

Registration begins **February 26, 2026** | Para ayuda en español: **414.475.8180**

SPRING

# Recreation Guide



Activities for the entire community  
**YOUTH | TEENS | ADULTS | SENIORS**

[mkerec.net](http://mkerec.net)



A department of **MPS**

# Join Milwaukee Recreation this spring!



Milwaukee Recreation programs can be a warm refuge during the cold of winter—and give us fun outdoor opportunities to look forward to as spring approaches! I encourage you to take the time to see everything that is available to support your learning and wellbeing in this catalog.

Milwaukee Recreation is a vital part of the Milwaukee Public Schools family with options for everyone throughout the community, whether they have children in school or not. Take a look at these great programs coming up this spring:



MILWAUKEE  
PUBLIC SCHOOLS

## **Earth Month Celebration at Hawthorn Glen**

Saturday, April 11 • Page 16

## **Women's Wellness Day at the OASIS**

Saturday, May 16 • Page 31

## **Family Day of Play at Wick Playfield**

Saturday, May 30 • Page 15

## **Community Walks & Bike Rides**

Pages 28-31

We continue to invest in Milwaukee Recreation offerings and look forward to more celebrations of renovated playfields in the coming months.

Brenda Cassellius, EdD  
Superintendent of Schools



**MILWAUKEE RECREATION'S NEW  
COMMUNITY CENTER  
IS UNDER CONSTRUCTION**

We are working hard to **BUILD** your **DREAM** community center! We are currently building the new Milwaukee Recreation Community Center (MRCC) at N. 76th St. & W. Silver Spring Dr. It's scheduled to open in 2027. We're constructing a vibrant space for learning, recreation, and connection.

Learn more and follow our progress at [mkerec.net/mrcc](http://mkerec.net/mrcc).

## **Annie M. Kubes named 12th Senior Director of Milwaukee Recreation**

In December, the Milwaukee Public Schools (MPS) Board of Directors approved Annie M. Kubes as Milwaukee Recreation's 12th Senior Director in the department's 115-year history.

Kubes brings a wealth of experience to the role, having worked continuously for the department in various part-time and full-time capacities since the age of 16. In addition, Kubes is an MPS alum who spent her childhood enjoying the full range of Milwaukee Recreation's year-round programming.

Kubes began her career as an MPS special education teacher before joining Milwaukee Recreation as the Adaptive Athletics Supervisor in 2005. In 2012, she was promoted to Citywide Coordinator, overseeing adaptive athletics, adult sports, aquatics, driver education, outdoor education, senior adult programs, Special Olympics, and therapeutic recreation for individuals with disabilities. In 2019, Kubes moved into a part-time role as Milwaukee Recreation's Special Projects Coordinator when she was named Executive Director of the

McGinnity Family Foundation.

"In Annie's previous role as Milwaukee Recreation's Citywide Coordinator, she demonstrated compassionate leadership and a clear sense of vision and purpose," said Brian D. Litzsey, MPS Chief Family, Community & Partnerships Officer. "She played a key role in establishing new and innovative programs, and in developing policies and procedures that supported effective daily operations. Annie will help lead Milwaukee Recreation to even greater success through strong staff and community engagement, efficient operations, and a customer-centered approach to service delivery."

Kubes holds a BS in Elementary Education from the University of Wisconsin-Milwaukee, Special Education Licensure from the Milwaukee Teacher Education Center (MTEC), and an MA in Urban Education from Marian University.



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MILWAUKEE  
PUBLIC SCHOOLS

This recreation guide is a quarterly publication of Milwaukee Recreation, a department of MPS.

Annie Kubes, Senior Director  
**Milwaukee Recreation**

## Milwaukee Board of School Directors

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2nd District

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3rd District

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4th District

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5th District

Mimi Reza  
6th District

Katherine Vannoy  
7th District

Megan O'Halloran  
8th District

Missy Zombor  
At Large

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Para ayuda en español: 475-8180

## Important Dates — See page 2 for details.

- Feb. 26** Priority registration for city of Milwaukee residents begins at 10AM  
**March 5** Non-city of Milwaukee residents' registration begins at 10AM

### A NOTE REGARDING SPRING 2026 REGISTRATION:

Registration will be available online and in-person for the spring 2026 season. See page 2 for more details.

### OUR MISSION:

To enrich and strengthen the community through memorable recreational and educational experiences for people of all ages and abilities.

### OUR VISION:

To be the leading provider of high quality and affordable recreation and community services in Milwaukee.

## WAYS TO REGISTER

- **Priority registration (city of Milwaukee residents) begins: Thursday, Feb. 26.**
- **Non-city of Milwaukee resident registration begins: Thursday, March 5.**
- **Registration opens at 10:00AM on February 26 and March 5.**

**Please Note: Milwaukee Recreation's administrative offices have moved. While we remain at the MPS Central Services building (5225 W. Vliet St.), you can now find us in room 1 & room 56 for class registration, paperwork, hiring needs, permitting, and more.**

### 1. ONLINE REGISTRATION

#### **DEADLINE: ONE WEEK BEFORE YOUR CLASS BEGINS.**

Visit [mkerec.net](http://mkerec.net) for the easiest way to sign up. If you're having trouble logging into your account, please do not create a new account. Instead, please call 414.475.8180 for assistance.

**Save your username and password here:**

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### 2. IN-PERSON REGISTRATION

#### **DEADLINE: ONE WEEK BEFORE YOUR CLASS BEGINS.**

You can now register in-person, as late as one week before your class begins. To guarantee a space, please register early. You may register in person at one of these offices:

1. Milwaukee Recreation Central Office: 5225 W Vliet St., Room 56  
Hours: Mon - Fri, 8:15AM - 4:30PM
2. Citywide Programs Office: 2414 W Mitchell St.  
Hours: Mon- Fri, 8:15AM - 4:30PM

### 3. MAIL-IN REGISTRATION

#### **REGISTRATION MUST BE RECEIVED BY MONDAY, APRIL 6, 2026.**

1. Checks and credit card information will be accepted.  
**NO CASH via mail-in registration.**
2. Make check payable to: Milwaukee Recreation. Please **DO NOT** send cash via mail. Mail to: Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181.
3. Active Older Adults: Mail to 2414 W. Mitchell St., 53204

**Nondiscrimination Notice:** It is the policy of the Milwaukee Public Schools, as required by section 118.13, Wisconsin Statutes, that no person will be denied admission to any public school or be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other program or activity because of the person's sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability. This policy also prohibits discrimination under related federal statutes, including Title VI of the Civil Rights Act of 1964 (race, color, and national origin), Title IX of the Education Amendments of 1972 (sex), and Section 504 of the Rehabilitation Act of 1973 (disability), and the Americans with Disabilities Act of 1990 (disability). The following individuals have been designated to handle inquiries regarding the non-discrimination policies: For section 118.13, Wisconsin Statutes, federal Title IX: Matthew Boswell, Director, Department of Student Services, Room 133, Milwaukee Public Schools, 5225 W. Vliet St., P.O. Box 2181, Milwaukee, Wisconsin, 53201-2181 (414) 475-8027. For section 504 of the Rehabilitation Act of 1973 (Section 504), federal Title II: J. Andy Woyte, Interim Section 504/ADA Coordinator, Department of Specialized Services, 6620 W. Capitol Dr., Milwaukee, WI, 53216, (414) 438-3677. ASL: (414) 438-3458

## Important Registration Information

**FOR YOUR SAFETY.** Milwaukee Recreation facilities may require individuals to be scanned upon entry. All bags, coats and personal items entering the facility are also subject to search.

**ENROLLMENT.** Registrations will be processed in the order in which they are received. Enrollment is not guaranteed. We reserve the right to cancel classes because of low enrollment after a class has started and to close further enrollment when a class is filled. All participants must register and pay for classes prior to attending the first session.

**DEADLINES.** Registrations must be received before registration deadlines. No exceptions. Milwaukee Recreation is not responsible for delayed mail delivery, or unreadable or improperly transmitted faxes. No telephone registrations accepted.

**CONFIRMATION.** Activity confirmations will be mailed to the address listed on the registration form. If you register online, your confirmation will not be mailed; instead, you will be able to print your confirmation immediately.

**REFUND POLICY.** Information regarding our refund policy can be found online at [www.mkerec.net/refund](http://www.mkerec.net/refund). Or, contact us at 414.475.8180 to receive a copy by mail.

**INSURANCE.** Milwaukee Recreation does not provide accident or hospital insurance for class participants. Participants should review their insurance policies for coverage.

**FEES.** Resident and non-resident fees are as listed under course offerings. Registration forms without the proper fee will be returned.

**REDUCED ACTIVITY FEE (17 YEARS & UNDER).** City of Milwaukee youth whose family is enrolled in FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and/or Foster Care may be eligible for reduced fees. Children's classes over \$10 are eligible for a \$5 discount. Children's classes \$30 and over are eligible for a \$10 discount. \*\*Classes, field trips, special events, and admission fees that are not eligible for reduced fees are noted in the class description. MPS Students: The MPS student database is used to verify eligibility. Registrant must provide documentation with registration if eligibility cannot be confirmed. Non-MPS Students: Must provide eligibility documentation with registration. Our full policy including acceptable documentation can be found online at [www.mkerec.net/reduced](http://www.mkerec.net/reduced).

**PAYMENT METHODS.** Includes check, money order, credit/debit card (VISA/ MasterCard only), and cash (in-person registration only). Denied Credit/Debit Cards: Individuals whose credit/debit card has been denied will not be registered until an alternate form of payment is received. Returned Checks: Individuals whose checks are returned will no longer be registered for that class. Individuals must register again by paying with cash or money order and will be included in the class if space is still available. A \$20 returned check charge will be added to your class fees. Out-of-state checks will not be accepted.

**PROGRAM ACCESSIBILITY:** Reasonable accommodations are made for individuals to participate in Milwaukee Recreation programs. For more information on requesting a reasonable accommodation, please visit the Inclusion Services Policy on page 4 or call 414-475-8182

**AMERICANS WITH DISABILITIES ACT:** Milwaukee Recreation is committed in both policy and practice to enforce and implement all required provisions of the Americans with Disabilities Act. If you or your child need a reasonable accommodation to participate in a recreation program, your request may be made to any Milwaukee Recreation staff person. Upon reasonable notice, efforts will be made to accommodate your request.

**A.H.E.R.A. REGULATION:** Official Notice to Inform All MPS Parents and Employees about Asbestos Containing Materials Inside School Buildings is Herby Given: According to the United States E.P.A., the A.H.E.R.A. Regulation requires annual notification to all employees and parents/guardians regarding asbestos containing materials inside school buildings. Management Plans specifying locations, condition, and past response actions of these materials are located in the respective engineer's office for each site and are available for review during normal school hours as required by A.H.E.R.A. In the ongoing program to safely maintain asbestos-containing materials, MPS conducts surveillances, and 3-year reinspections, and implements appropriate response actions. If interested parties have specific questions relating to the Milwaukee Public School District policy or the scheduling of asbestos related activities planned or in progress, please contact the MPS Environmental Services Department at 414.283.4626.

# MILWAUKEE RECREATION CLASS/ACTIVITY REGISTRATION FORM SPRING 2026

MAIN CONTACT	LAST NAME	FIRST NAME	MIDDLE INITIAL	DATE OF BIRTH Month/Day/Year
ADDRESS (NO PO BOX #s, PLEASE)	APT. #	CITY		
PHONE ( )	E-MAIL			<input type="checkbox"/> CHECK BOX IF ADDRESS IS NEW

<input type="checkbox"/> <b>CASH</b>	<input type="checkbox"/> <b>MONEY ORDER</b>	<input type="checkbox"/> <b>CREDIT CARD #</b> _____
<input type="checkbox"/> <b>CHECK (# _____)</b>	<b>CARDHOLDER NAME</b> _____	<b>PHONE NUMBER ( _____ )</b> _____
<b>CHECKS PAYABLE TO MILWAUKEE RECREATION</b>		

**PERMISSION:** I hereby grant permission for my child/myself to participate in the above-named Milwaukee Recreation event. In the event of any injury requiring medical attention, I hereby grant permission to the recreation staff (including volunteers) to attend to my son/daughter or myself seeking medical attention.

**WAIVER:** I/we recognize that unanticipated situations and problems can arise during recreation activities that are not reasonably within the control of the recreation staff (including volunteers). I/we therefore agree to release and hold harmless the Milwaukee Board of School Directors, its agents, officer, employees, and volunteers, from any and all liability, claims, suits, demands, judgments, costs, interest, and expense, (including attorney's fees and costs) arising from such activities, including any accident or injury to myself or my child and the costs of medical services.

**PHOTO PERMISSION/RELEASE:**

I understand that there are times when the local news media, national news media and/or nonprofit organizations partnering with Milwaukee Public Schools (MPS) request the opportunity to videotape, take photographs and/or interview participants within Milwaukee Recreation and MPS. By signing this, I understand that and give permission for MPS to allow this with respect to my child and/or myself. I also understand that by signing this release, I give permission to MPS to make or use pictures, slides, digital images, or other reproductions of me, my minor child or of materials owned by me or my child, and to put the finished pictures, slides, or images to use without compensation in broadcast productions, publications, on the Web, or other printed or electronic materials related to the role and function of the MPS. I understand that by signing this, I am, on behalf of myself and/or my child, releasing MPS and its directors, officers, employees and agents, from any future claims as well as from any liability arising from the use of any photograph or other images. This form shall be valid for the duration of the current Milwaukee Recreation program season.

I hereby certify that I have read and do understand the above information:

**X** signature required for all registrations

**NEW: DEMOGRAPHIC INFORMATION (MAIN CONTACT)**

**1. Which race or ethnicity best describes you?**

- Hispanic/Latino (1) \_\_\_\_\_ Native Hawaiian or other Pacific Islander (5) \_\_\_\_\_  
 American Indian or Alaska Native (2) \_\_\_\_\_ White (6) \_\_\_\_\_  
 Asian (3) \_\_\_\_\_ Two or more races (7) \_\_\_\_\_  
 Black or African American (4) \_\_\_\_\_ Prefer not to answer (8) \_\_\_\_\_

**2. Which of the following most accurately describes you?**

- Male (M) \_\_\_\_\_ Non-binary (N) \_\_\_\_\_  
 Female (F) \_\_\_\_\_ Prefer not to answer (P) \_\_\_\_\_  
 Transgender (T) \_\_\_\_\_

*For each participant please record the corresponding letter and number in the "Demographic Information" column in the table below.*

Activity Code	Section Code	Activity Name	Day	Time	Fee	First/Last Name	Demographic Information	DOB (Month/Day/Year)

<b>TOTAL FEES</b>	<b>\$</b> _____	
<b>REDUCED ACTIVITY FEE</b>	<b>– \$</b> _____	
<b>SCHOOL NAME:</b>	Please check this box if <input type="checkbox"/> you wish to donate \$1 to the Youth Program Fund.	

**X** signature required for all registrations

**CHECK THIS BOX IF YOU ARE REQUESTING THE REDUCED ACTIVITY FEE**

Families meeting financial guidelines may qualify for an activity discount. Children's classes over \$10 are eligible for a \$10 discount. Most field trips, special events, and admission fees are not eligible and are so noted in the class description. School-age youth whose family qualifies for one or more of the following program subsidies are eligible for the youth discount (where applicable): FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and Foster Care. The MPS student database will be used to verify participant eligibility. Non-MPS students must provide eligibility documentation with registration. Our full policy can be found online at [www.mkeec.net/reduced](http://www.mkeec.net/reduced).

# MILWAUKEE RECREATION INCLUSION SERVICES POLICY

Milwaukee Recreation is committed to creating and promoting inclusion within all facilities and programs. Through the Inclusion Services Policy and supporting practices, we aim to ensure that everyone has access to the benefits of quality parks and recreation.

Milwaukee Recreation defines inclusion as the process of including all persons, regardless of their socioeconomic level, abilities, language, ethnic origin, sexual orientation or gender identification.

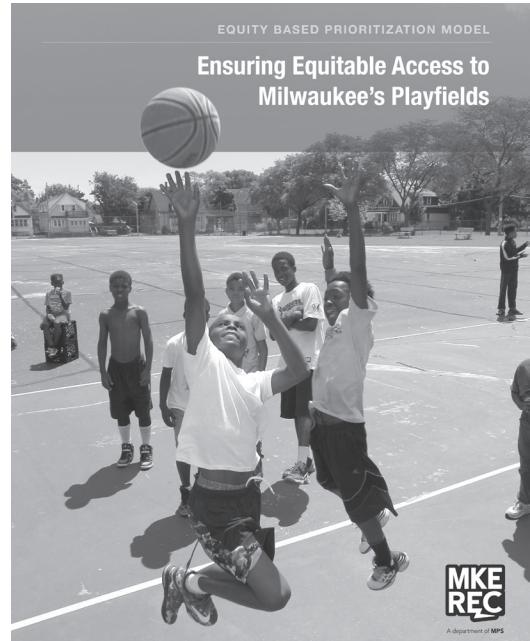
**POLICY GOALS:** The Inclusion Services Policy outlines Milwaukee Recreation's approach to ensuring inclusive environments and equitable opportunities for all community members in local parks and recreation.

## THIS POLICY ENSURES THAT:

- Community members utilizing our facilities, programs and services have equitable and ability-appropriate access to programs and services regardless of ability, race, age, language, religion, country of origin, sexual orientation, or gender identity.
- Site staff, community partners and stakeholders engage in the support of all community members and promote inclusive behaviors both in park and recreation facilities and throughout the community in public spaces.
- Milwaukee Recreation establishes and maintains an organizational infrastructure for the management of the policy and its established goals and objectives.
- Milwaukee Recreation will continuously measure and improve inclusive practices.

We invite you to visit [mkerec.net/inclusion](http://mkerec.net/inclusion) to learn more about Milwaukee Recreation's efforts to support inclusive practices across all program areas including the Equity Based Prioritization Model for playfield improvements, professional development opportunities for staff, Everyone Plays! Scholarship Program, and the new process for requesting accommodations for Recreation classes.

***Need accommodations? Submit an ADA Accommodation Request electronically by visiting [mkerec.net/inclusion](http://mkerec.net/inclusion) and a member of the recreation team will contact you for further details.***



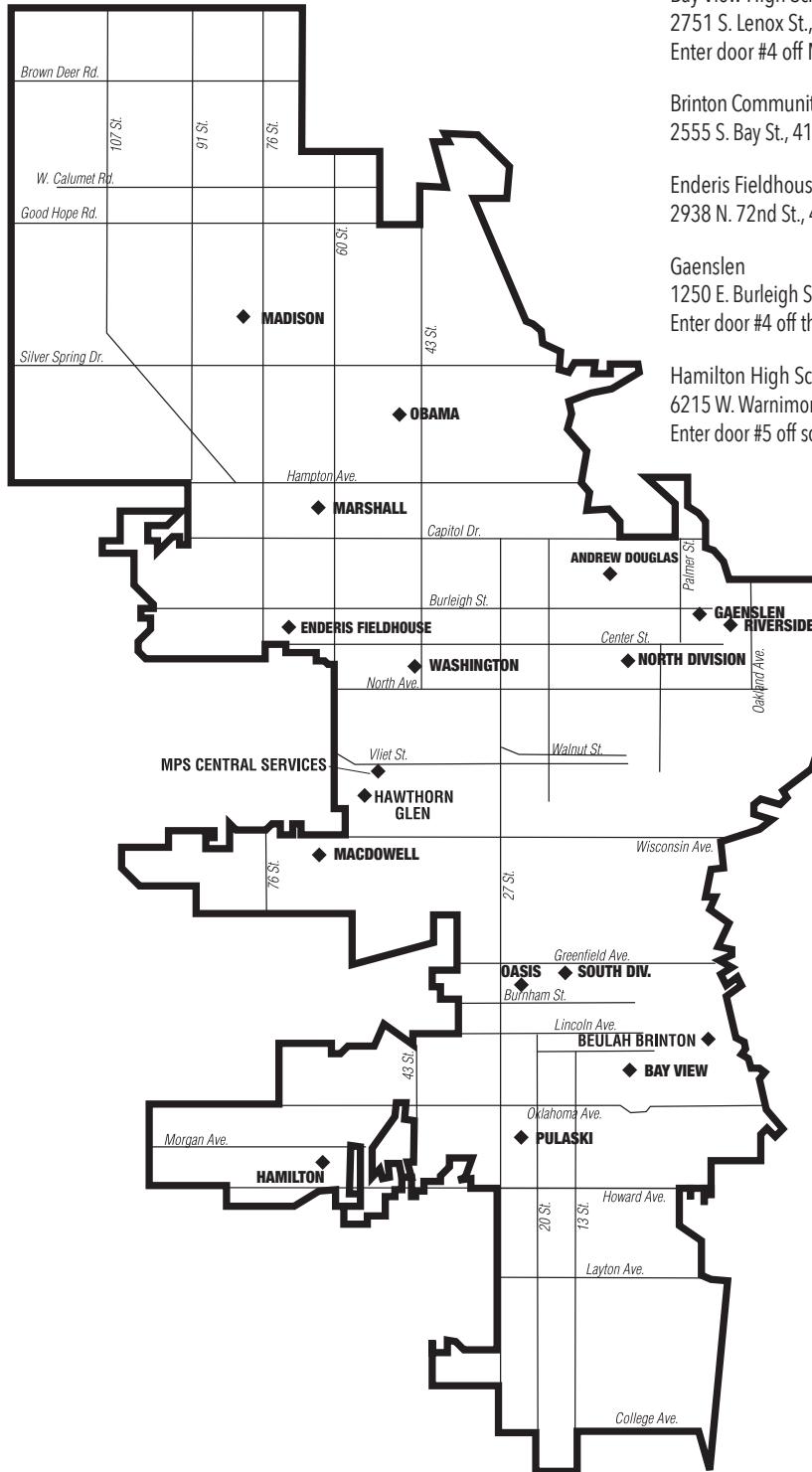
# EVERYONE PLAYS!



# Program Locations

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**Please use the phone numbers listed only during recreation program hours at that location.**



Andrew Douglas Middle School  
3620 N. 18th St., 414-256-8200

Hawthorn Glen  
1130 N. 60th St., 414-777-7888

Bay View High School  
2751 S. Lenox St., 414-294-2449  
Enter door #4 off Montana St.

MacDowell Montessori  
6415 W. Mt. Vernon Ave., 414-393-6100  
Enter door #7 - N. 65th St.

Brinton Community Center  
2555 S. Bay St., 414-481-2494

Madison High School  
8135 W. Florist Ave., 414-393-6154  
Enter door #7 off south parking lot

Enderis Fieldhouse  
2938 N. 72nd St., 414-453-6026

Milwaukee Marshall High School  
4141 N. 64th St., 414-393-2391  
Enter door #10 from rear parking lot

Gaenslen  
1250 E. Burleigh St., 414-267-5734  
Enter door #4 off the back parking lot

MPS Central Services  
5225 W. Vliet St., 414-475-8180  
Enter southwest door off rear parking lot

Hamilton High School  
6215 W. Warnimont Ave., 414-327-9402  
Enter door #5 off south parking lot

North Division High School  
1011 W. Center St., 414-267-5077  
Enter west side of the building

Andrew Douglas  
Center St.

OASIS  
2414 W. Mitchell St., 414-647-6041

Washington High School  
5075 N. Sherman Blvd., 414-647-6041

Obama High School  
5075 N. Sherman Blvd., 414-647-6041

Pulaski High School  
2500 W. Oklahoma Ave., 414-393-4900

Riverside University High School  
1615 E. Locust St., 414-906-4900

South Division High School  
1515 W. Lapham Blvd., 414-902-8300

Washington High School  
2525 N. Sherman Blvd., 414-875-6025  
Enter main gym door on Sherman Blvd.,  
on the south end of the school.



Start your professional journey at MPS in the 2025-26 school year!

#SucceedAtMPS

Scan to take  
an interest  
survey



[mpsmke.com/careers](http://mpsmke.com/careers)

Looking for a meaningful career? Attend our

# DISTRICTWIDE CAREER FAIR

WEDNESDAY, MARCH 5, 2026 • 5 – 7PM

Hosted by:



Please use street parking and enter Marshall High School's main entrance.

Apply and interview on site at **4141 N. 64th St., Milwaukee, WI 53216**.

We offer competitive pay, great benefits, and career advancement opportunities. Learn which roles will be offered at this career fair. For more information, email [mpscoordinators@milwaukee.k12.wi.us](mailto:mpscoordinators@milwaukee.k12.wi.us) or call (414) 475-8224.

# EVERYONE PLAYS!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Scholarship applications for *Everyone Plays!* open on **Monday, February 9**. Each eligible child can be awarded one scholarship per year. **A limited number of scholarships are available. Early applications are encouraged.**

Questions? Please call 414.475.8180 or visit [mkerec.net/scholarship](http://mkerec.net/scholarship) to learn more about this program.

## ARTS CRAFTS

### Candle Making

What is more soothing and relaxing than enjoying a candle that you created? In this workshop, you will select your own scent, design and create your very own soy-wax candle to take home! Students will receive an overview of the candle making process provided by an experienced chandler. Workshop provided by Blossom Candle Co. Class fee includes supply costs and is non-refundable.

**Activity Code: 4RCE0964**  
(Section codes listed below)

### Hamilton (Ages 7-15)..... HA01

(Not eligible for reduced fees)  
Sat, May 16, 10:00AM-11:30AM  
\$25 Residents/\$38 Non-Residents

### Riverside (Ages 7-15)..... RS01

(Not eligible for reduced fees)  
Sat, Apr 11, 10:00AM-11:30AM  
\$25 Residents/\$38 Non-Residents



## BAKING

### Signature Red Velvet Cookies

Your Little Bakers will have a blast as they prepare the BEST red velvet cookies ever. Our recipe produces a very soft and chewy cookie loaded with white chocolate chips! Students will be introduced to baking vocabulary, techniques, cooking tools, and kitchen safety. Class is taught by Geneva Byrd from Little Bakers Association. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

**Activity Code: 4RCE2507**  
(Section codes listed below)

### Hamilton (Ages 4-12)..... HA01

Sat, Apr 25, 1:00PM- 2:00PM  
\$24 Residents/\$20 Non-Residents

### Cake Pops

Let your Little Baker craft delightful cake pops! Discover the ease and deliciousness of creating these treats. Learn baking vocabulary, techniques, and kitchen safety with Geneva Byrd from Little Bakers Association. Class fee, covering food cost, is non-refundable and not eligible for reduced fees.

**Activity Code: 4RCE2512**  
(Section codes listed below)

### Hamilton (Ages 4-12)..... HA01

Sat, May 16, 1:00PM- 2:00PM  
\$24 Residents/\$36 Non-Residents

### Milwaukee Marshall (Ages 4-12).... MR01

Sat, Apr 11, 1:00PM- 2:00PM  
\$24 Residents/\$36 Non-Residents

## BATON

### Baton

Twirl your way to fun! Learn basic baton skills, figure 8s, spins, pinwheels, tosses, and coordinate twirling with marching, jumps, leaps, and dance steps. Get ready to perform. Purchase a required baton from the instructor. Class taught by Marcy Blaufuss!

**Activity Code: 4RCE7901**  
(Section codes listed below)

### Beulah Brinton (Ages 5-17)..... BN01

Sat, Apr 11-May 16, 10:30AM-11:30AM  
\$15 Residents/\$23 Non-Residents

## DANCE

### African Dance

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome.

**Activity Code: 4RCE2901**  
(Section codes listed below)

### Riverside (Ages 6-17)..... RS01

Sat, Mar 21-May 9, 11:00AM-12:00PM  
\$19 Residents/\$29 Non-Residents



### Hip Hop

Break out of the boring routine and into freestyle dance! Learn hip hop grooves you've always wanted to, but never thought you could.

**Activity Code: 4RCE2908**  
(Section codes listed below)

### MacDowell (Ages 6-9)..... JU01

Tue, Mar 24-May 19, 6:00PM- 7:00PM  
\$19 Residents/\$29 Non-Residents

## FAMILY CLASSES

### Everyday Improv 2.0

More Improv class to give you the skills to Improv your way through life. Have a hard time answering questions? Having trouble being put on the spot? Everyday Improv will give you the skills through fun Improv games to help you get through life in a more positive and "Yes And" way! Open to all ages.

**Activity Code: 4RCE3234**  
(Section codes listed below)

### Hamilton (Ages 7-99)..... HA02

Tue, May 5-May 19, 6:00PM- 7:30PM  
\$12 Residents/\$18 Non-Residents

### Celebrate Spring Desserts!

Kids can learn how to make a variety of desserts, and other spring treats. Fee is per person. Fee includes food cost, is non-refundable, and not eligible for reduced fees.

**Activity Code: 4RCE3312**  
(Section codes listed below)

### Riverside (Ages 4 & up)..... RS01

(Parent/guardian must register & attend with child.)  
Sat, Apr 11, 10:00AM-12:00PM  
\$16 Residents/\$24 Non-Residents

### Riverside (Ages 8 & up)..... RS02

Sat, Apr 18, 10:00AM-12:00PM  
\$16 Residents/\$24 Non-Residents

## Paper Folding and Flowers

From an early age, students need to develop fine motor skills using paper folding arts like origami. Parents and children can learn how to fold paper to make various items relating to early childhood education. In this session, it will be related to Spring symbols. Parents must attend class with Youth. Supplies fee: \$15 on the first day of class

**Activity Code: 4RCE3316**  
(Section codes listed below)

**Hamilton (Ages 4-8)..... HA02**

(Youth)  
Tue, Apr 7-Apr 28, 5:30PM- 6:20PM  
\$13 Residents/\$20 Non-Residents



## FITNESS

### Yoga for Kids

Kids, unwind and have fun after school! Join this class combining yoga poses, breathing techniques, and games to build physical and emotional skills. No experience necessary. Focus on confidence, appreciation, and connection. Class is for kids only.

**Activity Code: 4RCE3503**  
(Section codes listed below)

**Beulah Brinton (Ages 7-11)..... BN02**

Mon, Mar 30-May 18, 4:45PM- 5:45PM  
\$19 Residents/\$29 Non-Residents

## GYMNAStics

### Gymnastics

If springing over a vault, balancing on a beam, standing on your hands, and doing backward walkovers sound like fun, sign up for gymnastics. This is a developmental program, taught with a progression of gymnastic skills, which assist youth in the development of coordination.

**Activity Code: 4RCE3900**  
(Section codes listed below)

**MacDowell .....**

Thu, Mar 26-May 21, 6:00PM- 7:00PM  
\$19 Residents/\$29 Non-Residents

## KICKBALL

### Youth Kickball Class

This widely-popular playground game is an organized sport. It is played by adult and, kids. This class will Emphasize and teach Kickball basic and help Youth play and understand the beautiful game of Kickball.

**Activity Code: 4RCE2222**  
(Section codes listed below)

**MacDowell (Ages 5-10)..... JU01**

Sat, Apr 11-May 16, 12:30PM- 2:00PM  
\$15 Residents/\$23 Non-Residents

## LANGUAGE SKILLS

### Korean Culture Class

Are you interested in Korean movies, K-Pop, and dramas? Do you want to learn more about Korean history and culture? This course will cover everything from basic Korean alphabets, music, Hangeul, Hanbok clothing, art, food, and architecture.

**Activity Code: 4RCE4405**  
(Section codes listed below)

**Hamilton (Ages 8-12)..... HA01**

Sat, Apr 11-May 16, 11:30AM- 1:00PM  
\$24 Residents/\$36 Non-Residents

## MAD SCIENCE

### Mad Science: Carnivals

With Lego bricks and big ideas, kids explore real engineering fields, spin into mechanical engineering! Kids build and improve wild amusement park rides using gears and forces. This program is taught by an instructor from Mad Science of Milwaukee. Class fee is non-refundable and not eligible for reduced fees.

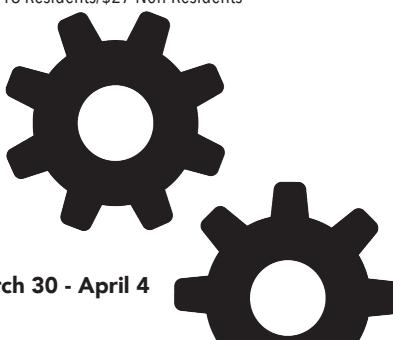
**Activity Code: 4RCE7647**  
(Section codes listed below)

**Hamilton (Ages 5-12)..... HA01**

Sat, Mar 21, 9:30AM-10:30AM  
\$18 Residents/\$27 Non-Residents

**Riverside (Ages 5-12)..... RS01**

Sat, May 9, 9:30AM-10:30AM  
\$18 Residents/\$27 Non-Residents



## Mad Science: Science of Toys

**NEW** From spinning tops to balancing birds, kids discover the physics behind play. This program is taught by an instructor from Mad Science of Milwaukee. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4RCE7648**  
(Section codes listed below)

**Hamilton (Ages 5-12)..... HA01**

Sat, Mar 28, 9:30AM-10:30AM  
\$18 Residents/\$27 Non-Residents

**Riverside (Ages 5-12)..... RS01**

Sat, May 2, 9:30AM-10:30AM  
\$18 Residents/\$27 Non-Residents

## Mad Science: Magnetic Magic

**NEW** Explore magnets and electromagnetism! Kids make electromagnets, watch magnetic accelerators and learn how the Earth is a giant magnet! This program is taught by an instructor from Mad Science of Milwaukee. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4RCE7649**  
(Section codes listed below)

**Riverside (Ages 5-12)..... RS01**

Sat, Apr 11, 9:30AM-10:30AM  
\$18 Residents/\$27 Non-Residents



## Mad Science: Lab Works

**NEW** Suit up like a scientist! Kids use real lab tools to test, measure and mix in their own mini-lab! This program is taught by an instructor from Mad Science of Milwaukee. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4RCE7650**  
(Section codes listed below)

**Riverside (Ages 5-12)..... RS01**

Sat, Apr 18, 9:30AM-10:30AM  
\$18 Residents/\$27 Non-Residents

## Mad Science: Invention-ation

**NEW** Kids get to become the inventions! They learn how inventors work and that many inventions happen by accident! This program is taught by an instructor from Mad Science of Milwaukee. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4RCE7651**  
(Section codes listed below)

**Hamilton (Ages 5-12)..... HA01**

Sat, Apr 25, 9:30AM-10:30AM  
\$18 Residents/\$27 Non-Residents

## MUSIC

### Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Adult and Youth Classes are combined. Class is taught by Mr. D.

**Activity Code: 4RCE4602**  
(Section codes listed below)

#### Beulah Brinton (Ages 12-17)..... BN01

Fri, Apr 10-May 22, 7:15PM- 8:15PM  
\$16 Residents/\$24 Non-Residents



### Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Adult and Youth Classes are combined.

**Activity Code: 4RCE4603**  
(Section codes listed below)

#### Beulah Brinton (Ages 12-17)..... BN01

Fri, Apr 10-May 22, 6:00PM- 7:00PM  
\$16 Residents/\$24 Non-Residents

### Guitar

This class focuses on basic chords, note reading, different strumming techniques, and guitar maintenance. Please see website for differences between beginner and advanced classes. Youth and adult courses are combined. Must bring your own guitar.

