

Registration begins May 11, 2023 | Para ayuda en español: 414.475.8180

SUMMER

Recreation Guide



Activities for the entire community
YOUTH | TEENS | ADULTS | SENIORS

mkerec.net



A department of **MPS**

Summer fun starts with Milwaukee Recreation!



It gives me great pleasure to present you with the Summer 2023 Recreation Guide. Our recreation team has put together an amazing line up of activities designed to keep you learning, exploring, and moving this summer. Art, biking, cooking, dance, enrichment, Zumba and more: there really is something from A-Z with Milwaukee Recreation.

Summer is the perfect time to learn a lifesaving skill like swimming. Milwaukee Recreation's exemplary aquatics program is a great resource for learning to swim. You can review the swim opportunities on pages 29 - 39. Additionally, 60 locations are providing full day enrichment programming for school-age youth. Our free summer playgrounds and Twilight Centers will provide programming throughout the day and into the evening and adults will enjoy the free fitness and wellness programs being offered at multiple locations throughout the city.



Finally, we invite you to register for the 16th annual Run Back to School 5K fun run/1.5-mile walk on Saturday, August 26, 2023. While I am always excited for the start of a new school year, I also know how important it is to recharge during the summer months and I can't think of a better place to do so than with Milwaukee Recreation!

Sincerely,

Dr. Keith P. Posley
Superintendent of Schools



Summer Construction to Impact Milwaukee Recreation Locations

This summer, various MPS buildings will be under construction for facility improvements. Due to these upgrades, several traditional Milwaukee Recreation locations will be closed.

Milwaukee Recreation has identified alternate locations for the majority of its summer programs. Visit mkerec.net/construction to see a full list of open and closed facilities. We apologize for any inconvenience these temporary closures may cause.



Stay up to date at
mkerec.net/construction



Table of Contents

1



**MILWAUKEE
PUBLIC SCHOOLS**

**This recreation guide is a
quarterly publication of
Milwaukee Recreation, a
department of MPS.**

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Superintendent of Schools

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Ways to Register2

Registration Information2

Registration Form.....3

Inclusion Services Policy4

Program Locations.....5

Kindergarten Enrollment/

Información de

Registro6

Youth/Teen Activities.....7-12

Arts & Crafts7

Baking.....8

Baton8

Cooking.....8

Cycling and Bike Maint.....8

Dance8-9

Family Classes9

Fitness9

Language Skills.....9

Mad Science10

Music.....11

Nature in Your Neighborhood..12

Organized Games.....12

Play Groups.....12

Babysitting Certification12

Science.....12

Youth/Teen Sports.....13-17

Softball13

Basketball13

Gymnastics14

Martial Arts14

Soccer.....14-15

Tennis15

Track15

Volleyball15-16

Baseball/Softball.....17

Milwaukee Recreation

Summer Playgrounds....18-19

Driver Education.....20-22

Twilight Centers.....23

Outdoor Education24-28

Aquatics29-39

General Information29

Level Information.....30

General Swim Classes31-33

ARC Training.....34

Adult Swim.....34

Aqua Fitness.....34-35

Aqua Training36

Family Classes36

Adult Comp Swim37

Youth Comp Swim38

Aquatics Now Hiring39

Community Wellness....40-42

Adult Enrichment43-59

Arts & Crafts43-45

Cate's Cookery.....46

Computers.....46

Cooking.....46-47

Cooking/Baking Foreign

Cycling and Bike Maint.....48

Dance48-49

Fitness49-54

Health & Wellness55

Language Skills.....56

Martial Arts56

Music.....57

Organization.....57

Outdoor Education.....58

Personal Skills.....58-59

Sports & Recreation.....59

Tennis59

Therapeutic Recreation60-61

Adult Sports.....62

50+ Sports.....63

OASIS Community Ctr64

Active Older Adults Program

Chair Yoga64

Outdoor Education Classes....64

Fitness Center.....64

Team Milwaukee –

Special Olympics.....65

Ice Cream Social/

Now Hiring66

WI Adaptive Sports/

Información de

Registro67

Summer Construction/

Senior Dining.....68

Overnight Camp/

SMS Texting.....69

Camps Hiring/SDC70

Daddy Daughter Sponsors/

Everyone Plays!.....71

Mission, Vision, Values72

Para ayuda en español: 475-8812

Important Dates — See page 2 for details.

May 9	Driver Education registration begins 10AM
May 11	Priority registration for city of Milwaukee residents begins at 10AM
May 18	Non-city of Milwaukee residents' registration begins at 10AM.
June 8	Mail-in registration deadline.
June 8	Fax-in registration deadline. Fax registrations must be received by 4PM.

A NOTE REGARDING SUMMER 2023 REGISTRATION:

Registration will be available online, via phone, and in-person for the summer 2023 season. See page 2 for more details.

OUR MISSION:

To enrich and strengthen the community through memorable recreational and educational experiences for people of all ages and abilities.

OUR VISION:

To be the leading provider of high quality and affordable recreation and community services in Milwaukee.

Ways to Register

Priority registration is given to city of Milwaukee residents beginning **May 11, 2023 at 10AM**. Non-city of Milwaukee residents may register beginning **May 18, 2023 at 10AM** through the dates listed below. **Registration for Driver Education begins on May 9, 2023 starting at 10AM.**

1. ONLINE REGISTRATION

Deadline: one week before your class begins.

Visit mkerec.net for the easiest way to sign up. If you're having trouble logging into your account, please do not create a new account. Instead, please call 414.475.8180 for assistance.

SAVE YOUR USERNAME AND PASSWORD HERE:

2. OVER-THE-PHONE REGISTRATION

Deadline: one week before your class begins.

1. Please call 414-475-8811 to inquire about registering for a class over the phone.
Please have credit card information ready at the time of your call.

3. IN-PERSON REGISTRATION

Deadline: one week before your class begins.

You can now register in-person, as late as one week before your class begins. To guarantee a space, please register early. You may register in person at one of these offices:

1. Milwaukee Recreation Central Office: 5225 W Vliet St.

Hours: Mon - Fri, 8:15AM - 4:30PM

2. Citywide Programs Office: 2414 W Mitchell St.

Hours: Mon-Fri, 8:15AM - 4:30PM

4. FAX-IN REGISTRATION

Through Thursday, June 8 at 4:00 PM

1. Fax completed form to: Milwaukee Recreation.
(414) 475-8183. Please include a return FAX number.
2. A credit card number (MasterCard or Visa only), expiration date, and signature are required on all forms.

5. MAIL-IN REGISTRATION

Registration must be received by Thursday, June 8

1. Checks and credit card information will be accepted. **NO CASH via mail-in registration.**
2. Make check payable to: Milwaukee Recreation. Please **DO NOT** send cash via mail.
3. Mail to: Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181.
4. Active Older Adults: Mail to 2414 W. Mitchell St., 53204

Nondiscrimination Notice: It is the policy of the Milwaukee Public Schools, as required by section 118.13, Wisconsin Statutes, that no person will be denied admission to any public school or be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other program or activity because of the person's sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability. This policy also prohibits discrimination under related federal statutes, including Title VI of the Civil Rights Act of 1964 (race, color, and national origin), Title IX of the Education Amendments of 1972 (sex), and Section 504 of the Rehabilitation Act of 1973 (disability), and the Americans with Disabilities Act of 1990 (disability). The following individuals have been designated to handle inquiries regarding the non-discrimination policies: For section 118.13, Wisconsin Statutes, federal Title IX: Matthew Boswell, Director, Department of Student Services, Room 133, Milwaukee Public Schools, 5225 W. Vliet St., P.O. Box 2181, Milwaukee, Wisconsin, 53201-2181 (414) 475-8027. For section 504 of the Rehabilitation Act of 1973 (Section 504), federal Title II: J. Andy Woyte, Interim Section 504/ADA Coordinator, Department of Specialized Services, 6620 W. Capitol Dr., Milwaukee, WI, 53216, (414) 438-3677. ASL: (414) 438-3458

Important Registration Information

ENROLLMENT. Registrations will be processed in the order in which they are received. Enrollment is not guaranteed. We reserve the right to cancel classes because of low enrollment after a class has started and to close further enrollment when a class is filled. All participants must register and pay for classes prior to attending the first session.

DEADLINES. Registrations must be received before registration deadlines. No exceptions. Milwaukee Recreation is not responsible for delayed mail delivery, or unreadable or improperly transmitted faxes. No telephone registrations accepted.

CONFIRMATION. Activity confirmations will be mailed to the address listed on the registration form. If you register online, your confirmation will not be mailed; instead, you will be able to print your confirmation immediately.

REFUND POLICY. Information regarding our refund policy can be found online at www.mkerec.net/refund. Or, contact us at 414.475.8180 to receive a copy by mail.

INSURANCE. Milwaukee Recreation does not provide accident or hospital insurance for class participants. Participants should review their insurance policies for coverage.

FEES. Resident and non-resident fees are as listed under course offerings. Registration forms without the proper fee will be returned.

REDUCED ACTIVITY FEE (17 YEARS & UNDER). City of Milwaukee youth whose family is enrolled in FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and/or Foster Care may be eligible for reduced fees. Children's classes over \$10 are eligible for a \$5 discount. Children's classes \$30 and over are eligible for a \$10 discount. **Classes, field trips, special events, and admission fees that are not eligible for reduced fees are noted in the class description. MPS Students: The MPS student database is used to verify eligibility. Registrant must provide documentation with registration if eligibility cannot be confirmed. Non-MPS Students: Must provide eligibility documentation with registration. Our full policy including acceptable documentation can be found online at www.mkerec.net/reduced.

PAYMENT METHODS. Includes check, money order, credit/debit card (VISA/ MasterCard only), and cash (in-person registration only). Denied Credit/Debit Cards: Individuals whose credit/debit card has been denied will not be registered until an alternate form of payment is received. Returned Checks: Individuals whose checks are returned will no longer be registered for that class. Individuals must register again by paying with cash or money order and will be included in the class if space is still available. A \$20 returned check charge will be added to your class fees. Out-of-state checks will not be accepted.

PROGRAM ACCESSIBILITY: Reasonable accommodations are made for individuals to participate in Milwaukee Recreation programs. For more information on requesting a reasonable accommodation, please visit the Inclusion Services Policy on page 4 or call 414-475-8182

AMERICANS WITH DISABILITIES ACT: Milwaukee Recreation is committed in both policy and practice to enforce and implement all required provisions of the Americans with Disabilities Act. If you or your child need a reasonable accommodation to participate in a recreation program, your request may be made to any Milwaukee Recreation staff person. Upon reasonable notice, efforts will be made to accommodate your request.

A.H.E.R.A. REGULATION: Official Notice to Inform All MPS Parents and Employees about Asbestos Containing Materials Inside School Buildings is Hereby Given: According to the United States E.P.A., the A.H.E.R.A. Regulation requires annual notification to all employees and parents/guardians regarding asbestos containing materials inside school buildings. Management Plans specifying locations, condition, and past response actions of these materials are located in the respective engineer's office for each site and are available for review during normal school hours as required by A.H.E.R.A. In the ongoing program to safely maintain asbestos-containing materials, MPS conducts surveillances, and 3-year reinspections, and implements appropriate response actions. If interested parties have specific questions relating to the Milwaukee Public School District policy or the scheduling of asbestos related activities planned or in progress, please contact the MPS Environmental Services Department at 414.283.4626.

MILWAUKEE RECREATION CLASS/ACTIVITY REGISTRATION FORM

MAIN CONTACT

LAST NAME

FIRST NAME

MIDDLE INITIAL

DATE OF BIRTH

RECEIPT # (OFFICE USE ONLY)

ADDRESS

(NO PO BOX #s, PLEASE)

APT. #

CITY

ZIP CODE

PHONE ()

E-MAIL

CHECK BOX IF ADDRESS IS NEW

PERMISSION: I hereby grant permission for my child/myself to participate in the above-named Milwaukee Recreation event. In the event of any injury requiring medical attention, I hereby grant permission to the recreation staff (including volunteers) to attend to my son/daughter or myself including seeking medical attention.

WAIVER: I/we recognize that unanticipated situations and problems can arise during Recreation activities that are not reasonably within the control of the recreation staff (including volunteers). I/we therefore agree to release and hold harmless the Milwaukee Board of School Directors, its agents, officer, employees, and volunteers, from any and all liability, claims, suits, demands, judgments, costs, interest and expense (including attorneys' fees and costs) arising from such activities, including any accident or injury to myself or my child and the costs of medical services.

PHOTO PERMISSION/RELEASE: I understand that there are times when the local news media, national news media and/or nonprofit organizations partner with Milwaukee Public Schools (MPS) request the opportunity to videotape, take photographs and/or interview participants within Milwaukee Recreation and MPS. By signing this, I understand that and give permission for MPS to allow this with respect to my child and/or myself. I also understand that by signing this release I give permission to MPS to make or use pictures, slides, digital images, or other reproductions of me, of my minor child or of materials owned by me or my child, and to put the finished pictures, slides, or images to use without compensation in broadcast productions, publications, on the Web, or other printed or electronic materials related to the role and function of the MPS. I understand that by signing this, I am, on behalf of myself and/or my child, releasing MPS and its directors, officers, employees and agents, from any future claims as well as from any liability arising from the use of any photograph or other images. This form shall be valid for the duration of the current Milwaukee Recreation program season.

I hereby certify that I have read and do understand the above information:

X
Signature required for all registrations

☐ CASH

☐ MONEY ORDER

☐ CHECK (#)

CHECKS PAYABLE TO MILWAUKEE RECREATION

☐ CREDIT CARD #

CARDHOLDER NAME

PHONE NUMBER ()

SIGNATURE:

EXP. DATE / /

SECURITY CODE:

NEW: DEMOGRAPHIC INFORMATION (MAIN CONTACT)

1. Which race or ethnicity best describes you?

Hispanic/Latino (1)

Native Hawaiian or other Pacific Islander (5)

American Indian or Alaska Native (2)

White (6)

Asian (3)

Two or more races (7)

Black or African American (4)

Prefer not to answer (8)

2. Which of the following most accurately describes you?

Male (M)

Non-binary (N)

Female (F)

Prefer not to answer (P)

Transgender (T)

For each participant please record the corresponding letter and number in the "Demographic Information" column in the table below.

Activity Code	Section Code	Activity Name	Day	Time	Fee	First/Last Name	Demographic Information	DOB (Month/Day/Year)

Please sign this form at left, enclose total payment, and mail to Milwaukee Recreation PO Box 2181 Milwaukee, WI, 53201 or fax to 414.475.8183 before the advertised registration deadlines.

TOTAL FEES \$

REDUCED ACTIVITY FEE \$

SCHOOL NAME:

Please check this box if you wish to donate \$1 to the Youth Program Fund.

\$1 DONATION?

TOTAL PAYMENT DUE \$

REDUCED ACTIVITY FEE (17 YEARS & UNDER)

Families meeting financial guidelines may qualify for an activity discount. Children's classes over \$10 are eligible for a \$5 discount. Children's classes \$30 and over are eligible for a \$10 discount. Most field trips, special events, and admission fees are not eligible and are so noted in the class description. School-age youth whose family qualifies for one or more of the following program subsidies are eligible for the youth discount (where applicable): FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and Foster Care. The MPS student database will be used to verify participant eligibility. Non-MPS students must provide eligibility documentation with registration. Our full policy can be found online at www.mkerec.net/reduced.

☐ CHECK THIS BOX IF YOU ARE REQUESTING THE REDUCED ACTIVITY FEE FOR YOUR CHILD

MILWAUKEE RECREATION INCLUSION SERVICES POLICY

Milwaukee Recreation is committed to creating and promoting inclusion within all facilities and programs. Through the Inclusion Services Policy and supporting practices, we aim to ensure that everyone has access to the benefits of quality parks and recreation.

Milwaukee Recreation defines inclusion as the process of including all persons, regardless of their socioeconomic level, abilities, language, ethnic origin, sexual orientation or gender identification.

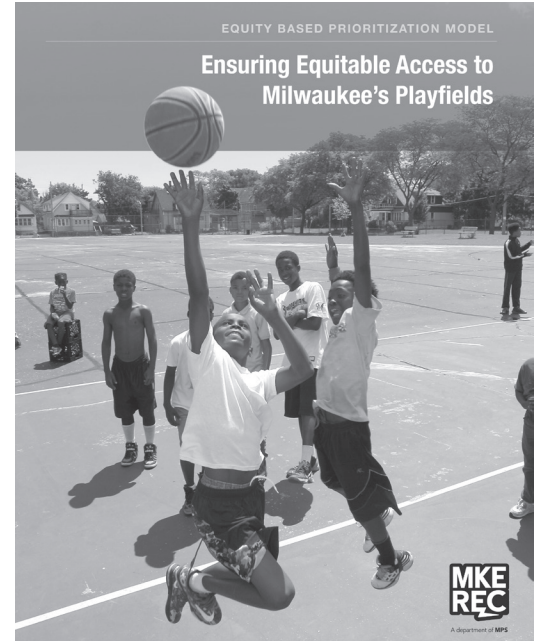
POLICY GOALS: The Inclusion Services Policy outlines Milwaukee Recreation's approach to ensuring inclusive environments and equitable opportunities for all community members in local parks and recreation.

THIS POLICY ENSURES THAT:

- Community members utilizing our facilities, programs and services have equitable and ability-appropriate access to programs and services regardless of ability, race, age, language, religion, country of origin, sexual orientation, or gender identity.
- Site staff, community partners and stakeholders engage in the support of all community members and promote inclusive behaviors both in park and recreation facilities and throughout the community in public spaces.
- Milwaukee Recreation establishes and maintains an organizational infrastructure for the management of the policy and its established goals and objectives.
- Milwaukee Recreation will continuously measure and improve inclusive practices.

We invite you to visit mkerec.net/inclusion to learn more about Milwaukee Recreation's efforts to support inclusive practices across all program areas including the Equity Based Prioritization Model for playfield improvements, professional development opportunities for staff, Everyone Plays! Scholarship Program, and the new process for requesting accommodations for Recreation classes.

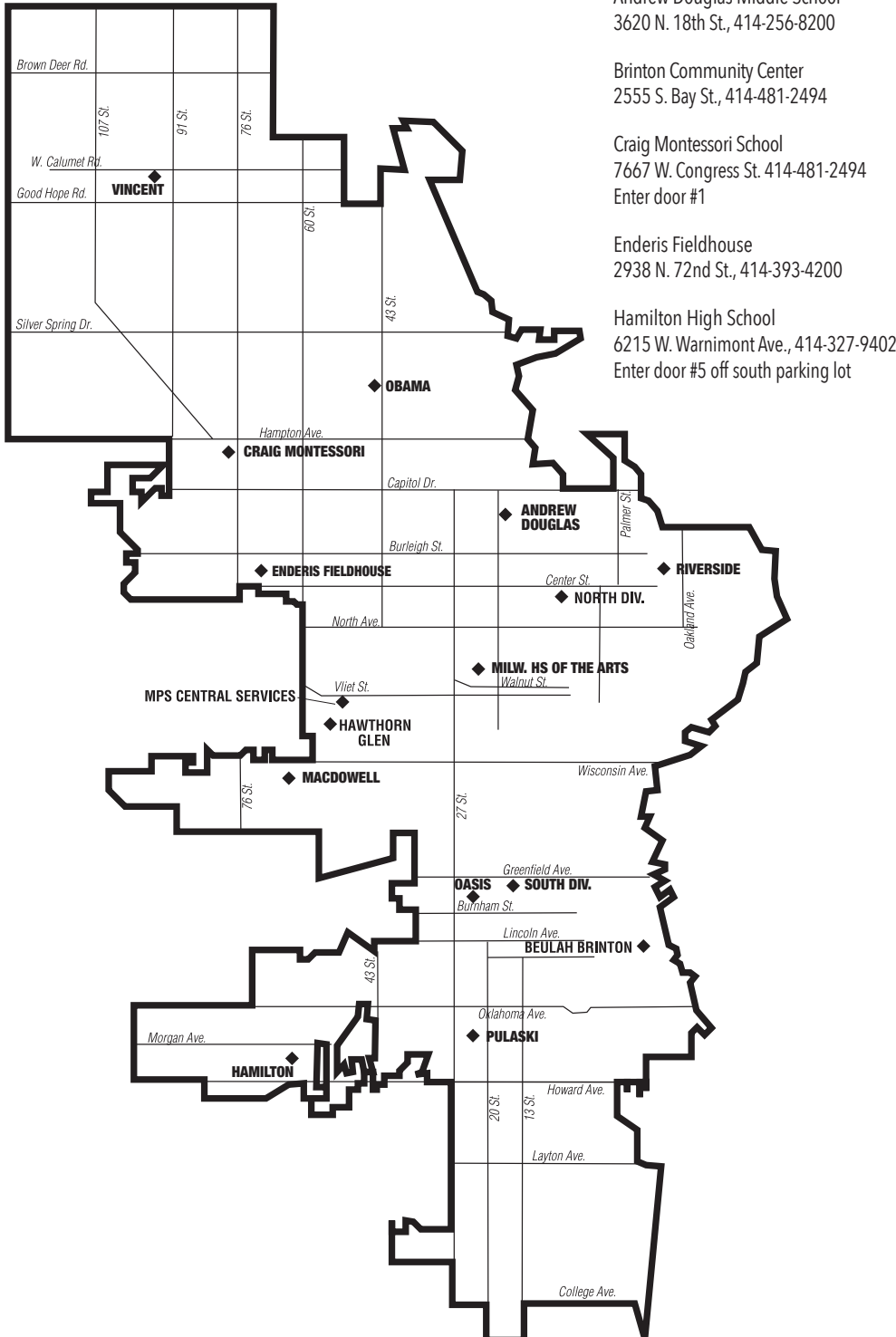
Need accommodations? Submit an ADA Accommodation Request electronically by visiting mkerec.net/inclusion and a member of the recreation team will contact you for further details.



EVERYONE PLAYS!



Please use the phone numbers listed only during recreation program hours at that location.



Andrew Douglas Middle School
3620 N. 18th St., 414-256-8200

Brinton Community Center
2555 S. Bay St., 414-481-2494

Craig Montessori School
7667 W. Congress St. 414-481-2494
Enter door #1

Enderis Fieldhouse
2938 N. 72nd St., 414-393-4200

Hamilton High School
6215 W. Warnimont Ave., 414-327-9402
Enter door #5 off south parking lot

Hawthorn Glen
1130 N. 60th St., 414-777-7888

MacDowell Montessori
6415 W. Mt. Vernon Ave., 414-393-6100
Enter door #7 - N. 65th St.

Milwaukee HS of the Arts
2300 W. Highland Ave., 414-934-7000
Enter door #9 off east parking lot.

MPS Central Services
5225 W. Vliet St., 414-475-8180
Enter southwest door off rear parking lot

North Division High School
1011 W. Center St., 414-267-5077
Enter west side of building near tennis courts

OASIS
2414 W. Mitchell St., 414-647-6041

Obama High School
5075 N. Sherman Blvd., 414-393-4900
Enter door #5

Pulaski High School
2500 W. Oklahoma Ave., 414-902-8900

Riverside University High School
1615 E. Locust St., 414-906-4900

South Division High School
1515 W. Lapham Blvd., 414-902-8300

Vincent High School
7501 N. Granville Rd., 262-236-1270
Enter northeast door #4 by fieldhouse

6 Kindergarten Enrollment • Información de Registro



KINDERGARTEN ENROLLMENT

Do you have a child turning 3, 4, or 5 by September 1, 2023?
Discover the great early childhood academic options only available at MPS. Meet our strong school leaders and talented teachers. Learn about our classroom diversity and inclusive teaching and learning. Get help with the enrollment process. For more information, call (414) 475-8159.



MILWAUKEE
PUBLIC SCHOOLS

- K3, K4, K5, and Head Start
- Montessori and International Baccalaureate
- Arts and Music
- Special Education
- Bilingual and Beginner English
- Language Immersion



mpsmke.com/enrolltoday

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¡Hay muchas maneras de registrarse para los programas de Milwaukee Recreation!

Las formas de registro incluyen:

- En línea a través de <https://milwaukeeerecreation.net/>
- Por teléfono llamando al 414.475.8180
- En persona 5225 W. Vilet St. Horarios: Lunes -Viernes 8:15am – 4:30pm
- Fax al 414-475-8183
- Por correo: Envíe la forma a Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181

Para obtener más información en español sobre la guía, los plazos de inscripción, la confirmación, los reembolsos, el seguro, las tarifas, los métodos de pago, la accesibilidad del programa, la ley de estadounidenses con discapacidades o las regulaciones de A.H.E.R.A, llame al 414.475.8180.

ARTS & CRAFTS

Abstract Creations Workshop

Using canvas, paper, acrylics and watercolors, students will engage in hands-on art projects using color placements, shapes and lines to create delightful art expressions. A \$10 (cash only) supply fee is due to the instructor at the start of class. Class fee is non-refundable.

Activity Code: 1RCE0914
(Section codes listed below)

Hamilton (Ages 8-12)..... HA01
Sat, Jun 24, 10:00AM-12:00PM
\$6 Residents/\$9 Non-Residents

Learn the Art of Abstract Painting

Abstract artist Melva will introduce students to using lines, shapes, acrylics and watercolors to create abstract paintings. Art projects focusing on a variety of abstract techniques allow self expression and creative confidence. A \$10 (cash only) supply fee is due to the instructor on the 1st day of class. Class fee in non-refundable.

Activity Code: 1RCE0916
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01
Sat, Jul 8-Jul 15, 1:00PM- 3:00PM
\$10 Residents/\$15 Non-Residents



Paper Flowers

In this class we will start with the basic steps of paper folding and move onto advanced levels. Creating beautiful flowers made of various papers can bring spring close to people. Some examples of flowers you may create are carnations, golden bell flowers, irises, bellflowers, lilies, tulips and many more! There is an \$12 supply fee due to the instructor on the first day of class.

Activity Code: 1RCE0947
(Section codes listed below)

Hamilton (Ages 8-17)..... HA01
Mon-Thu, Jul 31-Aug 3, 5:30PM- 7:00PM
\$14 Residents/\$21 Non-Residents

Clay Camps Information

The following Clay Camps will be taught at Cream City Clay, Inc., located at 7105 W. Greenfield Avenue, West Allis. Cream City Clay is a learning center for the advancement of ceramic art and design which offers a beautiful studio, quality equipment and a contagious creative environment. Kids will create a project at each class and glaze and fire them into permanent works of art. Projects will vary each week and are tailored to suit any age and ability. Class fees include all supply costs. Limited street parking and municipal parking lot in the rear of the building is available. All Camps are scheduled on the 2nd floor which is not ADA compliant. Reasonable accommodations can be made in advance of camp start dates by contacting Bob at 475-8935.

Culinary Creatives

Create a fresh-squeezed orange juicer poured from a pitcher that you made as well! Students can also make a charcuterie/serving tray, oven safe garlic roaster, butter dish and a berry bowl. Class includes all supplies. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE0955
(Section codes listed below)

Cream City Clay (Ages 6-9).....CC01
Mon-Thu, Jul 17-Jul 20, 1:00PM- 3:00PM
\$130 Residents/\$130 Non-Residents

Cream City Clay (Ages 10-14).....CC02
Mon-Thu, Jul 17-Jul 20, 1:00PM- 3:00PM
\$130 Residents/\$130 Non-Residents

Plants vs. Monsters

Create ceramic artwork that looks like plants or could hold plants. The monsters could take over and eat the plants if you choose. You also will make useful items as well as interesting sculptures. Class includes all supplies. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE0956
(Section codes listed below)

Cream City Clay (Ages 6-9).....CC01
Mon-Thu, Jul 31-Aug 3, 1:00PM- 3:00PM
\$130 Residents/\$130 Non-Residents

Cream City Clay (Ages 10-14).....CC02
Mon-Thu, Jul 31-Aug 3, 1:00PM- 3:00PM
\$130 Residents/\$130 Non-Residents

Adventure Clay Camp

Hunt for lost cities and undiscovered treasures and dig up ancient artifacts that you create! Create a treasure box design it with local animals or discover a secret code on the handle of your cup to decipher your explorer's map. All supplies included. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE0957
(Section codes listed below)

Cream City Clay (Ages 6-9).....CC01
Mon-Thu, Aug 7-Aug 10, 1:00PM- 3:00PM
\$130 Residents/\$130 Non-Residents

Cream City Clay (Ages 10-14).....CC02
Mon-Thu, Aug 7-Aug 10, 1:00PM- 3:00PM
\$130 Residents/\$130 Non-Residents

A note regarding...

EVERYONE PLAYS!

Scholarship applications for *Everyone Plays!* are closed for the summer season. Scholarship applications will be accepted again during fall registration. Questions? Please call 414.475.8180.

Visit mkerec.net/scholarship to learn more about this program. Thank you!

BAKING**We All Scream for Ice Cream**

In this class we will make homemade ice-cream using the best recipe ever, and its only four ingredients! Who needs an ice-cream machine when you can make it from scratch?!? Your little baker will learn how to make a common summer treat and put their own spin on it by flavoring it the way they want! Kids will be introduced to baking vocabulary, techniques, cooking tools, and kitchen safety. Class is taught by Geneva Byrd from Little Bakers Association. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 1RCE2501
(Section codes listed below)

Hamilton (Ages 4-12)..... HA01
Wed, Jul 26, 1:30PM- 2:30PM
\$24 Residents/\$36 Non-Residents

Signature Red Velvet Cookies

Your Little Bakers will have a blast as they prepare the BEST red velvet cookies ever. Our recipe produces a very soft and chewy cookie loaded with white chocolate chips! Students will be introduced to baking vocabulary, techniques, cooking tools, and kitchen safety. Class is taught by Geneva Byrd from Little Bakers Association. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 1RCE2507
(Section codes listed below)

Riverside (Ages 4-12)..... RS01
Wed, Jul 12, 1:30PM- 2:30PM
\$24 Residents/\$36 Non-Residents

Cake Pops

Your little baker will have a chance at making cake pops! Who knew that cake pops could be created so easily, and taste so delicious? Kids will be introduced to baking vocabulary, techniques, cooking tools, and kitchen safety. Class taught by Geneva Byrd with Little Bakers Association. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 1RCE2514
(Section codes listed below)

Hamilton (Ages 4-12)..... HA01
Wed, Jun 28, 1:30PM- 2:30PM
\$24 Residents/\$36 Non-Residents

Riverside (Ages 4-12)..... RS01
Wed, Aug 2, 1:30PM- 2:30PM
\$24 Residents/\$36 Non-Residents

BATON**Baton**

Twirl your way to fun while you learn basic skills such as figure 8s, flat spins, pinwheels, and tosses. Coordinate your twirling with marching jumps, leaps, and dance steps. A baton is required and can be purchased from the instructor. Class taught by Marcy Blaufuss!

Activity Code: 1RCE2903
(Section codes listed below)

Beulah Brinton (Ages 5-17)..... BN01
Mon, Jun 26-Aug 21, 1:30PM- 2:30PM
\$18 Residents/\$27 Non-Residents

COOKING**Easy Summer Smoothies for Kids**

Smoothies are a cool and a refreshing drink for the Summer. Come and learn how to make healthy smoothies. We will be using fresh and frozen fruit, almond milk, coconut milk and yogurt. Fee includes food cost and is non-refundable.

Activity Code: 1RCE1606
(Section codes listed below)

Riverside RS01
Sat, Jun 10, 10:00AM-11:30AM
\$13 Residents/\$20 Non-Residents

CYCLING AND BIKE MAINTENANCE**Mountain Biking 101**

Mountain Biking 101 will cover the basic skills needed to start enjoying the sport, including starting, stopping, navigating courses and trail locations. This course is designed to engage your child in a sport that is a safe, fun, healthy, and low-impact outdoor recreational activity. Participation is a recommended prerequisite to the upcoming Mountain Biking 201 where riders will have an opportunity to learn more advanced skills and race in the Wisconsin High School Cycling League. Participants are encouraged to bring their own bikes; however, bikes are available upon request in a limited capacity. Class fee is non-refundable.

Activity Code: 1RCE2803
(Section codes listed below)

Burbank Playfield (Ages 12-18) JU01
Tue/Thu, Jun 20-Aug 3, 4:30PM- 6:30PM
\$25 Residents/\$25 Non-Residents

Bike Maintenance with Billie

This class will teach you the skills needed to keep and maintain your bike in fine working order. These skills will save you time, money and make your rides easier and safer. With a few tools, you can make your bike rideable. This class is for beginners. In this class you will cover the following: changing a flat tire, fixing a slipped chain, completing a minor brake repair and seasonal cleaning. Class taught by Billie Myhra. Please bring your bike to class. Youth and adult classes are combined. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE2807
(Section codes listed below)

Hamilton (Ages 10-17)..... HA01
Sat, Jul 8, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

MacDowell (Ages 10-17)..... JU02
Sat, Jun 24, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

Riverside (Ages 10-17)..... RS03
Sat, Jul 22, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

DANCE**African Dance**

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome.

