

Registration begins May 2, 2024 | Para ayuda en español: 414.475.8180

SUMMER

Recreation Guide



Activities for the entire community
YOUTH | TEENS | ADULTS | SENIORS

mkerec.net



A department of **MPS**

Milwaukee Recreation is ready for summertime fun!



We are delighted to provide you with a copy of the Summer 2024 Recreation Guide. On the pages that follow, you will find hundreds of activities designed to cater to every interest and age group. Hop on the bus and let us take you to Oakridge Farm for Dairy Farm Fun Day; explore more than three pages of free wellness programming; put your culinary skills to the test with our cooking classes; and dive into our refreshing swim lessons. Youth will have fun with Make Your Own Ice Cream, just one of our more than 150 hands-on activities providing growth, exploration, and fun.



Furthermore, we are excited to announce the reopening of our free summer playgrounds, starting June 20th. These vibrant hubs of activity offer young people from across Milwaukee a chance to engage in enriching activities and games, free meals, and embark on exciting weekly field trips. Additionally, families can beat the summer heat at our wading pools and splash pads, creating lasting memories while staying cool.

Finally, don't forget to mark your calendars for the much-anticipated MPS Run Back to School 5K fun run/1.5 mile walk, scheduled for August 24th. Stay tuned for more details soon available at mkerec.net/rbts.

With an abundance of enriching and affordable activities awaiting you, I encourage you to explore this guide and take advantage of the wonderful opportunities Milwaukee Recreation has to offer. We look forward to sharing the summer with you through our exciting and diverse programs.

Sincerely,

Dr. Keith P. Posley
Superintendent of Schools



JOIN US FOR THE ANNUAL **Run Back to School** August 24th

One great event, multiple opportunities for family and school community team building! Participate in a **5k Fun Run** or a **1.5 Mile Walk**, followed by great activities. Visit mkerec.net/rbts for location details.

Carrera Anual de Vuelta a Clases 24 de Agosto
¡Un increíble evento, diversas oportunidades para la familia y la formación de equipos en la comunidad escolar! Participa de una **Corrida divertida de 5 mil kilómetros** o de una **Caminata de 1.5 millas**, además de grandes actividades. Visite mkerec.net/rbts para obtener detalles sobre la ubicación.

LEARN MORE AT
mkerec.net/rbts
APRENDE MÁS



PRESENTED BY



MILWAUKEE
PUBLIC SCHOOLS



Table of Contents

1



**MILWAUKEE
PUBLIC SCHOOLS**

**This recreation guide is a
quarterly publication of
Milwaukee Recreation, a
department of MPS.**

Dr. Keith P. Posley
Superintendent of Schools

Lynn A. Greb, Senior Director
Milwaukee Recreation

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School Directors**

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2nd District

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3rd District

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Ways to Register	2
Registration Information	2
Registration Form.....	3
Inclusion Services Policy	4
Program Locations.....	5
Kindergarten Enrollment/ Everyone Plays!.....	6

Youth/Teen Activities.....	7-13
Arts & Crafts	7
Baking.....	8
Baton	8
Brinton Spots Camps.....	8
Cooking.....	8
Cycling & Bike Maint.....	8-9
Dance	9
Family Classes	10
Fitness	10
Mad Science	10
Music.....	10-11
Organized Games.....	11
Nature in Your Neighborhood..	12
Play Groups	12-13
Babysitting Certification	13
Science.....	13
Youth/Teen Sports.....	14-20
Basketball	14-15
Baseball.....	16
Cross Country.....	16
Golf.....	16
Gymnastics.....	17
Martial Arts	17
Soccer.....	18
Sports & Recreation.....	18
Softball	18
Tennis.....	18-19
Track	20
Volleyball.....	20

Milwaukee Recreation Summer Playgrounds.....	22-23
Driver Education.....	24-25
Milwaukee Recreation Twilight Centers.....	26
Outdoor Education	27-31
Aquatics	32-40
General Information	32
Level Information.....	33
General Swim Classes	34-35
Adult Swim	36
Aqua Fitness.....	36
ARC Training.....	37
Aqua Training	37
Adult Comp Swim	38
Youth Comp Swim	39
Aquatics Now Hiring	40
Community Wellness.....	41-43
Adult Enrichment	44-62
Weaving & Fiber Arts.....	44
Arts & Crafts	44-47
Cate's Cookery.....	47
Cooking	47-48
Cycling & Bike Maint.....	48
Dance	49
Fiber Arts.....	49
Finance	49
Fitness	50-55
Health & Wellness	55-56
Language Skills.....	56
Martial Arts	57
Music	57-58
Organized Games	58
Outdoor Education.....	58-59
Personal Skills.....	59

Active Older Adults	59-60
Health & Wellness.....	60
Special Events	60
Sports & Recreation	61
Golf.....	61
Basketball	62
Tennis.....	62
Adult Sports.....	63
Therapeutic Recreation	64-65
50+ Sports.....	66
OASIS Community Ctr	67
Team Milwaukee – Special Olympics.....	68
WI Adaptive Sports/ Información de Registro	69
Now Hiring/SDC	70
Everyone Plays!/ Senior Dining.....	71
Mission, Vision, Values	72

Para ayuda en español: 475-8180

Important Dates — See page 2 for details.

April 30	Driver Education registration begins 10AM
May 2	Priority registration for city of Milwaukee residents begins at 10AM
May 9	Non-city of Milwaukee residents' registration begins at 10AM.
June 10	Mail-in registration deadline.
June 10	Fax-in registration deadline. Fax registrations must be received by 4PM.

A NOTE REGARDING SUMMER 2024 REGISTRATION:

Registration will be available online, via phone, and in-person for the summer 2024 season. See page 2 for more details.

OUR MISSION:

To enrich and strengthen the community through memorable recreational and educational experiences for people of all ages and abilities.

OUR VISION:

To be the leading provider of high quality and affordable recreation and community services in Milwaukee.

Registration begins on May 2 • mkerec.net

Ways to Register

Priority registration is given to city of Milwaukee residents beginning **May 2, 2024 at 10AM**. Non-city of Milwaukee residents may register beginning **May 9, 2024 at 10AM** through the dates listed below. **Registration for Driver Education begins on Tuesday, April 30 at 10am.**

1. ONLINE REGISTRATION

Deadline: one week before your class begins.

Visit mkerec.net for the easiest way to sign up. If you're having trouble logging into your account, please do not create a new account. Instead, please call 414.475.8180 for assistance.

SAVE YOUR USERNAME AND PASSWORD HERE:

2. OVER-THE-PHONE REGISTRATION

Deadline: one week before your class begins.

1. Please call 414-475-8811 to inquire about registering for a class over the phone. Please have credit card information ready at the time of your call.

3. IN-PERSON REGISTRATION

Deadline: one week before your class begins.

You can now register in-person, as late as one week before your class begins. To guarantee a space, please register early. You may register in person at one of these offices:

1. Milwaukee Recreation Central Office: 5225 W Vliet St.

Hours: Mon - Fri, 8:15AM - 4:30PM

2. Citywide Programs Office: 2414 W Mitchell St.

Hours: Mon-Fri, 8:15AM - 4:30PM

4. FAX-IN REGISTRATION

Through Monday, June 10, 2024 at 4:00 PM

1. Fax completed form to: Milwaukee Recreation.

(414) 475-8183. Please include a return FAX number.

2. A credit card number (MasterCard or Visa only), expiration date, and signature are required on all forms.

5. MAIL-IN REGISTRATION

Registration must be received by Monday, June 10, 2024

1. Checks and credit card information will be accepted. **NO CASH via mail-in registration.**

2. Make check payable to: Milwaukee Recreation. Please **DO NOT** send cash via mail.

3. Mail to: Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181.

4. Active Older Adults: Mail to 2414 W. Mitchell St., 53204

Nondiscrimination Notice: It is the policy of the Milwaukee Public Schools, as required by section 118.13, Wisconsin Statutes, that no person will be denied admission to any public school or be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other program or activity because of the person's sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability. This policy also prohibits discrimination under related federal statutes, including Title VI of the Civil Rights Act of 1964 (race, color, and national origin), Title IX of the Education Amendments of 1972 (sex), and Section 504 of the Rehabilitation Act of 1973 (disability), and the Americans with Disabilities Act of 1990 (disability). The following individuals have been designated to handle inquiries regarding the non-discrimination policies: For section 118.13, Wisconsin Statutes, federal Title IX: Matthew Boswell, Director, Department of Student Services, Room 133, Milwaukee Public Schools, 5225 W. Vliet St., P.O. Box 2181, Milwaukee, Wisconsin, 53201-2181 (414) 475-8027. For section 504 of the Rehabilitation Act of 1973 (Section 504), federal Title II: J. Andy Woyte, Interim Section 504/ADA Coordinator, Department of Specialized Services, 6620 W. Capitol Dr., Milwaukee, WI, 53216, (414) 438-3677. ASL: (414) 438-3458

Important Registration Information

FOR YOUR SAFETY. Milwaukee Recreation facilities may require individuals to be scanned upon entry. All bags, coats and personal items entering the facility are also subject to search.

ENROLLMENT. Registrations will be processed in the order in which they are received. Enrollment is not guaranteed. We reserve the right to cancel classes because of low enrollment after a class has started and to close further enrollment when a class is filled. All participants must register and pay for classes prior to attending the first session.

DEADLINES. Registrations must be received before registration deadlines. No exceptions. Milwaukee Recreation is not responsible for delayed mail delivery, or unreadable or improperly transmitted faxes. No telephone registrations accepted.

CONFIRMATION. Activity confirmations will be mailed to the address listed on the registration form. If you register online, your confirmation will not be mailed; instead, you will be able to print your confirmation immediately.

REFUND POLICY. Information regarding our refund policy can be found online at www.mkerec.net/refund. Or, contact us at 414.475.8180 to receive a copy by mail.

INSURANCE. Milwaukee Recreation does not provide accident or hospital insurance for class participants. Participants should review their insurance policies for coverage.

FEES. Resident and non-resident fees are as listed under course offerings. Registration forms without the proper fee will be returned.

REDUCED ACTIVITY FEE (17 YEARS & UNDER). City of Milwaukee youth whose family is enrolled in FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and/or Foster Care may be eligible for reduced fees. Children's classes over \$10 are eligible for a \$5 discount. Children's classes \$30 and over are eligible for a \$10 discount. **Classes, field trips, special events, and admission fees that are not eligible for reduced fees are noted in the class description. MPS Students: The MPS student database is used to verify eligibility. Registrant must provide documentation with registration if eligibility cannot be confirmed. Non-MPS Students: Must provide eligibility documentation with registration. Our full policy including acceptable documentation can be found online at www.mkerec.net/reduced.

PAYMENT METHODS. Includes check, money order, credit/debit card (VISA/ MasterCard only), and cash (in-person registration only). Denied Credit/Debit Cards: Individuals whose credit/debit card has been denied will not be registered until an alternate form of payment is received. Returned Checks: Individuals whose checks are returned will no longer be registered for that class. Individuals must register again by paying with cash or money order and will be included in the class if space is still available. A \$20 returned check charge will be added to your class fees. Out-of-state checks will not be accepted.

PROGRAM ACCESSIBILITY: Reasonable accommodations are made for individuals to participate in Milwaukee Recreation programs. For more information on requesting a reasonable accommodation, please visit the Inclusion Services Policy on page 4 or call 414-475-8182

AMERICANS WITH DISABILITIES ACT: Milwaukee Recreation is committed in both policy and practice to enforce and implement all required provisions of the Americans with Disabilities Act. If you or your child need a reasonable accommodation to participate in a recreation program, your request may be made to any Milwaukee Recreation staff person. Upon reasonable notice, efforts will be made to accommodate your request.

A.H.E.R.A. REGULATION: Official Notice to Inform All MPS Parents and Employees about Asbestos Containing Materials Inside School Buildings is Hereby Given: According to the United States E.P.A., the A.H.E.R.A. Regulation requires annual notification to all employees and parents/guardians regarding asbestos containing materials inside school buildings. Management Plans specifying locations, condition, and past response actions of these materials are located in the respective engineer's office for each site and are available for review during normal school hours as required by A.H.E.R.A. In the ongoing program to safely maintain asbestos-containing materials, MPS conducts surveillances, and 3-year reinspections, and implements appropriate response actions. If interested parties have specific questions relating to the Milwaukee Public School District policy or the scheduling of asbestos related activities planned or in progress, please contact the MPS Environmental Services Department at 414.283.4626.

MILWAUKEE RECREATION CLASS/ACTIVITY REGISTRATION FORM

MAIN CONTACT

LAST NAME

FIRST NAME

MIDDLE INITIAL

DATE OF BIRTH

RECEIPT # (OFFICE USE ONLY)

ADDRESS

(NO PO BOX #s, PLEASE)

APT. #

CITY

ZIP CODE

PHONE ()

E-MAIL

CHECK BOX IF ADDRESS IS NEW

PERMISSION: I hereby grant permission for my child/myself to participate in the above-named Milwaukee Recreation event. In the event of any injury requiring medical attention, I hereby grant permission to the recreation staff (including volunteers) to attend to my son/daughter or myself including seeking medical attention.

WAIVER: I/we recognize that unanticipated situations and problems can arise during Recreation activities that are not reasonably within the control of the recreation staff (including volunteers). I/we therefore agree to release and hold harmless the Milwaukee Board of School Directors, its agents, officer, employees, and volunteers, from any and all liability, claims, suits, demands, judgments, costs, interest and expense (including attorneys' fees and costs) arising from such activities, including any accident or injury to myself or my child and the costs of medical services.

PHOTO PERMISSION/RELEASE: I understand that there are times when the local news media, national news media and/or nonprofit organizations partnering with Milwaukee Public Schools (MPS) request the opportunity to videotape, take photographs and/or interview participants within Milwaukee Recreation and MPS. By signing this, I understand that and give permission for MPS to allow this with respect to my child and/or myself. I also understand that by signing this release I give permission to MPS to make or use pictures, slides, digital images, or other reproductions of me, of my minor child or of materials owned by me or my child, and to put the finished pictures, slides, or images to use without compensation in broadcast productions, publications, on the Web, or other printed or electronic materials related to the role and function of the MPS. I understand that by signing this, I am, on behalf of myself and/or my child, releasing MPS and its directors, officers, employees and agents, from any future claims as well as from any liability arising from the use of any photograph or other images. This form shall be valid for the duration of the current Milwaukee Recreation program season.

I hereby certify that I have read and do understand the above information:

X
Signature required for all registrations

☐ CASH

☐ MONEY ORDER

☐ CHECK (#)

CHECKS PAYABLE TO MILWAUKEE RECREATION

CREDIT CARD #

EXP. DATE / /

CARDHOLDER NAME

SECURITY CODE:

PHONE NUMBER ()

SIGNATURE:

NEW: DEMOGRAPHIC INFORMATION (MAIN CONTACT)

1. Which race or ethnicity best describes you?

Hispanic/Latino (1) _____ Native Hawaiian or other Pacific Islander (5) _____

American Indian or Alaska Native (2) _____ White (6) _____

Asian (3) _____ Two or more races (7) _____

Black or African American (4) _____ Prefer not to answer (8) _____

2. Which of the following most accurately describes you?

Male (M) _____ Non-binary (N) _____

Female (F) _____ Prefer not to answer (P) _____

Transgender (T) _____

For each participant please record the corresponding letter and number in the "Demographic Information" column in the table below.

Activity Code	Section Code	Activity Name	Day	Time	Fee	First/Last Name	Demographic Information	DOB (Month/Day/Year)

Please sign this form at left, enclose total payment, and mail to Milwaukee Recreation PO Box 2181 Milwaukee, WI, 53201 or fax to 414.475.8183 before the advertised registration deadlines.

TOTAL FEES \$

REDUCED ACTIVITY FEE — \$

SCHOOL NAME:

Please check this box if you wish to donate \$1 to the Youth Program Fund. ☐ \$1 DONATION?

TOTAL PAYMENT DUE \$

REDUCED ACTIVITY FEE (17 YEARS & UNDER)

Families meeting financial guidelines may qualify for an activity discount. Children's classes over \$10 are eligible for a \$5 discount. Children's classes \$30 and over are eligible for a \$10 discount. Most field trips, special events, and admission fees are not eligible and are so noted in the class description. School-age youth whose family qualifies for one or more of the following program subsidies are eligible for the youth discount (where applicable): FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and Foster Care. The MPS student database will be used to verify participant eligibility. Non-MPS students must provide eligibility documentation with registration. Our full policy can be found online at www.mkerec.net/reduced.

☐ CHECK THIS BOX IF YOU ARE REQUESTING THE REDUCED ACTIVITY FEE FOR YOUR CHILD

MILWAUKEE RECREATION INCLUSION SERVICES POLICY

Milwaukee Recreation is committed to creating and promoting inclusion within all facilities and programs. Through the Inclusion Services Policy and supporting practices, we aim to ensure that everyone has access to the benefits of quality parks and recreation.

Milwaukee Recreation defines inclusion as the process of including all persons, regardless of their socioeconomic level, abilities, language, ethnic origin, sexual orientation or gender identification.

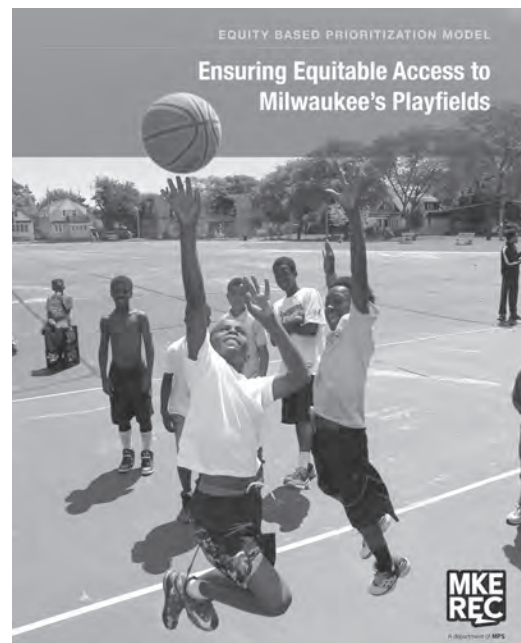
POLICY GOALS: The Inclusion Services Policy outlines Milwaukee Recreation's approach to ensuring inclusive environments and equitable opportunities for all community members in local parks and recreation.

THIS POLICY ENSURES THAT:

- Community members utilizing our facilities, programs and services have equitable and ability-appropriate access to programs and services regardless of ability, race, age, language, religion, country of origin, sexual orientation, or gender identity.
- Site staff, community partners and stakeholders engage in the support of all community members and promote inclusive behaviors both in park and recreation facilities and throughout the community in public spaces.
- Milwaukee Recreation establishes and maintains an organizational infrastructure for the management of the policy and its established goals and objectives.
- Milwaukee Recreation will continuously measure and improve inclusive practices.

We invite you to visit mkerec.net/inclusion to learn more about Milwaukee Recreation's efforts to support inclusive practices across all program areas including the Equity Based Prioritization Model for playfield improvements, professional development opportunities for staff, Everyone Plays! Scholarship Program, and the new process for requesting accommodations for Recreation classes.

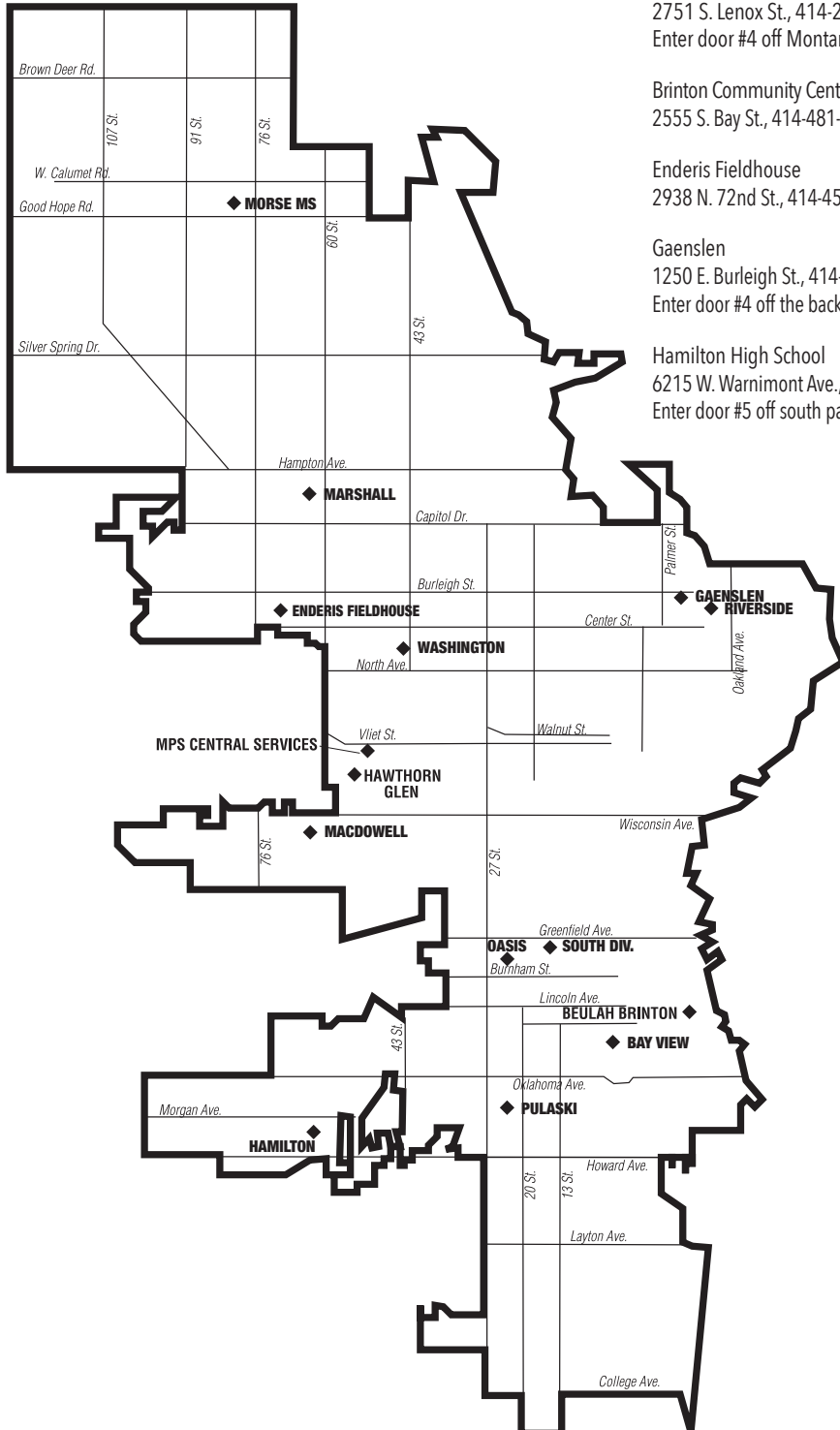
Need accommodations? Submit an ADA Accommodation Request electronically by visiting mkerec.net/inclusion and a member of the recreation team will contact you for further details.



EVERYONE PLAYS!



Please use the phone numbers listed only during recreation program hours at that location.



Bay View High School
2751 S. Lenox St., 414-294-2449
Enter door #4 off Montana St.

Brinton Community Center
2555 S. Bay St., 414-481-2494

Enderis Fieldhouse
2938 N. 72nd St., 414-453-6026

Gaenslen
1250 E. Burleigh St., 414-267-5734
Enter door #4 off the back parking lot

Hamilton High School
6215 W. Warnimont Ave., 414-327-9402
Enter door #5 off south parking lot

Hawthorn Glen
1130 N. 60th St., 414-777-7888

MacDowell Montessori
6415 W. Mt. Vernon Ave., 414-393-6100
Enter door #7 - N. 65th St.

Madison High School
8135 W. Florist Ave., 414-393-6154
Enter door #7 off south parking lot

Milwaukee Marshall High School
4141 N. 64th St., 414-393-2391
Enter door #10 from rear parking lot

Morse Middle School
6700 N. 80th St., 414-393-3500
Enter door off north parking lot

MPS Central Services
5225 W. Vliet St., 414-475-8180
Enter southwest door off rear parking lot

OASIS
2414 W. Mitchell St., 414-647-6041

Pulaski High School
2500 W. Oklahoma Ave., 414-902-8900

Riverside University High School
1615 E. Locust St., 414-906-4900

South Division High School
1515 W. Lapham Blvd., 414-902-8300

Washington High School
2525 N. Sherman Blvd., 414-875-6025
Enter main gym door on Sherman Blvd,
on the south end of the school.

KINDERGARTEN & HEAD START ENROLLMENT REGISTRATION

**Do you have a child turning 3, 4, or 5 by September 1, 2024?
Seats are still available.**

- Discover schools and programs that are best for your child
- Call about transportation and before/after-school care
- Schedule a tour to meet school leaders and teachers
- Learn about MPS family resources, careers, and more at mpsmke.com
- **Mark your calendar!** The first day of school is **Tuesday, September 3, 2024**

For more information, call (414) 475-8159.



MILWAUKEE
PUBLIC SCHOOLS

- K3, K4, K5, and Head Start
- Montessori and International Baccalaureate
- Arts and Music
- Special Education
- Bilingual and Beginner English
- Language Immersion

HEAD START

Visit mpsmke.com/headstart
for more information and to be contacted
by a Head Start specialist to register.



mpsmke.com/enrolltoday

EVERYONE PLAYS!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Scholarship applications for *Everyone Plays!* **are now open**. Each eligible child can be awarded one scholarship per year. **A limited number of scholarships are available. Early applications are encouraged.** Questions? Please call 414.475.8180. Visit mkerec.net/scholarship to learn more about this program. Thank you!

ARTS & CRAFTS

Abstract Creations Workshop

Using canvas, paper, acrylics and watercolors, students will engage in hands-on art projects using color placements, shapes and lines to create delightful art expressions. A \$10 (cash only) supply fee is due to the instructor at the start of class. Class fee in non-refundable.

Activity Code: 1RCE0914
(Section codes listed below)

Hamilton (Ages 8-12)..... HA01
Sat, Jun 22, 10:00AM-12:00PM
\$6 Residents/\$9 Non-Residents



Learn the Art of Abstract Painting

Abstract artist Melva will introduce students to using lines, shapes, acrylics and watercolors to create abstract paintings. Art projects focusing on a variety of abstract techniques allow self expression and creative confidence. A \$10 (cash only) supply fee is due to the instructor on the 1st day of class. Class fee in non-refundable.

Activity Code: 1RCE0916
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01
Sat, Jul 20-Jul 27, 10:00AM-12:00PM
\$10 Residents/\$15 Non-Residents

Paper Flowers

In this class we will start with the basic steps of paper folding and move onto advanced levels. Creating beautiful flowers made of various papers can bring spring close to people. Some examples of flowers you may create are carnations, golden bell flowers, irises, bellflowers, lilies, tulips and many more! There is an \$12 supply fee due to the instructor on the first day of class.

Activity Code: 1RCE0947
(Section codes listed below)

Hamilton (Ages 8-17)..... HA01
Mon-Thu, Jul 29-Aug 1, 5:30PM- 7:00PM
\$15 Residents/\$23 Non-Residents

Canvas Art

NEW This is a space for teens to come create unique canvas art pieces to take home. Participants will learn about color mixing, shapes, and detail. Explore the creative process, develop their artistic skills & experiment with a variety of art materials.

Activity Code: 1RCE0959
(Section codes listed below)

Milwaukee Marshall (Ages 14-17). MR01
Mon, Jun 24-Jul 15, 5:30PM- 7:30PM
\$19 Residents/\$29 Non-Residents

Julia's Kitchen

NEW Create ceramic objects to use for cooking. A mini bundt pan, a cupcake stand, an omelet cooker for the microwave, a juicer, or a garlic grater. Sculpt tiny food on tiny plates. Make a miniature tea pot with a sugar bowl and spoon. Too fussy? Make simple objects to use to eat tasty food. A plate with a design that is your own. Make a cup with your name on it! Be your kitchen's own Julia Child or Gordon Ramsey and make dishes to serve your awesome culinary creations.

Activity Code: 1RCE0960
(Section codes listed below)

Cream City Clay (Ages 6-9)..... CC01
Mon-Thu, Jun 17-Jun 20, 10:00AM-12:00PM
\$150 Residents/\$225 Non-Residents

Cream City Clay (Ages 10-14)..... CC02
Mon-Thu, Jun 17-Jun 20, 10:00AM-12:00PM
\$150 Residents/\$225 Non-Residents

Clay Camp: Animation Domination

NEW Find inspiration for your clay projects from your favorite new animated movies. You may love ninja fighting pandas, angry gorillas fighting dinosaurs, or animated feelings like joy or jealousy. Create sculptures and designs that you love. We will also create a Claymation stop motion video in small groups and then share our videos! This is a new class, so be sure to bring your ideas for characters and maybe some pictures to help with the details.

Activity Code: 1RCE0961
(Section codes listed below)

Cream City Clay (Ages 6-9)..... CC01
Mon-Thu, Jul 8-Jul 11, 10:00AM-12:00PM
\$150 Residents/\$225 Non-Residents

Cream City Clay (Ages 10-14)..... CC02
Mon-Thu, Jul 8-Jul 11, 10:00AM-12:00PM
\$150 Residents/\$225 Non-Residents

Lego Open Build

NEW Join us for Saturday open build! This is a great opportunity for family and friends to come together to enjoy some quality Lego time! Bring your Legos and HAVE FUN! Local Lego legend Nealita Nelson will be on hand to assist if necessary or simply enjoy the time with you.

Activity Code: 1RCE0962
(Section codes listed below)

Hamilton (Ages 3 & up) HA01
Mon, Jun 17-Jul 22, 5:30PM- 7:00PM
\$27 Residents/\$41 Non-Residents

Lego® Adventures

NEW Join us for a Lego® adventure! Local Lego® legend Nealita Nelson will be your guide to everything Lego® the history, the basics and, of course, the building through themed creations. Most importantly this may be the most fun class you've ever taken! There is an additional \$35 materials fee.

Activity Code: 1RCE0963
(Section codes listed below)

Hamilton HA01
Thu, Jun 20-Aug 1, 5:30PM- 7:00PM
\$21 Residents/\$32 Non-Residents

Candle Making

NEW What is more soothing and relaxing than enjoying a candle that you created? In this workshop, you will select your own scent, design and create your very own soy-wax candle to take home! Students will receive an overview of the candle making process provided by an experienced chandler. Workshop provided by Blossom Candle Co. Class fee includes supply costs and is non-refundable.

Activity Code: 1RCE0964
(Section codes listed below)

Hamilton (Ages 7-15)..... HA01
Sat, Jul 13, 10:00AM-11:30AM
\$25 Residents/\$38 Non-Residents

Riverside (Ages 7-15)..... RS01
Sat, Jun 29, 10:00AM-11:30AM
\$25 Residents/\$38 Non-Residents



BAKING

We All Scream for Ice Cream

In this class we will make homemade ice-cream using the best recipe ever, and its only four ingredients! Who needs an ice-cream machine when you can make it from scratch?!? Your little baker will learn how to make a common summer treat and put their own spin on it by flavoring it the way they want! Kids will be introduced to baking vocabulary, techniques, cooking tools, and kitchen safety. Class is taught by Geneva Byrd from Little Bakers Association. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 1RCE2501
(Section codes listed below)

Milwaukee Marshall (Ages 4-12)... MR01

Wed, Jul 10, 11:00AM-12:00PM
\$24 Residents/\$36 Non-Residents

Riverside (Ages 4-12)..... RS01

Thu, Jul 11, 11:00AM-12:00PM
\$24 Residents/\$36 Non-Residents



Signature Red Velvet Cookies

Your Little Bakers will have a blast as they prepare the BEST red velvet cookies ever. Our recipe produces a very soft and chewy cookie loaded with white chocolate chips! Students will be introduced to baking vocabulary, techniques, cooking tools, and kitchen safety. Class is taught by Geneva Byrd from Little Bakers Association. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 1RCE2507
(Section codes listed below)

Milwaukee Marshall (Ages 4-12)... MR01

Wed, Jun 26, 11:00AM-12:00PM
\$24 Residents/\$36 Non-Residents

Riverside (Ages 4-12)..... RS01

Thu, Jun 27, 11:00AM-12:00PM
\$24 Residents/\$36 Non-Residents

Cake Pops

Let your Little Baker craft delightful cake pops! Discover the ease and deliciousness of creating these treats. Learn baking vocabulary, techniques, and kitchen safety with Geneva Byrd from Little Bakers Association. Class fee, covering food cost, is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE2514
(Section codes listed below)

Milwaukee Marshall (Ages 4-12)... MR01

Wed, Jul 31, 11:00AM-12:00PM
\$24 Residents/\$36 Non-Residents

Riverside (Ages 4-12)..... RS01

Thu, Aug 1, 11:00AM-12:00PM
\$24 Residents/\$36 Non-Residents

BATON

Baton

Twirl your way to fun while you learn basic skills such as figure 8s, flat spins, pinwheels, and tosses. Coordinate your twirling with marching jumps, leaps, and dance steps. A baton is required and can be purchased from the instructor. Class taught by Marcy Blaufuss!

Activity Code: 1RCE2903
(Section codes listed below)

Beulah Brinton (Ages 5-17)..... BN01

Mon, Jun 24-Aug 12, 1:30PM-2:30PM
\$19 Residents/\$29 Non-Residents

BRINTON SPORTS CAMPS

Volleyball

This camp will improve your fundamentals and help develop skills and confidence that will allow you to take your game to the next level.

Activity Code: 1RCE8607
(Section codes listed below)

Beulah Brinton (Ages 7-10)..... BN01

Tue-Fri, Jul 9-Jul 12, 8:15AM-9:45AM
\$15 Residents/\$23 Non-Residents

Beulah Brinton (Ages 11-16)..... BN02

Tue-Fri, Jul 16-Jul 19, 8:15AM-9:45AM
\$15 Residents/\$23 Non-Residents



COOKING

Kids Cooking Camp

Does your child know how to cook the "Basics"? This class allows youth to learn how to make a variety of basic foods. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

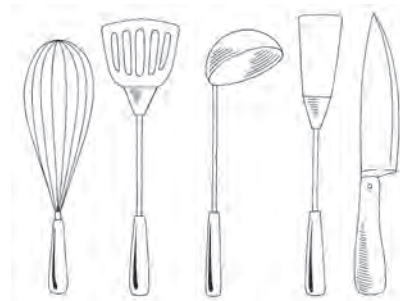
Activity Code: 1RCE1605
(Section codes listed below)

Riverside (Ages 6-8)..... RS01

(Appetizers, salads, side-dishes)
Sat, Jun 15, 10:00AM-12:00PM
\$16 Residents/\$24 Non-Residents

Riverside (Ages 9-12)..... RS02

(Main dishes, desserts)
Sat, Jun 22, 10:00AM-12:00PM
\$16 Residents/\$24 Non-Residents



CYCLING AND BIKE MAINTENANCE

Mountain Biking 101

Mountain Biking 101 will cover the basic skills needed to start enjoying the sport, including starting, stopping, navigating courses and trail locations. This course is designed to engage your child in a sport that is a safe, fun, healthy, and low-impact outdoor recreational activity. Participation is a recommended prerequisite to the upcoming Mountain Biking 201 where riders will have an opportunity to learn more advanced skills and race in the Wisconsin High School Cycling League. Participants are encouraged to bring their own bikes; however, bikes are available upon request in a limited capacity. Class fee is non-refundable.