**Activity Code: 4RCE4604**  
(Section codes listed below)

#### Beulah Brinton (Ages 12-17)..... BN01

Sat, Apr 11-May 16, 2:00PM- 3:30PM  
\$21 Residents/\$32 Non-Residents

#### Hamilton (Ages 12-17)..... HA01

(Beg. Instructor Mr. D)  
Thu, Mar 26-May 21, 6:00PM- 7:30PM  
\$27 Residents/\$41 Non-Residents

#### Riverside (Ages 12-17)..... RS01

(Beg. - Semi-Private/Instructor Mr. D)  
Mon, Mar 16-May 4, 6:30PM- 8:00PM  
\$54 Residents/\$81 Non-Residents

#### Riverside (Ages 12-17)..... RS02

(Adv. - Semi-Private/Instructor Mr. D)  
Mon, Mar 16-May 4, 8:15PM- 9:00PM  
\$37 Residents/\$56 Non-Residents



### Piano

Beg. level courses will give beginning piano enthusiasts an introduction to the keyboard. Int. level courses will help take you to the next level. Keys, scales, chords, and melodies are covered in all sections. Keyboards will be provided. Classes are taught by Mr. D. Youth and adult courses are combined.

**Activity Code: 4RCE4606**  
(Section codes listed below)

#### Beulah Brinton (Ages 12-17)..... BN01

(Beg.)  
Sat, Apr 11-May 16, 10:30AM-12:00PM  
\$21 Residents/\$32 Non-Residents

#### Beulah Brinton (Ages 12-17)..... BN02

(Int.)  
Sat, Apr 11-May 16, 12:15PM- 1:45PM  
\$21 Residents/\$32 Non-Residents

#### Hamilton (Ages 12-17)..... HA01

(Beg.)  
Wed, Mar 25-May 20, 6:00PM- 7:30PM  
\$27 Residents/\$41 Non-Residents

### Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Class is combined with adult class.

**Activity Code: 4RCE4607**  
(Section codes listed below)

#### Beulah Brinton (Ages 12-17)..... BN01

Sat, Apr 11-May 16, 4:00PM- 6:00PM  
\$27 Residents/\$41 Non-Residents

## MILWAUKEE RECREATION

## TWILIGHT CENTERS

### Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Adult and Youth Classes are combined.

**Activity Code: 4RCE4609**  
(Section codes listed below)

#### Hamilton (Ages 12-17)..... HA01

Wed, Mar 25-May 20, 7:45PM- 8:45PM  
\$19 Residents/\$29 Non-Residents

### Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Bring your own harmonica.

**Activity Code: 4RCE4611**  
(Section codes listed below)



#### Hamilton (Ages 12-17)..... HA01

Tue, Mar 24-May 19, 6:00PM- 7:00PM  
\$19 Residents/\$29 Non-Residents

### Ukulele For You

This class is for anyone interested in learning to play the ukulele along with those who want to expand their ukulele repertoire. Our "music master" Mr. D., will teach you basic chords and strums and comfortably guide you into select musical genres. Grab a uke or dust off the one in your closet and join us!

**Activity Code: 4RCE4620**  
(Section codes listed below)

#### Hamilton (Ages 12-17)..... HA01

(This class is combined with adult class)  
Th, Mar 26-May 21, 7:45PM- 8:45PM  
\$19 Residents/\$29 Non-Residents



### FREE DROP-IN PROGRAM

Twilight Centers are safe places for teens to hang out with their friends and are open to students ages 10-18. For more information, see page 63 or visit [mkerec.net/twilight](http://mkerec.net/twilight).

**MIDDLE SCHOOL SITES (ages 10 - 14)**

- Andrew Douglas (3620 N. 18th St.)
- Bay View (2751 S. Lenox St.)

**HIGH SCHOOL SITES (ages 12 - 18)**

- Obama (5075 N. Sherman Blvd.)
- Washington (2525 N. Sherman Blvd.)
- Madison (8135 W. Florist Ave.)
- North Division (1011 W. Center St.)
- Pulaski (2500 W. Oklahoma Ave.)
- South Division (1515 W. Lapham Blvd.)

## NATURE IN YOUR NEIGHBORHOOD

### Slugs, Snails & Slime

Join our naturalist for an investigation into the world of slugs and snails- and learn what makes a gastropod unique! Make your own slime to take home. Adult must register, pay & attend with child. Fee is per person. Class fee is non-refundable & not eligible for reduced fees.

**Activity Code: 4P124705**  
(Section codes listed below)

### Hamilton (Ages 3-99)..... HA01

Sat, Apr 11, 6:00PM- 7:00PM  
\$6 Residents/\$9 Non-Residents

### May Day

Learn about the history of May Day, including incorporating native plants into your landscape, how to identify the invasive garlic mustard plant- and what to do with it, and what else to look for in spring. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P124724**  
(Section codes listed below)

### Riverside (Ages 13-99)..... RS01

Wed, Apr 29, 6:00PM- 7:00PM  
\$4 Residents/\$6 Non-Residents

## PLAY GROUPS

### Tot Time with Aimee

Each class will be unique and different. Who knows what we'll do? All we know is we're going to have a great time! Story time, dance and movement, games, art, and more! Let's see what Ms. Aimee has in store!

**Activity Code: 4RCE5502**  
(Section codes listed below)

### Beulah Brinton (Ages 1.5-4)..... BN01

Mon, Apr 13-May 18, 9:00AM- 9:45AM  
\$12 Residents/\$18 Non-Residents

### Beulah Brinton (Ages 1.5-4)..... BN02

Tue, Apr 14-May 19, 11:00AM-11:45AM  
\$12 Residents/\$18 Non-Residents

### Beulah Brinton (Ages 1.5-4)..... BN03

Wed, Apr 15-May 20, 10:00AM-10:45AM  
\$12 Residents/\$18 Non-Residents

### Beulah Brinton (Ages 1.5-4)..... BN04

Thu, Apr 16-May 21, 11:00AM-11:45AM  
\$12 Residents/\$18 Non-Residents

### Beulah Brinton (Ages 1.5-4)..... BN05

Fri, Apr 17-May 22, 10:00AM-10:45AM  
\$12 Residents/\$18 Non-Residents

### Regulation Station

Join the energy buster train! First stop: Regulation Station! Engage in fun and healthy activities to release stored-up energy after a long day. Sports, obstacle courses, and physical challenges aid sensory regulation. Wear sneakers, and comfortable clothing, and bring water for an active transition.

**Activity Code: 4RCE5511**  
(Section codes listed below)

### Beulah Brinton (Ages 1.5-4)..... BN02

Thu, Apr 2-May 21, 4:00PM- 4:45PM  
\$15 Residents/\$23 Non-Residents

### Beulah Brinton (Ages 1.5-4)..... BN01

Tue, Apr 14-May 19, 12:00PM-12:45PM  
\$12 Residents/\$18 Non-Residents

### Thomas and Friends

Choo Choo all aboard! Ms. Aimee will start with a story that will lead to cooperative train play, which includes building tracks, decorating props, and more!

**Activity Code: 4RCE5513**  
(Section codes listed below)

### Beulah Brinton (Ages 1.5-4)..... BN01

Mon, Apr 13-May 18, 11:00AM-11:45AM  
\$12 Residents/\$18 Non-Residents

### Beulah Brinton (Ages 1.5-4)..... BN02

Fri, Apr 17-May 22, 9:00AM- 9:45AM  
\$12 Residents/\$18 Non-Residents

### Fidgity Foodies

We will explore and taste test different ingredients while preparing simple treats. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

**Activity Code: 4RCE5514**  
(Section codes listed below)

### Beulah Brinton (Ages 1.5-4)..... BN01

Mon, Apr 13-May 18, 10:00AM-10:45AM  
\$20 Residents/\$30 Non-Residents

### Beulah Brinton (Ages 1.5-4)..... BN02

Fri, Apr 17-May 22, 11:00AM-11:45AM  
\$20 Residents/\$30 Non-Residents

### MIGHTY SMALL MOMENTS

### Sporty Sprouts

Children will explore a new sport each week. Sports include soccer, basketball, kickball, bowling, and more!

**Activity Code: 4RCE5515**  
(Section codes listed below)

### Beulah Brinton (Ages 1.5-4)..... BN01

Tue, Apr 14-May 19, 10:00AM-10:45AM  
\$12 Residents/\$18 Non-Residents

### Beulah Brinton (Ages 1.5-4)..... BN02

Wed, Apr 15-May 20, 11:00AM-11:45AM  
\$12 Residents/\$18 Non-Residents

### Beulah Brinton (Ages 1.5-4)..... BN03

Thu, Apr 16-May 21, 10:00AM-10:45AM  
\$12 Residents/\$18 Non-Residents

### Heavy Work Like Hulk

Kids will get a huge dose of heavy input like carrying weights, pushing and pulling heavy things, etc. There will be challenges to complete each week while getting the input they need. A parent/guardian must stay.

**Activity Code: 4RCE5520**  
(Section codes listed below)

### Beulah Brinton (Ages 4-6)..... BN01

Tue, Mar 31-May 19, 5:00PM- 5:45PM  
\$15 Residents/\$23 Non-Residents

**MIGHTY SMALL MOMENTS**  
A City of Milwaukee Initiative

### Mighty Small Moments Playgroup

Let's educate families about brain development and inspire them to see even brief moments as opportunities to help children grow. This group creating learning zones in places where families spend time and celebrating them as their child's first teacher! Talking, reading, singing, and playing with children builds their brains and prepares them for learning! Class geared towards children ages 0-6. Parent must register/attend with child.

**Activity Code: 4RCE5532**  
(Section codes listed below)

### Gaenslen .....

GA01  
Sat, May 9, 12:00PM- 3:00PM  
FREE

### Hamilton .....

HA01  
Sat, Apr 11, 12:00PM- 3:00PM  
FREE



**Please see page 60 for a feature story about Ms. Aimee and her classes at Beulah Brinton!**

## Mini Mixed Media Marvels

Children will have tons of fun creating collages using a wide variety of art supplies. Dress for mess!

**Activity Code: 4RCE5550**  
(Section codes listed below)

### Beulah Brinton (Ages 1.5-4)..... BN01

Mon, Apr 13-May 18, 12:00PM-12:45PM  
\$12 Residents/\$18 Non-Residents

### Beulah Brinton (Ages 1.5-4)..... BN02

Thu, Apr 16-May 21, 12:00PM-12:45PM  
\$12 Residents/\$18 Non-Residents

## RED CROSS BABYSITTING CERTIFICATION

### Babysitting Workshop

Receive American Red Cross certification for babysitting. Learn basic First Aid, reacting to stressful situations, creative play techniques, proper nutrition and more. Not eligible for reduced fees. Refund request must be received one week prior to the start of class.

**Activity Code: 4RCE5601**  
(Section codes listed below)

### Hamilton (Ages 11 & up)..... HA01

Sat, May 2, 9:00AM-2:00PM  
\$100 Residents/\$150 Non-Residents

### MacDowell (Ages 11 & up)..... JU01

Sat, Apr 18, 9:00AM-2:00PM  
\$100 Residents/\$150 Non-Residents

### Riverside (Ages 11-99)..... RS01

Sat, May 16, 9:00AM-2:00PM  
\$100 Residents/\$150 Non-Residents

## SCIENCE

### JR Creators Engineering Lab

Discover how things work by building bridges that carry cars and airplanes that actually fly. Students will round out the fun by using the laws of physics to design and fire their very own marshmallow catapults.

**Activity Code: 4RCE0949**  
(Section codes listed below)

### Milwaukee Marshall (Ages 6-12).... MR01

Sat, Mar 28, 12:30PM- 2:30PM  
\$10 Residents/\$15 Non-Residents

### Stellar Space Explorers

Join us for a hands-on adventure building marshmallow stars and painting bubbling, fizzy moons. You'll get to take the magic of the Milky Way home with you in a custom galaxy jar and colorful coffee filter planets!

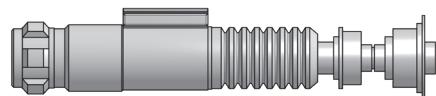
**Activity Code: 4RCE0950**  
(Section codes listed below)

### Milwaukee Marshall (Ages 6-12).... MR01

Sat, May 9, 12:15PM- 2:15PM  
\$10 Residents/\$15 Non-Residents



## SPACE SCIENCE



### May The 4th

Embark on an epic journey! Become an apprentice and join the council in a battle against the dark Sith. Engage in various trainings to learn the ways. Fear not, clear your mind. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4RCE6001**  
(Section codes listed below)

### Beulah Brinton (Ages 3-10)..... BN01

Mon, May 4, 4:00PM- 5:00PM  
\$5 Residents/\$5 Non-Residents

## DID YOU KNOW?

**Seventy-four percent of parents as well as 74% of millennials highly value local community activities.**

via [nrpa.org/parkpulse](http://nrpa.org/parkpulse)

## THE SMART START FOR YOUR LITTLE LEARNER!

AFFORDABLE, HIGH-QUALITY K3 PROGRAMS

**Big steps for small feet.** The Milwaukee Recreation K3 programs are your child's first steps into a lifetime of learning. Milwaukee Recreation's K3 programs are designed to bridge the gap between home and school. We provide a nurturing environment where your 3-year-old can grow, play, and prepare for the years ahead!

### WHY FAMILIES LOVE US:



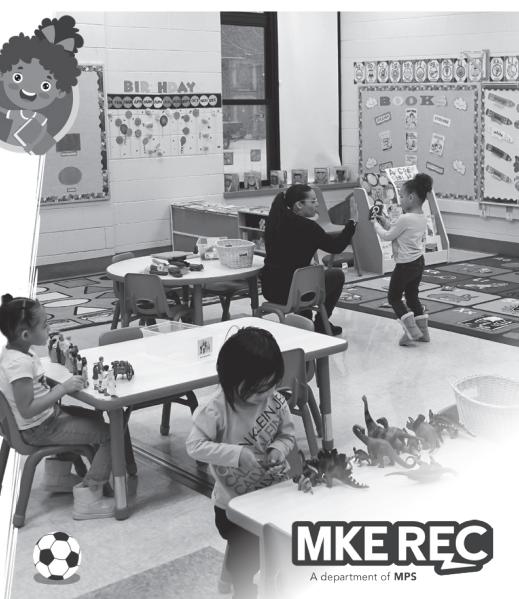
Qualified Staff:  
Caring professionals  
who understand  
early childhood.



Easy Access:  
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accept Wisconsin  
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**REGISTER TODAY!** Scan the QR code or visit [mkerec.net/K3](http://mkerec.net/K3) to view the site list and register.



Questions? Call us at (414) 475-8637.

**MKE REC**  
A department of MPS

Registration begins on February 26 • [mkerec.net](http://mkerec.net)

**BASKETBALL****Mighty Mite Basketball**

Not your typical intro to basketball! Your child will enjoy learning skills like dribbling, passing, lateral foot movement, and shooting on a 4-foot hoop. A fun introduction to the great game of basketball in a lively environment.

**Activity Code: 4RCE1101**

(Section codes listed below)

**Hamilton (Ages 3-4)..... HA01**

Sat, Mar 14-May 9, 12:00PM-12:45PM  
\$15 Residents/\$23 Non-Residents

**MacDowell (Ages 3-4)..... JU01**

(Not eligible for reduced fees)  
Sat, Mar 14-May 9, 9:00AM- 9:30AM  
\$10 Residents/\$15 Non-Residents

**Milwaukee Marshall (Ages 3-4).... MR01**

(Not eligible for reduced fees)  
Sat, Mar 21-May 16, 9:35AM-10:05AM  
\$10 Residents/\$15 Non-Residents

**Riverside (Ages 3-4)..... RS01**

Sat, Mar 21-May 9, 12:15PM-12:55PM  
\$15 Residents/\$23 Non-Residents

**B.I.G. Basketball**

In this program, participants will learn the fundamentals of basketball, including dribbling, passing, shooting, rebounding, rules, and how the game is played. Combine all of these components with team play for a fun and exciting experience.

**Activity Code: 4RCE1102**

(Section codes listed below)

**Hamilton (Ages 7-9)..... HA01**

Sat, Mar 14-May 9, 9:30AM-10:30AM  
\$19 Residents/\$29 Non-Residents

**MacDowell (Ages 7-9)..... JU01**

Sat, Mar 14-May 9, 10:30AM-11:30AM  
\$19 Residents/\$29 Non-Residents

**Milwaukee Marshall (Ages 7-9).... MR01**

Sat, Mar 21-May 16, 10:15AM-11:00AM  
\$25 Residents/\$38 Non-Residents

**Riverside (Ages 7-9)..... RS01**

Sat, Mar 21-May 9, 3:00PM- 3:55PM  
\$19 Residents/\$29 Non-Residents

**Bitty Basketball**

Experience big fun in Bitty Basketball! Learn basketball rules and fundamentals like shooting, dribbling, and passing. Hands-on practice with mini basketballs and lower hoops (6 & 8 feet).

**Activity Code: 4RCE1103**

(Section codes listed below)

**Beulah Brinton (Ages 5-6)..... BN01**

Tue, Mar 31-May 19, 4:00PM- 4:45PM  
\$15 Residents/\$23 Non-Residents

**Beulah Brinton (Ages 5-6)..... BN02**

Fri, Apr 10-May 22, 4:00PM- 4:45PM  
\$13 Residents/\$20 Non-Residents

**Hamilton (Ages 5-6)..... HA01**

Sat, Mar 14-May 9, 8:30AM- 9:15AM  
\$15 Residents/\$23 Non-Residents

**MacDowell (Ages 5-6)..... JU01**

Sat, Mar 14-May 9, 9:30AM-10:15AM  
\$15 Residents/\$23 Non-Residents

**Milwaukee Marshall (Ages 5-6).... MR01**

Sat, Mar 21-May 16, 11:15AM-12:00PM  
\$15 Residents/\$23 Non-Residents

**Riverside (Ages 5-6)..... RS01**

Sat, Mar 21-May 9, 1:00PM- 1:55PM  
\$19 Residents/\$29 Non-Residents

**GOLF****Get in the Swing - Golf Camp**

Get in the Swing is a camp for beginners and avid youth golfers alike. Participants will learn fundamentals from general rules and etiquette to proper stance and how to hold a club. Golfers can to bring their own clubs or ones will be provided upon request.

**Activity Code: 4RCE3801**

(Section codes listed below)

**Milwaukee Marshall (Ages 8-17).... MR01**

Sat, Mar 21-May 16, 2:00PM- 3:00PM  
\$19 Residents/\$29 Non-Residents

**All-American Basketball**

This advanced class is designed for children who have a solid foundation in basketball and wish to improve to the next level.

**Activity Code: 4RCE1106**

(Section codes listed below)

**Hamilton (Ages 10-12)..... HA01**

Sat, Mar 14-May 9, 10:45AM-11:45AM  
\$19 Residents/\$29 Non-Residents

**Milwaukee Marshall (Ages 10-12). MR01**

Sat, Mar 21-May 16, 12:15PM- 1:15PM  
\$19 Residents/\$29 Non-Residents

**Riverside (Ages 10-12)..... RS01**

Sat, Mar 21-May 9, 2:00PM- 2:55PM  
\$19 Residents/\$29 Non-Residents

**GYMNASISTICS****Gymnastics**

If springing over a vault, balancing on a beam, standing on your hands, and doing backward walkovers sound like fun, sign up for gymnastics. This is a developmental program, taught with a progression of gymnastic skills, which assist youth in the development of coordination.

**Activity Code: 4RCE3901**

(Section codes listed below)

**Riverside (Ages 4-6)..... RS05**

Thu, Mar 19-May 7, 6:00PM- 6:55PM  
\$23 Residents/\$35 Non-Residents

**Riverside (Ages 7-10)..... RS06**

Thu, Mar 19-May 7, 7:00PM- 7:55PM  
\$23 Residents/\$35 Non-Residents

**Riverside (Ages 4-5)..... RS01**

Sat, Mar 21-May 9, 10:00AM-10:55AM  
\$23 Residents/\$35 Non-Residents

**Riverside (Ages 5-6)..... RS02**

Sat, Mar 21-May 9, 11:00AM-11:55AM  
\$23 Residents/\$35 Non-Residents

**Riverside (Ages 7-8)..... RS03**

Sat, Mar 21-May 9, 12:00PM-12:55PM  
\$23 Residents/\$35 Non-Residents

**Riverside (Ages 9-12)..... RS04**

Sat, Mar 21-May 9, 1:00PM- 1:55PM  
\$23 Residents/\$35 Non-Residents

## Tumbling Teddy Bears

Somersault for fun. This pre-gymnastics program will assist children in the development of eye/hand coordination and balance through basic tumbling activities. Parent(s)/Guardian(s) are required to attend this class with their child at no extra charge.

**Activity Code: 4RCE3902**  
(Section codes listed below)

## Riverside (Ages 2.5-3).....RS01

Sat, Mar 21-May 9, 9:00AM- 9:30AM  
\$23 Residents/\$35 Non-Residents

## MARTIAL ARTS

### Judo

Explore Judo, the 'gentle way,' emphasizing technique and tradition. Personalized instruction under USJA and USMA affiliation. Wear clothes without buttons or metal. Adult and Youth Classes are combined.

**Activity Code: 4RCE4503**  
(Section codes listed below)

## Milwaukee Marshall (Ages 7-17)....MR01

Mon/Wed, Mar 23-May 20, 6:00PM- 7:00PM  
\$35 Residents/\$53 Non-Residents

## Milwaukee Marshall (Ages 7-17)....MR02

(Advanced Only)  
Mon/Wed, Mar 23-May 20, 7:00PM- 8:00PM  
\$36 Residents/\$54 Non-Residents

## Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. Learn self-discipline, kicking and punching techniques, correct body positioning, and self-defense.

**Activity Code: 4RCE4506**  
(Section codes listed below)

## Beulah Brinton (Ages 6-17).....BN01

(Beg. - White - Yellow Belts)  
Mon/Wed/Fri, Mar 30-May 22, 4:00PM- 4:45PM  
\$39 Residents/\$59 Non-Residents

## Beulah Brinton (Ages 6-17).....BN02

(Int./Adv. - Camo - Brown Belts)  
Mon/Wed/Fri, Mar 30-May 22, 4:45PM- 5:30PM  
\$39 Residents/\$59 Non-Residents

## Beulah Brinton (Ages 6-17).....BN03

(Adv. - Red/Black & Black Belts)  
Mon/Wed/Fri, Mar 30-May 22, 5:30PM- 6:15PM  
\$39 Residents/\$59 Non-Residents

## Beulah Brinton (Ages 3-5).....BN04

(Not eligible for reduced fees)  
Sat, Apr 11-May 16, 8:00AM- 8:30AM  
\$8 Residents/\$12 Non-Residents

## Beulah Brinton (Ages 6-14).....BN05

Sat, Apr 11-May 16, 8:30AM- 9:30AM  
\$15 Residents/\$23 Non-Residents

## Hamilton (Ages 6-14).....HA01

(Red Belt and higher)  
Mon/Wed, Mar 23-May 20, 6:00PM- 7:00PM  
\$35 Residents/\$53 Non-Residents

## Hamilton (Ages 4-6).....HA02

Tue/Thu, Mar 24-May 21, 6:30PM- 7:00PM  
\$19 Residents/\$29 Non-Residents

## Hamilton (Ages 7-14).....HA03

(Int./Adv. - Orange Belts and up - Tiny Tigers)  
Tue/Thu, Mar 24-May 21, 7:10PM- 8:00PM  
\$36 Residents/\$54 Non-Residents

## Milwaukee Marshall (Ages 6-17)....MR03

(Beg.-White, Orange, & Yellow Belt)  
Sat, Mar 21-May 16, 9:00AM-10:00AM  
\$19 Residents/\$29 Non-Residents

## Milwaukee Marshall (Ages 6-17)....MR04

(Beg.-White, Orange, & Yellow Belt)  
Sat, Mar 21-May 16, 10:10AM-11:10AM  
\$19 Residents/\$29 Non-Residents

## Milwaukee Marshall (Ages 6-17)....MR05

(Int./Adv. Camo-Red/Black Belts)  
Sat, Mar 21-May 16, 11:30AM-12:30PM  
\$19 Residents/\$29 Non-Residents

## Milwaukee Marshall (Ages 6-14)....MR01

(Beg.-White, Orange, & Yellow Belt)  
Mon/Wed, Mar 23-May 20, 6:00PM- 7:00PM  
\$35 Residents/\$53 Non-Residents

## Milwaukee Marshall (Ages 6-17)....MR02

(Int./Adv. Camo-Red/Black Belts)  
Mon/Wed, Mar 23-May 20, 7:05PM- 8:05PM  
\$36 Residents/\$54 Non-Residents

## Milwaukee Marshall (Ages 6-17)....MR06

(Beg.-White, Orange, & Yellow Belt)  
Tue/Thu, Mar 24-May 21, 6:00PM- 7:00PM  
\$18 Residents/\$27 Non-Residents

## Milwaukee Marshall (Ages 6-17)....MR07

(Beg.-White, Orange, & Yellow Belt)  
Tue/Thu, Mar 24-May 21, 7:05PM- 8:05PM  
\$18 Residents/\$27 Non-Residents

## Riverside (Ages 6-14).....RS01

(Beg., white-yellow belt)  
Mon/Wed, Mar 16-May 6, 6:15PM- 7:00PM  
\$35 Residents/\$53 Non-Residents

## Riverside (Ages 6-14).....RS02

(Int./Adv., Blue-Black Belts)  
Mon/Wed, Mar 16-May 6, 7:00PM- 8:00PM  
\$37 Residents/\$56 Non-Residents

## Riverside (Ages 3-5).....RS07

(Beg.)  
Sat, Mar 21-May 9, 9:00AM- 9:30AM  
\$11 Residents/\$17 Non-Residents

## Riverside (Ages 3-5).....RS08

(Int./Adv., Ara Belt & Higher. Must have completed a session of 9:00am beginner class first.)  
Sat, Mar 21-May 9, 9:30AM-10:00AM  
\$11 Residents/\$17 Non-Residents

## Riverside (Ages 6-14).....RS04

(Beg., White-Yellow Belt)  
Sat, Mar 21-May 9, 10:15AM-11:00AM  
\$15 Residents/\$23 Non-Residents

## Riverside (Ages 6-14).....RS05

(Int./Adv., Camo-Black Belt)  
Sat, Mar 21-May 9, 11:00AM-11:45AM  
\$15 Residents/\$23 Non-Residents

## SUMMER 2026 YOUTH BASEBALL OPPORTUNITIES

MBC is a Milwaukee-based baseball program that strives to improve baseball in the city of Milwaukee and surrounding areas. For the summer of 2026, we are offering the following programs:

### Milwaukee RBI Summer Select League

This summer league serves as an extension to players' high school season.

#### League Details:

- Cost: \$175 per player (Includes uniforms, certified officials, and experienced coaches)
- Capacity: Limited to 150 student-athletes
- Learn more & register at [tinyurl.com/5mayv5k7](http://tinyurl.com/5mayv5k7)



### MBC Summer Baseball Instructional Camp

Our annual summer camp is back. The camp is for players ages 12-18 and is intended for all skill levels.

#### Camp Details:

- Cost: \$100 per player
- Days: Tuesday- Thursday
- Camp times will vary depending on enrollment and ages. All camps run during the day.
- Learn more & register at [tinyurl.com/btyrx3v](http://tinyurl.com/btyrx3v)



## SOCCER

### Just for Kicks Soccer

Score the winning goal or make a diving save! Learn dribbling, trapping, and more through drills. Rules, strategy, and teamwork will be introduced.

**Activity Code: 4RCE5901**  
(Section codes listed below)

#### Hamilton (Ages 5-6).....HA01

Sat, Apr 11-May 16, 9:15AM-10:00AM  
\$12 Residents/\$18 Non-Residents

#### Milwaukee Marshall (Ages 5-6).....MR01

Sat, Mar 21-May 16, 9:30AM-10:20AM  
\$15 Residents/\$23 Non-Residents

#### Milwaukee Marshall (Ages 5-6).....MR02

Sat, Mar 21-May 16, 11:35AM-12:20PM  
\$15 Residents/\$23 Non-Residents



### Mighty Mite Soccer

Quit kicking your brother or sister and kick a soccer ball instead! Learn the basics of soccer and how to play as part of a team. This class will teach dribbling, passing, and kicking. Take this opportunity to use the motor skills your child already has and focus them on an organized sport. Not eligible for reduced fees

**Activity Code: 4RCE5902**  
(Section codes listed below)

#### Beulah Brinton (Ages 3-4).....BN01

(Not eligible for reduced fees)  
Wed, Apr 1-May 20, 4:15PM- 4:45PM  
\$10 Residents/\$15 Non-Residents

#### Hamilton (Ages 3-4).....HA01

Sat, Apr 11-May 16, 8:30AM- 9:15AM  
\$12 Residents/\$18 Non-Residents

#### Milwaukee Marshall (Ages 3-4).....MR01

(Not eligible for reduced fees)  
Sat, Mar 21-May 16, 9:00AM- 9:30AM  
\$10 Residents/\$15 Non-Residents

## B.I.G. Soccer

Soccer is great! Participants will continue to build on dribbling, heading, and trapping skills as well as develop some defense skills, all with an emphasis on FUN. Each skill will be taught thru drills that maximize repetition and learning.

**Activity Code: 4RCE5903**  
(Section codes listed below)

#### Milwaukee Marshall (Ages 7-9).....MR01

Sat, Mar 21-May 16, 10:30AM-11:30AM  
\$19 Residents/\$29 Non-Residents

#### Milwaukee Marshall (Ages 7-9).....MR02

Sat, Mar 21-May 16, 12:30PM- 1:30PM  
\$19 Residents/\$29 Non-Residents

## SPORTS AND RECREATION

### Dodgeball

Dodge, dip, duck, and dive! This is a great class to perfect your technique playing non-exclusive dodgeball variations.

**Activity Code: 4RCE6202**  
(Section codes listed below)

#### Beulah Brinton (Ages 8-12).....BN01

Tue, Mar 31-May 19, 5:00PM- 5:45PM  
\$15 Residents/\$23 Non-Residents

### Sports for all Sorts

Is your child interested in sports but unsure which one is a good fit? In this 3 day camp, sports will include basketball, volleyball, T-Ball, and more! In addition to tons of fun through multi-sport exposure, participants will develop gross-motor skills and hand-eye coordination.

**Activity Code: 4RCE6215**  
(Section codes listed below)

#### MacDowell (Ages 6-11).....JU04

Mon-Wed, Mar 30-Apr 1, 12:00PM- 2:00PM  
\$34 Residents/\$52 Non-Residents

### Very Much Double Dutch!

All ages are welcomed to join for some double dutch fun! Be prepared to learn an array of jumping and turning techniques with a single and double rope. Jumping rope is a great form of exercise. Let's build stamina while having some jump rope fun!

**Activity Code: 4RCE6208**  
(Section codes listed below)

#### Milwaukee Marshall (Ages 8-99)....MR01

Thu, Mar 26-May 21, 6:30PM- 7:30PM  
\$19 Residents/\$29 Non-Residents

## TENNIS

### Tennis

Tennis instruction will expose youth to backhand/forehand grips and strokes using the latest aerobic and physical fitness conditioning exercises. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Participants can bring their own rackets or one will be provided if requested in advance.

**Activity Code: 4RCE6501**  
(Section codes listed below)

#### Milwaukee Marshall (Ages 10-17).MR03

(Int./Adv.)  
Sat, Mar 15-May 17, 1:15PM- 2:15PM  
\$15 Residents/\$23 Non-Residents

#### Milwaukee Marshall (Ages 4-8).....MR01

(Beg.)  
Sat, Mar 21-May 16, 11:00AM-12:00PM  
\$15 Residents/\$23 Non-Residents

#### Milwaukee Marshall (Ages 6-12)...MR02

(Beg.)  
Sat, Mar 21-May 16, 12:05PM- 1:05PM  
\$15 Residents/\$23 Non-Residents



## VOLLEYBALL

### Volleyball Academy

Learn the fundamentals necessary to play more than 'boom ball.' This includes passing, serving, individual defense, setting and hitting approaches. Develop correct footwork, body positioning, timing, ball tracking and coordinated teamwork. Basic strategy and rules of the sport will be taught.

**Activity Code: 4RCE6801**  
(Section codes listed below)

#### Beulah Brinton (Ages 7-10).....BN01

Wed, Apr 1-May 20, 4:00PM- 5:00PM  
\$19 Residents/\$29 Non-Residents

#### Beulah Brinton (Ages 11-16).....BN02

Wed, Apr 1-May 20, 5:00PM- 6:00PM  
\$19 Residents/\$29 Non-Residents

#### MacDowell (Ages 7-11).....JU01

Sat, Mar 14-May 9, 11:30AM-12:30PM  
\$19 Residents/\$29 Non-Residents



MILWAUKEE RECREATION PRESENTS

# FAMILY DAY OF PLAY

**Saturday, May 30<sup>th</sup> | 11 a.m. - 2 p.m. | Wick Playfield**

It's a day filled with laughter, joy, and unforgettable memories for the whole family!

Enjoy exciting activities geared to children ages 5 & up:



obstacle course



raffle drawings



live music



arts+ crafts



games + more!

**Join the fun and register today at [mkerec.net/DayofPlay](http://mkerec.net/DayofPlay)**

Adult Activity Code: 5RCE3301 – WF01 | Child Activity Code: 5RCE3301 – WF02  
 Adult Cost: Resident \$10/Non-Res \$20 | \*Child Cost: Resident \$5/Non-Res \$8

\*Children ages 4 and under are free.

**MKE REC**  
 A department of MPS

## Driver Education MPS Drive & Community-Based Classes

The next session of driver education courses for both programs take place in the summer session. Be on the lookout for the Summer Recreation Guide, for more driver education information.

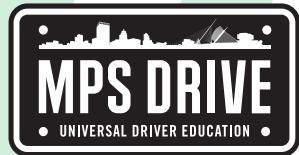
### All in-person classes:

- » Meet every day Monday – Friday, during the day.
- » Meet for two (2) hours each class.

*\*Class start times vary depending on location.*

### Please keep in mind:

- » Class size is limited.
- » Online courses will also be available this summer for both programs.



*Going places.*



## OUTDOOR EDUCATION

### Friday Night Tales for Tots

Join a naturalist each week for a story and a related activity to help your child connect to nature at Hawthorn Glen Outdoor Education Center. Adult must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125004**  
(Section codes listed below)

#### Hawthorn Glen (Ages 3 & up) ..... HG01

Fri, Mar 20, 5:00PM- 6:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG02

Fri, Mar 27, 5:00PM- 6:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG03

Fri, Apr 3, 5:00PM- 6:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG04

Fri, Apr 10, 5:00PM- 6:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG05

Fri, Apr 17, 5:00PM- 6:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG06

Fri, Apr 24, 5:00PM- 6:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG07

Fri, May 1, 5:00PM- 6:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG08

Fri, May 8, 5:00PM- 6:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG09

Fri, May 15, 5:00PM- 6:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG10

Fri, May 22, 5:00PM- 6:30PM  
\$5 Residents/\$8 Non-Residents

#### Hawthorn Glen (Ages 3 & up) ..... HG11

Fri, May 29, 5:00PM- 6:30PM  
\$5 Residents/\$8 Non-Residents

### Gardening

Learn to grow and care for herbs and vegetables in your home garden. Various topics will be addressed, including: design, composting, pests, companion plants, perennials versus annuals and maximizing space. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125006**  
(Section codes listed below)

#### Hawthorn Glen (Ages 12-99) ..... HG01

Sat, May 16, 10:00AM-11:30AM  
\$5 Residents/\$8 Non-Residents

### Native Landscaping

Reap the benefits of gardening with native plants! Most require little soil amendments, irrigation, and create a beautiful, low maintenance, toxin free and sustainable landscape. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125008**  
(Section codes listed below)

#### Hawthorn Glen (Ages 13 & up) .... HG01

Sat, Apr 4, 10:00AM-11:30AM  
\$5 Residents/\$8 Non-Residents

### Mother's Day Hike

Mother's Day has always been a time to honor special caregivers- how better to do that than to spend some time together in nature? Bring that special person in your life to the Glen to explore the trails in spring. Adult must register, pay & attend with child. Fee is per person. Class fee is non-refundable & eligible for reduced fees.

