Code: 1RAE2008**  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
(Beg.)  
Wed, Jun 8-Jun 22, 6:30PM- 8:30PM  
\$19 Residents/\$29 Non-Residents

**Beulah Brinton ..... BN02**  
(Adv.)  
Thu, Jun 9-Jun 23, 6:15PM- 8:15PM  
\$20 Residents/\$30 Non-Residents

**Beulah Brinton ..... BN03**  
(Beg.)  
Wed, Jul 13-Jul 27, 6:30PM- 8:30PM  
\$19 Residents/\$29 Non-Residents

**Beulah Brinton ..... BN04**  
(Adv.)  
Thu, Jul 14-Jul 28, 6:15PM- 8:15PM  
\$20 Residents/\$30 Non-Residents

**Beulah Brinton ..... BN05**  
(Beg.)  
Wed, Aug 10-Aug 24, 6:30PM- 8:30PM  
\$19 Residents/\$29 Non-Residents

**Beulah Brinton ..... BN06**  
(Adv.)  
Thu, Aug 11-Aug 25, 6:15PM- 8:15PM  
\$20 Residents/\$30 Non-Residents



## Abstract Painting with Melva\*

Abstracts with Melva is a class designed for beginners and for seasoned artists by visual artist Melva. Come experience the inspiring development of abstract art. This class is more than lines and circles. Let the hands-on variety of projects and easy techniques challenge your imagination! A \$10 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

**Activity Code: 1RAE2029**  
(Section codes listed below)

**Hamilton ..... HA01**  
Wed, Jul 13-Aug 3, 6:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

## BAKING

### Lemon Poppy Seed Pound Cake

**NEW** This pound cake is a wonderful addition to your summer breakfast or brunch. This dough combines the citrus of lemon and poppy seeds to give the pound cake a wonderful texture. Topped with a nice glaze, this cake is a wonderful addition to a summer get together.

**50+** **Activity Code: 1R551614**  
(Section codes listed below)

**OASIS ..... 5501**  
Wed, Jun 22, 9:30AM-11:30AM  
\$16 Residents/\$24 Non-Residents

### Carrot Cake

**NEW** This cake is traditionally thought of at Easter time but is also a wonderful end to a nice summer dinner. Grated carrots and ginger make it mouthwatering at every bite. This cake is then topped with a thick and creamy cream cheese frosting and optional crushed walnuts.

**50+** **Activity Code: 1R551615**  
(Section codes listed below)

**OASIS ..... 5501**  
Wed, Jul 6, 9:30AM-11:30AM  
\$16 Residents/\$24 Non-Residents

## Buttermilk Biscuits

**NEW** This classic dessert screams summer! Learn the techniques of making layered biscuits and freshly made whipped cream topped with fresh summer strawberries. This dessert can be made for an after summer dinner or lunch.

**50+** **Activity Code: 1R551616**  
(Section codes listed below)

**OASIS ..... 5501**  
Wed, Jul 20, 9:30AM-11:30AM  
\$16 Residents/\$24 Non-Residents

## CATE'S COOKERY

### A Picnic in Provence

Cate learned a couple of tricks from her many years as producer and emcee of the French Cooking Demonstrations at Bastille Days. Just in time for Bastille Day, July 14, this "sub shop menu with a French twist" features pan bagnat, A French salade nicoise sandwich that has its origins in summer lunches made by French farm workers. The bread gets immersed in the savory juices of the filling. To round out the menu, you'll learn how to make French potato salad with olives, roasted garlic and spring herbs. This is another easily portable menu for picnics or patio dining.

**Activity Code: 1RAE1901**  
(Section codes listed below)

**Hamilton ..... HA01**  
Sat, Jul 9, 12:00PM- 2:30PM  
\$23 Residents/\$35 Non-Residents

## COOKING

### Flower Cookies

Make, bake, eat & share rich short-bread cookies topped with edible flowers. Edible flowers will make your cookies stunning by adding rich colors, subtle to spicy flavors & a bit of magic to warm weather entertaining. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**50+** **Activity Code: 1P125086**  
(Section codes listed below)

**OASIS ..... 5501**  
Thu, Jul 28, 12:15PM- 2:00PM  
\$5 Residents/\$8 Non-Residents

## Oven Baked Pizza

**NEW** Learn how to create a pizza from scratch! The dough will be assembled in two steps. Adding a few more fresh ingredients will assemble a complete dough in class. Crushed tomatoes, garlic and olive oil will be combined and cooked for a wonderful sauce. Mozzarella cheese, fresh veggies and pepperoni can be added to complete the pizza.

**50+** **Activity Code: 1R551613**  
(Section codes listed below)

**OASIS ..... 5501**  
Wed, Jun 8, 9:30AM-11:30AM  
\$16 Residents/\$24 Non-Residents

## Charcuterie 101

Charcuterie, in the broadest terms, is a display of cooked meats. This informative interactive course guides you through how to assemble your very own charcuterie board starting with the basics: What is a Charcuterie Board? How do I select which meats and cheeses to use? How much food do I need for my guests? How should I arrange the food? These questions will be answered. You will learn how to build an aesthetic presentation through the selection of a variety of meats, cheeses, fruits, nuts and other accompaniments.

**Activity Code: 1RAE1600**  
(Section codes listed below)

**Hamilton ..... HA01**  
Tue, Jun 21, 6:00PM- 7:30PM  
\$21 Residents/\$32 Non-Residents

**Hamilton ..... HA02**  
Tue, Jul 19, 6:00PM- 7:30PM  
\$21 Residents/\$32 Non-Residents

## Food Preservation

In this lecture, Wisconsin Certified Master Food Preserver Annie Wegner LeFort will share information about safe home canning, freezing, and drying. This course is not a requirement, but an excellent primer to subsequent hands-on food preservation classes this summer. Handouts included. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RAE1601**  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
Wed, Jun 8, 5:30PM- 7:00PM  
\$8 Residents/\$12 Non-Residents



### Jams and Jellies

In this hands-on class Master Food Preserver Annie Wegner LeFort will share information for safe homecanning and guide you to make a batch of jam or jelly. All ingredients and handouts are included. Bring a small box to carry home still-hot preserves. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RAE1602**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

Wed, Jun 22, 5:30PM- 7:30PM  
\$8 Residents/\$12 Non-Residents

### Pickles

In this hands-on class Master Food Preserver Annie Wegner LeFort will share information for safe homecanning and guide you to make a batch of pickles. All ingredients and handouts are included. Bring a small box to carry home still-hot preserves. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RAE1603**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

Wed, Aug 17, 5:30PM- 7:30PM  
\$8 Residents/\$12 Non-Residents

### Tomatoes and Salsa

In this hands-on class Master Food Preserver Annie Wegner LeFort will share information for safe homecanning and guide you to make a batch of salsa. All ingredients and handouts are included. Bring a small box to carry home still-hot preserves. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RAE1604**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

Wed, Sep 7, 5:30PM- 7:30PM  
\$8 Residents/\$12 Non-Residents



### Taste of the World: South America

(Brazil and Venezuela) Come join us as we will make the following traditional South American food dishes. We will prepare food from Brazil: Brigadeiros (chocolate truffles), XinXim (Candómbi chicken, shrimp and peanut stew), and Venezuela: Venezuelan Tajadas (sweet plantains), Mazamorra Campesina (sweet corn stew) and Cerdo y Papa (pork and potato soup). Fee includes food cost and is non-refundable.

**Activity Code: 1RAE2213**  
(Section codes listed below)

**Gaenslen ..... RS01**

Sat, Jun 18, 11:00AM- 2:00PM  
\$26 Residents/\$39 Non-Residents

**Gaenslen ..... RS02**

Sat, Jul 9, 11:00AM- 2:00PM  
\$26 Residents/\$39 Non-Residents

### Curry, Curry, and more CURRY!

Curry is a dish using complex combinations of herbs, spices, and chilies. We will be making an international variety of curries: curried shrimp salad, apple & chicken curry, vegetarian curry with kidney beans, and beef and green bean curry. Fee includes food cost and is non-refundable.

**Activity Code: 1RAE2215**  
(Section codes listed below)

**Hamilton ..... HA02**

Mon, Jul 18, 6:00PM- 8:00PM  
\$20 Residents/\$30 Non-Residents

### International Desserts

This class includes delicious desserts and treats from the countries of Austria: Austrian Raspberry shortbread, United Kingdom: Banoffee Pie, Morocco: Meskouta (orange Yogurt cake) and Pasta Frola (pastry cake). Fee includes food cost and is non-refundable.

**Activity Code: 1RAE2247**  
(Section codes listed below)

**Hamilton ..... HA01**

Mon, Jul 11, 6:00PM- 8:00PM  
\$20 Residents/\$30 Non-Residents

### Taste of the World - Africa

Come join us as we make traditional African food dishes from Senegal, South Africa, Tanzania and West Africa. We will prepare food from Senegal: Salutu Niebe (black-eyed peas salad), Mafe (peanut butter stew), South Africa: Chakalaka (veggie dish) Tanzania: (pineapple salad), and West Africa: Lime Cake. Fee includes food cost and is non-refundable.

**Activity Code: 1RAE2261**  
(Section codes listed below)

**Gaenslen ..... RS01**

(Cameroon & Mali)  
Sat, Jun 25, 11:00AM- 2:00PM  
\$26 Residents/\$39 Non-Residents

**Gaenslen ..... RS02**

(Cameroon & Mali)  
Sat, Jul 16, 11:00AM- 2:00PM  
\$26 Residents/\$39 Non-Residents

### Spain and Tapas

TAPAS are extremely popular appetizers and snacks in Spain. They can be either cold or hot. Spain holds a "National Tapas Competition," every year. We will be making 15 traditional Tapas with the following ingredients: bacon, bread, assorted cheese, chicken, chorizo, dates, garlic, mushrooms, olives, olive oil, assorted peppers, potatoes, fruits, shrimp and vegetables. Fee includes food cost and is non-refundable.

**Activity Code: 1RAE2275**  
(Section codes listed below)

**Gaenslen ..... RS01**

Sat, Jul 23, 11:00AM- 2:00PM  
\$26 Residents/\$39 Non-Residents

### Korean Cooking: Korean BBQ, Bulgogi

Bulgogi is a dish of thinly sliced beef or pork that is pre-marinated with various seasonings and grilled over high heat. This dish has been popular since the 1950 when beef was sliced thinly to make it tender and to reduce cooking time. This is a hands on class.

**Activity Code: 1RAE2400**  
(Section codes listed below)

**Hamilton ..... HA01**

Wed, Jul 20, 6:00PM- 8:00PM  
\$21 Residents/\$32 Non-Residents

## CYCLING AND BIKE MAINTENANCE

### Bike Maintenance with Billie

This class will teach you the skills needed to keep and maintain your bike in fine working order. These skills will save you time, money and make your rides easier and safer. With a few tools, you can make your bike rideable. This class is for beginners. In this class you will cover the following: changing a flat tire, fixing a slipped chain, completing a minor brake repair and seasonal cleaning. Class taught by Billie Myhra. Please bring your bike to class. Youth and adult classes are combined. Class fee is non-refundable. Supplies and tools provided by coastinnbikes.com.

**Activity Code: 1RAE2807**  
(Section codes listed below)

**Gaenslen .....GS01**

Sat, Jul 23, 10:00AM-11:30AM  
\$7 Residents/\$11 Non-Residents

**Hamilton .....HA01**

Sat, Jul 9, 10:00AM-11:30AM  
\$7 Residents/\$11 Non-Residents



### Korean Cooking: Korean Fried Noodles

Japchae (Korean fried noodles) is prepared by stir-frying potato noodles with various vegetables. It is a popular dish most always present on holidays and traditional ceremonies.

**Activity Code: 1RAE2404**  
(Section codes listed below)

**Hamilton .....HA01**

Wed, Jun 22, 5:00PM- 7:00PM  
\$21 Residents/\$32 Non-Residents

### Korean Cooking: Bibimbap

Come and learn how to prepare another traditional Korean dish! Bibimbap is a dish of steamed white rice mixed with various vegetables, beef and Korean chili paste (gochujang). It is said that the dish originated from ancestral service, where food left over after the service was mixed in a bowl and eaten together. All you need is a few seasoned vegetables (namul), sesame oil, and Korean chili paste!

**Activity Code: 1RAE2406**  
(Section codes listed below)

**Hamilton .....HA01**

Wed, Jun 29, 5:00PM- 7:00PM  
\$21 Residents/\$32 Non-Residents

### Korean California Roll (Gimbap)

Gimbap is a dish made from cooked rice and other ingredients such as vegetables, fish or various meats that are rolled in dried sheets of seaweed. Come join this class to learn how to make these bite sizes rolls of goodness!

**Activity Code: 1RAE2407**  
(Section codes listed below)

**Hamilton .....HA01**

Wed, Jul 6, 5:00PM- 7:00PM  
\$21 Residents/\$32 Non-Residents

## COOKING BAKING FOREIGN FOODS

### International Salads

Come and make some international salads and expand your food horizon using a wide variety of spices and fresh ingredients. We will be making traditional salads from Bulgaria (Snezhanka Salad), The Netherlands (Hu Zarensalade), Romania (Salata Orientală), Serbia (Srpska Salata) and Slovenia (Dandelion Salad) Fee includes food cost and is non-refundable.

