Join us for winter fun

I am thrilled to introduce another exciting season of Winter Recreation programs for children, teens, adults, active older adults, and families!

Milwaukee Recreation offers hundreds of classes, workshops, sports leagues, events, and more that are sure to keep you healthy, active, and energized through the chilly winter months. This guide is filled with new favorites and popular classics that are perfect for any age, interest, or skill level.

Remember to check out all of our upcoming Special Events as well! The 17th annual Daddy/Daughter Dance returns to North Division High School this February 15 for a special evening of dinner and dancing with fathers and daughters. Sign up early as this event fills up quickly!

We are also launching the inaugural Winter Wonder Woods event. All ages will enjoy this stroll through our Hawthorn Glen trails as we examine the beauty of nature followed by warm drinks, cookies, and popcorn! And make sure to kick off 2020 the right way with our second annual Yoga Fest on New Year’s Day at the Beulah Brinton Community Center. It’s free!

Recreational activities play such a vital role in our lives, allowing us to spend time with friends and family and meet new people from around the community. I encourage everyone to try something new this season with Milwaukee Recreation!

Best,

Dr. Keith P. Posley
Superintendent of Schools

In partnership with the American Red Cross Aquatics Centennial Campaign, Milwaukee Recreation is offering...

$5 SWIM CLASSES

As the American Red Cross celebrates its Centennial SWIM campaign, Milwaukee Recreation and the Red Cross have partnered to offer $5 swim classes at four qualifying locations across Milwaukee: Madison HS, Milw. HS of the Arts, North Division HS, and Vincent HS. These four locations will offer $5 swim opportunities for youth and adults, and are available to both residents and non-residents. Online registration begins on Dec. 10 at mkerec.net/five. If you have any questions, please call (414) 475 - 8180.

Join me in K3.
Create more in K4.
Come alive in K5!

KINDERGARTEN ENROLLMENT FAIR

SAVE THE DATE! SATURDAY, FEBRUARY 1, 2020

Learn about early childhood education for children ages 3–5 and enroll! Get information on programs including Head Start, Montessori, kindergarten, bilingual education, and more! Visit mpsmke.com for details. Seats will fill quickly!
Important Dates – See page 2 for details.

Dec. 10  Priority registration for city of Milwaukee residents begins at 10 AM.
Dec. 17  Non-city of Milwaukee residents’ registration begins at 10 AM.
Jan. 17  Mail-in registration deadline. Mail must be received by January 17.
Jan. 17  Fax-in registration deadline. Fax registrations must be received by 4 PM.

IN-PERSON WEEKEND REGISTRATION:
Saturday, January 11 • 10AM - 12PM
Hamilton Community Center, 6215 W. Warmimont Avenue
Milwaukee Marshall Community Center, 4141 N. 64th Street

Para ayuda en español: 475-8812

OUR MISSION:
Milwaukee Recreation…enriching and strengthening the community by promoting healthy lifestyles, personal development, and fun through memorable recreational and educational experiences for people of all ages and abilities.

OUR VISION:
To be the leading provider of quality and affordable recreation services in the Milwaukee community.

www.MilwaukeeRecreation.net
5 Easy Ways to Register

Priority registration is given to city of Milwaukee residents beginning December 10, 2019 at 10 AM. Non-city of Milwaukee residents may register beginning December 17, 2019 at 10 AM through the dates listed below.

1. ONLINE REGISTRATION
   Deadline: one week before your class begins.
   Visit www.MilwaukeeRecreation.net for the easiest way to sign up. If you’re having trouble logging into your account, please do not create a new account. Instead, please call 414.475.8180 for assistance.
   SAVE YOUR USERNAME AND PASSWORD HERE.

2. DROP-OFF REGISTRATION
   Deadline: one week before your class begins.
   You can now register in person as late as one week before your class begins.
   To guarantee a space, please register early.
   You may register in person at one of these offices:
   Recreation Office: 5225 W. Vliet Street, Rm. 56
   Office Hours: Mon.–Fri. from 8:15 AM–4:00 PM
   Citywide Programs Office: 2414 W. Mitchell St.
   Office Hours: Mon.–Fri. from 8:15 AM–4:00 PM

3. FAX-IN REGISTRATION
   Through Thursday, Jan. 17 at 4:00 PM
   1. Fax completed form to: MPS Recreation Department (414) 475–8183. Please include a return FAX number.
   2. A credit card number (MasterCard or Visa only), expiration date, and signature are required on all forms.

4. MAIL-IN REGISTRATION
   Registration must be received by Thursday, Jan. 17
   1. Make check or money order payable to:
      Milwaukee Recreation Department.
   2. Mail to: Milwaukee Public Schools Recreation Department, P.O. Box 2181, Milwaukee, WI 53201-2181.
   3. Active Older Adults: Mail to 2414 W. Mitchell St., 53204

5. IN-PERSON REGISTRATION
   Saturday, January 11 - 10AM - 12PM
   Hamilton Community Center, 6215 W. Warnimont Avenue
   Milwaukee Marshall Community Center, 4141 N. 64th Street

Nondiscrimination Notice: It is the policy of the Milwaukee Public Schools, as required by section 118.13, Wisconsin Statutes, that no person will be denied admission to any public school or be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other program or activity because of the person’s sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability. This policy also prohibits discrimination under related federal statutes, including Title VI of the Civil Rights Act of 1964 (race, color, and national origin), Title IX of the Education Amendments of 1972 (sex), and Section 504 of the Rehabilitation Act of 1973 (disability), and the Americans with Disabilities Act of 1990 (disability). The following individuals have been designated to handle inquiries regarding the non-discrimination policies: For section 118.13, Wisconsin Statutes, federal Title IX: Matthew Boswell, Director, Department of Student Services, Room 133, Milwaukee Public Schools, 5225 W. Vliet St., P.O. Box 2181, Milwaukee, Wisconsin, 53201-2181 (414) 475-8027. For section 504 of the Rehabilitation Act of 1973 (Section 504), federal Title IX: J. Andy Wolfe, Interim Section 504/ADA Coordinator, Department of Specialized Services, 6620 W. Capitol Dr., Milwaukee, WI, 53218, (414) 438-3677

Important Registration Information

ENROLLMENT. Registrations will be processed in the order in which they are received. Enrollment is not guaranteed. We reserve the right to cancel classes because of low enrollment after a class has started and to close further enrollment when a class is filled. All participants must register and pay for classes prior to attending the first session.

DEADLINES. Registrations must be received before registration deadlines. No exceptions. The Recreation Department is not responsible for delayed mail delivery, or unreadable or improperly transmitted faxes. No telephone registrations accepted.

CONFIRMATION. Activity confirmations will be mailed to the address listed on the registration form. If you register online, your confirmation will not be mailed; instead, you will be able to print your confirmation immediately.

REFUND POLICY. Information regarding our refund policy can be found online at www.MilwaukeeRecreation.net/refund. Or, contact us at 414.475.8180 to receive a copy by mail.

INSURANCE. The Recreation Department does not provide accident or hospital insurance for class participants. Participants should review their insurance policies for coverage.

FEES. Resident and non-resident fees are as listed under course offerings. Registration forms without the proper fee will be returned.

REDUCED ACTIVITY FEE (17 YEARS & UNDER). City of Milwaukee youth whose family is enrolled in FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and/or Foster Care may be eligible for reduced fees. Children’s classes over $10 are eligible for a $5 discount. Children’s classes $30 and over are eligible for a $10 discount. **Classes, field trips, special events, and admission fees that are not eligible for reduced fees are noted in the class description. MPS Students: The MPS student database is used to verify eligibility. Registrant must provide documentation with registration if eligibility cannot be confirmed. Non-MPS Students: Must provide eligibility documentation with registration. Our full policy including acceptable documentation can be found online at www.MilwaukeeRecreation.net/reduced.

PAYMENT METHODS. Check, money order, credit/debit card (VISA/ MasterCard only), and cash (in-person registration only). Denied Credit/Debit Cards: Individuals whose credit/debit card has been denied will not be registered until an alternate form of payment is received. Returned Checks: Individuals whose checks are returned will no longer be registered for that class. Individuals must register again by paying with cash or money order and will be included in the class if space is still available. A $20 returned check charge will be added to your class fees. Out-of-state checks will not be accepted.

PROGRAM ACCESSIBILITY:
Reasonable accommodations are made for individuals to participate in Milwaukee Recreation programs. For more information on requesting a reasonable accommodation, please visit the Inclusion Services Policy on page 4 or call 414-475-8182

AMERICANS WITH DISABILITIES ACT:
Milwaukee Recreation is committed in both policy and practice to enforce and implement all required provisions of the Americans with Disabilities Act. If you or your child need a reasonable accommodation to participate in a recreation program, your request may be made to any Milwaukee Recreation staff person. Upon reasonable notice, efforts will be made to accommodate your request.

Official Notice to Inform All MPS Parents and Employees about Asbestos Containing Materials Inside School Buildings is Hereby Given: According to the United States E.P.A., the A.H.E.R.A. Regulation requires annual notification to all employees and parents/guardians regarding asbestos containing materials inside school buildings. Management Plans specifying locations, condition, and past response actions of these materials are located in the respective engineer’s office for each site and are available for review during normal school hours as required by A.H.E.R.A. In the ongoing program to safely maintain asbestos-containing materials, MPS conducts surveillances, and 3-year reinspections, and implements appropriate response actions. If interested parties have specific questions relating to the Milwaukee Public School District policy or the scheduling of asbestos related activities planned or in progress, please contact the MPS Environmental Services Department at 414.283.4626.
Please sign this form at left, enclose total payment, and mail to Milwaukee Recreation PO Box 2181 Milwaukee, WI, 53201 or fax to 414.475.8183 before the advertised registration deadlines.

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REDUCED ACTIVITY FEE (17 YEARS & UNDER)
Families meeting financial guidelines may qualify for an activity discount. Children’s classes over $10 are eligible for a $5 discount. Children’s classes $30 and over are eligible for a $10 discount. Most field trips, special events, and admission fees are not eligible and are so noted in the class description. School-age youth whose family qualifies for one or more of the following program subsidies are eligible for the youth discount (where applicable): FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and Foster Care. The MPS student database will be used to verify participant eligibility. Non-MPS students must provide eligibility documentation with registration. Our full policy can be found online at www.MilwaukeeRecreation.net/reduced.

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Please check this box if you wish to donate $1 to the Youth Program Fund.

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CHECK THIS BOX IF YOU ARE REQUESTING THE REDUCED ACTIVITY FEE FOR YOUR CHILD

Signature required for all registrations
MILWAUKEE RECREATION INCLUSION SERVICES POLICY

The MPS Department of Recreation and Community Services (Milwaukee Recreation) is committed to creating and promoting inclusion within all facilities and programs. Through the Inclusion Services Policy and supporting practices, we aim to ensure that everyone has access to the benefits of quality parks and recreation.

Milwaukee Recreation defines inclusion as the process of including all persons, regardless of their socioeconomic level, abilities, language, ethnic origin, sexual orientation or gender identification.

POLICY GOALS: The Inclusion Services Policy outlines Milwaukee Recreation’s approach to ensuring inclusive environments and equitable opportunities for all community members in local parks and recreation.

THIS POLICY ENSURES THAT:

- Community members utilizing our facilities, programs and services have equitable and ability-appropriate access to programs and services regardless of ability, race, age, language, religion, country of origin, sexual orientation, or gender identity.
- Site staff, community partners and stakeholders engage in the support of all community members and promote inclusive behaviors both in park and recreation facilities and throughout the community in public spaces.
- Milwaukee Recreation establishes and maintains an organizational infrastructure for the management of the policy and its established goals and objectives.
- Milwaukee Recreation will continuously measure and improve inclusive practices.

We invite you to visit mkerec.net/inclusion to learn more about Milwaukee Recreation’s efforts to support inclusive practices across all program areas including the Equity Based Prioritization Model for playfield improvements, professional development opportunities for staff, Everyone Plays! Scholarship Program, and the new process for requesting accommodations for Recreation classes.

Need accommodations? Register for course code ACCOM-01 in addition to your recreation class and a member of the Recreation team will contact you for further details.
Please use the phone numbers listed only during recreation program hours at that location.

- 81st Street School
  2964 N. 81st Street, 550-3865
  (Enter main door on 81st St.)

- Cooper School & Fieldhouse
  5143 S. 21st St., 550-5154
  Enter main entrance

- Bay View High School
  2751 S. Lenox St., 294-2517
  Enter door #4 off Montana St.

- Brinton Community Center
  2555 S. Bay St., 481-2494

- Gaenslen School
  1250 E. Burleigh St., 267-5734
  Enter north door, #4

- Hawthorn Glen
  1130 N. 60th St., 475-5300

- Hamilton High School
  6215 W. Warmont Ave., 327-9402
  Enter door #5 off south parking lot

- Lapham Peak
  8329 N846 County Road C
  Delafield, WI 53018

- MacDowell Montessori
  6415 W. Mt. Vernon Ave., 935-1387
  Enter door #7

- Madison High School
  8135 W. Florist Ave., 393-6307
  Enter door #7 off south parking lot

- Milwaukee Marshall
  4141 N. 64th St., 393-2391 or 393-2388
  Enter door #10 – N. 64th St. & W. Hope Ave.

- Milw. School of Lang.
  8400 W. Burleigh St., 393-5739
  Enter main or parking lot door

- MPS Central Services
  5225 W. Vliet St., 475-8180
  Enter southwest door off rear parking lot

- North Division High School
  1011 W. Center St., 267-5077
  Enter west side of building near tennis courts

- OASIS
  2414 W. Mitchell St., 647-6041

- Obama High School
  5075 N. Sherman Blvd.
  Enter door #5

- Parkside School for the Arts
  2969 S. Howell Ave., 550-5154
  Enter main entrance on Howell Ave.

- Pulaski High School
  2500 W. Oklahoma Ave.

- Reagan High School
  4965 S. 20th St., 550-5154
  Enter main entrance

- Riverside High School
  1615 E. Locust St., 906-4959
  Enter door #5 on Locust St.

- South Division High School
  1515 W. Lapham Blvd., 902-8377
  Enter east door off faculty parking lot on 13th St.

- Washington High School
  2525 N. Sherman Blvd., 875-6025
  Enter main gym door on Sherman Blvd.

- Vincent High School
  7501 N. Granville Rd., 262-236-1270
  Enter north east door #4 near fieldhouse
Join us at Hawthorn Glen this winter for a **NEW** event...

**WINTER WONDER WOODS**

*See page 26 for event details*
ARTS & CRAFTS

Drawing Techniques
Learn the techniques that professional illustrators use to create exciting, believable and realistic pictures using high-quality pencils. Class topics include: Perspective, shading, drawing people. Learn to compose your picture without from your imagination. Then how to gather and/or photograph appropriate reference images for completing your image. Or just bring in an image of a favorite person or pet and focus on the drawing techniques. All supplies included. Class fee is non-refundable.

Activity Code: 3RCE0902
(Section codes listed below)

Hamilton (Ages 8-14) ................. HA01
Wed, Feb 5-Feb 26, 6:00PM-7:00PM
$20 Residents/$30 Non-Residents

Little Picasso
Are you tired of painting basic rainbows, flowers, cats and dogs? If so, join this class and learn about different artists, their artistic movements, and their art work. You will try incorporating artistic methods into your own art to take that basic painting and turn it into something unique.

Activity Code: 3RCE0909
(Section codes listed below)

Beulah Brinton (Ages 5-8)............. BN01
Wed, Jan 29-Mar 18, 5:00PM-6:00PM
$18 Residents/$27 Non-Residents

Introduction to Acrylic Painting
This is an exciting, intuitive, hands-on class for anyone who wants to have fun while learning how easy it is to produce impressive acrylic paintings using dynamic and intuitive painting techniques! No previous drawing ability is required. You do not have to be an artist to participate, but if you are already experienced, this new approach may just take your own work to new heights! Fee includes supply cost and is non-refundable.

Activity Code: 3RCE0924
(Section codes listed below)

Hamilton (Ages 8-14) .................. HA01
Wed, Feb 5-Feb 26, 7:00PM-8:00PM
$20 Residents/$30 Non-Residents

Create a Wood Snowperson
Whether you love to play in the snow or not, these wooden snow people look great in the house and will not ever flood your house when the heat gets turned up! Make a keep sake item that will be talked about for years. All projects will be mantle worthy! Students will use wood and fabric pieces to create unique works of art. All supplies included. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE0931
(Section codes listed below)

Milwaukee Marshall (Ages 5-12).... MR01
Sat, Feb 22, 1:00PM-3:00PM
$20 Residents/$30 Non-Residents

ArTogether for Tots with Cloud 9 Workshop
Discover and enjoy art experiences with your child. We’ll explore dinosaurs through songs, stories and art experiences. Baby siblings in strollers or carriers are welcome. Parent/Guardian must register, pay and attend with child. Fee is per person and not eligible for reduced fees. These workshops are taught by Cloud 9 Workshop, Milwaukee’s local eco-art studio.

Activity Code: 3RCE0932
(Section codes listed below)

Riverside (Ages 2.5 & up)............. RS01
Sat, Jan 25, 8:15AM-9:15AM
$14 Residents/$21 Non-Residents

Create Cereal Box Journals with Cloud 9 Workshop
Learn how to transform everyday cereal boxes into personal pocket-sized journals. Your designs can be wild & wacky or smooth & sophisticated. No two journals will look the same.

Activity Code: 3RCE0933
(Section codes listed below)

Riverside (Ages 6-10) ................. RS01
Sat, Jan 25, 9:30AM-10:30AM
$8 Residents/$12 Non-Residents
TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.
Pre-Ballet
Your child will be introduced to the basic posture and positions of ballet, while having fun with rhythm and creative movement. Ballet shoes and leotards are recommended.

Activity Code: 3RCE2911
(Section codes listed below)

81st Street (Ages 3-5) ............... 8101
(Not eligible for reduced fees)
Tue, Jan 21-Mar 10, 5:30PM-6:00PM
$10 Residents/$15 Non-Residents

Beulah Brinton (Ages 3-5) ............... BN01
Thu, Jan 30-Mar 19, 4:00PM-4:45PM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 3-5) ............... BN02
Sat, Feb 1-Mar 21, 10:30AM-11:15AM
$14 Residents/$21 Non-Residents

Cooper (Ages 3-4) ............... CP01
Thu, Jan 30-Mar 19, 4:30PM-5:15PM
$14 Residents/$21 Non-Residents

Cooper (Ages 5-6) ............... CP02
Thu, Jan 30-Mar 19, 5:15PM-6:00PM
$14 Residents/$21 Non-Residents

Milwaukee Marshall (Ages 3-5) ...... MR01
Sat, Jan 18-Mar 7, 10:15AM-11:00AM
$14 Residents/$21 Non-Residents

Milwaukee Marshall (Ages 5-7) ...... MR02
Sat, Jan 18-Mar 7, 11:00AM-12:00PM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 3-5) ...... MR03
Tue, Jan 21-Mar 10, 5:45PM-6:30PM
$14 Residents/$21 Non-Residents

Parkside (Ages 3-4) ............... FR01
Mon, Jan 27-Mar 16, 5:00PM-5:45PM
$14 Residents/$21 Non-Residents

Riverside (Ages 3-4) ............... RS01
Sat, Jan 18-Mar 7, 10:00AM-10:50AM
$16 Residents/$24 Non-Residents

Riverside (Ages 5-6) ............... RS02
Sat, Jan 18-Mar 7, 11:00AM-11:50AM
$16 Residents/$24 Non-Residents

Tumbling Ballerinas
The art of Ballet and the fun of Tumbling go hand-in-hand in this class! Dancers will learn the fundamentals of ballet and to move creatively and expressively while incorporating fun tumbling activities. Posture, positions, rhythm, hand eye coordination and balance will all be covered in this course. Leotards and ballet shoes are recommended.

Activity Code: 3RCE2912
(Section codes listed below)

Hamilton (Ages 3-8) ............... HA01
Thu, Jan 23-Mar 12, 6:00PM-7:00PM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 3-5) ...... MR01
Tue, Jan 21-Mar 10, 6:30PM-7:30PM
$18 Residents/$27 Non-Residents

Zumba Kids
This Zumba® Kids class will feature kid-friendly routines based on original Zumba® choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Zumba® Kids helps develop a healthy lifestyle and incorporate fitness as a natural part of children’s lives by making fitness fun.

Activity Code: 3RCE3507
(Section codes listed below)

Hamilton (Ages 4-9) ............... HA01
Sat, Jan 18-Mar 7, 1:00PM-2:00PM
$18 Residents/$27 Non-Residents

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation Guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Limited scholarships available. Apply today! Please call 414.475.8180 or visit mkerec.net/scholarship to learn more and complete our short application.
French

Bonjour! This class offers an introduction to conversational French for students with prior or no prior French language knowledge. Students will learn language skills in a cultural context covering topics such as clothing, food, music, art, pastime activities, and more. Hope to see you there.

Activity Code: 3RCE4401
(Activity codes listed below)

Beulah Brinton (Ages 6-12).............. BN01
Fri, Jan 31-Mar 20, 4:30PM-5:30PM
$18 Residents/$27 Non-Residents

语言俱乐部

The goal of the Language Club is to expose participants to various languages including but not limited to sign language and Arabic. Students will also sing songs in French. The emphasis will be on learning some basics through song and basic conversation. Participants will be encouraged to share elements of languages they are proficient in as well. No Language pre-requisite required.

Activity Code: 3RCE4412
(Activity codes listed below)

Fernwood (Ages 5-8)...................... FW01
Mon, Jan 27-Mar 16, 2:30PM-3:45PM
$22 Residents/$33 Non-Residents

Mad Science Electricity Workshop

This workshop introduces students to the fundamental concepts of electricity: circuits, conductors, insulators, and how electricity is converted for everyday uses. Students get to create different circuits, interact with plasma balls, discover “sticky” static electricity and make their own static energy chambers to take home. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7605
(Activity codes listed below)

Hamilton (Ages 5-12)............ HA01
Sat, Feb 22, 10:00AM-11:00AM
$15 Residents/$23 Non-Residents

Mad Science Slime Time

Ooze into a gooey hour of sliming around! Create slime using the Mad Science recipe and then enter your creation in the Slime Olympics. Take home your own concoction of Mad Science Slime. Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7615
(Activity codes listed below)

Riverside (Ages 5-12)..................... RS01
Sat, Feb 29, 10:00AM-11:00AM
$15 Residents/$23 Non-Residents

Mad Science Earthworks

Dig into Earth Science! Uncover rock samples and discover how they formed. Inspect fluorescent minerals. Model the moving plates that cause bends and breaks. See how sediment sticks with the multi purpose test tube. You might even witness an erupting volcano! Children should bring their own snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7620
(Activity codes listed below)

Riverside (Ages 5-12)..................... RS01
Sat, Feb 1, 10:00AM-11:00AM
$15 Residents/$23 Non-Residents

Mad Science Robot Invasion

Explore the basic and complex technology used to design and build robots. Discover how machines and robots work and how they make our lives easier. Learn about simple circuits, motor principles and make your own robot hand to take home. Junior Scientists will love playing with the many robots we bring along. Children should bring their own beverage and snack (no nut products please). Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7631
(Activity codes listed below)

Hamilton (Ages 5-12).............. HA01
Sat, Mar 14, 9:00AM-1:00PM
$45 Residents/$68 Non-Residents

ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.
**SCIENCE QUEST**

**Science Quest The Invisible World**
Discover the fascinating microbial world present around you every day. Parents can collect a sample from local pond or stream for examination under a microscope. Just like a scientist, students will collect samples of microbes for growth in a laboratory. Do the colonies that might grow from these samples all look the same? How do colonies from a plant leaf compare to the colonies from a human scalp? Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7807
*(Section codes listed below)*

MacDowell (Ages 6-12) ................. JU01
Sat, Feb 29, 12:30PM- 2:00PM
$12 Residents/$18 Non-Residents

**Science Quest Get to Know Your Guts Eyes and Brains**
Dissect a real cow’s eye to learn about this amazing structure. How do our eyes collect light information about color, brightness, and patterns? Where in the brain is it processed to form into the image of what we are seeing? Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7821
*(Section codes listed below)*

MacDowell (Ages 6-12) ................. JU01
Sat, Feb 22, 12:30PM- 2:00PM
$12 Residents/$18 Non-Residents

**Science Quest Get to Know Your Guts, Bones and Muscles**
Dissect a real specimen to discover how our skeletons work. Using small chickens (Cornish hens) from grocery stores, students will examine how muscles, tendons, and ligaments attach to bones to support and move the bones of a joint. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3RCE7823
*(Section codes listed below)*

MacDowell (Ages 6-12) ................. JU01
Sat, Mar 7, 12:30PM- 2:00PM
$12 Residents/$18 Non-Residents

**MUSIC**

**Songwriting 101**
No matter what age, aspiring to be a great musician (or even good one) goes beyond merely practicing. Taught by Dennis Dykstra, learn the basics of music theory including ear training and songwriting. Let us help you become a better performer and increase your options as a musician. Don’t bring an instrument to the first class. Class is combined with adult class.

Activity Code: 3RCE4601
*(Section codes listed below)*

Hampton (Ages 12-17) ................. HA01
Wed, Jan 22-Mar 11, 7:45PM-8:45PM
$18 Residents/$27 Non-Residents

**Bass Guitar**
Learn the basics, theory, riffs and chord progressions. Bring your own bass guitar. Class is combined with adult class.

Activity Code: 3RCE4602
*(Section codes listed below)*

Beulah Brinton (Ages 12-17) ........... BN01
Fri, Jan 31-Mar 20, 7:15PM-8:15PM
$18 Residents/$27 Non-Residents

**Drums**
Aspiring drummers will learn rhythm, accents, drum rolls and style. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with adult class.

Activity Code: 3RCE4603
*(Section codes listed below)*

Beulah Brinton (Ages 12-17) ........... BN01
Fri, Jan 31-Mar 20, 6:00PM-7:00PM
$18 Residents/$27 Non-Residents

**Guitar**
Learn basic chords, notes, and different strumming techniques. Strum your way to fun. Bring your own guitar. Class is combined with adult class.

Activity Code: 3RCE4604
*(Section codes listed below)*

Beulah Brinton (Ages 12-17) ........... BN01
Sat, Feb 1-Mar 21, 2:00PM-3:00PM
$26 Residents/$39 Non-Residents

**Music For Tots**
Does your toddler know the words to favorite songs? Develop their talent with Music for Tots. This class will introduce several types of sounds and music to your child while involving him/her in interactive play. Parent(s)/guardian(s) are required to attend this class with their child at no extra charge.

Activity Code: 3RCE4605
*(Section codes listed below)*

81st Street (Ages 1-3) .................... 8101
Thu, Jan 23-Mar 12, 5:45PM-6:15PM
$10 Residents/$15 Non-Residents

**Piano**
No matter what you do in life, it’s always important to start with the basics. This class will give beginning piano enthusiastic an introduction to the keyboard, keys, scales, chords, melodies, and note reading. Classes are combined with adult classes. Keyboards are provided for all classes.

Activity Code: 3RCE4606
*(Section codes listed below)*

Beulah Brinton (Ages 12-17) ........... BN01
(Beg.)
Sat, Feb 1-Mar 21, 10:30AM-12:00PM
$26 Residents/$39 Non-Residents

**Rock Band**
Join the band, learn some advanced songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience required. Class is combined with adult class.

Activity Code: 3RCE4607
*(Section codes listed below)*

Beulah Brinton (Ages 12-17) ........... BN01
Sat, Feb 1-Mar 21, 4:00PM- 6:00PM
$35 Residents/$53 Non-Residents

**Sing Out!**
Do you want to learn to sing or sing with more confidence and control? Work on basic vocal techniques. Learn proper breathing, voice inflection, range and ear training. Class is combined with adult class.

Activity Code: 3RCE4609
*(Section codes listed below)*

Hampton (Ages 12-17) ................. HA01
Thu, Jan 23-Mar 12, 7:45PM-8:45PM
$18 Residents/$27 Non-Residents
Introduction to Harmonica
Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a ‘Key of C’ harmonica. Class is combined with adult class.

Activity Code: 3RCE4611
(Activity codes listed below)

Hamilton (Ages 12-17) ................... HA01
Tue, Jan 21-Mar 10, 6:00PM-7:00PM
$18 Residents/$27 Non-Residents

Bucket Drumming
Learn the art of street drumming. Drumming with 5 gallon buckets has become very popular in recent years so join us and learn the beats of the street. All levels welcome. Bring your own sticks. Buckets will be provided.

Activity Code: 3RCE4618
(Activity codes listed below)

Hamilton (Ages 12-17) ................... HA01
(Class combined with adult class.)
Sat, Jan 18-Mar 7, 12:30PM-1:30PM
$18 Residents/$27 Non-Residents

MUSIC IN MPS

Acoustic Guitar
This course provides students the opportunity to learn and develop their skills on guitar in a small group setting. Emphasis will be basic note reading and chord playing skills. A 1/2 or 3/4 sized nylon-stringed acoustic guitar is required. Students must bring their own instrument to class. Please register for classes following the guidelines below:
Beginning - no experience required; Intermediate - 1-2 years of experience on instrument; Advanced - 3+ years of experience on instrument.

Activity Code: 3RCE3201
(Activity codes listed below)

Hamilton (Ages 7-17) ................... HA01
(Beg.)
Sat, Jan 11-Apr 25, 9:35AM-10:05AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17) ................... HA02
(Int.)
Sat, Jan 11-Apr 25, 10:10AM-10:55AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17) ................... HA03
(Adv.)
Sat, Jan 11-Apr 25, 11:00AM-11:45AM
$24 Residents/$36 Non-Residents

Brass
This course provides students the opportunity to learn and develop their skills on a brass instrument, including trumpet, French horn, trombone, baritone, euphonium, and tuba in a small group setting. Students must bring their own instrument to class. Please register for classes following the guidelines below:
Beginning - no experience required; Intermediate - 1-2 years of experience on instrument; Advanced - 3+ years of experience on instrument.

Activity Code: 3RCE3203
(Activity codes listed below)

Hamilton (Ages 10-17) ................... HA01
(Beg.)
Sat, Jan 11-Apr 25, 9:00AM-9:30AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 10-17) ................... HA02
(Int.)
Sat, Jan 11-Apr 25, 9:35AM-10:20AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 10-17) ................... HA03
(Adv.)
Sat, Jan 11-Apr 25, 10:25AM-11:10AM
$24 Residents/$36 Non-Residents

Piano/Keyboard
This course provides students the opportunity to learn and develop their skills on a piano in a small group setting. Students will work on melodies in right and left hands, independence, scales, basic chords and arpeggios. Focus on manual dexterity; rhythmic expression and correct hand positions will assist students in their daily practice. A piano or electronic keyboard at home is recommended. Please register for the Piano/Keyboard classes using the following guidelines:

Beginning - No experience Ages 7-9; Beginner 1 - No experience Ages 10-17; Beginner 2 - Ability to play up to page 26 in Alfred’s Basic Level 1A or Completed Beginner 1 Ages 7-9; Beginner 2 - Ability to play up to page 26 in Alfred’s Basic Level 1A or Completed Beginner 1 Ages 10-17; Intermediate 1 - Completed Beginner 1 and 2; Intermediate 2 - Completed Beginner 1 and 2 and Intermediate 1; Advanced - Completed Beginner 1 and 2 and Intermediate 1 and 2.