Activity Code: 1RCE2901
(Section codes listed below)

Riverside (Ages 6-17)..... RS01
Sat, Jun 10-Jul 29, 1:00PM- 2:00PM
\$14 Residents/\$21 Non-Residents

Dance Sampler Camp

Do you want to learn many different dance styles and express yourself creatively through movement? In this camp, kids will concentrate and learn a different dance style each day including, African, Hip Hop, Soul and Caribbean. On the last day, the camp will conclude with a performance to show off new skills.

Activity Code: 1RCE2931
(Section codes listed below)

Riverside (Ages 6-14)..... RS01
Mon-Thu, Jul 17-Jul 20, 9:00AM-12:00PM
\$19 Residents/\$29 Non-Residents

African Dance Camp

This four day youth camp will explore the art of African dance while enhancing rhythmic and creative movement skills. Experience African culture, music, and dance. Class will conclude with a short performance following the last session on Thursday afternoon. Wear comfortable clothing and bring your excitement for dance!

Activity Code: 1RCE2932
(Section codes listed below)

Riverside (Ages 7-12)..... RS02
Mon-Thu, Jun 26-Jun 29, 9:00AM-12:00PM
\$19 Residents/\$29 Non-Residents

FAMILY CLASSES

Daddy Daughter Walk

July 7th, is National Father Daughter Take a Walk Day! Celebrate the day by taking a 2 mile walk by the beautiful lakefront and South Shore Park. Walk will start and end at Beulah Brinton.

Activity Code: 1RCE3302
(Section codes listed below)

Beulah Brinton (Ages 1 & up) BN01
Fri, Jul 7, 5:00PM- 6:30PM
FREE

Family Drive-In Movie Day

Bring your family to Milwaukee Recreation's fourth drive-in movie day! Each paid registration is for ONE VEHICLE ONLY and all vehicles must follow Wisconsin Department of Transportation rules and laws on legal vehicle occupancy. This is a family-friendly event, carry-ins will be limited to food and non-alcoholic beverages only. Each movie being shown on the day requires a separate registration. The parent/guardian registering for the event must be in attendance in the vehicle or must contact Milwaukee Recreation by Thursday, May 11 at 12:00pm in order to provide the department with the license plate number of the vehicle that will be arriving under that registration. The event Date is May 13, 2023, with a scheduled rain date of May 20, 2023.

Activity Code: 1RCE3331
(Section codes listed below)

Central Services Parking Lot CS01
(Moana)
Sat, May 13, 3:00PM- 5:15PM
\$20 Residents/\$20 Non-Residents

Central Services Parking Lot CS02
(Spiderman: No Way Home)
Sat, May 13, 5:30PM- 8:00PM
\$20 Residents/\$20 Non-Residents

FITNESS

Couch Potato to 5k

Have you ever wanted to run a 5K? Don't know where to start? Do you need a little push and positive motivation? Then this is the class for you! Bring your running shoes, towel, water bottle and an exercise mat. Adult and Youth classes are combined.

Activity Code: 1RCE3504
(Section codes listed below)

Hamilton (Ages 12-17)..... HA02
Wed, Jun 21-Jul 26, 6:15PM- 7:15PM
\$14 Residents/\$21 Non-Residents

MacDowell (Ages 12-17)..... JU03
Mon, Jun 26-Jul 31, 6:15PM- 7:15PM
\$14 Residents/\$21 Non-Residents

Riverside (Ages 12-17)..... RS03
Thu, Jun 22-Jul 27, 6:15PM- 7:15PM
\$14 Residents/\$21 Non-Residents

Running Speedwork-Youth

If you have been running for at least some time, and have seen your improvement slow down, this is the class for you! You will learn all the basics of incorporating intervals, fartlek training, plyometrics, and other techniques to help you run faster at any race distance. Please bring a water bottle and exercise mat. This six-week class is taught by Marty Malin, a Certified Running Coach. Youth and Adult classes combined.

Activity Code: 1RCE3517
(Section codes listed below)

Hamilton (Ages 9-17)..... HA01
Wed, Jun 21-Jul 26, 5:30PM- 6:15PM
\$11 Residents/\$17 Non-Residents

MacDowell (Ages 9-17)..... JU03
Mon, Jun 26-Jul 31, 5:30PM- 6:15PM
\$11 Residents/\$17 Non-Residents

Riverside (Ages 9-17)..... RS03
Thu, Jun 22-Jul 27, 5:30PM- 6:15PM
\$11 Residents/\$17 Non-Residents



LANGUAGE SKILLS

Korean Culture II

Korean Culture II will take a deeper dive into Korean history and its people. Further exploration into traditions and cultural development will be done to help participants learn how the country and its people have grown and flourished under difficult situations. Students can also bring specific questions they have about Korea, its movies, art, and history.

Activity Code: 1RCE4402
(Section codes listed below)



Hamilton (Ages 13-17)..... HA01
Mon-Thu, Jul 24-Aug 3, 2:00PM- 3:30PM
\$27 Residents/\$41 Non-Residents

Korean Culture Class

Are you interested in Korean movies, K-Pop, and dramas? Do you want to learn more about Korean history and culture? This course will cover everything from basic Korean alphabets, music, Hangeul, Hanbok clothing, art, food, and architecture.

Activity Code: 1RCE4405
(Section codes listed below)

Hamilton (Ages 8-17)..... HA01
Mon-Thu, Jul 24-Aug 3, 3:45PM- 5:15PM
\$27 Residents/\$41 Non-Residents


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MAD SCIENCE

Digging for Dinosaurs

Examine real fossil casts and explore the differences in the teeth of herbivorous and carnivorous dinosaurs. Students will participate in a mini dinosaur excavation and make a dinosaur tooth to take home. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE7604
(Section codes listed below)

Riverside (Ages 5-12)..... RS01

Sat, Jul 29, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Mad Science Electricity Workshop

This workshop introduces students to the fundamental concepts of electricity: circuits, conductors, insulators, and how electricity is converted for everyday uses. Students get to create different circuits, interact with plasma balls, discover "sticky" static electricity and make their own static energy chambers to take home. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE7605
(Section codes listed below)

Hamilton (Ages 5-12)..... HA01

Sat, Jul 8, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents



Mad Science BRIXOLOGY Camp

BRIXOLOGY Camp sets the foundation for our next generation of makers! Children learn about different types of engineering and then team up to construct a different engineering themed project using LEGO bricks. We will learn about aerospace engineering while assembling a space station. We will explore mechanical engineering as we build boats and vehicles. That is not all from carnival rides to drawing machines, mechanical animals to truss bridges, your future engineer will build upon their creativity to solve real world design challenges, while developing their problem solving and team building skills. Let the tinkering begin! Campers receive daily custom Mad Science brick take homes. Children should bring a snack each day (No nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE7613
(Section codes listed below)

Beulah Brinton (Ages 5-12)..... BN01

Mon-Thu, Aug 28-Aug 31, 9:00AM- 2:00PM
\$230 Residents/\$345 Non-Residents

Riverside (Ages 7-12)..... RS02

Mon-Thu, Jul 10-Jul 13, 9:00AM- 2:00PM
\$230 Residents/\$345 Non-Residents



Mad Science Slime Time

Ooze into a gooey hour of sliming around! Create slime using the Mad Science recipe. Take home your own concoction of Mad Science slime. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE7615
(Section codes listed below)

Hamilton (Ages 5-12)..... HA01

Sat, Jun 24, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Mad Science NASA Innovators Camp

Mad Science has teamed up with NASA in a quest for exploration! We'll take a voyage of discovery into the atmosphere and beyond as we explore planets, moons, and other space phenomena in our solar system. Things will heat up as we examine the sun and other stars and discover the difficulties of space travel! Kids will get a firsthand experience of the challenges of living in space as they try to assemble a satellite while training to be an astronaut. Kids will love to build their own Mad Science Skyblazer Rocket and participate in a real "NASA" style rocket launch. Children should bring their own snack (no nut products please). Class Fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE7622
(Section codes listed below)

Beulah Brinton (Ages 5-12)..... BN01

Mon-Fri, Aug 21-Aug 25, 9:00AM- 1:00PM
\$230 Residents/\$345 Non-Residents

Riverside (Ages 5-12)..... RS02

Mon-Thu, Jun 26-Jun 29, 9:00AM- 2:00PM
\$230 Residents/\$345 Non-Residents

Mad Science Movie Effects

NEW Grab you popcorn but don't sit back! We're going to learn first-hand how advances in science and technology are behind our favorite special effects! 3,2, 1... Science in Action!! Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE7637
(Section codes listed below)

Riverside (Ages 5-12)..... RS01

Sat, Jul 15, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

Mad Science Detective Science

NEW Discover how science is used to solve real crimes! Watch as the classroom is transformed into a crime lab for this exciting exploration of the fundamentals of forensics. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE7638
(Section codes listed below)

Riverside (Ages 5-12)..... RS01

Sat, Jul 22, 10:00AM-11:00AM
\$18 Residents/\$27 Non-Residents

MUSIC

Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Class is combined with adult class. Class is taught by Mr. D.

Activity Code: 1RCE4602
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

Fri, Jun 23-Aug 11, 7:15PM- 8:15PM
\$18 Residents/\$27 Non-Residents

Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with adult class.

Activity Code: 1RCE4603
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

Fri, Jun 23-Aug 11, 6:00PM- 7:00PM
\$18 Residents/\$27 Non-Residents

Guitar

This class focuses on basic chords, note reading, different strumming techniques, and guitar maintenance.*Beg Semi-Private courses focus on the music theory side of playing guitar, and chord theory is a key element of this class.*Adv Semi-Private courses build your song repertoire and techniques and are for students with previous guitar experience. All classes are taught by Mr. D. and youth and adult courses are combined.

Activity Code: 1RCE4604
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

Sat, Jun 17-Aug 12, 2:00PM- 3:30PM
\$26 Residents/\$39 Non-Residents

Hamilton (Ages 12-17)..... HA01

Thu, Jun 22-Aug 3, 6:00PM- 7:30PM
\$19 Residents/\$29 Non-Residents

Riverside (Ages 12-17)..... RS01

(Beg. - Semi-Private)
Mon, Jun 12-Jul 31, 6:30PM- 8:00PM
\$41 Residents/\$62 Non-Residents

Riverside (Ages 12-17)..... RS02

(Adv. - Semi Private)
Mon, Jun 12-Jul 31, 8:15PM- 9:15PM
\$27 Residents/\$41 Non-Residents

Piano

Beg. level courses will give beginning piano enthusiasts an introduction to the keyboard, including note reading, rhythm, two handed playing, and techniques. Int. level courses will help take you to the next level. Keys, scales, chords, and melodies, learning with Mr. D makes theory fun. Course for those with previous keyboard and note-reading experience. There is no need to bring your keyboard from home. Classes are taught by Mr. D. and all youth and adult courses are combined.

Activity Code: 1RCE4606
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

(Beg.)
Sat, Jun 17-Aug 12, 10:30AM-12:00PM
\$26 Residents/\$39 Non-Residents

Beulah Brinton (Ages 12-17)..... BN02

(Int.)
Sat, Jun 17-Aug 12, 12:15PM- 1:45PM
\$26 Residents/\$39 Non-Residents

Hamilton (Ages 12-17)..... HA01

Wed, Jun 21-Aug 2, 6:00PM- 7:30PM
\$19 Residents/\$29 Non-Residents

Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Class is combined with adult class.

Activity Code: 1RCE4607
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01

Sat, Jun 17-Aug 12, 4:00PM- 6:00PM
\$35 Residents/\$53 Non-Residents

Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Class is combined with adult class.

Activity Code: 1RCE4609
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01

Thu, Jun 22-Aug 3, 7:45PM- 8:45PM
\$16 Residents/\$24 Non-Residents

Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Bring your own harmonica. Class is combined with adult class.

Activity Code: 1RCE4611
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01

Tue, Jun 20-Aug 1, 6:00PM- 7:00PM
\$19 Residents/\$29 Non-Residents

Ukulele For You

This class is for anyone interested in learning to play the ukulele along with those who want to expand their ukulele repertoire. Our "music master" Mr. D., will teach you basic chords and strums and comfortably guide you into select musical genres. Grab a uke or dust off the one in your closet and join us!

Activity Code: 1RCE4620
(Section codes listed below)

Hamilton HA01

Wed, Jun 21-Aug 2, 7:45PM- 8:45PM
\$16 Residents/\$24 Non-Residents

Join us this summer for *Early Childhood/Toddler classes at Beulah Brinton Community Center!* Classes like Tot Time, Thomas & Friends, Fidgety Foodies and more! Scan the QR code to learn more and to register.



NATURE IN YOUR NEIGHBORHOOD

Traveling Tales for Tots

This nature tale time includes a story, craft, outdoor exploration, and a visit from an education ambassador animal. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P124724
(Section codes listed below)

Beulah Brinton (Ages 3 & up) HG01

("The Busy Tree" by Jennifer Ward)
Thu, Jul 27, 3:00PM-4:00PM
\$4 Residents/\$6 Non-Residents

Hamilton (Ages 3 & up) HG03

("The Best Nest" by Laura Datta)
Tue, Aug 1, 6:00PM-7:00PM
\$4 Residents/\$6 Non-Residents

Riverside (Ages 3 & up) HG02

("Hungry Caterpillar" by Eric Carle)
Tue, Jun 27, 6:00PM-7:00PM
\$4 Residents/\$6 Non-Residents

ORGANIZED GAMES

Beginner Chess Camp

NEW

This camp is designed for those who are new to chess or with ratings of less than 800. Students will work on opening game strategies and tactics. Camp will focus on chess fundamentals including the 7 basic checkmates, and tactics such as Forks, Pins, and Discovered Check. Students will experience a balance of chess play and instruction, compete in a 5 round tournament with the top 3 winning trophies and everyone else receiving a medal. Camp taught by the Wisconsin Scholastic Chess Federation.

Activity Code: 1RCE4904
(Section codes listed below)

Riverside (Ages 7-18) RS01

(Beg)
Mon-Fri, Jul 17-Jul 21, 9:00AM-12:00PM
\$70 Residents/\$105 Non-Residents



Intermediate Chess Camp

NEW

This camp is for experienced chess players with many years of tournament experience and with WSCF or USCF ratings over 800 or with instructor permission. All phases of the game will be covered including: focus on chess fundamentals, chess notation, and game analysis and tactics such as Forks, Pins, and Discovered Check. Students will experience a balance of chess play and instruction including competing in a 5 round tournament with the top 3 winning trophies and everyone else receiving a medal. Camp taught by Wisconsin Scholastic Chess Federation (WSCF).

Activity Code: 1RCE4905
(Section codes listed below)

Riverside (Ages 7-18) RS01

Mon-Fri, Jul 24-Jul 28, 9:00AM-12:00PM
\$70 Residents/\$105 Non-Residents

PLAY GROUPS

Music Maker and More-Early Childhood Music Class

This sing along musical activity is designed for children and their parent or caregiver. The class incorporates traditional children's songs, finger plays, rhythm instruments and dance movements as well as puppets that help tell a story within the songs. A goal of the class is to give children an interest and love for all kinds of music. Bring your dancing feet and join us for a fun, family class. Due to room restrictions, only 1 adult may accompany each child. Parent or guardian must attend. Price is per child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RCE5509
(Section codes listed below)

Beulah Brinton (Ages 1-4) BN01

Tue, Jul 11-Jul 25, 9:00AM-9:30AM
\$24 Residents/\$34 Non-Residents

Beulah Brinton (Ages 1-4) BN02

Tue, Aug 1-Aug 22, 9:00AM-9:30AM
\$36 Residents/\$48 Non-Residents

RED CROSS BABYSITTING CERTIFICATION

Babysitting Workshop

Ages 11 & up. Receive American Red Cross certification for babysitting. Learn basic First Aid, reacting to stressful situations, creative play techniques, proper nutrition and more. Sign up early as classes fill quickly. Not eligible for reduced fees. Refund request must be received one week prior to the start of class.

Activity Code: 1RCE5601
(Section codes listed below)

Hamilton (Ages 11-17) HA02

Sat, Jun 17, 8:30AM-4:00PM
\$100 Residents/\$150 Non-Residents

Hamilton (Ages 11-17) HA03

Sat, Jul 29, 8:30AM-4:00PM
\$100 Residents/\$150 Non-Residents

Riverside (Ages 11-17) RS01

Sat, Jun 24, 8:30AM-4:00PM
\$100 Residents/\$150 Non-Residents

Riverside (Ages 11-17) RS03

Sat, Jul 22, 8:30AM-4:00PM
\$100 Residents/\$150 Non-Residents



SCIENCE

Discover Archaeology

Is your child interested in archaeology? Come learn about the science and the stone tools in this hands-on exploration. Kids will complete activities including drawing, sorting artifacts and identifying stone tools from regular rocks. Workshop taught by a stone tools archaeologist and will include a live demonstration of flintknapping. Class fee includes safety glasses and a rock kit.

Activity Code: 1RCE5809
(Section codes listed below)

Hamilton (Ages 7-14) HA01

Sat, Jul 22, 11:00AM-12:00PM
\$8 Residents/\$12 Non-Residents

Riverside (Ages 7-14) RS01

Sat, Jul 29, 11:00AM-12:00PM
\$8 Residents/\$12 Non-Residents

SOFTBALL

Reagan Softball Camp

NEW Softball camp geared toward girls going into 7th, 8th and 9th grades. Instructors with a combined 60 years of head coaching experience in high school, college and travel ball will instruct all skill levels from beginner to elite athlete in hitting, defense, strategy, pitching and catching. No matter your skill level, we will help you improve! Camp taught by Marcus Wenzel, Reagan Head Softball Coach.

Activity Code: 1RCE8105
(Section codes listed below)

Lowell Playfield (Ages 11-15) HA01
Mon-Thu, Jun 26-Jun 29, 1:00PM- 4:00PM
\$27 Residents/\$41 Non-Residents

BASKETBALL

Mighty Mite Basketball

This class is not an intro "dunktion" to basketball. Your young person will have fun, while being introduced to some basketball skills. Skills include dribbling, passing, sliding feet laterally, and shooting on a 4-foot hoop. This class will expose your young person to the great game of basketball in a FUN environment.

Activity Code: 1RCE1101
(Section codes listed below)

Craig Montessori (Ages 3-4) MR01
(Not eligible for reduced fees)
Sat, Jun 17-Jul 29, 10:00AM-10:30AM
\$8 Residents/\$12 Non-Residents

MacDowell (Ages 3-4) JU01
(Not eligible for reduced fees)
Sat, Jun 17-Jul 29, 9:00AM- 9:30AM
\$9 Residents/\$14 Non-Residents

Riverside (Ages 3-4) RS01
(Not eligible for reduced fees)
Sat, Jun 10-Jul 29, 12:45PM- 1:20PM
\$10 Residents/\$15 Non-Residents

B.I.G. Basketball

In this program, participants will learn the fundamentals of basketball, including dribbling, passing, shooting, rebounding, rules, and how the game is played. Combine all of these components with team play for a fun and exciting experience.

Activity Code: 1RCE1102
(Section codes listed below)

Craig Montessori (Ages 7-9) MR01
Sat, Jun 17-Jul 29, 12:45PM- 1:45PM
\$14 Residents/\$21 Non-Residents

MacDowell (Ages 7-9) JU01
Sat, Jun 17-Jul 29, 10:30AM-11:30AM
\$16 Residents/\$24 Non-Residents

Riverside (Ages 7-9) RS01
Sat, Jun 10-Jul 29, 2:25PM- 3:20PM
\$19 Residents/\$29 Non-Residents

Bitty Basketball

The hoops are lower and the basketballs are smaller, but the fun is big in Bitty Basketball. Participants will learn the rules of basketball as well as basic fundamentals such as shooting, dribbling, and passing. This is accomplished through hands-on practice using mini basketballs and 6 & 8 foot hoops.

Activity Code: 1RCE1103
(Section codes listed below)

Craig Montessori (Ages 5-6) MR01
Sat, Jun 17-Jul 29, 12:50PM- 1:35PM
\$13 Residents/\$20 Non-Residents

MacDowell (Ages 5-6) JU01
Sat, Jun 17-Jul 29, 9:30AM-10:15AM
\$13 Residents/\$20 Non-Residents

Riverside (Ages 5-6) RS01
Sat, Jun 10-Jul 29, 1:25PM- 2:20PM
\$14 Residents/\$21 Non-Residents

All-American Basketball

This advanced class is designed for children who have a solid foundation in basketball and wish to improve to the next level.

Activity Code: 1RCE1106
(Section codes listed below)

Craig Montessori (Ages 10-12) MR01
Sat, Jun 17-Jul 29, 10:40AM-11:25AM
\$14 Residents/\$21 Non-Residents

Basketball Shooters Camp

Do you want to be a more consistent shooter? This camp is designed to improve your shot by providing instruction for better footwork, a quicker release and proper stance when shooting the basketball. Campers will be introduced to a variety of shooting techniques, including shooting off the dribble, pull up jumpers and when and how to use the backboard.

Activity Code: 1RCE1107
(Section codes listed below)

Riverside (Ages 11-14) RS03
(Girls Only Camp)
Mon-Thu, Jun 19-Jun 22, 9:00AM-11:30AM
\$14 Residents/\$21 Non-Residents

Riverside (Ages 8-11) RS01
Mon-Thu, Jun 26-Jun 29, 9:00AM-11:30AM
\$14 Residents/\$21 Non-Residents

Riverside (Ages 5-7) RS04
Mon-Thu, Jul 10-Jul 13, 9:00AM-11:30AM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 8-11) RS05
Mon-Thu, Jul 17-Jul 20, 9:00AM-11:30AM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 12-15) RS06
Mon-Thu, Jul 24-Jul 27, 9:00AM-11:30AM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 5-7) RS02
Mon-Thu, Jul 31-Aug 3, 9:00AM-11:30AM
\$14 Residents/\$21 Non-Residents

GILBERT BROWN ALL-PRO FOOTBALL

Join Gilbert Brown for three days filled with fun and football instruction at this all-pro camp. The camp will train participants in the basic fundamentals of football. Gilbert Brown leads this camp along with a host of coaches who have any of the NFL to attend. Sign up at gilbertbrown.com

EVENT CANCELED. WE APOLOGIZE FOR THE INCONVENIENCE.

North
Morrison

Afternoon Session: Tuesdays - Thursdays, 2:00pm - 5:30pm for ages 13 - 17 (meal provided)

Questions? Email Jason@mkerec.net.



GYMNASTICS

Gymnastics

If springing over a vault, balancing on a beam, standing on your hands, and doing backward walkovers sound like fun, sign up for gymnastics. This is a developmental program, taught with a progression of gymnastic skills, which assist youth in the development of coordination.

Activity Code: 1RCE3901
(Section codes listed below)

Riverside (Ages 4-5)..... RS01

Sat, Jun 10-Jul 29, 10:00AM-10:55AM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 5-6)..... RS02

Sat, Jun 10-Jul 29, 11:00AM-11:55AM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 7-8)..... RS03

Sat, Jun 10-Jul 29, 12:00PM-12:55PM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 9-12)..... RS04

Sat, Jun 10-Jul 29, 1:00PM- 1:55PM
\$23 Residents/\$35 Non-Residents

Riverside (Ages 4-6)..... RS05

Thu, Jun 15-Aug 3, 6:00PM- 6:55PM
\$19 Residents/\$29 Non-Residents

Riverside (Ages 7-9)..... RS06

Thu, Jun 15-Aug 3, 7:00PM- 7:55PM
\$23 Residents/\$35 Non-Residents



Tumbling Teddy Bears

Somersault for fun. This pre-gymnastics program will assist children in the development of eye/hand coordination and balance through basic tumbling activities. Parent(s)/Guardian(s) are required to attend this class with their child at no extra charge.

Activity Code: 1RCE3902
(Section codes listed below)

Riverside (Ages 2.5-3)..... RS01

Sat, Jun 10-Jul 29, 9:00AM- 9:45AM
\$18 Residents/\$27 Non-Residents

Riverside (Ages 2.5-3)..... RS02

Thu, Jun 15-Aug 17, 5:15PM- 5:55PM
\$15 Residents/\$23 Non-Residents

MARTIAL ARTS

Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. Learn self-discipline, kicking and punching techniques, correct body positioning, and self-defense.

Activity Code: 1RCE4506
(Section codes listed below)

Beulah Brinton (Ages 3-5)..... BN04

(Not eligible for reduced fees or refund)
Sat, Jun 17-Aug 12, 8:00AM- 8:30AM
\$10 Residents/\$15 Non-Residents

Beulah Brinton (Ages 6-14)..... BN05

Sat, Jun 17-Aug 12, 8:30AM- 9:30AM
\$18 Residents/\$27 Non-Residents

Beulah Brinton (Ages 6-17)..... BN01

(Beg. - White - Yellow Belts)
Mon/Wed/Fri, Jun 21-Aug 21, 4:00PM- 4:45PM
\$42 Residents/\$63 Non-Residents

Beulah Brinton (Ages 6-17)..... BN02

(Int./Adv. - Camo - Brown Belts)
Mon/Wed/Fri, Jun 21-Aug 21, 5:00PM- 5:45PM
\$42 Residents/\$63 Non-Residents

Beulah Brinton (Ages 6-17)..... BN03

(Adv. - Red/Black & Black Belts)
Mon/Wed/Fri, Jun 21-Aug 21, 6:00PM- 6:45PM
\$42 Residents/\$63 Non-Residents

Craig Montessori (Ages 6-17)..... MR04

(Beg.-White, Orange, & Yellow Belts)
Mon/Wed, Jun 21-Jul 31, 6:00PM- 7:00PM
\$25 Residents/\$38 Non-Residents

Craig Montessori (Ages 6-17)..... MR05

(Int./Adv., Camo-Red/Black Belts)
Mon/Wed, Jun 21-Jul 31, 7:05PM- 8:05PM
\$25 Residents/\$38 Non-Residents

Hamilton (Ages 6-14)..... HA02

(Advanced belt only)
Mon/Wed, Jun 21-Aug 2, 6:00PM- 7:00PM
\$22 Residents/\$33 Non-Residents

MacDowell (Ages 7-10)..... JU03

(Beg. - White - Yellow Belts)
Sat, Jun 17-Jul 29, 9:00AM-10:00AM
\$14 Residents/\$21 Non-Residents

MacDowell (Ages 7-10)..... JU04

(Beg. - White - Yellow Belts)
Sat, Jun 17-Jul 29, 10:15AM-11:15AM
\$14 Residents/\$21 Non-Residents

MacDowell (Ages 7-10)..... JU02

(Beg. - White - Yellow Belts)
Tue/Thu, Jun 20-Aug 1, 7:05PM- 8:05PM
\$27 Residents/\$41 Non-Residents

MacDowell (Ages 6-17)..... JU01

(Beg. - White - Yellow Belts)
Tue/Thu, Jun 20-Aug 1, 6:00PM- 7:00PM
\$27 Residents/\$41 Non-Residents

Riverside (Ages 3-5)..... RS07

(Beg. white belts. Not eligible for reduced fees)
Sat, Jun 10-Jul 29, 9:00AM- 9:30AM
\$8 Residents/\$12 Non-Residents

Riverside (Ages 3-5)..... RS08

(Int./Adv., Ara Belt & Higher)
Sat, Jun 10-Jul 29, 9:30AM-10:00AM
\$10 Residents/\$15 Non-Residents

Riverside (Ages 6-14)..... RS04

(Beg., White-Yellow Belts. Not eligible for reduced fees)
Sat, Jun 10-Jul 29, 10:15AM-11:00AM
\$14 Residents/\$21 Non-Residents

Riverside (Ages 6-14)..... RS06

(Int/Adv, camo-black belts. Not eligible for reduced fees)
Sat, Jun 10-Jul 29, 11:00AM-11:45AM
\$22 Residents/\$33 Non-Residents

Riverside (Ages 6-14)..... RS01

(Beg., white - yellow belts)
Mon/Wed, Jun 12-Jul 31, 6:00PM- 6:45PM
\$19 Residents/\$29 Non-Residents

Riverside (Ages 6-14)..... RS02

(Int./Adv., Camo-Purple Belts)
Mon/Wed, Jun 12-Jul 31, 6:45PM- 7:30PM
\$19 Residents/\$29 Non-Residents

Riverside (Ages 3-5)..... RS15

(Int./Adv., Blue - Black Belt)
Mon/Wed, Jun 12-Jul 26, 7:30PM- 8:15PM
\$19 Residents/\$29 Non-Residents

SOCCER

Just for Kicks Soccer

Score the winning goal or make a diving save! Learn dribbling, trapping, and more through drills. Rules, strategy, and teamwork will be introduced.

Activity Code: 1RCE5901
(Section codes listed below)

Enderis Playfield (Ages 5-6)..... MR01

Sat, Jun 17-Jul 29, 9:35AM-10:20AM
\$11 Residents/\$17 Non-Residents

Enderis Playfield (Ages 5-6)..... MR02

Sat, Jun 17-Jul 29, 11:35AM-12:20PM
\$11 Residents/\$17 Non-Residents

Enderis Playfield (Ages 5-6)..... HA01

Sat, Jun 17-Jul 29, 9:15AM-10:15AM
\$21 Residents/\$32 Non-Residents



Mighty Mite Soccer

Quit kicking your brother or sister and kick a soccer ball instead! Learn the basics of soccer and how to play as part of a team. This class will teach dribbling, passing, and kicking. Take this opportunity to use the motor skills your child already has and focus them on an organized sport.

Activity Code: 1RCE5902
(Section codes listed below)

Enderis Playfield (Ages 3-4)..... MR01

(Not eligible for reduced fees)
Sat, Jun 17-Jul 29, 9:00AM-9:30AM
\$8 Residents/\$12 Non-Residents

Enderis Playfield (Ages 3-4)..... HA01

(Not eligible for reduced fees)
Sat, Jun 17-Jul 29, 8:30AM-9:15AM
\$13 Residents/\$20 Non-Residents

B.I.G. Soccer

Soccer is great! Participants will continue to build on dribbling, heading, and trapping skills as well as develop some defense skills, all with an emphasis on FUN. Each skill will be taught thru drills that maximize repetition and learning.

Activity Code: 1RCE5903
(Section codes listed below)

Enderis Playfield (Ages 7-9)..... MR01

Sat, Jun 17-Jul 29, 10:30AM-11:30AM
\$14 Residents/\$21 Non-Residents

Enderis Playfield (Ages 7-9)..... MR02

Sat, Jun 17-Jul 29, 12:30PM-1:30PM
\$14 Residents/\$21 Non-Residents

TENNIS

Tennis

Tennis instruction will expose youth to backhand/forehand grips and strokes using the latest aerobic and physical fitness conditioning exercises. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Participants in intermediate and advance should have solid foundation in tennis and completed the beginner level. Participants need to bring their own rackets.

Activity Code: 1RCE6501
(Section codes listed below)

Enderis Playfield (Ages 4-8)..... MR01

(Beg.)
Sat, Jun 17-Jul 29, 11:10AM-12:10PM
\$14 Residents/\$21 Non-Residents

Enderis Playfield (Ages 6-12)..... MR02

(Beg.)
Sat, Jun 17-Jul 29, 12:20PM-1:20PM
\$14 Residents/\$21 Non-Residents

Enderis Playfield (Ages 10-15)..... MR03

(Int.)
Sat, Jun 17-Jul 29, 1:30PM-2:30PM
\$15 Residents/\$23 Non-Residents

MTEF Summer Tennis Camp

The Milwaukee Tennis & Education Foundation (MTEF) partners with MKE REC for a full day co-ed Summer Tennis Camp. Players of all levels are welcome to join us. New players learn fundamentals of the sport including forehands, backhands, volleys, and serves through competitive and non-competitive games and drills. Younger participants will use modified equipment and courts tailored to their age and size. More advance players will continue to strengthen their fundamentals while also working to apply their skills to develop control of the ball in live ball situations. Off the courts, campers will engage in art, mentorship, nutrition, fitness, and life skills. MTEF has partnered with JCC Rainbow Day Camp to provide all participants the opportunity to go to a beautiful camp in Fredonia where they will have the opportunity to participate in large variety of activities (ex. swimming, arts and crafts, nature, sports, etc). Trips to camp are day trips only – all players will return home at the end of the day. This experience is included at no additional charge and includes transportation, breakfast, and lunch. More information will be shared about dates and timing when you register for camp. Registration includes a t-shirt. A racquet will be provided if needed. Campers aged 15 are invited to sign up for our new CIT (Coach in Training) Program. CITs will spend half of their time helping and half on the tennis court. There will be no Camp on June 19, July 3 & 4. Interested participants 16+ please contact MTEF at info@mtef.com for opportunities.