**Activity Code: 1RAE2248**  
(Section codes listed below)

**Hamilton .....HA01**

Mon, Jun 27, 6:00PM- 8:00PM  
\$20 Residents/\$30 Non-Residents



## DANCE

### Adult Ballet

Through traditional ballet class structure of barre work, center exercise and traveling across the floor, adult ballet classes help you dance your way to stronger, longer muscles, improve posture, flexibility, agility, balance and core strength in a supportive and upbeat environment.

**Activity Code: 1RAE2901**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**  
Mon, Jun 27-Aug 8, 7:05PM- 8:35PM  
\$26 Residents/\$39 Non-Residents

### Ballroom Survival

When you attend a wedding or reunion, are you envious of the people gliding across the dance floor? Learn to waltz, fox-trot, cha-cha, etc., so that when the next song plays, you are the one sweeping others off their feet. Wear casual dress shoes.

**Activity Code: 1RAE2904**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**  
Tue, Jun 21-Aug 2, 7:00PM- 8:00PM  
\$21 Residents/\$32 Non-Residents

### Salsa & Bachata Dance

Learn the two most popular Latin club dances in world! Learn the basics of "lead and follow", Latin body movement, musicality, and dance etiquette. No partner or experience required! Dancers rotate partners.

**Activity Code: 1RAE2920**  
(Section codes listed below)

**Gaenslen ..... RS01**  
(Salsa & Bachata)  
Mon, Jun 13-Aug 1, 7:00PM- 8:00PM  
\$19 Residents/\$29 Non-Residents



### Hawaiian Dance

Aloha! Hawaiian Dance offers something that every "body" can enjoy and engages the body, mind, and spirit. While targeting the waist, hips, stomach, calves, and arms, Hawaiian Dance also provides a low-impact and cardiovascular workout. Many Hawaiian songs are about nature; the waves, wind, flowers, rain, clouds, etc. Ease tension and stress by visualizing and interpreting the words and movement as your mind is transported away to the Islands.

**Activity Code: 1RAE2925**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**  
Mon, Jun 27-Aug 8, 6:00PM- 7:00PM  
\$19 Residents/\$29 Non-Residents

### Introduction to Poi

The ancient movement art of Poi is both tribal and modern. Twirling tethered balls in beautiful geometric patterns around your body, blurring the lines between exercise and dance, you can discover how to build your own Poi and explore the basic artistic skills that will enhance your creativity while exercising your body at the same time. Poi sets will be available for workshop use. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RAE2940**  
(Section codes listed below)

**Hamilton ..... HA01**  
Wed, Jun 22, 6:30PM- 7:30PM  
\$6 Residents/\$9 Non-Residents

### Introduction to Hoop Dance

Learn the basics of hula hooping in just one Class! Even if you can't keep the hoop up around your waist, you can still hoop! Find out some tricks and tips to get you started and then move on to the full series to further your hooping journey. It's a mesmerizing experience that can take you farther than you think. Equipment not provided. Please bring your own hula hoop to workshop.

**Activity Code: 1RAE2941**  
(Section codes listed below)

**Hamilton ..... HA01**  
Wed, Jul 6, 6:30PM- 7:30PM  
\$6 Residents/\$9 Non-Residents

### Introduction to Staff Dance

**NEW** Spinning Staff is a type of flow art akin to Poi and Hoop. There are many different types of staff and you can begin your journey by learning the basics. Proper length and weights of staff will be discussed. Various rotor skills and closed grip moves including figure 8 moves will be demonstrated along with throws and catches, contact and body wraps. Use staff spinning as entertainment, exercise and fun! Equipment not provided. Please bring your own staff or a broom stick.

**Activity Code: 1RAE2942**  
(Section codes listed below)

**Hamilton ..... HA01**  
Wed, Jun 29, 6:30PM- 7:30PM  
\$6 Residents/\$9 Non-Residents

## FITNESS

### Bootcamp

This class is an introduction to an intense workout that will include strength, conditioning, speed work, balance and plyometric drills. Watch your stamina and fitness level soar to new heights.

**50+** **Activity Code: 1R553520**  
(Section codes listed below)

**OASIS ..... 5501**  
(Advanced)  
Fri, Jul 15-Sep 2, 1:00PM- 1:50PM  
\$19 Residents/\$29 Non-Residents

### Building Strength

Get functional strength training and full body conditioning. This class will host opportunities to challenge all levels of fitness in addition to a 50+ level of fitness option by using a variety of equipment to create more mobility and strength for daily activities, as well as sculpt your entire body.

**50+** **Activity Code: 1R553517**  
(Section codes listed below)

**OASIS (Ages 50 & up) ..... 5501**  
(Class content geared toward 50+ age group)  
Tue, Jul 12-Aug 30, 9:00AM- 9:50AM  
\$16 Residents/\$23 Non-Residents

**OASIS ..... 5502**  
(Intermediate/Advanced)  
Tue, Jul 12-Aug 30, 10:00AM- 10:50AM  
\$15 Residents/\$23 Non-Residents

## Chair Yoga

People of all abilities experience greater health and well-being in this chair yoga plus strength exercise class. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance, and breathing, and an overall sense of greater well being. Free with OASIS Center Membership (membership fees are \$15/Res and \$25/Non-Res). Membership is good for one year from purchase date. On-line registration is not available. If you have any questions, please contact us at 414.647.6041.

**50+** Activity Code: 1R553508  
(Section codes listed below)

**OASIS ..... 5501**  
(OASIS membership required. See fees above.)  
Mon/Wed/Fri, Jun 6-Aug 31, 9:00AM-10:00AM  
FREE

## Core Strength

Time to tighten the most important part of your body for stabilization; your core! In this class, you will increase the strength and endurance of your core muscles and improve your balance.

**50+** Activity Code: 1R553518  
(Section codes listed below)

**OASIS ..... 5501**  
(Class content geared toward 50+ age group)  
Tue, Jul 12-Aug 30, 11:00AM-11:30AM  
\$22 Residents/\$33 Non-Residents

**OASIS ..... 5502**  
(Intermediate/Advanced)  
Tue, Jul 12-Aug 30, 11:40AM-12:10PM  
\$10 Residents/\$15 Non-Residents

## Fitness Center

Come and be active at the OASIS Fitness Center. A full range of exercise equipment is available for you to utilize. Assistance is provided on certain days and times. Open year round! Free with OASIS Center Membership (membership fees are \$15/Res and \$25/Non-Res). Membership is good for one year from purchase date. On-line registration is not available. A signed waiver and an orientation are required. Please contact 414.647.6041 for more information.

**50+** Activity Code: 1R553509  
(Section codes listed below)

**OASIS (Ages 50 & up) ..... 5501**  
(OASIS membership required. See fees above.)  
Mon-Fri, Jun 6-Aug 19, 8:00AM- 3:00PM  
FREE



## Interval Training

This highly energetic class involves alternating bursts of intense activity with recovery periods. This is an efficient training method that helps to increase your cardiovascular intensity without burning yourself out.

**50+** Activity Code: 1R553521  
(Section codes listed below)

**OASIS ..... 5501**  
(Advanced)  
Fri, Jul 15-Sep 2, 12:00PM- 12:50PM  
\$19 Residents/\$29 Non-Residents

## Senior Fitness Class

You CAN Do This Fitness Class is about dynamic muscle and toning exercises that include stretching, cardio, strength training and abdominal work. This fit camp is designed to teach techniques that would improve and maintain muscle tone, functional strength and overall cardiovascular health. A variety of apparatus will be introduced such as light weights, Resist-a-Balls, and more! If you have any questions, please contact us at .414.647.6065.

**50+** Activity Code: 1R553511  
(Section codes listed below)

**OASIS ..... 5501**  
Wed, Jun 15-Jul 13, 12:30PM- 1:30PM  
\$12 Residents/\$18 Non-Residents

**OASIS ..... 5502**  
Wed, Jul 20-Aug 17, 12:30PM- 1:30PM  
\$12 Residents/\$18 Non-Residents

## 4 in 1 Training

This class is a combination of Spiced up Cardio, Boxing Aerobics, Body Sculpting and Step Aerobics. Burn off the calories and shape your body while having fun!

Activity Code: 1RAE3501  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
Tue, Jun 21-Aug 9, 7:15PM- 8:15PM  
\$28 Residents/\$42 Non-Residents

## Zumba Gold

Zumba® Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Join other older adults that want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold® is the perfect fit. It is a dance-fitness class that feels friendly, and most of all, fun.

**50+** Activity Code: 1R553503  
(Section codes listed below)

**OASIS ..... 5501**  
(No class July 5)  
Mon, Jun 13-Aug 22, 10:15AM-11:15AM  
\$22 Residents/\$33 Non-Residents

**OASIS ..... 5503**  
Thu, Jun 16-Aug 18, 10:15AM-11:15AM  
\$22 Residents/\$33 Non-Residents

## ABSoGLUTELY Fit

Want to look and feel better? In this class we will work on your upper and lower abdominals. In addition to improving you abs, students will focus on toning their gluteus and hamstrings. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 1RAE3502  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
Mon, Jun 27-Aug 22, 6:10PM- 7:10PM  
\$28 Residents/\$42 Non-Residents

**Beulah Brinton ..... BN02**  
Wed, Jun 22-Aug 10, 6:00PM- 7:00PM  
\$28 Residents/\$42 Non-Residents





### Body Sculpting

Use bands and weights to tone all areas of your body. Improve your mind, as well as your self-image. Bring your own weights and toning band. Bring your own exercise mat or purchase at site for \$10.

**Activity Code: 1RAE3505**  
(Section codes listed below)

**Beulah Brinton** ..... BN01  
Sat, Jun 18-Aug 13, 9:15AM-10:15AM  
\$28 Residents/\$42 Non-Residents

**Beulah Brinton** ..... BN02  
Tue, Jun 21-Aug 9, 6:00PM- 7:00PM  
\$28 Residents/\$42 Non-Residents

**Beulah Brinton** ..... BN03  
Thu, Jun 23-Aug 11, 6:00PM- 7:00PM  
\$28 Residents/\$42 Non-Residents

### Cardio Combo

Jumpstart your weekend activities with this invigorating workout. This class combines boxing aerobics, step aerobics and low-impact aerobics. Wear comfortable clothing and tennis shoes. Class taught by Angie Wothe.

**Activity Code: 1RAE3509**  
(Section codes listed below)

**Beulah Brinton** ..... BN01  
Sat, Jun 18-Aug 13, 8:00AM- 9:00AM  
\$28 Residents/\$42 Non-Residents

**Beulah Brinton** ..... BN02  
Thu, Jun 23-Aug 11, 7:15PM- 8:15PM  
\$28 Residents/\$42 Non-Residents

### Cardio-Kickboxing

Get ready for a very popular workout. This musically-engaging activity will provide the opportunity to lose weight, tone your body, and have fun while incorporating components of self-defense. Do it for your health or just do it for 'kicks'. Wear comfortable clothing and tennis shoes. Bring your own exercise mat or purchase at site for \$10.

**Activity Code: 1RAE3511**  
(Section codes listed below)

**Beulah Brinton** ..... BN01  
Mon, Jun 27-Aug 22, 7:15PM- 8:15PM  
\$28 Residents/\$42 Non-Residents

**Beulah Brinton** ..... BN02  
Wed, Jun 22-Aug 10, 7:15PM- 8:15PM  
\$28 Residents/\$42 Non-Residents

### The Run Mix

Must be able to run a 5k (at any pace). We will incorporate strength training exercises and running during this one hour class. Wear running gear. We will be outdoors, weather permitting. Please bring mat, towel, and water.

**Activity Code: 1RAE3512**  
(Section codes listed below)

**Beulah Brinton** ..... BN01  
Tue, Jun 21-Aug 9, 6:45AM- 7:35AM  
\$28 Residents/\$42 Non-Residents

**Beulah Brinton** ..... BN02  
Thu, Jun 23-Aug 11, 6:45AM- 7:35AM  
\$28 Residents/\$42 Non-Residents

### Gospel Aerobics

Gospel Aerobics is a fun & energetic class for all fitness levels with easy to learn hip-hop dance moves paired with faith-based music. Participants will experience a full body workout that focuses on cardio & toning. Come join the groovement & shape what the Father gave ya!

**Activity Code: 1RAE3516**  
(Section codes listed below)

**Milwaukee Marshall** ..... MR01  
Sat, Jul 9-Jul 30, 8:30AM- 9:30AM  
\$16 Residents/\$24 Non-Residents

### Running Speedwork

If you have been running for at least sometime, and have seen your improvement slow down, this is the class for you! You will learn all the basics of incorporating intervals, fartlek training, plyometrics, and other techniques to help you run faster at any race distance. Fartlek training originated from Sweden. It is translated as Speed Play. Please bring a water bottle and exercise mat. This six-week class is taught by Marty Malin, a Certified Running Coach. Youth and Adult classes combined.