Activity Code: 3RCE3207
(Activity codes listed below)

Hamilton (Ages 7-17) ................... HA01
(Beg. - 1)
Sat, Jan 11-Apr 25, 9:00AM-9:30AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17) ................... HA02
(Beg. - 1)
Sat, Jan 11-Apr 25, 9:35AM-10:05AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17) ................... HA03
(Beg. - 2)
Sat, Jan 11-Apr 25, 9:40AM-10:10AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17) ................... HA04
(Beg. - 2)
Sat, Jan 11-Apr 25, 10:15AM-10:45AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17) ................... HA05
(Int. - 1)
Sat, Jan 11-Apr 25, 11:00AM-11:30AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17) ................... HA06
(Int. - 2)
Sat, Jan 11-Apr 25, 11:35AM-12:05PM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17) ................... HA07
(Adv.)
Sat, Jan 11-Apr 25, 1:00PM-1:30PM
$24 Residents/$36 Non-Residents

Milwaukee Marshall (Ages 7-17) .... MR01
(Beg. - 1)
Sat, Jan 11-Apr 25, 9:00AM-9:30AM
$24 Residents/$36 Non-Residents
Percussion
This course provides students the opportunity to learn and develop their skills in percussion in a small group setting. Students must bring their own percussion kit to class. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate - 1-2 years of experience on instrument; Advanced - 3+ years of experience on instrument.

Activity Code: 3RCE3210

(string codes listed below)

Hamilton (Ages 10-17) ...................... HA01
(Beg.)
Sat, Jan 11-Apr 25, 9:00AM-9:30AM $24 Residents/$36 Non-Residents

Hamilton (Ages 10-17) ...................... HA02
(Int.)
Sat, Jan 11-Apr 25, 9:35AM-10:20AM $24 Residents/$36 Non-Residents

Hamilton (Ages 10-17) ...................... HA03
(Adv.)
Sat, Jan 11-Apr 25, 10:25AM-11:10AM $24 Residents/$36 Non-Residents

Woodwinds
This course provides students the opportunity to learn and develop their skills on a woodwind instrument including flute, oboe, clarinet, bass clarinet, bassoon, and saxophone in a small group setting. Students must bring their own instrument to class. Please register for classes following the guidelines below: Beginning - no experience required; Intermediate - 1-2 years of experience on instrument; Advanced - 3+ years of experience on instrument.

Activity Code: 3RCE3212

(string codes listed below)

Hamilton (Ages 10-17) ...................... HA01
(Beg.)
Sat, Jan 11-Apr 25, 9:00AM-9:30AM $24 Residents/$36 Non-Residents

Hamilton (Ages 10-17) ...................... HA02
(Int.)
Sat, Jan 11-Apr 25, 9:35AM-10:20AM $24 Residents/$36 Non-Residents

Hamilton (Ages 10-17) ...................... HA03
(Adv.)
Sat, Jan 11-Apr 25, 10:25AM-11:10AM $24 Residents/$36 Non-Residents

String Lessons
This course provides students the opportunity to learn and develop their skills on stringed instruments violin, viola, cello and bass in a small group setting. Students must come to class with their own instruments. Please register for the string classes using the following guidelines: Beginner - no experience Ages 7-9; Beginner 1 - No experience Ages 10-17; Beginner 2 - Ability to play No. 1-36 in Essential Elements Ages 10-17; Intermediate 1 - Completed Beginning 1 and 2; Advanced - Completed Beginning 1 and 2 and Intermediate 1.

Activity Code: 3RCE3218

(string codes listed below)

Hamilton (Ages 7-17) ...................... HA01
(Beg. - 1)
Sat, Jan 11-Apr 25, 10:45AM-11:15AM $24 Residents/$36 Non-Residents

Hamilton (Ages 7-17) ...................... HA02
(Beg. - 1)
Sat, Jan 11-Apr 25, 9:35AM-10:05AM $24 Residents/$36 Non-Residents

Hamilton (Ages 7-17) ...................... HA03
(Beg. - 2)
Sat, Jan 11-Apr 25, 10:10AM-10:40AM $24 Residents/$36 Non-Residents

Do You Want to Rock?
Would you like to know what it takes to be in a rock band? Students in this class will rock out to their favorite songs using electric guitar and bass guitar, keyboard and drums! What else does a band need? Of course, a singer or singers! Rehearse with the group, create your own band name, learn songs and perform at the end of the semester recital! Students must bring their own guitar and bass and have at least two years of experience. Amps, keyboards and drums will be provided on a limited basis.

Activity Code: 3RCE3219

(string codes listed below)

Hamilton (Ages 12-18) ...................... HA01
Sat, Jan 11-Apr 25, 12:20PM-12:50PM $24 Residents/$36 Non-Residents

www.MilwaukeeRecreation.net
Beginning Ukulele
Are you a fan of Vance Joy or Twenty-One Pilots? Now is your chance to learn their main instrument: the ukulele. Students in this class will learn chords, melody, note reading and strumming patterns. This class will give you the skills needed to give you the basics of the ukulele including how to read chord charts and help you hit the ground running with your favorite songs. Ideal for future guitar players! No experience necessary. Students should bring their own ukuleles and books will be provided at the first session.

Activity Code: 3RCE2919
(Section codes listed below)

Milwaukee Marshall (Ages 6-17) ....MR01
Thu, Jan 30, 5:30PM-8:30PM
$8 Residents/$12 Non-Residents

Cricket Coaching
Learn cricket with hands-on skills and real game experience! Cricket adjusts to all ages and skill levels. It is a fun sport with batting, bowling and fielding. It is also a great way to build team spirit and learn sportsmanship. Sessions will have a mix of physical fitness, skills development and learning the game. We will enjoy skirmish games and special short activities to keep all participants engaged. All skill levels are welcome. All equipment is provided. Class fee is non-refundable and not eligible for reduced fees. Class taught by Kashyap Malkan.

Activity Code: 3RCE5101
(Section codes listed below)

MacDowell (Ages 7 & up) ............... JU01
Sat, Jan 25-Feb 15, 2:00PM-4:00PM
$50 Residents/$75 Non-Residents

MacDowell (Ages 7 & up) ............... JU02
Sat, Feb 22-Mar 14, 2:00PM-4:00PM
$50 Residents/$75 Non-Residents

Checkmate Chess Club
If you are interested in learning how to play chess or already know how, this class is for you. Players of all skill levels welcome. Don’t get ‘rooked’ by your friends for not playing chess. Be the ‘king’ or ‘queen’ of your block. Chess game supplied. Class combined with adult class.

Activity Code: 3RCE4901
(Section codes listed below)

Milwaukee Marshall (Ages 8-12).... MR01
Tue, Jan 21-Mar 10, 5:30PM-6:30PM
$18 Residents/$27 Non-Residents

PERFORMING ARTS

Children’s Playhouse
Children will begin developing basic acting skills and learn about theatre through fun and interesting games. Participants will also explore the musical and physical elements of performance. The program will culminate with a variety show presentation for parents and friends.

Activity Code: 3RCE5301
(Section codes listed below)

MacDowell (Ages 3-6) ............... JU01
Sat, Jan 18-Mar 7, 9:00AM-10:00AM
$18 Residents/$27 Non-Residents

Riverside (Ages 3-6) ............... RS01
Mon, Jan 27-Mar 16, 6:00PM-7:00PM
$18 Residents/$27 Non-Residents

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.
**RED CROSS BABYSITTING CERTIFICATION**

**Babysitting Workshop**
Ages 11 & up. Receive American Red Cross certification for babysitting. Learn basic First Aid, reacting to stressful situations, creative play techniques, proper nutrition and more. Sign up early as classes fill quickly. Not eligible for reduced fees. Refund request must be received one week prior to the start of class.

*Activity Code: 3RCE5601 (Section codes listed below)*

**Hamilton (Ages 11-17) ............... HA01**
Sat, Feb 1, 8:30AM-4:00PM
$100 Residents/$150 Non-Residents

**MacDowell (Ages 11-17) ............. JU01**
Sat, Feb 29, 8:30AM-4:00PM
$100 Residents/$150 Non-Residents

**Milwaukee Marshall (Ages 11-17) .. MR01**
Sat, Mar 14, 8:30AM-4:00PM
$100 Residents/$150 Non-Residents

**Riverside (Ages 11-17) ............... RS01**
Sat, Feb 15, 8:30AM-4:00PM
$100 Residents/$150 Non-Residents

Give the gift of recreation this holiday season! A Milwaukee Recreation gift card is the perfect gift for any friend or family member. You can pick one up at MPS Central Services (5225 W. Vliet St.) or the OASIS (2414 W. Mitchell St.) Monday through Friday from 8:00 a.m. to 4:00 p.m.

The Gift Card is redeemable for activities, events, admission fees, and products at any Milwaukee Recreation location or at MilwaukeeRecreation.net. The Gift Card is NOT redeemable for concessions, food services, cash or credit. For card balance or to report a lost, stolen or damaged card, please call 414.475.8180. We can replace the remaining value on a lost, stolen or damaged card with the original purchase receipt. No fees. No expiration date. No value until purchased. Reload the card online at MilwaukeeRecreation.net, at any of our locations during normal business hours, or by calling 414.475.8180.

**Making big strides for community members of Milwaukee**

UnitedHealthcare is proud to support Milwaukee and the MPS Department of Recreation and Community Services. Thank you for helping to strengthen and extend the bond between public education and your community.
MPS Drive is a FREE driver education program for students meeting eligibility criteria that are currently enrolled in an MPS high school. The program serves students ready to begin driving as well as those with suspended driving privileges who need assistance with regaining driving eligibility. Students must be 15.5 by the first day of class and not older than 17.5 by the last day of class. The classroom and behind-the-wheel training are free, but a $35.00 fee to cover the cost of the temporary permit is due at the time of registration. Permit tests given during class are in English. Other language options are available at the Department of Motor Vehicle testing sites.

CLASS SCHEDULE: Classes will meet Mondays, Wednesdays and Thursdays

Activity Code: 3UDE3001 (Section codes listed below).

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<thead>
<tr>
<th>Location</th>
<th>Class Times</th>
<th>Section Code</th>
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<tr>
<td>Hamilton</td>
<td>5:30PM-7:30PM</td>
<td>HA01</td>
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<tr>
<td>Madison</td>
<td>4:15PM-6:15PM</td>
<td>MA01</td>
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<tr>
<td>MSL</td>
<td>4:15PM-6:15PM</td>
<td>MH01</td>
</tr>
<tr>
<td>North Division</td>
<td>5:30PM-7:30PM</td>
<td>ND01</td>
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<tr>
<td>Obama SCTE</td>
<td>5:30PM-7:30PM</td>
<td>CT01</td>
</tr>
<tr>
<td>Pulaski</td>
<td>4:00PM-6:00PM</td>
<td>PK01</td>
</tr>
<tr>
<td>Reagan</td>
<td>3:00PM-5:00PM</td>
<td>TL01</td>
</tr>
<tr>
<td>Rufus King HS</td>
<td>3:00PM-5:00PM</td>
<td>RK01</td>
</tr>
<tr>
<td>South Division</td>
<td>5:30PM-7:30PM</td>
<td>SD01</td>
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Orientation: Saturday, January 4, 2020
Additional information will be on your registration receipt.

<table>
<thead>
<tr>
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<th>Class Times</th>
<th>Section Code</th>
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<tr>
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<td>4:15PM-6:15PM</td>
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<td>Hamilton</td>
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<td>Marshall</td>
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<td>Pulaski</td>
<td>4:00PM-6:00PM</td>
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<tr>
<td>Reagan</td>
<td>3:00PM-5:00PM</td>
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<tr>
<td>Riverside</td>
<td>4:15PM-6:15PM</td>
<td>RS02</td>
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<tr>
<td>Rufus King HS</td>
<td>3:00PM-5:00PM</td>
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<tr>
<td>South Division</td>
<td>5:30PM-7:30PM</td>
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<tr>
<td>Vincent</td>
<td>4:30PM-6:30PM</td>
<td>VN02</td>
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<tr>
<td>Washington</td>
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<td>WA02</td>
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Orientation: Saturday, February 22, 2020
Additional information will be on your registration receipt.

In-Person Registration:
- MPS Administration Building - 5225 W. Vliet St., Room 56
- OASIS Senior Center - 2414 W. Mitchell St.

Online Registration visit www.MilwaukeeRecreation.net:
- User Name= MPS Student ID (Only enter numbers)
- Password= MPS Student Last Name (the first letter is capitalized)

Restorative Program
The restorative program is geared towards students between the ages of 15 and 17 years old and who have suspended driving privileges. At no cost, students will be paired with a staff attorney at the Center for Driver’s License Recovery and Employability to navigate the court process. Once driving privileges are restored, students will enroll in an MPS Drive class. To enroll in the Restorative Program, contact Jodie at (414) 647-6044.

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.
**COMMUNITY DRIVER EDUCATION**

**CERTIFIED CLASSES FOR TEENS**
Classes are open to all students who will be 15.5 years old by first day of class and not older than 17.5 by the last day of class.

**BEHIND THE WHEEL**
Lessons are included with registration and are scheduled after students pass the permit test given in class.

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**CLASSES OPEN TO NON-RESIDENTS**

**LIMITED SPACE AVAILABLE – REGISTRATION STARTS DEC. 10TH, 2019**

**THE FEE FOR THE COURSE IS $150 FOR RESIDENTS AND $275 FOR NON-RESIDENTS. (NOT ELIGIBLE FOR REDUCED FEES.)**

- Classes meet 3 days per week Monday, Wednesday and Thursday.
- Classes meet for 2 hours per session.
- If you miss three classes, for any reason, you will be dropped from the program with no refund.
- **Attendance is required at a mandatory parent and student orientation.**
  - Orientation information will be on your receipt.

Please contact the Driver Education Office at (414) 647-6044 if you are in need of a sign language interpreter.

**ACTIVITY CODE: 3DRD3001 (Section codes listed below)**

<table>
<thead>
<tr>
<th>Location</th>
<th>Dates</th>
<th>Times</th>
<th>Section</th>
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<td>Hamilton</td>
<td>01/15/20-02/26/20</td>
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<td>Marshall</td>
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<td>5:30PM-7:30PM</td>
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<tr>
<td>Hamilton</td>
<td>03/09/20-04/23/20</td>
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<td>MSL</td>
<td>03/09/20-04/23/20</td>
<td>5:30PM-7:30PM</td>
<td>ML04</td>
</tr>
</tbody>
</table>

See page 16 for FREE Driver Education opportunities for MPS students.

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**CONGRATULATIONS, DIANE WINTER!**

Milwaukee Recreation would like to congratulate Diane Winter on her retirement after nearly four decades of service to the department!

Diane began her recreation career in 1981 as a part-time aerobics instructor at South Division. She went on to teach aerobics at Hamilton and Brinton until she accepted a full-time position with the MPS Division of Special Services in 1999.

In 2007, Diane joined Milwaukee Recreation’s clerical team to assist the Adult Sports and Marketing offices. Diane has always provided outstanding customer service, and was the recipient of the 2011 Barbara Leszczynski Customer Service Award. Diane’s key to success is to “treat people the way I want to be treated myself.”

As a tribute to Ms. Winter’s dedication, we decided to name this booklet the Winter Recreation Guide. Congratulations and good luck in retirement, Diane!
BASEBALL

Bitty Baseball
Explore the fundamental skills of baseball. Learn the rules of baseball, sportsmanship and how to play safely. Develop skills in batting, throwing, base running and more! You will have a BALL! Participants will need to bring a baseball glove.

Activity Code: 3RCE1003
(Section codes listed below)

81st Street (Ages 4-7) ....................... 8101
Thu, Jan 23-Mar 12, 6:00PM- 7:00PM
$18 Residents/$27 Non-Residents

Bitty Basketball
The hoops are lower and the basketballs are smaller, but the fun is big in Bitty Basketball. This program is a great way to introduce your child to the sport. Participants will learn the rules of basketball as well as basic fundamentals such as shooting, dribbling, and passing. This is accomplished through hands-on practice using mini basketballs and 6 & 8 foot hoops.

Activity Code: 3RCE1103
(Section codes listed below)

81st Street (Ages 5-6) ....................... 8101
Tue, Jan 21-Mar 10, 6:15PM- 7:00PM
$14 Residents/$21 Non-Residents

BASKETBALL

Mighty Mite Basketball
This class is not an intro “dunktion” to basketball. Your young person will have fun, while being introduced to some basketball skills. Skills include dribbling, passing, sliding feet laterally, and shooting on a 4-foot hoop. This class will expose your young person to the great game of basketball in a FUN environment.

Activity Code: 3RCE1101
(Section codes listed below)

81st Street (Ages 3-4) ....................... 8101
(Not eligible for reduced fees)
Tue, Jan 21-Mar 10, 5:30PM- 6:00PM
$10 Residents/$15 Non-Residents

MacDowell (Ages 3-4) ...................... JU01
(Not eligible for reduced fees)
Sat, Jan 18-Mar 7, 9:00AM- 9:30AM
$10 Residents/$15 Non-Residents

Milwaukee Marshall (Ages 3-4) ........... MR01
(Not eligible for reduced fees)
Sat, Jan 18-Mar 7, 9:00AM- 9:30AM
$10 Residents/$15 Non-Residents

Vincent (Ages 3-4) ......................... VN01
(Not eligible for reduced fees)
Wed, Jan 22-Mar 11, 6:00PM- 6:30PM
$10 Residents/$15 Non-Residents

B.I.G. Basketball
In this program, participants will learn the fundamentals of basketball, including dribbling, passing, shooting, rebounding, rules, and how the game is played. Combine all of these components with team play for a fun and exciting experience.

Activity Code: 3RCE1102
(Section codes listed below)

81st Street (Ages 7-9) ....................... 8101
Tue, Jan 21-Mar 10, 7:15PM- 8:00PM
$14 Residents/$21 Non-Residents

Bay View (Ages 7-9) ....................... BV01
Sat, Jan 18-Mar 7, 9:15AM-10:00AM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 7-9) ................. BN01
Tue, Jan 28-Mar 17, 5:00PM- 5:45PM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 7-9) ................. BN02
Fri, Jan 31-Mar 20, 5:00PM- 5:45PM
$14 Residents/$21 Non-Residents

Hamilton (Ages 7-9) ....................... HA01
Sat, Jan 18-Mar 7, 9:30AM-10:30AM
$18 Residents/$27 Non-Residents

MacDowell (Ages 7-9) ...................... JU01
Sat, Jan 18-Mar 7, 10:30AM-11:30AM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 7-9) .......... MR01
Sat, Jan 18-Mar 7, 11:30AM-12:30PM
$18 Residents/$27 Non-Residents

Vincent (Ages 7-9) ......................... VN01
Wed, Jan 22-Mar 11, 7:15PM- 8:00PM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 7-9) ................. BN01
Sat, Jan 18-Mar 7, 9:30AM-10:15AM
$18 Residents/$27 Non-Residents

Beulah Brinton (Ages 7-9) ................. BN02
Fri, Jan 31-Mar 20, 5:00PM- 5:45PM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 5-6) ................. BN01
Tue, Jan 28-Mar 17, 4:00PM- 4:45PM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 5-6) ................. BN02
Fri, Jan 31-Mar 20, 4:00PM- 4:45PM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 5-6) ................. BN03
Sat, Feb 1-Mar 21, 8:30AM- 9:15AM
$14 Residents/$21 Non-Residents

Hamilton (Ages 5-6) ....................... HA01
Sat, Jan 18-Mar 7, 8:30AM- 9:15AM
$14 Residents/$21 Non-Residents

MacDowell (Ages 5-6) ...................... JU01
Sat, Jan 18-Mar 7, 9:30AM-10:15AM
$14 Residents/$21 Non-Residents

Milwaukee Marshall (Ages 5-6) .......... MR01
Sat, Jan 18-Mar 7, 10:00AM-10:45AM
$14 Residents/$21 Non-Residents

Vincent (Ages 5-6) ......................... VN01
Wed, Jan 22-Mar 11, 6:30PM- 7:15PM
$14 Residents/$21 Non-Residents

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.
Girls Basketball Camp
Gain the skills needed to become a basketball star. This camp will cover shooting, passing, dribbling, rebounding, and team play. Rules of the game will also be discussed.
Activity Code: 3RCE1105
(String codes listed below)
Milwaukee Marshall (Ages 8-12) .... MR01
Sat, Jan 18-Mar 7, 1:45PM- 2:45PM
$18 Residents/$27 NonResidents

All-American Basketball
This advanced class is designed for children who have a solid foundation in basketball and wish to improve to the next level.
Activity Code: 3RCE1106
(String codes listed below)
Hamilton (Ages 10-12) ............... HA01
Sat, Jan 18-Mar 7, 10:30AM-11:30AM
$18 Residents/$27 NonResidents

Pigskin Pals (Coed Football)
Learn the basics of throwing, catching, kicking, punting, hand-offs, positioning stances, offense, defense, special teams, and more. Help your little one get a 'hut' up on the competition.
Activity Code: 3RCE3702
(String codes listed below)
Milwaukee Marshall (Ages 3-4) .... MR01
(Not eligible for reduced fees)
Sat, Jan 18-Mar 7, 9:30AM-10:00AM
$10 Residents/$15 NonResidents

Milwaukee Marshall (Ages 5-7) .... MR02
Sat, Jan 18-Mar 7, 10:45AM-11:30AM
$14 Residents/$21 NonResidents

Get in the Swing - Golf Camp
Get in the Swing is a camp for beginners and avid youth golfers alike. Participants will learn fundamentals from general rules and etiquette to proper stance and how to hold a club. This camp is a great way to build a solid foundation in the sport.
Activity Code: 3RCE3801
(String codes listed below)
Milwaukee Marshall (Ages 8-17) .... MR01
Sat, Jan 18-Mar 7, 1:30PM- 2:30PM
$18 Residents/$27 NonResidents

Gymnastics
Gymnastics
If springing over a vault, balancing on a beam, standing on your hands, and doing backward walkovers sound like fun, sign up for gymnastics. This is a developmental program, taught with a progression of gymnastic skills, which assist youth in the development of coordination.
Activity Code: 3RCE3901
(String codes listed below)
Hamiton (Ages 4-5) ...................... HA01
Sat, Jan 18-Mar 7, 9:40AM-10:35AM
$22 Residents/$33 NonResidents

Hamiton (Ages 4-5) ...................... HA02
Sat, Jan 18-Mar 7, 10:40AM-11:35AM
$22 Residents/$33 NonResidents

Hamiton (Ages 6-7) ...................... HA03
Sat, Jan 18-Mar 7, 12:15PM- 1:10PM
$22 Residents/$33 NonResidents

Hamiton (Ages 8-9) ...................... HA04
Sat, Jan 18-Mar 7, 1:15PM- 2:10PM
$22 Residents/$33 NonResidents

Hamiton (Ages 10-13) ................. HA05
Sat, Jan 18-Mar 7, 2:15PM- 3:10PM
$22 Residents/$33 NonResidents

Riverside (Ages 4-5) ................. RS01
Sat, Jan 18-Mar 7, 10:05AM-10:55AM
$20 Residents/$30 NonResidents

Riverside (Ages 5-6) ................. RS02
Sat, Jan 18-Mar 7, 11:00AM-11:55AM
$22 Residents/$33 NonResidents

Riverside (Ages 7-12) ................. RS03
Sat, Jan 18-Mar 7, 12:00PM-12:55PM
$22 Residents/$33 NonResidents

Riverside (Ages 11-13) ............... RS04
Sat, Jan 18-Mar 7, 1:00PM- 1:55PM
$22 Residents/$33 NonResidents

Riverside (Ages 4-6) ................. RS05
Thu, Jan 23-Mar 12, 6:15PM- 7:15PM
$22 Residents/$33 NonResidents

Riverside (Ages 7-9) ................. RS06
Thu, Jan 23-Mar 12, 7:15PM- 8:15PM
$22 Residents/$33 NonResidents

Tumbling Teddy Bears
Tumbling Teddy Bears
Savvy gymnastics program will assist children in the development of eye/hand coordination and balance through basic tumbling activities. Parent(s)/Guardian(s) are required to attend this class with their child at no extra charge.
Activity Code: 3RCE3902
(String codes listed below)
Hamilton (Ages 2-3) ................. HA01
Sat, Jan 18-Mar 7, 8:30AM- 9:00AM
$12 Residents/$18 NonResidents

Hamilton (Ages 2-3) ................. HA02
Sat, Jan 18-Mar 7, 9:05AM- 9:35AM
$12 Residents/$18 NonResidents

Riverside (Ages 3-4) ................. RS01
Sat, Jan 18-Mar 7, 9:00AM- 9:45AM
$17 Residents/$26 NonResidents

MARTIAL ARTS

Children’s Self-Defense
Be confident about protecting yourself when the need arises. Learn real life strategies and situational awareness to avoid confrontations. Learn basic escape techniques to get out of a situation, if one occurs. Class time includes awareness discussions and practicing techniques.
Activity Code: 3RCE4501
(String codes listed below)
MacDowell (Ages 7-13) ............... JU01
Wed, Jan 22-Mar 11, 6:30PM- 7:30PM
$18 Residents/$27 NonResidents

Judo
Judo or ‘gentle way/technique’ focuses on manipulating an opponent’s force against him/her rather than confronting it with one’s own force. Join us to learn about judo under personalized instruction that focuses on technique and tradition. Students Interested in continuing through the advanced level must demonstrate a high level of comfort with properly executed Judo falls and have instructor approval. USJA and USMA associated. Please wear clothes without buttons or metal. Class is combined with adult class.
Activity Code: 3RCE4503
(String codes listed below)
MacDowell (Ages 7-17) ............... JU01
Mon, Jan 27-Mar 16, 6:30PM- 8:00PM
$26 Residents/$39 NonResidents

www.MilwaukeeRecreation.net
Kidz ‘n Power - Self-Defense
In this class, your child will receive a well-rounded approach to personal self defense through Tae Kwon Do techniques. Weekly topics will include ways to avoid child abduction and bulling. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 3RCE4505 (Section codes listed below)

Riverside (Ages 6-12) ..................... RS01
(Child Safety Class)
Sat, Jan 25, 1:30PM- 4:00PM
$10 Residents/$15 Non-Residents

Riverside (Ages 6-12) ..................... RS02
(Bully Prevention Class)
Sat, Feb 15, 1:30PM- 4:00PM
$10 Residents/$15 Non-Residents

Tae Kwon Do
Tae Kwon Do is a Korean art of hand and foot fighting. Learn self-discipline, kicking and punching techniques, correct body positioning, and self-defense.
Activity Code: 3RCE4506 (Section codes listed below)

Beulah Brinton (Ages 6-17) ............. BN01
(Beg., White - Yellow Belts)
Mon/Wed/Fri, Jan 22-Mar 17, 8:00AM- 9:15AM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 6-17) ............. BN02
(Not eligible for reduced fees)
Sat, Jan 18-Mar 7, 8:30AM- 9:15AM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 6-17) ............. BN03
(Beg., White - Yellow Belts)
Mon/Wed, Jan 22-Mar 17, 4:45PM- 5:45PM
$47 Residents/$71 Non-Residents

Beulah Brinton (Ages 6-17) ............. BN04
(Not eligible for reduced fees)
Sat, Jan 18-Mar 7, 11:15AM-12:00PM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 6-17) ............. BN05
(Adv. - Red/Black & Blacks Belts)
Mon/Wed/Fri, Jan 22-Mar 17, 5:30PM- 6:15PM
$47 Residents/$71 Non-Residents

Beulah Brinton (Ages 6-17) ............. BN06
(Beg., White - Yellow Belts)
Mon/Wed/Fri, Jan 22-Mar 17, 4:45PM- 5:30PM
$47 Residents/$71 Non-Residents

Beulah Brinton (Ages 6-17) ............. BN07
(Beg., White - Yellow Belts)
Mon/Wed/Fri, Jan 22-Mar 17, 5:30PM- 6:15PM
$47 Residents/$71 Non-Residents

Cooper (Ages 3-5) ....................... CP01
(Beg., White - Star Belts - Tiny Tigers; Taught by Omar Juarez)
Tue/Thu, Jan 28-Mar 19, 4:30PM- 5:00PM
$18 Residents/$27 Non-Residents

Cooper (Ages 3-5) ....................... CP02
(Int./Adv. - Orange Belts and up - Tiny Tigers; Taught by Omar Juarez)
Tue/Thu, Jan 28-Mar 19, 4:30PM- 5:00PM
$18 Residents/$27 Non-Residents

Cooper (Ages 6-17) ..................... CP03
(Beg., White - Yellow Belts; Taught by Omar Juarez)
Tue/Thu, Jan 28-Mar 19, 5:00PM- 5:45PM
$26 Residents/$39 Non-Residents

Cooper (Ages 6-17) ..................... CP04
(Int./Adv. - Camo - Black Belts; Taught by Omar Juarez)
Tue/Thu, Jan 28-Mar 19, 5:45PM- 6:30PM
$26 Residents/$39 Non-Residents

Hamilton (Ages 6-14) ................... HA01
(Class is combined with adult class)
Mon/Wed, Jan 22-Mar 16, 6:30PM- 7:30PM
$35 Residents/$53 Non-Residents

MacDowell (Ages 6-17) ................. JU01
(Beg., White - Yellow Belts)
Tue/Thu, Jan 21-Mar 12, 6:00PM- 7:00PM
$35 Residents/$53 Non-Residents

Milwaukee Marshall (Ages 6-14) ....... MR01
(White, Orange & Yellow Belts)
Mon, Jan 27-Mar 16, 6:00PM- 7:00PM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 6-14) ....... MR02
(Not eligible for reduced fees)
Sat, Jan 18-Mar 7, 9:00AM-10:00AM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 6-14) ....... MR03
(White, Orange & Yellow Belts)
Wed, Jan 22-Mar 11, 6:00PM- 7:00PM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 6-14) ....... MR04
(Not eligible for reduced fees)
Sat, Jan 18-Mar 7, 10:15AM-11:00AM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 9-17) ....... MR05
(Not eligible for reduced fees)
Sat, Jan 18-Mar 7, 11:00AM-11:45AM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 9-17) ....... MR06
(Camo-Red/Black Belts)
Wed, Jan 22-Mar 11, 7:00PM- 8:00PM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 9-17) ....... MR07
(Not eligible for reduced fees)
Mon, Jan 27-Mar 16, 6:30PM- 7:00PM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 9-17) ....... MR08
(Camo-Red/Black Belts)
Mon, Jan 27-Mar 16, 7:00PM- 8:00PM
$18 Residents/$27 Non-Residents

Riverside (Ages 3-5) .................... RS07
(Beg.)
Sat, Jan 18-Mar 7, 9:00AM- 9:30AM
$10 Residents/$15 Non-Residents

Riverside (Ages 3-5) .................... RS08
(Not eligible for reduced fees)
Sat, Jan 18-Mar 7, 9:30AM-10:00AM
$10 Residents/$15 Non-Residents

Riverside (Ages 6-14) ................... RS09
(Beg., white-yellow belt)
Mon, Jan 27-Mar 16, 6:15PM- 7:15PM
$18 Residents/$27 Non-Residents

Riverside (Ages 6-14) ................... RS01
(Mon/Wed, Jan 27-Mar 18, 7:15PM- 8:15PM
$35 Residents/$53 Non-Residents

Riverside (Ages 6-14) ................... RS03
(Camo-Black Belts)
Mon, Jan 27-Mar 16, 7:15PM- 8:15PM
$18 Residents/$27 Non-Residents

Bay View (Ages 5-6) ..................... BV01
Sat, Jan 18-Mar 7, 8:15AM- 9:00AM
$14 Residents/$21 Non-Residents

Bay View (Ages 5-6) ..................... BV02
Sat, Jan 18-Mar 7, 11:15AM-12:00PM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 6-12) ............. BN01
Fri, Jan 31-Mar 20, 5:00PM- 6:00PM
$18 Residents/$27 Non-Residents

Hamilton (Ages 5-6) ..................... HA01
Sat, Jan 18-Mar 7, 8:30AM- 9:15AM
$14 Residents/$21 Non-Residents

Milwaukee Marshall (Ages 5-6) ....... MR01
Sat, Jan 18-Mar 7, 10:30AM-11:30AM
$18 Residents/$27 Non-Residents

Riverside (Ages 5-6) ..................... RS01
Sat, Jan 18-Mar 7, 2:00PM- 3:00PM
$18 Residents/$27 Non-Residents

Soccer
Just For Kicks Soccer
Score the winning goal or make a diving save! Learn dribbling, trapping, and more through drills and game play. Rules, strategy, and teamwork will be introduced. Parents allowed in first and last classes only at no extra charge.
Activity Code: 3RCE5901 (Section codes listed below)