Activity Code: 1RCE2803
(Section codes listed below)

Burbank Playfield (Ages 11-18) JU01

Tue/Thu, Jun 18-Aug 1, 4:30PM-6:30PM
\$25 Residents/\$25 Non-Residents

Cycling Celebration

This one day event will provide the participant an opportunity to actively learn about the different cycling disciplines in an "Try It" style event. There will be guest speakers that are Pro Cyclists that will be there to help kick off the event as well as several stations for the participants to test their cycling skill. We are encouraging beginners to experiences youth cyclists to attend this event. In addition to the skill stations, all participants will be escorted to the Tour of Americas Dairy Land Bay View race course and invited to take one lap to experience the thrill of professional cycling. After that thrilling opportunity, participants will be treated to an ice cream treat provided by a local vendor. This event is FREE to the participants. Please register early as the limited slots will fill up fast.

Activity Code: 1RCE2805
(Section codes listed below)

Beulah Brinton (Ages 12-18)..... BN01
Thu, Jun 20, 10:00AM- 1:00PM
FREE



Bike Maintenance with Billie

Learn essential bike maintenance skills for beginners in this class by Billie Myhra. Save time and money while ensuring safe rides. Topics include fixing a flat tire, a slipped chain, minor brake repair, and seasonal cleaning. Bring your bike. Youth and adult classes combined. Non-refundable class fee.

Activity Code: 1RCE2807
(Section codes listed below)

Hamilton (Ages 10-17)..... HA01
Sat, Jul 13, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

MacDowell (Ages 10-17)..... JU02
Sat, Jun 22, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

Riverside (Ages 10-17)..... RS03
Sat, Jul 20, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

DANCE

African Dance

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome.

Activity Code: 1RCE2901
(Section codes listed below)

Riverside (Ages 6-17)..... RS01
Sat, Jun 8-Jul 27, 1:00PM- 2:00PM
\$15 Residents/\$23 Non-Residents

Hip Hop

Break out of the boring routine and into freestyle dance! Learn hip hop grooves you've always wanted to, but never thought you could.

Activity Code: 1RCE2908
(Section codes listed below)

Hamilton (Ages 7-12)..... HA01
Mon, Jun 24-Jul 29, 6:00PM- 7:00PM
\$15 Residents/\$23 Non-Residents

Hamilton (Ages 7-12)..... HA02
Wed, Jun 26-Jul 31, 6:00PM- 7:00PM
\$15 Residents/\$23 Non-Residents

Pre-Ballet

Your child will be introduced to the basic posture and positions of ballet, while having fun with rhythm and creative movement. Ballet shoes and leotards are recommended.

Activity Code: 1RCE2911
(Section codes listed below)

Hamilton (Ages 4-6)..... HA02
Thu, Jun 20-Aug 1, 6:00PM- 7:00PM
\$15 Residents/\$23 Non-Residents

Hamilton (Ages 4-6)..... HA03
Tue, Jun 25-Jul 30, 6:00PM- 7:00PM
\$15 Residents/\$23 Non-Residents

Dance Sampler Camp

Do you want to learn many different dance styles and express yourself creatively through movement? In this camp, kids will concentrate and learn a different dance style each day including, African, Hip Hop, Soul and Caribbean. On the last day, the camp will conclude with a performance to show off new skills.

Activity Code: 1RCE2931
(Section codes listed below)

Riverside (Ages 6-14)..... RS01
Mon-Thu, Jul 15-Jul 18, 9:00AM-12:00PM
\$19 Residents/\$29 Non-Residents

Cheer Camp

NEW

Welcome to Cheer Summer Camp, where young athletes embark on an exciting journey into the world of cheerleading! Our camp is designed to introduce participants to the fundamentals of cheerleading while fostering teamwork, confidence, and athleticism in a fun and supportive environment.

Activity Code: 1RCE2943
(Section codes listed below)

Milwaukee Marshall (Ages 10-13)....MR01
Mon-Wed, Jun 24-Jul 10, 8:30AM-10:30AM
\$39 Residents/\$59 Non-Residents

Milwaukee Marshall (Ages 14-17)....MR02
Mon-Wed, Jun 24-Jul 10, 10:30AM-12:30PM
\$39 Residents/\$59 Non-Residents

Cheer/Dance Camp

NEW

Located in the heart of summer excitement, our camp offers a vibrant atmosphere buzzing with energy and enthusiasm. Throughout the duration of our camp, participants will engage in a variety of activities tailored to their skill level and age group. Our experienced coaches are dedicated to providing comprehensive instruction in cheerleading basics, ensuring that each camper develops a solid foundation in jumps and dance.

Activity Code: 1RCE2944
(Section codes listed below)

Milwaukee Marshall (Ages 10-13)....MR01
Mon-Wed, Jul 15-Jul 31, 10:30AM-12:30PM
\$39 Residents/\$59 Non-Residents

Milwaukee Marshall (Ages 14-17)....MR02
Mon-Wed, Jul 15-Jul 31, 10:30AM-12:30PM
\$39 Residents/\$59 Non-Residents

Summer Dance Camp

NEW

Not sure if your child wants to commit to regular dance lessons? Try it out with us for a few days. Students will learn two dance styles, stage etiquette and fun dance-based games. Students will put on a short performance on the last day.

Activity Code: 1RCE2945
(Section codes listed below)

Hamilton (Ages 7-12)..... HA01
Mon-Thu, Jul 8-Jul 11, 3:00PM- 5:00PM
\$19 Residents/\$29 Non-Residents



FAMILY CLASSES

Daddy Daughter Walk

July 7th, is National Father Daughter Take a Walk Day! Celebrate the day by taking a 2 mile walk by the beautiful lakefront and South Shore Park. Walk will start and end at Beulah Brinton.

Activity Code: 1RCE3302
(Section codes listed below)

Beulah Brinton (Ages 1 & up) BN01

Sun, Jul 7, 12:00PM- 1:30PM
FREE

FITNESS

Couch Potato to 5k

Ready to run a 5K? Join Couch Potato to 5K, a 6-week program for all fitness levels. The certified coach provides positive motivation. Bring running shoes, a towel, a water bottle, and a mat. Adults and youth combined. Start your exciting journey to your first 5K!

Activity Code: 1RCE3504
(Section codes listed below)

Hamilton (Ages 12-17)..... HA02

Wed, Jun 26-Aug 7, 6:15PM- 7:15PM
\$15 Residents/\$23 Non-Residents

MacDowell (Ages 12-17)..... JU03

Mon, Jun 24-Aug 5, 6:15PM- 7:15PM
\$15 Residents/\$23 Non-Residents

Riverside (Ages 12-17)..... RS03

Thu, Jun 27-Aug 8, 6:15PM- 7:15PM
\$15 Residents/\$23 Non-Residents

Running Speedwork-Youth

We will help you get faster and gear workouts to help you meet your goals, no matter if you are getting ready for Fall sports or want to break your PR in a 5K or marathon. Please bring a water bottle and exercise mat. This five-week class is taught by Marty Malin, a Certified Running Coach. Youth and Adult classes combined.

Activity Code: 1RCE3517
(Section codes listed below)

Hamilton (Ages 9-17)..... HA01

Wed, Jul 10-Aug 7, 5:30PM- 6:15PM
\$11 Residents/\$17 Non-Residents

MacDowell (Ages 9-17)..... JU03

Mon, Jul 8-Aug 5, 5:30PM- 6:15PM
\$11 Residents/\$17 Non-Residents

Riverside (Ages 9-17)..... RS03

Thu, Jul 11-Aug 8, 5:30PM- 6:15PM
\$11 Residents/\$17 Non-Residents

MAD SCIENCE

Mad Science Slime Time

Ooze into a gooey hour of sliming around! Create slime using the Mad Science recipe. Take home your own concoction of Mad Science slime. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE7615
(Section codes listed below)

Hamilton (Ages 5-12)..... HA01

Sat, Jul 13, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Mad Science NASA Academy of Future Space Explorers Camp

Mad Science has teamed up with NASA in a quest for exploration! We'll take a voyage of discovery into the atmosphere and beyond as we explore planets, moons, and other space phenomena in our solar system. Things will heat up as we examine the sun and other stars and discover the difficulties of space travel! Kids will get a firsthand experience of the challenges of living in space as they try to assemble a satellite while training to be an astronaut. Kids will love to build their own Mad Science Skyblazer Rocket and participate in a real "NASA" style rocket launch. Children should bring their own snack (no nut products please). Class Fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE7622
(Section codes listed below)

Beulah Brinton (Ages 5-12)..... BN01

Mon-Fri, Aug 19-Aug 23, 9:00AM- 1:00PM
\$250 Residents/\$375 Non-Residents

Mad Science Mineral Mania

Learn about the layers of the Earth, recreate a volcano, and devise ways to identify and classify rocks and minerals. They experience the thrill of panning for gems, which they can take home for further study and investigation. Class is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE7639
(Section codes listed below)

Riverside (Ages 5-12)..... RS01

Sat, Jun 29, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Mad Science Life in the Sea

NEW

What is life like under the ocean's surface? What kinds of animals and plants are found in the sea? Examine and investigate starfish, sea urchins and shells. Learn about buoyancy and adaptation. Take home an Anaglyph Sea Puzzle to continue the fun! Class is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE7640
(Section codes listed below)

Riverside (Ages 5-12)..... RS01

Sat, Jul 27, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Mad Science Underground Explorers!

NEW

Calling all Jr. Archaeologists and Paleontologists! Uncover the mysteries of ancient civilizations, explore the history of dinosaurs & dig up the ancient past! Learn about archaeology & the techniques scientists use to excavate long lost cities. Discover ancient civilizations & the tools and artifacts they used in everyday life. Kids will love to study bone fragments, pottery shards, amber deposits, and fossils! Camp is filled with cool take homes such as amber keychains, world coins, plaster hand cast and more!

Activity Code: 1RCE7644
(Section codes listed below)

Beulah Brinton (Ages 7-12)..... BN01

Mon-Thu, Aug 26-Aug 29, 9:00AM- 2:00PM
\$250 Residents/\$375 Non-Residents

MUSIC

Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Adult and Youth Classes are combined. Class is taught by Mr. D.

Activity Code: 1RCE4602
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

Fri, Jun 28-Aug 16, 7:15PM- 8:15PM
\$19 Residents/\$29 Non-Residents



Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Adult and Youth Classes are combined.

Activity Code: 1RCE4603
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01
Fri, Jun 28-Aug 16, 6:00PM- 7:00PM
\$19 Residents/\$29 Non-Residents

Guitar

Explore guitar fundamentals in this class covering basic chords, note reading, strumming techniques, and maintenance. Beginners focus on music and chord theory, while intermediate courses build repertoire and techniques for those with prior experience. Taught by Mr. D. Combined youth and adult classes. Bring your own guitar.

Activity Code: 1RCE4604
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01
Sat, Jun 29-Aug 17, 2:00PM- 3:30PM
\$27 Residents/\$41 Non-Residents

Hamilton (Ages 12-17)..... HA01
Thu, Jun 20-Aug 1, 6:00PM- 7:30PM
\$19 Residents/\$29 Non-Residents

Riverside (Ages 12-17)..... RS01
(Beg. - Semi-Private)
Mon, Jun 10-Jul 29, 6:30PM- 8:00PM
\$41 Residents/\$62 Non-Residents

Riverside (Ages 12-17)..... RS02
(Adv. - Semi Private)
Mon, Jun 10-Jul 29, 8:15PM- 9:15PM
\$37 Residents/\$56 Non-Residents

Piano

Beginner - Intro to keyboard, note reading, rhythm, and techniques. Intermediate - Elevate skills with keys, scales, chords, and melodies. Prior experience is required. Taught by Mr. D. No need to bring your own keyboard; youth and adult classes are combined.

Activity Code: 1RCE4606
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01
(Beg.)
Sat, Jun 29-Aug 17, 10:30AM-12:00PM
\$27 Residents/\$41 Non-Residents

Beulah Brinton (Ages 12-17)..... BN02
(Int.)
Sat, Jun 29-Aug 17, 12:15PM- 1:45PM
\$27 Residents/\$41 Non-Residents

Hamilton (Ages 12-17)..... HA01
Wed, Jun 26-Jul 31, 6:00PM- 7:30PM
\$19 Residents/\$29 Non-Residents



Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Class is combined with adult class.

Activity Code: 1RCE4607
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01
Sat, Jun 29-Aug 17, 4:00PM- 6:00PM
\$35 Residents/\$53 Non-Residents

Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Adult and Youth Classes are combined.

Activity Code: 1RCE4609
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01
Thu, Jun 20-Aug 1, 7:45PM- 8:45PM
\$16 Residents/\$24 Non-Residents

Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Bring your own harmonica. Adult and Youth Classes are combined.

Activity Code: 1RCE4611
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01
Tue, Jun 18-Jul 30, 6:00PM- 7:00PM
\$19 Residents/\$29 Non-Residents

Ukulele For You

This class is for anyone interested in learning to play the ukulele along with those who want to expand their ukulele repertoire. Our "music master" Mr. D., will teach you basic chords and strums and comfortably guide you into select musical genres. Grab a uke or dust off the one in your closet and join us!

Activity Code: 1RCE4620
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01
Wed, Jun 26-Aug 7, 7:45PM- 8:45PM
\$16 Residents/\$24 Non-Residents

Music Camp 101

NEW

This course is for beginning youth voice and piano students interested in sharpening their gifts of music. Come and learn vocal and piano skills in a fun way through a new type of learning experience. Classes will include beginning, intermediate, and/or advanced level vocal training tailored to each student through retention, sight reading, and other musical learning methods. Students will learn the fundamentals of music and tap into their own musical creativity!

Activity Code: 1RCE4621
(Section codes listed below)

Milwaukee Marshall (Ages 13-17).MR01
Mon-Thu, Jun 24-Jul 25, 10:00AM-12:00PM
\$80 Residents/\$120 Non-Residents

ORGANIZED GAMES

Chess Camp

This camp is for those new to chess or with ratings less than 800 who want to improve their chess skills. Students will work on opening game strategies and tactics. Focus on chess fundamentals including opening strategy, the 5 basic checkmates, and tactics such as Forks, Pins and Discovered Check. Students will experience a balance of chess play and instruction. Students should bring lunch, snack, and water bottle. Camp taught by the Wisconsin Scholastic Chess Federation.

Activity Code: 1RCE4904
(Section codes listed below)

Riverside (Ages 7-14)..... RS01
Mon-Wed, Jul 1-Jul 3, 9:00AM- 2:30PM
\$70 Residents/\$105 Non-Residents



NATURE IN YOUR NEIGHBORHOOD

Decomposers

Does the thought of bugs make you squirm? Learn about the mysterious creatures who hide under logs! Find the truth about why we need these bugs for our earth to survive. Adult must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P124702
(Section codes listed below)

Riverside (Ages 3 & up)..... RS01

Thu, Jul 11, 6:00PM- 7:00PM
\$4 Residents/\$6 Non-Residents

Recycled Music

NEW

Does your child love music and value caring for our planet? We'll create music using recycled materials and learn more ways to have fun while caring for the Earth! Adult must register, pay and attend with child. Fee is per person. Class is non-refundable and not eligible for reduced fees.

Activity Code: 1P124703
(Section codes listed below)

Hamilton (Ages 5-17)..... HA01

Thu, Jun 13, 6:00PM- 7:00PM
\$4 Residents/\$6 Non-Residents

Ants

NEW

One animal that you can always count on spotting in nature: ants! Find some ants in nature, learn what makes these creatures so unique and make a craft to take home during this program. Adult must register, pay and attend with child. Fee is per person. Class is non-refundable and not eligible for reduced fees.

Activity Code: 1P124704
(Section codes listed below)

Beulah Brinton (Ages 5-17)..... BN01

Tue, Aug 6, 6:00PM- 7:00PM
\$4 Residents/\$6 Non-Residents

Cicada Serenade

NEW

What's that sound? Do you hear a high pitched buzzing but don't know what it is or where it's coming from? Is it bug-ging you? It's the singing cicadas! Join bug enthusiast Omakayas in learning about these noisy bugs with an activity and a craft.

Activity Code: 1RCE5001
(Section codes listed below)

Hamilton (Ages 5-12)..... BN01

Sat, July 27, 10:00AM- 11:00AM
\$4 Residents/\$6 Non-Residents

Traveling Tales for Tots

This nature tale time includes a story, craft, outdoor exploration, and a visit from an education ambassador animal. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P124724
(Section codes listed below)

Beulah Brinton (Ages 3 & up)..... BN01

("The Trouble with Dragons," by Debi Gliori)
Thu, Jul 25, 2:45PM- 3:45PM
\$4 Residents/\$6 Non-Residents

Hamilton (Ages 3 & up)..... HA01

("Where Once There Was a Wood," Denise Fleming)
Mon, Aug 5, 6:00PM- 7:00PM
\$4 Residents/\$6 Non-Residents

Riverside (Ages 3 & up)..... RS01

("Cardinal & Sunflower," by James Preller)
Tue, Jun 25, 6:00PM- 7:00PM
\$4 Residents/\$6 Non-Residents

PLAY GROUPS

Sporty Sprouts

Children will explore a new sport each week. Sports include soccer, basketball, kickball, bowling, and more!

Activity Code: 1RCE5516
(Section codes listed below)

Beulah Brinton (Ages 1.5-4)..... BN01

Tue, Jul 9-Aug 27, 10:00AM-10:45AM
\$15 Residents/\$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN02

Wed, Jul 10-Aug 28, 11:00AM-11:45AM
\$15 Residents/\$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN03

Thu, Jul 11-Aug 29, 10:00AM-10:45AM
\$15 Residents/\$23 Non-Residents

Sensory Social

Structured for children with sensory challenges and neurodivergence, this class offers a predictable social experience. Visual schedules, a fun routine, and a supportive instructor create an engaging environment. Parents can stay and support their child initially, working with the instructor on a phased-out plan. Weekly themes, stories, activities, and sensory input provided. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE5517
(Section codes listed below)

Beulah Brinton (Ages 1.5-4)..... BN01

Wed, Jul 10-Aug 28, 12:00PM-12:30PM
\$10 Residents/\$15 Non-Residents

Regulation Station

Join the energy buster train! First stop: Regulation Station! Engage in fun and healthy activities to release stored-up energy after a long day. Sports, obstacle courses, and physical challenges aid sensory regulation. Wear sneakers, and comfortable clothing, and bring water for an active transition.

Activity Code: 1RCE5518
(Section codes listed below)

Beulah Brinton (Ages 1.5-4)..... BN01

Tue, Jul 9-Aug 27, 4:00PM- 4:45PM
\$15 Residents/\$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN02

Thu, Jul 11-Aug 29, 4:00PM- 4:45PM
\$15 Residents/\$23 Non-Residents

Heavy Work Like Hulk

Kids will get a huge dose of heavy input like carrying weights, pushing and pulling heavy things, etc. There will be challenges to complete each week while getting the input they need. A parent/guardian must stay.

Activity Code: 1RCE5519
(Section codes listed below)

Beulah Brinton (Ages 4-7)..... BN01

Tue, Jul 9-Aug 27, 5:00PM- 5:45PM
\$15 Residents/\$23 Non-Residents

Beulah Brinton (Ages 7-11)..... BN02

Thu, Jul 11-Aug 29, 5:00PM- 5:45PM
\$15 Residents/\$23 Non-Residents

Read and Play

NEW

This is a two-hour daily program designed with parents in mind. Your child's instructor has over fifteen years of experience teaching children to love reading. If your child already loves reading or struggles to pick up a book, this course is for you. Everyday, your child will have fun listening to and reading an amazing children's novel. They will engage in purposeful play to work out all that summer energy.

Activity Code: 1RCE5521
(Section codes listed below)

Milwaukee Marshall (Ages 8-10)...MR01

(The Tale of Despereaux)
Mon-Thu, Jun 24-Jul 3, 10:00AM-12:00PM
\$39 Residents/\$59 Non-Residents

Milwaukee Marshall (Ages 8-10)...MR02

(One Crazy Summer)
Mon-Thu, Jul 8-Jul 18, 10:00AM-12:00PM
\$39 Residents/\$59 Non-Residents

Milwaukee Marshall (Ages 8-10)...MR03

(Pinocchio (Dover Classic))
Mon-Thu, Jul 22-Aug 1, 10:00AM-12:00PM
\$39 Residents/\$59 Non-Residents

Tot Time

Each class will be unique and different. Who knows what we'll do? All we know is we're going to have a great time! Story time, dance and movement, games, art, and more! Let's see what Ms. Aimee has in store!

Activity Code: 1RCE2302
(Section codes listed below)

Beulah Brinton (Ages 1.5-4)..... BN01
Mon, Jul 8-Aug 26, 9:00AM-9:45AM
\$15 Residents/\$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN02
Tue, Jul 9-Aug 27, 11:00AM-11:45AM
\$15 Residents/\$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN03
Wed, Jul 10-Aug 28, 10:00AM-10:45AM
\$15 Residents/\$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN04
Thu, Jul 11-Aug 29, 11:00AM-11:45AM
\$15 Residents/\$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN05
Fri, Jul 12-Aug 30, 10:00AM-10:45AM
\$15 Residents/\$23 Non-Residents

Thomas and Friends

Chooo Chooo, all aboard! Each class will start with a Thomas and Friends story that will lead to cooperative train play, which includes building tracks, decorating props, and more!

Activity Code: 1RCE2303
(Section codes listed below)

Beulah Brinton (Ages 1.5-4)..... BN01
Mon, Jul 8-Aug 26, 11:00AM-11:45AM
\$19 Residents/\$19 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN02
Fri, Jul 12-Aug 30, 9:00AM-9:45AM
\$15 Residents/\$23 Non-Residents



Fidgety Foodies

We will explore and taste test different ingredients while preparing simple treats. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 1RCE2304
(Section codes listed below)

Beulah Brinton (Ages 1.5-4)..... BN01
Mon, Jul 8-Aug 26, 10:00AM-10:45AM
\$22 Residents/\$33 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN02
Fri, Jul 12-Aug 30, 11:00AM-11:45AM
\$22 Residents/\$33 Non-Residents

RED CROSS BABYSITTING CERTIFICATION

Babysitting Workshop

Ages 11 & up. Receive American Red Cross certification for babysitting. Learn basic First Aid, reacting to stressful situations, creative play techniques, proper nutrition and more. Not eligible for reduced fees. Refund request must be received one week prior to the start of class.

Activity Code: 1RCE5601
(Section codes listed below)

Hamilton (Ages 11-17)..... HA03
Sat, Jul 20, 8:30AM-4:00PM
\$100 Residents/\$150 Non-Residents

MacDowell (Ages 11-17)..... JU02
Sat, Jul 13, 8:30AM-4:00PM
\$100 Residents/\$150 Non-Residents

Riverside (Ages 11-17)..... RS01
Sat, Jun 22, 8:30AM-4:00PM
\$100 Residents/\$150 Non-Residents



SCIENCE

Discover Archaeology

Is your child intrigued by archaeology? Explore science, stone tools, and hands-on activities. Tasks include drawing, artifact sorting, and identifying tools. Taught by a stone tools archaeologist, with a flintknapping demo. Class fee covers safety glasses and materials

Activity Code: 1RCE5809
(Section codes listed below)

Hamilton (Ages 7-14)..... HA01
Sat, Jul 27, 11:00AM-12:00PM
\$8 Residents/\$12 Non-Residents

Riverside (Ages 7-14)..... RS01
Sat, Aug 3, 11:00AM-12:00PM
\$8 Residents/\$12 Non-Residents



Dates

Chat with Bader

Bader Philanthropies
3300 N. Dr. Martin Luther King, Jr. Drive

- **June 6:** 5 PM - 7 PM
- **July 11:** 5 PM - 7 PM
- **August 15:** Noon - 2 PM

Juneteenth Parade & Street Festival

Harambee Neighborhood
Between Center and Concordia

- **June 19:** 9 AM - 5 PM

Health Fair

Clinton Rose Park
3045 N. Dr. Martin Luther King, Jr. Drive

- **August 3:** 8 AM - 4 PM

Summer BBQ

Bader Philanthropies
3300 N. Dr. Martin Luther King, Jr. Drive

- **July 25:** 4:30 PM - 6:30 PM

Summer Cultural Concert Series

Clinton Rose Park
3045 N. Dr. Martin Luther King, Jr. Drive

- **June 22-August 31:** Every Saturday, 2 PM - 6 PM

BASKETBALL

Mighty Mite Basketball

Not your typical intro to basketball! Your child will enjoy learning skills like dribbling, passing, lateral foot movement, and shooting on a 4-foot hoop. A fun introduction to the great game of basketball in a lively environment.

Activity Code: 1RCE1101
(Section codes listed below)

Hamilton (Ages 3-4)..... HA01

Sat, Jun 15-Jul 27, 12:00PM-12:45PM
\$15 Residents/\$23 Non-Residents

MacDowell (Ages 3-4)..... JU01

(Not eligible for reduced fees)
Sat, Jun 15-Jul 27, 9:00AM-9:30AM
\$9 Residents/\$14 Non-Residents

Milwaukee Marshall (Ages 3-4)..... MR01

(Not eligible for reduced fees)
Sat, Jun 22-Aug 3, 10:00AM-10:30AM
\$8 Residents/\$12 Non-Residents

Riverside (Ages 3-4)..... RS01

(Not eligible for reduced fees)
Sat, Jun 8-Jul 27, 12:45PM-1:20PM
\$10 Residents/\$15 Non-Residents



B.I.G. Basketball

In this program, participants will learn the fundamentals of basketball, including dribbling, passing, shooting, rebounding, rules, and how the game is played. Combine all of these components with team play for a fun and exciting experience.

Activity Code: 1RCE1102
(Section codes listed below)

Hamilton (Ages 7-9)..... HA01

Sat, Jun 15-Jul 27, 9:30AM-10:30AM
\$15 Residents/\$23 Non-Residents

MacDowell (Ages 7-9)..... JU01

Sat, Jun 15-Jul 27, 10:30AM-11:30AM
\$16 Residents/\$24 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR01

Sat, Jun 22-Aug 3, 11:40AM-12:40PM
\$15 Residents/\$23 Non-Residents

Riverside (Ages 7-9)..... RS01

Sat, Jun 8-Jul 27, 2:25PM-3:20PM
\$19 Residents/\$29 Non-Residents



READING TO US HELPS US LEARN.

MIGHTY SMALL MOMENTS IS A MOVEMENT TO EDUCATE MILWAUKEE FAMILIES ABOUT BRAIN DEVELOPMENT AND INSPIRE THEM TO SEE EVEN BRIEF MOMENTS AS OPPORTUNITIES TO HELP THEIR CHILDREN GROW.

GET ACCESS TO FREE LOCAL MIGHTY SMALL MOMENTS EVENTS, LEARNING TOOLS, PARENT RESOURCES AND MORE AT MKE4KIDS.COM

THIS INITIATIVE IS BROUGHT TO YOU BY:

To sign up, see page 2 • Centers are closed May 25 – 27, June 19, and July 4.

Bitty Basketball

Experience big fun in Bitty Basketball! Learn basketball rules and fundamentals like shooting, dribbling, and passing. Hands-on practice with mini basketballs and lower hoops (6 & 8 feet).

Activity Code: 1RCE1103
(Section codes listed below)

Hamilton (Ages 5-6)..... HA01

Sat, Jun 15-Jul 27, 8:30AM- 9:15AM
\$15 Residents/\$23 Non-Residents

MacDowell (Ages 5-6)..... JU01

Sat, Jun 15-Jul 27, 9:30AM-10:15AM
\$14 Residents/\$21 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR01

Sat, Jun 22-Aug 3, 12:50PM- 1:35PM
\$12 Residents/\$18 Non-Residents

Riverside (Ages 5-6)..... RS01

Sat, Jun 8-Jul 27, 1:25PM- 2:20PM
\$15 Residents/\$23 Non-Residents

Basketball Shooters Camp

Do you want to be a more consistent shooter? This camp is designed to improve your shot by providing instruction for better footwork, a quicker release and proper stance when shooting the basketball. Campers will be introduced to a variety of shooting techniques, including shooting off the dribble, pull up jumpers and when and how to use the backboard.

Activity Code: 1RCE1107
(Section codes listed below)

Riverside (Ages 11-14)..... RS03

(Girls Only Camp)
Tue-Fri, Jun 18-Jun 21, 9:00AM-11:30AM
\$15 Residents/\$23 Non-Residents

Riverside (Ages 8-11)..... RS01

Mon-Thu, Jun 24-Jun 27, 9:00AM-11:30AM
\$15 Residents/\$23 Non-Residents

Riverside (Ages 5-7)..... RS04

Mon-Thu, Jul 8-Jul 11, 9:00AM-11:30AM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 8-11)..... RS05

Mon-Thu, Jul 15-Jul 18, 9:00AM-11:30AM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 12-15)..... RS06

Mon-Thu, Jul 22-Jul 25, 9:00AM-11:30AM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 5-7)..... RS02

Mon-Thu, Jul 29-Aug 1, 9:00AM-11:30AM
\$15 Residents/\$23 Non-Residents

Developmental Basketball for Teens

NEW

This advanced class is designed for Teens who have a solid foundation in basketball and wish to improve to the next level.

Activity Code: 1RCE1109
(Section codes listed below)

Milwaukee Marshall (Ages 15-17).MR01

Tue/Thu, Jun 25-Jul 25, 6:00PM- 7:30PM
\$27 Residents/\$41 Non-Residents

All-American Basketball

This advanced class is designed for children who have a solid foundation in basketball and wish to improve to the next level.

Activity Code: 1RCE1106
(Section codes listed below)

Hamilton (Ages 10-12)..... HA01

Sat, Jun 15-Jul 27, 10:45AM-11:45AM
\$15 Residents/\$23 Non-Residents

Milwaukee Marshall (Ages 10-12).MR01

Sat, Jun 22-Aug 3, 10:40AM-11:25AM
\$15 Residents/\$23 Non-Residents



Coed Basketball Skills Camp

The Youth Sports Office is pleased to offer a series of Coed Summer Basketball Camps in partnership with the Rufus King HS Girls Basketball program (Head Coach Anthony Young) at the MSOE Kern Center (1245 N. Broadway, Milwaukee, WI 53202), for students in 1st-8th grade (Ages 7-14). Participants will be separated by age groups, and introduced to the proper rules and techniques associated with the game of basketball in a controlled setting. Emphasis will be placed on participation, development of basketball skills, sportsmanship, and teamwork. All skill levels are welcome. Athletic attire, and basketball shoes are strongly recommended. No extra equipment needed. Participants are encouraged to bring their own water bottle and sweat towel if possible. Please note that there will be one (1) Friday camp session on 6/28. Please call 414.475.8410 for more information.

Activity Code: 1RYS1104
(Section codes listed below)

MSOE Kern Center (Ages 7-14).... RC01

Tue/Thu, Jun 18-Jun 27, 10:00AM-12:00PM
\$18 Residents/\$27 Non-Residents

WE'RE NOT THE ONLY TEAM OUR PLAYERS PLAY FOR.

Each year, the Brewers' players, coaches and entire organization contribute millions of dollars to hundreds of Wisconsin nonprofits – improving the health, education, recreational opportunities and overall well-being of children and families in our communities. Please join us in going to bat for these worthwhile causes. Because creating a happier, healthier environment for all is definitely a team effort.



HEALTH



RECREATION



EDUCATION



BASIC NEEDS

brewers.com/bcf

BASEBALL

Gold Glove T-Ball Instruction League & Play

Learn the fundamentals of batting, fielding, base running, throwing, and team work. Participants will develop their skills through instructional league play. A minimum of two (2) VOLUNTEER PARENT COACHES are required per team. All parents interested in the role of VOLUNTEER PARENT COACH should contact the Youth Sports Office at 414.475.8410 to complete the online volunteer coaching application and mandatory background check prior to the scheduled organizational day meeting. Teams will be formed at the organizational day meeting (Session #1). All participants will receive a team shirt, cap, and participation medal. Fee based on one hour of activity per session. Please note that there will be no classes on 6/19 and 7/1 - 7/5.

Activity Code: 1RYS1001
(Section codes listed below)

Enderis Playfield (Ages 4-6)..... EF01
(Organizational Meeting - June 13)
Tue/Thu, Jun 13-Jul 23, 6:00PM- 8:00PM
\$29 Residents/\$44 Non-Residents

Juneau Playfield (Ages 4-6)JF01
(Organizational Meeting - June 8)
Sat, Jun 8-Jul 27, 10:00AM- 1:00PM
\$23 Residents/\$35 Non-Residents

Sijan Playfield (Ages 4-6)JS01
(Organizational Meeting - June 12)
Mon/Wed, Jun 12-Jul 22, 6:00PM- 8:00PM
\$29 Residents/\$44 Non-Residents

CROSS COUNTRY

Cross Country Skills Camp and Fun Run

The Youth Sports Office is pleased to offer a 7-session Coed Summer Cross Country Camp series in partnership with the Milwaukee School of Languages HS Cross Country program, for students in 5th-8th grade. Participants will be introduced to the proper rules and techniques associated with long distance running. Emphasis will be placed on drills, activities, and course running to assist runners in developing the correct footwork, body posture, starting stance, endurance, and warm-ups/cool-downs routines. All skill levels are welcome. Athletic attire, and running shoes are strongly recommended. Participants are encouraged to bring their own water bottle and sweat towel if possible. The 7-sessions will be followed by a Fun Run on Saturday 7/24 (3 Races: 500m, 1000m, and 3K). Camp participants will gain free entry to the scheduled Fun Run. Please call 414.475.8410 for more information.

Activity Code: 1RYS8901
(Section codes listed below)

Madison Park -
Milw. County Parks (Ages 11-14)..... RC01
Mon-Wed, Jul 8-Jul 22, 10:00AM-12:00PM
\$36 Residents/\$54 Non-Residents

Madison Park -
Milw. County Parks (Ages 5-14)..... RC02
Sat, Jul 27, 10:00AM- 1:00PM
\$6 Residents/\$9 Non-Residents

GOLF

Get in the Swing

Get in the Swing is a camp for beginners and avid youth golfers alike. Participants will learn fundamentals from general rules and etiquette to proper stance and how to hold a club. This camp is a great way to build a solid foundation in the sport. Golfers need to bring their own clubs.