Activity Code: 1RYS6508
(Section codes listed below)

Merrill Playfield (Ages 8-14)..... M101

Mon-Fri, Jun 20 – Jul 7, 9:00 AM – 4:00 PM
\$60 Residents/\$60 Non-Residents

Merrill Playfield (Ages 8-14)..... M102

Mon-Fri, Jul 10 – Jul 28, 9:00 AM – 4:00 PM
\$60 Residents/\$60 Non-Residents

Merrill Playfield (Age 15)..... M103

Mon-Fri, Jun 20 – Jul 7, 9:00 AM – 4:00 PM
\$30 Residents/\$30 Non-Residents

Merrill Playfield (Ages 15)..... M104

Mon-Fri, Jul 10 – Jul 28, 9:00 AM – 4:00 PM
\$30 Residents/\$30 Non-Residents

TRACK

Mini Track

On your mark, get set, go... Receive instruction in the proper techniques for sprints, distance running, starting stance, relays, and field events.

Activity Code: 1RCE6703
(Section codes listed below)

Hamilton (Ages 5-8)..... HA01

Sat, Jun 17-Jul 29, 9:00AM-10:00AM
\$14 Residents/\$21 Non-Residents

Hamilton (Ages 9-14)..... HA02

Sat, Jun 17-Jul 29, 10:00AM-11:00AM
\$14 Residents/\$21 Non-Residents

VOLLEYBALL

Pioneer Volleyball Camp

N E W The camp is geared toward girls going into 7th, 8th and 9th grades. Instructors will focus on passing, serving, defense, setting and hitting techniques. No experience? No problem! All skill levels welcome. Instructors include high school coaches and high school varsity players. Camp led by Marcus Wenzel, Juneau Head Volleyball Coach.

Activity Code: 1RCE6822
(Section codes listed below)

Beulah Brinton (Ages 11-15)..... BN01

Mon-Thu, Jul 17-Jul 20, 1:00PM-4:00PM
\$27 Residents/\$41 Non-Residents

RVA Volleyball Camp

N E W Improve your skill level and knowledge of volleyball. Take your game to the next level while focusing on the development and refinement of passing, digging, setting, front and back row attacking, serving and blocking. Revolution Volleyball Academy is a volleyball club that serves almost 300 boys and girls. Camp taught by Heather Curley, President of RVA and Head Women's Indoor and Beach Volleyball Coach, Bryant and Stratton College. All Camps include a t-shirt or tank top.

Activity Code: 1RCE6823
(Section codes listed below)

Beulah Brinton (Ages 10-12)..... BN01

Mon-Fri, Jul 10-Jul 14, 8:00AM-10:00AM
\$34 Residents/\$51 Non-Residents

Beulah Brinton (Ages 13-14)..... BN02

Mon-Fri, Jul 10-Jul 14, 10:00AM-12:00PM
\$34 Residents/\$51 Non-Residents

RVA High School Volleyball Camp

NEW Improve your skill level and knowledge of volleyball. Take your game to the next level while focusing on the development and refinement of passing, digging, setting, front and back row attacking, serving and blocking. Revolution Volleyball Academy is a volleyball club that serves almost 300 boys and girls. Camp taught by Heather Curley, President of RVA and Head Women's Indoor and Beach Volleyball Coach, Bryant and Stratton College. All Camps include a t-shirt or tank top.

Activity Code: 1RCE6824
(Section codes listed below)

Beulah Brinton (Ages 15-18)..... BN01
Mon-Wed, Jul 24-Jul 26, 8:00AM-10:00AM
\$24 Residents/\$36 Non-Residents

RVA Beach Volleyball Camp

NEW Enjoy Wisconsin summer weather and have fun playing in the sand! This camp is designed for beginner athletes who are building the fundamental skills of beach volleyball including serving, passing, attacking, defense and game strategy. Camp taught by Heather Curley, Revolution Volleyball Academy President and Head Women's Indoor and Beach Volleyball Coach, Bryant and Stratton College. Camp fee includes a tank top.

Activity Code: 1RCE6825
(Section codes listed below)

Beulah Brinton (Ages 12-14)..... BN01
Mon-Wed, Jul 31-Aug 2, 8:00AM-10:00AM
\$20 Residents/\$30 Non-Residents

Beulah Brinton (Ages 15-18)..... BN02
Mon-Wed, Jul 31-Aug 2, 10:00AM-12:00PM
\$20 Residents/\$30 Non-Residents



Volleyball Academy

NEW Learn the fundamentals necessary to play more than 'boom ball.' This includes passing, serving, individual defense, setting and hitting approaches. Develop correct footwork, body positioning, timing, ball tracking and coordinated teamwork. Basic strategy and rules of the sport will be taught.

Activity Code: 1RCE6801
(Section codes listed below)

Beulah Brinton (Ages 7-10)..... BN02
Mon-Fri, Aug 14-Aug 18, 8:30AM-10:00AM
\$19 Residents/\$29 Non-Residents

Beulah Brinton (Ages 11-14)..... BN03
Mon-Fri, Aug 7-Aug 11, 8:30AM-10:00AM
\$19 Residents/\$29 Non-Residents



SUMMER SINGLE DAY SHOWDOWN 2023

OPEN TO BOYS & GIRLS
AGES 8-17

MUST BE ABLE TO RALLY

MERRILL PARK TENNIS COURTS
JULY 31 - AUG 3

RAIN DATE AUG. 4

SEE MTEF.COM FOR MORE INFO AND TO REGISTER.



GIRLS PRE-SEASON SKILLS & DRILLS

Aug 7th - Aug 10th
4:00PM-6:30PM

Merrill Park Tennis Courts

OPEN TO ALL FEMALE HIGH SCHOOL TENNIS PLAYERS THAT WANT TO GET READY FOR TEAM TRY OUTS. JOIN US FOR A MIXTURE OF SKILLS/DRILLS AND MATCH PLAY EXPERIENCES.

WWW.MTEF.COM TO REGISTER.



Baseball + Softball Opportunities Summer 2023

In collaboration with Little League and youth organizations throughout the city, Milwaukee Recreation is pleased to announce the following baseball and softball opportunities in league play for 2023. For additional information about registration fees, level of competition, practices, and game schedules, please contact the organizations listed below directly.

Beckum-Stapleton Little League

New this year, in addition to baseball, Beckum-Stapleton Little League is offering Girl's Fastpitch Softball for ages 8 - 16 years old.

Season runs from May through June for ages 4 -16. No prior experience necessary. Registration includes 1 practice and 2 games per week at Beckum Park. Uniforms are included.

For more information: 414.372.5794 or visit www.beckumstapletonLL.org

Felix Mantilla Little League and Journey House Baseball Program

- T-ball available for ages 4-6.
- Player pitch baseball available for ages 7 -15.

For more information or questions contact: Coach Martin Weddle 414.647.0548 ext 133 or email mweddle@journeyhouse.org.

Boys & Girls Clubs of Greater Milwaukee

Milwaukee Baseball Club the New home of Milwaukee RBI. We offer year round affordable baseball training for any level player. Programs offered instructional camps fall, winter and winter. 13-18U travel teams, High school Select league, winter training and fall ball

For more information email mbcbaseball@gmail.com or call 414.698.5746.

GET YOUR GAME ON

ELEMENTARY AND MIDDLE SCHOOL SUMMER SPORTS OPPORTUNITIES AVAILABLE!

ALL SPORTS ARE FOR GRADES 4-8 AND COED UNLESS STATED OTHERWISE.

Speak to your school's sport coordinator today about joining youth sports or visit mkerec.net/youthsports



MKE REC
A department of MPS

Registration begins on May 11 • Please note, some class sizes will be limited. • mkerec.net

MILWAUKEE RECREATION PLAYGROUNDS OPEN ON JUNE 12!

Milwaukee Recreation will be providing enrichment activities, play opportunities, and serving youth meals at playground sites across the city beginning June 12, 2023 (for kids ages 6-17).

Returning this summer will be the Wacky Wheels Skate Van, partnerships with the Bicycle Federation of Wisconsin, Milwaukee Public Library, Artists Working in Education (AWE), and visits from the Video Game Van. We are excited to offer another full "Traveling Adventures" field trip schedule to multiple locations in the Milwaukee area entirely free for youth! Specific site information and updated schedules can be found at mkerec.net. We look forward to seeing you this summer!

WADING POOLS

Ages 8 and under. For those hot summer dates, keep cool at a wading pool!

DATES: June 12 – August 19, Monday - Saturday

TIMES: 10:00am – 5:00pm

SITES: Burbank, Enderis Park, Harriet Tubman, Holt, Lindsay, Merrill, and Ohio.



SPLASH PADS

Ages 6 – 17. Splash Pads are a safe and exciting way to cool off during the summer! Splash pads spray water from in-ground fixtures to help kids beat the heat. All splash pads are set up on a timer to help reduce water waste.

Please note, Splash Pads are supervised on the dates and times listed below. However, Splash Pads can be turned on and off by the user, Monday - Sunday from 10am - 8pm, May 31 - September 5.

DATES: June 12 – August 4, Monday - Friday

TIMES: 10:00am – 5:00pm

SITES: Burnham, Clarke Square, Clovernook, Columbia, Franklin Square, Green Bay, and Southgate



PLAYGROUNDS ARE OPEN JUNE 12. CLOSED JUNE 19 & JULY 4.

PLAYGROUND NAME	ADDRESS	HOURS	DAYS	FREE MEAL SITE	COOL SPOT	WADING POOL	SPLASH PAD
Ben Franklin	2308 W. Nash St.	10AM-5PM	Mon - Fri	X	X		
Burbank	6225 W. Adler	10AM-5PM	Mon - Fri			X	
Burnham	1755 S. 32nd St.	10AM - 5PM	Mon - Fri	X			X
Clarke Square	2330 W. Vieau Pl.	10AM-5PM	Mon - Fri	X			X
Clovernook	6594 N. Landers St.	10AM-5PM	Mon - Fri	X			X
Columbia	1345 W. Columbia St..	10AM-5PM	Mon - Fri	X			X
Custer Playfield	4001 W. Custer Ave.	10AM-1PM	Mon - Fri	X	X		
Emigh	495 E. Morgan Ave.	10AM-5PM	Mon - Fri	X	X		
Enderis	2938 N. 72nd St.	10AM-5PM	Mon - Sat			X	
Franklin Square	2643 N. 13th St.	10AM-5PM	Mon - Fri	X			X
Green Bay	3818 N. 8th St.	10AM - 5PM	Mon - Fri	X			X
Harriet Tubman	4750 N. 48th St.	10AM-5PM	Mon - Fri	X		X	
Holt	1716 W. Holt Ave.	10AM-5PM	Mon - Sat	X		X	
Lindsay	4360 N. 87th St.	10AM-5PM	Mon - Fri	X		X	
Merrill Park	461 N. 35th St.	10AM-5PM	Mon - Sat	X		X	
Modrzejewski	1020 W. Cleveland St.	10AM-5PM	Mon - Sat	X	X		
Mitchell Park	2200 W. Pierce St.	10AM-5PM	Mon - Fri	X	X		
Ohio	974 W. Holt	10AM-5PM	Mon - Sat			X	
Southgate	3350 S. 25th St.	10AM-5PM	Mon - Fri	X			X
Whittier	4382 S. 3rd St.	10AM-5PM	Mon - Fri	X	X		

****Saturday programming is Wading Pools only at select sites. Please visit mkerec.net/playgrounds for additional programming information and site updates.**



Registration begins on May 11 • Please note, some class sizes will be limited. • mkerec.net

Driver Education | General Information

SAVE THE DATE - REGISTRATION FOR DRIVER EDUCATION BEGINS ON TUESDAY, MAY 9 AT 10AM!

Eligibility (Programs not eligible for reduced fees): students must be 15 by the first day of class and not older than 17.5 by the last day of class.

All programs include: classroom (in-person, hybrid, or online) and *Behind-the-Wheel* lessons.

MPS DRIVE

- **Students must be currently enrolled in MPS.**
- Course fee is \$35.00.

COMMUNITY-BASED DRIVER EDUCATION

- Open to any student meeting age requirements.
- City of Milwaukee residents: course fee is \$150.00
- Non-residents: course fee is \$275.00

HOW TO REGISTER:

MPS DRIVE

- Visit mkerec.net.
- **Milwaukee Recreation has created student accounts.**
- **DO NOT CREATE A NEW ACCOUNT.**
- **User Name:** MPS Student ID (Only enter numbers)
- **Password:** Student Last Name (the first letter is capitalized, ex: Smith)

COMMUNITY-BASED DRIVER EDUCATION

- Visit mkerec.net.
- Login to your family account to register for program.

Waitlist:

- If you join a waitlist for a class, your waitlist position is **only valid for that season.**
- Joining a waitlist does **NOT guarantee a spot in the class.**
- Do not attend class until Milwaukee Recreation has contacted you for payment.

Class Format:

Please pay close attention to schedules when choosing the class that fits your needs.

IN-PERSON	HYBRID	ONLINE
<ul style="list-style-type: none"> • 30 hours in-person. • 2 hours per class, for 15 classes. 	<ul style="list-style-type: none"> • 10 hours in person (2 hours per class, for 5 classes). • 20 hours online. 	<ul style="list-style-type: none"> • 30 hours online. • Work at your own pace. • Maximum of 2 hours per day.

To sign up, see page 2 • Centers are closed June 19 and July 4.

MPS Drive | Activity Code: 1UDE3001 (section codes below)

MPS Drive is a driver education program for age-eligible, currently enrolled, MPS high school students. A \$35.00 fee is due at the time of registration to cover the cost of the temporary permit.



IN-PERSON CLASS OPTIONS:

- Classes will meet in-person five (5) days per week (Monday - Friday).
- Classes meet for two (2) hours per session.
- If you miss three (3) classes, for any reason, you will be dropped from the program without a refund.

DATES: JUNE 8 - JUNE 29 (no class 6/19)

LOCATION	TIMES	SECTION CODE
Bay View	10:30AM - 12:30PM	Section Code: BV01
Bay View	1:00PM - 3:00PM	Section Code: BV02
Hamilton	10:30AM - 12:30PM	Section Code: HA01
Hamilton	1:00PM - 3:00PM	Section Code: HA02
Riverside	10:30AM - 12:30PM	Section Code: RS01
Riverside	1:00PM - 3:00PM	Section Code: RS02
Vincent	10:30AM - 12:30PM	Section Code: VN01
Vincent	1:00PM - 3:00PM	Section Code: VN02
Pulaski	4:30PM - 6:30PM	Section Code: PK01

DATES: JULY 10 - JULY 28

LOCATION	TIMES	SECTION CODE
Bay View	10:30AM - 12:30PM	Section Code: BV03
Bay View	1:00PM - 3:00PM	Section Code: BV04
Hamilton	10:30AM - 12:30PM	Section Code: HA03
Hamilton	1:00PM - 3:00PM	Section Code: HA04
Riverside	10:30AM - 12:30PM	Section Code: RS03
Riverside	1:00PM - 3:00PM	Section Code: RS04
Vincent	10:30AM - 12:30PM	Section Code: VN03
Vincent	1:00PM - 3:00PM	Section Code: VN04
Pulaski	10:30AM - 12:30PM	Section Code: PK03

HYBRID CLASS OPTIONS:

- Classes will meet five (5) days for one week - classes meet two (2) hours per day.
- After five (5) days (10 hours), students will complete remaining 20 hours online.
- Students MUST ATTEND all five (5) days without an absence to move to the ONLINE program.

SESSION 1: JUNE 1 - 7

LOCATION	TIMES	SECTION CODE
Alba	4:00PM - 6:00PM	Section Code: A360
Vincent	4:00PM - 6:00PM	Section Code: VN60
Pulaski	4:00PM - 6:00PM	Section Code: PK60
WCLL	4:00PM - 6:00PM	Section Code: WC60

SESSION 2: JULY 31, AUG 1 - 4

LOCATION	TIMES	SECTION CODE
Alba	1:00PM - 3:00PM	Section Code: A361
Vincent	1:00PM - 3:00PM	Section Code: VN61
Pulaski	1:00PM - 3:00PM	Section Code: PK61
WCLL	1:00PM - 3:00PM	Section Code: WC61

ONLINE OPTIONS:

- Students must have internet access and either a computer, tablet or smartphone.
- There is no set schedule for coursework to be completed; students will work at their own pace.
- Students must complete the coursework in 90 days or less.

Start Date: June 20, 2023	Online	Section Code: DE10
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MPS Drive Program Sponsors



Achieving more together.



Please note, for Non MPS Students please see the Community-Based programs on next page.

Driver Education registration begins on May 9 • Please note, some class sizes will be limited. • mkerec.net

Community-Based Driver Ed | Activity Code: 1DRD3001 (section codes below)

Certified Classes for Teens | Classes Open to Residents & Non-Residents

IN-PERSON CLASS OPTIONS:

- Classes will meet five (5) days per week – Monday - Friday.
- Classes meet two (2) hours per session.
- If you miss three (3) classes, for any reason, you will be dropped from the program without a refund.

DATES: JUNE 8 - JUNE 29 (no class 6/19)

DATES: JULY 10 - JULY 28

LOCATION	CLASS TIME	SECTION CODE
Vincent	5:00PM - 7:30PM	VN05

LOCATION	CLASS TIME	SECTION CODE
Hamilton	10:00AM - 12:00PM	HA05
Hamilton	12:30PM - 2:30PM	HA06

ONLINE OPTIONS:

- Students must have internet access and either a computer, tablet or smartphone.
- There is no set schedule for coursework to be completed; students will work at their own pace.
- Students must complete the coursework in 90 days or less.

Start Date: July 6, 2023	Online	Section Code: DE20
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SAVE THE DATE - REGISTRATION FOR DRIVER EDUCATION BEGINS ON TUESDAY, MAY 9 AT 10AM!



JOIN US FOR THE 16th Annual
Run Back to School
August 26th | Wick Playfield (4929 W Vliet Street)

One great event, multiple opportunities for family and school community team building! Participate in a **5k Fun Run** or a **1.5 Mile Walk**, followed by great activities.

All event proceeds support youth recreation programs.

IN PARTNERSHIP WITH



MILWAUKEE
PUBLIC SCHOOLS





REGISTER NOW
mkerec.net/rbts

To sign up, see page 2 • Centers are closed June 19 and July 4.

MILWAUKEE RECREATION**FREE DROP-IN PROGRAM****TWILIGHT CENTERS**

Twilight Centers are safe places for teens to hang out with their friends and are open to students ages 10-18.

MIDDLE SCHOOL SITES (ages 10 - 14)

- Andrew Douglas (3620 N 18th St.)
- Bay View (2751 S Lenox St.)

HIGH SCHOOL SITES (ages 12 - 18)

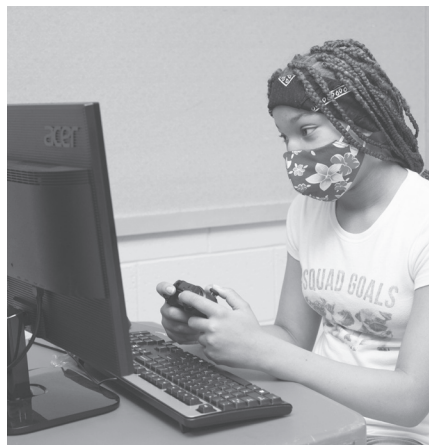
- North Division (1011 W Center St.)
- Pulaski (2500 W Oklahoma Ave.)
- Obama (5075 N Sherman Blvd.)



Please note, Twilight hours are subject to change for the summer season. For updated Twilight hours please visit mkerec.net/Twilight or follow our Facebook page at Facebook.com/TwilightCenters.



**ESPORTS NOW AVAILABLE AT ANDREW DOUGLAS AND OBAMA.
PLAY NBA 2K, FIFA, MADDEN, ROCKET LEAGUE, AND MORE!**



OUTDOOR EDUCATION

Friday Night Tales for Tots

This nature tale time includes a story, craft, and nature hike, or trip to our nature museum. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125007
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG02

("In the Small, Small Pond" by Denise Fleming)

Fri, Jun 16, 6:00PM- 7:30PM

\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG03

("Noticing" by Kobi Yamada)

Fri, Jun 23, 6:00PM- 7:30PM

\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG01

("Along the Riverbank" by Petra Bertikova)

Fri, Jun 30, 6:00PM- 7:30PM

\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG04

("Little Skink's Tail" by Janet Halfmann)

Fri, Jul 7, 6:00PM- 7:30PM

\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG05

("The Honeybee" by Kirsten Hall)

Fri, Jul 14, 6:00PM- 7:30PM

\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG06

("It's Mine" by Leo Lionni)

Fri, Jul 21, 6:00PM- 7:30PM

\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG07

("Opposum Opposites" by Gina Gallois)

Fri, Jul 28, 6:00PM- 7:30PM

\$5 Residents/\$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG10

("Summer Color" by Diane Murray)

Fri, Aug 4, 6:00PM- 7:30PM

\$5 Residents/\$8 Non-Residents



Intro to Camping

For many families, camping can be an affordable and fun vacation; yet the inexperienced may hesitate. Campers will engage in hands-on instruction and learn meal preparation (dinner and breakfast), equipment set up/take down (tents & sleeping bags provided) and how to leave no trace. By the time you leave, you will have the experience and knowledge needed to head out on your own family camping adventure. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125023
(Section codes listed below)

Hawthorn Glen HG01

Sat/Sun, Jul 29-Jul 30, 1:00PM-12:00PM

\$27 Residents/\$41 Non-Residents

Naturally Little Mini Camp

NEW

Nature-based educators believe the surrounding environment makes the best classroom. Join us for an introduction to outdoor, nature-based exploratory play during this outdoor, Reggio-Emilia style inspired class. Your child will be guided through imaginative play throughout Hawthorn Glen, sparking curiosity and instilling a love of nature-play from an early age. Class fee is non-refundable and not eligible for reduced fees. This class will meet every other Tuesday.

Activity Code: 1P125028
(Section codes listed below)

Hawthorn Glen (Ages 4-5)..... HG01

Tue, Jun 27, July 11 & 25, Aug 8 & 22, 3:30PM- 4:30PM

\$14 Residents/\$21 Non-Residents

Roll Out the Rain Barrel

In this rain barrel workshop, participants learn about water conservation and the many benefits of using rain barrels. Participants will also learn proper rain barrel installation and maintenance techniques and receive a certificate for a FREE rain barrel. One per owner-occupied household will be given upon completion. Must live within Milwaukee County to receive a rain barrel certificate.

Activity Code: 1P125029
(Section codes listed below)

Hawthorn Glen HG03

Sat, Jul 15, 10:00AM-11:30AM

Free

Archery

This is an opportunity to safely try archery! Participants, ages 9 & up, regardless of athletic ability, strength or gender, can get started with solid archery fundamentals as we cover technique, equipment & maintenance, mental concentration, and self-improvement. Parent/guardian must attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125031
(Section codes listed below)

Hawthorn Glen (Ages 9 & up) HG01

Sat, Aug 5, 10:00AM-12:00PM

\$6 Residents/\$9 Non-Residents

Hawthorn Glen (Ages 9 & up) HG02

Sat, Aug 5, 1:00PM- 3:00PM

\$6 Residents/\$9 Non-Residents



Dairy Farm Fun Day!

Visit Oak Ridge Farm for a day of fun & learning experiences in rural Wisconsin. See how cows make the milk to produce many Wisconsin dairy products. In addition, participants will learn about the many other animals that live on the farm and enjoy a tractor ride around the farm! Bring your own picnic lunch & beverage. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Located near Dousman, Oak Ridge Farm is an approx 45 minute trip from Milwaukee. The fee INCLUDES round-trip school bus transportation. Registrants can choose to drive their own vehicle to the farm instead of taking the school bus shuttle.

Activity Code: 1P125034
(Section codes listed below)

Admin. Building (Ages 4 & up)AB01

(Bus Pick-Up - 5225 W. Vliet St. at south parking lot. Bus departure time is scheduled for 9:00am.)

Sat, Jun 24, 9:00AM- 2:00PM

\$10 Residents/\$15 Non-Residents

Visit page 12 for Nature in Your Neighborhood!

Join the Mighty Kids Club!

Have you ever wondered what it would be like to work at a Nature Center? Hawthorn Glen is proud to offer this unique opportunity to develop an awareness of our environment as you hike and learn to defend native species, hunt invasive species, and protect animals. The more you attend, the more you will have fun learning and wrap-up with games & a picnic on the last day. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125042
(Section codes listed below)

Hawthorn Glen (Ages 6-12) HG01

Thu, Jul 6-Aug 3, 1:00PM-3:30PM
\$23 Residents/\$35 Non-Residents

Kids Fishing Clinic

Fishing is fun for kids, adults and entire families regardless of age or ability. The clinic at Hawthorn Glen covers casting, knot tying, bait, tackle, fish ID and water safety. The Lakeshore class will provide the hands-on fishing component (fishing poles and bait provided) as well as on-site assistance demonstrating how to properly bait a hook. It is recommended that participants attend both classes, the instructional program at Hawthorn Glen and the actual fishing at Lakeshore State Park. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125043
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

(7/8 class will be held at Hawthorn Glen 7/15 class will be held at Lakeshore State Park fishing dock)
Sat, Jul 8-Jul 15, 10:00AM-12:00PM
\$10 Residents/\$15 Non-Residents

Magnifica Monarca

NEW Once a year, millions of Monarch butterflies migrate, as much as 50 miles in a single day, from Canada and the U.S. down to Mexico where they overwinter. Monarch butterflies rely on warm air currents to help them migrate back. Here in Wisconsin, they sip nectar, lay eggs & as caterpillars subsist on milkweed leaves all summer long. Join our naturalist Julie for a closer look at mariposa monarca. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125060
(Section codes listed below)

Hawthorn Glen (Ages 5 & up) HG01

(Class presented in Spanish)
Sat, Aug 12, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

Happy Lil' Campers

Head to our pretend campsite for a morning of fun. We will set up a tent and sleeping bags, play camp games, sing camp songs and create camping themed art work. Do not worry we did not forget about the Smores- your lil' campers will make a tasty Smores trail mix to take home! Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125076
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Sat, Jul 1, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

Nature's Art Studio

Join us for summertime art in a fun, relaxed, and inspiring natural setting. Instruction and guidance will be provided, as well as basic supplies for drawing, painting (watercolor, oil, acrylic), and simple crafts. Please supply your own canvas. Class will be held outside, or indoors depending on weather. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125079
(Section codes listed below)

Hawthorn Glen (Ages 12 & up) HG08

Sat, Jul 22, 10:00AM-12:00PM
\$6 Residents/\$9 Non-Residents

Tai Chi Basics 1

This course introduces the basic principles and practices of Cheng Man Ching's Yang style taijiquan. Each class is structured as a 50min. continuous taiji workout, consisting of stillness, slow mindful movement, and loosening exercises, adaptable to all levels of fitness and ability. The class can serve as a wonderful addition to one's week or can lead to daily practice and a lifetime of taijiquan study. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125085
(Section codes listed below)

Hawthorn Glen HG01

(No class on Monday, June 19th & July 3rd)
Mon, Jun 12-Aug 14, 6:00PM-7:00PM
\$19 Residents/\$29 Non-Residents

Fantastica Tortugas

NEW Enjoy a personal encounter with our terrific Tortuga ambassadors and meet a variety of species and learn their unique characteristics. Then take a walk with our naturalist Julie and watch for their wild cousins. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P126061
(Section codes listed below)

Hawthorn Glen (Ages 5 & up) HG01

(Class presented in Spanish)
Sat, Jun 24, 10:00AM-11:30AM
\$5 Residents/\$8 Non-Residents

SPACE SCIENCE

Visit Milwaukee's Stars-Summer

Discover which planets are visible this time of year and learn to locate the Summer Triangle and the constellations Lyra, Cygnus, Aquila, Sagittarius and Scorpius. Program geared to children, but can be interesting for adults. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P126002
(Section codes listed below)

Hamilton (Ages 6 & up) HA01

Tue, Jul 11, 6:30PM- 7:45PM
\$4 Residents/\$6 Non-Residents



NATIONAL GET OUTDOORS DAY

Archery Program

This program is based on the National Archery in Schools Program (NASP), it covers safety, technique, equipment, mental concentration and self-improvement. This is a safe and informative opportunity to try your hand at archery! One legal guardian must be present for every minor. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125021
(Section codes listed below)

Oak Ridge Farm (Ages 9 & up)..... OR01

(This class will be held at our Oak Ridge Farm location in Dousman about 40 minutes from Milwaukee. S40 W35961 County Rd. C, Dousman, WI 53118)

Sat, Jun 10, 1:00PM- 3:00PM
\$6 Residents/\$9 Non-Residents

Storybook Walk

Stop in the field house at Hawthorn Glen and learn how you can read a story while hiking. Your entire family can have fun outdoors encountering pages from "I Hear you, Forest" by Kallie George and Carmen Mok. This walk is self-guided.

Activity Code: 1P125093
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Sat, Jun 10, 12:00PM- 3:00PM
FREE

Yoga

Practicing Yoga outdoors has multiple benefits including increasing body awareness and developing inner strength and stability while connecting you deeper with nature. Join us for a yoga class at Lakeshore State Park that will take you through a series of poses and breath work to help develop your strength, flexibility, balance and body awareness. Bring your own exercise mat and water. Participants will meet at the south entrance to the park. This entrance starts where Erie Street ends at the river. Follow the park road east along the water and under the Hoan Bridge.

Activity Code: 1P125074
(Section codes listed below)

Lakeshore State Park (Ages 6 & up) ...L601

Sat, Jun 10, 10:30AM-11:30AM
FREE

DID YOU KNOW?

88 percent of U.S. adults support their local park and recreation agency implementing sustainability initiatives.
via nrpa.org/parkpulse

THE LITTLE NATURE MUSEUM AT HAWTHORN GLEN



LOCATED AT 1130 NORTH 60TH ST.

HOURS: Mon-Fri 4 PM-5 PM, Sat & Sun 11 AM-12 PM and 3 PM-4 PM

Attendance is **FREE!**
Come visit our Little Nature Museum & see animals native to Wisconsin, including tree frogs, several species of turtles & snakes, and many birds, even a hawk.

WILD WEDNESDAYS

Batty About Bats

Bats in your backyard? Come learn some bat basics and debunk myths. Discover why bats benefit humans in many ways and what you can do to help bats in your area. Please dress for the weather as we will go outdoors for a short hike to see these amazing flying acrobats in action in their natural habitat. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125059
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG02

Wed, Jun 28, 7:00PM- 8:30PM
\$5 Residents/\$8 Non-Residents

Creatures of the Night

Unravel the mysteries of the things that go bump in the night as we explore the night-time world of nocturnal mammals. Parent/guardian must register, pay and attend with a child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125038
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Wed, Jul 5, 6:30PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Nighttime Buzz

Encourage your kids' sense of wonder, or reawaken your own childlike wonder this summer by exploring Hawthorn Glen to find the insect inhabitants that come out at night. Moths, fireflies, crickets, and spiders are a few of the nocturnal bugs we can search for, listen to and study. Bring your flashlight for an evening of outdoor exploration. Parent/guardian must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125077
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Wed, Jul 12, 7:00PM- 8:30PM
\$5 Residents/\$8 Non-Residents

Sunset Campfire Cooking

You will make yummy snacks and learn different techniques to ignite your campfire cooking from boring to extraordinary! Parent/guardian must register, pay and attend with a child. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 1P125045
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Wed, Jul 19, 6:30PM- 8:00PM
\$5 Residents/\$8 Non-Residents

Owl Prowl

Owls are amazing creatures with adaptations that enable them to fly silently through the forest at night. Learn which owls are native to our area, where to look for them, and why they are critical to our ecosystem. As we hike, we'll try a few owl calls and if we are lucky, we'll hear them answer. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125044
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01

Wed, Jul 26, 7:00PM- 8:30PM
\$5 Residents/\$8 Non-Residents

City Star Gazing

Have a seat around the campfire, relax and help tell tall tales. As the sun sets, shift your gaze skyward and learn about the visible constellations and their ancient stories. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125026
(Section codes listed below)

Hawthorn Glen (Ages 10 & up) HG01

Wed, Aug 2, 8:00PM- 9:30PM
\$5 Residents/\$8 Non-Residents

HAWTHORN GLEN RENTALS

Hawthorn Glen is a perfect place to host a small gathering. Reserve your next birthday party, shower, family event or meeting space with us (reservations begin in March)!

- Redwood Picnic Area, maximum 115 people
- Deer Picnic Area, maximum 70 people
- Assembly Room (indoor), maximum 40 people

For reservations or more information, call the Outdoor Education Office at 414.647.6050.