Bay View (Ages 5-6) ..................... BV01
Sat, Jan 18-Mar 7, 8:15AM- 9:00AM
$14 Residents/$21 Non-Residents

Bay View (Ages 5-6) ..................... BV02
Sat, Jan 18-Mar 7, 11:15AM-12:00PM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 6-12) ............. BN01
Fri, Jan 31-Mar 20, 5:00PM- 6:00PM
$18 Residents/$27 Non-Residents

Hamilton (Ages 5-6) ..................... HA01
Sat, Jan 18-Mar 7, 8:30AM- 9:15AM
$14 Residents/$21 Non-Residents

Milwaukee Marshall (Ages 5-6) ....... MR01
Sat, Jan 18-Mar 7, 10:30AM-11:30AM
$18 Residents/$27 Non-Residents

Riverside (Ages 5-6) ..................... RS01
Sat, Jan 18-Mar 7, 2:00PM- 3:00PM
$18 Residents/$27 Non-Residents

SOCCER

Activity Code: 3RCE5901 (Section codes listed below)
**Mighty Mite Soccer**  
Quit kicking your brother or sister and kick a soccer ball instead! Learn the basics of soccer and how to play as part of a team. This class will teach dribbling, passing, and kicking. Take this opportunity to use the motor skills your child already has and focus them on an organized sport.  
**Activity Code:** 3RCE5902  
*(Section codes listed below)*

**Bay View (Ages 3-4) ....................... BV01**  
Sat, Jan 18-Mar 7, 9:15AM-10:00AM  
$14 Residents/$21 Non-Residents

**Bay View (Ages 3-4) ....................... BV02**  
Sat, Jan 18-Mar 7, 10:15AM-11:00AM  
$14 Residents/$21 Non-Residents

**Beulah Brinton (Ages 3-4) ............... BN01**  
Wed, Jan 29-Mar 18, 4:00PM-4:45PM  
$14 Residents/$21 Non-Residents

**Hamilton (Ages 3-4) ....................... HA01**  
Sat, Jan 18-Mar 7, 9:15AM-10:00AM  
$14 Residents/$21 Non-Residents

**Milwaukee Marshall (Ages 3-4) ...... MR01**  
(Not eligible for reduced fees)  
Sat, Jan 18-Mar 7, 11:30AM-12:00PM  
$10 Residents/$15 Non-Residents

**Riverside (Ages 3-4) ....................... RS01**  
Sat, Jan 18-Mar 7, 1:15PM-2:00PM  
$14 Residents/$21 Non-Residents

**First Step Soccer Instructional League**  
Your budding soccer players will participate in an instruction based soccer league with six games and two camps. Players will be split into teams at the end of the Week 1 camp. League play will focus on real soccer games and be run by both coaches and parents. Take the first step into competitive soccer with this fun course!  
**Activity Code:** 3RCE5904  
*(Section codes listed below)*

**Hamilton (Ages 5-6) ....................... HA01**  
Sat, Jan 18-Mar 7, 12:00PM-1:00PM  
$18 Residents/$27 Non-Residents

**Next Step Soccer Instructional League**  
Take the next step into competitive soccer with this course! In this course players will participate in an instruction based soccer league with six games and two camps. Players will be split into teams at the end of the Week 1 camp. League play will focus on real soccer games and be run by both coaches and parents. Whether you are an experienced player or it is your first time playing competitively this class is for you!  
**Activity Code:** 3RCE5905  
*(Section codes listed below)*

**Hamilton (Ages 7-9) ....................... HA01**  
Sat, Jan 18-Mar 7, 1:00PM-2:00PM  
$18 Residents/$27 Non-Residents

**GOALS Soccer Instructional League**  
Continue your soccer journey with this fun course! In this course players will participate in an instruction based soccer league with six games and two camps. Players will be split into teams at the end of the Week 1 camp. League play will focus on real soccer games and be run by both coaches and parents. Whether you are an experienced player or it is your first time playing competitively this is the class for you!  
**Activity Code:** 3RCE5906  
*(Section codes listed below)*

**Hamilton (Ages 10-13) ................... HA01**  
Sat, Jan 18-Mar 7, 2:00PM-3:00PM  
$18 Residents/$27 Non-Residents

**SPORTS AND RECREATION**

**Dodgeball**  
This is the way to throw something at somebody and not get in trouble for it! Brinton’s Youth Dodgeball is played with Gator balls which are foam and don’t hurt when they hit you. A staff member will referee each game.  
**Activity Code:** 3RCE6202  
*(Section codes listed below)*

**Beulah Brinton (Ages 8-12).............. BN01**  
Wed, Jan 29-Mar 18, 5:00PM-5:45PM  
$14 Residents/$21 Non-Residents

**Double Dutch**  
All ages are welcomed to join for some double dutch fun! Be prepared to learn an array of jumping and turning techniques with a single and double rope. Jumping rope is a great form of exercise. Let’s build stamina while having some jump rope fun!  
**Activity Code:** 3RCE6207  
*(Section codes listed below)*

**Milwaukee Marshall (Ages 5-13).....MR01**  
Sat, Jan 25-Mar 7, 10:30AM-11:30AM  
$16 Residents/$24 Non-Residents
TENNIS

Tennis

Tennis instruction will expose youth to backhand/forehand grips and strokes using the latest aerobic and physical fitness conditioning exercises. Rules of singles and doubles play will be covered with an emphasis on sportsmanship. Participants intermediate and above should have solid foundation in tennis.

Activity Code: 3RCE6501

(Section codes listed below)

Milwaukee Marshall (Ages 6-12) .... MR02 (Beg.)
Sat, Jan 18-Mar 7, 9:30AM-10:30AM
$18 Residents/$27 Non-Residents

Milwaukee Marshall (Ages 10-17) .. MR03 (Int./Adv.)
Sat, Jan 18-Mar 7, 10:30AM-11:30AM
$19 Residents/$29 Non-Residents

VOLLEYBALL

Volleyball Academy

Learn the fundamentals necessary to play more than ‘boom ball.’ This includes passing, serving, individual defense, setting and hitting approaches. Develop correct footwork, body positioning, timing, ball tracking and coordinated teamwork. Basic strategy and rules of the sport will be taught.

Activity Code: 3RCE6801

(Section codes listed below)

Beulah Brinton (Ages 7-10) ........... BN01
Wed, Jan 29-Mar 18, 4:00PM-5:00PM
$18 Residents/$27 Non-Residents

Beulah Brinton (Ages 11-16) ........... BN03
Wed, Jan 29-Mar 18, 5:00PM-6:00PM
$18 Residents/$27 Non-Residents

MacDowell (Ages 7-10) ................. JU01
Sat, Jan 18-Mar 7, 11:30AM-12:30PM
$18 Residents/$27 Non-Residents

MacDowell (Ages 11-14) ............... JU02
Sat, Jan 18-Mar 7, 12:45PM-1:45PM
$18 Residents/$27 Non-Residents

Special thanks to the sponsors who supported the 2019 MPS Run Back to School:

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Tennis
SHARPEN YOUR SKATES FOR WINTER!
FREE ICE RINK AT BURNHAM PLAYFIELD

This winter, Milwaukee Recreation will partner with the Epic Center Community Organization to bring FREE ice skating back to Burnham Playfield, 1755 S. 32nd St.

Open skating on Wednesdays - Fridays (4PM-8PM) and Saturdays & Sundays (12PM–4PM). January 4, 2020 through February 28, 2020 (as weather allows).

Rink Information:

- Skates available for youth and adults to borrow on-site
- Warming house on-site
- Tuesday pond hockey (register using activity code 5RAS8801–B201)
- Season opening information, special holiday hours, drop-in skate lessons, and theme nights schedule can be found on mkerec.net/icerink and facebook.com/milwaukeeerecreation

Call the Burnham Ice Rink Hotline (414.475.8192) for up-to-date information on rink closures based on weather/ice conditions.

For updates, text @skatemke to 81010
FAMILY CLASSES

Valentine Treats for Kids
Kids can learn how to make a variety of Valentine treats such as Easy Dessert Cups, Mini Cakes and other sweet treats. Parent/guardian must register, pay and attend with child. Fee is per person. Fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 3RCE3307
(Section codes listed below)

Riverside (Ages 4 & up) ..................RS01
Sat, Feb 8, 10:00AM-12:00PM
$8 Residents/$12 Non-Residents

Yoga - Family
The family that does yoga together is...the family that does yoga together. Share the knowledge of breathing and learning to balance while becoming stronger and more relaxed. Parent/guardian must register, pay, and attend with child. Fee is per person and not eligible for reduced fees. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 3RCE3311
(Section codes listed below)

Beulah Brinton (Ages 6 & up) ..........BN01
Thu, Jan 30-Mar 19, 5:00PM- 5:45PM
$15 Residents/$23 Non-Residents

Napkin Luminara
Bring on the Light! Join us to make a napkin luminara. These glass mason jar luminaras are fun to make and look beautiful in your window, mantle or table. Spend quality time creating a family heirloom having fun. All supplies are included. Parent/guardian must register, pay and attend with child. Fee is per person and not eligible for reduced fees.

Activity Code: 3RCE3322
(Section codes listed below)

Riverside (Ages 5 & up) ............... MR01
Wed, Feb 26, 6:00PM- 8:00PM
$20 Residents/$30 Non-Residents

Daddy Daughter Dance
Dads! It’s our 17th Anniversary of the Daddy/Daughter Dance! Enjoy a night out with that special little girl in your life. Join us for a fun-filled evening of food, prizes, and dancing while our live DJ plays the best dance hits from every era! The Daddy/Daughter Dance is appropriate for girls of all ages. You MUST be PRE-REGISTERED to attend and space is limited so sign up early! The pre-registration deadline is Monday, February 10th or until space is filled.

This event is made possible with the generous support of the Social Development Commission and the Milwaukee Fatherhood Initiative. We will be offering a Dinner and Dance option for $30.00 per adult, $10.00 for the first child, and $5.00 for each additional child. A dance only option is also available for $20.00 per adult and $5.00 for each child (limit three children for every one adult for both options). Adult registration includes one (1) complimentary photo.

Dinner open at 5:00 p.m. for pre-registered dinner/dance guests only. Dinner will be served from 5:15 to 6:15 p.m. Doors open at 6:15 p.m. for dance only guests. Fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P113301
(Section codes listed below)

North Division ................................ ND01
(Dinner & Dance)
Sat, Feb 15, 5:00PM- 8:00PM
$30 Residents/$30 Non-Residents

North Division (Ages 1-17) ............. ND02
(Dinner & Dance)
Sat, Feb 15, 5:00PM- 8:00PM
$10 Residents/$10 Non-Residents

North Division ................................ ND03
(Dance Only)
Sat, Feb 15, 6:15PM- 8:00PM
$20 Residents/$20 Non-Residents

North Division (Ages 1-17) ............. ND04
(Dance Only)
Sat, Feb 15, 6:15PM- 8:00PM
$5 Residents/$5 Non-Residents
OUTDOOR EDUCATION

Easter Egg Natural Dyes
Dye your Easter eggs naturally this year with colorful plants and fibers. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Eggs, dyes and decorating materials are provided.
Activity Code: 3P125002
(Hawthorn Glen (Ages 6 & up))
Sat, Jan 18-Jan 25, 1:00PM-3:00PM
$16 Residents/$24 Non-Residents

Hawthorn Glen (Ages 6 & up).......... HG01
Sat, Apr 4, 10:00AM-11:30AM
$5 Residents/$8 Non-Residents

Friday Night Tales for Tots
This nature tale time includes a story, craft, and nature hike, or trip to our nature museum. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 3P125004
(Hawthorn Glen (Ages 3 & up))
Fri, Jan 17, 6:00PM-7:30PM
$5 Residents/$8 Non-Residents

Hawthorn Glen (Ages 3 & up).......... HG02
Fri, Feb 14, 6:00PM-7:30PM
$5 Residents/$8 Non-Residents

Hawthorn Glen (Ages 3 & up).......... HG03
Fri, Mar 13, 6:00PM-7:30PM
$5 Residents/$8 Non-Residents

Slide & Glide - Learn How to Cross-Country Ski
Learn to ski at Hawthorn Glen. Classes consist of two 2-hour sessions. Most of the time will be spent on the snow. Equipment may be rented. Fees listed include both sessions. Equipment rental (Optional): $10.00 per person (Residents & Non-residents pay the same equipment fee.) Note: Please do not send equipment rental fee with your registration; rental fees will be collected the first day of classes. Family class is for participants ages 6 and up. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 3P125006
(Hawthorn Glen (Ages 6 & up))
Sat, Jan 18-Jan 25, 10:00AM-12:00PM
$16 Residents/$24 Non-Residents

Hawthorn Glen (Ages 6 & up).......... HG02
Sat, Feb 1-Feb 8, 10:00AM-12:00PM
$16 Residents/$24 Non-Residents

Maple Sugaring
Explore Hawthorn Glen in search of Wisconsin’s state tree, the sugar maple. Learn how to identify and tap a maple for sap (to boil into syrup). Learn the traditional way and modern way to create this valuable liquid food that once sustained the Native Americans and gives us tasty treats today. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Dress appropriately for an outdoor hike.
Activity Code: 3P125011
(Hawthorn Glen (Ages 6 & up))
Sat, Feb 1-Feb 8, 10:00AM-12:00PM
$16 Residents/$24 Non-Residents

Snowshoeing
The hottest thing in winter sports today is snowshoeing. It offers a great cardiovascular workout for people of every age and fitness level, and it gives you instant access to the forest and the peace provided by nature. It’s a low-impact sport, much simpler and safer than skiing. It’s an activity kids, adults, and even seniors can do. If you can walk, you can snowshoe! At Hawthorn Glen, the trails are lit by our candle luminaries for our night hike. For Lapham Peak, located in Delafield, information will be sent before the class. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Snowshoes are provided for participants and included in the cost.
Activity Code: 3P125009
(Hawthorn Glen (Ages 9 & up))
Sat, Feb 15, 6:00PM-8:00PM
$6 Residents/$9 Non-Residents

Lapham Peak (Ages 9 & up).......... LX01
Sat, Feb 22, 12:00PM-2:00PM
$6 Residents/$9 Non-Residents

Winter Bird Feeding
Many of our birds that brave the cold winter depend upon dried fruits and seeds for food to survive our harshest season. Learn which birds stay in Wisconsin throughout the winter and what else they need to survive. Listen to recordings of bird calls and learn to identify some of our feathered friends by the songs they sing, and even make your own feeder and other simple and fun hanging bird buffets to help our feathered friends during this chilly time. Open to bird watchers of all ages. Parent/guardian must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees. Dress appropriately for an outdoor hike.
Activity Code: 3P125012
(Hawthorn Glen (Ages 3 & up))
Sat, Feb 15, 10:00AM-11:30AM
$5 Residents/$8 Non-Residents

Winter Tracks
Find out who has been leaving their footprints in the snow. This winter, join our naturalists for an enjoyable animal-tracking slide show before going outdoors to look for animal tracks on the nature trails. Pick your favorite animal footprint and make a plaster cast to take home. Before you head home, have a cup of hot chocolate or hot cider. Snow conditions helpful, but not necessary. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.
Activity Code: 3P125013
(Hawthorn Glen (Ages 3 & up))
Sat, Feb 22, 9:30AM-11:00AM
$6 Residents/$9 Non-Residents
Cross Country Ski Rental at Hawthorn Glen
When snow conditions permit, come to Hawthorn Glen to rent our cross-country skis (boots, skis, and poles provided). A Wisconsin state I.D. or driver’s license must be used as a deposit. No reservations taken, just show up. Equipment is available on a first come, first served basis. The equipment may not leave Hawthorn Glen. Hawthorn Glen will determine snow conditions at the facility, please call (414) 475-5300 for more information. Instruction not included. Parent/guardian must register, pay, and attend with a child. Fee is per rental. Fees are non-refundable. On-Line registration is not available, just show up!

Hawthorn Glen (Ages 6 & up)
Sat, Jan 4-Feb 29, 1:00PM-4:00PM
$5 Residents/$8 Non-Residents

Hawthorn Glen (Ages 6 & up)
Sun, Jan 5-Mar 1, 11:00AM-4:00PM
$5 Residents/$8 Non-Residents

Marvelous Messy Mud
Let’s face it; we all love to play in the mud. We might also discover the creatures that call mud their home. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125022

Birdhouse Making
Make your yard a home for the birds when they return this spring. After migrating many birds are looking for a place to build a nest and this workshop will help you welcome them into your yard. We can help you construct a birdhouse that any feathered friend would be proud to call home. Birdhouses will be sized for small to medium birds, including Chickadees, Finches, Wrens, Swallows, Nuthatches and more. Pre-cut lumber and hands-on instruction provided. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P125023

Nature Watercolor Painting
In this beginner level class we will use nature as our inspiration to create beautiful works of art. This class will introduce the basics of watercolor painting and focus on color mixing, brush work skills, drawing and creating depth. Supplies will be provided. Class fee is non-refundable.

Activity Code: 3P125068

Birds and Bees
Join us for a walk through the woods and past displays. Winter Wonder Woods will feature a selfie station, Hiking Santa, educational facts along the trail, and more! Cozy up by the fireplace in our assembly room and enjoy seasonal music. Warm drinks and cookies will be available for purchase. Warm yourself at the outdoor fire pit and purchase a s’mores kit.

Drop in any night to register on site beginning at 5 p.m. or visit mkerec.net/wonderwoods for more information. Cost is $2/person (ages 2 & under are free). Pre-registration is not available. Please be advised - parking is limited for this event.

NEW: Winter Wonder Woods
Celebrate winter in style with Milwaukee Recreation’s Winter Wonder Woods! Join us, December 13 & 14 and December 20 & 21 from 5:00 p.m.–9:00 p.m. at Hawthorn Glen to experience seasonal serenity in the city while creating lasting memories and new traditions.

See Hawthorn Glen in a new light as you stroll through our trails that are twinkling with holiday cheer. Over 18,000 lights will illuminate the beauty of the Glen, winding you through the woods and past displays. Winter Wonder Woods will feature a selfie station, Hiking Santa, educational facts along the trail, and more!

Cozy up by the fireplace in our assembly room and enjoy seasonal music. Warm drinks and cookies will be available for purchase. Warm yourself at the outdoor fire pit and purchase a s’mores kit.

Drop in any night to register on site beginning at 5 p.m. or visit mkerec.net/wonderwoods for more information. Cost is $2/person (ages 2 & under are free). Pre-registration is not available. Please be advised - parking is limited for this event.

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.
SPACE SCIENCE

Visit Milwaukee’s Stars
Clear skies and long nights make winter a great time for star-gazing in Milwaukee. Learn how to locate the winter constellations: Leo, Virgo & Bootes. Behold the twinkle of the distant suns: Regulus, Spica and Arcturus; and the visible planets: Mercury, Venus, Mars, Neptune and Saturn. This Program is geared toward children, but can be enjoyed by adults. Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P126002
(Section codes listed below)

Hamilton (Ages 6 & up) .................. HA01
Tue, Feb 11, 6:30PM- 7:45PM
$4 Residents/$6 Non-Residents

Spring Equinox
The sun appears to be traveling north on its yearly cycle. The vernal equinox is approaching….Spring is almost here! Visit the planetarium and discover what it means and why the weather will begin to warm up. Parent/guardian must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 3P126021
(Section codes listed below)

Hamilton (Ages 6 & up) .................. HA01
Tue, Mar 10, 6:30PM- 7:45PM
$4 Residents/$6 Non-Residents

Cosmic Ice
Join us in the planetarium as we take a closer look at ice on Earth and in the cosmos. An adult must register, pay, and attend with a child. Fee is per person. Class fee is non-refundable and non eligible for reduce fees.

Activity Code: 3P126021
(Section codes listed below)

Hamilton (Ages 6-99) ..................... HA01
Tue, Jan 28, 6:30PM- 7:45PM
$4 Residents/$6 Non-Residents

CONGRATULATIONS, TONY WEBER!

Oak Ridge Farm’s Tony Weber to Retire from Milwaukee Recreation

Tony Weber, the Oak Ridge Farm Manager, is retiring from Milwaukee Public Schools after over 34 years of service within the Recreation department.

Tony has been dedicated to improving Oak Ridge Farm since he first joined MPS in April 1985. When Weber first landed the gig, Oak Ridge was bringing in a little over 2,000 visitors each year. In his three-and-a-half decades with the department, Weber has managed a 10-fold increase of the farm’s yearly visitors.

“When I first started, we had a couple cows, goats, and sheep,” Weber said. “Now it is a full farming operation.”

Oak Ridge Farm, located in Dousman, WI, has played host to many events over the years, and now features plenty of programming options, including Snowshoeing, Dairy Farm Fun Days, Wisconsin Farm History, Beeswax Candle Making, and more! Weber has been instrumental in turning Oak Ridge Farm into an ideal location for school field trips and students of all ages. Weber firmly believes that Oak Ridge Farm is one of Wisconsin’s best-kept secrets.

Of course, retirement is not going to prevent Tony from still working the farm; Weber and his wife recently purchased a small farm for his post-Oak Ridge days.

“I’ll miss the people in our Recreation department,” Weber said. “Everyone is very approachable, very supportive, and very friendly.”

Congratulations, Tony, and good luck with retirement!

NEW: FUN THINGS TO DO ON YOUR DAY OFF OF SCHOOL!

Family Indoor Movie | Hawthorn Glen
Monday, January 20th, 1pm-3pm | Indoor Movie - Happy Feet

Cross Country Skiing & Toboggan Rental | Hawthorn Glen
Monday, February 17th and Tuesday, February 18th, 9am - 3pm.
All-day cross-country skiing and toboggan rentals for families! After your winter activity come inside the field house and warm up by the fire.
Cross-Country Ski Rental ages 6 & up: $5.00 Resident, $8.00 Non-Resident
Toboggan Rental: $3.00 (1-hour rental)
The Hausmann Nature Center is nestled in a beautiful wooded setting inside the Lapham Peak Unit of Kettle Moraine State Forest, just 30 miles west of Milwaukee. It is a perfect place to host birthday parties, showers, wedding receptions, or business meetings/retreats.

Hours of availability are approximately 8 AM - 10 PM, with several different rental options.

For pricing and more information visit mkerec.net/LPRental. Please call (414) 647-6050 to make your reservations.

Hawthorn Glen is a perfect place to host a small gathering. Reserve your next birthday party, shower, family event or meeting space with us! (March - November)

- Assembly Room (indoor), maximum 65 people
- Picnic Area #1, maximum 150 people
- Picnic Area #2, maximum 75 people

For reservations or more information, call the Outdoor Education Office at (414) 777-7888.

Additional information is available at: mkerec.net/Hawthorn-Glen

The Little Nature Museum & see animals native to Wisconsin, including tree frogs, several species of turtles & snakes, and many birds, even a hawk.
Guidelines from the American Red Cross. Please read to choose the appropriate swim level for your child(ren).

<table>
<thead>
<tr>
<th>Level</th>
<th>Requirements</th>
<th>Course Description</th>
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</thead>
<tbody>
<tr>
<td>Infant</td>
<td>Ages 6 mos. to 18 mos.</td>
<td>The infant program introduces the child to water in a friendly environment. The program’s focus is exploration and includes songs and games. Parents will gain tips in water safety for their infants.</td>
</tr>
<tr>
<td>Lil’ Squirt</td>
<td>Ages 18 mos. to 36 mos.</td>
<td>Lil’ Squirt swim lessons acquaint the child with water through a combination of songs, games and basic water skills such as kicking and floating. Water safety practices will also be included.</td>
</tr>
<tr>
<td>Tiny-Tot</td>
<td>Ages 3-4 yrs.</td>
<td>Tiny-tots build elementary aquatic skills including independent floating, breath control and rudimentary paddling techniques. Safety skills include “breaking” the over-confident toddler to allow your child to realize what it takes to swim independently in water.</td>
</tr>
<tr>
<td>Advanced Tiny-Tot</td>
<td>Ages 4-5 yrs.</td>
<td>Participants are introduced to elementary swimming skills such as kicking in a variety of ways, floating, and rhythmic breathing. This course serves as an appropriate transition to Level One. Parents will elaborate on safety skills, including swimming with their tot in tow.</td>
</tr>
<tr>
<td>Little Lv. 1 OR</td>
<td>Ages 4-6 yrs.</td>
<td>In the Lil’ Level 1/2 classes, the same elementary aquatic skills from Level One/Two are taught (see descriptions below.) In addition to meeting minimum 42” height requirement, your youngster should be able to be in class without you for the 45 minute class period. Instructors will advise promotion options based on age &amp; skill.</td>
</tr>
<tr>
<td>Little Lv. 2</td>
<td>Age 6 mos. to 18 mos.</td>
<td>In Level 1, elementary aquatic skills are taught, which children will build on as they progress through the six Learn-to-Swim levels. In addition to rhythmic breathing and floating, skills include various kicks and arm strokes. At this level, children also start to develop positive attitudes and safe practices around the water.</td>
</tr>
<tr>
<td>Level One</td>
<td>Age 6-14 yrs.</td>
<td>The objective of Level 2 is to give children success with fundamental skills. Children learn: floating without support and recovering to a vertical position, exploring simultaneous and alternating arm and leg motion to lay the foundations for future strokes. An introduction to deep water is included in this course.</td>
</tr>
<tr>
<td>Water Exploration</td>
<td>Age 6-14 yrs.</td>
<td>Level 3 builds on the skills learned in Level 2 by providing additional guided practice. Children learn: coordinating the front crawl, elementary backstroke, fundamentals of treading water, rules for head first entries and additional safety skills. Most importantly, children who successfully complete this course will be ready to swim in deep water.</td>
</tr>
<tr>
<td>Level Two</td>
<td>Age 6-14 yrs.</td>
<td>The objective of Level 4 is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Children learn: improved skills and increased endurance in the familiar strokes (front/back crawl), and are introduced to the elementary backstroke, breaststroke, sidestroke, and butterfly.</td>
</tr>
<tr>
<td>Fundamental Aquatic Skills</td>
<td>Age 6-14 yrs.</td>
<td>Level 6 refines all 6 strokes. Children learn: advanced techniques in all strokes (front/back crawl, butterfly, breaststroke, elementary backstroke, sidestroke) and will increase their distance endurance. Flip turns at the wall and improved diving skills will provide the student with the essentials to pursue swimming as a sport.</td>
</tr>
<tr>
<td>Level Three</td>
<td>Age 6-15 yrs.</td>
<td>The objective of Level 5 is to coordinate the strokes that were introduced in 4. Students will put together the mechanics for elementary backstroke, breaststroke, sidestroke and butterfly. Underwater swimming &amp; surface dives will also be included.</td>
</tr>
<tr>
<td>Level Stroke</td>
<td>Age 6-16 yrs.</td>
<td>The objective of Level 7 is to fine-tune swimming strokes to allow students to swim with efficiency and power. Four distinct Level 7 modules allow swimmers to broaden their aquatics skills into 4 different areas. Module options include: Personal Water Safety (7PWS), Fundamentals of Diving (7D), Fitness Swimmer (7FS), and Lifeguard Readiness (7LR). Please check the listing to determine which modules are offered this season.</td>
</tr>
<tr>
<td>Development</td>
<td>Age 6-16 yrs.</td>
<td>The objective of Level 6 is to refine skills in all strokes (front/back crawl, butterfly, breaststroke, elementary backstroke, sidestroke) and will increase distance endurance. Flip turns at the wall and improved diving skills will provide the student with the essentials to pursue swimming as a sport.</td>
</tr>
<tr>
<td>Level Four</td>
<td>Age 6-16 yrs.</td>
<td>The objective of Level 7 is to fine-tune swimming strokes to allow students to swim with efficiency and power. Four distinct Level 7 modules allow swimmers to broaden their aquatics skills into 4 different areas. Module options include: Personal Water Safety (7PWS), Fundamentals of Diving (7D), Fitness Swimmer (7FS), and Lifeguard Readiness (7LR). Please check the listing to determine which modules are offered this season.</td>
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<td>Level Five</td>
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<td>Advanced</td>
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<td>Strokes</td>
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<td>Improvement</td>
<td>Age 6-16 yrs.</td>
<td>The objective of Level 7 is to fine-tune swimming strokes to allow students to swim with efficiency and power. Four distinct Level 7 modules allow swimmers to broaden their aquatics skills into 4 different areas. Module options include: Personal Water Safety (7PWS), Fundamentals of Diving (7D), Fitness Swimmer (7FS), and Lifeguard Readiness (7LR). Please check the listing to determine which modules are offered this season.</td>
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<td>Level Six</td>
<td>Age 6-16 yrs.</td>
<td>The objective of Level 7 is to fine-tune swimming strokes to allow students to swim with efficiency and power. Four distinct Level 7 modules allow swimmers to broaden their aquatics skills into 4 different areas. Module options include: Personal Water Safety (7PWS), Fundamentals of Diving (7D), Fitness Swimmer (7FS), and Lifeguard Readiness (7LR). Please check the listing to determine which modules are offered this season.</td>
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<td>Stroke Refinement</td>
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<td>Swimming</td>
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<td>Proficiency</td>
<td>Age 6-16 yrs.</td>
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<td>4 MODULES Read</td>
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LAP SWIM & FREE COMMUNITY SWIM

LAP SWIM

Ages 14 and up. Lanes available on a first come, first serve basis. Circle swimming recommended. Swim caps required.

Lap Swim Punch Passes* may be purchased at your local community center and are valid for one year from date of purchase.

*Please do not send money in the mail for these passes. 10 punch pass: $15 OR $2 per swim paid to community center upon arrival.

Gaenslen Elementary
FRIDAYS, JAN. 24 – MAR. 13; 7:00PM-8:00PM Warm-Water Walk

Hamilton High School
SATURDAYS, JAN. 18 – MAR. 12; 7:40AM -8:30AM

Madison (James Madison Academic Campus)
TUESDAYS, JAN. 21 – MAR. 10; 7:00PM-8:00PM

Riverside High School
SATURDAYS, JAN. 18 – MAR. 7; 8:00AM -9:00AM
MONDAY & WEDNESDAY, JAN. 22 – MAR. 11;
8:25PM -9:25PM (Guards Leave at 9PM when no swimmers)

FREE Community Swim

Enjoy FREE swimming at your local community center. Children 7 years of age and under MUST BE accompanied and supervised in the water by a responsible adult. Participants must furnish a towel, suit, and swim cap. Swim caps available for purchase at pool for $2.

Gaenslen Elementary
WEDNESDAYS, JAN. 22 – MAR. 11; 6:45PM-8:15PM

MacDowell Montessori (2 lap lanes available upon request)
SATURDAYS, JAN. 18 – MAR. 7; 3:15PM -4:15PM

South Division High School
THURSDAYS, JAN. 23 – MAR. 12; 6:45PM-8:15PM

Vincent High School
WEDNESDAYS, JAN. 22 – MAR. 11; 6:45PM-8:15PM

TWILIGHT CENTER SWIM

Twilight Teen Centers are safe places for teens ages 12 – 18 to hang out with friends. Registration for the program is free and available at each center location.

Bay View TWILIGHT CENTER Swim*
MONDAY, WEDNESDAY, SATURDAY; JAN. 6 – MAR. 11
6:05PM - 8:35PM

Pulaski TWILIGHT CENTER Swim
SATURDAY; JAN. 18 – MAR. 7
6:05PM - 8:35PM

North Division TWILIGHT CENTER Swim*
MONDAY, WEDNESDAY, SATURDAY; JAN. 22 – MAR. 11
6:05PM - 8:35PM

South Division TWILIGHT CENTER Swim*
MONDAY, WEDNESDAY, SATURDAY; JAN. 6 – MAR. 11
6:05PM - 8:35PM

*Parents and caregivers with minor children may attend the above Twilight Swim Sessions. As always, any child under the age of 7 must be accompanied IN THE WATER with a responsible adult.