**Activity Code: 4P125009**  
(Section codes listed below)

#### Hawthorn Glen (Ages 5 & up) ..... HG01

Sat, May 9, 10:00AM-11:30AM  
\$5 Residents/\$8 Non-Residents



## HAWTHORN GLEN EARTH MONTH CELEBRATION

SATURDAY, APRIL 11 AT HAWTHORN GLEN (1130 N 60TH ST.)

FROM 9:00AM - 12:00PM

Celebrate Earth Month by making a positive impact in your community! Learn about landscaping with native plants, make a craft, meet our animal ambassadors, collect trash and invasives - or just enjoy a hike around the Glen. For more information, please contact Jessica at (414) 647-3825, email [Jessica@mkerec.net](mailto:Jessica@mkerec.net) or just show up!

### Equinox Sun Catchers

**NEW** Learn about the spring equinox- when the sun shines directly on the equator making for nearly equal amounts of day and night everywhere on Earth. Make your own suncatcher to catch your own light! Adult must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

#### Hawthorn Glen (Ages 5-99) .. 4P125013-HG01

Sat, Mar 21, 10:00AM-11:30AM  
\$5 Residents/\$8 Non-Residents

#### OASIS (Ages 50 & up) .... 4R555013-5501

**50+** Fri, Mar 20, 11:00AM-12:30PM  
\$5 Residents/\$8 Non-Residents

### Nature's Textures

Use your sense of touch to discover the many textures in nature. Learn how different textures help creatures survive at Hawthorn Glen- and how they can be clues to nature's mysteries! Adult must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125015**  
(Section codes listed below)

#### Hawthorn Glen (Ages 3-99) ..... HG01

Sat, Apr 25, 10:00AM-11:30AM  
\$5 Residents/\$8 Non-Residents

### Slugs, Snails & Slime

Join our naturalist for an investigation into the world of slugs and snails- and learn what makes a gastropod unique! Make your own slime to take home. Adult must register, pay & attend with child. Fee is per person. Class fee is non-refundable & not eligible for reduced fees.

**Activity Code: 4P125023**  
(Section codes listed below)

#### Hawthorn Glen (Ages 3-99) ..... HG01

Sat, Apr 18, 10:00AM-11:30AM  
\$6 Residents/\$9 Non-Residents

## May Day Celebration

Dance around the May Pole, pull some garlic mustard, learn about incorporating native plants into your landscaping & welcome spring with us at Hawthorn Glen. Adult must register, pay & attend with child. Fee is per person. Class fee is non-refundable & not eligible for reduced fees.

**Activity Code: 4P125024**

**(Section codes listed below)**

## Hawthorn Glen (Ages 3 & up) ..... HG01

Sat, May 2, 10:00AM-11:30AM

\$6 Residents/\$9 Non-Residents

## Nature Club

Our surroundings make the best classroom! Children will be guided through imaginative play at Hawthorn Glen, sparking curiosity and instilling a love of outdoor & exploratory play from an early age in this nature-based, Reggio-Emilia inspired program. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125027**

**(Section codes listed below)**

## Hawthorn Glen (Ages 4-6) ..... HG01

Mon, Apr 20-May 11, 4:30PM- 5:30PM

\$10 Residents/\$15 Non-Residents

## Roll Out the Rain Barrel

Rain barrels collect rainwater from your roof that you can use later when it is dry outside & have thirsty gardens. One certificate for a FREE rain barrel per owner-occupied household will be given upon completion of the program. Must live within Milwaukee County to receive a rain barrel certificate.

## Hawthorn Glen ..... 4P125029-HG01

Sat, May 30, 12:00PM- 1:30PM

FREE

## Riverside ..... 4P124706-RS01

Sat, Apr 11, 10:00AM-11:30AM

FREE

## The Birds are Back

Discover why birds migrate, how they find their way, routes and some basic bird identification. We will set off on our own migration, using basic orienteering strategies. Adult must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125030**

**(Section codes listed below)**

## Hawthorn Glen (Ages 8-99) ..... HG01

Sat, May 23, 10:00AM-11:30AM

\$5 Residents/\$8 Non-Residents

## Hawthorn Glen Readers

Blend your love of books with your love of nature. Gather with like minded readers for a monthly session of reading, hiking, talking- and deepening your connection with the natural world. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125033**

**(Section codes listed below)**

## Hawthorn Glen ..... HG01

Sessions are once monthly: March 24, April 28,

May 26, 7:00PM- 8:30PM

\$13 Residents/\$20 Non-Residents

## Seeking Spring Ephemerals

Find spring wildflowers during the short time that they can be found in the forest. We'll trek through the woods, identifying spring beauty, bloodroot, trillium- and more! Adult must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125034**

**(Section codes listed below)**

## Hawthorn Glen (Ages 6-99) ..... HG01

Sun, Apr 19-May 17, 11:00AM- 1:30PM

\$19 Residents/\$29 Non-Residents

## Spring Scavenger Hunt

Celebrate the beginning of spring with a scavenger hunt at Hawthorn Glen! This is a family friendly event for all ages. Use all of your senses to uncover spring's surprises. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125043**

**(Section codes listed below)**

## Hawthorn Glen (Ages 3-99) ..... HG01

Sat, Mar 28, 10:00AM-11:30AM

\$5 Residents/\$8 Non-Residents

## Invasive Species: Forbs

Discover the difference between non-native and invasive species while learning about the forbs in our backyards. This class will help you learn to identify what to nurture and what to remove in your garden and beyond! Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125044**

**(Section codes listed below)**

## Hawthorn Glen (Ages 12-99) ..... HG01

Sat, May 30, 10:00AM-11:30AM

\$5 Residents/\$8 Non-Residents



## Loose Parts Play in Nature

Share early numeracy with your child at Hawthorn Glen, using loose parts found outdoors! Curiosity and playfulness will guide our search for the patterns, shapes, and sizes in nature. Adult must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125047**

**(Section codes listed below)**

## Hawthorn Glen (Ages 2-5) ..... HG01

Mon, Apr 6-May 18, 9:00AM-10:00AM

\$17 Residents/\$26 Non-Residents

## Campfire Cooking

Discover the art of gourmet campfire cooking in this class that transforms outdoor meals into unforgettable experiences. Perfect for campers, food lovers, and adventure seekers alike. Adult must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125048**

**(Section codes listed below)**

## Hawthorn Glen (Ages 8 & up) ..... HG01

Tue/Sat, Apr 28, 5:30PM- 7:00PM

\$5 Residents/\$8 Non-Residents

## Biomimicry: Nature's STEM

Biomimicry: the imitation of natural biological designs or processes in engineering or invention- used by the ancients all the way to today. Each session will include a hike for inspiration, followed by a biomimicry challenge. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125055**

**(Section codes listed below)**

## Hawthorn Glen (Ages 9-12) ..... HG01

Wed, Apr 8-May 27, 5:00PM- 6:00PM

\$19 Residents/\$29 Non-Residents

## Forest Friends

Drop off your child for an hour of nature exploration and discovery in the outdoor classroom of Hawthorn Glen. Curiosity and imagination will guide child centered, weekly themed adventures, encouraging independence and confidence in the outdoors. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4P125050**

**(Section codes listed below)**

## Hawthorn Glen (Ages 7-9) ..... HG01

Thu, Apr 23-May 14, 4:30PM- 5:30PM

\$10 Residents/\$15 Non-Residents

## HAWTHORN GLEN RENTALS

Hawthorn Glen is a perfect place to host a small gathering. Reserve your next birthday party, shower, family event or meeting space with us (reservations begin in March)!

- Redwood Picnic Area, maximum 115 people
- Deer Picnic Area, maximum 70 people
- Assembly Room (indoor), maximum 40 people

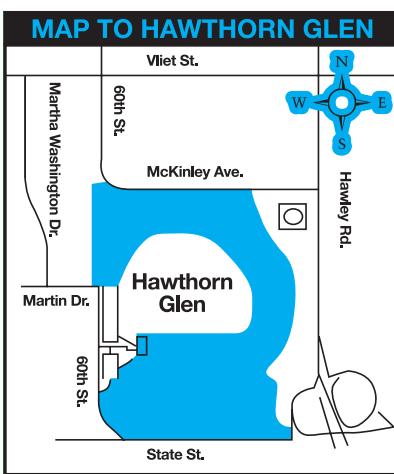
For more information, call the Outdoor Education Office at 414.647.6050.

Scan QR code to apply for a permit.



Visit page 10 for Nature in Your Neighborhood and page 50 for Outdoor Education offerings for ages 50+.

## THE LITTLE NATURE MUSEUM AT HAWTHORN GLEN



**LOCATED AT 1130 NORTH 60TH ST.**  
**HOURS: Mon-Fri 4 PM-5 PM, Sat & Sun 11 AM-12 PM and 3 PM-4 PM**

Attendance is **FREE!**  
 Come visit our Little Nature Museum & see animals native to Wisconsin, including salamanders, bees, several species of turtles & snakes, and many birds, even a hawk.



## EARTH DISCOVERY CAMPS 2026

Would your child benefit from more Vitamin N(ature)? Send them to Hawthorn Glen to explore the outdoors through hands-on discovery, inquiry, games, art and movement! Each child should bring a backpack with a bag lunch and a water bottle. Children should arrive at camp wearing sunblock and insect repellent. Childcare is available for participants in the Explorers and Adventurers Camps; please register in advance for the extended hours. Not eligible for reduced fees or refunds. **Please note: camp sessions are limited.**

**WONDER BUGS** | Curiosity and play lead the way for our youngest campers! Preschoolers will use their senses to discover the natural world, engaging in games, songs, stories and crafts as they go.

**Activity Code: 4P125016**

**Hawthorn Glen (Age 4)....HG01**

Monday - Thursday, June 15-June 18, 9:00AM-11:30AM  
\$33 Residents/\$45 Non-Residents



**Hawthorn Glen (Age 5)....HG02**

Monday - Thursday, June 15-June 18, 1:00PM-3:30PM  
\$33 Residents/\$45 Non-Residents

\*Please note that no camp will be held on the Juneteenth Holiday (Friday, 6/19)\*

**Hawthorn Glen (Age 4)....HG03**

Monday - Friday, July 27-31, 9:00AM-11:30AM  
\$38 Residents/\$52 Non-Residents

**Hawthorn Glen (ages 5)....HG04**

Monday - Friday, July 27-31, 1:00PM-3:30PM  
\$38 Residents/\$52 Non-Residents

**EXPLORERS** | Creativity and exploration guide 6-7 year olds as they investigate the living creatures who call Hawthorn Glen "home." Campers will learn about the outdoors through more complex games, scientific inquiry, art and plenty of hiking.

**Activity Code: 4P125003**

**Hawthorn Glen (Ages 6-7)....HG01**

Monday - Friday, June 22-June 26, 9:00AM- 4:00PM  
\$110 Residents/\$160 Non-Residents

**Child Care Options for Explorers Camp**

Hawthorn Glen (Ages 6-7)....HG02

Monday - Friday, June 22-June 26, 7:30am-9am & 4-5:30pm  
\$25 Residents/\$50 Non-Residents

**ADVENTURERS** | Nurturing more independence, 7-8 year olds will learn about the different habitats that can be found at Hawthorn Glen. More hiking and time on the land will fill our days, as well as exploring our relationship to the natural world. **Activity Code: 4P125002**

**Hawthorn Glen (Ages 7-8)....HG01**

Monday - Friday, July 6-July 10, 9:00AM- 4:00PM  
\$110 Residents/\$160 Non-Residents

**Child Care Options for Adventurers Camp**

Hawthorn Glen (Ages 7-8)....HG02

Monday - Friday, July 6-July 10, 7:30am-9am & 4-5:30pm  
\$25 Residents/\$50 Non-Residents

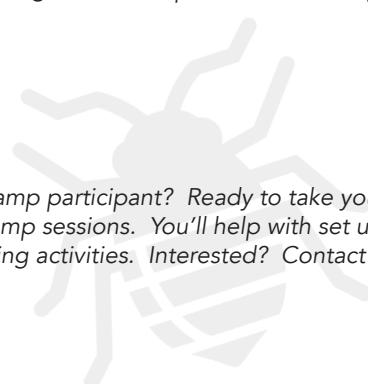


**RANGERS** | This week of hiking adventures start and end at Hawthorn Glen, but also include excursions to Ice Age Trail segments, such as Lapham Peak, Scuppernong and Pike Lake. This camp is designed for campers who are ready to expand their hiking skills, hiking up to 4 miles per day.

**Activity Code: 4P125010**

**Hawthorn Glen (Ages 9-11)...HG01**

Monday - Friday, July 13 -July 17, 9:00AM- 4:00PM  
\$110 Residents/\$160 Non-Residents



**JUNIOR NATURALISTS** | Are you an experienced Hawthorn Glen summer camp participant? Ready to take your skills to the next level? Join us as a Junior Naturalist during one of our summer camp sessions. You'll help with set up and tear down each day, camper sign in/out, supervising camper safety and guiding activities. Interested? Contact Jessica Tipkemper at [Jessica@mkwrec.net](mailto:Jessica@mkwrec.net) for more information.

**Activity Code: 4P125010**

**Hawthorn Glen (Ages 12-15)...HG01**

Dates and times TBD  
FREE

## GENERAL SWIM INFORMATION

**What to Bring** — Swimsuit, towel, and swim cap. Swim caps are required for competitive swim, highly suggested for level lessons (to keep hair out of participants face while they learn to swim), and optional for fitness and parent/child classes. If available, one (1) swim cap will be distributed per season. Additional caps may be purchased with activity code 5RAQSWIMCAP.

**Height Requirements (Ages 6-14)** — Students must meet the listed minimum height for each pool. Most pools have a 48" height requirement. For youth who are 42"-48" a six-inch booster step may be available. Children not able to comfortably stand in the shallow end of the pool (with or without a booster step) should be enrolled in an Infant, Lil' Squirts, Tiny-Tot or Advanced Tiny-Tot class where a parent/guardian must accompany the child in the water.



**Locker Rooms** — Participants may bring a padlock for lockers. All swim gear must be removed after each class. Children five years of age or under may accompany their parent/guardian in the locker room. Children ages six and up should use the locker rooms that correspond to their gender identity.

**Showers** — It is required for participants to rinse off before entering the pool. This is to assist in removing any oils, cosmetics, perspiration, etc. Doing so assists in supporting chlorine effectiveness, protects your hair and skin's exposure to chlorine, among other things.

**Pre-Testing** — A pre-test is given to swimmers in levels 2-6 on the first day of class to ensure that the swimmer is in the appropriate level. Instructors reserve the right to recommend alternate classes for those students unable to complete pre-tests.

**Testing** — Testing of swim skills learned generally occurs during the second to last lesson, and last lesson. Parents/caregivers will be given certificates on the last day indicating which level to enroll in next.

**Infant and Tiny-Tot Requirements** — Diapers: Regular disposable diapers are not permitted as they disintegrate in the pool. Either disposable "Little swimmers" or reusable swim diapers are required.

**Parent Attendance** — Parents/caregivers must accompany their children in the water for all Tiny-Tot and Adv. Tiny-Tot, and is encouraged but not required for Lil. Lv 1, Lil. Lv 2, Level 1, and Level 2 classes.

**Second Child in Class** — If a parent/caregiver has more than one child enrolled in Tiny-Tot or Advanced Tiny-Tot classes, the second child must be accompanied by a responsible person 16 years of age or older.

**Make-up Policy** — Milwaukee Recreation works diligently to ensure that our pools stay in working operation to offer consistency in our programs. In the event that more than one class is cancelled due to circumstances we cannot control, we will work to make-up the missed class at a later date. When a make-up date is unavailable, credits for the missed class will be applied to your Milwaukee Recreation account.

## PARENT/ADULT AQUATICS PARTICIPATION

### When is Parent/Adult involvement REQUIRED?

- Parent child classes require an adult or responsible person for each child (16 year or older) to be in the water supporting the child. Required: Infant, Tiny-Tot, Lil' Squirts, Advanced Tot. Recommended: Little Level One.
- During OPEN SWIM, Children, age 7 and under are required to have an adult with them one-on-one, in the water, within arm's reach AT ALL TIMES.

### Parent/Adult IN WATER:

- Benefits of being in the pool with your young swimmer:
  - » Increased encouragement and repetition of skill practice.
  - » Increased comfort and support, this is a great time to help your child grow their listening skills and practice their swimming skills.
  - » Time to bond and have focused time together.

### Parent/Adult in POOL ROOM/ OBSERVATION AREA (Not in Water):

- Benefits of being in pool room / observation area:
  - » Watching from a distance allows some students to develop a trusting relationship with the instructor.
  - » Allowing students more independence while still having you in the room for support/confidence.

### Parent NOT in Pool Area or in water:

- Some students might be distracted by their adult being in the pool area and, like school, dropping your child off and leaving the pool area might be what creates the best learning environment for your swimmer.

We want you and your young swimmer to feel comfortable and to get the most out of each class. You know your child best and are encouraged to make the decision of how to support them during their swim experience. If you have questions or concerns, do not hesitate to speak with the instructor to develop a plan or call the Aquatics Office at 414.647.6053.



Guidelines from the American Red Cross. Please read to choose the appropriate swim level for your child(ren).

Level	Requirements	Course Description
Infant	<b>Ages 6 mos. to 18 mos.</b> <b>An adult must accompany the child in the water.</b> Swim diapers required.	The infant program introduces the child to water in a friendly environment. The program's focus is exploration and includes songs and games. Parents will gain tips in water safety for their infants.
Lil' Squirt	<b>Ages 18 mos. to 36 mos.</b> <b>An adult must accompany the child in the water.</b> Swim diapers required.	Lil' Squirt swim lessons acquaint the child with water through a combination of songs, games and basic water skills such as kicking and floating. Water safety practices will also be included.
Tiny-Tot	<b>Ages 3-4 yrs.</b> Previous pool experience NOT necessary. <b>An adult must accompany the child in the water.</b> Swim diapers recommended.	Tiny-tots build elementary aquatic skills including independent floating, breath control and rudimentary paddling techniques. Safety skills include "breaking" the over-confident toddler to allow your child to realize what it takes to swim independently in water.
Advanced Tiny-Tot	<b>Ages 4-5 yrs.</b> Previous enrollment in Tiny-Tots OR ability to submerge entire body and kick across pool with a flotation device. <b>An adult must accompany the child in the water.</b>	Participants are introduced to elementary swimming skills such as kicking in a variety of ways and floating. This course serves as an appropriate transition to Level One. Parents will elaborate on safety skills, including swimming with their tot in tow.
Little Lv. 1 OR Little Lv. 2	<b>Ages 4-6 yrs.</b> Previous enrollment in Advanced Tots OR ability to submerge entire body and kick across pool with a kick board.	In the Lil' Level 1/2 classes, the same elementary aquatic skills from Level One/Two are taught (see descriptions below.) In addition to meeting minimum 42" height requirement, your youngster should be able to be in class without you for the 45 minute class period. Instructors will advise promotion options based on age & skill.
Level One Water Exploration	<b>Ages 6-14 yrs.</b> None (Please see the height requirements noted under each swim location).	In Level 1, elementary aquatic skills are taught, which children will build on as they progress through the six Learn-to-Swim levels. In addition to rhythmic breathing and floating, skills include various kicks and arm strokes. At this level, children also start to develop positive attitudes and safe practices around the water.
Level Two Fundamental Aquatic Skills	<b>Ages 6-14 yrs.</b> Passed Level 1 or can demonstrate completion of all requirements in Level 1.	The objective of Level 2 is to give children success with fundamental skills. Children learn: floating without support and recovering to a vertical position, exploring simultaneous and alternating arm and leg motion to lay the foundations for future strokes. An introduction to deep water is included in this course.
Level Three Stroke Development	<b>Ages 6-14 yrs.</b> Passed Level 2 or can demonstrate completion of all requirements in Level 2.	Level 3 builds on the skills learned in Level 2 by providing additional guided practice. Children learn: coordinating the front crawl, elementary backstroke, fundamentals of treading water, rules for head first entries and additional safety skills. Most importantly, children who successfully complete this course will be able to comfortably swim in deep water.
Level Four Stroke Improvement	<b>Ages 6-15 yrs.</b> Passed Level 3 or can demonstrate all Level 3 requirements. Students MUST be comfortable in deep water.	The objective of Level 4 is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Children learn to improve skills and endurance in the familiar strokes (front/back crawl), and are introduced to the elementary backstroke, breaststroke, sidestroke, and butterfly.
Level Five Advanced Strokes	<b>Ages 6-15 yrs.</b> Passed Level 4 or can demonstrate completion of all requirements in Level 4.	The objective of Level 5 is to coordinate the strokes that were introduced in 4. Students will put together the mechanics for elementary backstroke, breaststroke, sidestroke and butterfly. Underwater swimming & surface dives will also be included.
Level Six Stroke Refinement	<b>Ages 6-16 yrs.</b> Passed Level 5 or can demonstrate completion of all requirements in Level 5.	Level 6 refines all 6 strokes. Children learn: advanced techniques in all strokes (front/back crawl, butterfly, breaststroke, elementary backstroke, sidestroke) and will increase their distance endurance. Flip turns at the wall and improved diving skills will provide the student with the essentials to pursue swimming as a sport.

# GENERAL SWIM CLASSES

## Bay View Girls Pool

**Height Requirement: 48" | Pool Temp: 82° - 88°**

### Tuesday, Mar 17 - May 12

Class#	Level	Start Time	End Time	Price
#4RAQ7402-BV01	Lil' Squirts	4:30PM	5:00PM	\$32.00
#4RAQ0501-BV01	Level 1	5:10PM	6:00PM	\$37.00
#4RAQ0502-BV01	Level 2	6:10PM	7:00PM	\$37.00

### Thursday, Mar 19 - May 14

Class#	Level	Start Time	End Time	Price
#4RAQ7404-BV01	Adv. Tiny Tot	4:30PM	5:15PM	\$36.00
#4RAQ0511-BV02	Little Level 1	5:25PM	6:10PM	\$37.00
#4RAQ0503-BV01	Level 3	6:20PM	7:10PM	\$37.00

## Gaenslen

**Height Requirement: 36" | Pool Temp: 86° - 89°**

### Monday, Mar 16 - May 11

Class#	Level	Start Time	End Time	Price
#4RAQ0511-GS01	Little Level 1	5:35PM	6:20PM	\$37.00
#4RAQ0502-GS01	Level 2	6:30PM	7:20PM	\$37.00
#4RAQ0504-GS01	Level 4	7:30PM	8:20PM	\$37.00

### Tuesday, Mar 17 - May 12

Class#	Level	Start Time	End Time	Price
#4RAQ7401-GS01	Infant	4:30PM	5:00PM	\$32.00
#4RAQ7403-GS01	Tiny Tot	5:10PM	5:40PM	\$32.00
#4RAQ7402-GS01	Lil' Squirts	5:50PM	6:20PM	\$32.00
#4RAQ0501-GS01	Level 1	6:30PM	7:20PM	\$37.00

### Wednesday, Mar 18 - May 13

Class#	Level	Start Time	End Time	Price
#4RAQ0503-GS02	Level 3	6:40PM	7:30PM	\$37.00

### Saturday, Mar 21 - May 16

Class#	Level	Start Time	End Time	Price
#4RAQ7401-GS02	Infant	8:00AM	8:30AM	\$32.00
#4RAQ7403-GS02	Tiny Tot	8:40AM	9:10AM	\$32.00
#4RAQ0511-GS02	Little Level 1	9:20AM	10:05AM	\$37.00
#4RAQ7404-GS01	Adv. Tiny Tot	10:15AM	11:00AM	\$36.00
#4RAQ0501-GS02	Level 1	11:50AM	12:40PM	\$37.00
#4RAQ0502-GS02	Level 2	12:50PM	1:40PM	\$37.00
#4RAQ0503-GS01	Level 3	1:50PM	2:40PM	\$37.00
#4RAQ0501-GS03	Level 1	2:50PM	3:40PM	\$37.00

## Hamilton

**Height Requirement: 48" | Pool Temp: 79° - 82°**

### Monday, Mar 16 - May 11

Class#	Level	Start Time	End Time	Price
#4RAQ0501-HA01	Level 1	4:30PM	5:20PM	\$37.00
#4RAQ0502-HA01	Level 2	5:30PM	6:20PM	\$37.00
#4RAQ0503-HA01	Level 3	6:30PM	7:20PM	\$37.00

### Tuesday, Mar 17 - May 12

Class#	Level	Start Time	End Time	Price
#4RAQ7403-HA02	Tiny Tot	5:30AM	6:00PM	\$32.00
#4RAQ0501-HA04	Level 1	4:30PM	5:20PM	\$37.00
#4RAQ0505-HA02	Level 5	7:15PM	8:05PM	\$37.00
#4RAQ0506-HA02	Level 6	7:15PM	8:05PM	\$37.00

### Wednesday, Mar 18 - May 13

Class#	Level	Start Time	End Time	Price
#4RAQ7402-HA01	Lil' Squirts	4:30PM	5:00PM	\$32.00
#4RAQ7401-HA01	Infant	5:10PM	5:40PM	\$32.00
#4RAQ7403-HA01	Tiny Tot	5:50PM	6:20PM	\$32.00
#4RAQ0504-HA01	Level 4	6:30PM	7:20PM	\$37.00

### Saturday, Mar 21 - May 16

Class#	Level	Start Time	End Time	Price
#4RAQ7404-HA01	Adv. Tiny Tot	8:00AM	8:45AM	\$36.00
#4RAQ0511-HA01	Little Level 1	8:55AM	9:40AM	\$37.00
#4RAQ0502-HA02	Level 2	9:50AM	10:40AM	\$37.00
#4RAQ0501-HA02	Level 1	10:50AM	11:40AM	\$37.00
#4RAQ7402-HA02	Lil' Squirts	12:30PM	1:00PM	\$32.00
#4RAQ0503-HA02	Level 3	1:10PM	2:00PM	\$37.00
#4RAQ0501-HA03	Level 1	2:10PM	3:00PM	\$37.00

## MacDowell

**Height Requirement: 48" | Pool Temp: 79° - 82°**

### Tuesday, Mar 17 - May 12

Class#	Level	Start Time	End Time	Price
4RAQ0503-JU01	Level 3	4:30PM	5:20PM	\$37
4RAQ0504-JU01	Level 4	4:30PM	5:20PM	\$37

# GENERAL SWIM CLASSES

## Madison

**Height Requirement: 48" | Pool Temp: 80°- 85°**

**Tuesday, Mar 17 - May 12**

Class#	Level	Start Time	End Time	Price
#4RAQ7403-MA01	Tiny Tot	5:35PM	6:05PM	\$32.00
#4RAQ0502-MA01	Level 2	6:15PM	7:05PM	\$37.00

**Thursday, Mar 19 - May 14**

Class#	Level	Start Time	End Time	Price
#4RAQ7402-MA01	Lil' Squirts	5:35AM	6:05PM	\$32.00
#4RAQ0501-MA01	Level 1	6:15PM	7:05PM	\$37.00

## Marshall

**Height Requirement: 48" | Pool Temp: 86°- 90°**

**Tuesday, Mar 17 - May 12**

Class#	Level	Start Time	End Time	Price
#4RAQ0505-MA01	Level 5	7:15PM	8:05PM	\$37.00

## North Division

**Height Requirement: 48" | Pool Temp: 86°- 90°**

**Tuesday, Mar 17 - May 12**

Class#	Level	Start Time	End Time	Price
#4RAQ0502-ND01	Level 2	5:30PM	6:20PM	\$37.00
#4RAQ0503-ND01	Level 3	6:30PM	7:20PM	\$37.00

**Thursday, Mar 19 - May 14**

Class#	Level	Start Time	End Time	Price
#4RAQ0501-ND02	Level 1	5:30PM	6:20PM	\$37.00
#4RAQ0504-ND01	Level 4	6:30PM	7:20PM	\$37.00

**Saturday, Mar 21 - May 16**

Class#	Level	Start Time	End Time	Price
#4RAQ0501-ND03	Level 1	1:00PM	1:50PM	\$37.00
#4RAQ0502-ND03	Level 2	2:00PM	2:50PM	\$37.00
#4RAQ0505-ND01	Level 5	3:00PM	3:50PM	\$37.00



## Riverside

**Height Requirement: 48" | Pool Temp: 78°- 82°**

**Monday, Apr 6 - May 25**

Class#	Level	Start Time	End Time	Price
#4RAQ0505-RS01	Level 5	5:10PM	6:00PM	\$37.00

**Wednesday, Apr 8 - May 27**

Class#	Level	Start Time	End Time	Price
#4RAQ0506-RS01	Level 6	5:10PM	6:00PM	\$37.00

## South

**Height Requirement: 48" | Pool Temp: 79°- 82°**

**Tuesday, Apr 7 - May 26**

Class#	Level	Start Time	End Time	Price
#4RAQ0503-SD02	Level 3	5:00PM	5:50PM	\$37.00

**Saturday, Apr 11 - Jun 6**

Class#	Level	Start Time	End Time	Price
#4RAQ0505-SD01	Level 5	8:45AM	9:35AM	\$37.00
#4RAQ0506-SD01	Level 6	8:45AM	9:35AM	\$37.00
#4RAQ0504-SD01	Level 4	10:45AM	11:35AM	\$37.00
#4RAQ7403-SD01	Tiny Tot	12:25PM	12:55PM	\$32.00
#4RAQ0501-SD01	Level 1	1:05PM	1:55PM	\$37.00
#4RAQ0502-SD01	Level 2	2:05PM	2:55PM	\$37.00
#4RAQ0503-SD01	Level 3 Swim	3:05PM	3:55PM	\$37.00

## ADULT SWIM

### Adult Swim Lessons

Intermediate swimmers will work on refining swimming strokes. Swimming caps are required.

**Activity Code: 4RAQ0401**  
(Section codes listed below)

### Bay View (Ages 17 & up).....BV01

Tue, Mar 17-May 12, 7:10PM- 8:00PM  
\$36 Residents/\$54 Non-Residents

### Riverside (Ages 17 & up).....RS01

Sat, Apr 11-Jun 6, 10:30AM-11:30AM  
\$36 Residents/\$54 Non-Residents

### Aqua CONQUER

Ready to transform your relationship with water? Our compassionate, personalized Aqua Conquer course helps adults build water confidence in a small, supportive group. You'll learn at your own pace, gain new skills, and discover a new sense of freedom and control in the water.

**Activity Code: 4RAQ0402**  
(Section codes listed below)

### Bay View (Ages 17 & up).....BV01

Thu, Mar 19-May 14, 7:20PM- 8:10PM  
\$60 Residents/\$90 Non-Residents

### North Division (Ages 17 & up).....ND01

Thu, Mar 19-May 14, 7:20PM- 8:10PM  
\$60 Residents/\$90 Non-Residents

### Beginner Adult Lesson

If you are a beginning swimmer, this class will orient you to swimming essentials so you will feel comfortable in and around water. You will learn basic swim strokes and water safety techniques. Swim caps are required.

**Activity Code: 4RAQ0403**  
(Section codes listed below)

### Gaenslen (Ages 17 & up).....GS01

Tue, Mar 17-May 12, 7:30PM- 8:20PM  
\$36 Residents/\$48 Non-Residents

### Hamilton (Ages 17 & up).....HA02

Mon, Mar 16-May 11, 7:30PM- 8:20PM  
\$36 Residents/\$48 Non-Residents

### Hamilton (Ages 17 & up).....HA01

Sat, Mar 21-May 16, 3:10PM- 4:00PM  
\$36 Residents/\$48 Non-Residents

### Madison (Ages 17 & up).....MA01

Thu, Mar 19-May 14, 7:15PM- 8:05PM  
\$36 Residents/\$48 Non-Residents

### South Division (Ages 17 & up).....SD01

Sat, Apr 11-Jun 6, 9:45AM-10:35AM  
\$36 Residents/\$48 Non-Residents

## Intermediate Adult Lesson

Intermediate swimmers will work on refining swimming strokes. Swimming caps are required.

**Activity Code: 4RAQ0404**  
(Section codes listed below)

### Gaenslen (Ages 17 & up).....GS01

Thu, Mar 19-May 14, 7:40PM- 8:30PM  
\$36 Residents/\$48 Non-Residents

## AQUA FITNESS

### Aqua Boot Camp

Scorch calories long after your swimsuit dries! A powerful class to challenge the fitness enthusiast; bring handheld weights (3-8 pounds) and a water bottle. Training tactics may not be appropriate for beginning exercisers, persons with special needs or those who wish not to get their hair wet.

**Activity Code: 4RAQ0301**  
(Section codes listed below)

### Riverside ..... RS01

Sat, Apr 4-May 30, 9:10AM-10:20AM  
\$38 Residents/\$45 Non-Residents

### Aqua Zumba®

The hottest fitness craze hits the cool water in the pool. Plan to have so much fun in this Latin-themed pool party that you'll never miss the calories you leave behind. Water shoes recommended. Please bring a water bottle.

**Activity Code: 4RAQ0302**  
(Section codes listed below)

### South Division .....SD01

Sat, Apr 11-Jun 6, 8:40AM- 9:40AM  
\$38 Residents/\$45 Non-Residents

### Water Aerobics - Adult

Increase flexibility, muscle strength and endurance without joint discomfort of traditional land exercise. Sign up now to make your workout fun, not a bore or a chore.

**Activity Code: 4RAQ0306**  
(Section codes listed below)

### Gaenslen .....GS01

Wed, Mar 18-May 13, 4:30PM- 5:30PM  
\$38 Residents/\$45 Non-Residents

### Gaenslen .....GS02

Fri, Mar 20-May 15, 4:30PM- 5:30PM  
\$38 Residents/\$45 Non-Residents

### North Division .....ND01

Tue, Mar 17-May 12, 7:25PM- 8:25PM  
\$38 Residents/\$45 Non-Residents

## Cardio Splash

Convert fat into lean muscle as you work against powerful water resistance. Experts agree that fat loss is expedited through interval training; work sets of higher intensity with periods of active rest. Endurance and intensity build each week for maximum results. Bring water bottle to class.