Additional information is available at:
mkerec.net/Hawthorn-Glen



FAMILY BUG HIKES

Flying Flowers

Come take a hike as we look for everybody's favorite insects - Butterflies! We will discuss the process of metamorphosis, uncover the differences between butterflies and moths, and learn how we can help butterflies by what we plant. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125070
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Thu, Jun 29, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Bees

What's the buzz about bees? Did you know that over 500 different species of bees live in Wisconsin? Learn which bees make honey, the differences between bees and wasps and why beekeepers wear white, and much more. Come tour our honey bee hive and then look for wild bees in our prairie. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125069
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Thu, Jul 6, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Decomposers

Does the thought of mites, millipedes, slugs, spiders, and worms make you squirm? Come and learn about the importance of all the mysterious tiny creatures that hide under logs. Whether they have six legs, eight legs, no legs or 100 legs, find out the truth about why we really need these bugs for the earth to survive. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125071
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Thu, Jul 20, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Alien Invaders

No, we aren't talking about green or grey aliens in spaceships, we want you to learn about bugs that came from another part of the earth. These tiny alien invaders can kill trees, destroy smaller plants and make it hard for other animals to live. Come learn about the bugs we should stop from destroying our local ecosystem. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125072
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Thu, Jul 27, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents

Bugs We Love to Hate

Summer fun can be wrecked by bites and stings or ants at your picnic. While on a guided walk through the woods at dusk we will discuss why bugs attack you, which insect repellents work the best and what you should put on bites and stings. Learn about the different insect venoms and why they make you itch, or even hurt. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1P125073
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01

Thu, Aug 3, 6:00PM- 7:30PM
\$5 Residents/\$8 Non-Residents



**Visit page
58 for
Outdoor
Education
offerings
for ages
50+!**



JOIN US FOR...

**EARTH
DISCOVERY
CAMPS!**

Encourage your kids to get out of the house and enjoy nature in a variety of ways! We will explore our environment through many exciting educational activities. Each day will focus on a different nature theme(s) and the kids will learn through hands-on discovery, games, crafts, science experiments and plenty of hiking.

**Visit mkerec.net/discoverycamps
to learn more and to register!**

GENERAL SWIM INFORMATION

What to Bring — Swimsuit, towel, and swim cap. Swim caps must be worn by all individuals entering the pool. Each participant will receive a swim cap with their swim class registration.

Height Requirements (Ages 6-14) — Students must meet the listed minimum height for each pool. Most pools have a 48" height requirement. For youth who are 42"-48" a six-inch booster step may be available. Children not able to comfortably stand in the shallow end of the pool (with or without a booster step) should be enrolled in an Infant, Lil' Squirts, Tiny-Tot or Advanced Tiny-Tot class where a parent/guardian must accompany the child in the water.

Water Temperature — Normal water temperature is 78–82° F. The only exceptions are North Division, Vincent, and Marshall therapy pools which range 86–89° F.

Locker Rooms — Participants may bring a padlock for lockers. All swim gear must be removed after each class. Children five years of age or under may accompany their parent/guardian in the locker room. Children ages six and up should use the locker rooms that correspond to their gender identity.

Pre-Testing — A pre-test is given to swimmers in levels 2-6 on the first day of class to ensure that the swimmer is in the appropriate level. Instructors reserve the right to recommend alternate classes for those students unable to complete pre-tests.

Testing — Testing of swim skills learned generally occurs during the second to last lesson, and last lesson. Parents/caregivers will be given certificates on the last day indicating which level to enroll in next.

Infant and Tiny-Tot Requirements — Diapers: Regular disposable diapers are not permitted as they disintegrate in the pool. Either disposable "Little swimmers" or reusable swim diapers are required.

Parent Attendance — Parents/caregivers must accompany their children in the water for all Tiny-Tot and Adv. Tiny-Tot, and is encouraged but not required for Lil. Lv 1, Lil. Lv 2, Level 1, and Level 2 classes.

Second Child in Class — If a parent/caregiver has more than one child enrolled in Tiny-Tot or Advanced Tiny-Tot classes, the second child must be accompanied by a responsible person 16 years of age or older.

Make-up Policy — Milwaukee Recreation works diligently to ensure that our pools stay in working operation to offer consistency in our programs. In the event that more than one class is cancelled due to circumstances we cannot control, we will work to make-up the missed class at a later date. When a make-up date is unavailable, credits for the missed class will be applied to your Milwaukee Recreation account.

PARENT/ADULT AQUATICS PARTICIPATION

When is Parent/Adult involvement REQUIRED?

- Parent child classes require an adult or responsible person for each child (16 year or older) to be in the water supporting the child. Required: Infant, Tiny-Tot, Lil' Squirts, Advanced Tot. Recommended: Little Level One.
- During OPEN SWIM, Children, age 7 and under are required to have an adult with them one-on-one, in the water, within arm's reach AT ALL TIMES.

Parent/Adult IN WATER:

- Benefits of being in the pool with your young swimmer:
 - » Increased encouragement and repetition of skill practice.
 - » Increased comfort and support, this is a great time to help your child grow their listening skills and practice their swimming skills.
 - » Time to bond and have focused time together.

Parent/Adult in POOL ROOM/ OBSERVATION AREA (Not in Water):

- Benefits of being in pool room / observation area:
 - » Watching from a distance allows some students to develop a trusting relationship with the instructor.
 - » Allowing students more independence while still having you in the room for support/confidence.

Parent NOT in Pool Area or in water:

- Some students might be distracted by their adult being in the pool area and, like school, dropping your child off and leaving the pool area might be what creates the best learning environment for your swimmer.

We want you and your young swimmer to feel comfortable and to get the most out of each class. You know your child best and are encouraged to make the decision of how to support them during their swim experience. If you have questions or concerns, do not hesitate to speak with the instructor to develop a plan or call the Aquatics Office at 414.647.6053.

Guidelines from the American Red Cross. Please read to choose the appropriate swim level for your child(ren).

Level	Requirements	Course Description
Infant	Ages 6 mos. to 18 mos. An adult must accompany the child in the water. Swim diapers required. No swim caps required.	The infant program introduces the child to water in a friendly environment. The program's focus is exploration and includes songs and games. Parents will gain tips in water safety for their infants.
Lil' Squirt	Ages 18 mos. to 36 mos. An adult must accompany the child in the water. Swim diapers and swim caps required	Lil' Squirt swim lessons acquaint the child with water through a combination of songs, games and basic water skills such as kicking and floating. Water safety practices will also be included.
Tiny-Tot	Ages 3-4 yrs. Previous pool experience NOT necessary. An adult must accompany the child in the water. Swim diapers recommended. Swim caps required	Tiny-tots build elementary aquatic skills including independent floating, breath control and rudimentary paddling techniques. Safety skills include "breaking" the over-confident toddler to allow your child to realize what it takes to swim independently in water.
Advanced Tiny-Tot	Ages 4-5 yrs. Previous enrollment in Tiny-Tots OR ability to submerge entire body and kick across pool with a flotation device. An adult must accompany the child in the water.	Participants are introduced to elementary swimming skills such as kicking in a variety of ways and floating. This course serves as an appropriate transition to Level One. Parents will elaborate on safety skills, including swimming with their tot in tow.
Little Lv. 1 OR Little Lv. 2	Ages 4-6 yrs. Previous enrollment in Advanced Tots OR ability to submerge entire body and kick across pool with a kick board.	In the Lil' Level 1/2 classes, the same elementary aquatic skills from Level One/Two are taught (see descriptions below.) In addition to meeting minimum 42" height requirement, your youngster should be able to be in class without you for the 45 minute class period. Instructors will advise promotion options based on age & skill.
Level One Water Exploration	Ages 6-14 yrs. None (Please see the height requirements noted under each swim location).	In Level 1, elementary aquatic skills are taught, which children will build on as they progress through the six Learn-to-Swim levels. In addition to rhythmic breathing and floating, skills include various kicks and arm strokes. At this level, children also start to develop positive attitudes and safe practices around the water.
Level Two Fundamental Aquatic Skills	Ages 6-14 yrs. Passed Level 1 or can demonstrate completion of all requirements in Level 1.	The objective of Level 2 is to give children success with fundamental skills. Children learn: floating without support and recovering to a vertical position, exploring simultaneous and alternating arm and leg motion to lay the foundations for future strokes. An introduction to deep water is included in this course.
Level Three Stroke Development	Ages 6-14 yrs. Passed Level 2 or can demonstrate completion of all requirements in Level 2.	Level 3 builds on the skills learned in Level 2 by providing additional guided practice. Children learn: coordinating the front crawl, elementary backstroke, fundamentals of treading water, rules for head first entries and additional safety skills. Most importantly, children who successfully complete this course will be able to comfortably swim in deep water.
Level Four Stroke Improvement	Ages 6-15 yrs. Passed Level 3 or can demonstrate all Level 3 requirements. Students MUST be comfortable in deep water.	The objective of Level 4 is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Children learn to improve skills and endurance in the familiar strokes (front/back crawl), and are introduced to the elementary backstroke, breaststroke, sidestroke, and butterfly.
Level Five Advanced Strokes	Ages 6-15 yrs. Passed Level 4 or can demonstrate completion of all requirements in Level 4.	The objective of Level 5 is to coordinate the strokes that were introduced in 4. Students will put together the mechanics for elementary backstroke, breaststroke, sidestroke and butterfly. Underwater swimming & surface dives will also be included.
Level Six Stroke Refinement	Ages 6-16 yrs. Passed Level 5 or can demonstrate completion of all requirements in Level 5.	Level 6 refines all 6 strokes. Children learn: advanced techniques in all strokes (front/back crawl, butterfly, breaststroke, elementary backstroke, sidestroke) and will increase their distance endurance. Flip turns at the wall and improved diving skills will provide the student with the essentials to pursue swimming as a sport.

To sign up, see page 2 • Centers are closed June 19 and July 4.

GENERAL SWIM CLASSES

Milwaukee Recreation would like to thank the American Red Cross Centennial Water Safety Campaign for supporting funding for all families to discover swimming at a reduced cost for the past three years.

American Red Cross



Bay View HS

Height Requirement: 48" | Pool Temp: 82° - 86°

Monday, Jun 26 - Aug 7

Class#	Level	Start Time	End Time	Price
#1RAQ7401-BV01	Infant	9:00AM	9:35AM	\$32
#1RAQ7301-BV02	Level 1(SP)	9:40AM	10:30AM	\$60
#1RAQ7302-BV02	Level 2(SP)	10:40AM	11:30AM	\$60
#1RAQ7404-BV02	Adv.Tiny Tot	4:00PM	4:50PM	\$36
#1RAQ0501-BV03	Level 1	5:00PM	6:00PM	\$36
#1RAQ0502-BV03	Level 2	6:10PM	7:10PM	\$36
#1RAQ0503-BV03	Level 3	7:20PM	8:20PM	\$36

Wednesday, Jun 21 - Aug 9

Class#	Level	Start Time	End Time	Price
#1RAQ7402-BV04	Lil' Squirts	9:00AM	9:30AM	\$32
#1RAQ7404-BV01	Ad.Tiny Tot	9:40AM	10:25AM	\$36
#1RAQ0501-BV01	Level 1	10:40AM	11:30AM	\$36
#1RAQ7401-BV02	Infant	4:00PM	4:30PM	\$32
#1RAQ0502-BV01	Level 2	4:40PM	5:30PM	\$36
#1RAQ0503-BV01	Level 3	5:40PM	6:30PM	\$36

Thursday, Jun 22 - Aug 10

Class#	Level	Start Time	End Time	Price
#1RAQ7402-BV01	Lil' Squirts	4:00PM	4:30PM	\$32
#1RAQ7303-BV01	Level 3(SP)	4:40PM	5:30PM	\$60
#1RAQ7301-BV01	Level 1(SP)	5:40PM	6:30PM	\$60
#1RAQ7302-BV01	Level 2(SP)	6:40PM	7:30PM	\$60
#1RAQ7304-BV01	Level 4(SP)	7:40PM	8:40PM	\$60

Saturday, Jun 17 - Aug 5

Class#	Level	Start Time	End Time	Price
#1RAQ7403-BV01	Tiny Tot	8:30AM	9:00AM	\$32
#1RAQ0501-BV02	Level 1	9:10AM	10:00AM	\$36
#1RAQ0502-BV02	Level 2	10:10AM	11:00AM	\$36
#1RAQ0503-BV02	Level 3	11:10AM	12:00PM	\$36
#1RAQ0511-BV01	Lt. Level 1	2:15PM	3:00PM	\$36
#1RAQ0512-BV02	Lt. Level 2	3:15PM	4:00PM	\$36

Hamilton HS

Height Requirement: 48" | Pool Temp: 78° - 82°

Monday, Jun 26 - Aug 7

Class#	Level	Start Time	End Time	Price
#1RAQ7404-HA03	Adv. Tot	10:15AM	11:05AM	\$36
#1RAQ7402-HA03	Lil' Squirts	11:15AM	11:50AM	\$32
#1RAQ7403-HA05	Tiny Tot	4:55PM	5:25PM	\$32
#1RAQ0511-HA02	Lt Level 1	5:30PM	6:20PM	\$36
#1RAQ0502-HA07	Level 2	6:30PM	7:30PM	\$36

Tuesday, Jun 20 - Aug 8

Class#	Level	Start Time	End Time	Price
#1RAQ7401-HA03	Infant	5:00PM	5:30PM	\$32
#1RAQ0511-HA01	Lt. Level 1	5:35PM	6:20PM	\$36

Wednesday, Jun 21 - Aug 9

Class#	Level	Start Time	End Time	Price
#1RAQ7403-HA02	Tiny Tot	10:10AM	10:40AM	\$32
#1RAQ0501-HA02	Level 1	10:50AM	11:40AM	\$36
#1RAQ7402-HA02	Lil' Squirts	5:00PM	5:30PM	\$32
#1RAQ0501-HA03	Level 1	5:40PM	6:30PM	\$36
#1RAQ0503-HA05	Level 3	6:40PM	7:30PM	\$36

Thursday, Jun 22 - Aug 10

Class#	Level	Start Time	End Time	Price
#1RAQ7404-HA01	Adv. Tot	6:10PM	6:55PM	\$36
#1RAQ0504-HA03	Level 4	7:00PM	7:50PM	\$36

Saturday, Jun 17 - Aug 5

Class#	Level	Start Time	End Time	Price
#1RAQ7401-HA01	Infant	7:50AM	8:20AM	\$32
#1RAQ7402-HA01	Lil' Squirts	8:25AM	8:55AM	\$32
#1RAQ7403-HA01	Tiny Tot	9:00AM	9:30AM	\$32
#1RAQ7404-HA02	Adv. Tot	9:35AM	10:20AM	\$36
#1RAQ0501-HA01	Level 1	10:30AM	11:20AM	\$36
#1RAQ0502-HA03	Level 2	12:20PM	1:10PM	\$36
#1RAQ0503-HA01	Level 3	1:20PM	2:10PM	\$36
#1RAQ0501-HA05	Level 1	2:20PM	3:10PM	\$36

GENERAL SWIM CLASSES

MacDowell Montessori

Height Requirement: 48" | Pool Temp: 78° - 82°

Monday, Jun 26 - Aug 7

Class#	Level	Start Time	End Time	Price
#1RAQ0503-JU01	Level 3	4:00PM	5:00PM	\$36

Wednesday, Jun 21 - Aug 9

Class#	Level	Start Time	End Time	Price
#1RAQ0504-JU01	Level 4	4:00PM	4:50PM	\$36

Thursday, Jun 22 - Aug 10

Class#	Level	Start Time	End Time	Price
#1RAQ0505-JU01	Level 5	4:00PM	4:50PM	\$36
#1RAQ0503-JU02	Level 3	5:00PM	5:50PM	\$36

North Division HS

Height Requirement: 48" | Pool Temp: 86° - 89°

Monday, Jun 26 - Aug 7

Class#	Level	Start Time	End Time	Price
#1RAQ7404-ND01	Adv. Tiny Tot	4:00PM	4:50PM	\$36
#1RAQ0510-ND01	Level 7 (Dive)	5:00PM	6:00PM	\$36
#1RAQ0501-ND04	Level 1	6:10PM	7:10PM	\$36
#1RAQ0504-ND03	Level 4	7:30PM	8:30PM	\$36

Tuesday, Jun 20 - Aug 8

Class#	Level	Start Time	End Time	Price
#1RAQ0501-ND03	Level 1	1:30PM	2:20PM	\$36
#1RAQ0502-ND03	Level 2	2:30PM	3:20PM	\$36
#1RAQ0501-ND01	Level 1	5:00PM	5:50PM	\$36
#1RAQ0502-ND01	Level 2	5:00PM	5:50PM	\$36
#1RAQ0506-ND01	Level 6	5:00PM	5:50PM	\$36
#1RAQ0505-ND01	Level 5	5:00PM	5:50PM	\$36
#1RAQ0503-ND01	Level 3	5:00PM	5:50PM	\$36
#1RAQ0504-ND01	Level 4	5:00PM	5:50PM	\$36
#1RAQ0505-ND02	Level 5	6:10PM	7:00PM	\$36
#1RAQ0506-ND02	Level 6	6:10PM	7:00PM	\$36
#1RAQ0504-ND02	Level 4	6:10PM	7:00PM	\$36
#1RAQ0503-ND02	Level 3	6:10PM	7:00PM	\$36
#1RAQ0501-ND02	Level 1	6:10PM	7:00PM	\$36
#1RAQ0502-ND02	Level 2	6:10PM	7:00PM	\$36

Wednesday, Jun 21 - Aug 9

Class#	Level	Start Time	End Time	Price
#1RAQ7403-ND02	Tiny Tot	4:00AM	4:30AM	\$32

Thursday, Jun 22 - Aug 10

Class#	Level	Start Time	End Time	Price
#1RAQ0502-ND05	Level 2	5:10PM	6:00PM	\$36
#1RAQ0501-ND06	Level 1	5:10PM	6:00PM	\$36
#1RAQ0503-ND04	Level 3	6:10PM	7:00PM	\$36

Saturday, Jun 17 - Aug 5

Class#	Level	Start Time	End Time	Price
#1RAQ7401-ND01	Infant	9:35AM	10:05AM	\$32
#1RAQ7403-ND01	Tiny Tot	10:10AM	10:40AM	\$32
#1RAQ7404-ND02	Adv. Tiny Tot	10:45AM	11:30AM	\$36
#1RAQ0501-ND05	Level 1	12:30PM	1:20PM	\$36
#1RAQ0502-ND04	Level 2	1:30PM	2:20PM	\$36
#1RAQ0503-ND03	Level 3	2:30PM	3:20PM	\$36

Pulaski HS

Height Requirement: 54" | Pool Temp: 78° - 82°

Tuesday, Jun 20 - Aug 8

Class#	Level	Start Time	End Time	Price
#1RAQ0503-PK02	Level 3	5:40PM	6:30PM	\$36
#1RAQ0504-PK02	Level 4	6:40PM	7:30PM	\$36

Saturday, Jun 17 - Aug 5

Class#	Level	Start Time	End Time	Price
#1RAQ0503-PK01	Level 3	12:30PM	1:20PM	\$36
#1RAQ0504-PK01	Level 4	1:30PM	2:20PM	\$36
#1RAQ0505-PK01	Level 5	2:30PM	3:20PM	\$36
#1RAQ0506-PK01	Level 6	2:30PM	3:20PM	\$36

GENERAL SWIM CLASSES

South Division HS

Height Requirement: 48" | Pool Temp: 78° - 82°

Monday, Jun 26 - Aug 7

Class#	Level	Start Time	End Time	Price
#1RAQ0503-SD04	Level 3	4:30PM	5:30PM	\$36
#1RAQ0502-SD04	Level 2	4:30PM	5:30PM	\$36

Tuesday, Jun 20 - Aug 8

Class#	Level	Start Time	End Time	Price
#1RAQ7401-SD02	Infant	9:00AM	9:30AM	\$32
#1RAQ7403-SD01	Tiny Tot	9:40AM	10:10AM	\$32
#1RAQ0501-SD01	Level 1	11:15AM	12:05PM	\$36
#1RAQ7404-SD01	Adv. Tot	10:20AM	11:05AM	\$36
#1RAQ0502-SD01	Level 2	1:00PM	1:50PM	\$36
#1RAQ0503-SD01	Level 3	2:00PM	2:50PM	\$36
#1RAQ0504-SD01	Level 4	3:00PM	3:50PM	\$36
#1RAQ0505-SD01	Level 5	4:00PM	4:50PM	\$36
#1RAQ7402-SD01	Lil' Squirts	5:00PM	5:30PM	\$32

Thursday, Jun 22 - Aug 10

Class#	Level	Start Time	End Time	Price
#1RAQ0504-SD03	Level 4	12:45PM	1:35PM	\$36
#1RAQ0501-SD02	Level 1	9:00AM	9:50AM	\$36
#1RAQ0502-SD02	Level 2	10:00AM	10:50AM	\$36
#1RAQ0503-SD02	Level 3	11:00AM	11:50AM	\$36
#1RAQ0511-SD01	Lt. Level 1	1:45PM	2:30PM	\$36
#1RAQ0512-SD01	Lt. Level 2	2:40PM	3:25PM	\$36
#1RAQ7403-SD02	Tiny Tot	3:45PM	4:15PM	\$32

Saturday, Jun 17 - Aug 5

Class#	Level	Start Time	End Time	Price
#1RAQ7402-SD02	Lil' Squirts	10:40AM	11:10AM	\$32
#1RAQ0501-SD03	Level 1	11:20AM	12:10PM	\$36
#1RAQ0502-SD03	Level 2	1:10PM	2:00PM	\$36
#1RAQ0503-SD03	Level 3	2:10PM	3:00PM	\$36
#1RAQ7404-SD02	Adv. Tot	3:10PM	3:55PM	\$36

Vincent HS

Height Requirement: 48" | Pool Temp: 86° - 89°

Monday, Jun 26 - Aug 7

Class#	Level	Start Time	End Time	Price
#1RAQ7401-VN01	Infant	8:30AM	8:35AM	\$32
#1RAQ0501-VN01	Level 1	9:15AM	10:15AM	\$36
#1RAQ0502-VN01	Level 2	10:30AM	11:30AM	\$36
#1RAQ7404-VN01	Adv. Tiny Tot	4:30PM	5:20PM	\$36
#1RAQ0511-VN01	Lt. Level 1	5:30PM	6:20PM	\$36
#1RAQ0503-VN03	Level 3	6:30PM	7:30PM	\$36

Tuesday, Jun 20 - Aug 8

Class#	Level	Start Time	End Time	Price
#1RAQ0504-VN02	Level 4	4:30PM	5:20PM	\$36
#1RAQ0512-VN01	Lt. Level 2	5:30PM	6:15PM	\$36
#1RAQ7402-VN01	Lil' Squirts	6:30PM	7:00PM	\$32

Wednesday, Jun 21 - Aug 9

Class#	Level	Start Time	End Time	Price
#1RAQ7403-VN01	Tiny Tot	8:30AM	9:00AM	\$32
#1RAQ0503-VN01	Level 3	10:30AM	11:20AM	\$36
#1RAQ0505-VN01	Level 5	4:00PM	4:30PM	\$36
#1RAQ7401-VN02	Infant	5:30PM	6:00PM	\$32
#1RAQ0501-VN03	Level 1	6:10PM	7:00PM	\$36

Thursday, Jun 22 - Aug 10

Class#	Level	Start Time	End Time	Price
#1RAQ0506-VN01	Level 6	4:30PM	5:20PM	\$36
#1RAQ7403-VN03	Tiny To	5:40PM	6:10PM	\$32
#1RAQ0502-VN03	Level 2	6:20PM	7:10PM	\$36
#1RAQ0504-VN03	Level 4	7:30PM	8:20PM	\$36

Saturday, Jun 17 - Aug 5

Class#	Level	Start Time	End Time	Price
#1RAQ7403-VN02	Tiny Tot	8:30AM	9:00AM	\$32
#1RAQ7402-VN02	Lil' Squirts	8:30AM	9:00AM	\$32
#1RAQ0504-VN01	Level 4	9:10AM	10:00AM	\$36
#1RAQ0501-VN02	Level 1	9:10AM	10:00AM	\$36
#1RAQ0502-VN02	Level 2	10:20AM	11:10AM	\$36
#1RAQ0506-VN02	Level 6	10:20AM	11:10AM	\$36
#1RAQ0503-VN02	Level 3	11:20AM	12:10PM	\$36
#1RAQ0501-VN04	Level 1	11:20AM	12:10PM	\$36
#1RAQ0505-VN02	Level 5	3:30PM	4:20PM	\$36

ARC TRAINING

CPR/AED

The American Red Cross Lay Responder CPR with AED course will prepare you to respond to emergencies and administer chest compressions and ventilations until emergency medical responders can arrive to the scene. You will also learn how to use an automated external defibrillator (AED). These lifesaving measures are a mandatory skill set for many, both personal and professional. Health care workers should verify the lay responder course is appropriate training per job title. Refunds must be made one full week before class date. Certificate valid for 2 years. Instructor: Dr. DeSilva

Activity Code: 1RAE0201
(Section codes listed below)

OASIS (Ages 16 & up) 5501

Tue, Jun 6, 5:30PM-8:30PM
\$36 Residents/\$54 Non-Residents

OASIS (Ages 16 & up) 5504

Wed, Jun 7, 9:00AM-12:00PM
\$36 Residents/\$54 Non-Residents

OASIS (Ages 16 & up) 5505

Thu, Jun 8, 1:00PM-4:00PM
\$36 Residents/\$54 Non-Residents



ADULT SWIM

Adult Swim Lessons

If you are a beginning swimmer, this class will orient you to swimming essentials so you will feel comfortable in and around water. You will learn basic swim strokes and water safety techniques. Intermediate swimmers will work on refining swimming strokes. Swimming caps are required.

Activity Code: 1RAQ0401
(Section codes listed below)

Hamilton (Ages 17 & up) HA02

Sat, Jun 17-Aug 5, 3:20PM-4:20PM
\$36 Residents/\$54 Non-Residents

Hamilton (Ages 17 & up) HA01

Tue, Jun 20-Aug 8, 7:30PM-8:30PM
\$36 Residents/\$54 Non-Residents

MacDowell (Ages 17 & up) JU01

(Six 75 minute classes)
Tue, Jun 20-Aug 8, 4:30PM-5:30PM
\$36 Residents/\$54 Non-Residents

North Division (Ages 17 & up)..... ND01

(Meets TWICE per week.)
Sat, Jun 17-Aug 5, 3:30PM-4:30PM
\$36 Residents/\$54 Non-Residents

Pulaski (Ages 17 & up)..... PK01

Sat, Jun 17-Aug 5, 10:30AM-11:30AM
\$36 Residents/\$54 Non-Residents

South Division (Ages 17 & up)..... SD01

(Bilingual Class: English & Spanish)
Thu, Jun 22-Aug 10, 4:30PM-5:30PM
\$36 Residents/\$54 Non-Residents

Vincent (Ages 17 & up)..... VN01

Sat, Jun 17-Aug 5, 1:10PM-2:10PM
\$36 Residents/\$54 Non-Residents

Vincent (Ages 17 & up)..... VN02

Mon, Jun 26-Aug 7, 7:40PM-8:45PM
\$36 Residents/\$54 Non-Residents

Fear Factor SP Adult Swim

If the reason you avoid situations that involve water is due to 'aqua-phobia' this is the class for you. You and 3 other students will receive specialized instruction to overcome your fear of water and even get you swimming!

Activity Code: 1RAQ0402
(Section codes listed below)

Pulaski (Ages 17 & up)..... PK01

(Meets ONCE per week.)
Tue, Jun 20-Aug 8, 7:40PM-8:40PM
\$60 Residents/\$90 Non-Residents

Beginner Adult Lesson

If you are a beginning swimmer, this class will orient you to swimming essentials so you will feel comfortable in and around water. You will learn basic swim strokes and water safety techniques. Swim caps are required.

Activity Code: 1RAQ0403
(Section codes listed below)

North Division (Ages 17 & up)..... ND02

Tue, Jun 20-Aug 8, 7:30PM-8:30PM
\$36 Residents/\$48 Non-Residents

North Division (Ages 17 & up)..... ND03

Thu, Jun 22-Aug 10, 7:30PM-8:30PM
\$36 Residents/\$48 Non-Residents

South Division (Ages 17 & up)..... SD01

Sat, Jun 17-Aug 5, 9:30AM-10:30PM
\$36 Residents/\$48 Non-Residents



Intermediate Adult Lesson

Intermediate swimmers will work on refining swimming strokes. Swimming caps are required.

Activity Code: 1RAQ0404
(Section codes listed below)

North Division (Ages 17 & up)..... ND02

Tue, Jun 20-Aug 8, 7:30PM-8:30PM
\$36 Residents/\$48 Non-Residents

AQUA FITNESS

Aqua Zumba®

The hottest fitness craze hits the cool water in the pool. Plan to have so much fun in this latin-themed pool party that you'll never miss the calories you leave behind. Water shoes recommended. Please bring a water bottle.

Activity Code: 1RAQ0302
(Section codes listed below)

South Division SD01

Sat, Jun 17-Aug 5, 8:30AM-9:30AM
\$36 Residents/\$54 Non-Residents

Cardio Splash

Converting fat into lean muscle as you work against the powerful resistance of water is only the beginning of this high energy session. Fitness studies show that fat loss is expedited through interval training. You will work in sets of higher intensity intervals with periods of active rest. Endurance and intensity build each week for maximum results. Bring water bottle and hand weights to each class.

Activity Code: 1RAQ0304
(Section codes listed below)

Hamilton HA01
Thu, Jun 22-Aug 10, 5:00PM- 6:00PM
\$36 Residents/\$54 Non-Residents

North Division ND02
Sat, Jun 17-Aug 5, 8:30AM- 9:30AM
\$36 Residents/\$54 Non-Residents

North Division ND01
Thu, Jun 22-Aug 10, 9:00AM-10:00AM
\$36 Residents/\$54 Non-Residents

Vincent VN01
Wed, Jun 21-Aug 9, 4:30PM- 5:30PM
\$36 Residents/\$54 Non-Residents

Deep Water Aerobics

Changing the medium in which you workout challenges the body, building muscle in places you may not have felt before. In the gym trainers use Bosu platforms and exercise balls to destabilize the environment; in the water, we take the floor away! Participants will be provided a floatation belt.

Activity Code: 1RAQ0305
(Section codes listed below)

Hamilton HA02
Sat, Jun 17-Aug 5, 9:00AM-10:00AM
\$36 Residents/\$54 Non-Residents

Hamilton HA01
Wed, Jun 21-Aug 9, 7:30PM- 8:35PM
\$36 Residents/\$54 Non-Residents

North Division ND01
Wed, Jun 21-Aug 9, 4:00PM- 5:00PM
\$36 Residents/\$54 Non-Residents

Pulaski PK01
Tue, Jun 20-Aug 8, 4:30PM- 5:30PM
\$36 Residents/\$54 Non-Residents



Water Aerobics - Adult

Increase flexibility, muscle strength and endurance without joint discomfort of traditional land exercise. Sign up now to make your workout fun, not a bore or a chore.

Activity Code: 1RAQ0306
(Section codes listed below)

Hamilton HA03
Wed, Jun 21-Aug 9, 9:00AM-10:00AM
\$36 Residents/\$54 Non-Residents

Hamilton HA02
Mon, Jun 26-Aug 7, 7:30PM- 8:40PM
\$36 Residents/\$54 Non-Residents

North Division ND01
Tue, Jun 20-Aug 8, 9:00AM-10:00AM
\$36 Residents/\$54 Non-Residents

North Division ND02
Mon, Jun 26-Aug 7, 5:00PM- 6:00PM
\$36 Residents/\$54 Non-Residents

Vincent VN01
Thu, Jun 22-Aug 10, 4:30PM- 5:30PM
\$36 Residents/\$54 Non-Residents

YoQUA Fusion

Specially designed water exercise to ease the mind and restore the body. Gentle movements to increase flexibility and renew your spirit will be interspersed with moderate cardiovascular exercise to maintain body temperature. Participants may use floatation belts (provided) for some portions of this class.

Activity Code: 1RAQ0307
(Section codes listed below)

Vincent VN01
Tue, Jun 20-Aug 8, 4:30PM- 5:30PM
\$36 Residents/\$54 Non-Residents

Glide Fit

Come experience a wet and wild workout! Through combining the power of water, waves, your force, strength resistance and movement we've created a fun, yet challenging class. We use a floating fitness mat tethered between lane lines to build your strength, stamina and mobility. This class is the perfect training complement for athletes and exercise enthusiasts. Being comfortable in water deeper than 5 feet, and being able to fully submerge your body (when you fall off your board - you will!) is required.