**Activity Code: 1RAE3517**  
(Section codes listed below)

**Hamilton** ..... HA03  
Mon, Jun 27-Aug 1, 5:30PM- 6:15PM  
\$17 Residents/\$26 Non-Residents

**Hamilton** ..... HA02  
Wed, Jun 22-Jul 27, 5:30PM- 6:15PM  
\$17 Residents/\$26 Non-Residents

## DID YOU KNOW?

Regular physical activity helps with arthritis and other rheumatic conditions affecting the joints. Doing 150 minutes a week of moderate-intensity aerobic physical activity, if able, plus muscle-strengthening activity improves your ability to manage pain and do everyday tasks and improves quality of life.

via [cdc.gov/physicalactivity](https://www.cdc.gov/physicalactivity)

### Hoop Dance Workout

Hoop dancing is not just for kids! Today hula hooping has evolved into an exciting dance form called 'hoopdance', which has amazing benefits for the body and mind. Plus, it's fun! Hooping is for EVERY BODY. Hoops will be available to borrow or for purchase at sites. Cost range is \$20-\$35 per hoop.

**Activity Code: 1RAE3518**  
(Section codes listed below)

**Gaenslen ..... RS01**

(Beg.)  
Sat, Jun 11-Jul 30, 12:15PM- 1:15PM  
\$28 Residents/\$42 Non-Residents

### Pilates

A non-impact class where you will improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Wear comfortable clothing. Individuals with medical conditions should be cleared by their physician prior to participation.

**Activity Code: 1RAE3521**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

Wed, Jun 22-Aug 10, 7:35PM- 8:35PM  
\$28 Residents/\$42 Non-Residents

**Hamilton ..... HA01**

Thu, Jun 23-Aug 4, 6:00PM- 7:00PM  
\$19 Residents/\$29 Non-Residents

### Step Aerobics & Sculpt

Step aerobics offers the cardiovascular benefits of aerobic dance in combination with toning for thighs, abdominals, buttocks, arms and legs. Step on it.

**Activity Code: 1RAE3524**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

Mon, Jun 27-Aug 22, 5:15PM- 6:15PM  
\$28 Residents/\$42 Non-Residents

### Women & Weights

Women & Weights is for all the ladies out there looking to get lean, toned and fit - quick! In this class, you will use light to moderate weights with lots of repetition in order to give you a total body workout. You will work through moves and techniques that will help you achieve strength you never knew you had. You will leave class feeling challenged, but ready to come back for more! Bring your own exercise mat or purchase at site for \$10.

**Activity Code: 1RAE3535**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**

Mon, Jun 22-Aug 8, 6:30PM- 7:15PM  
\$19 Residents/\$29 Non-Residents

### Couch Potato to 5k

Have you ever wanted to run a 5K? Don't know where to start? Do you need a little push and positive motivation? Then this is the class for you! The Couch Potato to 5k program is designed to ease you off the couch and get you up and running a 5K (3.1 miles) in only 6 weeks! Class taught by a certified running coach. Bring your running shoes, towel, water bottle and an exercise mat. Get excited because you're going to run your first 5k. Adult and Youth classes combined.

**Activity Code: 1RAE3569**  
(Section codes listed below)

**Hamilton ..... HA02**

Mon, Jun 27-Aug 1, 6:15PM- 7:15PM  
\$22 Residents/\$33 Non-Residents

**Hamilton ..... HA01**

Wed, Jun 22-Jul 27, 6:15PM- 7:15PM  
\$22 Residents/\$33 Non-Residents

### T'ai Chi Ch'uan

This Chinese form of relaxation will teach you stress-relieving techniques designed to release tension, improve flexibility and relax your body and mind.

**Activity Code: 1RAE3602**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

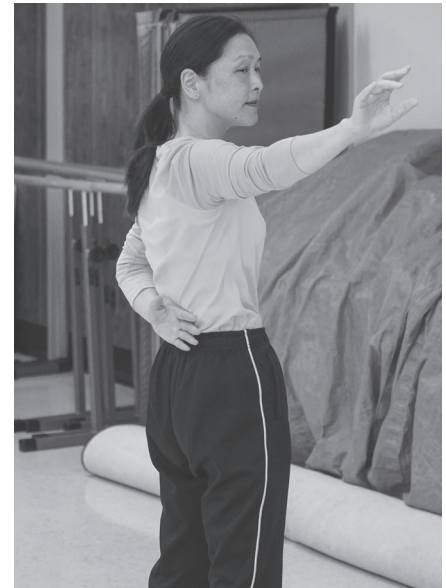
(Beg.)  
Tue, Jun 21-Aug 9, 12:15PM- 1:15PM  
\$28 Residents/\$42 Non-Residents

**Beulah Brinton ..... BN02**

(Int.)  
Tue, Jun 21-Aug 9, 1:25PM- 2:25PM  
\$28 Residents/\$42 Non-Residents

**Beulah Brinton ..... BN03**

(Beg.)  
Wed, Jun 22-Aug 10, 11:15AM-12:15PM  
\$28 Residents/\$42 Non-Residents



# EVERYONE PLAYS!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation Guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Limited scholarships available. Apply today! Please call 414.475.8180 or visit [mkerec.net/scholarship](http://mkerec.net/scholarship) to learn more and complete our short application.



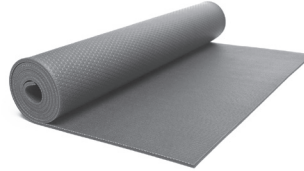
## Yoga

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation.

**Activity Code: 1RAE3605**  
(Section codes listed below)

<b>Beulah Brinton</b> .....	<b>BN01</b>
Sat, Jun 18-Aug 13, 7:45AM- 8:45AM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN02</b>
Sat, Jun 18-Aug 13, 8:55AM- 9:55AM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN03</b>
Mon, Jun 27-Aug 22, 8:00AM- 9:00AM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN04</b>
Mon, Jun 27-Aug 22, 9:15AM-10:15AM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN05</b>
Mon, Jun 27-Aug 22, 6:00PM- 7:00PM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN06</b>
Tue, Jun 21-Aug 9, 9:15AM-10:15AM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN07</b>
Tue, Jun 21-Aug 9, 10:45AM-11:45AM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN08</b>
Tue, Jun 21-Aug 9, 6:30PM- 7:30PM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN09</b>
Wed, Jun 22-Aug 10, 6:30AM- 7:45AM	
\$34 Residents/\$51 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN11</b>
Wed, Jun 22-Aug 10, 6:30PM- 7:30PM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN13</b>
Thu, Jun 23-Aug 11, 9:15AM-10:15AM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN14</b>
Thu, Jun 23-Aug 11, 5:45PM- 6:45PM	
\$28 Residents/\$42 Non-Residents	
<b>Gaenslen</b> .....	<b>RS03</b>
Mon, Jun 13-Aug 1, 7:15PM- 8:15PM	
\$22 Residents/\$33 Non-Residents	
<b>Gaenslen</b> .....	<b>RS02</b>
Thu, Jun 14-Aug 2, 7:00PM- 8:00PM	
\$22 Residents/\$33 Non-Residents	
<b>Gaenslen</b> .....	<b>GS02</b>
Wed, Jun 15-Jul 20, 7:15PM- 8:15PM	
\$22 Residents/\$33 Non-Residents	

<b>Gaenslen</b> .....	<b>JU02</b>
Sat, Jun 18-Jul 30, 10:30AM-11:30AM	
\$19 Residents/\$29 Non-Residents	
<b>Hamilton</b> .....	<b>HA01</b>
Mon, Jun 27-Aug 8, 6:00PM- 7:00PM	
\$19 Residents/\$29 Non-Residents	
<b>Milwaukee Marshall</b> .....	<b>MR01</b>
Tue, Jun 21-Aug 2, 6:00PM- 7:00PM	
\$21 Residents/\$32 Non-Residents	



## Yoga - Gentle

Gentle Yoga is accessible to all levels and body types, and is especially suited for beginners. Basic stretches, postures and breath work help to develop strength, flexibility, balance, and body awareness. Bring your exercise mat or purchase at site for \$10.

**Activity Code: 1RAE3606**  
(Section codes listed below)

<b>Beulah Brinton</b> .....	<b>BN01</b>
Sat, Jun 18-Aug 13, 10:00AM-11:00AM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN02</b>
Sun, Jun 19-Aug 14, 12:00PM- 1:00PM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN03</b>
Mon, Jun 20-Aug 15, 12:00PM- 1:00PM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN04</b>
Mon, Jun 20-Aug 15, 1:10PM- 2:10PM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN05</b>
Wed, Jun 22-Aug 10, 12:00PM- 1:00PM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN06</b>
Thu, Jun 23-Aug 11, 1:30PM- 2:30PM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN07</b>
Thu, Jun 23-Aug 11, 7:00PM- 8:00PM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN08</b>
Fri, Jun 24-Aug 12, 8:00AM- 9:00AM	
\$28 Residents/\$42 Non-Residents	
<b>Gaenslen</b> .....	<b>RS01</b>
Thu, Jun 14-Aug 2, 6:00PM- 6:55PM	
\$22 Residents/\$33 Non-Residents	
<b>Gaenslen</b> .....	<b>JU01</b>
Sat, Jun 18-Jul 30, 9:15AM-10:15AM	
\$19 Residents/\$29 Non-Residents	

*A word from our customers...*

*I enjoy my Yoga class because it's evident the instructor wants you to have a great experience. Very professionally done!*

## Yoga - Power

East meets West in this vigorous, fitness-based yoga class with a focus on flow, breath, strength, balance, and flexibility. Prior yoga experience is recommended. Bring your own exercise mat or purchase at site for \$10.

**Activity Code: 1RAE3607**  
(Section codes listed below)

<b>Beulah Brinton</b> .....	<b>BN01</b>
Wed, Jun 22-Aug 10, 4:30PM- 5:30PM	
\$28 Residents/\$42 Non-Residents	
<b>Beulah Brinton</b> .....	<b>BN02</b>
Thu, Jun 23-Aug 11, 4:45PM- 5:45PM	
\$28 Residents/\$42 Non-Residents	
<b>Gaenslen</b> .....	<b>RS01</b>
Mon, Jun 13-Aug 1, 6:00PM- 7:00PM	
\$22 Residents/\$33 Non-Residents	
<b>Gaenslen</b> .....	<b>GS01</b>
Wed, Jun 15-Jul 20, 6:15PM- 7:15PM	
\$22 Residents/\$33 Non-Residents	



### Vinyasa Flow Yoga

This Vinyasa class links breath and movement to flow through postures, flowing from pose-to-pose. The flowing postures bring heat and aids in the lengthening of muscles and the reduction of muscular tension. The class starts slow and builds as the session progresses. Perfect for students of all levels, including beginners, as options or modifications are given for poses. Bring your own exercise mat or purchase at site for \$10.

**Activity Code: 1RAE3614**  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
(Slow Flow)  
Tue, Jun 21-Aug 9, 2:30PM- 3:30PM  
\$28 Residents/\$42 Non-Residents

**Beulah Brinton ..... BN02**  
(Slow Flow)  
Wed, Jun 22-Aug 10, 9:15AM-10:15AM  
\$28 Residents/\$42 Non-Residents

**Beulah Brinton ..... BN03**  
(Slow Flow)  
Fri, Jun 24-Aug 12, 9:15AM-10:15AM  
\$28 Residents/\$42 Non-Residents

### Yoga for Women's Health

This is a beginner level class that will focus on strengthening work specific to the female body. Class taught by certified yoga instructor, Annie Wegner LeFort.

**Activity Code: 1RAE3618**  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
Tue, Jun 21-Aug 9, 3:45PM- 4:45PM  
\$28 Residents/\$42 Non-Residents

### Yoga for Runners

This class is not strictly for runners. Yoga teacher and runner Annie Wegner LeFort will offer a threefold focus: 1) stretching the muscles we use most in running 2) encourage participants to explore different planes of the body to diversify their movements 3) build and strengthen the core muscles that runners need to maintain a strong, healthy form.

**Activity Code: 1RAE3619**  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
Thu, Jun 23-Aug 11, 4:00PM- 5:00PM  
\$28 Residents/\$42 Non-Residents

### Nordic Walking

Improve your overall level of conditioning by learning various exercises to improve your overall strength, flexibility, and core using walking poles. Learn the proper technique while walking with poles to work almost every muscle in your body. Led by Marty Malin, a Certified Nordic Walking Instructor.

**Activity Code: 1RAE3623**  
(Section codes listed below)

**Hamilton ..... HA02**  
Mon, Jun 27-Jul 25, 7:15PM- 8:00PM  
\$12 Residents/\$18 Non-Residents

**Hamilton ..... HA01**  
Wed, Jul 6-Jul 27, 7:15PM- 8:00PM  
\$12 Residents/\$18 Non-Residents

### Yoga - Chair

This chair yoga class is for people of all ages. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance, and breathing.