**Activity Code: 4RAQ0304**  
(Section codes listed below)

### Gaenslen .....GS01

Mon, Mar 16-May 11, 4:30PM- 5:30PM  
\$38 Residents/\$45 Non-Residents

### Gaenslen .....GS02

Thu, Mar 19-May 14, 4:30PM- 5:30PM  
\$38 Residents/\$45 Non-Residents

### Hamilton ..... HA01

Wed, Mar 18-May 13, 7:30PM- 8:30PM  
\$38 Residents/\$45 Non-Residents

### Madison .....MA01

Thu, Mar 19-May 14, 4:30PM- 5:30PM  
\$38 Residents/\$45 Non-Residents

### North Division .....ND01

Sat, Mar 21-May 16, 10:00AM-11:00AM  
\$38 Residents/\$45 Non-Residents



## Deep Water Aerobics

Changing the medium in which you workout challenges the body, building muscle in places you may not have felt before. In the gym trainers use Bosu platforms and exercise balls to destabilize the environment; in the water, we take the floor away! Floatation belts available.

**Activity Code: 4RAQ0305**  
(Section codes listed below)

### Gaenslen .....GS01

Tue, Mar 17-May 12, 4:30PM- 5:30PM  
\$38 Residents/\$45 Non-Residents

### Hamilton ..... HA01

Mon, Mar 16-May 11, 7:30PM- 8:30PM  
\$38 Residents/\$45 Non-Residents

### South Division .....SD01

Tue, Apr 7-May 26, 6:15PM- 7:15PM  
\$38 Residents/\$45 Non-Residents

### South Division .....SD03

Wed, Apr 8-May 27, 6:15PM- 7:15PM  
\$38 Residents/\$45 Non-Residents

## YoQUA Fusion

Specially designed water exercise to ease the mind and restore the body. Gentle movement to increase flexibility and renew your spirit will be interspersed with moderate cardiovascular exercise to maintain temperature. Floatation belts (provided) may be used for some portions of this class.

**Activity Code: 4RAQ0307**

**(Section codes listed below)**

## Madison .....MA01

Tue, Mar 17-May 12, 4:30PM- 5:30PM  
\$38 Residents/\$45 Non-Residents

## H2fIOW™

**N  
E  
W** Immerse yourself in H2fIOW™, a transformative warm water therapy class that harmonizes body, mind, and spirit. Through slow, intentional movement, buoyancy-assisted floatation, breathing practices, and gentle stretching, this practice soothes pain, eases stress, and restores nervous system balance.

**Activity Code: 4RAQ0311**

**(Section codes listed below)**

## Gaenslen .....GS01

Wed, Mar 18-May 13, 5:35PM- 6:35PM  
\$38 Residents/\$45 Non-Residents

## Aqua Urban Line Dance

An aquatic cardio exercise class that involves choreographed dances to a variety of urban music genres, including R&B, hip hop, soul, gospel, and house. It's a fun activity that can be adjusted to different levels of comfort. No swimming required while you dance through the water.

**Activity Code: 4RAQ0314**

**(Section codes listed below)**

## North Division .....ND01

Thu, Mar 19-May 14, 7:30PM- 8:30PM  
\$38 Residents/\$45 Non-Residents

## North Division .....ND02

Sat, Mar 21-May 16, 11:10AM-12:10PM  
\$38 Residents/\$45 Non-Residents

## H2fIOW Aquanatal™

**N  
E  
W** Flow into motherhood letting the water hold and support you as your body changes. Open hips, ease joints and soothe back pain while supporting your body through both birth preparation and postpartum recovery, emerging replenished and renewed. Physician/Midwife approval recommended.

**Activity Code: 4RAQ0315**

**(Section codes listed below)**

## Gaenslen .....GS01

Wed, Mar 18-May 13, 6:40PM- 7:40PM  
\$38 Residents/\$45 Non-Residents

## AQUATICS TRAINING

### Lifeguard Training

Ages 15 & up. Red Cross Lifeguard Training includes: Water rescue, first aid and CPR. This class is all in person. Must attend class in full. Prerequisites for this class are required. Call for more details, 414-647-6076. See receipt/message for pre-test details. Use Free LG Prep Courses to prepare. Instructor: Denzel Shareef

**Activity Code: 4RAQ0601**

**(Section codes listed below)**

### North Division (Ages 15-80) .....ND11

(Mandatory Pre-Test on Mar. 21 at North Division, 10:00 AM - 11:00 AM.)  
Mon-Thu, Mar 30-Apr 2, 8:30AM- 4:30PM  
\$100 Residents/\$300 Non-Residents

### North Division (Ages 15-79) .....ND01

(Mandatory Pre-Course: Available on 4/25 at North Division 10:00am - 11:00am No class: 5/23)  
Sat, May 9-Jun 6, 8:45AM- 4:45PM  
\$100 Residents/\$300 Non-Residents

### Lifeguard Review Course

Participants MUST possess a Lifeguard certification from a reputable organization and be NO MORE than 30 days after its expiration date. Crossover candidates MUST complete online content before the start of the course. Contact the Aquatics office to access online content.

**Activity Code: 4RAQ0602**

**(Section codes listed below)**

### North Division (Ages 16-80) .....ND01

Thu, Apr 2, 8:00AM- 5:00PM  
\$60 Residents/\$90 Non-Residents

### WSI - Water Safety Instructor

Age 16 & Up. Red Cross Water Safety Instructor (WSI) course trains candidates to teach a variety of swim classes Prerequisites: 25 yards of proficient: Front Crawl, Back Crawl, Breaststroke, Sidestroke, Elementary Backstroke and Butterfly. Must attend Pre-course. Additional information: 414-647-6053

**Activity Code: 4RAQ0604**

**(Section codes listed below)**

### North Division (Ages 16-80) .....ND01

(MANDATORY Pre-Test: March 7th, 8:00AM, at Riverside. If this date does not work, call 414-647-6053.)  
Tue-Thu, Mar 31-Apr 2, 8:00AM- 4:30PM

\$160 Residents/\$240 Non-Residents

### South Division (Ages 16-80) .....SD01

(MANDATORY Pre-Test: Apt. 25, 8:00AM, at Riverside. If this date does not work, call 414-647-6053.)  
Thu/Sat, Apr 30-May 23, 8:00AM- 4:30PM

\$160 Residents/\$240 Non-Residents

### Aqua Fit Instructor Training

Join us to learn the basics of leading Aqua-Fitness formats and enjoy a lifestyle where you are paid to workout. Fitness enthusiasts with outgoing personality are encouraged to attend. This is an IN-WATER workout experience, bring appropriate fitness attire for in-water activity.

**Activity Code: 4RAQ0608**

**(Section codes listed below)**

## South Division .....SD01

Fri, May 1-May 15, 5:30PM- 8:30PM  
\$60 Residents/\$60 Non-Residents

## COMMUNITY WELLNESS

### Floga

A yoga class on the water with glide fit boards (land options also available). Expect to be in the water to get onto your floating yoga board, stabilized by lane lines. This class is intended as a unique way to experience yoga while challenging your balance. First 15 enrolled have priority on water.

**Activity Code: 4RAQ0312**

**(Section codes listed below)**

## North Division .....ND01

Sat, Mar 21-Mar 28, 8:45AM- 9:45AM  
FREE

## North Division .....ND02

Sat, Apr 11-Apr 18, 8:45AM- 9:45AM  
FREE

## North Division .....ND03

Sat, Apr 25-May 2, 8:45AM- 9:45AM  
FREE

## North Division .....ND04

Sat, May 9-May 16, 8:45AM- 9:45AM  
FREE



**FAMILY CLASSES****Iron Tiger Triathlon**

A fun and supportive event with a swim in Riverside's pool, bike on the oak leaf trail (no roads to cross), and run on RUHS track. The event provides multiple distance options: Swim 100, 200, or 400 yrd swim (825 yrd upon request), an 8 or 13 mile bike, finishing with a 1 or 3.1 mile run. Not Timed.

**Activity Code: 4RAQ3316**

(Section codes listed below)

**Riverside (Ages 8-99).....RS01**

(\$15 per team NOT PER PERSON, call 414-647-6067 to enroll team)

Fri, May 29, 4:30PM- 5:30PM

**Riverside (Ages 8-99).....RS02**

Fri, May 29, 5:00PM- 6:00PM

\$15 Residents/\$24 Non-Residents

**Riverside (Ages 8-99).....RS03**

Fri, May 29, 5:30PM- 6:30PM

\$15 Residents/\$24 Non-Residents

**Riverside (Ages 8-99).....RS04**

Fri, May 29, 6:00PM- 7:00PM

\$15 Residents/\$24 Non-Residents

**Riverside (Ages 8-99).....RS05**

Fri, May 29, 6:30PM- 7:30PM

\$15 Residents/\$24 Non-Residents

## **WARM WATER WALK INFORMATION**

**North Division**

Tue, Mar 17-May 12, 10:00AM-12:00PM

Thu, Mar 19-May 14, 10:00AM-12:00PM

Thu, Mar 19-May 14, 6:00PM- 7:00PM

### **Warm water walk is a FREE program!**

Enjoy a therapy pool setting with minimum water temperatures of 86F. Each reservation via this registration is for a single person for a single session. No formal instruction provided.

**ACTIVITY CODE: 4RAQ1034**

**ADULT COMP SWIM****Master's Swim - Weekdays**

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

**Activity Code: 4RCS0701**

(Section codes listed below)

**MacDowell (Ages 14 & up).....JU01**

Tue, Mar 17-May 19, 5:10AM- 6:10AM

\$31 Residents/\$46 Non-Residents

**MacDowell (Ages 14 & up).....JU11**

Tue, Mar 17-May 19, 6:15AM- 7:15AM

\$31 Residents/\$46 Non-Residents

**MacDowell (Ages 14 & up).....JU02**

Thu, Mar 19-May 21, 5:10AM- 6:10AM

\$31 Residents/\$46 Non-Residents

**MacDowell (Ages 14 & up).....JU12**

Thu, Mar 19-May 21, 6:15AM- 7:15AM

\$31 Residents/\$46 Non-Residents

**Riverside (Ages 14 & up).....RS01**

Mon, Apr 6-Jun 1, 5:10AM- 6:10AM

\$31 Residents/\$46 Non-Residents

**Riverside (Ages 14 & up).....RS11**

Mon, Apr 6-Jun 1, 6:15AM- 7:15AM

\$31 Residents/\$46 Non-Residents

**Riverside (Ages 14 & up).....RS22**

Tue, Apr 7-Jun 2, 7:35PM- 8:35PM

\$31 Residents/\$46 Non-Residents

**Riverside (Ages 14 & up).....RS02**

Wed, Apr 8-Jun 3, 5:10AM- 6:10AM

\$31 Residents/\$46 Non-Residents

**Riverside (Ages 14 & up).....RS12**

Wed, Apr 8-Jun 3, 6:15AM- 7:15AM

\$31 Residents/\$46 Non-Residents

**South Division (Ages 14 & up).....SD01**

Fri, Apr 10-Jun 5, 5:10AM- 6:10AM

\$31 Residents/\$46 Non-Residents

**South Division (Ages 14 & up).....SD11**

Fri, Apr 10-Jun 5, 6:15AM- 7:15AM

\$31 Residents/\$46 Non-Residents

**Master's Swim - Weekend**

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

**Activity Code: 4RCS0702**

(Section codes listed below)

**MacDowell (Ages 14 & up).....JU01**

(Saturday)

Sat, Mar 21-May 16, 7:25AM- 8:25AM

\$31 Residents/\$46 Non-Residents

**Triathlon Cross Training**

Tri specific swim, bike and run workout, technique tips. In/outdoor options. Minimum recommended fitness level include: 50 yards of nonstop swim ability, 10 minute of jogging stamina and comfortable on your own bike. Come prepared to swim, bike/spin and run, unless instructed otherwise.

**Activity Code: 4RCS0704**

(Section codes listed below)

**Riverside (Ages 14 & up).....RS01**

Tue, Apr 7-Jun 2, 6:00PM- 7:30PM

\$42 Residents/\$63 Non-Residents

**Riverside (Ages 14 & up).....RS02**

Thu, Apr 9-Jun 4, 6:00PM- 8:00PM

\$42 Residents/\$63 Non-Residents

**YOUTH COMP SWIM****Competitive Swim - Extra Practice**

EXTRA PRACTICE is an opportunity for swim team members of Intermediate and Advanced competitive swim programs to swim an additional practice per week. Swimmer must first be enrolled in either Intermediate or Advanced Competitive Swim of any Milwaukee Recreation Competitive Swim Team to be eligible for this option. Not eligible for reduced fees. Family discount does not apply.

**Activity Code: 4RCS0804**  
(Section codes listed below)

**MacDowell (Ages 4-19).....JU01**  
Sat, Mar 21-May 16, 8:30AM-10:00AM  
\$16 Residents/\$24 Non-Residents

**Teen TRI Training**

For youth 11-18 the opportunity to have FUN biking, swimming, and running in Milwaukee Riverside's beautiful facilities and parks. Participants should be comfortable in deep water and on a bike. Instructions for biking will be issued on day 1. Outdoors when weather permits.

**Activity Code: 4RCS0807**  
(Section codes listed below)

**Riverside (Ages 4-19).....RS01**  
Tue, Apr 7-Jun 2, 4:00PM- 5:45PM  
\$36 Residents/\$54 Non-Residents

**Riverside (Ages 4-19).....RS02**  
Thu, Apr 9-Jun 4, 4:00PM- 5:45PM  
\$36 Residents/\$54 Non-Residents

**Piranhas Swim Team**

Milwaukee Piranhas Age-Group Swim Club offers a friendly, learner-focused environment. Swimmers must be able to kick one full length (25 yards) of the pool on their back and stomach and be comfortable in deep water to join. Seasonal swim meets will be held with local age-group clubs.

**Activity Code: 4RCS0808**  
(Section codes listed below)

**MacDowell (Ages 4-19).....JU02**  
(INTERMEDIATE GROUP)  
Mon-Thu, Mar 16-May 21, 5:30PM- 6:30PM  
\$54 Residents/\$81 Non-Residents

**MacDowell (Ages 4-19).....JU03**  
(BEGINNER GROUP)  
Mon/Wed, Mar 16-May 21, 5:30PM- 6:15PM  
\$54 Residents/\$81 Non-Residents

**MacDowell (Ages 4-19).....JU01**  
(ADVANCED GROUP)  
Mon-Thu, Mar 16-May 21, 6:30PM- 8:00PM  
\$72 Residents/\$108 Non-Residents

**MacDowell (Ages 4-19).....JU13**  
(BEGINNER GROUP)  
Tue/Thu, Mar 17-May 20, 5:30PM- 6:15PM  
\$54 Residents/\$81 Non-Residents

**Tidal Waves Swim Team**

The Tidal Waves Age-Group Swim Team offers a friendly, learner-focused environment. Swimmers must be able to kick one full length (25 yards) of the pool on their back and stomach and be comfortable in deep water to join. Seasonal swim meets will be held with local age-group clubs.

**Activity Code: 4RCS0809**  
(Section codes listed below)

**South Division (Ages 4-19) .....SD02**  
(INTERMEDIATE GROUP)  
Mon-Thu, Apr 6-Jun 4, 6:15PM- 7:15PM  
\$54 Residents/\$81 Non-Residents

**South Division (Ages 4-19) .....SD01**  
(BEGINNER GROUP)  
Mon/Wed, Apr 6-Jun 3, 6:15PM- 7:00PM  
\$39 Residents/\$50 Non-Residents

**South Division (Ages 4-19) .....SD04**  
(ADVANCED GROUP)  
Mon-Thu, Apr 6-Jun 4, 7:00PM- 8:15PM  
\$68 Residents/\$86 Non-Residents

**South Division (Ages 4-19) .....SD05**  
(INTERMEDIATE GROUP)  
Mon-Thu, Apr 6-Jun 4, 7:15PM- 8:15PM  
\$54 Residents/\$81 Non-Residents

**South Division (Ages 4-19) .....SD03**  
(BEGINNER GROUP)  
Tue/Thu, Apr 7-Jun 4, 6:15PM- 7:00PM  
\$18 Residents/\$27 Non-Residents

**Krakens Swim Team**

The Krakens Age Group Swim Team offers youth interested in competitive swimming to join a friendly, learner-focused environment. Swimmers must be able to kick one full length (25 yards) of the pool on their back and stomach and be comfortable in deep water to join. Seasonal swim meets will be held with local age-group clubs and allow for swimmers to be introduced to competition with those of similar ability levels.

**Activity Code: 4RCS0810**  
(Section codes listed below)

**Riverside (Ages 4-19).....RS03**  
(BEGINNER GROUP)  
Mon/Wed, Apr 6-Jun 3, 6:15PM- 7:00PM  
\$39 Residents/\$50 Non-Residents

**Riverside (Ages 4-19).....RS01**  
(ADVANCED GROUP)  
Mon/Wed/Thu, Apr 6-Jun 4, 6:45PM- 8:15PM  
\$63 Residents/\$85 Non-Residents

**Riverside (Ages 4-19).....RS02**  
(INTERMEDIATE GROUP)  
Mon/Wed/Thu, Apr 6-Jun 4, 7:00PM- 8:00PM  
\$54 Residents/\$81 Non-Residents

**OPEN + LAP SWIM INFORMATION**

First come, first served, only 40 people in the pool at one time. Children under the age of 7 must be accompanied in the water by an adult who will remain within arm's reach of the child. Two lap swim lanes will be available. Open / lap swim is a **FREE** program, and pre-registration is required. **ACTIVITY CODE: 4RAQ1032**

**Gaenslen - Fri, Mar 20-May 15, 6:40PM- 7:40PM (no lap option)**  
**MacDowell - Sat, Mar 21-Jun 6, 10:30AM-12:00PM (open + lap swim)**  
**South Division - Sat, Apr 11-Jun 6, 7:30AM- 8:30AM(open + lap swim**

**LAP SWIM INFORMATION**

- **Riverside High School (lap only)**
- **ACTIVITY CODE: 4RCS0705**
- **\$3 per day, registration required.**
  - » Saturdays, 4/11-6/6, 8:00AM - 9:00AM (closed 5/23)

*Additional open and lap swim opportunities will be listed at [mkerec.net/openswim](http://mkerec.net/openswim).*

## COMMUNITY WELLNESS

### Community Bike Ride - South Side Cycle

Discover the joy of group bike rides on Milwaukee's best trails! Rides include a short introduction on bike safety followed by a 90 minute group ride led by our ride leaders. Rides will focus on bike trails with some street riding and are suitable for beginners. Must provide your own bike & helmet.

**Activity Code: 4PL59002**  
(Section codes listed below)

### Various Locations .....WN01

Wed, Apr 1-Jun 3, 9:30AM-11:30AM  
FREE



### Mil"WALK"ee

Join our walking club for a cardio workout while exploring Milwaukee! Each week, walk up to 4 miles in a group setting. Walk locations can be found at [www.mkerec.net/wellness](http://www.mkerec.net/wellness). Attendance at every walk is not required. Wednesday walks may include historical highlights or brief pauses along the route.



Scan this QR code to watch our intro video!

**Activity Code: 4PL59003**  
(Section codes listed below)

### Various .....WN01

Tue, Apr 7-Jun 9, 10:00AM-11:15AM  
FREE

### Various .....WN02

Wed, Apr 8-Jun 10, 5:30PM- 6:30PM  
FREE

### Various .....WN03

Thu, Apr 9-Jun 11, 10:00AM-11:15AM  
FREE

## Yoga

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation.

**Activity Code: 4PL59004**  
(Section codes listed below)

### Beulah Brinton .....BN01

Fri, Mar 27-May 29, 10:45AM-11:30AM  
FREE

### Tiefenthaler Park .....TF01

Tue, Mar 31-May 19, 10:00AM-11:00AM  
FREE

### Urban Ecology Center-Washington Park

#### WN01

Tue, Mar 31-May 19, 5:00PM- 5:45PM  
FREE

## Fitness in the Park Yoga

Practicing Yoga outdoors has many benefits including increasing body awareness, strength and flexibility while connecting you deeper with nature. Join us for an outdoor yoga class that will take you through a series of poses and breath work. Bring your own exercise mat and water.

**Activity Code: 4PL59006**  
(Section codes listed below)

### Cupertino Park .....WN02

Sat, May 2-May 30, 11:00AM-12:00PM  
FREE

## Glow with the Flow Yoga

This invigorating and upbeat flow yoga class will combine breath work and movement of the body. Black lights, glow sticks and a lively playlist will help set the mood! Join the party and Glow with the Flow! Bring your own exercise mat.

**Activity Code: 4PL59011**  
(Section codes listed below)

### Washington (Ages 14 & up).....WA01

Sat, Apr 18, 12:00PM- 1:00PM  
FREE



## Milwaukee Wellness Day

April 14th is officially Milwaukee Day! What better way to celebrate Milwaukee than to celebrate yourself by taking wellness programs throughout the 4-1-4. The walks are approximately 3 miles, bike rides are approximately 10 miles, and other offerings are trial classes (be sure to read comments on what the class is).

**Activity Code: 4PL59014**  
(Section codes listed below)

### Beulah Brinton .....BN05

(T'ai Chi: Beulah Brinton 2555 S. Bay St.)  
Tue, Apr 14, 2:45PM- 3:45PM  
FREE

### Beulah Brinton .....BN01

(Gentle Toning: Beulah Brinton 2555 S. Bay St.)  
Tue, Apr 14, 4:45PM- 5:45PM  
FREE

### Beulah Brinton .....BN04

(Walking Tour to Puddler's Hall, Groppi's Food Market, South Shore Park from Beulah Brinton 2555 S. Bay St.)  
Tue, Apr 14, 5:00PM- 6:30PM  
FREE

### Colectivo .....BN02

(Mil"WALK"ee walk at Wauwatosa's Colectivo Coffee 6745 W Wells St, Wauwatosa, WI)  
Tue, Apr 14, 10:00AM-11:00AM  
FREE

### Hamilton .....BN03

(Let's Make Kombucha: Hamilton 6215 W Warnimont Ave)  
Tue, Apr 14, 5:30PM- 6:30PM  
FREE

### Hamilton .....BN04

(Total Wellness Class Preview: Hamilton 6215 W Warnimont Ave)  
Tue, Apr 14, 6:00PM- 7:30PM  
FREE

### Milwaukee Marshall .....WN01

(Men Moving Forward Class Preview: Marshall 4141 N 64th St)  
Tue, Apr 14, 6:00PM- 7:00PM  
FREE

## Total Wellness

Build muscle, get fit, and learn to cook to help prevent cancer and other health problems! Total Wellness teaches easy ways to live a healthy lifestyle. The first weekly class includes health/nutrition education and a fitness class. The second weekly class is a group fitness class. Total Wellness is for all levels.

**Activity Code: 4PL59015**  
(Section codes listed below)

### Hamilton ..... HA01

Tue/Thu, Mar 24-May 28, 6:00PM- 7:00PM  
\$8 Residents/\$8 Non-Residents

### Milwaukee Marshall ..... MR01

Mon/Wed, Mar 23-May 27, 6:00PM- 7:00PM  
\$8 Residents/\$8 Non-Residents

## Community Bike Rides - Beginner

Discover the joy of group bike rides on Milwaukee's best trails! Rides include a short introduction on bike safety followed by a 90 minute group ride led by our ride leaders. Rides will focus on bike trails with some street riding and are suitable for beginners. Must provide your own bike & helmet.

**Activity Code: 4PL59016**  
(Section codes listed below)

### Various Locations ..... SA01

Sat, Apr 4-Jun 6, 10:00AM-11:30AM  
FREE

## Community Bike Rides - Social Slow Roll

Discover the joy of group bike rides on Milwaukee's best trails! Rides include a short introduction on bike safety followed by a 90 minute group ride led by our ride leaders. Rides will focus on bike trails with some street riding and are suitable for beginners. Must provide your own bike & helmet.

**Activity Code: 4PL59017**  
(Section codes listed below)

### Various Locations ..... CBC-SR

Thu, May 7-May 28, 6:00PM- 7:30PM  
FREE

## Community Bike Rides - Good Morning Hank

Enjoy a morning ride through a variety of environments including urban, river, prairie and wooded surroundings. Rides include a short introduction on bike safety followed by a group ride led by our ride leaders. Rides will focus on bike trails with some street riding and are suitable for beginners. Must provide your own bike & helmet.

**Activity Code: 4PL59018**  
(Section codes listed below)

### Juneau Playfield (Ages 16 & up).. WN01

Tue, Mar 31-Jun 2, 9:30AM-11:30AM  
FREE

## Nordic Walking for Beginners

Nordic Walking uses poles to enhance your walking experience. A technique similar to cross-country skiing & power walking, Nordic Walking is a total body workout. Class is geared towards beginners, poles are provided. Led by Alisa, Certified Nordic Walking Instructor.

**Activity Code: 4PL59021**  
(Section codes listed below)

### South Shore Park ..... WN02

Sun, Apr 5-May 31, 8:30AM- 9:30AM  
FREE

### Urban Ecology Center Riverside Park .. WN01

Sat, Apr 4-May 30, 9:30AM-10:30AM  
FREE

## Functional Strength Fitness

Functional fitness is strength training that prepares the body for daily activities. This class helps you real life bending, twisting, lifting, pushing, pulling & squatting. Suitable for all fitness levels, must be able to get down on the ground & up, unassisted. Bring your own exercise mat & water.

**Activity Code: 4PL59031**  
(Section codes listed below)

### Beulah Brinton ..... BN01

Tue, Mar 31-May 19, 8:30AM- 9:30AM  
FREE

### Beulah Brinton ..... BN02

Thu, Apr 2-May 21, 8:30AM- 9:30AM  
FREE



## Community Bike Rides - Bike Touring

Learn the basics of bike touring as you build your endurance with long distance rides. Participants should be comfortable in the saddle for 2 hours with the expectation of increasing ride time as the season progresses. Participants must provide a bike & helmet. Ages 16 and up.

**Activity Code: 4PL59028**  
(Section codes listed below)

### Various Locations ..... CBC26

Sun, Apr 5, 12:00PM- 3:00PM  
FREE

### Various Locations ..... CBC26-01

Sun, Apr 19, 12:00PM- 3:00PM  
FREE

### Various Locations ..... CBC26-02

Sun, May 3, 12:00PM- 3:00PM  
FREE

### Various Locations ..... CBC26-03

Sun, May 17, 12:00PM- 3:00PM  
FREE

### Various Locations ..... CBC26-04

Sun, May 31, 12:00PM- 3:00PM  
FREE



## Sunrise Yoga on the Lake

Join us for an outdoor yoga class that will take you through a series of poses and breath work while enjoying the early morning sunrise over Lake Michigan. Please bring your own yoga mat and water.

**Activity Code: 4PL59034**  
(Section codes listed below)

### Cupertino Park ..... WN02

Thu, Apr 30-May 28, 8:00AM- 8:45AM  
FREE

### Cupertino Park ..... WN01

Fri, May 1-May 29, 8:00AM- 8:45AM  
FREE

## Mil"WALK"ee - Indoor Edition

Join the Lindsay Heights neighborhood for an indoor walk in the basement at North Division! Work up a sweat walking while meeting new people. Each week walk up to one hour in the hallways in a group setting. Attendance at every walk is not required. Please wear appropriate shoes for an indoor walk.

**Activity Code: 4PL59035**  
(Section codes listed below)

## North Division .....ND01

Mon/Wed, Apr 6-May 20, 6:00PM- 7:00PM  
FREE

## Health is Wealth: Cancer Survivorship Program

This program teaches cancer survivors & caregivers healthy lifestyle with nutrition, cooking demos, and exercise. Class meets twice a week and consists of nutrition & healthy lifestyle education, healthy cooking demos, and physical activity. Led by Leonard Wilson, Divine Intervention Fitness.

**Activity Code: 4PL59040**  
(Section codes listed below)

## OASIS .....5501

Mon/Wed, Apr 6-May 27, 6:00PM- 8:00PM  
FREE

## Spring Sound Bath

Led by a skilled sound healer, you will be guided through a journey of sounds with melodic instruments. This class offers a transformative experience leaving you feeling refreshed, rejuvenated & radiant. Bring something to lie on as this experience combines the healing power of sound with the tranquil ambience of nature.

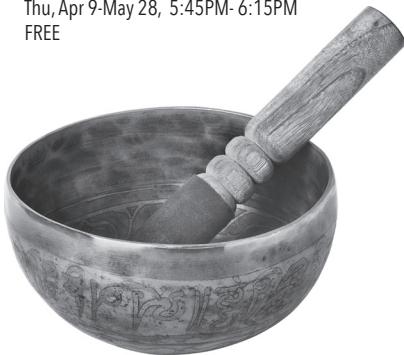
**Activity Code: 4PL59042**  
(Section codes listed below)

## Madison .....WN01

Mon, Apr 6-May 25, 5:30PM- 6:00PM  
FREE

## Milwaukee Marshall (Ages 12 & up)MR01

Thu, Apr 9-May 28, 5:45PM- 6:15PM  
FREE



## Restorative Yoga

This style of yoga offers a unique experience, emphasizing slowing down and cultivating deep relaxation. You may find yourself barely moving and engaging in only a few poses. We will be using props to support the body. This class is perfect for all skill levels.

**Activity Code: 4PL59045**  
(Section codes listed below)

## North Division .....WN01

Mon, Mar 23-May 11, 6:45PM- 7:45PM  
FREE

## Washington .....WA01

Wed, Mar 25-May 13, 6:45PM- 7:45PM  
FREE



## Let's Make Kombucha!

Join us and learn the art of crafting your own delicious, probiotic-rich beverage! This hands-on workshop covers everything from selecting ingredients to mastering the fermentation process. Perfect for beginners and enthusiasts alike. Walk away with your own brew and the skills to continue at home!

**Activity Code: 4PL59049**  
(Section codes listed below)

## Hamilton (Ages 12-99.9).....HA04

Tue, Apr 7, 5:30PM- 6:30PM  
\$24 Residents/\$36 Non-Residents

## Hamilton (Ages 12-99.9).....HA02

Tue, Apr 21, 5:30PM- 6:30PM  
\$24 Residents/\$36 Non-Residents

## Hamilton (Ages 12-99.9).....HA01

Tue, May 5, 5:30PM- 6:30PM  
\$24 Residents/\$36 Non-Residents

## Guided Meditation For Kids

This class offers a safe and nurturing environment, where children can explore mindfulness and relaxation, through age-appropriate meditation practices. A sense of inner calm will be cultivated, enhancing overall well-being, that will benefit your child both now and in the future.

**Activity Code: 4PL59050**  
(Section codes listed below)

## Hawthorn Glen (Ages 5-17).....WN01

Wed, May 6-May 27, 4:30PM- 5:30PM  
FREE

## Motown Moves

Motown Moves is a dynamic recreation program designed for Motown music lovers to activate their wellness through movement. Groove to classic Motown hits while improving fitness and having fun in a supportive, community-focused environment. All levels welcome!

**Activity Code: 4PL59054**  
(Section codes listed below)

## Washington .....WA01

Mon, Mar 23-May 18, 5:30PM- 6:30PM  
FREE

## Self-Rewilding

We can learn many essential things from the natural world: stillness, presence, open heartedness. This class brings gentle movement, contemplative walking, and selected arts practices to refresh our natural wisdom in a beautiful setting.

**Activity Code: 4PL59055**  
(Section codes listed below)

## Urban Ecology Center Riverside Park WN03

Sat, May 16, 10:00AM-12:00PM  
FREE

## Urban Ecology Center Riverside Park WN02

Sat, May 30, 10:00AM-12:00PM  
FREE

## Creative Calm Wellness Series

**N  
E  
W** Unwind and express yourself in this soothing art session designed to calm the mind and spark creativity. During class, you'll explore mindful practices that promote relaxation and self-expression. No artistic experience is necessary- this class focuses on the process not the product. All materials are provided!

**Activity Code: 4PL59056**  
(Section codes listed below)

## Hamilton .....HA01

Thu, Mar 26-Apr 16, 5:30PM- 6:30PM  
FREE



## Women's Wellness Warriors

**NEW** This Women's Self Defense Class offers a comprehensive course that begins with awareness, prevention, risk reduction and risk avoidance, while progressing on to the basics of hands-on defense training. The instructor will help you prepare yourself, have a plan, and build confidence throughout this series!

**Activity Code: 4PL59057**  
(Section codes listed below)

### MacDowell (Ages 16-55).....JU01

Sat, Mar 28-May 16, 11:00AM-12:00PM  
FREE

### Madison (Ages 16-55).....WN01

Wed, Mar 25-May 13, 6:00PM- 7:00PM  
FREE



## Women's Wellness Day

Join us for a Spring Women's Wellness Day! Enjoy fitness classes, a women-only wellness panel, community vendors, and healthy refreshments, all focused on women's health and well-being. Admission is free; pre-registration is encouraged. Please bring your own yoga mat and water.

**Activity Code: 4PL59060**  
(Section codes listed below)

### OASIS .....WN01

Sat, May 16, 10:00AM- 2:00PM  
FREE

## Hip Hop Step Aerobics

Step up your fitness game! This high-energy class combines step aerobics with hip-hop & R&B music for a fun, high calorie burn (500+), cardio workout. Bring your energy and water bottle. Beginner Friendly!

**Activity Code: 4PL59062**  
(Section codes listed below)

### North Division .....ND01

Mon, Mar 23-May 11, 5:30PM- 6:30PM  
FREE

### Washington .....WA01

Wed, Mar 25-May 13, 5:30PM- 6:30PM  
FREE

## Men Moving Forward

This lifestyle program is designed to help cancer survivors (anyone diagnosed, treated or living with cancer) gain the mindset needed to get stronger, eat better and have a better quality of life. The program includes exercise sessions led by a certified coach, cooking demonstrations, and information on forming new habits.

**Activity Code: 4PL59064**  
(Section codes listed below)

### Milwaukee Marshall .....MR01

Tue/Thu/Sat, Mar 14-May 28, 6:00PM- 7:00PM  
\$8 Residents/\$8 Non-Residents

## Glow Through Perimenopause

**NEW** This six-week series supports women navigating the shifts of perimenopause through yoga, breathwork, meditation, and psychoeducation. Open to women 40-55 and those in medical menopause, it offers tools to ease symptoms, restore balance, and reconnect with vitality. Please bring a yoga mat.

**Activity Code: 4PL59065**  
(Section codes listed below)

### Urban Ecology Center-Washington Park (Ages 40-55) .....WA01

Thu, Apr 9-May 21, 4:45PM- 6:00PM  
FREE

## Lifting 'Fun'ctionally

Join us in a new offering focused on muscle growth, strength, mobility, and a play-like atmosphere. We will help teach you how to lift weights on a scalable level. Class includes 1. dynamic warm up 2. a movement focused games 3. functional weightlifting section 4. a cool down stretch. (AGES 18+)

**Activity Code: 4PL59066**  
(Section codes listed below)

### Ronald Reagan .....RG01

Mon/Wed, Mar 23-May 13, 5:45PM- 7:00PM  
FREE

## Zumba

**NEW** Explore the joy of dance and exercise as one. This fun and easy workout is the latest craze in exercise. Zumba routines feature easy-to-follow dance steps synced to lively music that will help you tone and sculpt your body.

**Activity Code: 4PL59067**  
(Section codes listed below)

### Ronald Reagan .....RG01

Mon/Wed, Mar 23-May 13, 5:30PM- 6:30PM  
FREE

## Women's Boxing & Workout

This class is in partnership with She-Wolf MKE to bring boxing and strength training to women ages 12yr+. Learn the basics of boxing and self-defense while also getting a guided weightlifting session. The instructor will be able to scale up or down the program to meet individual's needs.