GENERAL SWIM INFORMATION

What to Bring to — Swimsuit, towel, and swim cap. Swim caps must be worn by all individuals entering the pool (exception made for infants, Lil’ squirts and shallow water exercisers who do not submerge head). Swim caps may be purchased at the recreation office for $2. Please report 10 minutes before class starts.

Height Requirements (Ages 6-14) — Students must meet the listed minimum height for each pool. Most pools have a 48” height requirement. For youth who are 42”-48” a six-inch booster step may also be available. Children not able to comfortably stand in the shallow end of the pool (with or without a booster step) should be enrolled in an Infant, Lil’ Squirt, Tiny-Tot or Advanced Tiny-Tot class where a parent/guardian must accompany the child in the water.

Water Temperature — Normal water temperature is 78-82° F. The only exceptions are Gaenslen Elementary and Marshall therapy pools which range 86-89° F.

Lockers — Participants may bring a padlock for lockers. All swim gear must be removed after each class. Children five years of age or under may accompany their parent/guardian in the locker room. Children ages six and up should use the locker rooms that correspond to their gender identity.

Pre-Testing — A pre-test is given to swimmers in levels 2-6 on the first day of class to ensure that the swimmer is in the appropriate level. Instructors reserve the right to recommend alternate classes for those students unable to complete pre-tests.

Testing — Testing of swim skills learned generally occurs during the second to last lesson, and last lesson. Parents/caregivers will be given certificates on the last day indicating which level to enroll in next.

Infant and Tiny-Tot Requirements — Diapers: Regular disposable diapers are not permitted as they disintegrate in the pool. Either disposable “Little swimmers” or reusable swim diapers are required.

Parent Attendance — Parents/caregivers must accompany their children in the water for all Infant, Lil’ Squirt, Tiny-Tot, and Adv. Tiny-Tot classes.

Second Child in Class — If a parent/caregiver has more than one child enrolled in Infant, Lil’ Squirt, Tiny-Tot or Advanced Tiny-Tot classes, the second child must be accompanied by a responsible person 16 years of age or older.

Make-up Policy — The Recreation Division works diligently to ensure that our pools stay in working operation to offer consistency in our programs. In the event that more than one class is cancelled due to circumstances we cannot control, we will work to make-up the missed class at a later date. When a make-up date is unavailable, credits for the missed class will be applied to your Milwaukee Recreation account.

For general Twilight Center information, please visit:
mkerec.net/twilight
As the American Red Cross celebrates its Centennial SWIM campaign, Milwaukee Recreation and the Red Cross have partnered to offer $5 swim classes at four qualifying locations across Milwaukee:

**Madison HS**: 8135 W. Florist Ave.
**Milw. HS of the Arts**: 2300 W. Highland Ave.
**North Division HS**: 1011 W. Center St.
**Vincent HS**: 7501 N. Granville Rd.

These four locations will offer $5 swim opportunities for youth and adults, and are available to both residents and non-residents. Online registration begins on Dec. 10 at mkerec.net/five. If you have any questions, please call (414) 475 - 8180.

**MADISON**

<table>
<thead>
<tr>
<th>Time</th>
<th>Level</th>
<th>Class#</th>
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<tr>
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<td>$5 Tot</td>
<td>#3RAQ10574-MA01</td>
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<tr>
<td>6:05PM</td>
<td>$5 LV 2</td>
<td>#3RAQ10502-MA01</td>
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<tr>
<td>7:00PM</td>
<td>$5 Adult*</td>
<td>#3RAQ10504-MA01</td>
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<tr>
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<td>$5 LV 1</td>
<td>#3RAQ10501-MA01</td>
</tr>
<tr>
<td>6:25PM</td>
<td>$5 LV 3</td>
<td>#3RAQ10503-MA01</td>
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<tr>
<td>7:20PM</td>
<td>$5 Family</td>
<td>#3RAQ10533-MA01</td>
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<tr>
<td>9:00AM</td>
<td>$5 LV 3</td>
<td>#3RAQ10505-MA02</td>
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<tr>
<td>9:55AM</td>
<td>$5 LV 2</td>
<td>#3RAQ10502-MA02</td>
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<tr>
<td>10:50AM</td>
<td>$5 LV 1</td>
<td>#3RAQ10501-MA02</td>
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<tr>
<td>11:45AM</td>
<td>$5 Tot</td>
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**MILWAUKEE HIGH SCHOOL OF THE ARTS**

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<tbody>
<tr>
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<tbody>
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**VINCENT**

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<tbody>
<tr>
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<tr>
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<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>9:00AM</td>
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<tr>
<td>9:55AM</td>
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<td>#3RAQ10502-VN02</td>
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<tr>
<td>10:50AM</td>
<td>$5 Tot</td>
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<tr>
<td>11:25AM</td>
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**NORTH DIVISION**

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<td>$5 LV 1</td>
<td>#3RAQ10501-ND01</td>
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<table>
<thead>
<tr>
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<th>Class#</th>
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</thead>
<tbody>
<tr>
<td>5:30PM</td>
<td>$5 Family</td>
<td>#3RAQ10533-ND01</td>
</tr>
<tr>
<td>6:30PM</td>
<td>$5 Tot</td>
<td>#3RAQ10574-ND01</td>
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<table>
<thead>
<tr>
<th>Time</th>
<th>Level</th>
<th>Class#</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30AM</td>
<td>$5 LV 2</td>
<td>#3RAQ10502-ND01</td>
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<tr>
<td>9:25AM</td>
<td>$5 LV 1</td>
<td>#3RAQ10501-ND02</td>
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<td>10:20AM</td>
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<tr>
<td>10:55AM</td>
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</table>

Scan the QR code to visit mkerec.net/five to learn more about the $5 swim program!
**BAY VIEW BOYS POOL**

**Tuesday, Jan 21 - Mar 10**
- Class# 3RAQ7403-BV02 Time 5:30PM Level Tiny Tot
- Class# 3RAQ0511-BV02 Time 6:05PM Level 1

**Thursday, Jan 23 - Mar 12**
- Class# 3RAQ7404-BV02 Time 5:30PM Level Adv. Tiny Tot
- Class# 3RAQ0512-BV02 Time 6:20PM Level 2

**Saturday, Jan 18 - Mar 7**
- Class# 3RAQ0505-BV01 Time 8:40AM Level 5
- Class# 3RAQ0501-BV01 Time 8:40AM Level 1
- Class# 3RAQ0502-BV01 Time 9:35AM Level 2
- Class# 3RAQ0506-BV01 Time 9:35AM Level 6
- Class# 3RAQ0509-BV01 Time 10:30AM Level 7 FS
- Class# 3RAQ0503-BV01 Time 10:30AM Level 3
- Class# 3RAQ0504-BV01 Time 11:25AM Level 4
- Class# 3RAQ0501-BV02 Time 11:25AM Level 1

**BAY VIEW GIRLS POOL**

**Tuesday, Jan 21 - Mar 10**
- Class# 3RAQ7401-BV02 Time 5:30PM Infant
- Class# 3RAQ0501-BV01 Time 6:05PM Level 1

**Thursday, Jan 23 - Mar 12**
- Class# 3RAQ7402-BV03 Time 5:30PM Lil’ Squirts

**Saturday, Jan 18 - Mar 7**
- Class# 3RAQ7401-BV01 Time 8:40AM Infant
- Class# 3RAQ7402-BV02 Time 9:15AM Lil’ Squirts
- Class# 3RAQ7403-BV01 Time 9:50AM Tiny Tot
- Class# 3RAQ7404-BV01 Time 10:30AM Adv. Tiny Tot
- Class# 3RAQ0511-BV01 Time 11:20AM Lil’ Level 1
- Class# 3RAQ0512-BV01 Time 12:10PM Lil’ Level 2

**GAENSLEN**

**Monday, Jan 27 - Mar 16**
- Class# 3RAQ7404-GS02 Time 5:50PM Level 4
- Class# 3RAQ0504-GS02 Time 5:50PM Level 3
- Class# 3RAQ0501-GS02 Time 6:45PM Level 1
- Class# 3RAQ0503-GS02 Time 6:45PM Level 3

**Tuesday, Jan 21 - Mar 10**
- Class# 3RAQ0506-GS02 Time 5:50PM Level 6
- Class# 3RAQ0511-GS02 Time 5:50PM Lil’ Level 1
- Class# 3RAQ0512-GS02 Time 6:45PM Lil’ Level 2
- Class# 3RAQ0505-GS02 Time 6:45PM Level 5

**Wednesday, Jan 22 - Mar 11**
- Class# 3RAQ0503-GS03 Time 5:50PM Level 3
- Class# 3RAQ0512-GS03 Time 5:50PM Lil’ Level 2

**Thursday, Jan 23 - Mar 12**
- Class# 3RAQ7403-GS02 Time 5:35PM Tiny Tot
- Class# 3RAQ0502-GS02 Time 6:05PM Level 2
- Class# 3RAQ0504-GS03 Time 6:05PM Level 4

**Friday, Jan 24 - Mar 13**
- Class# 3RAQ7401-GS01 Time 5:35PM Infant
- Class# 3RAQ0505-GS01 Time 6:25PM Lil’ Squirts
- Class# 3RAQ0501-GS03 Time 6:55PM Lil’ Level 1

**Saturday, Jan 18 - Mar 14**
- Class# 3RAQ7401-GS01 Time 8:40AM Infant
- Class# 3RAQ7402-GS02 Time 9:15AM Lil’ Squirts
- Class# 3RAQ7403-GS03 Time 9:50AM Tiny Tot
- Class# 3RAQ7404-GS03 Time 10:25AM Adv. Tiny Tot
- Class# 3RAQ0501-GS01 Time 12:40PM Level 1
- Class# 3RAQ0505-GS01 Time 12:40PM Level 1
- Class# 3RAQ0505-GS01 Time 13:35PM Level 5
- Class# 3RAQ0502-GS01 Time 13:35PM Level 2
- Class# 3RAQ0503-GS01 Time 2:30PM Level 3
- Class# 3RAQ0512-GS01 Time 2:30PM Lil’ Level 2

**HAMILTON**

**Monday, Jan 27 - Mar 16**
- Class# 3RAQ7402-HA02 Time 6:05PM Level 5
- Class# 3RAQ0511-HA03 Time 6:05PM Level 1
- Class# 3RAQ0503-HA03 Time 6:55PM Level 6
- Class# 3RAQ0502-HA03 Time 6:55PM Level 2

**Wednesday, Jan 22 - Mar 11**
- Class# 3RAQ0505-HA02 Time 6:05PM Level 5
- Class# 3RAQ0501-HA03 Time 6:05PM Lil’ Level 1
- Class# 3RAQ0503-HA03 Time 6:55PM Level 6
- Class# 3RAQ0502-HA03 Time 6:55PM Level 2

**Thursday, Jan 23 - Mar 12**
- Class# 3RAQ7401-HA01 Time 8:35AM Infant
- Class# 3RAQ7402-HA01 Time 9:10AM Lil’ Squirts
- Class# 3RAQ7403-HA01 Time 9:45AM Tiny Tot
- Class# 3RAQ0509-HA01 Time 10:10AM Level 7 - FS
- Class# 3RAQ0504-HA01 Time 10:20AM Adv. Tiny Tot
- Class# 3RAQ0506-HA01 Time 11:05AM Level 6
- Class# 3RAQ0511-HA02 Time 11:10AM Lil’ Level 1
- Class# 3RAQ0505-HA01 Time 12:35PM Infant
- Class# 3RAQ0501-HA01 Time 12:35PM Level 5
- Class# 3RAQ0503-HA01 Time 13:30PM Level 4
- Class# 3RAQ0505-HA01 Time 1:30PM Level 2
- Class# 3RAQ0503-HA02 Time 2:25PM Level 3
- Class# 3RAQ0503-HA02 Time 3:20PM Level 3
- Class# 3RAQ0501-HA02 Time 3:20PM Level 1

**Swim Lesson Prices**

<table>
<thead>
<tr>
<th>CLASS</th>
<th>AGES</th>
<th>FEE</th>
<th>CLASS</th>
<th>AGES</th>
<th>FEE</th>
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<tbody>
<tr>
<td>Infant</td>
<td>6–18 mos.</td>
<td>$32 Res</td>
<td>Adv. Tots</td>
<td>4-5 yrs.</td>
<td>$36 Res</td>
</tr>
<tr>
<td>Lil’ Squirts</td>
<td>18-36 mos.</td>
<td>$32 Res</td>
<td>Lil’ Lv. 1/2</td>
<td>4-6 yrs.</td>
<td>$36 Res</td>
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<td>Tiny-Tot</td>
<td>3-4 yrs.</td>
<td>$32 Res</td>
<td>Levels 1–7</td>
<td>6-16 yrs.*</td>
<td>$36 Res</td>
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</table>

* See level description on page 29 for ages. NON-RESIDENTS PAY DOUBLE LISTED FEES. LENGTH OF CLASSES VARY.

**TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.**
MACDOWELL

**Wednesday, Jan 22 - Mar 11**

<table>
<thead>
<tr>
<th>Class#</th>
<th>Time</th>
<th>Level</th>
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<tbody>
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<td>#3RAQ0501-JU02</td>
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**Saturday, Jan 18 - Mar 7**

<table>
<thead>
<tr>
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<th>Level</th>
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<tbody>
<tr>
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<td>#3RAQ0503-JU01</td>
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MARSHALL

**Monday, Jan 27 - Mar 16**

<table>
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<th>Time</th>
<th>Level</th>
</tr>
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<tbody>
<tr>
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<tr>
<td>#3RAQ0511-MR01</td>
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<td>Lil’ Level 1</td>
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<tr>
<td>#3RAQ0503-MR03</td>
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<td>#3RAQ0512-MR01</td>
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<td>Lil’ Level 2</td>
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**Wednesday, Jan 22 - Mar 11**

<table>
<thead>
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<tbody>
<tr>
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<td>#3RAQ0501-MR03</td>
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**Thursday, Jan 23 - Mar 12**

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<tbody>
<tr>
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<tr>
<td>#3RAQ0520-MR03</td>
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<td>Level 2</td>
</tr>
<tr>
<td>#3RAQ0504-MR02</td>
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**Saturday, Jan 18 - Mar 14**

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<tr>
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<td>10:05AM</td>
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<tr>
<td>#3RAQ7402-MR01</td>
<td>10:05AM</td>
<td>Lil’ Squirts</td>
</tr>
<tr>
<td>#3RAQ0506-MR01</td>
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<td>Level 6</td>
</tr>
<tr>
<td>#3RAQ0503-MR01</td>
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<td>Tiny Tot</td>
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<td>#3RAQ0501-MR01</td>
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<td>#3RAQ7404-MR01</td>
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RIVERSIDE

**Saturday, Jan 18 - Mar 7**

<table>
<thead>
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<th>Time</th>
<th>Level</th>
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<td>#3RAQ0506-RS01</td>
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<td>Level 6</td>
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<tr>
<td>#3RAQ0502-RS01</td>
<td>1:55PM</td>
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SOUTH

**Saturday, Jan 18 - Feb 22**

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<td>#3RAQ0502-SD02</td>
<td>10:30AM</td>
<td>Infant</td>
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<tr>
<td>#3RAQ0504-SD01</td>
<td>10:30AM</td>
<td>Level 4</td>
</tr>
<tr>
<td>#3RAQ0506-SD01</td>
<td>11:15AM</td>
<td>Lil’ Squirts</td>
</tr>
<tr>
<td>#3RAQ0503-SD02</td>
<td>11:35AM</td>
<td>Level 3</td>
</tr>
<tr>
<td>#3RAQ0503-SD03</td>
<td>12:00PM</td>
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<td>#3RAQ0502-SD02</td>
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<td>Level 2</td>
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**HEIGHT REQUIREMENTS**

- Bayview 42”
- Gaenslen 36”
- Hamilton 48”
- MacDowell 48”
- Madison 48”
- Marshall 48”
- North Division 48”
- Riverside 48”
- South Division 48”
- Vincent 48”

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**SEMI-PRIVATE SWIM**

Ages 6-14; 1 to 4 children per class. These lessons provide a smaller student to teacher ratio and greater individual attention. The small class size is especially beneficial for students with elevated fear of the water or anxiety about the learn to swim process.

$60 Resident/$120 Non-Resident

**NOT ELIGIBLE FOR REDUCED FEES**

**BAY VIEW BOYS POOL**

**Tuesday, Jan 21 - Mar 10**

<table>
<thead>
<tr>
<th>Class#</th>
<th>Time</th>
<th>Level</th>
</tr>
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<tbody>
<tr>
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**BAY VIEW GIRLS POOL**

**Tuesday, Jan 21 - Mar 10**

<table>
<thead>
<tr>
<th>Class#</th>
<th>Time</th>
<th>Level</th>
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**Thursday, Jan 23 - Mar 12**

<table>
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<th>Time</th>
<th>Level</th>
</tr>
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<tbody>
<tr>
<td>#3RAQ7303-BV01</td>
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<td>Level 3 SP</td>
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**MARSHALL**

**Tuesday, Jan 21 - Mar 10**

<table>
<thead>
<tr>
<th>Class#</th>
<th>Time</th>
<th>Level</th>
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</thead>
<tbody>
<tr>
<td>#3RAQ7302-MR01</td>
<td>6:25PM</td>
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<tr>
<td>#3RAQ7301-MR01</td>
<td>6:25PM</td>
<td>Level 1 - SP</td>
</tr>
<tr>
<td>#3RAQ7301-MR02</td>
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<td>Level 1 - SP</td>
</tr>
<tr>
<td>#3RAQ7303-MR01</td>
<td>6:55PM</td>
<td>Level 3 - SP</td>
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**RIVERSIDE**

**Saturday, Jan 18 - Mar 7**

<table>
<thead>
<tr>
<th>Class#</th>
<th>Time</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>#3RAQ0504-RS01</td>
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<tr>
<td>#3RAQ0501-RS01</td>
<td>10:30AM</td>
<td>Level 1 SP</td>
</tr>
<tr>
<td>#3RAQ0502-RS02</td>
<td>11:05AM</td>
<td>Level 2 SP</td>
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<tr>
<td>#3RAQ0501-RS02</td>
<td>11:05AM</td>
<td>Level 1 SP</td>
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<tr>
<td>#3RAQ0503-RS01</td>
<td>11:40AM</td>
<td>Level 3 SP</td>
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<tr>
<td>#3RAQ0501-RS03</td>
<td>11:40AM</td>
<td>Level 1 SP</td>
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</tbody>
</table>
ADULT SWIM

Adult Swim Lessons
If you are a beginning swimmer, this class will orient you to swimming essentials so you will feel comfortable in and around water. You will learn basic swim strokes and water safety techniques. Intermediate swimmers will work on refining swimming strokes. Swimming caps are required and are available at the pools for $2.00.
Activity Code: 3RAQ0401

Bay View (Ages 17 & up) .......... BV01
Tue, Jan 21-Mar 10, 7:35PM-8:35PM
$36 Residents/$48 Non Residents

Gaenslen (Ages 17 & up) .......... GS01
Mon, Jan 23-Mar 16, 7:40PM-8:40PM
$36 Residents/$48 Non Residents

Milwaukee Marshall (Ages 17 & up)MR01
Sat, Jan 18-Mar 7, 9:00AM-10:00AM
$36 Residents/$48 Non Residents

Milwaukee Marshall (Ages 17 & up)MR02
Wed, Jan 22-Mar 11, 7:45PM-8:45PM
$36 Residents/$48 Non Residents

South Division (Ages 17 & up) .......... SD01
Sat, Jan 18-Feb 22, 1:20PM-2:20PM
$36 Residents/$48 Non Residents

Fear Factor SP Adult Swim
If the reason you avoid situations that involve water is due to ‘aqua-phobia’ this class is for you. You and 3 other students will receive specialized instruction to overcome your fear of water and even get you swimming!
Activity Code: 3RAQ0402

Bay View (Ages 17 & up) .......... BV01
Thu, Jan 23-Feb 12, 7:15PM-8:15PM
$60 Residents/$90 Non Residents

Gaenslen (Ages 17 & up) .......... GS01
Tue, Jan 21-Mar 10, 7:40PM-8:40PM
$60 Residents/$90 Non Residents

MacDowell (Ages 17 & up) .......... JU01
Wed, Jan 22-Mar 11, 7:30PM-8:30PM
$60 Residents/$90 Non Residents

Milwaukee Marshall (Ages 17 & up)MR01
Sat, Jan 18-Mar 7, 3:15PM-4:15PM
$60 Residents/$90 Non Residents

AQUA FITNESS

Aqua Boot Camp
Make your muscles burn so that your metabolic engine will stay lit, scorching calories long after your swimsuit has dried. A powerful class for men and women, you will need to bring hand-held weights between 3-5 pounds and a water bottle to stay hydrated. Water shoes recommended. Training tactics may not be appropriate for beginning exercisers, persons with special needs or those who wish not to get their hair wet.
Activity Code: 3RAQ0301

MacDowell ................................ JU01
Tue, Jan 21-Mar 10, 7:50PM-9:00PM
$36 Residents/$48 Non Residents

Riverside .................................. RS01
Sat, Jan 18-Mar 7, 9:05AM-10:25AM
$36 Residents/$48 Non Residents

Aqua Zumba®
The hottest fitness craze hits the cool water in the pool. Plan to have so much fun in this Latin-themed pool party that you’ll never miss the calories you leave behind. Water shoes recommended. Please bring a water bottle.
Activity Code: 3RAQ0302

Hamilton .................................. HA01
Thu, Jan 23-Mar 12, 7:45PM-8:45PM
$36 Residents/$48 Non Residents

MacDowell ................................ JU01
Sat, Jan 18-Mar 7, 11:15AM-12:05PM
$36 Residents/$48 Non Residents

Milwaukee Marshall ..................... MR01
Tue, Jan 21-Mar 10, 7:30PM-8:30PM
$36 Residents/$48 Non Residents

Riverside .................................. RS01
Thu, Jan 23-Mar 12, 7:30PM-8:30PM
$36 Residents/$48 Non Residents

Aquanatal
Are you expecting? Water exercise can provide many benefits to expecting and postpartum mothers including reduced joint and back pain. Enjoy all the elements of water exercise modified to reduce twisting and high-impact moves to accommodate your growing baby. Physician approval recommended.
Activity Code: 3RAQ0303

Hamilton .................................. HA01
Tue, Jan 22-Mar 10, 5:55PM-6:55PM
$36 Residents/$48 Non Residents

Deep Water Aerobics
Changing the medium in which you workout challenges the body, building muscle in places you may not have felt before. In the gym trainers use Bosu platforms and exercise balls to destabilize the environment; in the water, we take the floor away! Participants will be provided a floatation belt.
Activity Code: 3RAQ0305

YoQUA Fusion
Specially designed water exercise to ease the mind and restore the body. Gentle movements to increase flexibility and renew your spirit will be interspersed with moderate cardiovascular exercise to maintain body temperature. Participants may use floatation belts (provided) for some portions of this class.
Activity Code: 3RAQ0307

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.
**Competitive Swim - Pre-Academy**

Ages 4-12. For the beginning swimmer interested in joining the swim team. Swimmers must be able to swim one full length (25 yards) of the pool on their back and stomach. Swimmers are not allowed to participate without proof of enrollment. Swimmers unable to complete prerequisite swim at first practice may be referred to a lesson program to develop swim ability. Not eligible for reduced fees.

**Activity Code:** 3RCS0803

- **MacDowell (Ages 4-19)**
  - JU01
  - Tue/Thu, Jan 7-Mar 12, 5:30PM-6:15PM
  - $40 Residents/$80 Non-Residents

- **Pulaski (Ages 4-19)**
  - PK01
  - Mon/Wed, Jan 6-Mar 11, 5:30PM-6:15PM
  - $40 Residents/$80 Non-Residents

- **Riverside (Ages 4-19)**
  - RS01
  - Mon/Wed, Jan 6-Mar 11, 5:30PM-6:15PM
  - $40 Residents/$80 Non-Residents

**Competitive Swim - Extra Practice**

Extra Practice is an opportunity for swim team members of Intermediate and Advanced competitive swim programs to swim an additional practice per week. Swimmer must first be enrolled in either Intermediate or Advanced Competitive Swim to be eligible for this option. Not eligible for reduced fees. Family discount does not apply.

**Activity Code:** 3RCS0804

- **MacDowell (Ages 4-19)**
  - JU01
  - Mon, Jan 6-Mar 9, 5:30PM-7:00PM
  - $24 Residents/$48 Non-Residents

**Competitive Swim - Late Winter**

This course number is established for Boys exiting HS swim season mid-winter and joining USS Age Group swim teams.

**Activity Code:** 3RCS0806

- **MacDowell (Ages 4-19)**
  - JU01
  - Tue/Thu, Feb 3-Mar 12, 6:15PM-7:15PM
  - $30 Residents/$60 Non-Residents

- **Pulaski (Ages 4-19)**
  - PK01
  - Mon/Wed/Thu, Feb 3-Mar 12, 6:15PM-7:15PM
  - $30 Residents/$60 Non-Residents

- **Riverside (Ages 4-19)**
  - RS01
  - Mon/Wed/Thu, Feb 3-Mar 12, 6:15PM-7:15PM
  - $30 Residents/$60 Non-Residents

**TRAINING AND HIRING LIFEGUARDS FOR MILWAUKEE RECREATION POOLS!**

Starting pay: $12-14 per hour

**COURSE COST**

- **Training Cost:** $35
- **Coupon Code(s):** Lifeguard Training

**SKILLS TO BE TESTED**

1. **Swim 300 yards** (breast stroke and/or front crawl without flip turns.)
2. **Tread water without using your hands for two minutes.**
3. **Retrieve and return a 10-pound brick from the bottom of a pool in 100 seconds.** (Time ends when trainee and brick are out of the water.)

(Training cost is reimbursed if pre-test is not passed.)

Working hours can be scheduled around school hours and extracurricular activities. Opportunities for raises, further training, and advancement.

Visit mkerec.net/lifeguard to:
- Schedule a pretest
- Apply for a position
- Find program information & pool locations
**Water Aerobics - Adult**

Increase flexibility, muscle strength and endurance without joint discomfort of traditional land exercise. Sign up now to make your workout fun, not a bore or a chore.

*Activity Code: 3RAQA006*  
*(Section codes listed below)*

**Gaenslen** ....................................... GS01  
Wed, Jan 22-Mar 11, 4:45PM- 5:45PM  
$36 Residents/$48 Non-Residents

**Gaenslen** ....................................... GS03  
Fri, Jan 24-Mar 13, 4:45PM- 5:45PM  
$36 Residents/$48 Non-Residents

**Gaenslen** ....................................... GS02  
Mon, Jan 27-Mar 16, 4:45PM- 5:45PM  
$36 Residents/$48 Non-Residents

**Hamilton** ....................................... HA02  
Wed, Jan 22-Mar 11, 7:50PM- 8:50PM  
$36 Residents/$48 Non-Residents

**Hamilton** ....................................... HA01  
Mon, Jan 27-Mar 16, 7:50PM- 8:50PM  
$36 Residents/$48 Non-Residents

**Milwaukee Marshall** ..................... MR01  
Thu, Jan 23-Mar 12, 7:45PM- 8:45PM  
$36 Residents/$48 Non-Residents

**Riverside** ..................................... RS02  
Wed, Jan 22-Mar 11, 7:20PM- 8:20PM  
$36 Residents/$48 Non-Residents

**Riverside** ..................................... RS01  
Mon, Jan 27-Mar 16, 7:20PM- 8:20PM  
$36 Residents/$48 Non-Residents

**LGI Polish Session**

The American Red Cross Lifeguard Instructor Polish Session is for Lifeguard Instructors with CURRENT certification who wish to fulfill the requirements for re-certification. To be eligible for this course, current LGI or LGIT’S must first complete the online re-certification presentation available at the American Red Cross Instructors corner. If you have not been invited to complete the online presentation you will need to contact the Red Cross to confirm your eligibility.

*Activity Code: 3RAQA006*  
*(Section codes listed below)*

**Gaenslen** ....................................... GS01  
Sat, Jan 4, 9:00AM- 4:00PM  
$60 Residents/$60 Non-Residents

**LifeGuard Training**

Ages 15 and above. American Red Cross Lifeguard Training will give you the skills and knowledge needed to prevent and respond to aquatic emergencies. This course includes: water rescue skills, first aid and CPR. Prerequisites include: Swim 300 yards NON-STOP (using breaststroke and front crawl), Submerge 10-12 feet to retrieve a 10 pound brick and tread 2 minutes without hands. Successful participants from this class will be considered for immediate employment opportunities. Must attend a pre-course date before enrolling. 7 hours of on-line learning also accompany this course. Link to online content issued at the pre-course session. Instructor: Denzel Shareef. Alternate Pre-Course dates available by appointment prior to listed pre-course sessions.

*Activity Code: 3RAQA006*  
*(Section codes listed below)*

**Gaenslen (Ages 15-80)** ............... GS01  
(Mandatory Precourse session on February 15 at Gaenslen from 8:45 - 10:45AM)  
Sat, Feb 22-Mar 14, 8:45AM- 4:45PM  
$100 Residents/$300 Non-Residents

**South Division (Ages 15-80)** ............... SD01  
(Pre-Course is on Monday, April 6 from 8:45 - 10:45am. You will be dismissed at 10:45am on Monday April 6 and sent home with a link to complete 7 hours of online learning that must be complete before returning to class on Tuesday.)  
Mon-Thu, Apr 6-Apr 9, 8:45AM- 4:45PM  
$100 Residents/$300 Non-Residents

**WSI - Water Safety Instructor**

Age 16 & Above. The American Red Cross Water Safety Instructor (WSI) course will train candidates to teach a variety of swim classes including: Learn to Swim levels 1 - 6 for youth, multiple levels of parent-child aquatics and preschool aquatics, 3 levels of swimming for adults and MORE! Prerequisites TESTED at a determined Pre-Course Date include: 25 yards of proficient swimming in: Front Crawl, Back Crawl, Breaststroke, Sidestroke, Elementary Backstroke, Butterfly, 2 minutes of treading in deep water and a head first entry (dive) into deep water. In addition to class time, 9 ON-LINE lessons must be completed with the American Red Cross to become eligible for certification. Successful participants may be considered for immediate employment opportunities with Milwaukee Recreation Aquatics. Course is not eligible for reduced fees.

*Activity Code: 3RAQA006*  
*(Section codes listed below)*

**South Division (Ages 16-80)** ............... SD01  
(MUST attend pre-course session on Wednesday, March 18 at South Division from 6:00 - 7:30 PM to gain eligibility for the course. Bring suit and goggles to pre-course session. Successful candidates will be given a link to complete up to 9 hours of online learning before attending the first water session on Monday, April 6.)  
Mon-Wed, Apr 6-Apr 8, 8:45AM- 4:15PM  
$160 Residents/$240 Non-Residents
ADULT COMP SWIM

Master's Swim - Weekdays
The Master’s Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 3RCS0701
(Section codes listed below)

MacDowell (Ages 16 & up) ......... JU01
(Daily Ground Option Train 4 days per week.)
Mon-Fri, Jan 6-Mar 13, 5:15AM - 6:15AM
$72 Residents/$108 Non-Residents

MacDowell (Ages 16 & up) .......... JU04
(Daily Ground Option Train 4 days per week.)
Mon-Fri, Jan 6-Mar 13, 6:15AM - 7:15AM
$72 Residents/$108 Non-Residents

MacDowell (Ages 16 & up) .......... JU05
(Monday Evening Option)
Mon, Jan 6-Mar 9, 7:00PM - 8:00PM
$38 Residents/$57 Non-Residents

MacDowell (Ages 16 & up) .......... JU03
(Half Ground Option - Select 2 days of 4 to train.)
Tue/Thu, Jan 7-Mar 12, 5:15AM - 6:15AM
$56 Residents/$84 Non-Residents

MacDowell (Ages 16 & up) .......... JU02
(Half Ground Option - Select 2 days of 4 to train.)
Tue/Thu, Jan 7-Mar 12, 6:15AM - 7:15AM
$56 Residents/$84 Non-Residents

Pulaski (Ages 16 & up) ............ PK01
(Thursday Evening Option)
Thu, Jan 9-Mar 12, 7:30PM - 8:30PM
$38 Residents/$57 Non-Residents

Riverside (Ages 16 & up) .......... RS01
(Tuesday Evening Option)
Tue, Jan 10-Mar 12, 7:30PM - 8:30PM
$38 Residents/$57 Non-Residents

Master’s Swim - Weekend
The Master’s Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 3RCS0702
(Section codes listed below)

MacDowell (Ages 16 & up) .......... JU01
(Early Weekend: Triathlon Focus)
Sat, Jan 4-Mar 7, 7:25AM - 8:25AM
$38 Residents/$57 Non-Residents

MacDowell (Ages 16 & up) .......... JU02
(Later Weekend: Lifetime Fitness)
Sat, Jan 4-Mar 7, 8:25AM - 9:25AM
$38 Residents/$57 Non-Residents

Triathlon Cross Training
Coach Paul wants this to be the year you conquer your first triathlon! Triathlon specific swim techniques and tips will only be the beginning. Utilize the adjacent, newly expanded bike trails and improve running both on an outdoor track for drills and through the nearby parks for distance. Minimum recommended fitness level to be comfortable in class include: 50 yards of nonstop swim ability, 20 minute of jogging stamina and comfortable on your own bike.