Activity Code: 1RAQ0310
(Section codes listed below)

North Division ND01
Wed, Jun 21-Aug 9, 5:00PM- 6:00PM
\$36 Residents/\$54 Non-Residents



LAP SWIM INFORMATION

Participants can register for individual lap swim opportunities by visiting **mkerec.net/aquatics** using **activity code: 1RCS0705**. Cost is \$3/swim. Lap swim is available at the following locations:

- **Hamilton High School**
 - » Monday, 6/26 - 8/7, 9:00AM - 10:00AM
 - » Thursdays, 6/22 - 8/10, 7:30PM - 8:30PM
- **Pulaski**
 - » Mondays, Wednesdays, and Fridays, 6/21 - 8/11, 4:30PM - 5:30PM

Additional lap swim opportunities may be available. Please visit **mkerec.net/freeswim** to learn more. To reserve your lap swim session or for more information visit **mkerec.net/aquatics** or call **414.647.6067**.

AQUATICS TRAINING

Lifeguard Training

Ages 15 & up. Red Cross Lifeguard Training includes: water rescue, first aid and CPR. Prerequisites: Swim 300 yards NON-STOP, submerge 10-12 feet to retrieve a 10 pound brick and tread 2 minutes without hands. On-line content required outside of class schedule. All hours of class required for certification.

Activity Code: 1RAQ0601
(Section codes listed below)

North Division (Ages 15-79)ND01

(Mandatory Pre-test will be held: Wednesday June 28 from 6:00pm-7:30pm at North Division High School. Class should be attended in full, if that is not possible, reach out to the aquatics office to talk about potential accommodations or if another course would be needed. Please inform us of any additional accommodations that may be needed. Call Aquatics Office to schedule pre-test. 414-647-6076. Approximately 7 hours of on-line learning must be completed before attending the first water session.)

Fri, Jul 14-Aug 4, 8:45AM- 4:45PM
\$35 Residents/\$300 Non-Residents

WSI - Water Safety Instructor

Age 16 & Up. Red Cross Water Safety Instructor (WSI) course trains candidates to teach a variety of swim classes including: Learn To Swim levels 1 - 6 for youth, multiple levels of parent-child aquatics, 3 levels of swimming for adults and MORE! Prerequisites: 25 yards of proficient: Front Crawl, Back Crawl, Breaststroke, Sidestroke, Elementary Backstroke and Butterfly. Additional information available at mkerec.net/swim.

Activity Code: 1RAQ0604
(Section codes listed below)

North Division (Ages 16-80)SD02

(MUST attend a pre-course session. We have one designated on Thursday, May 18 at North Division from 6:00PM- 7:30PM, to gain eligibility for the course. If this date does not work, call the aquatics office to establish an alternative option. Bring suit and goggles to pre-course session. Materials will be issued after pre-course swim to successful candidates. This is a blended learning course and participants will need to complete around 7 hours of online content that will be provided upon the completion of your pre-test.)

Mon-Fri, Jun 5-Jun 9, 8:00AM- 5:00PM
\$160 Residents/\$240 Non-Residents

FAMILY CLASSES

Family Aqua-FIT

Make working out a family affair at the pool! Class is appropriate for families of every make up, with children ages 10 & up. Pool exercise has many benefits: cardiovascular, respiratory, increased flexibility. Bring a water bottle to class. Each member of the family should register; up to 3 children per adult.

Activity Code: 1RAQ3303
(Section codes listed below)

North Division (Ages 10 & up).....ND01

Thu, Jun 22-Aug 10, 4:00PM- 5:00PM
\$8 Youth/\$20 Adult

Family Swim Lesson

Children ages 9 and up with their parent/caregiver can all learn to swim together! Make it a family affair and come learn all the basics of swimming at a pool near you. Up to 3 children per adult in the class. Each family member should enroll and pay the course fee.

Activity Code: 1RAQ3305
(Section codes listed below)

VincentVN01

Sat, Jun 17-Aug 5, 2:20PM- 3:20PM
\$8 Youth/\$20 Adult

VincentVN02

Wed, Jun 21-Aug 9, 9:15AM-10:15AM
\$8 Youth/\$20 Adult

VincentVN03

Tue, Jun 20-Aug 8, 7:15PM- 8:15PM
\$8 Youth/\$20 Adult



OPEN SWIM + WARM WATER WALK

OPEN SWIM

SATURDAYS, 6/17 - 8/5 AT MACDOWELL - 12:00PM - 2:00PM

FOR ADDITIONAL OPEN SWIM OPPORTUNITIES PLEASE VISIT MKEREC.NET/FREE SWIM.

Children under the age of 7 must be accompanied in the water by an adult who will remain within arm's reach of the child. Swim caps are required. Two lap swim lanes will be available on a first come, first served basis. Open swim is **FREE** and pre-registration is not required.

WARM WATER WALK

FRIDAYS, 6/23 - 8/11 AT NORTH DIVISION HS - 4:30PM - 5:30PM

Enjoy a therapy pool setting with minimum water temperatures of 86F. Each reservation via this registration is for a single person for a single session. No formal instruction provided. This is a **FREE** program, registration is required. **ACTIVITY CODE: 1RAQ1034.**

ADULT COMP SWIM

Master's Swim - Weekdays

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 1RCS0701
(Section codes listed below)

MacDowell (Ages 14 & up)..... JU01

Tue, Jun 20-Aug 8, 5:15AM- 6:15AM
\$38 Residents/\$57 Non-Residents

MacDowell (Ages 14 & up)..... JU02

Tue, Jun 20-Aug 8, 6:25AM- 7:25AM
\$38 Residents/\$57 Non-Residents

MacDowell (Ages 14 & up)..... JU11

Tue, Jun 20-Aug 8, 7:50PM- 8:50PM
\$38 Residents/\$57 Non-Residents

MacDowell (Ages 14 & up)..... JU03

Wed, Jun 21-Aug 9, 5:15AM- 6:15AM
\$24 Residents/\$36 Non-Residents

MacDowell (Ages 14 & up)..... JU04

Wed, Jun 21-Aug 9, 6:25AM- 7:25AM
\$38 Residents/\$57 Non-Residents

MacDowell (Ages 14 & up)..... JU05

Thu, Jun 22-Aug 10, 5:15AM- 6:15AM
\$38 Residents/\$57 Non-Residents

MacDowell (Ages 14 & up)..... JU06

Thu, Jun 22-Aug 10, 6:25AM- 7:25AM
\$38 Residents/\$57 Non-Residents

Master's Swim - Weekend

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 1RCS0702
(Section codes listed below)

MacDowell (Ages 14 & up)..... JU02

Sat, Jun 17-Aug 5, 7:25AM- 8:25AM
\$38 Residents/\$57 Non-Residents

Pulaski (Ages 14 & up)..... PK01

Sat, Jun 17-Aug 5, 7:30AM- 8:30AM
\$38 Residents/\$57 Non-Residents

Pulaski (Ages 14 & up)..... PK02

Thu, Jun 22-Aug 10, 5:00PM- 6:00PM
\$38 Residents/\$57 Non-Residents

Join us for Twilight Swim!

Twilight swim is a **FREE** program, hosted by Milwaukee Recreation Twilight Centers, that is available for individuals age 12-18. Summer Twilight swim available from 6/20/23 - 8/10/23. We hope to see you in the pool! Locations/ times listed below:

- **Bay View High School**
» TBD (see mkrec.net/freeswim for dates and times)
- **North Division High School**
» Wednesdays and Fridays from 6:00pm - 8:30pm
- **Pulaski High School**
» Mondays, Wednesdays, and Fridays from 6:00pm - 8:30pm

Triathlon Cross Training

Coach Paul wants this to be the year you conquer your first triathlon! Triathlon specific swim techniques and tips will only be the beginning. Utilize the adjacent, newly expanded bike trails and improve running both on an outdoor track for drills and through the nearby parks for distance. Minimum recommended fitness level to be comfortable in class include: 50 yards of nonstop swim ability, 20 minute of jogging stamina and comfortable on your own bike. Participants should come prepared to swim, bike/spin and run for every class, unless instructed otherwise.

Activity Code: 1RCS0704
(Section codes listed below)

Pulaski (Ages 14 & up)..... PK01

(Bring your bike to the first class. Also be prepared to swim on first day.)

Thu, Jun 22-Aug 10, 6:15PM- 8:15PM
\$32 Residents/\$48 Non-Residents

Vincent (Ages 14 & up)..... JU01

(Bring your bike to the first class. Also be prepared to swim on first day.)

Tue, Jun 20-Aug 8, 5:45PM- 7:45PM
\$32 Residents/\$48 Non-Residents

Master Swim DROP IN

The Masters Drop-in option is meant for those, individuals or groups, who want to stop in to swim with Milwaukee Recreation's Masters swim program, without the commitment of a seasonal membership. You will need to add this class and should be ready to present your receipt to the coach, to ensure that you are able to swim on the drop-in day(s) you purchased. You MUST coordinate with the Aquatic Office to select a location(s), time(s), and the day(s) you would like to drop-in, to ensure there is adequate space. The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals

Activity Code: 1RCS0711
(Section codes listed below)

OASIS (Ages 14 & up) 5501

Mon-Sat, Jul 20-Aug 5, 12:00AM- 1:00AM
\$5 Residents/\$5 Non-Residents



Please like us on Facebook!
fb.com/MilwaukeeRecreation



YOUTH COMP SWIM

Piranhas Swim Team

The Milwaukee Piranhas Age-Group Swim Club is for experienced swimmers who have been recommended by a coach to participate at the highest level of competition. New members should seek the approval of a coach by setting up a placement session at the pool. Swimmers on this team may be recruited for USA SWIMMING opportunities. No swimmers allowed to participate without proof of enrollment. Not eligible for reduced fees. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.

Activity Code: 1RCS0808
(Section codes listed below)

MacDowell (Ages 4-19)..... JU01
(Intermediate)
Mon-Fri, Jun 20-Aug 11, 8:35AM-10:35AM
\$72 Residents/\$108 Non-Residents

MacDowell (Ages 4-19)..... JU02
(Advanced)
Mon-Fri, Jun 20-Aug 11, 7:30AM-8:30AM
\$54 Residents/\$81 Non-Residents

Tidal Waves Swim Team

The Tidal Waves Age Group Swim Team offers a recreational competitive atmosphere. Seasonal swim meets will be held with local age-group clubs and allow for swimmers to be introduced to competition with those of similar ability levels. Participant should have completed Level 3 of the Learn to Swim program or be able to swim 25 continuous yards. Swimmers are not allowed to participate without proof of enrollment. Not eligible for reduced fees. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.

Activity Code: 1RCS0809
(Section codes listed below)

South Division (Ages 4-19)SD11
(Pre-comp)
Tue/Thu, Jun 20-Aug 10, 6:00PM-6:45PM
\$24 Residents/\$36 Non-Residents

South Division (Ages 4-19)SD02
(Intermediate)
Mon-Thu, Jun 20-Aug 10, 6:00PM-7:00PM
\$36 Residents/\$54 Non-Residents

South Division (Ages 4-19)SD03
(Advanced)
Mon-Thu, Jun 20-Aug 10, 6:45PM-8:00PM
\$48 Residents/\$72 Non-Residents

South Division (Ages 4-19)SD22
(Intermediate)
Mon-Thu, Jun 20-Aug 10, 7:00PM-8:00PM
\$36 Residents/\$54 Non-Residents

South Division (Ages 4-19)SD01
(Pre-comp)
Mon/Wed, Jun 21-Aug 9, 6:00PM-6:45PM
\$24 Residents/\$36 Non-Residents

Krakens Swim Team

The Krakens Age Group Swim Team offers a recreational competitive atmosphere. Seasonal swim meets will be held with local age-group clubs and allow for swimmers to be introduced to competition with those of similar ability levels. Participant should have completed Level 3 of the Learn to Swim program or be able to swim 25 continuous yards. Swimmers are not allowed to participate without proof of enrollment. Not eligible for reduced fees. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.

Activity Code: 1RCS0810
(Section codes listed below)

MacDowell (Ages 4-19)..... JU01
(Pre-comp)
Mon/Wed, Jun 21-Aug 9, 5:30PM-6:15PM
\$24 Residents/\$36 Non-Residents

MacDowell (Ages 4-19)..... JU02
(Intermediate)
Mon/Wed/Thu, Jun 21-Aug 10, 6:15PM-7:15PM
\$36 Residents/\$54 Non-Residents

MacDowell (Ages 4-19)..... JU03
(Advance)
Mon/Wed/Thu, Jun 21-Aug 10, 6:15PM-7:45PM
\$48 Residents/\$72 Non-Residents

Competitive Swim - Extra Practice

EXTRA PRACTICE is an opportunity for swim team members of Intermediate and Advanced competitive swim programs to swim an additional practice per week. Swimmer must first be enrolled in either Intermediate or Advanced Competitive Swim to be eligible for this option. Not eligible for reduced fees. Family discount does not apply.

Activity Code: 1RCS0804
(Section codes listed below)

MacDowell (Ages 4-19)..... JU01
(Not eligible for reduced fees. Family member discount does NOT apply.)
Sat, Jun 17-Aug 5, 8:30AM-10:00AM
\$24 Residents/\$24 Non-Residents

MacDowell (Ages 4-19)..... JU02
Sat, Jun 17-Aug 5, 10:00AM-11:00AM
\$24 Residents/\$24 Non-Residents

MacDowell (Ages 4-19)..... JU11
Mon-Thu, May 30-Jun 15, 5:30PM-7:00PM
\$24 Residents/\$24 Non-Residents

Activity Code: 1RCS0809
(Section codes listed below)

Pulaski (Ages 4-19)PK22
Sat, Jun 17-Aug 5, 8:40AM-10:10AM
\$24 Residents/\$24 Non-Residents



Dates

Chat with Bader

Bader Philanthropies

3300 N. Dr. Martin Luther King, Jr. Drive

- **June 6:** 12 PM - 2 PM
- **July 13:** 5 PM - 7 PM
- **August 1:** 9 AM - 11 AM

Juneteenth Parade

Harambee Neighborhood

Between Center and Concordia Street

- **June 19:** 9 AM - 5 PM

Health Fair

Clinton Rose Park

3045 N. Dr. Martin Luther King, Jr. Drive

- **August 12:** 9 AM - 5 PM

Summer BBQ

Bader Philanthropies

3300 N. Dr. Martin Luther King, Jr. Drive

- **August 17:** 4:30 PM - 6:30 PM

To sign up, see page 2 • Centers are closed June 19 and July 4.

AQUATICS IS NOW HIRING!

Interested in joining the Milwaukee Recreation aquatics team? See below for all employment opportunities. Visit mkerec.net/aquatics or call 414.647.6067 for more information.

LIFEGUARDS

Starting Pay: \$16-17/hr
Age: 15+

Seasonal, year-round employment and flexible scheduling.

Two Year certification includes Red Cross First Aid, CPR, and AED.

Red Cross Lifeguarding is a National Certification Valid at Organizations around the US.

Become a Red Cross Certified Lifeguard

- » Register online at mkerec.net
- » Use coupon code: *Lifeguard Training* to save \$65
- » Call 414.647.6076 for train-to-hire opportunities

Apply online at mkerec.net/aquatics or email swim@mkerec.net with questions or for more information.

SWIM INSTRUCTORS

Starting Pay: \$17-18/hr
Age: 16+

Seasonal, year-round employment and flexible scheduling.

Teach:

- Parent-Child Aquatics
- Levels 1-6 swim for youth
- Adult Learn-to-Swim

Become a certified Water Safety Instructor (WSI)

- » Register online at mkerec.net
- » Use coupon code: *Lifeguard Training* to save \$65
- » WSI Training is FREE for current Milwaukee Recreation employees

Apply online at mkerec.net/aquatics or email swim@mkerec.net with questions or for more information.

FITNESS INSTRUCTORS

Starting Pay: \$21/hr
Age: 16+

Seasonal, year-round employment and flexible scheduling.

Teach:

- Aqua Boot Camp
- Aqua Zumba
- Deep Water Aerobics
- Drum Vibes
- Glidefit
- Water Aerobics
- YoQua Fusion

Apprenticeships available! Apply online at mkerec.net/aquatics or email swim@mkerec.net for more information.

COACHES

Starting Pay: \$16/hr for assistant coaches, \$19/hr for head coaches
Age: 15+

Coaching experience preferred but not required.

Seasonal, year-round employment and flexible scheduling.

Youth teams available:

- The Krakens at Riverside HS
- The Tidal Waves at South Division HS

Adult programs available:

- Masters Swim at MacDowell, Riverside HS, or Pulaski HS (adults)

Apprenticeships available! Apply online at mkerec.net/aquatics or email swim@mkerec.net for more information.

COMMUNITY WELLNESS

Mil"WALK"ee

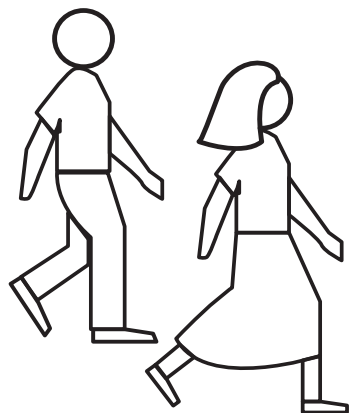
Join our traveling walking club and get a cardio workout while exploring Milwaukee with us! Each week you will walk up to 4 miles (you choose your distance) in a group setting. Walk locations can be found by visiting www.mkerec.net/wellness. Attendance at every walk is not required. Wednesday walks may include historical highlights and brief pauses along the route. Contact Erica@mkerec.net with questions.

Activity Code: 1PL59003
(Section codes listed below)

Various WN01
Tue, Jun 13-Aug 15, 10:00AM-11:30AM
FREE

Various WN02
Wed, Jun 14-Aug 16, 5:30PM-6:30PM
FREE

Various WN03
Thu, Jun 15-Aug 17, 10:00AM-11:30AM
FREE



Yoga

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation.

Activity Code: 1PL59004
(Section codes listed below)

Beulah Brinton BN01
Fri, Jun 30-Aug 18, 10:45AM-11:30AM
FREE

Fitness in the Park Yoga

Practicing Yoga outdoors has many benefits including increasing body awareness, strength and flexibility while connecting you deeper with nature. Join us for an outdoor yoga class that will take you through a series of poses and breath work. Bring your own exercise mat and water. Contact Erica@mkerec.net with questions.

Activity Code: 1PL59006
(Section codes listed below)

Hawthorn Glen WN01
Tue, Jun 20-Aug 8, 5:15PM-6:00PM
FREE

Hawthorn Glen WN02
Tue, Jun 20-Aug 8, 6:15PM-7:00PM
FREE

Washington Park - Milw. Cty. Parks ... WN03
(Washington Park Wednesdays Yoga)
Wed, Jul 12-Aug 30, 5:00PM-6:00PM
FREE

South Shore Park WN04
(South Shore Farmers Market Yoga)
Sat, Jun 17-Aug 5, 11:00AM-12:00PM
FREE

Wick Playfield WN05
Sat, Jun 24, 10:00AM-11:00AM
FREE

Wick Playfield WN06
Sat, Jul 8, 10:00AM-11:00AM
FREE

Wick Playfield WN07
Sat, Jul 22, 10:00AM-11:00AM
FREE

Wick Playfield WN08
Sat, Aug 5, 10:00AM-11:00AM
FREE

Wick Playfield WN09
Sat, Aug 19, 10:00AM-11:00AM
FREE

Hawthorn Glen WN10
Sun, Jun 18, 10:00AM-11:00AM
FREE

Hawthorn Glen WN11
Sun, Jul 9, 10:00AM-11:00AM
FREE

Hawthorn Glen WN12
Sun, Jul 23, 10:00AM-11:00AM
FREE

Hawthorn Glen WN13
Sun, Aug 13, 10:00AM-11:00AM
FREE

Tiefenthaler Park TF01
(2480 West Cherry St)
Tue, Jun 20-Aug 8, 10:00AM-11:00AM
FREE



Fitness in the Park Bootcamp

Join us for an outdoor bootcamp class to challenge your entire body! Each class will include some strength, cardio and stretching exercises to give you a total body workout. Class is geared towards all fitness levels - beginners welcome! Bring an exercise mat and water. Contact Erica@mkerec.net with questions.

Activity Code: 1PL59007
(Section codes listed below)

Custer Playfield WN01
(4001 W Custer Ave)
Mon, Jun 26-Aug 7, 4:00PM-4:45PM
FREE

Wick Playfield WN02
(Meet at the Playground)
Wed, Jun 21-Aug 9, 4:00PM-4:45PM
FREE

Total Wellness

Build muscle, get fit, and learn to cook to help prevent cancer and other health problems! Total Wellness teaches easy ways to live a healthy lifestyle. Classes meet twice a week. The first meeting includes interactive fun focused on health promotion, your lifestyle (including cooking!) and group fitness. The second weekly meeting is a group fitness class. Total Wellness is for all fitness levels - we meet you where you are. ***Special Opportunity For Registered Participants*** You may be eligible to take part in program feedback activities and receive a gift card. Call 414.955.8104 today to learn more.

Activity Code: 1PL59015
(Section codes listed below)

Hamilton HA01
Wed/Sat, Jun 17-Aug 5, 9:00AM-10:30AM
\$8 Residents/\$8 Non-Residents

Community Bike Rides - Beginner

Discover the joy of group bike rides on Milwaukee's best trails! Rides include a short introduction on bike safety & etiquette followed by a 60-90 minute group ride led by our ride leaders. Participants must provide their own bike & helmet. Ages 16 and up. Contact Erica@mkerec.net with questions.

Activity Code: 1PL59016
(Section codes listed below)

Riverside WN01

(Celebrate the Solstice Ride!)
Sat, Jun 24, 10:00AM-11:30AM
FREE

UEC - Menomonee Valley WN02

(National Freezer Pop Day Ride!)
Sat, Jul 8, 10:00AM-11:30AM
FREE

Juneau Playfield WN03

Sat, Jul 15, 10:00AM-11:30AM
FREE

Greenfield Park WN04

Sat, Jul 22, 10:00AM-11:30AM
FREE

Fondy Farmers Market WN05

(2200 W Fond Du Lac Ave)
Sat, Jul 29, 10:00AM-11:30AM
FREE

Estabrook Park - Milw. Cty. Parks WN06

(4600 Estabrook Pkwy)
Sat, Aug 12, 10:00AM-11:30AM
FREE

Community Bike Rides - Social Slow Roll

Join us for a casual, fun & family friendly bike ride as we roll through different parts of Milwaukee! Ride may include stops along the route to share outdoor experiences or rest at a local coffee shop for a break. Children should be able to ride independently for at least 5 miles. Participants must provide their own bike & helmet. Contact Erica@mkerec.net with questions.

Activity Code: 1PL59017
(Section codes listed below)

Doyle Golf Course WN02

(5300 W Wells Street)
Sat, Aug 5, 9:00AM-11:00AM
FREE

Hart Park WN03

(7300 W Chestnut St)
Sat, Aug 19, 9:00AM-11:00AM
FREE

Veterans Park Kite Store WN01

(4th of July Ride)
Sat, Jul 1, 9:00AM-11:00AM
FREE

Community Bike Rides - Good Morning Hank

Spring into riding shape as you explore Milwaukee's iconic Hank Aaron State Trail. Enjoy a variety of environments ranging from urban, to river views to prairie and wooded surroundings. All rides will focus on bike trails with some street riding and will start/end at the same location. Rides are suitable for beginners to intermediate riders. Participants must provide their own bike & helmet. Ages 16 and up. Contact Erica@mkerec.net with questions.

Activity Code: 1PL59018
(Section codes listed below)

Juneau Playfield WN01

(6500 W Mt. Vernon Ave)
Tue, Jun 20-Aug 8, 8:00AM-10:00AM
FREE

Escuela Verde Newline Cafe WN02

(3618 W Pierce St)
Wed, Jun 21-Aug 9, 9:30AM-11:30AM
FREE

Community Bike Rides - Intermediate Ride

Discover the joy of group bike rides on Milwaukee's best trails! This ride series is for beginner/intermediate cyclists looking to train for cycling events, build endurance and muscle strength. Rides will be two hours long using various routes with occasional stops to regroup. Rides will focus on trails but must be comfortable with some street riding. Each ride will begin with a review of group riding safety including road positioning, hand signaling, and communication. Ride locations may vary and will be provided by the ride leader. Participants must provide their own bike and helmet. Contact Erica@mkerec.net with questions.

Activity Code: 1PL59019
(Section codes listed below)

Valentine WN01

(5918 W Vliet St)
Wed, Jun 21-Aug 9, 6:00PM- 8:00PM
FREE



Nordic Walking for Beginners

Nordic Walking uses specially designed poles to enhance your natural walking experience. With a technique that is a cross between cross-country skiing and power walking, Nordic Walking is an efficient total body cardiovascular exercise that can be enjoyed by all ages & fitness levels. Class is geared towards beginners and poles will be provided. Led by Alisa, Certified Nordic Walking Instructor. Please email Erica@mkerec.net with questions.

Activity Code: 1PL59021
(Section codes listed below)

Urban Ecology Ctr Riverside Park ... WN01

(1500 E Park Place)
Sat, Jun 10-Jul 29, 8:30AM- 9:30AM
FREE

Urban Ecology Ctr Riverside Park ... WN02

(1500 E Park Place)
Sat, Jun 10-Jul 29, 10:00AM-11:00AM
FREE

Summer Stretch

Join us outdoors this summer and experience the many benefits of stretching! Class will consist of a series of static and dynamic stretches for the entire body paired with mindful breathing. Stretching has multiple benefits including increased flexibility and balance along with reducing joint and muscle pain making everyday tasks easier. Come relax with us this summer! Bring your own exercise mat and water.

Activity Code: 1PL59022
(Section codes listed below)

Beulah Brinton BN01

Wed, Jun 21-Aug 9, 10:00AM-11:00AM
FREE

Fitness in the Park Zumba

Join us for a Zumba class in the park! Zumba is a fun and easy way to workout with routines that feature easy-to-follow dance steps synched to Latin music helping you tone and sculpt your body. Class is geared towards all fitness levels and suitable for beginners. Contact Erica@mkerec.net with questions.

Activity Code: 1PL59027
(Section codes listed below)

Burnham Playfield WN01

Tue, Jun 27-Aug 1, 7:00PM- 7:55PM
FREE

Burnham Playfield WN02

Thu, Jun 29-Aug 3, 7:00PM- 8:00PM
FREE

Community Bike Rides - Bike Touring

Come learn the basics for bike touring as you build up your endurance with bi-weekly long distance rides. Participants should be comfortable in the saddle for 2 hours with the expectation of increasing ride time as the session progresses. Participants must provide a bike & helmet. Ages 16 and up. Contact Erica@mkerec.net with questions.

Activity Code: 1PL59028
(Section codes listed below)

Riverside WN01
Sun, Jun 18, 12:00PM- 3:00PM
FREE

Riverside WN02
Sun, Jul 2, 12:00PM- 3:00PM
FREE

Riverside WN03
Sun, Jul 16, 12:00PM- 3:00PM
FREE

Riverside WN04
Sun, Jul 30, 12:00PM- 3:00PM
FREE

Riverside WN05
Sun, Aug 13, 12:00PM- 3:00PM
FREE

Riverside WN06
Sun, Aug 27, 12:00PM- 3:00PM
FREE

Functional Strength Training

Functional fitness is a type of strength training that prepares your body for daily activities. These exercises equip you for important types of physical fitness, the kind that prepares you for real life like bending, twisting, lifting, pushing, pulling and squatting. Suitable for all fitness levels, must be able to get down on the ground and back up unassisted. Bring your own exercise mat and water. Contact Erica@mkerec.net with questions.

Activity Code: 1PL59031
(Section codes listed below)

Beulah Brinton BN01
Fri, Jun 30-Jul 28, 8:30AM- 9:30AM
FREE



Fitness in the Park Pilates

Join us for a Pilates class in the park! Pilates is a non-impact class to improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Please bring your own exercise mat, water bottle and wear comfortable clothing. Contact Erica@mkerec.net with questions.

Activity Code: 1PL59032
(Section codes listed below)

Burnham Playfield WN01
Thu, Jun 29-Aug 3, 6:00PM- 7:00PM
FREE

ACTIVE OLDER ADULTS

50+ Field Trip to the Glen

Take a field trip to Hawthorn Glen, just like when you were a kid! Gather up your friends and head out to your neighborhood nature center, Hawthorn Glen. Take a short walk on the trails, through the woods and restored prairie. Visit the spring-fed pond and pollinator garden. Join a Hawthorn Glen naturalist for a tour of the Little Nature Museum and meet the education ambassador animals. Then wrap up the morning with a campfire cookout lunch.

50+ **Activity Code: 1R550119**
(Section codes listed below)

Hawthorn Glen 5501
Fri, Jun 16, 10:30AM-12:30PM
\$5 Residents/\$5 Non-Residents

50+ Field Trip to the Farm

NEW Take a field trip to Oak Ridge Farm, just like when you were a kid! Join us for a day of fun and learning in rural Wisconsin. During the trip, participants will enjoy a hayride and get to meet the cows, sheep, goats, chickens, turkeys, rabbits, and pigs. Bring your own picnic lunch and beverage. Class fee is non-refundable and not eligible for reduced fees. Located near Dousman, Oak Ridge Farm is an approx 45 minute trip from Milwaukee. The fee INCLUDES round-trip school bus transportation. Registrants can choose to drive their own vehicle to the farm instead of taking the school bus shuttle. When you register, you will be prompted to indicate whether or not you will be riding the shuttle.

50+ **Activity Code: 1R550120**
(Section codes listed below)

Oak Ridge Farm 5501
Fri, Jun 23, 9:30AM- 1:30PM
\$5 Residents/\$5 Non-Residents



CHECK THIS OUT!

Milwaukee Recreation offers activities specifically for individuals with disabilities ages three and up. Therapeutic recreation classes are offered throughout the year (see pages 60 - 61) at various locations in the city of Milwaukee. Participants are given the opportunity to recreate in a wide variety of activities, including summer day camps, evening classes in the fall, winter, and spring, arts & crafts, swim instruction, cooking classes, bowling, and more. Visit mkerec.net/therapeutic or scan the QR code to learn more.



ARTS & CRAFTS

Acrylic Painting

In this course you will have fun learning painting techniques such as recognizing shapes, light sources, and most importantly, values. Beginners to advanced will improve at their own pace. We will start with working from photographs along with professional guidance from award-winning artist, Laura Easey-Jones. You will be given a supply list at the point of registration. Please bring your supplies and a photo on the first day of class.

50+ Activity Code: 1R550913
(Section codes listed below)

OASIS 5502
Mon, Jul 10-Aug 21, 9:30AM-11:30AM
\$27 Residents/\$41 Non-Residents

Explore Mixed Media

Make a beautiful collage with paper, torn magazine pages, texture paste, stamps, paint, matte medium, mod podge, and much more. Each project is uniquely your own. Class is for all skill levels. After you master the basics, you may continue in the next session with additional projects such as paint pouring, Shibori dyeing, and alcohol inks. Basic supplies will be provided.

50+ Activity Code: 1R550914
(Section codes listed below)

OASIS 5502
Mon, Jul 10-Aug 21, 12:30PM- 2:30PM
\$27 Residents/\$41 Non-Residents



Knitting

Develop the techniques needed to complete a lifetime of beautifully knitted projects. Learn or gather fun new ideas with fellow crafters. All levels welcome. Bring a skein of yarn and knitting needles.

50+ Activity Code: 1R551210
(Section codes listed below)

OASIS 5501
Mon, Jul 10-Aug 28, 11:30AM- 1:30PM
\$35 Residents/\$53 Non-Residents

Crocheting

Develop the techniques needed to complete a lifetime of beautifully crocheted projects. Learn or gather fun new ideas with fellow crafters. All levels welcome. Bring a skein of yarn and crochet hooks.

50+ Activity Code: 1R551213
(Section codes listed below)

OASIS 5501
Tue, Jul 11-Aug 29, 12:30PM- 2:30PM
\$35 Residents/\$53 Non-Residents

Basic Jewelry Making

Make beautiful jewelry by starting easy with a pair of earrings; progress to a bracelet and then a necklace. Class is for beginners or crafters with little beading experience. Instructor will provide coaching on crimping, use of soft wires, clasps, jump rings, split rings, multi-strand bracelets and necklaces, making wrapped loops, use of tools, and making your project fit well. A \$10 (cash only) tool and supply fee will be due to the instructor at the first class. Students will be provided a list of supplies/materials to purchase for weeks 2-6.

Activity Code: 1RAE0902
(Section codes listed below)

Craig Montessori MR01
Sat, Jun 17-Jul 29, 9:30AM-11:00AM
\$23 Residents/\$35 Non-Residents

Creative Crochet Techniques

This class will review basic stitches before practicing heavier texture stitches like popcorns, shells, and post stitches. After creating swatches, we will discuss how to turn these stitches into different kinds of accessories. In preparation for spring we will focus on mesh and lace stitches. We will create swatches and learn to block these items, then discuss how to turn lightweight fabrics into beautiful summer shawls or home items. Bring a skein of light colored yarn of your choice with an appropriate hook (check the yarn label for hook size).