Activity Code: 1RCE3801
(Section codes listed below)

Milwaukee Marshall (Ages 8-17)...MR01
Sat, Jun 22-Aug 3, 2:00PM- 3:00PM
\$15 Residents/\$23 Non-Residents





MAKE THIS SUMMER MEMORABLE

HAVE FUN | MAKE FRIENDS | ENJOY NATURE

MPS students currently enrolled in **grades 4-8** as of the 2023-24 school year are eligible to attend **FREE Overnight Camp** this summer! Spaces are limited.

Please visit mkerec.net/overnightcamps to learn more and complete our interest form!



MILWAUKEE PUBLIC SCHOOLS



To sign up, see page 2 • Centers are closed May 25 – 27, June 19, and July 4.

GYMNASTICS

Gymnastics

If springing over a vault, balancing on a beam, standing on your hands, and doing backward walkovers sound like fun, sign up for gymnastics. This is a developmental program, taught with a progression of gymnastic skills, which assist youth in the development of coordination.

Activity Code: 1RCE3901
(Section codes listed below)

Riverside (Ages 4-5)..... RS01

Sat, Jun 8-Jul 27, 10:00AM-10:55AM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 5-6)..... RS02

Sat, Jun 8-Jul 27, 11:00AM-11:55AM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 7-8)..... RS03

Sat, Jun 8-Jul 27, 12:00PM-12:55PM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 9-12)..... RS04

Sat, Jun 8-Jul 27, 1:00PM- 1:55PM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 4-6)..... RS05

Thu, Jun 13-Aug 1, 6:00PM- 6:55PM
\$19 Residents/\$29 Non-Residents

Riverside (Ages 7-9)..... RS06

Thu, Jun 13-Aug 1, 7:00PM- 7:55PM
\$23 Residents/\$35 Non-Residents

Tumbling Teddy Bears

Somersault for fun. This pre-gymnastics program will assist children in the development of eye/hand coordination and balance through basic tumbling activities. Parent(s)/Guardian(s) are required to attend this class with their child at no extra charge.

Activity Code: 1RCE3902
(Section codes listed below)

Riverside (Ages 2.5-3)..... RS01

Sat, Jun 8-Jul 27, 9:00AM- 9:45AM
\$18 Residents/\$27 Non-Residents

Riverside (Ages 2.5-3)..... RS02

Thu, Jun 13-Aug 1, 5:15PM- 5:55PM
\$15 Residents/\$23 Non-Residents



MARTIAL ARTS

Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. Learn self-discipline, kicking and punching techniques, correct body positioning, and self-defense.

Activity Code: 1RCE4506
(Section codes listed below)

Beulah Brinton (Ages 6-17)..... BN01

(Beg. - White - Yellow Belts)
Mon/Wed/Fri, Jun 24-Aug 16, 4:00PM- 4:45PM
\$39 Residents/\$59 Non-Residents

Beulah Brinton (Ages 6-17)..... BN02

(Int./Adv. - Camo - Brown Belts)
Mon/Wed/Fri, Jun 24-Aug 16, 4:45PM- 5:30PM
\$39 Residents/\$59 Non-Residents

Beulah Brinton (Ages 6-17)..... BN03

(Adv. - Red/Black & Black Belts)
Mon/Wed/Fri, Jun 24-Aug 16, 5:30PM- 6:15PM
\$39 Residents/\$59 Non-Residents

Beulah Brinton (Ages 3-5)..... BN04

(Not eligible for reduced fees or refund)
Sat, Jun 29-Aug 17, 8:00AM- 8:30AM
\$10 Residents/\$15 Non-Residents

Beulah Brinton (Ages 6-14)..... BN05

Sat, Jun 29-Aug 17, 8:30AM- 9:30AM
\$19 Residents/\$29 Non-Residents

Hamilton (Ages 3-5)..... HA03

(Int/Adv - Orange Belts and Up - Tiny Tigers)
Tue/Thu, Jun 18-Aug 8, 5:30PM- 6:00PM
\$16 Residents/\$24 Non-Residents

Hamilton (Ages 10-17)..... HA02

Mon/Wed, Jun 24-Aug 7, 6:00PM- 7:00PM
\$31 Residents/\$47 Non-Residents

MacDowell (Ages 6-17)..... JU01

(Beg. - White - Yellow Belts)
Tue/Thu, Jun 18-Jul 30, 6:00PM- 7:00PM
\$27 Residents/\$41 Non-Residents

MacDowell (Ages 7-10)..... JU02

(Beg. - White - Yellow Belts)
Tue/Thu, Jun 18-Jul 30, 7:05PM- 8:05PM
\$28 Residents/\$42 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR01

(Beg.-White, Orange, & Yellow Belts)
Sat, Jun 22-Aug 3, 9:00AM-10:00AM
\$15 Residents/\$23 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR02

(Beg.-White, Orange, & Yellow Belts)
Sat, Jun 22-Aug 3, 10:05AM-11:05AM
\$15 Residents/\$23 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR03

(Int./Adv., Camo-Red/Black Belts)
Sat, Jun 22-Aug 3, 11:15AM-12:15PM
\$15 Residents/\$23 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR06

(Intro)
Mon, Jun 24-Jul 29, 5:00PM- 5:45PM
\$12 Residents/\$18 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR04

(Beg.-White, Orange, & Yellow Belts)
Mon/Wed, Jun 24-Jul 31, 6:00PM- 7:00PM
\$27 Residents/\$41 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR05

(Int./Adv., Camo-Red/Black Belts)
Mon/Wed, Jun 24-Jul 31, 7:05PM- 8:05PM
\$28 Residents/\$42 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR07

(Intro)
Wed, Jun 26-Jul 31, 5:00PM- 5:45PM
\$12 Residents/\$18 Non-Residents

Riverside (Ages 3-5)..... RS07

(Beg. white belts. Not eligible for reduced fees)
Sat, Jun 8-Jul 27, 9:00AM- 9:30AM
\$10 Residents/\$15 Non-Residents

Riverside (Ages 3-5)..... RS08

(Int./Adv., Ara Belt & Higher)
Sat, Jun 8-Jul 27, 9:30AM-10:00AM
\$10 Residents/\$15 Non-Residents

Riverside (Ages 6-14)..... RS04

(Beg., White-Yellow Belts)
Sat, Jun 8-Jul 27, 10:15AM-11:00AM
\$14 Residents/\$21 Non-Residents

Riverside (Ages 6-14)..... RS06

(Int/Adv, camo-black belts)
Sat, Jun 8-Jul 27, 11:00AM-11:45AM
\$15 Residents/\$23 Non-Residents

Riverside (Ages 6-14)..... RS01

(Beg., white - yellow belts)
Mon/Wed, Jun 10-Jul 29, 6:00PM- 6:45PM
\$27 Residents/\$41 Non-Residents

Riverside (Ages 6-14)..... RS02

(Int./Adv., Camo-Purple Belts)
Mon/Wed, Jun 10-Jul 29, 6:45PM- 7:30PM
\$27 Residents/\$41 Non-Residents

Riverside (Ages 6-14)..... RS15

(Int./Adv., Blue - Black Belt)
Mon/Wed, Jun 10-Jul 24, 7:30PM- 8:15PM
\$27 Residents/\$41 Non-Residents



SOCCER

Just for Kicks Soccer

Score the winning goal or make a diving save! Learn dribbling, trapping, and more through drills. Rules, strategy, and teamwork will be introduced.

Activity Code: 1RCE5901
(Section codes listed below)

Hamilton (Ages 5-6)..... HA01

Sat, Jun 15-Jul 27, 9:15AM-10:15AM
\$21 Residents/\$32 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR01

Tue, Jun 25-Jul 30, 5:30PM- 6:30PM
\$15 Residents/\$23 Non-Residents



Mighty Mite Soccer

Quit kicking your brother or sister and kick a soccer ball instead! Learn the basics of soccer and how to play as part of a team. This class will teach dribbling, passing, and kicking. Take this opportunity to use the motor skills your child already has and focus them on an organized sport.

Activity Code: 1RCE5902
(Section codes listed below)

Beulah Brinton (Ages 3-4)..... BN01

Wed, Jun 26-Aug 14, 4:00PM- 4:45PM
\$15 Residents/\$23 Non-Residents

Hamilton (Ages 3-4)..... HA01

Sat, Jun 15-Jul 27, 8:30AM- 9:15AM
\$14 Residents/\$21 Non-Residents

B.I.G. Soccer

Soccer is great! Participants will continue to build on dribbling, heading, and trapping skills as well as develop some defense skills, all with an emphasis on FUN. Each skill will be taught thru drills that maximize repetition and learning.

Activity Code: 1RCE5903
(Section codes listed below)

Milwaukee Marshall (Ages 7-9)..... MR01

Tue/Sat, Jun 25-Jul 30, 10:30AM-11:30AM
\$15 Residents/\$23 Non-Residents

SPORTS AND RECREATION

Dodgeball

This is the way to throw something at somebody and not get in trouble for it! Brinton's Youth Dodgeball is played with Gator balls which are foam and don't hurt when they hit you. A staff member will referee each game.

Activity Code: 1RCE6205
(Section codes listed below)

Beulah Brinton (Ages 8-12)..... BN01

Tue, Jun 25-Aug 13, 4:30PM- 5:30PM
\$19 Residents/\$29 Non-Residents

Sports for all Sorts

Is your child interested in sports but unsure which one is a good fit? In this camp, sports will include basketball, flag football, T-Ball, and more! In addition to tons of fun through multi-sport exposure, participants will develop gross-motor skills and hand-eye coordination.

Activity Code: 1RCE6215
(Section codes listed below)

MacDowell (Ages 6-9)..... JU01

Mon-Thu, Jul 15-Jul 18, 1:00PM- 2:30PM
\$19 Residents/\$29 Non-Residents

SOFTBALL

Reagan Softball Camp

Softball camp geared toward girls going into 7th, 8th and 9th grades. Instructors with a combined 60 years of head coaching experience in high school, college and travel ball will instruct all skill levels from beginner to elite athlete in hitting, defense, strategy, pitching and catching. No matter your skill level, we will help you improve! Camp taught by Marcus Wenzel, Reagan Head Softball Coach.

Activity Code: 1RCE8105
(Section codes listed below)

Lowell Playfield (Ages 11-15)..... HA01

Mon-Thu, Jun 24-Jun 27, 1:00PM- 4:00PM
\$27 Residents/\$41 Non-Residents



TENNIS

Tennis

Learn backhand/forehand grips, strokes, and fitness conditioning. Covers singles/doubles rules, prioritizing sportsmanship. Intermediate/advanced levels require a solid tennis foundation.

Activity Code: 1RCE6501
(Section codes listed below)

Milwaukee Marshall (Ages 4-8)..... MR01

(Beg.)
Sat, Jun 22-Aug 3, 11:10AM-12:10PM
\$15 Residents/\$23 Non-Residents

Milwaukee Marshall (Ages 6-12)... MR02

(Beg.)
Sat, Jun 22-Aug 3, 12:20PM- 1:20PM
\$15 Residents/\$23 Non-Residents

Milwaukee Marshall (Ages 10-15).MR03

(Int.)
Sat, Jun 22-Aug 3, 1:30PM- 2:30PM
\$15 Residents/\$23 Non-Residents

Youth Tennis Camps

Participants will learn and/or improve upon the fundamental skills of ground strokes, footwork, volleying, serving, backhand/forehand grips, and the lob. Competitive and non-competitive drills will be included, as well as singles and doubles strategy with an emphasis on sportsmanship. Participants will be encouraged to bring their own racquet, water bottle, sweat towel, and wear athletic shoes and attire if possible. All 90-minute camp sessions will consist of a maximum of sixteen (16) participants. Each camper will receive a t-shirt. No class 6/19. Call 414.475.8410 for more information.

Activity Code: 1RYS6501
(Section codes listed below)

Sijan Playfield (Ages 7-11)..... JS01

Mon/Tue/Thu/Fri, Jun 17-Jun 21, 9:00AM-10:30AM
\$21 Residents/\$32 Non-Residents

Sijan Playfield (Ages 12-14)..... JS02

Mon/Tue/Thu/Fri, Jun 17-Jun 21, 11:00AM-12:30PM
\$21 Residents/\$32 Non-Residents

Wick Playfield (Ages 7-11)..... W201

Mon-Thu, Jun 10-Jun 13, 9:00AM-10:30AM
\$21 Residents/\$32 Non-Residents

Wick Playfield (Ages 12-14)..... W202

Mon-Thu, Jun 10-Jun 13, 11:00AM-12:30PM
\$21 Residents/\$32 Non-Residents

Tennis Lessons (Semi-Private)

Milwaukee Recreation is offering a golden opportunity to learn tennis in a semi-private format. Participants will learn and/or improve upon the fundamental skills of ground strokes, footwork, volleying, serving, backhand/forehand grips, and the lob. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Participants will be encouraged to bring their own racquet, water bottle, and/or sweat towel if possible. All 50-minute clinic sessions will consist of a one (1) to three (3) participants. Please note that there will be no classes 7/1 - 7/5. Call 414.475.8410 for more information.

Activity Code: 1RY56507
(Section codes listed below)

Rufus King Playfield (Ages 7-8)RK01

Tue/Thu, Jun 25-Aug 1, 9:00AM- 9:50AM
\$43 Residents/\$65 Non-Residents

Rufus King Playfield (Ages 9-11) ...RK02

Tue/Thu, Jun 25-Aug 1, 10:00AM-10:50AM
\$43 Residents/\$65 Non-Residents

Rufus King Playfield (Ages 12-14) .RK03

Tue/Thu, Jun 25-Aug 1, 11:00AM-11:50AM
\$43 Residents/\$65 Non-Residents

Sijan Playfield (Ages 7-8)JS04

Mon/Wed, Jun 24-Jul 31, 9:00AM- 9:50AM
\$43 Residents/\$65 Non-Residents

Sijan Playfield (Ages 9-11)JS05

Mon/Wed, Jun 24-Jul 31, 10:00AM-10:50AM
\$43 Residents/\$65 Non-Residents

Sijan Playfield (Ages 12-14)JS06

Mon/Wed, Jun 24-Jul 31, 11:00AM-11:50AM
\$43 Residents/\$65 Non-Residents

Sijan Playfield (Ages 7-8)JS01

Mon/Wed, Jun 24-Jul 31, 1:00PM- 1:50PM
\$43 Residents/\$65 Non-Residents

Sijan Playfield (Ages 9-11)JS02

Mon/Wed, Jun 24-Jul 31, 2:00PM- 2:50PM
\$43 Residents/\$65 Non-Residents

Sijan Playfield (Ages 12-14)JS03

Mon/Wed, Jun 24-Jul 31, 3:00PM- 3:50PM
\$43 Residents/\$65 Non-Residents

Wick Playfield (Ages 7-8)W201

Tue/Thu, Jun 25-Aug 1, 1:00PM- 1:50PM
\$43 Residents/\$65 Non-Residents

Wick Playfield (Ages 9-11)W202

Tue/Thu, Jun 25-Aug 1, 2:00PM- 2:50PM
\$43 Residents/\$65 Non-Residents

Wick Playfield (Ages 12-14)W203

Tue/Thu, Jun 25-Aug 1, 3:00PM- 3:50PM
\$43 Residents/\$65 Non-Residents

MTEF Summer Tennis Camp

The Milwaukee Tennis & Education Foundation (MTEF) partners with Milwaukee Recreation for a full day co-ed Summer Tennis Camp. Players of all levels are welcome to join us. New players learn fundamentals of the sport including forehands, backhands, volleys, and serves through competitive and non-competitive games and drills. Younger participants will use modified equipment and courts tailored to their age and size. More advance players will continue to strengthen their fundamentals while also working to apply their skills to develop control of the ball in live ball situations. Off the courts, campers will engage in art, mentorship, nutrition, fitness, and life skills. Registration includes a t-shirt. A racquet will be provided if needed. Other MTEF camp options available at mtef.com. No camp on 6/19.

Activity Code: 1RY56508
(Section codes listed below)

Merrill Playfield (Ages 8-16) M101

Mon-Fri, Jun 17-Jul 3, 9:00AM- 4:00PM
\$90 Residents/\$90 Non-Residents



Family Tennis Lessons (Private)

Milwaukee Recreation is now offering families the opportunity to learn tennis together in a private setting. Private lessons will provide registered families with the chance to develop or improve upon the fundamental skills of ground strokes, footwork, volleying, serving, backhand/forehand grips, and the lob together. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Registration formats will be limited to either one (1) adult and one (1) child, or one (1) adult and two (2) children of the same household per session. (Registration fees are \$25 per adult resident / \$20 per child resident, and \$38 per adult non-resident / \$30 per child non-resident) Adults are required to register, attend, and participate at each lesson with their child, as this is a family oriented program. Parents looking for children only tennis opportunities are encouraged to register for Semi-Private Tennis Lessons. Family Tennis participants will be asked to bring their own water bottle, and/or sweat towel if possible. All necessary tennis equipment will be provided by Milwaukee Recreation. All 50-minute clinic sessions will consist of a two (2) to three (3) participants from the same household. Please call 414.475.8410 for more information.

Activity Code: 1RY56512
(Section codes listed below)

Enderis Playfield EF01

Sat, Jun 15-Jul 27, 9:30AM-10:20AM
See description for prices

Enderis Playfield EF02

Sat, Jun 15-Jul 27, 10:30AM-11:20AM
See description for prices

Enderis Playfield (Ages) EF03

Sat, Jun 15-Jul 27, 11:30AM-12:20PM
See description for prices



TRACK**Mini Track**

On your mark, get set, go... Receive instruction in the proper techniques for sprints, distance running, starting stance, relays, and field events.

Activity Code: 1RCE6703
(Section codes listed below)

Hamilton (Ages 5-8)..... HA01

Sat, Jun 15-Jul 27, 9:00AM-10:00AM
\$15 Residents/\$23 Non-Residents

Milwaukee Marshall (Ages 5-8)..... MR01

Sat, Jun 22-Aug 3, 10:00AM-11:00AM
\$15 Residents/\$23 Non-Residents

Milwaukee Marshall (Ages 9-14)... MR02

Sat, Jun 22-Aug 3, 11:00AM-12:00PM
\$15 Residents/\$23 Non-Residents

Milwaukee Marshall (Ages 5-8)..... MR03

Mon, Jun 24-Jul 29, 5:00PM-6:00PM
\$15 Residents/\$23 Non-Residents

Milwaukee Marshall (Ages 9-14)... MR04

Mon, Jun 24-Jul 29, 6:00PM-7:00PM
\$15 Residents/\$23 Non-Residents

VOLLEYBALL**Volleyball Academy**

Learn the fundamentals necessary to play more than 'boom ball.' This includes passing, serving, individual defense, setting and hitting approaches. Develop correct footwork, body positioning, timing, ball tracking and coordinated teamwork. Basic strategy and rules of the sport will be taught.

Activity Code: 1RCE6801
(Section codes listed below)

Beulah Brinton (Ages 7-10)..... BN02

Wed, Jun 26-Aug 14, 4:00PM-5:00PM
\$19 Residents/\$29 Non-Residents

Beulah Brinton (Ages 11-14)..... BN03

Wed, Jun 26-Aug 14, 5:00PM-6:00PM
\$19 Residents/\$29 Non-Residents

**Girls Volleyball Skills Camp**

Youth Sports is pleased to offer a 1-week Girls Summer Volleyball Camp in partnership with the Milwaukee Rufus King HS Girls Volleyball program (Head Varsity Coach Carl Hunt), for students in 6th-8th grade (Ages 12-14). Participants will be introduced to the proper rules and techniques associated with the game of Volleyball in a controlled setting. Emphasis will be placed on participation, development of Volleyball skills, sportsmanship, and teamwork. All skill levels are welcome. Athletic attire, and basketball shoes recommended. No extra equipment needed. Participants should bring their own water bottle/sweat towel. Please call 414.475.8410 for more information.

Activity Code: 1RYS6801
(Section codes listed below)

Hi-Mount (Ages 12-14) HI01

Mon-Fri, Jun 17-Jun 21, 3:00PM-5:00PM
\$18 Residents/\$27 Non-Residents

Coed Volleyball Skills Camp

Youth Sports is pleased to offer a 6-Week series of Coed Volleyball Skill Camps for students in 4th-8th grade (Ages 9-14). Volleyball is great exercise and a fun activity you can play your entire life. We will teach you all the skills you need to play and understand the game in ways that can be challenging and fun. Whether you're an experienced player wanting to improve or a beginner wanting to learn the game these clinics are for you. Participants should bring their own water bottle/sweat towel. Participation is capped at fifteen (15) participants per section. Please note that there will be no 7/1 - 7/5. Please call 414.475.8410 for more information.

Activity Code: 1RYS6802
(Section codes listed below)

Hi-Mount (Ages 9-11) HI01

Tue, Jun 18-Jul 30, 6:00PM-7:30PM
\$20 Residents/\$30 Non-Residents

Hi-Mount (Ages 12-14) HI02

Thu, Jun 20-Aug 1, 6:00PM-7:30PM
\$20 Residents/\$30 Non-Residents

SUMMER TENNIS

FOR ALL AGES AND LEVELS

www.mtef.com





JOIN US FOR THE ANNUAL
Run Back to School
August 24th

One great event, multiple opportunities for family and school community team building! Participate in a **5k Fun Run** or a **1.5 Mile Walk**, followed by great activities. Visit mkerec.net/rbts for location details.

Carrera Anual de Vuelta a Clases 24 de Agosto
¡Un increíble evento, diversas oportunidades para la familia y la formación de equipos en la comunidad escolar! Participa de una **Corrida divertida de 5 mil kilómetros** o de una **Caminata de 1.5 millas**, además de grandes actividades. Visite mkerec.net/rbts para obtener detalles sobre la ubicación.

LEARN MORE AT
mkerec.net/rbts
APRENDIENDO MÁS



PRESENTED BY




FREE SUMMER MEALS!

No child should ever go hungry. That's why MPS works to provide FREE, nutritious breakfast, lunch and dinner at locations throughout the city of Milwaukee.

For locations and mealtimes of free meals for all kids and teens text "FOOD" to 304-304.

In need of additional food or experiencing a personal crisis? Dial 2-1-1 (866-211-2280 from your cell phone) or visit impactinc.org for more resources for your family.

Para conocer la ubicación y los horarios de las comidas gratuitas para todos los niños y adolescentes, envíe un mensaje de texto con la palabra "FOOD" al 304-304.

¿Necesita alimentos adicionales o está teniendo una crisis personal? Marque 2-1-1 (866-211-2280 desde su teléfono celular) o visite impactinc.org para obtener más recursos para su familia.



MILWAUKEE
PUBLIC SCHOOLS

MILWAUKEE RECREATION PLAYGROUNDS OPEN ON JUNE 20!

Milwaukee Recreation will be providing enrichment activities, play opportunities, and serving youth meals at playground sites across the city beginning June 20, 2024 (for kids ages 6-17).

Returning this summer will be the Wacky Wheels Skate Van, partnerships with the Bicycle Federation of Wisconsin, Milwaukee Public Library, Artists Working in Education (AWE), Betty Brinn Children's Museum, and visits from the Video Game Van. We are excited to offer another full "Traveling Adventures" field trip schedule to multiple locations in the Milwaukee area entirely free for youth! Specific site information and updated schedules can be found at mkerec.net. We look forward to seeing you this summer!

WADING POOLS

Ages 8 and under. For those hot summer dates, keep cool at a wading pool!

DATES: June 20 – August 17, Monday - Saturday

TIMES: 10:00am – 5:00pm

SITES: Burbank, Enderis Park, Harriet Tubman, Holt, Merrill, and Ohio.

SPLASH PADS

Ages 6 – 17. Splash Pads are a safe and exciting way to cool off during the summer! Splash pads spray water from in-ground fixtures to help kids beat the heat. All splash pads are set up on a timer to help reduce water waste.

Please note, Splash Pads are supervised on the dates and times listed below. However, Splash Pads can be turned on and off by the user, Monday - Sunday from 10am - 8pm, May 31 - September 5.

DATES: June 20 – August 16, Monday - Friday

TIMES: 10:00am – 5:00pm

SITES: Burnham, Carmen, Clarke Square, Clovernook, Columbia, Franklin Square, Green Bay, Lucille Berrian, Southgate, and Stark.



To sign up, see page 2 • Centers are closed May 25 – 27, June 19, and July 4.

PLAYGROUNDS ARE OPEN JUNE 20. CLOSED JULY 4.

PLAYGROUND NAME	ADDRESS	HOURS	DAYS	FREE MEAL SITE	COOL SPOT	WADING POOL	SPLASH PAD
Burbank	6225 W. Adler	10AM-5PM	Mon - Fri			X	
Burnham	1755 S. 32nd St.	10AM - 5PM	Mon - Fri	X			X
Carmen	7320 W. Carmen Ave.	10AM - 5PM	Mon - Fri	X			X
Clarke Square	2330 W. Vieau Pl.	10AM-5PM	Mon - Fri	X			X
Clovernook	6594 N. Landers St.	10AM-5PM	Mon - Fri	X			X
Columbia	1345 W. Columbia St..	10AM-5PM	Mon - Fri	X			X
Emigh	495 E. Morgan Ave.	10AM-5PM	Mon - Fri	X	X		
Enderis	2938 N. 72nd St.	10AM-5PM	Mon - Sat			X	
Franklin Square	2643 N. 13th St.	10AM-5PM	Mon - Fri	X			X
Green Bay	3818 N. 8th St.	10AM - 5PM	Mon - Fri	X			X
Harriet Tubman	4750 N. 48th St.	10AM-5PM	Mon - Fri	X		X	
Holt	1716 W. Holt Ave.	10AM-5PM	Mon - Sat	X		X	
Lucille Berrian	3629 N. 16th St.	10AM-5PM	Mon - Fri	X			X
Merrill Park	461 N. 35th St.	10AM-5PM	Mon - Sat	X		X	
Mitchell Park	2200 W. Pierce St.	10AM-5PM	Mon - Fri	X	X		
Ohio	974 W. Holt	10AM-5PM	Mon - Sat			X	
Southgate	3350 S. 25th St.	10AM-5PM	Mon - Fri	X			X
Stark	4951 N. 40th St.	10AM-5PM	Mon - Fri	X			X
Whittier	4382 S. 3rd St.	10AM-5PM	Mon - Fri	X	X		

****Saturday programming is Wading Pools only at select sites. Please visit mkerec.net/playgrounds for additional programming information and site updates.**



Registration begins on May 2 • mkerec.net

Driver Education | General Information

SAVE THE DATE - REGISTRATION FOR DRIVER EDUCATION BEGINS ON TUESDAY, APRIL 30 AT 10AM!

Eligibility (Programs not eligible for reduced fees): students must be 15 by the first day of class and not older than 17.5 by the last day of class.

All programs include: classroom (in-person, hybrid, or online) and *Behind-the-Wheel* lessons.

MPS DRIVE

- **Students must be currently enrolled in MPS.**
- Course fee is \$35.00.

COMMUNITY-BASED DRIVER EDUCATION

- Open to any student meeting age requirements.
- City of Milwaukee residents: course fee is \$150.00
- Non-residents: course fee is \$275.00

HOW TO REGISTER:

MPS DRIVE

- Visit mkerec.net.
- **Milwaukee Recreation has created student accounts.**
- **DO NOT CREATE A NEW ACCOUNT.**
- **User Name:** MPS Student ID (Only enter numbers)
- **Password:** Student Last Name (the first letter is capitalized, ex: Smith)

COMMUNITY-BASED DRIVER EDUCATION

- Visit mkerec.net.
- Login to your family account to register for program.

Waitlist:

- If you join a waitlist for a class, your waitlist position is **only valid for that season.**
- Joining a waitlist does **NOT guarantee a spot in the class.**
- Do not attend class until Milwaukee Recreation has contacted you for payment.

Class Format:

Please pay close attention to schedules when choosing the class that fits your needs.

IN-PERSON	HYBRID	ONLINE
<ul style="list-style-type: none"> • Meets 5 days/week: Mon - Fri • 30 hours in-person. • 2 hours per class, for 15 classes. 	<ul style="list-style-type: none"> • 10 hours in person (2 hours per class, for 5 classes). • 20 hours online. 	<ul style="list-style-type: none"> • 30 hours online. • Work at your own pace. • Maximum of 2 hours per day.

To sign up, see page 2 • Centers are closed May 25 – 27, June 19, and July 4.

MPS Drive

MPS Drive is a driver education program for age-eligible, currently enrolled, MPS high school students. A \$35.00 fee is due at the time of registration to cover the cost of the temporary permit.

IN-PERSON CLASS OPTIONS | ACTIVITY CODE: 1UDE3003

- If you miss three (3) classes, for any reason, you will be dropped from the program without a refund.



DATES: MAY 29 - JUNE 18

LOCATION	TIMES	SECTION CODE
Bay View	10:30AM - 12:30PM	BV01
Bay View	1:00PM - 3:00PM	BV02
Hamilton	1:30PM - 3:30PM	HA01
Hamilton	4:00PM - 6:00PM	HA02
Riverside	10:30AM - 12:30PM	RS01
Riverside	1:00PM - 3:00PM	RS02
Marshall	10:30AM - 12:30PM	MR01
Marshall	1:00PM - 3:00PM	MR02
Obama	1:30PM - 3:30PM	CT01
Obama	4:00PM - 6:00PM	CT02

DATES: JULY 8 - JULY 26

LOCATION	TIMES	SECTION CODE
Bay View	10:30AM - 12:30PM	BV03
Bay View	1:00PM - 3:00PM	BV04
Hamilton	1:30PM - 3:30PM	HA03
Hamilton	4:00PM - 6:00PM	HA04
Riverside	10:30AM - 12:30PM	RS03
Riverside	1:00PM - 3:00PM	RS04
Obama	1:30PM - 3:30PM	CT03
Obama	4:00PM - 6:00PM	CT04

ONLINE OPTIONS | ACTIVITY CODE: 1UDE3004

LOCATION	START DATE	SECTION CODE
Online	June 3, 2024	DE10

Community-Based Driver Ed

Certified Classes for Teens | Classes Open to Residents & Non-Residents

IN-PERSON CLASS OPTIONS | ACTIVITY CODE: 1DRD3003

- If you miss three (3) classes, for any reason, you will be dropped from the program without a refund.

DATES: MAY 29 - JUNE 18

LOCATION	CLASS TIME	SECTION CODE
Hamilton	5:30PM - 7:30PM	HA05

ONLINE OPTION | ACTIVITY CODE: 1DRD3004

LOCATION	START DATE	SECTION CODE
Online	July 1, 2024	DE20

HYBRID OPTION | ACTIVITY CODE: 1DRD3004

DATES: JULY 8 - JULY 12

LOCATION	CLASS TIME	SECTION CODE
Marshall	10:30AM - 12:30PM	MR05
Marshall	1:00PM - 3:00PM	MR06

SAVE THE DATE - REGISTRATION FOR DRIVER EDUCATION BEGINS ON TUESDAY, APRIL 30 AT 10AM!

Driver Education Registration begins on April 30 • mkerec.net

MILWAUKEE RECREATION TWILIGHT CENTERS

FREE DROP-IN PROGRAM

Twilight Centers are safe places for teens to hang out with their friends and are open to students ages 10-18. Information about summer Twilight opening dates and hours will be available at mkerec.net/Twilight.

MIDDLE SCHOOL SITES (ages 10 - 14)

- Andrew Douglas (3620 N 18th St.)
- Bay View (2751 S Lenox St.)

HIGH SCHOOL SITES (ages 12 - 18)

- Obama (5075 N Sherman Blvd.)
- Washington (2525 N Sherman Blvd.)
- Madison (8135 W Florist Ave.)



**Milwaukee Recreation sincerely thanks the sponsors of our 2024 Daddy Daughter Dance.
We greatly appreciate your support!**

RED ROSE SPONSORS

MIGHTY SMALL MOMENTS
— A City of Milwaukee Initiative —

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PHILANTHROPIES
CELEBRATING COMPASSION

WHITE ROSE SPONSORS

 **Educators**
CREDIT UNION

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OUTDOOR EDUCATION

Hawthorn Glen Birding Club

NEW Hike Hawthorn Glen's trails, spotting and recording bird sightings. Learn bird identification by sight/sound. Walks will include talks on topics such as feeding birds, preventing window collisions and creating bird friendly habitat. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125001
(Section codes listed below)

Hawthorn Glen (Ages 13 & up) HG01

Mon, Jun 10, 8:00AM-10:00AM
\$6 Residents/\$9 Non-Residents

Hawthorn Glen (Ages 13 & up) HG02

Sun, Jun 23, 8:00AM-10:00AM
\$6 Residents/\$9 Non-Residents

Hawthorn Glen (Ages 13 & up) HG03

Mon, Jul 1, 8:00AM-10:00AM
\$6 Residents/\$9 Non-Residents

Hawthorn Glen (Ages 13 & up) HG04

Sun, Jul 21, 8:00AM-10:00AM
\$6 Residents/\$9 Non-Residents

Hawthorn Glen (Ages 13 & up) HG05

Mon, Aug 5, 8:00AM-10:00AM
\$6 Residents/\$9 Non-Residents

Hawthorn Glen (Ages 13 & up) HG06

Sun, Aug 18, 8:00AM-10:00AM
\$6 Residents/\$9 Non-Residents

Father's Day Hike

Spend time with someone special this Father's Day weekend. Go on a hike and explore the wonders of the woods. We will learn interesting animal and plant facts, share survival tips and seek out some of the furry and feathery residents of Hawthorn Glen and finish up with a campfire and cookout. Adult must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125005
(Section codes listed below)

Hawthorn Glen (Ages 5 & up) HG01

Sat, Jun 15, 10:00AM-12:00PM
\$6 Residents/\$9 Non-Residents



Handmade Nature Inspired Tiles

NEW Join artist and tile historian Ben Tyjeski at Hawthorn Glen and let the natural surroundings inspire your art. You'll learn how to craft your own art tile. Choose a glaze combination and Ben will take care of the rest! Fee is per person. Class is non-refundable and not eligible for reduced fees.