Activity Code: 3RCS0704
(Section codes listed below)

Riverside (Ages 16 & up) ........... RS01
Tue, Jan 21-Mar 10, 6:00PM - 7:30PM
$42 Residents/$56 Non-Residents

YOUTH COMP SWIM

Competitive Swim - Advanced
Advanced Competitive Swim Club is for experienced swimmers who have been recommended by a coach to participate at the highest level of competition. New members should seek the approval of a coach by setting up a placement session at the pool. No swimmers allowed to participate without proof of enrollment. NOT ELIGIBLE FOR REDUCED FEES. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.

Activity Code: 3RCS0801
(Section codes listed below)

MacDowell (Ages 4-19) .............. JU01
Tue/Thu/Sat, Jan 4-Mar 12, 6:15PM - 7:45PM
$80 Residents/$160 Non-Residents

Pulaski (Ages 4-19) ................. PK01
Mon/Wed/Thu, Jan 6-Mar 12, 5:30PM - 7:00PM
$80 Residents/$160 Non-Residents

Riverside (Ages 4-19) .............. RS01
Mon/Wed/Thu, Jan 6-Mar 12, 6:45PM - 7:15PM
$80 Residents/$160 Non-Residents

Competitive Swim - Intermediate
Intermediate Competitive swimmers should have graduated from our Pre-Competitive Academy by recommendation of the swim coach or have completed Level 4 of the Learn to Swim program. Swimmers are not allowed to participate without proof of enrollment. Not eligible for reduced fees. Additional family members enrolling in Competitive Swim pay 50% of the listed fees.

Activity Code: 3RCS0802
(Section codes listed below)

MacDowell (Ages 4-19) .............. JU01
Tue/Thu/Sat, Jan 4-Mar 7, 6:15PM - 7:15PM
$60 Residents/$120 Non-Residents

Pulaski (Ages 4-19) ............... PK01
Mon/Wed/Thu, Jan 6-Mar 12, 6:15PM - 7:15PM
$60 Residents/$120 Non-Residents

Riverside (Ages 4-19) ............. RS01
Mon/Wed/Thu, Jan 6-Mar 12, 6:15PM - 7:15PM
$60 Residents/$120 Non-Residents
ARC TRAINING

CPR Review
Anyone who has had CPR training in the past 24 months and would like to renew their certification is eligible to take this CPR Review Course which includes AED training and Adult/Child CPR. (Does NOT include INFANT training.) The class will follow Red Cross guidelines. You do not have to have had Red Cross training to be eligible for this course. Must pass written examinations to be eligible for certification. Course fee includes a Ready Reference card. Textbook available on-line at www.redcross.org or available for purchase $10.00 (optional). Refund requests must be made one week prior to class date.

Activity Code: 3RAE0201

Hamilton (Ages 16 & up) .............. HA01
Thu, Jan 9, 5:45PM-8:45PM
$36 Residents/$54 Non-Residents

OASIS (Ages 16 & up) ................. 5506
Sat, Jan 11, 8:30AM-11:30AM
$36 Residents/$54 Non-Residents

CPR with AED
Don’t delay if someone you know has a heart attack. Learn to help someone who is choking, unconscious, or has no pulse. This course is taught using the American Red Cross Adult and Child CPR standards. Wear comfortable clothing. Refund requests must be made one week prior to class date.

Activity Code: 3RAE0202

MacDowell (Ages 16 & up) ........... JU01
Tue, Jan 7, 5:15PM-8:45PM
$54 Residents/$72 Non-Residents

First Aid Course
This course offers basic first aid skills outlined by the American Red Cross. Dress for practical application of skills learned. A 15 question written exam will be conducted at the conclusion of class. Refund requests must be made one week prior to class date.

Activity Code: 3RAE0203

MacDowell (Ages 16 & up) ........... JU01
Tue, Jan 14, 5:45PM-8:45PM
$32 Residents/$48 Non-Residents

ARTS & CRAFTS

Drawing & Painting
Whether you are a beginner or a pro, join us for adventures in all types drawing and painting! Work independently or follow weekly lessons and challenges to grow your artistic skills! Above all, have fun! Basic supplies will be provided. If you have any questions, please contact us at (414) 647-6041.

Activity Code: 3R550902

Enderis Playfield (Ages 50 & up) ..... EF01
Tue, Jan 7-Mar 3, 5:00PM-7:00PM
$23 Residents/$35 Non-Residents

Craft Club
Crafting fun for everyone. No experience necessary! Explore all types of crafts in a friendly and nurturing atmosphere! Be amazed at your secret creative skills! A $20.00 (cash only) supply fee is due to the instructor at the first class. If you have any questions, please contact us at (414) 647-6041.

Activity Code: 3R550903

Enderis Playfield (Ages 50 & up) ..... EF01
Tue, Jan 7-Mar 3, 9:00AM-12:00PM
$15 Residents/$23 Non-Residents

Explore Mixed Media
Make beautiful collage with paper, torn magazine pages, texture paste, stamps, paint, matte medium or mod podge, and much more. Each project is uniquely your own. Class is for all skill levels. After you master the basics, you may continue in the next session with additional projects such as paint pouring, Shibori dyeing, and alcohol inks to name a few. Basic supplies will be provided. If you have any questions, please contact us at (414) 647-6041.

Activity Code: 3R550914

OASIS ...................................... 5501
Mon, Feb 17-Mar 23, 12:30PM-2:30PM
$26 Residents/$39 Non-Residents

OASIS ...................................... 5502
Wed, Feb 19-Mar 25, 12:30PM-2:30PM
$26 Residents/$39 Non-Residents
Acrylic Painting
This is an exciting, intuitive, hands-on class for anyone who wants to have fun while learning how easy it is to produce impressive acrylic paintings using dynamic and intuitive painting techniques! No previous painting ability is required. You do not have to be an artist to participate, but if you are already experienced, this new approach may just take your own work to new heights! A demonstration begins each class. Supply list will be provided on class receipt. Riverside class taught by Fred Bell. OASIS will be provided on class receipt. Riverside class taught by Laura Easley-Jones.
Activity Code: 3RAE0901
(Section codes listed below)
Riverside ............................... RS01
Tue, Jan 21-Mar 10, 6:00PM-8:00PM
$44 Residents/$66 Non-Residents

Basic Jewelry Making
Make beautiful jewelry by starting easy with a pair of earrings; progress to a bracelet and then a necklace. Class is for beginners or crafters with little beading experience. Instructor will provide coaching on crimping, use of soft wires, clasps, jump rings, split rings, multi-strand bracelets and necklaces, making wrapped loops, use of tools, and making your project fit well. A $5.00 (cash only) supply fee will be due to the instructor at the first class. Students will be provided a list of supplies/materials to purchase for weeks 2-6.
Activity Code: 3RAE0902
(Section codes listed below)
Milwaukee Marshall ........................ MR01
Sat, Jan 18-Mar 7, 10:00AM-11:30AM
$34 Residents/$51 Non-Residents

Creative Crochet Techniques
This class will review basic stitches before practicing heavier texture stitches like popcorns, shells, and post stitches. After creating swatches, we will discuss how to turn these stitches into winter accessories, like scarves, cowls, or hats. Once prepared for winter, we’ll start thinking spring. Focus will be on mesh and lace stitches. We will create swatches and learn to block these items, then discuss how to turn lightweight fabrics into beautiful summer shawls or home items. Bring a skein of light colored yarn of your choice with an appropriate hook (check the yarn label for hook size).
Activity Code: 3RAE0903
(Section codes listed below)
Beulah Brinton .............................. BN01
Mon, Jan 27-Mar 16, 10:30AM-11:30AM
$24 Residents/$36 Non-Residents

Landscape Painting
This relaxing class will explore landscape painting in the comfort of the classroom. We will use acrylics and work from photos. The goal of the class is to develop your own interpretation. Class starts with a short demonstration to get you started. Learn to paint and change the way you see the world. Supply list will be provided on class receipt.
Activity Code: 3RAE0907
(Section codes listed below)
Riverside ................................. RS01
Wed, Jan 22-Mar 11, 6:00PM-8:00PM
$44 Residents/$66 Non-Residents

Oil Paint Studio
Students will learn basic oil painting techniques and tips for beginning their own project. Time will be split between short lessons and personal studio time allowing the students to work on their painting and request assistance. Supply list will be provided at the first class.
Activity Code: 3RAE0909
(Section codes listed below)
MacDowell ............................. JU01
Mon, Jan 27-Mar 16, 6:30PM-8:00PM
$34 Residents/$51 Non-Residents

Painting Portraits from Photos
Painting in acrylic or oil we will learn to see others in an artistic way. Realizing your own approach will be the goal of this class. We will start with a drawing and progress onto painting. Bone structure, muscles and anatomy will be covered. Each class starts with a short demonstration to get you started. Supply list will be provided on class receipt.
Activity Code: 3RAE0910
(Section codes listed below)
Riverside ................................. RS01
Mon, Jan 27-Mar 16, 6:00PM-8:00PM
$44 Residents/$66 Non-Residents

Crocheting / Knitting
Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn, a crochet hook, and knitting needles.
Activity Code: 3RAE0905
(Section codes listed below)
Hamilton .................................... HA01
Mon, Jan 27-Mar 16, 6:30PM-8:30PM
$44 Residents/$66 Non-Residents

OASIS .......................... 5501
Mon, Jan 6-Feb 10, 9:30AM-11:30AM
$26 Residents/$39 Non-Residents

OASIS .......................... 5502
Wed, Jan 8-Feb 12, 9:30AM-11:30AM
$26 Residents/$39 Non-Residents

OASIS .......................... 5503
Mon, Feb 17-Mar 23, 9:30AM-11:30AM
$26 Residents/$39 Non-Residents

OASIS .......................... 5504
Wed, Feb 19-Mar 25, 9:30AM-11:30AM
$26 Residents/$39 Non-Residents

MacDowell ............................. JU01
Mon, Jan 27-Mar 16, 6:30PM-8:00PM
$34 Residents/$51 Non-Residents

Hamilton .................................... HA01
Mon, Jan 27-Mar 16, 6:30PM-8:30PM
$44 Residents/$66 Non-Residents

Milwaukee Marshall ...................... MR01
Mon, Jan 27-Mar 16, 6:30PM-8:30PM
$44 Residents/$66 Non-Residents

Parkside .................................... FR01
Wed, Jan 29-Mar 18, 6:00PM-8:00PM
$44 Residents/$66 Non-Residents

OASIS .................................. 5501
Mon, Jan 6-Feb 10, 9:30AM-11:30AM
$26 Residents/$39 Non-Residents

Milwaukee Marshall ...................... MR01
Sat, Jan 18-Mar 7, 10:00AM-11:30AM
$34 Residents/$51 Non-Residents
**Watercolor Painting**
Create splendid, watercolor images applying magical layering of this transparent media. Explore expressive, effortless methods and techniques. Instructor offers demos and enthusiastic, personal guidance. Bring supplies to all sessions (call Brinton for supply list 414-481-2494).

*Activity Code: 3RAE0917 (Section codes listed below)*

**Parkside** ........................................ FR01
(Beg.)
Thu, Jan 9-Jan 23,  6:00PM- 8:00PM
$19 Residents/$29 Non-Residents

**Parkside** ........................................ FR02
(Int.)
Thu, Jan 9-Jan 23,  7:00PM- 9:00PM
$19 Residents/$29 Non-Residents

**Parkside** ........................................ FR03
(Beg.)
Thu, Feb 13-Feb 27,  6:00PM- 8:00PM
$19 Residents/$29 Non-Residents

**Parkside** ........................................ FR04
(Int.)
Thu, Feb 13-Feb 27,  7:00PM- 9:00PM
$19 Residents/$29 Non-Residents

**Parkside** ........................................ FR05
(Beg.)
Thu, Mar 12-Mar 26,  6:00PM- 8:00PM
$19 Residents/$29 Non-Residents

**Parkside** ........................................ FR06
(Int.)
Thu, Mar 12-Mar 26,  7:00PM- 9:00PM
$19 Residents/$29 Non-Residents

**Learn to Crochet Appliqués**
Crochet flowers, hearts, stars, and more! Appliqués and motifs can be used to embellish clothing, accessories, and home goods. This class will help you make popular motifs while reviewing techniques like creating a magic circle, binding off, changing color, and blocking your work. Please bring a skein of yarn with a corresponding hook. A light weight, size 3, cotton yarn is recommended, but is not necessary to practice these projects.

*Activity Code: 3RAE0927 (Section codes listed below)*

**Beulah Brinton** .............................. BN01
Sat, Mar 28,  9:00AM-12:00PM
$11 Residents/$17 Non-Residents

**Glass Blowing**
Come melt your problems away—Experience Glass Blowing. All classes work on aspects of blocking, marvering, shaping and applying color. Students will create their own work of art in one workshop. The individual process takes approximately 20 minutes per student. Please arrive at least 15 minutes before the start of your class to discuss safety procedures and choose colors. Your individual art piece may be picked up 48 hours after your experience. Please ask your instructor for pick up times. Bring water and snacks to class. Fee includes supply cost and is non-refundable. Classes held at: Square One Art Glass, 5322 W. Vliet Street, www.squareoneartglass.com

*Activity Code: 3RAE0928 (Section codes listed below)*

**Square One Art Class** ..................... SG01
(Bowls)
Mon, Jan 6,  6:00PM- 8:00PM
$50 Residents/$75 Non-Residents

**Square One Art Class** ..................... SG02
(Orb)
Sat, Jan 18, 12:00PM- 2:00PM
$40 Residents/$60 Non-Residents

**Square One Art Class** ..................... SG03
(Paperweight Bill)
Sat, Feb 8, 12:00PM- 2:00PM
$50 Residents/$75 Non-Residents

**Square One Art Class** ..................... SG04
(Bowls)
Mon, Feb 24,  6:00PM- 8:00PM
$50 Residents/$75 Non-Residents

**Square One Art Class** ..................... SG05
(Orb)
Mon, Mar 9,  6:00PM- 8:00PM
$40 Residents/$60 Non-Residents

**Square One Art Class** ..................... SG06
(Paperweight Bill)
Sat, Mar 21, 10:00AM-12:00PM
$50 Residents/$75 Non-Residents

**Square One Art Class** ..................... SG07
(Bowls)
Sat, Apr 11, 12:00PM- 2:00PM
$50 Residents/$75 Non-Residents

**Square One Art Class** ..................... SG08
(Gazing Ball)
Mon, Apr 20,  6:00PM- 8:00PM
$50 Residents/$75 Non-Residents

**Iroquois Raised Beading**
The Iroquois developed this technique during the Victorian Era to sell beading art to help support their families. Learn simple Iroquois raised beading techniques and learn the history and culture of the Haudenosaunee (People of the Longhouse). A $15.00 (cash only) supply fee is due to the instructor at the first class.

*Activity Code: 3RAE0936 (Section codes listed below)*

**Open Sewing**
This class is for people who have some sewing experience. If you need some time that you can dedicate to finishing your sewing projects, this class is for you. Come ready with your ideas/unfinished projects and let’s have some fun! Bring your own machine/thread, or use the machines provided. Irons and ironing boards also available. Prerequisite for this class is Sewing 101 or previous sewing experience.

*Activity Code: 3RAE0959 (Section codes listed below)*

**Survival Sewing**
Learn the basics of operating a sewing machine by sewing straight and curved lines and turning corners on paper. In this class you will learn how to sew a button on material, thread the sewing machine and a simple pillow with fabric to make a hem. Bring basic sewing supplies which include scissors, sewing pins, seam ripper and fabric to class. This class is for beginners and those who want to be able to utilize a sewing machine or fixing sewing problems at home.

*Activity Code: 3RAE0977 (Section codes listed below)*
Portraiture in Oil or Acrylic
Learn realistic paint-handling techniques in the service of realistic portraiture. Learn to use glazes, apply paint alla prima, and both techniques together. Bring a photo of you would like to paint from to class. You will learn how to transfer the image to board accurately using the grid method. You will create a value version of your portrait, and add color and depth as you go. Students have the option of either oil or acrylic. Lessons will be given in facial structure and anatomy, so that you understand how the human head is constructed, as well as time tested tips on how to make your portrait more appealing and interesting than even the original photograph. All supplies included. Just bring your photo(s). Class fee is non-refundable.

Activity Code: 3RAE0980
(Activity codes listed below)

Vincent ....................................... VN01
Wed, Feb 5-Feb 26,  6:00PM- 8:00PM
$34 Residents/$51 Non-Residents

Create with Alcohol Inks
Alcohol inks are a colorful, fast-drying medium used for non-porous surfaces such as ceramic or glass, but can also be used with paper. They are easily blended to create your own vibrant colors. Let us introduce you to yet another creative medium to explore. Join us in decorating three ceramic tiles as well as designing on paper. A $5.00 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 3RAE0981
(Activity codes listed below)

Hamilton ....................................... HA01
Thu, Feb 27,  6:30PM- 8:30PM
$8 Residents/$12 Non-Residents

Drawing Portraits in Pencil
Learn timeless, approachable artistic techniques for achieving a likeness and improving appeal and appearance using pencil and charcoal. Students will learn to measure, graph or transfer a likeness. The accurate likeness will then be embellished with blending techniques from hatching to smudging to traditional blending. Theories about lighting, seeing, and interpretation will give you new insight and where to give emphasis and punch to your portraits. All supplies included. Class fee is non-refundable.

Activity Code: 3RAE0982
(Activity codes listed below)

Explore the Art of Sketching
In this course, you will learn how to use your imagination. We will cover one and two point perspective and how to calculate that when laying out a design. We will touch on figure and motion, light and shadow, and how things develop to look real, not flat. You will be using graphite and pencil with highlights. Students my bring objects along that they want to learn to draw. This class will focus on how to develop a sense of dimension within the minds eye and then how to put that down onto paper. A $10.00 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 3RAE0985
(Activity codes listed below)

Explore Watercolor Painting
This is an introduction course to techniques of painting with water colors. Course will introduce students to application techniques and different ways to prep painting surfaces as well as discuss the fundamental differences in painting with water color versus painting with acrylics. Course will cover three different forms of watercolor mediums. A $10.00 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 3RAE0992
(Activity codes listed below)

Explore Painting with Acrylics
Learn how to apply, blend, and layer and the correct way of mixing colors. We will discuss how colors of light affects the colors of the object when it is lit. Students are encouraged to bring photographs they would like to paint within each class. A $10.00 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 3RAE0986
(Activity codes listed below)

Weather Policy & Program Cancellations:
School Day Cancellations: If weather conditions cause Milwaukee Public Schools to close or dismiss early, recreation programs will be canceled. Weekend weather cancellations for MPS recreation activities, interscholastic athletics/academics, and MPS music lessons will be announced via the MPS website (mpsmke.com), social media, and local media.
**WEAVING AND FIBER ARTS**

**ABK Weaving Center**
Gaenslen School
1250 E. Burleigh St.
414-267-5771
www.abkweavingcenter.com

**Weaving Basics and Beyond**
Beginners will learn to warp the loom and weave a sampler of patterns. Weavers beyond beginning level continue the learning process with a project of choice. Fee does not include materials purchased from weaving center. Fee includes supply cost and is non-refundable.

*Activity Code: 3RAE6905 (Section codes listed below)*

**Bobbin Lace**
Bobbin lace is a form of weaving that dates back to the 16th Century. Intro students will learn how to wind the bobbins (warp), the 3 basic stitches, and read a pattern. Continuing students must have taken Intro to Bobbin Lace class and will work on their own projects. Instructor: Naomi Holthaus

*Activity Code: 3RAE6911 (Section codes listed below)*

Gaenslen ........................ GS01
(Beg)
Tue, Jan 27-Mar 16, 1:00PM-3:00PM
$34 Residents/$34 Non-Residents

Gaenslen ........................ GS03
(Beg, Overlaps with Int./Adv course)
Wed, Jan 22-Feb 19, 9:30AM-1:30PM
$54 Residents/$54 Non-Residents

Gaenslen ........................ GS04
(Int./Adv, Instructor: Judy Larsen)
Wed, Jan 22-Feb 19, 9:30AM-1:30PM
$54 Residents/$54 Non-Residents

Gaenslen ........................ GS05
(Int/Adv Instructor: Peggy MacArthur)
Wed, Jan 22-Mar 11, 6:00PM-8:30PM
$54 Residents/$54 Non-Residents

Gaenslen ........................ GS06
(Adv ONLY)
Thu, Jan 23-Mar 12, 6:00PM-8:30PM
$54 Residents/$54 Non-Residents

Gaenslen ........................ GS08
(Instructor: Sue Knowlton)
Sat, Jan 25-Mar 14, 9:00AM-11:30AM
$54 Residents/$54 Non-Residents

Gaenslen ........................ GS02
(Int/Adv)
Mon, Jan 27-Mar 16, 10:00AM-12:30PM
$54 Residents/$54 Non-Residents

**Tapestry Weaving**
Tapestry weaving is the ideal way to create visual impact using the warp as your canvas and yarn as your paint. This class will be tailored both for those who have no tapestry experience and for those who know the basics but need assistance in translating their skills into a woven design piece. The first class will include instruction on warping looms and provide an overview of the basic tapestry techniques and how they can be used in design, providing review for those with experience and inspiration for beginners. Following this introduction each student will move at their own pace as they learn or master the basic tapestry techniques. Bring a small tapestry loom to class or rent one from the ABK Weaving Center. For more information contact.

*Activity Code: 3RAE6919 (Section codes listed below)*

Gaenslen ........................ GS01
Mon, Jan 27-Mar 16, 1:00PM-3:00PM
$34 Residents/$34 Non-Residents

**Bead Loom Weaving**
Weaving beads with a loom is a beautiful and traditional Native American art form that is easy to learn. The beads are locked in between the warp threads by the weft threads. First, an entire row of beads is strung on the warp thread. Then the beads are pressed back through the beads above the warp threads to lock the beads into place. This class will teach the basics of seed based weaving. A $5.00 (cash only) supply fee is due to the instructor at the first class.

*Activity Code: 3RAE6949 (Section codes listed below)*

Gaenslen ........................ GS01
Sat, Feb 1, 10:00AM-1:30PM
$21 Residents/$21 Non-Residents

**Zen Stitch**
Stitching by hand is a way to stimulate your inner creativity and become present in the moment. In this class we will explore Zen stitchery through hand sewing, embroidering, and embellishing with beads, buttons and baubles as a way to transform materials while relaxing and letting go of everyday worries. You can stitch away for the sheer pleasure of doing so, or work toward a creative project to tell your personal story through a pillow, book cover, bag or even a small quilt.

*Activity Code: 3RAE6955 (Section codes listed below)*

Gaenslen ........................ GS01
Wed, Jan 22-Mar 11, 1:00PM-3:30PM
$34 Residents/$34 Non-Residents

**Tapestry Weaving**
Not Your Grandma’s Knitting
Learn to knit and make cool contemporary accessories with your first project! This group includes continuing students and beginners. Instructor: MaryLee Knowlton

*Activity Code: 3RAE6903 (Section codes listed below)*

Gaenslen ........................ GS01
Thu, Jan 23-Mar 12, 4:00PM-6:00PM
$35 Residents/$35 Non-Residents

**More Basics and Beyond**
Intended for Weaving Basics & Beyond students who wish to extend their weaving time until the fall session ends to finish a project. Instructor: Judy Larsen

*Activity Code: 3RAE6902 (Section codes listed below)*

Gaenslen ........................ GS01
Wed, Feb 26-Mar 11, 9:00AM-11:30AM
$35 Residents/$35 Non-Residents

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.
CONGRATULATIONS, MS. RED!

Datherine Young-Garrett, a field attendant at Wick Playfield, was named the 2019 Barbara Leszczynski Customer Service Award winner! Young-Garrett, more commonly known as “Ms. Red,” is a friendly face for everyone who uses Wick Playfield.

Michelle Walters, Milwaukee Recreation’s Financial Planning and Budget Analyst, nominated Garrett because she creates such a welcoming atmosphere for all participants.

“She not only completes her job duties, she goes above and beyond to make every guest feel welcome,” Walters said. “She cheers for the underdog team and provides pointers on how to improve their game.”

Young-Garrett will even keep track of items people lose at the playfield, and will hold onto and return the items for their next visit. Young-Garrett is the first field attendant to win the award in its 10-year history. She has also instructed the Junior Chef class at the Milwaukee Marshall High School Community Center for the past seven years.

Milwaukee Recreation would not be the same without Datherine Young-Garrett. Congratulations, Ms. Red!

CATE’S COOKERY

Superb Global Soups

Keep your heart and soul warm and toasty with soups that feature diverse international flavors. These soups are healthful and delicious without requiring lots of time in the kitchen. Cate’s Kitchen Tortilla Soup (GF), Turkey Matzo Ball Soup; Thai Tom Kha Gai (Aromatic Coconut Chicken Soup) (GF); Alice’s Smashing Pumpkin Soup; and African Peanut Soup (Vegan, GF). The program includes two terrific quick breads you can make while your soup simmers on the stove. The Harissa Bacon Quick Bread is surprisingly fast and easy. Fee includes food cost and is non-refundable.

Wonderful Winter Salads

The onset of winter doesn’t have to mean that salad days are over. Using fresh and cooked ingredients, and even leftovers, Cate will offer terrific ways to include unique salads into your winter menus. As always, Cate’s recipes will be easy, economical, ethical, and healthy. The class will also cover a variety of dressings for multiple uses. Salads include: Fennel Citrus; Sweet Potato with Craisins and Roasted Cashews; Thai Beef with Sprouts; Walnut, Beet, & Apple; German Spinach Salad with Warm Bacon Dressing; and Arabian Fatoush. Dressings will include Cate’s Curry Dressing, Buttermilk Blue Cheese, and Mustard Vinaigrette. Fee includes food cost and is non-refundable.

COOKING

A Taste of the World - Ireland & Britain

BRITAIN & IRELAND are both known for their delicious, historic food. We will be making traditional British and Irish food dishes: Potato Leek & Bacon Soup, Colcannon (potato dish), “Toad in the Hole”, Irish Brown Bread, Scones and a Victoria Sponge Cake. Fee includes food cost and is non-refundable.

Winter Soups

Soups are one of the best and easiest things to make and eat during the cold Winter months. We will be making four tasty soups: Potato & Cream Cheese Soup, Golden Winter Soup, Tortilla Chicken Soup, Roasted Winter Vegetables Soup, and Honey Corn Bread. Fee includes food cost and is non-refundable.

www.MilwaukeeRecreation.net
Russia - A Large Land of Mystery
Russia is a very diverse country of cultures. Traditional Russian dishes are both simple and hearty, yet elegant. The foundation of Russian food is the rural population and the harsh Russian climate. We will be making: Borsch (beet & cabbage soup), Zakushi (Russian appetizers), traditional Russian salad and a Russian dessert. Fee includes food cost and is non-refundable.
Activity Code: 3RAE1643
(Riverside) Sat, Jan 25, 11:00AM-2:00PM
$26 Residents/$39 Non-Residents

How to Cook a Romantic Italian Dinner
Come and learn how to put together a complete four course Italian dinner that will make your Valentine ecstatic. Indulge in a delicious antipasto, pasta dish, second entrée and vegetable side dish and, for a bonus, a quick and light dessert. Make sure to come with a big appetite! Fee includes food cost and is non-refundable.
Activity Code: 3RAE1678
(MacDowell) Wed, Feb 12, 6:00PM-9:00PM
$26 Residents/$39 Non-Residents

It’s Winter - Soups On!!!
Get ready for those cold winter days with a big pot of hearty soup. You will learn to make traditional classic soups. We will be making three tasty soups: Broccoli & Cheese Soup, Classic Tomato Soup and Loaded Potato Soup and Healthy Muffins. Fee includes food cost and is non-refundable.
Activity Code: 3RAE1695
(MacDowell) Wed, Feb 5, 6:00PM-8:30PM
$23 Residents/$35 Non-Residents

A Taste of North Africa - Algeria
Algeria is the 10th largest country in the world, the world’s largest Arab country and the largest in Africa. Couscous is considered the National Dish of Algeria. We will be making traditional Algerian food dishes: Banadara Salata B’kiz Bara (tomato salad), Sharba Looz (almond soup), Loubia (green beans with almonds), Couscous, Harira (soup with lamb & vegetables), Djej Bil Qasbour (chicken with saffron & olives), Chlada Falzy (fruit salad) and Etzai (mint tea). Fee includes food cost and is non-refundable.
Activity Code: 3RAE1697
(Riverside) Sat, Mar 7, 11:00AM-2:00PM
$26 Residents/$39 Non-Residents

A Taste of the World - Czechia
The Czech Republic (Czechia) is located in Central Europe. The Czech cuisine has been influenced by the surrounding countries and nations. The Czech meal consists of two or more courses starting with soup, a main dish and a dessert. We will be making traditional Czech food dishes: Cesnecka (Czech Garlic Soup), Houbova Polevka Mysliveck (Hunter’s Mushroom Soup), Brokoliveva Polevka (broccoli soup), opekane brambory (roasted potatoes), Hovezi Gulas (beef goulash), and Pernik (spice cake). Fee includes food cost and is non-refundable.
Activity Code: 3RAE1698
(Riverside) Sat, Feb 15, 11:00AM-2:00PM
$26 Residents/$39 Non-Residents
COMPUTERS

Microsoft Office Applications
In each Microsoft office program, participants will gain hands-on experience in the many components that make these systems so powerful, including the basic functionality of each program (e.g. Excel, Word). The specific program is listed next to each site.
Activity Code: 3RAE1503
(Section codes listed below)

Vincent ................................. VN01
(Word)
Mon, Jan 27-Feb 17, 6:00PM- 8:00PM
$24 Residents/$36 Non-Residents

Vincent ................................. VN02
(Excel)
Mon, Feb 24-Mar 16, 6:00PM- 8:00PM
$24 Residents/$36 Non-Residents

Google Suite
From small business, education, to Fortune 500 corporations, see how companies are using Google Suite to work better together. We will be exploring and leveraging Google Suite and see the power in real-time collaboration among the various google applications offered across the world. This class will include: Google Docs, Google Sheets, Google Drive, Google Forms, Gmail, Google Calendar and Google Hangouts.
Activity Code: 3RAE1509
(Section codes listed below)

Milwaukee Marshall ...................... MR01
Tue, Jan 21-Mar 10, 6:00PM- 8:00PM
$44 Residents/$66 Non-Residents

DANCE

Adult Ballet
Ballet can offer you a complete physical workout. Dance your way to better flexibility, strength, and posture!
Activity Code: 3RAE2901
(Section codes listed below)

Milw School of Language .............. ML01
Mon, Jan 27-Mar 16, 7:35PM- 8:55PM
$34 Residents/$51 Non-Residents

African Dance
Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing, All levels are welcome. Class is combined with youth class.
Activity Code: 3RAE2902
(Section codes listed below)

Riverside ............................... RS01
Sat, Jan 18-Mar 7, 1:00PM- 2:00PM
$24 Residents/$36 Non-Residents

American Tribal Style Belly Dance
This class is based on group improvisational and synchronized movements that are a fusion of traditional and folkloric dances from the Middle East, Africa, Western Europe and Asia. American Tribal style of belly dance embodies strength and beauty, working all muscles in the body. Required: Zils (finger cymbals), Instructor will provide information on where to purchase Zils. Recommended: Hip scarf.
Activity Code: 3RAE2903
(Section codes listed below)

Riverside ............................... RS01
Tue, Jan 21-Mar 10, 6:30PM- 8:00PM
$34 Residents/$51 Non-Residents

Ballroom Survival
When you attend a wedding or reunion, are you envious of the people gliding across the dance floor? Learn to Waltz, fox-trot, cha-cha, etc., so that when the next song plays, you are the one sweeping others off their feet. Wear casual dress shoes. A partner is recommended. Fee is per person.
Activity Code: 3RAE2904
(Section codes listed below)

Hamilton .................................. HA01
Wed, Jan 22-Mar 11, 7:00PM- 8:30PM
$34 Residents/$51 Non-Residents

MacDowell .............................. JU01
Tue, Jan 21-Mar 17, 7:00PM- 8:00PM
$24 Residents/$36 Non-Residents

Urban Line Dance
Are you tired of trying to learn the latest line dances or trying to learn them at social gatherings? Join us and you’ll no longer have to worry about catching up; you’ll already know all the latest dances. All skill levels welcome. Wear comfortable shoes and clothing.
Activity Code: 3RAE2912
(Section codes listed below)

Milwaukee Marshall ...................... MR01
Wed, Jan 22-Mar 11, 6:00PM- 7:00PM
$24 Residents/$36 Non-Residents

Vincent ................................. VN01
Mon, Jan 27-Mar 16, 6:30PM- 7:30PM
$24 Residents/$36 Non-Residents

East Coast Swing
This dance class is a form of social partner rhythm dance that incorporates both a 6 and 8 beat pattern. Whether you are trying to learn the dances for the first time or polish up on skills, this fun class is for you. This class is great for parties, weddings, and reunions that incorporates rock and roll. Dance partner is recommended but not required. Please wear comfortable dress shoes.
Activity Code: 3RAE2917
(Section codes listed below)

Hamilton .................................. HA01
Thu, Jan 23-Mar 12, 6:00PM- 7:00PM
$24 Residents/$36 Non-Residents

www.MilwaukeeRecreation.net
Salsa & Bachata Dance
Learn the two most popular Latin club dances in world! Learn the basics of “lead and follow”, Latin body movement, musicality, and dance etiquette. No partner or experience required! Dancers rotate partners.