**Activity Code: 1RAE3628**  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
Thu, Jun 23-Aug 11, 10:30AM-11:30AM  
\$28 Residents/\$42 Non-Residents

Join Milwaukee Recreation for a free Summer  
Community Cookout and learn more about the  
OASIS Community Center!

**Register online at [mkerec.net](http://mkerec.net)**

Wednesday, July 20, 2022 from 10:30AM - 1:00PM

OASIS Community Center (2414 W. Mitchell St.)

Activity Code: 1R550117 (Section code 5501)

Join us for lunch and summer themed activities!

Questions? Call 414.647.6065.

## HEALTH AND WELLNESS

### Let's Talk Brain Health!

The Let's Talk Brain Health presentation provides information on dementia with a focus on brain health. Cristina Huitron (Dementia Care Specialist, from Milwaukee County DHHS Division on Aging) will discuss introductory information on dementia, risk factors for developing memory loss, normal vs not normal aging, warning signs of Alzheimer's, ways to reduce your risk of developing memory issues and the importance of early detection as well as programs and resources available through the Division on Aging. The first step to reducing your risk of developing memory issues is becoming educated on the topic and making lifestyle changes to incorporate healthier habits. What is good for the heart is good for the brain! Class is free but you must register! Participants have the option to attend in person or virtually via the Microsoft Teams platform. If you choose to attend virtually, a meeting link will be emailed prior to the session start date. Please call 414.647.6057 with any questions.

**50+** Activity Code: 1R550110  
(Section codes listed below)

**OASIS** ..... 5501  
Wed, Jun 1, 6:00PM- 7:00PM  
FREE



**LOOKING FOR SOMETHING  
OUT OF THIS WORLD...**

**SEE PAGE 29 FOR OUR  
SPACE SCIENCE PROGRAMS!**

### Caring for the Caregiver

During this presentation caregivers caring for a loved one with dementia will learn strategies they can use to help reduce caregiver stress and practice self care. We will also cover caregiver tips and techniques that caregivers can use to address daily care needs. We will also review useful community resources that can help caregivers to reduce their workload and provide additional support. Class is free but you must register! Participants have the option to attend in person or virtually via the Microsoft Teams platform. If you choose to attend virtually, a meeting link will be emailed prior to the session start date. Please call 414.647.6057 with any questions.

**50+** Activity Code: 1R550111  
(Section codes listed below)

**OASIS** ..... 5501  
Tue, Jul 5, 6:00PM- 7:00PM  
FREE

### Dementia 201

This Dementia 201 presentation will cover the progression of dementia, common behaviors of dementia, basis of the DICE approach, interaction techniques when communicating with someone who has dementia, and strategies when working through a difficult situation. Class is free but you must register! Participants have the option to attend in person or virtually via the Microsoft Teams platform. If you choose to attend virtually, a meeting link will be emailed prior to the session start date. Please call 414.647.6057 with any questions.

**50+** Activity Code: 1R550112  
(Section codes listed below)

**OASIS** ..... 5501  
Wed, Aug 3, 6:00PM- 7:00PM  
FREE

### What's Your Color?

It has been said that we should eat all the colors (of food) to maintain a healthy diet. What about the colors we wear? What color identifies your personality? Let us assist you in finding out more about yourself by discovering how color affects you and how your body's chakras (energy centers) 'tune in' to color. Class fee is non-refundable.

Activity Code: 1RAE4105  
(Section codes listed below)

**Hamilton** ..... HA01  
Tue, Jul 26, 7:15PM- 8:15PM  
\$6 Residents/\$9 Non-Residents



### Minute Meditation and Reiki

Learn some simple techniques that will teach you to lower your heart rate in minutes and deal with everyday stress. In addition, you will be introduced to Reiki, the ancient 'healing art' that is based on the belief that spiritual energy emits out of the practitioner's hands to cure various physical and emotional ailments. Learn how to make these energy techniques work for you!

Activity Code: 1RAE4107  
(Section codes listed below)

**Hamilton** ..... HA01  
Tue, Jul 19-Aug 2, 6:00PM- 7:00PM  
\$11 Residents/\$17 Non-Residents

### Monday, Monday

Ah Monday, the start of the work week for many of us. We end our weekends dreading this day. Learn and practice mindful relaxation techniques to get ready for the week ahead. Each week you will learn a new meditation technique along with class sharing. Get refreshed, rejuvenated and reset. You might even learn to look forward to Mondays.

Activity Code: 1RAE4108  
(Section codes listed below)

**Hamilton** ..... HA01  
Mon, Jun 27-Aug 1, 7:15PM- 8:15PM  
\$19 Residents/\$29 Non-Residents



## Garden Sanctuary

Make room in your garden to enhance nature's bounty with decorative and practical additions. Get ideas on how you can turn your garden into a sanctuary that reflects fun, beauty and personality. Learn Feng Shui tips using garden art, medicine/solar wheels, vegetable tripods, painted rocks, etc. Indoor or outdoor, make your home happier with creative ideas and plants that represent you.

**Activity Code: 1RAE4109**  
(Section codes listed below)

**Hamilton** ..... HA01  
Thu, Jun 23-Jun 30, 7:15PM- 8:15PM  
\$8 Residents/\$12 Non-Residents



## Sun Tea, Moon Tea

The hot summer days will mean you will need to stay hydrated by drinking more water however water alone can be boring. Infuse your water with herbs and flowers you've grown yourself. Get ideas on how to grow your own herbs and recipes to enhance your H2O intake.

**Activity Code: 1RAE4110**  
(Section codes listed below)

**Hamilton** ..... HA01  
Thu, Jul 7, 7:15PM- 8:15PM  
\$6 Residents/\$9 Non-Residents

## Meditation

You will practice guided and mantra meditation, pranayama (mindful breathing exercises), and improving posture. Please bring a yoga mat and a cushion or small pillow.

**Activity Code: 1RAE4113**  
(Section codes listed below)

**Beulah Brinton** ..... BN01  
Tue, Jun 21-Aug 9, 5:00PM- 5:30PM  
\$13 Residents/\$20 Non-Residents

## Meditation and Gratitude Journaling

**NEW**

Meditation and daily gratitude practices can help us feel more present, mindful, positive, and connected. Join us for a guided meditation followed by gratitude journaling w/ Annie Wegner LeFort. Please bring a yoga mat or meditation cushion, small notebook or journal, and a writing implement.

**Activity Code: 1RAE4115**  
(Section codes listed below)

**Beulah Brinton** ..... BN01  
Thu, Jun 23-Aug 11, 5:05PM- 5:35PM  
\$13 Residents/\$20 Non-Residents

## Chakra Energy and Balance

Join us for Chakra Healing - an ancient philosophy and now a hot trend! This class will help you balance your body and mind using this ancient Eastern wellness belief based on seven energy centers that govern your organs and work together as one system yet independently. Take time to improve your well-being. Class fee is non-refundable.

**Activity Code: 1RAE4117**  
(Section codes listed below)

**Hamilton** ..... HA01  
Thu, Jul 21-Jul 28, 7:15PM- 8:15PM  
\$21 Residents/\$32 Non-Residents

## Parsley, Sage, Rosemary & Thyme

Well, we're not exactly Scarborough Fair, but come take a little thyme out to join us for some sage advice on growing your own herb garden. Whether planted in the ground or in pots, herbs are little treasures we can open up again and again. Get tips on the top herbs to grow, which go well together, and what to do with all that basil. Learn about medicinal and healing properties as well as a little good 'ol folklore. Class fee is non-refundable.

**Activity Code: 1RAE4120**  
(Section codes listed below)

**Hamilton** ..... HA01  
Tue, Jun 21, 6:00PM- 8:00PM  
\$8 Residents/\$12 Non-Residents



## Dream Boards

If you have already defined your dreams, it is time to illustrate them visually. Creating a dream board, or vision board, is a valuable visualization tool that serves as your image of your life goals whether it is one specific goal or overall life picture. Bring photos, pictures, various forms of text, personal mementos, etc. to illustrate your board and remind you of who you are and where you want to be. Boards will be provided. Class fee is non-refundable.

**Activity Code: 1RAE4123**  
(Section codes listed below)

**Hamilton** ..... HA01  
Tue, Jul 12, 6:00PM- 8:00PM  
\$8 Residents/\$12 Non-Residents

## Taming the Sweet Tooth

**NEW**

While sugar tastes good, too much of it can be harmful to our heart and body. A registered dietitian from The Karen Yontz Women's Cardiac Awareness Center and Advocate Aurora Health will bring eye-opening displays to show how much added sugar Americans consume and explain why it's so important to keep sweet stuff in check. You'll become a pro at reading food labels for sugar and also learn the top three ways to retrain your taste buds so you don't go overboard on sugar. A healthy sweet treat will be provided.

**Activity Code: 1RAE4164**  
(Section codes listed below)

**Milwaukee Marshall** ..... MR01  
Thu, Jul 7, 6:00PM- 7:00PM  
\$6 Residents/\$9 Non-Residents

## DASH Away High Blood Pressure

**NEW**

Want to lower your blood pressure, but not sure how? Come and learn more about the DASH Eating Plan and how it can dash away high blood pressure! Whether you're looking to prevent high blood pressure or to reduce it, this class is for you. You will learn helpful tips for using the DASH Eating Plan. A short cooking demo with samples will be provided. A registered nurse will be available to provide blood pressure measurements before and after class. Class taught by a registered dietitian from The Karen Yontz Women's Cardiac Awareness Center and Advocate Aurora Health. Class fee includes the cost of food.

**Activity Code: 1RAE4165**  
(Section codes listed below)

**Milwaukee Marshall** ..... MR01  
Mon, Jul 11, 6:00PM- 7:00PM  
\$6 Residents/\$9 Non-Residents



### The 4-1-1 on Women & Heart Disease

**NEW** Heart attacks tend to be shown in movies and on TV as dramatic chest pain when in fact, most heart attacks are a slow progression of symptoms. For women, symptoms are less likely to be as obvious as chest pain. In this class, a registered nurse from Advocate Aurora Health will share women-specific risk factors for heart disease as well as the unique symptoms women face for an impending heart attack. Come learn how you can reduce women's #1 health threat - heart disease!

**Activity Code: 1RAE4166**  
(Section codes listed below)

**Milwaukee Marshall .....MR01**  
Wed, Jul 13, 6:00PM- 7:00PM  
\$6 Residents/\$9 Non-Residents

### Add Color to Your Meals to Lower Blood Pressure

**NEW** Fruits and vegetables are powerful foods in helping to lower blood pressure. Learn the crucial minerals in these foods that help manage blood pressure. We'll discuss tips for including more fruits and vegetables into your meals and snacks. A short cooking demo with samples will be provided. A registered nurse will be available to provide blood pressure measurements before and after class. Class is taught by a registered dietitian from The Karen Yontz Women's Cardiac Awareness Center and Advocate Aurora Health. Class fee includes food cost.

**Activity Code: 1RAE4167**  
(Section codes listed below)

**Milwaukee Marshall .....MR01**  
Mon, Jul 18, 6:00PM- 7:00PM  
\$6 Residents/\$9 Non-Residents

### Learn Hands-On CPR & How to Use an AED

**NEW** Only 54% of people know how to do CPR...are you one of them? In this class, a registered nurse from Advocate Aurora Health and a certified trainer from the Milwaukee Fire Department will teach you how to do hands-only CPR and how to use an AED (automated external defibrillator). Participants will leave with the confidence to handle emergency heart scenarios where CPR can be used. This class will only teach basic CPR and AED skills. Participants will not receive CPR/AED certification from this course.

**Activity Code: 1RAE4168**  
(Section codes listed below)

**Milwaukee Marshall .....MR01**  
Wed, Jul 20, 6:00PM- 7:00PM  
\$6 Residents/\$9 Non-Residents

### Avoiding Sneaky Salt Bombs

**NEW** Salt and sodium affect blood pressure but they aren't always obvious in our diet. Discover the top sources of salt and sodium in food. You'll learn how to make sense of the sodium on food labels, tips to decrease salt and sodium in your diet and how to use herbs and spices to boost flavor. A registered nurse will be available to provide blood pressure measurements before and after class. Class taught by a registered dietitian from The Karen Yontz Women's Cardiac Awareness Center and Advocate Aurora Health.

**Activity Code: 1RAE4169**  
(Section codes listed below)

**Milwaukee Marshall .....MR01**  
Mon, Jul 25, 6:00PM- 7:00PM  
\$6 Residents/\$9 Non-Residents

### Quick & Healthy Meals & Snacks for Busy Families

**NEW** It can be hard to feed a family healthy meals and snacks when you lead a busy life. In this class, a registered dietitian from The Karen Yontz Women's Cardiac Awareness Center and Advocate Aurora Health will give you ideas for crowd-pleasing healthy meals and talk about snacks - both premade and homemade - that will make even the pickiest eaters in your household happy.

**Activity Code: 1RAE4170**  
(Section codes listed below)

**Milwaukee Marshall .....MR01**  
Wed, Jul 27, 6:00PM- 7:00PM  
\$6 Residents/\$9 Non-Residents

### PLEASE NOTE...

As of April 18, 2022, the wearing of masks will be **optional** at all Milwaukee Recreation facilities. This policy is subject to change based on current conditions.