Activity Code: 1P125006
(Section codes listed below)

Hawthorn Glen (Ages 18 - 99) HG01

(Supply costs included in class fee.)
Sat, Jun 29, 10:00AM-12:00PM
\$35 Residents/\$52.50 Non-Residents

Hawthorn Glen (Ages 18 - 99) HG02

(Supply costs included in class fee.)
Wed, Jul 24, 6:00PM- 8:00PM
\$35 Residents/\$52.50 Non-Residents

Hawthorn Glen (Ages 18 - 99) HG03

(Supply costs included in class fee.)
Sat, Aug 10, 3:00PM- 5:00PM
\$35 Residents/\$52.50 Non-Residents

Friday Night Tales for Tots

This nature tale time includes a story, craft, and nature hike, or trip to our nature museum. Adult must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125007
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG02

("Swirl by Swirl," by Joyce Sidman)
Fri, Jun 14, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG03

("Z is for Moose," by Kelly Bingham)
Fri, Jun 21, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG01

("S is for S'mores," by Helen Foster James)
Fri, Jun 28, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG04

("Summer Days & Nights," by Wong Herbert Yee)
Fri, Jul 5, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG05

("Up All Night Counting," by Robin Koontz)
Fri, Jul 12, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG06

("Chipmunk at Hollow Tree Lane," by Victoria Sherrow)
Fri, Jul 19, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG07

("Hey Little Ant," by Hannah Hoose & Phillip Hoose)
Fri, Jul 26, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG10

("A Walk Through the Woods," by Louise Greig)
Fri, Aug 2, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG08

("Grouchy Ladybug," by Eric Carle)
Fri, Aug 9, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents



Painting in Nature

NEW Immerse yourself in nature and allow your creative inclinations to guide you as you put your ideas inspired by the setting of Hawthorn Glen onto canvas. Songbirds, landscapes, flowers- the options abound! Materials included in class fee. Fee is per person. Class is non-refundable and not eligible for reduced fees.

Activity Code: 1P125008
(Section codes listed below)

Hawthorn Glen (Ages 18 - 99) HG01

(Supplies included in fee.)
Wed, Jul 10-Jul 31, 1:00PM- 3:00PM
\$34 Residents/\$46 Non-Residents



NATIONAL GET OUTDOORS DAY

Yoga

Practicing Yoga outdoors has multiple benefits including increasing body awareness and developing inner strength and stability while connecting you deeper with nature. Join us for a yoga class at Lakeshore State Park that will take you through a series of poses and breath work to help develop your strength, flexibility, balance and body awareness. Bring your own exercise mat and water. Participants will meet at the south entrance to the park. This entrance starts where Erie Street ends at the river. Follow the park road east along the water and under the Hoan Bridge.

Activity Code: 1P125074
(Section codes listed below)

Lakeshore State Park (Ages 6 & up) L601

Sat, Jun 8, 10:30AM-11:30AM
FREE

Storybook Walk

Stop in at Hawthorn Glen and read a story while hiking. Your entire family can have fun outdoors together, wandering the trails of Hawthorn Glen and enjoying a nature-themed book together. Fee is per person. Class is non-refundable and not eligible for reduced fees.

Activity Code: 1P125093
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Sat, Jun 8, 12:00PM- 3:00PM
FREE

National Get Outdoors Archery Program

This program is based on the National Archery in Schools Program (NASP), it covers safety, technique, equipment, mental concentration and self-improvement. This is a safe and informative opportunity to try your hand at archery! One legal guardian must be present for every minor. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125021
(Section codes listed below)

Oak Ridge Farm (Ages 9 & up)..... OR01

(Class held at Oak Ridge Farm location in Dousman - 40 minutes from Milwaukee. S40 W35961 County Rd. C, Dousman, WI 53118)
Sat, Jun 8, 1:00PM- 3:00PM
\$6 Residents/\$9 Non-Residents

WILD WEDNESDAYS

Nighttime Buzz

Encourage your kids' sense of wonder, or reawaken your own childlike wonder this summer by exploring Hawthorn Glen to find the insect inhabitants that come out at night. Moths, fireflies, crickets, and spiders are a few of the nocturnal bugs we can search for, listen to and study. Bring your flashlight for an evening of outdoor exploration. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125077
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Wed, Jun 12, 7:00PM- 8:30PM
\$5 Residents/\$8 Non-Residents

Creatures of the Night

Unravel the mysteries of the things that go bump in the night as we explore the night-time world of nocturnal mammals. Adult must register, pay and attend with a child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125038
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Wed, Jun 26, 6:30PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Owl Prowl

Owls are amazing creatures with adaptations that enable them to fly silently through the forest at night. Learn which owls are native to our area, where to look for them, and why they are critical to our ecosystem. As we hike, we'll try a few owl calls and if we are lucky, we'll hear them answer. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125044
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Wed, Jul 24, 7:00PM- 8:30PM
\$5 Residents/\$8 Non-Residents

Sunset Campfire Cooking

You will make yummy snacks and learn different techniques to ignite your campfire cooking from boring to extraordinary! Parent/guardian must register, pay and attend with a child. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 1P125045
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Wed, Aug 7, 6:30PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Batty About Bats

Bats in your backyard? Come learn some bat basics and debunk myths. Discover why bats benefit humans in many ways and what you can do to help bats in your area. Please dress for the weather as we will go outdoors for a short hike to see these amazing flying acrobats in action in their natural habitat. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125059
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG02

Wed, Jul 10, 7:00PM- 8:30PM
\$5 Residents/\$8 Non-Residents

FAMILY BUG HIKES

Bees

What's the buzz about bees? Did you know that over 500 different species of bees live in Wisconsin? Learn which bees make honey, the differences between bees and wasps and why beekeepers wear white, and much more. Come tour our honey bee hive and then look for wild bees in our prairie. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125069
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Thu, Jun 20, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Flying Flowers

Come take a hike as we look for everybody's favorite insects - Butterflies! We will discuss the process of metamorphosis, uncover the differences between butterflies and moths, and learn how we can help butterflies by what we plant. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125070
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Thu, Jun 27, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Bugs We Love to Hate

Summer fun can be wrecked by bites and stings or ants at your picnic. While on a guided walk through the woods at dusk we will discuss why bugs attack you, which insect repellents work the best and what you should put on bites and stings. Learn about the different insect venoms and why they make you itch, or even hurt. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125073
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Thu, Jul 18, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Alien Invaders

No, we aren't talking about green or grey aliens in spaceships, we want you to learn about bugs that came from another part of the earth. These tiny alien invaders can kill trees, destroy smaller plants and make it hard for other animals to live. Come learn about the bugs we should stop from destroying our local ecosystem. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125072
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Thu, Aug 1, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Decomposers

Does the thought of bugs make you squirm? Learn about the mysterious creatures who hide under logs! Find the truth about why we need these bugs for our earth to survive. Adult must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P124702
(Section codes listed below)

Riverside (Ages 3 & up) RS01

Thu, Jul 11, 6:00PM- 7:00PM
\$5 Residents/\$8 Non-Residents

Little Naturalists Nature Club

Nature-based education believes the surrounding environment makes the best classroom. Join us for an introduction to outdoor, nature-based exploratory play during this outdoor, Reggio-Emilia style inspired class. Your child will be guided through imaginative play throughout Hawthorn Glen, sparking curiosity and instilling a love of nature-play from an early age. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125028
(Section codes listed below)

Hawthorn Glen (Ages 4-5) HG01

Tue, Jun 18, 4:30PM- 5:30PM
\$4 Residents/\$6 Non-Residents

Hawthorn Glen (Ages 4-5) HG02

Tue, Jun 25, 4:30PM- 5:30PM
\$4 Residents/\$6 Non-Residents

Hawthorn Glen (Ages 4-5) HG03

Tue, Jul 2, 4:30PM- 5:30PM
\$4 Residents/\$6 Non-Residents

Hawthorn Glen (Ages 4-5) HG04

Tue, Jul 9, 4:30PM- 5:30PM
\$4 Residents/\$6 Non-Residents

Hawthorn Glen (Ages 4-5) HG05

Tue, Jul 16, 4:30PM- 5:30PM
\$4 Residents/\$6 Non-Residents

Hawthorn Glen (Ages 4-5) HG06

Tue, Jul 23, 4:30PM- 5:30PM
\$4 Residents/\$6 Non-Residents

Hawthorn Glen (Ages 4-5) HG07

Tue, Jul 30, 4:30PM- 5:30PM
\$4 Residents/\$6 Non-Residents

Hawthorn Glen (Ages 4-5) HG08

Tue, Aug 6, 4:30PM- 5:30PM
\$4 Residents/\$6 Non-Residents

Roll Out the Rain Barrel

In this rain barrel workshop, participants learn about water conservation and the many benefits of using rain barrels. Participants will also learn proper rain barrel installation and maintenance techniques and receive a certificate for a FREE rain barrel. One per owner-occupied household will be given upon completion. Must live within Milwaukee County to receive a rain barrel certificate.

Activity Code: 1P125029
(Section codes listed below)

Hawthorn Glen HG03

Sat, Jul 20, 10:00AM-11:30AM
FREE

Dairy Farm Fun Day!

Visit Oak Ridge Farm for a day of fun and learning in rural Wisconsin. See how cows make the milk to produce many Wisconsin dairy products. In addition, participants will learn about the many other animals that live on the farm and enjoy a tractor ride around the farm! Bring your own picnic lunch and beverage. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Located near Dousman, Oak Ridge Farm is an approximate 45 minute trip from Milwaukee. The fee INCLUDES round-trip school bus transportation. Registrants can choose to drive their own vehicle to the farm instead of taking the school bus shuttle.

Activity Code: 1P125034
(Section codes listed below)

Admin. Building (Ages 4 & up)AB01

(Bus Pick-Up - 5225 W. Vliet St. at south parking lot door. Bus departure time is scheduled for 9:00am.)
Sat, Jun 22, 9:00AM- 2:00PM
\$10 Residents/\$15 Non-Residents



Join the Mighty Kids Club!

Explore the work of a naturalist at Hawthorn Glen: defend native species, hunt gypsy moth caterpillars, and care for animals and the land. Weekly adventures include hiking, singing, games, stories, and picnics. Foster community service and environmental awareness in your children. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125042
(Section codes listed below)

Hawthorn Glen (Ages 6-12) HG01

Thu, Jul 11-Aug 8, 1:00PM- 3:30PM
\$23 Residents/\$35 Non-Residents

Kids Fishing Clinic

Fishing is fun for kids, adults and entire families regardless of age or ability. The clinic at Hawthorn Glen covers casting, knot tying, bait, tackle, fish ID and water safety. The Lakeshore class will provide the hands-on fishing component (fishing poles and bait provided) as well as on-site assistance demonstrating how to properly bait a hook. It is recommended that participants attend both classes, the instructional program at Hawthorn Glen and the actual fishing at Lakeshore State Park. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125043
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

(6/22 class will be held at Hawthorn Glen; 6/29 class will be held at Lakeshore State Park fishing dock.)
Sat, Jun 22-Jun 29, 10:00AM-12:00PM
\$10 Residents/\$15 Non-Residents

Magnifica Monarca

Once a year, millions of Monarch butterflies migrate, as much as 50 miles in a single day, from Canada and the U.S. down to Mexico where they overwinter. Monarch butterflies rely on warm air currents to help them migrate back. Here in Wisconsin, they sip nectar, lay eggs & as caterpillars subsist on milkweed leaves all summer long. Join our naturalist Julie for a closer look at mariposa monarca. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

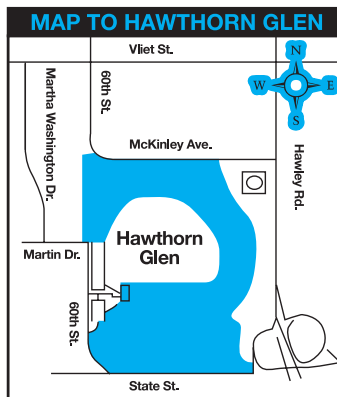
Activity Code: 1P125060
(Section codes listed below)

Hawthorn Glen (Ages 5 & up) HG01

(Class presented in Spanish)
Sat, Aug 10, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

**Visit page 12
for Nature in Your
Neighborhood!**

THE LITTLE NATURE MUSEUM AT HAWTHORN GLEN



LOCATED AT 1130 NORTH 60TH ST.
HOURS: Mon-Fri 4 PM-5 PM, Sat & Sun
11 AM-12 PM and 3 PM-4 PM

Attendance is **FREE!**
Come visit our Little Nature Museum & see animals native to Wisconsin, including tree frogs, several species of turtles & snakes, and many birds, even a hawk.

JOIN US FOR... EARTH DISCOVERY CAMPS!

Encourage your kids to get out of the house and enjoy nature in a variety of ways! We will explore our environment through many exciting educational activities.

**Visit mkerec.net/discoverycamps
to learn more and to register!**

Happy Lil' Campers

Head to our pretend campsite for a morning of fun. We will set up a tent and sleeping bags, play camp games, sing camp songs and create camping themed art work. Do not worry we did not forget about the Smores- your lil' campers will make a tasty Smores trail mix to take home! Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125076
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Sat, Jul 6, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

Nature's Art Studio

Join us for summertime art in a fun, relaxed, and inspiring natural setting. Instruction and guidance will be provided, as well as basic supplies for drawing, painting (watercolor, oil, acrylic), and simple crafts. Please supply your own canvas. Class will be held outside, or indoors depending on weather. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125079
(Section codes listed below)

Hawthorn Glen (Ages 12 & up) HG08

Sat, Jul 13, 9:00AM-11:00AM
\$6 Residents/\$9 Non-Residents

Hawthorn Glen (Ages 12 & up) HG07

Sat, Jul 13, 12:00PM- 2:00PM
\$6 Residents/\$9 Non-Residents

Archery

NEW This is an opportunity to safely try archery! Participants, ages 9 and up, regardless of athletic ability, strength or gender, can get started with solid archery fundamentals as we cover technique, equipment and maintenance, mental concentration, and self-improvement. Parent/guardian must attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125031
(Section codes listed below)

Hawthorn Glen (Ages 9 & up) HG01

Sat, Aug 3, 10:00AM-12:00PM
\$6 Residents/\$9 Non-Residents

Hawthorn Glen (Ages 9 & up) HG02

Sat, Aug 3, 1:00PM- 3:00PM
\$6 Residents/\$9 Non-Residents

SPACE SCIENCE

Celebrate the Summer Solstice

NEW Celebrate the beginning of summer and learn about the longest day in the Northern Hemisphere by learning about the relationships between our Earth, the sun and beyond! Adult must register, pay and attend with child. Fee is per person. Class is non-refundable and not eligible for reduced fees.

Activity Code: 1P126001
(Section codes listed below)

Hamilton (Ages 6 & up) HA01

Tue, Jun 18, 6:30PM- 7:45PM
\$4 Residents/\$6 Non-Residents

Visit Milwaukee's Stars-Summer

Discover which planets are visible this time of year and learn to locate the Summer Triangle and constellations Lyra, Cygnus, Aquila, Sagittarius and Scorpius. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P126002
(Section codes listed below)

Hamilton (Ages 6 & up) HA01

Tue, Jul 9, 6:30PM- 7:45PM
\$4 Residents/\$6 Non-Residents

Ancient Astronomy

Astronomy is considered to be the most ancient science. The study of the sky was a vital part of early civilizations. The changing positions of the sun, moon, planets and stars were carefully noted as natural curiosity and astronomy became the backbone of social, political and religious systems. Discover archaeoastronomy as we explore the observations of ancient Britain, Egypt, the Middle East and the Americas. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P126004
(Section codes listed below)

Hamilton (Ages 6 & up) HA01

Thu, Aug 8, 6:30PM- 7:45PM
\$4 Residents/\$6 Non-Residents

**Visit pages
58 - 59 for Outdoor
Education offerings
for ages 50+!**

HAWTHORN GLEN RENTALS

Hawthorn Glen is a perfect place to host a small gathering. Reserve your next birthday party, shower, family event or meeting space with us (reservations begin in March)!

- Redwood Picnic Area, maximum 115 people
- Deer Picnic Area, maximum 70 people
- Assembly Room (indoor), maximum 40 people

For reservations or more information, call the Outdoor Education Office at 414.647.6050.

Additional information is available at:
mkerec.net/Hawthorn-Glen



GENERAL SWIM INFORMATION

What to Bring — Swimsuit, towel, and swim cap. Swim caps must be worn by all individuals entering the pool. Each swim lesson participant will receive a swim cap with their swim class registration. Additional caps may be purchased with activity code 5RAQSWIMCAP.

Height Requirements (Ages 6-14) — Students must meet the listed minimum height for each pool. Most pools have a 48" height requirement. For youth who are 42"-48" a six-inch booster step may be available. Children not able to comfortably stand in the shallow end of the pool (with or without a booster step) should be enrolled in an Infant, Lil' Squirts, Tiny-Tot or Advanced Tiny-Tot class where a parent/guardian must accompany the child in the water.

Water Temperature — Normal water temperature is 78–82° F. The only exceptions are Gaenslen, North Division, Vincent, and Marshall therapy pools which range 86–89° F.

Locker Rooms — Participants may bring a padlock for lockers. All swim gear must be removed after each class. Children five years of age or under may accompany their parent/guardian in the locker room. Children ages six and up should use the locker rooms that correspond to their gender identity.

Pre-Testing — A pre-test is given to swimmers in levels 2-6 on the first day of class to ensure that the swimmer is in the appropriate level. Instructors reserve the right to recommend alternate classes for those students unable to complete pre-tests.

Testing — Testing of swim skills learned generally occurs during the second to last lesson, and last lesson. Parents/caregivers will be given certificates on the last day indicating which level to enroll in next.

Infant and Tiny-Tot Requirements — Diapers: Regular disposable diapers are not permitted as they disintegrate in the pool. Either disposable "Little swimmers" or reusable swim diapers are required.

Parent Attendance — Parents/caregivers must accompany their children in the water for all Tiny-Tot and Adv. Tiny-Tot, and is encouraged but not required for Lil. Lv 1, Lil. Lv 2, Level 1, and Level 2 classes.

Second Child in Class — If a parent/caregiver has more than one child enrolled in Tiny-Tot or Advanced Tiny-Tot classes, the second child must be accompanied by a responsible person 16 years of age or older.

Make-up Policy — Milwaukee Recreation works diligently to ensure that our pools stay in working operation to offer consistency in our programs. In the event that more than one class is cancelled due to circumstances we cannot control, we will work to make-up the missed class at a later date. When a make-up date is unavailable, credits for the missed class will be applied to your Milwaukee Recreation account.

PARENT/ADULT AQUATICS PARTICIPATION

When is Parent/Adult involvement REQUIRED?

- Parent child classes require an adult or responsible person for each child (16 year or older) to be in the water supporting the child. Required: Infant, Tiny-Tot, Lil' Squirts, Advanced Tot. Recommended: Little Level One.
- During OPEN SWIM, Children, age 7 and under are required to have an adult with them one-on-one, in the water, within arm's reach AT ALL TIMES.

Parent/Adult IN WATER:

- Benefits of being in the pool with your young swimmer:
 - » Increased encouragement and repetition of skill practice.
 - » Increased comfort and support, this is a great time to help your child grow their listening skills and practice their swimming skills.
 - » Time to bond and have focused time together.

Parent/Adult in POOL ROOM/ OBSERVATION AREA (Not in Water):

- Benefits of being in pool room / observation area:
 - » Watching from a distance allows some students to develop a trusting relationship with the instructor.
 - » Allowing students more independence while still having you in the room for support/confidence.

Parent NOT in Pool Area or in water:

- Some students might be distracted by their adult being in the pool area and, like school, dropping your child off and leaving the pool area might be what creates the best learning environment for your swimmer.

We want you and your young swimmer to feel comfortable and to get the most out of each class. You know your child best and are encouraged to make the decision of how to support them during their swim experience. If you have questions or concerns, do not hesitate to speak with the instructor to develop a plan or call the Aquatics Office at 414.647.6053.

Guidelines from the American Red Cross. Please read to choose the appropriate swim level for your child(ren).

Level	Requirements	Course Description
Infant	Ages 6 mos. to 18 mos. An adult must accompany the child in the water. Swim diapers required. No swim caps required.	The infant program introduces the child to water in a friendly environment. The program's focus is exploration and includes songs and games. Parents will gain tips in water safety for their infants.
Lil' Squirt	Ages 18 mos. to 36 mos. An adult must accompany the child in the water. Swim diapers and swim caps required	Lil' Squirt swim lessons acquaint the child with water through a combination of songs, games and basic water skills such as kicking and floating. Water safety practices will also be included.
Tiny-Tot	Ages 3-4 yrs. Previous pool experience NOT necessary. An adult must accompany the child in the water. Swim diapers recommended. Swim caps required	Tiny-tots build elementary aquatic skills including independent floating, breath control and rudimentary paddling techniques. Safety skills include "breaking" the over-confident toddler to allow your child to realize what it takes to swim independently in water.
Advanced Tiny-Tot	Ages 4-5 yrs. Previous enrollment in Tiny-Tots OR ability to submerge entire body and kick across pool with a flotation device. An adult must accompany the child in the water.	Participants are introduced to elementary swimming skills such as kicking in a variety of ways and floating. This course serves as an appropriate transition to Level One. Parents will elaborate on safety skills, including swimming with their tot in tow.
Little Lv. 1 OR Little Lv. 2	Ages 4-6 yrs. Previous enrollment in Advanced Tots OR ability to submerge entire body and kick across pool with a kick board.	In the Lil' Level 1/2 classes, the same elementary aquatic skills from Level One/Two are taught (see descriptions below.) In addition to meeting minimum 42" height requirement, your youngster should be able to be in class without you for the 45 minute class period. Instructors will advise promotion options based on age & skill.
Level One Water Exploration	Ages 6-14 yrs. None (Please see the height requirements noted under each swim location).	In Level 1, elementary aquatic skills are taught, which children will build on as they progress through the six Learn-to-Swim levels. In addition to rhythmic breathing and floating, skills include various kicks and arm strokes. At this level, children also start to develop positive attitudes and safe practices around the water.
Level Two Fundamental Aquatic Skills	Ages 6-14 yrs. Passed Level 1 or can demonstrate completion of all requirements in Level 1.	The objective of Level 2 is to give children success with fundamental skills. Children learn: floating without support and recovering to a vertical position, exploring simultaneous and alternating arm and leg motion to lay the foundations for future strokes. An introduction to deep water is included in this course.
Level Three Stroke Development	Ages 6-14 yrs. Passed Level 2 or can demonstrate completion of all requirements in Level 2.	Level 3 builds on the skills learned in Level 2 by providing additional guided practice. Children learn: coordinating the front crawl, elementary backstroke, fundamentals of treading water, rules for head first entries and additional safety skills. Most importantly, children who successfully complete this course will be able to comfortably swim in deep water.
Level Four Stroke Improvement	Ages 6-15 yrs. Passed Level 3 or can demonstrate all Level 3 requirements. Students MUST be comfortable in deep water.	The objective of Level 4 is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Children learn to improve skills and endurance in the familiar strokes (front/back crawl), and are introduced to the elementary backstroke, breaststroke, sidestroke, and butterfly.
Level Five Advanced Strokes	Ages 6-15 yrs. Passed Level 4 or can demonstrate completion of all requirements in Level 4.	The objective of Level 5 is to coordinate the strokes that were introduced in 4. Students will put together the mechanics for elementary backstroke, breaststroke, sidestroke and butterfly. Underwater swimming & surface dives will also be included.
Level Six Stroke Refinement	Ages 6-16 yrs. Passed Level 5 or can demonstrate completion of all requirements in Level 5.	Level 6 refines all 6 strokes. Children learn: advanced techniques in all strokes (front/back crawl, butterfly, breaststroke, elementary backstroke, sidestroke) and will increase their distance endurance. Flip turns at the wall and improved diving skills will provide the student with the essentials to pursue swimming as a sport.

GENERAL SWIM CLASSES

Milwaukee Recreation would like to thank the American Red Cross Centennial Water Safety Campaign for supporting funding for all families to discover swimming at a reduced cost for the past three years.

American Red Cross



Bay View Girls

Height Requirement: 48" | Pool Temp: 79° - 82°

Monday, Jun 17 - Aug 5

Class#	Level	Start Time	End Time	Price
#1RAQ7404-BV01	Adv. Tiny Tot	4:30PM	5:15PM	\$37
#1RAQ0501-BV01	Level 1	5:30PM	6:20PM	\$37
#1RAQ0502-BV01	Level 2	6:30PM	7:20PM	\$37
#1RAQ0504-BV01	Level 4	7:30PM	8:20PM	\$37

Tuesday, Jun 18 - Aug 6

Class#	Level	Start Time	End Time	Price
#1RAQ7401-BV01	Infant	4:30PM	5:00PM	\$33
#1RAQ0501-BV05	Level 1	5:10PM	6:00PM	\$37
#1RAQ0502-BV02	Level 2	6:10PM	7:00PM	\$37

Wednesday, Jun 26 - Aug 14

Class#	Level	Start Time	End Time	Price
#1RAQ7402-BV01	Lil' Squirts	4:30PM	5:00PM	\$33
#1RAQ0502-BV03	Level 2	5:10PM	6:00PM	\$37
#1RAQ0503-BV01	Level 3	6:10PM	7:00PM	\$37
#1RAQ0505-BV01	Level 5	7:10PM	8:00PM	\$37

Thursday, Jun 20 - Aug 15

Class#	Level	Start Time	End Time	Price
#1RAQ7403-BV01	Tiny Tot	4:30PM	5:00PM	\$33
#1RAQ0503-BV02	Level 3	5:10PM	6:00PM	\$37
#1RAQ0501-BV02	Level 1	6:10PM	7:00PM	\$37

Saturday, Jun 15 - Aug 10

Class#	Level	Start Time	End Time	Price
#1RAQ7402-BV02	Lil' Squirts	8:00AM	8:30AM	\$33
#1RAQ7404-BV02	Adv. Tiny Tot	8:35AM	9:20AM	\$37
#1RAQ0501-BV03	Level 1	9:30AM	10:20AM	\$37
#1RAQ0502-BV04	Level 2	10:30AM	11:20AM	\$37
#1RAQ0503-BV03	Level 3	12:10PM	1:00PM	\$37
#1RAQ0504-BV02	Level 4	1:10PM	2:00PM	\$37
#1RAQ0501-BV04	Level 1	3:25PM	4:15PM	\$37

Gaenslen

Height Requirement: 36" | Pool Temp: 86° - 89°

Monday, Jun 17 - Aug 5

Class#	Level	Start Time	End Time	Price
#1RAQ7401-GS01	Infant	5:35PM	6:05PM	\$33
#1RAQ7404-GS05	Adv. Tot	6:10PM	6:55PM	\$37
#1RAQ7403-GS06	Tiny Tot	7:00PM	7:30PM	\$37
#1RAQ0503-GS01	Level 3	7:40PM	8:30PM	\$37

Tuesday, Jun 18 - Aug 6

Class#	Level	Start Time	End Time	Price
#1RAQ7403-GS01	Tiny Tot	5:35PM	6:05PM	\$33
#1RAQ7402-GS01	Lil' Squirts	6:10PM	6:40PM	\$33
#1RAQ0501-GS01	Level 1	6:45PM	7:35PM	\$37
#1RAQ0504-GS01	Level 4	7:45PM	8:35PM	\$37

Wednesday, Jun 26 - Aug 14

Class#	Level	Start Time	End Time	Price
#1RAQ7402-GS02	Lil' Squirts	5:35PM	6:05PM	\$33
#1RAQ7403-GS02	Tiny Tot	6:10PM	6:40PM	\$33
#1RAQ0502-GS01	Level 2	6:45PM	7:35PM	\$37
#1RAQ0505-GS01	Level 5	7:45PM	8:35PM	\$37
#1RAQ0506-GS01	Level 6	7:45PM	8:35PM	\$37

Thursday, Jun 20 - Aug 15

Class#	Level	Start Time	End Time	Price
#1RAQ0501-GS02	Level 1	5:40PM	6:30PM	\$37

Friday, Jun 21 - Aug 16

Class#	Level	Start Time	End Time	Price
#1RAQ0502-GS02	Level 2	5:40PM	6:30PM	\$37

Saturday, Jun 15 - Aug 10

Class#	Level	Start Time	End Time	Price
#1RAQ7401-GS02	Infant	8:00AM	8:30AM	\$33
#1RAQ0511-GS01	Lt. Level 1	8:35AM	9:20AM	\$37
#1RAQ7403-GS03	Tiny Tot	9:30AM	10:00AM	\$33
#1RAQ7404-GS01	Adv. Tot	10:15AM	11:00AM	\$37
#1RAQ0501-GS03	Level 1	12:00PM	12:50PM	\$37
#1RAQ0502-GS03	Level 2	1:00PM	1:50PM	\$37
#1RAQ0503-GS02	Level 3	2:00PM	2:50PM	\$37
#1RAQ0501-GS04	Level 1	3:00PM	3:50PM	\$37

Aquatics will be closed on 6/19 and 7/4 - 7/6. Additional classes may be added based on instructor availability as our staffing becomes clear. Please visit us online at mkrec.net/swim or call 414.475.8180 after 6/12 for more information.

To sign up, see page 2 • Centers are closed May 25 – 27, June 19, and July 4.

GENERAL SWIM CLASSES

Marshall

Height Requirement: 48" | Pool Temp: 83° - 86°

Monday, Jun 17 - Aug 5

Class#	Level	Start Time	End Time	Price
#1RAQ7403-MR01	Tiny Tot	6:05PM	6:35PM	\$33
#1RAQ0501-MR01	Level 1	6:40PM	7:30PM	\$37

Tuesday, Jun 18 - Aug 6

Class#	Level	Start Time	End Time	Price
#1RAQ7401-MR03	Infant	6:05PM	6:35PM	\$33
#1RAQ0502-MR01	Level 2	6:40PM	7:30PM	\$37
#1RAQ0505-MR02	Level 5	7:40PM	8:30PM	\$37

Wednesday, Jun 26 - Aug 14

Class#	Level	Start Time	End Time	Price
#1RAQ7402-MR02	Lil' Squirts	5:00PM	5:30PM	\$33
#1RAQ0511-MR01	Lt Level 1	5:35PM	6:20PM	\$37
#1RAQ0503-MR01	Level 3	6:30PM	7:20PM	\$37

Thursday, Jun 20 - Aug 15

Class#	Level	Start Time	End Time	Price
#1RAQ7404-MR01	Adv. Tot	5:00PM	5:45PM	\$37
#1RAQ0501-MR02	Level 1	5:50PM	6:40PM	\$37
#1RAQ0502-MR02	Level 2	6:45PM	7:35PM	\$37

Saturday, Jun 15 - Aug 10

Class#	Level	Start Time	End Time	Price
#1RAQ7404-MR03	Adv. Tot	8:00AM	8:45AM	\$37
#1RAQ7402-MR01	Lil' Squirts	8:50AM	9:20AM	\$33
#1RAQ0502-MR03	Level 2	9:30AM	10:20AM	\$37
#1RAQ0501-MR03	Level 1	10:30AM	11:20AM	\$37
#1RAQ0503-MR02	Level 3	12:10PM	1:00PM	\$37
#1RAQ0504-MR02	Level 4	1:10PM	2:00PM	\$37
#1RAQ0501-MR04	Level 1	2:10PM	3:00PM	\$37
#1RAQ0512-MR02	Lt Level 2	3:10PM	3:55PM	\$37

Riverside

Height Requirement: 48" | Pool Temp: 78° - 82°

Monday, Jun 17 - Aug 5

Class#	Level	Start Time	End Time	Price
#1RAQ0504-RS02	Level 4	5:00PM	5:50PM	\$37

Wednesday, Jun 26 - Aug 14

Class#	Level	Start Time	End Time	Price
#1RAQ0503-RS02	Level 3	5:00PM	5:50PM	\$37

Saturday, Jun 15 - Aug 10

Class#	Level	Start Time	End Time	Price
#1RAQ0504-RS01	Level 4	12:20PM	1:10PM	\$37
#1RAQ0505-RS01	Level 5	1:20PM	2:10PM	\$37
#1RAQ0506-RS01	Level 6	1:20PM	2:10PM	\$37
#1RAQ0503-RS01	Level 3	2:20PM	3:10PM	\$37

South Division

Height Requirement: 48" | Pool Temp: 79° - 82°

Saturday, Jun 15 - Aug 10

Class#	Level	Start Time	End Time	Price
#1RAQ0505-SD01	Level 5	8:45AM	9:35AM	\$37
#1RAQ0506-SD01	Level 6	8:45AM	9:35AM	\$37
#1RAQ0501-SD01	Level 1	10:00AM	10:50AM	\$37
#1RAQ0502-SD01	Level 2	11:00AM	11:50AM	\$37
#1RAQ7403-SD01	Tiny Tot	12:45PM	1:15PM	\$33
#1RAQ0501-SD02	Level 1	2:30PM	3:20PM	\$37
#1RAQ0503-SD01	Level 3	3:30PM	4:20PM	\$37

Washington

Height Requirement: 48" | Pool Temp: 79° - 82°

Tuesday, Jun 18 - Aug 6

Class#	Level	Start Time	End Time	Price
#1RAQ7402-WA01	Lil' Squirts	6:05PM	6:35PM	\$33
#1RAQ0501-WA01	Level 1	6:40PM	7:30PM	\$37

Thursday, Jun 20 - Aug 15

Class#	Level	Start Time	End Time	Price
#1RAQ7404-WA01	Adv. Tiny Tot	6:00PM	6:45PM	\$37
#1RAQ0502-WA01	Level 2	6:45PM	7:35PM	\$37

Saturday, Jun 15 - Aug 10

Class#	Level	Start Time	End Time	Price
#1RAQ7401-WA01	Infant	8:30AM	9:00AM	\$33
#1RAQ7403-WA01	Tiny Tot	9:05AM	9:35AM	\$33
#1RAQ0501-WA02	Level 1	9:40AM	10:30AM	\$37
#1RAQ0502-WA02	Level 2	10:45AM	11:35AM	\$37
#1RAQ0503-WA01	Level 3	11:45AM	12:35PM	\$37

Aquatics will be closed on 6/19 and 7/4 - 7/6. Additional classes may be added based on instructor availability as our staffing becomes clear. Please visit us online at mkerec.net/swim or call 414.475.8180 after 6/12 for more information.

Registration begins on May 2 • mkerec.net

ADULT SWIM**Beginner Adult Lesson**

If you are a beginning swimmer, this class will orient you to swimming essentials so you will feel comfortable in and around water. You will learn basic swim strokes and water safety techniques. Swim caps are required.

Activity Code: 1RAQ0403
(Section codes listed below)

Bay View (Ages 17 & up).....BV02

Sat, Jun 15-Aug 10, 2:15PM- 3:15PM
\$38 Residents/\$54 Non-Residents

Bay View (Ages 17 & up).....BV01

Tue, Jun 18-Aug 6, 7:15PM- 8:15PM
\$38 Residents/\$54 Non-Residents

Gaenslen (Ages 17 & up).....GS01

Thu, Jun 20-Aug 15, 7:30PM- 8:30PM
\$38 Residents/\$54 Non-Residents

Milwaukee**Marshall (Ages 17 & up)MR01**

Wed, Jun 26-Aug 14, 7:30PM- 8:30PM
\$38 Residents/\$54 Non-Residents

Riverside (Ages 17 & up).....RS01

Sat, Jun 15-Aug 10, 10:30AM-11:30AM
\$38 Residents/\$54 Non-Residents

South Division (Ages 17 & up).....SD01

Sat, Jun 15-Aug 10, 1:20PM- 2:20PM
\$38 Residents/\$54 Non-Residents

Washington (Ages 17 & up).....WA02

Tue, Jun 18-Aug 6, 7:40PM- 8:40PM
\$38 Residents/\$54 Non-Residents

Washington (Ages 17 & up).....WA01

Thu, Jun 20-Aug 15, 7:40PM- 8:40PM
\$38 Residents/\$54 Non-Residents

Intermediate Adult Lesson

Intermediate swimmers will work on refining swimming strokes. Swimming caps are required.