Activity Code: 3RAE2920

Gaenslen ....................................... GS01
Tue, Jan 21-Mar 10, 6:30PM-8:00PM
$34 Residents/$51 Non-Residents

Hamilton ....................................... HA01
Wed, Jan 22-Mar 11, 6:30PM-8:00PM
$34 Residents/$51 Non-Residents

Parkside ........................................ FR01
Wed, Jan 29-Mar 18, 7:00PM-8:00PM
$24 Residents/$36 Non-Residents

Riverside ....................................... RS01
Mon, Jan 27-Mar 16, 7:00PM-8:00PM
$24 Residents/$36 Non-Residents

Hawaiian Dance
Aloha! Hawaiian Dance offers something that every “body” can enjoy and engages the body, mind, and spirit. While targeting the waist, hips, stomach, calves, and arms, Hawaiian Dance also provides a low-impact and cardiovascular workout. Many Hawaiian songs are about nature: the waves, wind, flowers, rain, clouds, etc. Ease tension and stress by visualizing and interpreting the words and movement as your mind is transported away to the Islands.

Activity Code: 3RAE2925

Milw School of Language ............... ML01
Mon, Jan 27-Mar 16, 6:30PM-7:30PM
$24 Residents/$36 Non-Residents

FITNESS

Arthritis Exercise
This program features gentle, joint-safe exercises developed specifically for people with arthritis to help relieve stiffness, decrease arthritis pain and improve balance. The course incorporates the optional use of resistance bands and weights for an added workout as well as interactive health education lessons and stress-reducing relaxation techniques to help participants better manage their arthritis. The low-impact exercises can be done while sitting, standing or on the floor. Led by certified yoga instructors. Class is non-refundable. If you have any questions, please contact us at (414) 647-6041.

Activity Code: 3R553501

Abulah Brinton .............................. BN01
Mon, Jan 27-Mar 16, 6:10PM-7:10PM
$28 Residents/$42 Non-Residents

Milwaukee Marshall ...................... MR01
Tue, Jan 21-Mar 10, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Vincent ........................................ VN01
Wed, Jan 22-Mar 11, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

OASIS (Ages 50 & up) .................... 5501
Thu, Jan 23-Feb 13, 10:30AM-11:30AM
$20 Residents/$30 Non-Residents

OASIS (Ages 50 & up) .................... 5502
Wed, Feb 5-Feb 26, 12:30PM-1:30PM
$20 Residents/$30 Non-Residents

Senior Fitness Class
You CAN Do This Fitness Class is about dynamic muscle and toning exercises that include stretching, cardio, strength training and abdominal work. This fit camp is designed to teach techniques that would improve and maintain muscle tone, functional strength and overall cardiovascular health. A variety of apparatus will be introduced such as light weights, Resist-a-Balls, and more! If you have any questions, please contact us at (414) 647-6041.

Activity Code: 3R553511

Enderis Playfield (Ages 50 & up) ...... EF01
Thu, Jan 23-Feb 13, 10:30AM-11:30AM
$20 Residents/$30 Non-Residents

OASIS (Ages 50 & up) ................. 5501
Wed, Jan 8-Jan 29, 12:30PM-1:30PM
$20 Residents/$30 Non-Residents

OASIS (Ages 50 & up) ................. 5502
Wed, Feb 5-Feb 26, 12:30PM-1:30PM
$20 Residents/$30 Non-Residents

4 in 1 Training
This class is a combination of Spiced up Cardio, Boxing Aerobics, Body Sculpting and Step Aerobics. Burn off the calories and shape your body while having fun!

Activity Code: 3RAE3501

Beulah Brinton .............................. BN01
Tue, Jan 28-Mar 17, 7:15PM-8:15PM
$28 Residents/$42 Non-Residents

50+

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.
Barre Fitness
You do not have to wear pointe shoes or a tutu to get a sculpted body like a dancer. This exercise method uses a ballet barre and combines Pilates, dance and yoga to strengthen, shape and tone muscles. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 3RAE3503
(Section codes listed below)

Beulah Brinton ......................... BN01
Mon, Jan 27-Mar 16, 8:00PM-8:50PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN02
Tue, Jan 28-Mar 17, 5:00PM-5:50PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN03
Thu, Jan 30-Mar 19, 5:00PM-5:50PM
$28 Residents/$42 Non-Residents

Belly Dance Aerobics
Belly dance aerobics involves exercises designed to tighten and tone your waist, hips and abdominal muscles through easy-to-follow isometric movements. This class will help to enhance your overall flexibility and general conditioning.

Activity Code: 3RAE3504
(Section codes listed below)

Hamilton ................................ HA01
Mon, Jan 27-Mar 16, 7:00PM-8:00PM
$28 Residents/$42 Non-Residents

MacDowell ............................... JU01
Thu, Jan 23-Mar 12, 6:30PM-7:30PM
$28 Residents/$42 Non-Residents

Body Sculpting
Use bands and weights to tone all areas of your body. Improve your mind, as well as your self-image. Bring your own weights and toning band. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 3RAE3505
(Section codes listed below)

Beulah Brinton ......................... BN01
Tue, Jan 28-Mar 17, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN02
Thu, Jan 30-Mar 19, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN03
Sat, Feb 1-Mar 21, 9:00AM-10:00AM
$28 Residents/$42 Non-Residents

Cardio Combo
Jumpstart your weekend activities with this invigorating workout. This class combines boxing aerobics, step aerobics and low-impact aerobics. Wear comfortable clothing and tennis shoes. Class taught by Angie Wothe.

Activity Code: 3RAE3509
(Section codes listed below)

Beulah Brinton ......................... BN01
Thu, Jan 30-Mar 19, 7:15PM-8:15PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN02
Sat, Feb 1-Mar 21, 8:00AM-9:00AM
$28 Residents/$42 Non-Residents

Cardio-Kickboxing
Get ready for a very popular workout. This musically-engaging activity will provide the opportunity to lose weight, tone your body, and have fun while incorporating components of self-defense. Do it for your health or just do it for ‘kicks’. Wear comfortable clothing and tennis shoes. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 3RAE3511
(Section codes listed below)

81st Street .................................. 8101
Thu, Jan 23-Mar 12, 7:00PM-8:00PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN01
Mon, Jan 27-Mar 16, 7:15PM-8:15PM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN02
Wed, Jan 29-Mar 18, 7:15PM-8:15PM
$28 Residents/$42 Non-Residents

Riverside ................................. RS01
Tue, Jan 21-Mar 10, 7:00PM-8:00PM
$28 Residents/$42 Non-Residents

Gospel Aerobics
An uplifting experience for your body, mind and soul. Through muscle toning, abdominal control, and cardio stimulation you will receive a total body workout. A variety of gospel selections will be played. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 3RAE3516
(Section codes listed below)

Hamilton ................................. HA01
Sat, Jan 18-Mar 7, 8:00AM-9:00AM
$28 Residents/$42 Non-Residents

MacDowell ............................... JU01
Mon, Jan 6-Mar 2, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Hoop Dance Workout
Hooping is not just for kids! Today hula hooping has evolved into an exciting dance form called ‘hoopdance’, which has amazing benefits for the body and mind. Plus, it’s fun! Hooping is for EVERY BODY. Hoops will be available to borrow or for purchase at sites. Cost range is $20.00-$35.00 per hoop.

Activity Code: 3RAE3518
(Section codes listed below)

Riverside ................................. RS01
(Beg.)
Sat, Jan 18-Mar 7, 11:15AM-12:15PM
$28 Residents/$42 Non-Residents

www.MilwaukeeRecreation.net
Pilates
A non-impact class where you will improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Wear comfortable clothing. Individuals with medical conditions should be cleared by their physician prior to participation. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 3RAE3521

Beulah Brinton .............................. BN01
Wed, Jan 28-Mar 17, 12:15PM-1:15PM
$28 Residents/$42 Non-Residents

Hamilton ............................... HA01
Thu, Jan 23-Mar 12, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

PiYo
Looking to sweat your way to sculpted abdominals, increased core strength, and greater stability? Then PiYo may be for you! PiYo combines the stretching, strength, and flexibility of yoga with the toning benefits of pilates. Classes start with yoga style stretching, strength, and flexibility exercises. Each class finishes with mat work focusing on strengthening the core muscles and toning the legs. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 3RAE3522

Riverside ............................... RS01
Mon, Jan 27-Mar 16, 8:00PM-8:55PM
$28 Residents/$42 Non-Residents

Step Aerobics & Sculpt
Step aerobics offers the cardiovascular benefits of aerobic dance in combination with toning for thighs, abdominals, buttocks, arms and legs. Step on it.

Activity Code: 3RAE3524

Beulah Brinton .............................. BN01
Mon, Jan 27-Mar 16, 5:00PM-6:00PM
$28 Residents/$42 Non-Residents

T’ai Chi Ch’uan
This Chinese form of relaxation will teach you stress-relieving techniques designed to release tension, improve flexibility and relax your body and mind.

Activity Code: 3RAE3527

Beulah Brinton .............................. BN01 (Beg.)
Tue, Jan 28-Mar 17, 12:15PM-1:15PM
$28 Residents/$42 Non-Residents

Beulah Brinton .............................. BN02 (Int.)
Tue, Jan 28-Mar 17, 1:25PM-2:25PM
$28 Residents/$42 Non-Residents

Beulah Brinton .............................. BN03 (Beg.)
Wed, Jan 29-Mar 18, 11:15AM-12:15PM
$28 Residents/$42 Non-Residents

Hamilton ............................... HA01
(T’ai Chi and Qijong)
Wed, Jan 22-Mar 11, 6:30PM-7:30PM
$28 Residents/$42 Non-Residents

Milw School of Language ............... ML01 (Beg.)
Wed, Jan 29-Mar 18, 6:30PM-7:30PM
$28 Residents/$42 Non-Residents

Milw School of Language ............... ML02 (Int./Adv.)
Wed, Jan 29-Mar 18, 7:30PM-8:30PM
$28 Residents/$42 Non-Residents

Women & Weights is for all the ladies out there looking to get lean, toned and fit - quick! In this class, you will use light to moderate weights with lots of repetition in order to give you a total body workout. You will work through moves and techniques that will help you achieve strength you never knew you had. You will leave class feeling challenged, but ready to come back for more! Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 3RAE3535

Riverside ............................... RS01
Tue, Jan 21-Mar 10,  6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Tummy, Waist, and Thighs
If you’re dissatisfied with the shape or size of your hips, glutes, abs, or thighs, you can choose to transform them into the shape you’ve always wanted. This class is devoted to exercises and nutritional tips that will shape, strengthen and tone your body. Wear comfortable, loose clothing.

Activity Code: 3RAE3532

81st Street ............................. 8101
Thu, Jan 23-Mar 12, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Riverside ............................... RS01
Tue, Jan 21-Mar 10, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

OASIS (Ages 50 & up) ............... 5501
Tue, Feb 4-Feb 25, 10:15AM-11:15AM
$10 Residents/$15 Non-Residents

OASIS (Ages 50 & up) ............... 5502
Tue, Mar 3-Mar 24, 10:15AM-11:15AM
$10 Residents/$15 Non-Residents

Activity Code: 3R553512

OASIS (Ages 50 & up) ............... 5501
Tue, Feb 4-Feb 25, 10:15AM-11:15AM
$10 Residents/$15 Non-Residents

OASIS (Ages 50 & up) ............... 5502
Tue, Mar 3-Mar 24, 10:15AM-11:15AM
$10 Residents/$15 Non-Residents

Activity Code: 3R553510

Enderis Playfield (Ages 50 & up) ...... EF01
Mon, Jan 6-Mar 30, 9:00AM-9:45AM
$25 Residents/$38 Non-Residents

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If you spell yoga backwards it’s ago y, as in, you worked out years ago, why has it been so long? It’s time to stop looking backwards and start looking forward!

All participants of Yoga Fest who are also registered for a winter yoga class will receive a FREE yoga mat! Child care (ages 1 & up) will be provided on site for those children too young or not wanting to participate in the yoga classes. Parent must stay on-site and attend class. Please visit MilwaukeeRecreation.net to register using program codes. Registration Begins December 10th.

**SCHEDULE:**

**Yoga**
9:15 - 10:00am  
3RAE3599 BN01

**Gentle Yoga**
10:15 -11:00am
3RAE3599 BN02

**Family Yoga**
11:15am -12:00pm
3RAE3599 BN03

JOIN US FOR NEW YEAR’S DAY YOGA FEST!

Yoga
Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation, and meditation. Wear comfortable clothing. Individuals with medical conditions should be cleared by a physician prior to participation. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 3RAE3536  
(Section codes listed below)

**81st Street**

**8101**
Tue, Jan 21-Mar 10, 7:00PM- 8:00PM
$28 Residents/$42 Non-Residents

**Beulah Brinton**
Monday, Jan 27-Mar 16, 9:00AM -10:00AM
$28 Residents/$42 Non-Residents

**Beulah Brinton**
Monday, Jan 27-Mar 16, 6:00PM - 7:00PM
$28 Residents/$42 Non-Residents

**Beulah Brinton**
Tuesday, Jan 28-Mar 17, 9:00AM -10:00AM
$28 Residents/$42 Non-Residents

**Beulah Brinton**
Tuesday, Jan 28-Mar 17, 6:00PM - 7:00PM
$28 Residents/$42 Non-Residents

**Beulah Brinton**
Wednesday, Jan 29-Mar 18, 9:00AM -10:00AM
$28 Residents/$42 Non-Residents

**Beulah Brinton**
Wednesday, Jan 29-Mar 18, 6:30PM - 7:30PM
$28 Residents/$42 Non-Residents

**Beulah Brinton**
Thursday, Jan 30-Mar 19, 9:00AM-10:00AM
$28 Residents/$42 Non-Residents

**Beulah Brinton**
Thursday, Jan 30-Mar 19, 6:00PM - 7:00PM
$28 Residents/$42 Non-Residents

**Beulah Brinton**
Friday, Jan 31-Mar 20, 9:00AM-10:00AM
$28 Residents/$42 Non-Residents

**Beulah Brinton**
Saturday, Feb 1-Mar 21, 8:00AM -9:00AM
$28 Residents/$42 Non-Residents

**Beulah Brinton**
Saturday, Feb 1-Mar 21, 9:05AM-10:05AM
$28 Residents/$42 Non-Residents

**MacDowell**
Saturday, Feb 1-Mar 21, 10:15AM-11:15AM
$31 Residents/$47 Non-Residents

**MacDowell**
Tuesday, Jan 21-Mar 10, 7:30PM- 8:30PM
$28 Residents/$42 Non-Residents

**Parkside**
Monday, Jan 27-Mar 16, 5:30PM- 6:30PM
$28 Residents/$42 Non-Residents

**Riverside**
Thursday, Jan 23-Mar 12, 7:00PM- 8:00PM
$28 Residents/$42 Non-Residents

**Riverside**
Monday, Jan 27-Mar 16, 7:00PM- 8:00PM
$28 Residents/$42 Non-Residents

**Vincent**
Monday, Jan 27-Mar 16, 6:00PM- 7:00PM
$28 Residents/$42 Non-Residents

Child care (ages 1 & up) will be provided on site for those children too young or not wanting to participate in the yoga classes. Parent must stay on-site and attend class. Please visit MilwaukeeRecreation.net to register using program codes. Registration Begins December 10th.

**JOIN US FOR NEW YEAR’S DAY YOGA FEST!**

If you spell yoga backwards it’s ago y, as in, you worked out years ago, why has it been so long? It’s time to stop looking backwards and start looking forward!

All participants of Yoga Fest who are also registered for a winter yoga class will receive a FREE yoga mat! Child care (ages 1 & up) will be provided on site for those children too young or not wanting to participate in the yoga classes. Parent must stay on-site and attend class. Please visit MilwaukeeRecreation.net to register using program codes. Registration Begins December 10th.

**SCHEDULE:**

**Yoga**
9:15 -10:00am
3RAE3599 BN01

**Gentle Yoga**
10:15 -11:00am
3RAE3599 BN02

**Family Yoga**
11:15am -12:00pm
3RAE3599 BN03

**JOIN US FOR NEW YEAR’S DAY YOGA FEST!**

If you spell yoga backwards it’s ago y, as in, you worked out years ago, why has it been so long? It’s time to stop looking backwards and start looking forward!

All participants of Yoga Fest who are also registered for a winter yoga class will receive a FREE yoga mat! Child care (ages 1 & up) will be provided on site for those children too young or not wanting to participate in the yoga classes. Parent must stay on-site and attend class. Please visit MilwaukeeRecreation.net to register using program codes. Registration Begins December 10th.
Yoga - Gentle
Gentle Yoga is accessible to all levels and body types, and is especially suited for beginners. Basic stretches, postures and breath work help to develop strength, flexibility, balance, and body awareness. Bring your exercise mat or purchase at site for $10.00.
Activity Code: 3RAE3537
(Section codes listed below)

81st Street ................................. 8101
Tue, Jan 21-Mar 10, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Beulah Brinton ............................. BN01
Mon, Jan 27-Mar 16, 7:00PM-8:00PM
$28 Residents/$42 Non-Residents

Yoga - Power
East meets West in this vigorous, fitness-based yoga class with a focus on flow, breath, strength, balance, and flexibility. Prior yoga experience is recommended. Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 3RAE3538
(Section codes listed below)

Beulah Brinton ............................. BN01
Mon, Jan 27-Mar 16, 5:30PM-6:30PM
$28 Residents/$42 Non-Residents

Gaenslen ..................................... GS01
Wed, Jan 22-Mar 11, 6:15PM-7:15PM
$28 Residents/$42 Non-Residents

Riverside ................................. RS01
Mon, Jan 27-Mar 16, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Yoga & Meditation
Slow down. Just breathe. This class invites you to do just that while letting go of the stressful demands of your day. With a series of yoga poses, we’ll help you to center your mind, body and breathing while preparing you for guided meditation and deep relaxation. Yoga increases flexibility, tones the muscles, increases lubrication of the joints, and massages the organs of the body, but those are just some of the benefits. Bring your own exercise mat or purchase at site for $10.00.
Activity Code: 3RAE3539
(Section codes listed below)

Gaenslen ..................................... GS01
Mon, Jan 27-Mar 16, 7:00PM-8:15PM
$34 Residents/$51 Non-Residents

Zumba®
Zumba® is a fun and easy workout with routines that feature easy-to-follow dance steps synced to Latin music helping you to tone and sculpt your body.
Activity Code: 3RAE3542
(Section codes listed below)

Beulah Brinton ............................. BN01
Sat, Feb 1-Mar 21, 9:30AM-10:30AM
$28 Residents/$42 Non-Residents

Cooper ........................................... CP01
Thu, Jan 30-Mar 19, 6:30PM-7:30PM
$28 Residents/$42 Non-Residents

Gaenslen ..................................... GS01
Wed, Jan 22-Mar 11, 7:30PM-8:30PM
$28 Residents/$42 Non-Residents

Hamilton ................................. HA01
Tue, Jan 21-Mar 10, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Milwaukee Marshall ...................... MR02
Thu, Jan 23-Mar 12, 6:30PM-7:30PM
$28 Residents/$42 Non-Residents

Parkside ................................. FR02
Wed, Jan 29-Mar 18, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Riverside ................................. RS01
Thu, Jan 23-Mar 12, 7:00PM-7:55PM
$28 Residents/$42 Non-Residents

50+
Activity Code: 3R553504
(Section codes listed below)

OASIS (Ages 50 & up) .................... 5503
Tue, Jan 7-Jan 28, 9:00AM-10:00AM
$10 Residents/$15 Non-Residents

OASIS (Ages 50 & up) .................... 5501
Fri, Jan 10-Jan 31, 10:10AM-11:10AM
$10 Residents/$15 Non-Residents

OASIS (Ages 50 & up) .................... 5504
Tue, Feb 25-Mar 24, 9:00AM-10:00AM
$12 Residents/$18 Non-Residents

OASIS (Ages 50 & up) .................... 5502
Fri, Feb 28-Mar 27, 10:10AM-11:10AM
$12 Residents/$18 Non-Residents

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.
Yoga - Prenatal

In this gentle yoga class, you will be introduced to safe poses and breathing techniques to help reduce stress, improve sleep, increase strength/flexibility/endurance, decrease lower back pain and nausea during pregnancy. Class is taught by Annie Wegner LeFort, RYT 200HR.

Activity Code: 3RAE3558
(Section codes listed below)

Beulah Brinton ......................... BN01
Mon, Jan 27-Mar 16, 1:15PM-2:15PM
$28 Residents/$42 Non-Residents

Zumba® Gold

Zumba® Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Join other older adults that want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold® is the perfect fit. It is a dance-fitness class that feels friendly, and most of all, fun.

Activity Code: 3RAE3543
(Section codes listed below)

Hamilton .................................... HA01
Mon, Jan 27-Mar 16, 6:30PM-7:30PM
$28 Residents/$42 Non-Residents

Milw School of Language ............. ML01

OASIS (Ages 50 & up) ................. 5501
Mon, Jan 6-Feb 24, 10:15AM-11:15AM
$18 Residents/$27 Non-Residents

OASIS (Ages 50 & up) ................. 5502
Thu, Jan 9-Feb 27, 10:15AM-11:15AM
$18 Residents/$27 Non-Residents

OASIS (Ages 50 & up) ................. 5503
Mon, Mar 2-Apr 20, 10:15AM-11:15AM
$18 Residents/$27 Non-Residents

OASIS (Ages 50 & up) ................. 5504
Thu, Mar 5-Apr 23, 10:15AM-11:15AM
$18 Residents/$27 Non-Residents

Beulah Brinton ......................... BN02

Zumba® Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Join other older adults that want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold® is the perfect fit. It is a dance-fitness class that feels friendly, and most of all, fun.

Activity Code: 3RAE3543
(Section codes listed below)

Hamilton .................................... HA01
Mon, Jan 27-Mar 16, 1:15PM-2:15PM
$28 Residents/$42 Non-Residents

Insanity

INSANITY® is a revolutionary cardio-based total body conditioning program based on the principles of MAX Interval Training by Beach Body. By using MAX Interval Training, INSANITY® pushes the participant to new training heights, resulting in more calories burned, faster results, and a more efficient metabolism. INSANITY®’s interval training is the pinnacle of cardio training. Class is taught by a certified Insanity instructor.

Activity Code: 3RAE3570
(Section codes listed below)

Riverside ................................. RS01
Wed, Jan 22-Mar 11, 7:00PM-7:55PM
$28 Residents/$42 Non-Residents

P90X

Harness the proven power of P90X®! After helping millions of Americans reach their fitness goals through the home-based exercise program, we’re taking P90X® out of the box and offering it as a group exercise class. The P90X® LIVE workouts offer a rich variety of intense routines from cardio to resistance training, strength training, plyometrics, ab work, and more. Using the science of Muscle Confusion, P90X® constantly switches things up (the blocks, the protocols, the rep ranges) to help class members bust through plateaus.

Activity Code: 3RAE3571
(Section codes listed below)

Riverside ................................. RS01
Wed, Jan 22-Mar 11, 8:00PM-8:55PM
$28 Residents/$42 Non-Residents

Wear Baby Workout

This class is designed for young readers and their parents/caregivers who are looking to get fit! During class we will make reading even more fun by exercising while we read well-known children’s books! Parents and children are encouraged to read along and participate in the various exercises/movements together! This class will be very interactive and fun for everyone! Parent/guardian must register, pay and attend with child. Fee is per person.

Activity Code: 3RAE3573
(Section codes listed below)

Hamilton .................................... HA01
Sat, Jan 18-Mar 7, 9:00AM-10:00AM
$28 Residents/$42 Non-Residents

Yoga for Women’s Health

This is a beginner level class that will focus on strengthening work specific to the female body. Class taught by certified yoga instructor, Annie Wegner LeFort.

Activity Code: 3RAE3594
(Section codes listed below)

Beulah Brinton ......................... BN01
Tue, Jan 28-Mar 17, 3:45PM-4:45PM
$28 Residents/$42 Non-Residents

Poi for Older Adults

Class will begin with an active, but accessible sequence of yoga poses, breath work, hand gestures, and more. Yoga was invented so that practitioners could sit as long as they wanted while meditating. This class will help improve your mobility, strength, and flexibility so that you too, can enjoy sitting in meditation. Students will be given a meditation prompt, and will meditate for about 15 minutes at the end of class. Each class is unique, and will connect you with improved mental and physical well-being. Many students enjoy bringing an optional yoga block, blanket, meditation cushion, or ‘bag chair,’ for the meditation portion of this class. Bring your own exercise mat or purchase at site for $10.00.

Activity Code: 3RAE3574
(Section codes listed below)

Gaenslen ................................. GS01
Tue, Jan 21-Mar 10, 6:00PM-7:00PM
$28 Residents/$42 Non-Residents

Strength Training & Stretching for Runners/Cyclists/Everyone

This class will incorporate 35 minutes of weight training using weights and body weight and 25 minutes of stretching.

Activity Code: 3RAE3588
(Section codes listed below)

Beulah Brinton ......................... BN01
Tue, Jan 28-Mar 17, 6:30AM-7:30AM
$28 Residents/$42 Non-Residents

Beulah Brinton ......................... BN02
Thu, Jan 30-Mar 19, 6:30AM-7:30AM
$28 Residents/$42 Non-Residents

www.MilwaukeeRecreation.net
Street Vybe
Street Vybe is an authentic and innovative dance fitness experience which combines cutting edge choreography with a wide range of music, from hip hop to house, top 40 to underground. A complete cardio workout, intense, addictive and fun.
Activity Code: 3RAE3596
(Section codes listed below)

Gaenslen ....................................... GS01
Wed, Jan 22-Mar 11, 6:30PM-7:30PM
$28 Residents/$42 Non-Residents

Yoga for Runners
This class is not strictly for runners. Yoga teacher and runner Annie Wegner LeFort will offer a threefold focus: 1) stretching the muscles we use most in running 2) encourage participants to explore different planes of the body to diversify their movements 3) build and strengthen the core muscles that runners need to maintain a strong, healthy form.
Activity Code: 3RAE3598
(Section codes listed below)

Beulah Brinton ......................... BN01
Thu, Jan 30-Mar 19, 4:00PM-5:00PM
$28 Residents/$42 Non-Residents

Arthritis: Alternative Approaches
Over 50 million Americans suffer from joint disease. This presentation educates the audience about arthritis, who is susceptible, what causes it, how to relieve it, and steps to help prevent joint disease. Presented by Dr. John P Corsi, D.C. Chiropractic Company. Class fee is non-refundable.
Activity Code: 3RAE4103
(Section codes listed below)

Milw School of Language ............. ML01
Wed, Jan 29-Mar 18, 7:45PM-8:45PM
$24 Residents/$36 Non-Residents

Winter Herbs and Teas
Learn about herbs such as ginger and elderberry, their medicinal value and how they can help with addressing breathing concerns due to colds and flu. In addition learn how to make homemade “vaporub”. Class fee is non-refundable.
Activity Code: 3RAE4113
(Section codes listed below)

Hamilton .................................... HA01
Sat, Feb 22, 12:30PM-2:00PM
$7 Residents/$11 Non-Residents

Responsible Fatherhood - 24/7 Dad
The program focuses on characteristics that every father needs to be successful and includes universal aspects of fatherhood. You will hone your fathering skills as you learn about yourself and the important roles that have with your child(ren) and family. You also will learn important ways to strengthen your relationship with your spouse. Healthy relationships with others will also be discussed, including the long term satisfaction that is possible thru the gift of commitment. Program is offered by My Father's House, Inc.
Activity Code: 3RAE4110
(Section codes listed below)

Hamilton (Ages 18-99) .................. HA01
Tue-Thu, Jan 28-Mar 12, 6:00PM-8:00PM
FREE

Chakra Energy and Balance
Join us for Chakra Healing - an ancient philosophy and now a hot trend! This class will help you balance your body and mind using this ancient Eastern wellness belief based on seven energy centers that govern your organs and work together as one system yet independently. Take time to improve your well-being. Class fee is non-refundable.
Activity Code: 3RAE4117
(Section codes listed below)

Hamilton .................................... HA01
Tue, Feb 4, 7:15PM-8:15PM
$6 Residents/$9 Non-Residents

5 Secrets to Permanent Weight Loss
Recent research has shown that metabolism and hormones may be the key to effective, permanent weight loss. Learning the ‘5 secrets’ can lead to improved metabolism, permanent weight loss, and improved health and vitality. Participants will learn why fat doesn’t make you fat, and why you must eat real butter and eggs (even if you are overweight). Class is presented by Dr. John P Corsi, D.C. Chiropractic Company. Class fee is non-refundable.
Activity Code: 3RAE4101
(Section codes listed below)

Milw School of Language ............. ML01
Wed, Jan 29, 6:35PM-8:00PM
$7 Residents/$11 Non-Residents

Minute Meditation and Reiki
Learn some simple techniques that will teach you to lower your heart rate in minutes and deal with everyday stress. In addition, you will be introduced to Reiki, the ancient ‘healing art’ that is based on the belief that spiritual energy emits out of the practitioner’s hands to curve various physical and emotional ailments. Learn how to make these energy techniques work for you!
Activity Code: 3RAE4107
(Section codes listed below)

Hamilton .................................... HA01
Mon, Jan 27-Mar 16, 7:15PM-8:15PM
$24 Residents/$36 Non-Residents

Chakra Healing - an ancient philosophy and now a hot trend! This class will help you balance your body and mind using this ancient Eastern wellness belief based on seven energy centers that govern your organs and work together as one system yet independently. Take time to improve your well-being. Class fee is non-refundable.
Activity Code: 3RAE4117
(Section codes listed below)

Hamilton .................................... HA01
Tue, Feb 4, 7:15PM-8:15PM
$6 Residents/$9 Non-Residents

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TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.
Reiki for You and Your Pet
Reiki is a Japanese stress reducing, relaxation technique based on the concept of utilizing one’s ‘life energy’. In this informational class, learn how this energy can affect animals and how their chakra systems work. Please do not bring pets to class. Class fee is non-refundable.