Procedures to reduce the spread of COVID-19 will remain in place and participants are encouraged to continue taking steps to stay safe and healthy.



## Milwaukee Recreation is NOW HIRING!

Interested in joining Milwaukee Recreation? Apply for our part-time positions today! Milwaukee Recreation is now hiring for a variety of paid, part-time positions, **including with our Community Centers team**. Visit [mkerec.net/jobopenings](http://mkerec.net/jobopenings) for more information or scan the QR code.



## LANGUAGE SKILLS

### Spanish

Learn appropriate Spanish words for: greeting, health, household, daily activities, weather and much more. The book that is used for the class is 'Spanish made Simple'. You can purchase the textbook for \$14 (cash or check only) on the first day of the class. If you have any questions, please contact us at 414.647.6065.

**50+** **Activity Code: 1R554401**  
(Section codes listed below)

**OASIS ..... 5501**  
(Beginner Class)  
Fri, Jun 17-Aug 19, 11:30AM-12:30PM  
\$22 Residents/\$33 Non-Residents

**OASIS ..... 5502**  
(Advanced Class)  
Fri, Jun 17-Aug 19, 12:30PM- 1:30PM  
\$22 Residents/\$33 Non-Residents



### Spanish Conversation

The ability to communicate in Spanish is necessary for many professions and is key to a greater enjoyment of travel south of the border. Receive instruction on pronunciation and essential grammar, through reading, writing and conversational practice. You can purchase the textbook for \$14.00 (cash or check only) on the first day of the class. Level 2 and 3 Spanish conversation requires working knowledge of general Spanish phrases and vocabulary.

**Activity Code: 1RAE4801**  
(Section codes listed below)

**Gaenslen ..... RS01**  
(Level 1)  
Mon, Jun 13-Aug 1, 6:00PM- 7:30PM  
\$25 Residents/\$38 Non-Residents

**Gaenslen ..... RS02**  
(Level 2)  
Mon, Jun 13-Aug 1, 7:30PM- 9:00PM  
\$26 Residents/\$39 Non-Residents

**Gaenslen ..... RS03**  
(Level 3)  
Tue, Jun 14-Aug 2, 6:00PM- 7:30PM  
\$26 Residents/\$39 Non-Residents

## MARTIAL ARTS

### Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. A useful way for you to learn the art of self-discipline, mental preparation, concentration and self-control. Various kicking and punching techniques, correct body positioning and self-defense will be covered. A great opportunity to increase your flexibility, general conditioning and self-defense techniques.

**Activity Code: 1RAE4503**  
(Section codes listed below)

**Gaenslen (Ages 15 & up) ..... RS03**  
(All Ranks, white-black)  
Sat, Jun 11-Jul 30, 11:45AM-12:30PM  
\$19 Residents/\$29 Non-Residents

**Gaenslen (Ages 15 & up) ..... RS07**  
(Beg. white belts, combined with youth class)  
Mon/Wed, Jun 13-Aug 1, 5:15PM- 6:00PM  
\$16 Residents/\$24 Non-Residents

**Gaenslen (Ages 15 & up) ..... RS05**  
(Int./Adv., Camo-Purple Belts)  
Mon/Wed, Jun 13-Aug 1, 6:45PM- 7:30PM  
\$16 Residents/\$24 Non-Residents

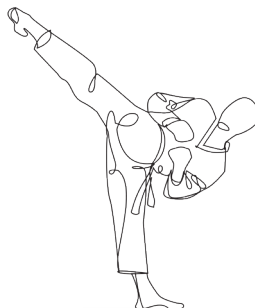
**Gaenslen (Ages 15 & up) ..... RS06**  
(Int./Adv., Camo-Purple Belts)  
Mon, Jun 13-Aug 1, 6:45PM- 7:30PM  
\$16 Residents/\$24 Non-Residents

**Gaenslen (Ages 15 & up) ..... RS09**  
(Int./Adv., Blue-Black)  
Mon/Wed, Jun 13-Aug 1, 7:30PM- 8:15PM  
\$16 Residents/\$24 Non-Residents

**Hamilton (Ages 15 & up) ..... HA04**  
Mon/Wed, Jun 22-Aug 8, 6:00PM- 7:00PM  
\$34 Residents/\$51 Non-Residents

**Milwaukee Marshall ..... MR01**  
(Beg. - White, Orange & Yellow Belts)  
Mon, Jun 27-Aug 8, 6:00PM- 7:00PM  
\$19 Residents/\$29 Non-Residents

**Milwaukee Marshall ..... MR02**  
(Beg. - White, Orange & Yellow Belts)  
Wed, Jun 22-Aug 3, 6:00PM- 7:00PM  
\$21 Residents/\$32 Non-Residents



## MUSIC

### Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Class is combined with youth class. Class is taught by Mr. D.

**Activity Code: 1RAE4602**  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
Fri, Jun 24-Aug 12, 7:15PM- 8:15PM  
\$24 Residents/\$36 Non-Residents

### Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with youth class.

**Activity Code: 1RAE4603**  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
Fri, Jun 24-Aug 12, 6:00PM- 7:00PM  
\$24 Residents/\$36 Non-Residents

### Guitar

This class focuses on basic chords, note reading, different strumming techniques, and guitar maintenance. Bring your own guitar. Class is combined with youth class.\*Beg Semi-Private courses focus on the music theory side of playing guitar, as taught by Mr. D. Scales and chord theory are key elements of this class. Bring your own guitar. Class is combined with youth class.\*Adv Semi-Private courses build your song repertoire and techniques as taught by Mr. D. For students with previous guitar experience. Bring your own guitar. Class is combined with youth class.

**Activity Code: 1RAE4604**  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
Sat, Jun 18-Aug 13, 2:00PM- 3:30PM  
\$34 Residents/\$51 Non-Residents

**Gaenslen ..... RS01**  
(Beg. - Semi-Private)  
Mon, Jun 13-Aug 1, 6:30PM- 8:00PM  
\$59 Residents/\$89 Non-Residents

**Gaenslen ..... RS02**  
(Adv. - Semi-Private)  
Mon, Jun 13-Aug 1, 8:15PM- 9:15PM  
\$41 Residents/\$62 Non-Residents

**Hamilton ..... HA01**  
Thu, Jun 23-Aug 4, 6:00PM- 7:30PM  
\$24 Residents/\$36 Non-Residents

## Guitar Rescue

**NEW**

So...how is your guitar? Needs a little loving care? Repair, or replace? Did you know that a well-maintained instrument is more playable and lasts longer? This class is aimed at guitar (bass and uke also) maintenance. We will cover everything you need from simple repairs to choosing your next (or first) guitar. And of course we'll have to play a little to see if it works. Class is combined with youth class. Class is taught by Mr. D.

**Activity Code: 1RAE4605**  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
Fri, Aug 19-Sep 9, 6:00PM- 7:30PM  
\$19 Residents/\$29 Non-Residents

## Piano

Beg. level courses will give beginning piano enthusiasts an introduction to the keyboard, including note reading, rhythm, two handed playing, and techniques. No need to bring your keyboard from home. Class is taught by Mr. D. and is combined with youth class. Int. level courses will help take you to the next level. Keys, scales, chords, and melodies, learning with Mr. D makes theory fun. Course for those with previous keyboard and note-reading experience. No need to bring your keyboard from home. Class is combined with youth class.

**Activity Code: 1RAE4607**  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
(Beg.)  
Sat, Jun 18-Aug 13, 10:30AM-12:00PM  
\$34 Residents/\$51 Non-Residents

**Beulah Brinton ..... BN02**  
(Int.)  
Sat, Jun 18-Aug 13, 12:15PM- 1:45PM  
\$34 Residents/\$51 Non-Residents

**Hamilton ..... HA01**  
Wed, Jun 22-Aug 3, 6:00PM- 7:30PM  
\$24 Residents/\$36 Non-Residents

## Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Class is combined with youth class.

**Activity Code: 1RAE4608**  
(Section codes listed below)

**Beulah Brinton ..... BN01**  
Sat, Jun 18-Aug 13, 4:00PM- 6:00PM  
\$44 Residents/\$66 Non-Residents



## Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Class is combined with youth class.

**Activity Code: 1RAE4609**  
(Section codes listed below)

**Hamilton ..... HA01**  
Wed, Jun 22-Aug 3, 7:45PM- 8:45PM  
\$16 Residents/\$24 Non-Residents

## Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Class is combined with youth class.

**Activity Code: 1RAE4611**  
(Section codes listed below)

**Hamilton ..... HA01**  
Tue, Jun 21-Aug 2, 6:00PM- 7:00PM  
\$16 Residents/\$24 Non-Residents



## Ukulele For You

This class is for anyone interested in learning to play the ukulele along with those who want to expand their ukulele repertoire. Our "music master" Mr. D., will teach you basic chords and strums and comfortably guide you into select musical genres. Grab a uke or dust off the one in your closet and join us!

**Activity Code: 1RAE4620**  
(Section codes listed below)

**Hamilton ..... HA01**  
(Class is combined with youth class)  
Thu, Jun 23-Aug 4, 7:45PM- 8:45PM  
\$24 Residents/\$36 Non-Residents

## ORGANIZATION

### Senior Downsizing

Discussing the importance to start going through your belongings now and not leaving it to your loved ones to figure out on their own. This way, if/when they are no longer able to stay in their home and must move to senior living, they could have taken time to select the items most important to them instead of being pressured to hurry when that time comes. This can be very stressful for all involved. Also, they can take inventory of what they have and start passing on items they want to go to certain people or organizations or make notes of it for later. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing. Class fee is non-refundable.

**Activity Code: 1RAE2601**  
(Section codes listed below)

**Hamilton ..... HA01**  
Wed, Jul 6, 6:00PM- 8:00PM  
\$12 Residents/\$18 Non-Residents

### Preparing to Move/Sell Your Home

Moving or selling your home may seem like a daunting task. This class will help in the process by covering decluttering prior to your move, staging for the marketing photos and an open house. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing. Class fee is non-refundable.

**Activity Code: 1RAE2606**  
(Section codes listed below)

**Hamilton ..... HA01**  
Wed, Jul 27, 6:00PM- 8:00PM  
\$12 Residents/\$18 Non-Residents

### Declutter/Organize Your Home

The first step getting organized is to declutter. In this class, we will discuss different ways to declutter your home that work best for you. After you have decluttered, it's time to get organized. Various organizational styles will be discussed. Class taught by Tamara Starr, Sweet Simplicity Organizing.

**Activity Code: 1RAE2607**  
(Section codes listed below)

**Hamilton ..... HA01**  
Wed, Jul 20, 6:00PM- 8:00PM  
\$12 Residents/\$18 Non-Residents

## OUTDOOR EDUCATION

### Animal Day

Our naturalist will be visiting the OASIS along with friends from Hawthorn Glen's Little Nature Museum. This unique opportunity will give you a chance to look, touch and learn all about various native Wisconsin animals.

**50+** **Activity Code: 1R555011**  
(Section codes listed below)

**OASIS ..... 5501**

Thu, Aug 18, 12:15PM- 1:45PM  
\$5 Residents/\$8 Non-Residents

### Walk the Hank - In the Footsteps of a Civil War Soldier

Take a beautiful guided tour of the Hank Aaron State Trail and Milwaukee Soldiers Home Grounds with Melissa Cook, Trail Manager (retired). We will use the Trail to walk to and through the nationally recognized Historic Soldier's Home Campus, established at the end of the Civil War as a place of healing and respite for soldiers. You won't want to miss this up close look at the great gothic tower now on the Historic Registry! Location: Meet in the 700 block of S 56th St (north of National Avenue) QUESTIONS: Please contact Jill at fohast@gmail.com

**Activity Code: 1RAE5010**  
(Section codes listed below)

**Trailhead at 700 block of S 56th St  
(Ages 5 & up)..... RS01**

Sat, Jul 23, 9:00AM-10:30AM  
\$2 Residents/\$2 Non-Residents

### Walk the Hank - Along Harley and the Loop

The Harley-Davidson Museum® is located in one of Milwaukee's most interesting locations, jutting out between the Menomonee River and Menomonee Canal. Beautifully landscaped, this segment loops around the Museum, connecting to the Sixth Street Bridge, and to Reed Street Yards, an area with innovative stormwater management techniques that keep pollutants out of our waterways. Robert Peschel, Friends of Hank Aaron State Trail (FOHAST) Board Member and retired environmental engineer will guide the walk along the waterway highlighting the innovative stormwater manager bioswales, the creative features of Freshwater Way, Reed Street Yards, and more. Event will take place rain or shine. Location: Meet at the water feature on the corner of Freshwater Way and S 3rd Street across from the Global Water Center (247 W Freshwater Way.) There is street parking on Freshwater Way, S 2nd Street, and S 3rd Street. QUESTIONS: Please contact Jill at fohast@gmail.com

**Activity Code: 1RAE5014**  
(Section codes listed below)

**Harley Davidson Museum - West  
Parking Lot (Ages 5 & up) ..... RS01**

Thu, Jun 23, 5:30PM- 7:00PM  
\$2 Residents/\$2 Non-Residents

### Walk the Hank - Through the Central Valley

You've probably passed this area dozens of times, but didn't realize what is not seen and certainly didn't realize what was here before. Let's use the trail to take a closer look at the ponds, their function, and their artistic embellishments. We'll also talk about the history of the Milwaukee Road, one of the largest rail yards of its time, its thousands of dedicated workers, and the project to honor them. We'll view and learn more about the completed People of the Road sculptures and the spectacular Tilted Channel art installations. We'll end by enjoying the walking paths, riverside trails, and abundance of native plants on this section of the trail. The walk will be guided by Michelle Kramer of Menomonee Valley Partners and FOHAST Board Member. Location: 212 S 36th Street, Milwaukee, WI 53215 QUESTIONS: Please contact Michelle at michelle@thevalleymke.org

**Activity Code: 1RAE5020**  
(Section codes listed below)

**Charter Wire (Ages 5 & up) ..... RS01**

Mon, Aug 8, 5:30PM- 7:00PM  
\$2 Residents/\$2 Non-Residents

## PERSONAL SKILLS

### Herbs, Crystals, and Stones

Humans have used plants for thousands of years in many different ways. Learn about the top 10 herbs and their benefits to your daily life. Find out what rocks are associated with love, success, happiness, and health. This workshop will help you explore ancient folklore and show you how to put these practices to work for you. A \$5 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.