Activity Code: 1RAQ0404
(Section codes listed below)

Bay View (Ages 17 & up).....BV01

Thu, Jun 20-Aug 15, 7:15PM- 8:15PM
\$38 Residents/\$54 Non-Residents

**AQUA FITNESS****Aqua Boot Camp**

Make your muscles burn so that your metabolic engine will stay lit, scorching calories long after your swimsuit has dried. A powerful class for men and women, you will need to bring hand-held weights between 3-5 pounds and a water bottle to stay hydrated. Water shoes recommended. Training tactics may not be appropriate for beginning exercisers, persons with special needs or those who wish not to get their hair wet.

Activity Code: 1RAQ0301
(Section codes listed below)

RiversideRS01

(Bring weights and water bottle.)
Sat, Jun 15-Aug 10, 9:10AM-10:20AM
\$38 Residents/\$54 Non-Residents

Aqua Zumba®

The hottest fitness craze hits the cool water in the pool. Plan to have so much fun in this latin-themed pool party that you'll never miss the calories you leave behind. Water shoes recommended. Please bring a water bottle.

Activity Code: 1RAQ0302
(Section codes listed below)

South DivisionSD01

Sat, Jun 15-Aug 10, 8:45AM- 9:45AM
\$38 Residents/\$54 Non-Residents

Cardio Splash

Converting fat into lean muscle as you work against the powerful resistance of water is only the beginning of this high energy session. Fitness studies show that fat loss is expedited through interval training. You will work in sets of higher intensity intervals with periods of active rest. Endurance and intensity build each week for maximum results. Bring water bottle and hand weights to each class.

Activity Code: 1RAQ0304
(Section codes listed below)

GaenslenGS02

Tue, Jun 18-Aug 6, 4:30PM- 5:30PM
\$38 Residents/\$54 Non-Residents

GaenslenGS01

Thu, Jun 20-Aug 15, 4:30PM- 5:30PM
\$38 Residents/\$54 Non-Residents

Milwaukee MarshallMR01

Mon, Jun 17-Aug 5, 5:00PM- 6:00PM
\$38 Residents/\$54 Non-Residents

WashingtonWA01

Tue, Jun 18-Aug 6, 5:00PM- 6:00PM
\$38 Residents/\$54 Non-Residents

Deep Water Aerobics

Changing the medium in which you workout challenges the body, building muscle in places you may not have felt before. In the gym trainers use Bosu platforms and exercise balls to destabilize the environment; in the water, we take the floor away! Participants will be provided a floatation belt.

Activity Code: 1RAQ0305
(Section codes listed below)

South DivisionSD01

Mon, Jun 17-Aug 5, 6:00PM- 7:00PM
\$38 Residents/\$54 Non-Residents

South DivisionSD02

Wed, Jun 26-Aug 14, 7:00PM- 8:00PM
\$38 Residents/\$54 Non-Residents

Water Aerobics - Adult

Increase flexibility, muscle strength and endurance without joint discomfort of traditional land exercise. Sign up now to make your workout fun, not a bore or a chore.

Activity Code: 1RAQ0306
(Section codes listed below)

GaenslenGS01

Mon, Jun 17-Aug 5, 4:30PM- 5:30PM
\$38 Residents/\$54 Non-Residents

GaenslenGS03

Fri, Jun 21-Aug 16, 4:30PM- 5:30PM
\$38 Residents/\$54 Non-Residents

GaenslenGS02

Wed, Jun 26-Aug 14, 4:30PM- 5:30PM
\$38 Residents/\$54 Non-Residents

Milwaukee MarshallMR01

Thu, Jun 20-Aug 15, 7:40PM- 8:40PM
\$38 Residents/\$54 Non-Residents

South DivisionSD01

Mon, Jun 17-Aug 5, 4:40PM- 5:40PM
\$38 Residents/\$54 Non-Residents

WashingtonWA01

Thu, Jun 20-Aug 15, 5:00PM- 6:00PM
\$38 Residents/\$54 Non-Residents

YoQUA Fusion

Specially designed water exercise to ease the mind and restore the body. Gentle movements to increase flexibility and renew your spirit will be interspersed with moderate cardiovascular exercise to maintain body temperature. Participants may use floatation belts (provided) for some portions of this class.

Activity Code: 1RAQ0307
(Section codes listed below)

Milwaukee MarshallMR01

Tue, Jun 18-Aug 6, 5:00PM- 6:00PM
\$38 Residents/\$54 Non-Residents

ARC TRAINING

CPR Review

American Red Cross CPR with AED course equips you to respond to emergencies, perform chest compressions, and use an AED until professional help arrives. Vital for personal and professional contexts, healthcare workers should ensure its suitability for their role. Refunds require one-week notice. Certificate valid for 2 years. Instructor: Dr. DeSilva

Activity Code: 1RAE0201
(Section codes listed below)

OASIS (Ages 16 & up) 5501

Tue, Jun 11, 5:30PM- 8:30PM
\$36 Residents/\$54 Non-Residents

OASIS (Ages 16 & up) 5504

Wed, Jun 12, 9:00AM-12:00PM
\$36 Residents/\$54 Non-Residents

OASIS (Ages 16 & up) 5505

Thu, Jun 13, 1:00PM- 4:00PM
\$36 Residents/\$54 Non-Residents

AQUATICS TRAINING

Lifeguard Training

Ages 15 & up. Red Cross Lifeguard Training includes: water rescue, first aid and CPR. Prerequisites: Swimming 150 yards NON-STOP, immediately completing 2 minutes of treading (legs only), 50 yard swim after, breaststroke and/or front crawl. Retrieve a 10 pound brick and returning to the entry point, getting the brick and yourself out in under 1 Minute and 40 seconds. All hours of class required for certification, unless approved by Aquatics office. 414.647.6076

Activity Code: 1RAQ0601
(Section codes listed below)

South Division (Ages 15-79)SD01

(Mandatory Pre-test will be held: Sat. May 18th, 10:30am @ RiversideCall Aquatics Office to schedule an alternative pre-test or with any questions. 414-647-6076)

Mon-Thu, Jun 3-Jun 6, 8:45AM- 4:45PM
\$35 Residents/\$300 Non-Residents



Additional lifeguard and WSI trainings may become available. Please visit us online at mkerec.net/swim or call 414.475.8180 for more information.

WSI - Water Safety Instructor

Age 16 & Up. Red Cross Water Safety Instructor (WSI) course trains candidates to teach a variety of swim classes including: Learn To Swim levels 1 - 6 for youth, multiple levels of parent-child aquatics, 3 levels of swimming for adults and MORE! Prerequisites: 25 yards of proficient: Front Crawl, Back Crawl, Breaststroke, Sidestroke, Elementary Backstroke and Butterfly. Additional information available: 414.647.6053 or mkerec.net/swim.

Activity Code: 4RAQ0604
(Section codes listed below)

South DivisionSD01

(Must attend in-water pre-course session at North Division on 5/18 at 6pm. PM. Or call establish an alternative date. Written final exam offered 6/9 at 9AM - 12PM)

Mon-Fri, Jun 3-Jun 7, 8:00AM- 4:30PM
\$40 Residents/\$240 Non-Residents

LG PREP

Interested in taking or already enrolled in a lifeguard course but need some time and support in the water to ensure you can pass the Lifeguard Pre-test? Sign up for this section to prepare to pass the pre-test with an instructor. Course is FREE, but registration is required. Please bring goggles to the class. If you have any questions call the Aquatics office, 414.647.6076 or email us at Swim@mkerec.net.

Activity Code: 1RAQ0611
(Section codes listed below)

Gaenslen (Ages 14 & up)GS01

Fri, Jun 21-Aug 16, 6:40PM- 7:30PM
FREE

Milwaukee Marshall (Ages 14 & up)... MR01

Mon, Jun 17-Aug 5, 7:40PM- 8:30PM
FREE

Aqua Fit Training

Join us to learn the basics of leading Aqua-Fitness formats and enjoy a lifestyle where you are paid to workout. Fitness enthusiasts with outgoing personality are encouraged to attend. Previous experience as a participant in aqua fitness a plus. All 3 sessions include an IN-WATER workout experience - please bring appropriate fitness attire for in-water activity. Successful candidates will be considered for employment opportunities with Milwaukee Recreation.

Activity Code: 1RAQ0608
(Section codes listed below)

Riverside RS01

Fri, May 3-May 17, 6:30PM- 8:30PM
\$60 Residents/\$60 Non-Residents

ADULT COMP SWIM

Master's Swim - Weekdays

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 1RCS0701
(Section codes listed below)

Riverside (Ages 14 & up)..... RS11

Tue, Jun 18-Aug 6, 5:10AM- 6:10AM
\$31 Residents/\$46 Non-Residents

Riverside (Ages 14 & up)..... RS21

Tue, Jun 18-Aug 6, 6:15AM- 7:15AM
\$31 Residents/\$46 Non-Residents

Riverside (Ages 14 & up)..... RS01

Tue, Jun 18-Aug 6, 7:45PM- 8:45PM
\$31 Residents/\$46 Non-Residents

Riverside (Ages 14 & up)..... RS12

Thu, Jun 20-Aug 15, 5:10AM- 6:10AM
\$31 Residents/\$46 Non-Residents

Riverside (Ages 14 & up)..... RS22

Thu, Jun 20-Aug 15, 6:15AM- 7:15AM
\$31 Residents/\$46 Non-Residents

Master's Swim - Weekend

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 1RCS0702
(Section codes listed below)

South Division (Ages 14 & up)..... SD01

Sat, Jun 15-Aug 10, 7:30AM- 8:30AM
\$31 Residents/\$46 Non-Residents



Triathlon Cross Training

Coach Paul wants this to be the year you conquer your first triathlon! Triathlon specific swim techniques and tips will only be the beginning. Utilize the adjacent, newly expanded bike trails and improve running both on an outdoor track for drills and through the nearby parks for distance. Minimum recommended fitness level to be comfortable in class include: 50 yards of nonstop swim ability, 20 minute of jogging stamina and comfortable on your own bike. Participants should come prepared to swim, bike/spin and run for every class, unless instructed otherwise.

Activity Code: 1RCS0704
(Section codes listed below)

Riverside (Ages 14 & up)..... RS01

(Bring your bike to the first class. Also be prepared to swim on first day.)

Tue, Jun 18-Aug 13, 5:45PM- 7:45PM
\$45 Residents/\$67 Non-Residents

Riverside (Ages 14 & up)..... RS02

(Bring your bike to the first class. Also be prepared to swim on first day.)

Thu, Jun 20-Aug 15, 5:45PM- 7:45PM
\$45 Residents/\$67 Non-Residents

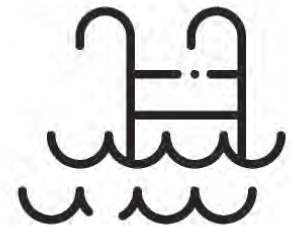
Master Swim DROP IN

The Masters Drop-in option is meant for those, individuals or groups, who want to stop in to swim with Milwaukee Recreation's Masters swim program, without the commitment of a seasonal membership. You **MUST** coordinate with the Aquatic Office to select a location(s), time(s), and the day(s) you would like to drop-in, to ensure there is adequate space.

Activity Code: 1RCS0711
(Section codes listed below)

Various (Ages 14 & up)..... 5501

Mon-Sat, Jun 18-Aug 3, 12:00AM- 1:00AM
\$8 Residents/\$8 Non-Residents



OPEN + LAP SWIM INFORMATION

Open / lap swim is available at the following locations:

- **Riverside High School**
 - » Saturdays, 6/15 - 8/10, 8:00AM - 9:00AM
- **Gaenslen School (no lap option)**
 - » Fridays, 6/21- 8/15, 7:30PM - 8:30PM

Additional open and lap swim opportunities will be listed online at mkerec.net/openswim.

Children under the age of 7 must be accompanied in the water by an adult who will remain within arm's reach of the child. Swim caps are required. Two lap swim lanes will be available on a first come, first served basis. Open / lap swim is a **FREE** program and pre-registration is required.

ACTIVITY CODE: 4RAQ1032.

YOUTH COMP SWIM

Piranhas Swim Team

The Milwaukee Piranhas Age-Group Swim Club offers youth interested in competitive swimming to join a friendly, learner-focused environment. Swimmers must be able to kick one full length (25 yards) of the pool on their back and stomach and be comfortable in deep water to join. Seasonal swim meets will be held with local age-group clubs and allow for swimmers to be introduced to competition with those of similar ability levels. Swimmers are not allowed to participate without proof of enrollment. Swimmers unable to complete prerequisite swim at first practice may be referred to a lesson program to develop swim ability. Not eligible for reduced fees.

Activity Code: 1RCS0808
(Section codes listed below)

Washington (Ages 4-19)WA02
Mon-Fri, Jun 17-Aug 16, 7:30AM-8:30AM
\$51 Residents/\$76 Non-Residents

Washington (Ages 4-19)WA01
Mon-Fri, Jun 17-Aug 16, 8:30AM-10:00AM
\$67 Residents/\$100 Non-Residents

Tidal Waves Swim Team

The Tidal Waves Age-Group Swim Team offers youth interested in competitive swimming to join a friendly, learner-focused environment. Swimmers must be able to kick one full length (25 yards) of the pool on their back and stomach and be comfortable in deep water to join. Seasonal swim meets will be held with local age-group clubs and allow for swimmers to be introduced to competition with those of similar ability levels. Swimmers are not allowed to participate without proof of enrollment. Swimmers unable to complete prerequisite swim at first practice may be referred to a lesson program to develop swim ability. Not eligible for reduced fees.

Activity Code: 1RCS0809
(Section codes listed below)

South Division (Ages 4-19)SD01
Mon/Wed, Jun 17-Aug 14, 6:00PM-6:45PM
\$39 Residents/\$58 Non-Residents

South Division (Ages 4-19)SD02
Mon-Thu, Jun 17-Aug 15, 6:00PM-7:00PM
\$51 Residents/\$76 Non-Residents

South Division (Ages 4-19)SD11
Tue/Thu, Jun 18-Aug 15, 6:00PM-6:45PM
\$39 Residents/\$58 Non-Residents

South Division (Ages 4-19)SD03
Mon-Thu, Jun 18-Aug 15, 6:45PM-8:15PM
\$67 Residents/\$100 Non-Residents

South Division (Ages 4-19)SD22
Mon-Thu, Jun 18-Aug 15, 7:00PM-8:00PM
\$51 Residents/\$76 Non-Residents

Krakens Swim Team

The Krakens Age Group Swim Team offers youth interested in competitive swimming to join a friendly, learner-focused environment. Swimmers must be able to kick one full length (25 yards) of the pool on their back and stomach and be comfortable in deep water to join. Seasonal swim meets will be held with local age-group clubs and allow for swimmers to be introduced to competition with those of similar ability levels. Swimmers are not allowed to participate without proof of enrollment. Swimmers unable to complete prerequisite swim at first practice may be referred to a lesson program to develop swim ability. Not eligible for reduced fees.

Activity Code: 1RCS0810
(Section codes listed below)

Riverside (Ages 4-19).....RS02
Mon/Wed-Fri, Jun 17-Aug 16, 6:00PM-7:00PM
\$51 Residents/\$76 Non-Residents

Riverside (Ages 4-19).....RS03
Mon/Thu, Jun 17-Aug 15, 6:00PM-6:45PM
\$39 Residents/\$58 Non-Residents

Riverside (Ages 4-19).....RS01
Mon/Wed-Fri, Jun 17-Aug 16, 6:30PM-8:00PM
\$67 Residents/\$100 Non-Residents

Riverside (Ages 4-19).....RS12
Mon/Wed-Fri, Jun 17-Aug 16, 7:00PM-8:00PM
\$51 Residents/\$76 Non-Residents

Riverside (Ages 4-19).....RS13
Wed/Fri, Jun 21-Aug 16, 6:00PM-6:45PM
\$39 Residents/\$58 Non-Residents

WARM WATER WALK INFORMATION

FRIDAYS, 6/21 - 8/15 AT GAENSLEN - 6:30PM - 7:30PM
Warm water walk is a FREE program!

Enjoy a therapy pool setting with minimum water temperatures of 86F. Each reservation via this registration is for a single person for a single session. No formal instruction provided.

ACTIVITY CODE: 4RAQ1034.



AQUATICS IS NOW HIRING!

Interested in joining the Milwaukee Recreation aquatics team? See below for all employment opportunities. Visit mkerec.net/aquatics or call 414.647.6067 for more information.

LIFEGUARDS

Starting Pay: \$16-17/hr
Age: 15+

Seasonal, year-round employment and flexible scheduling.

Two Year certification includes Red Cross First Aid, CPR, and AED.

Red Cross Lifeguarding is a National Certification Valid at Organizations around the US.

Become a Red Cross Certified Lifeguard

- » Register online at mkerec.net
- » Use coupon code: *Lifeguard Training* to save \$65
- » Call 414.647.6076 for train-to-hire opportunities

Apply online at mkerec.net/aquatics or email swim@mkerec.net with questions or for more information.

SWIM INSTRUCTORS

Starting Pay: \$17-18/hr
Age: 16+

Seasonal, year-round employment and flexible scheduling.

Teach:

- Parent-Child Aquatics
- Levels 1-6 swim for youth
- Adult Learn-to-Swim

Become a certified Water Safety Instructor (WSI)

- » Register online at mkerec.net
- » Use coupon code: *Lifeguard Training* to save \$65
- » WSI Training is FREE for current Milwaukee Recreation employees

Apply online at mkerec.net/aquatics or email swim@mkerec.net with questions or for more information.

FITNESS INSTRUCTORS

Starting Pay: \$21/hr
Age: 16+

Seasonal, year-round employment and flexible scheduling.

Teach:

- Aqua Boot Camp
- Aqua Zumba
- Deep Water Aerobics
- Drum Vibes
- Glidefit
- Water Aerobics
- YoQua Fusion

Apprenticeships available! Apply online at mkerec.net/aquatics or email swim@mkerec.net for more information.

COACHES

Starting Pay: \$16/hr for assistant coaches, \$19/hr for head coaches
Age: 15+

Coaching experience preferred but not required.

Seasonal, year-round employment and flexible scheduling.

Youth teams available:

- The Piranhas
- The Krakens
- The Tidal Waves

Adult programs available:

- Masters Swim and Tri Training

Apprenticeships available! Apply online at mkerec.net/aquatics or email swim@mkerec.net for more information.

COMMUNITY WELLNESS

Mil"WALK"ee

Join our walking club for a cardio workout while exploring Milwaukee! Each week, walk up to 4 miles in a group setting. Walk locations can be found at www.mkerec.net/wellness. Attendance at every walk is not required. Wednesday walks may include historical highlights or brief pauses along the route.

Activity Code: 1PL59003
(Section codes listed below)

Various WN01
Tue, Jun 11-Aug 13, 10:00AM-11:30AM
FREE

Various WN02
Wed, Jun 12-Aug 14, 5:30PM- 6:30PM
FREE

Various WN03
Thu, Jun 13-Aug 15, 10:00AM-11:30AM
FREE



Yoga

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation.

Activity Code: 1PL59004
(Section codes listed below)

Beulah Brinton BN01
Fri, Jun 28-Aug 16, 10:45AM-11:30AM
FREE

Fitness in the Park Yoga

Practicing Yoga outdoors has many benefits including increasing body awareness, strength and flexibility while connecting you deeper with nature. Join us for an outdoor yoga class that will take you through a series of poses and breath work. Bring your own exercise mat and water.

Activity Code: 1PL59006
(Section codes listed below)

Cupertino Park WN04
Sat, Jun 15-Aug 17, 11:00AM-12:00PM
FREE

Hawthorn Glen WN01
Tue, Jun 11-Aug 13, 5:15PM- 6:00PM
FREE

Hawthorn Glen WN05
Sat, Jun 22, 10:00AM-11:00AM
FREE

Hawthorn Glen WN06
Sat, Jul 6, 10:00AM-11:00AM
FREE

Hawthorn Glen WN07
Sat, Jul 20, 10:00AM-11:00AM
FREE

Hawthorn Glen WN08
Sat, Aug 3, 10:00AM-11:00AM
FREE

Hawthorn Glen WN09
Sat, Aug 17, 10:00AM-11:00AM
FREE

Tiefenthaler Park TF01
(2480 West Cherry St)
Tue, Jun 11-Aug 13, 10:00AM-11:00AM
FREE

**Washington Park -
Milw. County Parks WN03**
Wed, Jul 10-Aug 28, 5:00PM- 6:00PM
FREE



Total Wellness

Build muscle, get fit, and learn to cook to help prevent cancer and other health problems! Total Wellness meets twice/week and teaches easy ways to live a healthy lifestyle. The first weekly class includes interactive fun focused on health promotion, nutrition education and a fitness class. The second weekly class is a group fitness class. Total Wellness is for all fitness levels.

Activity Code: 1PL59015
(Section codes listed below)

Hamilton HA01
Wed/Sat, Jun 15-Aug 3, 9:00AM-10:30AM
\$8 Residents/\$8 Non-Residents

Milwaukee Marshall MR01
Wed/Sat, Jun 15-Aug 3, 9:00AM-10:30AM
\$8 Residents/\$8 Non-Residents



Community Bike Rides - Beginner

Discover the joy of group bike rides on Milwaukee's best trails! Rides include a short introduction on bike safety & etiquette followed by a 60-90 minute group ride led by our ride leaders. Participants must provide their own bike & helmet. Ages 16 and up welcome.

Activity Code: 1PL59016
(Section codes listed below)

Fondy Farmers Market..... WN09

(2200 W Fond du Lac Ave)
Sat, Jul 27, 10:00AM-11:30AM
FREE

Brown Deer Golf Course WN13

(7625 N Range Line Rd)
Sat, Aug 10, 10:00AM-11:30AM
FREE

Doyme Golf Course WN15

(5300 W Wells St)
Sat, Aug 17, 10:00AM-11:30AM
FREE

Estabrook Park - Milw.

County Parks WN07

(4600 Estabrook Pkwy.)
Sat, Jul 20, 10:00AM-11:30AM
FREE

Greenfield Park WN04

(12035 W Greenfield Ave.)
Sat, Jun 29, 10:00AM-11:30AM
FREE

Hart Park WN14

(7300 W Chestnut)
Thu, Aug 15, 6:00PM- 8:00PM
FREE

Kletzsch Park WN05

(6560 N Milwaukee River Pkwy)
Sat, Jul 13, 10:00AM-11:30AM
FREE

Kulwicks Park WN11

(10777 W Cold Spring Rd.)
Sat, Aug 3, 10:00AM-11:30AM
FREE

La Finca Coffeehouse WN01

(3558 E Sivyer Ave, St Francis)
Sat, Jun 15, 10:00AM-11:30AM
FREE

Lincoln Park WN03

(1301 W Hampton Ave)
Sun, Jun 23, 10:00AM-11:30AM
FREE

Mitchells Restaurant WN08

(10433 W Appleton Ave)
Sun, Jul 21, 10:00AM-11:30AM
FREE

South Shore Park WN10

(2900 S Shore Drive)
Thu, Aug 1, 6:00PM- 8:00PM
FREE

Various WN16

(South Shore Park/Kulwicks Park)
Wed, Jun 26-Aug 21, 9:30AM-11:30AM
FREE

Veterans Park Kite Store WN12

(1300 N Lincoln Memorial Dr)
Sun, Aug 4, 10:00AM-11:30AM
FREE

Whitnall Park WN06

(5879 S 92nd St)
Thu, Jul 18, 6:00PM- 8:00PM
FREE

WI State Fair Park WN02

(601 S 76th Street)
Sat, Jun 22, 10:00AM-11:30AM
FREE

Community Bike Rides - Good Morning Hank

Enjoy a ride through a variety of environments including urban, river, prairie and wooded surroundings. Rides will focus on bike trails with some street riding and will start/end at the same location. Rides are suitable for all levels. Participants must provide their own bike & helmet.

Activity Code: 1PL59018
(Section codes listed below)

Juneau Playfield WN01

(6500 W Mt. Vernon Ave)
Tue, Jun 18-Aug 13, 8:00AM-10:00AM
FREE

Community Bike Rides - Intermediate Ride

This series is for intermediate cyclists looking to train for events, build endurance & muscle strength. Rides will be two hours using various routes with occasional stops to regroup. Rides will focus on trails but must be comfortable street riding. Each ride will begin with a review of group riding safety. Participants must provide their own bike and helmet.

Activity Code: 1PL59019
(Section codes listed below)

Riverside Park WN01

(1500 E Park Place)
Tue, Jun 18-Aug 13, 6:00PM- 8:00PM
FREE

Nordic Walking for Beginners

Nordic Walking uses poles to enhance your walking experience. A technique similar to cross-country skiing & power walking, Nordic Walking is a total body workout. Class is geared towards beginners, poles are provided. Led by Alisa, Certified Nordic Walking Instructor.

Activity Code: 1PL59021
(Section codes listed below)

South Shore Park WN02

(2900 S Shore Drive)
Sun, Jun 16-Aug 4, 8:30AM- 9:30AM
FREE

Urban Ecology Center

Riverside Park WN01

(1500 E Park Place)
Sat, Jun 15-Aug 3, 9:30AM-10:30AM
FREE

Summer Stretch

Join us outdoors and experience the benefits of stretching! Class consists of static and dynamic stretches paired with mindful breathing. Stretching has multiple benefits including increased flexibility and balance and reducing joint and muscle pain. Bring your own exercise mat and water.

Activity Code: 1PL59022
(Section codes listed below)

Beulah Brinton BN01

Wed, Jun 19-Aug 7, 10:00AM-11:00AM
FREE

Fitness in the Park Zumba

Join us for a Zumba class in the park! Zumba is a fun and easy way to workout with routines that feature easy-to-follow dance steps synched to Latin music helping you tone and sculpt your body. Class is geared towards all fitness levels, ages, and suitable for beginners.

Activity Code: 1PL59027
(Section codes listed below)

Burnham Playfield WN01

Tue, Jun 18-Jul 30, 6:00PM- 7:00PM
FREE

Burnham Playfield WN02

Thu, Jun 20-Aug 1, 7:05PM- 7:55PM
FREE



Community Bike Rides - Bike Touring

Learn the basics of bike touring as you build your endurance with long distance rides. Participants should be comfortable in the saddle for 2 hours with the expectation of increasing ride time as the season progresses. Participants must provide a bike & helmet. Ages 16 and up.

Activity Code: 1PL59028
(Section codes listed below)

Hartung Park WN03

Sun, Jun 30, 12:00PM- 3:00PM
FREE

Oak Leaf Trail (Root River Line Parking Lot) WN04

Sun, Jul 14, 12:00PM- 3:00PM
FREE

Riverside WN02

Sun, Jun 16, 12:00PM- 3:00PM
FREE

Riverside WN05

Sun, Jul 28, 12:00PM- 3:00PM
FREE

Riverside WN06

Sun, Aug 11, 12:00PM- 3:00PM
FREE

Functional Strength Training

Functional fitness is strength training that prepares the body for daily activities. This class helps you real life bending, twisting, lifting, pushing, pulling & squatting. Suitable for all fitness levels, must be able to get down on the ground & up, unassisted. Bring your own exercise mat & water.

Activity Code: 1PL59031
(Section codes listed below)

Beulah Brinton BN01

Wed, Jun 26-Aug 14, 8:30AM- 9:30AM
FREE

Beulah Brinton BN02

Fri, Jun 28-Aug 16, 8:30AM- 9:30AM
FREE

Fitness in the Park Yogalates

This class combines pilates exercises with the postures and breathing techniques of yoga. It is a non-impact class to improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Please bring your own exercise mat, water bottle and wear comfortable clothing. Contact Erica@mkerec.net with questions.

Activity Code: 1PL59044
(Section codes listed below)

Burnham Playfield WN01

Thu, Jun 20-Aug 1, 6:15PM- 7:00PM
FREE

Sunrise Meditation on the Lake

Join us for some relaxing guided meditation and mindful breathing exercises while enjoying the early morning sunrise over Lake Michigan. Please bring your own yoga mat and water.

Activity Code: 1PL59033
(Section codes listed below)

Cupertino Park WN01

(2000 E Iron Street)
Thu, Jun 20-Aug 8, 7:30AM- 8:00AM
FREE

Cupertino Park WN02

(2000 E Iron Street)
Fri, Jun 21-Aug 9, 8:30AM- 9:00AM
FREE

Sunrise Yoga on the Lake

Join us for an outdoor yoga class that will take you through a series of poses and breath work while enjoying the early morning sunrise over Lake Michigan. Please bring your own yoga mat and water.

Activity Code: 1PL59034
(Section codes listed below)

Cupertino Park WN01

(2000 E Iron Street)
Thu, Jun 20-Aug 8, 8:00AM- 8:45AM
FREE

Cupertino Park WN02

(2000 E Iron Street)
Fri, Jun 21-Aug 9, 9:00AM- 9:45AM
FREE

Health is Wealth: Cancer Survivorship Program

This program focuses on healthy eating and active living for cancer survivors and their caregivers. Our goal is to teach ways to live a healthy lifestyle to individuals and families with culturally tailored community education about the link between healthy eating and active living to reduce cancer risk. Class meets twice a week and consists of nutrition & healthy lifestyle education, healthy cooking demos, and physical activity. Class taught by Leonard Wilson, Divine Intervention Fitness.

Activity Code: 1PL59040
(Section codes listed below)

OASIS 5501

Mon/Wed, Jun 10-Jul 31, 6:00PM- 8:00PM
FREE



Meditative Walking in Nature

NEW Immerse yourself in the beauty of nature with meditative walking led by an experienced guide. This walk will lead you through various mindfulness techniques encouraging you to fully engage your senses and cultivate a deep sense of awareness in the present moment.

Activity Code: 1PL59041
(Section codes listed below)

Hawthorn Glen WN01

Mon, Jun 17-Aug 12, 5:30PM- 6:15PM
FREE

Summer Sound Bath

NEW Led by a skilled sound healer, you will be guided through a journey of sounds with melodic instruments. This class offers a transformative experience leaving you feeling refreshed, rejuvenated & radiant. Bring something to lie on as this unique experience combines the healing power of sound with the tranquil ambiance of nature.

Activity Code: 1PL59042
(Section codes listed below)

Hawthorn Glen WN01

Mon, Jun 17-Aug 12, 6:15PM- 7:15PM
FREE

Morning Flow & Meditation with Ripple Effect Wellness

NEW Experience serenity at our outdoor yoga class. Awaken with gentle flows beneath the rising sun, surrounded by nature's embrace. Followed by a tranquil meditation, find inner peace amidst the calming sounds of the outdoors. Practice led by trained yoga instructors from Ripple Effect Wellness.

Activity Code: 1PL59043
(Section codes listed below)

Hawthorn Glen WN01

Thu, Jun 20-Aug 15, 8:00AM- 8:45AM
FREE

WEAVING AND FIBER ARTS



ABK Weaving Center
Gaenslen School
1250 E. Burleigh St.
414-267-5771
www.abkweavingcenter.org

Weaving Basics and Beyond

Weavers continue the learning process by developing more advanced weaving skills and planning more complex projects such as rugs, overshot, multi-harness patterns, etc. Weavers will be able to choose their own projects, try out and work with instructors on floor looms and more advanced equipment. Instructors will demonstrate advanced weaving techniques and skills. Supply fee is based on materials used. Weavers at this level will supply their own scissors, measuring tapes, and other sewing notions. Participants must have completed at least one beginning weaving class at ABK and know how to warp a loom.

Activity Code: 1RAE6905
(Section codes listed below)

Gaenslen GS04
 (Instructor: Jacquie Crema)
 Tue, Jun 18-Jul 16, 2:30PM- 5:30PM
 \$44 Residents/\$44 Non-Residents

Gaenslen GS02
 (Instructor: Jacquie Crema)
 Tue, Jun 18-Jul 16, 5:30PM- 8:30PM
 \$42 Residents/\$42 Non-Residents

Gaenslen GS09
 (Instructor: Lynn Sbonik)
 Wed, Jun 19-Jul 17, 5:30PM- 8:30PM
 \$44 Residents/\$44 Non-Residents

Gaenslen GS03
 (Instructor: Carly Neil)
 Thu, Jun 20-Jul 18, 10:00AM- 1:00PM
 \$44 Residents/\$44 Non-Residents

Gaenslen GS05
 (Instructor: Lynn Sbonik)
 Thu, Jun 20-Jul 18, 5:30PM- 8:30PM
 \$44 Residents/\$44 Non-Residents

Weaving Beginner Basics

Beginners will learn to warp the loom and weave a sampler of patterns. They will be introduced to pattern and draft weaving as well as project planning. Returning beginners will be able to hone their skills by making a scarf or table runner. Weavers are able to repeat this class as many times as they like but will be limited to these three projects. Samplers supply fee \$10 cash only is due to the instructor at the first class.

Activity Code: 1RAE6959
(Section codes listed below)

Gaenslen GS01
 (Instructor: Carly Neil)
 Mon, Jun 10-Jul 8, 5:30PM- 8:30PM
 \$44 Residents/\$44 Non-Residents

Gaenslen GS03
 (Instructor: Kallia Walkowiak)
 Wed, Jun 19-Jul 17, 5:30PM- 8:30PM
 \$44 Residents/\$44 Non-Residents

Hand Manipulated Weaves

In this class, you will make a sampler using hand manipulated weaving techniques such as Danish Medallions, Brooks Bouquet, Soumak, and more. These lovely structures will enhance your weaving and can create designs and borders on your projects. Students will be required to warp the loom independently prior to the first class using their own materials. Weavers may use either an ABK loom and warp it during open weave hours the week before class begins or use their own rigid heddle or table loom. Warping instructions and open weave hours will be provided via email after registration is received. This class is appropriate for those taking Weaving Basics & Beyond. Bring a bag lunch.

Activity Code: 1RAE6974
(Section codes listed below)

Gaenslen GS01
 (Instructor: Jacquie Crema)
 Tue/Wed, Jul 23-Jul 24, 10:00AM- 3:00PM
 \$30 Residents/\$30 Non-Residents

Tapestry Weaving

Tapestry weaving is the ideal way to create visual impact using the warp as your canvas and yarn as your paint. This class is open to weavers of all levels. Bring a small tapestry loom to class or rent one from the ABK Weaving Center. A \$5 (cash only) supply fee is due to the instructor at the first class.