Activity Code: 1RAE0903
(Section codes listed below)

Beulah Brinton BN01
Mon, Jun 26-Aug 21, 10:30AM-11:30AM
\$24 Residents/\$36 Non-Residents

Glass Blowing

Come melt your problems away-Experience Glass Blowing. All classes work on aspects of blocking, marvering, shaping and applying color. Students will create their own work of art in one workshop. Bring water and snacks to class. Fee includes supply cost and is non-refundable. Classes held at: Square One Art Glass, 5322 W. Vliet Street, www.squareoneartglass.com

Activity Code: 1RAE0928
(Section codes listed below)

Square One Art Class SG01
(Orb)
Sat, Jul 22, 9:00AM-11:00AM
\$50 Residents/\$75 Non-Residents

Square One Art Class SG02
(Bowl)
Sat, Aug 12, 9:00AM-11:00AM
\$60 Residents/\$90 Non-Residents

Square One Art Class SG03
(Pumpkin)
Sat, Aug 26, 9:00AM-11:00AM
\$70 Residents/\$105 Non-Residents

Square One Art Class SG04
(Orb)
Sat, Sep 9, 9:00AM-11:00AM
\$50 Residents/\$75 Non-Residents

Candle Making

What is more soothing and relaxing than enjoying a candle that you created? In this workshop, you will select your own scent, design and create your very own soy-wax candle to take home! Students will receive an overview of the candle making process provided by an experienced chandler. All supplies included. Workshop provided by Blossom Candle Co. Fee includes supply cost and is non-refundable.

Activity Code: 1RAE0946
(Section codes listed below)

Hamilton HA01
Wed, Jun 21, 6:30PM- 8:00PM
\$25 Residents/\$38 Non-Residents

Hamilton HA02
Wed, Jul 19, 6:30PM- 8:00PM
\$25 Residents/\$38 Non-Residents



Decoupage on Glass I

Can't draw stick figures? No problem! Anyone can be an artist using the age-old art form of decoupage. Learn how to create separate inside and outside designs with paper on a small glass bowl so the inside design is visible through the glass. You will take home a beautiful yet functional work of art to give as a gift or use to hold jewelry, spare change or other small items. All supplies included. Class taught by Donna Eigen.

Activity Code: 1RAE0965
(Section codes listed below)

Hamilton HA01
Mon, Jul 10, 6:00PM- 8:00PM
\$35 Residents/\$53 Non-Residents

Decoupage on Glass II

This workshop takes the age-old art form of decoupage to the next level by using a variety of materials such as napkins, tissue paper and alcohol inks to create separate inside and outside designs on a glass bowl or vase. Students will choose from a variety of glassware and may bring their own photos (printed paper copies recommended), magazines, decorative papers and ephemera to personalize their piece. Prior Decoupage on Glass I recommended. All materials provided. Class taught by Donna Eigen.

Activity Code: 1RAE0968
(Section codes listed below)

Hamilton HA01
Mon, Jul 17, 6:00PM- 8:00PM
\$35 Residents/\$53 Non-Residents

DID YOU KNOW?

Participating in activities during leisure or spare time has been shown to reduce stress levels. For instance, one study showed **approximately 75% of participants' cortisol levels (one of the most widely studied hormonal markers of stress) were lowered after making art.**
via Utah State University Mental Health Education

Shadow Lanterns

This workshop uses decoupage techniques to transform glass vases into enchanting lanterns. The finished piece appears as a lovely decoupage vase, then comes alive with images when illuminated from within by an led light, candle or sunny window. Students will learn to prepare materials and layer papers to create hidden scenes with animals, trees, marine life or whatever your imagination desires. Makes a wonderful gift as a night light or accent piece on a mantel or book shelf. All materials provided. Class taught by Donna Eigen.

Activity Code: 1RAE0969
(Section codes listed below)

Hamilton HA01
Mon, Jul 24, 6:00PM- 8:00PM
\$35 Residents/\$53 Non-Residents

Keepsake Chests

Students will transform cigar boxes into keepsake holders using basic decoupage techniques. A variety of papers and materials will be available to create a beautiful box to store treasured items. Also, makes a lovely gift box that is agift in itself. All Materials provided. Classes taught by Donna Eigen.

Activity Code: 1RAE0970
(Section codes listed below)

Hamilton HA01
Mon, Jun 26, 6:00PM- 8:00PM
\$35 Residents/\$53 Non-Residents

Sewing 101

Been a long time since you touched a sewing machine? Maybe never? This class will teach you the basics of sewing machines, sewing terminology and techniques, and working with patterns. Supply list provided at the first class to create an easy bag. Sewing machines are available or bring your own.

Activity Code: 1RAE0988
(Section codes listed below)

Craig Montessori MR02
Sat, Jun 17-Jul 29, 11:30AM-1:30PM
\$35 Residents/\$53 Non-Residents

Craig Montessori MR01
Wed, Jun 21-Jul 26, 6:00PM- 8:00PM
\$35 Residents/\$53 Non-Residents

Crocheting / Knitting

Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

Activity Code: 1RAE1202
(Section codes listed below)

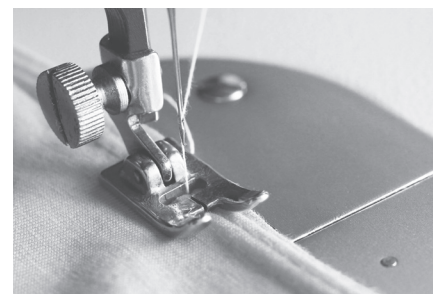
Craig Montessori MR01
Mon, Jun 26-Jul 31, 6:00PM- 8:00PM
\$29 Residents/\$44 Non-Residents

Open Sewing

This class is for people who have some sewing experience. If you need some time that you can dedicate to finishing your sewing projects, this is the class for you. Come ready with your ideas/ unfinished projects and let's have some fun! Bring your own machine/thread, or use the machines provided. Irons and ironing boards are also available. Prerequisite for this class is sewing 101 or previous sewing experience.

Activity Code: 1RAE1207
(Section codes listed below)

Hamilton HA01
Thu, Jun 22-Aug 3, 6:00PM- 8:00PM
\$40 Residents/\$60 Non-Residents



Survival Sewing

Learn the basics of operating a sewing machine by sewing straight and curved lines and turning corners on paper. In this class you will learn how to sew a button on material, thread the sewing machine and a simple pillow with fabric to make a hem. Bring basic sewing supplies which include scissors, sewing pins, seam ripper and fabric to class. This class is for beginners and those who want to be able to utilize a sewing machine or fixing sewing problems at home.

Activity Code: 1RAE1208
(Section codes listed below)

Hamilton HA01
(No Class on July 23rd.)
Sat, Jul 8-Jul 29, 1:00PM- 3:00PM
\$19 Residents/\$29 Non-Residents



Knitting

Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

Activity Code: 1RAE1210
(Section codes listed below)

Hamilton HA01
Tue, Jun 20-Aug 1, 6:30PM-8:30PM
\$40 Residents/\$60 Non-Residents

Crocheting

Complete beautiful projects in this crochet class! Please bring your own crochet hooks and skein of yarn

Activity Code: 1RAE1211
(Section codes listed below)

Hamilton HA01
Mon, Jun 26-Aug 7, 6:30PM-8:30PM
\$35 Residents/\$53 Non-Residents

Landscape Painting

This relaxing class will explore landscape painting in the comfort of the classroom. We will use acrylics and work from photos. The goal of the class is to develop your own interpretation. Class starts with a short demonstration to get you started. Learn to paint and change the way you see the world.

Activity Code: 1RAE2003
(Section codes listed below)

Riverside RS01
(Level 1)
Tue, Jun 13-Aug 1, 6:00PM-8:00PM
\$35 Residents/\$53 Non-Residents

Painting Portraits from Photos

Painting in acrylic or oil we will learn to see others in an artistic way. Realizing your own approach will be the goal of this class. We will start with a drawing and progress onto painting. Bone structure, muscles and anatomy will be covered. Each class starts with a short demonstration to get you started.

Activity Code: 1RAE2006
(Section codes listed below)

Riverside RS01
Mon, Jun 12-Jul 31, 6:00PM-8:00PM
\$35 Residents/\$53 Non-Residents

Expressive, Flowing Watercolor Portrayals

Create dramatic, dynamic color and composition. Discover exuberant and sculptural brush-play. Explore flowing watercolor imagery as you initiate, glaze or blend this magical, transparent media. Instructor offers demos and enthusiastic, personal guidance. Bring supplies to all sessions (call Brinton for supply list 414.481.2494).

Activity Code: 1RAE2007
(Section codes listed below)

Beulah Brinton BN01
Thu, Jun 8-Jun 22, 3:15PM-5:15PM
\$19 Residents/\$29 Non-Residents

Beulah Brinton BN02
Thu, Jul 13-Jul 27, 3:15PM-5:15PM
\$19 Residents/\$29 Non-Residents

Beulah Brinton BN03
Thu, Aug 10-Aug 24, 3:15PM-5:15PM
\$19 Residents/\$29 Non-Residents

Watercolor Painting

Create splendid, watercolor images applying magical layering of this transparent media. Explore expressive, effortless methods and techniques. Instructor offers demos and enthusiastic, personal guidance. Bring supplies to all sessions (call Brinton for supply list 414.481.2494).

Activity Code: 1RAE2008
(Section codes listed below)

Beulah Brinton BN02
(Adv.)
Thu, Jun 8-Jun 22, 6:15PM-8:15PM
\$21 Residents/\$32 Non-Residents

Beulah Brinton BN04
(Adv.)
Thu, Jul 13-Jul 27, 6:15PM-8:15PM
\$21 Residents/\$32 Non-Residents

Beulah Brinton BN06
(Adv.)
Thu, Aug 10-Aug 24, 6:15PM-8:15PM
\$21 Residents/\$32 Non-Residents



Explore Painting with Acrylics

Learn how to apply, blend, and layer and the correct way of mixing colors. We will discuss how colors of light affects the colors of the object when it is lit. Students are encouraged to bring photographs they would like to paint within each class. Students must have completed a beginner level class to be enrolled in an advanced level. A \$10 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 1RAE2023
(Section codes listed below)

Hamilton HA01
Tue, Jun 20-Jul 25, 6:00PM-8:00PM
\$39 Residents/\$59 Non-Residents

Abstract Painting with Melva *

Abstracts with Melva is a class designed for beginners and for seasoned artists by visual artist Melva. Come experience the inspiring development of abstract art. This class is more than lines and circles. Let the hands-on variety of projects and easy techniques challenge your imagination! A \$10 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 1RAE2029
(Section codes listed below)

Hamilton HA01
Wed, Jul 12-Aug 2, 6:00PM-8:00PM
\$24 Residents/\$36 Non-Residents

CATE'S COOKERY

A Picnic in Provence

Cate learned a couple of tricks from her many years as producer and emcee of the French Cooking Demonstrations at Bastille Days. Just in time for Bastille Day, July 14, this "sub shop menu with a French twist" features pan bagnat, A French salade nicoise sandwich that has its origins in summer lunches made by French farm workers. The bread gets immersed in the savory juices of the filling. To round out the menu, you'll learn how to make French potato salad with olives, roasted garlic and spring herbs. This is another easily portable menu for picnics or patio dining.

Activity Code: 1RAE1901
(Section codes listed below)

Hamilton HA01
Sat, Jul 8, 12:00PM- 2:30PM
\$24 Residents/\$36 Non-Residents

COMPUTERS

Computer Basics for Beginners

NEW

If you are brand new to computers then this class is for you. This practical, hands-on class will explain the fundamentals of using a computer. We will cover computer parts, internet browsing, emailing, Microsoft Windows programs, printing, and cyber security. Bring your questions to class and go home with the answers.

50+ **Activity Code: 1R551503**
(Section codes listed below)

OASIS 5501
Mon, Jul 10-Jul 31, 11:30AM-12:30PM
\$10 Residents/\$15 Non-Residents

OASIS 5502
Tue, Jul 11-Aug 1, 11:00AM-12:00PM
\$10 Residents/\$15 Non-Residents



COOKING

Steak Fajita Tacos

This dish is a perfect summer dinner. Seasoned steak, peppers, and onions will be nestled into nice and warm flour tortillas. Guacamole, fresh pico, and chips will complete this meal. Fee includes food cost and is non-refundable.

50+ **Activity Code: 1R551617**
(Section codes listed below)

OASIS 5501
Wed, Jun 21, 11:00AM- 1:00PM
\$16 Residents/\$24 Non-Residents

Pineapple Upside Down Bundt Cake

The perfect summer treat. The sweetness of pineapple and brown sugar melt into a soft and sweet cake. Enjoy anytime of the day. Fee includes food cost and is non-refundable.

50+ **Activity Code: 1R551618**
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Wed, Jul 12, 9:30AM-11:30AM
\$16 Residents/\$24 Non-Residents



Charcuterie

Design and create a board to entertain guests. Working with a selection of meats, cheeses, fruits, nuts, and other accompaniments, you will design a sweet and savory treat to enjoy before dinner or an after dinner treat. Fee includes food cost and is non-refundable.

50+ **Activity Code: 1R551619**
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Wed, Jul 26, 11:00AM- 1:00PM
\$16 Residents/\$24 Non-Residents

Activity Code: 1RAE1600
(Section codes listed below)

Hamilton HA01
Tue, Jun 20, 6:00PM- 7:30PM
\$21 Residents/\$32 Non-Residents

Hamilton HA02
Tue, Jul 18, 6:00PM- 7:30PM
\$21 Residents/\$32 Non-Residents

Tumeric - A Healthy Spice!

Turmeric has been used for thousands of years in Asia and other countries as a spice and medicinal herb. It has a lot of major health benefits for your body and brain. Turmeric is known for having anti-inflammatory, antiseptic and antioxidant properties. So, let us show you some different ways that you can use Turmeric in food. We will be making: salad dressing, side dish, soup, main dish, and a dessert. Fee includes food cost and is non-refundable.

Activity Code: 1RAE1605
(Section codes listed below)

Riverside RS01
Sat, Jul 22, 10:30AM-12:30PM
\$21 Residents/\$32 Non-Residents





Summer Salads

Come join us as we make International Summer Salads from all over the world. We will be making salads from: Algeria (Chlada Fakya -- Fruit Salad), Brazil (Salada de Palmitos -- Hearts of Palms Salad), Ecuador (Curtido de cebolla y tomaten "Lime Onion Salad"), Indonesia (Gada Gada Salad "Vegetable Salad with Peanut Sauce"), Macau (Lao Hu Cai -- Tiger Salad) and Morocco (Shlada Arobiya "Cucumber Salad"). Fee includes food cost and is non-refundable.

Activity Code: 1RAE1613
(Section codes listed below)

Riverside RS01
Sat, Jul 8, 10:30AM-12:30PM
\$22.50 Residents/\$33.75 Non-Residents

Cooking Adventures- International Street Food Dishes

We'll be making popular International food dishes that are typically served in food trucks, carts and street cafes. You will learn how to make International Street Food from different cultures from Guyana to Morocco. We will be making: appetizers, salad, side dish, main dish and a dessert. Fee includes food cost and is non-refundable.

Activity Code: 1RAE1618
(Section codes listed below)

Hamilton HA01
Mon, Jul 24, 6:00PM- 8:00PM
\$21 Residents/\$32 Non-Residents

Taste of the World-Bolivia

BOLIVIA is a country in central South America. The Amazon Rainforest and the Andes Mountains are part of the Bolivian terrain. We will be making traditional Bolivian food: Ensalada de palmito (Hearts of Palm Salad), Bolivianischer salat (Bolivian salad), Sopa de mani (peanut soup), Sopa de zapallo (squash soup), Picante de pollo (spicy chicken), Masaco de platano (mashed plantains), and Leche Asada (baked milk custard). Fee includes food cost and is non-refundable.

Activity Code: 1RAE1623
(Section codes listed below)

Hamilton HA01
Mon, Jul 10, 6:00PM- 8:00PM
\$21 Residents/\$32 Non-Residents

Calling All Tomato Lovers!

Are TOMATOES your favorite food? They are a Super Food because they contain Vitamin A, B, C, potassium and antioxidants. We will be making some International food dishes with Tomatoes: Including France (salad), India (spicy dip, chutney rice), Scotland (pie), South America (soup), South Africa (stuffed). Fee includes food cost and is non-refundable.

Activity Code: 1RAE1655
(Section codes listed below)

Hamilton HA01
Mon, Jun 26, 6:00PM- 8:00PM
\$21 Residents/\$32 Non-Residents



Korean Cooking: Korean BBQ, Bulgogi

Bulgogi (Korean Barbecue) is a dish of thinly sliced beef that is pre-marinated with various seasonings and grilled over high heat. Bulgogi has been popular since the 1950's due to its unique flavor and quick cooking times.

Activity Code: 1RAE2400
(Section codes listed below)

Hamilton HA01
Wed, Jul 19, 6:00PM- 8:00PM
\$21 Residents/\$32 Non-Residents

Korean Cooking: Korean Fried Noodles

Japchae (Korean fried noodles) is prepared by stir-frying potato noodles with various vegetables. It is a popular dish most always present on holidays and traditional ceremonies.

Activity Code: 1RAE2404
(Section codes listed below)

Hamilton HA01
Wed, Jun 21, 5:00PM- 7:00PM
\$21 Residents/\$32 Non-Residents

Korean Cooking: Bibimbap

Come and learn how to prepare another traditional Korean dish! This Bibimbap dish contains steamed white rice cooked with soybean sprouts and ground beef. Soybean sprouts contain the same nutritional factors as soybeans and are also rich in Vitamin C.

Activity Code: 1RAE2406
(Section codes listed below)

Hamilton HA01
Wed, Jun 28, 5:00PM- 7:00PM
\$21 Residents/\$32 Non-Residents

Korean California Roll (Gimbap)

Gimbap is a dish made from cooked rice and other ingredients such as vegetables, fish or various meats that are rolled in dried sheets of seaweed. Come join this class to learn how to make these bite sizes rolls of goodness!

Activity Code: 1RAE2407
(Section codes listed below)

Hamilton HA01
Wed, Jul 5, 5:00PM- 7:00PM
\$21 Residents/\$32 Non-Residents



COOKING BAKING FOREIGN FOODS

Ground Turkey Stuffed Bell Peppers

Ground turkey is a healthier, leaner alternative to ground beef. We will be using different colored bell peppers and stuffing them with ground turkey, tomatoes, black beans, low fat cheese, and corn. This recipe combines healthy and wholesomeness in one delicious easy meal for those weeknights. Fee includes food cost and is non-refundable.

Activity Code: 1RAE2279
(Section codes listed below)

Riverside RS01
Thu, Jun 29, 6:15PM- 8:15PM
\$21 Residents/\$32 Non-Residents

Salmon Spinach Wrap & Greek Salad

Want to learn how to make this simple salmon wrap and Greek salad? This class is for you! The instructor will demo how you can make these dishes both healthy and tasty. Class fee includes food cost and is non-refundable.

Activity Code: 1RAE2281
(Section codes listed below)

Riverside RS01
Thu, Jul 20, 6:15PM- 8:15PM
\$21 Residents/\$32 Non-Residents

CYCLING AND BIKE MAINTENANCE

Bike Maintenance with Billie

This class will teach you the skills needed to keep and maintain your bike in fine working order. These skills will save you time, money and make your rides easier and safer. With a few tools, you can make your bike rideable. This class is for beginners. In this class you will cover the following: changing a flat tire, fixing a slipped chain, completing a minor brake repair and seasonal cleaning. Class taught by Billie Myhra. Please bring your bike to class. Youth and adult classes are combined. Class fee is non-refundable. Supplies and tools provided by coastinnbikes.com.

Activity Code: 1RAE2807
(Section codes listed below)

Hamilton HA01
Sat, Jul 8, 10:00AM-11:30AM
\$7 Residents/\$11 Non-Residents

MacDowell JU02
Sat, Jun 24, 10:00AM-11:30AM
\$7 Residents/\$11 Non-Residents

Riverside RS02
Sat, Jul 22, 10:00AM-11:30AM
\$7 Residents/\$11 Non-Residents

DANCE

Adult Ballet

Through traditional ballet class structure of barre work, center exercise and traveling across the floor, adult ballet classes help you dance your way to stronger, longer muscles, improve posture, flexibility, agility, balance and core strength in a supportive and upbeat environment.

Activity Code: 1RAE2901
(Section codes listed below)

MacDowell JU01
Mon, Jun 26-Jul 31, 6:00PM- 7:30PM
\$23 Residents/\$35 Non-Residents

African Dance

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome. Class is combined with youth class.

Activity Code: 1RAE2902
(Section codes listed below)

Riverside RS01
Sat, Jun 10-Jul 29, 1:00PM- 2:00PM
\$22 Residents/\$33 Non-Residents

Ballroom Survival

When you attend a wedding or reunion, are you envious of the people gliding across the dance floor? Learn to waltz, fox-trot, cha-cha, etc., so that when the next song plays, you are the one sweeping others off their feet. Wear casual dress shoes.

Activity Code: 1RAE2904
(Section codes listed below)

Craig Montessori MR01
Tue, Jun 20-Aug 1, 7:00PM- 8:00PM
\$19 Residents/\$29 Non-Residents

Salsa & Bachata Dance

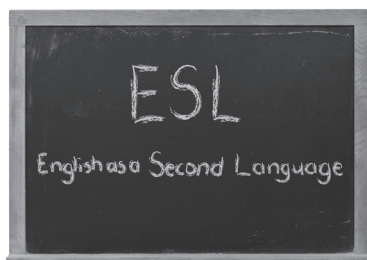
Learn the two most popular Latin club dances in world! Learn the basics of "lead and follow", Latin body movement, musicality, and dance etiquette. No partner or experience required! Dancers rotate partners.

Activity Code: 1RAE2920
(Section codes listed below)

Riverside RS01
(Salsa & Bachata)
Mon, Jun 12-Jul 31, 7:00PM- 8:00PM
\$19 Residents/\$29 Non-Residents

Interested in English as a Second Language (ESL)?

Este curso de inglés como segunda lengua (ESL) es para mejorar el escuchar, hablar, leer y escribir de la lengua. Las actividades se enfocarán en el desarrollo de vocabulario, pronunciación y gramática encontrados en las interacciones diarias. Se usará el español para clarificar diferencias entre la gramática y la pronunciación de los idiomas. In this beginning ESL (English as a Second Language) course, students will improve their English listening, speaking, reading, and writing skills. Activities will focus on developing the vocabulary, pronunciation and grammar needed in everyday interactions. Spanish will be used for the clarification of grammar and pronunciation differences.



**See page 56 for
registration information!**

Introduction to Poi

The ancient movement art of Poi is both tribal and modern. Twirling tethered balls in beautiful geometric patterns around your body, blurring the lines between exercise and dance, you can discover how to build your own Poi and explore the basic artistic skills that will enhance your creativity while exercising your body at the same time. Poi sets will be available for workshop use. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RAE2940
(Section codes listed below)

Hamilton HA01
Wed, Jun 21, 6:30PM- 7:30PM
\$6 Residents/\$9 Non-Residents



Introduction to Hoop Dance

Learn the basics of hula hooping in just one Class! Even if you can't keep the hoop up around your waist, you can still hoop! Find out some tricks and tips to get you started and then move on to the full series to further your hooping journey. It's a mesmerizing experience that can take you farther than you think. Equipment not provided. Please bring your own hula hoop to workshop.

Activity Code: 1RAE2941
(Section codes listed below)

Hamilton HA01
Wed, Jul 26, 6:30PM- 7:30PM
\$6 Residents/\$9 Non-Residents

FITNESS

Zumba Gold®

Zumba® Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Join other older adults that want camaraderie, excitement, and fitness as a regular part of their weekly schedule. It is a dance-fitness class that is friendly, and most of all, fun.

50+ Activity Code: 1R553503
(Section codes listed below)

OASIS 5503
Thu, Jun 8-Aug 10, 10:15AM-11:15AM
\$23 Residents/\$35 Non-Residents

OASIS 5501
Mon, Jun 12-Aug 21, 10:15AM-11:15AM
\$21 Residents/\$32 Non-Residents

Shechem at Hope Street SH02
Tue, Jun 6-Jul 25, 10:15AM-11:15AM
\$14 Residents/\$21 Non-Residents

Shechem at Hope Street SH03
Tue, Aug 1-Sep 5, 10:15AM-11:15AM
\$14 Residents/\$21 Non-Residents

Chair Yoga

People of all abilities experience greater health and well-being in this chair yoga plus strength, exercise class. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance, and breathing, and an overall sense of greater well-being. This class is ONLY available to OASIS Members (annual membership fee is \$15/Res and \$25/Non-Res). Membership is valid for one year from purchase date. Online registration is not available for this class.

50+ Activity Code: 1R553508
(Section codes listed below)

OASIS 5501
(OASIS Membership Required. See fees above.)
Mon/Wed/Fri, Jul 12-Aug 30, 9:00AM-10:00AM
FREE

Fit Over 50

You CAN Do This Fitness Class is about dynamic muscle and toning exercises that include stretching, cardio, strength training, and abdominal work. This fit camp is designed to teach techniques that will improve and maintain muscle tone, functional strength, and overall cardiovascular health. A variety of equipment will be introduced such as light weights, Resist-a-Balls, and more.

50+ Activity Code: 1R553511
(Section codes listed below)

OASIS 5501
Wed, Jun 7-Jun 28, 12:30PM- 1:30PM
\$10 Residents/\$15 Non-Residents

OASIS 5502
Wed, Jul 5-Jul 26, 12:30PM- 1:30PM
\$10 Residents/\$15 Non-Residents

OASIS 5503
Wed, Aug 2-Aug 23, 12:30PM- 1:30PM
\$10 Residents/\$15 Non-Residents

Shechem at Hope Street SH01
Thu, Jun 8-Jul 20, 11:30AM-12:30PM
\$14 Residents/\$21 Non-Residents

Shechem at Hope Street SH02
Thu, Jul 27-Aug 31, 11:30AM-12:30PM
\$14 Residents/\$21 Non-Residents



Building Strength

Get functional strength training and full body conditioning. This class provides opportunities to challenge all levels of fitness in addition to a 50+ level of fitness option by using a variety of equipment to create more mobility and strength for daily activities, as well as sculpt your entire body.

Activity Code: 1R553517
(Section codes listed below)

OASIS 5501
(Class content geared toward 50+ age group)
50+ Tue, Jun 13-Aug 8, 9:00AM- 9:50AM
\$15 Residents/\$23 Non-Residents

OASIS 5502
(Intermediate/Advanced)
Tue, Jun 13-Aug 8, 10:00AM-10:50AM
\$15 Residents/\$23 Non-Residents



Core Strength

Time to tighten your core, the most important part of your body for stabilization. In this class you will increase the strength and endurance of your core muscles and improve your balance.

Activity Code: 1R553518
(Section codes listed below)

OASIS 5501

50+

(Class content geared toward 50+ age group)
Tue, Jun 13-Aug 8, 11:00AM-11:30AM
\$10 Residents/\$15 Non-Residents

OASIS 5502

(Intermediate/Advanced)

Tue, Jun 13-Aug 8, 11:40AM-12:10PM
\$10 Residents/\$15 Non-Residents

OASIS 5503

50+

(Class content geared toward 50+ age group)
Fri, Jun 16-Aug 4, 12:15PM-12:45PM
\$10 Residents/\$15 Non-Residents

T'ai Chi & Qijong

T'ai Chi & Qigong are human movement systems created by the Chinese. Learn how to use movement to relax and balance your energy system. Wear comfortable clothing and flat soled shoes or stocking feet. Seniors and those with health limitations are encouraged to participate, as the movements can be adjusted to fit any fitness level.

50+

Activity Code: 1R553519
(Section codes listed below)

OASIS 5501

Tue, Jun 6-Jul 11, 9:45AM-10:45AM
\$12 Residents/\$18 Non-Residents

OASIS 5502

Tue, Jul 18-Aug 15, 9:45AM-10:45AM
\$12 Residents/\$18 Non-Residents

Activity Code: 1RAE3601
(Section codes listed below)

Hamilton HA01

Wed, Jun 21-Aug 3, 6:30PM-7:30PM
\$22 Residents/\$33 Non-Residents

Bootcamp

This class is an introduction to an intense workout that will include strength, conditioning, speed work, balance, and plyometric drills. Watch your stamina and fitness level soar to new heights.

Activity Code: 1R553520
(Section codes listed below)

OASIS 5501

(Advanced)

Fri, Jun 16-Aug 4, 1:00PM-1:50PM
\$15 Residents/\$23 Non-Residents

Interval Training

This highly energetic class involves alternating bursts of intense activity with recovery periods. This is an efficient training method that helps to increase your cardiovascular intensity without burning yourself out.

Activity Code: 1R553521
(Section codes listed below)

OASIS 5501

(Advanced)

Fri, Jun 16-Aug 4, 2:10PM-3:00PM
\$15 Residents/\$23 Non-Residents



TRX

NEW

TRX is a revolutionary workout method that uses your body weight and gravity as resistance to build strength, balance, coordination, flexibility, core and joint stability. This class will take you through a multitude of TRX exercises for your entire body.

Activity Code: 1R553522
(Section codes listed below)

OASIS 5501

Fri, Jun 16-Aug 4, 11:30AM-12:00PM
\$10 Residents/\$15 Non-Residents

Shake Hands with the Fitness Room

NEW

Too intimidated to go to the gym? Don't know what an elliptical or an incline press is? In this class Leonard will help you navigate and get to know the fitness room at the OASIS. You will learn what each piece of equipment does and how to use it safely and effectively. By the end of the class you'll be confident in the gym setting and getting swole in no time.

50+

Activity Code: 1R553523
(Section codes listed below)

OASIS 5501

Wed, Jun 7-Jun 28, 1:45PM-2:45PM
\$10 Residents/\$15 Non-Residents

4 in 1 Training

This class is a combination of Spiced up Cardio, Boxing Aerobics, Body Sculpting and Step Aerobics. Burn off the calories and shape your body while having fun!

Activity Code: 1RAE3501
(Section codes listed below)

Beulah Brinton BN01

Tue, Jun 20-Aug 8, 7:15PM-8:15PM
\$28 Residents/\$42 Non-Residents

ABSoGLUTELY Fit

Want to look and feel better? In this class we will work on your upper and lower abdominals. In addition to improving you abs, students will focus on toning their gluteus and hamstrings. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 1RAE3502
(Section codes listed below)

Beulah Brinton BN02

Wed, Jun 21-Aug 9, 6:00PM-7:00PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN01

Mon, Jun 26-Aug 21, 6:10PM-7:10PM
\$28 Residents/\$42 Non-Residents

Belly Dance Aerobics

Belly dance aerobics involves exercises designed to tighten and tone your waist, hips and abdominal muscles through easy-to-follow isometric movements. This class will help to enhance your overall flexibility and general conditioning. Bring a hip scarf or purchase one from the instructor for \$10.

Activity Code: 1RAE3504
(Section codes listed below)

Hamilton HA01

Mon, Jun 26-Jul 31, 7:00PM-8:00PM
\$19 Residents/\$29 Non-Residents





Body Sculpting

Use bands and weights to tone all areas of your body. Improve your mind, as well as your self-image. Bring your own weights and toning band. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 1RAE3505
(Section codes listed below)

Beulah Brinton BN01

Sat, Jun 17-Aug 12, 9:15AM-10:15AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02

Tue, Jun 20-Aug 8, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN03

Thu, Jun 22-Aug 10, 6:00PM- 7:00PM
\$28 Residents/\$42 Non-Residents

Cardio Combo

Jumpstart your weekend activities with this invigorating workout. This class combines boxing aerobics, step aerobics and low-impact aerobics. Wear comfortable clothing and tennis shoes. Class taught by Angie Wothe.

Activity Code: 1RAE3509
(Section codes listed below)

Beulah Brinton BN01

Sat, Jun 17-Aug 12, 8:00AM- 9:00AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02

Thu, Jun 22-Aug 10, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Cardio-Kickboxing

Get ready for a very popular workout. This musically-engaging activity will provide the opportunity to lose weight, tone your body, and have fun while incorporating components of self-defense. Do it for your health or just do it for 'kicks'. Wear comfortable clothing and tennis shoes. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 1RAE3511
(Section codes listed below)

Beulah Brinton BN02

Wed, Jun 21-Aug 9, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN01

Mon, Jun 26-Aug 21, 7:15PM- 8:15PM
\$28 Residents/\$42 Non-Residents

Gospel Aerobics

Gospel Aerobics is a fun & energetic class for all fitness levels with easy to learn hip-hop dance moves paired with faith-based music. Participants will experience a full body workout that focuses on cardio & toning. Come join the groovevment & shape what the Father gave ya!