**Activity Code: 1RAE5405**  
(Section codes listed below)

**Hamilton ..... HA01**

Thu, Jul 14, 7:15PM- 8:15PM  
\$13 Residents/\$20 Non-Residents

### PLEASE NOTE...

As of April 18, 2022, the wearing of masks will be **optional** at all Milwaukee Recreation facilities. This policy is subject to change based on current conditions.

Procedures to reduce the spread of COVID-19 will remain in place and participants are encouraged to continue taking steps to stay safe and healthy.



## Being Mindful of Your Emotions: Emotional Intelligence Workshop

Who is in control you or your emotions? Emotions are powerful. In order to be mindful, it helps to know what we are feeling when we are feeling it. In this two-hour workshop, you will be guided through a four step process: Self Awareness, Self-Management, Social Awareness and Relationship Management that will put you on the path of responding instead of reacting to the world around you. Class fee is non-refundable.

**Activity Code: 1RAE5432**  
(Section codes listed below)

**Hamilton ..... HA02**  
Tue, Jun 21, 6:00PM- 8:00PM  
\$8 Residents/\$12 Non-Residents

## Vital Communications

Everything starts with a conversation. When conflict arises, do you go into fight, flight or freeze mode? We avoid important conversations for a variety of reasons. Develop the courage to have these tough conversations. Join us for a two-hour workshop on improving your critical conversational skills. Class fee is non-refundable.

**Activity Code: 1RAE5440**  
(Section codes listed below)

**Hamilton ..... HA02**  
Tue, Jun 28, 6:00PM- 8:00PM  
\$8 Residents/\$12 Non-Residents

## Foster Care in our Community

The foster care crisis in our community is growing. This free virtual course is being offered so that participants can walk away understanding more about the foster care system, ways that they can consider helping, and the role of trauma in children in families' lives. Results from the Adverse Childhood Experiences (ACEs) study will be discussed. Participants will be sent a link in advance of the class. Course is taught by Teresa Cocker, Chief Program Officer at Norris. Norris is a non-profit social service agency in south-eastern Wisconsin.

**Activity Code: 1RAE5441**  
(Section codes listed below)

**Online ..... VR01**  
Wed, Jun 15, 6:00PM- 7:00PM  
FREE

**Online ..... VR02**  
Tue, Jul 12, 6:00PM- 7:00PM  
FREE

**Online ..... VR03**  
Thu, Aug 18, 6:00PM- 7:00PM  
FREE

## Student Loan 411/911

Are you feeling confused, anxious or completely overwhelmed by your student loans? You're not alone! The system is complex, user-unfriendly, and loan servicers aren't as knowledgeable or helpful as they should be. Student loan attorney Amanda Adrian will give you the information you need to understand and successfully manage your student loans. Topics include repayment plans, forgiveness/discharge options, deferment, forbearance, settlement, consolidation, default, rehabilitation, common pitfalls and decision points, and more. Attorney Adrian is the owner of Adrian Consumer Law, a Milwaukee consumer rights law firm. Class fee is non-refundable.

**Activity Code: 1RAE5444**  
(Section codes listed below)

**Hamilton ..... HA01**  
Mon, Jun 27, 6:00PM- 7:30PM  
\$7 Residents/\$11 Non-Residents

## SPORTS AND RECREATION

### Pickleball

Pickleball is an enjoyable and fun game that is played on a badminton court with a lower net. The sport uses a perforated plastic ball and a wood or composite paddle. It is easy for beginners to learn and play but it can also offer a quick, fast-paced, and competitive game for experienced pickleballers. Come join us for open play with our avid pickleball players! If you have any questions, please contact us at 414.647.6065.

**Activity Code: 1R550101**  
(Section codes listed below)

**Juneau Playfield ..... JU01**  
(Open Play - No drop-in fee available at this site)  
Sat, Jun 4-Aug 13, 9:00AM-12:00PM  
\$18 Residents/\$27 Non-Residents

**Juneau Playfield ..... JU02**  
(Open Play - No drop-in fee available at this site)  
Wed, Jun 8-Aug 10, 9:00AM-12:00PM  
\$18 Residents/\$27 Non-Residents

**Juneau Playfield ..... JU03**  
(Open Play - No drop-in fee available at this site)  
Thu, Jun 9-Aug 11, 6:00PM- 8:30PM  
\$18 Residents/\$27 Non-Residents

## Tennis Lessons

Prepare for the next match. These lessons will teach you the proper forehand, backhand and ground strokes needed to move the ball when it arrives on your side of the court. Learn the proper serving techniques to make ace serves. Bring your own racquet; wear sports clothing.

**Activity Code: 1RAE6204**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**  
Sat, Jun 18-Jul 30, 8:30AM- 9:30AM  
\$25 Residents/\$38 Non-Residents

**Milwaukee Marshall ..... MR02**  
Sat, Jun 18-Jul 30, 1:15PM- 2:15PM  
\$25 Residents/\$38 Non-Residents

## GOLF

### Adult Golf Lessons

These lessons will teach you the following golf techniques: proper grip, stance, swing, and putting position. Golf course etiquette and rules will also be covered. Clubs will not be provided - bring your own 5, 7 or 9 iron & putter. In the case of inclement weather, call the Weather Hotline at 414.475.8192 after 4:00pm for notification of cancellations. Skip the week of July 4. Built in rain dates the week of July 25.

**Activity Code: 1RAS3801**  
(Section codes listed below)

**Hansen Golf Course ..... HN01**  
Mon, Jun 6-Jul 18, 6:30PM- 7:30PM  
\$21 Residents/\$32 Non-Residents

**Hansen Golf Course ..... HN02**  
Tue, Jun 7-Jul 19, 6:30PM- 7:30PM  
\$21 Residents/\$32 Non-Residents

### Golf Lessons

Don't know the difference between a wood and an iron, a green and fairway? Is an eagle just a large birdie? Learn the very basics of golf including how the game is played, terminology, proper grip, stance and swing. Participants must bring their own clubs.

**Activity Code: 1RAE6212**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**  
Sat, Jun 18-Jul 30, 3:00PM- 4:00PM  
\$19 Residents/\$29 Non-Residents

## TENNIS

### Adult Tennis Lessons

Milwaukee Recreation and Milwaukee Tennis & Education Foundation (MTEF) have teamed up to offer adult tennis lessons. These lessons are designed for Beginner Level through Advanced Intermediate Level individuals who want to pick up the game of tennis or further their tennis skills. The 2 instructors will be certified MTEF professionals. Each participant should bring a tennis racket. In the case of inclement weather call the Weather Hotline after 4pm 414.475.8192 for notification of cancellations. Monday class will skip June 20 and July 4 and Saturday class will skip July 2. Built in rain date is the week after the final listed date for each class.

**Activity Code: 1RAS6501**  
(Section codes listed below)

**Milw School of Language ..... ML03**  
Thu, Jun 9-Jul 14, 6:00PM- 7:30PM  
\$35 Residents/\$50 Non-Residents

**Sijan Playfield ..... KP02**  
Wed, Jun 8-Jul 13, 6:00PM- 7:30PM  
\$35 Residents/\$50 Non-Residents

**Wick Playfield ..... W201**  
Mon, Jun 6-Jul 18, 6:00PM- 7:30PM  
\$35 Residents/\$50 Non-Residents

**Wick Playfield ..... W204**  
Sat, Jun 11-Jul 23, 9:00AM-10:30AM  
\$35 Residents/\$50 Non-Residents



## Midnight Sports Men's Basketball League



### LOCK IN YOUR FREE SPOT!

Join players of all skill levels and enjoy the exciting game of basketball through Milwaukee Recreation's Adult Men Midnight Sports Basketball League. Games are played at 7:30pm, 8:30pm & 9:30pm.

Participation in enrichment activities are mandatory to play.

Registration Fee: FREE  
Activity Code: 1RAS1109-CT01

### LEAGUE LOCATION

**Obama H.S**  
5075 N. Sherman Blvd.

**Bradley Tech H.S**  
700 S. 4th St.

### START DATE

**\*Draft Night & League Start Date: June 14**  
(Doors open at 7:00pm)

**\*Draft Night & League Start Date: June 15**  
(Doors open at 7:00pm)

### AGE

**17-29**  
(Enrolled high school students not eligible)

**17-29**  
(Enrolled high school students not eligible)

**\*Please Note:**  
Registering online does not secure you on a team. Individual participants must come to draft night.

**Register now at [mkerec.net/midnight](http://mkerec.net/midnight)**  
Online registration is now open! Limited space available.



## Midnight Sports Women's Basketball League



### LOCK IN YOUR FREE SPOT!

Join players of all skill levels and enjoy the exciting game of basketball through Milwaukee Recreation's Adult Women Midnight Sports Basketball League. Games are played at 7:30pm, 8:30pm & 9:30pm.

Participation in enrichment activities are mandatory to play.

Registration Fee: FREE  
Activity Code: 1RAS1109-CT01

### LEAGUE LOCATION

**Bradley Tech H.S**  
700 S. 4th St.

### START DATE

**\*Draft Night & League Start Date: June 13**  
(Doors open at 7:00pm)

### AGE

**17-29**  
(Enrolled high school students not eligible)

**\*Please Note:**  
Registering online does not secure you on a team. Individual participants must come to draft night.

**Register now at [mkerec.net/midnight](http://mkerec.net/midnight)**  
Online registration is now open! Limited space available.



ARE YOU READY FOR A...

## PICKLEBALL TOURNAMENT

Milwaukee Recreation will be hosting a Pickleball tournament at the Juneau Tennis Courts (6500 W Mt. Vernon Ave) on Saturday, August 20, 2022.

Doubles and mixed doubles welcome!



Register online at [mkerec.net](http://mkerec.net)  
Activity Code: 1R550101  
Section Code: JU04  
Cost: \$25 (\$35 after July 1, 2022)  
Tournament will start at 8:00AM  
Call 414.647.6065 for more details

## SUMMER 2022 ADULT TEAM SPORTS

**TEAM REGISTRATION NOW OPEN!** Visit [mkerec.net/adultsports](http://mkerec.net/adultsports) or contact the Adult Sports office at 414.647.6046 or [adultsports@mkerec.net](mailto:adultsports@mkerec.net) for more information and to register your team. League schedules, scores, and standings are available at [teamsideline.com/sites/Milwaukee Recreation](http://teamsideline.com/sites/Milwaukee%20Recreation).

### UPDATE: ADULT SPORTS REGISTRATION FEES

All Adult Sports team registration fees now include player fees. Previously, player fees were collected separately from team fees; now they are included with the team registration fee based on the average number of players for that sport. This change has streamlined the registration process for both players and staff.

### SUMMER COED KICKBALL LEAGUES

Play 1 night/week in our coed kickball leagues. Thursdays @ Wick or Fridays @ Emigh. Summer league registration closes June 13. Summer league play starts the week of June 20 and runs for 8 weeks. Team registration only. Team registration fee is \$307 (resident) and \$357 (non-resident).

### SUMMER MEN'S AND COED SOCCER LEAGUES

Play 1 night/week in our men's (Mondays @ Rogers) or coed (Tuesdays or Wednesdays @ Emigh) soccer leagues. League registration closes May 16. League play starts the week of June 6 and runs for 6-8 weeks. Team registration only. Team registration fee is \$330 (resident) and \$380 (non-resident).

### SUMMER MEN'S BASKETBALL LEAGUES

Play 1 night/week in our men's (Tuesdays or Thursdays @ Bradley Tech) basketball leagues. League registration closes May 16. League play starts the week of June 6 and runs for 6 weeks. Team registration only. Team registration fee is \$307 (resident) and \$357 (non-resident).