**Activity Code: 4PL59068**  
(Section codes listed below)

### (Ages 12 & up).....SW01

Tue, May 5-May 26, 5:30PM- 6:30PM  
FREE

### (Ages 12 & up).....SW02

Thu, May 7-May 28, 5:30PM- 6:30PM  
FREE



## Breath, Body, and Balance

Breath, Body & Balance is a restorative breathwork experience supporting nervous system regulation and energetic balance. Classes blend meditation, yin yoga, and restorative practices for deep rest and renewal. Floor-based practice; bring a mat.

**Activity Code: 4PL59069**  
(Section codes listed below)

### Urban Ecology Center-Washington Park UEC01

Wed, Mar 25-May 27, 4:45PM- 5:45PM  
FREE

## Friday Forest & Flow

Join Annie Wegner LeFort of Eat-MoveMKE for a 45-minute indoor yoga flow at the Urban Ecology Center, followed by a guided forest therapy walk. Warm up, awaken your senses, slow down, and connect with nature. Bring a mat, weather-ready clothes, and an open mind.

**Activity Code: 4PL59070**  
(Section codes listed below)

### Urban Ecology Center Riverside Park WN01

Fri, Apr 17, 4:00PM- 6:30PM  
FREE

### Urban Ecology Center Riverside Park WN02

Fri, May 1, 4:00PM- 6:30PM  
FREE

### Urban Ecology Center Riverside Park WN03

Fri, May 15, 4:00PM- 6:30PM  
FREE

## WEAVING AND FIBER ARTS



**ABK Weaving Center**  
**Gaenslen School**  
**1250 E. Burleigh St.**  
**414-267-5771**  
**www.abkweavingcenter.org**

### Not Your Grandma's Knitting

Basic knitting skills (ability to cast-on, knit, purl, bind off) are needed to take this class. Participants will learn to make a project utilizing basic techniques. Cables in the fall, felting in the winter & color work in the spring. Knitters will be contacted via email prior to the start of the class and given the choice of 2 projects. A supply list for each project will be provided in the email.

**Activity Code: 4RAE6903**  
**(Section codes listed below)**

**Gaenslen .....**.....**GS01**  
 (Instructor: Ann Junker)  
 Wed, Mar 18-May 13, 5:00PM- 7:00PM  
 \$46 Residents/\$46 Non-Residents

### Your Grandma's Fiber Arts

The photos in this section were discovered in Milwaukee Recreation's archives. With one exception, they are all undated.



To sign up, see page 2 • Centers are closed March 30 - April 4

### Weaving Basics and Beyond

Weavers continue the learning process by developing more advanced weaving skills. Weavers will choose their own projects with the guidance of an instructor. Supply fee is based on materials used. Weavers will supply their own scissors, measuring tapes, and other sewing notions. Participants must have completed at least one beginning weaving class at ABK and know how to warp a loom.

**Activity Code: 4RAE6905**  
**(Section codes listed below)**

**Gaenslen .....**.....**GS01**

(Instructor: Naomi Holthaus)  
 Mon, Mar 16-May 11, 9:30AM-12:00PM  
 \$60 Residents/\$60 Non-Residents

**Gaenslen .....**.....**GS06**

(Instructor: Carly Neil)  
 Mon, Mar 16-May 11, 6:00PM- 8:30PM  
 \$54 Residents/\$54 Non-Residents

**Gaenslen .....**.....**GS02**

(Instructor: Jacquie Crema)  
 Tue, Mar 17-May 12, 3:00PM- 5:30PM  
 \$54 Residents/\$54 Non-Residents

**Gaenslen .....**.....**GS03**

(Instructor: Jacquie Crema)  
 Tue, Mar 17-May 12, 6:00PM- 8:30PM  
 \$57 Residents/\$57 Non-Residents

**Gaenslen .....**.....**GS07**

(Instructor: Judy Larsen)  
 Wed, Mar 18-May 6, 12:00PM- 3:00PM  
 \$60 Residents/\$60 Non-Residents

**Gaenslen .....**.....**GS04**

(Instructor: Lynn Sbonik)  
 Thu, Mar 19-May 14, 6:00PM- 8:30PM  
 \$57 Residents/\$57 Non-Residents



### Bobbin Lace (Intro to)

Bobbin lace is a form of weaving that dates back to the 16th century. New students will learn how to wind the bobbins (warp), the 3 basic stitches, and read a pattern. Supplies for this class are provided by the instructor. A refundable supply fee of \$55 is due to the instructor at the first class and will be refunded when the supplies are returned. Instructor: Naomi Holthaus

**Activity Code: 4RAE6911**  
**(Section codes listed below)**

**Gaenslen .....**.....**GS01**

Mon, Mar 16-May 11, 1:00PM- 3:00PM  
 \$40 Residents/\$40 Non-Residents

### Tapestry Weaving

This class is open to those with no tapestry experience, those who know the basics but want to learn more, and advanced weavers wanting to gather with like-minded weavers to share tapestry experience. Bring a small tapestry loom to class or rent one from the ABK Weaving Center. A \$5 (cash only) supply fee is due to the instructor at the first class.

**Activity Code: 4RAE6919**  
**(Section codes listed below)**

**Gaenslen .....**.....**GS01**

(Instructor: Peggy MacArthur)  
 Tue, Mar 17-May 12, 9:30AM-12:00PM  
 \$57 Residents/\$57 Non-Residents

### Project Planning for Weavers - Breaking Away from the Recipe

Want to develop your own weaving project but overwhelmed with where to start? Join this three-session class to learn how to brainstorm, source patterns, choose colors and materials, and calculate project specifications for woven projects. Come with inspiration or start from scratch.

**Activity Code: 4RAE6940**  
**(Section codes listed below)**

**Gaenslen .....**.....**GS01**

(Instructor: Carly Neil)  
 Tue, Apr 28-May 12, 6:00PM- 8:00PM  
 \$19 Residents/\$19 Non-Residents



## Weaving Beginner Basics

Beginners will learn to warp the loom and weave a sampler of patterns. Participants will be introduced to pattern and draft weaving and project planning. Returning beginners will be able to hone their skills by making a scarf or table runner. Sampler supply fee \$10 cash only is due to the instructor at the first class.

**Activity Code: 4RAE6959**  
(Section codes listed below)

### Gaenslen ..... GS01

(Instructor: Kallia Walkowiak)  
Mon, Mar 16-May 11, 6:00PM- 8:30PM  
\$57 Residents/\$57 Non-Residents

### Gaenslen ..... GS03

(Instructor: Judy Larsen)  
Wed, Mar 18-May 6, 9:30AM-12:30PM  
\$57 Residents/\$57 Non-Residents

### Gaenslen ..... GS04

(Instructor: Carly Neil)  
Wed, Mar 18-May 13, 6:00PM- 8:30PM  
\$57 Residents/\$57 Non-Residents

### Gaenslen ..... GS05

(Instructor: Kallia Walkowiak)  
Thu, Mar 19-May 14, 6:00PM- 8:30PM  
\$57 Residents/\$57 Non-Residents

## Beginner Knitting

Learn the basics of knitting. Participants will learn how to cast yarn on and off their needles, various knit and purl combinations, and the necessary skills to continue on with the art of knitting. Please bring size US 9 circular 16" needle and worsted weight yarn to class.

**Activity Code: 4RAE6972**  
(Section codes listed below)

### Gaenslen ..... GS01

(Instructor: Ann Junker)  
Mon, Apr 13-Apr 27, 6:00PM- 8:00PM  
\$24 Residents/\$24 Non-Residents

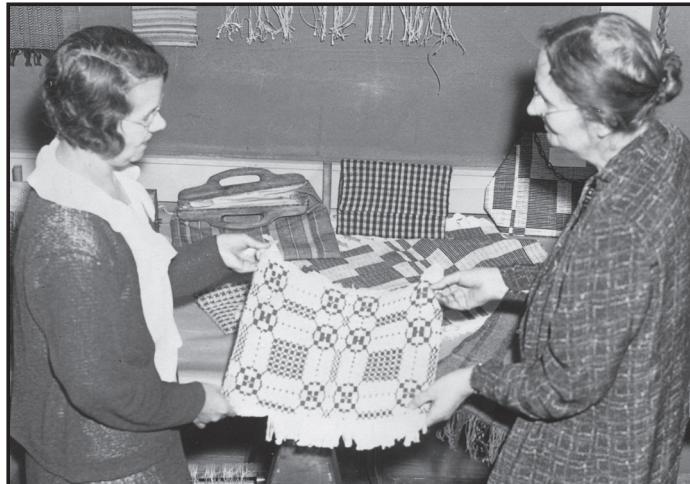
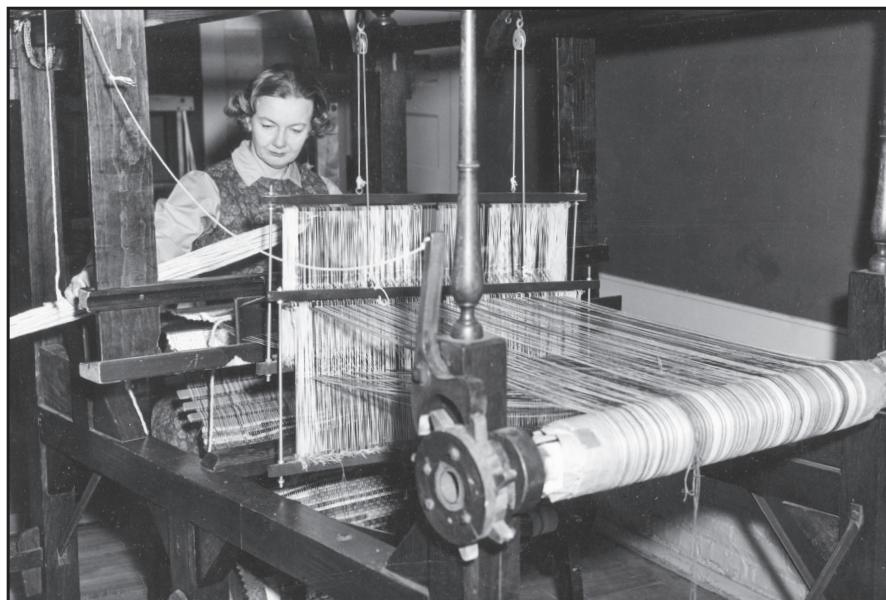
## Weave a Basket on a Box

Using a box as the loom, weave a container to store your stash. No prior weaving experience needed. Bring a sturdy box no larger than the size of a size 8 shoebox and a heavy weight wool yarn to weave with. The instructor will have some yarn available for purchase.

**Activity Code: 4RAE6980**  
(Section codes listed below)

### Gaenslen ..... GS01

(Instructor: Peggy MacArthur)  
Thu, Mar 19-May 14, 9:30AM-12:00PM  
\$57 Residents/\$57 Non-Residents



March 3, 1935 • Weaving at Lapham Community Center



## ARC TRAINING

### CPR with AED

American Red Cross CPR/AED equips you to respond to emergencies, perform chest compressions, and use an AED. Vital for personal and professional contexts. Healthcare workers should ensure its suitability for their role. Refunds require one-week notice. Certificate valid for 2 years.

**Activity Code: 4RAE0202**  
(Section codes listed below)

**OASIS .....** 5501

Thu, Mar 19, 9:00AM-12:30PM  
\$54 Residents/\$81 Non-Residents

**OASIS (Ages 16 & up) .....** 5502

Fri, Mar 20, 5:00PM- 8:30PM  
\$54 Residents/\$81 Non-Residents

**OASIS .....** 5503

Tue, Mar 31, 9:00AM-12:30PM  
\$54 Residents/\$81 Non-Residents



## ARTS CRAFTS

### Drawing & Painting

Whether you are a beginner or a pro, join us for adventures in all types of drawing and painting. Work independently or follow weekly lessons and challenges to grow your artistic skills. Above all, have fun! Basic supplies will be provided.

**Activity Code: 4R550902**  
(Section codes listed below)

**Enderis Playfield (Ages 50 & up)...** EF01

**50+** Tue, Apr 14-May 26, 5:00PM-7:00PM  
\$32 Residents/\$48 Non-Residents

### Craft Club

Crafting fun for everyone. No experience necessary. Explore all types of crafts in a friendly and nurturing atmosphere. Be amazed at your secret creative skills! A \$20.00 (cash only) supply fee is due to the instructor at the first class.

**Activity Code: 4R550903**  
(Section codes listed below)

**Enderis Playfield (Ages 50 & up)...** EF01

**50+** Tue, Apr 14-May 26, 9:00AM-12:00PM  
\$19 Residents/\$29 Non-Residents



### Acrylic and Oil Painting

Join our painting course for a fun journey through techniques like shape recognition, light sources, and mastering values. Suitable for all levels, with personalized progress. Guided by award-winning artist Laura Easey-Jones. A supply list will be included on your receipt. Please bring your supplies on the first day of class.

**Activity Code: 4R550913**  
(Section codes listed below)

**OASIS .....** 5501

Mon, Apr 6-May 18, 9:30AM-11:30AM  
\$32 Residents/\$48 Non-Residents

**OASIS .....** 5502

Thu, Apr 9-May 28, 12:30PM- 2:30PM  
\$36 Residents/\$54 Non-Residents

### Explore Mixed Media

Create stunning collages using paper, torn magazine pages, texture paste, stamps, paint, and more. Each project is uniquely yours. Suitable for all skill levels, with opportunities to explore advanced techniques like paint pouring, Shibori dyeing, alcohol inks and much more. Supply fee is now included in the registration fee.

**Activity Code: 4R550914**  
(Section codes listed below)

**OASIS .....** 5501

Mon, Apr 6-May 18, 12:30PM- 2:30PM  
\$52 Residents/\$68 Non-Residents

### Basic Jewelry Making

Make beautiful jewelry by starting easy with a pair of earrings; progress to a bracelet and then a necklace. Class is for beginners or crafters with little beading experience. A \$10.00 (cash only) tool and supply fee will be due to the instructor at the first class.

**Activity Code: 4RAE0902**  
(Section codes listed below)

**Milwaukee Marshall .....** MR01

Sat, Mar 21-May 16, 10:00AM-11:30AM  
\$36 Residents/\$54 Non-Residents

### Creative Crochet Techniques

This class will review basic stitches before practicing heavier texture stitches like popcorns, shells, and post stitches. After creating swatches, we will discuss how to turn these stitches into different kinds of accessories. Bring a skein of light colored yarn of your choice with an appropriate hook (check the yarn label for hook size).

**Activity Code: 4RAE0903**  
(Section codes listed below)

**Beulah Brinton .....** BN01

Mon, Mar 30-May 18, 10:30AM-11:30AM  
\$25 Residents/\$38 Non-Residents

### Discover, Draft, and Illustrate with Confidence

Explore your creative voice through dynamic illustration methods. Discover and expand your creative ideas through instructor-led demonstrations and hands-on guidance. Please bring your own art supplies. Call Brinton for a complete materials list: 414-481-2494.

**Activity Code: 4RAE0904**  
(Section codes listed below)

**Beulah Brinton (Ages 8 & up) .....** BN01

Thu, Apr 9-Apr 23, 12:30PM- 1:30PM  
\$11 Residents/\$17 Non-Residents

**Beulah Brinton (Ages 8 & up) .....** BN02

Thu, May 14-May 28, 12:30PM- 1:30PM  
\$11 Residents/\$17 Non-Residents

### Wire Wrap Jewelry Workshop

You will learn how to use simple techniques to take your ordinary jewelry to the next level as elegant, wearable pieces of art. This course teaches you how to make simple bead caps, bead cages, wire findings, wrapped rings and so much more! You will need to bring wire cutters, round nose pliers and flat nose pliers to every class. A \$15.00 (cash only) supply fee is due to the instructor the first night of class. Class fee is non-refundable.

**Activity Code: 4RAE0922**  
(Section codes listed below)

**Hamilton .....** HA01

Wed, Apr 15, 5:30PM- 8:30PM  
\$11 Residents/\$17 Non-Residents

**MacDowell .....** JU01

Sat, Mar 21, 9:30AM-12:30PM  
\$11 Residents/\$17 Non-Residents

**Riverside .....** RS01

Sat, May 2, 1:00PM- 4:00PM  
\$11 Residents/\$17 Non-Residents





## Glass Blowing

Come melt your problems away—Experience Glass Blowing. All classes work on aspects of blocking, marvering, shaping and applying color. Students will create their own work of art in one workshop. Bring water and snacks to class. Fee includes supply cost and is non-refundable. Classes held at: Square One Art Glass, 5322 W. Vliet Street, [www.squareoneartglass.com](http://www.squareoneartglass.com)

**Activity Code: 4RAE0928**  
(Section codes listed below)

### Square One Art Class .....SG01

(Orb)  
Sat, Apr 18, 9:00AM-10:30AM  
\$70 Residents/\$105 Non-Residents

### Square One Art Class .....SG02

(Paperweight)  
Sat, May 2, 9:00AM-10:30AM  
\$105 Residents/\$158 Non-Residents

### Square One Art Class .....SG03

(Orb)  
Wed, May 20, 6:00PM-8:00PM  
\$70 Residents/\$105 Non-Residents

### Square One Art Class .....SG04

(Orb)  
Wed, Jun 3, 6:00PM-8:00PM  
\$70 Residents/\$105 Non-Residents

### Square One Art Class .....SG05

(Bowl)  
Wed, Jun 17, 6:00PM-8:00PM  
\$80 Residents/\$120 Non-Residents

## Runes and Rock Painting

Paint sigils, spirals, and ancient symbols on one of Nature's most steadfast canvases. Art created with intention give meaning to the symbols from the hand to the surface. Create ancient runes and Celtic designs and understand their meaning.

**Activity Code: 4RAE0929**  
(Section codes listed below)

### Hamilton (Ages 18-99).....HA01

Tue, Apr 21-Apr 28, 6:00PM-8:00PM  
\$9 Residents/\$14 Non-Residents

## Glass Micro-mosaic Jewelry Making

Discover the art of micro-mosaic jewelry! Using small pieces of colored glass, you'll create a one-of-a-kind pendant necklace while learning the fundamentals of mosaic design and composition. This workshop will be held at Thryve, 1415 N 54th St. Fee includes supplies and is non-refundable.

**Activity Code: 4RAE0931**  
(Section codes listed below)

### Thryve .....TH01

Tue, Apr 7, 6:00PM-8:00PM  
\$75 Residents/\$113 Non-Residents

### Thryve .....TH02

Tue, Jun 9, 6:00PM-8:00PM  
\$75 Residents/\$113 Non-Residents

## Candle Making

What is more soothing and relaxing than enjoying a candle that you created? In this workshop, you will select your own scent, design and create your very own soy-wax candle to take home! All supplies included. Workshop provided by Blossom Candle Co. Fee includes supply cost and is non-refundable.

**Activity Code: 4RAE0945**  
(Section codes listed below)

### Hamilton .....HA01

Thu, Apr 9, 6:30PM-8:00PM  
\$25 Residents/\$38 Non-Residents

### Riverside .....RS01

Wed, Mar 25, 6:30PM-8:00PM  
\$25 Residents/\$38 Non-Residents

### Riverside .....RS02

Wed, May 6, 6:30PM-8:00PM  
\$25 Residents/\$38 Non-Residents

## Leather Jewelry Making Workshop

Join us for a fun, hands-on workshop where you'll learn how to turn simple leather pieces into stylish jewelry you'll love to wear! Participants will create a matching leather bracelet, earrings, and necklace while learning basic wire wrap techniques and how to use leather in creative ways. No experience needed - just bring your creativity and leave with three beautiful handmade accessories! A \$15 (cash only) supply fee must be paid to the instructor on the day of class.

**Activity Code: 4RAE0946**  
(Section codes listed below)

### MacDowell .....JU01

Sat, Mar 28, 9:30AM-12:30PM  
\$11 Residents/\$17 Non-Residents

## Paper Folding Arts

Using only paper, you can make flowers, birds, butterflies, and more! This hands-on activity may help prevent aging and memory loss. Supplies fee: \$20 on first day of class.

**Activity Code: 4RAE0950**  
(Section codes listed below)

### Hamilton .....HA01

Tue, Apr 7-Apr 28, 6:30PM-8:30PM  
\$30 Residents/\$45 Non-Residents



## Wire Wrapped Rings Workshop

This class will allow participants to create a work of art that becomes a statement of who you are. In our ring making workshop, you will learn how wire and beads can be manipulated into various styles of rings. You will need to bring wire cutters, round nose pliers, and flat nose pliers. You should have basic wire wrapping skills in order to register for this class.

**Activity Code: 4RAE0951**  
(Section codes listed below)

### Hamilton .....HA01

Thu, May 7, 5:30PM-8:30PM  
\$11 Residents/\$17 Non-Residents

### Riverside .....RS01

Sat, Apr 25, 1:00PM-4:00PM  
\$11 Residents/\$17 Non-Residents

## Cricut for Beginners®

Did you have a Cricut® machine but have no idea how to use it? Cricut® is a brand of die-cutting machine that will take your crafting to a new dimension. Please bring your machine and your own materials.

**Activity Code: 4RAE0954**  
(Section codes listed below)

### Hamilton .....HA01

Sat, Mar 14-Apr 25, 9:00AM-11:00AM  
\$36 Residents/\$54 Non-Residents

## Advanced Cricut®

This class is to fine tune your skills with some more challenging Cricut projects. Please bring your Cricut, and a supply list will be provided on the first class.

**Activity Code: 4RAE0955**  
(Section codes listed below)

### Hamilton .....HA01

Sat, Mar 14-Apr 25, 11:30AM-1:30PM  
\$36 Residents/\$54 Non-Residents



## Sewing 101

Been a long time since you touched a sewing machine? Maybe never? This class will teach you the basics of sewing machines, sewing terminology and techniques, and working with patterns. Supply list provided at the first class to create an easy bag. Sewing machines are available or bring your own.

**Activity Code: 4RAE0988**  
(Section codes listed below)

### Hamilton ..... HA01

Thu, Mar 26-May 21, 6:00PM- 8:00PM  
\$57 Residents/\$86 Non-Residents

### Milwaukee Marshall ..... MR03

Sat, Mar 21-May 16, 8:45AM-10:45AM  
\$46 Residents/\$69 Non-Residents

### Milwaukee Marshall ..... MR02

Sat, Mar 21-May 16, 11:00AM- 1:00PM  
\$46 Residents/\$69 Non-Residents

### Milwaukee Marshall ..... MR01

Wed, Mar 25-May 20, 6:00PM- 8:00PM  
\$46 Residents/\$69 Non-Residents

## Wire Wrap II Cultural Experience: Native Americans

**N  
E  
W** This series of classes is designed for you to draw inspiration from different cultures throughout history. Why did they wear certain jewelry and what was the meaning behind the materials? It is through deeper understanding that we learn to appreciate cultural artifacts and are proudly able to exhibit beautiful works of wearable art. Our focus this class will be on the Cherokee Indian tribe. The focus of this class will be on healing stones and the history of why turquoise is used in most Native American jewelry. A \$15 (cash only) supply fee due to instructor day of the class.

**Activity Code: 4RAE0989**  
(Section codes listed below)

### Milwaukee Marshall ..... MR01

Thu, Apr 9, 6:00PM- 8:00PM  
\$9 Residents/\$14 Non-Residents

## Candle Making 101

Love the idea of making your own candle wax melts? Well, come join our workshop. There's nothing better than walking into a room that smells and matches the seasons indoors. You can make them for anytime of the year. (\$10 cash supply fee) due to instructor in class. Bring a bag or box for your handmade items.

**Activity Code: 4RAE0990**  
(Section codes listed below)

### North Division ..... ND01

Mon, May 4, 6:00PM- 8:00PM  
\$9 Residents/\$14 Non-Residents

### North Division ..... ND02

Mon, May 11, 6:00PM- 8:00PM  
\$9 Residents/\$14 Non-Residents

## Bracelet Bonanza

This beginner-friendly workshop mixes basic jewelry techniques with intro wire wrapping to help participants make two gorgeous, custom bracelets. You'll learn simple wire skills, how to choose and combine beads, and how to finish your pieces like a pro. A \$15 (cash only) supply fee is due to the instructor the day of class.

**Activity Code: 4RAE0999**  
(Section codes listed below)

### Milwaukee Marshall ..... MR01

Thu, Apr 30, 5:30PM- 8:30PM  
\$11 Residents/\$17 Non-Residents

## Crocheting / Knitting

Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

**Activity Code: 4RAE1202**  
(Section codes listed below)

### Milwaukee Marshall ..... MR01

Mon, Mar 23-May 18, 6:00PM- 8:00PM  
\$46 Residents/\$69 Non-Residents

## Survival Sewing

Learn the basics of operating a sewing machine by sewing straight and curved lines and turning corners on paper. This class is for beginners and those who want to be able to utilize a sewing machine or fixing sewing problems at home.



**Activity Code: 4RAE1208**  
(Section codes listed below)

### Hamilton ..... HA01

Sat, Apr 11-May 9, 1:45PM- 3:45PM  
\$19 Residents/\$29 Non-Residents

## Explore Hamilton Painting Club

Class is unstructured to students to bring their ideas and desires on what they would like to learn to paint. Guidance provided as desired by student. This class is designed to be repeated, but prior completion of Elementary Painting and at least one Intermediate Painting course is required. A \$5 cash fee due to instructor first night. Class fee is non-refundable.

**Activity Code: 4RAE1218**  
(Section codes listed below)

### Hamilton ..... HA01

Tue, Mar 24-May 12, 6:00PM- 8:00PM  
\$72 Residents/\$108 Non-Residents



## Landscape Painting

Explore landscape painting in a relaxing classroom setting. Utilize acrylics and work from photos, focusing on developing your unique interpretation. The class begins with a brief demonstration to kickstart your creativity. Transform your perspective and learn the art of painting.

**Activity Code: 4RAE2003**  
(Section codes listed below)

### Riverside ..... RS01

Tue, Mar 17-May 5, 6:00PM- 8:00PM  
\$46 Residents/\$69 Non-Residents

## Painting Portraits from Photos

Discover the art of seeing others through acrylic or oil painting. Uncover your unique approach in this class, starting with drawing and progressing to painting. Explore bone structure, muscles, and anatomy. Each session begins with a brief demonstration to guide your artistic journey.

**Activity Code: 4RAE2006**  
(Section codes listed below)

### Riverside ..... RS01

Mon, Mar 16-May 4, 6:00PM- 8:00PM  
\$46 Residents/\$69 Non-Residents



## Congratulations, Kali Norton!

When it comes to making an impact on Milwaukee Recreation and our community, Kali Norton stands out as a rising star. Joining the team three years ago as the department's first supervisor of Mobile Units, she has shaped the role into one of innovation and growth. Building on a mobile recreation tradition dating back to 1965, Kali has introduced esports, incorporated popular trends like inflatable gaga pits, and

expanded our selection of rentable carnival games, all while keeping community needs at the forefront.

This year, the National Recreation & Parks Association (NRPA) recognized Kali as one of their "30 Under 30" recreation professionals, a prestigious honor in our field. Read more at [tinyurl.com/kali-nrpa](http://tinyurl.com/kali-nrpa).

### Expressive, Flowing Watercolor Portrayals

Explore the transparent dynamics of watercolor painting. Discover and expand your creative ideas through instructor-led demonstrations and hands-on guidance. Please bring your own art supplies. Call Brinton for a complete materials list: 414-481-2494.

**Activity Code: 4RAE2026**  
(Section codes listed below)

**Beulah Brinton .....** BN01

Thu, Apr 9-Apr 23, 2:00PM- 4:00PM  
\$19 Residents/\$29 Non-Residents

**Beulah Brinton .....** BN02

Thu, May 14-May 28, 2:00PM- 4:00PM  
\$19 Residents/\$29 Non-Residents

### Abstract Painting with Melva

Abstracts with Melva is a class designed for beginners and for seasoned artists by visual artist Melva. Come experience the inspiring development of abstract art. This class is more than lines and circles. Let the hands-on variety of projects and easy techniques challenge your imagination! A \$15 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.

**Activity Code: 4RAE2029**  
(Section codes listed below)

**Hamilton .....** HA01

Wed, Apr 8-May 6, 6:00PM- 8:00PM  
\$25 Residents/\$38 Non-Residents

### Color Pouring: Marble Pour

This class will focus on marble pour technique. Paint is poured using a puddle pour technique and the marble effect is created by adding a marble on top of the canvas and letting it roll. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

**Activity Code: 4RAE2032**  
(Section codes listed below)

**Hamilton .....** HA01

Sat, Mar 28, 1:30PM- 3:30PM  
\$45 Residents/\$68 Non-Residents

### Color Pouring: Dutch Color Pour

This class will focus on dutch pour technique. This acrylic pouring technique that uses air to manipulate the paints on a canvas. You can use a hair dryer, straw, your lungs, or anything that causes the flow of air to make a dutch pour. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

**Activity Code: 4RAE2033**  
(Section codes listed below)

**Milwaukee Marshall .....** MR01

Wed, Apr 29, 6:00PM- 8:00PM  
\$45 Residents/\$68 Non-Residents

### Color Pouring: Dirty Cup Pour

Dirty cup pour is a technique where all paint colors are added to a cup or container at the same time and then poured together to create an acrylic pouring effect with the paint. Also known as a flip cup. A cell activator can be added to this technique to create cells. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

**Activity Code: 4RAE2035**  
(Section codes listed below)

**Milwaukee Marshall .....** MR01

Wed, May 20, 6:00PM- 8:00PM  
\$45 Residents/\$68 Non-Residents

### Upcycling

Upcycling benefits our planet by transforming waste into worth. Create something new by repurposing thrifted clothing or unworn items from your closet. Use your sewing skills to work with your fellow students to create new clothing items for your wardrobe. Bring the items set for transformation along with fabric, thread, and any other items to the first class.

**Activity Code: 4RAE20368**  
(Section codes listed below)

**Milwaukee Marshall .....** MR01

Thu, Mar 26-May 21, 6:00PM- 8:00PM  
\$25 Residents/\$38 Non-Residents

### Color Pouring: Canvas & Vase

This class will use straight pour or dirty cup technique to cover a 10x10 canvas and vase, creating a beautiful masterpiece. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

**Activity Code: 4RAE2039**  
(Section codes listed below)

**Hamilton .....** HA01

Sat, May 9, 1:30PM- 3:30PM  
\$45 Residents/\$68 Non-Residents

### Glass Frit Painting (Custom Plate)

Explore the art of glass in this creative, hands-on class. Participants will design and paint a custom glass plate using small pieces of colorful glass frit. Your design will be kiln-fired after class, permanently fusing the glass pieces into a smooth, finished plate. Keep your piece as a meaningful keepsake or give it as a truly unique gift. This workshop will be held at Thryve, 1415 N 54th St. Fee includes supply costs and is non-refundable.

**Activity Code: 4RAE2042**  
(Section codes listed below)

**Thryve .....** TH01

Tue, Apr 21, 6:00PM- 8:00PM  
\$75 Residents/\$112 Non-Residents

**Thryve .....** TH02

Tue, May 12, 6:00PM- 8:00PM  
\$75 Residents/\$112 Non-Residents

### Paper Mobiles (3D Forms)

With various papers, learners can make flowers, birds, butterflies, and more. Learners can prevent aging and losing memory skills through hands-on activities of paper folding directions. A \$20 (cash only) supply fee is due to instructor the first day of class.

**Activity Code: 4RAE2488**  
(Section codes listed below)

**Hamilton .....** HA01

Tue, May 5-May 26, 6:30PM- 8:30PM  
\$25 Residents/\$38 Non-Residents

## CATE'S COOKERY

## Cinco de Mayo Fiesta

Cinco de Mayo is a celebration of Mexico's surprising victory over France at the Battle of Puebla on May 5, 1862. It is not Mexican Independence Day, remembered of September 16. It's become a major cultural holiday in the United States featuring parades, music, dancing, and food. Cate's menu starts with Shrimp and Avocado Ceviche, then a soup course of Chicken Tortilla Soup, a Mexican Picadillo entree, and Carmel Flan for dessert. Fee includes food cost and is non-refundable.

**Activity Code: 4RAE2232**

(Section codes listed below)

**Hamilton .....** HA01

Sat, Apr 11, 12:00PM- 3:00PM

\$29 Residents/\$44 Non-Residents

## Extra-vegan-aza

**N  
E  
W** Cate is featuring some of her favorite organic vegan recipes that have wowed the participants of her local vegan potluck group. Her Seitan-Por-tobello Stroganoff was always a big hit. There was never a molecule left when she brought her Vegan 'n Uncheese Mac. She's also including several recipes she developed from her travels to Spain and Mexico. Espinacas a la Cata-lana (Catalan Spinach) is a deceptively simple recipe with an outburst of delicious flavor. Cate's Mexican Street Ven-dor Fruit salad is a healthy sweet dish to finish. Fee includes food cost and is non-refundable.

**Activity Code: 4RAE2234**

(Section codes listed below)

**Hamilton .....** HA01

Sat, May 9, 12:00PM- 3:00PM

\$29 Residents/\$44 Non-Residents



To sign up, see page 2 • Centers are closed March 30 - April 4

## COOKING

## Diversify Your Plant Intake

Eating 30 different plants a week can boost the diversity and health of your gut microbiome and lower your risk for disease and inflammation. In this seasonal cooking class, Annie Wegner LeFort will guide you to create spring snacks and appetizers with a variety of fruits and veggies. Play and see how many plants you can fit into your creation. Bring an apron and a to-go container.

**Activity Code: 4R551618**

(Section codes listed below)

**OASIS (Ages 50 & up) .....** 5501

**50+** Fri, Apr 10, 1:00PM- 3:00PM

\$25 Residents/\$38 Non-Residents

## Southern Cooking: Salmon Croquettes

Join us to master the art of crafting scrumptious salmon croquettes. Get ready to sizzle and sear as you create these crispy, golden delights bursting with flavor. Class fee includes food cost and is non-refundable.

**Activity Code: 4RAE1635**

(Section codes listed below)

**Milwaukee Marshall .....** MR01

Sat, Mar 21, 9:00AM-12:00PM

\$29 Residents/\$44 Non-Residents

## The Make-It-Last Kitchen

**N  
E  
W** This hands-on/demo cooking class will teach you how to get more meals, more flexibility, and more peace of mind from the groceries you already buy. You'll learn how to regrow herbs and vegetables from kitchen scraps, plan meals that naturally create left-overs, and turn those leftovers into something you'll want to eat again. Participants will leave knowing how to stretch ingredients, reduce waste and feeling proud of your kitchen working for you. Fee includes food cost and is non-refundable.

**Activity Code: 4RAE1688**

(Section codes listed below)

**Hamilton .....** HA01

Sat, May 16, 1:00PM- 4:00PM

\$29 Residents/\$44 Non-Residents

## Fine Dining Meals on a Budget

We all know that the price of groceries is more expensive than ever these days. We all want and need healthy food but we also want to taste good. So, come join us and let's make some flavorful meals on a BUDGET and with an international fusion of fresh ingredients and spices from Africa, France, India and South America. Fee includes food cost and is non-refundable.

**Activity Code: 4RAE1695**

(Section codes listed below)

**Riverside .....** RS01

Sat, May 16, 10:30AM- 1:30PM

\$26 Residents/\$39 Non-Residents

## Spaghetti Delight

Join us to learn how to make perfect pasta. You'll create tasty sauces and cook pasta just right. Fee includes food cost and is non-refundable.