Activity Code: 1RAE3516
(Section codes listed below)

Craig Montessori MR01

Thu, Jun 22-Jul 27, 7:00PM- 7:45PM
\$19 Residents/\$29 Non-Residents

Running Speedwork

If you have been running for at least some time, and have seen your improvement slow down, this is the class for you! You will learn all the basics of incorporating intervals, fartlek training, plyometrics, and other techniques to help you run faster at any race distance. Please bring a water bottle and exercise mat. This six-week class is taught by Marty Malin, a Certified Running Coach. Youth and Adult classes combined.

Activity Code: 1RAE3517
(Section codes listed below)

Hamilton HA02

Wed, Jun 21-Jul 26, 5:30PM- 6:15PM
\$17 Residents/\$26 Non-Residents

MacDowell JU03

Mon, Jun 26-Jul 31, 5:30PM- 6:15PM
\$17 Residents/\$26 Non-Residents

Riverside RS03

Thu, Jun 22-Jul 27, 5:30PM- 6:15PM
\$17 Residents/\$26 Non-Residents

Hoop Dance Workout

Hooping is not just for kids! Today hula hooping has evolved into an exciting dance form called 'hoopdance', which has amazing benefits for the body and mind. Plus, it's fun! Hooping is for EVERY BODY. Hoops will be available to borrow or for purchase at sites. Cost range is \$20-\$35 per hoop.

Activity Code: 1RAE3518
(Section codes listed below)

Riverside RS01

(Beg.)
Sat, Jun 10-Jul 29, 11:45PM-12:45PM
\$28 Residents/\$42 Non-Residents

A note regarding...

EVERYONE PLAYS!

Scholarship applications for *Everyone Plays!* are closed for the summer season. Scholarship applications will be accepted again during fall registration. Questions? Please call 414.475.8180. Visit mkerec.net/scholarship to learn more about this program. Thank you!

Pilates

A non-impact class where you will improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Wear comfortable clothing. Individuals with medical conditions should be cleared by their physician prior to participation.

Activity Code: 1RAE3521
(Section codes listed below)

Beulah Brinton BN01

Wed, Jun 21-Aug 9, 7:35PM- 8:35PM
\$28 Residents/\$42 Non-Residents

Hamilton HA01

Thu, Jun 22-Aug 3, 6:00PM- 7:00PM
\$19 Residents/\$29 Non-Residents

Step Aerobics & Sculpt

Step aerobics offers the cardiovascular benefits of aerobic dance in combination with toning for thighs, abdominals, buttocks, arms and legs. Step on it.

Activity Code: 1RAE3524
(Section codes listed below)

Beulah Brinton BN01

Mon, Jun 26-Aug 21, 5:15PM- 6:15PM
\$28 Residents/\$42 Non-Residents

Women & Weights

Women & Weights is for all the ladies out there looking to get lean, toned and fit - quick! In this class, you will use light to moderate weights with lots of repetition in order to give you a total body workout. You will leave class feeling challenged, but ready to come back for more! Bring your own exercise mat or purchase at site for \$10.

Activity Code: 1RAE3535
(Section codes listed below)

Craig Montessori MR01

Thu, Jun 22-Jul 27, 6:00PM- 6:45PM
\$19 Residents/\$29 Non-Residents

Couch Potato to 5k

Have you ever wanted to run a 5K? Don't know where to start? Do you need a little push and positive motivation? Then this is the class for you! Bring your running shoes, towel, water bottle and an exercise mat. Adult and Youth classes are combined.

Activity Code: 1RAE3569
(Section codes listed below)

Hamilton HA01

Wed, Jun 21-Jul 26, 6:15PM- 7:15PM
\$22 Residents/\$33 Non-Residents

MacDowell JU02

Mon, Jun 26-Jul 31, 6:15PM- 7:15PM
\$22 Residents/\$66 Non-Residents

Riverside RS02

Thu, Jun 22-Jul 27, 6:15PM- 7:15PM
\$22 Residents/\$66 Non-Residents



**Interested in receiving SMS
Text updates from Milwaukee
Recreation? See page 69!**



**WE'RE NOT THE ONLY TEAM
OUR PLAYERS PLAY FOR.**

Each year, the Brewers' players, coaches and entire organization contribute millions of dollars to hundreds of Wisconsin nonprofits – improving the health, education, recreational opportunities and overall well-being of children and families in our communities. Please join us in going to bat for these worthwhile causes. Because creating a happier, healthier environment for all is definitely a team effort.

**BREWERS
COMMUNITY
FOUNDATION**

HEALTH RECREATION EDUCATION BASIC NEEDS

brewers.com/bcf

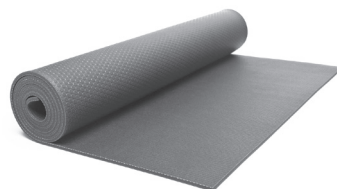
Yoga

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation.

Activity Code: 1RAE3605
(Section codes listed below)

Beulah Brinton	BN01
Sat, Jun 17-Aug 12, 7:45AM- 8:45AM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN06
Tue, Jun 20-Aug 8, 9:15AM-10:15AM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN07
Tue, Jun 20-Aug 8, 10:45AM-11:45AM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN08
Tue, Jun 20-Aug 8, 6:30PM- 7:30PM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN09
Wed, Jun 21-Aug 9, 6:30AM- 7:45AM	
\$35 Residents/\$53 Non-Residents	
Beulah Brinton	BN11
Wed, Jun 21-Aug 9, 6:30PM- 7:30PM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN13
Thu, Jun 22-Aug 10, 9:15AM-10:15AM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN14
Thu, Jun 22-Aug 10, 5:45PM- 6:45PM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN03
Mon, Jun 26-Aug 21, 8:00AM- 9:00AM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN04
Mon, Jun 26-Aug 21, 9:15AM-10:15AM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN05
Mon, Jun 26-Aug 21, 6:00PM- 7:00PM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN19
Mon, Jun 26-Aug 21, 8:00PM- 9:00PM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN15
Tue, Aug 15-Sep 5, 6:30PM- 7:30PM	
\$16 Residents/\$24 Non-Residents	
Beulah Brinton	BN18
Thu, Aug 17-Sep 7, 5:45PM- 6:45PM	
\$16 Residents/\$24 Non-Residents	

Beulah Brinton	BN21
Thu, Aug 24, 9:15AM-10:15AM	
\$6 Residents/\$9 Non-Residents	
Beulah Brinton	BN17
Sat, Aug 26, 8:15AM- 9:15AM	
\$6 Residents/\$9 Non-Residents	
Beulah Brinton	BN25
Mon, Aug 28, 9:15AM-10:15AM	
\$6 Residents/\$9 Non-Residents	
Beulah Brinton	BN20
Tue, Aug 29, 9:15AM-10:15AM	
\$6 Residents/\$9 Non-Residents	
Beulah Brinton	BN10
Mon, Sep 11, 9:15AM-10:15AM	
\$6 Residents/\$9 Non-Residents	
Beulah Brinton	BN23
Tue, Sep 12, 9:15AM-10:15AM	
\$6 Residents/\$9 Non-Residents	
Beulah Brinton	BN22
Thu, Sep 14, 9:15AM-10:15AM	
\$6 Residents/\$9 Non-Residents	
Hamilton	HA01
Mon, Jun 26-Aug 7, 6:00PM- 7:00PM	
\$19 Residents/\$29 Non-Residents	
MacDowell	JU02
Sat, Jun 17-Jul 29, 10:15AM-11:15AM	
\$19 Residents/\$29 Non-Residents	
MacDowell	JU03
Tue, Jun 20-Jul 25, 6:00PM- 7:00PM	
\$16 Residents/\$24 Non-Residents	
MacDowell	JU04
Wed, Jun 21-Jul 26, 7:15PM- 8:15PM	
\$28 Residents/\$42 Non-Residents	
Riverside	RS04
Sat, Jun 10-Jul 29, 9:00AM- 9:50AM	
\$28 Residents/\$42 Non-Residents	
Riverside	RS10
Mon, Jun 12-Jul 31, 7:15PM- 8:15PM	
\$28 Residents/\$42 Non-Residents	
Riverside	RS03
Tue, Jun 13-Aug 1, 7:15PM- 8:15PM	
\$22 Residents/\$33 Non-Residents	
Riverside	RS01
Wed, Jun 14-Aug 2, 6:00PM- 7:00PM	
\$22 Residents/\$33 Non-Residents	
Riverside	RS02
Thu, Jun 15-Aug 3, 7:00PM- 8:00PM	
\$22 Residents/\$33 Non-Residents	



Yoga - Gentle

Gentle Yoga is accessible to all levels and body types, and is especially suited for beginners. Basic stretches, postures and breath work help to develop strength, flexibility, balance, and body awareness. Bring your exercise mat or purchase at site for \$10.

Activity Code: 1RAE3606
(Section codes listed below)

Beulah Brinton	BN01
Sat, Jun 17-Aug 12, 10:00AM-11:00AM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN02
Sun, Jun 18-Aug 13, 12:00PM- 1:00PM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN05
Wed, Jun 21-Aug 9, 12:00PM- 1:00PM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN06
Thu, Jun 22-Aug 10, 1:30PM- 2:30PM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN07
Thu, Jun 22-Aug 10, 7:00PM- 8:00PM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN08
Fri, Jun 23-Aug 11, 8:00AM- 9:00AM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN03
Mon, Jun 26-Aug 21, 12:00PM- 1:00PM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN04
Mon, Jun 26-Aug 21, 1:10PM- 2:10PM	
\$28 Residents/\$42 Non-Residents	
Beulah Brinton	BN10
Thu, Aug 17-Sep 7, 7:00PM- 8:00PM	
\$16 Residents/\$24 Non-Residents	
MacDowell	JU01
Sat, Jun 17-Jul 29, 9:00AM-10:00AM	
\$25 Residents/\$38 Non-Residents	
MacDowell	JU02
Tue, Jun 20-Jul 25, 7:10PM- 8:10PM	
\$16 Residents/\$24 Non-Residents	
MacDowell	JU03
Wed, Jun 21-Jul 26, 6:00PM- 7:00PM	
\$22 Residents/\$33 Non-Residents	
Riverside	RS02
Wed, Jun 14-Aug 2, 7:00PM- 8:00PM	
\$24 Residents/\$36 Non-Residents	
Riverside	RS01
Thu, Jun 15-Aug 3, 6:00PM- 6:55PM	
\$22 Residents/\$33 Non-Residents	



Yoga - Power

East meets West in this vigorous, fitness-based yoga class with a focus on flow, breath, strength, balance, and flexibility. Prior yoga experience is recommended. Bring your own exercise mat or purchase at site for \$10.

Activity Code: 1RAE3607
(Section codes listed below)

Beulah Brinton BN01

Wed, Jun 21-Aug 9, 4:30PM- 5:30PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02

Thu, Jun 22-Aug 10, 4:45PM- 5:45PM
\$28 Residents/\$42 Non-Residents

Riverside RS02

Sat, Jun 10-Jul 29, 10:00AM-11:00AM
\$24 Residents/\$36 Non-Residents

Riverside RS03

Mon, Jun 12-Jul 31, 6:00PM- 7:00PM
\$22 Residents/\$33 Non-Residents

Riverside RS01

Tue, Jun 13-Aug 1, 6:00PM- 7:00PM
\$22 Residents/\$33 Non-Residents

Yoga - Yin

In this class we will slow down, holding poses from 2 - 7 minutes. This will allow our bodies to get a deeper stretch into the fascia or connective tissue. This may help the practitioner to alleviate pain and tension, reduce stress and anxiety, and improve overall well-being. Come prepared with a blanket or bath towel(s), or a pillow. Blocks and straps will be available.

Activity Code: 1RAE3610
(Section codes listed below)

Beulah Brinton BN01

Sat, Jun 17 - Aug 12, 8:55AM- 9:55AM
\$28 Residents/\$42 Non-Residents

Vinyasa Flow Yoga

This Vinyasa class links breath and movement to flow through postures, flowing from pose-to-pose. The flowing postures bring heat and aids in the lengthening of muscles and the reduction of muscular tension. Perfect for students of all levels, including beginners, as options or modifications are given for poses. Bring your own exercise mat or purchase at site for \$10.00.

Activity Code: 1RAE3614
(Section codes listed below)

Beulah Brinton BN01

(Slow Flow)
Tue, Jun 20-Aug 8, 2:30PM- 3:30PM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02

(Slow Flow)
Wed, Jun 21-Aug 9, 9:15AM-10:15AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN03

(Slow Flow)
Fri, Jun 23-Aug 11, 9:15AM-10:15AM
\$28 Residents/\$42 Non-Residents

Yoga for Women's Health

This is a beginner level class that will focus on strengthening work specific to the female body. Class taught by certified yoga instructor, Annie Wegner LeFort.

Activity Code: 1RAE3618
(Section codes listed below)

Beulah Brinton BN01

Tue, Jun 20-Aug 8, 3:45PM- 4:45PM
\$28 Residents/\$42 Non-Residents

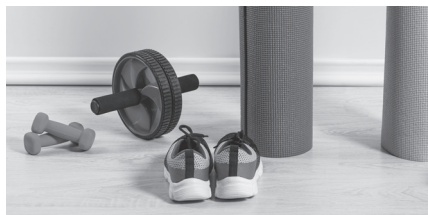
Yoga for Runners

This class is not strictly for runners. Course will offer threefold focus: 1) stretching the muscles we use most in running 2) encourage participants to explore different planes of the body to diversify their movements 3) build and strengthen the core muscles that runners need to maintain a strong, healthy form. Taught by Annie Wegner LeFort.

Activity Code: 1RAE3619
(Section codes listed below)

Beulah Brinton BN01

Thu, Jun 22-Aug 10, 4:00PM- 5:00PM
\$28 Residents/\$42 Non-Residents



Nordic Walking

Improve your overall level of conditioning by learning various exercises to improve your overall strength, flexibility, and core using walking poles. Learn the proper technique while walking with poles to work almost every muscle in your body. Led by Marty Malin, a Certified Nordic Walking Instructor.

Activity Code: 1RAE3623
(Section codes listed below)

Hamilton HA01

Wed, Jul 5-Jul 26, 7:15PM- 8:00PM
\$12 Residents/\$18 Non-Residents

MacDowell JU02

Mon, Jul 10-Jul 31, 7:15PM- 8:00PM
\$12 Residents/\$18 Non-Residents

Riverside RS02

Thu, Jul 6-Jul 27, 7:15PM- 8:00PM
\$12 Residents/\$18 Non-Residents

Yoga - Chair

This chair yoga class is for people of all ages. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance, and breathing.

Activity Code: 1RAE3628
(Section codes listed below)

Beulah Brinton BN01

Thu, Jun 22-Aug 10, 10:30AM-11:30AM
\$28 Residents/\$42 Non-Residents

Beulah Brinton BN02

Thu, Aug 24, 10:30AM-11:30AM
\$6 Residents/\$9 Non-Residents

Beulah Brinton BN03

Thu, Sep 14, 10:30AM-11:30AM
\$6 Residents/\$9 Non-Residents

HEALTH AND WELLNESS

Let's Talk Brain Health!

This presentation provides information on dementia with a focus on brain health. We will discuss information on dementia, risk factors for developing memory loss, normal vs. not normal aging, warning signs of Alzheimer's and ways to reduce your risk of developing memory issues. The presentation is virtual via the Microsoft Teams platform and a link to the presentation will be emailed prior to the start date. This class is free but you must pre-register.

50+ Activity Code: 1R550110
(Section codes listed below)

OASIS 5501
Tue, Jun 6, 10:00AM-11:00AM
FREE

What's Your Color?

It has been said that we should eat all the colors (of food) to maintain a healthy diet. What about the colors we wear? What color identifies your personality? Let us assist you in finding out more about yourself by discovering how color affects you and how your body's chakras (energy centers) 'tune in' to color. Class fee is non-refundable.

Activity Code: 1RAE4105
(Section codes listed below)

Hamilton HA01
Tue, Jul 25, 7:15PM- 8:15PM
\$6 Residents/\$9 Non-Residents

Minute Meditation and Reiki

Learn some simple techniques that will teach you to lower your heart rate in minutes and deal with everyday stress. In addition, you will be introduced to Reiki, the ancient 'healing art' that is based on the belief that spiritual energy emits out of the practitioner's hands to curve various physical and emotional ailments. Learn how to make these energy techniques work for you!

Activity Code: 1RAE4107
(Section codes listed below)

Hamilton HA01
Tue, Jul 18-Aug 1, 6:00PM- 7:00PM
\$11 Residents/\$17 Non-Residents

Monday, Monday

Ah Monday, the start of the work week for many of us. We end our weekends dreading this day. Learn and practice mindful relaxation techniques to get ready for the week ahead. Each week you will learn a new meditation technique along with class sharing. Get refreshed, rejuvenated and reset. You might even learn to look forward to Mondays.

Activity Code: 1RAE4108
(Section codes listed below)

Hamilton HA01
Mon, Jun 26-Jul 31, 7:15PM- 8:15PM
\$19 Residents/\$29 Non-Residents

Garden Sanctuary

Make room in your garden to enhance nature's bounty with decorative and practical additions. Get ideas on how you can turn your garden into a sanctuary that reflects fun, beauty and personality. Learn Feng Shui tips using garden art, medicine/solar wheels, vegetable tripods, painted rocks, etc. Indoor or outdoor, make your home happier with creative ideas and plants that represent you.

Activity Code: 1RAE4109
(Section codes listed below)

Hamilton HA01
Thu, Jun 22-Jun 29, 7:15PM- 8:15PM
\$8 Residents/\$12 Non-Residents

Sun Tea, Moon Tea

The hot summer days will mean you will need to stay hydrated by drinking more water however water alone can be boring. Infuse your water with herbs and flowers you've grown yourself. Get ideas on how to grow your own herbs and recipes to enhance your H2O intake.

Activity Code: 1RAE4110
(Section codes listed below)

Hamilton HA01
Thu, Jul 6, 7:15PM- 8:15PM
\$6 Residents/\$9 Non-Residents

Meditation

You will practice guided and mantra meditation, pranayama (mindful breathing exercises), and improving posture. Please bring a yoga mat and a cushion or small pillow.

Activity Code: 1RAE4113
(Section codes listed below)

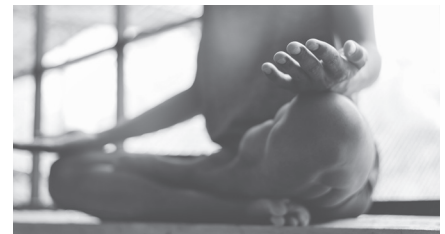
Beulah Brinton BN01
Tue, Jun 20-Aug 8, 5:00PM- 5:30PM
\$13 Residents/\$20 Non-Residents

Meditation and Gratitude Journaling

Meditation and daily gratitude practices can help us feel more present, mindful, positive, and connected. Join us for a guided meditation followed by gratitude journaling w/ Annie Wegner LeFort. Please bring a yoga mat or meditation cushion, small notebook or journal, and a writing implement.

Activity Code: 1RAE4115
(Section codes listed below)

Beulah Brinton BN01
Thu, Jun 22-Aug 10, 5:05PM- 5:35PM
\$13 Residents/\$20 Non-Residents



Chakra Energy and Balance

Join us for Chakra Healing - an ancient philosophy and now a hot trend! This class will help you balance your body and mind using this ancient Eastern wellness belief based on seven energy centers that govern your organs and work together as one system yet independently. Take time to improve your well-being. Class fee is non-refundable.

Activity Code: 1RAE4117
(Section codes listed below)

Hamilton HA01
Thu, Jul 20-Jul 27, 7:15PM- 8:15PM
\$22 Residents/\$33 Non-Residents

Parsley, Sage, Rosemary & Thyme

Well, we're not exactly Scarborough Fair, but come take a little thyme out to join us for some sage advice on growing your own herb garden. Whether planted in the ground or in pots, herbs are little treasures we can open up again and again. Get tips on the top herbs to grow, which go well together, and what to do with all that basil. Learn about medicinal and healing properties as well as a little good 'ol folklore. Class fee is non-refundable.

Activity Code: 1RAE4120
(Section codes listed below)

Hamilton HA01
Tue, Jun 20, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

LANGUAGE SKILLS

Spanish

Learn appropriate Spanish words for: greetings, health, household, daily activities, weather, and much more. The textbook used for the class is 'Spanish made Simple' and can be purchased for \$14 on the first day of the class.

50+

Activity Code: 1R554401
(Section codes listed below)

OASIS 5501
(Beginner)
Fri, Jun 16-Aug 18, 11:30AM-12:30PM
\$23 Residents/\$35 Non-Residents

OASIS 5502
(Advanced)
Fri, Jun 16-Aug 18, 12:30PM- 1:30PM
\$23 Residents/\$35 Non-Residents

Inglès como segunda lengua

NEW

Este curso de inglés como segunda lengua (ESL) es para mejorar el escuchar, hablar, leer y escribir de la lengua. Las actividades se enfocarán en el desarrollo de vocabulario, pronunciación y gramática encontrados en las interacciones diarias. Se usará el español para clarificar diferencias entre la gramática y la pronunciación de los idiomas. In this beginning ESL (English as a Second Language) course, students will improve their English listening, speaking, reading, and writing skills. Activities will focus on developing the vocabulary, pronunciation and grammar needed in everyday interactions. Spanish will be used for the clarification of grammar and pronunciation differences.

Activity Code: 1R554402
(Section codes listed below)

OASIS (Ages 18 - 99) 5501
Wed, Jun 7-Jun 28, 12:00PM-3:00PM
\$27 Residents/\$41 Non-Residents

OASIS (Ages 18 - 99) 5502
Tue/Thu, Jun 6-Jun 29, 1:00PM- 3:00PM
\$35 Residents/\$53 Non-Residents

OASIS (Ages 18 - 99) 5503
Wed, Jul 12-Aug 2, 12:00PM-3:00PM
\$27 Residents/\$41 Non-Residents

OASIS (Ages 18 - 99) 5504
Tue/Thu, Jul 11-Aug 3, 1:00PM- 3:00PM
\$35 Residents/\$53 Non-Residents

Spanish Conversation

The ability to communicate in Spanish is necessary for many professions and is key to a greater enjoyment of travel south of the border. Receive instruction on pronunciation and essential grammar, through reading, writing and conversational practice. You can purchase the textbook for \$14 (cash or check only) on the first day of the class. Level 2 and 3 Spanish conversation requires working knowledge of general Spanish phrases and vocabulary.

Activity Code: 1RAE4801
(Section codes listed below)

MacDowell JU01
(Level 1 (Beginner))
Wed, Jun 21-Jul 26, 6:00PM- 7:30PM
\$27 Residents/\$41 Non-Residents

MacDowell JU02
(Level 2 (Advanced))
Wed, Jun 21-Jul 26, 7:45PM- 9:15PM
\$30 Residents/\$45 Non-Residents

Riverside RS01
(Level 1)
Mon, Jun 12-Jul 31, 6:00PM- 7:30PM
\$27 Residents/\$41 Non-Residents

Riverside RS02
(Level 2)
Mon, Jun 12-Jul 31, 7:30PM- 9:00PM
\$27 Residents/\$41 Non-Residents

Riverside RS03
(Level 3)
Tue, Jun 13-Aug 1, 6:00PM- 7:30PM
\$27 Residents/\$41 Non-Residents

MARTIAL ARTS

Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. A useful way for you to learn the art of self-discipline, mental preparation, concentration and self-control. Various kicking and punching techniques, correct body positioning and self-defense will be covered. A great opportunity to increase your flexibility, general conditioning and self-defense techniques.

Activity Code: 1RAE4503
(Section codes listed below)

Craig Montessori MR01
(Beg. - White, Orange & Yellow Belts)
Mon/Wed, Jun 21-Jul 31, 6:00PM- 7:00PM
\$32 Residents/\$48 Non-Residents

Hamilton (Ages 15 & up) HA04
Mon/Wed, Jun 21-Aug 7, 6:00PM- 7:00PM
\$35 Residents/\$53 Non-Residents

Riverside (Ages 15 & up) RS03
(All Ranks, white-black)
Sat, Jun 10-Jul 29, 11:45AM-12:30PM
\$19 Residents/\$29 Non-Residents

Riverside (Ages 15 & up) RS07
(Beg. white belts, combined with youth class)
Mon/Wed, Jun 12-Jul 31, 6:00PM- 6:45PM
\$16 Residents/\$24 Non-Residents

Riverside (Ages 15 & up) RS05
(Int./Adv., Camo-Purple Belts)
Mon/Wed, Jun 12-Jul 31, 6:45PM- 7:30PM
\$16 Residents/\$24 Non-Residents

Riverside (Ages 15 & up) RS09
(Int./Adv., Blue-Black)
Mon/Wed, Jun 12-Jul 31, 7:30PM- 8:15PM
\$16 Residents/\$24 Non-Residents

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MUSIC

Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Class is combined with youth class. Class is taught by Mr. D.

Activity Code: 1RAE4602
(Section codes listed below)

Beulah Brinton BN01

Fri, Jun 23-Aug 11, 7:15PM- 8:15PM
\$24 Residents/\$36 Non-Residents

Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with youth class.

Activity Code: 1RAE4603
(Section codes listed below)

Beulah Brinton BN01

Fri, Jun 23-Aug 11, 6:00PM- 7:00PM
\$24 Residents/\$36 Non-Residents

Guitar

This class focuses on basic chords, note reading, different strumming techniques, and guitar maintenance. Please see website for differences between beginner and advanced classes. All classes are taught by Mr. D. Youth and adult courses are combined.

Activity Code: 1RAE4604
(Section codes listed below)

Beulah Brinton BN01

Sat, Jun 17-Aug 12, 2:00PM- 3:30PM
\$34 Residents/\$51 Non-Residents

Hamilton HA01

Thu, Jun 22-Aug 3, 6:00PM- 7:30PM
\$24 Residents/\$36 Non-Residents

Riverside RS01

(Beg. - Semi-Private)
Mon, Jun 12-Jul 31, 6:30PM- 8:00PM
\$62 Residents/\$93 Non-Residents

Riverside RS02

(Adv. - Semi-Private)
Mon, Jun 12-Jul 31, 8:15PM- 9:15PM
\$44 Residents/\$66 Non-Residents

Piano

Beg. level courses will give beginning piano enthusiasts an introduction to the keyboard, including note reading, rhythm, two handed playing, and techniques. Int. level courses will help take you to the next level. Keys, scales, chords, and melodies, learning with Mr. D makes theory fun. Course for those with previous keyboard and note-reading experience. There is no need to bring your keyboard from home. Classes are taught by Mr. D. and all youth and adult courses are combined.

Activity Code: 1RAE4607
(Section codes listed below)

Beulah Brinton BN01

(Beg.)
Sat, Jun 17-Aug 12, 10:30AM-12:00PM
\$34 Residents/\$51 Non-Residents

Beulah Brinton BN02

(Int.)
Sat, Jun 17-Aug 12, 12:15PM- 1:45PM
\$34 Residents/\$51 Non-Residents

Hamilton HA01

Wed, Jun 21-Aug 2, 6:00PM- 7:30PM
\$24 Residents/\$36 Non-Residents

Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Class is combined with youth class.

Activity Code: 1RAE4608
(Section codes listed below)

Beulah Brinton BN01

Sat, Jun 17-Aug 12, 4:00PM- 6:00PM
\$44 Residents/\$66 Non-Residents

Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Class is combined with youth class.

Activity Code: 1RAE4609
(Section codes listed below)

Hamilton HA01

Thu, Jun 22-Aug 3, 7:45PM- 8:45PM
\$22 Residents/\$33 Non-Residents

Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Class is combined with youth class.

Activity Code: 1RAE4611
(Section codes listed below)

Hamilton HA01

Tue, Jun 20-Aug 1, 6:00PM- 7:00PM
\$16 Residents/\$24 Non-Residents

Ukulele For You

This class is for anyone interested in learning to play the ukulele along with those who want to expand their ukulele repertoire. Our "music master" Mr. D., will teach you basic chords and strums and comfortably guide you into select musical genres. Grab a uke or dust off the one in your closet and join us!

Activity Code: 1RAE4620
(Section codes listed below)

Hamilton HA01

(Class is combined with youth class)
Wed, Jun 21-Aug 2, 7:45PM- 8:45PM
\$22 Residents/\$33 Non-Residents



ORGANIZATION

Declutter/Organize Your Home

The first step getting organized is to declutter. In this class, we will discuss different ways to declutter your home that work best for you. After you have decluttered, it's time to get organized. Various organizational styles will be discussed. Class taught by Tamara Starr, Sweet Simplicity Organizing.

Activity Code: 1RAE2607
(Section codes listed below)

Hamilton HA01

Wed, Jul 12, 6:00PM- 8:00PM
\$12 Residents/\$18 Non-Residents



OUTDOOR EDUCATION

Urban Gardening

Gardens can provide healthy food, exercise and a sanctuary for people and our urban wildlife. Join us as we plant vegetables and flowers in the courtyard of the OASIS. Class fee is non-refundable and not eligible for reduced fees. This class is free to OASIS Members (annual membership fee is \$15/Res and \$25/Non-Res). Membership is valid for one year from purchase date.

50+

Activity Code: 1R555013
(Section codes listed below)

OASIS (Ages 50 & up) 5501

Wed, Jun 7-Jul 26, 10:30AM-12:30PM

\$10 Residents/\$15 Non-Residents



Roll Out the Rain Barrel

In this rain barrel workshop, participants learn about water conservation and the many benefits of using rain barrels. Rain barrels capture rainwater from your roof that you can use later when it is dry outside and have thirsty gardens. They also help prevent rain from becoming polluted storm water runoff, the biggest remaining threat to clean rivers and our Great Lakes. Finally, participants will learn proper rain barrel installation and maintenance techniques. One certificate for a FREE rain barrel per owner-occupied household will be given upon completion of the program. Must live within Milwaukee County to receive a rain barrel certificate.

Activity Code: 1R555016
(Section codes listed below)

OASIS 5501

Thu, Jun 15, 1:00PM-2:30PM

FREE

Walk the Hank - In the Footsteps of a Civil War Soldier

Take a beautiful guided tour of the Hank Aaron State Trail and Milwaukee Soldiers Home Grounds with Melissa Cook, Trail Manager (retired). We will use the Trail to walk to and through the nationally recognized Historic Soldier's Home Campus, established at the end of the Civil War as a place of healing and respite for soldiers. You won't want to miss this up close look at the great gothic tower now on the Historic Registry! Location: Meet in the 700 block of S 56th St (north of National Avenue) Questions? Please contact Jill at fohast@gmail.com.

Activity Code: 1RAE5010
(Section codes listed below)

**Trailhead at 700 block of S 56th St
(Ages 5 & up)..... RS01**

Sat, Jul 22, 9:00AM-10:30AM

\$2 Residents/\$2 Non-Residents

Walk the Hank - Along Harley and the Loop

The Harley-Davidson Museum® is located in one of Milwaukee's most interesting locations, jutting out between the Menomonee River and Menomonee Canal. Beautifully landscaped, this segment loops around the Museum, connecting to the Sixth Street Bridge, and to Reed Street Yards, an area with innovative stormwater management techniques that keep pollutants out of our waterways. Robert Peschel, Friends of Hank Aaron State Trail (FOHAST) Board Member and retired environmental engineer will guide the walk along the waterway highlighting the innovative stormwater manager bioswales, the creative features of Freshwater Way, Reed Street Yards, and more. Event will take place rain or shine. Location: Meet at the water feature on the corner of Freshwater Way and S 3rd Street across from the Global Water Center (247 W Freshwater Way.) There is street parking on Freshwater Way, S 2nd Street, and S 3rd Street. Questions? Please contact Jill at fohast@gmail.com.

Activity Code: 1RAE5014
(Section codes listed below)

**Harley Davidson Museum - West
Parking Lot (Ages 5 & up) RS01**

Thu, Jun 22, 5:30PM-7:00PM

\$2 Residents/\$2 Non-Residents

Walk the Hank - Through the Central Valley

You've probably passed this area dozens of times, but didn't realize what is not seen and certainly didn't realize what was here before. Let's use the trail to take a closer look at the ponds, their function, and their artistic embellishments. We'll also talk about the history of the Milwaukee Road, one of the largest rail yards of its time, its thousands of dedicated workers, and the project to honor them. We'll view and learn more about the completed People of the Road sculptures and the spectacular Tilted Channel art installations. We'll end by enjoying the walking paths, riverside trails, and abundance of native plants on this section of the trail. The walk will be guided by Michelle Kramer of Menomonee Valley Partners and FOHAST Board Member. Location: 212 S 36th Street, Milwaukee, WI 53215. Questions? Please contact Michelle at michelle@thevalleymke.org.