### SUMMER COED GOLF LEAGUES

Play 1 night/week in our coed golf leagues. Summer leagues are Mondays, Tuesdays, Wednesdays, or Thursdays at various Milwaukee County Parks golf courses. Summer league registration opens April 28. Summer league play starts the week of June 6 and runs for 8 weeks. Team and individual registration available. Spring registration fee is \$90. Summer registration fee is \$80 or \$115 depending on the league.

### SUMMER ABOVE PAR GOLF INSTRUCTION

Lessons are 1 night/week (Mondays or Tuesdays) at Hansen Golf Course. Registration opens April 28. Lessons start the week of June 6 and run for 6 weeks. Registration fee is \$21 (resident) and \$32 (non-resident).

### SUMMER TENNIS LESSONS WITH MTEF

Lessons are 1 day/week. Mondays @ Wick, Wednesdays @ Lincoln, Thursdays @ Milwaukee School of Languages, or Saturday mornings @ Wick. Registration opens April 28. Lessons start the week of June 6 and run for 6 weeks. Registration fee is \$35 (resident) and \$50 (non-resident).

### INDIVIDUAL PLAYERS/FREE AGENTS

Looking to join a team? You can register as a free agent with Milwaukee Recreation. If enough free agents register for a sport, Milwaukee Recreation will create a new team in a league for that sports. There is no cost to sign up as a free agent; you will only be charged once your spot on a team is confirmed. Each sport has a new Free Agent sign-up process for each season. Visit [mkerec.net/adultsports](http://mkerec.net/adultsports) for your desired sport to submit your name today.

### WANTED: OFFICIALS FOR ADULT LEAGUES

If you have experience officiating adult basketball, flag football, kickball, soccer, softball, or volleyball we need you! Do you want to officiate but don't have much experience or would like a refresher? We offer crash course trainings for many of our sports! If you are interested, please contact the Adult Sports Office at 414.647.6046 or [adultsports@mkerec.net](mailto:adultsports@mkerec.net)



To sign up, see page 2 • Centers are closed May 28 – 30, June 20, and July 4 • Masks/face coverings are optional.

## **50+ Softball & Volleyball Leagues**

### **Register now for our 50+ fall softball league!**

This Wednesday morning senior league will begin play on September 7 and continue over a 5-week regular season, followed by a 1-week playoff game. All games will be played at Sijan Field (2100 W. KK Parkway) which is located in the southeast corner of Milwaukee in the Bay View Neighborhood. All player skill levels are welcome (Ratings A-B-C-D). The goal is to extend the playing season and have a little more fun while the warm(ish) weather lasts!

- Wed, Sep 7-Oct 12, 9:30am-12:00pm
- \$15 Residents/\$38 Non-Residents
- Activity code: 2R558101
- Section: B203



### **Register now for our 50+ indoor fall volleyball league!**

These morning senior leagues play two times each week (Tuesday & Thursday) for 14 weeks; the start date is Tuesday, September 6th. Players of all skill levels are encouraged to join as we offer both a competitive league and a more recreational level league. All games are played Beulah Brinton Community Center (2555 S. Bay Street) which is located in the southeast corner of Milwaukee in the Bay View neighborhood.

- Activity code: 2R556801
- **Section: BN01 (competitive)**
  - Tue/Thur, Sep 6 - Dec 15, 9:15am - 12:00pm
  - \$15 residents/\$38 non-residents
- **Section BN02 (recreational)**
  - Tue/Thur, Sep 6 - Dec 15, 9:15am - 12:00pm
  - \$15 residents/\$38 non-residents





## THERAPEUTIC RECREATION

### Splash, Splash, Swim

The wave of the future begins with specialized swim instruction for individuals with disabilities. We provide 1 instructor per 4 students. Swimmers must be at least 3 years old. Due to physical distancing, assistance from a household member (age 16 or older) will be required in the water if the participant is not totally independent in water. Physical distancing from non-household members will take place in the pool. Fee for participant only. Swimmers must be at least 4 feet tall to go in the pool without a parent/adult. Family members and non-disabled participants are not eligible for lessons. Swimmers who need assistance in the locker room must provide their own attendant. Children ages 6 and above must use the appropriate male/female locker room. It is recommended to arrive to the class in swim gear. Participants must provide their own towel, suit, and swim cap (caps available for \$2). This is a Therapeutic Recreation Program for individuals with disabilities. Call 414.647.6065 for more information.

**Activity Code: 1RTR0501**  
(Section codes listed below)

#### Hamilton (Ages 3 & up) ..... HA01

(Assistance from a household member (age 16 or older) will be required in the water if the individual is not totally independent in water.)  
Tue, Jun 14-Aug 2, 7:00PM- 8:00PM  
\$32 Residents/\$48 Non-Residents

#### North Division (Ages 3 & up)..... NDO1

(Assistance from a household member (age 16 or older) will be required in the water if the individual is not totally independent in water.)  
Thu, Jun 16-Aug 4, 5:30PM- 6:30PM  
\$32 Residents/\$48 Non-Residents



### Culture Cafe

Culture Cafe has been a long time favorite cooking class and one you don't want to miss! Join us as we cook and enjoy delicious dishes from all over the world in addition to learning fun facts about the countries they originate from. An \$8 (cash only) supply fee is due at the first class. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 1RTR6605**  
(Section codes listed below)

#### Hamilton (Ages 10 & up) ..... HA01

Thu, Jun 23-Aug 4, 7:00PM- 8:30PM  
\$26 Residents/\$39 Non-Residents

### Diner's Club

Good friends and great food is what you'll find on Friday nights. We'll create a delicious dinner each Friday evening. Feel free to bring a favorite recipe to share and your appetite. An \$8 (cash only) supply fee is due at the first gathering. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 1RTR6606**  
(Section codes listed below)

#### OASIS (Ages 13 & up) ..... 5501

(No Program Friday, July 1, 2022)  
Fri, Jun 17-Aug 5, 5:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents

### Let's Get Moving

Like the title says "Let's Get Moving"! Each week we will be active and get some exercise while having fun! Wear comfortable clothing and shoes. No experience necessary. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 1RTR6611**  
(Section codes listed below)

#### Hamilton (Ages 10 & up) ..... HA01

Thu, Jun 23-Aug 4, 6:00PM- 7:00PM  
\$15 Residents/\$23 Non-Residents

### Moviers and Shakers

If you enjoy movies, music and friends, then join us. This program alternates between a large screen movie and a hip-hoppin' dance party. A \$2 (cash only) fee is due each week upon entry. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RTR6612**  
(Section codes listed below)

#### OASIS (Ages 13 & up) ..... 5501

(No program July 1, 2022.)  
Fri, Jun 17-Aug 5, 7:00PM- 9:00PM  
\$8 Residents/\$12 Non-Residents

# EVERYONE PLAYS!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation Guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Limited scholarships available. Apply today! Please call 414.475.8180 or visit [mkerec.net/scholarship](http://mkerec.net/scholarship) to learn more and complete our short application.

## Sunday Movie Madness

Love movies? So do we, so let's enjoy them together! On various Sundays, we will enjoy an afternoon matinee at South Shore Cinema, 7261 S.13th St., Oak Creek. You will be notified by mail of specific movies and times after registration. The one-time \$8 registration fee does not include the cost of the movie. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 1RTR6615**  
(Section codes listed below)

## South Shore Cinema (Ages 13 & up) ...VL01

(Movie dates: June 26, July 17, August 7. Participants will be required to wear masks only if it is a requirement of the theater.)

Sun, Jun 26-Aug 7, Time Varies  
\$8 Residents/\$12 Non-Residents



## Thursday Night Combo at Hamilton

Our Thursday Night Combo at Hamilton includes Let's Get Moving and Culture Cafe. An \$8 (cash only) supply fee is due to the instructor at the first class. Call 414.647.6065 for more information. This is a Therapeutic Recreation program for individuals with disabilities.

**Activity Code: 1RTR6618**  
(Section codes listed below)

## Hamilton (Ages 10 & up) ..... HA01

(Let's Get Moving & Culture Cafe.)  
Thu, Jun 23-Aug 4, 6:00PM- 8:30PM  
\$36 Residents/\$54 Non-Residents

## Wii Games

Have you tried Nintendo Wii, one of the most active and exciting video games around? We will spend the evening playing various Wii games. No experience is needed, just come ready to have fun!! Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 1RTR6621**  
(Section codes listed below)

## OASIS (Ages 8 & up) ..... 5501

Tue, Jun 21-Aug 2, 6:00PM- 8:00PM  
\$23 Residents/\$35 Non-Residents

## Friday Night Combo

Our Friday Night Combo includes Diner's Club and Moviers & Shakers. (\$8 cash fee due at first meeting for additional Diner's Club supplies and a cash fee of \$2 per week upon entry to Moviers & Shakers.) Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for Individuals with Disabilities.

**Activity Code: 1RTR6623**  
(Section codes listed below)

## OASIS (Ages 13 & up) ..... 5501

(No Program Friday, July 1, 2022.)  
Fri, Jun 17-Aug 5, 5:00PM- 9:00PM  
\$32 Residents/\$48 Non-Residents

## Scrap and Snack

Do you have photos at home waiting to be assembled in an album? We will show examples and help you create an artistic memory album. Supplies are included. Bring your favorite photos. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for Individuals with disabilities.

**Activity Code: 1RTR6624**  
(Section codes listed below)

## Hamilton (Ages 10 & up) ..... HA01

(Plus \$2 (cash) per week for additional supplies & snacks.)  
Wed, Jun 22-Aug 3, 6:00PM- 8:00PM  
\$29 Residents/\$44 Non-Residents

# Share Today. Shape Tomorrow.

## Mentor a child. Share your wisdom. Make a difference.

As a volunteer, your experience, abilities and skills can positively shape the lives of children in our community. The Social Development Commission is looking for older adults (55+) to volunteer one-on-one with elementary school children in Milwaukee Public Schools.

### Improve a child's life by:

- Tutoring in reading, math and other subjects
- Showing interest, encouragement and compassion
- Developing self-esteem

### Volunteers receive:

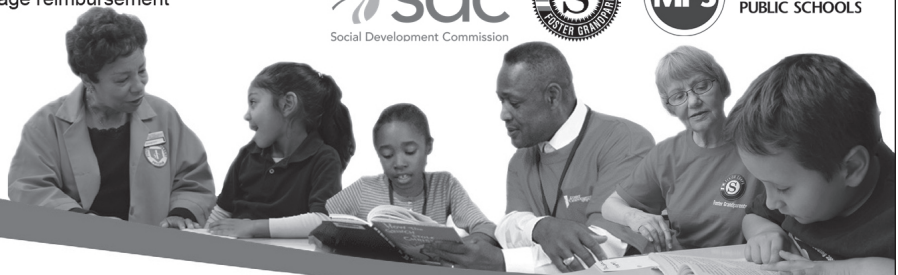
- Paid training
- Hourly stipend
- Mileage reimbursement

The Foster Grandparent Program serves Milwaukee Public Schools. When you volunteer, you leave a lasting legacy. Help a child create pathways to success.

For additional information about SDC's Foster Grandparent Program, please call **414.906.4608** or visit us at **cr-sdc.org**



**MILWAUKEE PUBLIC SCHOOLS**



Social Development Commission • 1730 W. North Avenue • Milwaukee, WI 53205 • 414.906.2700 • cr-sdc.org

Registration begins on April 28 • Please note, some class sizes will be limited. • mkerec.net

## Club Rec

Join Club Rec for a fun filled summer of exciting activities that include art, special events, physical education, games, and cooking. Free lunch is provided. The program is available to all students with disabilities and their siblings. Half-day Program, Monday - Friday, for Extended School Year (ESY) Students. ESY Students will attend the afternoon recreation program Monday through Friday following their morning (ESY) classes and transportation is provided for students to return home if they are enrolled in and bussed to ESY in the morning. Children must meet certain criteria to participate in ESY. ESY requires a separate registration form. See your classroom teacher for more information. Full-day program, Monday - Friday, for Non-ESY students. The morning will be geared toward education and community skills, while the afternoon is filled with recreation activities. Non-ESY students must provide their own transportation. Eligible for Early Bird Discount if sign up before May 14th at 12:00pm!! Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. ONLINE REGISTRATION IS NOT AVAILABLE. YOU MUST REGISTER IN PERSON AT THE OASIS COMMUNITY CENTER - 2414 W. MITCHELL ST.