Activity Code: 1RAE6919
(Section codes listed below)

Gaenslen GS01
 Tue, Jun 18-Jul 30, 9:30AM-12:00PM
 \$43 Residents/\$43 Non-Residents

ARTS & CRAFTS

Acrylic Painting

In this course you will have fun learning painting techniques such as recognizing shapes, light sources, and most importantly, values. Beginners to advanced will improve at their own pace. We will start with working from photographs along with professional guidance from award-winning artist, Laura Easey-Jones. You will be given a supply list at the point of registration. Please bring your supplies and a photo on the first day of class.

Activity Code: 1R550913
(Section codes listed below)

OASIS 5502
 Mon, Jul 8-Aug 19, 9:30AM-11:30AM
 \$31 Residents/\$47 Non-Residents

Explore Mixed Media

Make a beautiful collage with paper, torn magazine pages, texture paste, stamps, paint, matte medium, mod podge, and much more. Each project is uniquely your own. Class is for all skill levels. After you master the basics, you may continue in the next session with additional projects such as paint pouring, Shibori dyeing, and alcohol inks. Basic supplies will be provided.

Activity Code: 1R550914
(Section codes listed below)

OASIS 5502
 Mon, Jul 8-Aug 19, 12:30PM- 2:30PM
 \$31 Residents/\$47 Non-Residents

Creative Crochet Techniques

Learn and practice basic and textured stitches in this class. Explore popcorns, shells, and post stitches. Convert swatches into various accessories. Bring a skein of light-colored yarn and a suitable hook (refer to yarn label for size).

Activity Code: 1RAE0903
(Section codes listed below)

Beulah Brinton BN01
 Mon, Jun 24-Aug 12, 10:30AM-11:30AM
 \$24 Residents/\$36 Non-Residents



Learning Lego

It's not just for kids anymore. Learn the story behind the Lego phenomena along with building basics and beyond. Under local Lego legend Nealita Nelson, you will be on your way to more completely unlocking your Lego skills through enhanced builds and creativity. There is an additional \$35 materials fee.

Activity Code: 1RAE0905
(Section codes listed below)

Hamilton (Ages 13 & up)ha01
Tue, Jun 18-Jul 23, 5:30PM- 7:00PM
\$97 Residents/\$129 Non-Residents

Glass Blowing

Come melt your problems away-Experience Glass Blowing. All classes work on aspects of blocking, marvering, shaping and applying color. Students will create their own work of art in one workshop. Bring water and snacks to class. Fee includes supply cost and is non-refundable. Classes held at: Square One Art Glass, 5322 W. Vliet Street, www.squareoneartglass.com

Activity Code: 1RAE0928
(Section codes listed below)

Square One Art ClassSG01
(Orb)
Sat, Jul 13, 9:00AM-11:00AM
\$70 Residents/\$105 Non-Residents

Square One Art ClassSG02
(Pumpkin)
Sat, Jul 27, 9:00AM-11:00AM
\$130 Residents/\$195 Non-Residents

Square One Art ClassSG03
(Bowl)
Sat, Aug 3, 9:00AM-11:00AM
\$80 Residents/\$120 Non-Residents

Square One Art ClassSG04
(Paperweight)
Sat, Aug 24, 9:00AM-11:00AM
\$120 Residents/\$158 Non-Residents

Square One Art ClassSG05
(Ornament)
Sat, Sep 7, 9:00AM-11:00AM
\$70 Residents/\$105 Non-Residents

Square One Art ClassSG06
(Bowl)
Wed, Sep 18, 5:30PM- 7:00PM
\$120 Residents/\$180 Non-Residents

Square One Art ClassSG07
(Ornament)
Sat, Oct 12, 9:00AM-11:00AM
\$70 Residents/\$105 Non-Residents

Candle Making

Craft your tranquility! Choose a scent, and design, and make your soy-wax candle in this workshop. Expert guidance, all supplies included. Offered by Blossom Candle Co. Fee, covering supplies is non-refundable. Create, relax, and take home your custom candle.

Activity Code: 1RAE0946
(Section codes listed below)

Hamilton HA02
Wed, Jul 24, 6:30PM- 8:00PM
\$25 Residents/\$38 Non-Residents

Riverside RS01
Mon, Jun 24, 6:30PM- 8:00PM
\$25 Residents/\$38 Non-Residents

Riverside RS02
Mon, Aug 5, 6:30PM- 8:00PM
\$25 Residents/\$38 Non-Residents

Sewing 101

Been a long time since you touched a sewing machine? Maybe never? This class will teach you the basics of sewing machines, sewing terminology and techniques, and working with patterns. Supply list provided at the first class to create an easy bag. Sewing machines are available or bring your own.

Activity Code: 1RAE0988
(Section codes listed below)

Milwaukee Marshall MR02
Sat, Jun 22-Aug 3, 8:45AM-10:45AM
\$36 Residents/\$54 Non-Residents

Milwaukee Marshall MR03
Sat, Jun 22-Aug 3, 11:00AM- 1:00PM
\$36 Residents/\$54 Non-Residents

Milwaukee Marshall MR01
Wed, Jun 26-Jul 31, 6:00PM- 8:00PM
\$36 Residents/\$54 Non-Residents



Crocheting / Knitting

Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

Activity Code: 1RAE1202
(Section codes listed below)

Milwaukee Marshall MR01
Mon, Jun 24-Jul 29, 6:00PM- 8:00PM
\$36 Residents/\$54 Non-Residents

Open Sewing

This class is for people who have some sewing experience. If you need some time that you can dedicate to finishing your sewing projects, this is the class for you. Come ready with your ideas/ unfinished projects and let's have some fun! Bring your own machine/thread, or use the machines provided. Irons and ironing boards are also available. Prerequisite for this class is sewing 101 or previous sewing experience.

Activity Code: 1RAE1207
(Section codes listed below)

Hamilton HA01
Thu, Jun 20-Aug 1, 6:00PM- 8:00PM
\$41 Residents/\$62 Non-Residents

Survival Sewing

Learn the basics of operating a sewing machine by sewing straight and curved lines and turning corners on paper. In this class you will learn how to sew a button on material, thread the sewing machine and a simple pillow with fabric to make a hem. Bring basic sewing supplies which include scissors, sewing pins, seam ripper and fabric to class. This class is for beginners and those who want to be able to utilize a sewing machine or fixing sewing problems at home.

Activity Code: 1RAE1208
(Section codes listed below)

Hamilton HA01
Sat, Jun 29-Jul 20, 1:00PM- 3:00PM
\$19 Residents/\$29 Non-Residents

Knitting

Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

Activity Code: 1RAE1210
(Section codes listed below)

Hamilton HA01
Wed, Jun 19-Jul 31, 6:30PM- 8:30PM
\$41 Residents/\$62 Non-Residents

Crochet Club

Join us for socializing, conversation, and some hardcore crocheting. Bring your projects to work on and share ideas and techniques in a friendly community atmosphere. Remember to show off your progress and finished projects with pride!

Activity Code: 1RAE1220
(Section codes listed below)

Hamilton HA01
Mon, Jul 17-Aug 5, 6:30PM- 8:30PM
\$19 Residents/\$29 Non-Residents



Landscape Painting

Explore landscape painting in a relaxing classroom setting. Utilize acrylics and work from photos, focusing on developing your unique interpretation. The class begins with a brief demonstration to kickstart your creativity. Transform your perspective and learn the art of painting.

Activity Code: 1RAE2003
(Section codes listed below)

Riverside RS01
(Level 1)
Tue, Jun 11-Jul 30, 6:00PM- 8:00PM
\$36 Residents/\$54 Non-Residents

Painting Portraits from Photos

Discover the art of seeing others through acrylic or oil painting. Uncover your unique approach in this class, starting with drawing and progressing to painting. Explore bone structure, muscles, and anatomy. Each session begins with a brief demonstration to guide your artistic journey.

Activity Code: 1RAE2006
(Section codes listed below)

Riverside RS01
Mon, Jun 10-Jul 29, 6:00PM- 8:00PM
\$36 Residents/\$54 Non-Residents

Expressive, Flowing Watercolor Portrayals

Master dynamic watercolor techniques in this workshop. Create vivid compositions, sculpt with brushes, and explore transparent media. Instructor demos and guides. Bring your supplies. Contact Brinton for the list: 414-481-2494.

Activity Code: 1RAE2007
(Section codes listed below)

Beulah Brinton BN01
Thu, Jun 13-Jun 27, 3:15PM- 5:15PM
\$19 Residents/\$29 Non-Residents

Beulah Brinton BN02
Thu, Jul 11-Jul 25, 3:15PM- 5:15PM
\$19 Residents/\$29 Non-Residents

Beulah Brinton BN03
Thu, Aug 8-Aug 22, 3:15PM- 5:15PM
\$19 Residents/\$29 Non-Residents

Watercolor Painting

Create splendid, watercolor images applying magical layering of this transparent media. Explore expressive, effortless methods and techniques. Instructor offers demos and enthusiastic, personal guidance. Bring supplies to all sessions (call Brinton for supply list 414.481.2494).

Activity Code: 1RAE2008
(Section codes listed below)

Beulah Brinton BN01
(Beg.)
Wed, Jun 12-Jun 26, 6:30PM- 8:30PM
\$19 Residents/\$29 Non-Residents

Beulah Brinton BN02
(Adv.)
Thu, Jun 13-Jun 27, 6:15PM- 8:15PM
\$23 Residents/\$35 Non-Residents

Beulah Brinton BN03
(Beg.)
Wed, Jul 10-Jul 24, 6:30PM- 8:30PM
\$19 Residents/\$29 Non-Residents

Beulah Brinton BN04
(Adv.)
Thu, Jul 11-Jul 25, 6:15PM- 8:15PM
\$23 Residents/\$35 Non-Residents

Beulah Brinton BN06
(Adv.)
Thu, Aug 8-Aug 22, 6:15PM- 8:15PM
\$23 Residents/\$35 Non-Residents

Beulah Brinton BN05
(Beg.)
Wed, Aug 14-Aug 28, 6:30PM- 8:30PM
\$19 Residents/\$29 Non-Residents

Explore Painting with Acrylics

Master color application, blending, and layering techniques, including proper color mixing. Explore the impact of light on object colors. Bring your photos for painting. Prerequisite: completion of a beginner-level class. \$10 cash supply fee due at the first class, non-refundable class fee.

Activity Code: 1RAE2023
(Section codes listed below)

Hamilton HA01
(Beginner)
Tue, Jun 18-Jul 9, 6:00PM- 8:00PM
\$65 Residents/\$98 Non-Residents

Hamilton HA03
(Painting Club)
Thu, Jun 20-Aug 8, 6:00PM- 8:00PM
\$41 Residents/\$62 Non-Residents

Hamilton HA02
(Intermediate)
Tue, Jul 16-Aug 6, 6:00PM- 8:00PM
\$65 Residents/\$98 Non-Residents

Canvas Art

This is a space for adults to come create unique canvas art pieces to take home. Participants will learn about color mixing, shapes, and detail. Explore the creative process, develop their artistic skills & experiment with a variety of art materials. Class fee includes supply cost and is non-refundable.

Activity Code: 1RAE2031
(Section codes listed below)

Milwaukee Marshall MR01
Wed, Jun 26-Jul 17, 5:30AM- 7:00PM
\$30 Residents/\$45 Non-Residents

Color Pouring: Marble Pour

NEW Color pouring is a fluid art technique using acrylic paints and pouring mediums to create a one-of-a-kind masterpiece. This class will focus on marble pour technique. Paint is poured using a puddle pour technique and the marble effect is created by adding a marble on top of the canvas and letting it roll. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

Activity Code: 1RAE2032
(Section codes listed below)

Milwaukee Marshall MR01
Wed, Jun 26, 6:00PM- 8:00PM
\$40 Residents/\$60 Non-Residents

Color Pouring: Dutch Color Pour

NEW Color pouring is a fluid art technique using acrylic paints and pouring mediums to create a one-of-a-kind masterpiece. This class will focus on dutch pour technique. This acrylic pouring technique that uses air to manipulate the paints on a canvas. You can use a hair dryer, straw, your lungs, or anything that causes the flow of air to make a dutch pour. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

Activity Code: 1RAE2033
(Section codes listed below)

Milwaukee Marshall MR01
Wed, Jul 10, 6:00PM- 8:00PM
\$40 Residents/\$60 Non-Residents



Color Pouring: Paper Towel Swipe

NEW

Color pouring is a fluid art technique using acrylic paints and pouring mediums to create a one-of-a-kind masterpiece. Paper towel swipe is an easy technique for beginners. A majority of the canvas is covered with paint and then, using a damp paper towel, you will gently slide paint over the other colors creating a swipe/reptile pattern. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

Activity Code: 1RAE2034
(Section codes listed below)

Milwaukee MarshallMR01
Wed, Jul 17, 6:00PM- 8:00PM
\$40 Residents/\$60 Non-Residents

Color Pouring: Dirty Cup Pour

NEW

Color pouring is a fluid art technique using acrylic paints and pouring mediums to create a one-of-a-kind masterpiece. Dirty cup pour is a technique where all paint colors are added to a cup or container at the same time and then poured together to create an acrylic pouring effect with the paint. Also known as a flip cup. A cell activator can be added to this technique to create cells. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

Activity Code: 1RAE2035
(Section codes listed below)

Milwaukee MarshallMR01
Wed, Jul 24, 6:00PM- 8:00PM
\$40 Residents/\$60 Non-Residents

Color Pouring: Beach Themed

NEW

Color pouring is a fluid art technique using acrylic paints and pouring mediums to create a one-of-a-kind masterpiece. This class will use a variety of blue acrylic paints and pouring medium to create a beach scene. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

Activity Code: 1RAE2036
(Section codes listed below)

Milwaukee MarshallMR01
Wed, Jul 31, 6:00PM- 8:00PM
\$40 Residents/\$60 Non-Residents

Nail Workshop

In this 2 hour workshop, you will be introduced to the exciting nail industry! Students will work with mannequin fingers to create works of art for the present and future. Workshop will include the following supplies: mannequin fingers, polish, full coverage nail tips, mini-nail art supply kit, nail glue, and a full presson Care kit. Workshop taught by Jeronica Brister of JB Nails, certified nail technician.

Activity Code: 1RAE5471
(Section codes listed below)

Riverside (Ages 15 & up).....RS01
Sat, Jun 22, 1:00PM- 3:00PM
\$110 Residents/\$165 Non-Residents

Riverside (Ages 15 & up).....RS02
Sat, Jul 27, 1:00PM- 3:00PM
\$110 Residents/\$165 Non-Residents

Riverside (Ages 15 & up).....RS03
Sat, Aug 10, 1:00PM- 3:00PM
\$110 Residents/\$165 Non-Residents

CATE'S COOKERY

Cooking with Fresh & Dried Herbs

We will explore avenues to accentuate food flavors using various herbs that grow in Wisconsin. These non-woody, leafy plants pack a natural punch into savory and sweet dishes. For starters, we will make a Basil Tomato Tart and Rosemary & Thyme Crackers. Then, we will stir up several ethnic herb blends for various uses. Our entree will be aromatic French Tarragon Chicken. The lovely Lavender Butter Cookies will steal your heart and your taste buds. Fee includes food cost and is non-refundable.

Activity Code: 1RAE1910
(Section codes listed below)

HamiltonHA01
Sat, Jun 15, 11:00AM- 2:00PM
\$29 Residents/\$44 Non-Residents



COOKING

Tomatoes and Salsa

In this hands-on class, Master Food Preserver Annie Wegner LeFort will offer tips and techniques on safe home hot water bath canning. We will make a batch of tomato salsa and everyone will take home a jar. Please bring a small bag or box to carry hot items home. Handouts and recipes included. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RAE1604
(Section codes listed below)

Beulah BrintonBN01
Mon, Sep 9, 5:30PM- 7:30PM
\$24 Residents/\$36 Non-Residents



Pickling

In this hands-on class, Master Food Preserver Annie Wegner LeFort will offer tips and techniques on safe home hot water bath canning. We will make a batch of pickles and everyone will take home a jar. Please bring a small bag or box to carry hot items home. Handouts and recipes included. Fee includes food cost and is non-refundable.

Activity Code: 1RAE1630
(Section codes listed below)

Beulah BrintonBN01
Thu, Aug 29, 5:30PM- 7:30PM
\$24 Residents/\$36 Non-Residents

Southern Cooking: Salmon Croquettes

Join us to master the art of crafting scrumptious salmon croquettes. Get ready to sizzle and sear as you create these crispy, golden delights bursting with flavor. Class fee includes food cost and is non-refundable.

Activity Code: 1RAE1635
(Section codes listed below)

Milwaukee MarshallMR01
Thu, Jul 25, 6:00PM- 8:00PM
\$24 Residents/\$36 Non-Residents

Southern Cooking: Chicken Salad

NEW

Join us to learn to make a delicious chicken salad with juicy grapes and crunchy walnuts. Dive into a world of flavors as you mix, chop, and toss your way to a mouthwatering dish that is perfect for any occasion. Class fee includes food cost and is non-refundable.

Activity Code: 1RAE1614
(Section codes listed below)

Milwaukee Marshall MR01
Thu, Jul 11, 6:00PM- 8:00PM
\$21 Residents/\$32 Non-Residents

Taste of the World: South America

(Brazil and Venezuela) Come join us as we will make the following traditional South American food dishes. We will prepare food from Brazil: Brigadeiros (chocolate truffles), XinXim (Candorblé chicken, shrimp and peanut stew), and Venezuela: Venezuelan Tajadas (sweet plantains), Mazamorra Campesina (sweet corn stew) and Cerdo y Papa (pork and potato soup). Fee includes food cost and is non-refundable.

Activity Code: 1RAE2213
(Section codes listed below)

Hamilton HA01
(Brazil & Venezuela)
Mon, Aug 5, 6:00PM- 8:00PM
\$29 Residents/\$44 Non-Residents

A Taste of North Africa - Tunisia!

Tunisia is a North African country that is bordered by the Mediterranean Sea and the Sahara Desert. The official language of Tunisia is Arabic. The Tunisian cuisine is a combination of the French, Arabic, Mediterranean and Middle Eastern flavors. The main dish that is served in Tunisia is "couscous" and it is usually served with meat and vegetables. A variety of flavors are used in Tunisian cooking such as: olive oil, aniseed, coriander, cumin, caraway, cinnamon, saffron, mint, orange blossom and rose water. We will be making traditional Tunisian food: Assiette Tunisienne (salad platter), Lablabi (Tunisian Chickpea Soup), Vegetable Couscous, Kaftaj (traditional vegetable dish), Tunisian Chicken and a Tunisian Dessert. Fee includes food cost and is non-refundable.

Activity Code: 1RAE2237
(Section codes listed below)

Hamilton HA01
Mon, Jun 24, 6:00PM- 8:00PM
\$29 Residents/\$44 Non-Residents



Olive Oil

Olive Oil is a key part of the Mediterranean Diet and has been used for thousands of years in the Mediterranean and the Middle East. It has been referred to by many as "liquid gold". There are 11 or more health benefits for olive oil according to scientific research. Let us show you how olive oil can help you. In Part 1 we will be making salad dressings, salads, side dishes, main dishes and a dessert. In Part 2 we will be making food dishes from: Crete, Crete/Ikaria, Greece, Italy and Turkey. Participants are welcome to take either or both classes, Part 1 is not a pre-requisite to Part 2. Fee includes food cost and is non-refundable.

Activity Code: 1RAE2276
(Section codes listed below)

Riverside RS01
(Part 1 - The Health Benefits)
Sat, Jul 13, 10:30AM- 1:00PM
\$26 Residents/\$39 Non-Residents

Riverside RS02
(Part 2 - The Mediterranean Diet)
Sat, Jul 20, 10:30AM- 1:00PM
\$26 Residents/\$39 Non-Residents

Korean Cooking: Korean BBQ, Bulgogi

Bulgogi (Korean Barbecue) is a dish of thinly sliced beef that is pre-marinated with various seasonings and grilled over high heat. Bulgogi has been popular since the 1950's due to its unique flavor and quick cooking times.

Activity Code: 1RAE2400
(Section codes listed below)

Hamilton HA01
Wed, Jul 24, 6:00PM- 8:00PM
\$24 Residents/\$36 Non-Residents

Korean Cooking: Korean Fried Noodles

Japchae (Korean fried noodles) is prepared by stir-frying potato noodles with various vegetables. It is a popular dish most always present on holidays and traditional ceremonies.

Activity Code: 1RAE2404
(Section codes listed below)

Hamilton HA01
Wed, Jun 26, 6:00PM- 8:00PM
\$24 Residents/\$36 Non-Residents

Korean Cooking: Bibimbap

Come and learn how to prepare another traditional Korean dish! This Bibimbap dish contains steamed white rice cooked with soybean sprouts and ground beef. Soybean sprouts contain the same nutritional factors as soybeans and are also rich in Vitamin C.

Activity Code: 1RAE2406
(Section codes listed below)

Hamilton HA01
Wed, Jun 26, 5:00PM- 7:00PM
\$24 Residents/\$36 Non-Residents

Korean California Roll (Gimbap)

Gimbap is a dish made from cooked rice and other ingredients such as vegetables, fish or various meats that are rolled in dried sheets of seaweed. Come join this class to learn how to make these bite sized rolls of goodness!

Activity Code: 1RAE2407
(Section codes listed below)

Hamilton HA01
Wed, Jul 3, 6:00PM- 8:00PM
\$24 Residents/\$36 Non-Residents

CYCLING AND BIKE MAINTENANCE

Bike Maintenance with Billie

Learn essential bike maintenance skills for beginners in this class by Billie Myhra. Save time and money while ensuring safe rides. Topics include fixing a flat tire, a slipped chain, minor brake repair, and seasonal cleaning. Bring your bike. Youth and adult classes combined. Non-refundable class fee.

Activity Code: 1RAE2807
(Section codes listed below)

Hamilton HA01
Sat, Jul 13, 10:00AM-11:30AM
\$8 Residents/\$12 Non-Residents

MacDowell JU02
Sat, Jun 22, 10:00AM-11:30AM
\$8 Residents/\$12 Non-Residents

Riverside RS02
Sat, Jul 20, 10:00AM-11:30AM
\$8 Residents/\$12 Non-Residents

DANCE

Adult Ballet

Through traditional ballet class structure of barre work, center exercise and traveling across the floor, adult ballet classes help you dance your way to stronger, longer muscles, improve posture, flexibility, agility, balance and core strength in a supportive and upbeat environment.

Activity Code: 1RAE2901
(Section codes listed below)

Milwaukee Marshall MR01

Mon, Jun 24-Jul 29, 6:00PM- 7:30PM
\$27 Residents/\$41 Non-Residents

African Dance

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome. Class is combined with youth class.

Activity Code: 1RAE2902
(Section codes listed below)

Riverside RS01

Sat, Jun 8-Jul 27, 1:00PM- 2:00PM
\$23 Residents/\$35 Non-Residents

Ballroom Survival

When you attend a wedding or reunion, are you envious of the people gliding across the dance floor? Learn to waltz, fox-trot, cha-cha, etc., so that when the next song plays, you are the one sweeping others off their feet. Wear casual dress shoes.

Activity Code: 1RAE2904
(Section codes listed below)

Milwaukee Marshall MR01

Tue, Jun 25-Jul 30, 7:00PM- 8:00PM
\$19 Residents/\$29 Non-Residents

Hip Hop

This class teaches a combination of jazz and hip-hop/funk dance routines to popular pop and hip-hop songs.

Activity Code: 1RAE2918
(Section codes listed below)

Hamilton HA01

Mon, Jun 24-Jul 29, 7:00PM- 8:00PM
\$19 Residents/\$29 Non-Residents

Hamilton HA02

Thu, Jun 27-Aug 1, 7:00PM- 8:00PM
\$19 Residents/\$29 Non-Residents

Salsa & Bachata Dance

Learn the two most popular Latin club dances in world! Learn the basics of "lead and follow", Latin body movement, musicality, and dance etiquette. No partner or experience required! Dancers rotate partners.

Activity Code: 1RAE2920
(Section codes listed below)

Riverside RS01

(Salsa & Bachata)
Mon, Jun 10-Jul 29, 7:00PM- 8:00PM
\$19 Residents/\$29 Non-Residents



Modern Dance

Learn how to move abstractly, fluidly and portray stories through meaningful movements and expressions. Included are beneficial stretches, flexibility techniques and a variety of choreography pieces.

Activity Code: 1RAE2944
(Section codes listed below)

Hamilton HA01

Tue, Jun 25-Jul 30, 7:00PM- 8:00PM
\$19 Residents/\$29 Non-Residents

FIBER ARTS

Beginners Crocheting

Are you interested in a relaxing and satisfying pastime? Join us in learning the basics of crocheting. Seriously, we're not just spreading yarns! You'll be delighted with what you'll learn and what you can create! Please bring your own crochet hooks and a skein of yarn.

Activity Code: 1RAE1219
(Section codes listed below)

Hamilton HA01

Tue, Jun 25-Aug 6, 6:30PM- 8:30PM
\$46 Residents/\$69 Non-Residents

FINANCE

Credit and Debt Management Workshop

NEW

This class will help you understand credit history, credit scores, different types of credit, credit builder strategies, and ways to get out of debt. Class taught by a Financial Educator from the UW-Madison Extension Milwaukee County Office..

Activity Code: 1RAE3416
(Section codes listed below)

Hamilton HA01

Tue, Jun 18, 6:00PM- 7:30PM
FREE

Hamilton HA02

Tue, Jul 23, 6:00PM- 7:30PM
FREE



Budgeting Workshop

This class will explore challenges in managing expenses, tools to track spending and addressing an individual's spending needs vs. wants. Class taught by a Financial Educator from the UW-Madison Extension Milwaukee County Office.

Activity Code: 1RAE3418
(Section codes listed below)

Hamilton HA01

Tue, Jul 9, 6:00PM- 7:30PM
FREE

Hamilton HA02

Tue, Aug 6, 6:00PM- 7:30PM
FREE



FITNESS

Zumba Gold®

Zumba® Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Join other older adults that want camaraderie, excitement, and fitness as a regular part of their weekly schedule. It is a dance-fitness class that is friendly, and most of all, fun.

50+ Activity Code: 1R553503
(Section codes listed below)

OASIS 5501
Mon, Jun 17-Aug 19, 10:15AM-11:15AM
\$23 Residents/\$35 Non-Residents

OASIS 5503
Thu, Jun 20-Aug 22, 10:15AM-11:15AM
\$21 Residents/\$32 Non-Residents

Chair Yoga

People of all abilities experience greater health and well-being in this chair yoga plus strength, exercise class. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance, and breathing, and an overall sense of greater well-being. This class is ONLY available to OASIS Members (annual membership fee is \$15/Res and \$25/Non-Res). Membership is valid for one year from purchase date. Online registration is not available for this class.

50+ Activity Code: 1R553508
(Section codes listed below)

OASIS 5501
(OASIS Membership Required. See fees above.)
Mon/Wed/Fri, Jun 17-Aug 30, 9:00AM-10:00AM
FREE

Fit Over 50

You CAN Do This Fitness Class is about dynamic muscle and toning exercises that include stretching, cardio, strength training, and abdominal work. This fit camp is designed to teach techniques that will improve and maintain muscle tone, functional strength, and overall cardiovascular health. A variety of equipment will be introduced such as light weights, Resist-a-Balls, and more.

50+ Activity Code: 1R553511
(Section codes listed below)

Enderis Playfield EF01
Thu, Jun 6-Jun 27, 11:30AM-12:30PM
\$10 Residents/\$15 Non-Residents

Enderis Playfield EF02
Thu, Jul 11-Aug 1, 11:30AM-12:30PM
\$10 Residents/\$15 Non-Residents

Enderis Playfield EF03
Thu, Aug 8-Aug 29, 11:30AM-12:30PM
\$10 Residents/\$15 Non-Residents

OASIS 5501
Wed, Jun 5-Jun 26, 12:30PM- 1:30PM
\$10 Residents/\$15 Non-Residents

OASIS 5502
Wed, Jul 10-Jul 31, 12:30PM- 1:30PM
\$10 Residents/\$15 Non-Residents

OASIS 5503
Wed, Aug 7-Aug 28, 12:30PM- 1:30PM
\$10 Residents/\$15 Non-Residents

Building Strength

Get functional strength training and full body conditioning. This class provides opportunities to challenge all levels of fitness in addition to a 50+ level of fitness option by using a variety of equipment to create more mobility and strength for daily activities, as well as sculpt your entire body.

Activity Code: 1R553517
(Section codes listed below)

OASIS (Ages 50 & up) 5501
(Class content geared to 50+ age group)
50+ Tue, Jun 11-Aug 6, 9:00AM- 9:50AM
\$19 Residents/\$29 Non-Residents

OASIS 5502
(Intermediate/Advanced)
Tue, Jun 11-Aug 6, 10:00AM-10:50AM
\$19 Residents/\$29 Non-Residents

Core Strength

Time to tighten your core, the most important part of your body for stabilization. In this class you will increase the strength and endurance of your core muscles and improve your balance.

Activity Code: 1R553518
(Section codes listed below)

OASIS 5501
(Class content geared to 50+ age group)
50+ Tue, Jun 11-Aug 6, 11:00AM-11:30AM
\$10 Residents/\$15 Non-Residents

OASIS 5502
(Intermediate/Advanced)
Tue, Jun 11-Aug 6, 11:40AM-12:10PM
\$10 Residents/\$15 Non-Residents

OASIS 5504
(Class content geared to 50+ age group)
50+ Wed, Jun 12-Aug 7, 12:45PM- 1:15PM
\$10 Residents/\$15 Non-Residents

OASIS 5503
(Class content geared to 50+ age group)
50+ Fri, Jun 14-Aug 9, 11:45AM-12:15PM
\$10 Residents/\$15 Non-Residents

T'ai Chi & Qigong

Experience the Chinese arts of T'ai Chi & Qigong for relaxation and energy balance. Wear comfortable clothing and flat-soled shoes or stocking feet. Suitable for all fitness levels, including seniors and those with health limitations, with adjustable movements.

50+ Activity Code: 1R553519
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Tue, Jun 4-Jul 9, 9:45AM-10:45AM
\$14 Residents/\$21 Non-Residents

OASIS (Ages 50 & up) 5502
Tue, Jul 16-Aug 20, 9:45AM-10:45AM
\$14 Residents/\$21 Non-Residents

Bootcamp

This class is an introduction to an intense workout that will include strength, conditioning, speed work, balance, and plyometric drills. Watch your stamina and fitness level soar to new heights. THIS IS AN ADVANCED CLASS.

Activity Code: 1R553520
(Section codes listed below)

OASIS 5501
(Advanced)
Fri, Jun 14-Aug 9, 9:00AM- 9:50AM
\$19 Residents/\$29 Non-Residents

Interval Training

This highly energetic class involves alternating bursts of intense activity with recovery periods. This is an efficient training method that helps to increase your cardiovascular intensity without burning yourself out. THIS IS AN ADVANCED CLASS.

Activity Code: 1R553521
(Section codes listed below)

OASIS 5501
(Advanced)
Fri, Jun 14-Aug 9, 10:00AM-10:50AM
\$19 Residents/\$29 Non-Residents



TRX

This revolutionary workout method uses your body weight and gravity as resistance to build strength, balance, coordination, flexibility, core, and joint stability. This class will take you through a multitude of TRX exercises for your entire body.

Activity Code: 1R553522
(Section codes listed below)

OASIS 5502
Tue, Jun 11-Aug 6, 12:20PM-12:50PM
\$10 Residents/\$15 Non-Residents

OASIS 5503
Wed, Jun 12-Aug 7, 12:00PM-12:30PM
\$10 Residents/\$15 Non-Residents

OASIS 5501
Fri, Jun 14-Aug 9, 11:00AM-11:30AM
\$10 Residents/\$15 Non-Residents

Drums Alive® Golden Beats

NEW This fun rhythmical drumming program specially designed for older adults combines the rhythms of drumming and movement to energize the mind and body. Increase cardiovascular health, strength and flexibility, synchronization of brain wave activity, mental awareness, socialization, and overall wellbeing. When we drum we are having FUN! No experience needed and each class accommodates a variety of fitness levels.

50+ **Activity Code: 1R553524**
(Section codes listed below)

OASIS 5501
Mon, Jun 17-Jul 15, 2:15PM-2:45PM
\$8 Residents/\$12 Non-Residents

OASIS 5502
Mon, Jul 22-Aug 19, 2:15PM-2:45PM
\$8 Residents/\$12 Non-Residents

Chair Zumba® Gold

NEW Chair Zumba® Gold is designed for older adults looking to increase their activity in an inviting, safe, and fun environment. The class is done entirely in a chair providing extra support for those with mobility or balance challenges. Enjoy the traditional Zumba beats with exhilarating and easy-to-follow moves.

50+ **Activity Code: 1R553525**
(Section codes listed below)

OASIS 5501
Wed, Jul 10-Aug 28, 2:15PM-2:45PM
\$10 Residents/\$15 Non-Residents

4 in 1 Training

This class is a combination of Spiced up Cardio, Boxing Aerobics, Body Sculpting and Step Aerobics. Burn off the calories and shape your body while having fun!

Activity Code: 1RAE3501
(Section codes listed below)

Beulah Brinton BN01
Tue, Jun 25-Aug 13, 7:15PM-8:15PM
\$29 Residents/\$44 Non-Residents

ABSoGLUTELY Fit

Want to look and feel better? In this class we will work on your upper and lower abdominals. In addition to improving you abs, students will focus on toning their gluteus and hamstrings. Bring your own exercise mat or purchase at site for \$10.00.

Activity Code: 1RAE3502
(Section codes listed below)

Beulah Brinton BN01
Mon, Jun 24-Aug 12, 6:10PM-7:10PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN02
Wed, Jun 26-Aug 14, 6:00PM-7:00PM
\$29 Residents/\$44 Non-Residents

Belly Dance Aerobics

Tighten and tone with Belly Dance Aerobics! Isometric movements target the waist, hips, and abs for flexibility and conditioning. Bring a hip scarf or buy one from the instructor for \$10.

Activity Code: 1RAE3504
(Section codes listed below)

Hamilton HA01
Mon, Jun 24-Jul 29, 7:00PM-8:00PM
\$19 Residents/\$29 Non-Residents

Body Sculpting

Use bands and weights to tone all areas of your body. Improve your mind, as well as your self-image. Bring your own weights and toning band. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 1RAE3505
(Section codes listed below)

Beulah Brinton BN01
Tue, Jun 25-Aug 13, 6:00PM-7:00PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN02
Thu, Jun 27-Aug 22, 6:00PM-7:00PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN03
Sat, Jun 29-Aug 17, 9:15AM-10:15AM
\$29 Residents/\$44 Non-Residents

Yoga Sculpt

This class is a unique combination of power yoga and strength training, designed to create a full-body workout. You will leave feeling stronger, fresher, and uplifted.