Activity Code: 1RAE5020
(Section codes listed below)

Charter Wire (Ages 5 & up) RS01

Mon, Aug 7, 5:30PM-7:00PM

\$2 Residents/\$2 Non-Residents

PERSONAL SKILLS

Herbs, Crystals, and Stones

Humans have used plants for thousands of years in many different ways. Learn about the top 10 herbs and their benefits to your daily life. Find out what rocks are associated with love, success, happiness, and health. This workshop will help you explore ancient folklore and show you how to put these practices to work for you. A \$5 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.

Activity Code: 1RAE5405
(Section codes listed below)

Hamilton HA01

Thu, Jul 13, 7:15PM-8:15PM

\$13 Residents/\$20 Non-Residents



Being Mindful of Your Emotions: Emotional Intelligence Workshop

Who is in control you or your emotions? Emotions are powerful. In order to be mindful, it helps to know what we are feeling when we are feeling it. In this two-hour workshop, you will be guided through a four step process: Self Awareness, Self-Management, Social Awareness and Relationship Management that will put you on the path of responding instead of reacting to the world around you. Class fee is non-refundable.

Activity Code: 1RAE5432
(Section codes listed below)

Hamilton HA02
Tue, Jun 20, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

Vital Communications

Everything starts with a conversation. When conflict arises, do you go into fight, flight or freeze mode? We avoid important conversations for a variety of reasons. Develop the courage to have these tough conversations. Join us for a two-hour workshop on improving your critical conversational skills. Class fee is non-refundable.

Activity Code: 1RAE5440
(Section codes listed below)

Hamilton HA02
Tue, Jun 27, 6:00PM- 8:00PM
\$8 Residents/\$12 Non-Residents

Foster Care in our Community

The foster care crisis in our community is growing. This free virtual course is being offered so that participants can walk away understanding more about the foster care system, ways that they can consider helping, and the role of trauma in children in families' lives. Results from the Adverse Childhood Experiences (ACEs) study will be discussed. Participants will be sent a link in advance of the class. Course is taught by Teresa Cocker, Chief Program Officer at Norris. Norris is a nonprofit social service agency in southeastern Wisconsin.

Activity Code: 1RAE5441
(Section codes listed below)

Online VR01
Tue, Jun 13, 6:00PM- 7:00PM
FREE

Online VR02
Wed, Jul 12, 6:00PM- 7:00PM
FREE

Online VR03
Tue, Aug 15, 6:00PM- 7:00PM
FREE

SPORTS AND RECREATION

Pickleball

Pickleball is the fastest-growing sport in America - join us to find out why. Played with a short paddle and a wiffle ball, pickleball is similar to a cross between tennis and ping pong. The game is easy to learn and offers a fast-paced workout for more experienced pickleballers. Our friendly group welcomes players of all levels for open play, and basic instruction is provided if needed. Bring your own paddle or borrow one of ours. No drop-in play is available.

Activity Code: 1R550101
(Section codes listed below)

Juneau Playfield (Ages 18 - 99) JU01
Sat, Jun 3-Aug 12, 9:00AM-12:00PM
\$18 Residents/\$27 Non-Residents

Juneau Playfield (Ages 18 - 99) JU02
Wed, Jun 7-Aug 9, 9:00AM-12:00PM
\$18 Residents/\$27 Non-Residents

Juneau Playfield (Ages 18 - 99) JU03
Thu, Jun 8-Aug 10, 6:00PM- 8:30PM
\$18 Residents/\$27 Non-Residents

30+ Basketball

Enjoy a good workout and great competition in this open basketball play for people 30 years and over. Teams will be formed each night. Do not bring children under 12 years old; supervision will not be provided. Fee is based on 1.5 hours of play per night.

Activity Code: 1RAE6201
(Section codes listed below)

Beulah Brinton (Ages 30 & up) BN01
Mon, Jun 26-Aug 28, 6:00PM- 9:00PM
\$37 Residents/\$56 Non-Residents

Adult Golf Lessons

These lessons will teach you the following golf techniques: proper grip, stance, swing, and putting position. Golf course etiquette and rules will also be covered. Clubs will not be provided - bring your own 5, 7 or 9 iron & putter. In the case of inclement weather, call the Weather Hotline at 414.475.8192 after 4:00pm for notification of cancellations.

Activity Code: 1RAS3801
(Section codes listed below)

Hansen Golf Course (Ages 18 -99).....HN01
Mon, Jun 5-Jul 24, 6:30PM- 7:30PM
\$21 Residents/\$32 Non-Residents

Hansen Golf Course (Ages 18 -99).....HN01
Tue, Jun 6-Jul 18, 6:30PM- 7:30PM
\$21 Residents/\$32 Non-Residents

TENNIS

Adult Tennis Lessons

Milwaukee Recreation and Milwaukee Tennis & Education Foundation (MTEF) have teamed up to offer adult tennis lessons. These lessons are designed for Beginner Level through Advanced Intermediate Level individuals who want to pick up the game of tennis or further their tennis skills. The 2 instructors will be certified MTEF professionals. Each participant should bring a tennis racquet. In the case of inclement weather call the Weather Hotline after 4pm 414.475.8192 for notification of cancellations.

Activity Code: 1RAS6501
(Section codes listed below)

Enderis Playfield (Ages 18 - 99).... M101
Mon, Jun 5-Jul 24, 6:00PM-7:30PM
\$35 Residents/\$50 Non-Residents

Enderis Playfield (Ages 18 - 99)..... BE03
Thu, Jun 8-Jul 13, 6:00PM-7:30PM
\$35 Residents/\$50 Non-Residents

Enderis Playfield (Ages 18 - 99).... W204
Sat, Jun 10-Jul 22, 9:00AM-10:30AM
\$35 Residents/\$50 Non-Residents

Tennis Lessons

Prepare for the next match. Lessons will teach you the proper forehand, backhand, ground strokes and serving technique. Wear sports clothing.

Activity Code: 1RAE6204
(Section codes listed below)

Vincent MR01
Sat, Jun 17-Jul 29, 9:00AM-10:00AM
\$19 Residents/\$29 Non-Residents

Vincent MR02
Sat, Jun 17-Jul 29, 10:05AM-11:05AM
\$19 Residents/\$29 Non-Residents



THERAPEUTIC RECREATION

Splash, Splash, Swim

The wave of the future begins with specialized swim instruction for individuals with disabilities. We provide 1 instructor per 4 students. Swimmers must be at least 3 years old. Due to physical distancing, assistance from a household member (age 16 or older) will be required in the water if the participant is not totally independent in water. Physical distancing from non-household members will take place in the pool. Fee for participant only. Swimmers must be at least 4 feet tall to go in the pool without a parent/adult. Family members and non-disabled participants are not eligible for lessons. Swimmers who need assistance in the locker room must provide their own attendant. Children ages 6 and above must use the appropriate male/female locker room. It is recommended to arrive to the class in swim gear. Participants must provide their own towel, suit, and swim cap (caps available for \$2). This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 1RTR0501
(Section codes listed below)

Hamilton (Ages 3 & up) HA01

(Assistance from a household member (age 16 or older) will be required in the water if the individual is not totally independent in water.)
Tue, Jun 20-Aug 8, 6:30PM- 7:30PM
\$32 Residents/\$48 Non-Residents

North Division (Ages 3 & up).....ND01

(Assistance from a household member (age 16 or older) will be required in the water if the individual is not totally independent in water.)
Thu, Jun 22-Aug 10, 6:10PM- 7:10PM
\$32 Residents/\$48 Non-Residents



Culture Cafe

Culture Cafe has been a long time favorite cooking class and one you don't want to miss! Join us as we cook and enjoy delicious dishes from all over the world in addition to learning fun facts about the countries they originate from. An \$8 (cash only) supply fee is due at the first class. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 1RTR6605
(Section codes listed below)

Hamilton (Ages 10 & up) HA01

Thu, Jun 22-Aug 3, 7:00PM- 8:30PM
\$24 Residents/\$36 Non-Residents



Diner's Club

Good friends and great food is what you'll find on Friday nights. We'll create a delicious dinner each Friday evening. Feel free to bring a favorite recipe to share and your appetite. An \$8 (cash only) supply fee is due at the first gathering. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 1RTR6606
(Section codes listed below)

OASIS (Ages 13 & up) 5501

(No Program Friday, July 30, 2023)
Fri, Jun 16-Aug 4, 5:00PM- 7:00PM
\$31 Residents/\$47 Non-Residents

Let's Get Moving

Like the title says "Let's Get Moving"! Each week we will be active and get some exercise while having fun! Wear comfortable clothing and shoes. No experience necessary. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 1RTR6611
(Section codes listed below)

Hamilton (Ages 10 & up) HA01

Thu, Jun 22-Aug 3, 6:00PM- 7:00PM
\$16 Residents/\$24 Non-Residents

Moviers and Shakers

If you enjoy movies, music and friends, then join us. This program alternates between a large screen movie and a hip-hoppin' dance party. A \$2 (cash only) fee is due each week upon entry. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RTR6612
(Section codes listed below)

OASIS (Ages 13 & up) 5501

(No program July 30, 2023.)
Fri, Jun 16-Aug 4, 7:00PM- 9:00PM
\$8 Residents/\$12 Non-Residents

Sunday Movie Madness

Love movies? So do we, so let's enjoy them together! On various Sundays, we will enjoy an afternoon matinee at South Shore Cinema, 7261 S.13th St., Oak Creek. You will be notified by mail of specific movies and times after registration. The one-time \$8 registration fee does not include the cost of the movie. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 1RTR6615
(Section codes listed below)

South Shore Cinema (Ages 13 & up) ...VL01

(Movie dates: June 25, July 16, August 6. Participants will be required to wear masks only if the theater requires it.)
Sun, Jun 25-Aug 6, VARIES
\$8 Residents/\$12 Non-Residents



Thursday Night Combo at Hamilton

Our Thursday Night Combo at Hamilton includes Let's Get Moving and Culture Cafe. An \$8 (cash only) supply fee is due to the instructor at the first class. This is a Therapeutic Recreation program for individuals with disabilities.

Activity Code: 1RTR6618
(Section codes listed below)

Hamilton (Ages 10 & up) HA01

(Let's Get Moving & Culture Cafe.)
Thu, Jun 22-Aug 3, 6:00PM- 8:30PM
\$35 Residents/\$55 Non-Residents



Game Night - SWITCHed Up!

Join us for Tuesday nights full of gaming fun! We will have Nintendo Switch available with favorite games like Mario Kart, Mario Party, and Nintendo Switch Sports Resort. There will still be Wii's available for those that love the classics like bowling. And we will have a karaoke option as well for those that may be more of a singer than a gamer. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 1RTR6621
(Section codes listed below)

OASIS (Ages 8 & up) 5501

Tue, Jun 20-Aug 1, 6:00PM- 8:00PM
\$27 Residents/\$41 Non-Residents

Friday Night Combo

Our Friday Night Combo includes Diner's Club and Movers & Shakers. (\$8 cash fee due at first meeting for additional Diner's Club supplies and a cash fee of \$2 per week upon entry to Movers & Shakers.) This is a Therapeutic Recreation Program for Individuals with Disabilities.

Activity Code: 1RTR6623
(Section codes listed below)

OASIS (Ages 13 & up) 5501

(No Program Friday, July 30, 2023.)
Fri, Jun 16-Aug 4, 5:00PM- 9:00PM
\$34 Residents/\$54 Non-Residents

Scrap and Snack

Do you have photos at home waiting to be assembled in an album? We will show examples and help you create an artistic memory album. Supplies are included. Bring your favorite photos. This is a Therapeutic Recreation Program for Individuals with disabilities.

Activity Code: 1RTR6624
(Section codes listed below)

Hamilton (Ages 10 & up) HA01

(Plus \$2 cash per week for additional supplies & snacks.)
Wed, Jun 21-Aug 2, 6:00PM- 8:00PM
\$31 Residents/\$47 Non-Residents

Club Rec

Join Club Rec for a fun filled summer of exciting activities that include art, special events, physical education, games, and cooking. Free lunch is provided. The program is available to all students with disabilities and their siblings. Half-day Program, Monday - Friday, for Extended School Year (ESY) Students. ESY Students will attend the afternoon recreation program Monday through Friday following their morning (ESY) classes and transportation is provided for students to return home if they are enrolled in and bussed to ESY in the morning. Children must meet certain criteria to participate in ESY. ESY requires a separate registration form. See your classroom teacher for more information. Full-day program, Monday - Friday, for Non-ESY students. The morning will be geared toward education and community skills, while the afternoon is filled with recreation activities. Non-ESY students must provide their own transportation. Eligible for Early Bird Discount if sign up before May 16th at 12:00pm!! Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. ONLINE REGISTRATION IS NOT AVAILABLE. YOU MUST REGISTER IN PERSON AT THE OASIS COMMUNITY CENTER - 2414 W. MITCHELL ST.

Activity Code: 1RTR6625
(Section codes listed below)

Bethune (Ages 3-12) CO01

(Fee listed is per week)
Mon-Fri, Jun 26-Aug 4, 8:30AM- 4:00PM
\$100 Residents/\$150 Non-Residents

I.D.E.A.L (Ages 3-12) CM01

(Fee listed is per week)
Mon-Fri, Jun 26-Aug 4, 8:30AM- 4:00PM
\$100 Residents/\$190 Non-Residents

Elm (Ages 3-12) GS01

(Fee listed is per week)
Mon-Fri, Jun 26-Aug 4, 8:30AM- 4:00PM
\$100 Residents/\$190 Non-Residents

Hamilton (Ages 12-21) HA01

(Fee listed is per week)
Mon-Fri, Jun 12-Jul 28, 8:30AM- 4:00PM
\$100 Residents/\$190 Non-Residents



SUMMER 2023 ADULT TEAM SPORTS

TEAM REGISTRATION NOW OPEN! Visit mkerec.net/adultsports or contact the Adult Sports office at 414.647.6046 or adultsports@mkerec.net for more information and to register your team. League schedules, scores, and standings are available on teamsideline.com/sites/MilwaukeeRecreation.

SUMMER COED KICKBALL LEAGUES

Play 1 night/week in our coed kickball leagues. Thursdays @ Wick. Summer league registration closes June 12. Summer league play starts on July 6 and runs for 8 weeks. Team registration only. Team registration fee is \$307 (resident) and \$357 (non-resident).

SUMMER MEN'S AND COED 11 V. 11 SOCCER LEAGUES

Play 1 night/week in our men's (Mondays @ MPS South Stadium) or coed (Tuesdays or Wednesdays @ MPS South Stadium) soccer leagues. League registration closes May 15. League play starts the week of June 6 and runs for 6-8 weeks. Team registration only. Team registration fee is \$330 (resident) and \$380 (non-resident). Free Agents should contact Brandon Sweet @ brandon@mkerec.net.

SUMMER MEN'S BASKETBALL LEAGUES

Play 1 night/week in our men's (Tuesdays or Thursdays @ Hamilton HS) basketball leagues. League registration closes May 16. Individual player stats such as points will be kept. League play starts the week of June 5 and runs for 7-weeks. Team registration only. Team registration fee is \$360 (resident) and \$410 (non-resident).

SUMMER COED GOLF LEAGUES

Play 1 night/week in our coed golf leagues. Summer leagues are Mondays, Tuesdays, Wednesdays, or Thursdays at various Milwaukee County Parks golf courses. Summer league registration opens May 11. Summer league play starts the week of June 6 and runs for 8 weeks. Team and individual registration available. Spring registration fee is \$90. Summer registration fee is \$80 or \$115 depending on the league.

SUMMER TENNIS LESSONS WITH MTEF

Lessons are 1 day/week. Mondays @ Merrill, Thursdays @ Wedgewood Park School, or Saturday mornings @ Wick. Registration opens May 11. Lessons start the week of June 5 and run for 6 weeks. Registration fee is \$35 (resident) and \$50 (non-resident).

SUMMER ABOVE PAR GOLF INSTRUCTION

Lessons are 1 night/week (Mondays or Tuesdays) at Hansen Golf Course. Registration opens May 11. Lessons start the week of June 5 and run for 6 weeks. Registration fee is \$21 (resident) and \$32 (non-resident).

INDIVIDUAL PLAYERS/FREE AGENTS

Looking to join a team? You can register as a free agent with Milwaukee Recreation. If enough free agents register for a sport, Milwaukee Recreation will create a new team in a league for that sport. There is no cost to sign up as a free agent; you will only be charged once your spot on a team is confirmed. Each sport has a new Free Agent sign-up process for each season. Visit mkerec.net/adultsports for your desired sport to submit your name today.

FALL LEAGUE REGISTRATION UPDATE!

Fall league registrations will be available in the next edition of the recreation guide. Leagues that include Coed & Men's Softball, Coed & Women's Volleyball, Coed Kickball, Coed Futsal, Men's & Women's Basketball, and Men's & Coed Flag Football.

WANTED: OFFICIALS FOR ADULT LEAGUES

If you have experience officiating adult basketball, flag football, kickball, soccer, softball, or volleyball we need you! Do you want to officiate but don't have much experience or would like a refresher? We offer crash course trainings for many of our sports! If you are interested, please contact the Adult Sports Office at 414.647.6046 or adultsports@mkerec.net.

ACTIVE OLDER ADULTS - 50+ SPORTS

Our Active Older Adults program promotes health and vitality for adults age 50+. No matter your age, staying active and involved in the community is crucial to your physical, mental, social, and emotional well-being! Our program provides information and opportunities in sports leagues, health, and wellness throughout the city of Milwaukee. For registration information, please contact Brandon Sweet in the Adult Sports/50+ Sports office at 414.647.6070 or email: Brandon@mkerec.net.

SPORTS FOR LIFE! 50+ SPORTS

Meet new friends, join recreational activities, learn a new game, brush up on your skills and socialize. Our organized sports leagues, open play (non-league), and drop-in sporting activities aim to provide Milwaukee and beyond athletes, age 50 and above, with an opportunity to continue pursuing the sport they love year-round. **Volleyball * Softball * Pickleball * Cornhole**

50+ Volleyball Leagues

These morning senior leagues play two times each week (Tuesday & Thursday) for 14-weeks. The start date for our fall league is Tuesday, September 19, 2023. Players of all skill levels are encouraged to join as we offer both a competitive league and a social league. All games are played at Beulah Brinton Community Center (2555 S. Bay St.) which is located in the southeast corner of Milwaukee in the Bay View neighborhood. Please contact Brandon Sweet at 414.647.6070 for a registration form!

- Tue/Thur, Sept. 19 – Dec 14, 2023 from 9:15am – 12:15pm
- Fee: \$15 Resident / \$30 Non-Resident. Activity Code: 2R556801, Section: BN01 (Competitive) & BN02 (Social)

50+ Fall Softball League

Register now for our 50+ Fall Softball League! This Wednesday morning softball league will begin play on September 6, 2023 and continue over a 5-week regular season, followed by a single elimination playoff and consolation game. All games will be played at Burnham/Rogers Playfield (1755 S. 32nd St.). Please contact Brandon Sweet at 414.647.6070 for a registration form!

- Wed, Sept. 6 – Oct. 11, 2023. Game Times: 9:30am & 10:40am.
- Fee: \$15 Resident / \$30 Non-Resident. Activity Code: 2R558101, Section: B404

PARTICIPATION COST:

- League Play Fee: \$15 resident / \$30 non-resident
- Open Play (non-league) Fee: \$18 resident / \$23 non-resident
- Drop-In Play Fee: \$2 resident / \$4 non-resident

Pickleball Open Play (ages 18+)

Pickleball is the fastest-growing sport in America - join us to find out why. Played with a short paddle and a wiffle ball, pickleball is similar to a cross between tennis and ping pong. The game is easy to learn and offers a fast-paced workout for more experienced pickleballers. Our group welcomes players of all levels for open play, and basic instruction is provided if needed. Bring your own paddle or borrow one of ours. No drop-in play is available. Join us for these pickleball offerings at Juneau Playfield pickleball courts (6500 W. Mt. Vernon Ave.). Contact Megan Frey at 414.647.6057 with any questions.

- Sat, Jun 3 – Aug 12, 2023 from 9:00am – 12:00pm.
Fee: \$18 Residents / \$27 Non-Residents. Activity Code: 1R550101, Section JU01
- Wed, Jun 7 – Aug 9, 2023 from 9:00am – 12:00pm.
Fee: \$18 Residents / \$27 Non-Residents. Activity Code: 1R550101, Section JU02
- Thu, Jun 8 – Aug 10, 2023 6:00pm – 8:30pm.
Fee: \$18 Residents / \$27 Non-Residents. Activity Code: 1R550101, Section JU03

YEARLY SPORTS SCHEDULE:

- **Fall Season (Sept-Dec):** Softball league, volleyball leagues, drop-in volleyball, pickleball open.
- **Winter Season (Jan-Mar):** Cornhole league, volleyball leagues, drop-in volleyball, pickleball open.
- **Spring/Summer Season (Apr-Aug):** Softball leagues, drop-in volleyball, pickleball open.

Registration begins on May 11 • Please note, some class sizes will be limited. • mkerec.net





OASIS

COMMUNITY CENTER

2414 W. Mitchell Street, Milwaukee, WI 53204

ACTIVE OLDER ADULTS PROGRAM

Make your life more fulfilling by joining the Active Older Adults Program! The program provides active fitness, educational and recreational offerings for adults, fifty years and older. In addition to travel, classes, clubs and leagues, various services and volunteer opportunities are available. Activities are held indoors and outdoors, daytime, and some weekends.

INCLUDED WITH OASIS MEMBERSHIP

Membership cards are available at the OASIS Community Center for \$15 for city of Milwaukee residents and \$25 for non-residents. Membership fee is good for one year from purchase date.

CHAIR YOGA	<ul style="list-style-type: none"> • Offered Monday, Wednesday, and Friday • Class Hours: 9:00am –10:00am
OUTDOOR EDUCATION CLASSES	<ul style="list-style-type: none"> • Offered on Thursdays - once a month • Class Hours: 12:15pm –1:45pm
COMPUTER LAB	<ul style="list-style-type: none"> • Offered Monday - Friday • Computer Lab Hours: 8:00am – 3:00pm
FITNESS CENTER	<ul style="list-style-type: none"> • Fitness Center equipment includes compressed air resistance machines, treadmills, ellipticals, exercise bikes, rowing machines, and free weights. • Fitness Center Hours: Monday - Friday, 8:00am – 3:00pm

TEAM MILWAUKEE SPECIAL OLYMPICS

Team Milwaukee is a registered agency with Special Olympics Wisconsin

This year-round sports program offers both adults and youth with intellectual disabilities the opportunity to learn and improve skills through training and competition in various sports. These programs will encourage participants to become more physically fit, socialize with others, and increase self-confidence. To participate in area/state Special Olympics competitions, individuals must be 8 years or older and have completed the required Special Olympics forms. Come join the fun!

Summer Season (June – September)

Softball
Tee Ball
Bocce Ball
Flag Football

Winter Season (December – April)

Basketball
Competitive Swimming

Fall Season (September – December)

Bowling
Volleyball
Strength Training

Spring Season (March – June)

Track & Field
Soccer
Cornhole
Strength Training

For additional information please contact Team Milwaukee Special Olympics at Specialolympics@mkerec.net or call 414.647.6041.



JOIN US FOR A COMMUNITY ICE CREAM SOCIAL!

Summer is on the way and what better way to welcome the new season than a community ice cream social featuring your neighborhood scoop shop, Purple Door Ice Cream. Share in a summer craft and other activities with your family and your community. The OASIS Community Center invites you to come and enjoy an afternoon with us getting to know what we do and how we can better serve our community through recreation programming. This event is **FREE** but preregistration is required.

Activity Code: 1R550118
Saturday, July 22 from
1:00PM - 3:00PM
OASIS Community Center
(2414 W. Mitchell St.)
Event is FREE!



Milwaukee Recreation is **NOW HIRING!**

Interested in joining Milwaukee Recreation? Apply for our part-time positions today! Milwaukee Recreation is now hiring for a variety of paid, part-time positions, **including with our Community Centers team.** Visit mkerec.net/jobopenings for more information or scan the QR code.





SCAN ME



Sign up to play adaptive sports! WASA provides adaptive sports & fitness opportunities for those with physical disabilities and/or visual impairments, ages 6 and up.

- Recreational or Competitive
- All ability levels welcome
- Adaptive equipment, including sports chairs provided
- Scan the QR code and select "register" or sign up online at: www.wasa.org



Questions: email info@wasa.org or call 414-310-7051.

WASA is a 501(c)3 tax exempt, non-profit organization.

¡Hay muchas maneras de registrarse para los programas de Milwaukee Recreation!

Las formas de registro incluyen:

- En línea a través de <https://milwaukeeerecreation.net/>
- Por teléfono llamando al 414.475.8180
- En persona 5225 W. Vilet St. Horarios: Lunes -Viernes 8:15am – 4:30pm
- Fax al 414-475-8183
- Por correo: Envíe la forma a Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181

Para obtener más información en español sobre la guía, los plazos de inscripción, la confirmación, los reembolsos, el seguro, las tarifas, los métodos de pago, la accesibilidad del programa, la ley de estadounidenses con discapacidades o las regulaciones de A.H.E.R.A, llame al 414.475.8180.



Summer Construction to Impact Milwaukee Recreation Locations

This summer, various MPS buildings will be under construction for facility improvements. Due to these upgrades, several traditional Milwaukee Recreation locations will be closed.

Milwaukee Recreation has identified alternate locations for the majority of its summer programs. Visit mkerec.net/construction to see a full list of open and closed facilities. We apologize for any inconvenience these temporary closures may cause.

 Stay up to date at mkerec.net/construction

MKE REC
A department of MPS

Milwaukee County Senior Dining Program

For more information on
grab and go locations,
please call 414.289.6995.

A promotional graphic for Overnight Summer Camp. On the left, a shield-shaped logo contains the text 'MPS PRESENTS: OVERNIGHT SUMMER CAMP' and an illustration of a mountain, trees, and a moon. To the right of the logo, the text 'MAKE THIS SUMMER MEMORABLE' is written in large, bold, sans-serif capital letters. Below this, a banner reads 'HAVE FUN | MAKE FRIENDS | ENJOY NATURE'. Further down, text states: 'MPS students currently enrolled in grades 4-8 as of the 2022-23 school year are eligible to attend FREE Overnight Camp this summer! Spaces are limited.' Below that, it says: 'Please visit mkerec.net/overnightcamp to learn more and complete our interest form!'. The bottom left corner features icons for a campfire, a backpack, and a tent. The bottom right corner features the 'MPS MILWAUKEE PUBLIC SCHOOLS' logo and icons for a flashlight and a tent. On the right side of the graphic is a black and white photograph of five diverse children (three girls and two boys) standing outdoors in a wooded area, smiling and posing together.

MPS PRESENTS:
OVERNIGHT SUMMER CAMP

MAKE THIS SUMMER MEMORABLE

HAVE FUN | MAKE FRIENDS | ENJOY NATURE

MPS students currently enrolled in **grades 4-8** as of the 2022-23 school year are eligible to attend **FREE Overnight Camp** this summer! Spaces are limited.

Please visit mkerec.net/overnightcamp to learn more and complete our interest form!

MPS MILWAUKEE PUBLIC SCHOOLS

Sign up to receive SMS texts from Milwaukee Recreation

In an effort to better serve you, Milwaukee Recreation is making it easier than ever to communicate important updates, activity cancellations, facility closings, and program changes!



As a patron of Milwaukee Recreation programs, you can now receive and reply to real-time text message notifications when these changes happen.

The opt-in process is simple! Just scan the QR code to login and choose your phone numbers. You will receive a confirmation message upon opting in.

You can opt-out at any time.

For more information, contact us at 414-475-8180.





NOW HIRING!

Child Care Camps: Instructors & Directors

- ☐ Do you enjoy and have experience working with children?
- ☐ Are you available to work before and/or after school at an MPS site?
- ☐ Are you creative and experienced in creating a positive environment for children?

If you answered "Yes" Milwaukee Recreation has an opportunity for you. Employees receive free uniforms, paid training, flexible schedules, and professional development.

APPLY TODAY!
mkerec.net

MKE REC
A department of MPS

Share Today. Shape Tomorrow.

Mentor a child. Share your wisdom. Make a difference.

As a volunteer, your experience, abilities and skills can positively shape the lives of children in our community. The Social Development Commission is looking for older adults (55+) to volunteer one-on-one with elementary school children in Milwaukee Public Schools.

Improve a child's life by:

- Tutoring in reading, math and other subjects
- Showing interest, encouragement and compassion
- Developing self-esteem

Volunteers receive:

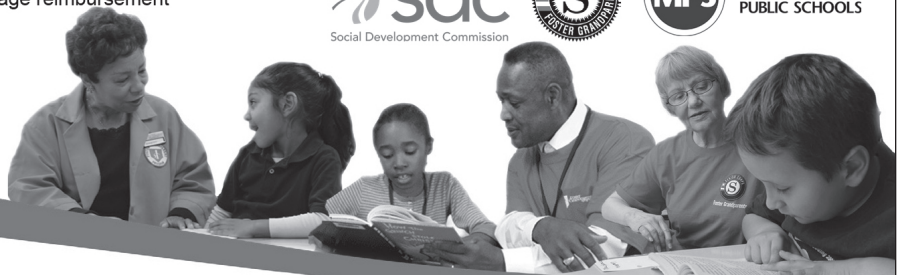
- Paid training
- Hourly stipend
- Mileage reimbursement

The Foster Grandparent Program serves Milwaukee Public Schools. When you volunteer, you leave a lasting legacy. Help a child create pathways to success.

For additional information about SDC's Foster Grandparent Program, please call **414.906.4608** or visit us at **cr-sdc.org**



**MILWAUKEE
PUBLIC SCHOOLS**



Social Development Commission • 1730 W. North Avenue • Milwaukee, WI 53205 • 414.906.2700 • cr-sdc.org

To sign up, see page 2 • Centers are closed June 19 and July 4.

Milwaukee Recreation sincerely thanks the sponsors of our 2023 Daddy Daughter Dance. We greatly appreciate your support!

Red Rose Sponsor



Pink Rose Sponsors



White Rose Sponsor



Carnation Sponsors



A note regarding...

EVERYONE PLAYS!

Scholarship applications for *Everyone Plays!* are closed for the summer season. Scholarship applications will be accepted again during fall registration. Questions? Please call 414.475.8180. Visit mkerec.net/scholarship to learn more about this program. Thank you!

OUR MISSION, VISION, AND VALUES

MISSION

To enrich and strengthen the community by promoting healthy lifestyles, personal development, and fun through memorable recreational and educational experiences for people of all ages and abilities.

VISION

To be the leading provider of quality and affordable recreation services in the Milwaukee.

VALUES

The following are the core values that drive the work and interactions with the team and customers:



Equity

Ensuring access to recreation services for all.



Accountability

Taking individual and collective responsibility.



Memorable Experiences

Creating special, distinctive recreation experiences.



Professional Staff

Employing staff who possesses the core competencies of the department.



Quality Service Delivery

Exceeding customer expectations through responsive and respectful service delivery.



Sense of Community

Providing services that encourage personal connections and relationships.



Collaborations/ Partnerships

Fostering and maintaining partnerships with individuals and organizations that benefit the community

SUMMER ACADEMY



MILWAUKEE
PUBLIC SCHOOLS

Early registration is now open.
Register today! For more information,
call (414) 475-8238 or visit
mpsmke.com/summeracademy.



JOIN US FOR THE 16th Annual **Run Back to School**

August 26th | Wick Playfield (4929 W Vliet Street)

One great event, multiple opportunities for family and school community team building! Participate in a **5k Fun Run** or a **1.5 Mile Walk**, followed by great activities.

All event proceeds support youth recreation programs.

IN PARTNERSHIP WITH



MILWAUKEE
PUBLIC SCHOOLS

MKERE
A department of MPS



REGISTER NOW

mkerec.net/rbts

Milwaukee Public Schools
Recreation Department
P.O. Box 2181
Milwaukee, WI 53201-2181

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Milwaukee, WI
Permit No. 3240

ECRWSS

RESIDENTIAL CUSTOMER



A department of MPS

SUMMER

Recreation Guide

2023

Register online at mkerec.net. Call 414.475.8180 with any questions.

If you live in the city of Milwaukee and this booklet was NOT delivered directly to your mailbox, please visit mkerec.net/mail to complete our two-question mailing survey.

Para obtener ayuda en español: (414) 475-8180

Rohingya zuban ot modot ollá: (414) 475-8182

မြန်မာအတွက် အကူအညီ: (414) 475-8182

லாதீமைலா கதீகீர்அர்- (414) 475-8182

للمساعدة باللغة العربية: (414) 8182-475

Wixii caawin Af- Somali ah: (414) 475-8182

Xav tau kev pab hais ua lus Hmoob hu: (414) 475-8182