**Activity Code: 1TR6625**  
(Section codes listed below)

### Clement Avenue (Ages 3-12).....CM01

(Fee listed is per week)  
Mon-Fri, Jun 27-Aug 5, 8:30AM- 4:00PM  
\$100 Residents/\$150 Non-Residents

### Gaenslen (Ages 3-12).....GS01

(Fee listed is per week)  
Mon-Fri, Jul 27-Jul 29, 8:30AM- 4:00PM  
\$100 Residents/\$150 Non-Residents

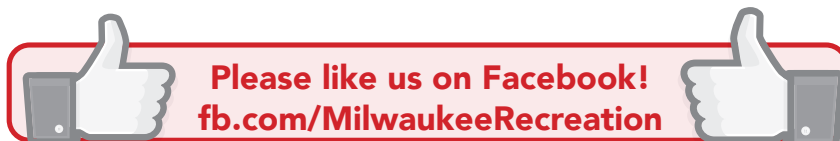
### Hamilton (Ages 12-21).....HA01

(Fee listed is per week)  
Mon-Fri, Jun 13-Jul 29, 8:30AM- 4:00PM  
\$100 Residents/\$150 Non-Residents

### Milwaukee Academy of Chinese

### Learning (Ages 3-12) .....MCO1

(Fee listed is per week)  
Mon-Fri, Jun 27-Aug 5, 8:30AM- 4:00PM  
\$100 Residents/\$150 Non-Residents





## TEAM MILWAUKEE SPECIAL OLYMPICS

**Team Milwaukee is a registered agency with Special Olympics Wisconsin**

This year-round sports program offers both adults and youth with intellectual disabilities the opportunity to learn and improve skills through training and competition in various sports. These programs will encourage participants to become more physically fit, socialize with others, and increase self-confidence. To participate in area/state Special Olympics competitions, individuals must be 8 years or older and have completed the required Special Olympics forms. Come join the fun!

### **Summer Season (May – August)**

Softball  
Tee Ball  
Bocce Ball

### **Fall Season (August – November)**

Flag Football  
Bowling  
Volleyball

### **Winter Season (December – March)**

Basketball  
Rhythmic Gymnastics

### **Spring Season (March – June)**

Track & Field  
Soccer  
Competitive Swimming

### **Year Round**

Strength Training

*Due to COVID-19, Team Milwaukee Special Olympics activities are constantly changing and evolving. Please contact Christine Cowan at [christine@mkerec.net](mailto:christine@mkerec.net) or call 414-647-3824 for more information and for the latest program offerings.*







# OASIS

## COMMUNITY CENTER

2414 W. Mitchell Street, Milwaukee, WI 53204

### ACTIVE OLDER ADULTS PROGRAM

Make your life more fulfilling by joining the Active Older Adults Program! The program provides active fitness, educational and recreational offerings for senior adults, fifty years and older. In addition to travel, classes, clubs and leagues, various services and volunteer opportunities are available. Activities are held indoors and outdoors, daytime, and some weekends.

### INCLUDED WITH OASIS MEMBERSHIP

Membership cards are available at the OASIS Senior Center for \$15 for city of Milwaukee residents and \$25 for non-residents. Membership fee is good for one year from purchase date.

<b>CHAIR YOGA</b>	<ul style="list-style-type: none"> <li>• Offered Monday, Wednesday, and Friday</li> <li>• Class Hours: 9:00am –10:00am</li> </ul>
<b>OUTDOOR EDUCATION CLASSES</b>	<ul style="list-style-type: none"> <li>• Offered on Thursdays - once a month</li> <li>• Class Hours: 12:15pm –1:45pm</li> </ul>
<b>COMPUTER LAB</b>	<ul style="list-style-type: none"> <li>• Offered Monday - Friday</li> <li>• Computer Lab Hours: 8:00am – 3:00pm</li> </ul>
<b>FITNESS CENTER</b>	<ul style="list-style-type: none"> <li>• Participants can register (in advance) for a 50-minute time slot in order to use the Fitness Center.</li> <li>• The time slots will start on the hour.</li> <li>• The Fitness Center will have a capacity limit of 3 people at a time.</li> <li>• Please call 414.647.6057 to check availability or schedule a time slot.</li> <li>• Fitness Center Hours: 8:00am – 3:00pm</li> </ul>

## Wisconsin Adaptive Sports Association

Not disABLED sports... wheelchair and adaptive sports!

WASA currently provides wheelchair and adaptive sports for those with physical and visual impairments to over 100 athletes from 6 to 60 years old. From the beginner to the Paralympian and everything in between WASA provides an outlet to be fit, active and healthy. Join us whether you just want to recreate locally or travel competitively, WASA has a place for you. Come join the FUN! – It's just a Different Pair of Shoes!

### To sign up contact:

Sam Gracz, CTRS  
Program Director  
Wisconsin Adaptive Sports Association, Inc.  
501(c)(3) tax exempt, nonprofit organization  
Phone: 414.430.6543  
Email: [sam@wasa.org](mailto:sam@wasa.org)      [www.wasa.org](http://www.wasa.org)



### JOIN US FOR THE 15<sup>th</sup> Annual Run Back to School

August 27<sup>th</sup> | Wick Playfield (4929 W Vliet Street)

One great event, multiple opportunities for family and school community team building! Participate in a **5k Fun Run** or a **1.5 Mile Walk**, followed by great activities.

*All event proceeds support youth recreation programs.*

IN PARTNERSHIP WITH



MILWAUKEE  
PUBLIC SCHOOLS



A department of MPS



**REGISTER NOW**

[mkerec.net/rbts](http://mkerec.net/rbts)

## ***Congratulations, Mike Dahl, on your retirement!***



Mike Dahl, Milwaukee Recreation's Facilities Manager, has retired after nearly 34 years with Milwaukee Public Schools.

Mike still vividly recalls his first day with MPS on Nov. 7, 1988 – working on the asphalt crew on the circle drive at Beulah Brinton Community Center. "I still remember the guys on the crew I worked with that day," Dahl said.

After seven years in the MPS ground shop, Mike became a Charge Person/ Crew Leader for the district in the Facilities & Maintenance department.

Eventually, he moved to Milwaukee Recreation as a groundskeeper in March 2011. Mike earned a promotion to Recreation Facilities Manager in April 2015, a post he held for the past seven years. As manager, Mike was responsible for the maintenance of over 50 recreation facilities (playfields, playgrounds, and community centers) throughout the city of Milwaukee. Mike retired on March 31, 2022.

"Mike has been a valued member of Milwaukee Recreation and MPS with the Facilities team," Brian Litzsey, Milwaukee Recreation's Assistant Director and Manager of Operation, said. "He always strived to serve the department and the district, and took the time to oversee a variety of

projects and fulfill countless special requests."

An avid fisherman, Mike is looking to spending more time fishing and hopping on his Harley for road trips as he enters retirement.

"The camaraderie was awesome here. There were great bosses and I enjoyed my job," Dahl said. "I appreciate everyone I have worked with. I couldn't imagine working anywhere else."

Congratulations, Mike, and good luck in retirement!



## Sign up to receive SMS texts from Milwaukee Recreation



In an effort to better serve you, Milwaukee Recreation is making it easier than ever to communicate important updates, activity cancellations, facility closings, and program changes!

As a patron of Milwaukee Recreation programs, you can now receive and reply to real-time text message notifications when these changes happen.



The opt-in process is simple! Just scan the QR code to login and choose your phone numbers. You will receive a confirmation message upon opting in.

You can opt-out at any time. For more information, contact us at 414.475.8180.

## Intro to Esports & IT

Esports Career Within Reach

Develop a broader understanding of esports and see if a career in esports IT is right for you.

- Networking in Esports
- Game Play
- PCs & Graphic Cards
- Consoles
- Computer Hardware
- Security
- Apps & Databases

Weekdays  
July 6 - July 26

8:00am - 1:00pm

Email, Call, or Scan to Enroll Now  
adiedrich@newhorizonswi.com  
(262) 292-2344



 **New Horizons**  
Learn What Earns

## Milwaukee County Senior Dining Program

For more information on grab and go locations, please call 414.289.6995.





**SUMMER 2022  
UNDER  
CONSTRUCTION**

WE ARE WORKING HARD  
TO MAKE OUR SITES  
BETTER FOR YOU!

**SAME GREAT RECREATION CLASSES,  
ALTERNATE SUMMER LOCATIONS**

THE FOLLOWING COMMUNITY CENTERS WILL BE **CLOSED** FOR SUMMER:

<b>MacDowell</b> (6415 W. Mt. Vernon Avenue)	<b>Riverside</b> (1615 E. Locust Street)	<b>Bryant</b> (8718 W. Thurston Avenue)
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THE FOLLOWING COMMUNITY CENTERS WILL REMAIN **OPEN** FOR SUMMER:

<b>Brinton</b> (2555 S. Bay Street)	<b>Gaenslen</b> (1250 E. Burleigh Street)	<b>Hamilton</b> (6215 W. Warnimont Avenue)	<b>Marshall</b> (4141 N. 64 <sup>th</sup> Street)
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 Recreation classes will return to all community centers in Fall 2022.  
Stay up to date at [mkerec.net/construction](https://mkerec.net/construction)

**MKE REC**  
A department of MPS



MILWAUKEE RECREATION PRESENTS:

**The 2<sup>nd</sup> Annual  
Family Drive-in Movie Day**

**Saturday, June 4<sup>th</sup>** (Rain Date - June 11<sup>th</sup>)

Join us for a family friendly drive-in movie experience like no other! Register to see one or multiple movies.

**Location:** Central Office (5225 W. Vliet St.).

**Snacks:** Popcorn and water will be provided!  
*Don't forget to pack additional snacks to enjoy during the film.*

**Entrance Fee:** \$20 per vehicle

Register and learn more at  
**[mkerec.net/movie](https://mkerec.net/movie)**  
Activity Code: 1RCE3331

**MKE REC**  
A department of MPS

To sign up, see page 2 • Centers are closed May 28 – 30, June 20, and July 4 • Masks/face coverings are optional.

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## ***A note from Milwaukee Recreation regarding COVID-19 scheduling and safety:***

**Schedule Changes:** Please note, compliance with COVID-19 regulations may result in schedule changes. We will communicate these as soon as possible. Thank you for your understanding.

**Your Safety is our Priority:** Please know we are taking the necessary precautions to ensure your safety while participating in Milwaukee Recreation programs. **The use of face masks or cloth face coverings is optional when inside Milwaukee Recreation facilities.** If you do not have a mask or face covering and would like one, they are available at program sites.

Specific information regarding registration policies can be found on page 2. In addition, some class sizes will be limited to maintain social distancing practices.

More information can be found at [mkerec.net](http://mkerec.net) or by calling (414) 475-8811. Thank you for understanding!

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## OUR MISSION, VISION, AND VALUES

### MISSION

To enrich and strengthen the community by promoting healthy lifestyles, personal development, and fun through memorable recreational and educational experiences for people of all ages and abilities.

### VISION

To be the leading provider of quality and affordable recreation services in the Milwaukee community.

### VALUES

The following are the core values that drive the work and interactions with the team and customers:



#### Equity

Ensuring access to recreation services for all.



#### Accountability

Taking individual and collective responsibility.



#### Memorable Experiences

Creating special, distinctive recreation experiences.



#### Professional Staff

Employing staff who possesses the core competencies of the department.



#### Quality Service Delivery

Exceeding customer expectations through responsive and respectful service delivery.



#### Sense of Community

Providing services that encourage personal connections and relationships.



#### Collaborations/ Partnerships

Fostering and maintaining partnerships with individuals and organizations that benefit the community



# SUMMER ACADEMY

Sun-sational Adventures, Activities, and Classes to Inspire Learning

Students  
Ks - Grade 12

**Early registration now open! Spots are limited – register today!**

For more information and to register, scan the QR code or visit [mps.mke.com/summeracademy](https://mps.mke.com/summeracademy) or call (414) 475-8238.



Scan me



## JOIN US FOR THE 15<sup>th</sup> Annual Run Back to School

**August 27<sup>th</sup> | Wick Playfield (4929 W Vliet Street)**

One great event, multiple opportunities for family and school community team building! Participate in a **5k Fun Run** or a **1.5 Mile Walk**, followed by great activities.

*All event proceeds support youth recreation programs.*

IN PARTNERSHIP WITH



MILWAUKEE  
PUBLIC SCHOOLS



**REGISTER NOW**  
[mkerec.net/rbts](https://mkerec.net/rbts)



Milwaukee Public Schools  
Recreation Department  
P.O. Box 2181  
Milwaukee, WI 53201-2181  
Dated Material

Non Profit Org.  
U.S. Postage

**PAID**  
Milwaukee, WI  
Permit No. 3240

ECRWSS

## RESIDENTIAL CUSTOMER



A department of MPS

## SUMMER 2022 Recreation Guide

Register online at [mkerec.net](http://mkerec.net). Call 414.475.8180 with any questions.

If you live in the city of Milwaukee and this booklet was NOT delivered directly to your mailbox, please visit [mkerec.net/mail](http://mkerec.net/mail) to complete our two-question mailing survey.

Para obtener ayuda en español: (414) 475-8180

Rohingya zuban ot modot ollá: (414) 475-8182

မြန်မာအတွက် အကူအညီ: (414) 475-8182

லாதீமலாலா கதிக்ரீனார்- (414) 475-8182

للمساعدة باللغة العربية: (414) 8182-475

Wixii caawin Af- Somali ah: (414) 475-8182

Xav tau kev pab hais ua lus Hmoob hu: (414) 475-8182