**Activity Code: 4RAE1702**

(Section codes listed below)

**Milwaukee Marshall .....** MR01

Sat, Apr 11, 9:00AM-12:00PM

\$29 Residents/\$44 Non-Residents



## Taste of the World: South America

Come join us as we will make the following South American food dishes from Argentina, Ecuador, Paraguay and Uruguay. We will prepare food from Argentina: Carbonado Criolla (beef stew), Ecuador: Curtido de Cebollo y Tomate (salad/salsa), Fried Plantains, Carne En Palito (beef skewers), Paraguay: Sopa de Zanahoria (carrot & cheese soup), and Uruguay: En Salada de Frijoles (bean salad), Carbonada Uruguay (beef stew with fruit and vegetables). Fee includes food cost and is non-refundable.

**Activity Code: 4RAE2213**

(Section codes listed below)

**Riverside .....** RS01

Sat, Apr 25, 10:03AM- 1:30PM

\$29 Residents/\$44 Non-Residents



## Real British Food

These traditional hearty food dishes have always been loved and are still very popular to eat in Britain. We will be making: Bangers and Mash, Bubble and Squeak, Toad In The Hole, Scones and Victoria Sponge Cake. Fee includes food cost and is non-refundable.

**Activity Code: 4RAE2255**  
(Section codes listed below)

### Riverside ..... RS01

Sat, Mar 28, 10:30AM- 1:30PM  
\$25 Residents/\$37.50 Non-Residents

## Spring Soups Have Arrived!!

These spring soups will have plenty of vitamins to help you stay healthy as the seasons are changing. The main ingredients will be the fresh seasonal vegetables. We will be making Carrot Turmeric Soup, Cream of Asparagus Soup, Cauliflower Soup, Spring Vegetable Soup, and Tortellini Soup. Fee includes food cost and is non-refundable.

**Activity Code: 4RAE2277**  
(Section codes listed below)

### Hamilton ..... HA01

Mon, Apr 20, 6:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

## French Bistro Cafe Favorites

French Bistro food is simple French home style cooking. Nutritious fresh food is a major part of the French cuisine. We will be making some French Bistro Favorites: Salade Nicoise (salad), Potage Parmentier, (potato & leek soup), Ratatouille (vegetable dish), Poulet Basquaise (main dish with chicken), & a tasty Dessert. Fee includes food cost and is non-refundable.

**Activity Code: 4RAE2278**  
(Section codes listed below)

### Hamilton ..... HA01

Mon, May 11, 6:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

## Cooking with the Seasons

Learn to cook nourishing and delicious cuisine with seasonal ingredients. These classes will focus on elevating seasonal produce with culinary techniques to maximize flavor and help participants make enjoyable meals at home while staying on a budget. Each class will include a meal and interactive lesson plan, for those looking to take their cooking to the next level!

**Activity Code: 4R555014**  
(Section codes listed below)

### OASIS (Ages 50 & up) ..... 5501

Wed, Apr 8-May 27, 1:00PM- 2:30PM  
\$27 Residents/\$41 Non-Residents

## Tasty Baked Chicken

Learn to bake chicken that's always juicy and flavorful. This class covers simple techniques for a perfect, easy-to-make meal. Fee includes food cost and is non-refundable.

**Activity Code: 4RAE2303**  
(Section codes listed below)

### Milwaukee Marshall ..... MR01

Sat, Apr 18, 9:00AM-12:00PM  
\$29 Residents/\$44 Non-Residents



## Korean Cooking: Bulgogi

Bulgogi (Korean Barbecue) is a dish of thinly sliced beef that is pre-marinated with various seasonings and grilled over high heat. Bulgogi has been popular since the 1950's due to it's unique flavor and quick cooking times. Fee includes food costs and is non-refundable.

**Activity Code: 4RAE2400**  
(Section codes listed below)

### Hamilton ..... HA01

Wed, May 13, 6:30PM- 8:30PM  
\$24 Residents/\$36 Non-Residents

## Korean Cooking: Samgyeopsal Bokkeum (Spicy Korean Bacon)

Samgyeopsal is a pork belly like loin. With spicy sauce, it is marinated and grilled. It is a very popular dish in Korea for the younger generation. Without marinating with spicy sauce, Korean people like to cook and eat with lettuce and soy paste. Fee includes food cost and is non-refundable.

**Activity Code: 4RAE2401**  
(Section codes listed below)

### Hamilton (Ages 17-99) ..... HA01

Wed, Apr 8, 6:30PM- 8:30PM  
\$24 Residents/\$36 Non-Residents

## Korean Cooking: Jjimdak (Korean Braised Chicken with Vegetables)

Jjimdak is a braised chicken dish. It generally refers to dishes that are steamed, stewed, and braised in a sauce, with "dak" meaning chicken. Fee includes food costs and is non-refundable.

**Activity Code: 4RAE2402**  
(Section codes listed below)

### Hamilton ..... HA01

Wed, May 27, 6:30PM- 8:30PM  
\$24 Residents/\$36 Non-Residents



## Korean Cooking: Kimchi Pancakes & Fried Rice

Using sour kimchi, learners can make pancakes with various vegetables, seafood or meat. Depending on your favorite, add beef, pork, tuna, mackerel, or other sea food mixture. In addition, with white rice, Kimchi is chopped and fried on the frying pan. Fee includes food costs and is non-refundable.

**Activity Code: 4RAE2424**  
(Section codes listed below)

### Hamilton ..... HA01

Wed, Apr 15, 6:30PM- 8:30PM  
\$24 Residents/\$36 Non-Residents

## Korean Cooking: Black Noodle or Rice

Using black sauces, potato, carrot, onion, and pork meat, we will make Korean black noodles called JJa-Jang-Myeon. It is very popular on moving day or Sunday lunch in Korea. This is the best selling dish of Korean Chinese restaurants. Fee includes food costs and is non-refundable.

**Activity Code: 4RAE2456**  
(Section codes listed below)

### Hamilton ..... HA01

Wed, Apr 29, 6:30PM- 8:30PM  
\$24 Residents/\$36 Non-Residents

## Smothered Ribs

Let's get saucy! Join us for a finger-licking good time as we uncover the secrets to perfect Smothered Ribs. Fee includes food cost and is non-refundable.

**Activity Code: 4RAE9907**  
(Section codes listed below)

### Milwaukee Marshall ..... MR01

Sat, May 2, 9:00AM-12:00PM  
\$29 Residents/\$44 Non-Residents

## DANCE

### Urban Line Dance

Are you tired of trying to learn the latest line dances or trying to learn them at social gatherings? Join us and you'll no longer have to worry about catching up; you'll already know all the latest dances. All skill levels welcome. Wear comfortable shoes and clothing.

#### OASIS ..... 4R552901-5501

Tue, Apr 14-May 26, 1:00PM- 2:30PM  
\$23 Residents/\$35 Non-Residents

#### Hamilton ..... 4RAE2912-HA01

Thu, Mar 26-May 21, 6:30PM- 7:30PM  
\$25 Residents/\$38 Non-Residents

#### Milwaukee Marshall ... 4RAE2912-MR01

Mon, Mar 23-May 18, 7:15PM- 8:15PM  
\$25 Residents/\$38 Non-Residents

### African Dance

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome. Class is combined with youth class.

**Activity Code: 4RAE2902**  
(Section codes listed below)

#### Riverside ..... RS01

Sat, Mar 21-May 9, 11:00AM-12:00PM  
\$25 Residents/\$38 Non-Residents

### Ballroom Survival

When you attend a wedding or reunion, are you envious of the people gliding across the dance floor? Learn to waltz, fox-trot, cha-cha, etc., so that when the next song plays, you are the one sweeping others off their feet. Wear casual dress shoes. This class requires participants to register with a dance partner.

**Activity Code: 4RAE2904**  
(Section codes listed below)

#### Milwaukee Marshall ..... MR01

Tue, Mar 24-May 19, 7:00PM- 8:00PM  
\$25 Residents/\$38 Non-Residents

### Salsa & Bachata Dance

Learn the two most popular Latin club dances in world! Learn the basics of "lead and follow", Latin body movement, musicality, and dance etiquette. No partner or experience required! Dancers rotate partners.

**Activity Code: 4RAE2920**  
(Section codes listed below)

#### Riverside ..... RS01

Mon, Mar 30-May 11, 7:00PM- 8:00PM  
\$25 Residents/\$38 Non-Residents

## FIBER ARTS

### Beginners Crocheting

Are you interested in a relaxing and satisfying pastime? Join us in learning the basics of crocheting. Seriously, we're not just spreading yarns! You'll be delighted with what you'll learn and what you can create! Please bring your own crochet hooks and a skein of yarn.

**Activity Code: 4RAE1219**  
(Section codes listed below)

#### Hamilton ..... HA01

Tue, Mar 24-May 12, 6:30PM- 8:30PM  
\$46 Residents/\$69 Non-Residents

### Crochet Club

Join us for socializing, conversation and some hardcore crocheting. Bring your projects to work on and share ideas and techniques in a friendly community atmosphere. Remember to show off your progress and finished projects with pride!

**Activity Code: 4RAE1220**  
(Section codes listed below)

#### Hamilton ..... HA01

Mon, Mar 23-May 11, 6:30PM- 8:30PM  
\$19 Residents/\$29 Non-Residents

### Knitting In The Round

Learn to knit creative hats using a plastic round loom. Materials needed are: plastic round loom, knitting loom hooks, 6 oz. of acrylic yarn, large eye dull point yarn needle, small scissors. Please bring material to every class. (Rectangular looms will not be used)

**Activity Code: 4RAE1221**  
(Section codes listed below)

#### Hamilton ..... HA01

Sat, Apr 11-May 9, 1:30PM- 3:00PM  
\$12 Residents/\$18 Non-Residents



### Macrame Plant Hangers

Calling all plant lovers! Come learn the ancient art of Macrame. Learn how to tie knots and add beads to make a beautiful plant hanger to display your plant and enhance your home decor. Participants will need to stand while making their hanger. \$12.00 cash supply fee due to instructor the night of class. Class fee is non-refundable.

**Activity Code: 4RAE1222**  
(Section codes listed below)

#### Hamilton (Ages 16 & up) ..... HA01

Wed, May 20, 6:00PM- 8:00PM  
\$9 Residents/\$14 Non-Residents

#### Milwaukee Marshall (Ages 16 & up)MR01

Wed, Mar 25, 6:00PM- 8:00PM  
\$9 Residents/\$14 Non-Residents

#### Riverside (Ages 16 & up) ..... RS01

Wed, Apr 8, 6:00PM- 8:00PM  
\$9 Residents/\$14 Non-Residents

### Coil Basket Making

If you love working with your hands and creating home decor then join this class to learn how to make a coil basket! Participants will design and color block to create three beautiful baskets to display throughout your home. Take pride in telling family and friends you made them yourself! A \$60 cash only supply fee is due to the instructor the first night of class.

**Activity Code: 4RAE1223**  
(Section codes listed below)

#### Riverside ..... HA01

Thu, Apr 9-May 14, 6:00PM- 8:00PM  
\$36 Residents/\$54 Non-Residents



## FINANCE

### Home Buying Workshop

Join financial experts and loan officers from Cream City Mortgage for an informative Home Buying Seminar! Perfect for first-time buyers or those looking to upgrade, this event covers everything from finding the right property to securing a mortgage. Gain valuable insights into the home-buying process and get expert answers to your questions about today's housing market.

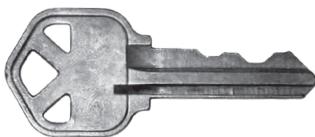
**Activity Code: 4RAE3406**  
(Section codes listed below)

**Hamilton** ..... HA01

Sat, Apr 11, 10:00AM-12:00PM  
\$9 Residents/\$14 Non-Residents

**MacDowell** ..... JU01

Sat, May 2, 10:00AM-12:00PM  
\$9 Residents/\$14 Non-Residents



## FITNESS

### Zumba Gold®

Zumba® Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Join other older adults that want camaraderie, excitement, and fitness as a regular part of their weekly schedule.

**Activity Code: 4R553503**  
(Section codes listed below)

**OASIS (Ages 50 & up)** ..... 5501

Mon, Apr 6-May 18, 10:15AM-11:15AM  
50+ \$17 Residents/\$26 Non-Residents

**OASIS (Ages 50 & up)** ..... 5502

Thu, Apr 9-May 28, 10:15AM-11:15AM  
50+ \$19 Residents/\$29 Non-Residents

### Gentle Yoga

Gentle Yoga is accessible to all levels and body types and is especially suited for beginners. Basic stretches, postures and breathwork help to develop strength, flexibility, balance, focus, and body awareness. Must be capable of independently getting up and down from the floor.

**Activity Code: 4R553504**  
(Section codes listed below)

**OASIS (Ages 50 & up)** ..... 5501

Tue, Apr 7-May 26, 11:30AM-12:30PM  
50+ \$19 Residents/\$29 Non-Residents

### Chair Yoga

Discover improved health and well-being in our chair yoga plus strength class, suitable for all abilities. Enjoy seated or standing poses, promoting muscle strength, flexibility, posture, balance, and breathing. Class is led by Leah.

**Activity Code: 4R553508**  
(Section codes listed below)

**OASIS (Ages 50 & up)** ..... 5501

50+ Mon, Apr 6-May 18, 9:00AM-10:00AM  
\$17 Residents/\$26 Non-Residents

**OASIS (Ages 50 & up)** ..... 5502

50+ Fri, Apr 10-May 29, 9:00AM-10:00AM  
\$19 Residents/\$29 Non-Residents

### Fit Over 50

Experience 'You CAN Do This' Fitness Class, focusing on dynamic muscle toning with stretching, cardio, strength training, and abs. Improve muscle tone, functional strength, and cardiovascular health with various equipment like light weights and Resist-a-Balls.

**Activity Code: 4R553511**  
(Section codes listed below)

**Enderis Playfield (Ages 50 & up)** ... EF01

50+ Thu, Apr 9-May 28, 11:30AM-12:30PM  
\$19 Residents/\$29 Non-Residents

**OASIS (Ages 50 & up)** ..... 5501

50+ Wed, Apr 8-May 27, 12:30PM- 1:30PM  
\$19 Residents/\$29 Non-Residents

### T'ai Chi & Qigong

Experience the Chinese arts of T'ai Chi & Qigong for relaxation and energy balance. Wear comfortable clothing and flat-soled shoes or stocking feet. Suitable for all fitness levels, including older adults and those with health limitations, using modified movements.

**Activity Code: 4R553512**  
(Section codes listed below)

**OASIS (Ages 50 & up)** ..... 5501

50+ Tue, Apr 7-May 26, 9:45AM-10:45AM  
\$19 Residents/\$29 Non-Residents

### Interval Training

This highly energetic class involves alternating bursts of intense activity with recovery periods. This is an efficient training method that helps to increase your cardiovascular intensity without burning yourself out. Class is led by Leah.

**Activity Code: 4R553519**  
(Section codes listed below)

**OASIS (Ages 50 & up)** ..... 5501

50+ Fri, Apr 10-May 29, 10:00AM-10:50AM  
\$16 Residents/\$24 Non-Residents

### TRX & Stretch

This revolutionary workout method uses your body weight and gravity as resistance to build strength, balance, coordination, flexibility, core, and joint stability. This class will take you through a multitude of TRX exercises for your entire body. Class is led by Leah.

**Activity Code: 4R553521**  
(Section codes listed below)

**OASIS (Ages 50 & up)** ..... 5502

50+ Tue, Apr 7-May 26, 12:50PM- 1:35PM  
\$15 Residents/\$23 Non-Residents

**OASIS (Ages 50 & up)** ..... 5503

50+ Thu, Apr 9-May 28, 10:10AM-10:55AM  
\$15 Residents/\$23 Non-Residents

**OASIS (Ages 50 & up)** ..... 5504

50+ Thu, Apr 9-May 28, 12:15PM- 1:00PM  
\$15 Residents/\$23 Non-Residents

**OASIS (Ages 50 & up)** ..... 5501

50+ Fri, Apr 10-May 29, 11:20AM-12:05PM  
\$15 Residents/\$23 Non-Residents

### Shake Hands with the Fitness Room

Too intimidated to go to the gym? Don't know what an elliptical or an incline press is? In this class Leonard will help you navigate the equipment in the fitness center and learn how to use it safely and effectively. By the end of the class you'll be confident in the gym setting!

**Activity Code: 4R553523**  
(Section codes listed below)

**OASIS (Ages 50 & up)** ..... 5501

50+ Wed, Apr 8-May 27, 1:45PM- 2:45PM  
\$19 Residents/\$29 Non-Residents

### Drums Alive® Golden Beats

Experience the joy of rhythmic drumming designed for older adults! Energize your mind and body, enhance cardiovascular health, strength, flexibility, and mental awareness. Enjoy socialization and overall well-being in a fun and inclusive atmosphere. No experience necessary.

**Activity Code: 4R553524**  
(Section codes listed below)

**OASIS (Ages 50 & up)** ..... 5501

50+ Mon, Apr 6-May 18, 2:15PM- 3:15PM  
\$17 Residents/\$26 Non-Residents



**Chair Zumba® Gold**

Chair Zumba® Gold provides a safe and enjoyable environment for older adults to experience the fun and benefits of Zumba. Stay active with Zumba beats and easy-to-follow moves, all done in a chair for extra support. Ideal for those with mobility or balance challenges.

**Activity Code: 4R553525**  
(Section codes listed below)

**OASIS (Ages 50 & up) ..... 5501**

**50+** Wed, Apr 8-May 27, 2:15PM- 3:15PM  
\$19 Residents/\$29 Non-Residents

**Fall Resiliency**

Looking to build strength and mobility while enhancing stability and balance? This class is for you! Safely challenge your body, helping you move through life with confidence and maybe even add a little extra joy to your step. Class is led by Leah.

**Activity Code: 4R553526**  
(Section codes listed below)

**OASIS (Ages 50 & up) ..... 5501**

**50+** (with chair) Tue, Apr 7-May 26, 11:40AM-12:40PM  
\$19 Residents/\$29 Non-Residents

**OASIS (Ages 50 & up) ..... 5502**

**50+** Thu, Apr 9-May 28, 9:00AM-10:00AM  
\$19 Residents/\$29 Non-Residents

**OASIS (Ages 50 & up) ..... 5503**

**50+** (with chair) Thu, Apr 9-May 28, 11:05AM-12:05PM  
\$19 Residents/\$29 Non-Residents

**Yoga**

Is getting up and down off the floor becoming a challenge? Does a typical yoga class feel intimidating? Is your body bigger, older, or facing new challenges that make movement more difficult? If so, this is the yoga class for you. Leah offers extra support and guidance to help you feel comfortable, confident, and safe as you move through each pose. All equipment provided.

**Activity Code: 4R553527**  
(Section codes listed below)

**OASIS (Ages 50 & up) ..... 5501**

**50+** Wed, Apr 8-May 27, 12:45PM- 2:00PM  
\$23 Residents/\$35 Non-Residents

**4 in 1 Training**

This class is a combination of Spiced up Cardio, Boxing Aerobics, Body Sculpting and Step Aerobics. Burn off the calories and shape your body while having fun!

**Activity Code: 4RAE3501**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

Tue, Mar 31-May 19, 7:15PM- 8:15PM  
\$29 Residents/\$44 Non-Residents

**ABSoGLUTEly Fit**

Want to look and feel better? In this class we will work on your upper and lower abdominals. In addition to improving your abs, students will focus on toning their gluteus and hamstrings. Bring your own exercise mat or purchase at site for \$10.00.

**Activity Code: 4RAE3502**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

Mon, Mar 30-May 18, 6:10PM- 7:10PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton ..... BN02**

Wed, Apr 1-May 20, 6:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents

**Belly Dance Aerobics**

Tighten and tone with Belly Dance Aerobics! Isometric movements target the waist, hips, and abs for flexibility and conditioning. Bring a hip scarf or buy one from the instructor for \$10.

**Activity Code: 4RAE3504**  
(Section codes listed below)

**Hamilton ..... HA01**

Mon, Mar 23-May 11, 7:15PM- 8:15PM  
\$29 Residents/\$44 Non-Residents

**Body Sculpting**

Use bands and weights to tone all areas of your body. Improve your mind, as well as your self-image. Bring your own weights and toning band. Bring your own exercise mat or purchase at site for \$10.00.

**Activity Code: 4RAE3505**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

Tue, Mar 31-May 19, 6:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton ..... BN02**

Thu, Apr 2-May 21, 6:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton ..... BN03**

Sat, Apr 11-May 16, 9:15AM-10:15AM  
\$23 Residents/\$35 Non-Residents

**Yoga Sculpt**

This class is a unique combination of power yoga and strength training, designed to create a full-body workout. You will leave feeling stronger, fresher, and uplifted.

**Activity Code: 4RAE3508**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

Mon, Mar 30-May 18, 3:30PM- 4:30PM  
\$29 Residents/\$44 Non-Residents

**Cardio Combo**

Jumpstart your weekend activities with this invigorating workout. This class combines boxing aerobics, step aerobics and low-impact aerobics. Wear comfortable clothing and tennis shoes. Class taught by Angie Wothe.

**Activity Code: 4RAE3509**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

Thu, Apr 2-May 21, 7:15PM- 8:15PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton ..... BN02**

Sat, Apr 11-May 16, 8:00AM- 9:00AM  
\$23 Residents/\$35 Non-Residents

**Cardio-Kickboxing**

Join a popular and engaging workout that combines weight loss, toning, and fun with self-defense elements. Wear comfortable clothing and tennis shoes. Bring your exercise mat or purchase on-site for \$10.00. Boost your health and enjoy the 'kicks'.

**Activity Code: 4RAE3511**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

Mon, Mar 30-May 18, 7:15PM- 8:15PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton ..... BN02**

Wed, Apr 1-May 20, 7:15PM- 8:15PM  
\$29 Residents/\$44 Non-Residents

## HIIT (High Intensity Interval Training)

Are you down to turn it up? In this class you will alternate your intensities between bursts of activity and fixed periods of less-intense activity. If the going gets tough, classmate camaraderie will get you through. Bring your own exercise mat or purchase at site for \$10.00.

**Activity Code: 4RAE3517**  
(Section codes listed below)

## Milwaukee Marshall .....MR01

Tue, Mar 24-May 19, 6:30PM- 7:30PM  
\$29 Residents/\$44 Non-Residents

## Hoop Dance Workout

Discover 'hoopdance,' an exciting dance form with body and mind benefits. Hooping is for everyone! Borrow or buy hoops at sites, costing \$20-\$35 each. Fun, fitness, and relaxation for all bodies.

**Activity Code: 4RAE3518**  
(Section codes listed below)

## Riverside .....RS01

(Beg.)  
Sat, Mar 21-May 9, 11:00AM-12:00PM  
\$29 Residents/\$44 Non-Residents

## Pilates

A non-impact class where you will improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Wear comfortable clothing. Individuals with medical conditions should be cleared by their physician prior to participation.

**Activity Code: 4RAE3521**  
(Section codes listed below)

## Beulah Brinton .....BN02

Wed, Apr 1-May 20, 7:35PM- 8:35PM  
\$29 Residents/\$44 Non-Residents

## Cooper .....CP01

Thu, Apr 2-May 21, 6:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents

## Hamilton .....HA01

Thu, Mar 26-May 21, 6:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents

## Step Aerobics & Sculpt

Step aerobics offers the cardiovascular benefits of aerobic dance in combination with toning for thighs, abdominals, buttocks, arms and legs. Step on it.

**Activity Code: 4RAE3524**  
(Section codes listed below)

## Beulah Brinton .....BN01

Mon, Mar 30-May 18, 5:00PM- 6:00PM  
\$29 Residents/\$44 Non-Residents

## Xtreme Hip Hop with Denise

Xtreme Hip Hop Step is a fun, energetic step aerobics and cardio fitness workout for all fitness levels, done while grooving to Hip Hop and R&B tunes that so many enjoy. Heart healthy, high calorie burn (400+) per 45-minute class.

**Activity Code: 4RAE3533**  
(Section codes listed below)

## Milwaukee Marshall .....MR01

Wed, Mar 25-May 20, 6:30PM- 7:15PM  
\$25 Residents/\$38 Non-Residents

## Women & Weights

Women & Weights is for all the ladies out there looking to get lean, toned and fit - quick! In this class, you will use light to moderate weights with lots of repetition in order to give you a total body workout. Bring your own exercise mat or purchase at site for \$10.00.

**Activity Code: 4RAE3535**  
(Section codes listed below)

## Milwaukee Marshall .....MR01

Mon, Mar 23-May 18, 6:15PM- 7:00PM  
\$23 Residents/\$35 Non-Residents

## Yoga for Active Women Adventurers

This is a continuing level class taught by Annie Wegner LeFort, RYT, for women of all ages who want to stay active and progress with a physical hobby or practice. Along with asana practice, we will practice pranayama (mindful breathing exercises).

**Activity Code: 4RAE3537**  
(Section codes listed below)

## Beulah Brinton .....BN01

Tue, Mar 31-May 19, 3:45PM- 4:45PM  
\$29 Residents/\$44 Non-Residents

## Zumba®

Zumba® is a fun and easy workout with routines that feature easy-to-follow dance steps synced to Latin music helping you to tone and sculpt your body.

**Activity Code: 4RAE3542**  
(Section codes listed below)

## Beulah Brinton .....BN01

Sun, Apr 12-May 17, 9:00AM-10:00AM  
\$23 Residents/\$35 Non-Residents

## Cooper .....CP01

Thu, Apr 2-May 21, 7:00PM- 8:00PM  
\$29 Residents/\$44 Non-Residents

## Hamilton .....HA04

(Beg)  
Wed, Mar 25-Apr 29, 6:30PM- 7:30PM  
\$29 Residents/\$44 Non-Residents

## MacDowell .....JU02

Thu, Mar 19-Apr 23, 6:30PM- 7:30PM  
\$23 Residents/\$75.50 Non-Residents

## Parkside .....FR01

Mon, Apr 6-May 18, 6:00PM- 7:00PM  
\$26 Residents/\$39 Non-Residents

## Yoga for Osteoporosis

Open to all, not just those managing osteoporosis. This class will explore the yoga approach to stronger bones and teach modifications to keep all poses safe for those with low bone density. Class is appropriate for beginners and experienced. Taught by Jill Schmid, RYT.

**Activity Code: 4RAE3574**  
(Section codes listed below)

## Beulah Brinton .....BN01

Wed, Apr 1-May 20, 1:40PM- 2:40PM  
\$29 Residents/\$44 Non-Residents

Join Milwaukee Recreation for...

## Women's Wellness Day!

Participate in a day of education and activities surrounding women's health and wellness! Free classes will be provided along with community vendors, a female-only wellness panel, refreshments, and more.

Saturday, May 16  
10:00AM - 2:00PM  
OASIS Community Center  
(2414 W. Mitchell St.)  
Activity Code: 4PL59060  
This is a FREE event!

More information available  
at [mkerec.net/wellness](http://mkerec.net/wellness).



**Yoga Alignment**

We will focus on deconstructing foundational yoga poses to create better alignment for the individual. This class is intermediate level and led by Annie Wegner LeFort. Class fee is non-refundable.

**Activity Code: 4RAE3578**  
(Section codes listed below)

**Beulah Brinton** ..... BN01

Tue, Mar 31, 1:30PM- 2:15PM  
\$6 Residents/\$9 Non-Residents

**Beulah Brinton** ..... BN02

Tue, Apr 21, 1:30PM- 2:15PM  
\$6 Residents/\$9 Non-Residents

**Beulah Brinton** ..... BN03

Tue, May 12, 1:30PM- 2:15PM  
\$6 Residents/\$9 Non-Residents

**Strong Flow Yoga**

A strong flow yoga class emphasizes dynamic movement, linking breath with fluid transitions to build strength, flexibility, and endurance. Through a series of powerful poses and intentional sequences, you'll cultivate both physical and mental focus. Expect to challenge your body with engaging postures while fostering a deep sense of connection to your breath and present moment awareness.

**Activity Code: 4RAE3589**  
(Section codes listed below)

**Beulah Brinton** ..... BN01

Wed, Apr 1-May 20, 4:30PM- 5:30PM  
\$29 Residents/\$44 Non-Residents

**Power Flow Yoga**

Intermediate vinyasa with a focus on strength and toning. Taught by Annie Wegner LeFort, RYT.

**Activity Code: 4RAE3595**  
(Section codes listed below)

**Beulah Brinton** ..... BN01

Mon, Mar 30-May 18, 1:10PM- 2:10PM  
\$29 Residents/\$44 Non-Residents

**T'ai Chi & Qigong**

Experience the Chinese arts of T'ai Chi & Qigong for relaxation and energy balance. Wear comfortable clothing and flat-soled shoes or stocking feet. Suitable for all fitness levels, including older adults and those with health limitations, using modified movements.

**Activity Code: 4RAE3601**  
(Section codes listed below)

**Hamilton** ..... HA01

Wed, Apr 8-May 27, 6:30PM- 7:30PM  
\$29 Residents/\$44 Non-Residents

**T'ai Chi Ch'uan**

This Chinese form of relaxation will teach you stress-relieving techniques designed to release tension, improve flexibility and relax your body and mind.

**Activity Code: 4RAE3602**  
(Section codes listed below)

**Beulah Brinton** ..... BN01

(Beg.)  
Tue, Mar 31-May 19, 12:15PM- 1:15PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN02

(Int.)  
Tue, Mar 31-May 19, 1:25PM- 2:25PM  
\$29 Residents/\$44 Non-Residents

**Yoga**

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation.

**Activity Code: 4RAE3605**  
(Section codes listed below)

**Beulah Brinton** ..... BN01

Mon, Mar 30-May 18, 8:00AM- 9:00AM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN02

Mon, Mar 30-May 18, 9:15AM-10:15AM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN03

Mon, Mar 30-May 18, 6:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN04

Mon, Mar 30-May 18, 7:00PM- 8:00PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN05

Tue, Mar 31-May 19, 9:15AM-10:15AM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN06

Tue, Mar 31-May 19, 6:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN07

Wed, Apr 1-May 20, 5:30PM- 6:30PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN08

Wed, Apr 1-May 20, 6:30PM- 7:30PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN09

Thu, Apr 2-May 21, 9:15AM-10:15AM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN10

Thu, Apr 2-May 21, 6:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN11

Sat, Apr 11-May 16, 7:45AM- 8:45AM  
\$23 Residents/\$35 Non-Residents

**Beulah Brinton** ..... BN12

Sun, Apr 12-May 17, 9:00AM-10:00AM  
\$23 Residents/\$35 Non-Residents

**Cooper** ..... CP01

Tue, Mar 31-May 19, 6:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents

**Gaenslen** ..... GS03

Tue, Mar 17-May 5, 7:00PM- 8:00PM  
\$29 Residents/\$44 Non-Residents

**Hamilton** ..... HA01

Mon, Mar 23-May 18, 6:00PM- 7:00PM  
\$25 Residents/\$38 Non-Residents

**MacDowell** ..... JU02

Sat, Mar 21-May 9, 10:15AM-11:15AM  
\$26 Residents/\$39 Non-Residents

**MacDowell** ..... JU03

Wed, Mar 25-May 13, 7:15PM- 8:15PM  
\$29 Residents/\$44 Non-Residents

**Riverside** ..... RS01

Tue, Mar 17-May 5, 7:15PM- 8:15PM  
\$29 Residents/\$44 Non-Residents

**Riverside** ..... RS02

Thu, Mar 19-May 7, 7:00PM- 8:00PM  
\$29 Residents/\$44 Non-Residents

**Yoga - Gentle**

Gentle Yoga is accessible to all levels and body types, and is especially suited for beginners. Basic stretches, postures and breath work help to develop strength, flexibility, balance, and body awareness. Bring your exercise mat or purchase at site for \$10.00.

**Activity Code: 4RAE3606**  
(Section codes listed below)

**Beulah Brinton** ..... BN01

Mon, Mar 30-May 18, 12:00PM- 1:00PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN11

Tue, Mar 31-May 19, 8:00AM- 9:00AM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN02

Tue, Mar 31-May 19, 10:30AM-11:30AM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN03

Tue, Mar 31-May 19, 7:00PM- 8:00PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN04

Wed, Apr 1-May 20, 8:00AM- 9:00AM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN05

Wed, Apr 1-May 20, 12:30PM- 1:30PM  
\$29 Residents/\$44 Non-Residents

**Beulah Brinton** ..... BN06

Thu, Apr 2-May 21, 1:30PM- 2:30PM  
\$29 Residents/\$44 Non-Residents

## Beulah Brinton ..... BN07

Thu, Apr 2-May 21, 7:00PM- 8:00PM  
\$29 Residents/\$44 Non-Residents

## Beulah Brinton ..... BN08

Fri, Apr 3-May 22, 8:00AM- 9:00AM  
\$29 Residents/\$44 Non-Residents

## Beulah Brinton ..... BN09

Sat, Apr 11-May 16, 10:00AM-11:00AM  
\$23 Residents/\$35 Non-Residents

## Beulah Brinton ..... BN10

Sun, Apr 12-May 17, 12:00PM- 1:00PM  
\$23 Residents/\$35 Non-Residents

## Cooper ..... CP01

Tue, Mar 31-May 19, 7:15PM- 8:15PM  
\$29 Residents/\$44 Non-Residents

## MacDowell ..... JU03

Wed, Mar 25-May 13, 6:00PM- 7:00PM  
\$26 Residents/\$39 Non-Residents

## MacDowell ..... JU01

Sat, Mar 28-May 9, 9:00AM-10:00AM  
\$26 Residents/\$39 Non-Residents

## Riverside ..... RS01

Thu, Mar 19-May 7, 6:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents



## Yoga - Power

East meets West in this vigorous, fitness-based yoga class with a focus on flow, breath, strength, balance, and flexibility. Prior yoga experience is recommended. Bring your own exercise mat or purchase at site for \$10.00.

**Activity Code: 4RAE3607**  
(Section codes listed below)

## Beulah Brinton ..... BN02

Thu, Apr 2-May 21, 5:00PM- 6:00PM  
\$29 Residents/\$44 Non-Residents

## Gaenslen ..... GS01

Tue, Mar 17-May 5, 6:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents

## Parkside ..... FR01

Mon, Apr 6-May 18, 4:30PM- 5:30PM  
\$55 Residents/\$83 Non-Residents

## Riverside ..... RS01

Tue, Mar 17-May 5, 6:00PM- 7:00PM  
\$29 Residents/\$44 Non-Residents

## Vinyasa Flow Yoga

This Vinyasa class links breath and movement to flow through postures, flowing from pose-to-pose. The flowing postures bring heat and aids in the lengthening of muscles and the reduction of muscular tension. Perfect for students of all levels, including beginners, as options or modifications are given for poses. Bring your exercise mat or purchase at site for \$10.