Activity Code: 3RAE4118
(Section codes listed below)

Hamilton ......................................... HA01
Sat, Feb 8, 12:30PM- 1:30PM
$6 Residents/$9 Non-Residents

Foot Reflexology Part 1
Foot Reflexology is a science and an art that deals with the principle that there are reflex points on your feet, hands, face and ears. In this class we will discuss the feet and how you can help yourself deal with pain and stress in your body. Please bring a dry washcloth, and drinking water. We will learn how to help relieve stress by balancing the parasympathetic nervous system (the Rest and Digest System). If you cannot reach your feet, bring a friend who can help you. Class taught by Gail Vella of Compassionate Reflexology. Class fee is non-refundable. A $7.00 (cash only) supply fee is due to the instructor at the first class. Class fee is non-refundable.

Activity Code: 3RAE4150
(Section codes listed below)

Riverside ......................................... RS01
Wed, Mar 4, 6:30PM- 8:00PM
$7 Residents/$11 Non-Residents

Parsley, Sage, Rosemary & Thyme
Well, we’re not exactly Scarborough Fair, but come take a little thyme out to join us for some sage advice on growing your own herb garden. Whether planted in the ground or in pots, herbs are little treasures we can open up again and again. Get tips on the top herbs to grow, which go well together, and what to do with all that basil. Learn about medicinal and healing properties as well as a little good ‘ol folklore. Class fee is non-refundable.

Activity Code: 3RAE4120
(Section codes listed below)

Hamilton ......................................... HA01
Tue, Mar 3, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Foot Reflexology Part 2
During this class we will continue to address your personal issues to help relieve pain and stress through your feet. You need to take Reflexology Part 1. Please bring a dry washcloth, drinking water, and lotion. Class taught by Gail Vella of Compassionate Reflexology. Class fee is non-refundable.

Activity Code: 3RAE4151
(Section codes listed below)

Riverside ......................................... RS01
Wed, Mar 11, 6:30PM- 8:00PM
$7 Residents/$11 Non-Residents

Face Reflexology
We will discuss the map of the body on your face and how to address pain and help bring your body back into balance using your knuckle or a small smooth stone. This class is open to all ages. Please bring water and your favorite smooth small stone if you have one. Class taught by Gail Vella of Compassionate Reflexology. Class fee is non-refundable.

Activity Code: 3RAE4152
(Section codes listed below)

Riverside ......................................... RS01
Wed, Mar 18, 6:30PM- 8:00PM
$7 Residents/$11 Non-Residents
WINTER WELLNESS

WELLNESS AT HAWTHORN GLEN

Wellness Walks
Winter is a perfect time to get outside and experience the healing powers of nature. Walking outdoors has benefits including reducing stress, enhancing the immune system and lifting spirits. Dress appropriately to enjoy an outdoor hike on the trails to benefit your heart and head.

Where: Hawthorn Glen
1130 N. 60th Street
Meet outside Nature Center

When: February 22th, February 29th, March 21st, and March 28th (Saturdays)
11:00 a.m.-11:45 a.m.

Beginner Yoga
Join us inside the Nature Center as we practice breathing techniques and move through a series of yoga poses to leave us feeling relaxed and refreshed this winter season! Class is geared towards all fitness levels! Bring your own exercise mat and water.

Where: Hawthorn Glen
1130 N. 60th Street
Meet in the Nature Center

When: March 4th, March 11th, March 18th and March 25th (Wednesdays)
5:30 p.m.-6:30 p.m.

WELLNESS MELTDOWN
Warm up with us during our Winter Health and Wellness Fair! Free fitness classes, healthy snacks, warm refreshments and raffle prizes will be sure to keep you comfy and happy this season! Community resources and health education will be provided by local organizations. This is a free, drop-in program available to all. Registration will be accepted on a first come, first served basis the day of the event.

Questions? Please contact Erica at 414-475-8775 or Erica@MilwaukeeRecreation.net

Where: Hamilton High School
6215 W Warnimont Ave
Enter Door #5 off south parking lot

When: Saturday, February 8th
9 a.m.-12 p.m.

These events are free; no pre-registration necessary. Registration will take place on-site the day of the event.

For program updates and class cancellations, text @mkwell to 81010.
Questions? Contact Erica at (414) 475-8775 or Erica@MilwaukeeRecreation.net
LANGUAGE SKILLS

Introduction to French

Bonjour! This class offers an introduction to conversational French for students with prior or no prior French language knowledge. Students will learn language skills in a cultural context covering topics such as clothing, food, music, art, pastime activities, and more.

Activity Code: 3RAE4403

Parkside ........................................ FR01
Mon, Jan 27-Mar 16, 6:00PM- 7:00PM
$24 Residents/$36 Non-Residents

Riverside ....................................... RS01
Thu, Jan 23-Mar 12, 6:00PM-8:00PM
$44 Residents/$66 Non-Residents

Spanish Conversation

The ability to communicate in Spanish is necessary for many professions and is key to a greater enjoyment of travel south of the border. Receive instruction on basic vocabulary, pronunciation and essential grammar, through reading, writing and conversational practice. You can purchase the textbook for $14.00 (cash or check only) on the first day of the class.

Activity Code: 3RAE4406

Bay View ........................................ BV01
Level 1
Tue, Jan 21-Mar 10, 6:00PM- 7:30PM
$34 Residents/$51 Non-Residents

Bay View ........................................ BV02
Level 2
Tue, Jan 21-Mar 10, 7:30PM- 9:00PM
$34 Residents/$51 Non-Residents

Bay View ........................................ BV03
Level 3
Thu, Jan 23-Mar 12, 6:00PM- 7:30PM
$34 Residents/$51 Non-Residents

Hamilton ........................................ HA01
Level 1
Thu, Jan 23-Mar 12, 7:00PM- 8:00PM
$24 Residents/$36 Non-Residents

MacDowell ................................. JU01
Level 1
Wed, Jan 22-Mar 11, 6:00PM- 7:30PM
$34 Residents/$51 Non-Residents

MacDowell ................................. JU02
Level 2
Wed, Jan 22-Mar 11, 7:30PM- 9:00PM
$34 Residents/$51 Non-Residents

Milw School of Language  .......... MS02
Level 1
Mon, Jan 27-Mar 16, 6:00PM- 7:00PM
$24 Residents/$36 Non-Residents

Milw School of Language  .......... MS01
Level 3
Mon, Jan 27-Mar 16, 7:00PM- 8:30PM
$34 Residents/$51 Non-Residents

Riverside ....................................... RS01
Level 1
Tue, Jan 21-Mar 10, 6:00PM- 7:30PM
$34 Residents/$51 Non-Residents

Riverside ....................................... RS02
Level 2
Tue, Jan 21-Mar 10, 7:30PM- 9:00PM
$34 Residents/$51 Non-Residents

Italian Language Survival Skills

Learn survival skills to navigate your dream trip to Italy! In this class, participants will learn how to introduce themselves and gain other basic conversation skills that will assist in getting around. You will also receive very useful tips and advice on how to enjoy the Italian culture at its best. My curriculum and Italian Language textbook extracts are included. Let's have fun while learning.

Activity Code: 3RAE4411

MacDowell ................................. JU01
(Beg.)
Mon, Jan 27-Mar 16, 6:00PM- 7:30PM
$34 Residents/$51 Non-Residents

MacDowell ................................. JU02
(Int.)
Mon, Jan 27-Mar 16, 7:30PM- 8:30PM
$24 Residents/$36 Non-Residents

Strengthen Your Spanish

This two hour workshop will provide opportunities to strengthen and solidify vocabulary and grammar covered in the Introduction to the Spanish Language class. Students will engage in a variety of games and activities designed to increase confidence in speaking Spanish. Pre-requisite: completion of the Introduction to the Spanish Language or consent of the instructor is needed. Class fee is non-refundable.

Activity Code: 3RAE4421

Hamilton ................................. HA01
Thu, Jan 30, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Hamilton ................................. HA02
Thu, Feb 20, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Sign Language

This language class focuses on finger spelling, vocabulary, non-verbal expressive skills and sentence structure.

Activity Code: 3RAE4405

Milw School of Language  .......... ML01
Level 1
Mon, Jan 27-Mar 16, 6:30PM- 7:30PM
$24 Residents/$36 Non-Residents

Parkside ........................................ FR01
Mon, Jan 27-Mar 16, 6:00PM- 7:00PM
$24 Residents/$36 Non-Residents
Spanish 1C

This course is intended for students who completed “Spanish 1B” in the fall of 2019. We will cover Chapters 5 & 6 in our textbooks. Students will be expected to print out some materials (from pdfs sent by email). We will learn new vocabulary, master new grammar concepts and put our knowledge into practice using games and activities designed especially for this textbook. In addition, students will be given access to websites which will provide practice activities for students to do at home and links to other helpful websites. This is a great way to continue your Spanish studies!

Activity Code: 3RAE4425

Hamilton ....................................... HA01
Tue, Jan 21-Mar 17, 6:00PM-8:00PM
$50 Residents/$75 Non-Residents

Spanish 2B

This course is intended for students who completed “Spanish 2A” in the fall of 2019. We will cover Chapters 9 and 10 in our textbooks. Students will be expected to print out some materials (from pdfs sent by email). We will learn new vocabulary, master new grammar concepts and put our knowledge into practice using games and activities designed especially for this textbook. In addition, students will be given access to websites which will provide practice activities for students to do at home, and links to other helpful websites.

Activity Code: 3RAE4430

Hamilton ....................................... HA01
Mon, Jan 27-Mar 16, 6:30PM-8:00PM
$34 Residents/$51 Non-Residents

MARTIAL ARTS

Judo

Judo or ‘gentle way/technique’ focuses on manipulating an opponent’s force against him/her rather than confronting it with one’s own force. Join us to learn about judo under personalized instruction that focuses on technique and tradition. Students interested in continuing through the advanced level must demonstrate a high level of comfort with properly executed Judo falls and have instructor approval. USJA and USMA associated. Please wear clothes without buttons or metal. Class is combined with youth class.

Activity Code: 3RAE4501

MacDowell ................................. JU01
Mon, Jan 27-Mar 16, 6:30PM-8:00PM
$34 Residents/$51 Non-Residents

Women’s Self-Defense

Be confident about protecting yourself when the need arises. Learn real life strategies and situational awareness to avoid confrontations. Learn basic escape techniques to get out of a situation, if one occurs. Class time includes awareness discussions and practicing techniques.

Activity Code: 3RAE4504

MacDowell (Ages 14 & up) ............. JU01
Wed, Jan 22-Mar 11, 7:30PM-8:30PM
$24 Residents/$36 Non-Residents

Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. A useful way for you to learn the art of self-discipline, mental preparation, concentration and self-control. Various kicking and punching techniques, correct body positioning and self-defense will be covered. A great opportunity to increase your flexibility, general conditioning and self-defense techniques.

Activity Code: 3RAE4503

Hamilton (Ages 15 & up) ............. HA01
(Class is combined with youth class)
Mon/Wed, Jan 22-Mar 16, 6:30PM-7:30PM
$44 Residents/$66 Non-Residents

Riverside (Ages 15 & up) .......... RS01
(Beg. white-yellow belts, combined with youth class)
Mon/Wed, Jan 27-Mar 18, 6:15PM-7:15PM
$44 Residents/$66 Non-Residents

Riverside (Ages 15 & up) .......... RS04
(Black belts only, all ranks all ages)
Sat, Jan 18-Mar 7, 11:45AM-12:30PM
$19 Residents/$29 Non-Residents

Riverside (Ages 15 & up) .......... RS02
(All ranks, all ages)
Mon, Jan 27-Mar 16, 6:15PM-7:15PM
$24 Residents/$36 Non-Residents

Riverside (Ages 15 & up) .......... RS05
(Int./Adv., Camo-Black Belt, combined with youth class)
Mon/Wed, Jan 27-Mar 16, 7:15PM-8:15PM
$44 Residents/$66 Non-Residents

MILWAUKEE’S 12TH ANNUAL
Bike Bazaar
SATURDAY, FEB. 29, 2020 FROM 9 AM - 3 PM AT RIVERSIDE UNIV. HIGH SCHOOL

Purchase new & used bikes, parts, tools, accessories, arts & crafts, and clothing from local vendors for pennies on the dollar!

$10 for 9 AM early VIP entry
$5 for regular 10 AM - 3 PM entry
$3 with MPS/College Student ID
Kids 12 and under are FREE!

Visit mkerec.net/bike for more information!
MUSIC

Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a ‘Key of C’ harmonica. Class is combined with youth class.

Activity Code: 3RAE4611
(Activity code listed below)

Hamilton ................................. HA01
Tue, Jan 21-Mar 10, 6:00PM-7:00PM
$24 Residents/$36 Non-Residents

Harmonica Lessons

The harmonica is more than a musical instrument; it is also an effective tool for those suffering from lung disease to improve their breathing. Students will learn basic techniques on the harmonica. You will have fun while learning to play with instructor Margarita Wisniewski. Class fee is non-refundable. If you have any questions, please contact us at (414) 647-6041.

Activity Code: 3R554602
(Activity code listed below)

OASIS (Ages 50 & up) ................. 5501
Thu, Jan 23-Feb 20, 10:00AM-11:00AM
$8 Residents/$12 Non-Residents

Spotlight: Dennis Eden Lives the Milwaukee Recreation Lifestyle

By Brian Foley, Marketing Supervisor

We have featured customers and instructors alike in our various spotlight stories over the years, but long-time Recreation participant Dennis Eden has successfully donned both hats in his two decades with the department.

Eden began his Recreation journey in the mid-2000s when he signed up for an advanced guitar class, which he stuck with for several years. As his interest in music and performance grew, Eden added a host of Recreation classes to his customer catalog, including music theory, voice, piano, bass, songwriting, and rock band. He even tacked a few Recreation dancing classes onto his resume, joining in on the available ballroom, swing, and salsa dance sessions.

Eden preaches Milwaukee Recreation’s affordability and convenience. “The taxpayer really gets a lot of bang for their buck by attending Recreation classes.”

From there, instructing was the obvious next step. Eden moved into a Recreation teaching role at the popular Hamilton High School Community Center, where he leads an introductory harmonica class for youth and adults.

“Harmonica can be a somewhat adjunctive instrument; it seems to go well with guitar,” Eden, who plays guitar while his students are on the harmonica, said. “One of my classmates suggested taking lessons, and after years of playing in bands, [Hamilton building director] Mike Biba thought it would be a good idea for me to teach.”

Eden’s classes are dutifully researched and well prepared, and he engages with each customer throughout the evening lessons. For each class, he comes with folders of song sheets and basic harmonica techniques, though he does still weave some flexibility into the structure of the session. Eden tries to mold each class to those participants’ preferred genre of music. This fall, the class has played songs from Neil Young and Bob Dylan, as well as old classics like the “Battle Hymn of the Republic,” and simpler tunes, such as “Happy Birthday,” “Mary Had a Little Lamb,” and “Farmer in the Dell.”

“I consider [instructing] to be the apex and the culmination of my many experiences, and I further consider myself extremely fortunate to be involved with possibly making a difference in the lives of my students.”

Eden will be back at Hamilton again this winter leading his Introduction to Harmonica class on Tuesday nights. Winter registration opens on Tuesday, Dec. 10 for Milwaukee residents, and Tuesday, Dec. 17 for non-residents.

Mandolin

Learn how to play the Mandolin. Instructed by experienced musician, Jim Pilot. Bring your own Mandolin or rent one from instructor. Class fee is non-refundable.

Activity Code: 3R554602
(Activity code listed below)

OASIS (Ages 50 & up) ................. 5501
Fri, Jan 24-Feb 21, 10:00AM-11:00AM
$8 Residents/$12 Non-Residents
Songwriting 101
No matter what age, aspiring to be a great musician (or even good one) goes beyond merely practicing. Taught by Dennis Dykstra, learn the basics of music theory including ear training and songwriting. Let us help you become a better performer and increase your options as a musician. Don’t bring an instrument to the first class. Class is combined with youth class.
Activity Code: 3RAE4601
(Section codes listed below)

Hamilton ....................................... HA01
Wed, Jan 22-Mar 11, 7:45PM- 8:45PM
$24 Residents/$36 Non-Residents

Bass Guitar
Learn the basics, theory, riffs and chord progressions. Bring your own bass guitar. Class is combined with youth class. Class is taught by Dennis Dykstra.
Activity Code: 3RAE4602
(Section codes listed below)

Beulah Brinton .............................. BN01
Fri, Jan 31-Mar 20, 7:15PM- 8:15PM
$24 Residents/$36 Non-Residents

Guitar
Learn basic chords, notes, and different strumming techniques. Strum your way to fun. Bring your own guitar. Class is combined with youth class.
Activity Code: 3RAE4604
(Section codes listed below)

Beulah Brinton .............................. BN01
(Beg.)
Sat, Feb 1-Mar 21, 2:00PM- 3:30PM
$34 Residents/$51 Non-Residents

Hamiton ....................................... HA01
Thu, Jan 23-Mar 12, 6:00PM- 7:30PM
$34 Residents/$51 Non-Residents

Riverside ................................. RS01
(Beg. Semi-Private)
Mon, Jan 27-Mar 16, 6:30PM- 8:00PM
$77 Residents/$116 Non-Residents

Riverside ..................................... RS02
(Adv. Semi-Private)
Mon, Jan 27-Mar 16, 8:15PM- 9:15PM
$53 Residents/$80 Non-Residents

Piano
No matter what you do in life, it’s always important to start with the basics. This class will give beginning piano enthusiasts an introduction to the keyboard, keys, scales, chords, melodies, and note reading. Class is combined with youth class (excluding semi-private). Semi-private classes have a maximum enrollment of 4, the class fee includes books, and is non-refundable. Keyboards are provided for all classes.
Activity Code: 3RAE4607
(Section codes listed below)

Beulah Brinton .............................. BN01
(Beg.)
Sat, Feb 1-Mar 21, 10:30AM-12:00PM
$34 Residents/$51 Non-Residents

Beulah Brinton .............................. BN02
(Int.)
Sat, Feb 1-Mar 21, 12:15PM- 1:45PM
$34 Residents/$51 Non-Residents

Hamilton ....................................... HA01
Wed, Jan 22-Mar 11, 6:00PM- 7:30PM
$34 Residents/$51 Non-Residents

Drums
Aspiring drummers will learn rhythm, accents, drum rolls and style. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Class is combined with youth class.
Activity Code: 3RAE4603
(Section codes listed below)

Beulah Brinton .............................. BN01
Fri, Jan 31-Mar 20, 6:00PM- 7:00PM
$24 Residents/$36 Non-Residents

Rock Band
Join the band, learn some advanced songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience required. Class is combined with youth class.
Activity Code: 3RAE4608
(Section codes listed below)

Beulah Brinton .............................. BN01
Sat, Feb 1-Mar 21, 4:00PM- 6:00PM
$44 Residents/$66 Non-Residents

Sing Out!
Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques. Learn proper breathing, voice inflection, range and ear training. Class is combined with youth class.
Activity Code: 3RAE4609
(Section codes listed below)

Hamiton ....................................... HA01
Thu, Jan 23-Mar 12, 7:45PM- 8:45PM
$24 Residents/$36 Non-Residents

Music with Love
Experience real life Piano lessons delivered by a professional and experienced musician Carl Buddy Love. Participants will learn the basic keys and different melodies in each class. You will truly benefit from the lessons and resources provided and build confidence that will develop and establish framework for more advance classes. Course Book can be purchased on-site for $9.00.
Activity Code: 3RAE4612
(Section codes listed below)

Milwaukee Marshall ........................ MR01
(Beg. Semi-Private)
Thu, Jan 23-Mar 12, 6:00PM- 7:00PM
$53 Residents/$80 Non-Residents

Milwaukee Marshall ........................ MR02
(Int. Semi-Private)
Thu, Jan 23-Mar 12, 7:00PM- 8:00PM
$53 Residents/$80 Non-Residents

Bucket Drumming
Learn the art of street drumming. Drumming with 5 gallon buckets has become very popular in recent years so join us and learn the beats of the street. All levels welcome. Bring your own sticks. Buckets will be provided.
Activity Code: 3RAE4618
(Section codes listed below)

Hamilton ....................................... HA01
(Class combined with youth class)
Sat, Jan 18-Mar 7, 12:30PM- 1:30PM
$24 Residents/$36 Non-Residents
Senior Downsizing
Discussing the importance to start going through your belongings now and not leaving it to your loved ones to figure out on their own. This way, if/when they are no longer able to stay in their home and must move to senior living, they could have taken time to select the items most important to them instead of being pressured to hurry when that time comes. This can be very stressful for all involved. Also, they can take inventory of what they have and start passing on items they want to go to certain people or organizations or make notes of it for later. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing. Class fee is non-refundable.
Activity Code: 3RAE2601
(Section codes listed below)
Riverside ....................................... RS01
Wed, Feb 12, 6:30PM- 8:30PM
$12 Residents/$18 Non-Residents

Declutter before Moving and Selling Your Home
Discussing what to do when these big events are approaching - de-clutter, organize, downsize, pre-packaging and so much more. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing. Class fee is non-refundable.
Activity Code: 3RAE2602
(Section codes listed below)
Riverside ....................................... RS01
Wed, Feb 19, 6:30PM- 8:30PM
$12 Residents/$18 Non-Residents

What Clutter bug are you?
Are you a Cricket, a Butterfly, a Ladybug or a Bee? Marie Kondo, the big thing on Netflix right now, teaches you to de-clutter but she doesn’t talk about how to best organize the items you decide to keep. There is no one size fits all. Most styles of organizing that you see online, are too complicated for some people to maintain so things become cluttered again. Figuring out which bug you are can help figure out the best organizing style for you and your family. Class taught by professional organizer, Tamara Starr, Sweet Simplicity Professional Organizing. Class fee is non-refundable.
Activity Code: 3RAE2603
(Section codes listed below)
Hamilton ........................................ HA01
Wed, Feb 26, 6:30PM- 8:30PM
$12 Residents/$18 Non-Residents

Checkmate Chess Club
If you are interested in learning how to play chess or already know how, this class is for you. Players of all skill levels welcome. Don’t get ‘rooked’ by your friends for not playing chess. Be the ‘king’ or ‘queen’ of your block. Chess game supplied. Class combined with youth class.
Activity Code: 3RAE4901
(Section codes listed below)
Milwaukee Marshall ....................... MR01
Tue, Jan 21-Mar 10, 5:30PM- 6:30PM
$24 Residents/$36 Non-Residents

Escape!
Based on the popular Escape Room activity, this unique opportunity to solve puzzles and escape will provide a chance to think outside the box! During the first hour participants we will review Spanish vocabulary specific to the upcoming ESCAPE challenge. In the second hour participants will work together to solve puzzles and answer questions to unlock a series of padlocks. Winners will share a special treat. Class fee is non-refundable.
Activity Code: 3RAE4903
(Section codes listed below)
Hamilton ........................................ HA01
(The Golan Family of Mexico)
Thu, Feb 6, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Sensational Snowflakes
Do you ever wonder why snow is white or why snowflakes are different from each other? This class will teach you the flakey facts of snow and techniques to make your own beautiful snowflake. Free with O.A.S.I.S. Center Membership. (Membership fees are $15.00/Res and $25.00/Non-Res) Membership is good for one year from purchase date. If you have any questions, please contact us at (414) 647-6041.
Activity Code: 3R555005
(Section codes listed below)
OASIS (Ages 50 & up) ............ 5501
Thu, Jan 23, 12:15PM- 1:45PM
$5 Residents/$8 Non-Residents

Nature Art
Join our Naturalist/Artist and paint, draw or create nature themed items all while learning about our natural world. Free with O.A.S.I.S. Center Membership. (Membership fees are $15.00/Res and $25.00/Non-Res) Membership is good for one year from purchase date. If you have any questions, please contact us at (414) 647-6041.
Activity Code: 3R555006
(Section codes listed below)
OASIS (Ages 50 & up) ............ 5501
Thu, Feb 20, 12:15PM- 1:45PM
$5 Residents/$8 Non-Residents

Birdhouse Making
Make your yard a home for the birds when they return this spring. After migrating many birds are looking for a place to build a nest and this workshop will help you welcome them into your yard. We can help you construct a birdhouse that any feathered friend would be proud to call home. Birdhouses will be sized for small to medium birds, including Chickadees, Finches, Wrens, Swallows, Nuthatches and more. Pre-cut lumber and hands-on instruction provided. Free with O.A.S.I.S. Center Membership. (Membership fees are $15.00/Res and $25.00/Non-Res) Membership is good for one year from purchase date. If you have any questions, please contact us at (414) 647-6041.
Activity Code: 3R555007
(Section codes listed below)
OASIS (Ages 50 & up) ............ 5501
Thu, Mar 19, 12:15PM- 1:45PM
$5 Residents/$8 Non-Residents
**PERSONAL SKILLS**

**Herbs, Crystals, and Stones**
Humans have used plants for thousands of years in many different ways. Learn about the top 10 herbs and their benefits to your daily life. Find out what rocks are associated with love, success, happiness, and health. This workshop will help you explore ancient folklore and show you how to put these practices to work for you. A $5.00 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.

Activity Code: 3RAE5405  
(Section codes listed below)

**Time Management**
Do you feel stressed, frustrated and unproductive? Learn how to take back your life with practical tips and tricks to get time on your side. Class fee is non-refundable.

Activity Code: 3RAE5412  
(Section codes listed below)

**Interviewing, Networking and Resume Creation**
Bring your best professional self every time! Through role playing, and mapping out back-pocket questions, you will be prepared for whatever your next interview holds. Bring a copy of your current resume and business cards. Class fee is non-refundable.

Activity Code: 3RAE5432  
(Section codes listed below)

**Foster Care in our Community**
The foster care crisis in our community is growing. In Wisconsin alone, over the past six years there has been a 25% increase in the number of children in foster care and nearly 40% of children coming from homes in southeastern Wisconsin. This free course is being offered so that participants can walk away understanding more about the foster care system, ways that they can consider helping, and the role of trauma in children’s lives. Results from the Adverse Childhood Experiences (ACEs) study will be discussed. Participants will have the opportunity to leave with materials to help in continuing to educate the community. Course is taught by Teresa Cocker, Chief Program Officer at Norris. Norris is a nonprofit social service agency in southeastern Wisconsin.

Activity Code: 3RAE5441  
(Section codes listed below)

**Vital Communications**
Everything starts with a conversation. When conflict arises, do you go into fight, flight or freeze mode? We avoid important conversations for a variety of reasons. Develop the courage to have those tough conversations. Discover how even the conflict-averse can begin to learn how to start having those difficult conversations. Join us for a two-hour workshop on improving your critical conversational skills. Class fee is non-refundable.

Activity Code: 3RAE5440  
(Section codes listed below)
How to do Happy Better
The words journey and journaling both find their origins in the French word jour which means day. A day can be a routine 365 times a year, a point in time that holds a specific memory or event, or a small step leading to a larger journey. Join us for a few days where David White, author of How to do Happy Better as well as several other books, will be your guide in writing your own book to not only reflect on your individual journey toward healing and self-improvement, but to plan your self-adventure as well. This workshop will consist of open discussion, timed exercises and guided meditation to help ponder and plan one’s own path. Class fee is non-refundable.

Activity Code: 3RAE5442
(Section codes listed below)

Hamilton .......................... HA01
(A Personal Awareness Workshop)
Tue, Feb 4-Feb 18, 6:00PM- 8:00PM
$19 Residents/$29 Non-Residents

Cutting the Cords - Controlling Cable & Internet Cords
Fees for cable television, home internet, smartphones and streaming services quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on all devices. Instructor C.T. Kruger. Class fee is non-refundable.

Activity Code: 3RAE5443
(Section codes listed below)

Hamilton .......................... HA01
Mon, Mar 16, 6:30PM- 8:30PM
$15 Residents/$23 Non-Residents

You Have Pictures in Your Camera - Now What?
We have hundreds - if not thousands - of pictures in our camera, smartphones and computers. Now what...? This two-hour seminar teaches techniques to save and organize pictures from cameras and smartphones to external devices and to “the Cloud.” Instructor is C.T. Kruger. Class fee is non-refundable.

Activity Code: 3RAE5444
(Section codes listed below)

Hamilton .......................... HA01
Mon, Mar 30, 6:30PM- 8:30PM
$15 Residents/$23 Non-Residents

Getting Control - Advanced Digital Photography
You purchased an interchangeable lens (DSLR) or advanced point-and-shoot camera, but you can not make the camera do what you need for portraits, sports, kids, nature and other types of photos. Bring your camera to this hands-on workshop and “get out of automatic” and learn how to use your camera’s exposure modes and other functions for a variety of special situations outdoors, indoors and with flash. Instructor C.T. Kruger. Class fee is non-refundable.

Activity Code: 3RAE5445
(Section codes listed below)

Hamilton .......................... HA01
Mon, Mar 23, 6:30PM- 8:30PM
$15 Residents/$23 Non-Residents

Advance Care Planning
The discussion will cover advance care planning and the Wisconsin Health care power of attorney documents. Advance care planning is an opportunity to plan your health care in advance. We will cover why advance care planning is so important for you and your loved ones. We will teach you how to talk about what kind of medical care you want with those closest to you and the documents that are a part of these conversations. Presenters include Elizabeth Thiel, M.D., Palliative Medicine Section, Froedtert Memorial Lutheran Hospital & the Medical College of Wisconsin and John Carroll, M.D., Family Practice, Sixteenth Street Community Health Care, retired. Class fee is non-refunded.

Activity Code: 3RAE5446
(Section codes listed below)

Riverside .......................... RS01
Wed, Feb 26, 6:00PM- 7:30PM
$7 Residents/$11 Non-Residents

Tongue Tied to Top Notch (Intro to Public Speaking)
You have just been asked to give a presentation...now what? Do you get weak in the knees or break into a cold sweat at the mere thought of standing up in front of a group? Rest assured, you are not alone. Despite how it feels, public speaking is not fatal. Three out of four people have some level of speech anxiety. Join us in this 2 hour introductory workshop and begin your path to being more confident with your presentation skills. Class fee is non-refundable.

Activity Code: 3RAE1405
(Section codes listed below)

Hamilton .......................... HA01
Thu, Feb 20, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

SPORTS AND RECREATION

30+ Basketball
Enjoy a good workout and great competition in this open basketball play for people 30 years and over. Teams will be formed each night. Do not bring children under 12 years old; supervision will not be provided. Fee is based on 1.5 hours of play per night.

Activity Code: 3RAE6201
(Section codes listed below)

Beulah Brinton (Ages 30 & up) ...... BN01
Mon, Jan 27-Mar 30, 6:00PM- 8:20PM
$42 Residents/$63 Non-Residents

50+ Softball
Come on out and join players of all skill levels as they enjoy the great game of softball through our 50+ Softball League. For more information please contact 414-647-6053.

Activity Code: 2R558102
(Section codes listed below)

Burnham Playfield .......................... B201
Tue, Apr 28-Aug 18, 9:15AM-11:45AM
$15 Residents/$30 Non-Residents
50+ Volleyball
Come and join our 50+ volleyball league! This league offers both fun and competition to ensure that everyone has a great experience. Please call 647-6063 for more information.