Activity Code: 1RAE3508
(Section codes listed below)

Beulah Brinton BN01
Mon, Jun 24-Aug 12, 3:30PM-4:30PM
\$29 Residents/\$44 Non-Residents

Cardio Combo

Jumpstart your weekend activities with this invigorating workout. This class combines boxing aerobics, step aerobics and low-impact aerobics. Wear comfortable clothing and tennis shoes. Class taught by Angie Wothe.

Activity Code: 1RAE3509
(Section codes listed below)

Beulah Brinton BN01
Thu, Jun 27-Aug 22, 7:15PM-8:15PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN02
Sat, Jun 29-Aug 17, 8:00AM-9:00AM
\$29 Residents/\$44 Non-Residents

Cardio Plus

Like any fitness class, go at your own pace, but the instructor will make sure you leave with a good work out. Experience the health benefits of cardio exercises along with the muscle toning/building that comes with weight lifting. Wear comfortable clothing and tennis shoes.

Activity Code: 1RAE3510
(Section codes listed below)

MacDowell JU01
Mon, Jun 17-Jul 15, 5:00PM-6:00PM
\$19 Residents/\$29 Non-Residents

Cardio-Kickboxing

Join a popular and engaging workout that combines weight loss, toning, and fun with self-defense elements. Wear comfortable clothing and tennis shoes. Bring your exercise mat or purchase on-site for \$10. Boost your health and enjoy the 'kicks'.

Activity Code: 1RAE3511
(Section codes listed below)

Beulah Brinton BN01
Mon, Jun 24-Aug 12, 7:15PM-8:15PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN02
Wed, Jun 26-Aug 14, 7:15PM-8:15PM
\$29 Residents/\$44 Non-Residents



HIIT (High Intensity Interval Training)

NEW Are you down to turn it up? In this class you will alternate your intensities between bursts of activity and fixed periods of less-intense activity. If the going gets tough, classmate camaraderie will get you through. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 1RAE3514
(Section codes listed below)

Milwaukee Marshall MR01
Tue, Jul 2-Jul 30, 6:30PM- 7:30PM
\$19 Residents/\$29 Non-Residents

Running Speedwork

We will help you get faster and gear workouts to help you meet your goals, no matter if you are getting ready for Fall sports or want to break your PR in a 5K or marathon. Please bring a water bottle and exercise mat. This five-week class is taught by Marty Malin, a Certified Running Coach. Youth and Adult classes combined.

Activity Code: 1RAE3517
(Section codes listed below)

Hamilton HA02
Wed, Jul 10-Aug 7, 5:30PM- 6:15PM
\$17 Residents/\$26 Non-Residents

MacDowell JU03
Mon, Jul 8-Aug 5, 5:30PM- 6:15PM
\$17 Residents/\$26 Non-Residents

Riverside RS03
Thu, Jul 11-Aug 8, 5:30PM- 6:15PM
\$17 Residents/\$26 Non-Residents

Hoop Dance Workout

Discover 'hoopdance,' an exciting dance form with body and mind benefits. Hooping is for everyone! Borrow or buy hoops on-site for \$20-\$35 each. Fun, fitness, and relaxation for all bodies.

Activity Code: 1RAE3518
(Section codes listed below)

Riverside RS01
(Beg.)
Sat, Jun 8-Jul 27, 11:45PM-12:45PM
\$29 Residents/\$44 Non-Residents

Flow Art of Poi

Dive into the captivating world of flow arts, a unique blend of object manipulation, dance, and martial arts. Explore Poi, the art of swinging tethered balls in beautiful patterns. Master fundamental movements like Pinwheel, Butterfly, Weave, Corkscrew, and more. Discover how to integrate these elements into your personal expression of dance, meditation, or exercise. Free poi sets provided for class use.

Activity Code: 1RAE3519
(Section codes listed below)

Hamilton HA01
Wed, Jun 26-Aug 7, 6:00PM- 7:00PM
\$23 Residents/\$35 Non-Residents

Pilates

A non-impact class where you will improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Wear comfortable clothing. Individuals with medical conditions should be cleared by their physician prior to participation.

Activity Code: 1RAE3521
(Section codes listed below)

Beulah Brinton BN01
Wed, Jun 26-Aug 14, 7:35PM- 8:35PM
\$29 Residents/\$44 Non-Residents

Hamilton HA01
Thu, Jun 20-Aug 1, 6:00PM- 7:00PM
\$19 Residents/\$29 Non-Residents

ElevateFit

It's a name that embodies the idea of reaching new heights in your fitness journey. With ElevateFit, you'll experience workouts that challenge you, push your limits, and help you rise above your fitness goals. It's all about taking your fitness to the next level and feeling that sense of accomplishment as you elevate your strength, endurance, and overall well-being!

Activity Code: 1RAE3523
(Section codes listed below)

Milwaukee Marshall MR01
Thu, Jun 27-Aug 1, 6:30PM- 7:30PM
\$19 Residents/\$29 Non-Residents

Step Aerobics & Sculpt

Step aerobics offers the cardiovascular benefits of aerobic dance in combination with toning for thighs, abdominals, buttocks, arms and legs. Step on it.

Activity Code: 1RAE3524
(Section codes listed below)

Beulah Brinton BN01
Mon, Jun 24-Aug 12, 5:00PM- 6:00PM
\$29 Residents/\$44 Non-Residents

Women & Weights

Women & Weights is for all the ladies out there looking to get lean, toned and fit - quick! In this class, you will use light to moderate weights with lots of repetition in order to give you a total body workout. You will leave class feeling challenged, but ready to come back for more! Bring your own exercise mat or purchase at site for \$10.

Activity Code: 1RAE3535
(Section codes listed below)

Milwaukee Marshall MR01
Mon, Jun 24-Jul 29, 6:00PM- 6:45PM
\$19 Residents/\$29 Non-Residents



Xtreme Hip Hop**NEW**

Xtreme Hip Hop Step is a fun, energetic step aerobics and cardio fitness workout for all fitness levels, done while grooving to Hip Hop and RnB tunes that so many enjoy. Heart healthy, high calorie burn (400+) per 45-minute class.

Activity Code: 1RAE3528
(Section codes listed below)

Milwaukee Marshall MR01
Mon, Jun 26-Jul 30, 6:00PM- 6:45PM
\$22 Residents/\$33 Non-Residents

Yoga for Active Women Adventurers

This is a continuing level class taught by Annie Wegner LeFort, RYT, for women of all ages who want to stay active and progress with a physical hobby or practice. Along with asana practice, we will practice pranayama (mindful breathing exercises).

Activity Code: 1RAE3537
(Section codes listed below)

Beulah Brinton BN01
Tue, Jun 25-Aug 13, 3:45PM- 4:45PM
\$29 Residents/\$44 Non-Residents

Zumba®

Zumba® is a fun and easy workout with routines that feature easy-to-follow dance steps synced to Latin music helping you to tone and sculpt your body.

Activity Code: 1RAE3542
(Section codes listed below)

Beulah Brinton BN01
Sun, Jun 30-Aug 18, 9:00AM-10:00AM
\$29 Residents/\$44 Non-Residents

Couch Potato to 5k

Have you ever wanted to run a 5K? Don't know where to start? Do you need a little push and positive motivation? Then this is the class for you! Bring your running shoes, towel, water bottle and an exercise mat. Adult and Youth classes are combined.

Activity Code: 1RAE3569
(Section codes listed below)

Hamilton HA01
Wed, Jun 26-Aug 7, 6:15PM- 7:15PM
\$23 Residents/\$35 Non-Residents

MacDowell JU02
Mon, Jun 24-Aug 5, 6:15PM- 7:15PM
\$23 Residents/\$35 Non-Residents

Riverside RS02
Thu, Jun 27-Aug 8, 6:15PM- 7:15PM
\$23 Residents/\$35 Non-Residents

Yoga for Hip-Opening

This beginner to intermediate level will focus on techniques and postures to open and strengthen the hips. We will offer stretches with breathing techniques to begin expanding flexibility in the hip joints and beyond.

Activity Code: 1RAE3593
(Section codes listed below)

Beulah Brinton BN01
Wed, Jun 26-Aug 14, 10:20AM-11:20AM
\$29 Residents/\$44 Non-Residents

**Chakra Alignment Slow Flow**

Discover the 7 main chakras in this beginner to intermediate class with Annie Wegner LeFort, Health Coach, and 200RYT. Activate energy centers through yoga postures and mindful breathing. Explore associated elements, colors, sounds, and themes.

Activity Code: 1RAE3595
(Section codes listed below)

Beulah Brinton BN01
Wed, Jun 26-Aug 14, 8:00AM- 9:00AM
\$29 Residents/\$44 Non-Residents

**T'ai Chi & Qigong**

Experience the Chinese arts of T'ai Chi & Qigong for relaxation and energy balance. Wear comfortable clothing and flat-soled shoes or stocking feet. Suitable for all fitness levels, including seniors and those with health limitations, with adjustable movements.

Activity Code: 1RAE3601
(Section codes listed below)

Hamilton HA01
Wed, Jun 26-Aug 7, 6:30PM- 7:30PM
\$22 Residents/\$33 Non-Residents

T'ai Chi Ch'uan

This Chinese form of relaxation will teach you stress-relieving techniques designed to release tension, improve flexibility and relax your body and mind.

Activity Code: 1RAE3602
(Section codes listed below)

Beulah Brinton BN01
(Beg.)
Tue, Jun 25-Aug 13, 12:15PM- 1:15PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN02
(Int.)
Tue, Jun 25-Aug 13, 1:25PM- 2:25PM
\$29 Residents/\$44 Non-Residents

Yoga

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation.

Activity Code: 1RAE3605
(Section codes listed below)

Beulah Brinton BN01
Mon, Jun 24-Aug 12, 8:00AM- 9:00AM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN02
Mon, Jun 24-Aug 12, 9:15AM-10:15AM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN03
Mon, Jun 24-Aug 12, 6:00PM- 7:00PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN04
Mon, Jun 24-Aug 12, 7:30PM- 8:30PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN05
Tue, Jun 25-Aug 13, 9:15AM-10:15AM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN06
Tue, Jun 25-Aug 13, 6:30PM- 7:30PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN07
Wed, Jun 26-Aug 14, 5:30PM- 6:30PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN08
Wed, Jun 26-Aug 14, 6:30PM- 7:30PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN09
Thu, Jun 27-Aug 22, 9:15AM-10:15AM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN10
Thu, Jun 27-Aug 22, 6:00PM- 7:00PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN11
Sat, Jun 29-Aug 17, 7:45AM- 8:45AM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN12
Sun, Jun 30-Aug 18, 9:30AM-10:30AM
\$29 Residents/\$44 Non-Residents

Gaenslen GS01
Wed, Jun 12-Aug 7, 7:00PM- 7:55PM
\$23 Residents/\$35 Non-Residents

Hamilton HA01
Mon, Jun 24-Aug 5, 6:00PM- 7:00PM
\$19 Residents/\$29 Non-Residents

MacDowell JU03
Tue, Jun 18-Jul 23, 6:00PM- 7:00PM
\$16 Residents/\$24 Non-Residents

Milwaukee Marshall MR01
(No Class July 4th.)
Thu, Jun 27-Jul 25, 5:30PM- 6:30PM
\$19 Residents/\$29 Non-Residents

Milwaukee Marshall MR02
(No Class July 4th.)
Thu, Jun 27-Jul 25, 6:35PM- 7:35PM
\$19 Residents/\$29 Non-Residents

Riverside RS03
Tue, Jun 11-Jul 30, 7:15PM- 8:15PM
\$23 Residents/\$35 Non-Residents

Riverside RS02
Thu, Jun 13-Aug 1, 7:00PM- 8:00PM
\$23 Residents/\$35 Non-Residents

Yoga - Gentle

Gentle Yoga is accessible to all levels and body types, and is especially suited for beginners. Basic stretches, postures and breath work help to develop strength, flexibility, balance, and body awareness. Bring your exercise mat or purchase at site for \$10.

Activity Code: 1RAE3606
(Section codes listed below)

Beulah Brinton BN01
Mon, Jun 24-Aug 12, 12:00PM- 1:00PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN02
Tue, Jun 25-Aug 13, 10:30AM-11:30AM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN03
Tue, Jun 25-Aug 13, 7:45PM- 8:45PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN04
Wed, Jun 26-Aug 14, 11:30AM-12:30PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN05
Thu, Jun 27-Aug 22, 1:30PM- 2:30PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN06
Thu, Jun 27-Aug 22, 7:00PM- 8:00PM
\$29 Residents/\$44 Non-Residents

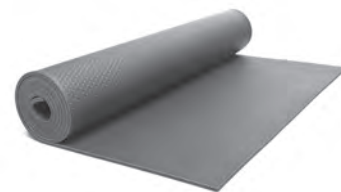
Beulah Brinton BN07
Fri, Jun 28-Aug 16, 8:00AM- 9:00AM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN08
Sat, Jun 29-Aug 17, 10:00AM-11:00AM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN09
Sun, Jun 30-Aug 18, 12:00PM- 1:00PM
\$29 Residents/\$44 Non-Residents

MacDowell JU02
Tue, Jun 18-Jul 23, 7:10PM- 8:10PM
\$16 Residents/\$24 Non-Residents

Riverside RS01
Thu, Jun 13-Aug 1, 6:00PM- 6:55PM
\$23 Residents/\$35 Non-Residents



Yoga - Power

East meets West in this vigorous, fitness-based yoga class with a focus on flow, breath, strength, balance, and flexibility. Prior yoga experience is recommended. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 1RAE3607
(Section codes listed below)

Beulah Brinton BN01
Wed, Jun 26-Aug 14, 4:30PM- 5:30PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN02
Thu, Jun 27-Aug 15, 5:00PM- 6:00PM
\$29 Residents/\$44 Non-Residents

Gaenslen GS01
Wed, Jun 12-Aug 7, 6:15PM- 7:15PM
\$23 Residents/\$35 Non-Residents

Riverside RS01
Tue, Jun 11-Jul 30, 6:00PM- 7:00PM
\$23 Residents/\$35 Non-Residents

DID YOU KNOW?

Seventy-one percent of U.S. adults have a goal of getting or staying **physically active** this year

via nrpa.org/parkpulse

Yoga - Yin

In this class we will slow down, holding poses from 2 - 7 minutes. This will allow our bodies to get a deeper stretch into the fascia or connective tissue. This may help the practitioner to alleviate pain and tension, reduce stress and anxiety, and improve overall well-being. Come prepared with a blanket or bath towel(s), or a pillow. Blocks and straps will be available.

Activity Code: 1RAE3610
(Section codes listed below)

Beulah Brinton BN02
Tue, Jun 25-Aug 13, 8:00AM- 9:00AM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN01
Sat, Jun 29-Aug 17, 8:55AM- 9:55AM
\$29 Residents/\$44 Non-Residents

Vinyasa Flow Yoga

This Vinyasa class links breath and movement to flow through postures, flowing from pose-to-pose. The flowing postures bring heat and aids in the lengthening of muscles and the reduction of muscular tension. Perfect for students of all levels, including beginners, as options or modifications are given for poses. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 1RAE3614
(Section codes listed below)

Beulah Brinton BN01
(Slow Flow)
Tue, Jun 25-Aug 13, 2:30PM- 3:30PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN02
(Slow Flow)
Wed, Jun 26-Aug 14, 9:15AM-10:15AM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN03
(Slow Flow)
Fri, Jun 28-Aug 16, 9:15AM-10:15AM
\$29 Residents/\$44 Non-Residents

Yoga for Runners

Open to all, not just runners! This class focuses on: 1) stretching key running muscles, 2) exploring diverse body planes for varied movements, and 3) building core strength crucial for runners. Taught by Annie Wegner LeFort.

Activity Code: 1RAE3619
(Section codes listed below)

Beulah Brinton BN01
Thu, Jun 27-Aug 22, 4:00PM- 5:00PM
\$29 Residents/\$44 Non-Residents

Nordic Walking

Enhance strength, flexibility, and core with Nordic Walking! Learn proper techniques using poles to engage nearly every muscle. Led by Certified Instructor Marty Malin. Boost your overall conditioning with these exercises.

Activity Code: 1RAE3623
(Section codes listed below)

Hamilton HA01
Wed, Jul 17-Aug 7, 7:15PM- 8:00PM
\$12 Residents/\$18 Non-Residents

MacDowell JU02
Mon, Jul 15-Aug 5, 7:15PM- 8:00PM
\$12 Residents/\$18 Non-Residents

Riverside RS02
Thu, Jul 18-Aug 8, 7:15PM- 8:00PM
\$12 Residents/\$18 Non-Residents

Yoga - Chair

This chair yoga class is for people of all ages. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance, and breathing.

Activity Code: 1RAE3628
(Section codes listed below)

Beulah Brinton BN01
Mon, Jun 24-Aug 12, 2:15PM- 3:15PM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN02
Thu, Jun 27-Aug 22, 10:30AM-11:30AM
\$29 Residents/\$44 Non-Residents

Beulah Brinton BN03
Fri, Jun 28-Aug 16, 2:15PM- 3:15PM
\$29 Residents/\$44 Non-Residents



HEALTH AND WELLNESS

What's Your Color?

It has been said that we should eat all the colors (of food) to maintain a healthy diet. What about the colors we wear? What color identifies your personality? Let us assist you in finding out more about yourself by discovering how color affects you and how your body's chakras (energy centers) 'tune in' to color. Class fee is non-refundable.

Activity Code: 1RAE4105
(Section codes listed below)

Hamilton HA01
Tue, Jul 23, 7:15PM- 8:15PM
\$6 Residents/\$9 Non-Residents

Minute Meditation and Reiki

Learn some simple techniques that will teach you to lower your heart rate in minutes and deal with everyday stress. In addition, you will be introduced to Reiki, the ancient 'healing art' that is based on the belief that spiritual energy emits out of the practitioner's hands to curve various physical and emotional ailments. Learn how to make these energy techniques work for you!

Activity Code: 1RAE4107
(Section codes listed below)

Hamilton HA01
Tue, Jul 16-Jul 30, 6:00PM- 7:00PM
\$11 Residents/\$17 Non-Residents

Garden Sanctuary

Make room in your garden to enhance nature's bounty with decorative and practical additions. Get ideas on how you can turn your garden into a sanctuary that reflects fun, beauty and personality. Learn Feng Shui tips using garden art, medicine/solar wheels, vegetable tripods, painted rocks, etc. Indoor or outdoor, make your home happier with creative ideas and plants that represent you.

Activity Code: 1RAE4109
(Section codes listed below)

Hamilton HA01
Thu, Jun 20-Jun 27, 7:15PM- 8:15PM
\$9 Residents/\$14 Non-Residents

Meditation

You will practice guided and mantra meditation, pranayama (mindful breathing exercises), and improving posture. Please bring a yoga mat and a cushion or small pillow.

Activity Code: 1RAE4113
(Section codes listed below)

Beulah Brinton BN01
Tue, Jun 25-Aug 13, 5:00PM-5:30PM
\$16 Residents/\$24 Non-Residents



Chakra Energy and Balance

Explore Chakra Healing, blending ancient philosophy with a modern twist. Balance body and mind through Eastern wellness principles, focusing on seven energy centers. Enhance overall well-being. Non-refundable class fee.

Activity Code: 1RAE4117
(Section codes listed below)

Hamilton HA01
Thu, Jul 18-Jul 25, 7:15PM-8:15PM
\$22 Residents/\$33 Non-Residents

Parsley, Sage, Rosemary & Thyme

Well, we're not exactly Scarborough Fair, but come take a little thyme out to join us for some sage advice on growing your own herb garden. Whether planted in the ground or in pots, herbs are little treasures we can open up again and again. Get tips on the top herbs to grow, which go well together, and what to do with all that basil. Learn about medicinal and healing properties as well as a little good 'ol folklore. Class fee is non-refundable.

Activity Code: 1RAE4120
(Section codes listed below)

Hamilton HA01
Tue, Jun 18, 6:00PM-8:00PM
\$9 Residents/\$14 Non-Residents

LANGUAGE SKILLS

Spanish

Learn appropriate Spanish words for: greetings, health, household, daily activities, weather, and much more. The textbook used for the class is 'Spanish made Simple' and can be purchased for \$14 on the first day of the class.

Activity Code: 1R554401
(Section codes listed below)

OASIS 5501
(Beginner)
Wed, Jun 26-Aug 21, 11:30AM-12:30PM
\$21 Residents/\$32 Non-Residents

OASIS 5502
(Advanced)
Wed, Jun 26-Aug 21, 12:30PM-1:30PM
\$21 Residents/\$32 Non-Residents

Inglés como segunda lengua

Este curso de inglés como segunda lengua (ESL) es para mejorar el escuchar, hablar, leer y escribir de la lengua. Las actividades se enfocarán en el desarrollo de vocabulario, pronunciación y gramática encontrados en las interacciones diarias. Se usará el español para clarificar diferencias entre la gramática y la pronunciación de los idiomas. In this beginning ESL (English as a Second Language) course, students will improve their English listening, speaking, reading, and writing skills. Activities will focus on developing the vocabulary, pronunciation and grammar needed in everyday interactions. Spanish will be used for the clarification of grammar and pronunciation differences.

Activity Code: 1R554402
(Section codes listed below)

OASIS 5501
Wed, Jun 26-Aug 21, 2:00PM-4:00PM
\$39 Residents/\$59 Non-Residents



Language Exchange/ Intercambio de idiomas

NEW

This class connects Spanish and English language learners seeking to improve their conversational skills and meet people from different cultural backgrounds. You will have the opportunity to speak with a partner fluent in the language you are learning and interested in learning yours. Intended for fluent English and Spanish speakers learning the other language. For the convenience of our language learners, this class is between our Spanish and ESL classes. Esta clase conecta a estudiantes de español e inglés que desean mejorar sus habilidades de conversación y conocer a personas de diferentes culturas. Se ofrece la oportunidad de hablar con un compañero que domina el idioma que se aprende y que está interesado en aprender el suyo. Destinado a hablantes fluidos de español e inglés que aprenden el otro idioma. Por la conveniencia de nuestros estudiantes de idiomas, esta clase se encuentra entre nuestras clases de español y ESL.

Activity Code: 1R554403
(Section codes listed below)

OASIS 5501
Wed, Jun 26-Aug 21, 1:30PM-2:00PM
\$10 Residents/\$15 Non-Residents

Spanish Conversation

Master essential Spanish communication for professions and travel. Learn pronunciation, grammar, reading, writing, and conversation. Textbook available for \$14 (cash or check) on the first day. Level 2 and 3 Spanish Conversation require basic Spanish knowledge.

Activity Code: 1RAE4801
(Section codes listed below)

MacDowell JU01
(Level 1 (Beginner))
Wed, Jun 26-Jul 31, 6:00PM-7:30PM
\$27 Residents/\$41 Non-Residents

MacDowell JU02
(Level 2 (Advanced))
Wed, Jun 26-Jul 31, 7:45PM-9:15PM
\$32 Residents/\$48 Non-Residents

Riverside RS01
(Level 1)
Mon, Jun 10-Jul 29, 6:00PM-7:30PM
\$27 Residents/\$41 Non-Residents

Riverside RS02
(Level 2)
Mon, Jun 10-Jul 29, 7:30PM-9:00PM
\$29 Residents/\$44 Non-Residents

Riverside RS03
(Level 3)
Tue, Jun 11-Jul 30, 6:00PM-7:30PM
\$29 Residents/\$44 Non-Residents

MARTIAL ARTS

Tae Kwon Do

Discover Tae Kwon Do, a Korean martial art emphasizing self-discipline, mental preparation, concentration, and self-control. Learn kicking, punching techniques, proper body positioning, and self-defense. Improve flexibility, conditioning, and self-defense skills.

Activity Code: 1RAE4503
(Section codes listed below)

Hamilton HA02

(Int/Adv - Camo - Black Belt)
Tue/Thu, Jun 18-Aug 8, 6:10PM- 7:00PM
\$45 Residents/\$68 Non-Residents

Hamilton (Ages 15 & up) HA04

Mon/Wed, Jun 24-Aug 7, 6:00PM- 7:00PM
\$40 Residents/\$60 Non-Residents

Milwaukee Marshall MR01

(Beg. - White, Orange & Yellow Belts)
Mon/Wed, Jun 24-Jul 31, 6:00PM- 7:00PM
\$35 Residents/\$53 Non-Residents

Riverside (Ages 15 & up) RS03

(All Ranks, white-black)
Sat, Jun 8-Jul 27, 11:45AM-12:30PM
\$19 Residents/\$29 Non-Residents

Riverside (Ages 15 & up) RS07

(Beg. white belts, combined with youth class)
Mon/Wed, Jun 10-Jul 29, 6:00PM- 6:45PM
\$35 Residents/\$53 Non-Residents

Riverside (Ages 15 & up) RS05

(Int./Adv., Camo-Purple Belts)
Mon/Wed, Jun 10-Jul 29, 6:45PM- 7:30PM
\$39 Residents/\$59 Non-Residents

Riverside (Ages 15 & up) RS09

(Int./Adv., Blue-Black)
Mon/Wed, Jun 10-Jul 29, 7:30PM- 8:15PM
\$39 Residents/\$59 Non-Residents

MUSIC

Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Adult and Youth Classes are combined. Class is taught by Mr. D.

Activity Code: 1RAE4602
(Section codes listed below)

Beulah Brinton BN01

Fri, Jun 21-Aug 16, 7:15PM- 8:15PM
\$25 Residents/\$38 Non-Residents

Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Adult and Youth Classes are combined.

Activity Code: 1RAE4603
(Section codes listed below)

Beulah Brinton BN01

Fri, Jun 21-Aug 16, 6:00PM- 7:00PM
\$25 Residents/\$38 Non-Residents

Guitar

This class focuses on basic chords, note reading, different strumming techniques, and guitar maintenance. Please see website for differences between beginner and advanced classes. All classes are taught by Mr. D. Youth and adult courses are combined. Must bring your own guitar.

Activity Code: 1RAE4604
(Section codes listed below)

Beulah Brinton BN01

Sat, Jun 29-Aug 17, 2:00PM- 3:30PM
\$36 Residents/\$54 Non-Residents

Hamilton HA01

Thu, Jun 20-Aug 1, 6:00PM- 7:30PM
\$25 Residents/\$38 Non-Residents

Riverside RS01

(Beg. - Semi-Private)
Mon, Jun 10-Jul 29, 6:30PM- 8:00PM
\$65 Residents/\$98 Non-Residents

Riverside RS02

(Adv. - Semi-Private)
Mon, Jun 10-Jul 29, 8:15PM- 9:15PM
\$44 Residents/\$66 Non-Residents

Piano

Beginner - Intro to keyboard, note reading, rhythm, and techniques. Intermediate - Elevate skills with keys, scales, chords, and melodies. Prior experience is required. Taught by Mr. D. No need to bring your own keyboard; youth and adult classes are combined.

Activity Code: 1RAE4607
(Section codes listed below)

Beulah Brinton BN01

(Beg.)
Sat, Jun 29-Aug 17, 10:30AM-12:00PM
\$36 Residents/\$54 Non-Residents

Beulah Brinton BN02

(Int.)
Sat, Jun 29-Aug 17, 12:15PM- 1:45PM
\$36 Residents/\$54 Non-Residents

Hamilton HA01

Wed, Jun 26-Jul 31, 6:00PM- 7:30PM
\$25 Residents/\$38 Non-Residents



Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Adult and Youth Classes are combined.

Activity Code: 1RAE4608
(Section codes listed below)

Beulah Brinton BN01

Sat, Jun 29-Aug 17, 4:00PM- 6:00PM
\$46 Residents/\$69 Non-Residents

Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Adult and Youth Classes are combined.

Activity Code: 1RAE4609
(Section codes listed below)

Hamilton HA01

Thu, Jun 20-Aug 1, 7:45PM- 8:45PM
\$17 Residents/\$26 Non-Residents

Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Class is combined with youth class.

Activity Code: 1RAE4611
(Section codes listed below)

Hamilton HA01

Tue, Jun 18-Jul 30, 6:00PM- 7:00PM
\$17 Residents/\$26 Non-Residents

Ukulele For You

This class is for anyone interested in learning to play the ukulele along with those who want to expand their ukulele repertoire. Our "music master" Mr. D., will teach you basic chords and strums and comfortably guide you into select musical genres. Grab a uke or dust off the one in your closet and join us!

Activity Code: 1RAE4620
(Section codes listed below)

Hamilton HA01

(Class is combined with youth class)
Wed, Jun 26-Jul 31, 7:45PM- 8:45PM
\$22 Residents/\$33 Non-Residents

Music 101

NEW

This course is for beginning adult voice and piano students interested in sharpening their gifts of music. Come and learn vocal and piano skills in a fun way through a new type of learning experience. Classes will include beginning, intermediate, and/or advanced level vocal training tailored to each student through retention, sight reading, and other musical learning methods. You'll learn the fundamentals of music and tap into your own musical creativity!

Activity Code: 1RAE4621
(Section codes listed below)

Milwaukee MarshallMR01
Mon/Wed, Jun 24-Jul 24, 6:00PM- 7:30PM
\$46 Residents/\$69 Non-Residents

ORGANIZED GAMES

Bid Whist

Weekly Bid Whist Extravaganza! Join this African-American card game for fun, challenges, and socializing. Open to experienced players. Register with a partner or be paired with singles. Entertainment-focused play; no gambling allowed during class. Come and enjoy the game!

Activity Code: 1RAE4906
(Section codes listed below)

Milwaukee MarshallMR01
Tue, Jun 25-Jul 30, 6:00PM- 8:00PM
\$9 Residents/\$14 Non-Residents

OUTDOOR EDUCATION

Gnomes

NEW

Everyone needs a garden gnome! Bring an empty 2 liter soda bottle and a sock. We will supply materials found in nature, you supply the imagination to create a woodland gnome. Cute magical decoration straight out of folklore to keep or give to a friend. Class fee is non-refundable and not eligible for reduced fees. This class is free to OASIS Members (annual membership fee is \$15/Res and \$25/Non-Res). OASIS members must register in person or over the phone.

Activity Code: 1R555002
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Mon, Jun 3, 12:15PM- 1:30PM
\$5 Residents/\$8 Non-Residents

Archery

This is an opportunity to safely try archery! Regardless of athletic ability, strength, or gender, participants can get started with solid archery fundamentals as we cover technique, equipment and maintenance, mental concentration, and self-improvement. It's never too late to try something new! Class fee is non-refundable and not eligible for reduced fees. This class is free to OASIS Members (annual membership fee is \$15/Res and \$25/Non-Res). OASIS members must register in person or over the phone.

Activity Code: 1R555003
(Section codes listed below)

Hawthorn Glen (Ages 50 & up) 5501
Wed, Jul 24, 1:00PM- 3:00PM
\$6 Residents/\$9 Non-Residents

Urban Gardening

Gardens can provide healthy food, exercise and a sanctuary for people and our urban wildlife. Join us as we plant vegetables and flowers in the courtyard of the OASIS. Class fee is non-refundable and not eligible for reduced fees. This class is free to OASIS Members (annual membership fee is \$15/Res and \$25/Non-Res). OASIS members must register in person or over the phone.

Activity Code: 1R555013
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Wed, Jun 5-Jul 31, 10:30AM-12:30PM
\$10 Residents/\$15 Non-Residents



Roll Out the Rain Barrel

In this rain barrel workshop, participants learn about water conservation and the many benefits of using rain barrels. Participants will also learn proper rain barrel installation and maintenance techniques and receive a certificate for a FREE rain barrel. One per owner-occupied household will be given upon completion. Must live within Milwaukee County to receive a rain barrel certificate.

Activity Code: 1R555016
(Section codes listed below)

OASIS 5501
Fri, Jun 14, 1:00PM- 2:30PM
FREE

Walk the Hank - In the Footsteps of a Civil War Soldier

Take a beautiful guided tour of the Hank Aaron State Trail and Milwaukee Soldiers Home Grounds with Melissa Cook, Trail Manager (retired). We will use the Trail to walk to and through the nationally recognized Historic Soldier's Home Campus, established at the end of the Civil War as a place of healing and respite for soldiers. You won't want to miss this up close look at the great gothic tower now on the Historic Registry! Location: Meet in the 700 block of S 56th St (north of National Avenue) Questions? Contact Info@HankAaronStateTrail.org.

Activity Code: 1RAE5010
(Section codes listed below)

Trailhead at 700 Block of S 56th St (Ages 5 & up)..... RS01
Sat, Jul 20, 9:00AM-10:30AM
\$2 Residents/\$2 Non-Residents

Walk the Hank - Along Harley and the Loop

The Harley-Davidson Museum® is located in one of Milwaukee's most interesting locations, jutting out between the Menomonee River and Menomonee Canal. Beautifully landscaped, this segment loops around the Museum, connecting to the Sixth Street Bridge, and to Reed Street Yards, an area with innovative stormwater management techniques that keep pollutants out of our waterways. Robert Peschel, Friends of Hank Aaron State Trail (FOHAST) Board Member and retired environmental engineer will guide the walk along the waterway highlighting the innovative stormwater manager bioswales, the creative features of Freshwater Way, Reed Street Yards, and more. Event will take place rain or shine. Location: Meet at the water feature on the corner of Freshwater Way and S 3rd Street across from the Global Water Center (247 W Freshwater Way.) There is street parking on Freshwater Way, S 2nd Street, and S 3rd Street. QUESTIONS: Please contact Info@HankAaronStateTrail.org.

Activity Code: 1RAE5014
(Section codes listed below)

Global Water Center (Ages 5 & up).....RS01
Tue, Jun 18, 5:30PM- 7:00PM
\$2 Residents/\$2 Non-Residents

Walk the Hank - Through the Central Valley

You've probably passed this area dozens of times, but didn't realize what is not seen and certainly didn't realize what was here before. Let's use the trail to take a closer look at the ponds, their function, and their artistic embellishments. We'll also talk about the history of the Milwaukee Road, one of the largest rail yards of its time, its thousands of dedicated workers, and the project to honor them. We'll view and learn more about the completed People of the Road sculptures and the spectacular Tilted Channel art installations. We'll end by enjoying the walking paths, riverside trails, and abundance of native plants on this section of the trail. The walk will be guided by Michelle Kramer of Menomonee Valley Partners and FOHAST Board Member. Location: 212 S 36th Street, Milwaukee, WI 53215 QUESTIONS: Please contact Info@HankAaronStateTrail.org.

Activity Code: 1RAE5020
(Section codes listed below)

Charter Wire (Ages 5 & up)..... RS01
Mon, Aug 5, 5:30PM- 7:00PM
\$2 Residents/\$2 Non-Residents

PERSONAL SKILLS

Herbs, Crystals, and Stones

Discover the benefits of the top 10 herbs and the significance of rocks in love, success, happiness, and health. Explore ancient folklore and practical applications. \$5 cash supply fee due at class. Non-refundable class fee.