**Activity Code: 4RAE3614**  
(Section codes listed below)

## Beulah Brinton ..... BN01

(Slow Flow)  
Tue, Mar 31-May 19, 2:30PM- 3:30PM  
\$29 Residents/\$44 Non-Residents

## Beulah Brinton ..... BN02

(Slow Flow)  
Wed, Apr 1-May 20, 9:15AM-10:15AM  
\$29 Residents/\$44 Non-Residents

## Beulah Brinton ..... BN03

(Slow Flow)  
Fri, Apr 3-May 22, 9:15AM-10:15AM  
\$29 Residents/\$44 Non-Residents

## Milwaukee Marshall ..... MR01

(Slow Flow)  
Tue, Mar 24-May 19, 6:30PM- 7:30PM  
\$29 Residents/\$44 Non-Residents

## Yin Yoga

Experience deep stretching in this class with poses held for 2-7 minutes. Enhance flexibility in fascia/connective tissue, reducing pain, stress, and anxiety. Improve overall well-being. Bring a blanket or towel; blocks and straps are provided.

**Activity Code: 4RAE3617**  
(Section codes listed below)

## Beulah Brinton ..... BN02

Sat, Apr 11-May 16, 8:55AM- 9:55AM  
\$23 Residents/\$35 Non-Residents

## Yoga for Runners

Open to all, not just runners! This class focuses on: 1) stretching key running muscles, 2) exploring diverse body planes for varied movements, and 3) building core strength crucial for runners. Taught by Annie Wegner LeFort.

**Activity Code: 4RAE3619**  
(Section codes listed below)

## Beulah Brinton ..... BN01

Thu, Apr 2-May 21, 4:00PM- 5:00PM  
\$29 Residents/\$44 Non-Residents



## Yoga - Chair

This chair yoga class is for people of all ages. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance, and breathing.

**Activity Code: 4RAE3628**  
(Section codes listed below)

## Beulah Brinton ..... BN01

Mon, Mar 30-May 18, 2:15PM- 3:15PM  
\$29 Residents/\$44 Non-Residents

## Beulah Brinton ..... BN02

Thu, Apr 2-May 11, 10:30AM-11:30AM  
\$29 Residents/\$44 Non-Residents

## Beulah Brinton ..... BN03

Fri, Apr 3-May 22, 12:00PM- 1:00PM  
\$29 Residents/\$44 Non-Residents

## Beulah Brinton ..... BN04

Thu, Jun 11, 10:30AM-11:30AM  
\$6 Residents/\$9 Non-Residents

## HEALTH AND WELLNESS

### Natural Solutions to Stress

What really is "stress" anyways? In this class we'll breakdown stress from a physiological perspective as well as the three dimensions of stress. Participants will walk away with tools and natural ways to resolve stress. Class taught by Dr. John Corsi, D.C. Chiropractic Company.



**Activity Code: 4RAE20369**  
(Section codes listed below)

## Milwaukee Marshall ..... MR01

Wed, Apr 8, 6:35PM- 8:05PM  
\$8 Residents/\$12 Non-Residents

### 5 Secrets to Permanent Weight Loss

Unlock the '5 secrets' for effective, permanent weight loss with insights into metabolism and hormones. Discover why fat isn't the enemy and the importance of real butter and eggs. Presented by Dr. John P. Corsi, D.C. of Chiropractic Company. Non-refundable class fee.

**Activity Code: 4RAE4101**  
(Section codes listed below)

## Milwaukee Marshall ..... MR01

Wed, May 6, 6:35PM- 8:00PM  
\$8 Residents/\$12 Non-Residents

**Mudras and Meditation**

Meditation is often synonymous with the image of someone sitting in the lotus position with their thumb and index finger touching. A mudra is a hand gesture or position used in meditation, asana, pranayama, and spiritual rituals to add depth to yoga or meditation practice. Please join us in this meditative journey.

**Activity Code: 4RAE4104**  
(Section codes listed below)

**Hamilton ..... HA01**

Thu, Apr 30-May 7, 7:15PM- 8:15PM  
\$9 Residents/\$14 Non-Residents

**Meditation**

You will practice guided and mantra meditation, pranayama (mindful breathing exercises), and improving posture. Please bring a yoga mat and a cushion or small pillow.

**Activity Code: 4RAE4106**  
(Section codes listed below)

**Beulah Brinton ..... BN01**

Tue, Mar 31-May 19, 5:00PM- 5:30PM  
\$16 Residents/\$24 Non-Residents

**Minute Meditation and Reiki**

Learn some simple techniques that will teach you to lower your heart rate in minutes and deal with everyday stress. In addition, you will be introduced to Reiki, the ancient 'healing art' that is based on the belief that spiritual energy emits out of the practitioner's hands to cure various physical and emotional ailments. Learn how to make these energy techniques work for you!

**Activity Code: 4RAE4107**  
(Section codes listed below)

**Hamilton ..... HA01**

Mon, Apr 6-May 18, 7:15PM- 8:15PM  
\$25 Residents/\$38 Non-Residents

**Natural Solutions to Vertigo and Dizziness**

No one likes to be dizzy, yet 20% of Americans report dizziness or vertigo every month. In this workshop, we will cover various forms of dizziness and vertigo including the most common form of vertigo, various forms of treatment as well as natural treatment strategies. Workshop is presented by Dr. Garrett A. Panno, D.C. Chiropractic Company.

**Activity Code: 4RAE4108**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**

Wed, Apr 22, 6:35PM- 8:00PM  
\$7 Residents/\$11 Non-Residents

**Chakra Energy and Balance**

Explore Chakra Healing, blending ancient philosophy with a modern twist. Balance body and mind through Eastern wellness principles, focusing on seven energy centers. Enhance overall well-being. Non-refundable class fee.

**Activity Code: 4RAE4117**  
(Section codes listed below)

**Hamilton ..... HA01**

Thu, Apr 9-Apr 16, 7:15PM- 8:15PM  
\$6 Residents/\$9 Non-Residents

**Spring Herbs and Teas**

Learn about herbs such as ginger and elderberry, their medicinal value and how they can help with addressing breathing concerns due to colds and flu. In addition learn how to make homemade "vaporub". Class fee is non-refundable.

**Activity Code: 4RAE4140**  
(Section codes listed below)

**Hamilton ..... HA01**

Tue, May 21, 6:00PM- 7:30PM  
\$8 Residents/\$12 Non-Residents

**Spring Cleaning (Naturally)**

Get your Spring cleaning started with natural ingredients, many of which can already be found around the house. Vinegar, baking soda, essential oils are just some items that can be used for a bright, refreshing and natural household cleaning. Class fee is non-refundable.

**Activity Code: 4RAE4141**  
(Section codes listed below)

**Hamilton ..... HA01**

Sat, Apr 25, 12:30PM- 2:00PM  
\$8 Residents/\$12 Non-Residents

**Parsley, Sage, Rosemary & Thyme**

Well, we're not exactly Scarborough Fair, but come take a little thyme out to join us for some sage advice on growing your own herb garden. Class fee is non-refundable.

**Activity Code: 4RAE4120**  
(Section codes listed below)

**Hamilton ..... HA01**

Tue, May 5, 6:00PM- 8:00PM  
\$9 Residents/\$14 Non-Residents

**Alternative Approaches to Preventing and Handling Arthritic Pain**

Arthritis affects 1 in 5 Americans roughly. We all talk about it or even joke about it, but what causes it in the first place? Learn how you can prevent it from happening, getting worse or how to live your best life with as little discomfort as possible. Class taught by Dr. John Corsi, D.C. Chiropractic Company.

**Activity Code: 4RAE4129**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**

Mon, Mar 23, 6:30PM- 8:30PM  
\$16 Residents/\$12 Non-Residents

**Balancing Hormones Naturally**

A holistic approach to women's hormone related concerns, such as PMS, menopause, osteoporosis and infertility. Discover how stress, the nervous system, estrogen, progesterone, blood sugar, and the adrenal glands impacts our hormones and what to do about it.

**Activity Code: 4RAE4145**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**

Wed, May 20, 6:30PM- 8:30PM  
\$8 Residents/\$12 Non-Residents



## Hand Reflexology for a Happier You!

How would you like to learn some easy techniques to help relieve stress, anxiety and pain to bring yourself back into being in Balance? Hand Reflexology might be a good fit for you. Techniques learned in class will help bring about a wonderful calmness that will benefit your whole being. Class Taught by Gail Vella from Compassionate Reflexology. Please bring a towel, water to drink and \$4 for supplies used in class. Class fee is non-refundable

**Activity Code: 4RAE4155**  
(Section codes listed below)

**Hamilton .....** HA01  
Wed, Mar 25, 6:00PM- 7:30PM  
\$9 Residents/\$14 Non-Residents

## Introduction to Foot Reflexology

There are thousands of nerve endings in your feet! More Sensory Nerve endings per square inch than any other part of the body. We'll learn some basic techniques to bring comfort to your feet that may benefit your entire body! You can try some Reflexology tools before you invest. Class is taught by Gail Vella of Compassionate Reflexology.

**Activity Code: 4RAE4156**  
(Section codes listed below)

**Riverside .....** HA01  
Tue, Apr 28, 6:00PM- 8:00PM  
\$9 Residents/\$14 Non-Residents

## Your Amazing Brain!

Aging happens, you are never younger than you are at this moment. Join us to increase your level of awareness bout your brain and learn some fun and easy energy exercise practices that will empower you! Gail V. Reflexologist, Yoga Teacher and Reiki Master is your guide.

**Activity Code: 4RAE4191**  
(Section codes listed below)

**Hamilton .....** HA01  
Wed, May 6, 6:00PM- 7:30PM  
\$9 Residents/\$14 Non-Residents

## The Skinny on Fats & Your Heart

Confused about the different types of fats in food and how they affect your heart? Registered Dietitian, Heather Klug, from The Karen Yontz Women's Cardiac Awareness Center will review the four main types of fat in the foods we eat and how they each impact our heart.

**Activity Code: 4RAE4188**  
(Section codes listed below)

**Hamilton .....** HA04  
Tue, Apr 21, 6:00PM- 7:00PM  
\$6 Residents/\$9 Non-Residents



## Maximize Your Health With the Mediterranean Diet

The Mediterranean Diet is consistently hailed as one of the healthiest ways of eating. Extensive research shows it can help promote good health and longevity. Registered Dietitian, Heather Klug, from The Karen Yontz Women's Cardiac Awareness Center will discuss the foods that make up the Mediterranean Diet and the health benefits from following this healthy way of eating.

**Activity Code: 4RAE4189**  
(Section codes listed below)

**Hamilton .....** HA04  
Tue, May 12, 6:00PM- 7:00PM  
\$6 Residents/\$9 Non-Residents

## HOUSE AND GARDEN

### Spring Pave-Style Floral Arranging

Welcome spring with flowers! In this beginner-friendly floral arranging class, you'll learn the basic elements of floral design while creating a beautiful pave-style arrangement using fresh, seasonal blooms. Create your take home springtime arrangement in this one-day workshop at Thryve, 1415 N 54th St. Class fee includes supplies and is non-refundable.

**Activity Code: 4RAE4231**  
(Section codes listed below)

**Thryve .....** TH01  
Tue, Mar 31, 6:00PM- 8:00PM  
\$65 Residents/\$97 Non-Residents

### Mother's Day Pave-Style Floral Arranging

Celebrate Mother's Day with fresh flowers! In this beginner-friendly floral arranging class, you'll learn the basic elements of floral design while creating a beautiful pave-style arrangement using fresh, seasonal blooms. Create a springtime arrangement to give to mom or to bring home to enjoy yourself in this one-day workshop at Thryve, 1415 N 54th St. Class fee includes supplies and is non-refundable.

**Activity Code: 4RAE4232**  
(Section codes listed below)

**Thryve .....** TH01  
Tue, May 5, 6:00PM- 8:00PM  
\$65 Residents/\$97 Non-Residents



## DID YOU KNOW?

**Nearly 60 percent of U.S. adults have had their healthcare provider recommend moving their body daily.**

via [nrpa.org/parkpulse](http://nrpa.org/parkpulse)

## LANGUAGE SKILLS

### English as a Second Language

In this beginning ESL course, students will improve their English listening, speaking, reading, and writing skills. Activities will focus on developing the vocabulary, pronunciation and grammar needed in everyday interactions. Spanish will be used for the clarification of grammar and pronunciation differences. Registration includes 'Language Exchange' (10:30am-11:30am).

**Activity Code: 4R554402**  
(Section codes listed below)

**OASIS .....** 5501  
Wed, Apr 8-May 27, 9:00AM-10:30AM  
\$27 Residents/\$41 Non-Residents

### Language Exchange

This conversation group facilitates interactions between native Spanish and English speakers. Practice your target language and culture in real life interactions. For the convenience of our language learners, this class is scheduled between our Spanish and ESL classes. The Language Exchange class is included with registration for Spanish or ESL. If you are registered for either, you do not need to register or pay separately for this class.

**Activity Code: 4R554403**  
(Section codes listed below)

**OASIS .....** 5501  
Wed, Apr 8-May 27, 11:30AM-12:30PM  
\$19 Residents/\$29 Non-Residents

### Korean Culture Class

Are you interested in Korean movies, K-Pop, and dramas? Do you want to learn more about Korean history and culture? This course will cover everything from basic Korean alphabets, music, Hangeul, Hanbok clothing, art, food, and architecture.

**Activity Code: 4RAE4405**  
(Section codes listed below)

**Hamilton .....** HA01  
Sat, Apr 11-May 16, 11:30AM-1:30PM  
\$32 Residents/\$48 Non-Residents

### Sign Language

This language class focuses on finger spelling, vocabulary, non-verbal expressive skills and sentence structure.

**Activity Code: 4RAE4407**  
(Section codes listed below)

**Beulah Brinton .....** BN02  
Mon, Mar 30-May 18, 6:30PM- 7:30PM  
\$25 Residents/\$38 Non-Residents

### Italian Language Survival Skills

In this class, participants will learn basic conversational skills. You will also receive very useful tips and advice on how to enjoy the Italian culture. My curriculum and Italian Language textbook extracts are included.

**Activity Code: 4RAE4411**  
(Section codes listed below)

**MacDowell .....** JU01  
(Beg.)  
Mon, Mar 23-May 18, 6:00PM- 7:30PM  
\$36 Residents/\$54 Non-Residents

**MacDowell .....** JU02  
(Adv.)  
Mon, Mar 23-May 18, 7:45PM- 8:45PM  
\$22 Residents/\$33 Non-Residents



### Portuguese

This is a beginner class intended for those with little to no experience in Portuguese. Students will learn the basics of Portuguese, including essential vocabulary, pronunciation, and common phrases. The class will have interactive activities, listening practice, and conversational exercises. Class participants will build confidence to use vocabulary, understand words and phrases, read, and write limited Portuguese.

**Activity Code: 4RAE4442**  
(Section codes listed below)

**Beulah Brinton .....** BN01  
Fri, Apr 10-May 22, 6:30PM- 7:30PM  
\$22 Residents/\$33 Non-Residents

### Spanish

Learn appropriate Spanish words for: greetings, health, household, daily activities, weather, and more. The textbook used for the class is 'Madrigal's Magic Key to Spanish' and can be purchased for \$15 on Amazon. Registration includes 'Language Exchange' (10:30am-11:30am).

**Activity Code: 4R554401**  
(Section codes listed below)

**OASIS .....** 5501  
(Beginner)  
Wed, Apr 8-May 27, 10:30AM-12:30PM  
\$19 Residents/\$29 Non-Residents

**OASIS .....** 5502  
(Intermediate)  
Wed, Apr 8-May 27, 12:30PM- 1:30PM  
\$19 Residents/\$29 Non-Residents

### Spanish Conversation

Master essential Spanish communication for professions and travel. Learn pronunciation, grammar, reading, writing, and conversation. Textbook available for \$14.00 (cash or check) on the first day.

**Activity Code: 4RAE4801**  
(Section codes listed below)

**MacDowell .....** JU01  
(Level 1)  
Wed, Mar 18-May 13, 6:00PM- 7:30PM  
\$36 Residents/\$54 Non-Residents

## MARTIAL ARTS

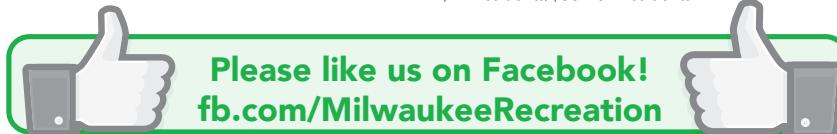
### Judo

Judo or 'gentle way/technique' focuses on manipulating an opponent's force against him/her rather than confronting it with one's own force. Join us to learn about judo under personalized instruction that focuses on technique and tradition. This course is affiliated with the USJA and USMA. Please wear clothes without buttons or metal. Class is combined with youth class.

**Activity Code: 4RAE4501**  
(Section codes listed below)

**Milwaukee Marshall .....** MR01  
Mon/Wed, Mar 23-May 20, 6:00PM- 7:00PM  
\$46 Residents/\$69 Non-Residents

**Milwaukee Marshall .....** MR02  
(ADVANCED ONLY)  
Mon/Wed, Mar 23-May 20, 7:00PM- 8:00PM  
\$52 Residents/\$78 Non-Residents



## Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. Learn self-discipline, kicking and punching techniques, correct body positioning, and self-defense.

**Activity Code: 4RAE4503**

**(Section codes listed below)**

### Hamilton (Ages 15 & up) ..... HA01

Mon/Wed, Mar 23-May 20, 6:00PM- 7:00PM  
\$46 Residents/\$69 Non-Residents

### Hamilton (Ages 15 & up) ..... HA02

Tue/Thu, Mar 24-May 21, 7:10PM- 8:00PM  
\$46 Residents/\$69 Non-Residents

### Milwaukee Marshall (Ages 15 & up)MR01

Mon, Mar 23-May 18, 6:00PM- 7:00PM  
\$25 Residents/\$38 Non-Residents

### Milwaukee Marshall (Ages 15 & up)MR06

Mon, Mar 23-May 18, 6:00PM- 7:00PM  
\$25 Residents/\$38 Non-Residents

### Milwaukee Marshall (Ages 15 & up)MR07

Tue, Mar 24-May 19, 6:00PM- 7:00PM  
\$25 Residents/\$38 Non-Residents

### Milwaukee Marshall ..... MR02

Wed, Mar 25-May 20, 6:00PM- 7:00PM  
\$25 Residents/\$38 Non-Residents

### Milwaukee Marshall ..... MR08

Thu, Mar 26-May 21, 6:00PM- 7:00PM  
\$25 Residents/\$38 Non-Residents

### Riverside (Ages 15 & up) ..... RS01

(Beg. white-yellow belts, combined with youth class)  
Mon/Wed, Mar 16-May 6, 6:15PM- 7:00PM  
\$46 Residents/\$69 Non-Residents

### Riverside (Ages 15 & up) ..... RS05

(Int./Adv. Blue-Black Belts)  
Mon/Wed, Mar 16-May 6, 7:00PM- 8:00PM  
\$52 Residents/\$78 Non-Residents

### Riverside (Ages 15 & up) ..... RS04

(All ranks and ages)  
Sat, Mar 21-May 9, 11:45AM-12:30PM  
\$24 Residents/\$36 Non-Residents



## MUSIC



### Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Adult and Youth Classes are combined. Class is taught by Mr. D.

**Activity Code: 4RAE4602**

**(Section codes listed below)**

### Beulah Brinton ..... BN01

Fri, Apr 10-May 22, 7:15PM- 8:15PM  
\$22 Residents/\$33 Non-Residents

### Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Adult and Youth Classes are combined.

**Activity Code: 4RAE4603**

**(Section codes listed below)**

### Beulah Brinton ..... BN01

Fri, Apr 10-May 22, 6:00PM- 7:00PM  
\$22 Residents/\$33 Non-Residents

### Guitar

This class focuses on basic chords, note reading, different strumming techniques, and guitar maintenance. Please see website for differences between beginner and advanced classes. All classes are taught by Mr. D. Youth and adult courses are combined. Must bring your own guitar.

**Activity Code: 4RAE4604**

**(Section codes listed below)**

### Beulah Brinton ..... BN01

(Beg.)  
Sat, Apr 11-May 16, 2:00PM- 3:30PM  
\$27 Residents/\$41 Non-Residents

### Hamilton ..... HA01

(Beg.)  
Thu, Mar 26-May 21, 6:00PM- 7:30PM  
\$36 Residents/\$54 Non-Residents

### Riverside ..... RS01

(Beg. Semi-Private)  
Mon, Mar 16-May 4, 6:30PM- 8:00PM  
\$83 Residents/\$125 Non-Residents

### Riverside ..... RS02

(Adv. Semi-Private)  
Mon, Mar 16-May 4, 8:15PM- 9:00PM  
\$47 Residents/\$71 Non-Residents

## Piano

Beg. level courses will give beginning piano enthusiasts an introduction to the keyboard. Int. level courses will help take you to the next level. Keys, scales, chords, and melodies will be covered in all classes. Keyboards will be provided. Classes are taught by Mr. D. Youth and adult courses are combined.

**Activity Code: 4RAE4607**

**(Section codes listed below)**

### Beulah Brinton ..... BN01

(Beg.)  
Sat, Apr 11-May 16, 10:30AM-12:00PM  
\$27 Residents/\$41 Non-Residents

### Beulah Brinton ..... BN02

(Int.)  
Sat, Apr 11-May 16, 12:15PM- 1:45PM  
\$27 Residents/\$41 Non-Residents

### Hamilton ..... HA01

(Beg.)  
Wed, Mar 25-May 20, 6:00PM- 7:30PM  
\$25 Residents/\$38 Non-Residents

## Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Adult and Youth Classes are combined.

**Activity Code: 4RAE4608**

**(Section codes listed below)**

### Beulah Brinton ..... BN01

Sat, Apr 11-May 16, 4:00PM- 6:00PM  
\$36 Residents/\$54 Non-Residents

## Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Adult and Youth Classes are combined.

**Activity Code: 4RAE4609**

**(Section codes listed below)**

### Hamilton ..... HA01

Wed, Mar 25-May 20, 7:45PM- 8:45PM  
\$25 Residents/\$38 Non-Residents

**Introduction to Harmonica**

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Class is combined with youth class.

**Activity Code: 4RAE4611**  
(Section codes listed below)

**Hamilton ..... HA01**

Tue, Mar 24-May 19, 6:00PM- 7:00PM  
\$25 Residents/\$38 Non-Residents

**Ukulele For You**

This class is for anyone interested in learning to play the ukulele along with those who want to expand their ukulele repertoire. Our "music master" Mr. D., will teach you basic chords and strums and comfortably guide you into select musical genres. Grab a uke or dust off the one in your closet and join us!

**Activity Code: 4RAE4620**  
(Section codes listed below)

**Hamilton ..... HA01**

(Class is combined with youth class)  
Th, Mar 26-May 21, 7:45PM- 8:45PM  
\$25 Residents/\$38 Non-Residents

**ORGANIZATION****Senior Downsizing**

Proactively downsize with ease! Learn steps and decisions for a stress-free process in this class by professional organizer Tamara Starr of Sweet Simplicity Professional Organizing. Don't wait until the last moment. Start early to simplify and preserve cherished items.

**Activity Code: 4RAE2601**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**

Wed, Apr 8, 6:00PM- 7:00PM  
\$12 Residents/\$18 Non-Residents

**Downsizing Before Moving or Selling Your Home**

Discussing what to do when these big events are fast approaching; declutter, organize, downsizing pre-packing and so much more. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing.

**Activity Code: 4RAE2602**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**

Wed, Apr 15, 6:00PM- 8:00PM  
\$12 Residents/\$18 Non-Residents

**Declutter/Organize Your Home**

Declutter and organize your home in 2025! We'll discuss everything you need to know to make a fresh start, stay motivated and create organized systems both you and your family can maintain. Class taught by Tamara Starr, Sweet Simplicity Professional Organizing.

**Activity Code: 4RAE2607**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**

Wed, Apr 29, 6:00PM- 8:00PM  
\$12 Residents/\$18 Non-Residents

**ORGANIZED GAMES****Bid Whist**

Weekly Bid Whist Extravaganza! Join this African-American card game for fun, challenges, and socializing. Open to experienced players. Register with a partner or be paired with singles. Entertainment-focused play; no gambling allowed during class. Come and enjoy the game!

**Activity Code: 4RAE4907**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**

Tue, Mar 24-May 19, 6:00PM- 8:00PM  
\$10 Residents/\$15 Non-Residents

**Spades**

Come join the weekly Spades challenge extravaganza! This popular African-American card game is a descendant of Bid Whist and will give you the opportunity to have fun and meet new people. Open to those with experience playing the game. Register with a partner or singles will be partnered up if possible. Class play is for entertainment purposes only. Gambling for money is not permitted during class. Program supervised by Mark Lawrence.

**Activity Code: 4RAE4909**  
(Section codes listed below)

**Milwaukee Marshall ..... MR01**

Thu, Mar 26-May 21, 6:00PM- 8:00PM  
\$10 Residents/\$15 Non-Residents

**Speed Puzzling**

**NEW** Ready, set, puzzle! Sign up for a friendly speed puzzle event where teams of up to four race to complete a provided 500 piece puzzle the fastest. Speed puzzling experience not required. At least one member of your team must be 18 or older.

**Activity Code: 4RAE4949**  
(Section codes listed below)

**Beulah Brinton (Ages 7-99) ..... BN01**

Fri, Apr 10, 6:30PM- 8:30PM  
\$9 Residents/\$14 Non-Residents

**OUTDOOR EDUCATION****Spring Ride with Melissa Cook on the Hank Aaron State Trail**

Celebrate the 25th anniversary of the WDNR's Hank Aaron State Trail with retired Trail Manager Melissa Cook. Hosted by Friends of Hank Aaron State Trail, the 6th annual spring ride is a family friendly 12-mile out and back ride with some street and trail riding. A brief presentation with refreshments will take place at 12pm to start the ride. The spring ride is open to all!

**Activity Code: 4RAE5016**  
(Section codes listed below)

**E Clybourn and N Harbor Dr ..... RS01**

Sun, May 3, 12:00PM- 2:30PM  
FREE

**Urban Gardening**

Gardens can provide healthy food, exercise, and a sanctuary for people and our urban wildlife. Join us as we plant vegetables and flowers in the courtyard of the OASIS.

**Activity Code: 4R555011**  
(Section codes listed below)

**OASIS (Ages 50 & up) ..... 5501**

**50+** Wed, Apr 8-May 27, 10:30AM-12:30PM  
FREE



## PERSONAL SKILLS

### Coupons for a Cause

**NEW** What could you do, if you were able to save 50-75% on all of your household needs? The opportunities are endless, when you learn to leverage store sales and discounts in combination with coupons and rebates to get the lowest out-of-pocket cost possible. In this class, I'll teach you the basics of these strategies and give you the confidence to create your own scenarios for the things YOUR family needs. Together, we can lower personal expenses, keep more money in the community, and open doors previously thought closed for good!

**Activity Code: 4RAE3045**  
(Section codes listed below)

**Hamilton .....** HA01  
Sat, Apr 25, 12:00PM- 2:30PM  
\$10 Residents/\$15 Non-Residents

**MacDowell .....** JU01  
Sat, Apr 11, 12:00PM- 2:30PM  
\$10 Residents/\$15 Non-Residents

**Milwaukee Marshall .....** MR01  
Sat, Mar 28, 12:00PM- 2:30PM  
\$10 Residents/\$15 Non-Residents

**Milwaukee Marshall .....** MR02  
Sat, May 9, 12:00PM- 2:30PM  
\$10 Residents/\$15 Non-Residents

**Riverside .....** RS01  
Sat, May 2, 12:00PM- 2:30PM  
\$10 Residents/\$15 Non-Residents



### You Have Pictures in Your Camera - Now What?

Organize and save your multitude of pictures! Learn techniques for managing photos from cameras and smartphones, transferring to external devices and 'the Cloud' in this two-hour seminar with instructor C.T. Kruger. Non-refundable class fee.

**Activity Code: 4RAE5402**  
(Section codes listed below)

**Hamilton .....** HA03  
Thu, May 28, 6:30PM- 8:30PM  
\$18 Residents/\$27 Non-Residents

### Herbs, Crystals, and Stones

Discover the benefits of the top 10 herbs and the significance of rocks in love, success, happiness, and health. Explore ancient folklore and practical applications. \$5.00 cash supply fee due at class. Non-refundable class fee.

**Activity Code: 4RAE5405**  
(Section codes listed below)

**Hamilton .....** HA01  
Thu, May 14, 7:15PM- 8:15PM  
\$6 Residents/\$9 Non-Residents



### No Power Tools Necessary (Basic Home Repairs)

Broken switch? Outlet that won't hold plugs? Want to update a light fixture but you aren't sure where to start? This class will help you identify DIY electrical projects, tips to prevent problems, and when it's time to call an electrician. Cost includes tools to take home. Class taught by Brian Hunt a licensed remodeling contractor with over 20 years of experience. Non-refundable class fee.

**Activity Code: 4RAE5412**  
(Section codes listed below)

**Hamilton .....** HA03  
Sat, Apr 18, 9:00AM-11:00AM  
\$50 Residents/\$75 Non-Residents

**Riverside .....** RS04  
Sat, Apr 18, 12:00PM- 2:00PM  
\$50 Residents/\$75 Non-Residents



### The Camera in Your Smartphone

Unleash the power of your phone! Discover apps, tips, and tricks for capturing and managing photos and videos on iPhone and Android devices. Explore camera features, storage options, printing, and more in this informative class with instructor C.T. Kruger. Non-refundable class fee.

**Activity Code: 4RAE5423**  
(Section codes listed below)

**Hamilton .....** HA02  
Thu, May 21, 6:30PM- 8:30PM  
\$18 Residents/\$27 Non-Residents

### iPad/iPhone-Tips, Tricks, and Techniques

This class is specific to Apple iPhone, iPad and iPad Mini devices. Learn tips, tricks, and techniques to navigate, organize, backup and add apps to your iPhone, iPad, or iPad mini device. Instructor is C.T. Kruger. Class fee is non-refundable.

**Activity Code: 4RAE5422**  
(Section codes listed below)

**Hamilton .....** HA01  
Thu, May 14, 6:30PM- 8:30PM  
\$12 Residents/\$18 Non-Residents

### Being Mindful of Your Emotions: Emotional Intelligence Workshop

Take control of your emotions! Join a two-hour workshop to enhance mindfulness. Explore a four-step process: Self Awareness, Self-Management, Social Awareness, and Relationship Management. Learn to respond, not react, to the world. Non-refundable class fee.

**Activity Code: 4RAE5432**  
(Section codes listed below)

**Hamilton .....** HA02  
Tue, Apr 14, 6:00PM- 8:00PM  
\$17 Residents/\$14 Non-Residents

**Hamilton .....** HA01  
Wed, Apr 22, 6:00PM- 8:00PM  
\$17 Residents/\$14 Non-Residents

## Vital Communications

Everything starts with a conversation. When conflict arises, do you go into fight, flight or freeze mode? We avoid important conversations for a variety of reasons, but develop the courage to have them. Join us for a two-hour workshop on improving your critical conversational skills. Class fee is non-refundable.

**Activity Code: 4RAE5440**

(Section codes listed below)

**Hamilton .....** HA02

Tue, Apr 21, 6:00PM- 8:00PM  
\$9 Residents/\$14 Non-Residents

## Cutting the Cords- Controlling Cable and Internet Costs



Fees for cable television, home internet, smartphones and streaming services quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on all devices. Instructor C.T. Kruger. Class fee is non-refundable.

**Activity Code: 4RAE5443**

(Section codes listed below)

**Hamilton .....** HA02

Thu, May 7, 6:30PM- 8:30PM  
\$18 Residents/\$27 Non-Residents

## Glycerin Soap Making 101

Discover the art and science of handmade soap! In this beginner friendly class, learn how to craft and design your own custom soap, while exploring the benefits of creating beautiful, nourishing soaps for different skin types. A \$10 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.

**Activity Code: 4RAE5444**

(Section codes listed below)

**North Division .....** ND01

Mon, Apr 6, 6:00PM- 8:00PM  
\$9 Residents/\$14 Non-Residents

**North Division .....** ND02

Mon, Apr 20, 6:00PM- 8:00PM  
\$9 Residents/\$14 Non-Residents



## Foster Care in our Community

The foster care crisis in our community is growing. This free virtual course is being offered so that participants can walk away understanding more about the foster care system, ways that they can consider helping, and the role of trauma in children in families' lives. Participants will be sent a link in advance of the class.

**Activity Code: 4RAE5445**

(Section codes listed below)

**Online .....** VR01

Wed, Apr 8, 6:00PM- 7:00PM  
FREE

**Online .....** VR02

Wed, Apr 22, 6:00PM- 7:00PM  
FREE

**Online .....** VR03

Wed, May 13, 6:00PM- 7:00PM  
FREE

**Online .....** VR04

Wed, May 27, 6:00PM- 7:00PM  
FREE



## Air Conditioning, Refrigeration and Heating Technology

Students are introduced to the career opportunities and responsibilities in the air conditioning, heating and refrigeration industry. This course offers an orientation to the different duties, educational requirements and specialty areas within the HVAC industry. Taught by an MATC instructor in a lab outfitted in partnership with Johnson Controls.

**Activity Code: 4RAE5470**

(Section codes listed below)

**Obama .....** CT01

Thu, Mar 19-May 14, 5:30PM- 7:00PM  
\$6 Residents/\$9 Non-Residents

## MCTS Freedom on Wheels Bus Training

**NEW** Freedom on Wheels is an interactive presentation that provides a comprehensive introduction on how to use the Milwaukee County Transit System. MCTS staff present information that focuses on transportation options, ways to pay your fare, proper bus etiquette, safety, trip planning, and an introduction to the 1-on-1 Travel Training Program. The presentation includes a short bus ride so that participants can practice boarding, paying fare, requesting stops, and bus etiquette.

**Activity Code: 4RAE5474**

(Section codes listed below)

**Milwaukee Marshall .....** MR01

Tue, May 19, 5:00PM- 6:30PM  
FREE

**OASIS .....** 5501

Mon, May 18, 10:00AM-11:30AM  
FREE

## POP CULTURE

### Milwaukee's Silent City

For more than 170 years, Forest Home Cemetery has been the final resting place for many Milwaukee leaders. Although Forest Home remains primarily a place to bury the dead, it is Milwaukee's first accredited arboretum, a nature preserve and museum of local history. Learn more about great industrialists to infamous figures to war veterans, women trailblazers, civil rights leaders and loved ones from all walks of life.

**Activity Code: 4RAE9602**

(Section codes listed below)

**Hamilton .....** HA01

Sat, Mar 21, 9:00AM-10:30AM  
\$8 Residents/\$12 Non-Residents

**Hamilton .....** HA02

Thu, Apr 23, 6:30PM- 8:00PM  
\$8 Residents/\$12 Non-Residents

**Hamilton .....** HA03

Thu, May 21, 6:30PM- 8:00PM  
\$8 Residents/\$12 Non-Residents

## PROFESSIONAL SKILLS

### Tongue Tied to Top Notch (Intro to Public Speaking)

You have just been asked to give a presentation...now what? Do you get weak in the knees or break into a cold sweat at the mere thought of standing up in front of a group? Rest assured, you are not alone. Despite how it feels, public speaking is not fatal. Three out of four people have some level of speech anxiety. Join us in this 2 hour introductory workshop and begin your path to being more confident with your presentation skills. Class fee is non-refundable.

**Activity Code: 4RAE1405**  
(Section codes listed below)

### Hamilton ..... HA02

Tue, Apr 28, 6:00PM- 8:00PM  
\$8 Residents/\$12 Non-Residents

## SPORTS AND RECREATION

### 30+ Basketball

Enjoy a good workout and great competition in this open basketball play for people 30 years and over. Teams will be formed each night. Do not bring children under 12 years old; supervision will not be provided. Fee is based on 1.5 hours of play per night.