Activity Code: 2R556801
(Section codes listed below)

Beulah Brinton .............................. BN01
(Competitive Level Fall & Winter leagues)
Tue/Thu, Sep 10-Apr 9, 9:15AM-11:45AM
$15 Residents/$30 Non-Residents

Beulah Brinton .............................. BN02
(Social Level Fall & Winter leagues)
Tue/Thu, Sep 24-Mar 26, 9:15AM-11:45AM
$15 Residents/$30 Non-Residents

Co-Rec Volleyball
This open volleyball play will give you the chance to practice your skills in a friendly, non-competitive environment. Bring yourself and a friend for a fun night of volleyball. Everyone plays. Wear sports clothing. Fee is per person. Please sign up early; maximum enrollment is 15.

Activity Code: 3RAE6205
(Section codes listed below)

Milwaukee Marshall ...................... MR01
Wed, Jan 22-Mar 11, 7:30PM-9:00PM
$34 Residents/$51 Non-Residents

Volleyball - Co-Ed League
BUMP, SET, SPIKE! Register now for this structured coed volleyball league. The registration must be complete with team name and information for all players including address, zip code and telephone number. Game times will fluctuate from week to week. Each team will be provided schedules the first week of play. A staff member will keep score. Teams must have 3 or more females. Online registration is not available for teams or individuals. Teams and individuals must register at Beulah Brinton Community Center. Fee is per person.

Activity Code: 3RAE6206
(Section codes listed below)

Beulah Brinton .............................. BN01
(Teams)
Tue, Jan 14-Apr 7, 6:15PM-9:15PM
$37 Residents/$56 Non-Residents

Beulah Brinton .............................. BN02
(Teams)
Fri, Jan 17-Apr 10, 6:15PM-8:15PM
$37 Residents/$56 Non-Residents

You Got Next - Season Pass
Waiting to play your next game of basketball, but don’t have the place to go? You Got Next provides open-play opportunities for adults. Shoot around or play a full court pickup game. It’s up to you. Registration and ID required. A daily visit fee of $2.00 per visit for residents / $3.00 per visit for non-residents is also available at the site. Class fee is non-refundable.

Activity Code: 3RAE6208
(Section codes listed below)

North Division .............................. ND01
Thu, Jan 23-Mar 12, 6:30PM-9:00PM
$10 Residents/$15 Non-Residents

Golf Lessons - Indoors
Don’t know the difference between a wood and an iron, a green and fairway? Is an eagle just a large birdie? Learn the very basics of golf including how the game is played, terminology, proper grip, stance and swing. Bringing your clubs (7 iron and putter) is not mandatory, but recommended.

Activity Code: 3R550101
(Section codes listed below)

Milwaukee Marshall ...................... MR01
Sat, Jan 18-Mar 7, 2:30PM-3:30PM
$24 Residents/$36 Non-Residents

Pickleball
Pickleball is an enjoyable and fun game that is played on a badminton court with a lower net. The sport uses a perforated plastic ball and a wood or composite paddle. It is easy for beginners to learn and play but it can also offer a quick, fast-paced, and competitive game for experienced pickleballers. Come join us for open play with our avid pickleball players! If you have any questions, please contact us at (414) 647-6041.

Activity Code: 3R550101
(Section codes listed below)

Pulaski .......................... PK02
(Open Play)
Wed, Jan 8-Mar 18, 7:00PM-9:30PM
$18 Residents/$27 Non-Residents

Pulaski .......................... PK01
(Open Play)
Sat, Jan 11-Mar 14, 9:00AM-12:00PM
$18 Residents/$27 Non-Residents
TEAM REGISTRATION GOING ON RIGHT NOW!
If you haven’t signed your team up yet, league spots are filling up quickly. Limited space remains open for men’s, women’s and coed teams still seeking a place in our leagues. Get more details and your team registration today by looking us up on the web http://milwaukeeerecreation.net/rec/Programs/Sports/Adults.htm or call the Adult Sports Office at (414) 647-6046.

SPRING FUTSAL LEAGUES
Keep your soccer skills at their peak by playing in our futsal league! Games are played at Beulah Brinton Community Center in Bay View. This fast-paced game is similar to indoor soccer and played on the newly renovated gym floor. We offer a coed league. Look at our website for more information.

SPRING INDOOR VOLLEYBALL LEAGUES
The sand volleyball alternative, join us for our spring and summer indoor volleyball league play. We’ll be forming 6’s volleyball leagues for women’s teams and coed teams. We offer a spring season and a summer season. Look at our website for more information.

SPRING/SUMMER SOFTBALL LEAGUES
Our softball leagues are classified in a variety of competitive levels and are played at numerous field locations. We offer men’s, women’s and coed leagues. League play begins in April and May and runs for ten or fourteen weeks. Registration has already begun! Look at our website for more information.

SPRING & SUMMER KICKBALL LEAGUES
If you are looking for something new and fun, join our adult kickball leagues. The spring leagues start late-April. The summer leagues start late-June. Both leagues are 8 weeks and are coed. Look at our website for more information.

SUMMER GOLF LEAGUES
Always wanted to join a golf league? Our social golf leagues are designed for those who are looking for a weekly golf league without the high fees and highly competitive atmosphere. League play will start the first week in June. We offer coed leagues. Registration will be available in March. Look at our website for more information.

WANTED: OFFICIALS AND REFEREES
If you have experience officiating adult sports, we need you! Contact us to officiate in our spring, summer, fall or winter leagues. It’s a great part-time job and a lot of fun. Experience preferred.

FOLLOW US ON FACEBOOK! facebook.com/MilwaukeeRecreationAdultSports
ACTIVE OLDER ADULTS PROGRAM
Make your life more fulfilling by joining the 50+ Program! The program provides active fitness, educational and recreational offerings for senior adults, fifty years and older. In addition to travel, classes, clubs and leagues, various services and volunteer opportunities are available. Activities are held indoors and outdoors, daytime, and some weekends.

INCLUDED WITH OASIS MEMBERSHIP
Membership cards are available at the OASIS Senior Center for $15 for city of Milwaukee residents and $25 for non-residents. Membership fee is good for one year from purchase date.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Schedule</th>
</tr>
</thead>
<tbody>
<tr>
<td>BINGO</td>
<td>Tues. 12:15pm-1:30pm.</td>
</tr>
<tr>
<td>FITNESS CENTER</td>
<td>Mon.-Fri. 7:30am-3:00pm.</td>
</tr>
<tr>
<td>CHAIR YOGA</td>
<td>Mon., Wed., Fri. 9:00am-10:00am.</td>
</tr>
<tr>
<td>COMPUTER LAB</td>
<td>Mon.-Fri. 7:30am-3:00pm.</td>
</tr>
<tr>
<td>MOVIES AND POPCORN</td>
<td>Dates and times vary. Please call 414-647-6041 for more information.</td>
</tr>
<tr>
<td>SHEEPSHEAD</td>
<td>Wed. 12:15pm-2:00pm.</td>
</tr>
<tr>
<td>GARDEN CLUB</td>
<td>Thur. - 11:30am-1:00pm.</td>
</tr>
<tr>
<td>STRING ENSEMBLE</td>
<td>Wed. 9:45am-11:15am.</td>
</tr>
<tr>
<td>OUTDOOR EDUCATION CLASSES</td>
<td>Thur. – Once a month 12:15pm-1:45pm. Please call 647-6041 for more information.</td>
</tr>
</tbody>
</table>
50+ TRAVEL CLUB

The 50+ Travel Club offers trips to exciting destinations for adults 50 years and over. We put together all the details that go into planning a perfect travel adventure for you. Our trips are affordable and it is a great way to travel for those who don’t want to drive or worry about how to get there. (The sign-up deadline for most trips is one month before the actual date of the trip.)

New trips are added on a regular basis, so don’t hesitate. Give us a call at (414) 647-6071

JANUARY

“Saturday Night Fever” – Fireside Theatre
Wednesday, January 8, 2020

“On Golden Pond” – Racine, WI
Sunday, January 12, 2020

FEBRUARY

“Golden Dragon Acrobats” – Schauer Center (Hartford, WI)
Thursday, February 27, 2020

MARCH

“Ho-Chunk Gaming” – Madison, WI
Thursday, March 19, 2020

Milwaukee County Senior Dining Program

Beulah Brinton Community Center • 2555 South Bay Street
Oasis • 2414 W. Mitchell Street

For all Milwaukee County Adults 60 years and older. A great place to enjoy good food and to meet new friends! Register for your senior dining card at any Milwaukee County senior dining program site.

Meals are served at 11:30 AM • Monday through Friday. For more information call 414-289-6995.

Share Today. Shape Tomorrow.

Mentor a child. Share your wisdom. Make a difference.

As a volunteer, your experience, abilities and skills can positively shape the lives of children in our community. The Social Development Commission is looking for older adults (55+) to volunteer one-on-one with elementary school children in Milwaukee Public Schools.

Improve a child’s life by:
• Tutoring in reading, math and other subjects
• Showing interest, encouragement and compassion
• Developing self-esteem

Volunteers receive:
• Paid training
• Hourly stipend
• Mileage reimbursement

The Foster Grandparent Program serves Milwaukee Public Schools. When you volunteer, you leave a lasting legacy. Help a child create pathways to success.

For additional information about SDC’s Foster Grandparent Program, please call 414.906.4608 or visit us at cr-sdc.org

www.MilwaukeeRecreation.net
Splish, Splash, Swim
The wave of the future begins with specialized swim instruction for individuals with disabilities. We provide 1 instructor per 4 students. Swimmers must be at least 3 years old. All tiny-tots (ages 3-6 years) must be accompanied in the water by a parent/adult. Fee for child only. Persons who cannot work in a group with 4 students and 1 instructor, or cannot stand independently in 3 1/2 feet of water, must be accompanied in the water by a parent/adult. Swimmers must be at least 4 feet tall to go in the pool without a parent/adult. Family members and nondisabled participants are not eligible for lessons. Swimmers who need assistance in the locker room must provide their own attendant. Children ages 6 and above must use the appropriate male/female locker room. Participants must provide their own towel, suit, and swim cap (caps available for $2.00). This is a Therapeutic Recreation Program for individuals with disabilities. Call (414) 647-6065 for more information.

Activity Code: 3RTR0501
(Section codes listed below)

Gaenslen (Ages 3 & up) ................. GS01
(Winter Only)
Thu, Jan 23-Mar 12, 6:55PM-7:55PM
$36 Residents/$54 Non-Residents

Gaenslen (Ages 3 & up) ................. GS02
(Winter/Spring - No class March 19 or April 9)
Thu, Jan 23-May 21, 6:55PM-7:55PM
$72 Residents/$108 Non-Residents

Hamilton (Ages 3 & up) ............... HA01
(Winter Only)
Tue, Jan 23-Mar 10, 6:55PM-7:55PM
$36 Residents/$54 Non-Residents

Hamilton (Ages 3 & up) ............... HA02
(Winter/Spring - No Class March 17 or April 7)
Tue, Jan 23-May 19, 6:55PM-7:55PM
$72 Residents/$108 Non-Residents

Alley Cats
Bring your friends and family; create your own bowling team. Cost includes three games of bowling, shoes, and special events. Agencies must provide support staff. You must be a registered club member to bowl. An additional $6.75 is due at the alley each week for bowling fees. Call (414) 647-6065 for more information. Meet at AMF West Lanes. Transportation is not provided. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable. No program February 8, 2020.

Activity Code: 3RTR6601
(Section codes listed below)

AMF West (Ages 6 & up) ............ AM01
(Winter Only)
Sat, Jan 23-May 14, 9:00AM-11:00AM
$8 Residents/$12 Non-Residents

AMF West (Ages 6 & up) ............ AM02
(Winter/Spring - No class March 21 or April 11)
Sat, Jan 23-May 9, 9:00AM-11:00AM
$13 Residents/$20 Non-Residents

Awesome Appetizers and Desserts Too!
Like to cook and socialize with friends? Each week we will make either a dessert or an appetizer for all to enjoy. Great ideas for entertaining at home! An $8.00 (cash only) supply fee is due at the first class. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6602
(Section codes listed below)

Gaenslen (Ages 10 & up) ............. GS01
(Winter Only)
Thu, Jan 23-Mar 12, 7:30PM-8:30PM
$25 Residents/$38 Non-Residents

Gaenslen (Ages 10 & up) ............. GS02
(Winter/Spring - No class March 19 or April 9)
Thu, Jan 23-May 7, 7:30PM-8:30PM
$40 Residents/$60 Non-Residents

Hamilton (Ages 10 & up) .......... HA01
(Winter Only)
Wed, Jan 22-Mar 11, 7:30PM-8:30PM
$25 Residents/$38 Non-Residents

Hamilton (Ages 10 & up) .......... HA02
(Winter/Spring - No class March 18 or April 8)
Wed, Jan 22-May 6, 7:30PM-8:30PM
$40 Residents/$60 Non-Residents

Book Club Night
Join us for our very own Therapeutic Recreation Book Club!! We will pick a book to read as a group and will read it out loud together. As we are reading, we will talk about the characters, adventures, and topics we are reading about. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6603
(Section codes listed below)

OASIS (Ages 10 & up) .............. 5501
(Winter Only)
Tue, Jan 21-Mar 10, 6:00PM-8:00PM
$31 Residents/$47 Non-Residents

OASIS (Ages 10 & up) .............. 5502
(Winter/Spring - No class on March 17 or April 7)
Tue, Jan 21-May 5, 6:00PM-8:00PM
$59 Residents/$89 Non-Residents

Computer Club
Computers are a great resource. Join us as we help you explore all you can do with a computer. Word processing, e-mail, Internet, games and more. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6604
(Section codes listed below)

OASIS (Ages 13 & up) .............. 5501
(Winter Only)
Fri, Jan 24-Mar 13, 4:00PM-5:00PM
$25 Residents/$38 Non-Residents

OASIS (Ages 13 & up) .............. 5502
(Winter/Spring - No class March 20 or April 10)
Fri, Jan 24-May 8, 4:00PM-5:00PM
$38 Residents/$57 Non-Residents

Weather Policy & Program Cancellations:
School Day Cancellations: If weather conditions cause Milwaukee Public Schools to close or dismiss early, recreation programs will be canceled. Weekend weather cancellations for MPS recreation activities, interscholastic athletics/academics, and MPS music lessons will be announced via the MPS website (mpsmke.com), social media, and local media.
Culture Cafe

Culture Cafe has been a long time favorite cooking class and one you don’t want to miss! Join us as we cook and enjoy delicious dishes from all over the world in addition to learning fun facts about the countries they originate from. An $8.00 (cash only) supply fee is due at the first class. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6605
(Section codes listed below)

Hamilton (Ages 10 & up) .............. HA01
(Winter Only)
Thu, Jan 23-Mar 12, 7:00PM-8:30PM
$30 Residents/$45 Non-Residents

Hamilton (Ages 10 & up) .............. HA02
(Winter/Spring - No class on March 19 or April 9)
Thu, Jan 23-May 7, 7:00PM-8:30PM
$56 Residents/$84 Non-Residents

Diner’s Club

Good friends and great food is what you’ll find on Friday nights. We’ll create a delicious dinner each Friday evening. Feel free to bring a favorite recipe to share and your appetite. An $8.00 (cash only) supply fee is due at the first gathering. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6606
(Section codes listed below)

OASIS (Ages 13 & up) ................. 5501
(Winter Only)
Fri, Jan 24-Mar 13, 4:00PM-9:00PM
$68 Residents/$102 Non-Residents

OASIS (Ages 13 & up) ................. 5502
(Winter/Spring - No class on March 20 or April 10)
Fri, Jan 24-May 8, 4:00PM-9:00PM
$101 Residents/$152 Non-Residents

Friday Night Combo with Boot Camp

Our Friday Night Combo with Boot Camp includes T.R. Boot Camp, Diner’s Club, and Moviers & Shakers. An $8.00 (cash only) supply fee is due at the first gathering. An additional $2.00 (cash only) fee is due each week upon entry. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6607
(Section codes listed below)

Friday Night Combo with Games!

Our Friday Night Combo with Games includes Game and Card Night, Diner’s Club, and Moviers & Shakers. An $8.00 (cash only) supply fee is due at the first gathering. An additional $2.00 (cash only) fee is due each week upon entry. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6609
(Section codes listed below)

Game and Card Night

It’s game night! Join your friends for a fun night of games! We will learn and play card games, in addition to trying our luck at some of the classic favorites like UNO and Pictionary! Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6610
(Section codes listed below)
**Let’s Get Moving**

Like the title says “Let’s Get Moving!” Each week we will be active and get some exercise while having fun! Wear comfortable clothing and shoes. No experience necessary. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 3RTR6611**

*(Section codes listed below)*

**Hamilton (Ages 10 & up) ............... HA01**

(Winter Only)

Thu, Jan 23-Mar 12, 6:00PM- 7:00PM

$25 Residents/$38 Non-Residents

**Hamilton (Ages 10 & up) ............... HA02**

(Winter/Spring - No class March 19 or April 9)

Thu, Jan 23-May 7, 6:00PM- 7:00PM

$40 Residents/$60 Non-Residents

**Scrapbooking**

If you enjoy movies, music and friends, then join us. This program alternates between a large screen movie and a hip-hoppin’ dance party. A $2.00 (cash only) fee is due each week upon entry. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 3RTR6612**

*(Section codes listed below)*

**OASIS (Ages 13 & up) ................. 5501**

(Winter Only)

Fri, Jan 24-Mar 13, 7:00PM- 9:00PM

$8 Residents/$12 Non-Residents

**OASIS (Ages 13 & up) ................. 5502**

(Winter/Spring - No class on March 20 or April 10)

Fri, Jan 24-May 8, 7:00PM- 9:00PM

$13 Residents/$20 Non-Residents

**Moviers and Shakers**

If you enjoy movies, music and friends, then join us. This program alternates between a large screen movie and a hip-hoppin’ dance party. A $2.00 (cash only) fee is due each week upon entry. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

**Activity Code: 3RTR6615**

*(Section codes listed below)*

**South Shore Cinema (Ages 13 & up) VL01**

(Winter Only)

Sun, Jan 26-Mar 8, Times May Vary

$8 Residents/$12 Non-Residents

**South Shore Cinema (Ages 13 & up) VL02**

(Winter/Spring)

Sun, Jan 26-May 10, Times May Vary

$13 Residents/$20 Non-Residents

**Super Saturday**

Are you ready to have a Super Saturday?! Every Saturday afternoon we will have new and exciting things to do! From creating fantastic art projects to making delicious snacks to participating in exciting gym activities there’s something for everyone to enjoy! And don’t forget the awesome field trips and special events we will have throughout the season! It’s an afternoon of fun that you and your friends don’t want to miss!! Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 3RTR6616**

*(Section codes listed below)*

**Thursday Night Combo at Hamilton**

Our Thursday Night Combo at Hamilton includes Let’s Get Moving and Culture Cafe. An $8.00 (cash only) supply fee is due to the instructor at the first class. Call (414) 647-6065 for more information. This is a Therapeutic Recreation program for individuals with disabilities.

**Activity Code: 3RTR6618**

*(Section codes listed below)*

**Manitoba (Ages 6 & up) ............... MB01**

(Winter Only)

Sat, Jan 25-Mar 14, 12:30PM- 4:00PM

$70 Residents/$105 Non-Residents

**Manitoba (Ages 6 & up) ............... MB02**

(Winter/Spring - No class March 21 or April 11)

Sat, Jan 25-May 9, 12:30PM- 4:00PM

$115 Residents/$173 Non-Residents

**Milwaukee Marshall (Ages 6 & up). MR01**

(Winter Only)

Sat, Jan 25-Mar 14, 12:30PM- 4:00PM

$70 Residents/$105 Non-Residents

**Milwaukee Marshall (Ages 6 & up). MR02**

(Winter/Spring - No class March 21 or April 11)

Sat, Jan 25-May 9, 12:30PM- 4:00PM

$115 Residents/$173 Non-Residents

**T.R. Boot Camp**

Working out with friends is the best way to stay motivated!! Join our TR boot camp to help get you in a routine. We will try a variety of work-outs to keep it exciting and work various muscle groups. As always, we will adapt activities so all can participate. Call (414)- 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

**Activity Code: 3RTR6617**

*(Section codes listed below)*

**OASIS (Ages 13 & up) ................. 5503**

(Winter/Spring - No class on March 20 or April 10)

Fri, Jan 24-May 8, 4:00PM- 5:00PM

$38 Residents/$57 Non-Residents

TO SIGN UP, SEE PAGE 2 • ALL CENTERS WILL BE CLOSED DECEMBER 24-25 AND 31 AND JANUARY 1 AND 20.
Thursday Night Combo at Gaenslen
Our Thursday Night Combo at Gaenslen includes Card Making and Awesome Appetizers and Desserts Too! An $8.00 (cash only) supply fee is due to the instructor at the first class. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for Individuals with Disabilities.

Activity Code: 3RTR6619
(Section codes listed below)

Gaenslen (Ages 10 & up) ............... GS01
(Winter Only)
Thu, Jan 23-Mar 12, 6:30PM- 8:30PM
$45 Residents/$68 Non-Residents

Gaenslen (Ages 10 & up) ............... GS02
(Winter/Spring - No class March 19 or April 9)
Thu, Jan 23-May 7, 6:30PM- 8:30PM
$70 Residents/$105 Non-Residents

Wednesday Night Combo
Our Wednesday Night Combo includes Scrapbooking and Awesome Appetizers & Desserts Too. An $8.00 (cash only) supply fee is due at the first gathering. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6620
(Section codes listed below)

Hamilton (Ages 10 & up) ............... HA01
(Scrapbooking and Awesome Apps & Desserts -Winter Only)
Wed, Jan 22-Mar 11, 6:00PM- 8:30PM
$50 Residents/$75 Non-Residents

Hamilton (Ages 10 & up) ............... HA02
(Scrapbooking and Awesome Apps & Desserts -Winter/Spring - No class March 18 or April 8)
Wed, Jan 22-May 6, 6:00PM- 8:30PM
$86 Residents/$129 Non-Residents

Wii Games
Have you tried Nintendo Wii, one of the most active and exciting video games around? We will spend the evening playing various Wii games. No experience is needed, just come ready to have fun!! Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6621
(Section codes listed below)

OASIS (Ages 8 & up) ..................... 5501
(Winter Only)
Tue, Jan 21-Mar 10, 6:00PM- 8:00PM
$31 Residents/$47 Non-Residents

OASIS (Ages 8 & up) ..................... 5502
(Winter/Spring - No class March 17 or April 7)
Tue, Jan 21-May 5, 6:00PM- 8:00PM
$59 Residents/$89 Non-Residents

Sunday Fun 4 or Sunday Super 7
Ready to end your weekend with a bit of Milwaukee fun! We have planned 4 different exciting Sunday outings for the Winter Season. Join as many as you like. It is sure to be a great time!! Program registration fee is nonrefundable. Fee does not include weekly cost of each event. Call (414) 647-6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable.

Activity Code: 3RTR6628
(Section codes listed below)

Various (Ages 13 & up) ............... VL01
(Winter Only - SUNDAY FUN 4 Events will be held on 2/2, 2/9, 2/23, and 3/1)
Sun, Feb 2-Mar 1, Times Vary
$8 Residents/$12 Non-Residents

Various (Ages 13 & up) ............... VL02
(Winter/Spring - SUNDAY SUPER 7 Events will be held on 2/2, 2/9, 2/23, 3/1, 4/19, 4/26, and 5/3)
Sun, Feb 2-May 3, Times Vary
$13 Residents/$20 Non-Residents

Marvelous Movie Night
Join us for an awesome night of watching Marvel Movies with friends! Whether it’s your first time seeing them or your tenth, this will be a night of movie watching fun! We will work our way through the Marvel Movie catalog in chronological order. Light snacks will be enjoyed while watching the movie. A $2.00 (cash only) fee is due each week upon entry.

Activity Code: 3RTR6633
(Section codes listed below)

OASIS (Ages 5 & up) ..................... 5501
(Winter Only)
Tue, Jan 21-Mar 10, 6:00PM- 8:00PM
$36 Residents/$54 Non-Residents

OASIS (Ages 5 & up) ..................... 5502
(Winter/Spring - No classes March 17 or April 7)
Tue, Jan 21-May 5, 6:00PM- 8:00PM
$69 Residents/$104 Non-Residents

Card Making
Do you enjoy spreading cheer to friends and family? Then this is the crafty class for you! We will design and create our own greeting cards for many events and seasons throughout the year. Fee includes supply cost and is non-refundable. Call 414.647.6065 for more information. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 3RTR6629
(Section codes listed below)

Gaenslen (Ages 10 & up) ............... GS01
(Winter Only)
Thu, Jan 23-Mar 12, 6:30PM- 7:30PM
$30 Residents/$45 Non-Residents

Gaenslen (Ages 10 & up) ............... GS02
(Winter/Spring - No class March 19 or April 9)
Thu, Jan 23-May 7, 6:30PM- 7:30PM
$56 Residents/$84 Non-Residents
TEAM MILWAUKEE SPECIAL OLYMPICS
Team Milwaukee is a registered agency with Special Olympics Wisconsin

This year-round sports program offers both adults and youth with intellectual disabilities the opportunity to learn and improve skills through training and competition in various sports. These programs will encourage participants to become more physically fit, socialize with others, and increase self-confidence. To participate in Area/State Special Olympics competitions, individuals must be 8 years or older and have completed the required Special Olympics medical form. Come join the fun!

YEARLY SCHEDULE:

FALL
Sports Season
(August - December)

Flag Football
• Wick Field
Bowling
• Marquette University Union Annex
• Burnham Bowl
• AMF West
• AMF Bowlero

Volleyball
• Wedgewood Park International School

WINTER
Sports Season
(December - April)

Team Basketball & Basketball Skills
• Milwaukee Parkside School
• Wedgewood Park School International School
• Hi-Mount Community School

Gymnastics - Rhythmic
• Hi-Mount Community School

SPRING
Sports Season
(March - June)

Track & Field
• Hamilton High School
• Marshall High School

Soccer
• Pulaski High School

Swimming (Feb.-June)
• Hamilton High School

SUMMER
Sports Season
(May - August)

Softball
• Wick Field

T-Ball
• 78th St. Field

Bocce
• Wick Field

HOW TO SIGN UP AND THE COST:

There is a $25 one-time registration fee required per sport.

Milwaukee Recreation is pleased to offer online registration for Team Milwaukee Special Olympics. Simply visit mkerec.net/teammilwaukee and click on “Register for Team Milwaukee Here”.

Of course, you can still call (414) 647-6041 if you would like us to send you a paper registration form.
WISCONSIN ADAPTIVE SPORTS ASSOCIATION  ●  (414) 430-6543

Not disABLED sports... wheelchair and adaptive sports!
WASA currently provides wheelchair and adaptive sports for those with physical and visual impairments to over 100 athletes from 6 to 60 years old. From the beginner to the Paralympian and everything in between WASA provides an outlet to be fit, active and healthy. Join us whether you just want to recreate locally or travel competitively, WASA has a place for you. Come join the FUN! — It’s just a Different Pair of Shoes!

Fall September - December
Wheelchair Basketball – Adult
Mon. & Wed. nights
Wheelchair Basketball – Youth
Thurs. nights (ages 13+)
Sat. mornings (ages 5-13)
Wheelchair Rugby
Thurs. nights
Sled Hockey
Sun. nights
Goal Ball
Tues. nights
Tennis
Saturdays

Spring December - April
Wheelchair Basketball – Adult
Mon. & Wed. nights
Wheelchair Basketball – Youth
Thurs. nights (ages 13+)
Sat. mornings (ages 5-13)
Wheelchair Rugby
Thurs. nights
Sled Hockey
Sun. nights
Wheelchair Lacrosse
Mon. nights (February - April)
Goal Ball
Tues. nights
Tennis
Saturdays

Summer May - August
Wheelchair Basketball – Adult
Mon. & Wed. night
Wheelchair Basketball – Youth
Thurs. nights (ages 13+)
Sat. mornings (ages 5-13)
Wheelchair Basketball – Skill workshop
Sat. night
Wheelchair Rugby
Thurs. night
Wheelchair Softball
Thurs. night
Wheelchair Lacrosse
Mon. nights
Tennis
Saturdays

Who can play?

These sports are for many more than you think! You do not have to be a wheelchair user. We help you find which sport works best. Qualifying injuries can be as little as:

Permanent orthopedic impairments, such as but not limited to:
• Significant ligament instability/damage
• Arthritis, knee replacement
• Spinal Cord Injuries / Paraplegics
• Spina Bifida
• Cerebral palsy
• Muscular dystrophy
• Lower limb amputees
• Visual Impairments
• And many more

To sign up contact:

Sam Gracz, CTRS
Program Director
Wisconsin Adaptive Sports Association, Inc.
501(c)(3) tax exempt, nonprofit organization

Phone: 414-430-6543
Email: sam@wasa.org       www.wasa.org

*Programming times & dates are subject to changes.
Twilight Centers are safe places for you to hang out with your friends. Open to students ages 12-18.

**FREE DROP-IN PROGRAM!**

**HOURS STARTING AUGUST 12:**
Monday • Wednesday 6PM-9PM
Saturdays (Families Welcome) 6PM-10PM

**Available at the following high schools:**
Andrew Douglas* (middle school site for ages 10-15) • Bay View • Madison • North Division • Obama • Pulaski • South Division • Washington

*Please note the Andrew Douglas Twilight Center is not open on Saturday evenings.

**General activities include:**
Game Room • Open Gym • Dance • Weight Room • Digital Music Production • Pop-up Art Studio • Saturday Family Nights • College and Career Help for Teens

**Select sites include:**
Open Family Swim • Cooking Classes

*Activities vary by location.*
Visit mkerec.net/twilight or call (414) 475-8811 for more information.
Daddy/Daughter Dance
Saturday, February 15, 2020 • 5:00-8:00PM
North Division Community Center

Dads! It's the 17th Anniversary of the Daddy/Daughter Dance! Enjoy a night out with that special little girl in your life. Join us for a fun-filled evening of dinner and dancing. Our live DJ will play the best dance hits from every era, and you won’t want to miss our annual tradition: the Dads vs. Daughters Dance Contest! This event has sold out for the past several years, so sign up today!

The registration deadline is Monday, February 10, 2020.

Dinner & Dance: $30 per adult
$10 first child
$5 each additional child (limit 2)

Arrive at 5:00PM
Dinner served 5:15 to 6:15 PM

Dance Only: $20 per adult
$5 per child
(limit 3 children)

Arrive at 6:15PM

Register online at MilwaukeeRecreation.net or M-F, 8AM-5PM, at 5225 W. Vliet Street, Room 56, on or before February 10, 2020.

Adult registration includes one complimentary photo.

Questions? (414) 475-8811
Winter 2020 Recreation Guide

Fun and affordable programs for youth, teens, adults & seniors

Register online at MilwaukeeRecreation.net & call us with any questions:

- Administration ............................................ 475-8180
- Adult Enrichment ........................................ 475-8811
- Adult Team Sports ....................................... 647-6046
- Driver Education ........................................ 647-6044
- Family Classes ............................................. 475-8811
- Fifty Plus Program ...................................... 647-6065
- Fifty Plus Travel Club .................................... 647-6071
- General Program Information ......................... 475-8811
- Gymnastics ............................................... 475-8811
- Interscholastic Athletics/Academics ................... 475-8219
- MPS School-Based Adaptive Athletics & Special Olympics . 647-6041
- MPS Special Olympics (Team Milwaukee) .............. 647-3824
- Outdoor/Nature Activities .............................. 647-6050
- Paralympic Sports ....................................... 430-6543
- Swimming ............................................... 647-6050
- Therapeutic Recreation .................................. 647-6065
- Youth & Teen Classes ................................... 475-8811
- Youth Sports .............................................. 475-8811

Para obtener ayuda en español: (414) 475-8180
Rohingya zuban ot modot ollá: (414) 475-8182

Wixii caawin Af- Somali ah: (414) 475-8182

THE SPRING GUIDE WILL BE MAILED TO ALL CITY OF MILWAUKEE HOUSEHOLDS DURING THE THIRD WEEK IN FEBRUARY.