Activity Code: 1RAE5405
(Section codes listed below)

Hamilton HA01
Thu, Jul 11, 7:15PM- 8:15PM
\$13 Residents/\$20 Non-Residents



Being Mindful of Your Emotions: Emotional Intelligence Workshop

Take control of your emotions! Join a two-hour workshop to enhance mindfulness. Explore a four-step process: Self Awareness, Self-Management, Social Awareness, and Relationship Management. Learn to respond, not react, to the world. Non-refundable class fee.

Activity Code: 1RAE5432
(Section codes listed below)

Hamilton HA02
Tue, Jun 18, 6:00PM- 8:00PM
\$9 Residents/\$14 Non-Residents

Vital Communications

Everything starts with a conversation. When conflict arises, do you go into fight, flight or freeze mode? We avoid important conversations for a variety of reasons, but develop the courage to have them. Join us for a two-hour workshop on improving your critical conversational skills. Class fee is non-refundable.

Activity Code: 1RAE5440
(Section codes listed below)

Hamilton HA02
Tue, Jun 25, 6:00PM- 8:00PM
\$17 Residents/\$26 Non-Residents

Foster Care in our Community

Address the growing foster care crisis in our community with this free virtual course. Gain insights into the foster care system, ways to help, and the impact of trauma on children and families. Taught by Teresa Cocker, Chief Program Officer at Norris. Link provided in advance.

Activity Code: 1RAE5441
(Section codes listed below)

Online VR01
Wed, Jun 12, 6:00PM- 7:00PM
FREE

Online VR02
Sat, Jun 29, 1:00PM- 2:00PM
FREE

Online VR03
Sat, Jul 20, 1:00PM- 2:00PM
FREE

Online VR04
Wed, Jul 31, 6:00PM- 7:00PM
FREE

Online VR05
Wed, Aug 14, 6:00PM- 7:00PM
FREE

Online VR06
Sat, Aug 31, 1:00PM- 2:00PM
FREE

ACTIVE OLDER ADULTS

50+ Field Trip to Harrington Beach State Park

NEW

Take a field trip to Harrington Beach State Park, just like when you were a kid! Enjoy a day filled with fresh air and nature. We will take a serene hike along the universally accessible trail, join a DNR Educator for a presentation, and then wrap up the morning with lunch. There are flush restrooms available throughout. Bring your own picnic lunch and beverage. Class fee is non-refundable and not eligible for reduced fees. The fee INCLUDES round-trip school bus transportation. Located near Belgium, Harrington Beach is an approx 40 minute trip from Milwaukee. Registrants can choose to drive their own vehicle instead of taking the school bus shuttle. When you register, you will be prompted to indicate whether or not you will be riding the shuttle.

50+ **Activity Code: 1R550002**
(Section codes listed below)

OASIS 5501
Fri, Jul 12, 9:00AM- 2:00PM
\$15 Residents/\$15 Non-Residents

DID YOU KNOW?

One in 10 U.S. adults have participated in **community gardening** either through their local parks and recreation, HOA-offered or other.

via nrpa.org/parkpulse

The Hop - Streetcar History Tour

NEW Embark on a journey covering 1.25 miles of Milwaukee's vibrant neighborhoods on the Streetcar History Tour. This unique experience combines the convenience of the streetcar, known locally as The Hop, with the immersive experience of walking tours. You'll explore the architectural wonders of Cathedral Square, the bustling Historic Third Ward, and other notable areas. The last stop on the tour is the Milwaukee Public Market where we will eat lunch. Bring money for lunch or bring your own bag lunch and beverage. This guided tour is provided by Milwaukee Food and City Tours. Class fee is non-refundable and not eligible for reduced fees. The fee INCLUDES round-trip school bus transportation. Registrants can choose to drive their own vehicle instead of taking the school bus shuttle. When you register, you will be prompted to indicate whether or not you will be riding the shuttle.

50+ Activity Code: 1R550003
(Section codes listed below)

OASIS 5501
Fri, Aug 16, 9:30AM-1:15PM
\$35 Residents/\$35 Non-Residents

50+ Field Trip to the Glen

Take a field trip to Hawthorn Glen, just like when you were a kid! Gather up your friends and head out to your neighborhood nature center, Hawthorn Glen. Take a short walk on the trails, through the woods and restored prairie. Visit the spring-fed pond and pollinator garden. Join a Hawthorn Glen naturalist for a tour of the Little Nature Museum and meet the education ambassador animals. Then wrap up the morning with a campfire cookout lunch.

50+ Activity Code: 1R550119
(Section codes listed below)

Hawthorn Glen 5501
Fri, Jun 7, 10:30AM-12:30PM
\$5 Residents/\$5 Non-Residents



50+ Field Trip to the Farm

Take a field trip to Oak Ridge Farm, just like when you were a kid! Join us for a day of fun and learning in rural Wisconsin. During the trip, participants will enjoy a hayride and get to meet the cows, sheep, goats, chickens, turkeys, rabbits, and pigs. Bring your own picnic lunch and beverage. Class fee is non-refundable and not eligible for reduced fees. Located near Dousman, Oak Ridge Farm is an approx 45 minute trip from Milwaukee. The fee INCLUDES round-trip school bus transportation. Registrants can choose to drive their own vehicle to the farm instead of taking the school bus shuttle. When you register, you will be prompted to indicate whether or not you will be riding the shuttle.

50+ Activity Code: 1R550120
(Section codes listed below)

OASIS 5501
Fri, Jun 28, 9:30AM-1:30PM
\$10 Residents/\$10 Non-Residents

HEALTH AND WELLNESS

Let's Talk Brain Health!

This presentation put on by Milwaukee County DHHS Aging and Disabilities Services provides information on dementia with a focus on brain health. We will discuss information on dementia, risk factors for developing memory loss, normal vs. not normal aging, warning signs of Alzheimer's and ways to reduce your risk of developing memory issues. This class is free but you must pre-register. Esta presentación proporciona información sobre la demencia con un enfoque en la salud del cerebro. Brindaremos información sobre la demencia, los factores de riesgo para desarrollar la pérdida de memoria, el envejecimiento normal y anormal, las señales de advertencia del Alzheimer y las formas de reducir el riesgo de desarrollar problemas de memoria. Esta clase es gratuita, pero es necesario inscribirse ante mano.

50+ Activity Code: 1R550110
(Section codes listed below)

OASIS 5502
(Español)
Wed, Jun 5, 9:00AM-10:00AM
FREE

OASIS 5501
(English)
Wed, Jun 5, 10:00AM-11:00AM
FREE

Keeping the Keys

NEW Keeping the Keys is a workshop designed to help keep older adult drivers on the road for as long as safely possible. This AAA presentation is filled with tips and resources for older drivers and their families. Keeping the Keys covers how driving changes with age, how to safely adapt driving, how medications may impact driving, vehicle safety, comfort, and fit, and resources to extend your driving career.

Activity Code: 1R554103
(Section codes listed below)

OASIS 5501
Tue, Aug 6, 1:00PM-2:00PM
\$2 Residents/\$3 Non-Residents

SPECIAL EVENTS

LGBTQ+ 101 Be an Ally

Join us as we observe June PRIDE month. Topics covered in this session will be the history of the LGBTQ+ community in Milwaukee, important language and terminology, the aging LGBTQ+ community, the Milwaukee LGBT Community Center, its services and programs, and other valuable resources. Join us for what we hope will be the start of an engaging conversation. All are welcome!

Activity Code: 1R550001
(Section codes listed below)

OASIS 5501
Fri, Jun 21, 10:00AM-11:30AM
\$2 Residents/\$3 Non-Residents

Voter Education Session

2024 is a big election year for our county. Come join us for coffee and an education session on what elections are all about. Why do we have primary elections? What is absentee voting? How does the electoral college work? Come for this non-partisan discussion and leave feeling more knowledgeable about the why, the when, and the how to vote. Need to register to vote? We can help with that too!

Activity Code: 1R550004
(Section codes listed below)

OASIS 5501
Wed, Aug 28, 10:30AM-11:30AM
\$2 Residents/\$3 Non-Residents

SPORTS AND RECREATION

Pickleball

Pickleball is the fastest-growing sport in America - join us to find out why! Played with a short paddle and a wiffle ball, pickleball is similar to a cross between tennis and ping pong. Our friendly group welcomes players of all levels for open play, and basic instruction is provided if needed. There is no formal instruction component - true beginners are encouraged to complete an instructional course prior. Bring your own paddle or borrow one of ours. The format is open play - participants may come anytime during the session and do not need to stay the whole time. Sorry no drop-ins.

Activity Code: 1R550101
(Section codes listed below)

Enderis Playfield EF01

(Open Play - sorry, no drop-ins)
Thu, Jun 6-Aug 8, 6:00PM- 8:30PM
\$18 Residents/\$27 Non-Residents

Juneau Playfield JU01

(Open Play - sorry, no drop-ins)
Sat, Jun 1-Aug 10, 9:00AM-12:00PM
\$18 Residents/\$27 Non-Residents

Juneau Playfield JU02

(Open Play - sorry, no drop-ins)
Wed, Jun 5-Aug 7, 9:00AM-12:00PM
\$18 Residents/\$27 Non-Residents



30+ Basketball

Enjoy a good workout and great competition in this open basketball play for people 30 years and over. Teams will be formed each night. Do not bring children under 12 years old; supervision will not be provided. Fee is based on 1.5 hours of play per night.

Activity Code: 1RAE6201
(Section codes listed below)

Beulah Brinton (Ages 30 & up) BN01

Mon, Jun 17-Aug 26, 6:00PM- 9:00PM
\$38 Residents/\$57 Non-Residents



Tennis Lessons

Prepare for the next match. Lessons will teach you the proper forehand, backhand, ground strokes and serving technique. Wear sports clothing.

Activity Code: 1RAE6204
(Section codes listed below)

Milwaukee Marshall MR01

Sat, Jun 22-Aug 3, 9:00AM-10:00AM
\$19 Residents/\$29 Non-Residents

Milwaukee Marshall MR02

(Int.)
Sat, Jun 22-Aug 3, 10:05AM-11:05AM
\$19 Residents/\$29 Non-Residents

Golf Lessons

Don't know the difference between a wood and an iron, a green and fairway? Learn the very basics of golf including how the game is played, terminology, proper grip, stance and swing. Participants can use their own clubs or clubs can be provided if requested in advance of the first class.

Activity Code: 1RAE6212
(Section codes listed below)

Milwaukee Marshall MR01

Sat, Jun 22-Aug 3, 3:00PM- 4:00PM
\$19 Residents/\$29 Non-Residents

Sand Volleyball 101

This class will help you develop your skills to feel more confident on the sand court. Class will be taught on the sand volleyball courts at Brinton's Playfield. Bring water and dress accordingly.

Activity Code: 1RAE6260
(Section codes listed below)

Beulah Brinton BN01

Wed, Jun 26-Aug 14, 2:30PM- 3:30PM
\$25 Residents/\$38 Non-Residents

GOLF

Adult Golf Lessons

These lessons will teach you the following golf techniques: proper grip, stance, swing, and putting position. Golf course etiquette and rules will also be covered. Clubs will not be provided - bring your own 5, 7 or 9 iron & putter. In the case of inclement weather, call the Weather Hotline at 414.475.8192 after 4:00pm for notification of cancellations.

Activity Code: 1RAS3801
(Section codes listed below)

Hansen Golf Course HN01

Mon, Jun 3-Jul 22, 6:30PM- 7:30PM
\$21 Residents/\$32 Non-Residents

Hansen Golf Course HN02

Tue, Jun 4-Jul 16, 6:30PM- 7:30PM
\$21 Residents/\$32 Non-Residents



BASKETBALL

Late Night Basketball League

Milwaukee Recreation will be operating a free basketball league to young adults ages 17-29 from the Milwaukee Community. League management will focus their efforts not only on basketball, but connecting the participants to appropriate health care services, work force services, and educational services. The purpose of the program is to provide a safe place for young adults to participate in a sport league as well as connect them the many services that Milwaukee has to offer to help them with their personal and professional lives. Athletes cannot be currently enrolled in high school to participate. For program updates visit mkerec.net/latenight.

Activity Code: 1RAS1109
(Section codes listed below)

Bradley Tech (Ages 17-29)..... MT02
Mon/Wed, Jun 10-Aug 12, 7:30PM-11:59PM
FREE

Obama (Ages 17-29)..... CT01
Tue/Thu, Jun 13-Aug 15, 6:30PM-11:59PM
FREE

TENNIS

Adult Tennis Lessons

Milwaukee Recreation and Milwaukee Tennis & Education Foundation (MTEF) have teamed up to offer adult tennis lessons. These lessons are designed for Beginner Level through Advanced Intermediate Level individuals who want to pick up the game of tennis or further their tennis skills. The 2 instructors will be certified MTEF professionals. Each participant should bring a tennis racquet. In the case of inclement weather call the Weather Hotline after 4pm 414.475.8192 for notification of cancellations.

Activity Code: 1RAS6501
(Section codes listed below)

Dineen Park - Milw. County Parks M101
Tue, Jun 11-Jul 23, 6:00PM- 7:30PM
\$35 Residents/\$50 Non-Residents

Sijan Playfield BE03
Thu, Jun 13-Jul 25, 6:00PM- 7:30PM
\$35 Residents/\$50 Non-Residents

Wick Playfield W204
Sat, Jun 15-Jul 27, 9:00AM-10:30AM
\$35 Residents/\$50 Non-Residents

Congratulations and Thank You, Jenny Acevedo!



Jenny Acevedo, clerical staff member with Milwaukee Recreation's before- & after-school programs team, retired on Friday, March 22 after seven years with Milwaukee Public Schools, including the last six with Milwaukee Recreation.

Jenny originally worked as a paraprofessional at Longfellow School, prior to moving over to Milwaukee Recreation in 2018.

"Jenny Acevedo has been an instrumental part of the before- & after-school programs team," Recreation coordinator Leighton Cooper said. "She has continuously strived to find ways to promote efficiency and enhance the support of the team. We will miss her fun-loving personality and are truly appreciative of the time we have shared working with her. We wish her an abundance of peace, joy, and success in retirement."

Milwaukee Recreation hires hundreds of staff members each year to work at dozens of child care camp locations in Milwaukee. Jenny is particularly proud of her contributions to the implementation of the hiring process, which will continue to serve the department well in the years to come.

Beyond her work with the before- & after-school programs team, Jenny always saw the value of Milwaukee Recreation programming. "I enjoyed the diversity and all the wonderful programs that Milwaukee Recreation offers to everyone in the community," she said. "Thanks to the entire team for making my last working years a fun experience, and mostly to all my new friends that have become part of my family."

During retirement, Jenny is looking forward to traveling and working in her garden.

Congratulations, Jenny, and enjoy retirement!

SUMMER 2024 ADULT TEAM SPORTS

TEAM REGISTRATION NOW OPEN! Visit mkerec.net/adultsports or contact the Adult Sports office at 414.647.6046 or adultsports@mkerec.net for more information and to register your team. League schedules, scores, and standings are available on teamsideline.com/sites/MilwaukeeRecreation.

SUMMER COED KICKBALL LEAGUE

Play 1 night/week in our coed kickball leagues. Summer league play starts the week of June 24 and runs for 8 weeks. Team registration fee is \$307 (resident) and \$357 (non-resident).

SUMMER MEN'S AND COED SOCCER LEAGUES

Play 1 night/week in our men's (Mondays @ MPS South Stadium) or coed (Tuesdays or Wednesdays @ MPS South Stadium) soccer leagues. League play starts the week of June 3 and runs for 6-8 weeks. Team registration fee is \$330 (resident) and \$380 (non-resident).

SUMMER MEN'S AND WOMEN'S BASKETBALL LEAGUES

Play 1 night/week in our men's or women's basketball leagues. We have 2 men's league offerings on Tuesday (MB-750) and Thursday (MB-850). Our women's 3 on 3 league plays on Wednesday evenings. All three leagues play at Alexander Hamilton High School. League play starts the week of June 3 and runs for 7 weeks. Men's Team registration fee is \$370 (resident) and \$420 (non-resident). Women's team registration is \$210 (resident) and \$250 (non-resident).

SUMMER ABOVE PAR GOLF INSTRUCTION

Lessons are 1 night/week (Mondays or Tuesdays) at Hansen Golf Course. Lessons start the week of June 3 and run for 6 weeks. Registration fee is \$21 (resident) and \$31.50 (non-resident).

SUMMER TENNIS LESSONS WITH MTEF

Tennis lessons with MTEF will be coming in Summer 2024. We will release times and locations as soon as we get more information.

INDIVIDUAL PLAYERS/FREE AGENTS

Looking to join a team? You can register as a free agent with Milwaukee Recreation. If enough free agents register for a sport, Milwaukee Recreation will create a new team in a league for those sports. There is no cost to sign up as a free agent; you will only be charged once your spot on a team is confirmed. Each sport has a new Free Agent sign-up process for each season. Visit mkerec.net/adultsports for your desired sport to submit your name today.

WANTED: OFFICIALS FOR ADULT LEAGUES

If you have experience officiating adult basketball, flag football, kickball, soccer, softball, or volleyball we need you! Do you want to officiate but don't have much experience or would like a refresher? We offer crash course trainings for many of our sports, with volleyball and soccer in particular this Spring! If you are interested, please contact the Adult Sports Office at 414.647.6046 or adultsports@mkerec.net

WANTED: PART TIME BUILDING STAFF & MONITORS FOR ADULT LEAGUES

If you have interest in working in the evenings during the week for our indoor or outdoor sports as a field attendant, building monitor/director, or event staff, please contact Brent Landon @ 414-647-3858 or Brandon Sweet @ 414-647-6070. Hours are typically between 5:30 PM – 10:00 PM Monday-Thursday.



THERAPEUTIC RECREATION

Splash, Splash, Open Swim

Join us for Open Swim. Enjoy the pool with your family member/friend/aid. Practice your skills, play games, and have fun in the water. Swimmers must be at least three years of age. All participants are REQUIRED to have assistance in the water from a household member or guardian (age 16 or older). Upon request, an instructor (if available) can assess the participant in the water to see if the required assistance can be waived. We encourage additional family members and friends of the participant to join in on the fun! Participants provide their own towel, suit, and swim cap. Children five years of age and under may accompany their parent/guardian/aid in the locker room. Children ages six and above should use the locker rooms that correspond with their gender identity. Swimmers who need assistance in the locker room must provide their own attendant. All participants who will be in the water MUST enroll.

Activity Code: 1RTR0501
(Section codes listed below)

Gaenslen (Ages 3 & up) GS01
(No swim on 7/4)
Thu, Jun 20-Aug 15, 6:35PM-7:25PM
FREE

Culture Cafe

Culture Cafe has been a long time favorite cooking class and one you don't want to miss! Join us as we cook and enjoy delicious dishes from all over the world in addition to learning fun facts about the countries they originate from. An \$8 (cash only) supply fee is due at the first class. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 1RTR6605
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(No class on 7/4)
Thu, Jun 20-Aug 1, 7:00PM-8:30PM
\$24 Residents/\$36 Non-Residents

Diner's Club

Good friends and great food is what you'll find on Friday nights. We'll create a delicious dinner each Friday evening. Feel free to bring a favorite recipe to share and your appetite. An \$8 (cash only) supply fee is due at the first gathering. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 1RTR6606
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(No class on Friday, July 5, 2024)
Fri, Jun 21-Aug 2, 5:30PM-7:30PM
\$31 Residents/\$47 Non-Residents

Let's Get Moving

Like the title says "Let's Get Moving"! Each week we will be active and get some exercise while having fun! Wear comfortable clothing and shoes. No experience necessary. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 1RTR6611
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(No class on 7/4)
Thu, Jun 20-Aug 1, 6:00PM-7:00PM
\$16 Residents/\$24 Non-Residents

Moviers and Shakers

If you enjoy movies, music and friends, then join us. This program alternates between a large screen movie and a hip-hop-pin' dance party. A \$2 (cash only) fee is due each week upon entry. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RTR6612
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(No class on 7/5)
Fri, Jun 21-Aug 2, 7:30PM-9:00PM
\$8 Residents/\$12 Non-Residents



Sunday Movie Madness

Love movies? So do we, so let's enjoy them together! On various Sundays, we will enjoy an afternoon matinee at South Shore Cinema, 7261 S.13th St., Oak Creek. You will be notified by mail of specific movies and times after registration. The one-time \$8 registration fee does not include the cost of the movie. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RTR6615
(Section codes listed below)

South Shore Cinema (Ages 13 & up) VL01
(Movie dates: June 30, July 21, August 4.)
Sun, Jun 30-Aug 4, Varies
\$8 Residents/\$12 Non-Residents

Thursday Night Combo at Hamilton

Our Thursday Night Combo at Hamilton includes Let's Get Moving and Culture Cafe. An \$8 (cash only) supply fee is due to the instructor at the first class. This is a Therapeutic Recreation program for individuals with disabilities.

Activity Code: 1RTR6618
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(Let's Get Moving & Culture Cafe. No class on Thursday, July 4, 2024)
Thu, Jun 20-Aug 1, 6:00PM-8:30PM
\$35 Residents/\$55 Non-Residents





Game Night - SWITCHed Up!

Join us for Tuesday nights full of gaming fun! We will have Nintendo Switch available with favorite games like Mario Kart, Mario Party, and Nintendo Switch Sports Resort. There will still be Wii's available for those that love the classics like bowling. And we will have a karaoke option as well for those that may be more of a singer than a gamer. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 1RTR6621
(Section codes listed below)

OASIS (Ages 8 & up) 5501

Tue, Jun 18-Jul 30, 6:00PM- 8:00PM
\$27 Residents/\$41 Non-Residents

Friday Night Combo

Our Friday Night Combo includes Diner's Club and Moviers & Shakers. (\$8 cash fee due at first meeting for additional Diner's Club supplies and a cash fee of \$2 per week upon entry to Moviers & Shakers.) This is a Therapeutic Recreation Program for Individuals with Disabilities.

Activity Code: 1RTR6623
(Section codes listed below)

OASIS (Ages 13 & up) 5501

(No class on Friday, July 5, 2024)
Fri, Jun 21-Aug 2, 5:30PM- 9:00PM
\$34 Residents/\$54 Non-Residents

Scrap and Snack

Do you have photos at home waiting to be assembled in an album? We will show examples and help you create an artistic memory album. Supplies are included. Bring your favorite photos. This is a Therapeutic Recreation Program for Individuals with disabilities.

Activity Code: 1RTR6624
(Section codes listed below)

Hamilton (Ages 10 & up) HA01

(Plus \$2 cash per week for additional supplies & snacks. No class on 6/19.)
Wed, Jun 26-Jul 31, 6:00PM- 8:00PM
\$31 Residents/\$47 Non-Residents

Club Rec

Join Club Rec for a fun filled summer of exciting activities that include art, special events, physical education, games, and cooking. Free lunch is provided. The program is available to all students with disabilities and their siblings. Half-day Program, Monday - Friday, for Extended School Year (ESY) Students. ESY Students will attend the afternoon recreation program Monday through Friday following their morning (ESY) classes and transportation is provided for students to return home if they are enrolled in and bussed to ESY in the morning. Children must meet certain criteria to participate in ESY. ESY requires a separate registration form. See your classroom teacher for more information. Full-day program, Monday - Friday, for Non-ESY students. The morning will be geared toward education and community skills, while the afternoon is filled with recreation activities. Non-ESY students must provide their own transportation. Eligible for Early Bird Discount if sign up before May 16th at 12:00pm!! Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. ONLINE REGISTRATION IS NOT AVAILABLE. YOU MUST REGISTER IN PERSON AT THE OASIS COMMUNITY CENTER - 2414 W. MITCHELL ST.

Activity Code: 1RTR6625
(Section codes listed below)

Congress (Ages 3-12) CO01

(Fee listed is per week. No program 7/4 or 7/5)
Mon-Fri, Jun 24-Aug 9, 8:30AM- 4:00PM
\$110 Residents/\$200 Non-Residents

Gaenslen (Ages 3-12).....GS01

(Fee listed is per week. No program 7/4 or 7/5)
Mon-Fri, Jun 24-Aug 9, 8:30AM- 4:00PM
\$110 Residents/\$200 Non-Residents

Hamilton (Ages 12-21)..... HA01

(Fee listed is per week. No program 6/19, 7/4, or 7/5)
Mon-Fri, Jun 17-Jul 26, 8:30AM- 4:00PM
\$110 Residents/\$200 Non-Residents

Victory (Ages 3-12).....VC01

(Fee listed is per week. No program 6/19, 7/4, or 7/5)
Mon-Fri, Jun 24-Aug 9, 8:30AM- 4:00PM
\$110 Residents/\$200 Non-Residents



ACTIVE OLDER ADULTS - 50+ SPORTS

Meet new friends, join recreational activities, learn a new game, brush up on your skills and socialize. Our organized sports leagues, open play (non-league), and drop-in sporting activities aim to provide Milwaukee and beyond athletes, age 50 and above, with an opportunity to continue pursuing the sport they love year-round. For registration information, please contact Brandon Sweet in the Adult Sports/50+ Sports office at 414.647.6070 or email: Brandon@mkrec.net. **Volleyball * Softball * Pickleball ***

50+ Volleyball Leagues (Competitive & Social)

These morning senior leagues play two times each week (Tuesday & Thursday) for 14-weeks. The start date is Tuesday, Sept. 17, 2024. Players of all skill levels are encouraged to join. All games are played at Beulah Brinton Community Center (2555 S. Bay St.). Please contact Brandon Sweet at 414.647.6070 for a registration form.

- Tue/Thur, Sep. 17 – Dec. 12, 2024
- Social League: 9:15am-10:15am / Competitive League: 9:15am-11:15pm
- Fee: \$15 Resident / \$30 Non-Resident
- Activity Code: 2R556801, Section: BN03 (Competitive) & BN04 (Social)

50+ Fall Softball League

This Wednesday morning 50+ softball league will begin play on Sep. 4 and continue over a 5-week regular season, followed by a single elimination playoff and consolation tournament. All games will be played at Burnham/Rogers Playfield (1755 S. 32nd St.). Please contact Brandon Sweet @ 414.647.6070 for a registration form!

- Wed, Sep. 4 – Oct. 9, 2024 / Game Times: 9:30am & 10:40am
- Fee: \$15 Resident / \$30 Non-Resident
- Activity Code: 2R558101, Section: B203



Pickleball Open Play (ages 18+)

Pickleball is the fastest-growing sport in America - join us to find out why! Played with a short paddle and a wiffle ball, pickleball is similar to a cross between tennis and ping pong. Our friendly group welcomes players of all levels for open play, and basic instruction is provided if needed. There is no formal instruction component - true beginners are encouraged to complete an instructional course prior. Bring your own paddle or borrow one of ours. The format is open play - participants may come anytime during the session and do not need to stay the whole time. Please contact Megan Frey @ 414.647.6057 with any questions. Registration opens May 2, 2024. Online registration recommended for these high-demand classes. NO DROP-INS.

- Thu, Jun 6-Aug 8, 6:00PM- 8:30PM at Enderis Playfield (2938 N 72nd St).
Fee: \$18 Residents/\$27 Non-Residents. Activity Code: 1R550101 Section: EF01
- Sat, Jun 1-Aug 10, 9:00AM-12:00PM at Juneau Playfield (6500 W Mt Vernon Ave)
Fee: \$18 Residents/\$27 Non-Residents. Activity Code: 1R550101 Section: JU01
- Wed, Jun 5-Aug 7, 9:00AM-12:00PM at Juneau Playfield (6500 W Mt Vernon Ave)
Fee: \$18 Residents/\$27 Non-Residents. Activity Code: 1R550101 Section: JU02



YEARLY SPORTS SCHEDULE:

- **FALL SEASON (Sep-Dec):** Softball League, Volleyball Leagues, Drop-In Volleyball, Pickleball Open Play
- **WINTER SEASON (Jan-Mar):** Cornhole League, Volleyball Leagues, Drop-In Volleyball, Pickleball Open Play
- **SPRING/SUMMER SEASON (Apr-Aug):** Softball Leagues, Drop-In Volleyball, Pickleball Open Play

To sign up, see page 2 • Centers are closed May 25 – 27, June 19, and July 4.

OASIS COMMUNITY CENTER

2414 W. Mitchell Street, Milwaukee, WI 53204

ACTIVE OLDER ADULTS PROGRAM

Make your life more fulfilling by joining the Active Older Adults Program! The program provides opportunities for adults, fifty years and older, in arts and crafts, fitness, health and wellness, language skills, outdoor education, sports and recreation, and special events. Whether you're looking to get a good workout or learn a new language, this close-knit community provides a fun, social, and supportive environment for you to do it in.

BECOME AN OASIS MEMBER

Become an OASIS Community Center Member for \$15 for City of Milwaukee Residents and \$25 for Non-Residents. Membership fee is good for one year from purchase date.

INCLUDED WITH MEMBERSHIP



CHAIR YOGA

Offered Monday, Wednesday, and Friday 9:00AM - 10:00AM
MEMBERS ONLY CLASS



OUTDOOR EDUCATION CLASSES

Offerings vary by season



COMPUTER LAB

Open Monday through Friday 8:00AM - 3:00PM



FITNESS CENTER

Open Monday through Friday 8:00AM - 3:00PM
Fitness Center equipment includes compressed air resistance machines, treadmills, ellipticals, exercise bicycles, rowing machines, and free weights.

CONTACT

MEGAN FREY | megan@mkerec.net | **414.647.6057**
SUPERVISOR – ACTIVE OLDER ADULTS

REGISTER FOR A MEMBERSHIP IN-PERSON
AT THE OASIS OR ONLINE
AT MKEREC.NET/OASIS

TEAM MILWAUKEE SPECIAL OLYMPICS

Team Milwaukee is a registered agency with Special Olympics Wisconsin

This year-round sports program offers both adults and youth with intellectual disabilities the opportunity to learn and improve skills through training and competition in various sports. These programs will encourage participants to become more physically fit, socialize with others, and increase self-confidence. To participate in area/state Special Olympics competitions, individuals must be eight (8) years or older and have completed the required Special Olympics forms. Come join the fun!

Summer Season (June – September)

Softball
Tee Ball
Bocce Ball
Flag Football

Winter Season (December – April)

Basketball
Competitive Swimming

Fall Season (September – December)

Bowling
Volleyball
Strength Training

Spring Season (March – June)

Track & Field
Soccer
Cornhole
Strength Training

For additional information please contact Team Milwaukee Special Olympics at Specialolympics@mkerec.net or call 414.647.6041.





SCAN ME



Sign up to play adaptive sports! WASA provides adaptive sports & fitness opportunities for those with physical disabilities and/or visual impairments, ages 6 and up.

- Recreational or Competitive
- All ability levels welcome
- Adaptive equipment, including sports chairs provided
- Scan the QR code and select "register" or sign up online at: www.wasa.org



Questions: email info@wasa.org or call 414-310-7051.

WASA is a 501(c)3 tax exempt, non-profit organization.

¡Hay muchas maneras de registrarse para los programas de Milwaukee Recreation!

Las formas de registro incluyen:

- En línea a través de mkerec.net
- Por teléfono llamando al 414.475.8180
- En persona 5225 W. Vliet St. o OASIS Community Center, 2414 W. Mitchell St. Horarios: Lunes -Viernes 8:15am – 4:30pm
- Fax al 414-475-8183
- Por correo: Envíe la forma a Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181

Para obtener más información en español sobre la guía, los plazos de inscripción, la confirmación, los reembolsos, el seguro, las tarifas, los métodos de pago, la accesibilidad del programa, la ley de estadounidenses con discapacidades o las regulaciones de A.H.E.R.A, llame al 414.475.8180.



Milwaukee Recreation is **NOW HIRING!**

Interested in joining Milwaukee Recreation? Apply for our part-time positions today! Milwaukee Recreation is now hiring for a variety of paid, part-time positions, **including with our Community Centers team.** Visit mkerec.net/jobopenings for more information or scan the QR code.



Share Today. Shape Tomorrow.

Mentor a child. Share your wisdom. Make a difference.

As a volunteer, your experience, abilities and skills can positively shape the lives of children in our community. The Social Development Commission is looking for older adults (55+) to volunteer one-on-one with elementary school children in Milwaukee Public Schools.

Improve a child's life by:

- Tutoring in reading, math and other subjects
- Showing interest, encouragement and compassion
- Developing self-esteem

Volunteers receive:

- Paid training
- Hourly stipend
- Mileage reimbursement

The Foster Grandparent Program serves Milwaukee Public Schools. When you volunteer, you leave a lasting legacy. Help a child create pathways to success.

For additional information about SDC's Foster Grandparent Program, please call **414.906.4608** or visit us at cr-sdc.org



**MILWAUKEE
PUBLIC SCHOOLS**



EVERYONE PLAYS!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Scholarship applications for *Everyone Plays!* **are now open**. Each eligible child can be awarded one scholarship per year. **A limited number of scholarships are available. Early applications are encouraged.** Questions? Please call 414.475.8180. Visit mkerec.net/scholarship to learn more about this program. Thank you!



Milwaukee County Senior Dining Program



For more information on grab and go locations, please call 414.289.6995.

OUR MISSION, VISION, AND VALUES

MISSION

To enrich and strengthen the community by promoting healthy lifestyles, personal development, and fun through memorable recreational and educational experiences for people of all ages and abilities.

VISION

To be the leading provider of quality and affordable recreation services in the Milwaukee.

VALUES

The following are the core values that drive the work and interactions with the team and customers:



Equity

Ensuring access to recreation services for all.



Accountability

Taking individual and collective responsibility.



Memorable Experiences

Creating special, distinctive recreation experiences.



Professional Staff

Employing staff who possesses the core competencies of the department.



Quality Service Delivery

Exceeding customer expectations through responsive and respectful service delivery.



Sense of Community

Providing services that encourage personal connections and relationships.



Collaborations/ Partnerships

Fostering and maintaining partnerships with individuals and organizations that benefit the community

SUMMER ACADEMY



MILWAUKEE
PUBLIC SCHOOLS

Registration is now open.
Sign up today!

For more information, visit

mpsmke.com/summeracademy



Milwaukee Recreation
strives to promote healthy
lifestyles, personal
development, and fun by
offering recreational and
educational programs
for people of all ages and
abilities.

Interested in joining our team? Learn more
and apply for open positions at mkerec.net
or scan the QR code!



Milwaukee Public Schools
Recreation Department
P.O. Box 2181
Milwaukee, WI 53201-2181

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A department of MPS

SUMMER

Recreation Guide

2024

Register online at mkerec.net. Call 414.475.8180 with any questions.

If you live in the city of Milwaukee and this booklet was NOT delivered directly to your mailbox, please visit mkerec.net/mail to complete our two-question mailing survey.

Para obtener ayuda en español: (414) 475-8180

Rohingya zuban ot modot ollá: (414) 475-8182

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