**Activity Code: 4RAE6201**  
(Section codes listed below)

### Beulah Brinton (Ages 30 & up) .... BN01

Mon, Apr 6-Jun 15, 6:00PM- 8:30PM  
\$44 Residents/\$66 Non-Residents

### Tennis Lessons

Prepare for the next match. Lessons will teach you the proper forehand, backhand, ground strokes and serving technique. Wear sports clothing.

**Activity Code: 4RAE6204**  
(Section codes listed below)

### Milwaukee Marshall ..... MR01

(Beginner Class.)  
Sat, Mar 21-May 16, 8:45AM- 9:45AM  
\$19 Residents/\$29 Non-Residents

### Milwaukee Marshall ..... MR02

(Int.)  
Sat, Mar 21-May 16, 9:50AM-10:50AM  
\$19 Residents/\$29 Non-Residents

### Co-Rec Volleyball

This open volleyball play will give you the chance to practice your skills in a friendly, non-competitive environment. Bring yourself and a friend for a fun night of volleyball. Everyone plays. Wear sports clothing. Fee is per person.

**Activity Code: 4RAE6205**  
(Section codes listed below)

### Milwaukee Marshall ..... MR01

Tue, Mar 24-May 19, 7:35PM- 9:05PM  
\$34 Residents/\$51 Non-Residents

### Golf Lessons

Don't know the difference between a wood and an iron, a green and fairway? Learn the very basics of golf including how the game is played, terminology, proper grip, stance and swing. Participants can use their own clubs or clubs can be provided if requested in advance of the first class.

**Activity Code: 4RAE6212**  
(Section codes listed below)

### Milwaukee Marshall ..... MR01

Sat, Mar 21-May 16, 3:00PM- 4:00PM  
\$25 Residents/\$38 Non-Residents

### Beulah Brinton Sand Volleyball Tournament

Cause I've got some sand in my pocket, and the other one is givin' a high five (after a spike)! Join the fun at the first annual Beulah Brinton Sand Volleyball Tournament. This coed tournament will have B level and C level play. There will be prizes for best team names and trophies for the winners. Raffle prizes will be given throughout. Food trucks will be onsite and water will be provided. \$50 per team. Captain must register and email [Joel@mkerrec.net](mailto:Joel@mkerrec.net) with team information (player names and team name). At least 3 women must be on the court and coed rules apply. Check-in at 9:00am. Pool play begins at 9:30am.

**Activity Code: 4RAE6262**  
(Section codes listed below)

### Beulah Brinton ..... BN01

(B Level)  
Sat, Jun 6, 9:30AM- 5:00PM  
\$50 Residents/\$50 Non-Residents

### Beulah Brinton ..... BN02

(C Level)  
Sat, Jun 6, 9:30AM- 5:00PM  
\$50 Residents/\$50 Non-Residents



### Pickleball

Experience the excitement of pickleball, America's fastest-growing sport. Join our welcoming group for open play, suitable for all skill levels. However, true beginners are encouraged to explore external resources and complete an introductory course beforehand. BYO paddle or borrow one of ours. Please note, drop-ins are not allowed.

**Activity Code: 4R550101**  
(Section codes listed below)

### Morse ..... MS01

(Open Play - sorry, no drop-ins)  
Thu, Apr 9-May 28, 6:30PM- 9:00PM  
\$18 Residents/\$27 Non-Residents

### Pulaski ..... PK02

(Open Play - sorry, no drop-ins)  
Wed, Apr 8-May 27, 6:30PM- 9:00PM  
\$18 Residents/\$27 Non-Residents

### Pulaski ..... PK01

(Open Play - sorry, no drop-ins)  
Sat, Apr 11-May 30, 9:00AM-12:00PM  
\$18 Residents/\$27 Non-Residents

### Late Night Basketball League

Milwaukee Recreation will be operating a free basketball league to young adults ages 17-29 from the Milwaukee Community. League management will focus their efforts not only on basketball, but connecting the participants to appropriate health care services, work force services, and educational services. Athletes cannot be currently enrolled in high school to participate.

**Activity Code: 4RAS1109**  
(Section codes listed below)

### Bradley Tech (Ages 17-30) ..... MT07

Mon/Wed, Mar 16-May 27, 7:00PM-11:59PM  
FREE

### Obama (Ages 17-30) ..... CT01

Tue/Thu, Mar 17-May 26, 7:00PM-11:59PM  
FREE

**SPRING 2026 ADULT TEAM SPORTS**

TEAM REGISTRATION NOW OPEN! Visit [mkerec.net/adultsports](http://mkerec.net/adultsports) or contact the Adult Sports office at 414.647.6046 or [adultsports@mkerec.net](mailto:adultsports@mkerec.net) for more information and to register your team. League schedules, scores, and standings are available on [teamsideline.com/sites/MilwaukeeRecreation](http://teamsideline.com/sites/MilwaukeeRecreation).

### **SPRING/SUMMER SOFTBALL LEAGUES**

Play 1 night/week in our men's and coed softball leagues. All leagues are 14 weeks unless noted. 14-week league play starts the week of April 20 and 10-week league play starts the week of May 4. Team registration only. Team registration fee for 14-week leagues is \$450 (resident) and \$500 (non-resident). Team registration fee for 10-week leagues is \$395 (resident) and \$445 (non-resident).



### **SPRING/SUMMER KICKBALL LEAGUES**

Play 1 night/week in our coed kickball leagues. Spring league play starts the week of April 20 and runs for 8 weeks. Summer league play starts the week of June 22 and runs for 8 weeks. Team registration fee is \$307 (resident) and \$357 (non-resident).



### **SPRING VOLLEYBALL LEAGUES**

Play 1 night/week in our women's (Tuesdays) coed (Wednesdays) volleyball leagues at Wedgewood. League play starts the week of April 20 and runs for 6 weeks. Team registration only. Team registration fee is \$252 (resident) and \$302 (non-resident).



### **SUMMER MEN'S AND WOMEN'S BASKETBALL LEAGUES**

Play 1 night/week in our men's or women's basketball leagues. League play starts the week of June 15 and runs for 6 weeks. Team registration fee is \$307 (resident) and \$357 (non-resident).



### **SPRING/SUMMER COED GOLF LEAGUES**

Play 1 night/week in our coed golf leagues. Spring leagues are on Saturdays or Sundays at various Milwaukee County Parks golf courses. Summer leagues are Mondays, Tuesdays, Wednesdays, or Thursdays at various Milwaukee County Parks golf courses. Spring league play starts the weekend of April 18 and runs for 6 weeks. Summer league play starts the week of June 1 and runs for 8 weeks. Team and individual registration available

### **INDIVIDUAL PLAYERS/FREE AGENTS**

Looking to join a team? You can register as a free agent with Milwaukee Recreation. If enough free agents register for a sport, Milwaukee Recreation will create a new team in a league for those sports. There is no cost to sign up as a free agent; you will only be charged once your spot on a team is confirmed. Each sport has a new Free Agent sign-up process for each season. Visit [mkerec.net/adultsports](http://mkerec.net/adultsports) for your desired sport to submit your name today.



### **WANTED: OFFICIALS FOR ADULT LEAGUES**

If you have experience officiating adult basketball, flag football, kickball, soccer, softball, or volleyball we need you! Do you want to officiate but don't have much experience or would like a refresher? We offer crash course trainings for many of our sports, with volleyball and soccer in particular this Spring! If you are interested, please contact the Adult Sports Office at 414-647-6046 or [adultsports@mkerec.net](mailto:adultsports@mkerec.net)



### **SUMMER SOCCER LEAGUES**

Play 1 night/week in our men's or coed social soccer leagues. League play starts the week of June 1 and runs for 6-8 weeks. Team registration fee is \$330 (resident) and \$380 (non-resident).

### **SUMMER ABOVE PAR GOLF INSTRUCTION**

Lessons are 1 night/week (Mondays or Tuesdays) at Hansen Golf Course. Lessons start the week of June 1 and run for 6 weeks. Registration fee is \$21 (resident) and \$31.50 (non-resident).

### **WANTED: PART TIME FIELD ATTENDANTS, BUILDING STAFF & MONITORS FOR ADULT LEAGUES**

If you have interest in working in the evenings during the week for our indoor or outdoor sports as a field attendant, building monitor/director, or event staff, please contact Brent Landen @ 414-647-3858. Hours are typically between 5:30 PM – 10:00 PM Monday-Thursday.

**ACTIVE OLDER ADULTS • 50+ SPORTS**

Our Active Older Adults program encourages health and vitality for individuals 50 and older, promoting physical, mental, social, and emotional well-being. Participants can meet new friends, join recreational activities, learn new games, and stay active through organized sports leagues, open play, and drop-in sporting events year-round. For registration information please contact the Adult Sports/50+ Sports Office at 414.647.6070 or email [matthew@mkerrec.net](mailto:matthew@mkerrec.net). For pickleball registration information please contact Megan Frey at 414.647.6057 or email [Megan@mkerrec.net](mailto:Megan@mkerrec.net).

**50+ FALL VOLLEYBALL LEAGUES**

Get ready to serve, spike, and set in our 50+ Fall Volleyball Leagues! Join us for a fun and active season of volleyball, where you'll play twice a week - Tuesdays & Thursdays - over 14 weeks. The league begins Tuesday, September 8, 2026.

Whether you're looking for friendly competition or a laid-back, social experience, we have a league for you! Choose between our competitive and social leagues, designed to accommodate all skill levels. Games will be held at the Beulah Brinton Community Center (2555 S. Bay St.), conveniently located in the heart of Milwaukee's vibrant Bay View neighborhood.

- Tue/Thur, Sep. 8 – Dec. 10, 2026
- Game Times: 9:15am-12:15pm
- Fee: \$20 Resident / \$40 Non-Resident
- Activity Code: 2R556801, Section: BN01 (Competitive) & BN02 (Social)

**50+ FALL CORNHOLE LEAGUE**

Register on your own or with a partner, in a competitive but laid-back bags league. Games will be held at the Beulah Brinton Community Center (2555 S. Bay St.), conveniently located in the heart of Milwaukee's vibrant Bay View neighborhood.



- Wednesday Sep. 8 – Oct. 21, 2026
- Game Times: 12:45pm-3:45pm
- Fee: \$15 Resident / \$30 Non-Resident
- Activity Code: 2R55800, Section: CH01

**SPRING PICKLEBALL OPEN PLAY (AGES 18+)**

Experience the excitement of pickleball, America's fastest-growing sport. Join our welcoming group for open play, suitable for all skill levels. Basic guidance is available but true beginners are encouraged to explore external resources and complete an introductory course beforehand. BYO paddle or borrow one of ours. Please note, drop-ins are not allowed. Contact Megan Frey at 414.647.6057 or email [Megan@mkerrec.net](mailto:Megan@mkerrec.net) with any questions. Registration opens Feb 26. Online registration recommended for these high demand sessions

- Thu, Jan 15-Mar 19, 6:30PM- 9:00PM at Morse Middle School (6700 N 80th St)  
Fee: \$18.00 Residents/\$27.00 Non-Residents. Activity Code 3R550101, Section MS01
- Wed, Jan 14-Mar 18, 6:30PM- 9:00PM at Pulaski High School (2500 W Oklahoma Ave)  
Fee: \$18.00 Residents/\$27.00 Non-Residents. Activity Code 3R550101, Section PK02
- Sat, Jan 17-Mar 21, 9:00AM-12:00PM at Pulaski High School (2500 W Oklahoma Ave)  
Fee: \$18.00 Residents/\$27.00 Non-Residents. Activity Code 3R550101, Section PK01

**YEARLY SPORTS SCHEDULE:**

- **FALL SEASON (Sept-Dec):** Softball league, volleyball leagues, drop-in volleyball, pickleball open, cornhole league
- **WINTER SEASON (Jan-Mar):** Volleyball leagues, drop-in volleyball, pickleball open, cornhole league.
- **SPRING/SUMMER SEASON (Apr-Aug):** Softball leagues, drop-in volleyball, pickleball open.

## THERAPEUTIC RECREATION

### Adaptive Open Swim

Open Swim with your family member/friend/aid. Swimmers must be at least 3 years of age. All participants are REQUIRED to have assistance in the water from a household member or guardian (age 16 or older). All participants who will be in the water MUST enroll.

**Activity Code: 4RTR0501**  
(Section codes listed below)

#### Gaenslen (Ages 3 & up) ..... GS01

Fri, Mar 20-May 15, 5:35PM- 6:35PM  
FREE



### Adaptive Aquatics Program

Milwaukee Recreations' Adaptive Aquatics program teaches learn to swim skills and safety topics specifically for individuals with disabilities ages six and up. Instructors use a student-centered approach to help participants learn to be safe in, on and around the water. More info at [Mlkrec.net](http://Mlkrec.net)

**Activity Code: 4RTR0502**  
(Section codes listed below)

#### Gaenslen (Ages 6-12)..... GS01

Thu, Mar 19-May 14, 5:40PM- 6:30PM  
\$37 Residents/\$37 Non-Residents

#### Hamilton (Ages 6 & up) ..... HA01

Tue, Mar 17-May 12, 6:15PM- 7:05PM  
\$37 Residents/\$37 Non-Residents

### Alley Cats

Bowl with family & friends! All bowlers must register. Weekly fee \$9.00 (cash) due at alley which includes 3 games of bowling & shoes. Agencies must provide support staff. Meet at AMF West Lanes. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable.

**Activity Code: 4RTR6601**  
(Section codes listed below)

#### AMF West (Ages 6 & up)..... AM01

Thu, Apr 9-May 14, 6:00PM- 8:00PM  
\$8 Residents/\$12 Non-Residents

### Awesome Appetizers and Desserts Too!

Each week we will make either a dessert or an appetizer for all to enjoy. Great ideas for entertaining at home! An \$10.00 (cash only) supply fee is due at the first class. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable.

**Activity Code: 4RTR6602**  
(Section codes listed below)

#### Hamilton (Ages 10 & up) ..... HA01

Wed, Apr 8-May 13, 7:30PM- 8:30PM  
\$15 Residents/\$23 Non-Residents

### Computer Club

Computers are a great resource. Join us as we help you explore all you can do with a computer. Word processing, e-mail, Internet, games and more. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 4RTR6604**  
(Section codes listed below)

#### OASIS (Ages 13 & up) ..... 5501

Fri, Apr 10-May 15, 4:30PM- 5:30PM  
\$15 Residents/\$23 Non-Residents

### Culture Cafe

Culture Cafe has been a long time favorite cooking class and one you don't want to miss! Join us as we cook and enjoy delicious dishes from all over the world in addition to learning fun facts about the countries they originate from. A \$10.00 (cash only) supply fee is due at the first class. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 4RTR6605**  
(Section codes listed below)

#### Hamilton (Ages 10 & up) ..... HA01

Thu, Apr 9-May 14, 7:00PM- 8:30PM  
\$21 Residents/\$32 Non-Residents

### Diner's Club

We'll create a delicious dinner each Friday evening. Feel free to bring a favorite recipe to share and your appetite. A \$10.00 (cash only) supply fee is due at the first gathering. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 4RTR6606**  
(Section codes listed below)

#### OASIS (Ages 13 & up) ..... 5501

Fri, Apr 10-May 15, 5:30PM- 7:30PM  
\$27 Residents/\$41 Non-Residents

### Friday Night Combo with Boot Camp!

Our Friday Night Combo with Boot Camp includes TR Boot Camp, Diner's Club, and Moviers & Shakers. A \$10.00 (cash only) supply fee is due at the first class. An additional \$2.00 (cash only) fee is due each week upon entry. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 4RTR6607**  
(Section codes listed below)

#### OASIS (Ages 13 & up) ..... 5501

Fri, Apr 10-May 15, 4:30PM- 9:00PM  
\$56 Residents/\$84 Non-Residents

### Friday Night Combo with Computers!

Our Friday Night Combo with Computers includes Computer Club, Diner's Club, and Moviers & Shakers. A \$10.00 (cash only) supply fee is due at the first class. An additional \$2.00 (cash only) fee is due each week upon entry. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 4RTR6608**  
(Section codes listed below)

#### OASIS (Ages 13 & up) ..... 5501

Fri, Apr 10-May 15, 4:30PM- 9:00PM  
\$56 Residents/\$84 Non-Residents

### Friday Night Combo with Games!

Our Friday Night Combo with Games includes Game & Card Night, Diner's Club, and Moviers & Shakers. A \$10.00 (cash only) supply fee is due at the first class. An additional \$2.00 (cash only) fee is due each week upon entry. This is a Therapeutic Recreation Program for individuals with disabilities..

**Activity Code: 4RTR6609**  
(Section codes listed below)

#### OASIS (Ages 13 & up) ..... 5501

Fri, Apr 10-May 15, 4:30PM- 9:00PM  
\$56 Residents/\$84 Non-Residents

### Game and Card Night

It's game night! Join your friends for a fun night of games! We will learn and play card games, in addition to trying our luck at some of the classic favorites like UNO and Pictionary! This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 4RTR6610**  
(Section codes listed below)

#### OASIS (Ages 10 & up) ..... 5501

Fri, Apr 10-May 15, 4:30PM- 5:30PM  
\$15 Residents/\$23 Non-Residents



Specialized Therapeutic Recreation registration form needed for all Therapeutic Recreation programming. Call number above for all information.



## Let's Get Moving

Like the title says "Let's Get Moving"! Each week we will be active and get some exercise while having fun! Wear comfortable clothing and shoes. No experience necessary. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 4RTR6611**  
(Section codes listed below)

## Hamilton (Ages 10 & up) ..... HA01

Thu, Apr 9-May 14, 6:00PM- 7:00PM  
\$15 Residents/\$23 Non-Residents

## Moviers and Shakers

This program alternates between a large screen movie and a dance party. A \$2.00 (cash only) fee is due each week upon entry. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 4RTR6612**  
(Section codes listed below)

## OASIS (Ages 13 & up) ..... 5501

Fri, Apr 10-May 15, 7:30PM- 9:00PM  
\$8 Residents/\$12 Non-Residents

## Scrapbooking

Do you have photos at home waiting to be assembled in an album? We will show examples and help you create an artistic memory album. Supplies are included. Bring your favorite photos. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 4RTR6613**  
(Section codes listed below)

## Hamilton (Ages 10 & up)....HA01

Wed, Apr 8-May 13, 6:00PM- 7:30PM  
\$21 Residents/\$32 Non-Residents



## Super Saturday

Are you ready to have a Super Saturday?! Every Saturday afternoon we will have new and exciting things to do! From creating fantastic art projects and delicious snacks to exciting gym activities, there's something for everyone to enjoy! Don't forget the awesome field trips and special events we will have planned as well! This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 4RTR6616**  
(Section codes listed below)

## Manitoba (Ages 6 & up) ..... MB01

Sat, Apr 11-May 16, 12:30PM- 4:00PM  
\$46 Residents/\$69 Non-Residents

## Milwaukee Marshall (Ages 6 & up)MR01

Sat, Apr 11-May 16, 12:30PM- 4:00PM  
\$46 Residents/\$69 Non-Residents

## T.R. Boot Camp

Join us as we work out and have fun with friends. We will try a variety of work-outs to keep it exciting and work various muscle groups. As always, we will adapt activities so all can participate. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 4RTR6617**  
(Section codes listed below)

## OASIS (Ages 13 & up) ..... 5501

Fri, Apr 10-May 15, 4:30PM- 5:30PM  
\$15 Residents/\$23 Non-Residents



## Thursday Night Combo at Hamilton

Our Thursday Night Combo at Hamilton includes Let's Get Moving and Culture Cafe. A \$10.00 (cash only) supply fee is due to the instructor at the first class. This is a Therapeutic Recreation program for individuals with disabilities.

**Activity Code: 4RTR6618**  
(Section codes listed below)

## Hamilton (Ages 10-99)..... HA01

(Let's Get Moving & Culture Cafe.)  
Thu, Apr 9-May 14, 6:00PM- 8:30PM  
\$33.00 Residents/\$50.00 Non-Residents

## Wednesday Night Combo

Our Wednesday Night Combo includes Scrapbooking and Awesome Appetizers & Desserts Too. A \$10.00 (cash only) supply fee is due at the first gathering. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 4RTR6620**  
(Section codes listed below)

## Hamilton (Ages 10-99) ..... HA01

(Scrapbooking and Awesome Appetizers & Desserts Too!)  
Wed, Apr 8-May 13, 6:00PM- 8:30PM  
\$33 Residents/\$50 Non-Residents

## Game Night SWITCHed Up

We will have Nintendo Switch available with games like Mario Cart, Jeopardy, and Just Dance. There will be Wii's for those that love the classics like Wii Sports. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 4RTR6621**  
(Section codes listed below)

## OASIS (Ages 8-99) ..... 5501

Tue, Apr 7-May 12, 6:00PM- 8:00PM  
\$27 Residents/\$41 Non-Residents

## Sunday TR Funday

Sundays are meant to be a fun day so let's get out & enjoy fun in the Milwaukee area together! The one-time registration fee does not include the cost of the outing. Information about specific outings will be sent to you after registration. Program registration fee is non-refundable.

**Activity Code: 4RTR6628**  
(Section codes listed below)

## Various (Ages 13-99) ..... VL03

(Spring Sunday TR Funday Outings: 4/12 - movie, 4/19 - TBD, 4/26 - TBD, 5/3 - farmers market)  
Sun, Apr 12-May 3, Times vary  
\$8 Residents/\$12 Non-Residents



# TEAM MILWAUKEE SPECIAL OLYMPICS

**Team Milwaukee is a registered agency with Special Olympics Wisconsin**

This year-round sports program offers both adults and youth with intellectual disabilities the opportunity to learn and improve skills through training and competition in various sports. These programs will encourage participants to become more physically fit, socialize with others, and increase self-confidence. To participate in area/state Special Olympics competitions, individuals must be eight (8) years or older and have completed the required Special Olympics forms. Come join the fun!

## **Summer Season (June – September)**

Softball  
Tee Ball  
Bocce Ball  
Flag Football

## **Fall Season (September – December)**

Bowling  
Volleyball

## **Winter Season (December – April)**

Basketball  
Competitive Swimming

## **Spring Season (March – June)**

Track & Field  
Soccer  
Cornhole

For additional information please contact Team Milwaukee Special Olympics at [Specialolympics@mkerec.net](mailto:Specialolympics@mkerec.net) or call 414.647.3824.



# OASIS COMMUNITY CENTER

2414 W. Mitchell Street, Milwaukee, WI 53204

## ACTIVE OLDER ADULTS PROGRAM

Enrich your life at the OASIS Community Center! Designed for adults fifty years and older, we offer a wide range of engaging programs including arts and crafts, cooking, fitness, health and wellness, yoga, dance, language skills, outdoor education, sports and recreation, and special events. Join our friendly, supportive community and find endless opportunities to learn, stay active, and connect.



### COFFEE BAR

Open Monday through Friday  
8:00AM-11:00AM  
Coffee and assorted teas,  
occasional bakery items.



### COMPUTER LAB

Open Monday through Friday  
8:00AM - 3:00PM



## STAY ACTIVE AND BECOME AN OASIS FITNESS MEMBER!



Become an OASIS Fitness Center Member for \$15 for City of Milwaukee Residents and \$25 for Non-Residents. Membership fee is valid for one year from purchase date. Fitness Center equipment includes compressed air resistance machines, treadmills, ellipticals, exercise bicycles, rowing machines, and free weights.

Open Monday through Friday,  
8:00AM-3:00PM.



Register for a membership in-person at the  
OASIS Community Center (2414 W. Mitchell Street)

Questions? Contact:

MEGAN FREY, SUPERVISOR – ACTIVE OLDER ADULTS  
megan@mkerec.net | 414.647.6057

**MKE REC**  
A department of **MPS**

## Aimee Guzman named 2025 Barbara Lezczynski Customer Service Award Winner!

Story by Claire Reid



Just two years into her role as an instructor, Aimee Guzman is already a mainstay at Milwaukee Recreation's Beulah Brinton Community Center.

Affectionately known to her students as Ms. Aimee, Guzman took a dormant toddler play group program at Beulah Brinton and transformed it into a robust lineup of 17 diverse, weekly classes that serve 200 children each season. Guzman's extensive class offerings include Regulation Station, Tot Time With Aimee, Thomas and Friends, Fidgity Foodies, Sporty Sprouts, Mini Mixed Media Marvels, and more.

In recognition of her dedication and efforts, Guzman has been named the 2025 Barbara Leszczynski Customer Service Award winner. The award, now in its 16th year, is named after a former Milwaukee Recreation clerical team member known for her outstanding empathy and customer service. Each fall, Milwaukee Recreation seeks nominations from all full-time staff, and then the award committee selects the winner, who is recognized with a plaque.

Past winners include: David Hognacki (2010), Diane Winter (2011), Alonzo Watkins (2012), Marta Santos (2013), Anna Torres (2014), Rick Knack (2015), Shannon Galindo (2016), James Kocinski (2017), Steve Slaughter (2018), Datherine Young-Garrett (2019), Maria Mon-

toya (2020), Priscilla Struck (2021), Sharon Scull (2022), Todd Jackson (2023), and Clem Allen (2024).

"Ms. Aimee gives toddlers a great experience as their first experience in recreation," Beulah Brinton supervisor Joel Symons wrote when he nominated Guzman for the award. "Story time, dancing, arts and crafts, choo-chooing with Thomas the Train, chewing on healthy snacks, learning to kick a ball and swing a bat, and, of course, bubbles."

Symons first met Guzman nearly two decades ago when he was her son's middle school basketball league coach at Beulah Brinton. Symons fondly remembers her generosity in donating jerseys for the entire team. The two kept in touch over the years, and, in September 2023, Guzman approached Symons about teaching toddler classes at Beulah Brinton.

Guzman is the mother of six adult children, whom she homeschooled. She owned a licensed child care center for five years and has fostered around 50 children with her husband Erick. In reaching out to Symons, Guzman sought to increase access to affordable, developmentally beneficial early childhood programming in Milwaukee. Guzman's classes are \$15 per season for Milwaukee residents and \$23 per season for non-residents.

"Oftentimes, there are programs out there, but so many people are priced out of them," she said last year. "I love that we can give all of these options but at a very reasonable price. If we didn't have Milwaukee Recreation's programs, there would be so many kids who could not take part simply because of cost."

Guzman's classes integrate structured activities and games, helping children develop important learning comprehension, listening, teamwork, and sharing skills disguised as hands-on fun. Toddlers burn off energy on the Regulation Station obstacle course, learn to share and build train tracks at Thomas and Friends, taste new ingredients and make simple treats at Fidgity Foodies, and get acquainted with a variety of team sports at Sporty Sprouts.

"My goal is to enrich the Milwaukee-area preschool community with fun and engaging recreation classes until I retire," Guzman said. "I love my job. I love my coworkers. I love the families I work with. I'm living the dream!"

Guzman has also been essential in creating and teaching multiple classes for children who have sensory processing challenges, Symons said. The classes are designed to meet the diverse needs of these children and their families by creating inclusive, responsive environments that promote regulation, engagement, and positive learning experiences.

"When Aimee started, she said she was willing to do anything," Symons said. "She has proven that with all her endeavors. The energy and effort Ms. Aimee puts into every class is exhausting to watch, but each one of her kids reaps the benefits of her sweat equity."

Milwaukee Recreation has many people who are deserving of the Customer Service Award, Symons continued. "The reason I think Ms. Aimee is most deserving — besides being the Michael Jordan of instructors — is that she chose us. Every rec department in the world would love to have Ms. Aimee."



SCAN ME



Sign up to play adaptive sports! WASA provides adaptive sports & fitness opportunities for those with physical disabilities and/or visual impairments, ages 6 and up.

- Recreational or Competitive
- All ability levels welcome
- Adaptive equipment, including sports chairs provided
- Scan the QR code and select "register" or sign up online at: [www.wasa.org](http://www.wasa.org)



Questions: email [info@wasa.org](mailto:info@wasa.org) or call 414-310-7051.

WASA is a 501(c)3 tax exempt, non-profit organization.

## *¡Hay muchas maneras de registrarse para los programas de Milwaukee Recreation!*

### Las formas de registro incluyen:

- En línea a través de [mkerec.net](http://mkerec.net)
- Por teléfono llamando al 414.475.8180
- En persona 5225 W. Vliet St. o OASIS Community Center, 2414 W. Mitchell St. Horarios: Lunes -Viernes 8:15am – 4:30pm
- Fax al 414-475-8183
- Por correo: Envíe la forma a Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181

Para obtener más información en español sobre la guía, los plazos de inscripción, la confirmación, los reembolsos, el seguro, las tarifas, los métodos de pago, la accesibilidad del programa, la ley de estadounidenses con discapacidades o las regulaciones de A.H.E.R.A, llame al 414.475.8180.

# EVERYONE PLAYS!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Scholarship applications for *Everyone Plays!* open on Monday, February 9. Each eligible child can be awarded one scholarship per year. **A limited number of scholarships are available. Early applications are encouraged.**

Questions? Please call 414.475.8180 or visit [mkerec.net/scholarship](http://mkerec.net/scholarship) to learn more about this program.

Join Milwaukee Recreation for...

## Women's Wellness Day!

Participate in a day of education and activities surrounding women's health and wellness! Free classes will be provided along with community vendors, a female-only wellness panel, refreshments, and more.

Saturday, May 16  
10:00AM - 2:00PM  
OASIS Community Center  
(2414 W. Mitchell St.)  
Activity Code: 4PL59060  
This is a **FREE** event!

More information available  
[mkerec.net/wellness](http://mkerec.net/wellness).



# TWILIGHT CENTERS

WINTER + SPRING DATES  
JANUARY 7 - MAY 20

FECHAS DE INVIERNO Y PRIMAVERA  
DEL 7 DE ENERO - 20 DE MAYO



**Twilight Centers are safe and free places for young people.  
All MPS & non-MPS students are welcome.**

This season, we invite young people to visit our high school Twilight Centers (ages 12-18) and middle school Twilight Centers (ages 10-14) in the evening for board games, esports, open gym shootaround, and more!

To enter, students must bring an ID. Non-MPS students must submit a Twilight Center Registration Form signed by a parent/guardian. Registration forms will be provided when you enter.

**Los Centros Twilight son lugares seguros y gratuitos para los jóvenes.  
Todos los estudiantes de MPS y no MPS son bienvenidos.**

¡Esta temporada, invitamos a los jóvenes a visitar nuestros Centros Twilight de escuela secundaria (de 12 a 18 años) y Centros Twilight de escuela intermedia (de 10 a 14 años) por la noche para disfrutar de juegos de mesa, deportes electrónicos, tiro libre en el gimnasio y mucho más!

**Para ingresar, los estudiantes deben traer una identificación.** Los estudiantes que no pertenecen a MPS deben presentar un formulario de registro de Twilight Center firmado por un parent/guardian. Se le proporcionarán formularios de registro cuando ingrese.

SCHOOL LOCATION LOCALIZACIÓN DE LA ESCUELA	DAYS OPEN DÍAS DE APERTURA	HOURS HORAS	STUDENT AGE EDAD DE ESTUDIANTES
<b>Andrew Douglas</b> (Middle School Twilight Center) (Escuela Intermedia Centro Twilight)	Monday, Wednesday & Friday Lunes, Miércoles y Viernes	5:00pm - 8:00pm	10 - 14
<b>Bay View</b> (Middle School Twilight Center) (Escuela Intermedia Centro Twilight)	Friday & Saturday Viernes y Sábado	5:30pm - 8:30pm	10 - 14
<b>• Madison H.S.</b> <b>• North Division</b> <b>• Obama SCTE</b> <b>• Pulaski H.S.</b> <b>• South Division</b> <b>• Washington H.S.</b>	Monday, Wednesday & Saturday Lunes, Miércoles y Sábado	6:00pm - 9:00pm (Monday & Wednesday Lunes & Miércoles) 6:00pm - 10:00pm (Saturday Sábado)	12 - 18



\*Esports now available at Andrew Douglas and North Division!  
\*Esports ahora disponible en Andrew Douglas y North Division!

For more information please visit [mkerec.net/twilight](http://mkerec.net/twilight) or call (414) 475 - 8811.

**MISSION**

To enrich and strengthen the community by promoting healthy lifestyles, personal development, and fun through memorable recreational and educational experiences for people of all ages and abilities.

**VISION**

To be the leading provider of quality and affordable recreation services in the Milwaukee.

**VALUES**

The following are the core values that drive the work and interactions with the team and customers:

**Equity**

Ensuring access to recreation services for all.

**Accountability**

Taking individual and collective responsibility.

**Memorable Experiences**

Creating special, distinctive recreation experiences.

**Professional Staff**

Employing staff who possesses the core competencies of the department.

**Sense of Community**

Providing services that encourage personal connections and relationships.

**Quality Service Delivery**  
Exceeding customer expectations through responsive and respectful service delivery.

**Collaborations/Partnerships**

Fostering and maintaining partnerships with individuals and organizations that benefit the community

MILWAUKEE RECREATION PRESENTS

# FAMILY DAY OF PLAY

**Saturday, May 30<sup>th</sup> | 11 a.m. - 2 p.m. | Wick Playfield**

It's a day filled with laughter, joy, and unforgettable memories for the whole family!

Enjoy exciting activities geared to children ages 5 & up:



obstacle  
course



raffle  
drawings



live  
music



arts+  
crafts



games  
+ more!

Join the fun and register today at  
[mkerec.net/DayofPlay](http://mkerec.net/DayofPlay)

Adult Activity Code: 5RCE3301 - WF01  
Adult Cost: Resident \$10/Non-Res \$20

Child Activity Code: 5RCE3301 - WF02  
\*Child Cost: Resident \$5/Non-Res \$8

**MKE REC**  
A department of MPS

\*Children ages 4 and under are free.



AGE  
**3**

AGE  
**4**

AGE  
**5**

[MPSMKE.COM/ENROLLTODAY](http://MPSMKE.COM/ENROLLTODAY)

## CITYWIDE KINDERGARTEN ENROLLMENT FAIR



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PUBLIC SCHOOLS



Apply by **March 2** for the best opportunity at your first-choice school.

Milwaukee Public Schools  
Recreation Department  
P.O. Box 2181  
Milwaukee, WI 53201-2181

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Milwaukee, WI  
Permit No. 3240

ECRWSS

## RESIDENTIAL CUSTOMER



A department of MPS

# 2026 SPRING Recreation Guide

Register online at [mkerec.net](http://mkerec.net). Call 414.475.8180 with any questions.

If you live in the city of Milwaukee and this booklet was NOT delivered directly to your mailbox or this booklet was delivered after registration opened, please visit [mkerec.net/mail](http://mkerec.net/mail) to complete our mailing survey.

Para obtener ayuda en español: (414) 475-8180

Rohingya zuban ot modot ollá: (414) 475-8182

မန်မာအတွက် အကူအညီ: (414) 475-8182

လာတ်မာစာလာ ကည်းကျိုးဆိုး - (414) 475-8182

(414) 8182-475 للمساعدة باللغة العربية:

Wixii caawin Af- Somali ah: (414) 475-8182

Xav tau kev pab hais ua lus Hmoob hu: (414) 475-8182